

Doubly stochastic continuous time random walk

Maxence Arutkin^{1,2,*} and Shlomi Reuveni^{1,3,†}¹*School of Chemistry, Center for the Physics & Chemistry of Living Systems, Tel Aviv University, 6997801 Tel Aviv, Israel*²*Service d'Epidémiologie-Data-Biostatistiques, Délégation à la Recherche Clinique et à l'Innovation, Hôpital Foch, 92150 Suresnes, France*³*Sackler Center for Computational Molecular & Materials Science, Ratner Institute for Single Molecule Chemistry, Tel Aviv University, 6997801 Tel Aviv, Israel*

(Received 13 February 2023; accepted 23 January 2024; published 21 February 2024)

Since its introduction some 60 years ago, the Montroll-Weiss continuous time random walk has found numerous applications due its ease of use and ability to describe both regular and anomalous diffusion. Yet, despite its broad applicability and generality, the model cannot account for effects coming from random diffusivity fluctuations, which have been observed in the motion of asset prices and molecules. To bridge this gap, we introduce a doubly stochastic version of the model in which waiting times between jumps are replaced with a fluctuating jump rate. We show that this newly added layer of randomness gives rise to a rich phenomenology while keeping the model fully tractable, allowing us to explore general properties and illustrate them with examples. In particular, we show that the model presented herein provides an alternative pathway to Brownian yet non-Gaussian diffusion, which has been observed and explained via diffusing diffusivity approaches.

DOI: [10.1103/PhysRevResearch.6.L012033](https://doi.org/10.1103/PhysRevResearch.6.L012033)

Introduction. In heterogeneous environments, e.g., porous media and biological cells, the random motion of molecules and particles may deviate from normal diffusion in different ways [1–5]. In particular, a series of recent experiments and computer simulations exhibit a similar pattern of anomalous behavior: while the mean-squared displacement is linear at all timescales, the displacement distribution is Gaussian only for very long times or not at all (Fickian yet non-Gaussian) [6–12].

An explanation to this unexpected behavior, which seemingly breaks the central limit theorem, was given through the concept of superstatistics [13,14]. This idea describes a complex medium as one which has a distribution of potential diffusion coefficients. The displacement probability distribution of particles is then built by averaging over many diffusion pathways, each of which draws its particular diffusion coefficient from a distribution prescribed by the complex medium. This approach can explain the observed experimental phenomenon of a system having a mean-square displacement, which is linear in time, alongside a non-Gaussian displacement probability distribution. Specifically, the latter is a weighted average (over the distribution of the diffusion coefficients) of Gaussian displacement probability distributions. Yet, the superstatistics approach cannot explain observed crossovers and transitions, e.g., from non-Gaussian

distributions at short timescales to a Gaussian distribution at long timescales [15].

To address this issue, the concept of diffusing diffusivity was introduced by Chubinsky and Slater [16] and further developed and explored by many others [17–30]. The basic idea is to describe the diffusion of particles with a diffusion equation in which the diffusion coefficient is itself diffusing. The Gaussian distribution at long timescales is then found to be universal for a diffusivity that is self-averaging in time. The displacement distribution at short timescales is, on the contrary, nonuniversal and depends on the equilibrium distribution of the diffusion coefficient. We note that similar phenomenology was observed in the field of quantitative finance where the log returns of stock prices diffuses with volatility that is analogous to the diffusion coefficient. As this volatility also diffuses in time [31–33], the log return exhibits similar transitions between short- and long-time behavior.

Diffusion can be seen as a continuum limit of a large class of random walk processes that occur on the microscopic scale. Yet, a general description of random walks with “diffusing diffusivity” is currently missing from the physics literature. To bridge this gap, we introduce a new modeling framework that sets the foundations for the study of the diffusing diffusivity phenomenology from a random walks perspective. We start from the widely applied continuous time random walk (CTRW) [34–37], where the walker jumps instantaneously from one position to another following a waiting period. In its simplest form, which gives rise to normal diffusion, waiting times in the CTRW are taken from an exponential distribution that is characterized by a constant jump rate λ . To introduce the equivalent of a diffusing diffusivity, we instead consider a diffusing jump rate λ_t [38,39], such that the probability to make a jump during the time interval $[t, t + dt]$ is given by $\lambda_t dt$. This results in a doubly stochastic continuous time random walk.

*maxence@tauex.tau.ac.il

†shlomire@tauex.tau.ac.il

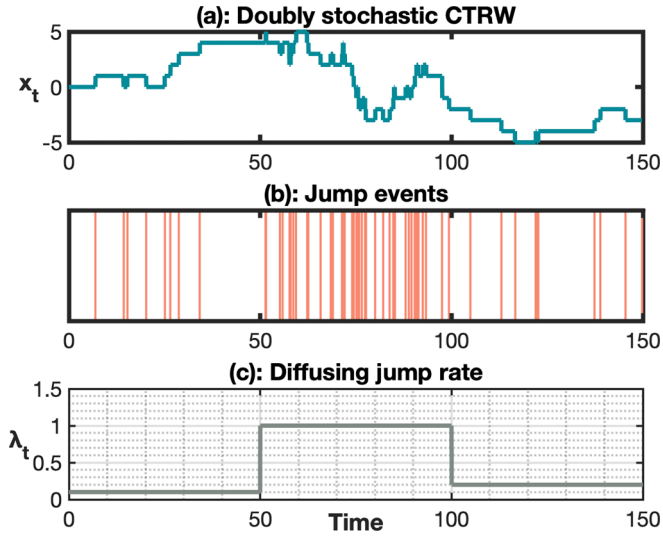


FIG. 1. The doubly stochastic CTRW has three layers of randomness. The fluctuating jump rate λ_t in (c) gives the probability $\lambda_t dt$ for a jump to occur in the time interval $[t, t + dt]$. When a jump event occurs, bar coded in (b), the random walker draws a random step and jumps to a new position as shown in (a). Here, we illustrate this general modeling framework using a jump rate λ_t that is redrawn every $\tau_r = 50$ units of time from an exponential distribution with unit mean. In this example, jumps are assumed symmetric with equal probability to make a right/left step (± 1). The resulting process exhibits periods of low and high activity, which give rise to deviations from Gaussian diffusion as observed in heterogeneous environments.

Traditionally, the generalization of the CTRW model to account for anomalous diffusion relied on broadening the range of waiting time distributions beyond the exponential, allowing for a wider spectrum of diffusion behaviors. However, in our approach, we diverge from this path by introducing variability in the jump rate. Instead of altering the waiting time distribution to achieve different diffusion regimes, we allow the jump rate λ_t to fluctuate over time. This modification offers a distinct avenue for exploring the dynamics of diffusion processes by capturing the essence of diffusing diffusivity within a random walk framework. Next, we show that the newly added layer of randomness, which this framework provides, gives rise to a rich phenomenology of regular and anomalous diffusion. The analysis brought below will be focused on transport and first-passage properties, leaving the correlation structure of the process to future study.

Doubly stochastic continuous time random walk (DSCTRW). The DSCTRW is schematized in Fig. 1. A random walker takes steps at random times, which are determined by a Poisson process whose jump rate λ_t is itself a random function of time. This doubly stochastic Poisson process is also known as a Cox process [38]. When a jump event occurs, the random walker takes a step X from a distribution whose characteristic function is $\hat{\phi}(k) = \langle e^{ikX} \rangle$. We note that in actuarial science an equivalent model, the doubly stochastic compound Poisson process, has been studied [40–42]. Also, the DSCTRW should not be confused with the noisy continuous time random walk [43], which is a different model.

The random walker's displacement is determined by $P(x, t)$, the probability to find it in position x at time t . To compute this probability, let us first assume a given path for the jump rate process λ_t . The resulting jump process is then a time-inhomogeneous Poisson process, and therefore the number of steps made until time t will be given by the Poisson distribution with mean $\Lambda_t = \int_0^t \lambda_{t'} dt'$ [44,45]. Letting $\chi_n(t)$ denote the probability that the random walker made exactly n steps until time t we thus have $\chi_n(t) = \frac{\Lambda_t^n}{n!} e^{-\Lambda_t}$. The Fourier transform of the probability distribution of the displacement, conditioned on a given path of the diffusing jump rate, reads

$$\hat{P}(k, t | \lambda_t) = \sum_{n=0}^{+\infty} \chi_n(t) \hat{\phi}(k)^n = e^{-(1-\hat{\phi}(k))\Lambda_t}. \quad (1)$$

Note, that this distribution only depends on the diffusing jump rate λ_t through its time integral Λ_t . Averaging Eq. (1) with respect to the distribution of Λ_t , whose density we denote by $f(\Lambda_t)$, we obtain

$$\hat{P}(k, t) = \tilde{\Lambda}_t (1 - \hat{\phi}(k)), \quad (2)$$

where $\tilde{\Lambda}_t (1 - \hat{\phi}(k)) = \int_0^\infty e^{-[1-\hat{\phi}(k)]\Lambda_t} f(\Lambda_t) d\Lambda_t$ is the Laplace transform of the integrated diffusing jump rate Λ_t evaluated at $1 - \hat{\phi}(k)$. Equation (2) is the DSCTRW analog of the Montroll-Weiss formula. We emphasize its generality, and that it holds for both stochastic and deterministic paths of λ_t .

Long-time behavior. Starting from Eq. (2), we can understand both the short- and long-time behavior of the DSCTRW. Specifically, under mild assumptions, the long-time behavior is universally Gaussian. To show this, we need the following assumptions: (i) the mean and variance of the step distribution are finite; and (ii) the integrated jump rate has the following long-time asymptotics: $\Lambda_t = \int_0^t \lambda_{t'} dt' \simeq \bar{\lambda}t + \zeta_t$, where $\bar{\lambda}$ is the long-time average of the fluctuating jump rate and where ζ_t is Gaussian with $\langle \zeta_t \rangle = 0$ and $\langle \zeta_t^2 \rangle = o(t^2)$. In particular, note that this condition holds for the typical case, $\langle \zeta_t^2 \rangle \sim t$, that arises (due to the central limit theorem) for a fluctuating jump rate that has a finite correlation time and a steady-state distribution with a finite mean and variance. Under these assumptions, the Fourier transform of the scaled displacement converges to $\langle e^{ik \frac{x_t - \bar{\lambda}(X)t}{\sigma(x_t)}} \rangle \rightarrow e^{-\frac{k^2}{2}}$ [46], which is the Fourier transform of the standard normal. This result is analogous to the long-time asymptotics that is obtained using the diffusing diffusivity approach.

The Gaussian limit above is universal given the aforementioned assumptions. Yet, we note that these can be broken in several different ways. For example, akin to scaled Brownian motion [47–50], one can think of cases where $\langle \lambda_t \rangle \propto \lambda t^{\alpha-1}$. These give $\langle \Lambda_t \rangle \propto \lambda t^\alpha$, which in turn yields subdiffusion for $\alpha < 1$ and superdiffusion for $\alpha > 1$. However, unlike scaled Brownian motion, the DSCTRW also allows one to treat processes where the mean and/or variance of the step size diverge. Diverging moments of the step distribution prevent moment expansion of $\hat{\phi}(k)$ and yield, in the spirit of the generalized central limit theorem [34,51], α -stable Lévy asymptotics for the displacement. We illustrate this by taking steps from the Cauchy distribution, which returns a Cauchy distribution at long times (Fig. S1 in the Supplemental Material (SM) [46]). A different way in which stable

distributions may arise is when the jump rate has a steady state with an infinite mean or variance (for the diffusing diffusivity analog of this case see Ref. [52]). Such situations give rise to stable distributions for Λ_t , and the position distribution can then be computed via Eq. (2). The above-mentioned scenarios illustrate the richness of the DSCTRW and highlight that this model can describe scenarios that fall outside the scope of the diffusing diffusivity model.

Short-time behavior. Contrary to long times, the short-time displacement distribution is not universal and its shape depends on the steady-state distribution of the diffusing jump rate. Assuming the latter exists, we consider a case where the diffusing jump rate has been evolving for a very long time prior to the start of the experiment, such that it has converged to its steady state. In the short-time limit $t \ll \tau_r$, with τ_r being the typical relaxation time of the diffusing jump rate process, the integrated rate behaves like $\Lambda_t = \int_0^t \lambda_{t'} dt' \simeq t \lambda_e$ with λ_e drawn from the steady-state distribution whose Laplace transform we denote by $\tilde{\lambda}_e(s) = \langle e^{-s\lambda_e} \rangle$.

Under these assumptions, the Laplace transform of the integrated rate can be expressed using the Laplace transform of the jump rate, $\tilde{\Lambda}_t(s) = \tilde{\lambda}_e(ts)$ and together with Eq. (2) we have

$$\hat{P}(k, t) = \tilde{\lambda}_e(t[1 - \hat{\phi}(k)]). \quad (3)$$

Thus if we study the tail of this distribution in the case of a symmetric walk, we obtain $\hat{P}(k, t) \simeq \tilde{\lambda}_e(tk^2 \langle X^2 \rangle / 2)$, which is a symmetric version of the rate probability distribution, which has no reason of being universal. For example, if λ_e is exponentially distributed with mean $\bar{\lambda}$, which is the case for a jump rate process that is diffusing on \mathbb{R}_+ and with a negative drift pointing towards the origin, we obtain $\hat{P}(k, t) \simeq \frac{1}{1 + \bar{\lambda}tk^2 \langle X^2 \rangle / 2}$, which is the Fourier transform of the Laplace distribution, also known as the biexponential. The probability distribution is then given by $P(x, t) = \frac{1}{2\sigma_t} e^{-\frac{|x|}{\sigma_t}}$, with $\sigma_t = \sqrt{\bar{\lambda}t \langle X^2 \rangle / 2}$. This result is not universal, but noteworthy since the central limit theorem asserts that drift diffusion often provides an excellent approximation to a host of biased random walk processes that may govern the fluctuating jump rate. This could, perhaps, explain the prevalence of exponential tails observed experimentally at short times. For an alternative explanation see Refs. [53,54].

Moments. Moments in the DSCTRW can be computed by taking derivatives of Eq. (2): $\langle x_t^n \rangle = \lim_{k \rightarrow 0} (-i)^n \frac{d^n \hat{P}(k, t)}{dk^n}$. Specifically, we find that while the displacement probability distribution displays a non-Gaussian to Gaussian transition, the MSD of an unbiased walk is linear at all times $\langle x_t^2 \rangle = \langle X^2 \rangle \langle \Lambda_t \rangle = \langle X^2 \rangle \bar{\lambda}t$ [46], provided λ_t starts equilibrated and has a finite mean. More generally, the time dependence of the MSD is completely determined by the first moment of the integrated diffusing jump rate process and the second moment of the jump. The fourth moment of a symmetric DSCTRW is given by $\langle x_t^4 \rangle = \langle X^4 \rangle \langle \Lambda_t \rangle + 3 \langle X^2 \rangle^2 \langle \Lambda_t^2 \rangle$ [46].

When bias is introduced to the random walk, the variance in position is given by $\sigma^2(x_t) = \langle X^2 \rangle \langle \Lambda_t \rangle + \langle X \rangle^2 (\langle \Lambda_t^2 \rangle - \langle \Lambda_t \rangle^2)$ [46]. Thus, when the integrated rate is stochastic, its variance does not vanish, resulting in additional dispersion. We illustrated this for a biased version of the toy model in Fig. 1. There the mean and variance of the integrated jump rate

are both linear in time, which leads to an apparent diffusion coefficient that can be significantly larger than in the absence of bias (Fig. S2 in SM [46]). This enhanced dispersion, can be traced to the inherent coupling between drift and diffusion in the DSCTRW. Notably, the effect is absent from the diffusing diffusivity model, where drift and diffusion are completely decoupled.

An exactly solvable DSCTRW. To further illustrate the DSCTRW, we return to the model in Fig. 1. There the diffusing jump rate is drawn every τ_r from an exponential distribution with mean jump rate $\bar{\lambda} = 1$. The resulting jump rate is piecewise constant, i.e., changes abruptly when a new time window starts. This can be seen as a simplified picture of more complicated diffusing jump rate processes whose auto-correlation time, τ_r , is finite. Indeed, in both cases, jump rates separated more than τ_r apart may be considered uncorrelated. The simplified model considered in Fig. 1 can thus provide an analytically tractable route to better understand the role played by the jump rate relaxation time.

To get the propagator using Eq. (2), we compute the Laplace transform of the integrated jump rate, which in our model is a sum of independent random variables $\Lambda_t = \sum_{i=1}^{n_{\tau_r}} \lambda_i \tau_r + \lambda_{n_{\tau_r}+1} \delta_t$ with $n_{\tau_r} = \lfloor \frac{t}{\tau_r} \rfloor$ and $\delta_t = t - n_{\tau_r} \tau_r$. Therefore, the Laplace transform in Eq. (2) gives a product of Laplace transforms of exponentially distributed random variables

$$\hat{P}(k, t) = \tilde{\lambda}_e([1 - \hat{\phi}(k)]\tau_r)^{n_{\tau_r}} \tilde{\lambda}_e([1 - \hat{\phi}(k)]\delta_t), \quad (4)$$

with $\tilde{\lambda}_e(s) = 1/(1 + \bar{\lambda}s)$. Taking the walk to be simple symmetric, we have $\phi(k) = \cos(k)$, and a Laplace to Gaussian transition is observed when going from the short-time limit $t \ll \tau_r$ to the long-time limit $t \gg \tau_r$ (Fig. 2).

First-passage statistics. The random time at which a stochastic process reaches a certain threshold, e.g., the encounter time of two molecules or the time a stock hits a certain price, can trigger a series of events. Thus, understanding the properties of first-passage times is key to the explanation of many phenomena in statistical physics, chemistry, and finance [55–57]. To show how first-passage problems are solved in the context of the DSCTRW, we continue with the model illustrated in Fig. 1 and derive its first-exit time from an interval. This exit time exhibits interesting phenomenology due to the competition between different timescales.

To obtain the exit time, we apply two simple steps: we first calculate the propagator conditioned on the number of steps taken, and then translate steps to time by summing over the corresponding probabilities $\chi_n(t)$. The propagator of the simple symmetric random walk inside an interval $[0, L]$ with absorbing boundaries is given by [58]

$$P(x, n|x_0) = \frac{2}{L} \sum_{p=0}^L \eta_p^n \sin(v_p x_0) \sin(v_p x), \quad (5)$$

where x_0 is the initial position, $v_p = \frac{p\pi}{L}$ and $\eta_p = \cos v_p$. In the following we set $u_p(x_0, x) = \sin(v_p x_0) \sin(v_p x)$. Translating steps to time, averaging over Λ_t , and summing over all lattice sites inside the interval, we obtain the survival probability

$$S(t|x_0) = \frac{2}{L} \sum_{x=1}^{L-1} \sum_{p=0}^L u_p(x_0, x) \tilde{\Lambda}_t(1 - \eta_p), \quad (6)$$

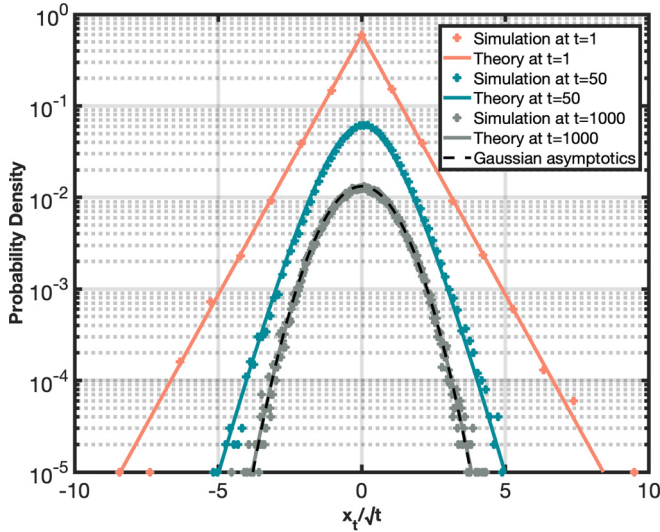


FIG. 2. Displacement probability distributions for the DSCTRW illustrated in Fig. 1. Symbols come from simulations and bold lines give analytical results obtained by inverting the Fourier transform in Eq. (4). Here, the mean jump rate was set to unity and its relaxation time to $\tau_r = 10$. The distributions are plotted for three different times: $t = 0.1\tau_r$ (orange) that exhibits a Laplace distribution, $t = 5\tau_r$ (cyan) for which we see the beginning of a transition towards the Gaussian distribution, and $t = 100\tau_r$ (gray) where the displacement distribution has converged to the Gaussian.

where $\tilde{\Lambda}_t$, which previously appeared in Eq. (2) should now be evaluated at $1 - \eta_p$ instead of $1 - \hat{\phi}(k)$. Taking the negative time derivative of $S(t|x_0)$, we obtain the probability density of the exit time

$$f(t|x_0) = \frac{2\tilde{\lambda}}{L} \sum_{x=1}^{L-1} \sum_{p=0}^L \frac{u_p(x_0, x)(1 - \eta_p)\tilde{\Lambda}_t(1 - \eta_p)}{1 + (1 - \eta_p)\delta_t\tilde{\lambda}}. \quad (7)$$

Analyzing the density in Eq. (7) right before and just after integer multiples of τ_r , we analytically show that it experiences jumps whose magnitude increases with τ_r [46]. This feature is a manifestation of the sharp transitions experienced by the diffusing jump rate in our model, see Fig. 1(c). Indeed, particles that initially drew a smaller than average jump rate have a higher probability to survive simply by virtue of moving less. As a result, the system becomes enriched with such particles, until a new jump rate is redrawn at $t = \tau_r$. This leads to jumps in the first-exit density, which come from slowly moving particles that become faster moving and perish.

The jump rate relaxation time, τ_r , also has a profound impact on the mean first-exit time (MFET) from the interval, which we obtain by averaging over the density in Eq. (7). Results are given in Fig. 3, where we distinguish between two limiting behaviors. When relaxation times are fast, jump rate fluctuations play a lesser role as they are averaged over. In this limit, the jump rate can be seen as if it was fixed and equal to the mean jump rate $\bar{\lambda}$. The MFET can then be approximated as $\simeq (L - x_0)x_0/\bar{\lambda}$, which is the MFET of a simple CTRW with a fixed jump rate $\bar{\lambda}$. Situation is different for slow relaxation times $\tau_r \gg (L - x_0)x_0/\bar{\lambda}$. In this case, a typical particle is stuck with its initially drawn jump rate until it leaves the

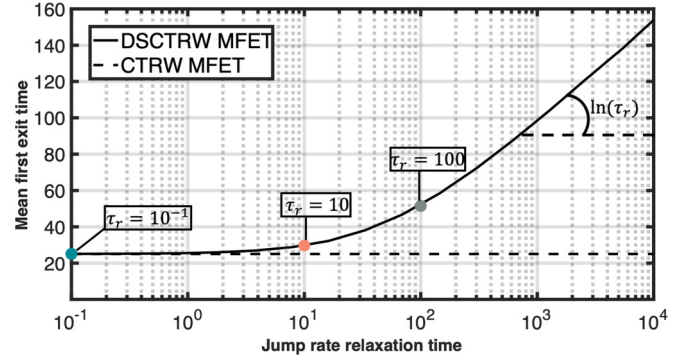


FIG. 3. Mean first-exit time (MFET) from the interval $[0, 10]$, starting at $x_0 = 5$, for the DSCTRW illustrated in Fig. 1. For fast jump rate relaxation (small τ_r), we recover the MFET of a simple CTRW (dashed line) with a fixed jump rate corresponding to the mean jump rate, $\bar{\lambda} = 1$, of the DSCTRW. In the other extreme, i.e., for slow relaxation times (large τ_r), the MFET scales as $\sim \ln(\tau_r)$. The bold line is plotted by averaging over Eq. (7) and circles denote MFETs that correspond to the FET distributions in Fig. S3 [46].

interval. The MFET can then be approximated by averaging $(L - x_0)x_0/\lambda$ over the initial distribution of the jump rate λ (here assumed equivalent to the steady-state distribution). Doing so for an exponential distribution of jump rates leads to a logarithmic divergence, which we regularize by noting that the relaxation rate, τ_r^{-1} , serves as a lower cutoff for the integration. Indeed, very slow particles that do not leave the interval by the relaxation time, will consequently draw a new jump rate. More generally we find that the asymptotic dependence of the MFET on τ_r depends on the small rate asymptotics of the jump rate steady-state distribution [46].

We note that the first-passage results obtained above can be generalized for many other geometries and boundary conditions. This can be done whenever the propagator in real, or Fourier space, admits a standard eigenmode expansion of the form, which appears in Eq. (5). Crucially, when terms in the series are proportional to η_p^n , one can easily translate steps to time by summing over the corresponding probabilities $\chi_n(t)$ and taking expectations. For additional examples that can be solved in a similar fashion see Ref. [59], which gives exact results for propagators of random walks in confined geometries.

Conclusions. In this Letter, we introduced a doubly stochastic continuous time random walk. The model allows for a general description of a random walk, which is driven by a time-dependent jump rate that fluctuates randomly. Despite this added layer of complexity, the model remains fully tractable and we obtained a general formula for the displacement probability distribution. A rich phenomenology emerged from the analysis, asserting that the doubly stochastic continuous time random walk can be used to describe not only super-, sub-, and normal diffusion, but also the Brownian yet non-Gaussian diffusion that has recently been observed in various systems. The tractability of the model further lends itself to the computation of first-passage times, which—similar to the displacement distribution—display striking transitions as a function of the jump rate relaxation time. The

random walk approach developed herein complements the diffusing diffusivity approach that was developed for Brownian motion, and further extends it by allowing for unlimited freedom in the interplay between the distribution of jumps and the properties of the fluctuating jump rate.

Acknowledgments. M.A. acknowledges discussions with Samuel Gelman, Ulysse Mizrahi, and Bara Levit. This project received funding from the European Research Council (ERC) under the European Unions Horizon 2020 research and innovation program (Grant Agreement No. 947731).

-
- [1] E. Barkai, Y. Garini, and R. Metzler, Strange kinetics of single molecules in living cells, *Phys. Today* **65**, 29 (2012).
 - [2] J. P. Bouchaud and A. Georges, Anomalous diffusion in disordered media: Statistical mechanisms, models and physical applications, *Phys. Rep.* **195**, 127 (1990).
 - [3] S. Havlin and D. Ben-Avraham, Diffusion in disordered media, *Adv. Phys.* **36**, 695 (1987).
 - [4] R. Metzler and J. Klafter, The random walk's guide to anomalous diffusion: a fractional dynamics approach, *Phys. Rep.* **339**, 1 (2000).
 - [5] I. M. Sokolov, Models of anomalous diffusion in crowded environments, *Soft Matter* **8**, 9043 (2012).
 - [6] S. Acharya, U. K. Nandi, and S. Maitra Bhattacharyya, Fickian yet non-Gaussian behaviour: A dominant role of the intermittent dynamics, *J. Chem. Phys.* **146**, 134504 (2017).
 - [7] J. Guan, B. Wang, and S. Granick, Even hard-sphere colloidal suspensions display Fickian yet non-Gaussian diffusion, *ACS Nano* **8**, 3331 (2014).
 - [8] J. Kim, C. Kim, and B. J. Sung, Simulation study of seemingly Fickian but heterogeneous dynamics of two dimensional colloids, *Phys. Rev. Lett.* **110**, 047801 (2013).
 - [9] I. Chakraborty, G. Rahamim, R. Avinery, Y. Roichman, and R. Beck, Nanoparticle mobility over a surface as a probe for weak transient disordered peptide-peptide interactions, *Nano Lett.* **19**, 6524 (2019).
 - [10] I. Chakraborty and Y. Roichman, Disorder-induced Fickian, yet non-Gaussian diffusion in heterogeneous media, *Phys. Rev. Res.* **2**, 022020(R) (2020).
 - [11] B. Wang, S. M. Anthony, S. C. Bae, and S. Granick, Anomalous yet Brownian, *Proc. Natl. Acad. Sci. USA* **106**, 15160 (2009).
 - [12] B. Wang, J. Kuo, S. C. Bae, and S. Granick, When brownian diffusion is not gaussian, *Nature Mater.* **11**, 481 (2012).
 - [13] C. Beck, Dynamical foundations of nonextensive statistical mechanics, *Phys. Rev. Lett.* **87**, 180601 (2001).
 - [14] C. Beck and E. G. Cohen, Superstatistics, *Physica A* **322**, 267 (2003).
 - [15] R. Metzler, Superstatistics and non-Gaussian diffusion, *Eur. Phys. J.: Spec. Top.* **229**, 711 (2020).
 - [16] M. V. Chubynsky and G. W. Slater, Diffusing diffusivity: A model for anomalous, yet Brownian, diffusion, *Phys. Rev. Lett.* **113**, 098302 (2014).
 - [17] A. Alexandre, M. Lavaud, N. Fares, E. Millan, Y. Louyer, T. Salez, Y. Amarouchene, T. Guérin, and D. S. Dean, Non-Gaussian diffusion near surfaces, *Phys. Rev. Lett.* **130**, 077101 (2023).
 - [18] W. Wang, F. Seno, I. M. Sokolov, A. V. Chechkin, and R. Metzler, Unexpected crossovers in correlated random-diffusivity processes, *New J. Phys.* **22**, 083041 (2020).
 - [19] A. V. Chechkin, F. Seno, R. Metzler, and I. M. Sokolov, Brownian yet non-Gaussian diffusion: From superstatistics to subordination of diffusing diffusivities, *Phys. Rev. X* **7**, 021002 (2017).
 - [20] R. Jain and K. Sebastian, Diffusing diffusivity: a new derivation and comparison with simulations, *J. Chem. Sci.* **129**, 929 (2017).
 - [21] R. Jain and K. L. Sebastian, Diffusion in a crowded, rearranging environment, *J. Phys. Chem. B* **120**, 3988 (2016).
 - [22] Y. Lanoiselée and D. S. Grebenkov, A model of non-Gaussian diffusion in heterogeneous media, *J. Phys. A: Math. Theor.* **51**, 145602 (2018).
 - [23] Y. Lanoiselée, N. Moutal, and D. S. Grebenkov, Diffusion-limited reactions in dynamic heterogeneous media, *Nat. Commun.* **9**, 4398 (2018).
 - [24] B. Marcone, S. Nampoothiri, E. Orlandini, F. Seno, and F. Baldovin, Brownian non-Gaussian diffusion of self-avoiding walks, *J. Phys. A: Math. Theor.* **55**, 354003 (2022).
 - [25] A. Pacheco-Pozo and I. M. Sokolov, Convergence to a Gaussian by narrowing of central peak in Brownian yet non-Gaussian diffusion in disordered environments, *Phys. Rev. Lett.* **127**, 120601 (2021).
 - [26] S. Nampoothiri, E. Orlandini, F. Seno, and F. Baldovin, Polymers critical point originates Brownian non-Gaussian diffusion, *Phys. Rev. E* **104**, L062501 (2021).
 - [27] V. Sposini, A. V. Chechkin, F. Seno, G. Pagnini, and R. Metzler, Random diffusivity from stochastic equations: Comparison of two models for Brownian yet non-Gaussian diffusion, *New J. Phys.* **20**, 043044 (2018).
 - [28] S. Thapa, M. A. Lomholt, J. Krog, A. G. Cherstvy, and R. Metzler, Bayesian analysis of single-particle tracking data using the nested-sampling algorithm: maximum-likelihood model selection applied to stochastic-diffusivity data, *Phys. Chem. Chem. Phys.* **20**, 29018 (2018).
 - [29] N. Tyagi and B. J. Cherayil, Non-Gaussian Brownian diffusion in dynamically disordered thermal environments, *J. Phys. Chem. B* **121**, 7204 (2017).
 - [30] S. Nampoothiri, E. Orlandini, F. Seno, and F. Baldovin, Brownian non-Gaussian polymer diffusion and queueing theory in the mean-field limit, *New J. Phys.* **24**, 023003 (2022).
 - [31] A. A. Dragulescu and V. M. Yakovenko, Probability distribution of returns in the heston model with stochastic volatility, *Quant. Fin.* **2**, 443 (2002).
 - [32] J.-P. Bouchaud, M. Potters *et al.*, *Theory of Financial Risk and Derivative Pricing: From Statistical Physics to Risk Management* (Cambridge University Press, Cambridge, 2003).
 - [33] A. C. Silva, R. E. Prange, and V. M. Yakovenko, Exponential distribution of financial returns at mesoscopic time lags: a new stylized fact, *Physica A* **344**, 227 (2004).
 - [34] J. Klafter and I. M. Sokolov, *First Steps in Random Walks: From Tools to Applications* (Oxford University Press, Oxford, 2011).
 - [35] R. Kutner and J. Masoliver, The continuous time random walk, still trendy: fifty-year history, state of art and outlook, *Eur. Phys. J. B* **90**, 50 (2017).
 - [36] E. W. Montroll and G. H. Weiss, Random walks on lattices. II, *J. Math. Phys.* **6**, 167 (1965).

- [37] M. F. Shlesinger, Origins and Applications of the Montroll-Weiss Continuous Time Random Walk, *Eur. Phys. J. B* **90**, 93 (2017).
- [38] D. R. Cox, Some statistical methods connected with series of events, *J. Roy. Stat. Soc. B* **17**, 129 (1955).
- [39] I. Eliazar and J. Klafter, Anomalous pulsation, *J. Stat. Phys.* **120**, 587 (2005).
- [40] P. Bouzas, M. Valderrama, and A. Aguilera, A theoretical note on the distribution of a filtered compound doubly stochastic poisson process, *Appl. Math. Mod.* **28**, 769 (2004).
- [41] G. L  veill   and E. Hamel, Conditional, non-homogeneous and doubly stochastic compound poisson processes with stochastic discounted claims, *Method. Comput. Appl. Prob.* **20**, 353 (2018).
- [42] G. W. Peters, P. V. Shevchenko, M. Young, and W. Yip, Analytic loss distributional approach models for operational risk from the α -stable doubly stochastic compound processes and implications for capital allocation, *Insur.: Math. Econ.* **49**, 565 (2011).
- [43] J.-H. Jeon, E. Barkai, and R. Metzler, Noisy continuous time random walks, *J. Chem. Phys.* **139**, 121916 (2013).
- [44] R. G. Gallager, *Stochastic Processes: Theory for Applications* (Cambridge University Press, Cambridge, 2013).
- [45] J. F. C. Kingman, *Poisson Processes* (Clarendon Press, Oxford, 1992), Vol. 3.
- [46] See Supplemental Material at <http://link.aps.org/supplemental/10.1103/PhysRevResearch.6.L012033> for discussion and figures: S1. Convergence towards the Gaussian at long times; S2. Breakdown of the long-time Gaussian asymptotics for the Cauchy random walk; S3. Moments of the doubly stochastic CTRW; S4. Enhanced dispersion of the biased DSCTRW; S5. Discontinuities of the first passage density in Eq. (7); S6. Dependence of the Mean First Exit Time on the Rate Relaxation Time.
- [47] Y. He, S. Burov, R. Metzler, and E. Barkai, Random time-scale invariant diffusion and transport coefficients, *Phys. Rev. Lett.* **101**, 058101 (2008).
- [48] J.-H. Jeon, A. V. Chechkin, and R. Metzler, Scaled Brownian motion: a paradoxical process with a time dependent diffusivity for the description of anomalous diffusion, *Phys. Chem. Chem. Phys.* **16**, 15811 (2014).
- [49] S. C. Lim and S. V. Muniandy, Self-similar gaussian processes for modeling anomalous diffusion, *Phys. Rev. E* **66**, 021114 (2002).
- [50] H. Safdari, A. V. Chechkin, G. R. Jafari, and R. Metzler, Aging scaled Brownian motion, *Phys. Rev. E* **91**, 042107 (2015).
- [51] P. L  vy, Th  orie des erreurs. La loi de Gauss et les lois exceptionnelles, *Bul. Soc. Math. France* **52**, 49 (1924).
- [52] R. Jain and K. Sebastian, L  vy flight with absorption: A model for diffusing diffusivity with long tails, *Phys. Rev. E* **95**, 032135 (2017).
- [53] W. Wang, E. Barkai, and S. Burov, Large deviations for continuous time random walks, *Entropy* **22**, 697 (2020).
- [54] E. Barkai and S. Burov, Packets of diffusing particles exhibit universal exponential tails, *Phys. Rev. Lett.* **124**, 060603 (2020).
- [55] A. J. Bray, S. N. Majumdar, and G. Schehr, Persistence and first-passage properties in nonequilibrium systems, *Adv. Phys.* **62**, 225 (2013).
- [56] R. Metzler, S. Redner, and G. Oshanin, *First-Passage Phenomena and their Applications* (World Scientific, Singapore, 2014), Vol. 35.
- [57] S. Redner, *A Guide to First-Passage Processes* (Cambridge University Press, Cambridge, 2001).
- [58] W. Feller, *An Introduction to Probability Theory and its Applications* (John Wiley & Sons, New York, 1991), Vol. 1.
- [59] L. Giuggioli, Exact spatiotemporal dynamics of confined lattice random walks in arbitrary dimensions: A Century after Smoluchowski and P  lya, *Phys. Rev. X* **10**, 021045 (2020).