Editors' Suggestion

Letter

Dragon kings in self-organized criticality systems

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The spontaneous emergence of scale invariance, called self-organized criticality (SOC), is often attributed to a second-order absorbing-state phase transition (ASPT). Many real-world systems display SOC, yet with extreme events overrepresented, called dragon kings (DKs) and causing significant disruption. We show analytically that the trade-off between driving impulse and dissipation rate can create DKs in a second-order ASPT. This establishes that DKs exist in SOC systems, reveals a taxonomy of DKs, and shows that larger dissipation and smoother driving lower risk of extreme events.

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Introduction. Many natural and engineered systems exhibit properties that follow a broad-scale distribution. For power-law distributions this is often explained through the framework of self-organized criticality (SOC). Examples are numerous and diverse, from electric power grids [1,2] and social media networks [3,4] to solar flares [5,6], possibly brain dynamics [7,8], and even the multiverse [9]. The ubiquity of power-law distributions in nature motivated the now seminal Bak-Tang-Wiesenfeld (BTW) sandpile model [10]. This model sparked broad and intense research of SOC, which converged on the second-order absorbing-state phase transition (ASPT) mechanism [11] as a widely accepted explanation of the phenomenon [12,13].

Often, in real systems, smaller events follow a power-law distribution, yet the extreme events violate the power-law paradigm by being significantly larger and overrepresented. This creates a peak at the tail of the distribution. Sornette dubbed such events dragon kings (DKs) [14,15]. Dragon, to stress their unique origins, distinguishing them from smaller events, and king, to underline their disproportionate impact. DKs are usually generated by an endogenous, self-amplifying mechanism, different from mechanisms driving smaller events. They have been observed in various contexts including drawdowns in financial markets [16], nuclear reactor leaks [17], city sizes [18], marine particle sizes [19], neuronal activity during epileptic seizures [20,21], thermoacoustics experiments [22], earthquakes [23], etc. Despite their prevalence and impact, the analytic study of DKs is still quite

limited. Here we establish a second-order ASPT mechanism for DKs, showing that DKs can exist in SOC systems and revealing a taxonomy of DK systems (Fig. 1).

Enigmatic "peaks," "bumps," or "humps" have been observed in previous SOC studies [12,23–30]. In special cases, the bump can be explained by the accumulation of events capped by finite system size [12,24,31]. However, this mechanism is only relevant for the distributions with a trivial power-law exponent $\tau = 1$ [12], and even then, the bump could be evenly spread across the whole distribution. In other cases, a bump can result from a finite driving rate [32–34]; however, vanishing driving rate has long been recognized as a requirement for SOC [35,36]. We reconcile bumps in SOC by showing that the standard SOC framework surprisingly produces DK events through the interplay of dissipation and an intrinsic quantity that we call the driving impulse, which has received only limited attention [37,38]. Furthermore, we derive a new necessary condition for SOC.

The self-organization (SO) mechanism, tunes a system to balance the trade-offs between two external "forces" [12,29]. The balance usually occurs near a phase transition point between active and inactive phases. The first "force" is driving (e.g., sand deposition in the BTW sandpile model [10]), which increases the control parameter E (e.g., the particle density) at a slow constant rate h. The second "force" is dissipation ε , reducing E proportional to the current activity level (e.g., boundary or bulk dissipation of sand).

Self-organization around a second-order ASPT is the accepted theory of SOC [Fig. 2(a)]. The order parameter is the stable stationary activity. When the system is subcritical $(E < E_c)$, the steady state is inactive. Thus, the SO mechanism causes little dissipation and drives the system toward $E = E_c$. In contrast, the supercritical system $(E > E_c)$ has an active, stable, stationary state in the thermodynamic limit.

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FIG. 1. Dragon kings have been observed in many scenarios. We organize them by their underlying nature. The inner sets denoted as self-organized dragon kings rely on dissipation ε and driving ΔE .

Thus, the SO mechanism dissipates *E* in a cascade of activity, driving the system back to $E = E_c$. The system becomes balanced at the critical point producing power-law distributions in response functions. The size of the cascades follows the distribution $P(S) = S^{-\tau}G(S/S_{\varepsilon})$ in the limit of large system size $N \to \infty$ (thermodynamic limit), small dissipation probability $\varepsilon \to 0$ (conservative limit), and vanishing ratio of driving rate to dissipation $h/\varepsilon \to 0$ (adiabatic limit) [12,13,35,39]. Here S_{ε} is the cutoff due to the dissipation ε (note, $S_{\varepsilon} \sim \varepsilon^{-1/\sigma} \to \infty$ ∞ as $\varepsilon \to 0$).

If instead of a second-order ASPT, one considers a firstorder ASPT as shown in Fig. 2(b), the SO mechanism leads to hysteresis. Muñoz and collaborators established this in recent papers [40,41] (see also [42]) and dubbed this phenomenon "self-organized bistability." The corresponding cascades follow a power-law distribution with a DK bump (set E in Fig. 1). This is a step toward unifying DKs and SOC, but SOC is described by a second-order ASPT.

For a first-order ASPT, the emergence of DKs is illustrated in Fig. 2(b). Plotted is the activity of the system ρ against control parameter *E*. For small values of *E* the system is inactive ($\rho = 0$). Driving increases *E*, but since the inactive branch is stable, small fluctuations can only start minor cascades, causing little dissipation. Once driven into the unstable region, a DK event begins [black curve in Fig. 2(b)]. The system is repelled from the newly unstable quiescent



FIG. 2. Self-organization around: (a) a second-order ASPT, creating SOC or DKs depending on regime; and (b) a first-order ASPT creating hysteresis with DKs. Solid (dashed) lines indicate stable (unstable) steady states of the underlying phase transition model without SO (with E fixed, often called "static"). Black trajectories are examples of possible DK events.

branch, while attracted to the stable active branch. Repulsion increases linearly with distance from the unstable branch, and the activity grows exponentially, leading to a self-amplifying DK mechanism. Once on the active branch, the macroscopic activity causes dissipation, reducing E until the saddle-node bifurcation point after which the system falls back into a quiescent steady state, concluding the single DK event. Then the cycle repeats. Examples of such first-order absorbing state DKs include the facilitated sandpile introduced in [40], and more recently, the BTW–Kuramoto model [43].

Dragon kings in models of SOC. We next show how DKs can arise from a second-order ASPT (set D in Fig. 1). Examples of such DKs include the self-organized quasicritical neuronal models [30] and the rice-pile model [27] (see also [23,24,28]).

For a DK to be triggered in a second-order ASPT model of SOC it must be driven far into the supercritical region [Fig. 2(a)]. Such a supercritical state is quiescent (e.g., when all nodes are below or at capacity in the BTW sandpile model) and stable under some perturbations due to the discrete nature of the state space. Stable perturbations move the system to another quiescent configuration (e.g., when a grain of sand is added to a node that was below its capacity) or displace it in the stable direction, causing only minor activity (e.g., when sand arrival causes a local cascade with only a few topplings). Thus the system advances deeper into the supercritical regime with a nonzero probability. Once the macroscopic activity is eventually triggered, it lasts until the surplus of the control parameter $(E - E_c)$ gets dissipated and E is reduced back to E_c . Intuitively, a massive event is more likely when driving increases E in large increments ΔE and the dissipation ε is small.

SOC requires the adiabatic limit where the driving rate $h \rightarrow 0$, allowing all cascading activity to die down before performing the next driving step. Nonzero h creates overlapping cascades, distorting the power law and potentially creating a DK peak [13,34,44]. The adiabatic limit is realized ideally in computer simulations where the code "babysits" [36] the dynamics. This introduces an infinite separation of timescales between cascading and driving dynamics, implying driving happens infinitely rarely on the cascading timescale, thus h = 0. However, even with this infinite separation, the driving is still performed in discrete steps, imposing upon us another small parameter, the driving impulse ΔE .

The role of the driving impulse ΔE . The driving impulse ΔE is an important parameter (e.g., see [37,38]) distinct from the driving rate h. To achieve SOC, one needs the stronger limit $\Delta E \rightarrow 0$ in place of $h \rightarrow 0$. This limit is usually implicit in SOC models. For example, in the BTW sandpile model, the system is driven by adding one grain of sand at a time, $\Delta E = \frac{1}{N}$, which automatically vanishes in the thermodynamic limit. We will show that even in the dual limit ε , $\Delta E \rightarrow 0$, the interrelation of ε and ΔE determines the presence or absence of DK events in otherwise power-law distributions. In contrast, for ΔE sufficiently large, all avalanches are system-wide [37].

DK condition in models of SOC. Consider a secondorder ASPT [Fig. 2(a)]. Without driving and dissipation, perturbations introduced in a quiescent state will die down with probability p or grow into macroscopic activity with probability 1 - p. Clearly, p = 1 in the subcritical states and p < 1 in supercritical states. Therefore p as a function of E undergoes a phase transition at $E = E_c$. Assuming that near criticality p follows scaling behavior standard for continuous phase transitions [45], we write

$$p(E) = \begin{cases} 1 & \text{for } E \leq E_c \\ 1 - k(E - E_c)^{\lambda} & \text{for } E > E_c. \end{cases}$$
(1)

The critical exponent, λ , depends on the universality class of the system. The constants k and E_c depend on the microscopic rules of the model.

Let us consider self-organization with a small driving impulse and vanishing dissipation around such a second-order ASPT. Driving increases E by a constant amount ΔE at every iteration which simultaneously introduces a small perturbation to allow a cascade to begin [46]. In the limit of vanishing dissipation $\varepsilon \rightarrow 0$, minor cascades do not impact the control parameter, and the system moves deeper into the supercritical phase. Eventually, a macroscopic cascade will get triggered pushing the system to the active stable branch. Dissipation then reduces E proportional to the current level of activity ρ , and the system evolves along the active branch lowering Euntil it reaches E_c and falls into an absorbing state. This is a single DK cascade [see the black curve in Fig. 2(a)].

The macroscopic cascade starts with supercritical $E > E_c$ and terminates at E_c . The size of the cascade S causes dissipation εS , which means $(E - E_c) = \varepsilon S$ or

$$S(E) = \frac{E - E_c}{\varepsilon}.$$
 (2)

We want to find the average size of a DK event in the limit $\varepsilon \to 0$. Starting at E_c , the control parameter increases by ΔE on every iteration until a DK eventually happens. After *j* uneventful iterations, $E_j = E_c + j\Delta E$. The probability that a DK will get triggered after exactly *j* iterations and not earlier is given by $q_j = [1 - p(E_j)] \prod_{i=0}^{j-1} p(E_i)$. Thus the expected size of a DK is

$$S_{\rm DK} = \sum_{j=0}^{\infty} S(E_j) q_j$$
$$= \sum_{j=0}^{\infty} \frac{j\Delta E}{\varepsilon} [1 - p(E_c + j\Delta E)] \prod_{i=0}^{j-1} p(E_c + i\Delta E). \quad (3)$$

We can simplify this using Taylor expansions and by approximating the sums by integrals (see Appendix):

$$S_{\rm DK} \approx \frac{1}{\varepsilon} \left(\frac{1+\lambda}{k} \Delta E \right)^{1/1+\lambda} \Gamma\left(\frac{2+\lambda}{1+\lambda} \right).$$
 (4)

This derivation holds for small fixed ΔE in the limit $\varepsilon \rightarrow 0$. In the reversed regime, with small fixed ε and vanishing $\Delta E \rightarrow 0$, we expect a standard SOC distribution $P(S) = S^{-\tau}G(S/S_{\varepsilon})$ with a sharp cutoff at the dissipative scale S_{ε} . Balance between driving and dissipation determines S_{ε} [35]:

$$\Delta E = \sum_{S=0}^{\infty} \varepsilon SP(S) \approx \varepsilon S_{\varepsilon}^{2-\tau} \int_{0}^{\infty} z^{1-\tau} G(z) dz \qquad (5)$$

with $\tau < 2$. We express S_{ε} as a function of ε and ΔE :

$$S_{\varepsilon} \approx \left(\int_0^{\infty} z^{1-\tau} G(z) dz \right)^{-(1/2-\tau)} \left(\frac{\Delta E}{\varepsilon} \right)^{1/2-\tau}.$$
 (6)

Notice that only the smaller scale between S_{ε} and S_{DK} is relevant. When $S_{\varepsilon} \ll S_{DK}$, the cascade size distribution terminates at S_{ε} , and there is no DK peak. If $S_{\varepsilon} \gg S_{DK}$, a DK peak at S_{DK} violates the finite-size scaling assumption $P(S) = S^{-\tau}G(S/S_{\varepsilon})$ and renders the dissipation cutoff S_{ε} unphysical.

The competition between the two scales divides the parameter space of an SOC model into two regions: one with DK peaks and the other without. The boundary between the regions is roughly given by $S_{\varepsilon} \sim S_{\text{DK}}$, or neglecting the coefficients in Eqs. (4) and (6)

$$\Delta E \sim \varepsilon^{(\lambda+1)(\tau-1)/\lambda+\tau-1}.$$
(7)

Then the DK condition is

$$\Delta E \gg \varepsilon^{(\lambda+1)(\tau-1)/\lambda+\tau-1}.$$
(8)

This result parallels the conjecture made by Kinouchi *et al.* in [30] that there is a connection between adaptive SOC and DKs, and an earlier attempt to unify DKs with power laws by Eliazar [47]. It agrees with a qualitative observation by Bonachela and Muñoz in [38] that for finite dissipation ε , large driving impulse causes supercritical behavior with the DK bump. It also aligns with the results by Cafiero *et al.* that SOC requires nonzero local rigidity, which in our setting translates to $\Delta E \rightarrow 0$ [37]. We show further that even with $\Delta E \rightarrow 0$, one can get DKs provided that ε scales accordingly. This provides a necessary condition on SOC.

For instance, in many SOC models $\Delta E = N^{-1}$ and the effective dissipation ε also scales as some power of N (e.g., due to open boundary conditions). The potential appearance of the DK peak in such systems will depend on these scaling laws through Eq. (7).

Examples. A classic example of a second-order ASPT is directed percolation. Consider a network where each node is either infected (active) or susceptible (inactive). Infected nodes infect each of their neighbors with probability E and then immediately recover. Here E serves as the self-organizing control parameter. A cascade is triggered by infecting a random node and lasts until all nodes recover. The infection probability E increases by ΔE before every cascade (driving) and decreases by $\varepsilon \rho$ at every time step during the cascade (dissipation). Here ρ is the number of infected nodes (i.e., activity), and ε is the dissipation.

This model undergoes a second-order phase transition. Under mean-field approximation, the probability of falling back into the absorbing state Eq. (1) can be approximated as the extinction probability of the corresponding branching process [26]. This fixes $\lambda = 1$. In addition, the critical exponent for the cascade size distribution has the mean-field value $\tau = \frac{3}{2}$. Then Eq. (7) reduces to $\Delta E \sim \varepsilon^{2/3}$. Alternatively, we can write it as $\Delta E = f(\varepsilon)\varepsilon^{2/3}$ with $f(\varepsilon) = O(1)$ which becomes a constant coefficient in the small dissipation limit

$$\Delta E = c \varepsilon^{2/3},\tag{9}$$

where the constant $c = \lim_{\varepsilon \to 0} f(\varepsilon)$ can be determined by fitting experimental data.



FIG. 3. Illustration of DK detection based on empirical cumulative distribution function [48]. (a) Typical distribution with DKs present (large ΔE for given ε). The straight line is a power-law fit of the data in the second decade. The gray curves show the tightest confidence interval around this power law, which contains the most overrepresented data point. (b) Typical distribution without DKs (small ΔE for given ε).

The same argument leads also to Eq. (9) for the BTW sandpile model on a network. To explore Eq. (9) beyond the standard fixed driving impulse $\Delta E = \frac{1}{N}$, we extend the BTW model to allow different values of ΔE by adding more than one grain during driving. The additional sand grains are deposited to noncritical sites to retain unique cascade seeds and keep activity perturbations consistent.

We perform simulations for various values of dissipation ε and driving impulse ΔE . We consider random 3-regular and Erdős-Rényi networks. Each run produces a cascade size distribution. The potential presence of a DK peak is then quantified by a *p* value of the statistical DK detection test developed in [48]. This test considers the empirical cumulative distribution function *eCDF* of event sizes (fraction of events larger than *S*). To find the *p* value, we first fit the appropriate section of the 1 - eCDF with a power law (see Fig. 3). Next, we find the most overrepresented data point in the tail, potentially a DK [marked with a dot in Fig. 3(a)]. Finally, we find the tightest confidence interval accommodating this point [48]. One minus this confidence level is the *p* value of the null hypothesis that there is no DK in the distribution.

Figure 4 shows the parameter space of the above models colored by the p values of the statistical test. The dashed curve shows the theoretical boundary while green (the dark region) indicates the presence of DKs. Each simulation was performed on a network of 5000 nodes for 10^5 driving itera-



FIG. 4. Parameter spaces for self-organized directed percolation (a) and (b), and for the BTW model (c), colored by the *p* value of the statistical DK test [48]. The green (dark-colored) region indicates the presence of DKs, while yellow (light-colored) regions indicate power law with a cutoff. The black dashed curve is the theoretical border between the two regions; Eq. (9) with *c* fitted to *p* value = 0.05. (a) and (c) are for random 3-regular networks (with c = 4 and c = 0.013, respectively), while (b) is for Erdős-Rényi graphs of the same density (with c = 1.1).



FIG. 5. Histograms of cascade sizes for different values of the control parameter E (weak node density) in perfectly mixed (a) inoculation and (b) complex contagion models of [29]. Dark pixels indicate a high probability. The dashed line shows the largest mode (location of the rightmost peak) which is (a) continuous for the inoculation model (second-order transition), and (b) discontinuous for the complex contagion models (first-order transition). Insets show vertical slices (i.e., cascade size distribution) for E = 0.6 marked with a blue (light-colored) vertical line.

tions. Power laws were fitted to the cascade sizes 10 < S < 1000 for directed percolation and 10 < S < 100 for the BTW sandpile model. Experiments analogous to Fig. 4 confirm that the exponent $\frac{3}{2}$ in Eq. (9) is robust and independent of the degree and connectivity of the random regular and Erdős-Rényi graphs.

Dragon king taxonomy. Self-organized DKs are not restricted to the ASPT mechanism (sets D and E in Fig. 1). For example, the inoculation and complex contagion models described in [29] self-organize around "spreading transitions," where activity dies down in subcritical states, while in supercritical states it consists of a propagating front line [49]. The cascade size distribution becomes bimodal in both models once the control parameter exceeds the critical value. The largest mode (i.e., the location of the rightmost peak in the distribution) has a continuous transition in the inoculation model [Fig. 5(a)], producing second-order DKs that belong to set D of Fig. 1. The same order parameter is discontinuous for the complex contagion model [Fig. 5(b)] producing first-order DKs which belong to set E of Fig. 1 [50]. Set B is strictly larger than D since it contains the inoculation model of [29] and the self-organized branching process [26], which are not in D. Similarly, set $C \setminus E$ contains the complex contagion model of [29]. Set A is also larger than $B \cup C$ since some DK systems do not utilize the SO mechanism [31,51].

Discussion and conclusions. We have shown analytically that DKs can exist in SOC systems. Even for a vanishing driving rate h and dissipation ϵ , the competition between driving impulse ΔE and dissipation ε determines whether a DK peak appears in such systems. Proportionally large driving impulse ΔE can push the system deep into the supercritical phase, thus making it more susceptible to system-wide DK cascades. On the other hand, for proportionally large dissipation, small cascades are sufficient to bring the system back to the critical point, thus eliminating the DK peak from the event size distribution.

The devastating nature of DKs is usually alleviated by their predictability, allowing preparation and planning [14,15,29,43]. The analytic treatment developed in this Letter could be useful for predicting and controlling DKs. The condition in Eq. (8) determines if DKs are to be expected, in which case dissipation should be increased and/or driving impulse should be decreased to avoid them. One can predict the DK probability 1 - p(E) through Eq. (1) based on the global information *E*. Alternatively, one can evaluate the risk that an ongoing cascade will become a DK by monitoring its local features [29,43]. For example, the exponential growth of activity would imply the onset of the self-amplifying mechanism [43] (this does not require global information, but it can only give predictions after the cascade has started).

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APPENDIX: DERIVING EQ. (4)

Here we show the details of computing the expected size of DK events S_{DK} . We start by substituting the expression for p(E) given in Eq. (1) into Eq. (3).

$$S_{\rm DK} = \sum_{j=0}^{\infty} \frac{j\Delta E}{\varepsilon} k(j\Delta E)^{\lambda} \prod_{i=0}^{j-1} (1 - k(i\Delta E)^{\lambda})$$
$$= \sum_{j=0}^{\infty} \frac{k}{\varepsilon} (j\Delta E)^{\lambda+1} \prod_{i=0}^{j-1} (1 - k(i\Delta E)^{\lambda})$$
(A1)

Let us now compute the product term

$$\prod_{i=0}^{j-1} (1 - k(i\Delta E)^{\lambda}) = \exp\left(\sum_{i=0}^{j-1} \ln(1 - k(i\Delta E)^{\lambda})\right)$$
$$\approx \exp\left(-\sum_{i=0}^{j-1} k(i\Delta E)^{\lambda}\right)$$

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$$\approx \exp\left(-k\Delta E^{\lambda} \int_{0}^{j-1} i^{\lambda} di\right)$$
$$= \exp\left(-\frac{k\Delta E^{\lambda}}{\lambda+1} (j-1)^{\lambda+1}\right) \quad (A2)$$

Here in the second equality we use the Taylor expansion in ΔE . Note, that this expansion breaks down for large values *i*, but these terms do not contribute significantly since they correspond to large and unlikely excursions into the supercritical phase. In the third equality we use an approximation of the sum with an integral. For convenience, we define $A = \frac{k\Delta E^{\lambda}}{\lambda+1}$, and substitute our result into Eq. (A1)

$$S_{\rm DK} \approx \sum_{j=0}^{\infty} \frac{k}{\varepsilon} (j\Delta E)^{\lambda+1} e^{-A(j-1)^{\lambda+1}}$$
$$\approx \int_0^{\infty} \frac{k}{\varepsilon} (j\Delta E)^{\lambda+1} e^{-A(j-1)^{\lambda+1}} dj$$
$$= \frac{k}{\varepsilon} \Delta E^{\lambda+1} \int_0^{\infty} j^{\lambda+1} e^{-A(j-1)^{\lambda+1}} dj.$$
(A3)

Since $A \propto \Delta E^{\lambda} \ll 1$, the exponent $e^{-A(j-1)^{\lambda+1}}$ will be significant only for large values of j and thus we can neglect the -1 compared to j.

$$S_{\rm DK} \approx \frac{k}{\varepsilon} \Delta E^{\lambda+1} \int_0^\infty j^{\lambda+1} e^{-Aj^{\lambda+1}} dj$$

= $\frac{k}{\varepsilon} \Delta E^{\lambda+1} \frac{1}{\lambda+1} A^{-\frac{\lambda+2}{\lambda+1}} \int_0^\infty z^{\frac{1}{\lambda+1}} e^{-z} dz$
= $\frac{k}{\varepsilon} \Delta E^{\lambda+1} \frac{1}{\lambda+1} \left(\frac{k\Delta E^{\lambda}}{\lambda+1}\right)^{-\frac{\lambda+2}{\lambda+1}} \Gamma\left(\frac{1}{\lambda+1}+1\right)$
= $\frac{1}{\varepsilon} \left(\frac{\lambda+1}{k} \Delta E\right)^{\frac{1}{1+\lambda}} \Gamma\left(\frac{\lambda+2}{\lambda+1}\right).$ (A4)

In the second line, we changed the integration variable to $z = A j^{\lambda+1}$. The validity of this approximation can be easily verified by comparing its predictions with numerical evaluation of the original expression.

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