

## Islands of chiral solitons in integer-spin Kitaev chains

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An intriguing chiral soliton phase has recently been identified in the  $S = \frac{1}{2}$  Kitaev spin chain. Here we show that for  $S = 1, 2, 3, 4, 5$  an analogous phase can be identified, but contrary to the  $S = \frac{1}{2}$  case the chiral soliton phases appear as islands within the sea of the polarized phase. In fact, a small field applied in a general direction will adiabatically connect the integer spin Kitaev chain to the polarized phase. Only at sizable intermediate fields along symmetry directions does the soliton phase appear centered around the special point  $h_x^* = h_y^* = S$  where two *exact* product ground states can be identified. The large- $S$  limit can be understood from a semiclassical analysis, and variational calculations provide a detailed picture of the  $S = 1$  soliton phase. Under open boundary conditions, the chain has a single soliton in the ground state, which can be excited, leading to a proliferation of in-gap states. In contrast, even length periodic chains exhibit a gap above a twice-degenerate ground state. The presence of solitons leaves a distinct imprint on the low-temperature specific heat.

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## I. INTRODUCTION

Shortly after a microscopic mechanism to realize the exactly solvable  $S = \frac{1}{2}$  Kitaev model defined on the two-dimensional honeycomb lattice [1] was proposed [2], intense research in generalizations of Kitaev's original model started, including other interactions, higher-spin models, and/or external magnetic field. From a materials perspective, Kitaev materials, broadly defined as materials with dominant bond-dependent interactions, possess surprisingly rich and intricate phase diagrams [3–9]. Notably, in the presence of an applied field, Kitaev models lead to a phase diagram not only depending on field strength but also on field direction, with a resulting proliferation of competing phases. Of particular interest are field-induced spin liquid phases, where intriguing results have been suggested in recent experiments on the  $S = \frac{1}{2}$  material  $\alpha$ -RuCl<sub>3</sub> when an in-plane field [10–14] or out-of-plane field [15] is applied. In theoretical studies of  $S = \frac{1}{2}$  antiferromagnetic (AFM) Kitaev honeycomb models, signatures of possible spin liquid phases under a magnetic field have also been reported [16–23]. Near the ferromagnetic (FM) Kitaev regime, a field-induced intermediate phase was found when the magnetic field is at or close to the out-of-plane direction [24–27].

Another focus has been higher spin Kitaev models with  $S > \frac{1}{2}$  [28,29]. Initially an academic problem, a microscopic theory showed that utilizing Hund's coupling in transition metal cations and spin-orbit coupling at anions led to a

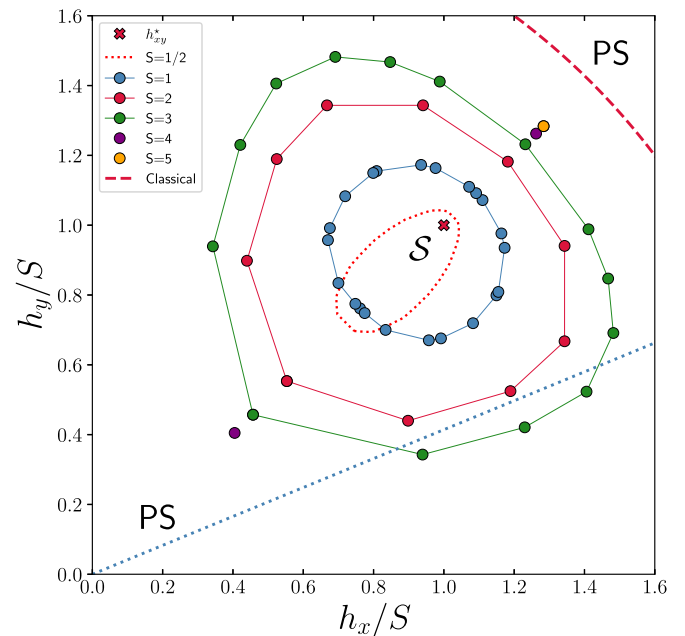


FIG. 1. iDMRG results for the  $S = 1$  (blue), 2 (red), 3 (green), 4 (purple), 5 (orange) Kitaev spin chain. Points indicate peaks in  $\chi_h^e$  or  $\chi_{\phi_{xy}}^e$ . The dashed red line indicate the classical value for the transition to the polarized state, and the dotted red line are results for  $S = \frac{1}{2}$  from Ref. [37]. The red cross indicates  $h_{xy}^* = S\sqrt{2}$  with  $h_x^*/S = h_y^*/S = 1$ . The blue dotted line indicates the path in the  $h_x, h_y$  plane used in Fig. 4.

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higher-spin Kitaev interaction [30]. In particular,  $S = 1$  models [31–35] where the presence of a gapless spin liquid phase for AFM Kitaev model at finite field has been suggested [36]. While these field-induced magnetically disordered phases in  $S = \frac{1}{2}$  and higher- $S$  are fascinating, the precise nature of these phases and the physical mechanisms giving rise to them is still not completely understood. One challenge is associated with the size of the systems that one can access in numerical studies.

To gain insight into the field-induced phases, a different route was recently taken, instead starting with low-dimensional versions of the Kitaev model such as chains and ladders under a magnetic field where highly precise results can be obtained for very large systems or in the thermodynamic limit. While geometrically restricted, interesting chiral phases near AFM Kitaev region in a perpendicular field have been identified [38] in  $S = \frac{1}{2}$  ladder models. An extended soliton phase induced by the field in the  $S = \frac{1}{2}$  Kitaev spin chain was also recently discovered [37].

An early paper by Sen *et al.* [39] showed that spin- $S$  Kitaev chains have an analog of the  $Z_2$  conserved quantities present in Kitaev's honeycomb model and demonstrated that there is a qualitative difference between the integer and half-integer spin due to their different commutation relations. They also showed that the  $S = 1$  chain exhibits a unique ground state with local excitations of the  $Z_2$  conserved quantities, which was later confirmed by numerical studies [40]. It is then natural to ask if the field-induced soliton phase arise in Kitaev spin chains with integer spins, a question we answer in the affirmative here.

The rest of the paper is organized as follows. We define the model Hamiltonian for the Kitaev spin chain and discuss our numerical methods in Sec. II. Before presenting detailed results in Secs. IV–VII we present in Sec. III an overview of our results for the phase diagram in a field and discuss the central mechanism behind the soliton phase at the phenomenological level. The latter can be achieved by largely restricting the discussion to a special field value where exact ground states are known. In Sec. IV we present our iDMRG and DMRG results used for determining the phase diagram, excitation gaps, chiral ordering as well as the soliton mass and size. Section V describes the uniform product states approximating the two ground states within the soliton phase for any  $S$  with periodic boundary conditions. A variational picture based on previous results for the  $S = \frac{1}{2}$  model in Ref. [37] is then developed in Sec. VI, and in Sec. VII we discuss how signatures of the solitons can be detected in the specific heat, in particular for open boundary conditions. Finally, in Sec. VIII we present a discussion of our results and remaining open problems.

## II. MODEL AND NUMERICAL METHODS

The spin- $S$  Kitaev spin chain is described by the Hamiltonian

$$\mathcal{H} = K \sum_j (S_{2j+1}^x S_{2j+2}^x + S_{2j+2}^y S_{2j+3}^y) - \sum_j \mathbf{h} \cdot \mathbf{S}_j, \quad (1)$$

where we set  $g = \hbar = \mu_B = 1$  and consider the AFM model with  $K = 1$  and consider integer  $S$ . Furthermore, we parametrize the field term as  $\mathbf{h} =$

$h(\cos \phi_{xy} \cos \theta_z, \sin \phi_{xy} \cos \theta_z, \sin \theta_z)$  and define  $|\mathbf{h}|$  as the field strength. We use  $N$  to denote the number of sites in the model, and we shall refer to the  $KS^x S^x$  coupling as a  $x$  bond ( $\text{--}$ ) and the  $KS^y S^y$  coupling as a  $y$  bond ( $\text{.}$ ).

In the following we present results for Eq. (1) mainly obtained from finite size density matrix renormalization group [41–46] (DMRG) using both periodic (PBC) and open (OBC) boundary conditions as well as from infinite DMRG [46,47] (iDMRG) techniques. For the iDMRG calculations, we use a unit cell of either 12 or 24 sites. We note that well converged iDMRG results should yield results in the thermodynamic limit free of finite-size effects independent of the size of the unit cell. Typical precision for both DMRG and iDMRG are  $\epsilon < 10^{-11}$  with a bond dimension in excess of 1000. In order to establish the phase diagram, we focus on the following susceptibilities. With  $e_0$  the ground-state energy per spin, we define the energy susceptibilities

$$\chi_h^e = -\frac{\partial^2 e_0}{\partial h^2}, \quad \chi_{\phi_{xy}}^e = -\frac{\partial^2 e_0}{\partial \phi_{xy}^2}, \quad \chi_{\theta_z}^e = -\frac{\partial^2 e_0}{\partial \theta_z^2} \quad (2)$$

where  $h$  is the field strength and  $\phi_{xy}$  and  $\theta_z$  the field angles. Here,  $\chi_h^e$  is effectively a magnetic susceptibility. At a quantum critical point (QCP) it is known [48] that, for a finite system of size  $N$ , the energy susceptibility diverges as

$$\chi^e \sim N^{2/\nu - (d+z)}. \quad (3)$$

Here  $\nu$  and  $z$  are the correlation and dynamical critical exponents and  $d$  is the dimension. We see that  $\chi^e$  only diverges at the phase transition if the critical exponent  $\nu$  is smaller than  $2/(d+z)$ . In the present case  $d = 1$  and we assume  $z = 1$ , so  $\nu < 1$  if a divergence is observed.

In Sec. VII we present thermodynamic results for the specific heat as a function of temperature. The results are obtained using purification [49–55] where the density matrix  $\rho$  acting on a physical Hilbert space  $\mathcal{H}^P$  is represented as a pure state  $|\psi\rangle$  in an enlarged space  $\mathcal{H}^P \otimes \mathcal{H}^A$ ,

$$\rho = \text{Tr}_A |\psi\rangle\langle\psi|, \quad (4)$$

where the ancillary space  $\mathcal{H}^A$  can be taken to be identical to  $\mathcal{H}^P$ . This gives the thermofield double purification [56,57] (TFD)

$$|\psi_\beta\rangle = \frac{1}{\sqrt{Z}} \sum_n e^{-\beta E_n/2} |n\rangle_P |n\rangle_A, \quad (5)$$

where  $|n\rangle$  are the eigenvectors and  $E_n$  the eigenvalues of  $\mathcal{H}$  and thermal expectation values of an operator  $\mathcal{O}$  can be obtained from  $\langle\psi_\beta|\mathcal{O}|\psi_\beta\rangle$ . The TFD can be obtained by using imaginary-time evolution  $|\psi_\beta\rangle \sim e^{-\beta\mathcal{H}/2}|\psi_0\rangle$  starting from a state  $|\psi_0\rangle = \prod_i \frac{1}{\sqrt{d}} \sum_{\sigma_i} |\sigma_i\rangle_P |\sigma_i\rangle_A$ , where  $\sigma_i$  runs over the local Hilbert space of dimension  $d$ . On a given site, the physical and ancillary degrees of freedom are then maximally entangled in the state  $|\psi_0\rangle$ . For the calculations presented in Sec. VII imaginary time evolution with a time step of 0.001 is used.

## III. PHASE DIAGRAM AND PHENOMENOLOGY

In the absence of a field, the  $S > \frac{1}{2}$  Kitaev chain was considered in Ref. [39] and the  $S = 1$  model in zero field has

been the subject of several studies [40,58–60]; however, to our knowledge the phase diagram in the presence of a magnetic field has not previously been investigated, likely since it has been assumed that the model would transition to the polarized phase without any intervening nontrivial phases as has been shown to be the case for the  $S = \frac{1}{2}$  chain in a transverse magnetic field [61]. However, it turns out that if more general field directions are considered a highly nontrivial soliton phase can be identified in the  $S = \frac{1}{2}$  chain [37], appearing along the field directions  $\phi_{xy} = \frac{\pi}{4} + n\frac{\pi}{2}$ .

As we show in Secs. III A and IV A, for integer  $S$ , the soliton phase appears as an unusual *reentrant* island rising out of the sea of the polarized state (PS). If the magnetic field already has forced the chain to enter the polarized phase, the appearance of a nontrivial soliton phase as the magnetic field is further increased may at first sight seem counterintuitive. However, at the unique field strength  $h_{xy}^*$  we identify two *exact* ground states for any  $S$  with periodic boundary conditions (PBC), which allows us to develop variational arguments showing that such a soliton phase indeed must exist in the vicinity of  $h_{xy}^*$ . Furthermore, the existence of such a soliton phase appears to rely on the presence of a gap for periodic boundary conditions, while open boundary conditions should give rise to numerous in-gap states. We mainly focus on the integer spin case since the low-field physics of the half integer spin chains is subtly different [37] but we expect many of our results, in particular the existence of the soliton phase, to be valid for any  $S$ .

Our main results for the phase diagram of the integer spin Kitaev chain, Eq. (1), are summarized in Fig. 1 where the soliton phase is shown in the first  $h_x, h_y$  quadrant for  $S = 1, 2, 3, 4$ , and 5. By symmetry, a similar phase diagram applies to the other three quadrants in the  $h_x, h_y$  plane with  $\phi_{xy} = \frac{\pi}{4} + n\frac{\pi}{2}$ . As discussed in Sec. V, in the classical limit we expect solitons to be present for any  $h_{xy}/K < 2S$  along the line  $h_x = h_y$ , and the fact that the size of the soliton phase is growing with  $S$  is consistent with this. On the other hand, it is clear that the soliton phase shrinks as  $S$  is decreased. Surprisingly, as was shown in [37], it survives in the  $S = \frac{1}{2}$  limit as indicated in Fig. 1 by the dotted red line.

Solitons in spin chains have been studied from the late seventies starting with the work of Mikeska [62,63] and Fogedby [64,65] and several reviews and monographs are now available [66–69]. At the same time, solitons in conducting polymers have been investigated [70]. Initially, classical ferromagnetic (FM) models with an easy-axis Ising symmetry were considered, where two equivalent ground states can be identified. It is then straightforward to see that domain walls can be formed between the ground states, which should be regarded as topological solitons linking distinguishable ground states [69] as opposed to hydrodynamic or nontopological solitons that cannot exist at rest [69]. In the continuum approximation, the sine-Gordon model is then applicable, leading to the well-known kink solutions describing the domain walls. Experiments on the 1D easy-plane ferromagnetic chain system  $\text{CsNiF}_3$  [71] confirmed the presence of solitons and subsequent studies of 1D antiferromagnetic materials TMMC [72,73],  $\text{CsCoBr}_3$  [74,75], and  $\text{CsMnBr}_3$  [76–78] also validated the existence of soliton excitations. Domain walls between degenerate ground states in dimerized spin chains,

such as the  $S = \frac{1}{2}$ ,  $J_1$ - $J_2$  model, have also been viewed as solitons [79–84] and observed experimentally in  $\text{BiCu}_2\text{PO}_6$  above a critical field [85] as well as in  $\text{CuGeO}_3$  [86]. However, in all cases one associates a *positive* mass,  $\Delta_s > 0$ , with the soliton, which appear as an *excitation* above the ground state and never as the unique ground state as we find here. One might argue against this on the grounds that for  $N$  odd a single soliton is always present in the dimerized chains; however, the energy is still higher than the comparable even  $N$  system indicating a positive mass of the soliton.

Before turning to a detailed presentation of our results in Secs. IV, V, VI, and VII it is useful to give a largely phenomenological overview of the central mechanism and physics behind the soliton phase, which we do in the following.

### A. Phenomenological description of the soliton phase

At the phenomenological level, we may understand the appearance of the soliton phase along the  $h_x = h_y$  field direction in the following way. At high fields, all the spins align with the field, and we are in the polarized state (PS). Since the spins on all the bonds are aligned in a parallel manner, there is a large energy cost arising from the Ising Kitaev terms on each bond that has to be overcome to sustain the polarized state. As the field is lowered the Zeeman term is not enough to overcome this energy cost, instead the chain enters one of the following two product states:

$$|XY\rangle = |xyxy\dots\rangle, \quad |YX\rangle = |yxxy\dots\rangle. \quad (6)$$

Here  $|x\rangle$  and  $|y\rangle$  refer to eigenstates of  $S^x$  and  $S^y$  and  $|XY\rangle$  is shorthand for the state with  $|x\rangle$  on odd sites and  $|y\rangle$  on even sites. These two degenerate states are selected because the contribution to the energy from the Kitaev terms is identically zero. On the other hand, the spins are still partially aligned with the field, so the Zeeman term lowers the energy. Crucially, as we discuss further in Sec. V, the  $|XY\rangle$  and  $|YX\rangle$  states are *exact ground states* for the chain at a field  $h_x^* = h_y^* = KS$  and consequently  $h_{xy}^* = SK\sqrt{2}$  for *any*  $S$  under periodic boundary conditions (PBC) with energy  $-NKS^2$  as long as  $N$  is even as dictated by the two site unit cell. This follows from the fact that at  $h_{xy}^*$  the Hamiltonian, Eq.(1), can be written in the following form:

$$\begin{aligned} \mathcal{H} &= \mathcal{H}_p - NKS^2, \\ \mathcal{H}_p &= K \sum_j [(S - S_{2j+1}^x)(S - S_{2j+2}^x) \\ &\quad + (S - S_{2j+2}^y)(S - S_{2j+3}^y)]. \end{aligned} \quad (7)$$

From the form of Eq. (7), it is clear that  $|XY\rangle$  and  $|YX\rangle$  are the only eigenstates of  $\mathcal{H}_p$  with an eigenvalue of zero. Furthermore,  $\mathcal{H}_p$  is positive semidefinite proving that  $|XY\rangle$  and  $|YX\rangle$  are ground states. The field value  $h_{xy}^*$  is indicated as a green dotted line in Figs. 2, 6, 7 and 9. At other field strengths  $h_{xy} \neq h_{xy}^*$ , within the soliton phase, the twofold degeneracy of the ground state remain exact even for finite  $N$  but the degenerate states are now distorted from the simple  $|XY\rangle$  and  $|YX\rangle$  forms.

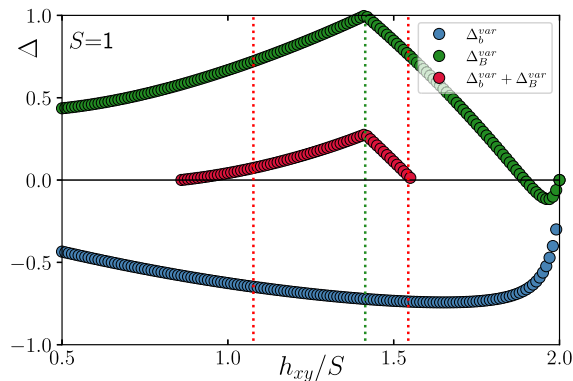


FIG. 2. Variational estimates with OBC,  $N = 100$  and  $S = 1$  of the soliton mass  $\Delta_b$  and antisoliton mass  $\Delta_B$  as a function of field  $h_{xy}$  shown with the resulting estimate of the spin gap,  $\Delta_b + \Delta_B$ . Only for a finite range of fields is the spin gap positive and the soliton phase stable. The dotted red lines are the critical fields  $h_{xy}^{cl}$  and  $h_{xy}^{c*}$  obtained from iDMRG, the green dotted line is  $h_{xy}^*$ .

### 1. Open boundary conditions, soliton mass $\Delta_b$

Let us now consider the case of open boundary conditions (OBC) where the first bond is a  $x$  bond ( $\ominus$ ). We want to see if there are other simple product states with even lower energy than the  $|XY\rangle$  and  $|YX\rangle$  states that can be considered with OBC. To that end, we consider states of the form

$$|\psi_b(i)\rangle = |YX \dots \nearrow_i \dots XY\rangle, \quad (8)$$

transitioning from  $|y\rangle$  on odd and  $|x\rangle$  on even sites to the opposite pattern at site  $i$  where the spin is aligned with the field, thereby maximizing the Zeeman term at that site. We then need to consider what happens to the Kitaev terms neighboring the  $\nearrow$  defect. There are two possibilities,

$$|\psi_b(i)\rangle = |y\ominus x\ominus \overbrace{y\ominus \nearrow_i \dots x\ominus} \ominus y\ominus x\ominus y\ominus x\ominus y\ominus\rangle, \quad (9)$$

and

$$|\psi_b(i)\rangle = |y\ominus x\ominus y\ominus \overbrace{x\ominus \nearrow_i \ominus y\ominus} \ominus x\ominus y\ominus x\ominus y\ominus\rangle, \quad (10)$$

we immediately see that due to the highly bond dependent interaction and the fact that the chain starts with a  $x$  bond ( $\ominus$ ), the energy cost of the two bonds neighboring the defect continue to be zero, since the  $\nearrow_i \dots x$  occurs on a  $y$  bond with  $S^y$  acting on  $|x\rangle$  yielding zero and the  $y\ominus \nearrow_i$  on a  $x$  bond with  $S^x$  acting on  $|y\rangle$ . The  $\psi_b$  state therefore lowers the energy with respect to the  $|YX\rangle$  state without incurring an energy penalty. We emphasize that this effect applies equally well to odd and even  $N$ . A state such as  $\psi_b$ , transitioning between two ground states, is a typical example of a topological soliton linking distinguishable ground states [68,69,87]. One may consider other forms than the states Eq. (9) and Eq. (10) for the transition between the two ground states, and in Ref. [37] we considered conceptually simpler bond defects, which are convenient for  $S = 1/2$ . However, since all such states are nonorthogonal, this only leads to minor differences in the final results.

Having successfully found a low-energy product state with a single defect, it is natural to consider two defects. However, if the defects are on neighboring sites,  $\nearrow_i \nearrow_{i+1}$ , it is clear

that a large energy cost is associated with the  $[i, i + 1]$  bond since the spins are aligned across an antiferromagnetic bond. A second defect therefore needs to be separate from the first, creating a transition back to the  $YX$  pattern. In order to gain intuition about such a transition, let us consider “antidefect” states of the form,

$$|B\rangle = |XY \dots \nearrow_i \dots YX\rangle, \quad (11)$$

transitioning from  $|x\rangle$  on odd and  $|y\rangle$  on even sites to the opposite pattern at site  $i$  where the spin is aligned with the field. As before, such a state lowers the energy by aligning the spin with the field at site  $i$ . However, something rather extraordinary happens when we consider the bond dependent Kitaev terms neighboring this antidefect. They can take one of the two generic forms

$$|\psi_B(i)\rangle = |x\ominus y\ominus \overbrace{x\ominus \nearrow_i \dots y\ominus} \ominus x\ominus y\ominus x\ominus y\ominus x\ominus\rangle, \quad (12)$$

and

$$|\psi_B(i)\rangle = |x\ominus y\ominus x\ominus \overbrace{y\ominus \nearrow_i \ominus x\ominus} \ominus y\ominus x\ominus y\ominus x\ominus\rangle, \quad (13)$$

in this case transitioning from the  $XY$  to the  $YX$  pattern at bond  $i$ . However, in this case the antidefect incurs a high energy penalty from the Kitaev terms since the  $y\ominus \nearrow_i$  now occurs on a  $y$  bond and the  $\nearrow_i \ominus x'$  on a  $x$  bond. Remarkably, we see that if the chain starts with a  $x$  bond, there is no way to introduce an antidefect from  $|YX\rangle$  to  $|XY\rangle$  without incurring a large energy penalty. On the other hand, a single defect from  $|YX\rangle$  to  $|XY\rangle$  clearly lowers the energy. It follows that in the ground state with OBC a single soliton is present and the presence of several spatially separated solitons is energetically prohibited. However, as we discuss in Sec. VI excited states of a single soliton exists leading to a proliferation of low-lying excitations.

We note that, starting the chain with a  $y$  bond ( $\ominus$ ) with a defect, transitioning from the  $|XY\rangle$  to the  $|YX\rangle$  pattern merely interchanges the roles of  $\psi_b$  and  $\psi_B$ . Furthermore, the  $\psi_b$  and  $\psi_B$  states are not eigenstates of the Hamiltonian but, considering all possible states of the form,  $|\psi_b(i)\rangle$  leads to a good description of the low-energy subspace for OBC. In Sec. VI we discuss variational calculations within such a subspace, and for clarity we reserve the name “soliton” for linear combinations of the states  $\Psi_b = \sum a_i |\psi_b(i)\rangle$ . For OBC, within such a variational subspace, we can then determine by how much the presence of the soliton lowers the energy with respect to the  $|YX\rangle$  state, which we define as the soliton mass  $\Delta_b$ . From the above, we expect that within the soliton phase,

$$\Delta_b < 0, \quad (14)$$

otherwise the ground state would not be a single soliton state. On the other hand, the  $|\psi_B(i)\rangle$  are high energy states that in isolation presumably are of little relevance. However, it is still very useful to consider linear combinations  $\Psi_B = \sum c_i |\psi_B(i)\rangle$  thereby estimating the energy cost of an antisoliton. In an analogous manner we can then define the antisoliton mass  $\Delta_B$  and, within the soliton phase, we expect  $\Delta_B > 0$ , reflecting the energy cost associated with the antisoliton. Even though a state such as  $\Psi_B$  is not expected to be close to an eigenstate,  $\Delta_B$  should still be a good estimate of the energy cost

of an antisoliton and soliton antisoliton  $bB$  states could be of low-energy and therefore relevant for periodic boundary conditions, which we discuss next.

## 2. Periodic boundary conditions—Spin gap

If we now consider periodic boundary conditions (PBC) it is clear that excitations out of the  $|XY\rangle, |YX\rangle$  states must involve both a defect and antidefect, which we refer to as  $bB$  states. Another remarkable feature of the soliton phase in the Kitaev chain is that there is no symmetry relation between the defect and antidefect. In other systems where related physics can be observed such as the dimerized phase of the  $S = \frac{1}{2}$ ,  $J_1$ - $J_2$  model, where  $S = \frac{1}{2}$  domain walls between degenerate ground states have been viewed as solitons [79–84], the soliton and antisoliton are effectively indistinguishable and both raise the energy and both carry a spin of  $S = \frac{1}{2}$ . Here, the opposite is true, the defect and antidefect are clearly distinguishable with the defect lowering the energy while the antidefect raises the energy ( $\Delta_b < 0, \Delta_B > 0$ ). The defect and antidefect are also not eigenstates of the spin operators and a definite spin cannot be associated, and we cannot ascribe the presence of the soliton to an unpaired spin. Furthermore, it turns out that the antidefect raises the energy more than the defect lowers it. If we now imagine a defect and antidefect well enough separated in a periodic system that their interaction can be neglected, this asymmetry in the energy cost then leads to a spin-gap above the two degenerate ground states. Even though the antidefect is rather costly, the combination of the defect and antidefect has a much smaller energy cost, creating a modest spin-gap. Not surprisingly, the maximum of the spin-gap appears to coincide with  $h_{xy}^*$  where the  $|XY\rangle$  and  $|YX\rangle$  product states are exact ground states. In fact, it is clear that we must have

$$\Delta_b + \Delta_B > 0, \quad (15)$$

within the soliton phase, and we can take  $\Delta_b + \Delta_B$  to be a first approximation to the spin gap for PBC. Consider the opposite to be true, in that case for OBC a state with  $bBb$  would have lower energy than  $b$ , and  $bBbBb$  even lower energy, leading to a contradiction. Eq (15) may therefore be seen as providing an estimate of the extent of the soliton phase.

## 3. Critical fields, $h_{xy}^1, h_{xy}^2$

As we shall discuss further in Sec. VI, for fields  $h_{xy} \neq h_{xy}^*$  the states  $|XY\rangle$  and  $|YX\rangle$  that form degenerate ground states at  $h_{xy}^*$  cease to be exact ground states, although the ground state in the soliton phase is always twofold degenerate. Instead, an approximation to the ground states can be found by considering the closely related product states of the form

$$|X'Y'\rangle = |x'y'x'y' \dots\rangle, \quad |Y'X'\rangle = |y'x'y'x' \dots\rangle. \quad (16)$$

where the states  $|x'\rangle$  and  $|y'\rangle$  are not orthogonal but instead at an angle exceeding 90 degrees by a small amount  $\delta$  in either direction, justifying the  $|x'\rangle, |y'\rangle$  notation. For such states the spins are partly aligned with the field and the Zeeman term can still lower the energy considerably; however, as long as  $h_{xy} < h_{xy}^*$  an additional lowering of the energy can be obtained from the Kitaev term if  $\delta > 0$ . If we consider a small  $\delta > 0$  then to linear order, each Kitaev term then lowers the en-

ergy by  $-KS^2\delta$  while the average Zeeman term will change to  $-Sh_{xy}(1-\delta)/\sqrt{2}$  increasing the energy by  $+Sh_{xy}\delta/\sqrt{2}$ . Hence, if  $h_{xy} < h_{xy}^*$ , a nonzero  $\delta > 0$  can lower the energy justifying the notation  $|x'\rangle$  and  $|y'\rangle$ . For  $h_{xy} > h_{xy}^*$ ,  $\delta$  changes sign and the angle between  $|x'\rangle, |y'\rangle$  is smaller than 90 degrees quickly approaching the PS state, which is reached when  $\delta = -\pi/4$ . We note that, for small  $\delta$ , the states  $|X'Y'\rangle$  and  $|Y'X'\rangle$  are still degenerate and linearly independent but no longer orthogonal.

The presence of a nonzero  $\delta$  implies that the soliton mass  $\Delta_b$  and antisoliton mass  $\Delta_B$  vary with  $h_{xy}$ , as does the energy of the states  $|Y'X'\rangle$  and  $|X'Y'\rangle$  with respect to which they are defined. As we discuss further in Sec. VI it is possible to perform variational calculations to determine the optimal  $\Psi_b$  and  $\Psi_B$  as a function of  $h_{xy}$  thereby obtaining variational estimates for the masses  $\Delta_b^{\text{var}}$  and  $\Delta_B^{\text{var}}$  versus  $h_{xy}$ . Such estimates should be relatively precise, close to  $h_{xy}^*$  progressively failing as the field is tuned away from  $h_{xy}^*$ . If we use Eq. (15) to define the soliton phase we can then use  $\Delta_b^{\text{var}} + \Delta_B^{\text{var}} > 0$  to estimate the extent of the soliton phase. Our variational results (see Sec. VI) for  $\Delta_b^{\text{var}}$  and  $\Delta_B^{\text{var}}$  are shown in Fig. 2 for  $S = 1$  as a function of  $h_{xy}$  along with their sum. Crucially, there is only a finite range around  $h_{xy}^*$  where  $\Delta_b^{\text{var}} + \Delta_B^{\text{var}} > 0$  and the soliton phase is stable, indicating a lower  $h_{xy}^{c1}$  and upper  $h_{xy}^{c2}$  critical field. The critical fields can also be determined very precisely from iDMRG calculations, which are indicated as the dotted red lines in Fig. 2. The variational estimate for  $h_{xy}^{c2}$  is in surprisingly good agreement with the iDMRG result, while the variational estimate of  $h_{xy}^{c1}$  is significantly worse. As we discuss in Sec. IV, the agreement of the variational estimates with precise DMRG results for  $\Delta_b$  progressively worsens as the field is tuned away from  $h_{xy}^*$ . Nevertheless, the fact that the simple variational calculations predict the existence of a nonzero lower critical field,  $h_{xy}^{c1}$ , is highly nontrivial and consistent with the fact that the soliton phase appears as an island in the polarized sea (the PS state).

## B. The Kitaev chain at $\mathbf{h} = 0$

The Kitaev chain in zero field has a number of invariants similar to the plaquette operators defined for the Honeycomb model [1]. As shown in Ref. [39], if site operators

$$\mathcal{R}_l^x = e^{i\pi S_l^x} \quad \mathcal{R}_l^y = e^{i\pi S_l^y} \quad (17)$$

are defined, then, with  $x$  bond ( $y$  bond) couplings in  $\mathcal{H}$ , Eq. (1), between  $[l, l+1]$  with  $l$  odd(even), bond-parity operators  $W_l$  can be defined on odd and even bonds [59]

$$W_{2l-1} = \mathcal{R}_{2l-1}^y \mathcal{R}_{2l}^y, \quad W_{2l} = \mathcal{R}_{2l}^x \mathcal{R}_{2l+1}^x \quad (18)$$

that commutes with the Hamiltonian,  $[W_l, \mathcal{H}] = 0$ , and for integer  $S$ , amongst themselves  $[W_l, W_k] = 0$ . The  $W_l$  are therefore invariants and it can be shown that the ground state lies in the sector with all  $\langle W_l \rangle = 1$  and for PBC it is nondegenerate. For half-integer  $S$ ,  $W_l$  anticommutes with,  $W_{l\pm 1}$  making the physics of the half-integer spin Kitaev chain distinct from the case of integer  $S$  that we consider here.

In materials other interactions than the Kitaev interactions will be present and the  $S = 1$  Kitaev chain has been studied in the presence of an additional Heisenberg coupling  $J$  [59,60], a  $\Gamma$  term [40], and also in the presence of anisotropy [58,88].

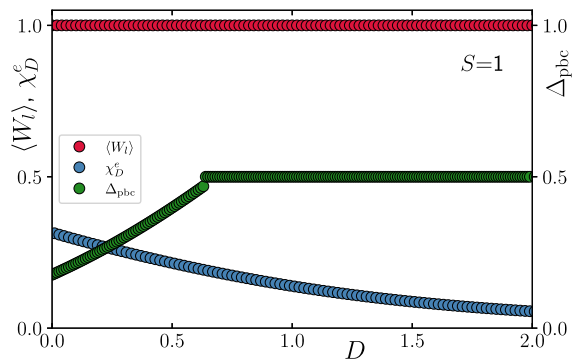


FIG. 3. iDMRG results for the bond-parity operator  $\langle W_l \rangle$  and susceptibility  $\chi_D^e$  as a function of  $D$  for the  $S=1$  Hamiltonian  $\mathcal{H}_D$ , Eq. (22). Results are shown alongside finite DMRG results with PBC for the spin gap  $\Delta_{\text{pbc}}$  for  $N=60$ . A smooth evolution with  $h_{xy}$  is evident and no transition is observed.

However, it is important to consider in detail the nature of the zero-field ground state of the isotropic  $S=1$  chain with  $J=\Gamma=0$ . In Refs. [59,60] the ground state at  $\mathbf{h}=0$  was described as a quantum spin liquid; however, in Ref. [40] it was noted that the entanglement spectrum is not doubled and concluded it is not a symmetry protected topological (SPT) state [89–91]. Following Ref. [92] we have therefore investigated the projective representations,  $U$  that can be obtained from the mixed transfer matrices in iDMRG. In general, if the site symmetries  $\mathcal{R}^x$  and  $\mathcal{R}^y$  are respected their representations can differ by a phase that must be  $\pm 1$ ,

$$U(\mathcal{R}^x)U(\mathcal{R}^y) = \pm U(\mathcal{R}^y)U(\mathcal{R}^x). \quad (19)$$

It is then convenient to isolate the phase factor by defining [92]

$$\mathcal{O}_{Z_2 \times Z_2} \equiv \frac{1}{\chi} \text{Tr}(U(\mathcal{R}^x)U(\mathcal{R}^y)U^\dagger(\mathcal{R}^x)U^\dagger(\mathcal{R}^y)), \quad (20)$$

with  $\chi$  the bond dimension. For the  $S=1$  Kitaev chain at  $\mathbf{h}=0$  we find  $\mathcal{O}_{Z_2 \times Z_2} = 1$ . Similarly, under time reversal one finds that at  $\mathbf{h}=0$ ,

$$\mathcal{O}_{\text{TR}} \equiv \frac{1}{\chi} \text{Tr}(U_{\text{TR}} U_{\text{TR}}^*) = 1, \quad (21)$$

with  $\star$  denoting complex conjugation and  $\chi$  the bond dimension. Finally, if inversion is considered, one again finds that the trivial phase factor  $\mathcal{O}_{\mathcal{I}} = 1$ . This is in contrast to the Haldane phase of the  $S=1$  spin chain where it is known that  $\mathcal{O}_{Z_2 \times Z_2} = -1$ ,  $\mathcal{O}_{\text{TR}} = -1$  in addition to a nontrivial phase factor of  $\mathcal{O}_{\mathcal{I}} = -1$  when considering inversion [93,94]. For  $S=1$  we can illustrate the trivial nature of the ground state of the Kitaev chain at  $\mathbf{h}=0$  by adding an uniaxial crystal field term,  $D$  of the form  $D \sum_j (S_j^z)^2$  to the  $\mathbf{h}=0$  Hamiltonian to obtain

$$\mathcal{H}_D = K \sum_j (S_{2j+1}^x S_{2j+2}^x + S_{2j+2}^y S_{2j+3}^y) + D \sum_j (S_j^z)^2. \quad (22)$$

Note that the  $D$  term preserves the symmetries present at  $\mathbf{h}=0$  in Eq. (1). In the  $D \rightarrow \infty$  limit, the ground state of Eq. (22) is the trivial product-state  $|0\rangle|0\rangle|0\rangle \dots$ . We can now study the evolution of  $\mathcal{H}_D$  as  $D$  is increased from zero. In Fig. 3 we

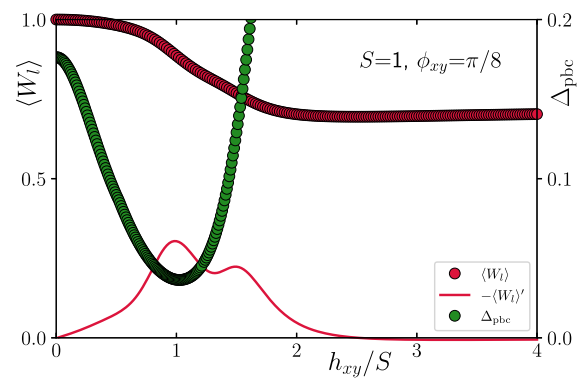


FIG. 4. iDMRG results with  $S=1$  for the bond-parity operator  $\langle W_l \rangle$  and its derivative  $\langle W_l \rangle'$  as a function of  $h_{xy}/S$  at an angle  $\phi_{xy} = \pi/8$  in the  $h_x, h_y$  plane shown alongside finite DMRG results with PBC for the spin gap  $\Delta_{\text{pbc}}$  for  $N=60$ . A smooth evolution with  $h_{xy}$  is evident and no transition is observed.

show iDMRG results for  $\langle W_l \rangle$ , which remain a constant  $\langle W_l \rangle = 1$  for any  $D$ . The gap  $\Delta_{\text{pbc}}$  increases with  $D$  and never approaches zero, likewise, the energy susceptibility  $\chi_D^e$  quickly goes monotonically to zero. The evolution is smooth, and no transition is observed, consistent with the trivial nature of the ground state at  $\mathbf{h}=0$ . Without breaking the symmetry, we have connected the two states. This defines what is sometimes called a symmetry protected trivial phase [95,96] (SPT) or alternatively a trivial SPT phase [97].

It is known that any SPT phase can be connected to the same trivial product state if we break the symmetry [51,89,90,98]. In our determination of the phase diagram in Sec. IV A this turns out to be an important point since, as already shown in Fig. 1, the soliton phases appear as isolated islands within the polarized state implying that a path can be found between the  $\mathbf{h}=0$  and  $h_{xy} = \infty$  ground states without an intervening phase transition. We note that, in contrast to the  $D$  term discussed above, the introduction of a field term at a general angle will break most symmetries present in the Hamiltonian, Eq. (1). For  $S=1$  we can demonstrate the absence of a transition by calculating  $\langle W_l \rangle$  and  $\Delta_{\text{pbc}}$  as a function of  $h_{xy}$ , which should interpolate smoothly between  $\mathbf{h}=0$  and the large-field limit where the simple product state associated with complete field polarization is the ground state. iDMRG results for such a calculation are shown in Fig. 4 where  $\langle W_l \rangle$  is graphed versus  $h_{xy}/S$  along with finite DMRG results for the spin gap  $\Delta_{\text{pbc}}$  for  $N=60$ . The calculations are done at a fixed angle  $\phi_{xy} = \pi/8$  shown as the dotted blue line in Fig. 1, that does not intersect with the soliton phase for  $S=1$ . As is clear from the results in Fig. 4 the evolution is smooth, and no transition is observed, although some structure in  $\langle W_l \rangle'$  can be observed in the proximity of the soliton phase where  $\Delta_{\text{pbc}}$  also has a minimum. In summary, for  $S=1$  we therefore conclude that the  $\mathbf{h}=0$  phase is a symmetry protected trivial (SPT) phase. Once the field is applied in a general direction, the symmetry is broken, and there is no distinction between the SPT and polarized states. However, along the unique directions  $h_x = \pm h_y$ , a transition to the soliton phase is possible since the chain is still protected by the combined symmetry operation of a rotation on each site by  $\pi$  around the field direction,

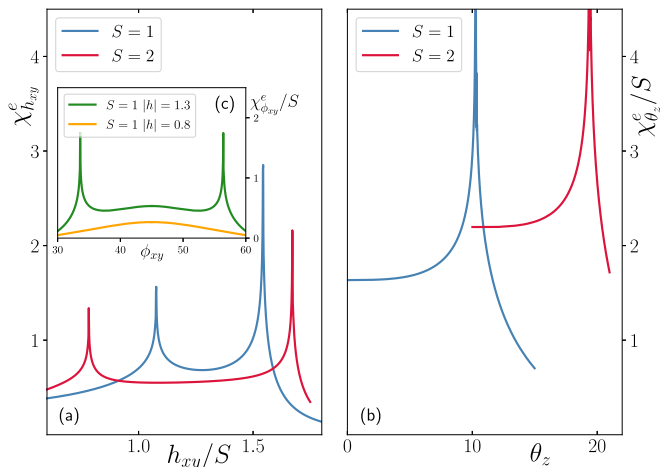


FIG. 5. (a) iDMRG results for  $\chi_{h_{xy}}^e$  vs the field strength  $h_{xy}/S$  for the  $S = 1$  and  $S = 2$  Kitaev spin chains, showing the positions of the critical fields  $h_{xy}^{c1}$  and  $h_{xy}^{c2}$ . (b) iDMRG results for the  $S = 1$  and  $S = 2$  Kitaev spin chains, showing  $\chi_{\theta_z}^e/S$  vs the field angle  $\theta_z$  for field strengths of  $|h|/K = 1.3$  ( $S = 1$ ) and  $2.6$  ( $S = 2$ ). (c) iDMRG results for the  $S = 1$  Kitaev spin chain for  $\chi_{\phi_{xy}}^e$  vs the field angle  $\phi_{xy}$  for field strengths of  $|h|/K = 0.8$  and  $1.3$ . Note the absence of transitions for  $|h|/K = 0.8$

$\mathcal{R}^{xy} = \exp(i\pi(S^x + S^y)/\sqrt{2})$ , followed by a translation by one lattice spacing  $T$ . We expect this to hold for all integer  $S$  but the half-integer case is distinct, as discussed in [37] for  $S = \frac{1}{2}$ , since the  $\mathcal{R}^{xy} \otimes T$  symmetry protection allow for a critical line to be present along the  $h_x = \pm h_y$  symmetry directions, connecting the soliton phase to  $\mathbf{h} = 0$ .

## IV. DMRG AND iDMRG RESULTS

### A. Phase diagram

Our results for the phase diagram for  $S = 1$ ,  $S = 2$ ,  $S = 3$ , and to a lesser extent also for  $S = 4, 5$  are summarized in Fig. 1 where the extent of the soliton phase in the  $h_x, h_y$  plane is shown as obtained from iDMRG results for  $\chi_h^e$  and  $\chi_{\phi_{xy}}^e$ . Remarkably, the soliton phase appears as an *island* in the polarized sea since the PS state completely surrounds the soliton phase, as we have discussed above. For  $S = 1$  this is illustrated in Fig. 5(c) where  $\chi_{\phi_{xy}}^e$  is shown for the field values  $h_{xy}/K = 0.8$  and  $1.3$ . As the field angle  $\phi_{xy}$  is varied, clear transitions are visible for  $h_{xy}/K = 1.3$ , but completely absent for  $h_{xy}/K = 0.8$ . If instead the field strength,  $h_{xy}$  is varied at a field angle of  $\phi_{xy} = \pi/4$  then two very well-defined transitions are clearly visible in Fig. 5(a) for both  $S = 1$  and  $S = 2$ . The peak positions are what is plotted in Fig. 1. We have extensively search for a phase transition distinguishing the low-field phase ( $h_{xy} < h_{xy}^{c1}$ ) from the PS state using different techniques and different paths through the phase diagram, but it appears adiabatically connected to the PS phase as explicitly shown in Sec. III B. This is likely unique to the integer spin models, since for  $S = 1/2$  results indicate the presence of a critical line [37] for  $h_{xy} < h_{xy}^{c1}$ .

The soliton phase is not only restricted to the  $h_x, h_y$  plane, but extends to nonzero  $\theta_z$ . This is demonstrated in Fig. 5(b) where iDMRG results for  $\chi_{\theta_z}^e$  versus  $\theta_z$  are shown at the

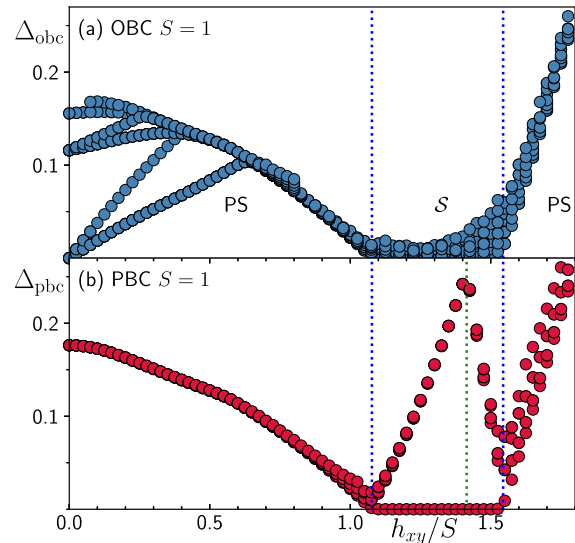


FIG. 6. DMRG results for the first few excited states as a function of field,  $h_{xy}$  at  $\phi_{xy} = 45^\circ$  and  $\theta_z = 0$  for the  $S = 1$  Kitaev spin chain. The critical fields delineating the soliton phase are indicated by the dotted blue lines. (a) Results for OBC with  $N = 100$ . At  $h_{xy} = 0$  the ground state is fourfold degenerate. Note the proliferation of low-lying states in the soliton phase, marked by “S”. (b) Results for PBC with  $N = 60$ . Note, the twofold degenerate ground state in the soliton phase. The green dotted line indicates  $h_{xy}^* = SK\sqrt{2}$ .

fixed field values of  $h_{xy}/K = 1.3$  and  $h_{xy}/K = 2.6$  for  $S = 1$  and  $S = 2$  respectively. Clear transitions are observed at the critical angles  $\theta_z = 10.27^\circ$  ( $S = 1$ ) and  $19.41^\circ$  ( $S = 2$ ).

### B. Energy gaps

We next turn to a discussion of the energy spectrum at fixed field angles  $\theta_z = 0$ ,  $\phi_{xy} = \pi/4$  as a function of field strength  $h_{xy}$  and for brevity we only discuss the  $S = 1$  chain. Due to the rapid growth of the size of the Hilbert space with  $N$ , it is convenient to use finite size DMRG calculations to determine the ground- ( $E_0$ ) and excited- ( $E_n$ ) state energies and study the gaps ( $\Delta_n = E_n - E_0$ ) in the spectrum. Our results are shown in Fig. 6.

We first focus on PBC, where our results are shown in Fig. 6(b). We exclusively consider  $N$  even dictated by the two-site unit cell. The ground state at  $h_{xy} = 0$  is nondegenerate below a sizable gap,  $\Delta_{\text{pbc}}(h_{xy} = 0) = 0.1763K$  in agreement with previous results [59]. The first excited state at  $h_{xy} = 0$  is known to be  $N$ -fold degenerate [39,59]. At  $h_{xy}^{c1} = 1.077K$  the gap closes, and the soliton phase is entered. Within the soliton phase for  $h_{xy}^{c1} < h_{xy} < h_{xy}^{c2} = 1.544K$  the ground state is exactly twofold degenerate, even for finite  $N$ , below a sizable gap. As mentioned previously, the maximum of the gap coincides with the presence of the two exact product ground states  $|YX\rangle$  and  $|XY\rangle$  at  $h_{xy}^*$  [indicated as the green dotted line in Fig. 6(b)] where the gap is estimated to be  $\Delta_{\text{pbc}}(h_{xy} = 0) = 0.2555K$ .

We then turn the attention to OBC [Fig. 6(a)] where the ground state at  $\mathbf{h} = 0$  is fourfold degenerate for  $S = 1$  [59,88]. For small fields, the ground-state degeneracy is lifted, and a low-lying doublet appears below a singlet. At field strengths

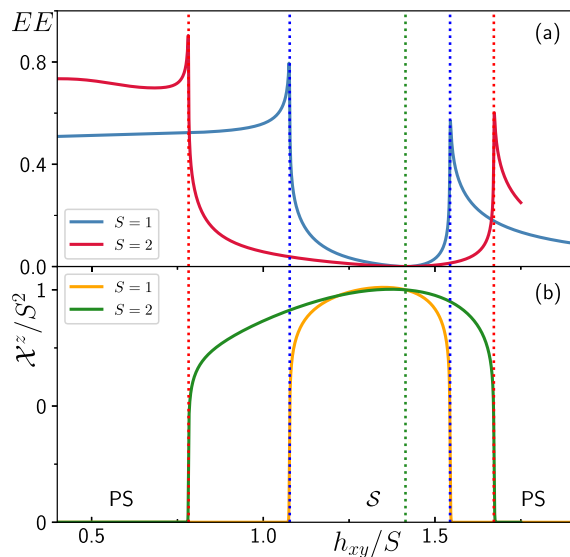


FIG. 7. iDMRG results for the  $S = 1$  and  $S = 2$  Kitaev spin chains. The dashed lines indicate the critical fields  $h_{xy}^{c1}$  and  $h_{xy}^{c2}$ . (a) The entanglement entropy  $EE$  vs the field strength  $h_{xy}/S$ . Note that very low  $EE$  in the soliton phase. (b) The  $z$  component of the vector chirality scaled with  $S^2$ ,  $\mathcal{X}^z/S^2$ , vs  $h_{xy}/S$ .

$h_{xy} \sim 0.4 - 0.6$  the low-lying singlet and doublet merge with the other low-lying states, which we assume might form the lower edge of a continuum. When the lower critical field  $h_{xy}^{c1}$  is reached the gap closes and throughout the soliton phase, marked as  $\mathcal{S}$  in Fig. 6, a proliferation of low-lying states is visible until the upper critical field  $h_{xy}^{c2} = 1.544K$  is reached where the chain transitions back into the polarized state and a gap opens up. Within the soliton phase the DMRG results for the gaps indicate significant finite-size corrections, which we have not been able to analyze in detail, and it has not been possible to determine if these low-lying states correspond to a true gapless spectrum as opposed to a significant number of discrete in-gap levels appearing within the gap present for periodic boundary conditions. The ground-state degeneracy, if any, within the soliton phase for OBC is also an open question.

The difference in the spectrum within the soliton phase is rather remarkable, even more so since the spectrum for OBC does not depend on the parity of  $N$  and occurs equally well for  $N$  even and odd. As discussed in the introduction, the absence of  $SU(2)$  symmetry means that it is difficult to explain the multitude of low-lying states occurring for OBC as arising from unpaired degrees of freedom.

### C. Chiral order $\mathcal{X}^z$ and entanglement

In light of the two exact ground states  $|YX\rangle$  and  $|XY\rangle$  occurring at  $h_{xy}^*$  for PBC it is not surprising that the soliton phase can be characterized by a nonzero vector chirality  $\mathcal{X}^\alpha$ ,

$$\mathcal{X}^\alpha = (-1)^j \langle (\mathbf{S}_j \times \mathbf{S}_{j+1})^\alpha \rangle. \quad (23)$$

While  $\mathcal{X}^{x,y} = 0$  in the soliton phase,  $\mathcal{X}^z \neq 0$  as was previously established for  $S = \frac{1}{2}$ . This is shown in Fig. 7(b) for  $S = 1$  and  $S = 2$  where iDMRG results for  $\mathcal{X}^z$  are plotted as a function of  $h_{xy}/S$ . As can be seen,  $\mathcal{X}^z$  remains sizable throughout the soliton phase reaching a maximum close to (or

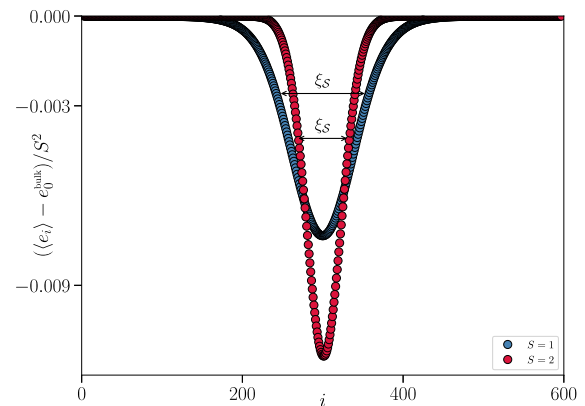


FIG. 8. Finite size DMRG results with  $N = 600$  for the  $S = 1$  (blue) and  $S = 2$  (red) Kitaev spin chains showing the relative energy density  $(\langle e_i \rangle - e_0^{\text{bulk}})/S^2$  vs position  $i$  in the chain. Results are shown for  $h_{xy}/K = 1.32$  ( $S = 1$ ) and  $h_{xy}/K = 2.60$  ( $S = 2$ )

at  $h_{xy}^*$  before abruptly going to zero at  $h_{xy}^{c1}$  and  $h_{xy}^{c2}$ . The soliton phase should then be regarded as a chiral soliton phase.

In Fig. 7(a) we show results for the bipartite entanglement entropy,

$$EE = -\text{Tr} \rho_A \ln \rho_A \quad (24)$$

where  $\rho_A$  is the reduced density for half the system. The states  $|YX\rangle$  and  $|XY\rangle$  are only *exact* ground states for PBC and the iDMRG results shown in Fig. 7(a) are obtained for OBC. Hence at  $h_{xy}^*$ , shown as the green dotted line in Fig. 7, the entanglement entropy  $EE$  is not strictly zero, as should be the case for an exact product state, but rather extremely small. As is clearly visible in Fig. 7(a),  $EE$  peaks at  $h_{xy}^{c1}$  and  $h_{xy}^{c2}$  but away from the quantum critical points it remains rather small throughout the entire soliton phase, approaching zero at  $h_{xy}^*$ , implying that the ground state is close to a product state within the soliton phase.

### D. Soliton mass $\Delta_b$ and width $\xi_S$

The variational calculation of the soliton mass for OBC described in Secs. III A 1 and VI relies on a subtractive procedure where the energy of the single soliton state is measured with respect to the isotropic product state. For a more detailed understanding of the DMRG results it is useful to have a more refined measure of  $\Delta_b$  that does not involve a subtraction. In the absence of  $SU(2)$  symmetry and a well defined spin for the soliton it is then necessary to focus on the local bond energy density, which we define as the energy of the bond  $[i, i + 1]$  plus  $1/2$  the field terms on the sites  $i$  and  $i + 1$ . Far away from the soliton the energy density attains a constant value  $e_0^{\text{bulk}}$  and we expect that this bulk energy density is essentially identical to the energy density of the twofold degenerate ground states with PBC. It is then instructive to study the following quantity:

$$\langle e_i \rangle - e_0^{\text{bulk}}. \quad (25)$$

This is shown in Fig. 8 where  $\langle e_i \rangle - e_0^{\text{bulk}}$  is plotted versus  $i$  for  $h_{xy}/K = 1.32$  ( $S = 1$ ) and  $2.60$  ( $S = 2$ ), showing a sharply localized soliton. Furthermore, the soliton ‘‘sharpens’’ with increasing  $S$ , displaying a smaller spatial extent. We can now simply define the soliton mass  $\Delta_b$  as the integrated deviation



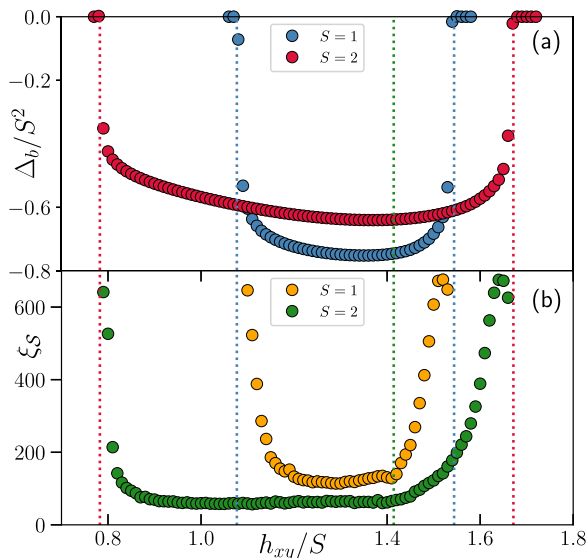


FIG. 9. Finite size DMRG results with  $N = 1200$  for the  $S = 1$  and  $S = 2$  Kitaev spin chains. The dashed lines indicate the critical fields  $h_{xy}^{c1}$  and  $h_{xy}^{c2}$ . (a) The soliton mass  $\Delta_b/S^2$  vs the field strength  $h_{xy}/S$ . (b) The soliton size  $\xi_S$  vs  $h_{xy}/S$ .

from  $e_0^{\text{bulk}}$  in the following manner:

$$\Delta_b = \sum_i (e_i - e_0^{\text{bulk}}). \quad (26)$$

Clearly, this measures by how much the soliton has lowered the total energy, which was our original definition of the soliton mass  $\Delta_b$ . From high precision DMRG calculations with OBC on  $N = 1200$  sites for a range of  $h_{xy}$  we can now extract  $\Delta_b$  for both  $S = 1$  and  $S = 2$ . Our results are illustrated in Fig. 9(a) where  $\Delta_b/S^2$  is shown as a function of  $h_{xy}$ . As one might expect,  $\Delta_b$  is roughly proportional to  $S^2$ , consistent with classical models of solitons [66], and with only a modest variation throughout the soliton phase. In contrast to the variational results for  $\Delta_b^{\text{var}}$  shown in Fig. 2 the DMRG results in Fig. 9(a) show that  $\Delta_b$  tends to zero at  $h_{xy}^{c1}$  and  $h_{xy}^{c2}$ . From the definition, Eq. (26) it follows that  $\Delta_b = 0$  outside the soliton phase where we expect the energy density to be uniform. In contrast, the variational states  $\psi_b$  can never yield a uniform energy density, and we have to use a less refined measure for the soliton mass. However, it is still useful to compare the estimates at  $h_{xy}^*$ , where we from DMRG for  $S = 1$  find  $\Delta_b = -0.7457$  and from the variational calculations  $\Delta_b^{\text{var}} = -0.7225$ , in good agreement.

The energy profiles shown in Fig. 8 can be used to estimate the size of the soliton  $\xi_S$  by simply measuring at what distance  $|e_i - e_0^{\text{bulk}}|$  has decreased by a factor of  $1/e$  from the maximum. Measures of  $\xi_S$  are indicated on Fig. 8. Using this definition of  $\xi_S$ , we have determined the size of the soliton throughout the soliton phase from high precision DMRG calculations with OBC on  $N = 1200$  sites for both  $S = 1$  and  $S = 2$ . The results are shown in Fig. 9(b). Through most of the soliton phase  $\xi_S$  remains roughly constant at around 120 lattice spacings for  $S = 1$  and approximately 60 lattice spacings for  $S = 2$ , before increasing dramatically close to  $h_{xy}^{c1}$  and  $h_{xy}^{c2}$ .

## V. UNIFORM PRODUCT STATES

As already discussed in Sec. III A the product states  $|YX\rangle$  and  $|XY\rangle$  play a crucial role in our understanding of the soliton phase. For  $\theta_z = 0$ ,  $\phi_{xy} = \pi/4$  at  $h_{xy}^*$  they are exact ground states for PBC, however, as pointed out in Sec. III A 3, when  $h_{xy}$  is tuned away from  $h_{xy}^*$  a good approximation to the ground state can be obtained by considering product states of the form  $|Y'X'\rangle$  and  $|X'Y'\rangle$  where the angle between  $|y'\rangle$  and  $|x'\rangle$  deviates from  $\pi/2$  in both directions by an amount  $c$ . We now wish to establish a reliable estimate of the optimal value for this angle  $c^*$  as a function of  $h_{xy}$  for any  $S$ .

### A. Estimate of $c^*$

In the following we focus on the case of  $S = 1$  and  $S = 2$  with generalizations to  $S > 2$  straight forward. With  $c$  taking the place of  $\delta$  discussed in Sec. III A 3, we define for  $S = 1$  the following states on a given site:

$$\begin{aligned} |x'\rangle &= (e^{i2c}, \sqrt{2}e^{ic}, 1)/2, \\ |y'\rangle &= (e^{-i2b}, \sqrt{2}e^{-ib}, 1)/2, \end{aligned} \quad (27)$$

with  $b = \pi/2 + c$ , while for  $S = 2$  we define

$$\begin{aligned} |x'\rangle &= (e^{i4c}, 2e^{i3c}, \sqrt{6}e^{i2c}, 2e^{ic}, 1)/4, \\ |y'\rangle &= (e^{-i4b}, 2e^{-i3b}, \sqrt{6}e^{-i2b}, 2e^{-ib}, 1)/4. \end{aligned} \quad (28)$$

We can then define the product states

$$|X'Y'\rangle = |x'y'x'y'\dots\rangle, \quad |Y'X'\rangle = |y'x'y'x'\dots\rangle, \quad (29)$$

for both  $S = 1$  and  $S = 2$ . The optimal value for the excess angle,  $c^*$ , will depend on the field  $h_{xy}$ . However, if we neglect boundary effects, then, due to the simple product nature of the states, it is only necessary to consider a two site system in order to find the optimal  $c^*$ . To proceed, we focus on a  $x$  bond and assign half a field term to each bond and write the single bond Hamiltonian as follows:

$$\mathcal{H}_{1\text{bond}} = K S_1^x S_2^x - h_{xy} (S_1^x + S_1^y + S_2^x + S_2^y) \frac{1}{2\sqrt{2}}, \quad (30)$$

with the  $1/\sqrt{2}$  arising from the field angle  $\phi_{xy} = \pi/4$ . Evaluating  $E_{1\text{bond}} = \langle Y'X' | H_{2\text{site}} | Y'X' \rangle$  we find

$$E_{1\text{bond}} = -KS^2 \cos c \sin c - \frac{Sh_{xy}}{\sqrt{2}} (\cos c - \sin c). \quad (31)$$

Minimizing  $E_{1\text{bond}}$  with respect to  $c$  at a given  $h_{xy}$  yields the optimal  $c$  as

$$c^* = \tan^{-1} \left[ \frac{u + \sqrt{4S^2 - u^2}}{-u + \sqrt{4S^2 - u^2}} \right] = \cos^{-1} \frac{u}{2S} - \frac{\pi}{4}, \quad (32)$$

where  $u = h_{xy}/K$ . It follows that  $c^*$  becomes zero at  $u = h_{xy}/K = S\sqrt{2}$ , coinciding with  $h_{xy}^*$ , as has to be the case. Furthermore, at  $h_{xy}/K = 2S$  the optimal value for  $c$  becomes  $c^* = -\pi/4$  and the spins are then fully aligned with the field for any  $h_{xy} > 2SK$ . This signals the transition to the PS state at the classical level and is shown as the red dashed line in Fig. 1. Using the optimal value of  $c^*$  from Eq. (32) one finds

for the energy,

$$E_{1\text{bond}} = -\frac{1}{4}(2S^2 + u^2), \quad u \leq 2S. \quad (33)$$

### B. Estimate of the product state defect energy

It is illustrative to also consider a single defect state, at  $h_{xy}^*$  where calculations with the states  $|\psi_b(i)\rangle$  can be significantly simplified. At  $h_{xy}^*$  we may estimate the defect energy of the state

$$|d\rangle = |\overline{y_- \nearrow_i \dots x}\rangle, \quad (34)$$

and compare it to the state  $|yxy\rangle$  on just two bonds sites since the two states will have the same energy elsewhere. That is, we consider the two bond Hamiltonian

$$\begin{aligned} \mathcal{H}_{2\text{bond}} = & KS_1^x S_2^x + KS_2^y S_3^y - \frac{h_{xy}}{\sqrt{2}} \left( \frac{1}{2}(S_1^x + S_1^y) \right. \\ & \left. + S_2^x + S_2^y + \frac{1}{2}(S_3^x + S_3^y) \right), \end{aligned} \quad (35)$$

again counting the field terms on the first and last site by a factor of 1/2. At  $h_{xy}^*$ , it is straight forward to evaluate  $\langle yxy | \mathcal{H}_{2\text{bond}} | yxy \rangle = -2$  and  $\langle d | \mathcal{H}_{2\text{bond}} | d \rangle = -1 - \sqrt{2}$ . The energy of the defect state  $|d\rangle$  is then  $1 - \sqrt{2} \sim -0.4142$  lower in energy than the  $|yxy\rangle$  state. As discussed in Sec. IV D, at  $h_{xy}^*$  DMRG results for  $\Delta_b$  yields  $-0.7457$ , considerably lower. Moreover, if this analysis is extended to  $h_{xy} \neq h_{xy}^*$ , and to include the  $|\overline{x_- \nearrow_i \dots y}\rangle$  state describing the antidefect, then the upper critical field coincides with the classical value of  $2S$  and the lower critical field is absent. We therefore need to consider a full variational calculation in the space defined by all states  $|\psi_b(i)\rangle$  and  $|\psi_B(i)\rangle$ , which we do next. A preliminary discussion of results from such variational calculations formed we presented in Secs. III A 2 and III A 3.

## VI. VARIATIONAL APPROACH

In order to develop a variational approach valid for an extended part of the phase diagram we generalize the single defect states in Eq. (9) and (10) to be constructed from the  $|y'\rangle$  and  $|x'\rangle$  states,

$$\begin{aligned} |\psi_b(i)\rangle &= |y' - x' \dots \overline{y' \nearrow_i \dots x'} - y' \dots x' - y' \dots x' - y'\rangle, \\ |\psi_B(i)\rangle &= |y' - x' \dots y' - \overline{x' \nearrow_i \dots y'} \dots x' - y' \dots x' - y'\rangle, \end{aligned} \quad (36)$$

transitioning from the  $Y'X'$  to the  $X'Y'$  pattern at bond  $i$ . As already noted, the energy cost of the ferromagnetically aligned  $x'_i \dots x'$  bond is relatively small since it occurs on a  $y$  bond. Likewise for the  $y'_i \dots y'$  bond. As shown in Fig. 7(a) the entanglement is very low in the soliton phase and we expect such product states to be of relevance. Analogously, we define “anti”-defects of the form

$$\begin{aligned} |\psi_B(i)\rangle &= |x' - y' \dots \overline{x' \nearrow_i \dots y'} - x' \dots y' - x' \dots y' - x'\rangle, \\ |\psi_b(i)\rangle &= |x' - y' \dots y' - \overline{y' \nearrow_i \dots x'} \dots y' - x' \dots y' - x'\rangle, \end{aligned} \quad (37)$$

in this case transitioning from the  $X'Y'$  to the  $Y'X'$  pattern at bond  $i$ . As discussed, in this case the defects are now rather costly since since the  $y'_i \dots y'$  now occurs on a  $y$  bond and the  $x'_i \dots x'$  on a  $x$  bond. The defect states  $\psi_b$  and  $\psi_B$  are slight variations of the bond defects considered for the  $S = \frac{1}{2}$  Kitaev chain in Ref. [37] and are slightly more optimal for  $S \geq 1$ . However, since all such basis states are nonorthogonal the final results depend relatively little on the specific choice of basis states.

With the states  $\psi_b$  and  $\psi_B$  defined we can form linear combinations of these single defect states and perform a variational calculation within the single defect subspace. As illustrated in Fig. 7(a), the entanglement is very low within the soliton phase and we therefore expect such linear combinations to yield very reliable results within the soliton phase. Explicitly, we define the variational states,

$$|\Psi_b\rangle = \sum_{k=1}^N a_k |\psi_b(k)\rangle, \quad |\Psi_B\rangle = \sum_{l=2}^{N-1} g_l |\psi_B(l)\rangle. \quad (38)$$

We refer to these states as soliton and antisoliton states to distinguish them from the individual basis states  $|\psi_b(i)\rangle$  and  $|\psi_B(i)\rangle$ , which we refer to as defect states or basis states. Correspondingly, we distinguish between soliton energies and defect energies when referring to the energy of the linear combination and individual basis state. We also note that for  $\Psi_B$  we exclude the sites  $l = 1, N$  since their overlap with the lower energy  $|Y'X'\rangle$  and  $|X'Y'\rangle$  states is an inconvenience.

The determination of the variational coefficients  $a_k$  and  $g_l$  is a straightforward optimization problem. Since the basis states are nonorthonormal the minimum can be found by solving the generalized eigenvalue problem (see Appendix) in terms of the matrices

$$\mathcal{H}_{kl} = \langle \psi_b(k) | H | \psi_b(l) \rangle \quad \text{and} \quad \mathcal{M}_{kl} = \langle \psi_b(k) | \psi_b(l) \rangle, \quad (39)$$

which can be solved by standard methods. The solution of the generalized eigenvalue problem, Eq. (39), determines the variational optimized ground states  $\Psi_b, \Psi_B$  in the subspace formed by  $|\psi_b(i)\rangle$  and  $|\psi_B(i)\rangle$ .

Having defined the single defect states  $|\psi_b(i)\rangle, |\psi_B(i)\rangle$  it is straight forward to extend the variational calculations to two-defect  $bB$  states relevant for PBC by considering

$$|\psi_{bB}(i, j)\rangle = |\overline{y' \nearrow_i \dots x'} - y' \dots x' - \overline{y' \nearrow_j \dots x'} \dots y' - x'\rangle, \quad (40)$$

and defining two-soliton states of the form

$$|\Psi_{bB}\rangle = \sum_{i \neq j} a_{i,j} |\psi_{bB}(i, j)\rangle. \quad (41)$$

Similar variational two-soliton states have previously been considered for the  $J_1$ - $J_2$   $S = \frac{1}{2}$  chain [79] and  $S = \frac{1}{2}$  Kitaev chain [37]. It is convenient to include the  $|Y'X'\rangle$  and  $|X'Y'\rangle$  states in the variational subspace for PBC and the variational gap to two-soliton states  $\Delta_{2\text{sol}}^{\text{var}}$  can then be directly obtained from the the eigenvalues of Eq. (39). For PBC we expect  $\Delta_{2\text{sol}}^{\text{var}}$  of the spin gap  $\Delta_{\text{pbc}}$ .

TABLE I. DMRG and variational,  $E(\Psi_b)$ ,  $E(\Psi_B)$ ,  $E(Y'X')$  energies for the  $S = 1$  chain for different field values  $h_{xy}$  and system sizes  $N$ . The resulting variational estimates of  $\Delta_b^{\text{var}}$ ,  $\Delta_B^{\text{var}}$  and  $\Delta_B^{\text{var}} + \Delta_b^{\text{var}}$  and  $\Delta_{2\text{sol}}^{\text{var}}$ . These can be compared with DMRG results for  $N = 1200$  for  $\Delta_b^{\text{dmrg}}$  and  $N = 60$  for  $\Delta_{\text{pbc}}^{\text{dmrg}}$ .

$h_{xy}$	$N$	DMRG	$E(\Psi_b)$	$E(\Psi_B)$	$E(Y'X')$	$\Delta_b^{\text{dmrg}}$	$\Delta_b^{\text{var}}$	$\Delta_B^{\text{var}}$	$\Delta_B^{\text{var}} + \Delta_b^{\text{var}}$	$\Delta_{2\text{sol}}^{\text{var}}$	$\Delta_{\text{pbc}}^{\text{dmrg}}$
$h_{xy}^*$	100	-100.7453	-100.7221	-99	-100	-0.7457	-0.7221	1	0.2779	0.2788	0.2555
	240	-240.7457	-240.7225	-239	-240		-0.7225	1	0.2775		
1.3	100	-93.0400	-92.8743	-91.2751	-92.1725	-0.7487	-0.7018	0.8974	0.1956	0.2327	0.1549
	240	-222.3942	-222.0245	-220.4254	-221.3225		-0.7020	0.8971	0.1951		

### A. Variational results for $S = 1$

We first discuss our results for  $S = 1$ . Representative numerical results for a few values of  $h_{xy}$  and  $N$  are collected in Table I. The first check on the variational results is to directly compare the energy obtained with results from DMRG. For  $S = 1$  at  $h_{xy}^*$  we see that the presence of the defect lowers the energy considerably when compared to the  $|Y'X'\rangle$  state for a final result that is within 0.023% ( $N = 100$ ) and 0.009% ( $N = 240$ ) of the DMRG results. This is a remarkable good agreement although we note that the agreement worsens for  $h_{xy} \neq h_{xy}^*$ . The agreement between  $\Delta_b^{\text{var}}$  and  $\Delta_b^{\text{dmrg}}$  is at the level of a few percent. A more detailed check on the variational ground state  $\Psi_b$  with OBC can be obtained by evaluating  $\langle S_i^\alpha \rangle$ ,  $\alpha = x, y$  and comparing to DMRG results. Variational results at  $h_{xy}/K = 1.3$  for the on-site magnetization (filled circles) are shown in Fig. 10(a) where only odd sites are plotted making the change from  $|y'\rangle$  on odd sites,  $|x'\rangle$  on even sites to  $|y'\rangle$  on even sites,  $|x'\rangle$  on odd sites, evident. The results in Fig. 10(a) for  $h_{xy}/K = 1.3$  are in excellent agreement with the DMRG results shown as open circles, with the agreement even better at  $h_{xy}^*$ . For comparison, we show

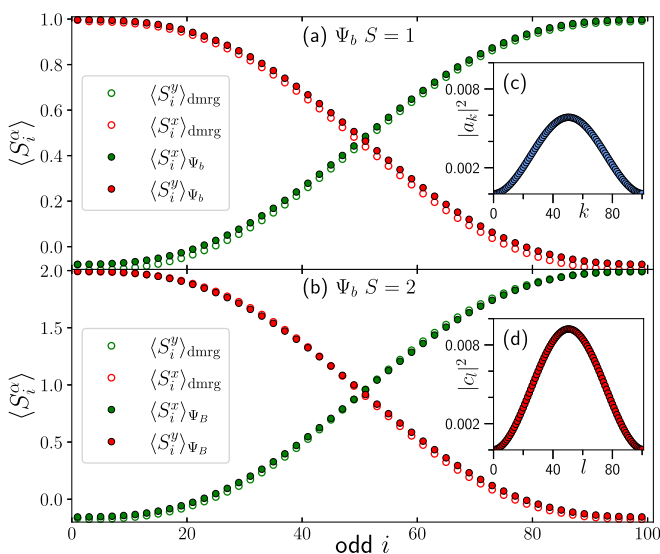


FIG. 10.  $\langle S_i^\alpha \rangle$  from finite size DMRG results (open circles) with  $N = 100$  for the  $S = 1$  and  $S = 2$  Kitaev spin chains, compared to variational results (solid circles) for the one soliton state  $\Psi_b$ . To emphasize the presence of the soliton only odd sites are shown. (a) Results for  $S = 1$  at  $h_{xy}/K = 1.3$ . (b) Results for  $S = 2$  at  $h_{xy}/K = 2.6$ . (c) Variational amplitudes  $|a_k|^2$  for  $S = 1$ . (d) Variational amplitudes  $|c_l|^2$  for  $S = 2$ .

results for  $S = 2$  in Fig. 10(b) at  $h_{xy}/K = 2.6$  with equally good agreement between variational and DMRG results.

From the numerical results in Table I it is also clear that  $\Delta_B^{\text{var}} + \Delta_b^{\text{var}}$  is in good agreement with the result  $\Delta_{2\text{sol}}^{\text{var}}$  obtained directly from two-soliton variational calculations with Eq. (41) with  $N = 60$ . Furthermore, at  $h_{xy}^*$  both estimates are in agreement with  $\Delta_{\text{pbc}}^{\text{dmrg}}$  obtained from DMRG calculations on periodic chains. This can be viewed as a validation of the soliton antisoliton picture and would indicate that interactions between the soliton and antisoliton are relatively modest. However, from the discussion of the size of the soliton in Sec. IV D we expect  $\xi_S \sim 120$  lattice spacings in the  $S = 1$  soliton phase, implying that much larger variational calculations will be needed to study the soliton antisoliton interaction in detail. Regrettably, the two-soliton calculations scale as  $N^2$  making such calculations numerically untractable.

### 1. Excited single soliton states

As can be seen from Table I, in the vicinity of  $h_{xy}^*$  the spin gap for PBC is sizable, of the order  $\sim 0.25K$ . It is then interesting to consider excited single soliton states [87,99]. We denote such states by  ${}^n\Psi_b$  and we can obtain reliable variational estimates for such excited states by considering the first few eigenstates when solving the generalized eigenvalue problem, Eq. (39). As is clear from the results in Sec. IV B such excited single soliton states cause a proliferation of low-lying levels within the soliton phase at energies below the gap for PBC. Results for  ${}^1\Psi_b$ ,  ${}^2\Psi_b$  and  ${}^3\Psi_b$  at  $h_{xy}^*$  are shown in Fig. 11. For the first excited state  ${}^1\Psi_b$  we compare to excited state DMRG results for  $\langle S_i^\alpha \rangle$ , which are in excellent agreement with the variational results. Note that in Fig. 11 results for every site is plotted while in Fig. 10 only results for odd sites are plotted. However, in Fig. 11 the same change from  $|y'\rangle$  on odd sites,  $|x'\rangle$  on even sites to  $|y'\rangle$  on even sites,  $|x'\rangle$  on odd sites, occurs.

## VII. SPECIFIC HEAT $S = 1$

The thermodynamics of the  $S = 1$  Kitaev chain in zero field,  $\mathbf{h} = 0$ , has previously been studied [40,88] using transfer matrix renormalization group [100,101] (TMRG) techniques and a perturbative effective Hamiltonian approach [88]. To fully account for the presence of a single soliton in the low-energy spectrum for OBC, which breaks translational symmetry we here use a purification method outlined in Sec. II that does not rely on translational symmetry. We exclusively focus on the  $S = 1$  chain, although we expect results for other integer  $S > 1$  to be relatively similar.

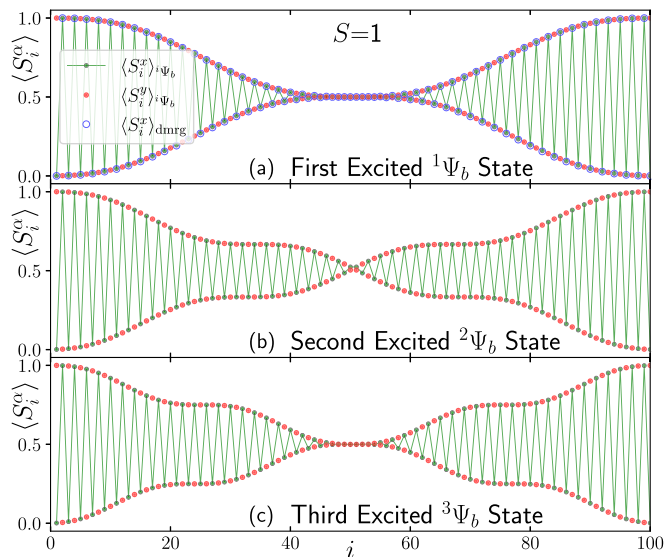


FIG. 11.  $\langle S_i^x \rangle$  for the  $S = 1$  chain at  $h_{xy}^*$  from variational calculations for the excited soliton state  ${}^n\Psi_b$ . (a) Results for first excited state  ${}^1\Psi_b$ , compared to finite size DMRG results (open circles) for  $\langle S_i^x \rangle_{\text{dmrg}}$  (b) Results for second excited state  ${}^2\Psi_b$ . (c) Results for third excited state  ${}^3\Psi_b$ .

Under periodic boundary conditions at  $\mathbf{h} = 0$  we show our purification results in Fig. 12(b) for the  $S = 1$  chain for  $N = 20, 30, 40$ , and  $50$  down to temperatures of  $k_B T/K = 0.01$ . In complete agreement with the TMRG results from Ref. [40], finite-size effects are conspicuously absent. However, the unusual double peak structure, with peaks at  $T_l/K = 0.057$  and  $T_h/K = 0.587$  for  $N = 50$ , of the specific heat associated with thermal fractionalization [102,103] characteristic of Kitaev

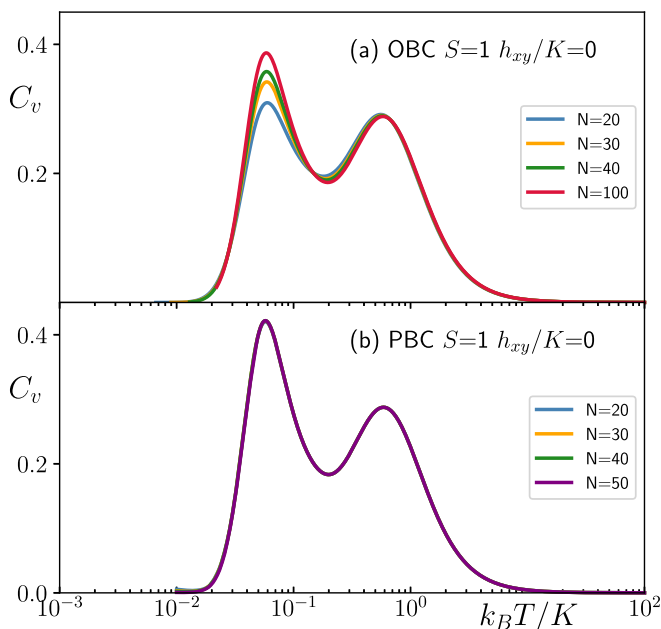


FIG. 12. The specific heat  $C_v(T)$  vs  $k_B T/K$  for the  $S = 1$  Kitaev spin chain at  $h_{xy}/K = 0.0$ , as obtained from purification. (a) OBC,  $N = 20, 30, 40, 100$ . (b) PBC,  $N = 20, 30, 40, 50$ .

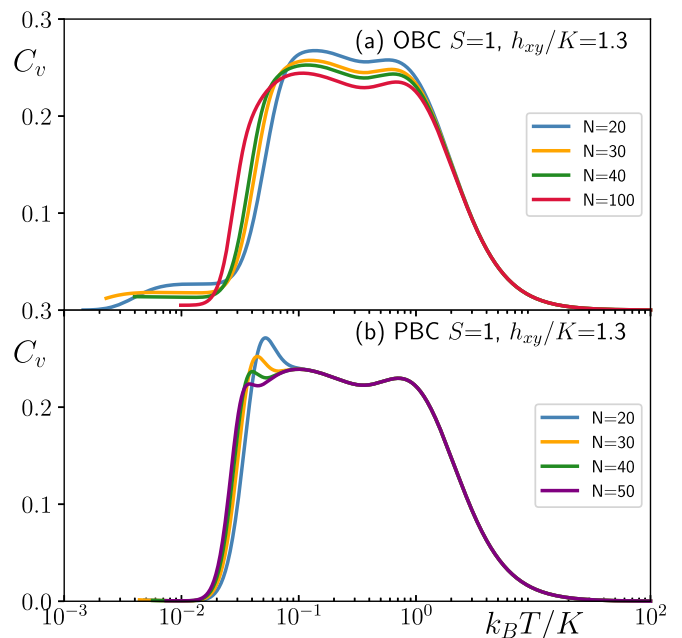


FIG. 13. The specific heat  $C_v(T)$  vs  $k_B T/K$  for the  $S = 1$  Kitaev spin chain in the middle of the soliton phase, at  $h_{xy}/K = 1.3$ , as obtained from purification. (a) OBC,  $N = 20, 30, 40, 100$ . (b) PBC,  $N = 20, 30, 40, 50$ .

physics is clearly present arising from the separation of energy scales as previously noted [40,88]. The low-temperature peak has been shown to arise from excitations of the bond-parity operators,  $W_l$  Eq. (18), with the average bond density,  $\bar{W}_b = (1/L) \sum \langle W_l \rangle$ , approaching zero at the energy scale of the low-temperature peak [40,88].

For OBC our results at  $\mathbf{h} = 0$  are shown in Fig. 12(a) for  $N = 20, 30, 40$ , and  $100$ . In this case there are clearly visible finite-size effects visible in the low-temperature peak. As the system size  $N$  is increased the low- $T$  peak increases eventually approaching the PBC result. We note that the results presented here for  $S = 1$  can be straightforwardly integrated to yield the entropy. However, the results from such an integration do not show any indication of plateaus as expected to occur in the two dimensional honeycomb models [104].

The results in Fig. 12 should be contrasted with the results in Fig. 13 obtained for the  $S = 1$  chain close to the center of the soliton phase at  $h_{xy}/K = 1.3$ . Compared to the  $\mathbf{h} = 0$  results the first observation is that the separation of energy scales present at  $\mathbf{h} = 0$  inducing the double peak structure is now significantly reduced and replaced with an almost constant specific heat between temperatures of  $k_B T/K \sim 0.05$  although several not very well defined peaks are visible. For PBC, Fig. 13(b) it is possible to locate three peaks, two of which are almost independent of  $N$ ; however, the lowest temperature peak dramatically decreases with increasing system size with significant weight in  $C_v$  shifting to lower temperatures. It is natural to associate this lowest temperature peak with the  $bB$  soliton states. Within the picture we have been proposing here, where the spin gap for PBC  $\Delta_{\text{pbc}}$  in the soliton phase arises from the presence of such  $bB$  states with both a soliton and an antisoliton, it is natural to expect rather pronounced finite-size effects due to the significant size of the

solitons  $\xi_S \sim 120$  lattice spacings in the  $S = 1$  soliton phase. This would explain the strong size dependence of the peak. We expect a continuum of such  $bB$  states starting above the spin gap, which is consistent with the results for PBC in Fig. 13(b). From the results in Fig. 6(b), we note that  $\Delta_{\text{pbc}} \sim 0.1548/K$  at  $h_{xy}/K = 1.3$  whereas the low- $T$  peak for  $N = 50$  occurs at  $k_B T/K = 0.038$  implying a significant density of states starting at  $\Delta_{\text{pbc}}$ .

The more interesting features of the specific heat are observed for OBC, where we show results in Fig. 13(a) at  $h_{xy}/K = 1.3$  for  $N = 20, 30, 40,$  and  $100$ . For OBC the finite-size effects are now pronounced for any  $k_B T/K < 1$ . It is natural to view this observation as being due to a considerable spatial size of the excitations responsible for the energy fluctuations. Most strikingly, for temperatures below  $k_B T/K \sim 0.02 - 0.03$  a “foot” of the specific heat can be observed with  $C_v$  almost constant over a considerable range of temperatures, albeit at a very low value. The value of  $C_v$  over this plateau appears to be decreasing with  $N$ . Unfortunately, due to size and temperature limitations it has not been possible to perform calculations at larger  $N$ , lower  $T$ . Since this foot in  $C_v$  is only present for OBC at temperatures lower than for PBC it is clear that it most arise from excitations only present with OBC. We therefore ascribe this feature to the single soliton ground state for OBC, excitations of which (Fig. 11) should significantly contribute to  $C_v$  at energies below  $\Delta_{\text{pbc}}$ .

## VIII. DISCUSSION

Here we discuss a few open questions and future directions. The variational picture of the soliton phase that we have been advocating here rely on the presence of a gap for periodic boundary conditions within the soliton phase. At the special point  $h_{xy}^*$ , the  $|YX\rangle$  and  $|XY\rangle$  product states are exact ground states. It therefore seems plausible that an analytic proof of a gap at  $h_{xy}^*$  can be established. So far we have not been able to develop such a proof due to the low symmetry at  $h_{xy}^*$  and the degeneracy of the ground state with PBC in the soliton phase.

Under open boundary conditions we have shown here that the ground state for any  $N$  always contain a single soliton, which can exist in excited states leading to the formation of in-gap states. Excited states of quantum solitons have been considered before [68,87] and are usually associated with a discrete harmonic oscillator like spectrum. In the present case it is not clear if the in-gap states created by excitations of the soliton form a continuous band or if they form discrete states in the thermodynamic limit. The energy of the lowest excited states appear to approach the ground state quickly as  $N$  is increased but due to limitations in the size of the systems we can reliably study it has not been possible to determine if they indeed become degenerate with the ground state in the thermodynamic limit. The degeneracy of the ground state with OBC is hence an open question. We leave both these questions for further study.

As illustrated in Fig. 1 the size of the soliton islands grow with increasing  $S$  and one might ask the question what happens in the  $S \rightarrow \infty$  classical limit. Classical Monte Carlo simulations are inconclusive in the low-field limit but one might speculate that the soliton phase would occupy the entire

phase diagram for any  $|h| < 2S$  but so far we have not been able to establish a proof of this.

It would be of considerable interest to identify realistic low-dimensional Kitaev materials to test the soliton physics presented here. Recently it was proposed that  $\text{CoNb}_2\text{O}_6$  exhibits signatures of Kitaev physics known as twisted Kitaev chain [105], albeit with  $S = \frac{1}{2}$  FM Kitaev interaction and hence not the AFM Kitaev interaction required for our scenario. However, it seems likely that the AFM Kitaev interaction required for the soliton phase can occur in  $S = 1$  systems. Note that the effective  $S = \frac{1}{2}$  Kitaev materials with  $d^5$  have a predominantly FM Kitaev interaction as the inter-orbital exchange process among  $t_{2g}$  orbitals leads to a FM Kitaev interaction [2,106]. On the other hand, in  $S = 1$  systems with  $d^8$ , the Kitaev interaction is AFM as found from the exchange processes of  $e_g$  orbitals via strong spin-orbit coupling at anions [30]. It was also suggested that  $4f^1$  system contains AFM Kitaev interaction due to the spatial anisotropy of the  $f$  orbitals and the small crystal field splitting [107]. Thus, the soliton phase occurring in the AFM Kitaev interaction under the magnetic field can be investigated if solid-state materials with quasi-one-dimensional  $d^8$  systems and edge sharing heavy ligands or  $4f^1$  can be identified. Since the solitons we have discussed here are particularly well defined for large integer spin, if such low-dimensional AFM Kitaev materials with large  $S$  can be found, it would offer the best possibility for observing the solitons. Finally, we remark that it would be interesting to study the dynamics of the solitons in a nonequilibrium setting.

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## APPENDIX: THE GENERALIZED EIGENVALUE PROBLEM

Let us consider a set of states  $\{|b_i\rangle\}_{i=1}^N$  and a Hamiltonian  $\mathcal{H}$ . We can expand a generic state  $|\psi\rangle$  on such basis states writing

$$|\psi\rangle = \sum_{i=1}^N c_i |b_i\rangle. \quad (\text{A1})$$

According to the variational principle the minimum condition is then written as the generalized eigenvalue problem

$$\sum_j (\mathcal{H}_{ij} - E \mathcal{M}_{ij}) c_j = 0, \quad (\text{A2})$$

where  $\mathcal{H}_{ij} = \langle b_i | \mathcal{H} | b_j \rangle$  and  $\mathcal{M}_{ij}$  is the overlap matrix  $\langle b_i | b_j \rangle$ . In the case where  $\langle b_i | b_j \rangle = \delta_{ij}$  this reduces to the standard

eigenvalue problem. We can write Eq. (A2) in matrix form as

$$\mathcal{H}\mathbf{c} = E\mathcal{M}\mathbf{c}, \quad (\text{A3})$$

which defines a generalized eigenvalue problem. To solve Eq. (A3) we first solve the standard eigenvalue problem

$$\mathcal{M}\mathbf{d} = m\mathbf{d}. \quad (\text{A4})$$

If the states  $\{|b_i\rangle\}_{i=1}^N$  are linearly independent then  $\mathcal{M}$  is positive definite and Hermitian, which implies we can find a unitary matrix  $D$  such that  $D^\dagger\mathcal{M}D$  is a diagonal matrix. Since all  $m > 0$  we can then define

$$A_{ij} \equiv \frac{D_{ij}}{\sqrt{m_j}} \quad (\text{A5})$$

so that  $A^\dagger\mathcal{M}A = I$ . If we now define

$$\mathbf{c} = A\mathbf{v}, \quad (\text{A6})$$

then Eq. (A3) can be written as

$$\mathcal{H}A\mathbf{v} = E\mathcal{M}A\mathbf{v}. \quad (\text{A7})$$

If we now apply the matrix  $A^\dagger$  from the left we then obtain

$$A^\dagger\mathcal{H}A\mathbf{v} = EA^\dagger\mathcal{M}A\mathbf{v} = E\mathbf{v}, \quad (\text{A8})$$

which is now a standard eigenvalue problem for the matrix  $A^\dagger\mathcal{H}A$ . We have then reduced the solution of the generalized eigenvalue problem to the solution of two standard eigenvalue problems.

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