


Gray molasses cooling of ^{39}K atoms in optical tweezers

Jackson Ang'ong'a¹, Chenxi Huang, Jacob P. Covey,^{*} and Bryce Gadway¹†

Department of Physics, University of Illinois at Urbana-Champaign, Urbana, Illinois 61801-3080, USA

 (Received 11 September 2021; accepted 23 February 2022; published 29 March 2022)

Robust cooling and nondestructive imaging are prerequisites for many emerging applications of neutral atoms trapped in optical tweezers, such as their use in quantum information science and analog quantum simulation. The tasks of cooling and imaging can be challenged, however, by the presence of large trap-induced shifts of their respective optical transitions. Here, we explore a system of ^{39}K atoms trapped in a near-detuned (780 nm) optical tweezer, which leads to relatively minor differential (ground versus excited state) Stark shifts. We demonstrate that simple and robust loading, cooling, and imaging can be achieved through combined addressing of the D_1 and D_2 transitions. While imaging on the D_2 transition, we can simultaneously apply Λ -enhanced gray molasses (GM) on the D_1 transition, preserving low backgrounds for single-atom imaging through spectral filtering. Using D_1 cooling during and after trap loading, we demonstrate enhanced loading efficiencies as well as cooling to low temperatures. These results suggest a simple and robust path for loading and cooling large arrays of potassium atoms in optical tweezers through the use of resource-efficient near-detuned optical tweezers and GM cooling.

DOI: [10.1103/PhysRevResearch.4.013240](https://doi.org/10.1103/PhysRevResearch.4.013240)

I. INTRODUCTION

Neutral atom arrays have become a prominent platform for quantum information science. Most applications require repeated detection of atoms while keeping them cold. To reach temperatures near the motional ground state for alkali atoms in optical tweezers, designated sideband cooling along all three trap axes is required [1–4]. Implementing such cooling in large arrays while preserving low-background detection via fluorescence from the same atomic transition remains challenging.

Recent work with alkaline earth atoms in optical tweezers [5–7] and atoms in an optical lattice [8–10] has demonstrated the advantages of using separate atomic transitions for the cooling and detection protocols, respectively, to enable versatile cooling near the motional ground state while simultaneously detecting atoms with low background [10]. Such techniques have recently been extended to ^{39}K atoms in optical tweezers [3], but they were complicated by large antitrapping effects of the excited states at the trapping wavelength of 1064 nm, such that the trapping and light scattering protocols must be performed stroboscopically [3,11].

Here, we implement a simple and robust cooling, trapping, and imaging scheme for ^{39}K atoms using both their D_1 (770 nm) and D_2 (767 nm) transitions in optical tweezers

of wavelength 780 nm. Minimal polarizability mismatch between the ground and excited states due to trap light at 780 nm enables efficient loading and robust in-trap cooling and nondestructive imaging (survival probability of $>99\%$) of atoms without much experimental overhead. This configuration also gives a large polarizability for the ground state, enabling scalability to large arrays. Moderate differential light-shifts due to the near-detuned optical tweezers allow us to perform robust cooling by Λ -enhanced D_1 gray molasses (GM), which has been shown to be well-suited to scalability [12,13]. This approach also allows us to demonstrate enhanced loading efficiencies ($\gtrsim 75\%$) facilitated by blue-detuned light-assisted collisions on the D_1 transition [14]. These conditions suggest a robust route to loading large arrays of ^{39}K atoms in optical tweezers.

II. EXPERIMENTAL SETUP

Starting from a bulk sample of laser-cooled ^{39}K atoms, we probabilistically load atoms into a single optical tweezer having 780 nm wavelength. The trap laser light is passed through an acousto-optic modulator to enable power-stabilization and fast switching. The diffracted path is delivered to the atoms by a polarization-maintaining optical fiber. This light is filtered, shaped, and focused down to approximately $1.0(1)\ \mu\text{m}$ by a high-NA objective lens (Mitutoyo G Plan Apo 50X; NA = 0.5). We operate with a typical trap beam power of 1.1 mW at the focus, relating to a typical trap depth of $1.1(1)\ \text{mK}$, as calibrated by the differential (excited vs. ground state) light-shift to the D_1 transition. To note, this calibration assumes that the atom resides at the trap minimum (*i.e.*, an assumption of zero temperature), and we expect the systematic calibration error due to residual motion is below 10%. From our trap depth measurements and assuming a circular symmetry of the beam profile, we infer a trap waist of $1.0(1)\ \mu\text{m}$. This value is

*jcovey@illinois.edu

†bgadway@illinois.edu

Published by the American Physical Society under the terms of the [Creative Commons Attribution 4.0 International](https://creativecommons.org/licenses/by/4.0/) license. Further distribution of this work must maintain attribution to the author(s) and the published article's title, journal citation, and DOI.

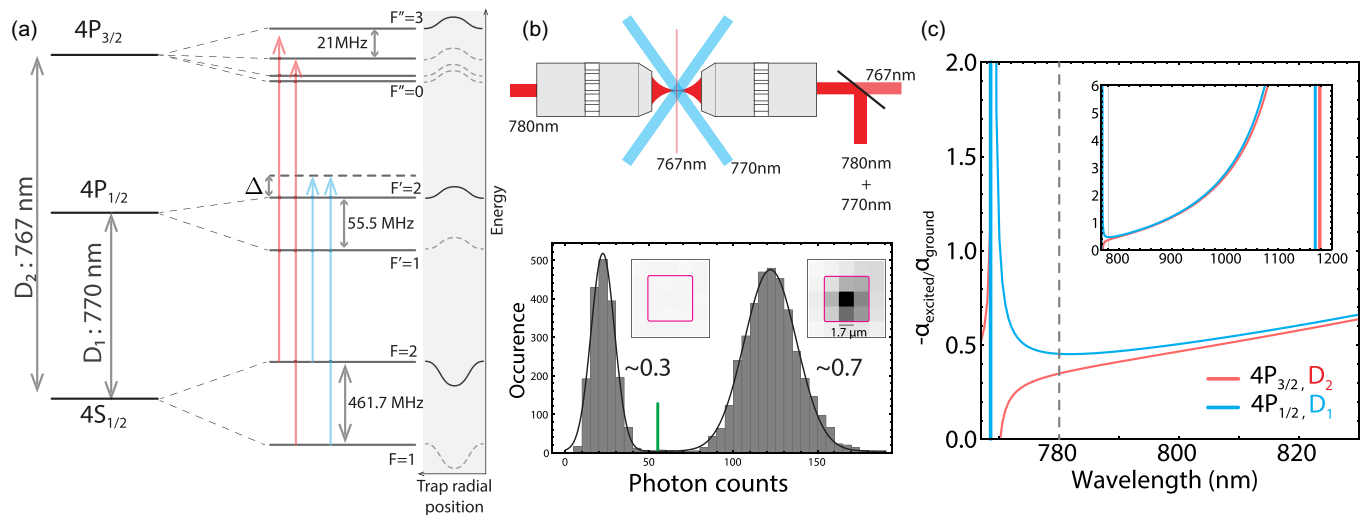


FIG. 1. In-trap imaging of ^{39}K in a 780 nm optical tweezer. (a) Left: ^{39}K level diagram (not to scale). Gray molasses cooling using the D_1 $F = 2 \rightarrow F' = 2$ transition (blue) enables robust in-trap cooling while simultaneously performing fluorescence imaging on the D_2 transition (red). (a) Right: illustration of trap-induced light shift for trap wavelength of 780 nm. Solid lines indicate the states relevant for imaging and cooling in our system. To note, the depicted light shift curves are plotted on the same scale with respect to one another. As quantified in (c), the excited state light shifts have the opposite sign and roughly half the magnitude of the $4S_{1/2}$ ground states. (b) Top: sketch of the experimental setup. One high-NA objective delivers optical tweezer light (780 nm, dark red). A small D_2 scattering beam (767 nm, light red) aligned perpendicular to the imaging axis is used to scatter photons that are collected using a second objective. D_1 gray molasses beams (770 nm, blue) are used to cool the atoms while performing D_2 imaging. Scattered fluorescence at 767 nm is collected through a second objective lens and imaged onto a camera, while the trapping and cooling light at 780 and 770 nm are removed through the use of narrow spectral filters. (b) Bottom: a histogram of photons collected from atoms loaded to an optical tweezer, collected over 5555 experimental shots under typical imaging conditions. The histogram demonstrates good detection efficiency ($>99\%$) and 68(1)% loading efficiency (as calculated from counts above the threshold value of 55, indicated by the green line). The insets show the averaged image of shots determined to have zero atoms (left panel) and a single atom (right panel), with the pink square showing the region used for photon counting. This histogram is based on atoms loaded into an optical tweezer having a trap depth of $U/k_B = 1.1(1)$ mK and imaged for a duration of 50 ms. (c) Influence of tweezer light shifts on the D_1 and D_2 transitions. We plot the excited state polarizabilities for the D_1 ($4P_{1/2}$, blue) and D_2 ($4P_{3/2}$, red) transitions, normalized to the ground state ($4S_{1/2}$) polarizability. The main panel shows the excited-to-ground state polarizability ratio for tweezer wavelengths near-detuned from resonance, with the experimental value of 780 nm noted by the vertical black line. (Inset) The same quantities, but shown over a large range of tweezer wavelengths.

consistent with direct measurements of the beam at the focal plane.

Due to the compressed level structure of the $4P_{3/2}$ excited states for ^{39}K [shown in Fig. 1(a)], sub-Doppler temperatures achievable using bright molasses cooling on the D_2 transition are typically high compared to other alkali species. As a result, cooling and imaging atoms in traps having mK-level depths exclusively using D_2 bright molasses can be challenging. The requisite cooling can alternatively be provided by Λ -enhanced gray molasses (GM) on the D_1 transition [15], which has limiting temperatures far below those of the ^{39}K D_2 bright molasses. The combination of imaging on the D_2 transition (767 nm) and cooling by GM on the D_1 transition (770 nm) in principle provides a simple means to achieve robust cooling and imaging for ^{39}K and other light alkalis, with the added benefit that cooling light can be spectrally filtered from the collected fluorescence.

To generate fluorescent scattering at 767 nm, we utilize a single small (~ 1 mm diameter) scattering beam that contains components near both the D_2 cycling and repump transitions. Its small size and alignment along a path that is perpendicular to the imaging axis, as shown in Fig. 1(b), helps to minimize

the amount of 767 nm stray scattering that enters the imaging system. The 767 nm fluorescence light is collected by an objective that is identical to the one used for tweezer preparation, also shown in Fig. 1(b). This objective is part of a multilens imaging system that yields a net $\times 9.4$ magnification, as imaged onto our EMCCD camera (Andor iXon Life).

While imaging via D_2 fluorescence, we simultaneously cool the atoms via Λ -enhanced GM on the D_1 transition. This combination enables relatively simple and robust trapping, cooling, and imaging of individual ^{39}K atoms, as demonstrated by the histogram of collected fluorescence shown in Fig. 1(b), which shows good detection fidelity ($>99\%$ ¹) and

¹We fit both the zero- and one-atom peaks of the photon count histogram to Gaussian functions. We then integrate the weight of the normalized zero-atom distribution that falls above a set threshold value of 55 counts [indicated by the green line on Fig. 1(b)]. Similarly, we integrate the weight of the normalized one-atom distribution falling below this threshold. Each of these quantities are well below 1%.

an enhanced loading probability [68(1)%] for a modest 50 ms imaging duration.

Here, the simplicity and robustness of our setup benefits from the use of optical tweezer light with a relatively small 10 nm detuning from resonance. For more general conditions, the state-dependent light shifts (ac Stark shifts) generated by the optical tweezer can challenge schemes for cooling and imaging. While ^{39}K does not permit any “magic trapping” (identical polarizabilities for ground and excited states) conditions for near infrared tweezer light, the effects of the state-dependent light shifts are less severe when operating at wavelengths not too far from resonance. Figure 1(c) presents calculations [16] of the ratio of excited-to-ground state polarizabilities for the D_1 (blue) and D_2 (red) transitions due to tweezer light of varying wavelength. Roughly speaking, the differential light shifts (for a modest trap of mK-level depth) are not too severe for trapping wavelengths ranging from roughly 774 to ~ 900 nm. Outside of this range, one would expect that large inhomogeneous differential light shifts and the strongly antitrapping nature of the excited states could present a serious challenge to the loading, cooling, and imaging of atoms. Such issues can be overcome through staggered chopping of the cooling and trapping light [11,17], as has recently been demonstrated for ^{39}K atoms in 1064 nm wavelength optical tweezers [3]. However, continuous cooling by D_1 GM presents a simple and robust alternative when operating at near-infrared tweezer wavelengths below ~ 900 nm. To note, the general set of conditions that we explore herein, based on small (~ 10 nm) detunings and moderate (~ 1 mK) depths, lead to inelastic scattering rates of $\sim 2\pi \times 20$ Hz. Such conditions, perfectly adequate for the loading and imaging of atoms, are also directly applicable to preparing atoms for short-timescale (few to tens of μs) analog quantum simulation experiments based on direct excitation to high-lying Rydberg levels. For applications in quantum information science that rely on ground state coherence, lower scattering rates ($\sim 2\pi \times 2$ Hz) can be achieved by simply adiabatically lowering the tweezer trap depth to ~ 100 μK . Moreover, another order of magnitude reduction may be achieved by operating with trap wavelengths closer to 850–900 nm.

To enable imaging with single-atom number resolution, it is highly beneficial to reduce the amount of background light that reaches the camera. Because our cooling and scattering beams have distinct wavelengths, we can use commercial color filters to remove the D_1 cooling light (as well as the 780 nm trapping light) from the imaging path. This approach is relatively straightforward to implement, with no spatial filtering outside of the use of lens tubes along the imaging path. However, particular to our present implementation, which utilizes angled filters, a small amount of residual background light enters our imaging system where beam tubes are not present. This motivates us to work at rather large scattering rates (~ 140 kHz) to acquire signal faster than the background.

We note that this technical issue could be improved by better spatial filtering or by imaging on the far-separated 405 nm ($4S \leftrightarrow 5P$) transition, and that such an issue would be more easily avoidable for species with larger fine-structure splittings [12]. Still, as demonstrated by the histogram of Fig. 1(b) and by the results that follow, we are able to achieve

efficient and robust loading, trapping, cooling, and imaging of individual ^{39}K atoms.

III. RESULTS AND DISCUSSION

A. Nondestructive imaging

For the imaging of single atoms in optical tweezers, one would like to achieve a high discrimination between cases of having zero or one atoms per trap. We have demonstrated this capability in Fig. 1(b), for modest imaging durations of 50 ms and for a trap depth of 1.1(1) mK. In addition, it is also desirable to achieve low atom loss during the imaging. This is generally important for applications in quantum information science and analog simulation. Moreover, specific to the preparation of large defect-free fiducial states by the sorting of atoms to distill vacancies from tweezer arrays [18–20], one would like to achieve a low loss probability during an image cycle. That is, the faithful sorting of atoms in an array based upon an initial image of trap occupations will only succeed if one retains all of the atoms observed in said image. Thus, to scale to arrays of hundreds of atoms, one should ensure survival probabilities in excess of 99%.

We begin by investigating the survival dynamics of individual atoms under the imaging conditions used to produce the histogram displayed in Fig. 1(b). As we discuss later in the context of Sec. III B, prior to the application of imaging light the trap is first loaded and an explicit parity projection time step is included to ensure the occupation of at most one atom. Then, cooling by D_1 molasses is performed simultaneously while the small D_2 scattering beam is applied to the atom. These conditions are kept in place for a total of 8.05 s, with the first 50 ms relating to an initial imaging step utilized for post-selection. Then, conditioned on the presence of atom in this initial shot, we assess the probability for loaded atoms to survive after a varying number of imaging cycles \mathcal{N}_{im} . Specifically, while maintaining “imaging conditions” continuously for 8 s after the initial image, relating to a total of 160 imaging time steps, we record an image every other cycle, clearing the EMCCD array between successive shots. The survival probability under such conditions (brown circles) is plotted in Fig. 2 as a function of the number of imaging cycles.

For a fixed loss rate p_{loss} per imaging time step, one expects an exponential decay of the survival probability, with a $1/e$ value reached for $\mathcal{N}_{\text{im}} \approx 1/p_{\text{loss}}$. Our data, however, displays a super-exponential decay over long times. This suggests that the loss rate is not constant, but increases as the atom is imaged, due to the finite trap depth and a heating rate that slightly exceeds the rate of cooling.² Still, we can make some observations about the imaging survival probability based on this data. First, our measured survival probability of $>50\%$ after 100 imaging time steps directly implies an initial survival probability of at least 99% per image. Second, an exponential fit to only the short-time data ($\mathcal{N}_{\text{im}} \leq 20$) suggests a survival probability of roughly 99.93% ($p_{\text{loss}} \approx 0.0007$) per imaging

²Owing to the differential trap light shifts and the blue-detuning of our D_2 scattering beam, this effect is further exacerbated by an increase in the scattering rate as the atoms are heated away from the trap minimum.

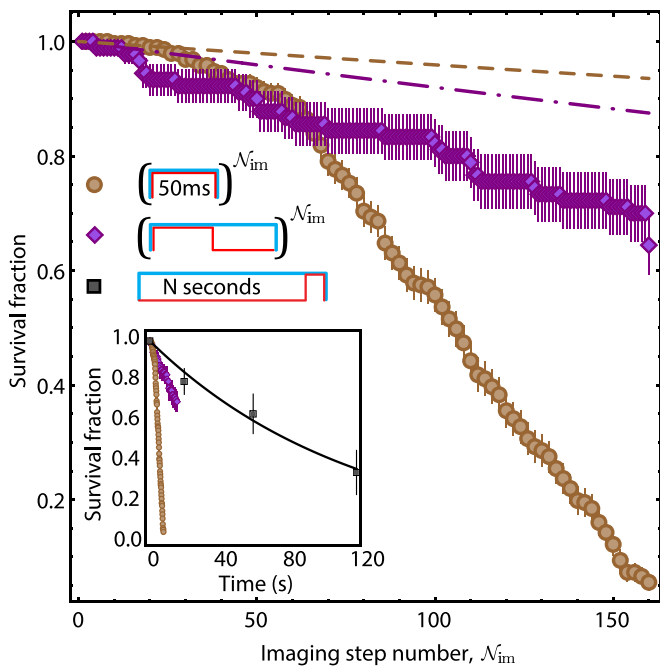


FIG. 2. Nondestructive imaging. Plot of the survival fraction of post-selected atoms in a $1.1(1)$ mK-deep trap under repeated imaging (brown circles) or repeated imaging with interleaved fixed GM cooling (purple diamonds), shown as a function of the number of imaging blocks, which are defined in the legend. For each case, the image for each imaging block is acquired during a 50-ms-long period. (Inset) Survival fraction as a function of time for the two imaging modalities shown in the main panel, as well as for the condition of simply holding in the trap with fixed D_1 GM and no D_2 scattering (black squares). The fit decay curve for the black data is reproduced in the main panel, with a conversion to the number of imaging blocks for the two modalities, shown as the brown dashed and purple dash-dotted lines. All error bars represent the standard error of the mean.

step, promising for the production of defect-free arrays and for applications in quantum information science and analog simulation.

We now avoid the runaway loss of atoms and the associated superexponential decay by simply including an interleaved cooling block between each imaging step [7]. This added cooling step has the same duration as the imaging steps, and has the same fixed D_1 cooling conditions as during imaging. That is, we simply turn off the D_2 scattering beam during these cooling periods. The camera is exposed during the first 50 ms, while scattering, and then cleared during each 50 ms cooling block. The survival dynamics under this interleaved cooling protocol are also shown in Fig. 2 (purple diamonds), with the data taken over 16 s after the initial image. Comparing to the case of continuous imaging, we primarily find that introducing interleaved cooling leads to a large enhancement of the survival probability after many imaging cycles, $N_{\text{im}} \gtrsim 100$. This is consistent with the expectation that the average cooling rate should exceed the average heating rate for the interleaved cooling protocol. The survival data for interleaved cooling are also more globally consistent with a fixed loss probability per imaging cycle, with a value of $\sim 99.8\%$ ($p_{\text{loss}} \approx 0.002$)

suggested by an exponential fit to this full data set (purple diamonds).

Ultimately, aside from runaway processes and technical issues, the loss probability per imaging cycle should be set by the imaging cycle duration and some limiting loss rate set by background gas collisions, residual thermal loss under the steady-state (or cycle-averaged) cooling conditions, or a combination thereof. We assess such limits for this system by measuring the survival fraction as a function of time under continuous D_1 cooling in the trap of depth $U/k_B = 1.1(1)$ mK (inset, black squares). An exponential fit to these data indicates a lifetime of 119.9 ± 6.4 seconds, limited by either vacuum or thermal loss under the steady-state D_1 conditions. For comparison purposes, we plot the exponential decay from the fit to these conditions, converted to the number of imaging cycles that could be performed under both continuous imaging (brown dashed line) and interleaved-cooling imaging (purple dash-dotted line), in the main Fig. 2. To note, this limiting loss rate appears to be roughly consistent with the short time survival probability for both the continuous imaging and interleaved cooling cases.

B. Enhanced loading

Single atom preparation in optical tweezers typically involves overlapping tweezers with a 3D MOT and relying on inelastic light-assisted collisions induced by red-detuned molasses. This generically results in the loading of single atoms with an efficiency of $\sim 50\%$, with higher occupancies distilled out through the process of parity projection [21–23]. While blue-detuned light can also result in parity projection, gray molasses has been found to allow for enhanced ($>50\%$) loading efficiencies of single atoms in optical tweezers, with collisional blockade effects helping to avoid multiatom occupancies by preferentially expelling only the higher-energy atom from a colliding pair [14].

We investigate loading of the 780 nm tweezer using Λ -enhanced GM, which involves blue-detuned D_1 laser light. Our procedure [Fig. 3(c)] begins by loading a 3D MOT and performing sub-Doppler cooling as described in the Appendix. The D_1 GM beams are kept on for 150 ms to load atoms into a variable-depth tweezer. We then turn off the GM beams for 40 ms to allow untrapped atoms to fall under gravity. During this time, the tweezer depth is linearly ramped from its initial “loading” value to a final fixed depth of $0.7(1)$ mK. After the 40 ms “drop” step, with only tweezer-trapped atoms remaining, we perform clean-up parity projection by turning the D_1 GM beams back on for 10 ms to induce pairwise loss. This step of parity projection by D_1 GM also serves to cool atoms prior to imaging. We then image the atoms by turning on the D_2 scattering beam for 150 ms while simultaneously cooling by D_1 GM. To note, because of the lower trap depth in this case as compared to the conditions of Fig. 2, we operate with a reduced scattering rate and a correspondingly longer imaging period.

Figure 3 summarizes our ability to load atoms based on the protocol described above, under varying conditions of trap depth U and one-photon D_1 GM detuning Δ . For each case, parity projection and imaging occur at the fixed final depth of $0.7(1)$ mK. For each set of loading conditions (U

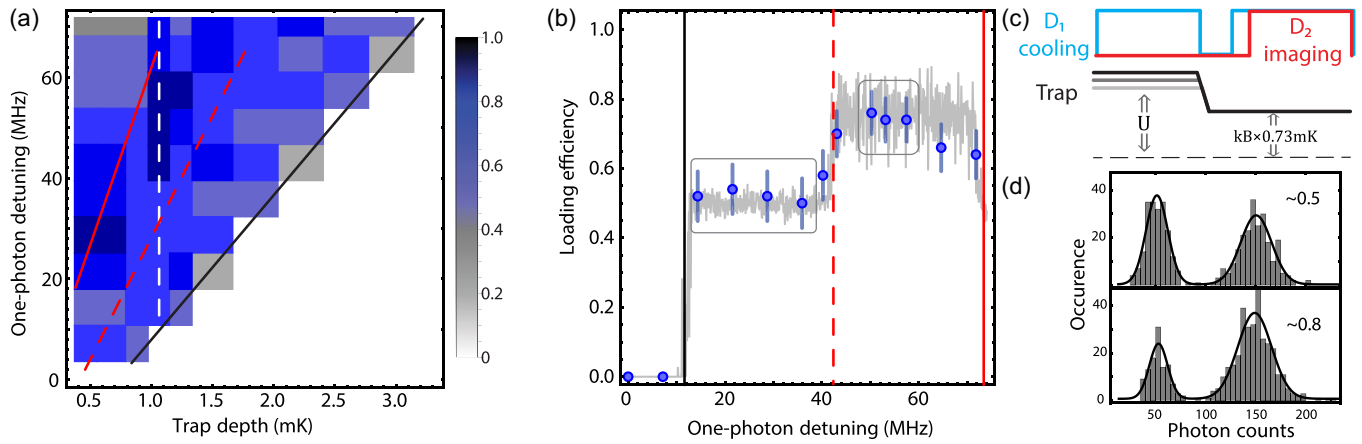


FIG. 3. Gray molasses-aided loading of an optical tweezer. (a) Loading efficiency at different trap depths as a function of Λ -enhanced GM one-photon detuning. The black line indicates a differential linear light shift of the $F = 2 \rightarrow F' = 2$ transition induced by increasing trap depth. Above this line, cooling beams are blue-detuned and D_1 GM cools atoms in the trap. The red dashed (solid) line relates to an additional GM detuning by $1 \times (2 \times)$ the trap depth (U/h). (b) Loading efficiency taken at a fixed loading trap depth of 1.1(1) mK [vertical white dashed line in (a)] as a function of the GM one-photon detuning Δ . Below 12 MHz no loading takes place because cooling beams are red-detuned from the light-shifted D_1 transition. The loading efficiency jumps to roughly 50% once cooling beams are blue-detuned (black solid line). At one trap depth of additional detuning (red dashed line), the amount of energy absorbed by an atom pair during collision is only enough to eject one atom, thus increasing the loading efficiency. At two trap depths of additional detuning, the excess photon energy can eject both atoms from a colliding pair, presenting an upper edge for enhanced loading. The gray line corresponds to a Monte Carlo best-fit simulation incorporating atom pair loss during loading. (c) Experimental sequence for GM loading an optical tweezer and subsequent atom imaging, as detailed in the text. (d) Histograms of photon counts acquired under conditions of standard [53(2)%], from lower four encircled points in (b)] and enhanced [76(2)%], from upper three encircled points in (b)] atom loading.

and Δ), we determine the single-atom loading probability by repeating the imaging procedure a minimum of 50 times. As shown in Figs. 3(a) and 3(b), we find that atoms are primarily loaded when Δ , the one-photon detuning of the D_1 light from the free-space $F = 2 \rightarrow F' = 2$ transition, is positive (blue detunings). This is consistent with the general dependence of D_1 GM cooling temperatures on the one-photon detuning, as previously reported in free space [15]. We further observe that an additional blue-detuning of the GM light is required to load atoms in tweezer traps of increasing depth [24]. This compensates for the differential light shift Δ_{ge} produced by the 780 nm tweezer, which relates to $1.45 U/h$, with U the ground state trap depth (h , Planck's constant).

This differential light shift [Δ_{ge} , as derived from the polarizability curves of Fig. 1(c)] gives rise to the phenomenological black line shown in Fig. 3(a), which denotes the onset of atom loading. To note, this measured shift of the D_1 GM loading edge with varying optical tweezer power and depth, which by construction has a slope of 29 MHz/mK, serves as our primary calibration of the ground state trap depth U .

A detailed view of the loading dependence on the D_1 detuning can be found by looking along a vertical cut (vertical white dashed line) of Fig. 3(a). The loaded atom fraction along this vertical cut, taken at a loading trap depth of 1.1(1) mK, is plotted in Fig. 3(b). At zero detuning, no atoms are loaded, as the tweezer-induced light shifts cause the D_1 light to heat the atoms. For increasing detuning, we first observe a jump in the fraction of loaded atoms from 0% to roughly 50% at a moderate positive Δ value, with D_1 GM cooling enabled when the trap's differential light shift is overcome. Here, the observed 50% loading is consistent with the application of parity projection prior to imaging.

This 50% loading is then seen over a range of increasing Δ values, until we observe another jump (red dashed line) to enhanced loading values in excess of 50%. We observe single-atom loading probabilities up to 76(2)% at 1.1(1) mK, as evaluated over 110 experimental shots. The onset of enhanced loading is associated with the condition that, for pairs of atoms in the trap, one atom (having a greater laboratory-frame energy) may be preferentially ejected during a light-assisted collision by the excess photon energy deposited to the atom pair. The onset of this condition relates to the red dashed line appearing in Fig. 3(a), which has a slope of 49 MHz/mK given by $\Delta_{ge} + U/h \sim 2.45 U/h$. As Δ increases further, and along with it the excess energy imparted to atom pairs during light-assisted collisions, there is eventually enough energy to eject both atoms, pairwise, from the trap. This again results in a parity projection and a nominal loading rate of 50%. This upper threshold for enhanced loading is denoted by the solid red line in Figs. 3(a) and 3(b), which has a slope of 69 MHz/mK given by $\Delta_{ge} + 2 U/h \sim 3.45 U/h$.

In practice, we find the enhanced loading conditions in the intermediate detuning range to be quite robust, routinely observing loading probabilities $\sim 70\%$. Such enhanced trap loading probabilities can be useful, e.g., for reducing the resources and laser power overhead required to perform efficient sorting for the achievement of large defect-free tweezer arrays [13,24].

C. Gray molasses cooling

Having demonstrated that the use of D_1 GM helps to enable low-loss, high-fidelity imaging as well as enhanced tweezer loading, we now investigate how well D_1 GM per-

forms with respect to cooling tweezer-trapped ^{39}K atoms. The reduction of residual atomic motion in optical tweezers is beneficial for a range of applications in quantum science. While Raman-sideband cooling is very well suited to achieving high trap ground state occupation [2,25] and has recently been demonstrated for ^{39}K atoms [3], cooling by a simple and robust method like D_1 GM could still be useful for many purposes. For example, for quantum simulation studies based on Rydberg atoms released from optical tweezer arrays, where cooling prior to release helps to increase achievable free-space evolution times and reduce disorder in the inter-atom distances and interaction energies [26], the specific achievement of ground-state cooling is not as crucial as compared to, e.g., experiments involving coherent inter-tweezer tunneling [27,28].

Here, we assess cooling of atoms by performing measurements of the probability to recapture atoms following a sudden release from the trap and free expansion [29,30]. Specifically, after loading atoms into a 1.1(1)-mK-deep trap and performing an initial image to verify occupancy, we suddenly extinguish the trap, wait a variable release time, t_{rr} , and then suddenly turn the trap back on and attempt a second image. By comparing to Monte Carlo simulations, this release-and-recapture method allows for an estimate of the atom temperature, with particular sensitivity to the radial temperature [31].

We now investigate the release-and-recapture survival dynamics under three different cooling scenarios. (1) No cooling. Following the initial image (50 ms in duration, same conditions as utilized in Fig. 2), we simply release the atom with no additional cooling applied. (2) Static cooling. After taking the first image a static cooling block is included where D_1 GM is applied for 100 ms at a fixed power, under the same conditions as optimized for low-loss imaging. (3) Dynamic cooling. Here we append an additional dynamical cooling block to the 100-ms-long static block, during which the D_1 GM laser power is ramped down to a lower value over 20 ms before the atom is released. The dependence of release-and-recapture survival probability for these three cases are shown in Fig. 4 as a function of release time.

In the absence of cooling (red circles), we observe sharp decay of the survival probability upon release, with a survival rate of roughly 50% found after roughly 6 μs . A moderate increase in the achievable release times is observed upon the introduction of the static cooling block (black squares), with the survival probability at 6 μs increasing to $\sim 70\%$. For dynamic cooling, reminiscent of free-space gray molasses [12,15,32,33], we reduce the GM laser intensity to a third of its initial value (based on empirical optimization) over 20 ms to achieve an associated reduction of the atomic temperature. As compared to the cases of no cooling or static cooling, we find that the survival dynamics under dynamic cooling (blue diamonds) dramatically improves, with essentially no loss found after 6 μs and a $1/e$ survival time of roughly 30 μs .

To estimate the temperature of the atom for the three cases we implement a Monte Carlo simulation [31,34]. We consider a single atom in a 1.1(1)-mK trap with an initial position and velocity. The initial position is drawn from a Gaussian distribution with standard deviation given by $\sigma_z = \sqrt{k_B T / m \omega_z^2}$

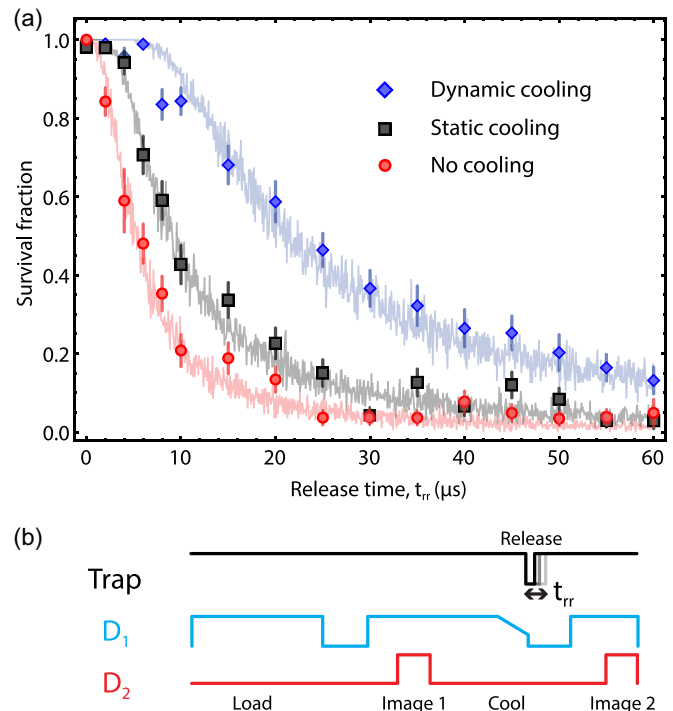


FIG. 4. Temperature measurement by release and recapture. (a) Release-and-recapture survival probability of atoms released from an optical tweezer trap. We measure the fraction of pre-imaged atoms that are recaptured after releasing the atoms, by suddenly turning off the trap from a depth of $k_B \times 1.1(1)$ mK, and turning the trap back on after a variable delay time. We consider three different cooling scenarios prior to release: no additional cooling after preimaging (red circles), a 100 ms block of cooling under fixed D_1 GM conditions (black squares), and fixed cooling followed by a linear ramp of the D_1 GM to a lower final power (blue diamonds). The points are data, while the shaded regions relate to Monte Carlo simulations used to infer the atomic temperature from the recapture fraction curves. Based on these comparisons, we extract temperatures of ~ 130 , ~ 60 , and ~ 20 μK for the no cooling, static cooling, and dynamic cooling cases, respectively. The data error bars correspond to one standard error of the mean. (b) Timing diagram for the trap light, D_1 cooling light, and D_2 scattering light, with the D_1 diagram relating to the dynamic cooling scenario.

and $\sigma_r = \sqrt{k_B T / m \omega_r^2}$ in the axial and radial directions, respectively. Here ω_i is the trap frequency in the i^{th} direction, m is the mass of the atom, and k_B is the Boltzmann constant. The initial velocity is also drawn from a Gaussian distribution with $\sigma_v = \sqrt{k_B T / m}$. The atom's nearly ballistic motion is followed for some time t and the final energy is calculated. While we include the effects of gravity in our simulations, they are negligible on these short release timescales. The total final energy is determined as the sum of the kinetic energy of the atom and the potential energy due to the suddenly turned on dipole trap (also including the small influence of gravity). If the total energy of the atom is larger/smaller compared to the trap depth ($k_B \times 1.1(1)$ mK), the atom is considered lost/recaptured and a trap occupation of 0/1 is assigned. We repeat the simulation 1000 times for each release time and average the outcomes to obtain a survival probability.

The temperature is now estimated by running the simulation for a varying range of T to obtain survival probability curves as a function of release time, followed by a least-square analysis to find the best fit. Based on these fits we extract temperatures of roughly 130, 60, and 20 μK for the cases of no cooling, static cooling, and dynamic cooling, respectively. For context, based on approximate estimated trap frequencies of $\omega_{\perp}/2\pi = 180\text{ kHz}$ and $\omega_{\parallel}/2\pi = 30\text{ kHz}$ (from the measured depth and inferred waist), the dynamic cooling temperature would relate to mean trap phonon occupations of roughly $n_{\perp} \sim 2$ and $n_{\parallel} \sim 11$ in the radial and axial directions, respectively. While the lowest temperature we achieve is higher than what has been achieved through careful Raman-sideband cooling [3], the simplicity and robustness of implementation by D_1 GM could be of benefit for certain applications.

IV. CONCLUSIONS

We have demonstrated that D_1 gray molasses cooling can serve as a powerful resource for achieving enhanced loading, high-fidelity nondestructive imaging, and robust cooling of ^{39}K atoms trapped in near-detuned (780 nm) optical tweezers. Of practical interest, the combination of D_1 GM with near-detuned tweezer light allows for a simple and robust implementation of trapping, cooling, and imaging. Moreover, the robustness of D_1 GM and the large ground state polarizability of the 780 nm tweezer light provide favorable conditions for the extension to larger arrays of tweezer-trapped atoms. More broadly, bichromatic approaches to imaging and cooling atoms in optical tweezers should be widely applicable, and likely even easier to implement in many leading experiments based on heavier alkali species.

ACKNOWLEDGMENTS

We thank Nikolaus Lorenz and Christian Gross for helpful discussions. We thank Cheeranjeev Purmessur, Ivan Velkovsky, Sai Paladugu, Garrett Williams, and Shraddha Agrawal for a critical reading of the manuscript. We thank Garrett Williams, Michael Highman, Eric Meier, Tao Chen, and Zejun Liu for technical assistance and for valuable discussions. This material is based upon work supported by the National Science Foundation under Grant No. 1945031.

APPENDIX

1. Experimental system

Our experiments make use of a multichamber vacuum apparatus with two separated regions for magneto-optical trapping. We first, over several seconds, load a three-dimensional magneto-optical trap (3D MOT) of ^{39}K atoms in an intermediate trapping region. This intermediate 3D MOT is continuously fed by a flux of atoms produced by a separate two-dimensional magneto-optical trap. After nearing full capacity, the 3D MOT has its gradient extinguished and its atoms are transferred to a final 3D MOT that resides in a glass science cell (rectangular quartz cell, with dimensions of 28 mm \times 28 mm \times 100 mm and a 4 mm wall thickness) roughly 0.5 m away. This transfer of the atoms is accomplished by a 200 μs -long pulse of near-resonant (blue-detuned from the

D_2 transition) laser light that passes between the intermediate and final 3D MOT chambers. The laser light in the final 3D MOT is turned on 20 ms after the atoms are pushed from the intermediate MOT to catch atoms and is allowed to Doppler-cool the atoms for 200 ms.

Our final MOT has several features particular to its use for single atom imaging and cooling in optical tweezers. It features laser light for addressing both the D_2 (767 nm) and D_1 (770 nm) transitions of ^{39}K [see main text Fig. 1(a)]. The laser light for the D_2 and D_1 transitions is combined by a fiber-based splitter-combiner. To accommodate two high numerical aperture (NA) objectives for imaging and optical tweezer focusing, the final MOT features nonorthogonal beam paths, set apart by 120° in the horizontal plane [see main text Fig. 1(b)]. A vertical MOT path provides cooling along the vertical direction.

After loading the D_2 MOT in the final chamber, we first compress the cloud by increasing the magnetic field gradient, and we then apply molasses cooling on the D_2 transition for 3.5 ms by turning off the gradient and changing the powers and detunings of the D_2 cycling and repumping light (near to the $F = 2 \rightarrow F'' = 3$ and $F = 1 \rightarrow F'' = 2$ transition lines, respectively). We then further cool our bulk cloud of atoms by Λ -enhanced gray molasses (GM) on the D_1 transition [15]. Here, we apply D_1 cycling light (blue-detuned from the $F = 2 \rightarrow F' = 2$ transition) and repump light (blue-detuned from $F = 1 \rightarrow F' = 2$), which are set up in a Λ configuration [see main text Fig. 1(a)] with zero two-photon detuning. Based on parameters optimized using Gaussian process implemented using an open-source software package (MLOOP [35]), we routinely cool bulk gases of atoms down to $\approx 4\ \mu\text{K}$ over 7.5 ms before loading the optical tweezer.

2. Temperature estimate by trap depth reduction

As proposed in Refs. [31,34], the temperature of an atom can be measured through a rampdown technique where the trap depth is adiabatically lowered (by lowering trap power) and held for enough time for the atom to potentially escape before raising the depth again to image the atom. In short, by adiabatically lowering to some minimum trap depth U_{\min} , the atom escapes if its initial energy is sufficiently high such that the final energy after this ramp (considering integration of the action that describes the adiabatic rampdown procedure) is higher than U_{\min} . Based on this sensitivity to the initial energy, the measurement of survival after ramping down the trap to variable depths allows for the estimation of the atom temperature.

We experimentally implement this rampdown technique for the three different cooling conditions already investigated in the main text (through release and recapture). Specifically, following an initial imaging step, we implement one of the three cooling scenarios: no cooling, static cooling, or dynamic cooling. The trap depth is then lowered from 1.1(1) mK to some minimum depth U_{\min} over 2 ms, held at this depth for 20 ms, and then raised back up over 2 ms to a final depth of 1.1(1) mK. A second image is then taken to determine whether the atom was retained or lost. To minimize any potential trap loss due to imperfect imaging, a 50 ms cooling block is added before each imaging time step. For each U_{\min} explored, we

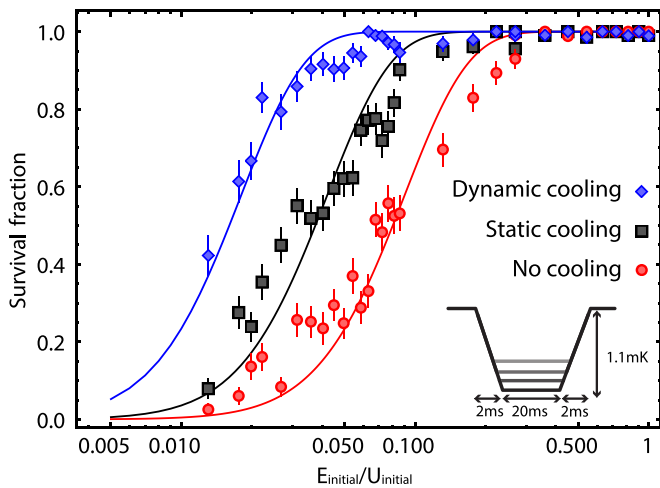


FIG. 5. Temperature estimation by a ramp-and-hold measurement. We measure the fraction of atoms that remain in the trap after slowly turning down the trap power over 2 ms to variable depths, holding at that depth for 20 ms, and ramping back up over 2 ms to the initial depth [$U/k_B = 1.1(1)$ mK]. The points are experimental data, and the lines relate to the best-fit (fit as a function of different trial initial temperatures) theory curves of survival fraction as based on integrating the action of the atoms throughout the ramp-down and comparing the resulting energy to the trap depth (following the procedure outlined in Refs. [31,34]). The data error bars represent the standard error of the mean. The inset cartoon depicts the symmetric ramp-and-hold procedure. The red, black, and blue data/theory relate to the cases of no cooling, static cooling, and dynamic cooling, with the same preparation, imaging, and cooling procedures as performed for the data presented in Fig. 4.

take ≈ 180 shots per data point. As shown in Fig. 5, the measured survival fraction starts at 1 for $U_{\min} \sim 1$ mK and decreases for lower minimum trap depths.

In Fig. 5, we present the rampdown survival data, not directly as a function of the trap depth, but rather plotting as a function of a recalibrated quantity $E_{\text{initial}}/U_{\text{initial}}$ [31,34]. For decreasing trap depths, loss of atoms first occurs for the no cooling case (red circles), with 50% survival at around $U_{\text{initial}}/10$. For the static cooling case (black squares), we

observe a clear influence of the added cooling, as evidenced by the fact that survival reaches 50% at around $U_{\text{initial}}/20$. Finally, with the dynamic cooling step (blue diamonds), we find that the survival fraction remains relatively high for lower trap depths, reaching 50% survival at roughly $U_{\text{initial}}/50$.

Qualitatively, these rampdown measurements are in good agreement with the release-and-recapture results of the main text. The release-and-recapture results revealed that static cooling lowered the temperature with respect to the no cooling scenario, and that dynamic cooling provided still further temperature reduction (i.e., $T_{\text{dynamic}} < T_{\text{static}} < T_{\text{no cool}}$). A similar trend can be inferred from the rampdown data of Fig. 5, based on the correspondence between the initial energy (temperature) and the achievable minimum trap depth prior to escape.

Following the procedure of Refs. [31,34], we now estimate the temperature of the atoms based on these rampdown measurements. Assuming a Maxwell–Boltzmann distribution for the initial atomic temperature, and based on a 1.1(1)-mK initial trap depth and an estimated trap waist of 1.0(1) μm , fits to the survival data yield initial temperatures of ~ 40 , ~ 100 , and ~ 170 μK for the dynamic, static, and no cooling scenarios. To note, these temperature estimates differ from those of the release-and-recapture method by almost a factor of two.

This quantitative disagreement could occur for various reasons. For one, the two methods are expected to have different relative sensitivities to the atoms' radial and axial temperatures, which may not coincide. That is, the atoms may have a low radial temperature, to which release-and-recapture is predominantly sensitive, but a higher axial temperature that would affect the rampdown survival. Alternatively, the temperature estimates from these two procedures could be in apparent disagreement simply because of their unique dependencies on quantities like the trap depth and trap waist, combined with our uncertainties in these quantities. As discussed in the main text, we have a statistical uncertainty in the trap depth from our calibration based on the differential light shift for the D_1 transition, which in turn also gives rise to an uncertainty in our inferred trap waist. Combined, these 10%-level uncertainties, along with potential deviations from our assumptions (such as circular symmetry of the trap beam), could also help to account for disagreement in the temperature estimates.

-
- [1] Y. Yu, N. R. Hutzler, J. T. Zhang, L. R. Liu, J. D. Hood, T. Rosenband, and K.-K. Ni, Motional-ground-state cooling outside the Lamb-Dicke regime, *Phys. Rev. A* **97**, 063423 (2018).
- [2] J. D. Thompson, T. G. Tiecke, A. S. Zibrov, V. Vuletic, and M. D. Lukin, Coherence and Raman Sideband Cooling of a Single Atom in an Optical Tweezer, *Phys. Rev. Lett.* **110**, 133001 (2013).
- [3] N. Lorenz, L. Festa, L.-M. Steinert, and C. Gross, Raman sideband cooling in optical tweezer arrays for Rydberg dressing, *SciPost Phys.* **10**, 052 (2021).
- [4] G. Unnikrishnan, M. Gröbner, and H.-C. Nägerl, Sub-Doppler laser cooling of ^{39}K via the $4S \rightarrow 5P$ transition, *SciPost Phys.* **6**, 047 (2019).
- [5] A. Cooper, J. P. Covey, I. S. Madjarov, S. G. Porsev, M. S. Safronova, and M. Endres, Alkaline-Earth Atoms in Optical Tweezers, *Phys. Rev. X* **8**, 041055 (2018).
- [6] M. A. Norcia, A. W. Young, and A. M. Kaufman, Microscopic Control and Detection of Ultracold Strontium in Optical-Tweezer Arrays, *Phys. Rev. X* **8**, 041054 (2018).
- [7] J. P. Covey, I. S. Madjarov, A. Cooper, and M. Endres, 2000-Times Repeated Imaging of Strontium Atoms in Clock-Magic Tweezer Arrays, *Phys. Rev. Lett.* **122**, 173201 (2019).
- [8] L. W. Cheuk, M. A. Nichols, M. Okan, T. Gersdorf, V. V. Ramasesh, W. S. Bakr, T. Lompe, and M. W. Zwierlein, Quantum-Gas Microscope for Fermionic Atoms, *Phys. Rev. Lett.* **114**, 193001 (2015).

- [9] R. Yamamoto, J. Kobayashi, T. Kuno, K. Kato, and Y. Takahashi, An ytterbium quantum gas microscope with narrow-line laser cooling, *New J. Phys.* **18**, 023016 (2016).
- [10] E. Haller, J. Hudson, A. Kelly, D. A. Cotta, B. Peaudecerf, G. D. Bruce, and S. Kuhr, Single-atom imaging of fermions in a quantum-gas microscope - Nature Physics, *Nat. Phys.* **11**, 738 (2015).
- [11] N. R. Hutzler, L. R. Liu, Y. Yu, and K.-K. Ni, Eliminating light shifts for single atom trapping, *New J. Phys.* **19**, 023007 (2017).
- [12] A. Glicenstein, G. Ferioli, L. Brossard, Y. R. P. Sortais, D. Barredo, F. Nogrette, I. Ferrier-Barbut, and A. Browaeys, Preparation of one-dimensional chains and dense cold atomic clouds with a high numerical aperture four-lens system, *Phys. Rev. A* **103**, 043301 (2021).
- [13] M. M. Aliyu, L. Zhao, X. Q. Quek, K. C. Yellapragada, and H. Loh, DI magic wavelength tweezers for scaling atom arrays, *Phys. Rev. Research* **3**, 043059 (2021).
- [14] T. Grünzweig, A. Hilliard, M. McGovern, and M. F. Andersen, Near-deterministic preparation of a single atom in an optical microtrap, *Nat. Phys.* **6**, 951 (2010).
- [15] G. Salomon, L. Fouché, P. Wang, A. Aspect, P. Bouyer, and T. Bourdel, Gray-molasses cooling of ^{39}K to a high phase-space density, *Europhys. Lett.* **104**, 63002 (2013).
- [16] P. Barakhshan, A. Marrs, B. Arora, R. Eigenmann, and M. S. Safronova, *Portal for High-Precision Atomic Data and Computation* (version 1.0). University of Delaware, Newark, DE, USA. URL: <https://www.udel.edu/atom> [January 2021].
- [17] G. J. A. Edge, R. Anderson, D. Jervis, D. C. McKay, R. Day, S. Trotzky, and J. H. Thywissen, Imaging and addressing of individual fermionic atoms in an optical lattice, *Phys. Rev. A* **92**, 063406 (2015).
- [18] M. Endres, H. Bernien, A. Keesling, H. Levine, E. R. Anschuetz, A. Krajenbrink, C. Senko, V. Vuletic, M. Greiner, and M. D. Lukin, Atom-by-atom assembly of defect-free one-dimensional cold atom arrays, *Science* **354**, 1024 (2016).
- [19] D. Barredo, S. de Léséleuc, V. Lienhard, T. Lahaye, and A. Browaeys, An atom-by-atom assembler of defect-free arbitrary two-dimensional atomic arrays, *Science* **354**, 1021 (2016).
- [20] D. Barredo, V. Lienhard, S. de Léséleuc, T. Lahaye, and A. Browaeys, Synthetic three-dimensional atomic structures assembled atom by atom, *Nature (London)* **561**, 79 (2018).
- [21] M. T. DePue, C. McCormick, S. L. Winoto, S. Oliver, and D. S. Weiss, Unity Occupation of Sites in a 3D Optical Lattice, *Phys. Rev. Lett.* **82**, 2262 (1999).
- [22] N. Schlosser, G. Reymond, and P. Grangier, Collisional Blockade in Microscopic Optical Dipole Traps, *Phys. Rev. Lett.* **89**, 023005 (2002).
- [23] N. Schlosser, G. Reymond, I. Protsenko, and P. Grangier, Subpoissonian loading of single atoms in a microscopic dipole trap - Nature, *Nature (London)* **411**, 1024 (2001).
- [24] M. O. Brown, T. Thiele, C. Kiehl, T.-W. Hsu, and C. A. Regal, Gray-Molasses Optical-Tweezer Loading: Controlling Collisions for Scaling Atom-Array Assembly, *Phys. Rev. X* **9**, 011057 (2019).
- [25] A. M. Kaufman, B. J. Lester, and C. A. Regal, Cooling a Single Atom in an Optical Tweezer to Its Quantum Ground State, *Phys. Rev. X* **2**, 041014 (2012).
- [26] S. de Léséleuc, D. Barredo, V. Lienhard, A. Browaeys, and T. Lahaye, Analysis of imperfections in the coherent optical excitation of single atoms to Rydberg states, *Phys. Rev. A* **97**, 053803 (2018).
- [27] S. Murmann, A. Bergschneider, V. M. Klinkhamer, G. Zürn, T. Lompe, and S. Jochim, Two Fermions in a Double Well: Exploring a Fundamental Building Block of the Hubbard Model, *Phys. Rev. Lett.* **114**, 080402 (2015).
- [28] A. M. Kaufman, B. J. Lester, C. M. Reynolds, M. L. Wall, M. Foss-Feig, K. R. A. Hazzard, A. M. Rey, and C. A. Regal, Two-particle quantum interference in tunnel-coupled optical tweezers, *Science* **345**, 306 (2014).
- [29] S. Chu, L. Hollberg, J. E. Bjorkholm, A. Cable, and A. Ashkin, Three-Dimensional Viscous Confinement and Cooling of Atoms by Resonance Radiation Pressure, *Phys. Rev. Lett.* **55**, 48 (1985).
- [30] P. D. Lett, R. N. Watts, C. I. Westbrook, W. D. Phillips, P. L. Gould, and H. J. Metcalf, Observation of Atoms Laser Cooled Below the Doppler Limit, *Phys. Rev. Lett.* **61**, 169 (1988).
- [31] C. Tuchendler, A. M. Lance, A. Browaeys, Y. R. P. Sortais, and P. Grangier, Energy distribution and cooling of a single atom in an optical tweezer, *Phys. Rev. A* **78**, 033425 (2008).
- [32] D. Boiron, C. Triché, D. R. Meacher, P. Verkerk, and G. Grynberg, Three-dimensional cooling of cesium atoms in four-beam gray optical molasses, *Phys. Rev. A* **52**, R3425 (1995).
- [33] D. Boiron, A. Michaud, P. Lemonde, Y. Castin, C. Salomon, S. Weyers, K. Szymaniec, L. Cognet, and A. Clairon, Laser cooling of cesium atoms in gray optical molasses down to 1.1 μK , *Phys. Rev. A* **53**, R3734 (1996).
- [34] W. Alt, D. Schrader, S. Kuhr, M. Müller, V. Gomer, and D. Meschede, Single atoms in a standing-wave dipole trap, *Phys. Rev. A* **67**, 033403 (2003).
- [35] P. B. Wigley, P. J. Everitt, A. van den Hengel, J. W. Bastian, M. A. Sooriyabandara, G. D. McDonald, K. S. Hardman, C. D. Quinlivan, P. Manju, C. C. N. Kuhn, I. R. Petersen, A. N. Luiten, J. J. Hope, N. P. Robins, and M. R. Hush, Fast machine-learning online optimization of ultra-cold-atom experiments, *Sci. Rep.* **6**, 25890 (2016).