

Identifying the stereotypical who, what, and why of physics and biology

Megan Bruun,^{1,*} Shannon Willoughby,² and Jessi L. Smith³

¹*Department of Psychology, Montana State University, Bozeman, Montana 59717, USA*

²*Department of Physics, Montana State University, Bozeman, Montana 59717, USA*

³*Office of Research, University of Colorado, Colorado Springs, Colorado Springs, Colorado 80918, USA*



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Supporting efforts to grow the scientific workforce means articulating and comparing the content of science field stereotypes. To do this, data were collected from the general public [undergraduates ($n = 121$) and Amazon Mechanical Turk workers ($n = 223$)] as well as from people within science [attendees of an undergraduate conference for women in physics ($n = 34$)]. Participants were randomly assigned to consider either biologists or physicists and then produce both spontaneous judgments and rate various person traits (e.g., ratings related to looks and personality and hobbies) and field characteristics (e.g., ratings related to the working conditions, norms, and expectations for the field). Analyses show stereotypes of the scientist and the science field were statistically significantly negative overall, with stereotypes about physicists and the field of physics more negative than biology. Compared to biologists, physicists were perceived as statistically significantly more competent, but statistically significantly more unattractive, tech oriented, awkward, and loners. Furthermore, compared to biology, a job in physics was viewed as having fewer opportunities for working with and helping others, but more opportunities for agency, a greater requirement for innate brilliance and effort to succeed, and as more difficult. That said, physicists were more envied than biologists. Data were triangulated with open-ended responses illustrating that across samples, people are more likely to reproduce science stereotypes for physicists. Implications for stereotype research and broadening participation of the science workforce are discussed, with a focus on the utility of role models and classroom interventions that negate stereotypes such as writing activities and encouraging students to approach physics with a growth mindset. Instructors are encouraged to consider what stereotypes students have about the field of physics and physicists. At the department level, instructors are encouraged to consider hosting a Conference for Undergraduate Women in Physics sponsored in part by the American Physical Society.

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I. INTRODUCTION

A biology professor who participated in the 2017 U.S. March for Science was quoted as saying “It’s not just old white men sitting in a dusty laboratory. We are diverse.” [1]. Whether or not science is diverse, depends on the definition of diversity [2]. People of different genders, races, ethnicities, sexual orientations, and socioeconomic backgrounds are not well represented in the scientific community [3–7]. There is an undeniable descriptive truth

to the “old white man” science stereotype. Indeed, according to NSF indicators, in 2014 nearly 60% of physics faculty in the U.S. were white men [6]. In contrast, only 45% of biology faculty in the U.S. during that same time frame were white men [6]. Such stereotypes are important because the public’s view of science and scientists, and the scientist’s view of the public’s view, has implications for recruitment and retention efforts that ironically can reproduce the stereotypes [7–11].

So why should physicists study stereotypes? It is likely that the typical physicist has heard the term “stereotype.” Indeed, we all have stereotypes about various groups of people and places. However, a physicist’s understanding of how to define a stereotype is probably less nuanced compared to how social scientists define the term. In order to inform the physics education research (PER) community about how stereotypes are defined, and to better understand the types of stereotypes that people have regarding physicists and physics as a profession, we have taken a collaborative approach between physics and social psychology for this research project. Our research team consists of three

*Corresponding author.

meganpbruun@gmail.com

Present address: Department of Psychology, Montana State University, 406 Traphagen Hall, Bozeman, Montana 59717, USA.

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white queer women, who are at different stages of our academic careers (one graduate student, one assistant professor, and one full professor). We take our inspiration from a recent article in *Physics Today* that prompts us all to adopt the goal of: “finding and leveraging interdisciplinary opportunities with the objective of enhancing your value and that of your enterprise” [12].

We argue that our collaboration which brings together physicists and psychologists is an informative way to approach stereotypes because psychologists can help us better understand what stereotypes people have regarding physics, and we as professional physicists can in turn use this information to directly address and combat these stereotypes. By combating specific aspects of common stereotypes (such as social isolation), we can work to recruit a more diverse group of students to the world of physics. This dovetails with other goals that have been spelled out, including creating classroom instruction that is unbiased [13] and realizing that faculty can be quite influential when students are choosing a major [14]. Further, perhaps we ought to think more broadly about stereotypes when developing research questions [15], and consider whether or not the goal is, as Traxler and colleagues put it: “to change (students from diverse backgrounds) so that they can succeed in a culture where men are successful, or would it be better to change the culture so that the experience of (straight white married cis-gendered) men is not assumed the standard?” [15].

Disrupting the stereotypes of science starts by articulating their specific content. There might be an intuitive understanding of an “old white man sitting in a dusty laboratory” but we ask, what exactly does that mean? Furthermore, is there a monolithic view of science, or do certain fields (that are more and less diverse) have distinct stereotypes about the person (appearance, behaviors, personalities, and attitudes) and the field’s working conditions and values? To start this descriptive process, we answer a call to action for articulating the content of physics stereotypes of which little is known [16] and compare physicists or physics stereotypes to the stereotypes of the relatively more diverse field of biology.

Compared to physics, biology is more diverse when measured by the percentage of doctorates awarded to people who identify as women, but physics is more diverse when measured by percentage of doctorates awarded to people from nonwhite racial and ethnic backgrounds. According to 2014 data from the NSF [6] there were many more Ph.D.’s granted in biology (8207) compared to physics (1768), and of those awarded degrees, 53.3% of biology Ph.D.’s were earned by women, as opposed to 18.7% of physics Ph.D.’s. When considering race and ethnicity, 49.5% of Ph.D.’s earned in biology were awarded to people who identify as “white.” This was the case for only 39.3% for physics Ph.D.’s. This difference in ethnicity and race might be somewhat attributable to the 46% of

physics doctorates awarded in 2014 to temporary residents, whereas that was the case for only 27% of biology doctorates awarded. These differences are of importance because stereotypes can be both a cause and consequence of a field’s demographic characteristics [17]. Indeed, there is a corresponding inference from a group’s under- or overrepresented in a particular field, that perpetuates the group’s stereotypes [18]. In turn, these stereotypes serve as cues for what groups are viewed as suited for a field (or not), which contributes to that very same under or overrepresentation in that field; which, then feeds back into the stereotype. The result is a reproducing cycle that is difficult to break [18]. For example, black men are overrepresented as professional athletes, which reinforces the stereotype that black men are athletic, which contributes to black men being more valued for their athletic ability (and not their intellectual ability) which can result in black men being more likely to be selected for and opt into sports [19]. Thus, the associations between demographics and stereotypes in science are cyclical and the attributes and traits associated with what it takes to be a physicist or biologist should correspond with people’s stereotypes of the groups who dominate each field [18].

Stereotypes are overgeneralized thoughts about a group (in this case of people or domains) [20] that provide easily accessible, perhaps even inescapable, information that influences how people think and behave [11,21,22]. Stereotypes impact recruitment and retention efforts by cueing to people that they do not belong in a field [23–25], that they might encounter discrimination and microaggressions [26], and even that their romantic pursuits might be hampered if they pursue a science career [27]. For example, even when a person does not personally endorse stereotypes, just knowing that the stereotypes exist and could possibly be used to interpret behavior results in a “stereotype threat” that depletes women’s and minorities performance and motivation on the stereotype-relevant task [11,22].

Also, stereotypes are a driving force in an overall system that reproduces itself through implicit associations [10,28], shifting standards [29], and privileging one certain way of understanding the world [30,31] that exerts influence on what tasks and domains people are selected into [32–35] and a person’s performance and motivation once engaged in the task or domain [11,36–38]. For example, when a national sample of science faculty were asked to evaluate an applicant for a lab manager position, the applicant with a female name (Jennifer) was less likely to be deemed hireable compared to the same application with a male name (John) [32]. In this example, relying on gender stereotypes to infer suitability for the science position resulted in the man being deemed more hireable, suggested for a larger salary, and as someone more likely to be mentored to continue progressing in the science workforce pipeline.

Finally, stereotypes also provide information not just about who is likely to succeed, but also trigger

overgeneralizations about the type of work involved. For example, the stereotype that a science field values innate brilliance over hard work undermines academic motivation [39] and the stereotype that a science field undervalues working with and helping other people dampens the career pursuits of women, Native American, and Latino students [24,40,41]. Science stereotypes do not only hinder the marginalized and oppressed; everyone's motivation and performance can benefit when field and person stereotypes are dismantled [42,43].

The psychology literature is replete with analyses of the public's general stereotypes across science fields. For example, decades of research reveal that when the average American thinks of a scientist, they think of a white man who embodies the "nerd" stereotype of lacking interpersonal skills, robotic, and singularly focused on his subject, unattractive and highly intelligent, with a questionable moral compass [44–47]. Although there is a smattering of analyses of the heteronormativity and masculinity of some subfields of engineering and science [5,16,48], little to nothing is known about physics in particular, as Cheryan *et al.* [16] note in their extensive review of the STEM stereotyping literature: "We were unable to find studies of American students' stereotypes of physics" (p. 9). Taking our lead from Cheryan *et al.* [16], we focus on both the stereotypes of physicists themselves and the more general field of physics and compare these stereotypes with biology. The research question we are asking is: What does the general public think, and what do neophyte physicists assume are the stereotypes held by others? To answer this question, we form a collaboration between physics and psychology disciplines, to help broaden the understanding of what stereotypes exist about physicists and about the field generally. Using the tools of social science to inform the stereotypes of physics can allow educators to better break down these stereotypes.

II. METHOD

A. Participants

The final sample consisted of $n = 378$ participants drawn from three populations as follows:

General undergraduate student sample.—A total of $n = 140$ participants enrolled in an introductory psychology class participated for course credit ($M_{\text{age}} = 20.97$ years, $SD = 5.28$; 56% female, 35.8% male, 8.2% unreported; 78.4% white; 3.7% Latino/a, 3.7% Native American, 0.7% Asian, 4.5% more than one ethnicity). Of these, 6% were missing data, and 3% did not pass one or more attention checks. This left a total of $n = 121$ with usable data.

Amazon Mechanical Turk sample.—To recruit a more general sample we used Mechanical Turk, an online crowd-sourced platform operated by Amazon.com. MTurk workers are generally savvy internet users who are frank in their survey responses, are often more educated, but less extroverted, than typical college samples [49]. Research shows that MTurk participants are typically older and more

nonwhite than standard internet samples, and often represent more geographical locations [50]. Research also shows MTurk samples produce responses that are psychometrically reliable with high test-retest reliability [50].

A completed captcha was required for participants to take our MTurk survey. A total of $n = 274$ MTurk workers participated in exchange for 50 cents (U.S.) ($M_{\text{age}} = 36.05$ years, $SD = 10.55$; 48.4% female, 42.2% male, 9.4% unreported; 74% white; 3.6% Latino/a, 3.6% black, 7.6% Asian, 2.2% more than one ethnicity). Of these, <1% were missing data, and 18% did not pass one or more attention checks. This left a total of $n = 223$ with usable data.

Undergraduate women in physics conference sample.—A total of 42 people attending a regional conference for undergraduate women in physics served as our "insider" sample ($M_{\text{age}} = 23.07$ years, $SD = 5.45$; 70.6% female, 5.9% male, 23.5% unreported; 61.8% white; 2.9% Latino/a, 5.9% Asian, 8.8% more than one ethnicity). Of these, 19% were missing data, and all passed the attention checks. This left a total of $n = 34$ with usable data. The participants were primarily advanced undergraduate students, with some graduate student and junior faculty volunteers. All participants (volunteers and students) were majors in or otherwise connected to the physics workforce. Because survey participants did not receive any incentive, we opted to keep the online survey very short, asking only a subset of questions as detailed below.

B. Procedure

Participants in the general student sample and in the MTurk sample were randomly assigned to answer questions about either physicists or biologists; the undergraduate conference attendees only reported on physicists. Everyone completed the measures online, although the general student sample completed measures in a 30 min in-person session whereas the MTurk participants and the conference participants were given a link to a shorter 10-min online survey. The time difference of the surveys was due to a research assistant controlling the flow of the study in the in-person session as well as reading instructions out loud. The time difference was also impacted by the in-person session including additional exploratory items.

For all participants, the survey was introduced as a tool to better understand "what the typical person thinks about various college majors, research programs, and people in science." All participants completed the survey online with the open-ended questions first, the surveys second, and then demographics. The open-ended questions and survey questions were counterbalancing meaning that participants were presented with survey items in a randomized order. This means that participants completed the items in a different order to help reduce the possible impacts of any carry-over effects from the items.

C. Materials

Characteristics about people.—Stereotypes related to looks, personality, and hobbies were examined as “characteristics about people.” See Table I for all measures collected, example items, and the Cronbach’s α . The technique of focusing on “how most view” a group was used to reduce the social desirability of participants who might feel like they must answer in a particular way, following protocols in other social psychology studies on stereotypes [51–53].

Characteristics about the field.—Participants also rated items that assessed their views of society’s beliefs and expectations about the working conditions in physics or biology as well as the norms, and expectations for the field. Instructions were adapted from Devine and Elliot [52] with items modeled after Allen and Smith’s research on nursing and teaching field perceptions [53] meant to minimize participant’s worry about answering in a “correct” or “socially desirable” way by asking participants to report on *society’s beliefs*, and then answering how similar their own beliefs are to societies (see below). Again, see Table I for information on all measures collected.

Similarity to societal views.—After providing their ratings for each scale, all participants were asked “overall, please rate the extent to which your beliefs and expectations are similar to society’s beliefs and expectations that you rated above” on a scale of 1 (not at all similar) to 5 (very similar) modeled after Devine and Elliot [52] and Allen and Smith [53].

Emotions towards scientists.—The eight items from the Behaviors from Intergroup Affect and Stereotypes “Map” [51] were used to assess “feelings that people in America have toward biologists (or) physicists as a group”, see Table I for more information.

Spontaneous stereotype assessment of appearance, actions, and interests.—Participants in the general student sample and MTurk sample were asked open-ended questions about appearance, (i.e., “what do you think physicists or biologists looks like?”) behaviors (i.e., “what do you think a typical physicist or biologist acts like?”) and interests (i.e., “what do you think a typical physicist or biologist likes to do for fun?”). Conference attendees (who were all in physics) were asked the same appearance, behaviors, and interests items but framed as “describe what most people think a typical physicist looks like, acts like, likes to do for fun.” These items were modeled after research examining stereotypical perceptions of computer scientists [45]. All open-ended items were presented to participants at the beginning of the study before any structured measures were used to avoid supplying stereotypical material to participants for the open-ended questions.

The spontaneous stereotype assessment of appearance, behaviors, and interests were coded by 4 research assistants who were unaware of the study goals, with each response coded by 2 coders. The interrater reliability ranged from 79% to 88%. Disagreements were discussed and ultimately a graduate student acted as a third coder for any discrepancies. For each of the three questions, coders were asked to rate stereotypicality (yes or no) as well as whether the participant “explicitly resisted” and fought against any stereotypes (yes or no). A stereotypical response was coded yes, for example, when it read “a biologist would be a man, in his mid to late 30s, wearing glasses, balding, frail and small” and coded no when it read “Casually they dress like everyone else, but at work they wear proper lab gear”. Explicit stereotype resistance included statements such as: “like average everyday people” or “a normal person”.

TABLE I. Measures used in the study.

Construct	Scale	Example item	No. of items	Cronbach’s α	References
Characteristics about people					
Warmth	1 (not at all) to 5 (extremely)	Consider how physicists are viewed by Americans in general. As viewed by most Americans, how warm are physicists or biologists?	2	0.88	[51]
Competence	1 (not at all) to 5 (extremely)	Consider how physicists are viewed by Americans in general. As viewed by most Americans, how competent are physicists or biologists?	2	0.80	[51]
Working alone	1 (not at all) to 5 (extremely)	Please indicate to what extent each characteristic best describes society’s beliefs and expectations that physicists or biologists are: Usually work alone	1	...	[16,54]
Single minded	1 (not at all) to 5 (extremely)	Please indicate to what extent each characteristic best describes society’s beliefs and expectations that physicists or biologists are: Focused on their subject	1	...	[16,54]

(Table continued)

TABLE I. (Continued)

Construct	Scale	Example item	No. of items	Cronbach's α	References
Tech oriented	1 (not at all) to 5 (extremely)	Please indicate to what extent each characteristic best describes society's beliefs and expectations that physicists or biologists are: Technology oriented	1	...	[16,54]
Balanced life	1 (not at all) to 5 (extremely)	Please indicate to what extent each characteristic best describes society's beliefs and expectations that physicists or biologists are: Have a balanced life	1	...	[16,54]
Interpersonal skills	1 (not at all) to 5 (extremely)	Please indicate to what extent each characteristic best describes society's beliefs and expectations that physicists or biologists are: Popular or socially awkward or hopeless with the opposite sex	3	0.72	[16,54]
Attractive	1 (not at all) to 5 (extremely)	Please indicate to what extent each characteristic best describes society's beliefs and expectations that physicists or biologists are: attractive or athletic	2	0.68	[16,54]
Intelligent	1 (not at all) to 5 (extremely)	Please indicate to what extent each characteristic best describes society's beliefs and expectations that physicists or biologists are: Intelligent or clever	2	0.66	[16,54]
Characteristics about the field					
Requires natural talent	1 (not at all) to 5 (extremely)	Please indicate to what extent each characteristic best <i>describes society's beliefs and expectations</i> for a job in physics or biology. A job in physics or biology: Requires natural talent	1	...	[52]
Requires a great deal of effort	1 (not at all) to 5 (extremely)	Please indicate to what extent each characteristic best <i>describes society's beliefs and expectations</i> for a job in physics or biology. A job in physics or biology: Takes a lot of effort to succeed	1	...	[52]
Interesting	1 (not at all) to 5 (extremely)	Please indicate to what extent each characteristic best <i>describes society's beliefs and expectations</i> for a job in physics or biology. A job in physics or biology: Is interesting	1	...	[52]
Difficult	1 (not at all) to 5 (extremely)	Please indicate to what extent each characteristic best <i>describes society's beliefs and expectations</i> for a job in physics or biology. A job in physics or biology: Is difficult	1	...	[52]
Creative	1 (not at all) to 5 (extremely)	Please indicate to what extent each characteristic best <i>describes society's beliefs and expectations</i> for a job in physics or biology. A job in physics or biology: Allows for creative expression	1	...	[52]
Stressful	1 (not at all) to 5 (extremely)	Please indicate to what extent each characteristic best <i>describes society's beliefs and expectations</i> for a job in physics or biology. A job in physics or biology: Is stressful	1	...	[52]

(Table continued)

TABLE I. (Continued)

Construct	Scale	Example item	No. of items	Cronbach's α	References
Communal affordances	1 (not at all) to 5 (extremely)	Please indicate to what extent each characteristic best <i>describes society's beliefs and expectations</i> are for a person who is a physicist or biologist. How much does a physicist or biologist: Help others or serve the community or work with people	6	0.89	[55]
Agentic affordances	1 (not at all) to 5 (extremely)	Please indicate to what extent each characteristic best <i>describes society's beliefs and expectations</i> are for a person who is a physicist or biologist. How much does a physicist or biologist: Have high status or get financial awards or have power	6	0.80	[55]
Masculine	1 (not at all) to 5 (extremely)	Please indicate to what extent each characteristic best <i>describes society's beliefs and expectations</i> for a job in physics or biology. A job in physics or biology: Is masculine	1	...	[52]
Feminine	1 (not at all) to 5 (extremely)	Please indicate to what extent each characteristic best <i>describes society's beliefs and expectations</i> for a job in physics or biology. A job in physics or biology: Is feminine	1	...	[52]
Emotions towards scientists					
Pity	1 (not at all) to 5 (extremely)	Now we are going to ask you about some feelings that people in America have toward physicists or biologists as a group. To what extent do people tend to feel pity toward physicists or biologists?	2	0.67	[51]
Envy	1 (not at all) to 5 (extremely)	Now we are going to ask you about some feelings that people in America have toward physicists or biologists as a group. To what extent do people tend to feel jealous toward physicists or biologists?	2	0.78	[51]
Admiration	1 (not at all) to 5 (extremely)	Now we are going to ask you about some feelings that people in America have toward physicists or biologists as a group. To what extent do people tend to feel proud toward physicists or biologists?	2	0.73	[51]
Contempt	1 (not at all) to 5 (extremely)	Now we are going to ask you about some feelings that people in America have toward physicists or biologists as a group. To what extent do people tend to feel disgust toward physicists or biologists?	2	0.64	[51]

III. RESULTS

Analysis overview.—Our goal was both to test for direction and degree of stereotypical perceptions of each person and field characteristic overall and to test for differences between physics and biology. We selected to use parametric tests on all of the Likert-type items, even in cases with just one item, which is a debatable choice, with varying opinions aired on the topic over the past 60 years. We choose the parametric approach for three reasons: First,

there is little cause for concern on the violation of the assumption of continuous variables, as this assumption is mainly a concern with 4 or fewer interval survey options and all our items had 5 labeled scale options. Second, the underlying constructs we measured were continuous (i.e., the degree of agreement with the attributes). Third, we take care to also report effect sizes, and the violation of assumptions is most concerning with marginal effects. In the discussion section, we return to this analysis choice and the possible limitations and cautions to use when

interpreting the data [56,57]. To test for value differences from neutral (the neutral midpoint value of 3 on the surveys), a one-sample t test was conducted using a Bonferroni corrected probability of $p < 0.001$ to avoid inflation and indicate statistical significance of $p < 0.05$. To test for value differences between physics and biology, an independent sample t test was conducted also using a Bonferroni corrected probability of $p < 0.001$. To calculate the Bonferroni corrections we divided 0.05 by the number of tests we conducted ($0.05/23 = 0.0022$). Because of our data analysis software, SPSS, not indicating p values to the thousandths decimal place, we used a p value of 0.001 to be more conservative. This correction was performed to avoid inflation of the p value due to the large number of statistical analyses. We divided the p value of 0.05 by the number of analyses to set a new, more conservative, statistical probability level for all analyses. This correction reduces the risk of committing a type I error [58]. The same Bonferroni correction was also conducted for the one sample t -test analyses that compared the means to the scale midpoints. Cohen's d effect size estimates are provided to estimate a small (0.20), medium (0.50), or large (0.80) difference between physics and biology [59]. Analyses of variance (ANOVAs) were conducted to test for any main effect of participant gender, any main effect of sample source, and any interaction among those variables. Patterns converged across gender and sample source, unless otherwise noted. Chi square analyses were performed on the open-ended coding to determine if the frequency of the spontaneous response was statistically significant stereotypicality (yes or no) and stereotype resistant (yes or no) on appearance, behaviors, and interests. The full sample size ($n = 378$) was always used in the results, except where indicated with gender or sample analysis.

Characteristics about people.—See Table II for means, standard deviations, and effect sizes for differences between physics and biologists, and one-sample t -test values testing the ratings against the neutral point (value = 3). Results reveal that although both were viewed as highly competent and intelligent, physicists were perceived as statistically significantly more competent and intelligent than biologists but statistically significantly less friendly and warm (Fig. 1). Results illustrate that, in general, physicists and biologists are stereotyped negatively, with perceptions of physicists statistically significantly more negative than biologists, as illustrated in Fig. 1. Physicists were also stereotyped as more unattractive, tech oriented, less likely to have a balanced life, and more awkward. Perceptions about what the “typical person” thinks about the scientists were statistically similar across participant gender and sample source, suggesting fairly widespread agreement on the person characteristics of both physicists and biologists. The effect sizes for the group score differences range from 0.35 to 0.70, with warmth and intelligence having the largest effect sizes. When asked how similar the participant's beliefs and expectations are to society's beliefs and expectations that they reported on the various measures of person characteristics, a statistically significant sample difference emerged. The women in physics conference attendees felt that their personal views were less similar to society views ($M = 2.03$, $SD = 0.20$) compared to both general students ($M = 2.78$, $SD = 0.10$, $p < 0.01$) and MTurk participants ($M = 3.04$, $SD = 0.07$, $p < 0.001$).

Characteristics of the field.—Results of the two science fields illustrate that, in general, physics and biology are both stereotyped negatively, with perceptions of physics again

TABLE II. Descriptive statistics and t -test values for person characteristics of physicists and biologists.

Variable	Condition	n	$M(SD)$	Between groups t test	Cohen's d physics versus biology	One sample t test (tested value = 3)
Warmth	Physicist	180	2.54(0.88)	−5.70*	−0.62	−7.05*
	Biologist	159	3.08(0.86)			1.11*
Competence	Physicist	181	4.41(0.68)	4.64*	0.51	27.87*
	Biologist	159	4.07(0.66)			20.22*
Single minded	Physicist	181	4.58(0.70)	2.27	0.26	30.39*
	Biologist	161	4.4(0.68)			26.14*
Tech oriented	Physicist	181	4.12(0.68)	6.45*	0.7	22.11*
	Biologist	161	3.59(0.83)			8.95*
Balanced life	Physicist	181	2.55(0.89)	−3.27*	−0.35	−6.84*
	Biologist	160	2.87(0.93)			−1.79
Interpersonal skills	Physicist	181	2.29(0.84)	−5.40*	−0.57	−11.47*
	Biologist	161	2.78(0.87)			−3.15 ⁺
Attractive	Physicist	181	2.05(0.75)	−4.28*	−0.47	−16.81*
	Biologist	161	2.42(0.81)			−9.03*
Intelligent	Physicist	182	4.53(0.56)	5.66*	0.65	36.92*
	Biologist	161	4.14(0.71)			20.44*

*A statistical significance level of $p < 0.05$ after Bonferroni correction. ⁺ indicates a statistical significance level of $p < 0.10$ after Bonferroni correction.

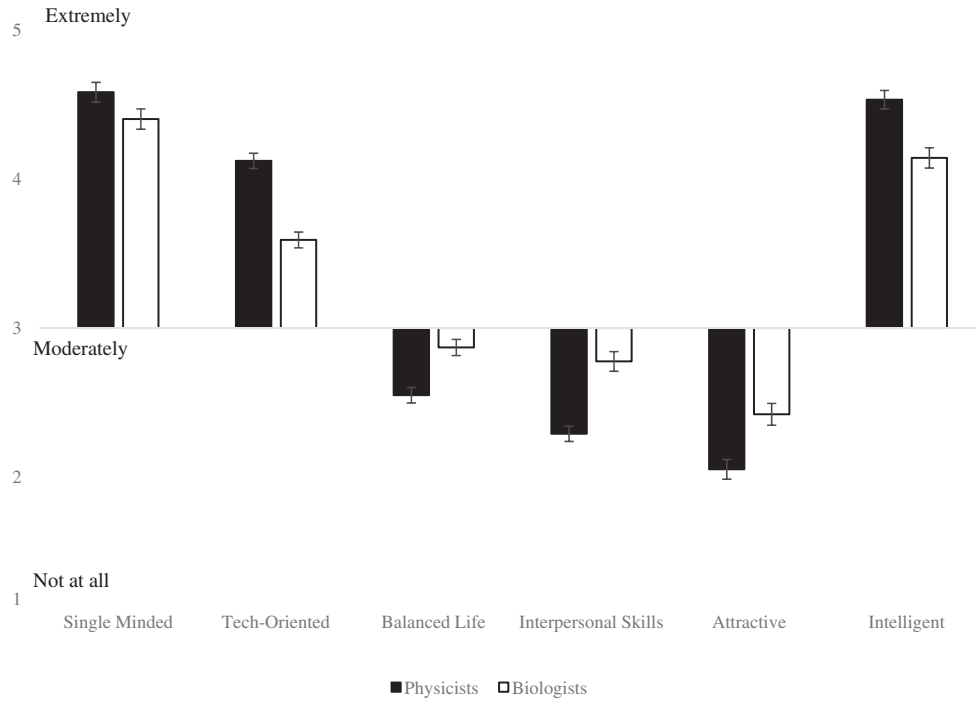


FIG. 1. Bar graph of person characteristic stereotypes. The error bars represent standard error. See Table II for sample sizes.

statistically significantly more negative than biology, as illustrated in Fig. 2 and Table III. Compared to the field of biology, physics as a field is stereotyped as a job that requires more natural talent, is more difficult, has higher agentic aspects, affords fewer opportunities for working with and helping others (communal affordances), more likely to require working alone, and is both more masculine and more feminine. The fields were viewed as similarly neutral in level of interest and allowing creative expression. The largest difference in ratings between biology and physics

was for the perceived difficulty ($d = 0.86$). Ratings of stressfulness, while neutral and equal overall, differed by sample such that the MTurk participants’ ratings of the stressfulness of physics were lower ($n = 223, M = 1.97, SD = 0.09, p < 0.001$) than both the general student sample ($n = 121, M = 4.06, SD = 0.13$) and the women in physics conference sample ($n = 34, M = 4.44, SD = 0.32$). Overall, physics was stereotyped as both requiring more natural talent and requiring more effort to succeed than biology. That said, there was a sample difference for how

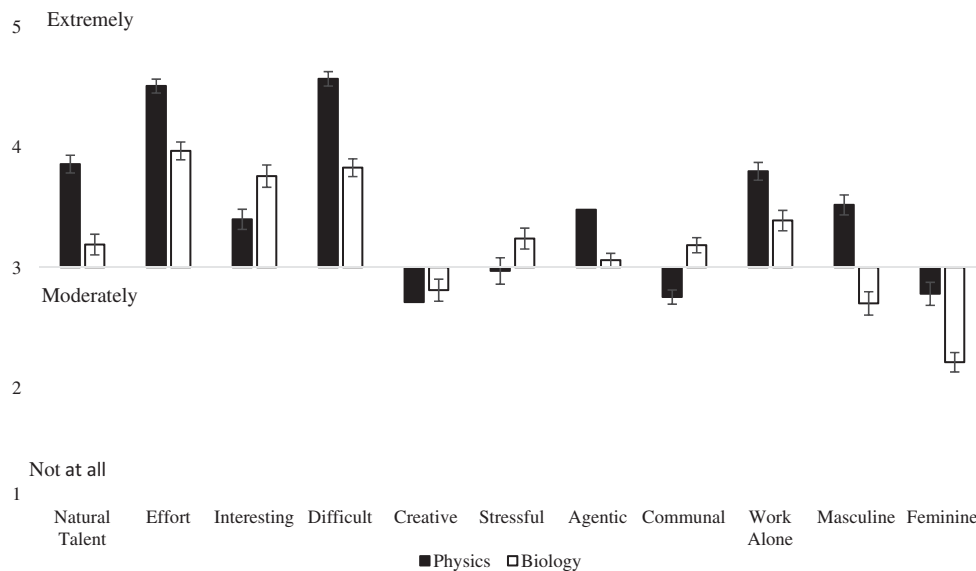


FIG. 2. Bar graph of field characteristic stereotypes. The error bars represent standard error. See Table III for sample sizes.

TABLE III. Descriptive statistics and *t*-test values for field characteristics of physics and biology.

Variable	Condition	<i>n</i>	<i>M</i> (SD)	Between groups <i>t</i> test	Cohen's <i>d</i> physics versus biology	One sample <i>t</i> test (tested value = 3)
Requires natural talent	Physics	180	3.86(1.00)	5.92*	0.65	11.60*
	Biology	156	3.19(1.07)			2.24
Requires a great deal of effort	Physics	179	4.51(0.77)	5.76*	0.63	26.06*
	Biology	156	3.97(0.92)			13.19*
Interesting	Physics	180	3.40(1.13)	−2.85 ⁺	−0.31	4.76*
	Biology	156	3.76(1.16)			8.14*
Difficult	Physics	180	4.57(0.79)	7.86*	0.86	26.32*
	Biology	155	3.83(0.93)			11.09*
Creative	Physics	181	2.71(1.29)	−0.80	−0.08	−3.03 ⁺
	Biology	156	2.81(1.15)			−2.03
Stressful	Physics	180	2.97(1.42)	−1.98	−0.34	−0.32
	Biology	156	3.40(1.13)			2.73
Agentic	Physics	181	3.48(0.67)	5.63*	0.60	9.72*
	Biology	159	3.06(0.72)			1.03
Communal	Physics	181	2.75(0.79)	−5.00*	−0.54	−4.15*
	Biology	159	3.18(0.79)			2.97 ⁺
Work alone	Physics	180	3.80(0.99)	3.69*	0.40	10.80*
	Biology	160	3.39(1.07)			4.58*
Masculine	Physics	180	3.52(1.11)	6.49*	0.71	6.24*
	Biology	158	2.70(1.20)			3.14
Feminine	Physics	179	2.78(1.29)	4.59*	0.51	−2.27
	Biology	156	2.21(1.01)			−9.79*

* indicates a statistical significance level of $p < 0.05$ after Bonferroni correction.

+ indicates a statistical significance level of $p < 0.10$ after Bonferroni correction.

much physics requires natural talent such that the conference attendee “insider” sample ($M = 4.32$, $SD = 0.20$) assumed others stereotyped the field as requiring more natural talent than both “outsider” samples; MTurk participants ($M = 3.57$, $SD = 0.07$, $p < 0.001$) and general students ($M = 3.31$, $SD = 0.10$, $p < 0.005$).

Physics was also stereotyped overall as both more masculine and more feminine than biology. Femininity ratings also indicated sample effects such that MTurk participants rated the femininity of physics statistically significantly higher ($M = 2.83$, $SD = 0.08$, $p < 0.001$) than both the general student sample ($M = 2.13$, $SD = 0.11$) and the undergraduate women in physics conference sample

($M = 1.64$, $SD = 0.21$). Masculinity ratings also revealed a participant gender difference such that women viewed both fields as statistically significantly more masculine ($M = 3.35$, $SD = 0.09$) than men did ($M = 2.85$, $SD = 0.10$, $p < 0.01$). The insider sample (women in physics conference attendees) once again felt that their personal views about physics were less similar to society views ($M = 1.88$, $SD = 0.16$) compared to general students ($M = 3.02$, $SD = 0.08$, $p < 0.001$) and MTurk participants ($M = 3.17$, $SD = 0.06$, $p < 0.001$).

Emotions towards scientists.—Results demonstrate that envy was low for both type of scientists, although physicists generated relatively more envy compared to biologists.

TABLE IV. Descriptive statistics and *t*-test values for emotions.

Variable	Condition	<i>n</i>	<i>M</i> (SD)	Between groups <i>t</i> test	Cohen's <i>d</i> physics versus biology	One sample <i>t</i> test (tested value = 3)
Emotions						
Pity	Physics	180	1.86(0.93)	1.99	0.22	−16.34*
	Biology	163	1.67(0.80)			−21.35*
Envy	Physics	180	2.33(1.04)	4.17*	0.45	−8.66*
	Biology	163	1.90(0.84)			−16.65*
Admiration	Physics	181	3.51(0.90)	3.35*	0.36	7.64*
	Biology	163	3.19(0.87)			2.79
Contempt	Physics	180	1.73(0.88)	2.2	0.25	−19.32*
	Biology	163	1.53(0.74)			−25.16*

* A statistical significance level of $p < 0.05$ after Bonferroni correction.

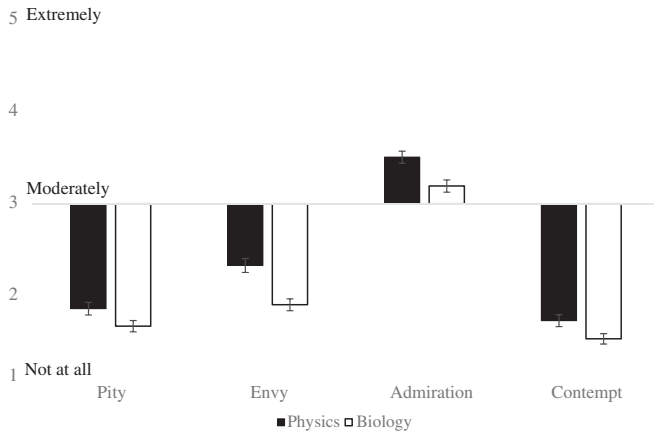


FIG. 3. Bar graph of emotions towards scientists. The error bars represent standard error. See Table IV for sample sizes.

As shown in Table IV, people generally did not report feelings of pity, envy, or contempt for biologists or physicists. For physicists in particular, admiration was the only statistically significant emotion reported by respondents, see also Fig. 3. A statistically significant sample difference was present only for feelings of contempt for physicists such that MTurk participants reported statistically significantly lower levels of contempt ($M = 1.46$, $SD = 0.082$, $p < 0.01$) than general students ($M = 1.87$, $SD = 0.12$, $p < 0.001$) or women in physics conference attendees ($M = 2.52$, $SD = 0.30$).

Spontaneous stereotype assessment of appearance, actions, and interests.—Chi-square analysis indicated that spontaneous judgments about what does the typical scientist “act like” or “look like” were mostly stereotypical, emerging about half the time for both types of scientists. Spontaneous judgments about what scientists like to “do for fun” were less likely to adhere to a stereotype. Across the three questions, however, participants did report statistically-significantly more stereotypic responses for physicists, see Table V. This indicates that participants generated more stereotypical spontaneous answers for physicists than biologists than would be expected by chance, and suggests that spontaneous biologists’ stereotypes seem to have more variability. Importantly, results also show that people were equally likely (and about half the time) to explicitly resist

stereotypes of what does the typical scientist “act like,” “look like,” or “do for fun” and this was equally true for physicists and biologists judgments. Open-ended results were similar across samples and for both men and women participants. Overall, results provide useful triangulation of survey data illustrating that participants view physicists as being higher in stereotypical traits than biologists.

IV. DISCUSSION

Before we can change the stereotypes about science, we must first drill down into what needs to be changed. As part of this effort, we set out to understand the public’s view of science and scientists, and the scientist’s view of the public’s view, with a focus on physics (of which very little is known) [16] using biology as a comparison. Data from our general undergraduate sample, from the MTurk worker sample, and from the undergraduate women in physics conference attendees all paint a similar disheartening picture of physics and biology; by and large there is agreement across samples regarding the negative stereotypes about the scientists’ appearance, behaviors, personalities, attitudes, and both fields’ working conditions and values.

Results did show some relative differences in the degree of stereotypes. Compared to biologists, physicists were perceived as statistically significantly more unattractive, tech-oriented, awkward, and loners, who have a job that affords more opportunities for agency and requires more effort to succeed. The largest degree of difference between physicists and biologists, however, varied along the indices related to warmth and competence, as determined by large Cohen’s d effect sizes. Across samples, there was uniform agreement that compared to biologists, physicists are stereotyped as highly intelligent, not at all warm and friendly, and work in a field that is very difficult and does not support communal goals of working with and helping others. Thus, although there was an overall monolithic view of both physics and biology, there emerged an important relative degree of difference (ranging from medium to large differences) in stereotypes about warmth and competence.

The nearly identical results across samples speaks to the pervasive nature of the stereotypes. On only one field

TABLE V. Frequency analyses for spontaneous stereotypes from open-ended items, $n = 378$.

	Physics	Biology	X^2 (df)	p
What does the typical [scientist] look like?				
Stereotypical response	58.90%	41.10%	7.52(1)	0.006
Stereotype resistance	51.30%	48.70%	0.46(1)	0.50
What does the typical [scientist] act like?				
Stereotypical response	57.30%	42.75%	8.12(1)	0.004
Stereotype resistance	47.70%	52.30%	0.67(1)	0.41
What does the typical [scientist] like to do for fun?				
Stereotypical response	35.30%	13.60%	13.06(1)	<0.001
Stereotype resistance	53.70%	46.30%	0.01(1)	0.95

stereotype did the conference attendee insider sample differ from the others; conference attendees assumed others stereotyped physics as requiring more natural talent than both outsider samples. The “brilliance” expectations of physics as viewed by insiders maps onto gender and racial distributions; this is important due to the expected brilliance or importance of genius in a field predicting lower representation of women and African Americans in the field [31]. It is noted that the samples did differ in how much they felt their personal views were similar to society’s beliefs such that as one might expect, the insider sample of women in physics conference attendees felt their personal beliefs were less in line with society’s stereotypes.

A. Contributions to the literature

These data contribute to our understanding of group and field stereotypes, and illustrate some interesting connections with emotions toward scientists. Our findings that the warmth and competence ratings produced the biggest difference between physicists and biologists is in line with predictions by the stereotype content model [60] and the model’s derivative behaviors from intergroup affect and stereotypes (BIAS) map [51]. Research using the stereotype content model and the BIAS map use stereotypical ratings of warmth (e.g., friendly, sincere) and competence (e.g., capable, smart) to form clusters of groups, and our data are the first to provide physicists and biologists to this body of knowledge [51,61]. Indeed, the stereotype content model [60] has a long tradition in psychology research, illustrating how warmth or competence clusters emerge for various groups. For example, some groups are perceived as low competence or high warmth, such as older adults and people who are disabled, whereas some groups are perceived as high competence or low warmth, such as the financially wealthy and people who are Asian [51].

Knowing a group’s stereotype content along the warmth and competence dimensions is an important contribution as such data help inform predictions about society’s affect, attitudes, and likely behaviors toward those groups [51,61]. A group’s warmth and competence perceptions triggers different types of threat to the perceiver; only groups stereotyped as highly competent elicit a threat [61]. Knowing the type and level of threat predicts one of four emotions that mediate different actions directed at the various groups, such as active facilitation (helping) or passive harm (neglecting). Those groups stereotyped as high in both warmth and competence, for example, should result in admiration which results in both active facilitation as well as passive facilitation (convenient cooperation). In contrast, a group stereotyped low in competence but high in warmth should produce feelings of pity which cues active attempts to help but also neglect (passive harm). A group stereotyped low in warmth but high in competence should produce feelings of envy which should result in passive facilitation. Lastly, a group stereotyped low in competence

and low in warmth should elicit feelings of contempt or disgust which would result in both passive and active harm [51,60,61].

Our data contribute to the stereotype content model [60] and the extension to the BIAS Map [51] by assessing the stereotypical ratings of warmth and competence of our two groups of scientists, and measuring emotions. In our study, physicists were rated low in warmth and high in competence. The BIAS MAP prediction is that such groups stereotyped as low in warmth and high in competence should trigger feelings of envy which is associated with passive facilitation (e.g., not object to the March for Science, but does not attend) and active harm (e.g., attending a counterprotest). However, our results revealed little evidence of any elicited emotion of pity, envy, or contempt. See Fig. 4 for predicted emotions and actions as well as the mean warmth and competence ratings for physicists and biologists. For physicists, admiration was the only statistically significant emotion reported by respondents when comparing biologists and physicists. According to the BIAS MAP, admiration is associated with both active facilitation (e.g., donating to science charities) and passive facilitation (e.g., not objecting to tax dollars going to external funding) [51,61]. Thus, our data illustrate a dissimilarity between warmth and competence ratings and the predictions by the BIAS map.

Why envy was not elicited, as would be expected, is unclear. It is possible that the general public does not hold any well-established thoughts or opinions on physicists and biologists and do not have enough exposure to them to develop these beliefs or expected feelings [51]. This is among the first study to our knowledge to examine specific

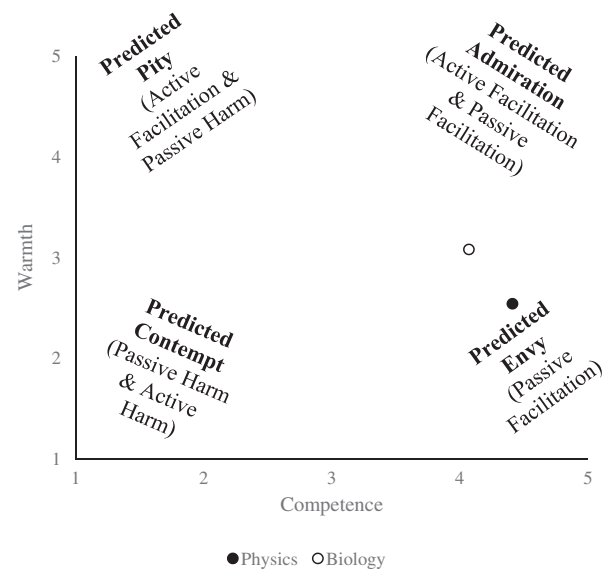


FIG. 4. Scatter plot of results for physicists and biologists on competence and warmth ratings. BIAS map emotion predictions are represented within the figure [51]. Actual emotion results are reported in Fig. 3. See Table I for sample size.

types of scientists, thus we can only offer speculation at this point. The groups used as targets for the BIAS map ratings are typically more relatively visible and common groups, such as whites, the elderly, feminists, housewives, and welfare recipients. These are groups that participants may have more personal experience with than people in individual science fields (biology and physics). Therefore, our findings which do not fully support the BIAS map predictions, could be due to the lack of exposure to people in the sciences and is an important and interesting theoretical question for future research.

Physics was perceived as a field simultaneously more masculine and feminine than biology. Why might this be? Understanding different forms of masculinity might help to make sense of this seemingly odd finding. Masculinity takes many forms [62]. Hegemonic masculinity, for example, is a masculine expression or practice that centers around men's power and dominance over women, with often rigid and forceful expressions. Subordinate masculinity, in contrast, can and has often been conflated with femininity [62] as this form of expression includes being acted upon (for example, bullied) as a less powerful member of a patriarchal society. It is possible that some participants are viewing physics as a field high in subordinate masculinity which they are articulating as femininity in our survey. The lack of women in the field certainly lends itself to the stereotype that the field is masculine [17]. Putting these two ideas together, would result in high ratings of both masculinity and femininity. More research is needed to understand different forms of masculinity in science contexts and whether and how such masculinity expectations contribute or not to recruitment and retention in science fields.

B. Limitations and future directions

Limitations of the current study need to be acknowledged. We have three samples at one moment in time and MTurk was our only national sample whereas the other two samples were confined to the regional mountain west in the U.S. Future directions should examine how stereotypes generalize across regions and stay stable or fluctuate over time. Moreover, this research was descriptive and limited to the use of person and field traits borrowed from past related work. Add to this that our choice to analyze even single item variables with parametric tests, and caution is warranted in overinterpreting the results. Decades of debate on the use of single items [56,57] is reemerging as part of the Carnegie movement for "practical measurement" in research [63] which calls for face-valid, single item construct measurement that is quicker and easier to administer. Although we are confident that our analyses did not violate the assumptions of continuous variables in a way that hampers the interpretation of results, replication with different (and more) measures and different and more samples is necessary; we hope that our study inspires such

follow-ups. Indeed, future research would also do well to replicate these results with other more subtle measures of stereotypes. For example, examine responses to physics or biology related humor and jokes, similar to research on age or jokes [64], or test how people might penalize mistakes or unpopular decisions made by physicists versus biologists, modeling, for example, gender nonconforming studies in leadership [65].

Another limitation is that we asked about physicist and biologist stereotypes without reference to gender or ethnicity and assumed we were unpacking the "old white man" stereotype. Future work could ask people to generate stereotypes about specific scientists using an intersectional lens [66] to examine differences in stereotypes about people with multiple identities to see if stereotypes are fairly uniform or variable. This would allow us to discover, for example, how people might try to cluster "surprising" combinations of person stereotypes (Latinx, physicist, and gay) [67]. Using an intersectionality approach would help avoid the assumption of rigid categories of stereotypes and instead add depth, visibility, and complexity to better understand the content and meaning of science stereotypes. Understanding and discussing the multiple layers of difference, identity, and oppression is key in order to reveal more nuanced information about the systems of privilege and power within science [68].

One important future direction for research is to look at situations that can refute (versus reinforce) stereotypes. Cheryan, Plaut, Davies, and Steele [69] provide an example of how these stereotypes occur in real life situations and have implications for people's science participation motivation. In that research, a computer science environment that was filled with stereotypical items such as a Star Trek poster and programming books caused women to report less belonging and less interest compared to women in a room with nature posters and general books (men were unaffected). These results illustrate that people often look for (stereotypical) signs that they belong in a given field. Future research should continue to examine stereotype accessibility and specific links to career pursuits [40] and trust in science [70].

C. Implications

The current study intentionally focused on physics as the first systematic assessment of physics stereotypes. Biology was chosen as a comparison field to physics due to the difference in the number of women in the field and because both fields are lacking domestic ethnic and racial diversity [71]. There has been a steady increase since 1971 of first-year female undergraduate students indicating they would like to major in biology; no such trend is seen in women's interest in physics [7]. Indeed, our results suggest that physics stereotypes are more extreme than biology stereotypes; although stereotypes of both fields and people were generally negative.

Science educators can take steps to address some of the specific negative stereotypes uncovered here. For example, knowing that one of the stereotypes about physics is that it requires natural talent, educators can turn to the growth mindset literature for solutions. Research shows belief in a fixed mindset (versus growth oriented) creates mistrust and fear of stereotyping [44,72,73]. As such, to confront the stereotype that learning physics requires natural talent, students can be asked to read and write about a growth mindset [74] or can read promotional materials that describe the specific science field as valuing effort [39]. A similar approach can be used for other stereotypes identified in this research. As just one more example, to counteract the stereotype that physics is seen as not affording opportunities to work with and help others, educators can turn to communal goals research that illustrates how reading about “the day in the life of a scientist” role model who actively works with and helps others improves science positivity and career goal intentions [75]. Indeed, (nonstereotypical) role models are one useful tool to consider using to unravel science stereotypes [76].

More generally, educators might consider finding ways to increase physics students’ sense of belonging in the classroom through a writing activity in which the student writes to a hypothetical future physics student [77] as this technique closes the gender gap in grades, and may combat the stereotype that physics students are “geeky.” Indeed, brief “values affirmation” writing interventions show great promise in negating belonging uncertainty and closing achievement gaps with both physics students [78] and biology students [79]; it remains to be seen whether and how such affirming assignments might combat stereotypes.

Results from this study illustrate that physics educators in particular would do well to consider that strong (and often negative) stereotypes regarding physicists and the field of physics exist, and students likely come to physics classes frequently holding these stereotypes. While in a classroom setting, educators have an opportunity to combat specific stereotypes, which can affect the overall number and types of people attracted to the field. In order to effectively address and help students overcome these negative stereotypes, physics educators can use these results to inform which stereotypes they wish to undo, while taking care not to single out specific groups for the interventions, by dealing with the specific concerns of students, and by keeping the delivery brief and not repetitive [80]. Two other recent works have specific suggestions for action at the classroom, department, and institutional levels [14,71]. At the department level, the Conference for Undergraduate Women in Physics is held each year and can be a great tool to recruit women and

minorities at the undergraduate and graduate level. The American Physical Society offers both monetary and logistical support to host these conferences.

D. Conclusion

Our work contributes to both the applied understanding of physics and biology perceptions, and to the broader literature on stereotypes. As reviewed at the outset, stereotypes impact recruitment and retention [7–11], trigger overgeneralizations about expectations of work values [40], and impede everyone’s motivation to participate in science. There are thus many reasons to care about identifying specific stereotypes about scientists as people and the fields of science in which they work, not the least of which is that such identification is the first step in developing and implementing interventions that break down those stereotypes. Stereotypes limit broad participation by people from all walks of life—who do not match the stereotypes—in the science workforce [25]. There are social justice reasons to care about a diverse science workforce and there are also grand economic, environmental, and public health and safety challenges that are constrained by a homogenous workforce and hence less diverse collaborations within physics [4]. Broadening the participation of who does science fosters scientific progress [81]. When the full range of people are turned off by stereotypes, innovation and creativity decline [82] and likely contributes to American public’s “crisis of faith” in science [68].

We must consider breaking down science stereotypes as imperative to advancing both physics and biology. All too often, people are selected into science if they fit the stereotypes [33,34] or people are asked to assimilate to the existing stereotypes in order to succeed [30,72,83]. Our work offers the first look at the specific content of that “old white man sitting in a dusty laboratory” science stereotype that science educators and employers are up against. Now the hard work begins to break down those stereotypes. After all, what is good for science are those discoveries-in-waiting that come from new, creative, and different ways of knowing, being, and living.

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