Challenges in extracting nonlinear current-induced phenomena in Ca₂RuO₄

G[i](https://orcid.org/0000-0002-3678-9168)ord[a](https://orcid.org/0000-0003-3355-5021)no Mattoni ^{([1](https://orcid.org/0000-0002-3467-9416),2,*} Kazumi Fukushima, 2 Shingo Yonezawa (1,^{2,3} Fumihiko Nakamura (1,4) and Yoshiteru Maeno (1,2)

¹*[Toyota Riken – Kyoto University Research Center \(TRiKUC\),](https://ror.org/03q75vf28) Kyoto 606-8501, Japan*

²*Department of Physics, Graduate School of Science, [Kyoto University,](https://ror.org/02kpeqv85) Kyoto 606-8502, Japan* ³*Department of Electronic Science and Engineering, Graduate School of Engineering, [Kyoto University,](https://ror.org/02kpeqv85) Kyoto 615-8510, Japan*

⁴*Department of Education and Creation Engineering, [Kurume Institute of Technology,](https://ror.org/03kb7hq55) Fukuoka 830-0052, Japan*

(Received 27 February 2024; revised 13 June 2024; accepted 1 July 2024; published 24 July 2024)

An appealing direction to change the properties of strongly correlated materials is to induce nonequilibrium steady states by the application of a direct current. While access to these novel states is of high scientific interest, Joule heating due to current flow often constitutes a hurdle to identify nonthermal effects. The biggest challenge usually resides in measuring accurately the temperature of a sample subjected to direct current, and to use probes that give direct information of the material. In this work, we exploit the simultaneous measurement of electrical transport and magnetization to probe nonequilibrium steady states in Ca_2RuO_4 . In order to reveal nonthermal current-induced effects, we employ a simple model of Joule self-heating to remove the effects of heating and discuss the importance of temperature inhomogeneity within the sample. Our approach provides a solid basis for investigating current-induced phenomena in highly resistive materials.

DOI: [10.1103/PhysRevMaterials.8.074411](https://doi.org/10.1103/PhysRevMaterials.8.074411)

I. INTRODUCTION

Direct electric current is a powerful control parameter capable of inducing nonequilibrium steady states in strongly correlated materials [\[1,2\]](#page-5-0). Nonequilibrium conditions can be a gateway to peculiar physics that cannot be accessed by other means [\[3–5\]](#page-5-0). Despite the large scientific interest, experiments with direct current always entail some extent of Joule heating, which becomes particularly relevant when dealing with highly resistive materials.

The strongly correlated oxide $Ca₂RuO₄$ is a Mott insulator at room temperature that presents a metal-insulator transition (MIT) at about 360 K and a magnetic transition towards an antiferromagnetic state below 108 K $[6,7]$. The MIT is characterized by a strong coupling between $Ca₂RuO₄$ lattice and its electronic structure [\[8\]](#page-5-0). Several reports showed that the MIT can be triggered by the flow of electric current, with the suppression of its Mott gap $[9,10]$. The occurrence of this current-induced transition has been confirmed by means of neutron scattering [\[11,12\]](#page-5-0), electrical transport [\[13,14\]](#page-5-0), and also angle-resolved photoemission spectroscopy (ARPES) [\[15,16\]](#page-5-0). Other reports showed the existence of a rich nanoscale structure at the phase boundary between metallic and insulating regions, possibly induced by the applied voltage rather than the flowing current itself [\[17–19\]](#page-5-0). These effects motivate a deeper investigation on the meachanism of electrically induced states in $Ca₂RuO₄$.

Current-induced measurements on $Ca₂RuO₄$ are particularly challenging because the material is highly resistive and even small currents can lead to the occurrence of a large Joule heating, especially at low temperature. The heating makes it difficult to evaluate the sample temperature accurately, and in the case of magnetic measurements can also introduce spurious background signals [\[20\]](#page-6-0). Various efforts have been taken to measure accurately $Ca₂RuO₄$ temperature under applied current: some groups employed thermal imaging [\[10,](#page-5-0)[21\]](#page-6-0), Fursich *et al.* looked at the shift of the Raman lines [\[22\]](#page-6-0), Okazaki *et al.* used a gold nanoparticle to locally assess the sample temperature [\[23\]](#page-6-0), Avallone *et al.* employed a nanoscale thermometer patterned right above a tiny $Ca₂RuO₄$ crystal [\[24\]](#page-6-0). However, a precise quantification of Joule-heating effects and a viable approach to distinguish them from nonthermal effects remains elusive.

In this work, we employ as a "double probe" magnetic and electrical measurements performed simultaneously to investigate the current-induced state of $Ca₂RuO₄$. To do so, we design a special sample holder with a thermometer that maximizes sample cooling and allows us to measure the sample temperature as accurately as possible. In the presence of nonthermal current-induced effects we expect changes in magnetization and resistance to have a different dependence on current. However, we show that most of the observed effects can be explained by the coexistence of a homogeneous and inhomogeneous temperature increase, assuming that both magnetization and resistance only depend on temperature. We discuss how inhomogeneous temperature profiles may explain remaining nonlinearities and provide a solid basis for probing current-induced effects in highly resistive materials.

II. EXPERIMENTAL DETAILS

We performed measurements in a magnetic property measurement system (MPMS) from Quantum Design. Simultaneous measurements of the sample resistance *R* and the magnetic moment *m* were enabled by the custom-made

^{*}Contact author: mattoni@scphys.kyoto-u.ac.jp

FIG. 1. Custom-made sample holder for simultaneous measurements of resistance and magnetic moment. (a) Schematics of the sample and holder inside the Quantum Design MPMS and location of the system thermometer T_{MPMS} . (b) Schematic drawing and corresponding photograph of the sample holder with kapton wire spacer and (c) detail of the sample itself. The spatial directions are indicated with Ca_2RuO_4 orthorhombic crystalline axes *a*, *b*, and *c*.

sample holder described in Figs. $1(a)$ – $1(c)$. The sample holder ensures a large sample cooling, crucial for measurements with applied current, thanks to a large copper strip (dimensions 200 mm \times 6 mm \times 0.4 mm) that constitutes its main body. For measurements into the MPMS, we protect the sample holder by placing it into a straw (diameter 6 mm, thickness 20 µm, length 21 cm) made of a translucent plastic that contains little magnetic impurities. Single-crystal $Ca₂RuO₄$ samples were grown by a floating-zone method as described in Ref. [\[25\]](#page-6-0). Before sample mounting, the sample in-plane crystalline axes were determined by separate magnetic mea-surements (Fig. S1 in the Supplemental Material [\[26\]](#page-6-0)). For all the measurements in this work, a field $\mu_0H = 1$ T was applied along the orthorhombic a axis of $Ca₂RuO₄$, while electrical current was applied along *b*. This configuration minimizes eddy currents in the sample holder and the magnetic background. Cooling ramps were performed by changing at a rate of 2 K min⁻¹ the sample-space temperature T_{MPMS} , measured on the outer surface of the copper jacket around the sample space [Fig. $1(a)$]. Helium exchange gas (approximately 1 mbar at room temperature) ensures a thermal connection between the sample holder and T_{MPMS} .

Electrical contact to the sample was provided by gold wires (diameter 18 μ m) and silver paste (DuPont 4929N with diethyl succinate, cured at room temperature), which were then linked to thicker copper wires (diameter 0.2 mm). In previous experiments, a low contact resistance was obtained by sputtering gold on the sample before attaching the leads with silver epoxy or paste $[9,10]$. With such a technique, a contact resistance as low as $1-10 \Omega$ at room temperature was achieved. In this experiment, we could not observe improvements in contact resistance with gold sputtering, but achieved a low contact resistance below 10 Ω at room temperature by directly attaching the leads with silver paste (Fig. S2 in [\[26\]](#page-6-0)). This low contact resistance guaranteed a negligible heating at the current connection to the sample. A thin sheet of cigarette paper was used to electrically insulate the sample from the copper holder, and GE 7031 varnish was used to glue the elements together and ensure a good thermal contact. Electrical measurements were performed by sourcing a current to the sample with a Keysight B2912A (voltage compliance 210 V) and measuring the two- or four-probe voltage with

a Keithley Electrometer 6514 (input impedance >200 T Ω). The experiments were performed on several $Ca₂RuO₄$ crystals and we here report two representative examples. Sample 1 (CRO16-4, size 1 mm \times 2.8 mm \times 0.6 mm, mass 7.98 mg), measured in a two-probe configuration, is presented in Fig. [2.](#page-2-0) Sample 2 (CR19-17, size 1.2 mm \times 3.8 mm \times 0.1 mm, mass 2.51 mg), measured in a four-probe configuration with an additional thermometer connected directly to its top surface, is presented in Figs. [3,](#page-2-0) [4,](#page-3-0) and [5.](#page-3-0) Further technical details are given in the following sections.

III. RESULTS AND DISCUSSION

A. Simultaneous electrical-transport and magnetic measurements

In Fig. $2(a)$, we show the resistance of sample 1 in a twoprobe configuration R_{2p} . For the smallest current $I = 1 \mu A$, the resistance increases several orders of magnitude upon lowering temperature and it goes beyond the measurement limit at about 150 K, consistent with previous reports of highquality $Ca₂RuO₄$ crystals [\[6,](#page-5-0)[27\]](#page-6-0). For larger values of current up to $I = 10$ mA, the resistance curves gradually become lower, in accordance with other reports [\[10,13,14,](#page-5-0)[28\]](#page-6-0). For comparison with other works, we note that for sample $1, I =$ 10 mA corresponds to a current density of $j = 1.7 \text{ A cm}^{-2}$. By taking vertical line cuts in Fig. $2(a)$ (dotted and dashed lines), we extract voltage-current characteristics at three fixed values of T_{MPMS} . The resulting curves in Fig. $2(b)$ show a nonlinear behavior that becomes more pronounced at lower temperatures. Similar trends have been previously reported for voltage-current characteristics of $Ca₂RuO₄$ [\[24,29\]](#page-6-0). We note that the location of the region of negative differential resistance, after the voltage peak, is strongly dependent on the thermal couplings and the sample temperature, and it has been suggested to be the fingerprint of $Ca₂RuO₄$ metal-insulator transition [\[10,17](#page-5-0)[,22,30\]](#page-6-0).

As an important additional probe for $Ca₂RuO₄$ properties under applied current, we also measure the sample magnetic moment *m* simultaneously with the resistance. We present in Fig. $2(c)$ the magnetic moment for $I = 0$ which, upon decreasing temperature, shows a gradual increase, a peak at

FIG. 2. Simultaneous electrical transport and magnetic measurements with constant current. (a) Experimental sample resistance as a function of temperature for different applied currents. The resistance is measured in a two-probe configuration on sample 1. (b) Voltagecurrent characteristics for selected temperatures as indicated by the vertical linecuts in (a). The voltage curves are normalized to their maximum value V_{max} . (c) Sample magnetic moment measured at $\mu_0H = 1$ T simultaneously with the resistance. For magnetic measurements, the data for $I = 0$ are also included. (d) Simulated data of sample resistance, (e) voltage-current characteristics, and (f) magnetic moment calculated by using the self-heating model of Eq. (1) with $\alpha = 180$ K W⁻¹.

about 110 K indicating a $Ca₂RuO₄$ antiferromagnetic transition, and a final saturating trend, consistent with the literature [\[31\]](#page-6-0). Note that we intentionally report the measured magnetic moment *m* instead of the sample magnetization $M =$ *m*sample/*V*sample because *m* may contain additional background signals as discussed in the following section. With applied current $I > 0$, the antiferromagnetic transition disappears and the magnetic moment decreases. As for the resistance, the measurements are interrupted whenever it becomes impossible to source the chosen current to the sample.

In order to identify nonthermal current-induced effects, we attempt to estimate and subtract the Joule selfheating. For this purpose, we consider a simple model in which the sample is at an effective temperature T_{MPMS} + ΔT , and the ΔT is determined solely by the electrical

FIG. 3. Sample self-heating evaluated with a top thermometer. (a) Top-thermometer temperature as a function of system temperature for several currents and (b) corresponding increase of sample temperature due to current heating. (c) Electrical power supplied to the sample by the flowing current and (d) experimental values of $\alpha(T)$ if the temperature increase is described by the Joule selfheating model of Eq. (1).

power
$$
P = I^2 R
$$
 as
\n
$$
\Delta T(T_{\text{MPMS}}) = \alpha P(T_{\text{MPMS}} + \Delta T) = \alpha I^2 R_0(T_{\text{MPMS}} + \Delta T),
$$
\n(1)

where α is a constant expressing thermal resistance between the sample and the cryostat and R_0 is the sample resistance with close-to-zero current. By using as the only input $R_0(T) =$ $R_{2p}(T, I = 1 \mu A)$, we simulate the data in Figs. 2(d) and 2(e) by solving Eq. (1). We also simulate the magnetization data in Fig. 2(f) using $m_0 = m (I = 0)$. The data are reproduced by adjusting the value of the phenomenological constant $\alpha = 180 \text{ K W}^{-1}$, for which we find a striking qualitative agreement between experiment and simulation. The model correctly captures the current-induced reduction of both R_{2p} and *m*, and also the nonlinear trend of the current-voltage characteristics. This indicates that a significant portion of the observed behavior can be explained by Joule self-heating of a temperature-homogeneous insulating phase, underlying the importance of developing a special technique to accurately measure the sample temperature.

B. Joule self-heating of Ca2RuO4

In order to accurately assess the sample temperature, we perform another set of measurements on a similar $Ca₂RuO₄$ crystal (sample 2) connected in a four-probe configuration (full data in Fig. S3 of the Supplemental Material [\[26\]](#page-6-0)). While the range of electric current applied to sample 2 is similar to the one used for sample 1, the current density is about a factor 5 larger $(I = 10 \text{ mA}$ corresponds to a current density of $j = 8.3$ A cm⁻² for sample 2). Direct comparison of the two- and four-probe resistance indicates that the contact resistance is negligible (Fig. $S2$ in $[26]$). A thermometer glued

FIG. 4. Magnetic moment as internal thermometer. (a) Relationship between the resistance and magnetic moment of sample 2 for different temperatures and currents. The color indicates different applied currents, while the temperature dependence is implicit. (b) Sample heating estimated from the magnetic moment T_m , the top thermometer T_{top} , and (c) their ratio. (d) Voltage-current characteristics at a fixed sample temperature evaluated with different probes. As the probe of sample temperature becomes more accurate, the curves tend to a more ohmic behavior.

by GE 7031 varnish directly on the sample top surface is used to measure T_{top} as shown in Fig. [1\(a\).](#page-1-0) For this purpose, we chose a platinum resistive sensor (Heraeus Pt1000, SMD0603) whose substrate was thinned down to about 80 μ m thickness by mechanical polishing in order to enhance its proximity to the sample. We also mechanically removed the sensor contact pads, which contain magnetic materials such as nickel, in order to bring its magnetic signal to a negligible value (Fig. S4 in [\[26\]](#page-6-0)). We provided electrical contact to the sensor [Fig. $1(c)$] by using silver paste and two thin gold wires (diameter 18 µm, length 0.5 cm) which are then connected in a four-probe configuration to a set of phosphor bronze wires that have low thermal conductivity. As shown in Fig. $1(b)$, we minimize heat escape from the temperature sensor by using kapton spacers that keep its wires physically separated from the highly conductive sample holder. Because the magnetic moment of sample 2 is rather small, we perform magnetic measurements with both a positive and negative applied current in order to identify the magnetic signal generated by the

FIG. 5. Possible spatial temperature inhomogeneity. (a) Schematic of a simplified sample temperature inhomogeneity with vertical (i.e., in series) and (d) horizontal (i.e., in parallel) boundaries at a hotter (T_{hot}) and colder (T_{cold}) temperature. (b) Simulated hot volume fraction and (c) temperature of the hotter region for the series configuration, and (e),(f) for the parallel configuration. Also here, all the temperature increases ΔT are referred to T_{MPMS} .

electrical leads (detailed description in Fig. S5 of [\[26\]](#page-6-0)). This background signal is subtracted to extract the value of *m* for this sample which will be shown in Fig. 4.

In Fig. $3(a)$, we observe that T_{top} significantly deviates from T_{MPMS} (dotted line), indicating that the sample is substantially heated by the flowing current, especially at lower temperatures. We quantify such sample heating in Fig. $3(b)$ as $\Delta T_{top} =$ $T_{top} - T_{MPMS}$ and also calculate in Fig. [3\(c\)](#page-2-0) the electrical power dissipated by the flowing current as $P_{2p} = I^2 R_{2p}$. Since the power dissipation through the low-resistance copper leads is negligible, most of P_{2p} is dissipated through the sample and at its electrical contacts. To test whether the dissipated power determines a Joule self-heating in accordance with the model of Eq. [\(1\)](#page-2-0), we calculate the experimental $\alpha_{top}(T) = \Delta T_{top}/P_{2p}$ in Fig. [3\(d\).](#page-2-0) We find values $\alpha_{top} = 150-250 \text{ K W}^{-1}$ which are consistent with the value $\alpha = 180 \text{ K W}^{-1}$ used in the simulation of Fig. [2,](#page-2-0) thus supporting our model choice. The increase of α_{top} at lower temperatures indicates a worse sample cooling, possibly due to a decreased thermal conductivity of the components or to a lower pressure of the He exchange gas.

C. Universal relationship between magnetic moment and resistance

To reveal possible nonthermal current-induced effects that would induce different changes of resistance and magnetic moment, we plot in Fig. $4(a)$ the data of the four-probe resistance R_{4p} vs *m* for sample 2. The data mostly collapse on the same curve, suggesting a universal correlation between R_{4p} and *m*, irrespective of the applied current value. This is a surprising result because if the band structure of $Ca₂RuO₄$ is changed by the flowing current, there is no expectation that both R_{4p} and m change in the same manner. Despite the extensive overlap of the curves, some deviation is observed in the high-resistance high-magnetization region, which corresponds to lower temperatures.

To investigate these deviations, we tentatively assume that *m* does not depend on current but only on temperature and we use the experimental data of $m(T_{\text{MPMS}})$ to calculate the sample "magnetic temperature" T_m in Fig. [4\(b\).](#page-3-0) Under our assumption, T_m provides an internal probe of sample temperature, which we use to estimate the sample heating as $\Delta T_m = T_m - T_{MPMS}$. This heating is systematically larger than what is measured by T_{top} , and their ratio in Fig. $4(c)$ shows that ΔT_m is up to 40% larger than ΔT_{top} , implying that the top thermometer measures a value which is significantly lower than the sample average temperature.

We show in Fig. $4(d)$ the voltage-current characteristics for sample 2 extracted at a constant sample temperature of 270 K estimated by different temperature probes. Changing the temperature probe from T_{MPMS} , to T_{top} , to T_m , the nonlinear curves become more and more straight, and approach the ohmic behavior. This indicates that a large component of the observed nonlinearity can be ascribed to an underestimation of the average sample temperature caused by the Joule self-heating. Nonthermal current-induced effects, if present, should be investigated after removing this large heating component. We note that some deviation from the ohmic behavior persists even when using T_m , which may indicate the presence of nonthermal current-induced effects that will be further investigated in the following section.

D. Possible sample temperature inhomogeneity

We now discuss whether residual deviations of the *R* vs *m* curves can be described by possible inhomogeneities of the sample temperature. We note that the magnetic moment is a bulk measurement averaged over the entire sample volume, while the resistance is dominated by the most-conductive electrical channel. To account for possible inhomogeneities, we consider two simplified scenarios in which the sample temperature presents hotter regions with vertical boundaries, which we call *in series* [Fig. [5\(a\)\]](#page-3-0), or horizontal, which we call *in parallel* [Fig. $5(d)$]. The first scenario can be related to excess sample heating in proximity of the current leads, possibly due to contact resistance. The second scenario can be related to an excess heating on the top part of the sample that is further away from the copper sample holder, thus being subjected to less cooling power. The formulation of the following analysis allows the location and extent of the hotter and colder regions to be different from the one in the schematic drawings, as long as the directionality is respected (for example, the hotter regions could be multiple or spatially asymmetric).

In this simplified model, we consider sharply defined regions at a hotter (T_{hot}) and colder (T_{cold}) temperature whose extent is identified by the volume fraction x_{hot} . For both scenarios, the sample magnetization is given by the volume average

$$
m(T) = x_{\text{hot}} m_0(T_{\text{hot}}) + (1 - x_{\text{hot}}) m_0(T_{\text{cold}}),
$$
 (2)

where m_0 is the magnetic moment at zero current. The sample resistance, instead, is calculated differently in the two scenarios as

$$
R^{\text{series}}(T) = x_{\text{hot}} R_0(T_{\text{hot}}) + (1 - x_{\text{hot}}) R_0(T_{\text{cold}}),
$$

$$
\frac{1}{R^{\text{parallel}}(T)} = \frac{x_{\text{hot}}}{R_0(T_{\text{hot}})} + \frac{(1 - x_{\text{hot}})}{R_0(T_{\text{cold}})}.
$$
 (3)

Following the discussion of the previous section, we expect the sample temperature to be on average larger than what is measured by T_{top} . We thus initially set $T_{\text{cold}} = T_{\text{top}}$ to simplify the numerical solution of the model. We comment that, as shown in Fig. S6 of the Supplemental Material [\[26\]](#page-6-0), even if the top part of the sample is expected to be the hottest, the temperature measured by the top thermometer T_{top} could be significantly lower. We use the experimental data of $m(T)$ and $R(T)$ as inputs to solve the coupled set of equations Eqs. (2) and (3) and calculate numerical solutions for x_{hot} and T_{hot} .

In the series scenario of Figs. $5(b)$ and $5(c)$, the values of *x*hot are not well defined in the higher-temperature region because the sample self-heating is small (i.e., $T_{hot} \sim T_{cold}$). In this region, the universality of resistance vs magnetization is satisfied [Fig. $4(a)$]. At lower temperatures, x_{hot} shoots up to 100%, indicating that a large portion of the sample is at *T*hot. For larger applied currents, no numerical solution is found below about 200 K, indicating that the series temperature inhomogeneity cannot explain the experimental behavior. The formation of hotter regions with vertical boundary is thus unlikely, indicating that sample self-heating at the current leads is negligible, consistent with our estimate of a low contact resistance (Fig. S2 of [\[26\]](#page-6-0)).

In the parallel scenario of Fig. $5(e)$, a numerical solution is found for all temperatures and currents. At low temperature, *x*hot approaches a value of about 80% that is consistent for all experimental currents, indicating that the coexistence of a broad hotter region and a thin colder region is a possible description of the experimental behavior. From Fig. [5\(f\),](#page-3-0) we note that the temperature difference between the hotter and colder regions $\Delta T = \Delta T_{\text{hot}} - \Delta T_{\text{cold}}$ is of a few K at room temperature [electrical power $P_{2p} \sim 50$ mW from Fig. [3\(c\)\]](#page-2-0), while it grows to about $\Delta T \sim 30 \text{ K}$ ($P_{2p} \sim 500 \text{ mW}$) at low temperature. Considering that thermal conduction within the sample is given by $P = \kappa \frac{A}{l} \Delta \tilde{T}$, where the room-temperature conductivity is $\kappa_{c,Ca_2RuO_4} = 1.8 \text{ W m}^{-1} \text{ K}^{-1}$ [\[32\]](#page-6-0) and *A/t* is the sample cross-sectional area over its thickness, we estimate that at room temperature $\Delta T \sim 1.4$ K along the *c* direction of Ca2RuO4. At lower temperatures, this vertical temperature inhomogeneity grows up to a factor 10 due to the increasing electrical power, and it may be further enhanced by the decreasing thermal conductivity of $Ca₂RuO₄$. For a more detailed analysis of this possible scenario see also Fig. S6 of the Supplemental Material [\[26\]](#page-6-0). The presence of hot and cold regions in parallel is thus a reasonable possibility, and their extent may depend on sample size, thermal couplings, and cooling conditions.

IV. CONCLUSIONS

We have investigated current-induced phenomena in $Ca₂RuO₄$ through a wide temperature range by means of simultaneous magnetic and electrical measurements. Despite the purpose-made setup, the sample experienced a large Joule self-heating that we quantified by means of a simple model and a thermometer in direct contact with the sample. While most deviations from ohmic behavior can be explained by homogeneous sample heating, additional effects are present. Temperature inhomogeneity is intrinsic to a current-induced steady state where the continuous heat input is balanced by the heat escape. Therefore, we introduced a model of inhomogeneous sample heating which explained most of the additional nonlinearities as due to a temperature gradient in the direction perpendicular to the current flow. This analysis allowed us to identify that a combination of homogeneous and inhomogeneous current-induced heating is responsible for the observed behavior, especially at low temperatures. Nonthermal current-induced effects in $Ca₂RuO₄$, if present, are

- [1] R. Kumai, Y. Okimoto, and Y. Tokura, Current-induced insulator-metal transition and pattern formation in an organic charge-transfer complex, Science **284**[, 1645 \(1999\).](https://doi.org/10.1126/science.284.5420.1645)
- [2] E. Myers, D. Ralph, J. Katine, R. Louie, and R. Buhrman, Current-induced switching of domains in magnetic multilayer devices, Science **285**[, 867 \(1999\).](https://doi.org/10.1126/science.285.5429.867)
- [3] D. Fausti, R. Tobey, N. Dean, S. Kaiser, A. Dienst, M. C. Hoffmann, S. Pyon, T. Takayama, H. Takagi, and A. Cavalleri, Light-induced superconductivity in a stripe-ordered cuprate, Science **331**[, 189 \(2011\).](https://doi.org/10.1126/science.1197294)
- [4] L. Stojchevska, I. Vaskivskyi, T. Mertelj, P. Kusar, D. Svetin, S. Brazovskii, and D. Mihailovic, Ultrafast switching to a stable [hidden quantum state in an electronic crystal,](https://doi.org/10.1126/science.1241591) Science **344**, 177 (2014).
- [5] G. Mattoni, N. Manca, M. Hadjimichael, P. Zubko, A. J. H. van der Torren, C. Yin, S. Catalano, M. Gibert, F. Maccherozzi, Y. Liu, S. S. Dhesi, and A. D. Caviglia, Light control of the [nanoscale phase separation in heteroepitaxial nickelates,](https://doi.org/10.1103/PhysRevMaterials.2.085002) Phys. Rev. Mater. **2**, 085002 (2018).
- [6] S. Nakatsuji, S.-i. Ikeda, and Y. Maeno, $Ca₂RuO₄$: New Mott [insulators of layered ruthenate,](https://doi.org/10.1143/JPSJ.66.1868) J. Phys. Soc. Jpn. **66**, 1868 (1997).
- [7] G. Cao, C. Alexander, S. McCall, J. Crow, and R. Guertin, From antiferromagnetic insulator to ferromagnetic metal: A [brief review of the layered ruthenates,](https://doi.org/10.1016/S0921-5107(99)00055-0) Mater. Sci. Eng. B **63**, 76 (1999).
- [8] Q. Han and A. Millis, Lattice energetics and correlation-driven metal-insulator transitions: The case of Ca₂RuO₄, Phys. Rev. Lett. **121**, 067601 (2018).
- [9] F. Nakamura, M. Sakaki, Y. Yamanaka, S. Tamaru, T. Suzuki, and Y. Maeno, Electric-field-induced metal maintained by current of the Mott insulator $Ca₂RuO₄$, Sci. Rep. 3[, 2536 \(2013\).](https://doi.org/10.1038/srep02536)
- [10] R. Okazaki, Y. Nishina, Y. Yasui, F. Nakamura, T. Suzuki, and I. Terasaki, Current-induced gap suppression in the Mott insulator Ca2RuO4, [J. Phys. Soc. Jpn.](https://doi.org/10.7566/JPSJ.82.103702) **82**, 103702 (2013).
- [11] J. Bertinshaw, N. Gurung, P. Jorba, H. Liu, M. Schmid, D. T. Mantadakis, M. Daghofer, M. Krautloher, A. Jain, G. H. Ryu

below the detection limit of this experiment. Our results pose a solid basis for investigating current-induced phenomena in insulators, where large current heating is unavoidable.

ACKNOWLEDGMENTS

The authors thank N. Manca for valuable comments on the manuscript and H. Michishita for machining the copper components. This work was supported by JSPS Grant-in-Aids KAKENHI Grants No. JP26247060, No. JP15H05852, No. JP15K21717, No. JP17H06136, No. JP22H01168, and No. JP18K04715, as well as by the JSPS Core-to-Core program. G.M. acknowledges support from the Dutch Research Council (NWO) through Rubicon Grant No. 019.183EN.031, and support from the Kyoto University Foundation. S.Y. acknowledges support from JSPS Grant-in-Aids KAKENHI Grants No. 23H04861, No. 24H00194, and No. 24H01663, and F.N. from JSPS Grant-in-Aids KAKENHI Grant No. 23K22437.

et al., Unique crystal structure of $Ca₂RuO₄$ in the current [stabilized semimetallic state,](https://doi.org/10.1103/PhysRevLett.123.137204) Phys. Rev. Lett. **123**, 137204 (2019).

- [12] K. Jenni, F. Wirth, K. Dietrich, L. Berger, Y. Sidis, S. Kunkemöller, C. P. Grams, D. I. Khomskii, J. Hemberger, and M. Braden, Evidence for current-induced phase coexistence in $Ca₂RuO₄$ [and its influence on magnetic order,](https://doi.org/10.1103/PhysRevMaterials.4.085001) *Phys. Rev. Mater.* **4**, 085001 (2020).
- [13] C. Cirillo, V. Granata, G. Avallone, R. Fittipaldi, C. Attanasio, A. Avella, and A. Vecchione, Emergence of a metallic metastable phase induced by electrical current in $Ca₂RuO₄$, Phys. Rev. B **100**[, 235142 \(2019\).](https://doi.org/10.1103/PhysRevB.100.235142)
- [14] H. Zhao, B. Hu, F. Ye, C. Hoffmann, I. Kimchi, and G. Cao, Nonequilibrium orbital transitions via applied electrical current in calcium ruthenates, Phys. Rev. B **100**[, 241104\(R\) \(2019\).](https://doi.org/10.1103/PhysRevB.100.241104)
- [15] D. Ootsuki, A. Hishikawa, T. Ishida, D. Shibata, Y. Takasuka, M. Kitamura, K. Horiba, Y. Takagi, A. Yasui, C. Sow, Metallic surface state in the bulk insulating phase of $Ca_{2-x}Sr_xRuO_4$ ($x =$ 0.[06\) studied by photoemission spectroscopy,](https://doi.org/10.7566/JPSJ.91.114704) J. Phys. Soc. Jpn. **91**, 114704 (2022).
- [16] D. Curcio, C. E. Sanders, A. Chikina, H. E. Lund, M. Bianchi, V. Granata, M. Cannavacciuolo, G. Cuono, C. Autieri, F. Forte, G. Avallone, A. Romano, M. Cuoco, P. Dudin, J. Avila, C. Polley, T. Balasubramanian, R. Fittipaldi, A. Vecchione, and P. Hofmann, Current-driven insulator-to-metal transition with[out Mott breakdown in Ca2RuO4,](https://doi.org/10.1103/PhysRevB.108.L161105) Phys. Rev. B **108**, L161105 (2023).
- [17] J. Zhang, A. S. McLeod, Q. Han, X. Chen, H. A. Bechtel, Z. Yao, S. N. Gilbert Corder, T. Ciavatti, T. H. Tao, M. Aronson *et al.*, Nano-resolved current-induced insulator-metal transition in the Mott insulator Ca2RuO4, Phys. Rev. X **9**[, 011032 \(2019\).](https://doi.org/10.1103/PhysRevX.9.011032)
- [18] R. A. Vitalone, A. J. Sternbach, B. A. Foutty, A. S. McLeod, C. Sow, D. Golez, F. Nakamura, Y. Maeno, A. N. Pasupathy, A. Georges, Nanoscale femtosecond dynamics of Mott insulator $(Ca_{0.99}Sr_{0.01})_2RuO_4$, Nano Lett. **22**[, 5689 \(2022\).](https://doi.org/10.1021/acs.nanolett.2c00581)
- [19] N. Gauquelin, F. Forte, D. Jannis, R. Fittipaldi, C. Autieri, G. Cuono, V. Granata, M. Lettieri, C. Noce, F. Miletto-Granozio,

A. Vecchione, J. Verbeeck, and M. Cuoco, Pattern formation [by electric-field quench in a Mott crystal,](https://doi.org/10.1021/acs.nanolett.3c00574) Nano Lett. **23**, 7782 (2023).

- [20] G. Mattoni, S. Yonezawa, and Y. Maeno, Diamagnetic-like re[sponse from localized heating of a paramagnetic material,](https://doi.org/10.1063/5.0006098) Appl. Phys. Lett. **116**, 172405 (2020).
- [21] G. Mattoni, S. Yonezawa, F. Nakamura, and Y. Maeno, Role of local temperature in the current-driven metal–insulator transition of Ca2RuO4, [Phys. Rev. Mater.](https://doi.org/10.1103/PhysRevMaterials.4.114414) **4**, 114414 (2020).
- [22] K. Fürsich, J. Bertinshaw, P. Butler, M. Krautloher, M. Minola, and B. Keimer, Raman scattering from currentstabilized nonequilibrium phases in $Ca₂RuO₄$, Phys. Rev. B **100**, 081101(R) (2019).
- [23] R. Okazaki, K. Kobayashi, R. Kumai, H. Nakao, Y. Murakami, F. Nakamura, H. Taniguchi, and I. Terasaki, Current-induced giant lattice deformation in the Mott insulator $Ca₂RuO₄$, [J. Phys. Soc. Jpn.](https://doi.org/10.7566/JPSJ.89.044710) **89**, 044710 (2020).
- [24] G. Avallone, R. Fermin, K. Lahabi, V. Granata, R. Fittipaldi, C. Cirillo, C. Attanasio, A. Vecchione, and J. Aarts, Universal size-dependent nonlinear charge transport in single crystals of the Mott insulator Ca₂RuO₄, [npj Quantum Mater.](https://doi.org/10.1038/s41535-021-00394-7) **6**, 91 (2021).
- [25] A. M. Divakaran, R. Okazaki, and F. Nakamura, In-plane resistive anisotropy in $Ca₂RuO₄$ measured by rotational square four-point probe method, [Jpn. J. Appl. Phys.](https://doi.org/10.35848/1347-4065/acac5a) **62**, 016505 (2023).
- [26] See Supplemental Material at http://link.aps.org/supplemental/ [10.1103/PhysRevMaterials.8.074411](http://link.aps.org/supplemental/10.1103/PhysRevMaterials.8.074411) for determination of crys-

talline axes, two- vs four-probe resistance, resistance and magnetic data for sample 2, magnetic backgrounds, magnetic signal from current leads, finite element simulation of sampleholder heating.

- [27] S. Nakatsuji and Y. Maeno, Quasi-two-dimensional Mott [transition system Ca2](https://doi.org/10.1103/PhysRevLett.84.2666)−*^x*Sr*x*RuO4, Phys. Rev. Lett. **84**, 2666 (2000).
- [28] I. Terasaki, I. Sano, K. Toda, S. Kawasaki, A. Nakano, H. Taniguchi, H. J. Cho, H. Ohta, and F. Nakamura, Nonequilibrium steady state in the Mott insulator $Ca₂RuO₄$, J. Phys. Soc. Jpn. **89**, 093707 (2020).
- [29] A. Tsurumaki-Fukuchi, K. Tsubaki, T. Katase, T. Kamiya, M. Arita, and Y. Takahashi, Stable and tunable current-induced phase transition in epitaxial thin films of $Ca₂RuO₄$, ACS Appl. Mater. Interfaces **12**, 28368 (2020).
- [30] M. Sakaki, N. Nakajima, F. Nakamura, Y. Tezuka, and T. Suzuki, Electric-field-induced insulator–metal transition in $Ca₂RuO₄$ probed by x-ray absorption and emission spectroscopy, [J. Phys. Soc. Jpn.](https://doi.org/10.7566/JPSJ.82.093707) **82**, 093707 (2013).
- [31] M. Braden, G. André, S. Nakatsuji, and Y. Maeno, Crystal and magnetic structure of Ca₂RuO₄: Magnetoelastic coupling and the metal-insulator transition, [Phys. Rev. B](https://doi.org/10.1103/PhysRevB.58.847) **58**, 847 (1998).
- [32] S. Kawasaki, A. Nakano, H. Taniguchi, H. J. Cho, H. Ohta, F. Nakamura, and I. Terasaki, Thermal diffusivity of the Mott insulator $Ca₂RuO₄$ [in a non-equilibrium steady state,](https://doi.org/10.7566/JPSJ.90.063601) J. Phys. Soc. Jpn. **90**, 063601 (2021).