Near-Surface Structural Phase Transition of SrTiO₃ Studied with Zero-Field **β**-Detected Nuclear Spin Relaxation and Resonance

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We demonstrate that zero-field β -detected nuclear quadrupole resonance and spin relaxation of low energy ⁸Li can be used as a sensitive local probe of structural phase transitions near a surface. We find that the transition near the surface of a SrTiO₃ single crystal occurs at $T_c \sim 150$ K, i.e., ~ 45 K higher than T_c^{bulk} , and that the tetragonal domains formed below T_c are randomly oriented.

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Strontium titanate (SrTiO₃) is an ionic insulator with remarkable properties. For example, it exhibits "quantum paraelectricity" which can be relieved by oxygen isotope substitution [1]. It is also of significant practical importance as a substrate and buffer layer in electronic heterostructures. At room temperature, bulk SrTiO₃ adopts the cubic perovskite structure, but undergoes an antiferrodisplacive soft-mode structural phase transition to a tetragonal phase at $T_c^{\text{bulk}} \approx 105$ K. Intensive research on this second order transition has driven many advances in the general theory of structural phase transitions but has not itself yielded to complete understanding [2]. In SrTiO₃, and also more generally, differences between the phase transitions occurring in the bulk and those that take place near a free surface are of considerable scientific and technological interest. For example, theoretical calculations predict that the structural and magnetic phase transition temperatures near the surface should be strongly enhanced [3]. There are currently relatively few techniques that can be used to study phase transitions and, in particular, those of a structural nature, near the surface at the local level. For example, although conventional nuclear magnetic resonance (NMR) and nuclear quadrupole resonance (NQR) are widely used to study condensed matter systems, they generally lack the sensitivity required to investigate surface phenomena (though notable exceptions exist [4]). However, closely related methods such as beta-detected NMR $(\beta$ -NMR) or NQR $(\beta$ -NQR) are considerably more sensitive [5-8], and as a consequence, they are well suited to probe local structural changes near the surface of interesting materials.

In this Letter we present zero magnetic field ⁸Li β -NQR [6] and spin relaxation measurements near the surface of a single crystal of SrTiO₃. This study demonstrates, for the first time, that β -NQR can be used as a sensitive local probe of structural phase transitions near a surface. In particular, we find that $T_c \approx 150$ K near the surface of SrTiO₃, considerably higher than T_c^{bulk} . In addition, we obtain information on the orientation of the near-surface tetragonal domains below T_c . More generally, since many other systems [9] produce an appropriate zero-field β -NQR signal, we anticipate that the technique is applicable to a wide class of materials.

As discussed in more detail in Refs. [5.6], the ⁸Li beam is produced at the Isotope Separator and Accelerator (ISAC) at TRIUMF in Vancouver, Canada. It is then spin polarized using a collinear optical pumping method, yielding nuclear polarization as high as 70%, and subsequently implanted into the SrTiO₃ sample. Since the implanted beam energy (28 keV) is relatively low, the ⁸Li stops at an average depth of ~ 1500 Å. The nuclear polarization, and its time evolution, is the quantity of interest in our experiments. It can be measured through the β -decay asymmetry, where an electron is emitted preferentially opposite the direction of the nuclear polarization at the time of decay [10] and detected by appropriately positioned scintillation counters. The sample is an $8 \times 10 \times$ 0.5 mm single side epitaxially polished $\langle 100 \rangle$ single crystal substrate, with rms surface roughness of 1.5 Å (Applied Technology Enterprises). It was mounted on a coldfinger cryostat in an ultra high vacuum (UHV) environment. Thermal contact between the sample and coldfinger was achieved with a small amount of UHV compatible grease (Apiezon N). The temperature gradient between the sample and diffuser of the cryostat was measured to be less than 0.2 K. The ⁸Li ions were implanted with their initial polarization along the surface of the crystal which is perpendicular to the $\langle 100 \rangle$ direction.

Previous measurements at room temperature [6] have established that ⁸Li⁺ occupies three equivalent face center (F) sites in the cubic $SrTiO_3$ unit cell, with the Ti^{4+} ions at its corners. As a consequence of its location, the local symmetry of the F site is noncubic even in the cubic phase; therefore, the ⁸Li experiences an almost axially symmetric electric field gradient (EFG), $V_{ij} = \frac{\partial^2 V}{\partial x_i \partial x_j}$, with symmetry axis normal to the unit cell face [6,7]. Since the ⁸Li nucleus has spin I = 2 and an electric quadrupole moment Q = +31.4 mb, it experiences an electric quadrupole interaction. In zero applied magnetic field, the spin Hamiltonian is given by

$$\mathcal{H}_{a} = h\nu_{a}[I_{z}^{2} - 2], \qquad (1)$$

where $\nu_q = e^2 q Q/8$ and $eq = V_{zz}$ is the EFG along the symmetry axis. Thus, the ⁸Li nuclear spin polarization $\mathbf{p}(t)$ can be highly sensitive to the details of a structural phase transition at the atomic scale, since one expects such transitions to produce significant changes in the strength and/or symmetry of the EFG tensor. In order to better interpret the results of our measurements, described below, it is useful to keep the following qualitative behavior in mind: (i) a change in the *strength* of the EFG will result in a shift of the resonance frequency, while (ii) a *deviation from axial symmetry* of the ⁸Li site will introduce nonaxial components and produce an additional term in the Hamiltonian,

$$\mathcal{H}_{\eta} = \eta \nu_q (I_x^2 - I_y^2), \qquad (2)$$

where $\eta = (V_{xx} - V_{yy})/V_{zz}$ is the conventional dimensionless EFG asymmetry parameter [11,12]. Since, in our experiment, most of the ⁸Li are prepared in either the $|\pm 2\rangle$ or $|-2\rangle$ spin states, \mathcal{H}_{η} introduces mixing between the $|\pm 2\rangle$ spin states with a characteristic frequency splitting $\Delta_{\pm 2} \simeq 3\eta^2 \nu_q$ [6]. This results in a loss of polarization on the time scale of $1/\Delta_{\pm 2}$.

First, we discuss the observed temperature dependence of $\mathbf{p}(t)$ in the SrTiO₃ sample. The polarization along \hat{z} , $p_z(t)$, is measured using a method where a pulse of ⁸Li is implanted at a rate of about 10⁶/s, starting at t = 0 for a period T = 4 s, and the β -decay asymmetry both during and after the beam period is measured. Measurements of $p_z(t)$ at different temperatures are shown in Fig. 1.

The initial polarization was normalized to its value at room temperature. $p_z(t)$ is determined by both the ⁸Li spinlattice relaxation rate λ and its radioactive lifetime $\tau = 1.21$ s. Assuming a general spin relaxation function $f(t, t_p : \lambda)$ for the fraction of ⁸Li implanted in the sample at t_p , the polarization follows

$$p_{z}(t) = \begin{cases} \frac{\int_{0}^{t} e^{-(t-t_{p})/\tau} f(t,t_{p};\lambda) dt_{p}}{\int_{0}^{t} e^{-t/\tau} dt} & t \leq T, \\ \frac{\int_{0}^{T} e^{-(T-t_{p})/\tau} f(t,t_{p};\lambda) dt_{p}}{\int_{0}^{T} e^{-t/\tau} dt} & t > T. \end{cases}$$
(3)

The data in Fig. 1 are fit to Eq. (3) with a phenomenological biexponential form,

$$f(t, t_p : \lambda) = A_1 e^{-\lambda_1 (t - t_p)} + A_2 e^{-\lambda_2 (t - t_p)}.$$
 (4)

The relaxation rates from the fits are small and do not vary much with temperature. In contrast, as shown in Fig. 2, the initial polarization $p_z(0)$ exhibits a strong temperature



FIG. 1 (color online). The polarization as a function of time, normalized to its initial value at T = 290 K, at several temperatures.

dependence. At high temperatures, $p_z(0)$ is constant and close to unity. However, it decreases dramatically below 150 K, eventually reaching a temperature independent value of ~1/3 below 75 K. As discussed earlier, we attribute the loss of initial polarization to the appearance of nonaxial components of the EFG which arise as the crystal's symmetry is lowered below the phase transition. The most striking result in this work is that the loss of polarization in Fig. 2 starts at $T_c \approx 150$ K, much higher than T_c^{bulk} . We attribute this enhancement of T_c to proximity to the free surface of the crystal.

In order to fully understand the results in Figs. 1 and 2, one should consider the changes in the local structure around the ⁸Li below the transition, where the lattice parameter *c* becomes larger than *a* (see inset of Fig. 3). Therefore, two inequivalent ⁸Li sites now exist: those where the *c* axis is perpendicular to the EFG's principal axis (F_{\perp}) and those where it is parallel (F_{\parallel}). These sites occur in a 2:1 ratio (F_{\perp} : F_{\parallel}), and hence 2/3 of the ⁸Li sites experience nonaxial distortions in the EFG. Treating the lattice of SrTiO₃ as an array of point charges (Sr²⁺, O²⁻, and Ti⁴⁺), we calculated η for both types of F site as a function of temperature, using the bulk lattice constants



FIG. 2 (color online). The normalized initial polarization as a function of temperature. The solid line is a guide to the eye. The inset is the calculated ⁸Li stopping profile.





FIG. 3 (color online). The calculated η as a function of temperature. The inset shows the different types of ⁸Li sites in the SrTiO₃ unit cell.

reported in Ref. [13]. As can be seen in Fig. 3, η is exactly zero for both types in the cubic phase. It remains unchanged through the phase transition for the F_{||} site, while for the F_⊥ sites, it increases up to ~0.35% due to the tetragonal distortion. The increase in η at T_c causes an increase in $\Delta_{\pm 2}$ which is sufficient to produce a partial loss of $p_z(0)$ due to ⁸Li in F_⊥ sites.

Additional information needed to estimate $\Delta_{\pm 2}$ can be obtained by measuring the value of $3\nu_q$ using the nuclear quadrupole *resonance*, as detailed in Ref. [6]. This was carried from room temperature down to ~75 K, below which the resonance could not be observed. Representative spectra at several temperatures are shown in Fig. 4. As can be seen in Fig. 5, the resonance frequency, which occurs at $3\nu_q$, increases down to ~100 K, below which it appears to saturate. This temperature dependence reflects an increase in the EFG at the ⁸Li site, which is consistent with thermal contraction of the SrTiO₃ lattice, as confirmed by the comparison with simulations using the point charge model.

While the absolute value of $3\nu_q$ obtained from such a simple calculation is generally not expected to agree well with measurements [11], the relative increase in $3\nu_q$ as a function of temperature (solid lines in Fig. 5) yields very good agreement with the experiment from 290 K down to 105 K. The bifurcation of the calculated values at T =105 K is due to the bulk phase transition; while the calculated value of $3\nu_q$ for the F_{\parallel} site becomes temperature independent, it continues to increase for the F_{\perp} sites. The experimental results agree with the calculations for the F_{\parallel} site only, and there is no evidence for a signal from the F_{\perp} sites. This is further confirmation that, below the transition, η for the F_{\perp} sites becomes significant (see Fig. 3); consequently, the polarization of ⁸Li in these sites is lost and does not contribute to the resonance. Note that a typical value of $3\nu_a \simeq 230$ kHz provides a sufficiently large $\Delta_{\pm 2}$ for η as low as 0.1% to produce the observed loss of polarization.

It is important to point out that since 2/3 of the polarization of ⁸Li stopping in tetragonal domains (where the



FIG. 4 (color online). ⁸Li β -NQR lines in SrTiO₃ for different temperatures. The line shifts, broadens, and weakens as the sample is cooled from room temperature to 100 K. The solid lines are fits to a Lorentzian, which describes the data very accurately.

phase transition has occurred) is lost, the main contribution to the resonance comes from ⁸Li stopping in the cubic phase. Therefore the resonances are less sensitive to the structural phase transition near the surface, since at $T \gtrsim T_c^{\text{bulk}}$ they will be dominated by ⁸Li stopping far from the surface. This is evident from the fact that the calculated resonance frequency, using *bulk* lattice constants, yields good agreement with the experiment (see Fig. 5), and that the resonance amplitude becomes very small below T_c^{bulk} .

As mentioned earlier, our observed $T_c \simeq 150$ K near the surface of SrTiO₃ is significantly higher than T_c^{bulk} , corresponding to a difference of $\Delta T_c \approx 45$ K. Based on an extrapolation of the penetration depth dependence of the x-ray scattering parameters, an increase of $\Delta T_c = 220$ K at the surface was predicted [14]. Optical second harmonic generation (SHG) studies recently found that the phase transition near the surface of SrTiO₃ occurs $\Delta T_c = 45$ K above the temperature of the bulk phase transition [15]. A similar result was found closer to the surface by electron



FIG. 5 (color online). The resonance frequency, $3\nu_q$, as a function of temperature, obtained from fitting the lines to a Lorentzian shape. The solid lines are the calculated value of $3\nu_q$ from the relative increase of ν_q scaled to match the data at 250 K.

diffraction [16]. Unlike these techniques, the ⁸Li nuclei sense the phase transition at the atomic scale, while the net signal is averaged over ⁸Li sites in the implantation volume, which is a beam spot about 3 mm in diameter together with an implantation depth profile. As shown in the inset of Fig. 2, Monte Carlo calculations using the TRIM.SP [17] package predicts that ⁸Li has an average implantation depth of ~1500 Å, a width (range straggling) of ~ 2000 Å, and a maximum depth of ~ 3000 Å. Thus the measured $p_z(t)$ spectra are composed of signals from ⁸Li stopping at varying distances from the surface. The lower symmetry at the surface (together with effects such as surface reconstruction [18]) certainly presents a perturbative influence on the bulk structural phase transition. A simple model of this effect is to assume that T_c is a monotonically decreasing function of depth, falling from a maximal value T_c^{surf} at the surface to T_c^{bulk} at large depths. In this picture, the observed breadth of the transition is due, at least in part, to a weighted averaging over the intrinsically inhomogeneous T_c distribution. The remarkable similarity of our estimate of T_c^{surf} to that of the surfacerelated reflection SHG signal [15] suggests a common intrinsic origin to the enhancement of T_c .

Finally, since $p_z(t)$ is strongly dependent on the direction of the *c* axis when the sample undergoes a transition into the tetragonal phase, it provides information on the orientation of the tetragonal domains near the surface. In particular, the observed $p_z(0)$ is nonzero at low temperatures in the tetragonal phase. This indicates that a fraction of the implanted ⁸Li still experiences an axially symmetric ($\eta \approx 0$) EFG along its polarization, corresponding to ⁸Li in the F_{||} site. The observed 1/3 value is strong evidence that the *c* axis of the tetragonal domains is oriented randomly, in agreement with Ref. [19].

In conclusion, we have demonstrated that β -NQR can be used to study structural phase transitions near the surface of SrTiO₃. The transition occurs at ~150 K, compared to 105 K in the bulk. The tetragonal domains that are formed at low temperatures were found to be randomly oriented. Analogous studies to those reported here, but at different implantation energies (and therefore stopping depths), will allow depth profiling of this surface proximity effect. We are currently augmenting our β -NQR spectrometer with a high voltage platform [5] in order to enable such a depthresolved study. We emphasize that the techniques described in this Letter are not restricted to the study of SrTiO₃, but should be applicable to investigations of structural phase transitions in many other materials where a nuclear quadrupole interaction is observed [9].

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