Symmetry Breaking and Enhanced Condensate Fraction in a Matter-Wave Bright Soliton

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An exact diagonalization study reveals that a matter-wave bright soliton and the Goldstone mode are simultaneously created in a quasi-one-dimensional attractive Bose-Einstein condensate by superpositions of quasidegenerate low-lying many-body states. Upon formation of the soliton the maximum eigenvalue of the single-particle density matrix increases dramatically, indicating that a fragmented condensate converts into a single condensate as a consequence of the breaking of translation symmetry.

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Fragmentation of a Bose-Einstein condensate (BEC), which occurs as a consequence of a certain exact symmetry of the system, has recently been discussed in a number of articles [1-3]. In contrast to the conventional BEC, characterized by a unique macroscopic eigenvalue in the single-particle density matrix [4], the fragmented BEC is characterized by more than one macroscopic eigenvalue [1]. If the system has an exact symmetry and if the manybody theory predicts fragmentation of the ground state, the Gross-Pitaevskii (GP) mean-field theory does not predict a fragmented condensate but approximates it with a single condensate whose symmetry is spontaneously broken. For example, a quasi-one-dimensional (1D) BEC with attractive interaction forms bright solitons [5], which are well described by the GP theory [6]. Efforts to elucidate how such symmetry-broken states emerge from exact manybody states have been made in diverse systems [7].

In this Letter, we show that the formation of a brokensymmetry soliton and an enhancement of the condensate fraction are caused by superpositions of the low-lying symmetry-preserving states of the many-body Hamiltonian. We find that the many-body spectrum exhibits a number of quasidegenerate states in the regime where the exact ground state is a fragmented condensate. Superposition of these quasidegenerate levels simultaneously generates the broken-symmetry bright soliton and the Goldstone mode, accompanied by a significant increase in the condensate fraction. By introducing a small symmetry-breaking perturbation or by considering the action of a quantum measurement, we explicitly show that the fragmented condensate is very fragile against the soliton formation. Also elucidated in the language of the many-body theory is the mechanism underlying a partial breaking of the quantized circulation in the presence of a rotating drive.

We consider a system of N attractive bosons with mass m on a 1D ring with circumference $2\pi R$. Length and energy are measured in units of R and $\hbar^2/(2mR^2)$, respectively. The Hamiltonian for our system is given by

$$\hat{H} = \int_0^{2\pi} d\theta \bigg[-\hat{\psi}^{\dagger}(\theta) \frac{\partial^2}{\partial \theta^2} \hat{\psi}(\theta) - \frac{\pi g}{2} \hat{\psi}^{\dagger 2}(\theta) \hat{\psi}^2(\theta) \bigg],$$
(1)

where $\hat{\psi}(\theta)$ is the field operator, which annihilates an atom at position θ , and g (>0) denotes the strength of attractive interaction. According to the GP mean-field approximation for the Hamiltonian (1), the ground state is either a uniform condensate or a broken-symmetry bright soliton, depending on whether the parameter gN is below or above the critical value, gN = 1. In contrast, all eigenstates of the original Hamiltonian are translation invariant, and manybody theory predicts that the ground state is either a *single* $(gN \leq 1)$ or *fragmented* $(gN \geq 1)$ condensate [8].

Figure 1(a) shows the low-lying spectrum obtained by exact diagonalization of the Hamiltonian (1). The dramatic change in the landscape of the energy spectrum around $gN \simeq 1$ is a consequence of the quantum phase transition between a single condensate and a fragmented one. Figure 1(b) presents the Bogoliubov spectrum obtained from the Bogoliubov-de Gennes equations. By comparing Figs. 1(a) and 1(b), we find that the Bogoliubov spectrum has a one-to-one correspondence with the many-body spectrum for $gN \leq 1$. For $gN \geq 1$, however, the manybody spectrum becomes much more intricate than the Bogoliubov one. In the Bogoliubov spectrum for $gN \ge$ 1, there appears a Goldstone mode A' (the translation mode of the soliton) associated with the symmetry breaking of the ground state, the breathing mode B', and the second harmonic of the breathing mode C'. In Fig. 1(a) for $gN \ge$ 1, in contrast, a number of quasidegenerate levels appear with the density of states peaking around the Bogoliubov levels; we denote the corresponding groups as A, B, and C, respectively. The basis states for the diagonalization are restricted to the angular-momentum states $l = 0, \pm 1$ ($l_c =$ 1) unless otherwise stated, and the field operator is given by $\hat{\psi}(\theta) = (\hat{c}_0 + e^{i\theta}\hat{c}_1 + e^{-i\theta}\hat{c}_{-1})/\sqrt{2\pi}$, where \hat{c}_l is the annihilation operator of a boson with angular momentum $\hbar l$. The validity of this cutoff has been confirmed by the inclusion of higher angular-momentum states as shown in the inset of Fig. 1(a) with $l_c = 2$ [9], where the energy landscape and the degree of degeneracy are unchanged from those of $l_c = 1$.

We denote the eigenstates of the Hamiltonian as $|\mathcal{L}\rangle_{\sigma}$, where \mathcal{L} is the total angular momentum. The index $\sigma =$ A, B, ... labels the eigenstate in the ascending order of energy $(E_{|\mathcal{L}\rangle_A} < E_{|\mathcal{L}\rangle_B} < \cdots)$ for each \mathcal{L} . The states $|\mathcal{L}\rangle_{\sigma}$ and $|\mathcal{L}\rangle_{\sigma}$ are degenerate in the absence of a rotating drive. At gN = 0, the eigenstates are the Fock states $|\mathcal{L}\rangle_{\sigma} = |n_1, n_{-1}\rangle$, where n_{+1} denote the numbers of atoms with angular momenta $l = \pm 1$ and $\mathcal{L} = n_1 - n_{-1}$. The energies of the states $|n_1, n_{-1}\rangle$ are given by n_1 + $n_{-1} \equiv j$, and these states are thus (j + 1)-fold degenerate. The index $\sigma = A, B, \ldots$ corresponds to the number of l = ± 1 pairs being given by $(j - |\mathcal{L}|)/2 = 0, 1, \dots$ For $0 < \infty$ $gN \leq 1$, the energy branches are characterized by *j*, and the (i + 1)-fold degeneracy is almost maintained. As gNapproaches 1, each branch begins to ramify, and the energy landscape for $gN \gtrsim 1$ is characterized by the index σ and \mathcal{L} as $E_{|0\rangle_{\sigma}} \lesssim E_{|\pm 1\rangle_{\sigma}} \lesssim E_{|\pm 2\rangle_{\sigma}} \lesssim \cdots$. There is no



FIG. 1. (a) Excitation spectrum obtained by exact diagonalization of Hamiltonian (1) for N = 200. The inset shows the corresponding result obtained with truncation $l_c = 2$ near the critical point. (b) Bogoliubov spectrum corresponding to (a), where branch A' represents the Goldstone mode, B' the breathing mode of a bright soliton, and C' the second harmonic of B'. (c) Energy gap ΔE between the ground and the first excited states in the many-body spectrum versus the total number of atoms N with gN = 1.4 held fixed. Triangles and circles denote results obtained with $l_c = 1$ and $l_c = 2$, respectively.

Goldstone mode because the ground state possesses the translation symmetry, and the lowest excited states $|\pm 1\rangle_A$ have a finite energy gap $\Delta E \equiv E_{|\pm 1\rangle_A} - E_{|0\rangle_A}$, since the system is finite. However, the density of states above the ground state becomes higher for larger *N*, and the gap ΔE collapses as 1/N [Fig. 1(c)]. The ground state is therefore unstable against excitations of the quasidegenerate low-lying states.

We construct the many-body counterparts of the bright soliton $|\Psi_{\theta}\rangle$ and the Goldstone mode $|\Phi_{\theta}\rangle$, such that $\langle \Psi_{\theta} | \Phi_{\theta} \rangle = 0$ by superpositions of the ground and quasi-degenerate states:

$$|\Psi_{\theta}\rangle \equiv e^{-i\hat{\mathcal{L}}\theta} \bigg[\beta_{0}|0\rangle_{A} + \sum_{\mathcal{L}>0}\beta_{\mathcal{L}}(|\mathcal{L}\rangle_{A} + |-\mathcal{L}\rangle_{A})\bigg], \quad (2)$$

$$|\Phi_{\theta}\rangle \equiv \frac{d}{d\theta}|\Psi_{\theta}\rangle = -ie^{-i\hat{\mathcal{L}}\theta} \sum_{\mathcal{L}>0} \mathcal{L}\beta_{\mathcal{L}}(|\mathcal{L}\rangle_{A} - |-\mathcal{L}\rangle_{A}), \quad (3)$$

where $\hat{L} \equiv \int d\theta \hat{\psi}^{\dagger}(\theta)(-i\partial_{\theta})\hat{\psi}(\theta)$ is the angularmomentum operator, and $\beta_{\mathcal{L}}$'s satisfy $\sum_{\mathcal{L}} |\beta_{\mathcal{L}}|^2 = 1$. The energy cost associated with the superposition (2), $E_{|\Psi_{\theta}\rangle} - E_{|0\rangle_{A}} = \sum_{\mathcal{L}} |\beta_{\mathcal{L}}|^2 (E_{|\mathcal{L}\rangle_{A}} - E_{|0\rangle_{A}})$, is on the order of 1/N. This indicates that the symmetry breaking from the exact ground state $|0\rangle_{A}$ to the bright soliton $|\Psi_{\theta}\rangle$ costs little energy, and the superposition thus occurs by an "infinitesimal" perturbation on the order of 1/N.



FIG. 2 (color online). Low-lying spectrum (thin lines, left scale) and expectation value of the total angular-momentum (thick line, right scale) of the ground state versus the angular frequency of the rotating drive for $g = 2 \times 10^{-3}$ and N = 100. (b) is an enlargement of (a).

The emergence of quasidegenerate levels also plays a crucial role in breaking the quantized circulation. In the presence of a rotating drive with angular frequency 2Ω , the many-body ground state is either a single or a fragmented condensate, depending on whether $f(g, N, \Omega) \equiv$ $(1 - gN)/2 - 2(\Omega - [\Omega + 1/2])^2$ is positive or negative [10], where $\left[\Omega + 1/2\right]$ denotes the maximum integer that does not exceed $\Omega + 1/2$. Figure 2 shows the total angular momentum of the ground state \mathcal{L}_{g} and low-lying eigenvalues of the Hamiltonian $\hat{H} - 2\Omega \hat{L} + \Omega^2$ in the rotating frame. There clearly appear two distinct regimes where the density of states of excitations is low (f > 0) and high (f < 0) in the spectrum, and the circulation $h \mathcal{L}_g/m$ is quantized only when f > 0. When the density of states above the ground state is sparse, the ground state cannot make a transition to states with higher angular momenta even if Ω is increased, since the term $-2\Omega \hat{L}$ is not large enough to make up for the excitation energy due to a large energy gap. The total angular momentum \mathcal{L}_{g} therefore does not increase with Ω , and is quantized at integral multiples of N for f > 0. However, a number of branches with higher angular momenta decrease in energy as fbecomes negative; then, as Ω is increased, one branch after another takes the place of the ground level upon intersection [Fig. 2(b)]. The angular momentum of the ground state \mathcal{L}_{g} thus increases stepwise each time the excitation energy collapses. The interval between collapses of the excitation energy, i.e., the width of the steps of \mathcal{L}_{g} , becomes narrower as N becomes larger, eventually resulting in the breaking of the quantized circulation, as indicated by the slopes in the thick line in Fig. 2(a). The emergence of quasidegenerate levels also induces symmetry breaking in a manner similar to Eq. (2). In fact, the ground state in the GP theory is a localized soliton for f < 0 [10].

We next investigate the effect of a symmetry-breaking perturbation by diagonalizing the Hamiltonian $\hat{H} + \varepsilon \hat{V}$ where \hat{H} is given by Eq. (1) and $\hat{V} = \int d\theta \hat{\psi}^{\dagger}(\theta) \times \cos\theta \hat{\psi}(\theta)$. As the perturbation is switched on, the ground state begins to localize by superposing the quasidegenerate states. The largest eigenvalue $\lambda_{\rm M}^{(\varepsilon)}$ of the single-particle density matrix is plotted as a function of εN^2 in Fig. 3. The fragmented condensate approaches the single condensate as εN^2 increases. We note that $\lambda_{\rm M}^{(\varepsilon)}$ depends only on εN^2 , which indicates that a single condensate is realized for $\varepsilon \geq N^{-2}$. The fragmented condensate with $N \gg 1$ is hence very fragile against the symmetry-breaking perturbation.

The condensate fraction $\lambda_{\rm M}^{(\varepsilon)}$ and the distribution of $\beta_{\rm L}$ in Eq. (2) can be derived analytically with the Bogoliubov approximation [11]. Since the frequency of the translation mode of the broken-symmetry soliton is proportional to $\varepsilon^{1/2}$ and small, the number of excited atoms in this mode is much larger than in the other modes. We thus consider only the translation mode, and obtain the depletion as $(2N)^{-1}\varepsilon^{-1/2}[(2F)^{-1/2} - \varepsilon^{1/2} + O(\varepsilon)] \equiv 1 - \lambda_{\rm B}^{(\varepsilon)}$, where $F \equiv 7(3gN + 4)^{1/2}/[(5gN + 2)(2gN - 2)^{1/2}]$ is a decreasing function for gN > 1. The behavior of $\lambda_{\rm B}^{(\varepsilon)}$ is in excellent agreement with the numerical result as shown in Fig. 3. Assuming that $\beta_{\mathcal{L}} | \mathcal{L} \rangle_A$ in Eq. (2) corresponds to the projection of the Bogoliubov ground state on the angular momentum \mathcal{L} , i.e., $\beta_{\mathcal{L}} | \mathcal{L} \rangle_A \simeq \int \frac{d\theta}{2\pi} e^{i(\mathcal{L} - \hat{\mathcal{L}})\theta} | \Psi_{\rm B} \rangle$, we obtain the distribution of $\beta_{\mathcal{L}}$ as

$$|\beta_{\mathcal{L}}|^2 \simeq \frac{1}{\sqrt{2\pi d^2}} \exp\left[-\frac{\mathcal{L}^2}{2d^2}\right],\tag{4}$$

$$d^{2} = N\varepsilon^{1/2} \frac{2(gN-1)}{7gN} \bigg[(2F)^{1/2} + F\varepsilon^{1/2} + O(\varepsilon) \bigg], \quad (5)$$

which is in excellent agreement with the numerical results as shown in the inset of Fig. 3. The behavior of the width $d \propto N^{1/2} \varepsilon^{1/4}$ indicates that the center-of-mass fluctuation is proportional to $N^{-1/2} \varepsilon^{-1/4}$.

Finally, we investigate what happens to the exact ground state under the action of a quantum measurement [12]. The ground state $|0\rangle_A$ is prepared as an initial state with the number of atoms N_{init} so that $gN_{\text{init}} > 1$. Suppose that one atom is detected at position θ_i in the *j*th measurement. The postmeasurement state $|\Psi^{(j)}
angle$ is related to the premeasureby $|\Psi^{(j)}\rangle = \hat{\psi}(\theta_i)|\Psi^{(j-1)}\rangle/$ one $|\Psi^{(j-1)}
angle$ ment $\sqrt{\langle \Psi^{(j-1)} | \hat{\psi}^{\dagger}(\theta_j) \hat{\psi}(\theta_j) | \Psi^{(j-1)} \rangle}$. The normalized single $n^{(j)}(\theta) =$ density given particle is by $\langle \Psi^{(j)} | \hat{\psi}^{\dagger}(\theta) \hat{\psi}(\theta) | \Psi^{(j)} \rangle / N_i$, and the position of the (j + i)1)th measurement θ_{i+1} is probabilistically determined after the *j*th measurement according to the probability distribution $n^{(j)}(\theta)$. Since each run is a stochastic process, we numerically perform sequential runs of independent simulations and take the ensemble average for each j. We find that the ensemble-averaged value of the conden-



FIG. 3. The largest eigenvalue of the reduced single-particle density matrix obtained by the exact diagonalization $(\lambda_{\rm M}^{(\varepsilon)})$ and Bogoliubov theory $(\lambda_{\rm B}^{(\varepsilon)})$ versus εN^2 for gN = 1.4. Inset: Distribution of $|\beta_{\mathcal{L}}|^2 = |_A \langle \mathcal{L} | \Psi(\varepsilon) \rangle|^2$ with $\varepsilon = 1 \times 10^{-4}$. The solid curves depict Eq. (4) with Eq. (5).



FIG. 4. Ensemble-averaged largest eigenvalue $\bar{\lambda}_{\rm M}^{(j)}$ of the reduced single-particle density matrix versus the number of quantum measurements *j* for $gN_{\rm init} = 1.6$. The solid curve denotes the analytical result (6). Inset: Ensemble-averaged value of $|\beta_{\mathcal{L}}|^2 = |_A \langle \mathcal{L} | \Psi^{(j)} \rangle|^2$ after j = 5, 20, and 50 time measurements. The solid curves depict Eq. (4) with $d^2 = 4j(gN_{\rm init} - 1)/(7gN_{\rm init})$.

sate fraction $\bar{\lambda}_{\rm M}^{(j)}$ is independent of $N_{\rm init}$ for a fixed $gN_{\rm init}$, and that it monotonically increases as shown in Fig. 4. Therefore, when $N_{\rm init} \gg 1$, $\bar{\lambda}_{\rm M}^{(j)}$ reaches the order of 1 for $j/N_{\rm init} \ll 1$, indicating that the fragmented condensate rapidly becomes a single condensate by the action of quantum measurements. The single-particle density $n^{(j)}(\theta)$ localizes and the state $|\Psi_{\theta}^{(j)}\rangle$ reaches the form of Eq. (2).

Suppose that the initial state is a uniform superposition of the soliton state $\int d\theta_0 A(\theta_0) \phi_{sol}^{GP}(\theta - \theta_0)$, where θ_0 is the center of mass and $A(\theta_0)$ is a constant for j = 0. We can show [11] that the probability distribution is changed by the *j*-time measurements as $A_j^2(\theta_0) \propto \exp(-4cj\theta_0^2)$ with $c \equiv 2(gN_{init} - 1)/(7gN_{init})$, and hence the distribution of $|\beta_L|^2$ reduces to the Gaussian form (4) with $d^2 = 2cj$, i.e., $d \propto \sqrt{j}$ for $j \leq \sqrt{N_{init}}$. The center-of-mass fluctuation thus reduces to $\Delta \theta_0 \propto j^{-1/2}$ by the *j*-time measurements. The condensate fraction can also be derived analytically [11] as

$$\lambda_{\rm M}^{(j)} = \frac{1}{2} [1 - c + c e^{-2\alpha} + \sqrt{(1 - c + c e^{-2\alpha})^2 - 4c(1 - 2c)(1 - e^{-\alpha})^2}],$$
(6)

where $\alpha = 1/(8cj)$. These results are in excellent agreement with the numerical ones as shown in Fig. 4.

In conclusion, we employed the exact diagonalization method to investigate the simultaneous emergence of a bright soliton and the Goldstone mode in a 1D attractive BEC. We found that the existence of a number of quasidegenerate states above a critical strength of attractive interaction makes the ground state fragile against symmetry-breaking perturbations. By introducing a symmetry-breaking perturbation or quantum measurements, we showed that a localized state with an enhanced condensate fraction is generated by a superposition of quasidegenerate many-body states, and that the resulting state closely resembles the Bogoliubov ground state. The mechanism underlying a partial breaking of the quantized circulation is also elucidated in terms of the many-body spectrum.

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