Counting Individual 41Ca Atoms with a Magneto-Optical Trap

I. D. Moore,* K. Bailey, J. Greene, Z.-T. Lu,[†] P. Müller, and T. P. O'Connor *Physics Division, Argonne National Laboratory, Argonne, Illinois 60439, USA*

Ch. Geppert and K. D. A. Wendt ‡

Institut fu¨r Physik, Johannes Gutenberg-Universita¨t Mainz, D-55099 Mainz, Germany

L. Young

Chemistry Division, Argonne National Laboratory, Argonne, Illinois 60439, USA (Received 10 July 2003; published 14 April 2004)

Atom trap trace analysis, a novel method based upon laser trapping and cooling, is used to count individual atoms of 41 Ca present in biomedical samples with isotopic abundance levels between 10^{-8} and 10^{-10} . The method is calibrated against resonance ionization mass spectrometry, demonstrating good agreement between the two methods. The present system has a counting efficiency of 2×10^{-7} . Within 1 h of observation time, its 3- σ detection limit on the isotopic abundance of ⁴¹Ca reaches 4.5 \times 10^{-10} .

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Calcium is one of the most abundant elements on Earth and is of vital importance for the metabolism of biological organisms. Consequently, the analysis of its long-lived radioactive isotope, ⁴¹Ca ($t_{1/2} = 1.03 \times 10^5$ yr), has important applications in both earth and life sciences. On Earth, 41Ca is produced predominantly as a cosmogenic isotope via the ⁴⁰Ca(*n*, γ)⁴¹Ca reaction [1], resulting in a natural isotopic abundance in the range of 10^{-15} – 10^{-14} on the Earth's surface. Hence, 41 Ca is a candidate for dating bones ranging from 50 000 to 1×10^6 years of age [2,3]. This period is particularly important in the archeological study of early human development and is beyond the reach of ^{14}C dating [4]. ^{41}Ca can also be used in geology to determine the exposure ages of rocks or in cosmochemistry for investigations on terrestrial ages and shielding of meteorites [5]. Moreover, artificial 41 Ca can be used in studies of calcium metabolism in living systems. One interesting example is to use a 41 Ca tracer to directly monitor the bone loss and retention rates of human subjects in both research and diagnosis of osteoporosis [6,7]. In biomedical applications the long half-life of ${}^{41}Ca$ translates into low specific radioactivity, and the isotope tracer can be safely introduced into subjects at an initial isotopic abundance as high as 10^{-8} .

Approaches to analyze 41 Ca at the natural level have been demonstrated using accelerator mass spectrometry (AMS) at several high-end (energy \sim 10 MeV) facilities [2,5]. However, the results obtained so far are not definitive because the natural level is very close to the detection limit ($\sim 10^{-15}$ –10⁻¹³) of AMS. For biomedical applications, where the isotopic abundance can be raised to the level of 10^{-13} – 10^{-8} , $4\overline{1}$ Ca analyses have been successfully conducted at several AMS facilities [8]. More recently, resonance ionization mass spectrometry (RIMS) [9,10], a method combining the selective power of both laser spectroscopy and mass spectrometry, has been applied to analyze 4^{1} Ca in environmental and biomedical samples [11]. With biomedical samples, the $3-\sigma$ limit of RIMS is presently at 4.3×10^{-11} due to the interference arising from a high concentration of ${}^{41}K$, which cannot be fully removed during chemical sample preparation [12,13]. Compared with AMS, RIMS uses a much smaller apparatus and costs significantly less; both advantages are important for practical biomedical applications.

We report in this paper the first detection and analysis of 41Ca using atom trap trace analysis (ATTA), a method based upon the techniques of manipulating and detecting neutral atoms with resonant laser light. In ATTA, individual atoms of the desired trace isotope are selectively cooled in a Zeeman slower and trapped in a magnetooptical trap (MOT) by resonant laser beams and are detected by observing the fluorescence of the trapped atoms. The principle of ATTA was demonstrated earlier by Chen *et al.* with the successful analysis of the ⁸¹Kr/Kr ratio ($\sim 10^{-13}$) in atmospheric samples [14]. ATTA shares with RIMS the advantages of lower cost and smaller apparatus and has the potential of achieving the selectivity required to analyze 4^1 Ca at the natural level. Moreover, an ATTA analysis is completely immune to any contaminations from other elements, such as 41 K or molecules.

In this work, laser cooling and trapping of neutral calcium atoms are performed by resonantly exciting the $4s^2$ ¹S₀ \rightarrow 4s4p¹P₁ transition (natural linewidth = 34*:*6 MHz). The required laser beams, with a total power of approximately 80 mW at 422.7 nm, are produced by a frequency-doubled cw Ti:sapphire ring laser whose frequency is referenced to a stabilized Fabry-Perot cavity. The schematic of the atomic beam system is shown in Fig. 1. In our analysis, a sample in the form of either

FIG. 1. Schematic of the calcium ATTA system.

metallic calcium or an inorganic compound such as calcium nitrate, $Ca(NO₃)₂$, is loaded into an oven with a 2 cm long, 2 mm diameter nozzle. The oven can be heated up to $1000 \degree C$ to produce a collimated calcium atomic beam. To reduce the abundant 40 Ca beam flux the isotope of interest is selectively deflected by approximately 5° and transversely cooled in that direction with a pair of laser beams before entering a Zeeman slower and finally being captured by a MOT. We note that each of these lasermanipulation steps is isotopically selective. By tuning the laser frequency within a few natural linewidths on the low-frequency side of the resonance of a particular isotope, only atoms of this isotope are trapped. Atoms of other isotopes are either deflected before reaching the trap or pass through without being captured. The number of trapped atoms is determined by measuring their fluorescence. The average lifetime of the atoms in the trap, at approximately 18 ms, is limited by a weak decay channel from the excited $4s4p^{1}P_1$ level, through the intermediate $4s3d¹D₂$ level, to the metastable $4s4p³P₂$ level. In other words, it takes on average 18 ms for the atoms to be pumped into the metastable $4s4p^{3}P_{2}$ level. Once in the metastable level, the atoms are out of resonance with the trap light and escape the trap in 10^{-2} s. All of the six stable calcium isotopes have been trapped and observed in this system [15]. When a metallic calcium sample is heated to 570 $^{\circ}$ C, the trap can capture the abundant 40 Ca (97%) at a rate of 5×10^8 atoms/s with a capture efficiency of 3×10^{-5} . When a calcium nitrate sample is used, the oven temperature must be raised to $750\degree C$ in order to reduce the molecules to atoms. As a result of the higher temperature the capture rate is lowered to 1×10^8 ⁴⁰Ca atoms/s and the efficiency to 2×10^{-7} .

In order to observe the rare isotope ${}^{41}Ca$, the system must be sensitive enough to resolve and count single atoms at a sufficient loading rate such that an abundance measurement may be made within a practical time period. The frequency difference between the abundant ${}^{40}Ca$ isotope and 41 Ca [16] amounts to only 155 MHz, corresponding to 4.4 times the natural linewidth. Despite having selectively deflected the atomic beam upon exiting the oven, the dominant source of background arises from the scattering of photons off thermal ^{40}Ca atoms passing through the detection region. Figure 2 shows a typical example of the raw data that indicates the fluorescence of individual 41 Ca atoms in the trap. Over a typical trap lifetime of 18 ms, an atom scatters photons at the rate of 3×10^6 s⁻¹, 2.5% of which are imaged and counted by a photomultiplier detector with an integration time of 8 ms. The signal size of an atom is dependent on the duration of time the atom spends in the trap. The average background photon count rate of 209 photons/8 ms is due to light scattered off the ⁴⁰Ca atomic beam. A threshold condition, indicated by the dashed line, of 5σ (= 80 photons/8 ms) above the mean $(= 209 \text{ photons}/8 \text{ ms})$ of the background is required for an event to be counted as a single atom. The choice of this threshold setting is determined by the statistical distribution of background and single atom data. The signal-to-noise ratio of the largest peak in Fig. 2 is 17. In order to ensure that we have indeed detected ^{41}Ca and not one of the abundant isotopes, we mapped out atom counts as a function of the laser frequency (Fig. 3). For comparison the nearest stable isotopes ${}^{40}Ca$ (96.9%), ${}^{42}Ca$ (0.65%) , and ⁴³Ca (0.14%) were also trapped successively and are shown in the upper trace. The peak of 41 Ca atom counts occur at 166 MHz above the trap fluorescence of $40Ca$, which agrees with a previous spectroscopic measurement [16]. Moreover, the absence of counts on both sides of the 41 Ca peak during the measurement duration of 6 h demonstrates that interference from the neighboring abundant isotopes is suppressed to below an isotopic abundance level of 7×10^{-10} .

FIG. 2. Fluorescence of individual trapped ⁴¹Ca atoms. The background noise (average $= 209$ counts per 8 ms) is mainly due to light scattered off the abundant ⁴⁰Ca atomic beam. The 5σ threshold (= 289 counts per 8 ms) for accepting a single atom count is indicated by the dashed line.

FIG. 3. Trap fluorescence versus laser frequency. The top spectrum is on the neighboring abundant isotopes, 40Ca (isotope abundance = 96.9%), ⁴²Ca (0.65%), and ⁴³Ca (0.14%). The bottom spectrum is on the rare 4^1 Ca and is accumulated over a six-hour period using a sample with an isotopic abundance \sim 1 \times 10⁻⁸.

We have analyzed three biomedical samples and compared the ATTA results with those of RIMS, which in turn had previously been calibrated with AMS measurements. The samples were taken and provided by partners of the Osteodiet research project of the European Community [17]. In this program, subjects were given a 100 nCi dose of 41Ca. Urine samples were taken starting 6 days after ingestion up to later periods of 100 days and more. At the ETH Zürich, Switzerland, these raw samples were chemically prepared into the form of a 3*M* calcium nitrate solution, of which a 10 μ l drop contains approximately 1×10^{18} calcium atoms. The ⁴¹Ca/Ca ratios were measured using RIMS at the University of Mainz and using ATTA at Argonne National Laboratory. For each ATTA measurement 40 μ l of the solution is absorbed and dried on a titanium sponge, while the RIMS measurement uses 10 μ l of solution on a titanium foil. The titanium acts as an efficient reducing agent for the nitrate.

In order to measure the isotopic abundance of ${}^{41}Ca$, the ATTA system is continuously switched between 2 min of trapping 41 Ca and 10 s of trapping 42 Ca for normalization. While single atom detection is performed to count ${}^{41}Ca$, the 42 Ca trap typically contains 10^3 atoms, whose fluorescence has to be reduced by a filter before being measured with the same photon counter. At the end of a measurement, which typically lasts for 3 h, the counts for each isotope are summed up and a ratio of counts between the two isotopes is derived. Note that for precise isotope ratio measurements, the system has to first be calibrated with samples of known ratios, which in this case are the RIMS values. Three samples (*Z*1, *Z*2, and *Z*3) were measured using both ATTA and RIMS (Fig. 4). A fourth sample of nonenriched calcium nitrate solution

FIG. 4. Comparison between ATTA and RIMS results on biomedical samples. Samples *Z*1, *Z*2, and *Z*3 are biomedical samples provided by the Osteodiet project. Sample null is a nonenriched calcium nitrate solution. A best-fit line to the data yields a reduced chi-squared value of 1.0.

was used in a null measurement using ATTA. The measured isotope ratios are converted to ${}^{41}Ca/Ca_{total}$ by using the known isotope ratios of stable reference Ca isotopes. The errors on the ATTA measurements are dominated by a \sim 10% statistical error on the ⁴¹Ca counts. The linear correlation between the ATTA and RIMS values shown in Fig. 4 not only serves as a calibration of ATTA, but also demonstrates the validity of ATTA as a quantitative analysis tool. From the absence of counts during the null sample measurement, we conclude that within 1 h of observation the 3- σ detection limit on ⁴¹Ca/Ca reaches 4.5×10^{-10} .

In conclusion, we have demonstrated a new method of analyzing ⁴¹Ca/Ca ratios in biomedical samples. Significant improvements to this first-generation Ca-ATTA machine are possible. In order to reduce the background due to the fluorescence of 40Ca atomic beam the trap lifetime would need to be increased to enable temporal separation of trap loading and detection, in a similar way as has been used for 81Kr analyses using ATTA [14]. Following previous works on laser trapping of Ca [18], we have observed an increase in the trap lifetime of even isotopes of Ca, up to vacuum limited 100 ms, by repumping on the $4s3d^{1}D_{2}$ –4*s*5*p*¹*P*₁ transition with a 5 mW diode laser at 672 nm wavelength. However, the trap lifetime of 43 Ca rose only to 60 ms due to the incomplete coverage over the complex hyperfine structure of the repump transition with the single-frequency repump laser [19]. A higher power laser with various sidebands will be necessary to adequately repump the odd isotope 43 Ca and 41 Ca. When such a repump scheme and better vacuum are successfully implemented, we expect improvements of at least 1 order of magnitude in both the trap loading rate and the detection limit. Another order-of-magnitude improvement could be realized by implementing a two-dimensional transverse cooling [20,21]. Improvements in these two areas would push the detection limit down to 10^{-12} or lower, and enable ATTA to perform biomedical analyses over a greater dynamical range.

Further improvements to the ATTA system are required for dating bones at the natural abundance level $(10^{-15}-10^{-14})$. Certain constraints of biomedical applications, such as the speed of analysis and small sample size, can be significantly relaxed in archeological studies. For dating bones, larger sample size (~ 1 g) and metallic calcium can be prepared, and data accumulation time can be extended to 1 day or longer. Hemmerich and coworkers have already demonstrated a Ca trap with a loading rate of 4×10^{10} s⁻¹ [20], which would allow 41 Ca at the natural level to be counted at $4-40$ counts per day.

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*Current address: Department of Physics, P.O. Box 35 (YFL), FIN-40014 University of Jyväskylä, Finland.

- Email address: iain.moore@phys.jyu.fi
- † To whom correspondence should be addressed.
- Email address: lu@anl.gov

‡ Email address: klaus.wendt@uni-mainz.de

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