Comment on "ionization of Rydberg Atoms by a Circularly Polarized Microwave Field"

In a recent Letter,¹ Fu, Scholz, Hettema, and Gallagher report the observation of the ionization of Na atoms in Rydberg states with principal quantum number n, by a circularly polarized microwave field with frequency ω =8.5 GHz. They find that the threshold field E is approximately $E = 1/16n^4$ (in atomic units) as in the static case, and explain this result by analyzing the system in a frame of reference rotating with frequency ω , where the Hamiltonian becomes time independent. They conclude that "in essence, a static field has the same effect whether its coordinate system is rotating or not." apparently in agreement with their observation. However, I would like to point out that this result is expected from simple semiclassical arguments only if the frequency ω is much smaller than the Kepler frequency ω_K $=1/n³$ of the Rydberg atom, and not (as argued by the authors) because $\hbar \omega$ is much smaller than the binding energy. This is a more stringent requirement, i.e., $\omega \ll 1/n^3$, for the validity of the classical approximation. In their experiment $\omega n^3 \lesssim 0.2$.

The effect of rotation on the ionization threshold can be readily estimated by extending the well-known saddle-point argument² for ionization in a static field. In the rotating frame all classical electron orbits near the nucleus with energies less than W are bound, where W is the value of the effective potential $V = \frac{1}{2} \omega^2 r^2$ at its saddle point. One finds that case of the effective potential $V = -1/r - Ey$ case of the effective potential $V = -1/r - Ey$ exists

$$
E = W^2/g(s) \tag{1}
$$

where s is a scale-invariant variable, $s = \omega^2/E^{3/2}$, and

$$
g(s) = [1/f(s) + f(s) + \frac{1}{2}sf(s)^2]^2.
$$

The function $f(s)$ is obtained by solving the cubic equation $sf^3 + f^2 - 1 = 0$. For small s, $g(s) = 4 + 2s + \frac{1}{4}s^2$ $\frac{9}{4} s^{2/3} + 3 +$

Neglecting the shift of the energy levels due to the effect of the rotating field, an approximation which is surprisingly well satisfied by alkali Rydberg atoms in a static field, one substitutes $W = -1/2n^2$ in Eq. (1) to obtain the dependence of E and ω on s and n,

$$
En4 = 1/4g(s), \quad \omega n3 = s1/2 / [4g(s)]3/4.
$$
 (2)

From Eq. (2), one finds the relation between $En⁴$ and ωn^3 as shown in Fig. 1. For small values of En^4 , Eq. (2) is expected to breakdown, because for vanishing E the saddle-point criteria is no longer valid.

Evidently this relation does not agree with the experimental data of Fu et al.¹ which gives $En⁴$ approximately a constant equal to the static limit $\frac{1}{16}$ up to ωn^3 - 0.2. However, this discrepancy does not imply that the dy-

FIG. 1. The dependence of the scaled ionization threshold field $En⁴$ as a function of the scaled frequency ωn^3 .

namics of the electron cannot be described by the classical approximation. In a strict sense Eq. (2) is only a lower bound for the threshold field which is not violated by these experimental results. For example, in two dimensions the classical dynamics of an electron for a Coulomb potential and a static electric field in a rotating frame is surprisingly regular³ (only very small regions of phase space are chaotic) even though there are no constants of the motion other than the energy. As in the case of a nonrotating frame, where the generalized Lenz vector is an additional constant of the motion, there also exists here bound states that are above the saddle-point threshold, which would require larger thresholds fields for ionization. Further work is needed to understand the experimental results which cannot be explained theoretically as claimed in Ref. l.

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