the coupling between them. We confirm that conventional kinetic equations provide a good description of the intrinsic thermodynamic concentration fluctuations in our archetypal reactive system. The precision of our method can surely be improved and it may be extendable to other indicators such as optical adsorption or Raman scattering. The extremely small numbers of molecules (~ $10^4$ ) needed for a measurement suggest interesting applications in surface physics and biophysics.

We thank Professor M. Nelkin and Professor D. M. Crothers for valuable comments, K. M. Pryse, S. M. Tarr, A. H. Ross, and G. Wiesehahn for data on the kinetics and photochemistry of EtBr and DNA, Professor G. Hammes for the use of his temperature-jump apparatus, and the National Science Foundation (W.W.W.), and the National Institute of Health (E.E., GM#16927) for support, and the Advanced Research Projects Agency for use of the facilities at the Materials Science Center at Cornell.

\*Now at Department of Chemistry, Washington State University, Pullman, Wash. 99163.

†Department of Chemistry.

‡School of Applied and Engineering Physics and Laboratory for Atomic and Solid State Physics.

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## **Evidence for Isotopic Impuritons in Solid Helium**

M. G. Richards, J. Pope, and A. Widom\*

Physics Laboratory, University of Sussex, Brighton, Sussex, England (Received 6 March 1972)

Measurements of the spin diffusion coefficient D and the NMR linewidth  $T_2^{-1}$  are reported for a <sup>3</sup>He impurity in solid <sup>4</sup>He at molar volume 21 cm<sup>3</sup>. For  $x_3 \le 3 \times 10^{-2}$ ,  $Dx_3 = (1.2 \pm 0.4) \times 10^{-11}$  cm<sup>2</sup> sec<sup>-1</sup>, where  $x_3$  is the fractional impurity concentration, and for  $x_3 \le 2 \times 10^{-3}$ ,  $T_2x_3 = (1.1 \pm 0.3) \times 10^{-4}$  sec. These results conform with a model of "impuriton" excitations or "mass fluctuation waves" in which the quasiparticles move like a gas.

In the last few years several workers<sup>1,2</sup> have pointed out that by applying elementary quantummechanical ideas to impurities (and other point imperfections) that can tunnel in a solid, one is led to postulate a set of wavelike excitations in which the impurities are delocalized. Isotopic impurity in solid helium is an ideal system in which to search for such excitations because the large zero-point energy of the particles leads to a temperature-independent tunneling frequency J, which for pure solid <sup>3</sup>He at low temperatures is about  $10^8 \text{ sec}^{-1}$  at the melting pressure, decreasing rapidly with increasing pressure.<sup>3</sup>

The question of what properties of the system would be strongly affected by these impurity waves, or "impuritons" as we shall call them, is not a simple one. Since together with phonons, the impuritons are the excitations of the system at low temperatures, formally all physical properties are affected, but in many cases not in a

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clear-cut way. For instance<sup>4</sup> the specific heat of a dilute mixture of say <sup>3</sup>He in solid <sup>4</sup>He should show a term in  $x_3(J_{34}/T)^2$ , where  $x_3$  is the fractional impurity concentration and  $J_{34}$  is the <sup>3</sup>He-<sup>4</sup>He tunneling frequency. However, at a temperature above 1 K the phonon specific heat is much greater, and below 1 K the presence of a shortrange interaction of strength K between the impurities leads to an extra term in  $(x_3K/T)^2$  and, eventually, to isotopic phase separation which will dominate the impuriton contribution.

NMR properties of a <sup>3</sup>He impurity in <sup>4</sup>He might be expected to provide the clearest demonstration of the existence of impuritons since the spin diffusion coefficient D and the relaxation times  $T_1$ and  $T_2$  are all controlled by the impurity motion. However, as we now show,  $T_2$  measurements will not distinguish clearly between impurity waves and the random-walk motion of impurities.  $T_1$  measurements in the appropriate frequency region are of value. However, D is the parameter which will most clearly indicate the existence of impuritons. We begin by discussing the behavior of D,  $T_2$ , and  $T_1$  for the case of randomwalk motion and the case of impuriton motion (i.e., free-particle-like behavior).

1. Random walk.—For random walk motion in which an impurity jumps a lattice spacing a every  $J_{34}^{-1}$  sec, we have

 $D \sim J_{34}a^2$ .

For  $T_2$  we may use the expression  $T_2^{-1} = \langle \omega_{1oc}^2 \rangle \tau$ , where  $\langle \omega_{1oc}^2 \rangle$  is the mean square dipole field seen by a <sup>3</sup>He atom and  $\tau$  is the correlation time for the field fluctuations. Clearly,  $\tau \sim J_{34}^{-1}$  and  $\langle \omega_{1oc}^2 \rangle \sim h^2 \gamma^4 x_3 / a^6$  if we assume a random distribution of impurities (this effectively ignores any interactions between impurities). Hence

$$1/T_2 \sim \hbar^2 \gamma^2 x_3/a^6 J_{34}$$
.

Resing and Torrey<sup>5</sup> have carried out this calculation more carefully and they also obtain for  $T_1$ 

$$1/T_{1} \sim \hbar^{2} \gamma^{4} x_{3} J_{34}/a^{6} \omega^{2}$$

for the Larmor frequency  $\omega_0 \gg J_{34}$ .

2. Impuriton motion.—For impuriton motion, Widom and Richards<sup>6</sup> have discussed the diffusion coefficient in detail. For the region where scattering is caused by the impuriton-impuriton interaction, which is assumed to have a range of R, we have from a simple kinetic-theory approach

$$D \sim v\lambda$$
,

where v is the wave velocity and is  $\sim J_{34}a$ , and the

mean free path  $\lambda$  is  $\sim a^3/x_{s}R^2$ . Hence

$$D \sim J_{34} a^4 / R^2 x_3$$

For  $T_2$  we assume that we have to calculate the effects of two-particle collisions which take place incoherently at an average frequency of  $\tau_{\rm coll}^{-1}$ . In each collision the spin transverse magnetization dephases by  $\Delta \varphi$ . Hence

$$1/T_2 = \langle \Delta \varphi^2 \rangle / \tau_{\text{coll}},$$

with

$$\langle \Delta \varphi^2 \rangle \sim \frac{\hbar^2 \gamma^4}{R^6} \frac{R^2}{(J_{34}a)^2} \text{ and } \tau_{\text{coll}} \sim \frac{D}{J_{34}^2 a^2};$$

therefore,

$$1/T_2 \sim \hbar^2 \gamma^4 x_3 / R^2 a^4 J_{34}$$

 $T_1$  is more difficult to calculate but one can say<sup>7</sup> that in the limit of low  $x_3$ , where only two-particle collisions are considered, the spectral density of dipole field fluctuations,  $J(\omega) ~(1/T_1)$ , falls to zero at twice the impuriton band thickness<sup>6</sup> which is  $\sim zJ_{34}$ , where z is the number of nearest neighbors.

At frequencies much greater than  $zJ_{34}$ , an effective contribution to  $J(\omega)$  may be expected to come from <sup>3</sup>He-<sup>3</sup>He tunneling (at frequency  $J_{33}$ ), particularly at high  $x_{3}$ .

The predictions of the two models are summarized in Table I which includes, for comparison, the results for a <sup>3</sup>He Boltzmann gas.<sup>8</sup>

The only previously published data<sup>9</sup> on very dilute <sup>3</sup>He-<sup>4</sup>He mixtures are of  $T_2$  and  $T_1$  at high frequencies. Reproducible results were obtained at  $x_3 = 0.01$  and 0.02, but at lower  $x_3$  large scatter on the data prevents quantitative analysis. As explained above,  $T_2$  data are ambiguous in deciding between the two models of impurity mo-

TABLE I. Theoretical	predictions for the behavior of
NMR linewidths and spin	diffusion coefficients of <sup>3</sup> He im-
purities in solid <sup>4</sup> He.	

	<sup>3</sup> He impurity, random jump	<sup>3</sup> He impurity, impuritons	<sup>3</sup> He gas
D	$J_{34}a^2$	$\frac{J_{34}a^4}{R^2x_2}$	$\frac{\left(\frac{k_{\rm B}T}{m}\right)^{1/2}}{0R^2}$
$\frac{1}{T_2}$	$\frac{\hbar^2\gamma^4x_3}{J_{34}a^6}$	$\frac{h^2\gamma^4x_3}{J_{34}a^4R^2}$	$\left(\frac{m}{k_{\rm B}T}\right)^{1/2} \frac{\hbar^2 \gamma^4 \rho}{R^2}$
$\frac{D}{T_2}$	$rac{\hbar^2\gamma^4x_3}{a^4}$	$rac{\hbar^2\gamma^4}{R^4}$	$rac{\hbar^2\gamma^4}{R^4}$

tion, and it is not clear that the  $T_1$  results relate to <sup>3</sup>He-<sup>4</sup>He tunneling since the data points join smoothly onto results for high  $x_3$ , where they are interpreted as yielding measurements of  $J_{33}$ .

The measurements reported here were carried out at 0.53 K using an NMR spin-echo method<sup>10</sup> to measure D,  $T_1$ ,  $T_2$ , and the susceptibility (to determine  $x_3$ ). A frequency of 5 MHz was chosen as a compromise between large signals with long  $T_1$ 's and shorter  $T_1$ 's with weak signals. A small cylindrical sample chamber 0.4 cm in diameter and 0.4 cm long was used to allow gradients G of up to 60 G cm<sup>-1</sup> to be applied without requiring too large a bandwidth to amplify the resulting narrow echos. The use of a pulsed gradient facility which we are preparing will obviate the need for such a small sample and allow gradients of up to 1000 G cm<sup>-1</sup> to be applied.

The samples were formed by the blocked capillary method and were all estimated to be 21.0  $\pm 0.1 \text{ cm}^3$  molar volume, though no strain gauge was used to check this. The measurements of  $T_2$ and D were made using the expression

$$h(2\tau) = h(0) \exp\left[-\frac{2\tau}{T_2} - \frac{\gamma^2 \hbar^2 G^2 D(2\tau)^3}{12}\right]$$

for the echo height at time  $2\tau$  after applying a  $\frac{1}{2}\pi$ pulse at time 0 and a  $\pi$  pulse at time  $\tau$ .  $T_1$  measurements were made by observing the echo recovery at t following the previous  $\frac{1}{2}\pi - \pi$  sequence,



FIG. 1. Spin diffusion coefficient D of <sup>3</sup>He impurity in solid <sup>4</sup>He versus  $x_3$ , the mole fraction of <sup>3</sup>He. Temperature, 0.53 K; sample molar volume, 21 cm<sup>3</sup>; operating frequency, 5 MHz.  $D \propto 1/x_3$  is characteristic of the impuriton model. The line drawn is  $Dx_3 = 1.2 \times 10^{-11}$  cm<sup>2</sup> sec<sup>-1</sup>.

using

 $h(t) = h(\infty) [1 - \exp(-t/T_1)] \exp(-2\tau/T_2)$ 

for  $t, T_1 \gg \tau, T_2$ .

The concentration of impurity is proportional to  $h(\infty)$  which is found by extrapolating h(t) back to t=0 and  $\tau=0$ . These measured  $x_3$  values never differed from the concentration in the gas used for sample formation by more than 25%.

Figure 1 shows *D*, the spin-diffusion coefficient of the <sup>3</sup>He impurity, as a function of  $x_3$ , the fractional impurity content. The solid line represents

$$D = 1.2 \times 10^{-11} / x_3 \text{ cm}^2 \text{ sec}^{-1}$$
.

Figure 2 shows the results for  $T_2$  as a function of  $x_3$ . In both cases the temperature is 0.53 K and the frequency 5 MHz. The solid line represents

$$T_2 = 1.1 \times 10^{-4} / x_3$$
 sec.

A point taken under similar conditions by Greenberg, Tomlinson, and Richardson<sup>9</sup> is indicated. Their data for x < 0.01 fall mostly above that reported here but with large scatter and uncertainty in the  $x_3$  values.

The results for  $x_3$  less than about  $2 \times 10^{-3}$  are consistent with the impuriton model though it is noticeable that a lower  $x_3$  is required for the onset of the predicted behavior for D than for  $T_2$ . This may be because to scatter an impuriton, momentum transfer is required (and as we shall show, the range of the impuriton-impuriton interaction is  $\sim a$ ), while it is the longer range dipole field that dephases the transverse magnetism, thus contributing to  $1/T_2$ . Hence as  $x_3$  falls, one



FIG. 2. Transverse relaxation time  $T_2$  of <sup>3</sup>He impurity in solid <sup>4</sup>He versus  $x_3$ , the mole fraction of <sup>3</sup>He. Operation conditions, same as in Fig. 1. Dashed error bars, taken from Ref. 9. Straight line,  $T_2x_3=1.1 \times 10^{-4}$ sec.

will enter the two-particle region for D before doing so for  $T_2$ . It is also clear that one must work at  $x_3$  below about  $2 \times 10^{-3}$  if  $J_{34}$  is to be deduced from  $T_2$  measurements using either of the models summarized in Table I.

To obtain the range R we compare experimental and theoretical values for  $D/T_2$ :

$$(D/T_2)_{\text{expt}} = (1.1 \pm 0.4) \times 10^{-7} \text{ cm}^2 \text{ sec}^{-2}.$$

This leads to  $R \sim 3.7 \times 10^{-8}$  cm, which is the lattice spacing appropriate to a molar volume of 21 cm<sup>3</sup>. We are thus led to assume that the impuriton-impuriton interaction is short ranged, as expected from lattice-distortion calculations<sup>11</sup> but not as has been previously assumed.<sup>1,12</sup>

The  $D/T_2$  values may be compared with  $D/T_1$ in <sup>3</sup>He gas at 4 K, which has recently been measured.<sup>13,14</sup> In this case  $\omega_0 \tau \ll 1$ , where  $\tau \sim 10^{-12}$ sec is the correlation time and

$$(D/T_1)_{\omega_0 \neq 0} = (D/T_2)_{\omega_0 \neq 0} = (10D/3T_2)_{\omega_0 \neq \infty}.$$

The experimental value of  $D/T_1$  is  $(3 \pm 1) \times 10^{-7}$  cm<sup>2</sup> sec<sup>-2</sup> which is, within error, equal to  $\frac{10}{3}$  times the  $D/T_2$  reported here. Thus we again obtain ~10<sup>-15</sup> cm<sup>2</sup> for the scattering cross section; in this case, however, we know that this value is approximately correct and so we gain some confidence in our kinetic theory model.

Using  $R \approx a$ , we now obtain  $J_{34} \sim 10^4 \text{ sec}^{-1}$  from D. This value is about  $10^{-3}J_{33}$ , where  $J_{33}$  is the <sup>3</sup>He-<sup>3</sup>He tunneling frequency in pure solid <sup>3</sup>He at the same sample molar volume.<sup>3</sup> This result will be modified somewhat when the accuracy of the theory is improved but it is clear that if our impuriton model is correct then  $J_{34} \ll J_{33}$ , which conflicts with the usual assumption<sup>2</sup> that  $J_{34} \sim J_{33}$ .

The  $T_1$  data that we have at 5 MHz are not presented here because we are not convinced that the dominant spin-lattice relaxation process is <sup>3</sup>He-<sup>4</sup>He tunneling under our experimental conditions. Miyoshi *et al*.<sup>15</sup> and Greenberg, Tomlinson, and Richardson<sup>9</sup> have shown that for  $x_3 \ge 0.01$  and  $\omega_0/2\pi > 1$  MHz,  $T_1$  is controlled by <sup>3</sup>He-<sup>3</sup>He tunneling. We believe that at 5 MHz this may still be true down to even lower  $x_3$  values. To look for the characteristic effects on  $T_1$  of <sup>3</sup>He-<sup>4</sup>He tunneling one has to work at  $x_3 < 10^{-3}$  and  $\omega_0 \sim zJ_{34}$ , a region which we are currently investigating.

We would like to acknowledge experimental assistance from Dr. T. A. Kitchens, informative discussions with him, Dr. S. Kumar, and Professor L. H. Nosanow, and financial support from the Science Research Council.

\*On leave from the Physics Department of Northeastern University, Boston, Mass. 02115.

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