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ORDER-PARAMETER FLUCTUATIONS AND THE ONSET OF SUPERFLUIDITY IN THIN He⁴ FILMS

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A new method for calculating the resistance of superfluids is proposed. The method is applied to derive the temperature-dependent thickness of He⁴ films at which superflow ceases. The agreement with the experimental results is good.

The calculations of the electrical conductivity for thin superconductors are conveniently made¹ in the gauge where ($c = 1$)

$$\vec{E} = \partial \vec{A} / \partial t, \quad (1)$$

where \vec{E} is the longitudinal electric field and \vec{A} is the vector potential. This gauge is convenient because in effect, it couples the external electric field to the electric current directly.² In the case of superfluids an external longitudinal field is coupled to the density and hence the calculation of the conductivity density (i.e., the ratio of the current to an external field in the limit of small frequency and small wavelengths) is more complicated.³ In the first part of this note we argue that any external longitudinal field can be made to couple to the velocity in close analogy to the electromagnetic situation. Once this is done we transcribe the calculated results^{4,5} for the resistance of thin (two dimensional, 2D henceforth) superconductors to that of the uncharged superfluid. We then show that the calculated values are in fair agreement with various experimental results. In this connection we make two remarks: (a) In superfluids one does not measure the resistance of the superfluid as a function of temperature for a fixed film thickness (d). Rather, one observes⁶ the onset of superflow for a fixed temperature as a function of thickness. (b) The meaning of 2D is different in the two cases (superfluid and superconductor) because of the different boundary conditions which are considered. Thus the superconductor's wave function (in the

Landau-Ginzburg sense, LG henceforth) has a vanishing normal derivative at the surface of the film. Here, then, 2D means $d \lesssim \xi$ (ξ is the LG coherence length). This is so because for these thicknesses the order parameter is either constant or zero. For superfluids the wave function (in the Ginzburg-Pitaevskii sense, GP henceforth) is zero at least at the interface with the substrata. Here $d \lesssim \xi$ has the meaning of no superfluidity ($\psi = 0$). In this case 2D means $2\xi \lesssim d/\pi \lesssim \xi$ because for these thicknesses the wave function is either zero or $\psi \sim \sin(x/\xi)$.

We now show the transformation between the wave equation wherein a longitudinal field is coupled to the density, and the equation wherein the equivalent field is coupled to the velocity. The argument is simplest in the time-dependent Schrödinger equation.⁷ Consider the many-body equation⁸

$$-(\hbar^2/2m)\nabla^2\psi + \varphi(x)\psi = i\hbar\partial\psi/\partial t. \quad (2)$$

(Introduction of an interaction term does not affect the argument.) In Eq. (2), $\varphi(x)$ is the scalar field whose gradient gives the externally applied force. Now define χ via

$$\psi(x_1, x_2, \dots, x_N, t) = \exp\left[-i \sum_{i=1}^N \int_0^t \vec{A}(y_i, t) \cdot dy_i\right] \times \chi(x_1, \dots, x_N, t). \quad (3)$$

Here \vec{A} is a curl-free vector field. By direct

substitution of (3) into (2) one gets⁸

$$-(\hbar^2/2m)(\nabla - iA)^2\chi = i\hbar\partial\chi/\partial t \quad (4)$$

provided we choose $\vec{A}(x, t)$ such that

$$\varphi(x) = \hbar \int^x (\partial\vec{A}/\partial t) \cdot dy. \quad (5)$$

Since \vec{A} is curl free, the lower bound of this integral corresponds to an irrelevant constant phase factor. For example if the external force is²

$$F(x, t) = \vec{F}_0 [e^{i(q \cdot r - \omega t)} + \text{c.c.}] e^{st}, \quad s \rightarrow 0^+, \quad (6)$$

then

$$A(x, t) = \frac{\vec{F}_0}{\hbar} \left[\frac{e^{i(q \cdot r - \omega t)}}{i\omega + s} + \text{c.c.} \right] e^{st}, \quad s \rightarrow 0^+. \quad (7)$$

We do not consider the boundary conditions on χ here⁷ because we are interested in an extended system and, in fact, we are concerned with

$$Z_G = \text{Tr} [e^{-\beta(H - \mu N + \varphi)}], \quad (8)$$

where Z_G is the grand canonical ensemble for bosons and φ is the relevant external field. H and N are the Hamiltonian and number operators, respectively, and

$$\beta = (k_B T)^{-1}$$

with T the temperature and k_B Boltzmann's constant. Now Z_G can be transformed to a functional integral⁹ wherein the "time"-dependent Lagrangian appears. In this formulation the transformation $\varphi \rightarrow \chi$ corresponds to a change of variables. The Jacobian of this transformation will cancel out¹⁰ when physical quantities are calculated.¹¹

We can now calculate the resistance of 2D superfluids in complete analogy to the calculations of electrical resistance.¹² In particular we consider the GP Hamiltonian. Here the calculations are identical to those of Ref. 4 where the LG Hamiltonian was used. (Recall that LG is essentially identical in form to GP.) The calculation for the excess conductivity (σ') in the "clean" limit¹³ gives⁴

$$\sigma' \simeq \frac{m}{\hbar d} \exp \left[\frac{4\pi}{k_B T} \left(\frac{\hbar}{m} \right)^2 \rho_s d \right], \quad (9)$$

where the bulk superfluid density ρ_s is given by $\rho_s = m(|a|/b)$, with m now being the mass of a helium atom. a and b are coefficients of binary and tertiary terms in the GP equation. We now re-

mark that an important experiment result^{6,14} is that the bulk superfluid density varies with temperature as¹⁵

$$\rho_s(T) = \frac{B_0 T}{\xi(T)}, \quad T_\lambda \geq T \geq 1^\circ\text{K}, \quad (10)$$

with $B_0 = 2.9 \times 10^{-9} \text{ g cm}^{-2} \text{ deg}^{-1}$. This relation will be used below as our definition of $\xi(T)$ for $T \leq T_\lambda$.

At this juncture we introduce a free parameter σ_c' into the theory. σ_c' is the value of the excess conductivity upon the attainment of which the system has an essentially normal behavior, i.e., $\sigma' \gg \sigma_c'$ implies superfluidity and $\sigma' \ll \sigma_c'$ implies normal resistance.⁵ In terms of this parameter we can rewrite Eq. (9) as

$$\sigma'(d) = \sigma_c' \exp \left[\frac{d - d_c}{Q\xi(T)} \right], \quad (11)$$

where $d_c(T)$ is the equilibrium thickness for which $\sigma' = \sigma_c'$ and Q is a dimensionless constant

$$Q^{-1} = \frac{4\pi B_0}{k_B} \left(\frac{\hbar}{m} \right)^2 = 4.5. \quad (12)$$

This exponential dependence¹³ renders plausible the following two remarks: (a) σ_c' is not sensitive to the particular experimental method of study of the superflow. (b) All¹³ the temperature dependence of the problem is in the ratio $d(T)/\xi(T)$.

Now the equilibrium value of $d(T)$ is given by^{6,14}

$$d^3 = \frac{87^\circ\text{K}}{T \ln(P_0/P)}. \quad (13)$$

Here d is given in atomic layers while P_0 and P are the saturated and unsaturated vapor pressure of the helium gas.

We can now get the superflow onset thickness for all temperatures.¹⁵ Thus since σ_c' depends only on d_c/ξ , the onset condition for a fixed T is

$$d_c/\xi = \text{const.} \quad (14)$$

(This constant turned out to be ~ 4.2 ; see Fig. 1.) This equation gives the critical thickness for various temperatures. Relation (14) is plotted in Fig. 1 together with several experimental results. The value of $\xi(T)$ is the one given by Eq. (10) for which the tabulated values¹⁶ for $\rho_s(T)$ are used. We remark that at the higher temperatures $T \geq 1.7^\circ\text{K}$ slight error in the experimental onset parameter P_0/P results in large error in the critical thickness d_c .⁶ Thus the scatter of the experimental points in this region is not surprising.

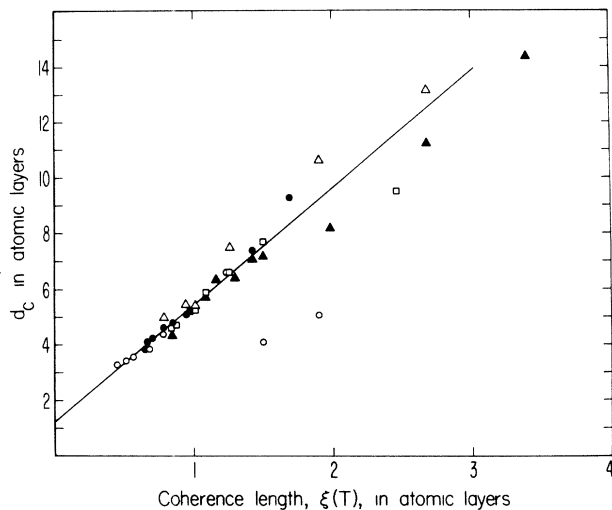


FIG. 1. Helium film thickness at the onset of superfluidity, d_c , as a function of the temperature-dependent length $\xi(T)$ as determined by various experiments. Onset of mass superflow from E. Long and L. Meyer [Phys. Rev. **85**, 1030 (1952)] (solid triangles) and R. P. Henkel, G. Kukich, and J. P. Reppy [Proceedings of the Eleventh International Conference on Low Temperature Physics, St. Andrews, Scotland, 1968 (to be published)] (open diamonds). Onset determined by heat transport from E. Long and L. Meyer [Phys. Rev. **98**, 1616 (1955)] (open triangles), D. F. Brewer and K. Mendelsohn [Proc. Roy. Soc. (London), Ser. A **260**, 1 (1961)] (open squares), and K. Fokkens, W. K. Taconis, and R. De Bruyn Ouboter [Physica **32**, 2129 (1966)] (open circles). Third-sound onset data from Kagiwada et al. (Ref. 6) (solid circles). The intercept at $\xi=0$ is interpreted as the solid layer in the helium film (Ref. 6).

The intercept at $\xi=0$ (i.e., $T=0$) is interpreted as the solid He layer. The van der Waals force gives rise to pressure greater than the solidification pressure for helium for about 1.3 atomic layers.⁶ This number is in good agreement with intercept of Fig. 1 which gives 1.2 atomic layers.

We conclude by noting that the results seem to confirm the intuitive idea that the fluctuation in the order parameter gives rise to the appearance of resistance in superflow. These fluctuations are the same as those which give rise to the electrical resistance in superconductor films. The present formulation seems to give a good account

of the experimental result without recourse to a specific model for fluctuation.¹⁴

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¹⁰The Jacobian can be taken out of the functional integral is obvious on intuitive grounds; nonetheless, this should be regarded as a conjecture. See, however, Sec. IV of Ref. 9 and references cited therein.

¹¹The lower bound phase factor [Eq. (5)] is here a constant term added to the chemical potential and thus is not physically observable.

¹²In particular the current J is related to the free energy F by $J = \delta F / \delta A$.

¹³Here and in the sequel we neglect the film-thickness dependence of the prefactor of Eq. (9). Thus, in effect, the “clean” and “dirty” limits are equivalent here.

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