## Inferring Physical Properties of Symmetric States from the Fewest Copies

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Learning physical properties of high-dimensional states is crucial for developing quantum technologies but usually consumes an exceedingly large number of samples which are difficult to afford in practice. In this Letter, we use the methodology of quantum metrology to tackle this difficulty, proposing a strategy built upon entangled measurements for dramatically reducing sample complexity. The strategy, whose characteristic feature is symmetrization of observables, is powered by the exploration of symmetric structures of states which are ubiquitous in physics. It is provably optimal under some natural assumption, efficiently implementable in a variety of contexts, and capable of being incorporated into existing methods as a basic building block. We apply the strategy to different scenarios motivated by experiments, demonstrating exponential reductions in sample complexity.

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Learning properties of states like expectation values of observables is of increasing importance in quantum physics, underpinning vast applications in emerging fields, such as quantum machine learning [\[1](#page-4-0)], quantum computational chemistry [\[2](#page-4-1)], and variational quantum computing [[3](#page-4-2)[,4\]](#page-4-3). A fundamental difficulty in this task is that any full reconstruction of a generic unknown state inevitably consumes exponentially many samples due to the growth of the state space dimension with the system size. This makes traditional learning methods like full state tomography hopelessly inefficient and poses a serious challenge in the noisy intermediate-scale quantum (NISQ) era [\[5](#page-4-4)].

Fortunately, most of the states that are relevant in quantum physics admit some nontrivial structures, such as those of low rank [[6](#page-4-5)[,7\]](#page-4-6), matrix product states [[8](#page-4-7),[9\]](#page-4-8), and those with quasilocal structures [\[10](#page-4-9)[,11\]](#page-4-10). Furthermore, for many purposes, one is only interested in some specific properties of states, e.g., mean energies of many-body systems, which makes it unnecessary to fully reconstruct states for obtaining all their information. These wellmotivated physical considerations have led to a series of proposals for more efficient alternatives to full state tomography, with excellent examples including compressed sensing [[6,](#page-4-5)[7\]](#page-4-6), adaptive tomography [\[12](#page-4-11)[,13\]](#page-4-12), selfguided tomography [[14](#page-4-13)[,15\]](#page-4-14), and classical shadows [\[16,](#page-4-15)[17](#page-4-16)].

While existing methods generally rely on local measurements, it has been recognized that entangled measurements are typically far more efficient than local measurements for extracting information from unknown states [\[18](#page-4-17)–[23](#page-4-18)]. Moreover, the ongoing development of large-scale quantum computers opens up exciting possibilities of leveraging quantum computational resources to realize entangled measurements [\[20,](#page-4-19)[21\]](#page-4-20). In particular, motivated by the availability of NISQ computers [[24](#page-5-0)], a number of experiments [[25](#page-5-1)–[27](#page-5-2)] have been carried out for realizing entangled measurements as well as demonstrating their superiority over local measurements. An important issue is therefore to explore the usefulness of entangled measurements in learning properties of states [[20](#page-4-19),[21](#page-4-20)].

Here we propose a strategy built upon entangled measurements, for dramatically reducing sample complexity beyond what can be achieved with local measurements. The basic idea is to explore symmetric structures of states which are ubiquitous in quantum physics and known a priori in various situations. Using information-theoretic tools from quantum metrology [[28,](#page-5-3)[29\]](#page-5-4), we figure out the measurement that can make optimal use of these symmetric structures for learning expectation values of observables. This enables our strategy to operate at the optimal sample efficiency in a variety of physical contexts, thereby achieving a sought-after goal in quantum metrology [[30](#page-5-5)–[32\]](#page-5-6), which is unlikely, if not impossible, to reach with local measurements. Further, we apply our strategy to two physical contexts involving translational and permutational symmetries, showing that it allows for saving exponentially many samples while merely consuming polynomial amounts of quantum computational resources. The findings of this Letter uncover an intriguing route to reducing sample complexity via taking advantage of symmetric structures of states, which opens opportunities for leveraging recent breakthroughs on large-scale quantum computers to facilitate a plethora of learning tasks.

We first recall some basic facts. A common task in quantum physics is to measure the expectation value  $X = \text{tr}(X\rho)$  of an observable X in a state  $\rho$ . Traditionally,

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 $\bar{X}$  is obtained from the projective measurement of X, provided that this measurement is not difficult to implement in experiments. As the measurement outcomes are the eigenvalues of  $X$ , there is some uncertainty in obtaining  $\bar{X}$ , which can be characterized by the variance  $(\Delta X)^2 =$  $\sqrt{(X-\bar{X})^2}$ . More precisely, the uncertainty is  $(\Delta X)^2/M$  if the measurement is repeated M times. So, to measure  $\bar{X}$  up to a certain prescribed tolerance  $\epsilon$ , the number of measurements needed and hence samples consumed is

$$
M_X = \left\lceil \frac{(\Delta X)^2}{\epsilon} \right\rceil, \tag{1}
$$

where  $\lceil \cdot \rceil$  denotes the ceiling function.

We now consider the setting that we know a priori the symmetric structures of  $\rho$ , which can be described by a finite or compact Lie group G, that is,  $U_{g}\rho U_{g}^{\dagger} = \rho$  for  $g \in G$  where U denotes a unitary representation of G. It is  $g \in G$ , where  $U_q$  denotes a unitary representation of G. It is worth noting that the above consideration covers the vast majority of symmetries of interest in quantum physics. Then a question of relevance in a startling variety of contexts is: How can we exploit the symmetric structures of  $\rho$  to reduce to the greatest extent the number of samples required in measuring the expectation value  $\bar{X}$  of any given *observable X* in  $\rho$  up to the prescribed tolerance  $\epsilon$ ?

<span id="page-1-4"></span>In this Letter, we will answer the above question by showing that the projective measurement of another observable

$$
Y = \mathcal{T}(X) \tag{2}
$$

<span id="page-1-1"></span>can not only be alternatively employed to measure  $\bar{X}$  but also maximally reduce the number of samples required by taking advantage of the symmetric structures of  $\rho$ . Here,  $T$ is the so-called G-twirling operation defined as

$$
\mathcal{T}(X) = |G|^{-1} \sum_{g \in G} U_g X U_g^{\dagger},\tag{3}
$$

for a finite group G, with  $|G|$  being the number of elements in G. When G is a compact Lie group,  $T(X) =$  $\int_G d\nu(g) U_g X U_g^{\dagger}$ , where  $\nu(g)$  denotes the normalized<br>Haar measure [33] It is interesting to note that *V* satisfies Haar measure  $[33]$  $[33]$ . It is interesting to note that Y satisfies  $[Y, U_g] = 0$  for  $g \in G$  and is therefore the symmetrized<br>counterpart of Y. We emphasize that Y is always different counterpart of  $X$ . We emphasize that  $Y$  is always different from X except when X commutes with all  $U_q$ .

We first show that  $X$  and  $Y$  have the following subtle relations.

<span id="page-1-0"></span>Theorem 1—The observable Y shares the same expected value with  $X$  but with a generally smaller variance, i.e.,  $\bar{Y} = \bar{X}$  but  $(\Delta Y)^2 \leq (\Delta X)^2$ .

Physically, the equality  $\bar{Y} = \bar{X}$  means that the projective measurement of  $Y$  can be an alternative to the projective measurement of X for obtaining  $\bar{X}$ . The inequality  $(\Delta Y)^2 \leq$  $(\Delta X)^2$  implies that the former generally consumes fewer samples than the latter for reaching the same measurement precision, that is,  $M_Y \leq M_X$ , where

$$
M_Y = \left\lceil \frac{(\Delta Y)^2}{\epsilon} \right\rceil \tag{4}
$$

is the number of samples required in the projective measurement of Y.

We now prove Theorem [1](#page-1-0). Let us consider the case that G is a finite group. Using the cyclic property of the trace and noting that  $[\rho, U_g] = 0$  for  $g \in G$ , we have  $U_g X U_g^{\dagger} = \overline{X}$ . In conjunction, with Eq. (3), this further leads to conjunction with Eq. [\(3\)](#page-1-1), this further leads to  $\bar{Y} = \sum_g U_g X U_g^{\dagger}/|G| = \bar{X}$ . To prove  $(\Delta Y)^2 \leq (\Delta X)^2$ , we make use of the known result that for two observables 4 and make use of the known result that, for two observables A and B, there is  $\Delta(A + B) \leq \Delta A + \Delta B$  [[34](#page-5-8),[35](#page-5-9)]. Using this result and noting that  $\Delta(U_g X U_g^{\dagger}) = \Delta X$ , we have that  $\Delta Y =$ <br> $\Delta (|G|^{-1} \sum_{i} I_{i} Y U_i^{\dagger}) \leq |G|^{-1} \sum_{i} \Delta (I_{i} Y U_i^{\dagger})$  $\Delta(|G|^{-1} \sum_g U_g X U_g^{\dagger}) \leq |G|^{-1} \sum_g \Delta(U_g X U_g^{\dagger}) = \Delta X$ . Then<br>the proof of Theorem 1 is completed by further poting that the proof of Theorem 1 is completed by further noting that the above reasoning can be carried over straightforwardly to the case of G being a compact Lie group.

We then address the optimality of the projective measurement of Y. Note that there are many other measurement strategies that can be used to measure  $X$ , e.g., classical shadows based on randomized measurements [\[16,](#page-4-15)[17](#page-4-16)]. Without loss of generality, any strategy for measuring  $\overline{X}$  can be described as first performing a measurement on  $\rho^{\otimes M}$  and then classically postprocessing the measurement outcome to yield an estimate of  $\bar{X}$  [\[28](#page-5-3)[,29\]](#page-5-4). Here M denotes the number of samples consumed in the strategy in question. Any measurement can be described by a positive operator-valued measure (POVM)  $\{\Pi_x\}$  satisfying<br> $\nabla \Pi - \mathbb{1}$  where **r** labels the measurement outcome  $\sum_{x} \Pi_{x} = 1$ , where x labels the measurement outcome<br>and could be multivariate in general. Any classical postand could be multivariate in general. Any classical postprocessing of x amounts to a map  $\bar{X}_{est}(x)$ , which takes x as the input and outputs an estimate of  $\bar{X}$ . The uncertainty in measuring  $\bar{X}$  can be quantified by the variance  $\sum_{\mathbf{x}} tr(\Pi_{\mathbf{x}} \rho^{\otimes M}) [\bar{X}_{est}(\mathbf{x}) - \bar{X}]$ <br>measuring  $\bar{X}$  up to c amou  $[28,29]$  $[28,29]$ . The requirement of measuring  $\bar{X}$  up to  $\epsilon$  amounts to demanding

<span id="page-1-3"></span>
$$
\epsilon \ge \sum_{x} \text{tr}(\Pi_{x} \rho^{\otimes M}) [\bar{X}_{\text{est}}(x) - \bar{X}]^{2}, \tag{5}
$$

which imposes constraints on  $M$  so that  $M$  cannot be arbitrarily small. We uncover a fundamental bound on M as follows.

<span id="page-1-2"></span>*Theorem 2—The number M* of samples consumed in any strategy for measuring  $\bar{X}$  up to  $\epsilon$  is bounded as  $M \geq M_Y$  if nothing about  $\rho$  is known except its symmetric structures.

Theorem [2](#page-1-2) means that the projective measurement of Y consumes the fewest copies of  $\rho$  for measuring  $\bar{X}$  up to  $\epsilon$ , under the assumption that our knowledge about  $\rho$  is only its symmetric structures. That is, the projective measurement of Y has the optimal sample efficiency allowed by quantum mechanics whenever the assumption holds.

Our proof of Theorem [2](#page-1-2) is based on the quantum Cramér-Rao bound [\[28](#page-5-3)[,29\]](#page-5-4) (see Supplemental Material [\[36\]](#page-5-10) for details). To calculate this bound, the key step in our proof is to write out a general expression of  $\rho$  based on the known symmetric structures. According to the representa-tion theory of groups [[39](#page-5-11)],  $U<sub>q</sub>$  can be expressed as

$$
U_g \cong \bigoplus_{\alpha=1}^s \mathbb{1}_{n_\alpha} \otimes U_\alpha(g),\tag{6}
$$

<span id="page-2-0"></span>where  $U_{\alpha}(g)$  is the  $\alpha$ th irreducible representation of G with dimension  $d_{\alpha}$  and multiplicity  $n_{\alpha}$ , and  $\mathbb{1}_{n_{\alpha}}$  is the  $n_{\alpha} \times n_{\alpha}$ identity matrix. As  $[\rho, U_g] = 0$  for  $g \in G$ ,  $\rho$  must be of the form form

$$
\rho \cong \bigoplus_{\alpha=1}^{s} q_{\alpha} \rho_{\alpha} \otimes \frac{\mathbb{1}_{d_{\alpha}}}{d_{\alpha}},\tag{7}
$$

<span id="page-2-1"></span>where  $q_{\alpha} \ge 0$  satisfies  $\sum_{\alpha=1}^{s} q_{\alpha} = 1$  and  $\rho_{\alpha}$  denotes a density matrix Using the generalized Bloch representation density matrix. Using the generalized Bloch representation [\[40\]](#page-5-12), we can further express  $\rho_{\alpha}$  as (see Sec. II of Ref. [[36](#page-5-10)])

$$
\rho_{\alpha} = \frac{\mathbb{1}_{n_{\alpha}}}{n_{\alpha}} + \frac{1}{2} \mathbf{r}_{\alpha} \cdot \lambda_{\alpha},\tag{8}
$$

where  $r_a$  and  $\lambda_a$  are used to denote the generalized Bloch vector and the generators of Lie algebra  $\mathfrak{su}(n_{\alpha})$ , respec-tively [\[36\]](#page-5-10). It follows from Eqs. [\(7\)](#page-2-0) and [\(8\)](#page-2-1) that  $\rho$  is explicitly expressed in terms of the parameters  $\{q_a, r_a\}_{a=1}^s$ .<br>This allows us to figure out the quantum Cramér-Rao This allows us to figure out the quantum Cramér-Rao bound,

<span id="page-2-2"></span>
$$
\sum_{x} \text{tr}(\Pi_x \rho^{\otimes M}) [\bar{X}_{\text{est}}(x) - \bar{X}]^2 \ge \frac{1}{MJ[\bar{X}; \rho]},\qquad(9)
$$

<span id="page-2-4"></span>where  $J[\bar{X}; \rho]$  denotes the quantum Fisher information<br>about  $\bar{Y}$  given a (see Sec. V of Ref. [36] for its explicit about  $\bar{X}$  given  $\rho$  (see Sec. V of Ref. [\[36](#page-5-10)] for its explicit expression). The meaning of Eq. [\(9\)](#page-2-2) is that the uncertainty in any strategy for measuring  $\bar{X}$  is fundamentally constrained by  $\{1/MJ[\bar{X}; \rho]\}$ , irrespective of the choices of  $J\Pi$ , and  $\bar{Y}$  (x) [28, 29]. Heing Eqs. (5) and (9), we obtain  $\{\Pi_x\}$  and  $\bar{X}_{\text{est}}(x)$  [[28](#page-5-3),[29](#page-5-4)]. Using Eqs. [\(5\)](#page-1-3) and [\(9\),](#page-2-2) we obtain

$$
M \ge \frac{1}{\epsilon J[\bar{X}; \rho]}.\tag{10}
$$

<span id="page-2-3"></span>Besides, we derive, after some algebra (see Sec. VI of Ref. [[36](#page-5-10)]),

$$
(\Delta Y)^2 = \frac{1}{J[\bar{X}; \rho]}.\tag{11}
$$

The proof of Theorem [2](#page-1-2) is completed by inserting Eq. [\(11\)](#page-2-3) into Eq. [\(10\).](#page-2-4)

With the above analysis, we are ready to specify our strategy. To measure  $X$ , our strategy is to repeatedly

<span id="page-2-5"></span>

FIG. 1. Schematic of our strategy. To measure the expectation value  $\bar{X}$  of an observable X in  $\rho$  which is possibly a many-body state, we perform the projective measurement of the observable Y on each sample. This measurement can be implemented by utilizing the quantum circuit  $V$  to transform the eigenbasis of  $Y$ into the computational basis and then performing the standard measurement in the computational basis. Repeating this procedure  $M_Y = [(\Delta Y)^2/\epsilon]$  times, we can obtain  $\overline{X}$  up to a prescribed tolerance  $\epsilon$  by averaging the outcomes  $y_i$ .

perform the projective measurement of Y on  $M<sub>Y</sub>$  samples. This allows for yielding  $\bar{X}$  up to  $\epsilon$  after averaging the  $M_Y$ outcomes, i.e.,  $\bar{X} \stackrel{\varepsilon}{\approx} \sum_{i=1}^{M_y} y_i/M_y$ , where  $y_i$  denotes the *i*th measurement outcome, and is an eigenvalue of *Y* measurement outcome and is an eigenvalue of Y. Interestingly, as demonstrated below, the projective measurement of Y is often an entangled measurement  $[25-27]$  $[25-27]$  $[25-27]$  $[25-27]$  $[25-27]$ , since the eigenbasis of Y may contain entangled states. To implement this measurement, we can first apply a quantum circuit  $V$  to transform the eigenbasis of  $Y$  into the computational basis and then perform the standard measurement in the computational basis (see Fig. [1\)](#page-2-5). So, the working principle of our strategy is to leverage quantum computational resources to reduce sample complexity. Notably, our strategy operates at the optimal sample efficiency allowed by quantum mechanics and outperforms other measurement strategies in terms of sample complexity whenever the assumption in Theorem [2](#page-1-2) holds.

Application 1: Translational symmetries-Let us apply our strategy to the scenario that  $\rho$  is a state of *n* qubits with the symmetric structures described by the translation group  $G = \{T^i, i = 0, ..., 2^n - 1\}$ . Here, T is defined as  $T|j\rangle = |j+1\rangle$  with the periodic boundary condition  $|2^n\rangle - |0\rangle$  $|j + 1\rangle$  with the periodic boundary condition  $|2^n\rangle = |0\rangle$ , where  $|i\rangle$ ,  $j = 0, ..., 2<sup>n</sup> - 1$ , denote the computational basis. Note that translational symmetries are ubiquitous in condensed-matter physics. The above scenario could arise, e.g., in quantum simulations of electrons in crystalline solids [[41](#page-5-13),[42](#page-5-14)], for which Bloch's theorem states that the solutions to the Schrödinger equations are Bloch states and hence respect translational symmetries.

To show the usefulness of our strategy, we calculate  $(\Delta X)^2/(\Delta Y)^2$ , which characterizes the ratio between  $M_X$ and  $M_Y$ . Using  $[\rho, T] = 0$  and noting that the eigenbasis of  $T$  is the Fourier basis of  $\lambda = \sum_{n=1}^{\infty} a^{2\pi i/k/2^n} |\psi\rangle / \sqrt{2^n}$  we can T is the Fourier basis  $|f_j\rangle = \sum_k e^{2\pi i jk/2^n} |k\rangle / \sqrt{2^n}$ , we can write  $e^{i\theta}$  as  $e = \sum_k n! f_k \sqrt{f_k}$ , where  $n_i > 0$  satisfies write  $\rho$  as  $\rho = \sum_j p_j |f_j\rangle \langle f_j|$ , where  $p_j \geq 0$  satisfies  $\sum_j p_j = 1$ . Then, expressing X as  $X = \sum_{jk} X_{jk} |f_j\rangle \langle f_k|$ with  $X_{jk} = \langle f_j | X | f_k \rangle$ , we have

$$
(\Delta X)^2 = \left(\sum_{jk} p_j |X_{jk}|^2\right) - \left(\sum_j p_j X_{jj}\right)^2. \tag{12}
$$

Besides, using Eq. [\(3\)](#page-1-1) and  $T|f_j\rangle = e^{-2\pi i j/2^n} |f_j\rangle$ , we have  $V = \sum_{i=1}^{\infty} V_i + \sum_{j=1}^{\infty} V_j + \sum_{j=1}^{\infty} V_j$  $Y = \sum_i X_{ij} |f_i\rangle\langle f_i|$ , which further leads to

$$
(\Delta Y)^2 = \left(\sum_j p_j X_{jj}^2\right) - \left(\sum_j p_j X_{jj}\right)^2. \tag{13}
$$

Hence,  $(\Delta X)^2 - (\Delta Y)^2 = \sum_j \sum_{k \neq j} p_j |X_{jk}|^2$  contains<br>exponentially many papagative terms. Boughly speaking exponentially many nonnegative terms. Roughly speaking, this indicates that  $(\Delta X)^2/(\Delta Y)^2$  is very large for countless choices of  $X$ . To clearly see this point, we take

$$
X = \mathop{\otimes}\limits_{l=1}^{n} \frac{1}{\sqrt{2}} (\sigma_x^l + \sigma_z^l) \tag{14}
$$

as an example, where  $\sigma_{\alpha}^{l}$ ,  $\alpha = x, y, z$ , are the Pauli matrices acting on the *l*<sup>th</sup> qubit. Direct calculations show [36] that acting on the lth qubit. Direct calculations show [\[36\]](#page-5-10) that

$$
(\Delta X)^2 / (\Delta Y)^2 \ge 2^n - 1,\tag{15}
$$

implying that the reduction allowed by our strategy can be exponential in  $n$ .

We point out that our strategy is efficiently implementable on a quantum computer in the scenario under consideration. Indeed, the eigenbasis of  $Y$  is the Fourier basis, which implies that the quantum circuit  $V$  is just the inverse quantum Fourier transform. That our strategy is efficiently implementable follows from the known result that the inverse quantum Fourier transform can be realized as a quantum circuit consisting of only  $\mathcal{O}(n^2)$  Hadamard gates and controlled phase shift gates [[43](#page-5-15)] (see also Ref. [[44](#page-5-16)] for a semiclassical realization without using two-bit gates).

Application 2: Permutational symmetries—Let us consider again  $n$  qubits but in the state whose symmetric structures are described by the permutation group  $G =$  ${P_s, s \in S_n}$ . Here, s labels a permutation in the symmetric group  $S_n$  and  $P_s$  is defined by  $P_s|\psi_1\rangle \otimes \cdots \otimes |\psi_n\rangle =$  $|\psi_{s(1)}\rangle \otimes \cdots \otimes |\psi_{s(n)}\rangle$ . This scenario arises frequently in multipartite experiments [[45](#page-5-17)–[47](#page-5-18)], in which the states involved are typically invariant under permutations [[48](#page-5-19)]. For example, three well-known states of this type are Werner states [\[49\]](#page-5-20), Dicke states [[50](#page-5-21)], and Greenberger-Horne-Zeilinger (GHZ) states [\[51\]](#page-5-22), which are key resources in quantum information processing [[52](#page-5-23)–[55](#page-5-24)]. Below, motivated by the fact that Pauli measurements are widely used in multipartite experiments, we explore our strategy to reduce sample complexity in Pauli measurements.

We can express a generic Pauli observable as

$$
X_{kl} = \sigma_x^{k_1} \sigma_z^{l_1} \otimes \cdots \otimes \sigma_x^{k_n} \sigma_z^{l_n} (i)^{k \cdot l}, \qquad (16)
$$

where  $\mathbf{k} = (k_1, \ldots, k_n)$  and  $\mathbf{l} = (l_1, \ldots, l_n)$  are two vectors of binary numbers and  $\mathbf{k} \cdot \mathbf{l} = \sum_{i=1}^{n} k_i l_i$  denotes the usual<br>dot product. Note that, associated to each  $X_{ij}$ , there is a dot product. Note that, associated to each  $X_{kl}$ , there is a symmetrized counterpart  $Y_{kl} = \mathcal{T}(X_{kl})$ . To illustrate the superiority of the projective measurement of  $Y_{kl}$  over the Pauli measurement of  $X_{kl}$ , we evaluate  $(\Delta X_{kl})^2$  and  $(\Delta Y_{kl})^2$  on the GHZ state of *n* qubits. Hereafter we assume for simplicity that  $n$  is odd. It can be shown that

$$
(\Delta X_{kl})^2 = 1\tag{17}
$$

for any Pauli observable with  $|k| \neq 0$  and n [[36](#page-5-10)]. Here  $|k| = \sum_{i=1}^{n} k_i$ . By contrast,

$$
(\Delta Y_{kl})^2 = 1 / \binom{n}{|k|} \tag{18}
$$

for the same Pauli observable [\[36\]](#page-5-10). To clearly see the difference between  $(\Delta X_{kl})^2$  and  $(\Delta Y_{kl})^2$ , we consider the Pauli measurements with

$$
(1 - \delta)\frac{n}{2} < |k| < (1 + \delta)\frac{n}{2},\tag{19}
$$

referred to as the typical Pauli measurements. Here,  $0 < \delta < 1$  is fixed. We show that

$$
\frac{(\Delta X)^2}{(\Delta Y)^2} \ge \sqrt{\frac{2}{n\pi(1-\delta^2)}} \left[ \frac{4}{(1-\delta)^{1-\delta}(1+\delta)^{1+\delta}} \right]^{\frac{n}{2}} \tag{20}
$$

for any typical Pauli measurement [\[36\]](#page-5-10). Noting that  $(1 - \delta)^{1-\delta}(1+\delta)^{1+\delta} < 4$  for  $0 < \delta < 1$ , we deduce that  $(\Delta X)^2/(\Delta Y)^2$  is exponential in n. Besides, the number of typical Pauli measurements is  $\geq 4^n [1 - (1/n\delta^2)]$  [[36](#page-5-10)],<br>which means most of Pauli measurements are typical for which means most of Pauli measurements are typical for a large n. So, our strategy allows for exponentially reducing sample complexity for most of Pauli measurements when  $n$ is large.

Notably, our strategy can be efficiently implemented on a quantum computer in the considered scenario, too. Indeed, as detailed in Ref.  $[36]$ , the eigenbasis of Y can be mapped into the computational basis via the quantum Schur transform followed by at most  $\lceil n/2 \rceil$  controlled gates. That our strategy is efficiently implementable follows from the known result that the quantum Schur transform can be realized as a quantum circuit of polynomial size [\[56\]](#page-5-25).

Before concluding, we remark that while the assumption in Theorem 2 holds in numerous scenarios, there are also many cases in which we know other structures of  $\rho$  besides its symmetric structures. For example, apart from translational symmetries, a many-body state usually admits quasilocal structures, based on which some learning methods have been proposed [\[10,](#page-4-9)[11](#page-4-10)]. As such, our strategy could be incorporated into existing methods as a basic building block for further reducing sample complexity by exploring symmetric structures of states. Besides, it should be noted that there are difficulties in implementing the projective measurement of X in many situations. For example, it was recognized that the mean energy of a many-body system is considerably difficult to measure, due to which only a few architecture-specific experiments have been carried out so far [[57](#page-5-26)]. Interestingly, our strategy allows for inferring  $\bar{X}$  from the projective measurement of Y which, as demonstrated above, may be efficiently implementable even when this is not the case for X.

In conclusion, targeting at measuring expectation values of observables, we have proposed an entangled-measurement-based strategy that can leverage quantum computational resources to dramatically reduce sample complexity. Our strategy, which is powered by the exploration of symmetric structures of states, is to infer the expectation value  $X$  of an observable  $X$  from the projective measurement of its symmetrized counterpart  $Y$  in Eq. [\(2\)](#page-1-4) rather than X itself. This allows our strategy to be an intriguing alternative with the optimal sample efficiency in a variety of contexts, as stated in Theorems [1](#page-1-0) and [2.](#page-1-2)

To illustrate the significance of our strategy, we have applied it to two scenarios involving different kinds of symmetric structures of states, i.e., those described, respectively, by the translation and permutation groups, which are ubiquitous in condensed-matter physics and quantum many-body physics. These applications clearly illustrate that our strategy allows for yielding exponential reductions in sample complexity while merely consuming polynomial amounts of quantum computational resources.

The present Letter opens many interesting topics for future work, e.g., how to optimally take advantage of symmetric structures of states to reduce the sample complexity in simultaneously measuring expectation values of multiple observables [\[58,](#page-5-27)[59\]](#page-5-28) and further to extend the scope of discussions from expectation values of observables to other properties of states like various resource measures [[52](#page-5-23)–[55\]](#page-5-24).

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