Robust Nuclear Spin Polarization via Ground-State Level Anticrossing of Boron Vacancy Defects in Hexagonal Boron Nitride

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Nuclear spin polarization plays a crucial role in quantum information processing and quantum sensing. In this work, we demonstrate a robust and efficient method for nuclear spin polarization with boron vacancy (V_B^-) defects in hexagonal boron nitride (h-BN) using ground-state level anticrossing (GSLAC). We show that GSLAC-assisted nuclear polarization can be achieved with significantly lower laser power than excited-state level anticrossing, making the process experimentally more viable. Furthermore, we have demonstrated direct optical readout of nuclear spins for V_B^- in h-BN. Our findings suggest that GSLAC is a promising technique for the precise control and manipulation of nuclear spins in V_B^- defects in h-BN.

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Optically addressable solid-state spin defects in wide band-gap materials serve as promising artificial atoms for quantum information sciences. For instance, spin defects in diamond and silicon carbide exhibit long spin coherence times, high-fidelity spin manipulations, and entangled electron-nuclear spin pairs at room temperature [1-6]. In addition, layered Van der Waals materials offer alternative platforms for solid-state spin defects, with reduced dimensionality facilitating scalable two-dimensional quantum device design. Among them, hexagonal boron nitride (h-BN) has attracted significant interest due to its exceptional properties, such as wide band gap, high thermal conductivity, and robust mechanical strength [7]. Recently, negatively charged boron vacancy (V_B^-) defects in h-BN have been extensively studied for their coherently manipulatable spin states and high optically detected magnetic resonance (ODMR) contrast at room temperature [8,9], critical for sensitivity in quantum sensing applications [10–15]. Polarization and rapid manipulation of adjacent nitrogen nuclear spins in h-BN via excited-state level anticrossing (ESLAC) have been achieved [16], offering avenues to store and manipulate quantum information [17,18].

The ESLAC approach to nuclear spin polarization in h-BN has limitations, such as the need for high excitation laser power and low levels of nuclear spin polarization [19-22]. To address the challenge, we investigate the use of ground-state level anticrossing (GSLAC) of $V_{\rm B}^-$ for achieving nuclear spin polarization in h-BN. GSLAC provides several advantages over ESLAC, including increased robustness against excitation laser power fluctuations and higher nuclear spin polarization level. In this Letter, we present an in-depth study of the GSLAC method and demonstrate its potential for enhancing the performance of nuclear spin polarization in $V_{\rm B}^-$ systems [16,19,23]. We initiate our study by evaluating the levels of nuclear polarization at ESLAC and GSLAC regions. Our findings suggest that, even under comparatively low excitation power, GSLAC can induce high levels of nuclear polarization. Then we measure the nuclear polarization level as a function of magnetic field, aiming to find the optimal

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FIG. 1. (a) Scheme for performing nuclear polarization with the assistance of GSLAC. Magnetic field is not shown. (b) Diagram of energy levels of $V_{\rm B}^-$ with optical transitions. Green, red, and gray arrows represent laser excitation, radiative recombination, and nonradiative intersystem crossing, respectively. (c) Simplified diagram of dynamics of nuclear polarization via GSLAC. Excitation and radiative decay are depicted by green arrows, while red arrows show electron spin polarization through intersystem crossing. Gray arrows illustrate flip-flop process. For simplicity, more energy levels and transitions are omitted.

nuclear polarization level. Lastly, we have demonstrated the direct optical readout of nuclear spins through optically detected nuclear magnetic resonance (ODNMR). These comprehensive experimental endeavors pave the way for advancing quantum information processing, enhancing nuclear magnetic resonance spectroscopy sensitivity, and enabling the development of high-performance nuclear spin-based sensors.

Boron vacancy and its energy levels.—The $V_{\rm B}^-$ defect in h-BN is a point defect that occurs when a boron atom is missing from the crystal lattice, as shown in Fig. 1(a) [8]. A $V_{\rm B}^-$ defect has a triplet ground state, a triplet excited state, and a nonradiative singlet metastable state. When illuminated with a green laser, $V_{\rm B}^-$ defects are optically excited from the ground state to the excited state. The defects can then undergo spin-dependent intersystem crossing (ISC) to the singlet metastable state, leading to spin polarization. The spin-dependent fluorescence, enabling optical detection and manipulation of the $V_{\rm B}^-$ defect's spin state. The dynamics is shown in Fig. 1(b) [24].

Nuclear polarization assisted by GSLAC.—As the external magnetic field is tuned, the energy levels of $m_s = 0$ and $m_s = -1$ states become nearly degenerate at certain magnetic field values, leading to level anticrossing [8,16,19,25]. At these points, the wave functions of the electronic and nuclear spin states mix, allowing for a strong interaction between them. Through this interaction, the electronic and nuclear spins can exchange spin angular momentum. This can be facilitated by a process called flip flop, where the electronic spin flips while the nuclear spin flops simultaneously in the opposite direction. A diagram of dynamics of nuclear polarization assisted by GSLAC is shown in Fig. 1(c). The flip-flop process is indicated by gray arrows. As a result, the spin polarization of the electronic spin is transferred to the nuclear spins, enhancing their polarization.

Sample preparation and setup.--h-BN flakes with thickness of several μm were proton bombarded at 250 keV energy and 3×10^{16} cm⁻² dose to create dense $V_{\rm B}^-$ defects [26]. A homemade confocal microscope was used in the experiment. A $40 \times /0.6$ visible objective focused the excitation laser onto the sample and collected fluorescence. A 532 nm laser modulated by an acoustic optical modulator provided off-resonance excitation. The photoluminescence signal, filtered through a 700-nm long pass and 1000-nm short pass filter, was coupled to a photodiode. The microwave generated by an rf signal generator and gated by an rf switch, was amplified, and applied to the sample via a coplanar waveguide where the h-BN flake was placed. A permanent magnet on a three-axis motorized translation stage provided the magnetic field. Magnetic field alignment along the sample's *c* axis was done before the experiment [27].

Extraction of populations of nuclear spin states.—For $V_{\rm B}^-$ defects, the hyperfine interactions between the central electron spin and the three nearest nitrogen nuclear spins cause each electronic state to split into 7 sublevels. This results in an ODMR peak that consists of 7 subpeaks, separated by a hyperfine value of approximately 47 MHz [8,16]. To analyze the population of the nuclear spin states, the ODMR results are fitted with 7 peaks corresponding to these sublevels. By fitting the ODMR results with 7 subpeaks, we can extract the area of each subpeak, which is proportional to the population of the corresponding nuclear spin state [16,19]. This allows us to determine the nuclear spin polarization in the $V_{\rm B}^-$ system and further analyze the effectiveness of the GSLAC and ESLAC techniques for achieving nuclear spin polarization.

Laser power dependence in ESLAC and GSLAC: A comparative study.—The laser power requirements for the



FIG. 2. (a) A diagram depicting the ODMR of $V_{\rm B}^-$ defects under an external magnetic field aligned with the *c* axis. The bottom and top shaded regions correspond to the magnetic fields of (c),(d) and (e),(f), respectively. (b) The pulse sequence used for pulsed ODMR measurement, featuring crucial parameters labeled accordingly. The laser, microwave, and readout window are arranged from top to bottom, respectively. (c),(d) Pulsed ODMR spectra captured at the magnetic field indicated by the bottom shaded area in (a), with laser powers of 150 (c) and 1.5 mW (d). The ODMR of $m_I = 0$ is highlighted by green shaded areas for easy reference. (e),(f) Pulsed ODMR spectra captured at the magnetic field indicated by the top shaded area in (a), replicating the conditions in (c),(d).

ESLAC and GSLAC methods in achieving nuclear spin polarization can be studied with pulsed ODMR spectra. Pulsed ODMR measurements are conducted at magnetic fields indicated by the shaded areas in Fig. 2(a). The lower and upper shaded fields correspond to the regions near ESLAC and GSLAC, respectively. The implemented measurement sequence is outlined in Fig. 2(b). We define the contrast of pulsed ODMR as $(S_1 - S_2)/(S_1 + S_2)$.

Pulsed ODMR results near the ESLAC region (74.9 mT) are analyzed with two laser powers: 150 mW [Fig. 2(c)] and 1.5 mW [Fig. 2(d)]. We employ the formula,

$$P_{\text{nuclear}} = \left(\sum m_I A_I\right) / \left(3\sum A_I\right),\tag{1}$$

to quantitatively compute the nuclear polarization levels, where m_I is the quantum number of nuclear spin state and A_I is the area of subpeak of m_I nuclear spin state. We observe nuclear polarization levels of 0.0655 ± 0.008 and 0.0343 ± 0.024 for 150 and 1.5 mW, respectively. The relatively lower polarization at 1.5 mW suggests that ESLAC demands high laser power for increasing nuclear spin polarization, even though still in a modest level. In contrast, pulsed ODMR results near the GSLAC region (154.6 mT) are depicted in Figs. 2(e) and 2(f) for laser powers of 150 and 1.5 mW, respectively. Both measurements exhibit high nuclear polarization, with levels of 0.225 ± 0.006 and 0.170 ± 0.023 for 150 and 1.5 mW, respectively. These results underscore the efficiency of GSLAC in achieving substantial nuclear spin polarization in h-BN systems, even at lower excitation laser power, compared to ESLAC. This characteristic renders GSLAC more advantageous for practical applications where low-power operation is desired.

The robustness of GSLAC-assisted nuclear polarization is attributed to the longer residence time in the ground state prior to excitation due to light absorption. The nuclear polarization process entails two steps: initial electron spin polarization through spin-dependent ISC under laser illumination, followed by transfer of this polarization to the nuclear spins. The transfer occurs due to the precession of superposition states, either at the excited states (ESLAC) or the ground states (GSLAC) [19]. A shorter residence time, such as the excited state lifetime of about 1.258 ns at room temperature (refer to [27]), restricts the duration for the flipflop process to occur. This results in the system rapidly reverting to the ground state, thus curtailing the nuclear polarization level achievable at low pump power.

Optimization of nuclear polarization.—To identify the magnetic field range that yields the highest nuclear polarization level, we assessed the nuclear polarization levels over a magnetic field range spanning from 25 to 200 mT. This span encapsulates both the ESLAC and GSLAC regions. It is important to note that the data corresponding to the precise GSLAC point, occurring around 133 mT in Fig. 3, could not be obtained from ODMR spectra due to significant spin state mixing. To accelerate the measurements and obtain reliable estimates for nuclear polarization levels, we opted for continuous wave (cw) ODMR, which provides superior signal-to-noise ratio. It should be stressed that, within the ESLAC region, cw ODMR enables greater nuclear polarization levels compared to pulsed ODMR, because of the higher average laser power.



FIG. 3. The degree of nuclear spin polarization obtained from CW ODMR spectra is plotted against magnetic field in the range of 28 to 200 mT. The experimental results are represented by dots, while theoretical results are presented using curves. Laser power used in experiments and pump rate used in simulations have been labeled.

The collected data, pertaining to a laser power of 112 mW, are depicted as green dots in Fig. 3. Upon the gradual increment of the magnetic field to 74.9 mT (ESLAC), we observed a peak in the nuclear polarization level. Subsequently, as the magnetic field continued to increase, the polarization level initially decreased, only to start rising again upon entering the GSLAC region. The polarization level exhibits a gradual decline beyond the GSLAC point and this trend persists with further elevation in the magnetic field. The highest nuclear polarization level observed experimentally, 0.262 ± 0.005 , manifests around 141 mT. This magnetic field is the closest measurable point to the GSLAC in our experimental field range.

To estimate the nuclear polarization within the region near the GSLAC (100 to 140 mT), where experimental data could not be obtained, we performed a theoretical simulation. We model the system with a Hamiltonian, consisting of an electronic spin $(V_{\rm B})$ and three adjacent nitrogen nuclear spins [16,27]. The population of each state is extracted after arbitrarily long laser interaction to ensure that a steady state is reached. To get the levels of nuclear polarization at the strong mixing range, we extract the population of each m_I state from the simulation results. The nuclear polarization levels calculated as a function of magnetic field are depicted as a green curve in Fig. 3. In our simulation, the nuclear polarization peaks at a level of 0.311, occurring near a magnetic field strength of 127 mT. The nuclear polarization levels predicted by our simulation align well with our experimental results within the measurable ranges, underscoring the reliability of our model [39].

It is important to note that the observed relatively low nuclear polarization level can be attributed to the unequal hyperfine interaction components, A_{xx} and A_{yy} . These elements contribute to the nondiagonal hyperfine Hamiltonian, which promotes not only zero-quantum transitions but also two-quantum transitions in the vicinity of the level anticrossing [40,41]. Unlike in NV centers, this leads to unprotected highest quantum states in boron vacancies, $|m_s = 0, m_{\text{Itotal}} = +3\rangle$, affecting nuclear polarization. Our simulations, depicted in Fig. S13, support this, showing higher polarization with equal hyperfine components. Future research could beneficially focus on strain engineering as a method to adjust the A_{xx} and A_{yy} hyperfine components, potentially leading to greater polarization levels [27].

Optically detected nuclear magnetic resonance.—The nuclear polarization induced by flip flop can lead to the direct optical readout of nuclear spins. When only zeroquantum transitions are considered $|m_s = 0, m_{I_1,I_2,I_3} = +1, +1, +1\rangle$, gives the largest fluorescence signal in general because it did not go through the flip-flop transition. (any flip of nuclear spins will lead to $|m_s = +1\rangle$, which has different energy level with $|m_s = 0\rangle$, and therefor no mixing is happening). Other states, for instance, $|m_s = 0, m_{I_1,I_2,I_3} = +1, +1, +1\rangle$, which subsequently transits to a dark state



FIG. 4. (a),(b) Pulse sequence of ODNMR measurements for $m_s = 0$ (a) and $m_s = -1$ (b) branches. The laser, rf/MW pulses, and readout window are arranged from top to bottom. rf has a duration of 0.5 µs, while each microwave has a duration corresponding to the π pulse length. (c),(d) ODNMR spectra of $m_s = 0$ (c) and $m_s = -1$ (d) branches at 80 mT. Simulated spectra are shown in the top panels, whereas experimental results are displayed in the bottom panels. Experimental data have been fitted using multiple Lorentz peaks. Inset shows a simplified diagram of the transitions. (e),(f) Magnetic field dependent ODNMR spectra of $m_s = 0$ (e) and $m_s = -1$ (f) branches. Because our diplexer's limited microwave frequency range, the 113 to 134 mT range could not be reached in (f).

via ISC. Therefore, this reduces the fluorescence from such states since it goes through the dark state. This mechanism will allow us to read the nuclear state directly with sequence as shown in Figs. 4(a) and 4(b), an approach as ODNMR. The role of two-quantum transitions on ODNMR is discussed in the Ref. [27].

Figure 4(c) shows an example of ODNMR spectrum for the transitions within spin sublevels for $|m_s = 0\rangle$ at magnetic field of 80 mT. The rf applied will address the transition between two states and therefore reduce the fluorescence if there is a discrepancy in the brightness of the two states, as shown in inset. This leads to a negative value in the ODNMR contrast, which is calculated as (signal – reference)/(signal + reference). Top panel in Fig. 4(c) denotes the transitions as simulated. The simulation result agrees well with the experimental ODNMR spectrum shown in the bottom panel. Similarly, if we apply additional two microwave π pulses, this will allow us to measure the transitions between nuclear spin sublevels for $|m_s = -1\rangle$. Figure 4(d) shows an example for the transitions for spin sublevels of $|m_s = -1\rangle$. The ODNMR signals below 30 MHz in Fig. 4(d) are attributable to the imperfection of the MW π pulse, which leaves a residual population in the $|m_s = 0\rangle$ state.

The full scan of the ODNMR spectrum as a function of magnetic field is shown in Figs. 4(e) and 4(f). From Fig. 4(e), in the range of 100 to 140 mT, one can see that a larger ODNMR contrast can be achieved when we are approaching the GSLAC point at 128 mT and the linewidth of ODNMR transitions gets broader due to stronger mixing. At exactly 128 mT, we observe a sudden drop in the contrast of the ODNMR spectra. This decrease can be attributed to extensive state mixing between $m_s = 0$ and $m_s = -1$, resulting in reduced electron spin polarization [39]. This is corroborated by our simulation results showcased in Fig. S14. Figure 4(d) showcases the ODNMR results for the $m_s = -1$ branch. Similar conclusions to those previously discussed can be drawn from this data: as the magnetic field enters the range of 100 to 113 mT, and 134 to 140 mT, the transitions noticeably broaden, signifying a high degree of state mixing.

Conclusion.-In summary, we have demonstrated a robust approach for polarizing nuclear spins in h-BN, leveraging the ground-state level anticrossing of $V_{\rm B}^-$. Notably, this method can be executed under low-power excitation. The durability of the GSLAC-assisted nuclear polarization is attributable to the extended residence time of ground states in comparison to excited states. Our simulations suggest that an optimized level of nuclear polarization can be attained near a magnetic field strength of 133 mT, where strong state mixing occurs. We emphasize that this GSLAC-assisted nuclear polarization method is broadly applicable and not confined to the specific color center examined in this study. Combined with dynamic decoupling methods to extend the coherence time [42] and the measured coherent rotation of coupled nitrogen nuclear spin results at GSLAC [27], the reliable polarization of nuclear spins in Van der Waals materials has promising implications for quantum sensing technologies and quantum information science, including potential applications in hyperpolarization of samples [43] and quantum registers [44].

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