Dynamics of a Quantum System Interacting with White Non-Gaussian Baths: Poisson Noise Master Equation

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Quantum systems are unavoidably open to their surrounding degrees of freedom. The theory of open quantum systems is thus crucial to understanding the fluctuations, dissipation, and decoherence of a quantum system of interest. Typically, the bath is modeled as an ensemble of harmonic oscillators, which yields Gaussian statistics of the bath influence on the quantum systems. However, there are also phenomena in which the bath consists of two-state systems, spins, or anharmonic oscillators; therefore, the non-Gaussian properties of the bath become important. Nevertheless, a theoretical framework to describe quantum systems under the influence of such non-Gaussian baths is not well established. Here, we develop a theory to describe quantum dissipative systems affected by Poisson noise properties of the bath, because the Lévi-Itô decomposition theorem asserts that Poisson noise is fundamental in describing arbitrary white noise beyond Gaussian properties. We introduce a quantum bath model that allows for the consistent description of dissipative quantum systems. The obtained master equation reveals non-Gaussian bath effects in the white noise regime, and provides an essential step toward describing open quantum dynamics under the influence of generic baths.

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Introduction.—In principle, quantum systems cannot be regarded as isolated systems because they are unavoidably in contact with their outside world; hence, their quantum natures are sometimes sustained and sometimes destroyed. Especially in condensed matter systems such as solids and complex molecules, quantum systems are affected by numerous dynamic degrees of freedom. The balance between robustness and fragility of the quantum natures may dramatically alter the properties and dynamical behaviors of these systems. Therefore, it is crucial to investigate the impact of ambient degrees of freedom on quantum systems in various research fields, ranging from condensed matter physics [1,2] to quantum biophysics [3– 6]. Quantum information science, which has been making remarkable progress in recent years, is no exception [7-13]. In quantum information science, it is crucial to elucidate and eradicate noise sources to achieve long quantum coherence times, which is necessary for practical applications in quantum computing, communications, and sensing.

In the literature of such investigations, the surrounding degrees of freedom affecting a quantum system under study are referred to as *bath* or *environment*. Typically, the bath has been modeled as an ensemble of harmonic oscillators, namely a boson bath [14], which introduces Gaussian fluctuations and dissipation into the quantum system. However, these Gaussian baths cannot characterize noise sources, such as the shot noise in mesoscopic conductors [15,16] and radiation pressure inside optomechanical systems [17]. It is also believed that one of the primary sources

of decoherence in solid-state quantum devices could be two-state fluctuators, which represent the ambient microscopic degrees of freedom [18–21]. There is significant interest in utilizing dissipative qubits to model and implement tunable baths [22–27], with possible applications to dissipative quantum state engineering [10,26]. Moreover, anharmonicity in lattice vibrations has been argued to increase charge carrier lifetimes in the lead halide perovskite materials [28]. However, a theoretical framework describing the dynamics of quantum systems under the influence of such non-Gaussian baths is not well established [29–35].

To develop a theory to describe the impact of a non-Gaussian bath on a quantum system, we address the Lévi-Itô decomposition theorem of stochastic processes [36–38]. This theorem states that any white noise, in which the noise correlation time is negligibly short, decomposes into Gaussian white noise and a sum of Poisson white noises. Therefore, describing quantum dissipative systems under the influence of Poisson noise facilitates the investigation of the effect of generic baths with arbitrary white noise properties.

In this Letter, we develop a theory to describe quantum dissipative systems affected by Poisson noise and discuss the physical properties of the resulting Poisson bath master equation. To explore the noise properties of the bath, past studies have primarily focused on cases where the bath is modeled as a classical stochastic noise source [39–46]. On the other hand, we start with a quantum mechanical

modeling of the bath using dissipative two-level systems. It is worth pointing out that our setup is relevant to physical situations of two-state fluctuators [18–21] and engineered baths [22–27]. We demonstrate that the property of the constructed bath model is consistent with the Poisson noise statistics when the bath correlation time is short and the bath interacts with the quantum system strongly but discretely. We then derive an equation of motion to describe the time evolution of a quantum system coupled to the constructed Poisson bath. The statistical differences between the Poisson and Gaussian baths are captured in the emission and absorption rates. The rates of the obtained Poisson noise master equation saturate as the system-bath coupling increases, whereas those of the Gaussian noise master equation depend quadratically on the coupling. These differences are illustrated by considering a Dicke superradiance model, which describes a collective coupling between identical two-level systems and a bath [47].

System-bath model.—We consider a situation where a general system is coupled to a bath whose inverse temperature is β . The time evolution of the entire system is described by the Liouville equation,

$$\partial_t \rho_{\rm SB}(t) = \mathcal{L} \rho_{\rm SB}(t), \tag{1}$$

where $\mathcal{L} = \mathcal{L}_{\rm S} + \mathcal{L}_{\rm B} + \mathcal{L}_{\rm int}$ is the Liouville superoperator defined by $\mathcal{L}_{\rm S} \bullet = -i[H_{\rm S}, \bullet]$ and $\mathcal{L}_{\rm int} \bullet = -i[H_{\rm int}, \bullet]$ describes the effect of unitary time evolution according to the system Hamiltonian $H_{\rm S}$ and interaction Hamiltonian $H_{\rm int}$, respectively (we set $\hbar = 1$). In the standard approach [48], \mathcal{L}_{B} is defined as $-i[H_{B}, \bullet]$, where H_{B} is the bath Hamiltonian. We could instead consider a nonunitary time evolution modeled by the Gorini-Kossakowski-Sudarshan-Lindblad (GKSL) master equation $\mathcal{L}_{B} \bullet = -i[H_{B}, \bullet] + \mathcal{D}[\bullet]$ [49–51]. Here, \mathcal{D} is the dissipator that causes *B* to approach the Gibbs state $\rho_{B}^{eq} = \exp(-\beta H_{B})/\operatorname{Tr}[\exp(-\beta H_{B})]$ in the long-time limit, i.e., $\mathcal{L}_{B}\rho_{B}^{eq} = 0$. For example, see Eq. (6). In the first approach, the size of the bath is typically assumed to be sufficiently large to avoid recurrence and describe dissipation of the system. In the second approach, the system interacts with a few bath modes denoted by *B*, and the rest of the bath modes are modeled explicitly to induce dissipation via the dissipator.

Nakajima-Zwanzig projection operator method.—In what follows, we obtain the equation of motion for the reduced density operator of the system, $\rho_{\rm S}(t) = {\rm Tr}_{\rm B}[\rho_{\rm SB}(t)]$. To proceed, we introduce the projection operator to the bath Gibbs state, $\mathcal{P} = \rho_{\rm B}^{\rm eq} {\rm Tr}_{\rm B}$ [52,53]. We also introduce the orthogonal complement, $\mathcal{Q} = 1 - \mathcal{P}$. The conventional projection operator method considers the case of $\mathcal{D} = 0$; however, it can be directly generalized to a case of $\mathcal{D} \neq 0$ as follows.

We assume that the initial state is given by a product state and the bath is initially in the Gibbs state, $\rho_{\rm SB}(0) = \rho_{\rm S}(0) \otimes \rho_{\rm B}^{\rm eq}$. Additionally, we assume that ${\rm Tr}_{\rm B}[H_{\rm int}\rho_{\rm B}^{\rm eq}]=0$, which can always be satisfied by modifying the Hamiltonian appropriately. The time evolution equation for the reduced density operator $\rho_{\rm S}(t)$ is obtained as follows:

$$\partial_t \rho_{\rm S}(t) = \mathcal{L}_{\rm S} \rho_{\rm S}(t) + \int_0^t du {\rm Tr}_{\rm B} \left[\mathcal{L}_{\rm int} e^{\mathcal{Q} \mathcal{L} \mathcal{Q} u} \mathcal{Q} \mathcal{L}_{\rm int} \rho_{\rm B}^{\rm eq} \right] \rho_{\rm S}(t-u).$$
(2)

The interaction Hamiltonian can be written as $H_{\text{int}} = \sum_k S^k \otimes B^k$, where S^k and B^k are the system and bath operators, respectively. Additionally, we use the left-right superoperator notation $A_+\rho \coloneqq A\rho$ and $A_-\rho \coloneqq \rho A$, and write the Liouville superoperator as $\mathcal{L}_{\text{int}} = \sum_{l=\pm,k} (-i)^l S_l^k B_l^k$.

We then move to the interaction picture defined by $\rho_{\rm S}^{\rm I}(t) = e^{-\mathcal{L}_{\rm S}t}\rho_{\rm S}(t)$ and $S(t) = e^{-\mathcal{L}_{\rm S}t}Se^{\mathcal{L}_{\rm S}t}$ for system operators, and expand Eq. (2) to infinite orders of coupling [48] to obtain

$$\dot{\rho}_{\rm S}^{\rm I}(t) = \sum_{n=1}^{\infty} \int_0^t du_1 \cdots \int_0^{u_{n-1}} du_n \sum_{\vec{l},\vec{k}} \prod_{j=1}^{n+1} (-i)^{l_j} \chi_{n+1}^{\vec{l},\vec{k}}(u_1, u_2, \dots, u_n, 0) \\ \times S_{l_1}^{k_1}(t) S_{l_2}^{k_2}(t - u_1 + u_2) \cdots S_{l_n}^{k_n}(t - u_1 + u_n) S_{l_{n+1}}^{k_{n+1}}(t - u_1) \rho_{\rm S}^{\rm I}(t - u_1),$$
(3)

where $\chi_n^{\vec{l},\vec{k}}(t_1,...,t_n)$ defines the *n*-point bath correlation function with $t_1 \ge \cdots \ge t_n$ as

$$\chi_{n}^{\vec{l},\vec{k}}(t_{1},...,t_{n}) = \operatorname{Tr}_{B} \left[B_{l_{1}}^{k_{1}} e^{\mathcal{L}_{B}(t_{1}-t_{2})} \mathcal{Q} B_{l_{2}}^{k_{2}} e^{\mathcal{L}_{B}(t_{2}-t_{3})} \mathcal{Q} B_{l_{3}}^{k_{3}} \cdots e^{\mathcal{L}_{B}(t_{n-1}-t_{n})} \mathcal{Q} B_{l_{n}}^{k_{n}} \rho_{B}^{eq} \right].$$
(4)

The mathematical structures of Eqs. (3) and (4) serve as a starting point to analyze and classify the influence of non-Gaussian baths on the system. What should be noted here is that the effect of general baths on the reduced dynamics of the system is fully captured by the *n*-point bath correlation functions, as shown in Eq. (3). Consequently, the systems of two different system-bath models with the same *n*-point bath correlation functions exhibit equivalent reduced dynamics, although their bath properties $\mathcal{L}_{\rm B}$ and B^k may differ.

Random telegraph noise bath model.—We construct an explicit non-Gaussian bath model. In doing so, we view the bath as a quantum noise source and use the properties of random telegraph noise and Poisson white noise, which are renowned examples of non-Gaussian noise. Random telegraph noise takes two values that randomly switch from one to another based on the jump rates [54]. As discussed in Ref. [55], the random telegraph noise converges to Poisson white noise defined by $\xi(t) = \sum_{i}^{n(t)} b_i \delta(t - t_i)$ in the appropriate limit. The probability of having *n* random time points t_i is given by the Poisson distribution $(\gamma t)^n e^{-\gamma t}/n!$, the noise strength b_i may take random values at each time point following the distribution p(b), and γ is the average noise rate. Poisson white noise converges to Gaussian white noise in the limit where the noise intensity is weak $b \to 0$ and noise occurs continuously $\gamma \to \infty$ at constant γb^2 .

Modeling the bath as a classical noise source that fluctuates the system Hamiltonian parameters (e.g., the system frequency) has been investigated [39–46]. On the other hand, we describe dissipation associated with the random telegraph noise by assuming that B is modeled by a dissipative 2-qubit system,

$$\mathcal{L}_{\mathrm{B}}\bullet = -i[H_{\mathrm{B}},\bullet] + \sum_{i=1,2} (\Gamma_{i}^{+}\mathcal{D}_{\sigma_{i}^{+}}[\bullet] + \Gamma_{i}^{-}\mathcal{D}_{\sigma_{i}^{-}}[\bullet]), \quad (5)$$

where $H_{\rm B} = \sum_{i=1,2} (\omega_i/2) \sigma_i^z$ is the bath Hamiltonian, Γ_i^{\pm} are the jump rates, and $\mathcal{D}_A[\bullet]$ is the dissipator written as [51]

$$\mathcal{D}_{A}[\bullet] = A \bullet A^{\dagger} - \frac{1}{2} \{ A^{\dagger}A, \bullet \}.$$
(6)

We assume the detailed balance condition $\Gamma_i^-/\Gamma_i^+ = e^{\beta\omega_i}$, which is a sufficient condition for $\mathcal{L}_B \rho_B^{eq} = 0$ to hold. We

choose $S^- = L$, $S^+ = L^{\dagger}$, and $B^{\pm} = \lambda \sigma_1^{\mp} \sigma_2^{\pm}$, where λ is the coupling strength and L is a general (non-Hermitian) system operator. Therefore, the interaction Hamiltonian reads as $H_{\text{int}} = \sum_{k=\pm} S^k B^k = \lambda (L \sigma_1^+ \sigma_2^- + L^{\dagger} \sigma_1^- \sigma_2^+)$. Multiple jump effects.—We first give intuitions on how

Multiple jump effects.—We first give intuitions on how the bath affects the system in the case of $\Gamma_1 = \Gamma_2 \gg \Gamma_i^+$ because this parameter regime is relevant in the Poisson white noise limit. Because Γ_1^- is large, *B* mostly remains in the ground state $|g_1, g_2\rangle$, and the first spin gets excited based on the rate Γ_1^+ . The time-duration τ for *B* to stay in the excited states $|g_1, e_2\rangle$ or $|e_1, g_2\rangle$ follows the probability $p(\tau) \propto e^{-\Gamma_1^-\tau}$, and the system experiences multiple jumps

$$L_{a}^{\dagger} = \langle g_{1}, e_{2} | e^{-i\tau H_{\text{int}}} | e_{1}, g_{2} \rangle = \sum_{n=0}^{\infty} \frac{(-ia)^{2n+1}}{(2n+1)!} (L^{\dagger}L)^{n} L^{\dagger}$$
(7)

and

$$N_a = \langle e_1, g_2 | e^{-i\tau H_{\text{int}}} | e_1, g_2 \rangle - 1 = \sum_{n=1}^{\infty} \frac{(-ia)^{2n}}{(2n)!} (LL^{\dagger})^n \qquad (8)$$

before *B* returns to the ground state. In the above equations, a dimensionless parameter, $a = \lambda \tau$, is introduced.

We can interpret that Γ_1^+ is the average rate of the Poisson noise and its noise strength is given by a, which varies according to the distribution $p(a) \propto e^{-(\Gamma_1^-/\lambda)a}$ of the time duration when the bath is excited. The effect of Poisson noise on the system is indicated by the jump operators L_a^{\dagger} and N_a .

Similarly, when the second spin gets excited according to the rate Γ_2^+ , the system experiences multiple jumps L_a and

$$M_a = \langle g_1, e_2 | e^{-i\tau H_{\text{int}}} | g_1, e_2 \rangle - 1 = \sum_{n=1}^{\infty} \frac{(-ia)^{2n}}{(2n)!} (L^{\dagger}L)^n.$$
(9)

The above expressions indicate that infinite orders of the system-bath coupling strength and all *n*-point bath correlation functions should be considered.

n-point bath correlation function.—We now calculate the *n*-point bath correlation functions. We introduce the notation $\rho_{\rm B}^+ = |g_1, e_2\rangle\langle g_1, e_2|$ and $\rho_{\rm B}^- = |e_1, g_2\rangle\langle e_1, g_2|$. The 2*n*-point correlation functions can be decomposed into a product form

$$\chi_{2n}^{\vec{l},\vec{k}}(t_1,...,t_{2n}) = \prod_{j=1}^{n-1} \operatorname{Tr}_{\mathrm{B}}[B_{l_{2j-1}}^{k_{2j-1}} e^{\mathcal{L}_{\mathrm{B}}(t_{2j-1}-t_{2j})} B_{l_{2j}}^{k_{2j}} e^{\mathcal{L}_{\mathrm{B}}(t_{2j}-t_{2j+1})} \mathcal{Q}\rho_{\mathrm{B}}^{l_{2j+1}k_{2j+1}}] \operatorname{Tr}_{\mathrm{B}}[B_{l_{2n-1}}^{k_{2n-1}} e^{\mathcal{L}_{\mathrm{B}}(t_{2n-1}-t_{2n})} B_{l_{2n}}^{k_{2n}} \rho_{\mathrm{B}}^{\mathrm{eq}}],$$
(10)

where all odd-point correlation functions vanish. In the Supplemental Material [56], we give an explicit expression for each term appearing in Eq. (10).

Poisson white noise limit and the master equation.— Poisson white noise limit is obtained by considering $\Gamma_1 = \Gamma_2 \to \infty$ and $\lambda \to \infty$ while fixing the effective coupling strength $\mu = \lambda / \Gamma_1^-$. Consequently, the 2*n*-point bath correlation functions take the following form:

$$\chi_{2n}^{\vec{l},\vec{k}} = \begin{cases} \frac{1}{2}\Gamma_1^+ (2\mu)^{2n} \prod_{j=1}^{2n-1} \delta(t_j - t_{j+1}) & \text{if } l_{2n}k_{2n} = +\\ \frac{1}{2}\Gamma_2^+ (2\mu)^{2n} \prod_{j=1}^{2n-1} \delta(t_j - t_{j+1}) & \text{if } l_{2n}k_{2n} = -, \end{cases}$$
(11)

where \vec{l} and \vec{k} satisfy the condition of $k_{2i-1} = -k_{2i}$ $(1 \le i \le n)$ and $l_{2j+1}k_{2j+1} = -l_{2j}k_{2j}$ $(1 \le j \le n-1)$; otherwise, $\chi_{2n}^{\vec{l},\vec{k}}$ vanishes.

Substituting Eq. (11) into Eq. (3) yields the following master equation as the Poisson white noise limit of the bath:

$$\partial_t \rho_{\rm S} = -i[H_{\rm S}, \rho_{\rm S}] + \int_0^\infty dap(a) \left[\Gamma_2^+(\mathcal{D}_{L_a}[\rho_{\rm S}] + \mathcal{D}_{M_a}[\rho_{\rm S}]) + \Gamma_1^+(\mathcal{D}_{L_a^+}[\rho_{\rm S}] + \mathcal{D}_{N_a}[\rho_{\rm S}]) \right],$$
(12)

where Γ_1^+ and Γ_2^+ are the noise rates; *a* is the noise strength that varies according to the probability $p(a) = \mu^{-1} e^{-a/\mu}$; μ is the effective coupling strength; and L_a^{\dagger} , N_a , M_a are the jump operators defined by Eqs. (7)–(9), respectively. For details, see Section *Multiple jump effects* for their physical intuitions.

For a Hermitian system coupling operator, i.e., $L = L^{\dagger} = X$, the obtained master equation (12) reads as $\partial_t \rho_S = -i[H_S, \rho_S] + (\Gamma_1^+ + \Gamma_2^+) \int_0^\infty da \, p(a)(\sin aX\rho_S \sin aX + \cos aX \rho_S \cos aX - \rho_S)$, which is consistent with the classical noise master equation [44].

The Gaussian noise limit considers the noise occurring continuously but weakly, i.e., $\Gamma_i^+ \to \infty$ and $\mu \to 0$, by fixing $\mu^2 \Gamma_i^+$. In this limit, Eq. (12) reads as

$$\partial_t \rho_{\rm S} = -i[H_{\rm S}, \rho_{\rm S}] + 2\mu^2 \Gamma_2^+ \mathcal{D}_L[\rho_{\rm S}] + 2\mu^2 \Gamma_1^+ \mathcal{D}_{L^{\dagger}}[\rho_{\rm S}], \quad (13)$$

which is consistent with the conventional weak-coupling GKSL master equation [51].

Note that the Markov approximation requires that the bath correlation time $\tau_{\rm B}$ is much smaller than the system relaxation time $\tau_{\rm R}$ [51]. For the Gaussian noise master equation (13), we have $\tau_{\rm B} = 1/\Gamma_1^- \ll \tau_{\rm R} = 1/\lambda$ because $\mu \ll 1$. For the Poisson noise master equation (12), $\tau_{\rm R}$ is given by the timescale in which the Poisson noise occurs. Therefore, the condition $\tau_{\rm B} = 1/\Gamma_1^- \ll \tau_{\rm R} = 1/\Gamma_i^+$ is valid although λ and Γ_1^- are generically of the same order.

Example: Collective system-bath coupling.—Suppose that the system is given by *N* two-level systems with the Hamiltonian $H_{\rm S} = (\omega/2) \sum_i \sigma_i^z$. When the system collectively couples with the bath such that the system coupling operator is $L = \sum_i \sigma_i^-$, its effective decay rate is enhanced by a factor *N*, which is termed as superradiance [47]. However, the Poisson noise master equation has a different scaling for the effective decay rate.

We first calculate the time evolution of the system, which is plotted in Fig. 1. This figure demonstrates that the Poisson noise master equation (12) is valid when $\Gamma_i^+ \ll$ $\Gamma_1^-, \Gamma_2^-, \lambda$ while fixing $\mu = \lambda/\Gamma_1^-$. By setting $\omega = \omega_1 - \omega_2$, the rates satisfy $\Gamma_2^+/\Gamma_1^+ = e^{\beta\omega}$, and the detailed balance condition is satisfied. See Fig. 1 [57].

Next, we assume $\Gamma_1^+ = 0$ for simplicity and discuss the spontaneous decay to the ground state. The effective decay



FIG. 1. Plot of the ground state probability as a function of time for the collective system-bath coupling model. The black dotted curve is obtained from the Poisson noise master equation, Eq. (12). Dashed gray line is calculated by using the Gibbs state with inverse temperature β , i.e., $\rho_{\rm S}^{\rm eq} = e^{-\beta H_{\rm S}}/\text{Tr}[e^{-\beta H_{\rm S}}]$. The solid curves are obtained by directly solving Eq. (1) for different values of $\Gamma_1^- = \Gamma_2^-$ and $\lambda = \mu \Gamma_1^-$. The figure shows that as Γ_1^- increases, the condition $\Gamma_i^+ \ll \Gamma_1^-, \lambda$ is better satisfied and converges to the result calculated by Eq. (12). The initial state is given by the ground state, and the parameters are N = 6, $\mu = 2.0$, $\beta = 1.5$, $\omega = \omega_1 - \omega_2 = 1$, $\Gamma_2^+ = 1$.

rate Γ_{eff} , or the transition rate, from the first excited Dicke state [47] $|D_{N,1}\rangle = (|e, g, ..., g\rangle + \text{all permutations})/\sqrt{N}$ to the ground state $|0\rangle = |g, ..., g\rangle$ reads as

$$\Gamma_{\rm eff} = \Gamma_2^+ \int_0^\infty da \, p(a) |\langle 0|L_a|D_{N,1}\rangle|^2 = \frac{2\Gamma_2^+ \mu^2 N}{1 + 4\mu^2 N}.$$
 (14)

In the Gaussian noise limit $\mu \ll 1$, the effective decay rate is given by $2\Gamma_2^+\mu^2 N$, which reproduces the conventional O(N) enhancement of the decay rate. On the other hand, when N or μ become sufficiently large, i.e., $\mu^2 N \gg 1$, the effective decay rate converges to $\Gamma_2^+/2$, and the scaling is



FIG. 2. Plot of the effective decay rate $\Gamma_{\rm eff}/\Gamma_2^+$ [Eq. (14)], as a function of $\mu^2 N$, where N is the number of two-level systems and μ is the effective coupling strength. The red curve is obtained using the Poisson noise master equation (12), which converges to the rate $\Gamma_{\rm eff} = \Gamma_2^+/2 = O(1)$ in large N, where Γ_2^+ is the average rate of the Poisson noise. Gaussian noise limit corresponds to $\mu \ll 1$ and agrees with the O(N) scaling of the effective decay rate for the conventional Gaussian noise master equation (13) analysis, plotted as the black dashed line.

O(1) for the Poisson noise. These distinct scaling behaviors are plotted in Fig. 2, and their physical origins can be understood from the bath noise properties. The system decay timescale cannot surpass the average rate Γ_2^+ of Poisson noise. On the other hand, Gaussian noise occurs continuously, and its noise strength depends quadratically on the enhanced system-bath coupling (= $\mu^2 N$).

Conclusions.—We have derived a Markovian quantum master equation in which the non-Gaussian bath exhibits Poisson noise properties. We showed that the system experiences multiple nonlinear jumps in terms of the system-bath interaction Hamiltonian, whereas the jump operators are linear in the conventional weak-coupling master equation. For the application, we considered a collective coupling between the bath and N two-level systems. We revealed that the effective decay rate saturates as O(1) for the Poisson noise master equation, whereas it scales as O(N) for the conventional case. This result demonstrates that the difference in the bath statistics drastically alters the dissipative properties of quantum systems.

Our results not only develop a non-Gaussian bath theory in the white noise regime, but also provide an essential step toward establishing a general theory of open quantum dynamics under the influence of generic baths beyond Gaussian properties. Further elucidation and characterization of the dissipation and decoherence induced by non-Gaussian baths are crucial to develop a formalism that can describe the effect of two-level defect baths on the system in solid-state quantum devices [18–21], to design dissipative quantum state engineering [10,26], and to comprehend the transport properties in high-performance photovoltaic and optoelectronic devices. Understanding the role of non-Gaussian bath statistics is anticipated to lead to remarkable progress in such multidisciplinary research fields that span from quantum science to materials science.

As one of the challenging but important future directions, we point out that developing a method to calculate *n*point bath correlation functions for various bath models allows one to study the influence of non-Gaussian baths on the system based on Eq. (3). Moreover, it is also challenging but worth further investigation to develop a numerical technique to efficiently calculate Eq. (3) by extending the techniques developed for Gaussian baths, for example, the pseudomode method [58–61], reaction-coordinate mapping method [62–64], and mesoscopic leads approach combined with tensor-network techniques [65].

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