Absence of Barren Plateaus in Finite Local-Depth Circuits with Long-Range Entanglement

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Ground state preparation is classically intractable for general Hamiltonians. On quantum devices, shallow parametrized circuits can be effectively trained to obtain short-range entangled states under the paradigm of variational quantum eigensolver, while deep circuits are generally untrainable due to the barren plateau phenomenon. In this Letter, we give a general lower bound on the variance of circuit gradients for arbitrary quantum circuits composed of local 2-designs. Based on our unified framework, we prove the absence of barren plateaus in training finite local-depth circuits (FLDC) for the ground states of local Hamiltonians. FLDCs are allowed to be deep in the conventional circuit depth to generate long-range entangled ground states, such as topologically ordered states, but their local depths are finite, i.e., there is only a finite number of gates acting on individual qubits. This characteristic sets FLDC apart from shallow circuits: FLDC in general cannot be classically simulated to estimate local observables efficiently by existing tensor network methods in two and higher dimensions. We validate our analytical results with extensive numerical simulations and demonstrate the effectiveness of variational training using the generalized toric code model.

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Introduction.-Predicting the ground state properties of a quantum many-body system, as a central task in modern quantum physics, generally requires exponential resources for classical computers due to the curse of dimensionality: the number of parameters needed to describe a quantum system scales exponentially with the system size. Although some successful classical algorithms have been developed in past decades [1-5] such as tensor networks [3-5], their respective limitations restrict the performance on general systems [5-8]. Quantum computers bring new hope for this problem of quantum nature [9]. Despite the limitation posed by noisy intermediate-scale quantum (NISQ) devices [10], there are many tentative quantum algorithms proposed. One of the representatives is the variational quantum eigensolver (VQE) [11–17], which trains a parametrized quantum circuit (PQC) using a classical optimizer to minimize the energy. This hybrid quantum-classical paradigm is expected as one of the most promising routes toward practical quantum advantage [18,19] in the NISQ era.

However, these variational quantum algorithms including VQE still face great challenges for large-scale applications. One of the most notorious issues is the so-called barren plateau phenomenon [20], which states that the circuit gradient vanishes exponentially with the system size under certain conditions, akin to the vanishing gradient issue in classical neural networks. The exponentially vanishing gradient will preclude the optimization progress and lead to the exponential measurement complexity. Extensive studies have been conducted to investigate barren plateau problems and possible remedies [21–49]. It is known that shallow circuits of finite or logarithmic depth are free from barren plateaus and can be trained efficiently for local Hamiltonians to obtain short-range entangled (SRE) states, while deep circuits of linear depth and beyond are in general untrainable [29,30]. By contrast, many quantum states of physical interest exhibit long-range entanglement [50–54], such as topologically ordered states, which cannot be prepared by circuits of less than linear depth [55–58]. Nevertheless, some evidence suggests that circuits corresponding to these long-range entangled (LRE) states possess characteristic architectures, such as sequential structures [57–64], for the sake of the entanglement area law. This observation motivates us to rigorously explore the general relationship between barren plateaus, area law, and long-range entanglement.

In this Letter, we identify the critical role of the local depth as a key circuit feature that determines the trainability of PQCs. The local depth refers to the number of noncommuting gates acting on individual qubits, as illustrated in Fig. 1(a), in contrast to the conventional global depth defined by the minimum number of layers. This finding is based on our rigorously proved theorems, which establish a general lower bound on the gradient variance for arbitrary circuits composed of local 2-designs. The lower bound decays exponentially with the length and width of a certain set of paths on the circuit. For finite (or logarithmic) local-depth circuits and local Hamiltonians, the length and width can be upper bounded and hence give rise to the absence of barren plateaus. These finite local-depth circuits (FLDC) have strong expressibility to generate LRE states lacking in



FIG. 1. (a) and (b) Typical examples of finite local-depth circuits on 1D and 2D lattices, respectively. Darker colors in (b) indicate later action orders. (c) Compares the class of finite depth circuit (FDC), FLDC, and general linear depth circuit (GLDC) in terms of whether they are in general free from barren plateaus (BP), preserve entanglement area law, generate long-range entanglement (LRE), and can be simulated efficiently to compute local observable expectations by known classical methods (classicality). The inclusion relation is FDC \subset FLDC \subset GLDC.

shallow circuits and are hard to simulate classically in two dimensions and above. This suggests that FLDC holds promise to serve as an appropriate class of ansatzes in VQE, as listed in Fig. 1(c). The absence of barren plateaus in FLDC is verified by numerical evaluations. Using the generalized 2D toric code model, we demonstrate that FLDC indeed has prominently better performance than both finite depth circuits and general linear depth circuits.

Basic setup.-We start from the basic setup of VQE. The PQC can be written as $\mathbf{U}(\boldsymbol{\theta}) = \prod_{\mu=1}^{M} U_{\mu}(\theta_{\mu})$, where $U_{\mu}(heta_{\mu})=e^{-i\Omega_{\mu} heta_{\mu}}$ is a rotation gate, Ω_{μ} is a Pauli-string generator and θ_{μ} is a trainable parameter. The index μ follows the decreasing order from left to right in the product (the same below). For a given Hamiltonian H, the energy expectation $C(\boldsymbol{\theta}) = \langle H \rangle = \operatorname{tr}(\rho_0 \mathbf{U}^{\dagger} H \mathbf{U})$ is taken as the cost function, where $\rho_0 = |\mathbf{0}\rangle \langle \mathbf{0}|$ and $|\mathbf{0}\rangle = |\mathbf{0}\rangle^{\otimes N}$. N is the number of qubits. We denote the Pauli decomposition of the Hamiltonian as $H = \sum_{i} \lambda_{i} h_{i}$ and assume the support of H is within that of U. The workflow of VQE involves running the PQC, measuring the cost function, and updating the trainable parameters iteratively using classical optimizers to minimize the cost function. In particular, the parameters are usually initialized randomly to thoroughly explore the parameter space in a probabilistic sense, rendering the PQC a random quantum circuit (RQC). A common assumption on RQCs is that the circuit is composed of blocks forming independent local 2-designs. Here a block refers to a grouped continuous series of gates, which can be seen as the elementary unit when we construct a PQC. Grouping the M gates into M' blocks,



FIG. 2. (a) A possible choice of path set $P_j = \{p_1, p_2\}$ on a general linear depth circuit. (b) Depicts a path set on a finite local-depth circuit correspondingly. The length of the path set in (a) grows linearly with the system size while that in (b) is bounded by the constant local depth.

the PQC can be rewritten as $\mathbf{U} = \prod_{k=1}^{M'} B_k$. The assumption of local 2-designs will induce an ensemble of the entire circuit **U**, which we denote as \mathbb{U} . Many statistical properties of RQCs can be analytically estimated based on \mathbb{U} , including the average and variance of the cost derivative $\partial_{\mu}C = (\partial C/\partial \theta_{\mu})$. We provide preliminaries on unitary designs and the Weingarten calculus and a detailed introduction to our basic setup in Supplemental Material [65].

General lower bound.-We give an informal version of our general lower bound in Theorem 1 and leave the rigorous statement and proof to Supplemental Material [65]. The bound is closely related to a geometric concept of "path," i.e., a time-ordered sequence of connected blocks on the circuit diagram as depicted in Fig. 2. For each Hamiltonian subterm h_i in the causal cone of the differential block $B_{k(\mu)}$ (the block containing the differential parameter θ_{μ}), one can draw a collection of paths from h_i to ρ_0 , like $\{p_1, p_2\}$ in Fig. 2, with the right end covering h_i and at least one of the paths passing through $B_{k(\mu)}$. We call it a chosen "path set" of h_i . We define two measures of the path set: length and head width. For common circuits composed of 2-qubit blocks, the length is just the number of edges in the path set diagram and the head width is the number of blocks in the path set that are directly connected to ρ_0 . Using these two measures, we can derive the following lower bound on the gradient variance.

Theorem 1 (informal version).—The gradient variance $\operatorname{Var}_{\mathbb{U}}[\partial_{\mu}C]$ can be lower bounded by a summation of contributions from each h_j in the causal cone of U_{μ} , where each contribution decays exponentially only with the length and head width of the chosen path set of h_j .

The lower bound in Theorem 1 holds for any possible choice of path sets. The path set with the minimum length and head width gives rise to the tightest bound. We remark that Theorem 1 holds for any RQCs composed of local 2-designs regardless of circuit shapes, spatial dimensions, and gate locality. Further discussions on Theorem 1 including its consistency with previous literature, alternative initial states, gate generators, the location of the differential gate U_{μ} in $B_{k(\mu)}$, and its extension to a path-integral-like tighter form

and application to other space-time correlators, are elaborated in Supplemental Material [65].

We provide an intuitive physical picture behind Theorem 1. It is known that local quantum information will be scrambled [101–103] when passing through the random gates in an RQC. The more gates it passes through, the more severe the scrambling becomes. If we consider a local term h_j as a piece of information, finding a short path through the RQC will allow effective information transfer, so that adjusting parameters can make an effective difference in the expectation value, resulting in nonvanishing gradients. Conversely, if such a short path does not exist, local information will be scrambled globally, leaving no useful information for optimization.

Finite local-depth circuits.—Before presenting Theorem 2, we first clarify some relevant quantities. The maximum interaction range of a Hamiltonian is the maximum value of the support sizes of all h_i . An *r*-local Hamiltonian means that the maximum interaction range is fixed as r that does not scale with N. The maximum block size β is the maximum value of the support sizes of all blocks in the circuit. The local depth of a qubit is the number of blocks (or gates) acting on the qubit. We use χ to denote the maximum value of the local depths over all qubits, distinguished from the global depth D which refers to the minimum number of layers where blocks within each layer commute with each other. An FLDC is defined as a circuit whose χ does not scale with N, without any other constraints such as circuit shapes, spatial dimensions, and gate locality. Based on Theorem 1, we have the following theorem.

Theorem 2.—Suppose the maximum local depth of U is χ and the maximum block size is β . Then for any *r*-local Hamiltonian, the gradient variance is lower bounded by

$$\operatorname{Var}_{\mathbb{U}}[\partial_{\mu}C] \ge 4^{-r\chi\beta} \sum_{j} 2\lambda_{j}^{2}, \tag{1}$$

where *j* runs over h_j that is nontrivial on the support of the differential block $B_{k(\mu)}$.

Proof.—The detailed proof is left in Supplemental Material [65]. The main idea is choosing the path sets in Theorem 1 to be the straight wires on the support of h_j , and hence the length and head width can be upper bounded in terms of r, χ and β . The contribution from h_j that is trivial on the support of $B_{k(\mu)}$ is just neglected.

Theorem 2 elegantly integrates the factors related to barren plateaus in a concise manner, i.e., the block locality β [20], the Hamiltonian locality r [29,30] and the circuit deepness χ . It is vitally important to note that the relevant quantity characterizing the circuit deepness is the local depth χ , instead of the global depth D. These two depths may coincide [29,30], but they are distinct in general and can differ significantly as in Fig. 1. This implies that the circuit class free from barren plateaus can be enlarged to logarithmic local-depth circuits (Log-LDC), which is a superclass of circuit architectures proven previously, such as finite or logarithmic depth brickwall circuits [29,30], quantum convolutional neural networks (QCNN) [31,41], multiscale entanglement renormalization ansatzes (MERA) [41–44], tree tensor networks [41–44], matrix product states (MPS) [40–44], and high-dimensional isometric tensor network states [47]. We focus on FLDC in this Letter. Log-LDC class involves states beyond the area law, e.g., gapless topologically ordered states, which is also interesting to study in the future.

A significant feature of FLDCs composed of spatially local gates is that the generated quantum states satisfy the entanglement area law (or say boundary law) because the number of gates acting across any simple partition boundary entangling the two sides can be upper bounded by the local depth times the size of the boundary [65]. This feature makes them form a subclass of the projected entangled paired states (PEPS) [3,5] of the corresponding spatial dimension, where the local depth γ plays the role of bond dimension. Note that PEPS can represent LRE states because the nonunitary projectors in PEPS enable quantum teleportation, while FLDC relies on large global depth. Previously proposed circuits of tensor network states [41-44,57,61,62,64,104-107] including sequential quantum circuits [57], isometric tensor network states [47,61,64,108–110], and plaquette PEPS [62], can all be seen as subclasses of FLDC. This implies that FLDC covers a wide range of physical ground states such as string-net states with anyons [64,111] and fracton-ordered states [57].

Nonclassicality of FLDC.—A matter of recent concern is the classical simulability of the tasks with the provable absence of barren plateaus [112]. Previous results that are proven free from barren plateaus mainly focus on finite or logarithmic depth circuits [29–31,41–44], which can be efficiently simulated to compute local observable expectations due to the existence of small causal cones and small tree widths of the corresponding tensor networks [113]. Nevertheless, the causal cone in FLDC can be extensive due to the large global depth, and the loop structures in FLDC of two dimensions and above can lead to polynomially large tree width, rendering FLDC in general hard to simulate classically for local observable expectations (the 1D case has constant tree width and can be efficiently simulated via MPS methods). In fact, even for the subclasses of 2D FLDC such as isometric tensor network states [61,64,108] and plaquette PEPS [62], there is no known efficient method to compute the expectation values of arbitrary local observables with controllable error, not to mention nonlocal observables of interest such as few-body long-distance correlators, nonlocal order parameters, dynamical correlations and so forth. In particular, a recent work [114] rigorously proves that computing local expectation values in isometric tensor networks is BQP complete, i.e., is hard to simulate classically unless BQP = BPP.



FIG. 3. (a) The variance of the derivative vs the system size N in a 1D FLDC instance. The observable is chosen as Z_N . Δk is the distance between the differential block and the last block, proportional to the path length. (b) The variance vs Δk by fixing N = 16. R_{yy} , R_{y1} , and R_{y2} represent the different choices of the differential gate [65].

The same naturally holds true for FLDC because the states generated by FLDC form a superclass of isometric tensor network states.

Therefore, FLDC (or Log-LDC) is a circuit class that is proven to be barren-plateau-free and at the same time generally cannot be efficiently simulated to estimate local observables by existing classical methods. On the contrary, it can be accomplished within polynomial time by running FLDCs on quantum devices and measuring corresponding observables. This suggests that FLDC is potentially relevant to quantum advantage in the ground state preparation task. A detailed discussion and a numerical demonstration of the computational overhead for contracting tensor networks of FDLC are provided in Supplemental Material [65].

Numerical experiments.—FLDC has stronger expressibility than its subclass finite depth circuits (FDC), e.g., brickwall circuits of constant depth [29,30], because FDC can only generate SRE states such as symmetry-protected topological states [115]. FLDCs have less expressibility than its superclass general linear depth circuits (GLDC), e.g., brickwall circuits of linear depth, as typical GLDCs lead to entanglement volume law [28]. But FLDC has better trainability than GLDC. We will compare the variational performance of the three circuit classes to see the advantages and the good trade off between trainability and expressibility brought by FLDC.

To demonstrate the absence of barren plateaus in FLDC, we estimate the cost gradient in a 1D FLDC ansatz with a ladder layout as in Fig. 1(a). The two-qubit block template is chosen as the Cartan decomposition [65]. The Hamiltonian is chosen as a single Pauli Z operator on the last qubit. All the numerical experiments are implemented using TensorCircuit [116]. As depicted in Fig. 3, the gradient variance is almost constant with the system size, while it decays exponentially with the path length Δk . This resembles the phenomenon found in isometric tensor networks recently [40,43,44,47]. However, we clarify that the exponential decay with Δk does not indicate poor trainability in practice, because as long as the gradients of



FIG. 4. VQE performance comparison of the FDC, FLDC, and GLDC ansatzes using the generalized toric code model under the external field $h^z = h^x = h$ with N = 12. The data are averaged over the best half of the 100 training trajectories starting from different initializations. (a) The converged energy E/N vs h. The inset depicts the energy training dynamics at h = 0.1. The dashed lines represent the exact values obtained from ED. The (shaded) error bar represents the standard deviation. (b) The topological entanglement entropy S_{topo} correspondingly.

some circuit parameters do not vanish, the optimization could still proceed successfully.

As an example of training FLDCs for LRE ground states, we use the generalized 2D toric code model under the external field $\mathbf{h} = (h^x, h^y, h^z)$ with open boundary conditions. The ground state near the zero-field limit is topologically ordered and then experiences a quantum phase transition to an SRE state with increasing h [117,118]. The ground state at h = 0 can be constructed by applying the Hadamard and CNOT gates sequentially [56,57], which belongs to the FLDC class. Possible generalization to $h^{z} \neq 0$ has also been proposed [58]. However, unlike in Ref. [58], we will not utilize any prior information about the exact ground state except the entanglement area law. Namely, we choose our ansatz to be an FLDC similar to Fig. 1(b), with each two-qubit block being the general Cartan decomposition. We also conducted the same simulation using typical ansatzes in FDC and GLDC for comparison. As shown in Fig. 4(a), the energies of FLDC almost coincide with the exact values from the exact diagonalization (ED). By contrast, the energies of GLDC severely deviate due to poor trainability. On the other hand, although FDC does not suffer from barren plateaus, it lacks the expressibility to represent LRE states faithfully, so FDC works well in the large field limit but deviates near the zerofield limit. We also show the results of the topological entanglement entropy S_{topo} of these variational states in Fig. 4(b) correspondingly. The technical details and additional numerical results can be found in Supplemental Material [65].

Discussion.—In this Letter, we prove a general lower bound on the gradient variance for arbitrary quantum circuits composed of local 2-designs, which unifies the known gradient scaling behaviors of various architectures. An intuitive physical picture emerges that relates the nonvanishing gradients with the information scrambling in RQCs along certain path sets. We further prove the absence of barren plateaus for local Hamiltonians in a new circuit class-finite local-depth circuits, which can generate LRE states thanks to large global depths. FLDCs composed of spatially local gates preserve the entanglement area law, which makes it form a powerful and accessible subclass of PEPS that covers a wide range of physical ground states. Importantly, FLDC cannot be classically simulated efficiently in two and higher dimensions by the known tensor network methods. We remark that the indication of local depth is also instructive in developing quantum architecture search schemes [119–122]. Finally, we point out that the absence of barren plateaus is a necessary but not sufficient condition for the effectiveness of training. There are other challenging issues such as the local minimum problem [123–125]. Enhancing the VQE performance of FLDCs in more general systems requires further exploration in future studies.

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