

# Observation of Subdiffusive Dynamic Scaling in a Driven and Disordered Bose Gas

Gevorg Martirosyan<sup>1</sup>, Christopher J. Ho<sup>1</sup>, Jiří Etrych<sup>1</sup>, Yansheng Zhang<sup>1</sup>, Alec Cao<sup>1,\*</sup>,  
Zoran Hadzibabic<sup>1</sup>, and Christoph Eigen<sup>1,†</sup>

*Cavendish Laboratory, University of Cambridge, J. J. Thomson Avenue, Cambridge CB3 0HE, United Kingdom*

 (Received 4 May 2023; accepted 5 January 2024; published 11 March 2024)

We explore the dynamics of a tuneable box-trapped Bose gas under strong periodic forcing in the presence of weak disorder. In absence of interparticle interactions, the interplay of the drive and disorder results in an isotropic nonthermal momentum distribution that shows subdiffusive dynamic scaling, with sublinear energy growth and the universal scaling function captured well by a compressed exponential. We explain that this subdiffusion in momentum space can naturally be understood as a random walk in energy space. We also experimentally show that for increasing interaction strength, the gas behavior smoothly crosses over to wave turbulence characterized by a power-law momentum distribution, which opens new possibilities for systematic studies of the interplay of disorder and interactions in driven quantum systems.

DOI: [10.1103/PhysRevLett.132.113401](https://doi.org/10.1103/PhysRevLett.132.113401)

Complex microscopic behavior of both classical and quantum systems can often be characterized by universal statistical properties. While such descriptions are more commonly associated with thermodynamic equilibrium, far-from-equilibrium systems, from kicked rotors and chaotic billiards [1–4] to turbulent fluids [5–7], can also display emergent universal behavior. A fascinating manifestation of this is dynamic scaling, which is akin to the scale invariance of equilibrium systems close to a phase transition, but generalized to scaling in both space and time. Such behavior is known from surface growth [8,9] and both normal and anomalous diffusion [10,11]. Recently, dynamic scaling was observed in a variety of quantum systems and in different scenarios [12–24], including the relaxation of atomic gases [13,14,16,18,21–24] and polariton systems [20], and the buildup of wave turbulence in a driven interacting Bose gas [17]. These experiments provide mounting evidence for the hypothesis that such scaling is generic to far-from-equilibrium quantum systems [25].

Usually interactions are at the heart of the emergent dynamics, but naturally present disorder can also play a crucial role. The study of disorder is a vast field, with highlights including localization and quantum-Hall phenomena in 2D electron gases and quantum wires [26–30], coherent backscattering of acoustic and electromagnetic waves [31,32], and Anderson localization of cold atoms [33,34]. Moreover, the interplay of disorder and interactions

can result in new phenomena such as many-body localization in lattice systems [35–37] and time crystals [38–41].

In this Letter, we explore the dynamics of a 3D box-trapped Bose gas strongly driven in presence of weak

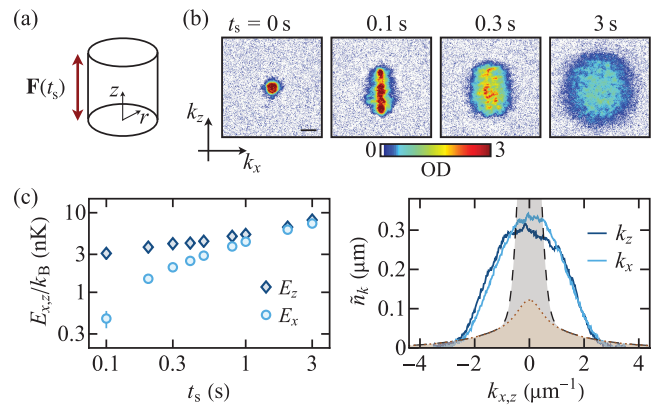


FIG. 1. Noninteracting box-trapped Bose gas driven far from equilibrium. (a) Box geometry and driving force,  $\mathbf{F} = (U_s/L) \cos(\omega_s t_s) \hat{\mathbf{z}}$ , where  $L \approx 50 \mu\text{m}$  is the box length. (b) Time-of-flight images, giving 2D momentum distributions  $n_k(k_x, k_z)$ , for  $N = 3.3 \times 10^5$  atoms in a box of depth  $U_D/k_B = 90 \text{ nK}$ , driven at  $\omega_s/(2\pi) = 10 \text{ Hz}$  with  $U_s/k_B = 10.5 \text{ nK}$ . The scale bar shows  $1 \mu\text{m}^{-1}$  and the optical density (OD) saturates at 3. (c) Energies,  $E_{x,z}$ , and 1D momentum distributions,  $\tilde{n}_k(k_{x,z})$ , obtained by integrating 2D distributions over  $k_z$  or  $k_x$ ; note that  $E_x \approx E_z$  at  $t_s = 0$ . The axial  $E_z$  initially (in  $< 0.1 \text{ s}$ ) rises far above  $E_x$ , but at long  $t_s$  the two energies are almost equal and grow in unison. The long-time momentum distribution is essentially isotropic [ $\tilde{n}_k(k_x) \approx \tilde{n}_k(k_z)$ ], but highly nonthermal. We show  $\tilde{n}_k(k_{x,z})$  for  $t_s = 3 \text{ s}$ , together with the calculated equilibrium distribution for the same energy per particle,  $E/k_B \approx 23 \text{ nK}$  (shaded curve); the experimental distributions show no condensate peak, even though the condensation temperature is  $180 \text{ nK}$  and the equilibrium distribution has 66% condensed fraction (gray) [52].

Published by the American Physical Society under the terms of the [Creative Commons Attribution 4.0 International license](https://creativecommons.org/licenses/by/4.0/). Further distribution of this work must maintain attribution to the author(s) and the published article's title, journal citation, and DOI.

disorder. In absence of interatomic interactions the gas shows subdiffusive dynamic scaling: its energy grows sublinearly with the drive time  $t_s$ , approximately as  $t_s^{0.5}$ , and its momentum distribution at different  $t_s$  is described by a scaling function that is captured well by an isotropic compressed exponential. This behavior is in stark contrast to that expected for a disorder-free noninteracting gas in our cylindrical geometry with forcing along the box axis [see Fig. 1(a)]; in that case the system is effectively 1D and one expects chaotic dynamics with bounded energy growth [42–44]. Our observations can be explained in terms of a random walk in energy space (see Ref. [45] for our detailed theoretical study) and give credence to the proposals that such random walks are a generic feature of thermally isolated driven systems [46–48]. We also experimentally show, by tuning the interaction strength, that the energy-space random walk observed in the noninteracting limit is continuously connected to wave turbulence characterized by a power-law scaling function [17,49–51]. This points to interesting future studies in the regime where the drive, the disorder, and the interactions all play a significant role.

We start with a quasipure  $^{39}\text{K}$  Bose-Einstein condensate (BEC) in the lowest hyperfine state, trapped in a cylindrical optical box [54–56]. The condensate is prepared at a scattering length  $a = 200 a_0$  (where  $a_0$  is the Bohr radius), and we slowly (in 5 s) tune  $a$  to zero by tuning the bias magnetic field to 350.4(1) G [57,58]. For a noninteracting BEC in our box of length  $L \approx 50 \mu\text{m}$  and radius  $R \approx 15 \mu\text{m}$ , the frequency of the lowest-lying axial excitation is (ignoring disorder)  $\omega_z = 3\pi^2 \hbar / (2mL^2) \approx 2\pi \times 1.5 \text{ Hz}$ , where  $m$  is the atom mass, while our variable trap depth  $U_D$  is always larger than  $2\pi \hbar \times 400 \text{ Hz}$ . Weak optical disorder, proportional to the trapping laser power and hence  $U_D$ , is always present in our holographically created trap [54,59,60], but is typically irrelevant in interacting-gas experiments [61]. We inject energy into the system along the box axis  $\mathbf{z}$ , using a spatially uniform time-varying force [49] of magnitude  $F(t_s) = (U_s/L) \cos(\omega_s t_s)$ , with  $\omega_s > \omega_z$  and  $\hbar\omega_z \ll U_s \ll U_D$  (see also [42]). After driving the gas for a variable time  $t_s$ , we probe its momentum distribution using absorption imaging after 50 ms of time-of-flight expansion [53]; this gives line-of-sight integrated 2D distributions  $n_k(\mathbf{k})$ , which we normalize such that  $\int n_k(\mathbf{k}) d\mathbf{k} = 1$ .

In Figs. 1(b) and 1(c) we illustrate our qualitative observations; here  $E_{x,z} = \int \hbar^2 k_{x,z}^2 / (2m) n_k(k_x, k_z) d\mathbf{k}$  and 1D momentum distributions,  $\tilde{n}_k(k_{x,z})$ , are obtained by integrating  $n_k(\mathbf{k})$  over  $k_z$  or  $k_x$ . Initially the dynamics is essentially 1D, with the drive rapidly (in  $< 0.1 \text{ s}$ ) increasing only  $E_z$ . This is what is expected in absence of disorder, in which case the growth of  $E_z$  would be bounded [42]. However, at long times  $E_x \approx E_z$  and the energy keeps growing. The long-time momentum distributions along  $k_x$  and  $k_z$  are nearly identical, but far from thermal; they show no BEC peak even though the energy per particle is far below the equilibrium condensation value.

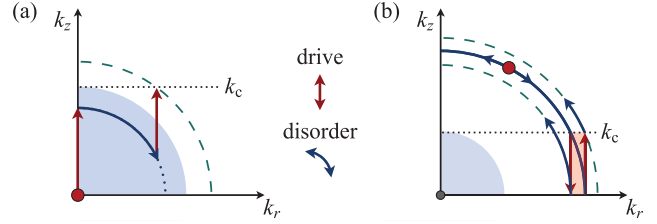


FIG. 2. Semiclassical picture of a driven and disordered noninteracting Bose gas. (a) The drive mixes only states with  $k_z$  values up to some  $k_c$  [42], so in absence of disorder the radial momentum  $k_r$  (in the  $k_x$ - $k_y$  plane) remains zero, and the growth of a particle’s energy is bounded by  $E_c = \hbar^2 k_c^2 / (2m)$ . However, disorder-induced elastic scattering distributes energy into the radial modes, and allows the drive to populate states above  $E_c$  (outside the blue shaded area). (b) This picture implies subdiffusive long-time dynamics, with a sublinear energy growth. Here we consider a particle (red dot) that already has an energy above  $E_c$ , and  $k_z > k_c$ , so it does not interact with the drive. If elastic scattering (solid circle) reduces its  $k_z$  to below  $k_c$ , the particle temporarily interacts with the drive, until another scattering event increases its  $k_z$  above  $k_c$ . The interaction with the drive can either increase or decrease the particle’s energy, as exemplified by the red arrows. The alternation of scattering and driving events thus results in an energy-space random walk, with a characteristic step size  $E_c$ .

In Fig. 2(a) we outline a semiclassical picture of how the interplay of the drive and disorder can lead to isotropic dynamics with unbounded energy growth. The drive mixes only axial modes, with  $k_z$  up to some  $k_c$  [42]. The disorder-induced elastic scattering transfers energy into the radial modes and allows the drive to increase a particle’s energy above  $E_c = \hbar^2 k_c^2 / (2m)$ . Alternating scattering and driving events then lead to an unbounded energy growth.

In Fig. 2(b) we explain why at long times this growth is sublinear, corresponding to subdiffusion in momentum space. Once the average energy per particle,  $E$ , is significantly larger than  $E_c$ , most particles have  $k_z > k_c$  and do not interact with the drive. When a particle is occasionally scattered in and out of the  $k_z < k_c$  space, its temporary interaction with the drive can either increase or decrease its energy (red arrows). This results in an energy-space random walk with a characteristic step size  $E_c$  [45]:

$$\frac{d}{dt_s}(E^2) \propto r(E)E_c^2. \quad (1)$$

The rate  $r$  is energy-dependent, because at any time only a fraction of particles  $\propto \hbar k_c / \sqrt{2mE}$  interacts with the drive, and because the density of states for elastic scattering is  $\propto \sqrt{E}$ . As shown in Ref. [45], this model predicts  $E \propto t_s^\eta$ , with  $2/5 \leq \eta \leq 1/2$  depending on the ratio of the elastic scattering rate and the rate at which the drive mixes  $k_z$  states.

To isolate and quantify the disorder-induced scattering in our system, we prepare an anisotropic  $n_k$  using a short  $t_s$ ,

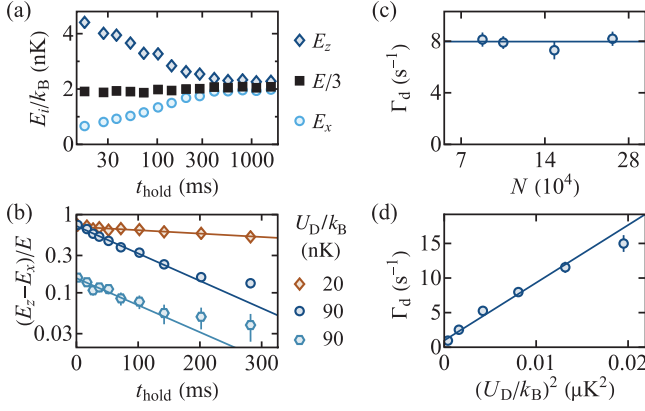


FIG. 3. Disorder-induced cross-dimensional coupling. (a) Here we stop the drive with  $U_s/k_B = 10.5$  nK and  $\omega_s/(2\pi) = 10$  Hz after  $t_s = 0.1$  s [see Fig. 1(b)] and then hold the gas for a variable time  $t_{\text{hold}}$  in a trap with  $U_D/k_B = 90$  nK. The energies  $E_z$  and  $E_x$  both relax toward  $E/3 = (E_z + 2E_x)/3$  (by symmetry  $E_x = E_y$ ). (b) The decay of the anisotropy  $(E_z - E_x)/E$  is initially exponential,  $\propto \exp(-\Gamma_d t_{\text{hold}})$  (solid lines);  $\Gamma_d$  grows with disorder strength ( $\propto U_D$ ) and is independent of the initial anisotropy. (c) As expected for single-particle scattering,  $\Gamma_d$  is independent of the gas density ( $\propto N$ ); here  $U_D/k_B = 90$  nK. (d) Dependence of  $\Gamma_d$  on  $U_D$ . Up to a small offset of  $1 \text{ s}^{-1}$ , the data are captured by our numerical simulations with rms disorder equal to 2% of  $U_D$  (solid line).

stop the drive, and study the subsequent cross-dimensional relaxation for different disorder strengths ( $\propto U_D$ ). In Fig. 3(a) we show an example of how  $E_z$  and  $E_x$  both approach  $E/3$ , and in Fig. 3(b) we show how the anisotropy  $(E_z - E_x)/E$  decays for different  $U_D$ . The initial decay is captured well by an exponential (solid lines), and we use the decay constant  $\Gamma_d$  as a measure of the typical scattering rate [62]. At long times, the anisotropy decay slows down, which we also observe in simulations of the Schrödinger

equation with disorder [42], and attribute to the quantization of states in a finite-size box [63]. In Fig. 3(c) we show that, as expected for single-particle scattering,  $\Gamma_d$  is independent of the particle density.

In Fig. 3(d) we show the dependence of  $\Gamma_d$  on  $U_D$ . The solid line is based on our numerical simulations [42], which give  $\Gamma_d \propto U_D^2$ , as expected from perturbation theory. We match the data well by setting the rms disorder strength to 2% of  $U_D$ , and adding a small offset to  $\Gamma_d$ . The 2% disorder is compatible with  $\approx 1\%$  observed in the bench tests of the optical potentials used for our box trap [60] (see also [59,64]), and also with the measurements with atoms in Ref. [61], where the uniformity of the gas density was confirmed down to energies of a few % of  $U_D$ . In simulations we assume that the disorder is uncorrelated down to a length scale of 800 nm, set by the simulation grid, which is comparable with the expected correlation length of experimental disorder, set by the trap-laser wavelength,  $\lambda = 532$  nm. The small offset in  $\Gamma_d$  could arise from trap-shape imperfections or magnetic-field inhomogeneity.

We now turn to the study of the long-time isotropic dynamics for continuous driving (Fig. 4). Here, we take images along the drive axis  $\mathbf{z}$ , which avoids the small effects of the center-of-mass oscillation [42]. The distribution in the  $k_x$ - $k_y$  plane is always isotropic,  $n_k(k_x, k_y) = n_k(k_r)$ , where  $k_r = (k_x^2 + k_y^2)^{1/2}$ . We normalize  $\int 2\pi k_r n_k(k_r) dk_r = 1$  and define  $E_r = E_x + E_y$ , so  $E_r \approx 2E/3$  for long  $t_s$ .

In Fig. 4(a) we plot  $N(t_s)$  and  $E_r(t_s)$  for  $U_s/k_B = 7.0$  nK,  $\omega_s/(2\pi) = 10$  Hz, and  $\Gamma_d = 8.0 \text{ s}^{-1}$ . At  $t_s \approx 15$  s some atoms reach the momentum-space trap depth  $k_D = \sqrt{2mU_D/\hbar^2} = 3.8 \mu\text{m}^{-1}$ , at which point  $N$  starts dropping and  $E_r$  saturates. Until then,  $N$  is essentially constant [65] and  $E_r$  shows power-law growth,  $E_r \propto t_s^\eta$ , with  $\eta = 0.46(2)$ .

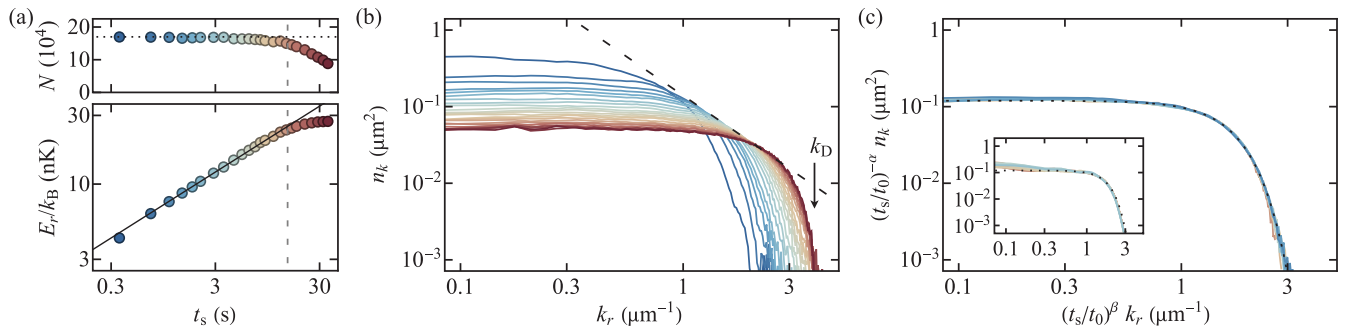


FIG. 4. Subdiffusive dynamic scaling; here,  $U_s/k_B = 7.0$  nK,  $\omega_s/(2\pi) = 10$  Hz, and  $\Gamma_d = 8.0 \text{ s}^{-1}$ . (a) Evolution of the atom number  $N$  and the radial per-particle energy  $E_r$ . For  $t_s \lesssim 15$  s (vertical dashed line),  $N$  is essentially constant [65], while  $E_r \propto t_s^\eta$  with  $\eta = 0.46$  (solid line); at longer  $t_s$  some particles have enough energy to leave the trap, so  $N$  drops and  $E_r$  saturates. (b) Evolution of the radial momentum distribution  $n_k(k_r)$ ; each curve corresponds to a point in (a), and the same color coding. The dashed line,  $\propto k_r^{-2}$ , is tangent to all the self-similar curves, and  $k_D$  is the momentum-space trap depth. (c) For scaling exponents  $\alpha = -0.45$  and  $\beta = -0.23$  (and arbitrarily chosen reference time  $t_0 = 3$  s), the distributions for  $t_s \in [1.1, 14.4]$  s and all  $k_r$  collapse onto a universal curve. The dotted line shows a compressed-exponential fit,  $f_{\text{ce}} \propto \exp[-(k_r/k_0)^\kappa]$ , with  $\kappa = 3.0$  (see text). The inset shows the results of numerical simulations with the same drive, disorder, and scaling parameters (see text and [42]); for comparison with the experiments, the dotted line is the same as in the main panel.

In Fig. 4(b) we show the evolution of  $n_k(k_r)$ . For  $t_s \gtrsim 1$  s the distributions are self-similar, with a well-defined front moving towards the UV until it reaches  $k_D$ ; for  $t_s \gtrsim 15$  s the distribution is essentially stationary.

The fact that  $n_k$  is self-similar for  $1\text{ s} \lesssim t_s \lesssim 15$  s, while  $E_r$  grows algebraically, implies dynamic scaling:

$$n_k(k_r, t_s) = \left(\frac{t_s}{t_0}\right)^\alpha n_k\left(\left(\frac{t_s}{t_0}\right)^\beta k_r, t_0\right), \quad (2)$$

with  $\beta = -\eta/2$ , reflecting the subdiffusive energy growth, and  $\alpha = 2\beta$ , reflecting a particle-conserving transport;  $t_0$  is an arbitrary reference time.

In Fig. 4(c) we show that, for  $t_s \in [1.1, 14.4]$  s and all  $k_r$ , the distributions can be collapsed onto a universal curve, with  $\alpha = -0.45(2)$  and  $\beta = -0.23(1)$  [42]. The calculations in [45] predict such scaling with the 3D momentum distribution captured by a compressed exponential,  $\propto \exp[-(k/k'_0)^{\kappa_{3D}}]$ , with  $\kappa_{3D}$  varying between 4 (for  $\eta = 1/2$ ) and 5 (for  $\eta = 2/5$ ), and  $k'_0 \propto t_s^{1/\kappa_{3D}}$  [66]. We empirically find that  $n_k(k_r)$ , obtained by integrating the 3D distribution along  $k_z$ , is captured by a normalized compressed exponential  $f_{ce} = [\pi k_0^2 \Gamma(1 + 2/\kappa)]^{-1} \exp[-(k_r/k_0)^\kappa]$  with a reduced  $\kappa = 3.0(2)$  [dotted line in Fig. 4(c)] [67]. As shown in the inset of Fig. 4(c), we reproduce our observations in numerical simulations; here we show the results of simulations for  $t_s \in [2.9, 18]$  s, obtained with the same  $U_s$ ,  $\omega_s$ , and  $\Gamma_d$ , and collapsed with the same  $\alpha$ ,  $\beta$ , and  $t_0$  as in the experiments.

Repeating our experiments with various drive and disorder parameters, for  $U_s/k_B \in [3.5, 10.5]$  nK,  $\omega_s/(2\pi) \in [5, 15]$  Hz, and  $\Gamma_d \in [2.5, 15]$  s $^{-1}$ , we robustly observe dynamic scaling with  $\eta = 0.46(2)$ ,  $\alpha = -0.47(4)$ ,  $\beta = -0.24(2)$ , and  $\kappa = 2.9(2)$ . For our parameters,  $\eta$  is indeed expected to be in the broad crossover from  $1/2$  to  $2/5$  [45].

We conclude by pointing to an interesting question for future study: what happens if the drive, the disorder, and the interactions all play a significant role? In the noninteracting ( $a = 0$ ) dynamics observed here, the rate at which energy is absorbed from the drive decays as  $t_s^{\eta-1}$ . On the other hand, in interacting wave-turbulent cascades [17,49–51] this rate is constant and the turbulent steady state is characterized by  $n_k(k_r) \propto k_r^{-\gamma+1}$ , with  $\gamma = 3.3(3)$ . The two types of dynamics are qualitatively different, but are continuously connected by tuning  $a$ , as we illustrate in Fig. 5(a) for one set of drive and disorder parameters, and fixed gas density ( $\propto N$ ). This crossover should be controlled by some dimensionless parameter(s), but from the drive, disorder, and interaction properties, one can construct many candidates. Moreover, further qualitatively different outcomes are possible: for strong-enough interactions, thermalization should be the fastest process, while for strong-enough disorder, localization effects should prevail. Constructing the full dynamical phase diagram for the driven and disordered interacting gas is thus a fascinating challenge. As a first step in

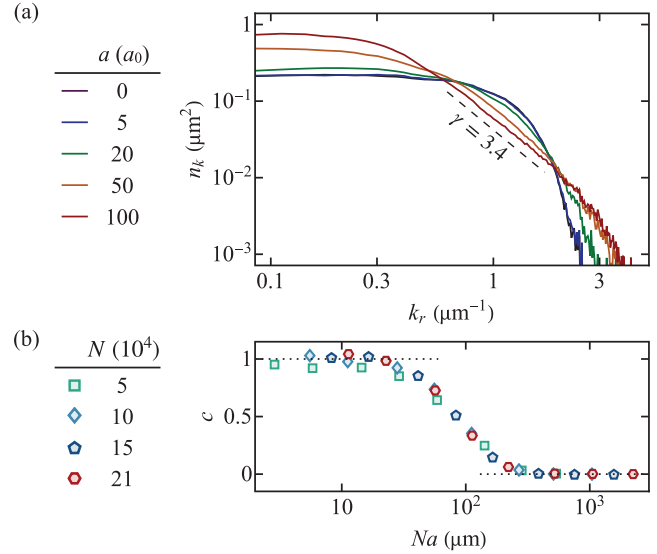


FIG. 5. Crossover from subdiffusion to turbulence, for  $U_s/k_B = 7.0$  nK,  $\omega_s/(2\pi) = 10$  Hz,  $\Gamma_d = 15$  s $^{-1}$ , and  $t_s = 1$  s. (a)  $n_k$  for  $N = 10^5$  atoms and different scattering lengths  $a$ . For subdiffusion,  $n_k$  is captured by a compressed exponential  $f_{ce}$ . For a turbulent cascade,  $n_k \propto k_r^{-\gamma+1}$  (dashed line) for  $k_r \gtrsim 1/\xi$ , where  $\xi$  is the healing length; here,  $1/\xi = 0.6$   $\mu\text{m}^{-1}$  for  $100 a_0$ . (b) We quantify the crossover between the two regimes by fitting  $n_k = c f_{ce}(k_r) + n_0 k_r^{-\gamma+1}$  (with  $\gamma = 3.4$ ) for  $0.6 \mu\text{m}^{-1} < k_r < 2.5 \mu\text{m}^{-1}$ , with  $c$  and  $n_0$  as free parameters. For various  $N$  and  $a$ , the crossover from  $c = 1$  (subdiffusion) to  $c = 0$  (turbulence) depends only on the product  $Na$ .

this direction, in Fig. 5(b) we show that for our parameters the crossover from an energy-space random walk to turbulence depends on the product  $Na$ , which suggests that it can be captured within the mean-field Gross–Pitaevskii framework.

In summary, we have observed subdiffusive dynamic scaling in a noninteracting Bose gas driven far from equilibrium in the presence of weak disorder, which we explain in terms of an energy-space random walk. The tunability of our system opens the possibility to study the interplay of the drive, disorder, and interactions in regimes where they all play a significant role, which we illustrate by showing how the energy-space random walk crosses over to turbulent-cascade dynamics. Our far-from-equilibrium states with low and tuneable energy per particle also provide a novel starting point for studies of equilibration in closed quantum systems [24,25,68].

The data that support the findings of this study are available in the Apollo repository [69].

We thank Nigel R. Cooper, Nir Navon, Maxim Olshanii, and Theo Geisel for discussions, and Robert P. Smith, Jake A. P. Glidden, Lena H. Dogra, Timon A. Hilker, and Samuel J. Garratt for early contributions. This work was

supported by EPSRC [Grants No. EP/N011759/1 and No. EP/P009565/1], ERC (UniFlat), and STFC [Grant No. ST/T006056/1]. A. C. acknowledges support from the NSF Graduate Research Fellowship Program (Grant No. DGE2040434). Z. H. acknowledges support from the Royal Society Wolfson Fellowship. C. E. acknowledges support from Jesus College (Cambridge).

\*Present address: JILA, NIST, and Department of Physics, University of Colorado, Boulder, Colorado 80309, USA.

†Corresponding author: ce330@cam.ac.uk

- [1] S. Fishman, D. R. Grempel, and R. E. Prange, Chaos, quantum recurrences, and Anderson localization, *Phys. Rev. Lett.* **49**, 509 (1982).
- [2] O. Bohigas, M. J. Giannoni, and C. Schmit, Characterization of chaotic quantum spectra and universality of level fluctuation laws, *Phys. Rev. Lett.* **52**, 1 (1984).
- [3] A. J. Lichtenberg and M. A. Lieberman, *Regular and Chaotic Dynamics* (Springer, New York, New York, 1992).
- [4] H.-J. Stöckmann, *Quantum Chaos: An Introduction* (Cambridge University Press, Cambridge, 1999).
- [5] A. N. Kolmogorov, The local structure of turbulence in incompressible viscous fluid for very large Reynolds numbers, *Dokl. Akad. Nauk SSSR* **30**, 299 (1941).
- [6] A. Obukhov, On the distribution of energy in the spectrum of turbulent flow, *Dokl. Akad. Nauk SSSR* **32**, 22 (1941).
- [7] V. E. Zakharov, V. S. L'vov, and G. Falkovich, *Kolmogorov Spectra of Turbulence* (Springer, Berlin, Heidelberg, 1992).
- [8] F. Family and T. Vicsek, Scaling of the active zone in the Eden process on percolation networks and the ballistic deposition model, *J. Phys. A* **18**, L75 (1985).
- [9] M. Kardar, G. Parisi, and Y.-C. Zhang, Dynamic scaling of growing interfaces, *Phys. Rev. Lett.* **56**, 889 (1986).
- [10] M. F. Shlesinger, G. M. Zaslavsky, and J. Klafter, Strange kinetics, *Nature (London)* **363**, 31 (1993).
- [11] R. Metzler and J. Klafter, The random walk's guide to anomalous diffusion: A fractional dynamics approach, *Phys. Rep.* **339**, 1 (2000).
- [12] Y. Sagi, M. Brook, I. Almog, and N. Davidson, Observation of anomalous diffusion and fractional self-similarity in one dimension, *Phys. Rev. Lett.* **108**, 093002 (2012).
- [13] M. Prüfer, P. Kunkel, H. Strobel, S. Lannig, D. Linnemann, C.-M. Schmied, J. Berges, T. Gasenzer, and M. K. Oberthaler, Observation of universal dynamics in a spinor Bose gas far from equilibrium, *Nature (London)* **563**, 217 (2018).
- [14] S. Erne, R. Bücker, T. Gasenzer, J. Berges, and J. Schmiedmayer, Universal dynamics in an isolated one-dimensional Bose gas far from equilibrium, *Nature (London)* **563**, 225 (2018).
- [15] R. Bouganne, M. Bosch Aguilera, A. Ghermaoui, J. Beugnon, and F. Gerbier, Anomalous decay of coherence in a dissipative many-body system, *Nat. Phys.* **16**, 21 (2020).
- [16] J. A. P. Glidden, C. Eigen, L. H. Dogra, T. A. Hilker, R. P. Smith, and Z. Hadzibabic, Bidirectional dynamic scaling in an isolated Bose gas far from equilibrium, *Nat. Phys.* **17**, 457 (2021).
- [17] M. Gałka, P. Christodoulou, M. Gazo, A. Karailiev, N. Dogra, J. Schmitt, and Z. Hadzibabic, Emergence of isotropy and dynamic scaling in 2D wave turbulence in a homogeneous Bose gas, *Phys. Rev. Lett.* **129**, 190402 (2022).
- [18] D. Wei, A. Rubio-Abadal, B. Ye, F. Machado, J. Kemp, K. Srakaew, S. Hollerith, J. Rui, S. Gopalakrishnan, N. Y. Yao, I. Bloch, and J. Zeiher, Quantum gas microscopy of Kardar-Parisi-Zhang superdiffusion, *Science* **376**, 716 (2022).
- [19] M. K. Joshi, F. Kranzl, A. Schuckert, I. Lovas, C. Maier, R. Blatt, M. Knap, and C. F. Roos, Observing emergent hydrodynamics in a long-range quantum magnet, *Science* **376**, 720 (2022).
- [20] Q. Fontaine, D. Squizzato, F. Baboux, I. Amelio, A. Lemaître, M. Morassi, I. Sagnes, L. Le Gratiet, A. Harouri, M. Wouters, I. Carusotto, A. Amo, M. Richard, A. Minguzzi, L. Canet, S. Ravets, and J. Bloch, Kardar-Parisi-Zhang universality in a one-dimensional polariton condensate, *Nature (London)* **608**, 687 (2022).
- [21] A. D. García-Orozco, L. Madeira, M. A. Moreno-Armijos, A. R. Fritsch, P. E. S. Tavares, P. C. M. Castilho, A. Cidrim, G. Roati, and V. S. Bagnato, Universal dynamics of a turbulent superfluid Bose gas, *Phys. Rev. A* **106**, 023314 (2022).
- [22] S. Huh, K. Mukherjee, K. Kwon, J. Seo, S. I. Mistakidis, H. R. Sadeghpour, and J.-Y. Choi, Universality class of a spinor Bose-Einstein condensate far from equilibrium, *Nat. Phys.* (2024).
- [23] S. Lannig, M. Prüfer, Y. Deller, I. Siovitz, J. Dreher, T. Gasenzer, H. Strobel, and M. K. Oberthaler, Observation of two non-thermal fixed points for the same microscopic symmetry, [arXiv:2306.16497](https://arxiv.org/abs/2306.16497).
- [24] M. Gazo, A. Karailiev, T. Satoor, C. Eigen, M. Gałka, and Z. Hadzibabic, Universal coarsening in a homogeneous two-dimensional Bose gas, [arXiv:2312.09248](https://arxiv.org/abs/2312.09248).
- [25] J. Berges, A. Rothkopf, and J. Schmidt, Nonthermal fixed points: Effective weak coupling for strongly correlated systems far from equilibrium, *Phys. Rev. Lett.* **101**, 041603 (2008).
- [26] P. W. Anderson, Absence of diffusion in certain random lattices, *Phys. Rev.* **109**, 1492 (1958).
- [27] K. von Klitzing, The quantized Hall effect, *Rev. Mod. Phys.* **58**, 519 (1986).
- [28] B. L. Altshuler, D. Khmel'nitzkii, A. I. Larkin, and P. A. Lee, Magnetoresistance and Hall effect in a disordered two-dimensional electron gas, *Phys. Rev. B* **22**, 5142 (1980).
- [29] F. Evers and A. D. Mirlin, Anderson transitions, *Rev. Mod. Phys.* **80**, 1355 (2008).
- [30] A. H. Castro Neto, F. Guinea, N. M. R. Peres, K. S. Novoselov, and A. K. Geim, The electronic properties of graphene, *Rev. Mod. Phys.* **81**, 109 (2009).
- [31] *Scattering and Localization of Classical Waves in Random Media*, edited by P. Sheng (World Scientific, Singapore, 1990).
- [32] G. Labeyrie, F. de Tomasi, J.-C. Bernard, C. A. Müller, C. Miniatura, and R. Kaiser, Coherent backscattering of light by cold atoms, *Phys. Rev. Lett.* **83**, 5266 (1999).
- [33] J. Billy, V. Josse, Z. Zuo, A. Bernard, B. Hambrecht, P. Lugan, D. Clément, L. Sanchez-Palencia, P. Bouyer, and A. Aspect, Direct observation of Anderson localization of matter waves in a controlled disorder, *Nature (London)* **453**, 891 (2008).

- [34] G. Roati, C. D’Errico, L. Fallani, M. Fattori, C. Fort, M. Zaccanti, G. Modugno, M. Modugno, and M. Inguscio, Anderson localization of a non-interacting Bose–Einstein condensate, *Nature (London)* **453**, 895 (2008).
- [35] R. Nandkishore and D. A. Huse, Many-body localization and thermalization in quantum statistical mechanics, *Annu. Rev. Condens. Matter Phys.* **6**, 15 (2015).
- [36] M. Schreiber, S. S. Hodgman, P. Bordia, H. P. Lüschen, M. H. Fischer, R. Vosk, E. Altman, U. Schneider, and I. Bloch, Observation of many-body localization of interacting fermions in a quasirandom optical lattice, *Science* **349**, 842 (2015).
- [37] D. A. Abanin, E. Altman, I. Bloch, and M. Serbyn, Colloquium: Many-body localization, thermalization, and entanglement, *Rev. Mod. Phys.* **91**, 021001 (2019).
- [38] J. Zhang, P. W. Hess, A. Kyprianidis, P. Becker, A. Lee, J. Smith, G. Pagano, I.-D. Potirniche, A. C. Potter, A. Vishwanath, N. Y. Yao, and C. Monroe, Observation of a discrete time crystal, *Nature (London)* **543**, 217 (2017).
- [39] S. Choi, J. Choi, R. Landig, G. Kucsko, H. Zhou, J. Isoya, F. Jelezko, S. Onoda, H. Sumiya, V. Khemani, C. von Keyserlingk, N. Y. Yao, E. Demler, and M. D. Lukin, Observation of discrete time-crystalline order in a disordered dipolar many-body system, *Nature (London)* **543**, 221 (2017).
- [40] D. V. Else, C. Monroe, C. Nayak, and N. Y. Yao, Discrete time crystals, *Annu. Rev. Condens. Matter Phys.* **11**, 467 (2020).
- [41] P. Kongkhambut, J. Skulte, L. Mathey, J. Cosme, A. Hemmerich, and H. Keßler, Observation of a continuous time crystal, *Science* **377**, 670 (2022).
- [42] See Supplemental Material at <http://link.aps.org/supplemental/10.1103/PhysRevLett.132.113401> for details on our numerical simulations (Sec. I), the frequency response of our noninteracting gas (Sec. II), the extraction of the dynamic-scaling exponents (Sec. III), and the robustness of the dynamic-scaling behavior (Sec. IV).
- [43] L. E. Reichl and W. A. Lin, Exact quantum model of field-induced resonance overlap, *Phys. Rev. A* **33**, 3598 (1986).
- [44] W. A. Lin and L. E. Reichl, Spectral analysis of quantum-resonance zones, quantum Kolmogorov-Arnold-Moser theorem, and quantum-resonance overlap, *Phys. Rev. A* **37**, 3972 (1988).
- [45] Y. Zhang, G. Martirosyan, C. J. Ho, J. Etrych, C. Eigen, and Z. Hadzibabic, Energy-space random walk in a driven disordered Bose gas, *C. R. Phys.* (2023).
- [46] C. Jarzynski, Energy diffusion in a chaotic adiabatic billiard gas, *Phys. Rev. E* **48**, 4340 (1993).
- [47] G. Bunin, L. D’Alessio, Y. Kafri, and A. Polkovnikov, Universal energy fluctuations in thermally isolated driven systems, *Nat. Phys.* **7**, 913 (2011).
- [48] W. Hodson and C. Jarzynski, Energy diffusion and absorption in chaotic systems with rapid periodic driving, *Phys. Rev. Res.* **3**, 013219 (2021).
- [49] N. Navon, A. L. Gaunt, R. P. Smith, and Z. Hadzibabic, Emergence of a turbulent cascade in a quantum gas, *Nature (London)* **539**, 72 (2016).
- [50] N. Navon, C. Eigen, J. Zhang, R. Lopes, A. L. Gaunt, K. Fujimoto, M. Tsubota, R. P. Smith, and Z. Hadzibabic, Synthetic dissipation and cascade fluxes in a turbulent quantum gas, *Science* **366**, 382 (2019).
- [51] L. H. Dogra, G. Martirosyan, T. A. Hilker, J. A. P. Glidden, J. Etrych, A. Cao, C. Eigen, R. P. Smith, and Z. Hadzibabic, Universal equation of state for wave turbulence in a quantum gas, *Nature (London)* **620**, 521 (2023).
- [52] We convolve the equilibrium Bose distribution with a Gaussian of width  $0.3 \mu\text{m}^{-1}$  (our  $k$ -space resolution [53]).
- [53] Our  $k$ -space resolution, given by the box size and the 50-ms time-of-flight duration, is  $\approx 0.3 \mu\text{m}^{-1}$ .
- [54] A. L. Gaunt, T. F. Schmidutz, I. Gotlibovych, R. P. Smith, and Z. Hadzibabic, Bose–Einstein condensation of atoms in a uniform potential, *Phys. Rev. Lett.* **110**, 200406 (2013).
- [55] C. Eigen, A. L. Gaunt, A. Suleymanzade, N. Navon, Z. Hadzibabic, and R. P. Smith, Observation of weak collapse in a Bose–Einstein condensate, *Phys. Rev. X* **6**, 041058 (2016).
- [56] N. Navon, R. P. Smith, and Z. Hadzibabic, Quantum gases in optical boxes, *Nat. Phys.* **17**, 1334 (2021).
- [57] M. Fattori, G. Roati, B. Deissler, C. D’Errico, M. Zaccanti, M. Jona-Lasinio, L. Santos, M. Inguscio, and G. Modugno, Magnetic dipolar interaction in a Bose–Einstein condensate atomic interferometer, *Phys. Rev. Lett.* **101**, 190405 (2008).
- [58] J. Etrych, G. Martirosyan, A. Cao, J. A. P. Glidden, L. H. Dogra, J. M. Hutson, Z. Hadzibabic, and C. Eigen, Pinpointing Feshbach resonances and testing Efimov universalities in  $^{39}\text{K}$ , *Phys. Rev. Res.* **5**, 013174 (2023).
- [59] A. L. Gaunt and Z. Hadzibabic, Robust digital holography for ultracold atom trapping, *Sci. Rep.* **2**, 721 (2012).
- [60] A. L. Gaunt, Degenerate Bose gases: Tuning interactions & geometry, Ph.D. thesis, University of Cambridge, 2014.
- [61] I. Gotlibovych, T. F. Schmidutz, A. L. Gaunt, N. Navon, R. P. Smith, and Z. Hadzibabic, Observing properties of an interacting homogeneous Bose–Einstein condensate: Heisenberg-limited momentum spread, interaction energy, and free-expansion dynamics, *Phys. Rev. A* **89**, 061604(R) (2014).
- [62] Note that in reality the  $k$ -dependent scattering rate is different for different particles.
- [63] The semiclassical picture in Fig. 2 assumes a continuum of states. In reality, states are quantized and “elastic” scattering is possible only if there is a final state with energy within  $\approx \hbar\Gamma_d$  of the initial one. In our weak disorder,  $\hbar\Gamma_d$  is never much larger than the energy-quantization scale  $\hbar^2\pi^2/(2mL^2) = h \times 0.5 \text{ Hz}$ , so the scattering may not be fully isotropic.
- [64] P. Schroff, A. La Rooij, E. Haller, and S. Kuhr, Accurate holographic light potentials using pixel crosstalk modelling, *Sci. Rep.* **13**, 3252 (2023).
- [65] Without a drive,  $N$  decays very slowly, with a 1-body lifetime of 140 s, due to collisions with the background vapor in the vacuum chamber. On average, these losses do not change  $E$ .
- [66] Also note that for the dynamic scaling of the 3D distribution  $\alpha = 3\beta$ , with the same  $\beta$  as for  $n_k(k_r)$ .
- [67] Integrating a 3D compressed exponential along  $k_z$  does not analytically give another compressed exponential, but this is a good approximation in the experimental  $k$  range.
- [68] I. Chantesana, A. P. Orioli, and T. Gasenzer, Kinetic theory of nonthermal fixed points in a Bose gas, *Phys. Rev. A* **99**, 043620 (2019).
- [69] <https://doi.org/10.17863/CAM.105358>.