Fluid-Glass-Jamming Rheology of Soft Active Brownian Particles

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We numerically study the shear rheology of a binary mixture of soft active Brownian particles, from the fluid to the disordered solid regime. At low shear rates, we find a Newtonian regime, where a Green-Kubo relation with an effective temperature provides the linear viscosity. It is followed by a shear-thinning regime at high shear rates. At high densities, solidification is signaled by the emergence of a finite yield stress. We construct a "fluid-glass-jamming" phase diagram with activity replacing temperature. While both parameters gauge fluctuations, activity also changes the exponent characterizing the decay of the diffusivity close to the glass transition and the shape of the yield stress surface. The dense disordered active solid appears to be mostly dominated by athermal jamming rather than glass rheology.

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Ensembles of repulsive particles commonly undergo a phase transition from a fluid to a solid state upon compression. If the tendency to crystallize is frustrated (e.g., by size polydispersity), thermal systems exhibit a glass transition to a disordered solid [1,2]. Solidity can also emerge upon compression in athermal particle systems, such as foams or grains: the so-called jamming transition [3]. Both transitions share the existence of a critical density beyond which a yield stress emerges, heralded by a dramatic slowing down of the dynamics [4,5]. Accordingly, a unified picture in terms of a "jamming" phase diagram was proposed [6,7]. The yield stress surface has since been quantified with the help of idealized particle models and rheological experiments [8–11], helping to decipher and classify the mechanisms responsible for the emergence of rigidity in diverse soft materials [5].

A resurgence of interest in understanding the emergence of solidity is recently observed in an *a priori* completely new context, namely, dense disordered active matter. Indeed, assemblies of biological cells [12,13] and synthetic active colloids [14] display a fluid to solid transition, key to understanding tissue mechanics and morphogenesis. Moreover, they exhibit slow, collective dynamics, reminiscent of supercooled liquids approaching a glass transition. Again, this phenomenology has been rationalized in terms of a jamming phase diagram [15–18], where temperature is replaced by "activity," usually in the form of motility, as in Fig. 1(a), where the Péclet number Pe quantifies the propulsion velocity of active Brownian particles (ABPs).

While thermal fluctuations can usually be neglected in active systems, the effects of the (nonthermal) active fluctuations are often subsumed into an effective temperature. It is, however, conceptually unclear how reliable the qualitative analogy between activity and temperature really is and whether the emergence of a disordered solid should be attributed to a jamming or glass transition. The question of how self-propulsion affects a glass transition has already been addressed in numerous works using model systems [19–31]. Active fluctuations have been found to play a crucial role in the unjamming of epithelial tissues [32] and in gravisensing of plant cells via granular rheology [33]. Yet, despite considerable recent progress both for models of individual ABPs [34] and interacting active many-body systems [35–38], the



FIG. 1. Active glass-jamming rheology: (a) Yield stress surface of harmonic ABPs at reduced temperature $T = 10^{-4}$. The Péclet number Pe is a dimensionless measure of the active against the passive (thermal) particle motility and ϕ is the volume fraction. The dashed black line corresponds to the athermal (T = 0) passive jamming limit. The black symbols in the Pe – ϕ plane locate the active glass transition at ϕ_G (Pe). (b) Cross section in the *xy* plane of the three-dimensional simulation box, showing the imposed shear velocity profile.

rheology of dense active matter [39–41] remains poorly understood, and the distinction between glassy and jamming rheological regimes has not been investigated in this context, so far. An analogy has been drawn between shear (a global drive) and activity (a local drive) [42], and indeed, in infinite spatial dimensions in the infinite-persistence limit, their formal equivalence has been established [43,44]. In two dimensions, the mechanisms that govern yielding in the respective systems were found to be different, though [45]. Active disks under shear were reported to orientationally order in the presence of hard walls [37] and trigger shear thickening as a result of clustering [38]. However, the rheology of dense disordered three-dimensional ABPs with a finite persistence has not yet been explored.

In this Letter, we investigate the shear rheology of selfpropelled soft particles by means of computer simulations. In previous experiments with (dilute) microswimmer suspensions, both hydrodynamic and particle-wall interactions are likely to be crucial [46-50]. Here, in order to decipher the role played by self-propulsion alone, we consider a simplified model in which none of these two ingredients are at play [51]. More precisely, we consider a "dry" microswimmer model of harmonic ABPs in three dimensions [52,53] with periodic boundary conditions [see Fig. 1(b)]. The restriction to dry active dynamics is quite common in the field, as hydrodynamic effects are expected to become negligible at large densities, as known, e.g., for colloidal glasses [54] and confluent cell tissues [16,24], and are absent in dry active systems [55–57]. The technical frugality allows us to cover the dilute and dense regimes in our numerical simulations and to explore both linear and nonlinear response, across 8 orders of magnitude in the shear rate. The advantages of choosing harmonic spheres are threefold: (i) they have widely been employed as models for foams [58] and, if endowed with activity, provide a useful model for biological tissues [59,60]; (ii) the rheology of passive harmonic particles has been studied in detail [10,11,61], thus allowing for a smooth connection with previous results to discriminate the new features brought about by activity; (iii) a computational speedup compared to hard spheres.

In our simulations, *N* soft repulsive ABPs are placed at positions $\{\mathbf{r}_i\}_{i=1}^N$ in a $V = L^3$ cubic box with periodic boundary conditions. They self-propel along their orientations \mathbf{n}_i (with $|\mathbf{n}_i| = 1$), with a speed v_0 . Their otherwise overdamped Brownian dynamics obeys

$$\dot{\boldsymbol{r}}_{i} = \mu \sum_{j \neq i} \boldsymbol{F}_{ij} + v_0 \boldsymbol{n}_i + \dot{\gamma} y_i \boldsymbol{e}_x + \sqrt{2D_t} \boldsymbol{\xi}_i,$$

$$\dot{\boldsymbol{n}}_i = \sqrt{2D_r} \boldsymbol{n}_i \times \boldsymbol{\nu}_i.$$
 (1)

The interaction forces derive from a harmonic repulsive pair potential $V(r) = \epsilon(1 - r/a)^2 \Theta(a - r)$, where $\Theta(r)$ denotes the Heaviside step function. To suppress crystallization, we consider 50:50 bidisperse mixtures of $N = 10^3$ particles with diameters *a* and $\sqrt{2}a$, respectively [10,62]. Both ξ_i and ν_i are Gaussian white noises of zero mean and unit variance, $D_t = \mu k_B T$ is the (bare) translational diffusion coefficient, and D_r is the rotational diffusivity fixed to $D_r = 3D_t/a^2$. With this choice of parametrization, the limit $v_0 \rightarrow 0$ corresponds to a passive Brownian suspension, for which the fluctuation-dissipation theorem is satisfied. We impose a linear velocity profile on the particles and apply Lees-Edwards boundary conditions [see Fig. 1(b)] [63,64]. The translational part of Eq. (1) is integrated by an Euler-Mayurama scheme and the rotational part using the algorithm described in [65] (see Supplemental Material [66] for details).

Lengths are measured in units of the small particle diameter a, time t in units of $a^2/(\mu\epsilon)$, and temperature T in units of ϵ/k_B . In the following, all observables are given in these units. From Eq. (1), one can identify a set of nondimensional control parameters: the volume fraction ϕ , the Péclet number $\text{Pe} = v_0/aD_r$, quantifying activity, and the dimensionless shear rate $\dot{\gamma}$. We study the system at $T = 10^{-6}, \dots, 10^{-3}$ (most of the results presented are for $T = 10^{-4}$), Pe = 0, 1, 3, 10, 30, and a wide range of shear rates $\dot{\gamma} = 10^{-7}, ..., 10$, including both the linear and nonlinear response regimes. Note that the temperature unit allows one to interpolate between soft and hard spheres, the latter being realized in the $T \rightarrow 0$ limit. With this choice of parameters and constant D_r , the system remains homogeneous and avoids motility-induced phase separation, which is known to occur for monodisperse hard ABPs above a critical $Pe \approx 30$ [52,53,68]. Also, the repulsive force is always several orders of magnitude larger than the self-propulsion to avoid a reentrant gas phase, as seen in [69].

In equilibrium (Pe = 0), as ϕ is increased, the system exhibits a dramatic slowing down of the dynamics that one identifies with a glass transition at ϕ_G , characterized by the divergence of the viscosity and the emergence of a yield stress for $\phi > \phi_G$. As we show below, similar behavior is observed in the presence of activity Pe > 0, although in this case, the location of the glass transition is shifted to higher densities ϕ_G (Pe), as previously reported for diverse models [20–23,30,70,71].

We start our analysis by investigating the dynamics in the absence of shear by means of the mean-square displacement (MSD), defined as $\Delta^2(t) = N^{-1} \sum_{i=1}^{N} \langle [\mathbf{r}_i(t) - \mathbf{r}_i(0)]^2 \rangle$. The average is taken over different noise realizations. As shown in Fig. 2(a), at $\phi = 0.66$ the passive system exhibits caged dynamics, evidenced by the subdiffusive (plateau) regime. For Pe = 10, particles diffuse in the same time window, showing that activity is able to fluidize the glass. We extract the long-time diffusion coefficient $D_s \equiv \lim_{t\to\infty} \Delta^2(t)/6t$ in the range of parameters for which a diffusive regime, $\Delta^2(t) \propto t$, is observed. At high densities, $D_s(\phi)$ can be fitted by a power law $D_s \propto (\phi_G - \phi)^{\alpha}$ that we use to locate the glass transition density $\phi_G(\text{Pe})$ reported in



FIG. 2. Dynamic signatures of melting: (a) mean-square displacement $\Delta^2(t)$ at fixed $T = 10^{-4}$, Pe = 0, 10, for $\phi = 0.66$, 0.72, with and without shear, showing the melting of the glass by activity (green curves) and by shear (red curves). The dashed line indicates the initial diffusive regime, $\Delta^2(t) = 6D_t t$. (b) Long-time diffusion coefficients D_s normalized by their ideal gas value D_a at $T = 10^{-4}$ (open green circles correspond to $T = 10^{-3}$ and Pe = 0), as a function of the distance to the critical density, $\phi_G - \phi$. Dashed lines are power-law fits $D_s \propto (\phi_G - \phi)^{\alpha}$.

Fig. 1(a) [21]. Figure 2(b) shows $D_s(\phi, \text{Pe})$, normalized by the (active) ideal gas diffusion coefficient $D_a = D_t +$ $\text{Pe}^2 D_r/6$ [72], as a function of $(\phi_G - \phi)$ for various Pe. As activity primarily enhances diffusion, it moves the glass transition from $\phi_G(0) = 0.62$ at Pe = 0 to ever higher densities, up to $\phi_G(30) = 0.72$ at Pe = 30 [see Fig. 1(a)]. It might be tempting to simply interpret such a shift as resulting from an increase of the single particle effective temperature, defined by $T_{\rm eff} = \mu D_a$, since the equilibrium glass transition density would also be shifted upon increasing T [73]. However, not only ϕ_G is affected by activity, but also the exponent α . It increases from 1.79 at Pe = 0 up to 4.42 at Pe = 30. Since, in equilibrium, a slightly lower value ($\alpha = 1.67$) is measured for the increased temperature $T = 10^{-3}$, the significant increase of α with Pe shows that activity cannot simply be reduced to an effective temperature in this regime.

Applying shear provides another route to fluidize the disordered solid state. As shown in Fig. 2(a), particles exhibiting caged dynamics in an active system at Pe = 10, $\phi = 0.72 > \phi_G(10)$, become mobile upon shearing. The MSD displays superdiffusive, then diffusive behavior at long times. We note that the obtained long-time diffusion is sensitive to finite-size effects: Lees-Edwards boundary conditions introduce a discontinuity in the shear profile, which becomes apparent in the MSD after a sufficiently long time (see Supplemental Material [66] for details).

To characterize the flow properties, we measure the *xy* component $\sigma_{xy}(t) = -(2V)^{-1} \sum_{j \neq k} x_{ij}(t) F_{ij}^{y}(t)$ of the stress tensor, using the Irving-Kirkwood expression [74], from which we get the shear viscosity $\eta = \langle \sigma_{xy} \rangle / \dot{\gamma}$. Activity contributes to the stress tensor with a self-term $\sigma_{\alpha\beta}^{s} = -V^{-1} \sum_{i} r_{i}^{\alpha} v_{0} n_{i}^{\beta}(t)$. As the orientations n_{i} are decoupled from the shear flow, σ_{xy}^{s} fluctuates around zero



FIG. 3. Flow curves for the shear stress $\langle \sigma_{xy} \rangle (\dot{\gamma})$ (a),(b) and the viscosity $\eta(\dot{\gamma})$ (c),(d). Color encodes ϕ , the thick red lines correspond to $\phi_G(\text{Pe})$ (as estimated via the diffusivity), and thin lines represent fits of the Herschel-Bulkley form $\sigma_{xy}(\dot{\gamma}) = \sigma_Y + (k\dot{\gamma})^n$, used to extract the yield stress σ_Y .

[37]. The flow curves characterizing the rheology of the system at $T = 10^{-4}$ and Pe = 0, 10 are depicted in Fig. 3 (see Supplemental Material [66] for more parameter values). For comparison with the rheology in the presence of activity, we reproduce the flow curves reported for the same system in the passive case, Pe = 0, before [10]. In dense two-dimensional active assemblies, shearing was observed to lead to orientational order at large persistence time [37]. However, we did not find orientational correlations in our three-dimensional model for the parameter range explored [66].

At densities below $\phi_G(\text{Pe})$, we find $\sigma_{xy} \propto \dot{\gamma}$ for small enough applied shear. This corresponds to the Newtonian fluid regime, defining a linear viscosity $\eta_0 \equiv \lim_{\dot{\gamma}\to 0} \langle \sigma_{xy} \rangle / \dot{\gamma}$. In the nonlinear regime, at $\dot{\gamma} \gtrsim 10^{-2}$, we find shear thinning in all cases, meaning that the shear flow reduces the system's viscosity. In this regime, we find a decay of the viscosity compatible with $\eta \sim 1/|\dot{\gamma}|$, as expected from mode-coupling theory for Brownian suspensions [75]. At $\phi > \phi_G$, a finite yield stress $\sigma_Y \equiv$ $\lim_{\dot{\gamma}\to 0} \sigma_{xy}(\dot{\gamma})$ appears, identified by a plateau in the stress flow curves. This results in a divergent viscosity, signaling the emergence of solidity. Since activity melts the solid, the system yields at higher densities at Pe = 10 compared to Pe = 0.

In the fluid regime, the linear viscosity at low shear and Pe = 0 corresponds to the one given by the Green-Kubo (GK) relation $\eta_{GK} = (V/k_BT) \int_0^\infty dt \langle \sigma_{\alpha\beta}(t) \sigma_{\alpha\beta}(0) \rangle_0$, for $\alpha \neq \beta$, where $\langle * \rangle_0$ denotes an average over the unperturbed $(\dot{\gamma} = 0)$ equilibrium distribution. As shown in Fig. 4, the shear viscosity η_0 extracted from the low $\dot{\gamma}$ plateau in the flow curves in Fig. 3(c) matches η_{GK} , measured from



FIG. 4. Density-dependent linear shear viscosity η_0 , extracted from the flow curves (symbols), and $\eta_{\text{GK}}/(\text{Pe}+1)$, from Green-Kubo (lines). Dashed vertical lines indicate $\phi_G(\text{Pe})$. Inset: $\eta_{\text{GK}} \propto \phi^2$ at low densities.

the GK relation by direct integration of the equilibrium stress correlation function. In the presence of activity, GK relations do not need to hold anymore, although extensions of linear response theory to active systems have recently been proposed [76-79], providing GK relations involving steady-state correlation functions [76,78]. Here we apply the same procedure in the presence of activity, thus replacing equilibrium by steady-state stress correlations, and find a good agreement between η_0 and η_{GK} if we replace T in the GK expression by an effective temperature $T_{\rm eff} = T({\rm Pe} + 1)$, which is again different from the idealgas expectation $T_{\rm eff} = \mu D_a$, see Fig. 4. In all cases, η_0 increases with ϕ and eventually diverges at ϕ_G , providing yet another estimate for the onset of solidity. In dilute conditions, we find that the GK viscosity grows like $\sim \phi^2$ (inset of Fig. 4), as predicted for dilute Brownian suspensions: $\eta/\eta_0 = 1 + 2.5\phi + 7.6\phi^2$ [80]. We only observe the ϕ^2 contribution, as there is no solvent in our system.

Above ϕ_G the viscosity diverges and the system acquires a yield stress σ_Y that we measure by fitting the Herschel-Bulkley relation, $\sigma_{xy}(\dot{\gamma}) = \sigma_Y + (k\dot{\gamma})^n$ [81], to the flow curves, see Fig. 3. We report the obtained yield stress $\sigma_{Y}(\phi)$ as a function of volume fraction for different values of Pe and T in Fig. 5. At Pe = 0 and finite T, the emergence of solidity is controlled by the glass transition at a critical density $\phi_G(T)$ that increases with T. At T = 0, it is instead controlled by the jamming transition at $\phi_J \approx 0.648$. Both glass and jamming physics affect the shape of the yield surface $\sigma_Y(\phi, T)$. At $T \leq 10^{-4}$, for which $\phi_G < \phi_J$, the system displays two distinct rheological regimes associated with glassy and jamming physics. First, σ_{Y} increases gently with ϕ and T up to $\phi \approx \phi_J$ (dashed lines in Fig. 5). Above this value, the behavior of σ_Y changes qualitatively: it grows faster with ϕ close to ϕ_J , with little T dependence, following $\sigma_Y \sim (\phi - \phi_J)^{\alpha'}$ [10], see Fig. 5(a).

In the presence of activity, Pe > 0, and at finite *T*, σ_Y displays a *T*-sensitive glasslike branch for $\phi < \phi_J$ followed by the *T*-insensitive jamming branch, see Fig. 5(a). The yield stress curves do not follow the trend one would expect



FIG. 5. (a) Yield stress σ_Y as a function of ϕ for different Pe (color) and *T* (symbols): An increase in *T* raises σ_Y while, on the contrary, increasing Pe lowers it. The dashed line given by $(\phi - \phi_J)^{\alpha'}$ with $\phi_J = 0.648$ and $\alpha' = 1.04$, marks the athermal jamming limit. (b) Yield stress $\sigma_Y(\phi)$ at $T = 10^{-4}$ for the parameters used to construct the yield surface in Fig. 1. Steep lines connect to $\phi_G(\text{Pe})$.

if activity could be subsumed into an extra source of noise and encoded by an increased effective temperature, although both Pe and T shift the fluid-solid transition to higher densities. As T increases, σ_Y increases, shifting the curves in Fig. 5(a) upward. In contrast, increasing Pe slightly lowers the yield stress, shifting the curves toward the right and quickly collapsing them into the jamming line. For Pe > 3, $\phi_G(\text{Pe}) > \phi_J$, and a finite yield stress can only emerge in the parameter regime controlled by jamming [62], where $\sigma_Y \sim (\phi - \phi_J)^{\alpha'}$ universally applies, independent of Pe. The crossover between glass and jamming rheology can thus be tuned by activity and is eventually lost, as it pushes σ_{Y} toward the athermal limit. The separation between ϕ_G and ϕ_J progressively vanishes as activity increases. An overview over the impact of activity on the yield surface at $T = 10^{-4}$ is represented in the fluidglass-jamming phase diagram in Fig. 1.

In summary, we have studied soft ABPs under shear, from the fluid to disordered solid regime. The Newtonian fluid viscosities in the zero-shear limit are compatible with those obtained from the Green-Kubo relation, once the Brownian temperature T is replaced by an effective temperature $T_{\rm eff}$ that depends on the active Péclet number. This strategy follows earlier ideas to quantify the violations of the fluctuation-dissipation theorem in active systems. In the dilute limit, $T_{\rm eff} \sim {\rm Pe}^2$. At intermediate densities, $T_{\rm eff}$ generically depends on the observables used to define it [22,76,82]. As the packing fraction is increased toward the fluid-solid transition, the diffusivity decays according to a critical power law $D_s \sim (\phi_G - \phi)^{\alpha}$, with α increasing from $\alpha \approx 1.8$ for Pe = 0 and to $\alpha \approx 4.4$ for Pe = 30, a behavior hardly interpretable on the grounds of an effective temperature anymore. The glass-jamming phase diagram (Fig. 1) reveals that ABP rheology in the solid regime is mainly controlled by jamming. Although both T and Pe push ϕ_G to higher values, activity, as opposed to temperature, eases the yielding and, in this respect, could rather play a role similar to shear, once the persistence length of the active motion exceeds the typical cage length [43]. Our work thus calls for further theoretical efforts to better understand the fundamental role played by nonequilibrium fluctuations introduced by activity in dense disordered systems, for instance, by extending elastoplastic models of yielding to account for self-propulsion or analyzing dynamic heterogeneities in active glasses [83–86]. By providing the first quantitative jamming phase diagram of an active system, it should serve as a helpful reference for future studies of soft active assemblies. The fact that their rheology constitutes a separate class from the known pressure-controlled flows of hard spheres [87] brings us a step closer to reconciling the latter with observations in dense assemblies of cells, for which only qualitative phase diagrams have been sketched so far [15–18]. It should also provide a good starting point for future attempts to elucidate the relationship between the glass and jamming transitions in biological systems.

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