Simple and Broadly Applicable Definition of Shear Transformation Zones

David Richard,^{1,2,*} Geert Kapteijns,^{1,*} Julia A. Giannini[®],² M. Lisa Manning[®],² and Edan Lerner[®]^{1,†} ¹Institute for Theoretical Physics, University of Amsterdam, Science Park 904, Amsterdam 1098 XH, Netherlands ²Department of Physics, Syracuse University, Syracuse, New York 13244, USA

(Received 16 July 2020; revised 2 November 2020; accepted 15 December 2020; published 6 January 2021)

Plastic deformation in amorphous solids is known to be carried by stress-induced localized rearrangements of a few tens of particles, accompanied by the conversion of elastic energy to heat. Despite their central role in determining how glasses yield and break, the search for a simple and generally applicable definition of the *precursors* of those plastic rearrangements—the so-called shear transformation zones (STZs)—is still ongoing. Here we present a simple definition of STZs—based solely on the *harmonic* approximation of a glass's energy. We explain why and demonstrate directly that our proposed definitions put forward previously. Finally, we offer an open-source library that analyzes low-lying STZs in computer glasses and in laboratory materials such as dense colloidal suspensions for which the harmonic approximation is accessible. Our results constitute a physically motivated methodological advancement towards characterizing mechanical disorder in glasses, and understanding how they yield.

DOI: 10.1103/PhysRevLett.126.015501

Introduction.—It has been known since the seminal works of Spaepen and Argon in the late 1970s [1,2] that plastic flow in amorphous solids proceeds via stress-induced localized rearrangements of small clusters of particles. Those rearrangements, their collective dissipative dynamics and spatiotemporal correlations give rise to many emergent phenomena such as plastic strain localization [3–6], shear banding [7–9], system spanning avalanches of plastic activity [10–17], and macroscopic yielding [18–20].

A first-principles understanding of these emergent phenomena calls for the identification and statistical quantification of the microstructural entities that constitute the precursors of stress-induced dissipative rearrangements in amorphous solids. Those precursors and their micromechanical nature were envisioned by Falk and Langer two decades ago [21], and subsequently coined shear transformation zones (STZs). Phenomenological theories [5, 21–24] and several variants of elastoplastic lattice models [7,15,25,26] were since put forward, building on the premise that a population of STZs is encoded in a glass's structure, and serves as the key vehicle for plastic deformation and macroscopic yielding.

Substantial computational research efforts have been dedicated to the search for structural indicators that serve as faithful representatives of STZs; see Ref. [27] for an extensive review of those efforts. In parallel, micro-mechanical theories of elastoplastic instabilities, formulated within the potential energy landscape picture [28], have been put forward, both in the harmonic [11,29,30] and anharmonic [31–33] regimes. In these formulations, STZs are represented by destabilizing modes (putative displacement fields about the mechanical equilibrium state) whose

associated energies vanish continuously upon approaching the onset of elastoplastic instabilities under external deformation [32]. Using harmonic modes to detect STZs is a natural starting point, as they are simple and efficient to calculate.

One clear limitation of the harmonic formulation of elastoplastic instabilities is the tendency of soft, quasilocalized vibrational modes—that destabilize under external deformations—to hybridize with other low-frequency modes, primarily phononic [32,34,35], but also quasilocalized [33]. Consequently, the utility of harmonic analyses in exposing *quantitative* information regarding plastic instabilities is system-size dependent; in particular, only at strains of order $\leq L^{-4}$ away from plastic instabilities (in systems of linear size *L*), does quantitative micromechanical information regarding the imminent instability become available by studying the lowest vibrational mode of a glass [32]. At larger strains away from instabilities, hybridizations spoil said information, as demonstrated in Fig. 1 below.

A potential solution to some of the obstacles posed by hybridization issues seen in harmonic frameworks was recently put forward, in the form of a nonlinear micromechanical framework [32–34,47]. Within this framework, the microstructural entities that constitute the precursors of elastoplastic instabilities are (normalized) displacement fields π_3 , coined *plastic* modes or *cubic* modes, which are defined as solutions to the algebraic equation

$$\frac{\partial^2 U}{\partial x \partial x} \cdot \boldsymbol{\pi}_3 = \frac{\frac{\partial^2 U}{\partial x \partial x} : \boldsymbol{\pi}_3 \boldsymbol{\pi}_3}{\frac{\partial^3 U}{\partial x \partial x \partial x} : \cdot \boldsymbol{\pi}_3 \boldsymbol{\pi}_3 \boldsymbol{\pi}_3} \frac{\partial^3 U}{\partial x \partial x \partial x} : \boldsymbol{\pi}_3 \boldsymbol{\pi}_3, \quad (1)$$



FIG. 1. Pseudoharmonic modes represent STZs in glasses, ranging from ultrastable $[T_p = 0.2, \text{ panels (a)-(d)}]$ to poorly-annealed $[T_p = 0.7, \text{ panels (e)-(h)}]$. (a) The squared frequencies of a destabilizing PHM π (solid red line), cubic mode π_3 (solid purple line), and vibrational mode ψ (solid black line) of an ultrastable glass of N = 10 K particles in two dimensions, subjected to athermal quasistatic shear (see details in the Supplemental Material [36]). The horizontal dashed line indicates the first shear wave frequency $\omega_{\text{ph}} = 2\pi c_s/L$, with L and $c_s(T_p)$ denoting the box length and (glass-history-dependent) shear-wave speed, respectively. Panels (b)-(d) show ψ (top row), π and π_3 (2nd row) at the strains indicated in panel (a), corresponding to strain *differences* away from the instability of $\Delta \gamma = 10^{-1}$, 10^{-2} , and 10^{-5} , from left to right. These data show that the firstly activated STZ under shear is present in the as-cast glass, in the form of a PHM. Panels (e)-(h) are the same as (a)-(d), but measured in a poorly annealed glass of N = 40 K particles, with $\Delta \gamma = 8 \times 10^{-4}, 2 \times 10^{-4}$, and 10^{-5} , from left to right.

where $U(\mathbf{x})$ is the potential energy that depends on coordinates \mathbf{x} , and :,: represent double and triple contractions, respectively. Cubic modes π_3 were shown to feature nontrivial statistical [33] and micromechanical [32] properties, and can be considered as one of the most informative representatives of STZs, as discussed in more detail in the Supplemental Material [36].

In parallel to the apparent utility (see, e.g., Refs. [33,37,48]) of the nonlinear micromechanical framework within which cubic modes are defined, its general applicability to computer glass models is limited: in several well-studied models, higher-order (\geq 3rd) spatial derivatives of the potential energy—necessary for the computation of cubic modes, as evident by Eq. (1)—are either impossible to evaluate, e.g., in hard sphere glasses, cumbersome to evaluate, e.g., in the Stillinger-Weber model [49] that features a three-body interaction term, or singular by construction, e.g., in Hertzian spheres near the unjamming point [50–52].

Here we introduce a simple, alternative definition of soft, quasilocalized modes—referred to in what follows as pseudoharmonic modes (PHMs)—and directly demonstrate that they faithfully represent STZs. A key feature of PHMs is that their definition relies solely on the availability of the harmonic approximation of the potential (or free) energy—in the form of the Hessian matrix $\mathcal{H} \equiv \partial^2 U/\partial x \partial x$ —and not on higher order derivatives, as some previous definitions of STZs do [33,34,47,53,54]. As demonstrated below, the PHM framework is broadly applicable, straightforward, and computationally efficient. We further provide physical arguments that motivate our definition of PHMs, and show that in the zero frequency limit, the frequencies associated with PHMs converge to those associated with the *softest* nonphononic vibrational modes. Finally, we offer a software library [55] that calculates low-energy STZs via the presented framework, for any given Hessian of a glass in mechanical equilibrium.

Pseudoharmonic modes.—PHMs are putative displacement fields π about a mechanical equilibrium state, for which the cost function [33]

$$C(z) = \frac{(\mathcal{H}: zz)^2}{\sum_{\langle i,j \rangle} (z_{ij} \cdot z_{ij})^2},$$
(2)

assumes local minima, i.e., they solve

$$\left. \frac{\partial \mathcal{C}}{\partial z} \right|_{z=\pi} = \mathbf{0}. \tag{3}$$

Here $z_{ij} \equiv z_j - z_i$, and the sum in Eq. (2) runs over all pairs $\langle i, j \rangle$ of interacting particles [56]. It is apparent by examining Eq. (2) that PHMs are accessible in any system whose Hessian matrix \mathcal{H} is available, which is a major strength of our approach, demonstrated further below.

Why do PHMs π —for which the cost function C(z)given by Eq. (2) assumes local minima—constitute faithful descriptors of STZs? This point is demonstrated explicitly in Fig. 1, but can be argued for as follows; when evaluated at local minima π of the cost function $\mathcal{C}(z)$, $\mathcal{C}(\pi)$'s numerator is expected to be small, and its denominator —large. The numerator of $\mathcal{C}(z)$ describes the square of (twice) the energy associated with z (assuming harmonicity), therefore π will generally represent a low-frequency mode. C(z)'s denominator $\sum_{\langle i,j \rangle} (z_{ij} \cdot z_{ij})^2$ can be argued to (i) scale as k^4 for waves of wave number k—and therefore strongly suppress long wavelength phononic modes, and (ii) be inversely proportional to z's participation ratio $e(z) \equiv [N \sum_{i} (z_i \cdot z_i)^2]^{-1}$ (demonstrated in the Supplemental Material [36])-and is therefore larger (smaller) for more (less) localized modes. These features of $\mathcal{C}(z)$ explain why PHMs π that represent its local minima are generally both soft and quasilocalized modes, as required in order to constitute STZs.

Solutions π to Eq. (3) can be readily obtained in two ways described next. (1) Starting with an initial guess $\pi^{(0)}$, repeatedly apply the mapping

$$\mathcal{F}(\boldsymbol{\pi}) = \frac{\mathcal{H}^{-1} \cdot \boldsymbol{\zeta}(\boldsymbol{\pi})}{\sqrt{\boldsymbol{\zeta}(\boldsymbol{\pi}) \cdot \mathcal{H}^{-2} \cdot \boldsymbol{\zeta}(\boldsymbol{\pi})}}, \qquad (4)$$

where

$$\boldsymbol{\zeta}_{k}(\boldsymbol{\pi}) \equiv \sum_{\langle i,j \rangle} (\delta_{jk} - \delta_{ik}) (\boldsymbol{\pi}_{ij} \cdot \boldsymbol{\pi}_{ij}) \boldsymbol{\pi}_{ij}, \qquad (5)$$

until $\mathcal{F}(\pi) \simeq \pi$, which can be shown to be equivalent to Eq. (3). (2) Starting with an initial guess $\pi^{(0)}$, minimize the cost function C(z) given by Eq. (2) to obtain a PHM π . The iterative scheme (1) has the advantage of being parameter free, and only requires solving a set of linear equations (at each iteration). The minimization scheme (2) is computationally more efficient, however it inherits the disadvantage of nonlinear minimization algorithms, which require the choice of problem-dependent parameters.

An example of a PHM calculated in a two-dimensional computer glass subjected to athermal, quasistatic (AQS) shear deformation is shown in Fig. 1. We show that the harmonic and nonlinear descriptions of the elastoplastic instability agree as the shear strain γ approaches the instability strain γ_c . At strains $\gtrsim L^{-4}$ away from γ_c , the harmonic description breaks down due to phonon hybridizations [32], while the nonlinear description persists to reflect the geometry and locus of the imminent instability, up to large $\Delta \gamma = \gamma_c - \gamma \simeq 7\%$ (in the example of Fig. 1). Moreover, PHMs closely resemble cubic modes along the whole elastic branch. Cubic modes have a higher stiffness because the third-order coefficient of the expansion of the potential energy is very sensitive to the structure of the mode, as discussed in detail in Ref. [33].

General applicability of PHMs.—In Fig. 2 we present PHMs calculated for various computer glass models [36] for which extracting soft, quasilocalized modes using the anharmonic micromechanical framework presented in



FIG. 2. Pseudoharmonic modes in various computer glasses: (a) a hard-disk glass, (b) a glass of Hertzian soft spheres, (c) a Stillinger-Weber tetrahedral glass with three-body interactions [49], and (d) a CuZr bulk metallic glass [57].



FIG. 3. Pseudoharmonic modes (versus harmonic vibrational modes: (a) Scaled participation ratio Ne as a function of frequency ω , calculated in an ensemble of computer glasses in three dimensions [36]. The convergence of the energy [panel (b)] and structure [panel (c)] of PHMs to those of their ancestral harmonic modes. In every panel the dashed line indicates the lowest phonon frequency.

Refs. [33,34,47] is either very difficult or impossible. In particular, we show a PHM found in as-cast (not deformed) glasses of (a) hard spheres, (b) Hertzian soft spheres, (c) the Stillinger-Weber model [49], and finally (d) a Copper-Zirconium bulk metallic glass (BMG) model [57]. Details about the models and calculations are presented in the Supplemental Material [36].

Convergence to nonphononic harmonic modes.—A stringent benchmark for various definitions of soft, quasi-localized modes is the degree of agreement between their structural and energetic properties, to those associated with nonphononic harmonic (vibrational) modes representing the same soft spots in the material. Detailed discussions regarding this benchmarking, and its implications, can be found in Ref. [33].

Here we build an ensemble of PHMs, one for each glassy sample [36]; we do this by setting $\pi^{(0)}$ to be the softest *harmonic* mode ψ in a given glass, which has an energy ω_{ψ}^2 (setting units such that all masses are unity). We then map $\pi^{(0)} = \psi$ to a PHM π with energy ω_{π}^2 using either of the two methods described above (the result is independent of this choice). In Fig. 3(a) we compare the obtained solutions π with low-frequency harmonic modes by scatterplotting each mode's localization—as captured by the scaled participation ratio *Ne*—versus its associated frequency. We see that PHMs remain localized irrespectively of their frequency, whereas harmonic modes show a strong



FIG. 4. Residual plastic strength map of a well-annealed Lennard-Jones binary glass at zero strain $\gamma = 0$ (details about the model can be found in Ref. [59]). Black circles indicate the loci of the 10 first plastic instabilities. PHMs are extracted from the as-cast configurations by mapping the critical mode at each plastic event.

hybridization with plane waves above the lowest phononfrequency $\omega_{\rm ph} = 2\pi c_s/L$ [35,58], where c_s denotes the shear wave speed. Finally, we show in Figs. 3(b)–3(c) the average relative energy differences $(\omega_{\pi}^2 - \omega_{\psi}^2)/\omega_{\psi}^2$ and the average overlaps $1 - |\boldsymbol{\pi} \cdot \boldsymbol{\psi}|$, as a function of the harmonic modes' frequencies ω_{ψ} , and binned over those same frequencies. We find that as $\omega_{\psi} \rightarrow 0$ solutions $\boldsymbol{\pi}$ converge both energetically and structurally to harmonic modes $\boldsymbol{\psi}$. The implications of this convergence are discussed below.

To further demonstrate the veracity of PHMs as true plastic defects mediating STZs, we compare the map of the residual strength—local yield stress—measured with the frozen matrix method [59,60] with the location of PHMs at various plastic events, see Fig. 4. Here, we map at each shear transformation the triggering critical mode $\pi^{(0)} = \psi_c$ to a PHM π computed from the as-cast ($\gamma = 0$) cost function. Surprisingly, we find that *all* detected plastic events can be traced-back to PHMs in the as-cast (zero strain) glass. This result firmly establishes that regions with low residual strength emanate from the presence of soft quasilocalized excitations.

Summary and outlook.—Revealing the micromechanical entities that carry plastic flow in amorphous solids—the shear transformation zones—are key to understanding these materials' failure mechanisms. To this aim, various methods designed to identify a population of STZs in glassy solids via a *harmonic* analysis of their potential energy have been put forward [61–66]. These methods feature appreciable degrees of success in predicting plastic flow [27], including in experimental setups [67]. However,

they typically do not provide a micromechanical characterization of a single, isolated STZ, in terms of its energy, orientation, and coupling to external loads, and are further hindered by hybridizations that typically occur between different vibrational modes.

In this Letter we have introduced a simple and generallyapplicable micromechanical definition of STZs. These objects are referred to here as pseudoharmonic modes because they depend solely on the harmonic approximation of the potential (or free) energy (in the form of its Hessian matrix). We show that PHMs can be calculated in a variety of model systems in which other soft, nonlinear excitations are either inaccessible or cumbersome to obtain. We demonstrate that PHMs are good indicators of elastoplastic instabilities in the athermal, quasistatic limit, and show that their associated energies in as-cast glassy samples converge to nonphononic, harmonic modes' energies, in the lowenergy limit. Finally, an open-source library is offered [55], that calculates PHMs given a glass's Hessian matrix.

The convergence of the spatial structure and energies of PHMs and of low-frequency, nonphononic harmonic modes, suggests that the formers' frequency distribution follows the same asymptotic $\sim \omega^4$ law, which is universally featured by the nonphononic density of states of structural glasses quenched from a melt [38,68,69].

The ability to extract the precise displacement field associated with a single STZ, including very far (in strain) from its eventual instability, and exclusively using the harmonic approximation of the energy, opens up a wide range of new analyses in computer glasses and some experimental systems. For example, our method could be used to systematically quantify the properties of STZs in a wide variety of glass models (available, e.g., in LAMMPS [70]), as a function of composition or material preparation [71]. In addition, our method could be used to quantify the orientation and density of STZs, and study their evolution as a function of applied shear strain [72], which would place strong constraints on continuum models for plasticity in amorphous solids [5,21–24].

We note finally that while some interesting insights into glass physics have been obtained [33,37,48] by investigating soft anharmonic excitations using existing frameworks [33,34], an algorithm to detect all such excitations in a given glassy sample is still under development [73]. The ideas presented here might also find utility in saddle-point search algorithms such as the activation-relaxation technique [74], in searches for two-level system in computer glasses [75], and in investigations of the micromechanics of defects in crystalline solids [65].

A readily usable PYTHON package to detect soft spots in structural glasses is available in Ref. [55]. It includes documentation and a minimal example.

We warmly thank Talya Vaknin and Eran Bouchbinder for discussions and numerical support. We are very grateful to Sylvain Patinet for providing us the residual plastic strength data. We further thank Corrado Rainone and Karina González-López for their comments on the manuscript. We are grateful for the support of the Simons Foundation for the "Cracking the Glass Problem" Collaboration Grants No. 348126 to Sid Nagel (D. R.), No. 454947 (M. L. M.), and Simons investigator Grant No. 446222 (J. A. G). E. L. acknowledges support from the Netherlands Organisation for Scientific Research (NWO) (Vidi Grant No. 680-47-554/3259). This work was carried out on the Dutch national e-infrastructure with the support of SURF Cooperative.

^{*}These authors contributed equally to this work. [†]e.lerner@uva.nl

- F. Spaepen, A microscopic mechanism for steady state inhomogeneous flow in metallic glasses, Acta Metall. 25, 407 (1977).
- [2] A. Argon, Plastic deformation in metallic glasses, Acta Metall. 27, 47 (1979).
- [3] Y. Shi and M. L. Falk, Strain Localization and Percolation of Stable Structure in Amorphous Solids, Phys. Rev. Lett. 95, 095502 (2005).
- [4] Y. Shi and M. L. Falk, Atomic-scale simulations of strain localization in three-dimensional model amorphous solids, Phys. Rev. B 73, 214201 (2006).
- [5] M. L. Manning, J. S. Langer, and J. M. Carlson, Strain localization in a shear transformation zone model for amorphous solids, Phys. Rev. E 76, 056106 (2007).
- [6] M. Talamali, V. Petj, D. Vandembroucq, and S. Roux, Strain localization and anisotropic correlations in a mesoscopic model of amorphous plasticity, C. R. Mec. 340, 275 (2012), recent Adv. Micromech. Mater.
- [7] M. Ozawa, L. Berthier, G. Biroli, A. Rosso, and G. Tarjus, Random critical point separates brittle and ductile yielding transitions in amorphous materials, Proc. Natl. Acad. Sci. U.S.A. 115, 6656 (2018).
- [8] G. Kapteijns, W. Ji, C. Brito, M. Wyart, and E. Lerner, Fast generation of ultrastable computer glasses by minimization of an augmented potential energy, Phys. Rev. E 99, 012106 (2019).
- [9] D. D. Alix-Williams and M. L. Falk, Shear band broadening in simulated glasses, Phys. Rev. E 98, 053002 (2018).
- [10] C. Maloney and A. Lemaître, Subextensive Scaling in the Athermal, Quasistatic Limit of Amorphous Matter in Plastic Shear Flow, Phys. Rev. Lett. 93, 016001 (2004).
- [11] C. E. Maloney and A. Lemaître, Amorphous systems in athermal, quasistatic shear, Phys. Rev. E 74, 016118 (2006).
- [12] S. Karmakar, E. Lerner, I. Procaccia, and J. Zylberg, Statistical physics of elastoplastic steady states in amorphous solids: Finite temperatures and strain rates, Phys. Rev. E 82, 031301 (2010).
- [13] M. Talamali, V. Petäjä, D. Vandembroucq, and S. Roux, Avalanches, precursors, and finite-size fluctuations in a mesoscopic model of amorphous plasticity, Phys. Rev. E 84, 016115 (2011).
- [14] K. M. Salerno, C. E. Maloney, and M. O. Robbins, Avalanches in Strained Amorphous Solids: Does Inertia

Destroy Critical Behavior? Phys. Rev. Lett. **109**, 105703 (2012).

- [15] J. Lin, E. Lerner, A. Rosso, and M. Wyart, Scaling description of the yielding transition in soft amorphous solids at zero temperature, Proc. Natl. Acad. Sci. U.S.A. 111, 14382 (2014).
- [16] C. Liu, E. E. Ferrero, F. Puosi, J.-L. Barrat, and K. Martens, Driving Rate Dependence of Avalanche Statistics and Shapes at the Yielding Transition, Phys. Rev. Lett. 116, 065501 (2016).
- [17] P. Leishangthem, A. D. S. Parmar, and S. Sastry, The yielding transition in amorphous solids under oscillatory shear deformation, Nat. Commun. 8, 14653 (2017).
- [18] C. A. Schuh, T. C. Hufnagel, and U. Ramamurty, Mechanical behavior of amorphous alloys, Acta Mater. 55, 4067 (2007).
- [19] M. L. Falk and J. S. Langer, Deformation and failure of amorphous, solidlike materials, Annu. Rev. Condens. Matter Phys. 2, 353 (2011).
- [20] T. C. Hufnagel, C. A. Schuh, and M. L. Falk, Deformation of metallic glasses: Recent developments in theory, simulations, and experiments, Acta Mater. 109, 375 (2016).
- [21] M. L. Falk and J. S. Langer, Dynamics of viscoplastic deformation in amorphous solids, Phys. Rev. E 57, 7192 (1998).
- [22] E. Bouchbinder and J. S. Langer, Linear Response Theory for Hard and Soft Glassy Materials, Phys. Rev. Lett. 106, 148301 (2011).
- [23] E. Bouchbinder and J. S. Langer, Nonequilibrium thermodynamics and glassy rheology, Soft Matter 9, 8786 (2013).
- [24] K. Kamrin and E. Bouchbinder, Two-temperature continuum thermomechanics of deforming amorphous solids, J. Mech. Phys. Solids 73, 269 (2014).
- [25] J.-C. Baret, D. Vandembroucq, and S. Roux, Extremal Model for Amorphous Media Plasticity, Phys. Rev. Lett. 89, 195506 (2002).
- [26] A. Nicolas, E. E. Ferrero, K. Martens, and J.-L. Barrat, Deformation and flow of amorphous solids: Insights from elastoplastic models, Rev. Mod. Phys. **90**, 045006 (2018).
- [27] D. Richard *et al.*, Predicting plasticity in disordered solids from structural indicators, Phys. Rev. Mater. 4, 113609 (2020).
- [28] M. Goldstein, Viscous liquids and the glass transition: A potential energy barrier picture, J. Chem. Phys. 51, 3728 (1969).
- [29] D. L. Malandro and D. J. Lacks, Relationships of shearinduced changes in the potential energy landscape to the mechanical properties of ductile glasses, J. Chem. Phys. 110, 4593 (1999).
- [30] C. Maloney and A. Lemaître, Universal Breakdown of Elasticity at the Onset of Material Failure, Phys. Rev. Lett. 93, 195501 (2004).
- [31] C. E. Maloney and D. J. Lacks, Energy barrier scalings in driven systems, Phys. Rev. E 73, 061106 (2006).
- [32] E. Lerner, Micromechanics of nonlinear plastic modes, Phys. Rev. E **93**, 053004 (2016).
- [33] G. Kapteijns, D. Richard, and E. Lerner, Nonlinear quasilocalized excitations in glasses: True representatives of soft spots, Phys. Rev. E 101, 032130 (2020).

- [34] L. Gartner and E. Lerner, Nonlinear modes disentangle glassy and Goldstone modes in structural glasses, SciPost Phys. 1, 016 (2016).
- [35] E. Bouchbinder and E. Lerner, Universal disorder-induced broadening of phonon bands: From disordered lattices to glasses, New J. Phys. 20, 073022 (2018).
- [36] See Supplemental Material at http://link.aps.org/ supplemental/10.1103/PhysRevLett.126.015501, which includes Refs. [29,35,37–46], for descriptions of the employed models and methods, and for a discussion about the cost function's denominator.
- [37] C. Rainone, E. Bouchbinder, and E. Lerner, Pinching a glass reveals key properties of its soft spots, Proc. Natl. Acad. Sci. U.S.A. 117, 5228 (2020).
- [38] D. Richard, K. González-López, G. Kapteijns, R. Pater, T. Vaknin, E. Bouchbinder, and E. Lerner, Universality of the Nonphononic Vibrational Spectrum Across Different Classes of Computer Glasses, Phys. Rev. Lett. 125, 085502 (2020).
- [39] A. Moriel, G. Kapteijns, C. Rainone, J. Zylberg, E. Lerner, and E. Bouchbinder, Wave attenuation in glasses: Rayleigh and generalized-Rayleigh scattering scaling, J. Chem. Phys. 151, 104503 (2019).
- [40] L. Berthier, D. Coslovich, A. Ninarello, and M. Ozawa, Equilibrium Sampling of Hard Spheres Up to the Jamming Density and Beyond, Phys. Rev. Lett. 116, 238002 (2016).
- [41] A. Ninarello, L. Berthier, and D. Coslovich, Models and Algorithms for the Next Generation of Glass Transition Studies, Phys. Rev. X 7, 021039 (2017).
- [42] D. MacKay, macopt optimizer (2004).
- [43] M. P. Allen and D. J. Tildesley, Computer Simulation of Liquids (Oxford University Press, New York, 1989).
- [44] A. Mulero, I. Cachadina, and J. Solana, The equation of state of the hard-disc fluid revisited, Mol. Phys. 107, 1457 (2009).
- [45] J. Kolafa and M. Rottner, Simulation-based equation of state of the hard disk fluid and prediction of higher-order virial coefficients, Mol. Phys. **104**, 3435 (2006).
- [46] S. Henkes, C. Brito, and O. Dauchot, Extracting vibrational modes from fluctuations: A pedagogical discussion, Soft Matter 8, 6092 (2012).
- [47] L. Gartner and E. Lerner, Nonlinear plastic modes in disordered solids, Phys. Rev. E 93, 011001(R) (2016).
- [48] E. Lerner and E. Bouchbinder, A characteristic energy scale in glasses, J. Chem. Phys. 148, 214502 (2018).
- [49] F. H. Stillinger and T. A. Weber, Computer simulation of local order in condensed phases of silicon, Phys. Rev. B 31, 5262 (1985).
- [50] C. S. O'Hern, L. E. Silbert, A. J. Liu, and S. R. Nagel, Jamming at zero temperature and zero applied stress: The epitome of disorder, Phys. Rev. E **68**, 011306 (2003).
- [51] A. J. Liu and S. R. Nagel, The jamming transition and the marginally jammed solid, Annu. Rev. Condens. Matter Phys. 1, 347 (2010).
- [52] M. van Hecke, Jamming of soft particles: Geometry, mechanics, scaling and isostaticity, J. Phys. Condens. Matter 22, 033101 (2010).
- [53] J. Zylberg, E. Lerner, Y. Bar-Sinai, and E. Bouchbinder, Local thermal energy as a structural indicator in glasses, Proc. Natl. Acad. Sci. U.S.A. **114**, 7289 (2017).

- [54] Z. Schwartzman-Nowik, E. Lerner, and E. Bouchbinder, Anisotropic structural predictor in glassy materials, Phys. Rev. E 99, 060601(R) (2019).
- [55] Softspot PYTHON package (2020), https://pypi.org/project/ softspot/.
- [56] In models in which pairs of interacting particles are not well defined, a Voronoi tesselation can be used to define pairs. We have checked that this modification does not significantly alter the solutions π or their energetic or structural properties.
- [57] Y. Q. Cheng, E. Ma, and H. W. Sheng, Atomic Level Structure in Multicomponent Bulk Metallic Glass, Phys. Rev. Lett. **102**, 245501 (2009).
- [58] H. Mizuno, H. Shiba, and A. Ikeda, Continuum limit of the vibrational properties of amorphous solids, Proc. Natl. Acad. Sci. U.S.A. 114, E9767 (2017).
- [59] A. Barbot, M. Lerbinger, A. Hernandez-Garcia, R. García-García, M. L. Falk, D. Vandembroucq, and S. Patinet, Local yield stress statistics in model amorphous solids, Phys. Rev. E 97, 033001 (2018).
- [60] S. Patinet, D. Vandembroucq, and M. L. Falk, Connecting Local Yield Stresses with Plastic Activity in Amorphous Solids, Phys. Rev. Lett. 117, 045501 (2016).
- [61] A. Widmer-Cooper, H. Perry, P. Harrowell, and D. R. Reichman, Irreversible reorganization in a supercooled liquid originates from localized soft modes, Nat. Phys. 4, 711 (2008).
- [62] N. Xu, V. Vitelli, A. J. Liu, and S. R. Nagel, Anharmonic and quasi-localized vibrations in jammed solids—Modes for mechanical failure, Europhys. Lett. 90, 56001 (2010).
- [63] A. Tanguy, B. Mantisi, and M. Tsamados, Vibrational modes as a predictor for plasticity in a model glass, Europhys. Lett. 90, 16004 (2010).
- [64] M. L. Manning and A. J. Liu, Vibrational Modes Identify Soft Spots in a Sheared Disordered Packing, Phys. Rev. Lett. 107, 108302 (2011).

- [65] J. Rottler, S. S. Schoenholz, and A. J. Liu, Predicting plasticity with soft vibrational modes: From dislocations to glasses, Phys. Rev. E 89, 042304 (2014).
- [66] S. Wijtmans and M. L. Manning, Disentangling defects and sound modes in disordered solids, Soft Matter 13, 5649 (2017).
- [67] K. Chen, M. L. Manning, P. J. Yunker, W. G. Ellenbroek, Z. Zhang, A. J. Liu, and A. G. Yodh, Measurement of Correlations Between Low-Frequency Vibrational Modes and Particle Rearrangements in Quasi-Two-Dimensional Colloidal Glasses, Phys. Rev. Lett. 107, 108301 (2011).
- [68] E. Lerner, G. Düring, and E. Bouchbinder, Statistics and Properties of Low-Frequency Vibrational Modes in Structural Glasses, Phys. Rev. Lett. **117**, 035501 (2016).
- [69] G. Kapteijns, E. Bouchbinder, and E. Lerner, Universal Nonphononic Density of States in 2d, 3d, and 4d Glasses, Phys. Rev. Lett. **121**, 055501 (2018).
- [70] S. Plimpton, Fast parallel algorithms for short-range molecular dynamics, J. Comput. Phys. 117, 1 (1995).
- [71] D. Pan, A. Inoue, T. Sakurai, and M. Chen, Experimental characterization of shear transformation zones for plastic flow of bulk metallic glasses, Proc. Natl. Acad. Sci. U.S.A. 105, 14769 (2008).
- [72] B. Xu, M. L. Falk, S. Patinet, and P. Guan, Atomic nonaffinity as a predictor of plasticity in amorphous solids, arXiv:1905.12035.
- [73] G. Kapteijns, D. Richard, M. Wesseling, and E. Lerner, Nonlinear quasilocalized excitations in glasses ii: Detecting the field of soft spots (to be published).
- [74] G. Barkema and N. Mousseau, The activation-relaxation technique: An efficient algorithm for sampling energy landscapes, Comput. Mater. Sci. 20, 285 (2001).
- [75] F. Demichelis, G. Viliani, and G. Ruocco, Properties of the double well potential and relaxation processes in a model glass, Phys. Chem. Comm. 2, 20 (1999).