## Spin Reversal of a Quantum Hall Ferromagnet at a Landau Level Crossing

M. Lupatini<sup>®</sup>,<sup>1</sup> P. Knüppel<sup>®</sup>,<sup>2</sup> S. Faelt<sup>®</sup>,<sup>1,2</sup> R. Winkler<sup>®</sup>,<sup>3</sup> M. Shayegan<sup>®</sup>,<sup>1,4</sup> A. Imamoglu<sup>®</sup>,<sup>2</sup> and W. Wegscheider<sup>1</sup>

Solid State Physics Laboratory, ETH Zürich, CH-8093 Zürich, Switzerland

<sup>2</sup>Institute of Quantum Electronics, ETH Zürich, CH-8093, Zürich, Switzerland

<sup>3</sup>Department of Physics, Northern Illinois University, DeKalb, Illinois 60115, USA and Materials Science Division,

Argonne National Laboratory, Argonne, Illinois 60439, USA

<sup>4</sup>Department of Electrical Engineering, Princeton University, Princeton, New Jersey 08544, USA

(Received 22 January 2020; accepted 22 June 2020; published 7 August 2020; corrected 25 August 2020)

When Landau levels (LLs) become degenerate near the Fermi energy in the quantum Hall regime, interaction effects can drastically modify the electronic ground state. We study the quantum Hall ferromagnet formed in a two-dimensional hole gas around the LL filling factor  $\nu = 1$  in the vicinity of a LL crossing in the heave-hole valence band. Cavity spectroscopy in the strong-coupling regime allows us to optically extract the spin polarization of the two-dimensional hole gas. By analyzing this polarization as a function of hole density and magnetic field, we observe a spin flip of the ferromagnet. Furthermore, the depolarization away from  $\nu = 1$  accelerates close to the LL crossing. This is indicative of an increase in the size of skyrmion excitations as the effective Zeeman energy vanishes at the LL crossing.

DOI: 10.1103/PhysRevLett.125.067404

The quantum Hall state at the Landau level (LL) filling factor  $\nu = 1$  constitutes an exciting platform for studies of many-body physics. It has a rich phase diagram depending on the Coulomb, Zeeman, and disorder potentials. At low disorder potential, the ground state at  $\nu = 1$  is an itinerant quantum Hall ferromagnet (QHF) that can persist even in the absence of a single-particle energy gap due to strong many-body interactions [1–5]. Furthermore, in the absence of Zeeman coupling, a zero-temperature phase transition from a ferromagnet to a quantum Hall skyrmion glass (QHSG) is predicted for a large but finite Coulomb to disorder ratio, in the presence of density fluctuations [6].

Previous investigations showed a high degree of spin polarization in a two-dimensional electron gas (2DEG) at  $\nu = 1$  measured by different techniques such as NMR [7,8] and optical spectroscopy [9,10]. In these studies, the relevance of skyrmionic excitations in the vicinity of  $\nu = 1$  was discussed to explain the fast depolarization of the system away from  $\nu = 1$ . It was also pointed out that, both in GaAs 2DEGs and two-dimensional hole gases (2DHGs), skyrmions are the lowest-lying charged excitations in the vicinity of  $\nu = 1$  [1,7,9,11–13]. Skyrmionic excitations rely on the interplay between Zeeman energy  $E_Z$  and the Coulomb energy  $E_C$ . When the ratio between these two quantities  $E_Z/E_C$  is small, large skyrmions are favored. Eventually, in an ideal system with vanishing  $E_Z$ , the skyrmion size would become macroscopic [1,14,15]. Vanishing  $E_Z$  was experimentally achieved by applying hydrostatic pressure [14] or in Al<sub>0.13</sub>Ga<sub>0.87</sub>As/GaAs quantum wells (OWs) where the q factor is close to zero [15]. In both cases, large skyrmions were observed. Another possibility to obtain a vanishing  $E_Z$  is to exploit LL crossings in a 2DHG, which occur at finite magnetic field due to heavy- and light-hole mixing in the valence band [16–23]. In this scenario, an interesting, but so far unresolved question, is the robustness of the QHF and the role of skyrmions at the LL crossing.

In this Letter, we study the  $\nu = 1$  QHF in a densitytunable 2DHG sample in the vicinity of a LL crossing. We extract the absolute value of the spin polarization using cavity spectroscopy from which we obtain a phase diagram of the  $\nu = 1$  state, clearly showing a spin reversal of the ferromagnetic ground state. A narrow transition region with vanishing average polarization separates the two highly spin-polarized phases, while the transition region broadens away from  $\nu = 1$ . By approaching the LL crossing, thereby tuning  $E_Z$  to zero, we observe a faster depolarization of the QHF as a function of the filling factor, suggesting a diverging skyrmion size.

The sample was grown by molecular beam epitaxy on a (001) GaAs wafer, and its structure is shown in Fig. 1(a). The 2DHG is formed in a 15-nm-thick, single-side modulation-doped GaAs QW, which is embedded at the center of a single-wavelength-long Al<sub>0.21</sub>Ga<sub>0.79</sub>As optical microcavity. The carbon  $\delta$  doping is located 30 nm above the QW. The top and bottom distributed Bragg reflectors (DBRs) are composed of 21 and 25 pairs of AlAs/Al<sub>0.21</sub>Ga<sub>0.79</sub>As layers, respectively. The microcavity has a quality factor of  $Q \approx 5 \times 10^3$  that was measured by white light reflection. A silicon-doped *n* layer is grown below the bottom DBR acting as a gate that allows tuning the hole density *p* of the 2DHG. At the border of the sample 16 DBRs pairs were etched with selective wet etching to contact the 2DHG, which was achieved with In<sub>0.96</sub>Zn<sub>0.04</sub>. A second etching



FIG. 1. (a) Sample structure. The cavity region is at the center of the sample, while the etched region is at the border. (b) White light reflection in the etched region as a function of the gate voltage. (c) Calculated electron and heavy-hole Landau level fan diagram for a sample with a 2DHG density of  $4 \times 10^{10}$  cm<sup>-2</sup>. (d) Extraction of spin polarization *P* for a 2DHG density of  $p = 4.9 \times 10^{10}$  cm<sup>-2</sup>. The top panel shows the difference between  $\sigma_{-}$  and  $\sigma_{+}$  white light reflection spectra in the cavity region as a function of the filling factor. The black dots mark the center energy of the Lorentzian fits. The bottom panel shows the extracted |P| using Eq. (1) as a function of filling factor.

step was performed to etch under the 2DHG and contact the *n*-type gate with In. The measured mobility, from a sample of the same wafer with a patterned 100- $\mu$ m-wide Hall bar at 250 mK, is about  $1.14 \times 10^6$  cm<sup>2</sup>/Vs at a density of  $1.92 \times 10^{11}$  cm<sup>-2</sup> obtained by Hall measurement. Applying a negative bias to the diode-like structure, the 2DHG is linearly depleted. The hole mobility decreases linearly with decreasing the hole density *p*, down to  $0.33 \times 10^6$  cm<sup>2</sup>/Vs at a density of  $0.57 \times 10^{11}$  cm<sup>-2</sup>.

In a dilution refrigerator at about 70 mK, the optical resonances of the 2DHG are probed by white light reflection as a function of the gate voltage in the region where the top mirror was partially removed. At large negative bias ( $\leq -8$  V) the 2DHG is depleted, only the heavy-hole and light-hole exciton modes at about 1528.5 and 1536 meV are observed [Fig. 1(b)]. The shift to lower energies from -8 to -10 V is attributed to the quantumconfined Stark effect (QCSE) [24]. At about -7.9 V, a low density 2DHG is formed which interacts with excitons and splits the resonance into two polaronic modes. These two modes arise from the dressing of the optically excited excitons by excitations of the heavy-hole Fermi sea, thereby forming an attractive and a repulsive excitonpolaron resonance [25-31]. The heavy-hole attractive exciton polaron, previously referred to as the charged exciton or trion [28], appears at an energy of approximately 1 meV lower than the exciton mode. The heavy-hole repulsive exciton polaron is also well visible from -5.5 up to -8 V. Because of phase-space filling, as well as due to QCSE, the modes shift to higher energies with increasing gate voltage. We also observe the light-hole exciton dressed by the heavy-hole Fermi sea forming an attractive polaron at an energy ~0.5 meV lower than the corresponding (light-hole) exciton. In contrast to the heavy-hole exciton polaron, there appears to be a continuous transition from the bare light hole exciton mode distinguishable from the polaron branch.

In the following, we will focus on the region of the sample with the microcavity where the exciton polarons hybridize with the cavity mode to form polaron polaritons [25,26,31,32]. Given the complex behavior of the heavyhole LLs, we performed numerical calculations based on the  $8 \times 8$  Kane model [19]. Many-body interactions were taken into account within the self-consistent Hartree approximation. Because of mixing between the heavyand light-hole states, the LLs are nonlinearly dependent on the magnetic field B [Fig. 1(c)], resulting in multiple LL crossings. In this work we study the QHF in the vicinity of the crossing between the two lowest LLs occurring at a magnetic field of approximately  $B_{\rm cr} \approx 1.6 \, {\rm T}$  [see green arrow in Fig. 1(c)]. The LL labeled "a" is a pure heavy-hole state (spin z component  $S_z = +3/2$ ) for all values of B, whereas the LL labeled "b" is pure heavy hole ( $S_z = -3/2$ ) only in the limit B = 0, but it acquires some light-hole character ( $S_7 = +1/2$ ) at finite B (about 10% at B = 5 T). Note that the spin z component is expressed according to the "hole notation" [33]. The effective Zeeman gap  $\tilde{E}_{Z}$ between the LLs a and b is very small at magnetic fields  $B < B_{cr}$ , while it quickly increases for  $B > B_{cr}$ .

To study the QHF around  $\nu = 1$ , we perform polarization-resolved optical spectroscopy in perpendicular magnetic fields to obtain the spin polarization of the 2DHG. The white light reflection is probed independently for  $\sigma_{-}$  and  $\sigma_{+}$  polarized light. In the top panel of Fig. 1(d) the difference between the  $\sigma_{-}$  (red) and  $\sigma_{+}$  (blue) reflectivities is shown for  $p = 4.9 \times 10^{10}$  cm<sup>-2</sup> as a function of  $\nu$ . The polariton normal-mode splitting  $\Omega$  corresponds to half the energy splitting between the upper and lower polariton at zero cavity detuning. For the displayed range of filling factors, a large polariton normal-mode splitting is observed for  $\sigma_+$  polarization. However, the normal-mode splitting for  $\sigma_{-}$  vanishes at  $\nu = 1$  suggesting a complete spin polarization of holes in the lowest LL spin subband. Indeed, the normal-mode splitting squared  $\Omega_{\sigma_{\perp}}^2$  reflects the polaron oscillator strength and therefore the available density of states of each spin subband of the first LL. This allows for a quantitative determination of the spin polarization

$$P = (\Omega_{\sigma_+}^2 - \Omega_{\sigma_-}^2) / (\Omega_{\sigma_+}^2 + \Omega_{\sigma_-}^2)$$
(1)

of the 2DHG [31,34].

For each filling factor, the white light reflection spectra for both circular polarizations were fitted with Lorentzian line shapes. This allows extracting the normal-mode splitting and therefore the spin polarization according to Eq. (1), as shown in the bottom panel of Fig. 1(d). Almost complete spin polarization (98%) was measured at  $\nu = 1$  consistent with the fact that the system is in a robust ferromagnetic state. The almost complete quench of the normal-mode splitting at  $\nu = 1$  was not observed in previous cavity spectroscopy experiments on 2DEGs [31,32]. Furthermore, the system remains almost fully polarized for  $\nu \in$ [0.98, 1.02] and then depolarizes on both sides of  $\nu = 1$ .

The robustness of the OHF at  $\nu = 1$  is still a source of debate. Counterposed results were shown by previous works, where in most cases only partial polarization was measured [9,31,32,34]. Manfra et al. [10] performed optical spectroscopy on three samples and only one of them showed full polarization. Plochocka et al. [34] showed that the QHF is fragile and only for a temperature as low as 40 mK a full polarization was achieved. Almost full polarization was also measured in a low-mobility 2DHG [13]. Advancement on the understanding of the robustness of the QHF was achieved by Piot et al. [35]. These authors showed that an optimal amount of disorder induced stabilization of the QHF in a GaAs 2DEG. Moreover, a transition from a QHF to a QHSG was proposed to occur as the ratio between the Coulomb interactions and disorder is increased, leading to a lower average polarization.

We present experimental evidence for the spin flip of the ferromagnetic ground state caused by the LL crossing in Fig. 2, where white light reflection measurements as a function of the magnetic field are presented for  $\sigma_{-}$ 



In Fig. 3(a), additional evidence for the LL crossing is presented in a phase diagram of the 2DHG spin polarization as a function of density and filling factor. The LL crossing appears as a transition region with low polarization (shown in white) between two highly spin-polarized regions. In the



FIG. 2. Circularly polarized magnetoreflection measurements in the cavity region with  $\sigma_{-}$  (a)–(c) and  $\sigma_{+}$  (d)–(f) white light optical excitations. (g)–(i) Magnetoreflection difference between  $\sigma_{-}$  and  $\sigma_{+}$  optical excitations  $[R_{\sigma_{+}} - R_{\sigma_{-}} = (1 - R_{\sigma_{-}}) - (1 - R_{\sigma_{+}})]$ . The columns correspond to three 2DHG densities as indicated on top of the figures.



FIG. 3. (a) Color map of the spin polarization *P* measured by magnetoreflection spectroscopy and extracted according to Eq. (1) as a function of filling factor (*x* axis) and 2DHG density (*y* axis). (b),(c),(d) Line cuts of the absolute polarization of (a) at different filling factors:  $\nu = 0.92$ , 1.00, and 1.08, respectively.

red region, holes are mainly in the  $|\Downarrow\rangle$  state, while in the blue region, they are mainly in the  $|\Uparrow\rangle$  state. We show, in Figs. 3(b)–3(d), three line cuts at constant filling factors of the absolute value |P| to illustrate the evolution of the spin polarization away from  $\nu = 1$ . At  $\nu = 1$  and  $p > p_{\rm cr} \approx 3.6 \times 10^{10}$  cm<sup>-2</sup>, the ground state is a robust QHF with |P| reaching a maximum value of 98%. After a sharp transition at the LL crossing, occurring at a density of approximately  $p_{\rm cr} \approx 3.6 \times 10^{10}$  cm<sup>-2</sup>, the system repolarizes in the opposite spin state ( $|\uparrow\rangle$ ), up to an absolute value of spin polarization of 80% suggesting a weaker QHF state compared to the  $p > p_{\rm cr}$  regime.

These two distinct regimes are characterized by different  $\tilde{E}_Z$  as inferred from the simulation in Fig. 1(c). At  $p < p_{cr}$ ,  $\tilde{E}_Z$  is small, which can lead, in the presence of disorder and density fluctuations, to charges being introduced to the system in the form of skyrmions and antiskyrmions. In this situation, a QHSG could be formed and results in a lower average polarization [6,35]. At  $p > p_{cr}$ ,  $\tilde{E}_Z$  is large and the skyrmion formation is unlikely allowing the formation of a robust OHF. For high densities,  $p \ge 4.5 \times 10^{10}$  cm<sup>-2</sup>, the system remains polarized between  $\nu \in [0.98, 1.02]$ . Depolarization takes place only at a sufficient deviation from  $\nu = 1$  where skyrmions are numerous enough to overlap [6,35]. The line cuts in Figs. 3(b),3(d) at  $\nu = 0.92$ and 1.08 show a broadening of the transition region, which indicates a lower energy gap compared to the line cut at  $\nu = 1$ , consistent with this interpretation. The asymmetry of the polarization at  $\nu > 1$  and  $\nu < 1$  is a consequence of the asymmetry of  $\tilde{E}_7$  around the LL crossing [see Fig. 1(c)]. Our experiments cannot rule out the possibility of nematic phases playing a role in the loss of spin polarization in the vicinity of the LL crossing, and contributing to the broadening of the transition region [36–43].

In order to evaluate the importance of skyrmions near the crossing, we studied the depolarization of the system when the filling factor is tuned away from  $\nu = 1$  by applying the skyrmion model proposed in Ref. [7]:

$$P = \begin{cases} P_1^S \left[ S \frac{2-\nu}{\nu} - (S-1) \right], & \nu > 1\\ P_1^A \left[ \frac{1}{\nu} - (2A-1) \frac{1-\nu}{\nu} \right], & \nu < 1, \end{cases}$$
(2)

where S and A describe the sizes of the skyrmions and antiskyrmions in terms of number of holes whose spin flips upon removing or adding a flux quantum, respectively.

 $P_1^S$  or  $P_1^A$  are two fitting parameters representing the amplitude of the spin polarization in the limits  $\nu \to 1^+$  and  $\nu \to 1^-$ , respectively. In a single-particle picture,  $\mathcal{A}$  and  $\mathcal{S}$  are equal to 1 [7]. However, it has been shown in previous studies that in GaAs 2DEGs and 2DHGs,  $\mathcal{S}$  and  $\mathcal{A}$  are larger than 1 near  $\nu = 1$  [7–10,12,13]. Their values depend on the ratio  $E_Z/E_C$ , where  $E_Z$  promotes single-spin



FIG. 4. (a) Skyrmion parameters S and A describing the depolarization around  $\nu = 1$  by Eq. (2) as a function of the 2DHG density. (b),(c),(d) Absolute polarization as a function of the filling factor for different 2DHG densities: p = 3.69, 3.96, and  $4.32 \times 10^{10}$  cm<sup>-2</sup>. The red and blue lines are the fits with the skyrmion model [Eq. (2)] to determine S and A.

excitations reducing the skyrmion size and therefore S and A. In contrast, a large  $E_C$  promotes large skyrmions.

Figure 4(a) shows the magnitude of A and S obtained by fitting the data shown in Fig. 3(a) using Eq. (2) as a function of p. As the density approaches  $p_{\rm cr}$ , A and S diverge. According to particle-hole symmetry,  $\mathcal{A}$  and  $\mathcal{S}$ should be equal at any density [1,9]. However, this is not observed near  $p_{cr}$ . At  $p > p_{cr}$ ,  $\mathcal{A}$  is only weakly affected by the crossing compared to S as can also be seen in the line cuts at p = 3.69, 3.96, and  $4.32 \times 10^{10} \text{ cm}^{-2}$  in Figs. 4(b)–4(d). For  $p < p_{cr}$  the situation is the opposite, with  $\mathcal{A}$  being more affected than  $\mathcal{S}$ . In Fig. 4(b) the crossing is clearly visible and occurs at approximately  $\nu = 1.07$ . The polarization drops from about 0.75 down to 0 in a very short range of filling factor, exhibiting a skyrmion size S = 11.7 while the antiskyrmion size A = 2.8 remains small. We believe that the difference between the  $\mathcal{A}$  and  $\mathcal{S}$ is a direct consequence of the nonlinear dependence of  $\tilde{E}_Z$ on B. Indeed, a small deviation away from  $B_{cr}$ , especially in the case where  $B > B_{cr}$ , leads to a large increase of  $\tilde{E}_Z$ [see Fig. 1(c)] and a reduction of the skyrmion and antiskyrmion size.

To conclude, we studied the spin polarization of the  $\nu = 1$  state in the vicinity of a LL crossing occurring in 2DHGs by means of cavity spectroscopy in the strong coupling regime. The LL crossing leads to a rich ferromagnetic phase diagram with a peculiar transition of the ground state from the  $|\uparrow\uparrow\rangle$  to the  $|\downarrow\downarrow\rangle$  state which is remarkably sharp at  $\nu = 1$  and broadens upon tuning away from it. Moreover, this transition exhibits a vanishing effective Zeeman energy, which promotes large skyrmions and therefore accelerates the depolarization of the ferromagnet upon tuning the filling factor away from  $\nu = 1$ .

Further studies could focus on fractional quantum Hall states in the proximity of LL crossings, enabled in 2DHGs by the richness of the valence band structure. We envision that this exciting platform will lead to new insights on quantum Hall ferromagnetism and skyrmion physics in the limit of a vanishing Zeeman energy. The data that support the findings of this article are available in the ETH Research Collection [44].

We are grateful for the support through the Swiss National Science Foundation (SNF) and the NCCR QSIT (National Center of Competence in Research—Quantum Science and Technology). M. S. acknowledges support by the DOE BES (Grant No. DE-FG02-00-ER45841), the NSF (Grants No. DMR 1709076 and No. ECCS 1906253), the Gordon and Betty Moore Foundation (Grant No. GBMF4420), and a QuantEmX travel grant from Institute for Complex Adaptive Matter and the Gordon and Betty Moore Foundation through Grant No. GBMF5305.

- S. L. Sondhi, A. Karlhede, S. A. Kivelson, and E. H. Rezayi, Skyrmions and the crossover from integer to fractional quantum Hall effect at small Zeeman energies, Phys. Rev. B 47, 16419 (1993).
- [2] J. Sinova, S. M. Girvin, T. Jungwirth, and K. Moon, Skyrmion dynamics and NMR line shapes in quantum Hall ferromagnets, Phys. Rev. B 61, 2749 (2000).
- [3] J. Sinova, A. H. MacDonald, and S. M. Girvin, Disorder and interactions in quantum Hall ferromagnets near  $\nu = 1$ , Phys. Rev. B **62**, 13579 (2000).
- [4] V. Zhitomirsky, R. Chughtai, R. J. Nicholas, and M. Henini, Depolarization of the ground state in the quantum Hall ferromagnet and its dependence on g-factor, Semicond. Sci. Technol. 19, 252 (2004).
- [5] Z. F. Ezawa and G. Tsitsishvili, Quantum Hall ferromagnets, Rep. Prog. Phys. 72, 086502 (2009).
- [6] S. Rapsch, J. T. Chalker, and D. K. K. Lee, Spin Textures, Screening, and Excitations in Dirty Quantum Hall Ferromagnets, Phys. Rev. Lett. 88, 036801 (2002).
- [7] S. E. Barrett, G. Dabbagh, L. N. Pfeiffer, K. W. West, and R. Tycko, Optically Pumped NMR Evidence for Finite-Size Skyrmions in GaAs Quantum Wells Near Landau Level Filling  $\nu = 1$ , Phys. Rev. Lett. **74**, 5112 (1995).
- [8] P. Khandelwal, N. N. Kuzma, S. E. Barrett, L. N. Pfeiffer, and K. W. West, Optically pumped NMR in the quantum Hall regimes, Physica (Amsterdam) 256B-258B, 113 (1998).
- [9] E. H. Aifer, B. B. Goldberg, and D. A. Broido, Evidence of Skyrmion Excitations about  $\nu = 1$  in *n*-Modulation-Doped Single Quantum Wells by Interband Optical Transmission, Phys. Rev. Lett. **76**, 680 (1996).
- [10] M. Manfra, B. Goldberg, L. Pfeiffer, and K. West, Optical determination of the spin polarization of a quantum Hall ferromagnet, Physica (Amsterdam) 1E, 28 (1997).
- [11] A. Schmeller, J. P. Eisenstein, L. N. Pfeiffer, and K. W. West, Evidence for Skyrmions and Single Spin Flips in the

Integer Quantized Hall Effect, Phys. Rev. Lett. **75**, 4290 (1995).

- [12] C. M. Townsley, R. Chughtai, R. J. Nicholas, and M. Henini, Observation of skyrmions in a two-dimensional hole system, Phys. Rev. B 71, 073303 (2005).
- [13] L. Bryja, A. Wójs, and M. Potemski, Quantum Hall skyrmions in a hole gas with a large spin gap, Phys. Rev. B 73, 241302(R) (2006).
- [14] D. R. Leadley, R. J. Nicholas, D. K. Maude, A. N. Utjuzh, J. C. Portal, J. J. Harris, and C. T. Foxon, Searches for skyrmions in the limit of zero g-factor, Semicond. Sci. Technol. 13, 671 (1998).
- [15] S. P. Shukla, M. Shayegan, S. R. Parihar, S. A. Lyon, N. R. Cooper, and A. A. Kiselev, Large skyrmions in an Al<sub>0.13</sub>Ga<sub>0.87</sub>As quantum well, Phys. Rev. B **61**, 4469 (2000).
- [16] Z. Schlesinger, S. J. Allen, Y. Yafet, A. C. Gossard, and W. Wiegmann, Cyclotron resonance in the two-dimensional hole gas in (Ga,Al)As/GaAs heterostructures, Phys. Rev. B 32, 5231 (1985).
- [17] S. J. Hawksworth, S. Hill, T. J. B. M. Janssen, J. M. Chamberlain, J. Singleton, U. Ekenberg, G. M. Summers, G. A. Davies, R. J. Nicholas, E. C. Valadares, M. Henini, and J. A. A. J. Perenboom, Cyclotron resonance of highmobility GaAs/AlGaAs (311) 2DHGs, Semicond. Sci. Technol. 8, 1465 (1993).
- [18] B. E. Cole, J. M. Chamberlain, M. Henini, T. Cheng, W. Batty, A. Wittlin, J. A. A. J. Perenboom, A. Ardavan, A. Polisski, and J. Singleton, Cyclotron resonance in ultra-low-hole-density narrow p -type GaAs AlGaAs quantum wells, Phys. Rev. B 55, 2503 (1997).
- [19] R. Winkler, Spin-Orbit Coupling Effects in Two-Dimensional Electron and Hole Systems (Springer, Berlin, 2003).
- [20] M. Kubisa, L. Bryja, K. Ryczko, J. Misiewicz, C. Bardot, M. Potemski, G. Ortner, M. Bayer, A. Forchel, and C. B. Sørensen, Photoluminescence investigations of two-dimensional hole Landau levels in p-type single hetero Al<sub>x</sub>Ga<sub>1-x</sub>As/GaAs structures, Phys. Rev. B 67, 035305 (2003).
- [21] F. Fischer, R. Winkler, D. Schuh, M. Bichler, and M. Grayson, Transport evidence of the lowest Landau-level spin-index anticrossing in (110) GaAs two-dimensional holes, Phys. Rev. B 75, 073303 (2007).
- [22] Y. Liu, S. Hasdemir, D. Kamburov, A. L. Graninger, M. Shayegan, L. N. Pfeiffer, K. W. West, K. W. Baldwin, and R. Winkler, Even-denominator fractional quantum Hall effect at a Landau level crossing, Phys. Rev. B 89, 165313 (2014).
- [23] Y. Liu, S. Hasdemir, M. Shayegan, L. N. Pfeiffer, K. W. West, and K. W. Baldwin, Unusual Landau level pinning and correlated  $\nu = 1$  quantum Hall effect in hole systems confined to wide GaAs quantum wells, Phys. Rev. B **92**, 195156 (2015).
- [24] D. A. B. Miller, D. S. Chemla, T. C. Damen, A. C. Gossard, W. Wiegmann, T. H. Wood, and C. A. Burrus, Band-Edge Electroabsorption in Quantum Well Structures: The Quantum-Confined Stark Effect, Phys. Rev. Lett. 53, 2173 (1984).
- [25] R. Rapaport, R. Harel, E. Cohen, A. Ron, E. Linder, and L. N. Pfeiffer, Negatively Charged Quantum Well Polaritons in a GaAs/AlAs Microcavity: An Analog of Atoms in a Cavity, Phys. Rev. Lett. 84, 1607 (2000).

- [26] R. Rapaport, E. Cohen, A. Ron, E. Linder, and L. N. Pfeiffer, Negatively charged polaritons in a semiconductor microcavity, Phys. Rev. B 63, 235310 (2001).
- [27] R. A. Suris, Correlation between trion and hole in Fermi distribution in process of trion photo-excitation in doped QWs, in Optical Properties of 2D Systems with Interacting Electrons, NATO Science Series, edited by W. J. Ossau and R. Suris (Springer, Netherlands, 2003), pp. 111–124.
- [28] I. Bar-Joseph, Trions in GaAs quantum wells, Semicond. Sci. Technol. 20, R29 (2005).
- [29] M. Sidler, P. Back, O. Cotlet, A. Srivastava, T. Fink, M. Kroner, E. Demler, and A. Imamoglu, Fermi polaron-polaritons in charge-tunable atomically thin semiconductors, Nat. Phys. 13, 255 (2017).
- [30] D. K. Efimkin and A. H. MacDonald, Many-body theory of trion absorption features in two-dimensional semiconductors, Phys. Rev. B 95, 035417 (2017).
- [31] S. Ravets, P. Knüppel, S. Faelt, O. Cotlet, M. Kroner, W. Wegscheider, and A. Imamoglu, Polaron-Polaritons in the Integer and Fractional Quantum Hall Regimes, Phys. Rev. Lett. **120**, 057401 (2018).
- [32] S. Smolka, W. Wuester, F. Haupt, S. Faelt, W. Wegscheider, and A. Imamoglu, Cavity quantum electrodynamics with many-body states of a two-dimensional electron gas, Science 346, 332 (2014).
- [33] In the valence electron notation, the spin *z* components of the valence band states would be the opposite of the ones specified in this Letter.
- [34] P. Plochocka, J. M. Schneider, D. K. Maude, M. Potemski, M. Rappaport, V. Umansky, I. Bar-Joseph, J. G. Groshaus, Y. Gallais, and A. Pinczuk, Optical Absorption to Probe the Quantum Hall Ferromagnet at Filling Factor  $\nu = 1$ , Phys. Rev. Lett. **102**, 126806 (2009).
- [35] B. A. Piot, W. Desrat, D. K. Maude, D. Kazazis, A. Cavanna, and U. Gennser, Disorder-Induced Stabilization

of the Quantum Hall Ferromagnet, Phys. Rev. Lett. 116, 106801 (2016).

- [36] Y. P. Shkolnikov, S. Misra, N. C. Bishop, E. P. De Poortere, and M. Shayegan, Observation of Quantum Hall "Valley Skyrmions", Phys. Rev. Lett. 95, 066809 (2005).
- [37] M. Padmanabhan, T. Gokmen, and M. Shayegan, Ferromagnetic Fractional Quantum Hall States in a Valley-Degenerate Two-Dimensional Electron System, Phys. Rev. Lett. **104**, 016805 (2010).
- [38] T. Gokmen and M. Shayegan, Density and strain dependence of  $\nu = 1$  energy gap in a valley-degenerate AlAs quantum well, Phys. Rev. B **81**, 115336 (2010).
- [39] D. A. Abanin, S. A. Parameswaran, S. A. Kivelson, and S. L. Sondhi, Nematic valley ordering in quantum Hall systems, Phys. Rev. B 82, 035428 (2010).
- [40] A. Kumar, S. A. Parameswaran, and S. L. Sondhi, Microscopic theory of a quantum Hall Ising nematic: Domain walls and disorder, Phys. Rev. B 88, 045133 (2013).
- [41] B. E. Feldman, M. T. Randeria, A. Gyenis, F. Wu, H. Ji, R. J. Cava, A. H. MacDonald, and A. Yazdani, Observation of a nematic quantum Hall liquid on the surface of bismuth, Science 354, 316 (2016).
- [42] M. S. Hossain, M. A. Mueed, M. K. Ma, Y. J. Chung, L. N. Pfeiffer, K. W. West, K. W. Baldwin, and M. Shayegan, Anomalous coupling between magnetic and nematic orders in quantum Hall systems, Phys. Rev. B 98, 081109(R) (2018).
- [43] S. A. Parameswaran and B. E. Feldman, Quantum Hall valley nematics, J. Phys. Condens. Matter 31, 273001 (2019).
- [44] M. Lupatini, ETH Zurich Research Collection, https:// doi.org/10.3929/ethz-b-000422205.

*Correction:* A DMR contract number contained an error and has been fixed.