

Searching for Scalar Dark Matter with Compact Mechanical Resonators

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Ultralight scalars are an interesting dark matter candidate that may produce a mechanical signal by modulating the Bohr radius. Recently it has been proposed to search for this signal using resonant-mass antennas. Here, we extend that approach to a new class of existing and near term compact (gram to kilogram mass) acoustic resonators composed of superfluid helium or single crystal materials, producing displacements that are accessible with opto- or electromechanical readout techniques. We find that a large unprobed parameter space can be accessed using ultrahigh- Q , cryogenically cooled centimeter-scale mechanical resonators operating at 100 Hz–100 MHz frequencies, corresponding to 10^{-12} – 10^{-6} eV scalar mass range.

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Introduction.—The existence of dark matter (DM) is supported by numerous astrophysical observations [1–5]. However, the standard model (SM) of particle physics provides no clear DM candidates, spurring searches for new (beyond the SM) particles like weakly interacting massive particles [6–8] and axions [9–12]. String theory suggests many new light particles, motivating the possibility of ultralight dark matter [13–18].

For sufficiently low masses ($m_{\text{DM}} \lesssim 10^{-1}$ eV), DM particles behave as a classical field, due to their large occupation numbers. DM would then be produced non-thermally through coherent oscillations of a cosmological scalar field [19–22]. Cosmic microwave background anisotropies, large-scale structure observations, and other measurements impose a lower limit of $m_{\text{DM}} \gtrsim 10^{-22}$ eV for ultralight DM (cf. [23–30]).

Under a parity transform, some ultralight DM particles (such as axions) transform as pseudoscalars, while others (e.g., dilatons and moduli) transform as scalars. The parameter space for new ultralight scalars has been constrained by stellar cooling bounds [31,32] and by torsion balance experiments [33,34]. Through couplings to the SM, scalar fields would modulate the fine-structure constant α and lepton masses (e.g., the electron mass m_e) [35,36]. If this scalar field is the dark matter, this modulation would occur at the DM Compton frequency, $\omega_{\text{DM}} = m_{\text{DM}}c^2/\hbar$, an effect detectable using atomic clocks, atom interferometry, laser interferometry, and other methods [37–43].

Modulation of α and m_e also produces a mechanical signal—an oscillating atomic strain—through modulation of the Bohr radius, $a_0 = \hbar/\alpha cm_e$ [42]. This strain can give rise to measurable displacement in a body composed of many atoms and be resonantly enhanced in an elastic body with acoustic modes at ω_{DM} . Recently it has been suggested to

search for this *acoustic* DM signature using resonant-mass antennas [42]. Data from the AURIGA gravitational wave (GW) detector have already put bounds on scalar DM coupling [44]. In Ref. [42], new resonant DM detectors were proposed, including a frequency-tunable Cu-Si sphere coupled to a Fabry-Perot cavity and more compact quartz bulk acoustic wave (BAW) resonators [45]. A technique for broadband detection of low-mass scalar DM was explored in Ref. [46].

Here we propose extending the compact-resonator approach to a broader class of existing gram- to kilogram-scale devices composed of superfluid He or single crystals. These devices (along with BAW resonators discussed earlier [42]) have been studied in the field of cavity optomechanics [47–49] and provide access to a broad frequency (mass) range of $100 \text{ Hz} \lesssim \omega_{\text{DM}}/2\pi \lesssim 100 \text{ MHz}$ ($10^{-12} \lesssim m_{\text{DM}} \lesssim 10^{-6}$ eV). The key virtue of this approach is that, owing to their small dimensions and crystalline material, these devices can be operated at dilution refrigerator temperatures with quality factors as high as 10^{10} [45], thereby substantially reducing thermal noise. We present analytic expressions for thermal-noise-limited DM sensitivity for an arbitrary acoustic mode shape and find that the minimum detectable scalar coupling can be orders of magnitude below current bounds.

Scalar DM field properties.—DM particles in the Milky Way have a Maxwellian velocity distribution about the virial velocity $v_{\text{vir}} \approx 10^{-3}c$ [50]. Given the local DM density ($\rho_{\text{DM}} \approx 0.3 \text{ GeV}/\text{cm}^3$ [51]), ultralight DM particles behave as a classical field. We consider DM as a field with coherence time $\tau_c = [(v_{\text{vir}}^2/c^2)\omega_{\text{DM}}]^{-1}$ and coherence length λ_c equal to the de Broglie wavelength λ_{DM} [50]. DM mass $m_{\text{DM}} \lesssim 10^{-6}$ eV corresponds to $\lambda_{\text{DM}} \gtrsim 1 \text{ km}$, implying that the field is spatially uniform over laboratory scales.

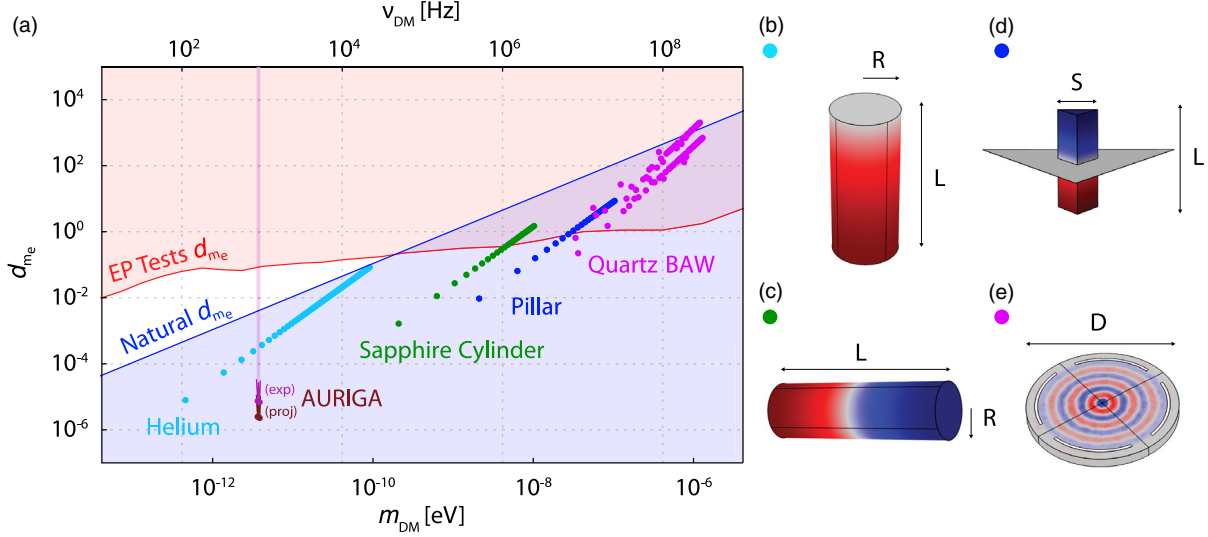


FIG. 1. (a) Log-log plot of coupling strength d_{DM} vs DM frequency ν_{DM} and mass m_{DM} , assuming $d_e = 0$. The red region is excluded by the Eöt-Wash equivalence principle (EP) test [34,42]. Further constraint is provided by analysis of ~ 1 month of data by AURIGA (expt.). The projected sensitivity of AURIGA for a full ~ 10 yr of signal integration is in burgundy [44]. The blue region is natural for electron Yukawa coupling with a 10 TeV cutoff [42]. Solid circles are the predicted minimum detectable coupling $(d_{\text{DM}})_{\text{min}}$ for each proposed detector, assuming an integration time of 1 yr and experimental parameters described in the main text. Light blue points: $(d_{\text{DM}})_{\text{min}}$ for the first 100 longitudinal modes of a superfluid helium detector. Green points: $(d_{\text{DM}})_{\text{min}}$ for the first 25 odd-ordered longitudinal modes of a cylindrical HEM@ sapphire test mass [48]. Dark blue points: $(d_{\text{DM}})_{\text{min}}$ for the first 25 odd-ordered longitudinal modes of a sapphire micropillar [55]. Lavender points: $(d_{\text{DM}})_{\text{min}}$ for lower-order longitudinal modes of quartz BAW resonators [45,56]. (b) Rendering of superfluid helium detector. Following the design in Ref. [57], we use $R = 10.8$, $L = 50$ cm. (c) Rendering of HEM@ sapphire test mass. From Ref. [48], $R = 15$ mm, $L = 10$ cm. (d) Rendering of sapphire pillar; $s = 4$ mm, $L = 1$ cm. (e) Rendering of quartz BAW resonator. From Refs. [45,56], device 1 uses $L_1 = 1$, $D_1 = 30$, $R_1 = 300$ mm and device 2 uses $L_2 = 1.08$, $D_2 = 13$, $R_2 = 230$ mm. L is the thickness and R is the radius of curvature of the top surface.

Coupling of dark matter to α and m_e leads to an oscillating strain given by [42]

$$h(t) = -\frac{\delta\alpha(t)}{\alpha_0} - \frac{\delta m_e(t)}{m_{e,0}} = -h_0 \cos(\omega_{\text{DM}} t), \quad (1)$$

where

$$h_0 = d_{\text{DM}} \sqrt{\frac{8\pi G \rho_{\text{DM}}}{\omega_{\text{DM}}^2 c^2}}. \quad (2)$$

Here $d_{\text{DM}} = d_{m_e} + d_e$ is a dimensionless constant describing the strength of the DM coupling to the electron mass (d_{m_e}) and fine-structure constant (d_e) [36,37,42] (see Supplemental Material [52] for details on the coupling).

Resonant-mass detection.—A scalar DM field modulates the size of atoms (by h , fractionally) at the Compton frequency ω_{DM} . This effect introduces an isotropic stress in a solid body (rather, any form of condensed phase matter). This stress is effectively spatially uniform over length scales much smaller than λ_c [50]. Such a periodic stress may excite acoustic vibrations in the body. Note that not every acoustic mode couples to DM; a point that we wish to emphasize is that a uniform stress only couples to *breathing* modes.

Mechanical resonators that operate in nonbreathing modes are not sensitive to scalar DM strain. An example

of modes that would not be excited are those of a rigidly clamped solid bar. In this case, a spatially uniform stress will not cause any of the atoms in the bar to displace from their equilibrium position because of the zero net force on each. Without rigid clamping to impose an equal and opposite force on the edges of the bar, the bar will be free to expand and contract. We have found that, by introducing at least one free acoustic boundary, a spatially uniform stress can couple to acoustic modes. It is for this reason that we specify that only breathing modes couple to scalar DM.

To quantify the effect of DM on an elastic body (the detector), we have adapted the analysis for continuous gravitational waves in Ref. [53]. We begin with the displacement field $u_i = \sum_n \xi_n(t) u_{ni}(\mathbf{x})$, where u_{ni} is the normalized spatial distribution (mode shape) and ξ_n is the time-dependent amplitude of the n th acoustic mode; subscript i denotes the spatial component $\{x, y, z\}$. This allows us to model the detector as a harmonic oscillator with effective mass $\mu_n = \int \rho \sum_i |u_{ni}|^2 dV$. It is driven by thermal forces $f_{\text{th}}(t)$ and a DM-induced force $f_{\text{DM}}(t) = \ddot{h}(t) q_n$, where $q_n = \int \rho \sum_i u_{ni} x_i dV$ is a parameter that determines the strength of the coupling between a scalar strain and the n th mode of the detector. By introducing dissipation in the form of velocity damping, the modes of the resonator obey damped harmonic motion

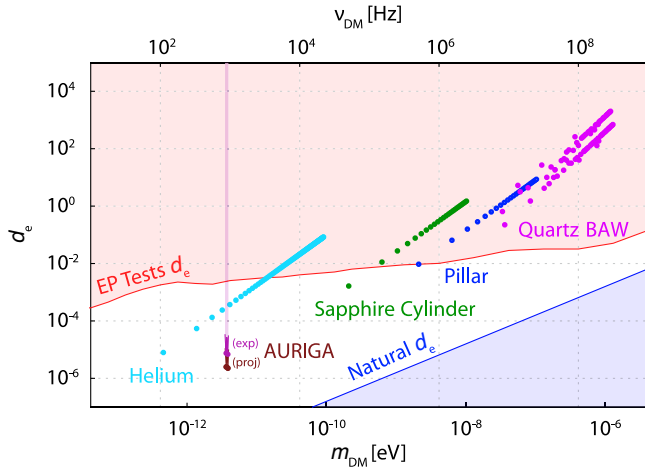


FIG. 2. Coupling strength d_{DM} vs DM frequency ν_{DM} and mass m_{DM} in d_e parameter space. Point types and colors are as in Fig. 1. Higher sensitivities are needed to probe new parameter space for d_e coupling than for d_{m_e} .

$$\ddot{\xi}_n + \frac{\omega_n}{Q_n} \dot{\xi}_n + \omega_n^2 \xi_n = \frac{f_{\text{DM}}}{\mu_n} + \frac{f_{\text{th}}}{\mu_n}, \quad (3)$$

where ω_n and Q_n are, respectively, the resonance frequency and quality factor of the n th mode (see Supplemental Material [52]).

Thus, the strategies developed for resonant detection of gravitational waves, originally proposed by Weber [54], can also be applied to detecting DM [42]. Note that not all GW detectors double as scalar DM detectors. Broadband interferometric detectors, such as the Laser Interferometer Gravitational Wave Observatory, are only sensitive to gradients in the DM strain field [37]. A spatially uniform isotropic strain would produce equal phase shifts in each arm of an interferometer. Moreover, scalar DM strains atoms, not free space—in this sense, it is not equivalent to a scalar GW.

DM parameter space.—The parameter space for scalar couplings d_{m_e} and d_e is shown in Figs. 1 and 2, respectively. Each plot includes sensitivity estimates for four candidate detectors (discussed below and in the caption). Overlaid are experimental constraints set by EP tests (the Eöt-Wash experiment) and gravitational wave searches (AURIGA), as well as the benchmark “natural d_{DM} ” line. Below we briefly review these constraints.

The Eöt-Wash experiment, a long-standing test of the weak equivalence principle using a torsion balance, has set the strongest existing constraints on d_{m_e} and d_e . The orange exclusion region in Fig. 1(a) comes from the comparison of the differential accelerations of beryllium and titanium masses to 10^{-13} precision [34].

AURIGA is a resonant-mass gravitational wave detector based on a 3-m-long, 2200 kg Al-alloy (Al5056) bar cooled to liquid He temperatures [44]. The detector has collected ~ 10 yr of data, one month of which has been analyzed to

search for scalar DM [44]. Extrapolating to its full (10 yr) run time, the DM sensitivity of AURIGA is $(d_{\text{DM}})_{\text{min}} \approx 10^{-5}$ for $850 \leq \nu_{\text{DM}} \leq 950$ Hz. This bandwidth is set by the sensitivity over which thermal motion of the Al bar can be detected.

The naturalness criterion requires that quantum corrections to m_{DM} be smaller than m_{DM} itself [58]. Consistent with other work [42,58,59], this cutoff is chosen as roughly the energy scale up to which the SM is believed to be valid. The blue region in Fig. 1 indicates where the naturalness criterion is satisfied for a cutoff of 10 TeV.

Thermal noise and minimum detectable coupling.—Mechanical strain sensors, like AURIGA, are fundamentally limited by thermal noise. We consider milli- to centimeter-scale mechanical resonators operating at hertz to megahertz frequencies, for which thermal motion is the dominant noise source, but deep cryogenics and quantum-limited displacement readout are available. The expression for thermally limited strain sensitivity was first applied to resonant-mass DM detection in Ref. [42]. Here, we summarize the derivation of strain sensitivity, arriving at general expressions for arbitrary resonator geometries.

Thermal noise is well described by a white-noise force spectrum, $S_{ff}^{\text{th}} = (4k_B T \mu_n / Q_n)$, which drives the mechanical resonator into Brownian motion [60]. Following Eq. (3), this limits the sensitivity of a strain measurement to

$$\sqrt{S_{hh}^{\text{th}}} = \sqrt{\frac{4k_B T \mu_n}{Q_n q_n^2 \omega_n^3}}. \quad (4)$$

Accounting for the DM field’s finite coherence time, the minimum detectable strain for 2σ detection of the signal over measurement duration $\tau_{\text{int}} \gg \tau_c$ is

$$h_{\text{min}} \approx \sqrt{\frac{16v_{\text{vir}} k_B T \mu_n}{Q_n q_n^2 \omega_n^{5/2} c} \tau_{\text{int}}^{-1/4}}. \quad (5)$$

The minimum detectable DM coupling is

$$(d_{\text{DM}})_{\text{min}} \approx \sqrt{\frac{2v_{\text{vir}} c}{\pi G \rho_{\text{DM}}}} \sqrt{\frac{k_B T \mu_n}{Q_n q_n^2 \sqrt{\omega_n \tau_{\text{int}}}}}, \quad (6)$$

which can also be expressed in terms of the minimum detectable strain as

$$(d_{\text{DM}})_{\text{min}} \approx \sqrt{\frac{c^2}{8\pi G \rho_{\text{DM}}}} \omega_n h_{\text{min}}. \quad (7)$$

Equations (4)–(7) are analytical expressions, general to any mechanical detector of arbitrary elastic material and geometry. Equation (6) is used to generate the results for

each detector in Fig. 1(a) for $\tau_{\text{int}} = 1$ yr (see Refs. [52,61] for details on integration time scaling).

Typical h_{min} values derived for the devices in this Letter are $\sim 10^{-24}$ – 10^{-23} . From Eq. (7) it is evident that higher frequency detectors require a lower h_{min} in order to maintain the same minimum detectable coupling. This scaling arises from the inverse relationship between the DM field amplitude h_0 and Compton frequency ω_{DM} .

Another challenge to high-frequency detection is that the DM signal's coherence time τ_c is inversely proportional to the Compton frequency. Rearranging Eq. (5) gives (for $\tau_{\text{int}} \gg \tau_c$) $h_{\text{min}} = 2\sqrt{S_{hh}^{\text{th}}(\tau_{\text{int}}\tau_c)^{-1/4}}$. Thus, a shorter coherence time increases $(d_{\text{DM}})_{\text{min}}$.

The detector geometry also introduces unfavorable frequency scaling, as higher frequency resonators are generally smaller, implying a reduced coupling factor q_n . Geometric considerations reduce q_n for higher n modes.

For the reasons explained above, $(d_{\text{DM}})_{\text{min}}$ tends to scale as $\sim \omega_{\text{DM}}^{7/4}$ for simple longitudinal modes. Thus, designing mechanical resonators to beat limits set by EP tests is difficult in the $\omega_{\text{DM}} \sim \text{GHz}$ range.

Device parameters and results.—We now consider several possible scalar dark matter detectors based on acoustic breathing mode resonators (see Refs. [52,62] for details on the mode shapes for each resonator). Figure 1 highlights four resonators with gram to kilogram effective masses and hertz to megahertz frequencies. Each detector behaves like a miniature Weber bar antenna [44]. To facilitate comparison, we assume a 10 mK operating temperature and mechanical Q factors of 10^9 , unless otherwise constrained by experiment. Specific parameters are stated in the caption of Fig. 1. Note that, while the mode shapes u_{ni} (indicated by color coding) in Figs. 1(b)–1(e) are rendered numerically in COMSOL [63], the results plotted in Figs. 1(a) and 2 are analytical.

For DM frequencies $100 \text{ Hz} \lesssim \nu_{\text{DM}} \lesssim 25 \text{ kHz}$, we consider the superfluid helium bar resonator probed optomechanically, as discussed in Ref. [47] [Fig. 1(b)]. To permit breathing modes, the helium container is designed to be only partially filled. The niobium shell supporting the container is assumed to be infinitely rigid due to its much greater bulk modulus. The resonant medium is the 2.7 kg volume of superfluid. Assuming $T = 10 \text{ mK}$ and $Q = 10^9$ (limited by doping and clamping loss) [47], $(d_{\text{DM}})_{\text{min}}$ for the first 100 longitudinal modes is plotted in light blue in Fig. 1(a). For the fundamental mode ($\nu_1 \approx 120 \text{ Hz}$), the strain sensitivity is $\sqrt{S_{hh}^{\text{th}}} = 2.5 \times 10^{-21} \text{ Hz}^{-1/2}$.

For DM frequencies $50 \text{ kHz} \lesssim \nu_{\text{DM}} \lesssim 2.5 \text{ MHz}$, we consider a 0.3 kg HEM® sapphire cylinder intended for use as an end mirror in future cryogenic GW detectors [48]. We note that an existing class of similar, promising devices is not considered in this Letter [64–68]. We assume $T = 10 \text{ K}$ as an experimental constraint due to the low thermal conductance of the test mass suspensions [69].

A quality factor of $Q = 10^9$ is assumed based on historical measurements of Braginsky and co-workers [70,71], though we note a more contemporary benchmark is $Q = 2.5 \times 10^8$ at $T = 4 \text{ K}$ [72]. Green points in Fig. 1(a) are estimates of $(d_{\text{DM}})_{\text{min}}$ for 25 longitudinal modes with dimensions as shown in Fig. 1(c). For the fundamental mode ($\nu_1 \approx 54 \text{ kHz}$), the strain sensitivity is $\sqrt{S_{hh}^{\text{th}}} = 2.4 \times 10^{-22} \text{ Hz}^{-1/2}$.

For DM frequencies $550 \text{ kHz} \lesssim \nu_{\text{DM}} \lesssim 27 \text{ MHz}$, we consider a modification of the quartz micropillar resonator developed by Neuhaus *et al.* [49,55] (see also Ref. [73]) for cryogenic optomechanics experiments. The micropillar is assumed to be scaled up in size [Fig. 1(d)] and reconstructed of sapphire, whose higher density and sound velocity produces larger strain coupling in order to begin ruling out parameter space in the megahertz regime with only $\sim 0.3 \text{ g}$ of mass. Estimates of $(d_{\text{DM}})_{\text{min}}$ for the first 25 odd-ordered longitudinal modes, with $Q = 10^9$ and $T = 10 \text{ mK}$, are shown in blue in Fig. 1(a). For the fundamental mode ($\nu_1 = 550 \text{ kHz}$), the strain sensitivity is $\sqrt{S_{hh}^{\text{th}}} = 7.7 \times 10^{-23} \text{ Hz}^{-1/2}$.

Finally, for DM frequencies $10 \lesssim \nu_{\text{DM}} \lesssim 350 \text{ MHz}$, we consider two gram-scale quartz BAW resonators [45], initially proposed to search for scalar DM in Ref. [42]. Lavender points in Fig. 1(a) are for several longitudinal modes assuming an average quality factor of 10^{10} for device 1 and 10^9 for device 2, with Q adjusted for a few specific modes corresponding to measurements in Ref. [45]. Because of the unfavorable frequency scaling described above, these BAWs are predicted to surpass d_{m_e} EP test constraints for only a few lower-order modes, when operating at $T = 10 \text{ mK}$. The strain sensitivity for the mode at $\nu \approx 10 \text{ MHz}$ is $\sqrt{S_{hh}^{\text{th}}} \approx 5 \times 10^{-23} \text{ Hz}^{-1/2}$.

Excluded from the figures are high-frequency devices such as phononic crystals [74,75] and gigahertz BAWs [76]. We found them unable to compete with EP test constraints. In principle, one could extend our Letter to lower frequency mechanical resonators. In this case, sensitivity would ultimately be limited by strain noise due to Newtonian gravity gradients and seismic fluctuations [77].

Detector readout requirements and bandwidth.—We have considered the thermal limit to resonant-mass DM detection for various compact resonators. To reach this limit, the imprecision of the readout system S_{hh}^{imp} must be smaller than thermal noise S_{hh}^{th} , yielding a fractional detection bandwidth of $\Delta\omega/\omega \approx Q^{-1} \sqrt{S_{hh}^{\text{th}}/S_{hh}^{\text{imp}}}$.

The resonators discussed permit high-sensitivity optomechanical readout. Sapphire cylinders and pillars can be mirror coated (e.g., using crystalline coatings [78]) and coupled to a Fabry-Perot cavity. For devices in Fig. 1, thermal displacement of the end face is on the order of $10^{-14} \text{ m}/\sqrt{\text{Hz}}$ (cylinder) and $10^{-16} \text{ m}/\sqrt{\text{Hz}}$ (pillar) near

the fundamental resonance, implying a fractional bandwidth of 10^{-5} (10^{-7}) for a shot-noise-limited displacement sensitivity of 10^{-18} m/ $\sqrt{\text{Hz}}$ (achievable with milliwatts of optical power for a cavity finesse of 1000).

Superfluid He and quartz BAW resonators have been probed noninvasively with low-noise microwave circuits. The piezoelectricity of quartz permits contact-free capacitive coupling of a BAW to a superconducting quantum interference device amplifier; this has enabled fractional bandwidths of 10^{-6} for a 10 mK, 10 MHz with $Q \sim 10^8$ device [79]. Helium bars have likewise been capacitively coupled to superconducting microwave cavities. For the bar considered in Fig. 1, a detailed road map to thermal-noise-limited readout is described in Ref. [57].

Frequency tuning can also increase the effective detector bandwidth. The sound speed of quartz and sapphire are both thermally tunable, however, ultracryogenic operation practically limits the utility of this approach. Superfluid He permits broadband mechanical tuning by pressurization (which has been used to change the sound speed of He by 50% [80]). Another possible route is through dynamical coupling to the microwave or optical resonator used for readout. Though weak, such “optical spring” effects (well studied in cavity optomechanics [81]) are noninvasive and might be used to trim the detector at the level of the fractional DM signal bandwidth, $\Delta\omega_{\text{DM}}/\omega_{\text{DM}} = (\omega_{\text{DM}}\tau_c)^{-1} \sim 10^{-6}$.

Trade-offs between bandwidth, sensitivity, and tunability ultimately determine the search strategy for a given detector. For instance, while three of the detectors discussed above (based on helium bar, sapphire cylinder, and sapphire micropillar resonators) can surpass the sensitivity of the Eöt-Wash experiment in under a minute, their bandwidth will likely be smaller than that of the DM signal $\Delta\omega_{\text{DM}}$. To widen the search space, a natural strategy (analogous to haloscope searches for axion DM) would be to scan the detector in steps of $\Delta\omega_{\text{DM}}$, each time integrating for a duration long enough to resolve thermal noise $\tau_{\text{int}} \gtrsim 4Q/\omega_{\text{DM}} \times S_{hh}^{\text{imp}}/S_{hh}^{\text{th}}$. The slow scaling of sensitivity with τ_{int} Eq. (5) allows this strategy to significantly enhance the effective detector bandwidth. The total run time of the experiment can be reduced (or bandwidth increased) by using more detectors, which is facilitated by the compactness of the devices proposed.

Conclusion and outlook.—Existing or near term compact mechanical resonators with high-quality-factor acoustic modes operating at cryogenic temperatures have the potential to beat constraints on DM-SM coupling strength set by tests for EP violations in the 100 Hz–100 MHz range. We note that these resonators are not sensitive to vector DM candidates, such as those treated in Ref. [82]. A spatially uniform (over detector size) vector field will not induce vibrations that require a displacement gradient, therefore, not exciting breathing modes.

Frequency tuning techniques, along with arrays of these compact resonators can be used to enhance bandwidth and sensitivity, thereby enabling tabletop experiments to cover a vast unexplored region in the DM-SM coupling parameter space.

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