Dynamically Stable Ergostars Exist: General Relativistic Models and Simulations

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We construct the first dynamically stable ergostars (equilibrium neutron stars that contain an ergoregion) for a compressible, causal equation of state. We demonstrate their stability by evolving both strict and perturbed equilibrium configurations in full general relativity for over a hundred dynamical timescales (\gtrsim 30 rotational periods) and observing their stationary behavior. This stability is in contrast to earlier models which prove radially unstable to collapse. Our solutions are highly differentially rotating hypermassive neutron stars with a corresponding spherical compaction of C=0.3. Such ergostars can provide new insights into the geometry of spacetimes around highly compact, rotating objects and on the equation of state at supranuclear densities. Ergostars may form as remnants of extreme binary neutron star mergers and possibly provide another mechanism for powering short gamma-ray bursts.

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Introduction.—Two key characteristics of black holes (BHs) are the event horizon and the ergoregion. The former represents the "surface of no return," i.e., the boundary of the region of spacetime we cannot communicate with (at least in classical theory), while the latter is a region where there are no timelike static observers and all trajectories (timelike or null) must rotate in the direction of rotation of the BH (frame dragging). For stationary, rotating spacetimes the existence of an event horizon implies the existence of an ergoregion, but the opposite is not true. Ergoregions are associated to two important astrophysical processes that are both related to the extraction of energy from a rotating BH: first, as described by Penrose [1], since the energy of a particle as seen by an observer at infinity can be negative inside the ergoregion, energy extraction is possible through a simple decay. Second is the powering of relativistic jets through the Blandford-Znajek process [2]. Although according to the membrane paradigm [3], jet formation is associated with the BH horizon; Komissarov pointed out [4,5] that the threading of the ergoregion by magnetic field lines and the subsequent twisting of them due to frame dragging is all that is necessary for the energy creation of a relativistic jet, while a horizon is not. Preliminary force-free numerical simulations of ergostars using the Cowling approximation confirm this hypothesis [6].

A stationary, asymptotically flat spacetime possesses a timelike Killing vector that asymptotically corresponds to time translations. This vector inside an ergoregion tips over and becomes spacelike, making the conserved total energy of a freely moving particle there negative with respect to the asymptotic observer. A nonaxisymmetric perturbation that radiates positive energy at infinity will make the negative energy in the ergoregion even more negative in

order for the conservation of energy to be satisfied. This will lead to a cascading instability that was first discovered by Friedman [7] and recently was put on a rigorous footing by Moschidis [8]. It belongs to the class of "rotational dragging instabilities" whose most famous member is the so-called Chandrasekhar-Friedman-Schutz (CFS) instability (induced by gravitational radiation) [9–11] valid for any rotating star, irrespective of its rotation rate. In this Letter, we call stars that contain ergoregions *ergostars*.

The fact that the ergoregion instability was considered "secondary" was not only due to the scarcity of rotating star models exhibiting such behavior but, equally importantly, due to its very long secular (≥ gravitational radiation) timescale [12–14]. Although the existence of ergoregions in rotating stars has been questioned [15], they were found by a number of authors since the first work of Wilson [16], who employed a compressible equation of state (EOS), differential rotation, and an assumed density distribution. Butterworth and Ipser [17] and more recently Ansorg, Kleinwachter, and Meinel [18] constructed self-consistent, rapidly rotating, incompressible stars containing ergoregions (see also [19,20] for ergoregions in the self-gravitating Vlasov system). A larger parameter space was investigated by Komatsu, Eriguchi, and Hachisu [21] (KEH) who presented self-consistent solutions with a polytropic EOS and differential rotation, reaching all the way up to the most extreme toroidal configurations $(R_p/R_e = 0$, where R_p , R_e are the polar and equatorial radii, respectively).

The question we want to answer in this Letter is threefold: first, whether any of the known ergostars with a compressible and causal EOSs are *dynamically* stable? If not, whether the instability is caused by the ergoregion or is it intrinsic to the other properties of the star. This is

investigated by evolving ergostars together with nearby equilibria that do not exhibit ergoregions. The whole analysis is performed in full general relativity and without any approximation, such as the slow-rotation approximation typically used in perturbation analysis. Finally, is it possible to identify any dynamically stable ergostars? We will show that all of the models presented in [21] that we have evolved are dynamically unstable and argue that it will be very difficult, if not impossible, to have stable ergostars with a simple polytropic EOS. However, we were able to construct a compressible EOS that leads to dynamically stable ergostars that persist for our entire integration timescale, which is at least ~20 ms (≥100 dynamical times). We present a full general relativistic analysis of multiple models with this property.

Initial data.—Our initial data are constructed with the Cook-Shapiro-Teukolsky (CST) code [22] using two EOSs. The first one is a $\Gamma=3$ polytrope, which is known to produce differentially rotating ergostars [21]. Our motivation was to find stable configurations that ideally can represent neutron star (NS) mergers; thus we have chosen to investigate the $\Gamma=3$ case since it produced ergostars at higher R_p/R_e , i.e., with almost spheroidal geometries. A second criterion for our choice is to find ergostar models with a low T/|W| so that they are less susceptible to nonaxisymmetric instabilities. Here T, W are the rotational and gravitational potential energy of the stars, respectively. The second EOS we use is based on the ALF2 EOS [23] and denoted as ALF2cc. We replace the region where the rest-mass density $\rho_0 \geq \rho_{0s} = \rho_{0 \, \text{nuc}} = 2.7 \times 10^{14} \, \text{g/cm}^3$ by

$$p = \sigma(\rho - \rho_s) + p_s. \tag{1}$$

Here σ is a dimensionless parameter, ρ is the total energy density, and p_s is the pressure at ρ_s . The solutions presented in this Letter assume that $\sigma = 1.0$, i.e., a causal core, which represents the maximally compact, compressible EOS [24]. Apart from a small crust (\sim 6% R_e), the density profiles of

all our models resemble the ones found in quark stars which exhibit a finite surface density. In this way we conjecture that it would be possible to construct dynamically stable quark stars having an ergoregion. A parameter study for other values of σ , as well as different matching densities, will be presented elsewhere [25].

The differential rotation law is a choice needed to solve for hydrostatic equilibrium. We employ the so-called j-const. law [26], which is written as $j(\Omega) = A^2(\Omega_c - \Omega)$, where j is the relativistic specific angular momentum, A is a constant that determines the degree of differential rotation and has units of length, and Ω_c is the angular velocity at the center of the star. Other choices like the ones presented in Refs. [27,28] are also possible [25]. All our initial models are shown in Table I.

Evolutions.—We use the ILLINOIS GRMHD adaptivemesh-refinement code (see, e.g., [29]), which employs the Baumgarte-Shapiro-Shibata-Nakamura (BSSN) formulation of the Einstein's equations [30,31] to evolve the spacetime with the standard puncture gauge conditions. The equations of hydrodynamics are solved in conservation-law form adopting high-resolution shock-capturing methods. The pressure is decomposed as a sum of a cold and a thermal part, $p = p_{\text{cold}} + (\Gamma_{\text{th}} - 1)\rho_0(\epsilon - \epsilon_{\text{cold}})$ where $p_{\rm cold}$, $\epsilon_{\rm cold}$ are the pressure and specific internal energy as computed from the initial data EOS. They are calculated using either a polytropic pressure-density relation or Eq. (1). For the thermal part we take $\Gamma_{th} = 5/3$. The growth of nonaxisymmetric modes is monitored by computing $C_m = \int \rho_0 u^t \sqrt{-g} e^{im\phi} d^3x$ [32]. In our simulations we used two resolutions, for the ALF2cc models with $\Delta x_{\rm min} = 153, 92$ m. For the $\Gamma = 3$ models we used three resolutions with $\Delta x_{\min} = 200$, 140, 92 m. Here Δx_{\min} is the step interval at the finest refinement level. Note that for the same Δx_{\min} there is more grid coverage across the star for the $\Gamma = 3$ models because R_e is greater.

Snapshots during the evolution of the ergostars with the ALF2cc and the $\Gamma=3$ EOSs are depicted in Figs. 1 and 2

TABLE I. The equilibrium models. The polytropic constant used for the $\Gamma=3$ models yields a maximum spherical gravitational mass of 4.066 M_{\odot} , which coincides with the maximum spherical gravitational mass of the ALF2cc EOS. Parameter $\hat{A}=A/R_e$, where R_e , the equatorial radius, determines the degree of differential rotation, R_p/R_e is the ratio of polar to equatorial radius, M_0 is the rest mass, M is the ADM mass, J is the ADM angular momentum, T/|W| is the ratio of kinetic to gravitational energy, P_c is the rotational period of the star that corresponds to its central angular velocity Ω_c , Ω_c/Ω_s is the ratio of the central to the surface angular velocity, and $t_{\rm dyn}\sim 1/\sqrt{\rho}$ the dynamical timescale.

| Model | EOS | ER | \hat{A}^{-1} | R_p/R_e | $M_0[M_{\odot}]$ | $M[M_{\odot}]$ | $R_e[\mathrm{km}]$ | J/M^2 | T/ W | P_c/M | Ω_c/Ω_s | $t_{\rm dyn}/M$ |
|-----------------|--------------|----|----------------|-----------|------------------|----------------|--------------------|---------|--------|---------|---------------------|-----------------|
| iA0.2-rp0.50 | ALF2cc | Х | 0.2 | 0.5000 | 6.683 | 5.360 | 12.62 | 0.8698 | 0.2266 | 27.31 | 1.328 | 6.9 |
| iA0.2-rp0.47 | ALF2cc | Х | 0.2 | 0.4688 | 6.973 | 5.587 | 12.55 | 0.8929 | 0.2423 | 25.21 | 1.359 | 6.6 |
| iA0.2-rp0.45 | ALF2cc | ✓ | 0.2 | 0.4531 | 7.130 | 5.709 | 12.49 | 0.9035 | 0.2501 | 24.18 | 1.378 | 6.5 |
| iA0.3-rp0.47 | ALF2cc | ✓ | 0.3 | 0.4688 | 6.900 | 5.514 | 11.52 | 0.8670 | 0.2354 | 20.55 | 1.753 | 6.7 |
| iA0.4-rp0.47 | ALF2cc | ✓ | 0.4 | 0.4688 | 6.679 | 5.334 | 11.04 | 0.8323 | 0.2205 | 17.52 | 2.216 | 6.9 |
| g3-iA0.4-rp0.44 | $\Gamma = 3$ | X | 0.4 | 0.4375 | 6.832 | 5.761 | 14.62 | 0.8617 | 0.2302 | 20.24 | 2.027 | 6.3 |
| g3-iA0.4-rp0.42 | $\Gamma = 3$ | ✓ | 0.4 | 0.4219 | 6.929 | 5.845 | 14.41 | 0.8704 | 0.2372 | 19.21 | 2.073 | 6.2 |
| g3-iA0.5-rp0.36 | $\Gamma = 3$ | ✓ | 0.5 | 0.3594 | 6.688 | 5.718 | 12.27 | 0.8640 | 0.2473 | 13.11 | 2.876 | 6.4 |

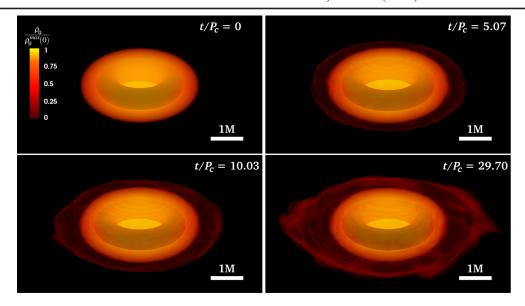


FIG. 1. Rest-mass density and the ergosurface for the ALF2cc EOS, model iA0.2-rp0.45, at four different instances of time. The green donut indicates the ergoregion. Stability is maintained for this equilibrium ergostar.

where two prime examples of each category are plotted. Figure 1 shows the normalized rest-mass density as well as the ergosurface ($g_{tt}=0$, inner green donut) of the model iA0.2-rp0.45 at four instances $t/P_c\approx 0$, 5, 10, 30 and constitutes our prime, dynamically stable ergostar using the ALF2cc EOS that exhibits a causal core, Eq. (1). As it is clear from that figure, the star retains both its axisymmetric structure as well as the geometry of the ergoregion for the whole period of our evolution that reaches approximately 30 rotation periods or 100 dynamical timescales. This ergostar is the first member that exhibits an ergoregion along a constant rest-mass (central) density $\rho_0=4.52\times 10^{14}~{\rm g/cm^3}$ sequence with a decreasing R_p/R_e ratio and

the *j*-const law with $\hat{A}=5$. All equilibrium models before that (i.e., for larger ratios of R_p/R_e) do not contain any ergoregions, while all models after that, i.e., for greater deformations (smaller ratios of R_p/R_e), contain ergoregions whose size increases with increasing deformation. In other words, for the particular sequence of rest-mass density and differential rotation law, ergostar iA0.2-rp0.45 is (i) the most spheroidal, (ii) has the lowest T/W, and (iii) has the smallest ergoregion. Note that T/W=0.25, which is certainly at the boundary of dynamical stability [33,34]. Less deformed models iA0.2-rp0.50 and iA0.2-rp0.47 belong to the same sequence as the ergostar iA0.2-rp0.45 and have the same differential rotation law but

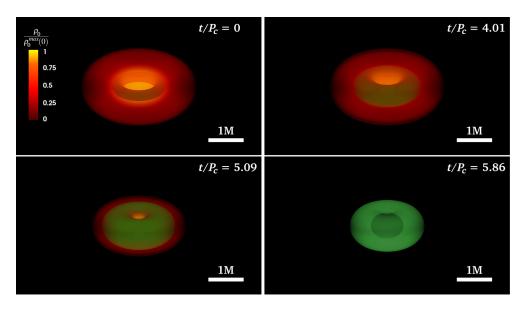


FIG. 2. Similar to Fig. 1 but for the $\Gamma = 3$ EOS model g3-iA0.4-rp0.42. This equilibrium ergostar undergoes dynamical collapse to a BH. The black inner spheroid in the last frame shows the apparent horizon.

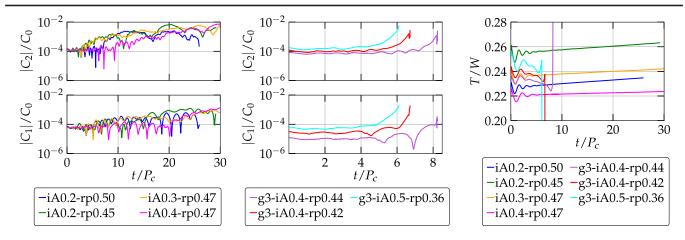


FIG. 3. Time evolution of the m = 1, 2 modes for the ALF2cc EOS models (left panel), the $\Gamma = 3$ EOS models (middle panel), and T/W (right panel). The corresponding dynamical timescales are listed in Table I.

contain no ergoregions. These normal star equilibria have also a smaller value of T/W, and our simulations confirm that they are dynamically stable similarly.

The Fig. 3 left panel shows the growth of nonaxisymmetric modes for normal star iA0.2-rp0.50 as well as ergostars iA0.2-rp0.45, iA0.3-rp0.47, iA0.4-rp0.47 using $\Delta x_{\rm min} = 153$ m. The same behavior is observed at higher resolution with $\Delta x_{\min} = 92$ m. Evidently the evolution of all stars maintains axisymmetry on dynamical timescales. Particularly during the last 10 rotation periods both the normal star iA0.2-rp0.50 and the ergostar iA0.2-rp0.45 (which is shown also in Fig. 1) show a saturation of the m=1, 2 growth amplitude. Ergostars iA0.3-rp0.47 and iA0.4-rp0.47 have the same central density as iA0.2-rp0.45 but larger differential rotation: $\hat{A} = 3.33$ and 2.5, respectively. In the Supplemental Material [35] we present additional evidence for the dynamical stability of these models by seeding them with an m = 1 or m = 2 density perturbation and inspecting their nongrowth in the timescale of our simulations. In addition we show that these stars are stable to quasiradial density perturbations.

Figure 2 shows the normalized rest-mass density and ergosurface for the $\Gamma = 3$ EOS ergostar g3-iA0.4-rp0.42 evolved using $\Delta x_{\min} = 200$ m at four instances $t/P_c \approx 0$, 4, 5, and at BH formation. Although the criterion $\mathbf{t} \cdot \mathbf{t} =$ $g_{tt} = 0$ (where $\mathbf{t} = \partial_t$ is the time coordinate basis vector) for ergoregion identification does not strictly hold in the nonstationary spacetime of the collapsing star, it is still a reasonable measure given the stationary initial and final gravitational equilibria. This model is the first member that exhibits an ergoregion along a constant rest-mass density $\rho_0 = 3.846 \times 10^{14} \text{ g/cm}^3$ sequence with $\hat{A} = 2.5$. All equilibrium models with less deformation do not contain any ergoregions, while all models with larger deformations contain larger size ergoregions. Also ergostar g3-iA0.4rp0.42 is less deformed and has smaller T/W than any of the $\Gamma = 3$ models of Ref. [21]; therefore it is less prone to bar-mode instabilities. Other models in Ref. [21] containing ergoregions have very small ratios of R_p/R_e and much higher T/W; thus the possibility of being dynamically unstable as well is much higher. This was indeed proven recently in a select number of such extreme toroids in [36]. Figure 3 middle panel shows the growth of nonaxisymmetric modes for the $\Gamma = 3$ EOS models g3-iA0.4-rp0.44 (normal star), g3-iA0.4-rp0.42 (ergostar shown in Fig. 2) and g3-iA0.5-rp0.36 (also an ergostar) until just after BH formation. The small values of C_m/C_0 imply the free fall collapse of those models is axisymmetric. The resolution used is $\Delta x_{\min} = 140$ m. In the right panel of Fig. 3 we plot T/W for all the models discussed above. As it is evident the $\Gamma = 3$ models all collapse while T/W slightly decreases from their initial values. Also ergostar iA0.2-rp0.45 has the largest T/W in the ALF2cc EOS set of models while the ergostar with the highest degree of differential rotation, iA0.4-rp0.47, has the smallest. The radial instability of the $\Gamma = 3$ EOS models of Table I is verified by using three different resolutions with the highest one having $\Delta x_{\rm min} = 92$ m. The evolution of the shape of the ergosphere for the model g3-iA0.4-rp0.42 is presented in the Supplemental Material [35].

Discussion.—In this Letter we presented dynamically stable equilibrium rotating NSs that contain ergoregions. The EOS that we employed is causal at the core and ALF2 at the outer layers of the star. We also proved that previously calculated polytropic ergostars are dynamically unstable. The secular evolution of our models will probably be determined by the Friedman instability [7] in the absence of other dissipative mechanisms. Despite that, and given the long timescales involved, the possibility of existence of such equilibria raises a number of questions, the most obvious of them being the fate of ergostars exhibiting internal dissipative mechanisms, such as viscosity or magnetic fields (which may serve as turbulent viscosity). Preliminary calculations of magnetic effects in fixed spacetimes [6] have shown that such systems can launch jets similar to BHs surrounded by magnetized disks. If the merger of two NSs forms an ergostar remnant that can launch a jet, the timescale for jet formation will be earlier than the one for a normal hypermassive NS [37,38]. This feature may have consequences in the theoretical analysis of events like GW170817 and its short gamma-ray burst counterpart GRB 170817A. Such open problems, as well as questions related to the range of EOSs and differential rotating laws that can lead to ergostars, or the possibility of binary ergostar remnants, are under investigation [39].

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