Superheavy Thermal Dark Matter

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We propose a mechanism of elementary thermal dark matter with a mass up to 10^{14} GeV, within a standard cosmological history, whose relic abundance is determined solely by its interactions with the standard model, without violating the perturbative unitarity bound. The dark matter consists of many nearly degenerate particles which scatter with the standard model bath in a nearest-neighbor chain, and maintain chemical equilibrium with the standard model bath by in-equilibrium decays and inverse decays. The phenomenology includes super heavy elementary dark matter and heavy relics that decay at various epochs in the cosmological history, with implications for the cosmic microwave background, structure formation, and cosmic ray experiments.

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Introduction.—One of the biggest questions in fundamental physics is the nature of dark matter (DM). The possibility that DM is a thermal weakly interacting massive particle (WIMP), whose abundance is determined by $2 \rightarrow 2$ annihilations into standard model (SM) bath particles, is exciting, but has alluded detection thus far. The WIMP is particularly intriguing because it is very predictive—its abundance is determined only by its interactions with the SM, which informs us how it may be detected.

The WIMP paradigm has been a guide toward the properties of DM, such as its mass and interactions. In particular, within the WIMP freeze-out mechanism, there is a an upper bound on the DM mass from perturbative unitarity, of $\mathcal{O}(100)$ TeV [1]. The reason is that the WIMP annihilation rate is proportional to an exponentially decreasing DM density, and so the amount of dark matter that can be annihilated away before freeze-out is limited by the theoretical size of the cross section.

Of course, DM may be much heavier than this bound, if it is not a WIMP. Such models include nonthermal dynamics, decoupled dark sectors, inflationary and gravitational production, nonstandard cosmological histories, and large entropy production [2–20]. In none of these cases, however, is the DM abundance solely determined by its interactions with the SM. The common lore is that an elementary DM candidate that is thermally coupled to the SM, within a standard cosmological history, cannot have mass well above the WIMP perturbative unitarity bound. Exceptions include composite DM, but still do not go much beyond the above bound [21–24].

In this Letter, we present a new freeze-out mechanism within a standard cosmological history. The DM is an elementary particle that is thermalized with the SM at high temperatures, its relic abundance is determined via its freeze-out from the SM bath, and the DM mass can be as high as 10^{14} GeV for *s*-wave processes, without violating the perturbative unitarity limit. In future work, we show how Planck-scale DM can be reached for velocity-dependent processes [25].

The general idea is as follows. The dark matter consists of *N* approximately degenerate states, χ_i (i = 1, ..., N). These states coscatter [26] off of the SM bath, but only in a chain of nearest-neighbor interactions

$$\chi_i + \mathrm{sm} \leftrightarrow \chi_{i+1} + \mathrm{sm},\tag{1}$$

while the *N*th state codecays [27-32] in equilibrium with the SM,

$$\chi_N \to \mathrm{sm} + \mathrm{sm}.$$
 (2)

Here χ_1 is the DM candidate. This setup is summarized in Fig. 1. The processes in Eq. (1) can maintain chemical equilibrium much longer than annihilations can, because the interaction rate for the scattering $\Gamma_{\text{sctr}} = n_{\text{SM}} \langle \sigma v \rangle_{\text{sctr}}$ never becomes exponentially suppressed. The in-equilibrium decay allows for the whole system to have vanishing chemical potential for a long time—if the *N*th particle was annihilating with the bath, the system would inherit the unitarity bound from coannihilations. Finally, the chain, which will typically require N > 5 - 20, depending on the DM mass, ensures the stability of the DM χ_1 .

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FIG. 1. Freeze-out mechanism: the dark matter consists of many nearly degenerate particles which scatter with the standard model bath in a nearest-neighbor chain and maintain chemical equilibrium with the standard model bath by in-equilibrium decays and inverse decays.

General idea.—Consider a DM particle χ_1 , whose density changes via scattering with a light SM bath particle

$$\chi_1 + \mathrm{sm} \leftrightarrow \chi_2 + \mathrm{sm},$$
 (3)

where χ_2 has similar mass to χ_1 . This process can maintain chemical equilibrium much longer than annihilations with the same interaction strength, because the interaction rate for the scattering does not depend on the DM density, and therefore the rate does not become exponentially suppressed. The DM is able to maintain equilibrium to smaller temperatures, becoming more Boltzmann suppressed than a WIMP for the same size cross section.

However, χ_1 can only reduce exponentially for as long as χ_2 reduces exponentially (e.g., by maintaining chemical equilibrium with the SM bath). Thus, in order to go beyond the unitarity bound on annihilations, some other process is still needed to reduce the χ_2 density. If this process is annihilations (such as $\chi_2 + \chi_2 \leftrightarrow \text{sm} + \text{sm}$), then it will freeze-out too early, and the unitarity bound on annihilations will apply again. If instead, χ_2 decays equilibrium with the SM bath, chemical equilibrium can be maintained for much longer. Thus, our proposed mechanism is a combination of codecay and coscattering dark matter.

However, one can easily see that the combination of the scattering process Eq. (3), and the in-equilibrium decay process $\chi_2 \rightarrow \text{sm} + \text{sm}$, will necessarily lead to the fast decay of χ_1 via an off-shell χ_2 . In the presence of a coscattering chain, such that scatters take place only for nearest neighbors

$$\chi_i + \mathrm{sm} \leftrightarrow \chi_{i+1} + \mathrm{sm},\tag{4}$$

which codecay in equilibrium with χ_N ,

$$\chi_N \to \mathrm{sm} + \mathrm{sm}.$$
 (5)

 χ_1 can instead be long lived; here χ_1 is still the DM, but its decay width is suppressed due to the large phase space needed to decay to the SM (χ_1 decays to 2N SM particles). This is summarized in Fig. 1.

Two particle case.—As a toy example, we first work through the simplest case of N = 2 dark matter particles with mass *m*. While this example is not cosmologically viable, it demonstrates the basic idea of the mechanism. Consider two degenerate states χ_1 and χ_2 , which coscatter [26] off of SM bath particles via the process

The dark matter candidate is χ_1 , while χ_2 decays in equilibrium with the SM bath.

The Boltzmann equations for the system are

$$\dot{n}_1 + 3Hn_1 = n_{\rm sm} \langle \sigma v \rangle (n_2 - n_1),$$

$$\dot{n}_2 + 3Hn_2 = n_{\rm sm} \langle \sigma v \rangle (n_1 - n_2) - (n_2 - n_2^{\rm eq}) \Gamma_2, \qquad (7)$$

where $\langle \sigma v \rangle$ is a thermally averaged cross section for the scattering process, n_{eq} is the equilibrium number density of χ , and Γ_2 is the decay rate of χ_2 in the thermal bath. This system is similar to the coscattering scenario [26], but here the DM bath is kept in equilibrium with the SM bath via decays and inverse decays rather than annihilations. Ultimately, since decays and inverse decays can stay in equilibrium much longer, this will allow for much heavier DM.

Unlike the case for freeze-out via annihilations, the instantaneous freeze-out approximation will not give a good estimate of the relic abundance. This is because the rate for χ_1 scattering, $\Gamma \sim n_{\rm sm} \langle \sigma v \rangle$, is not dropping off exponentially fast with the expansion, and therefore freeze-out takes a long time. However, an approximate analytic solution to the relic abundance can still be determined from the Boltzmann equations, as we now detail.

If the decay rate Γ_2 is larger than the Hubble expansion parameter when the temperature *T* of the Universe is equal to the DM mass, the number density of χ_2 closely follows its equilibrium value. An approximate solution to the χ_1 density can then be found by considering the single equation

$$Y'_{1} = \frac{\lambda}{x^{2}} (-Y_{1} + Y_{eq}), \qquad (8)$$

where $Y_i = n_i/s$ with *s* the entropy density, x = m/T, and $\lambda = (n_{\rm sm} \langle \sigma v \rangle / H)|_{x=1}$. Here and throughout, the prime denotes a derivative with respect to *x*. We have also assumed that the thermally averaged cross section is velocity independent and took the number of relativistic degrees of freedom (d.o.f.) $g_* = g_{*s}$ to be constant. Since the DM is not scattering off of an exponentially falling density, freeze-out is slow (and not approximately instantaneous like for a WIMP). However, we define a freeze-out temperature, $x_{fo}^2 = \lambda$, which is the temperature when Y_1 departs its equilibrium density, Y_{eq} . The asymptotic value of the relic abundance is

$$Y_1(\infty) \approx \frac{45g_{\chi}}{2^{3/2}\pi^3 g_{\star s}} \lambda e^{-2\sqrt{\lambda}} \equiv Y_{\infty}(\lambda), \qquad (9)$$

where g_{γ} is the number of internal d.o.f. of a χ particle.

The fact that the relic abundance Eq. (9) scales as $Y_1(\infty) \sim e^{-2x_{fo}}$ and not as $e^{-x_{fo}}$ (as one finds in the instantaneous freeze-out approximation) is the result of the slow freeze-out. After departure from equilibrium, χ_1 creation stops, but χ_1 will continue to scatter away. Neglecting the inverse process, the Boltzmann equation can be approximated as

$$Y_1' \approx -\frac{\lambda}{x^2} Y_1, \qquad (10)$$

where the solution is $Y_1(x) = Y_1(x_{fo})e^{[(\lambda/x)-(\lambda/x_{fo})]}$, and thus, asymptotically $Y_1(\infty) = Y_1(x_{fo})e^{-x_{fo}} \sim e^{-2x_{fo}}$. This reproduces exponential power $e^{-2x_{fo}}$ in Eq. (9). One also sees from this solution that the abundance stops changing significantly when $x_{fin} \sim \lambda = x_{fo}^2$.

From the above estimation, one can find $\langle \sigma v \rangle$ that reproduces the observed relic abundance of dark matter, while satisfying the unitarity bound. For instance, parametrizing the cross section as $\langle \sigma v \rangle \equiv \alpha^2/m_{\chi}^2$, one finds that for $\alpha \simeq 1$, $m_{\chi} = 6 \times 10^{14}$ GeV reproduces the correct relic abundance (assuming the DM scatters off of 4 SM d.o.f. and that $g_{\star s} = 106.75$).

N > 2 degenerate case.—Although the simplest N = 2 example does not work, it indicates a clear path forward to a viable setup: suppressing the decay rate of χ_1 . We thus consider N > 2 particles with the same type of nearest-neighbor interactions as before. Similarly, we assume that only χ_N is able to decay into SM particles, that the masses are degenerate, and that the cross section for each interaction is the same. The equations of the system are

$$Y'_{1} = \frac{\lambda}{x^{2}} (-Y_{1} + Y_{2}),$$

$$Y'_{j} = \frac{\lambda}{x^{2}} (Y_{j-1} - 2Y_{j} + Y_{j+1}),$$

$$Y'_{N} = \frac{\lambda}{x^{2}} (Y_{N-1} - Y_{N}) - x\lambda_{d} (Y_{N} - Y_{N}^{eq}), \quad (11)$$

where the second equation is valid for j = 2, ..., N - 1, $\lambda = (n_{sm} \langle \sigma v \rangle / H)|_{x=1}$, and $\lambda_d = (\Gamma_N / H)_{x=1}$. Here prime denotes a derivative with respect to x. We also ignore the time variation of g_{\star} and $g_{\star s}$, and assume that the cross section is constant in the nonrelativistic limit. Note also that we are interested in parameter space where $\lambda, \lambda_d \gg 1$.

This system can be solved in similar fashion to the N = 2 case, by assuming $Y_N = Y_{eq}$ and diagonalizing the differential equations [33]. However, we can more simply obtain a solution with the new *N* scaling by taking the large *N* limit and taking flavor space to be continuous. For $N \gg 1$, the system behaves as a random walk between χ_j states, with a reflecting wall at j = 1 and an absorbing cliff at j = N (corresponding to the decay). Taking the indices of *j* as a continuous variable $\ell = \pi j/[2(N-1)]$, the system is described by the diffusion equation

$$(\partial_{\tau} - D\partial_{\ell}^2)Y_{\ell}(\tau) = 0, \qquad (12)$$

where $\tau = -1/x$ and $D = \pi^2 \lambda / [4(N-1)^2]$ is a diffusion coefficient, and the boundary conditions are

$$\partial_{\ell} Y|_{\ell=0} = 0, \qquad Y_{\pi/2}(\tau) = Y^{\text{eq}}(\tau). \tag{13}$$

From the form of the diffusion equation, we see that the system depends on the cross section only through the combination $D \simeq \pi^2 \lambda / 4N^2$. From solving the boundary conditions, the asymptotic profile $Y_{\ell}(\infty) \propto \cos \ell$. The solution of the diffusion equations gives the relic abundance

$$Y_j(\infty) \simeq Y_\infty(D) \frac{4}{\pi} \cos\left(\frac{\pi j}{2N}\right),$$
 (14)

where Y_{∞} is defined in Eq. (9).

In Fig. 2, we plot the yield of the χ_i particles for N = 10, solving the full Boltzmann equations, Eq. (11). We find that the relic abundances match the analytic estimate of Eq. (14) within a factor of few (analytic estimate underestimates the relic abundances by a factor of 5 in this example). In the inset plot, we also show the relic abundances of each particle, which agrees with the analytic estimate, Eq. (14).

Now, one must check that χ_1 is sufficiently long lived to be a viable DM candidate. A model-independent bound on the DM lifetime is $\tau > 5 \times 10^{18}$ sec [34] (for earlier studies, see Refs. [35–46]). However, if the DM decays to SM particles, constraints on the lifetime may be much stronger, $\tau > 10^{27}$ sec (see, e.g., Refs. [47–49]).

The decay of χ_1 to SM particles takes place only through N-1 off-shell χ_i particles, into 2N SM particles, with decay width

$$\Gamma_1 = \frac{1}{2m} \int d\Phi_{2N} |\mathcal{M}|^2.$$
(15)

Treating the SM particles as massless, the total 2*N*-body phase space is [50]



FIG. 2. Relic abundance of each particle with temperature evolution. Here the masses are assumed to be degenerate, and the decay rate of χ_N is chosen as $\Gamma_N = 10^2 H(m)$ to ensure that it decays in-equilibrium. The horizontal dashed line is the observed relic abundance of DM, while the solid black curve is the equilibrium abundance. The orange solid line is the abundance for χ_{10} , which is the particle at the end of the chain in this example, while the other colored lines give the density for χ_i (i = 1, ..., 9). In the inset plot, the red dots show the distribution of relic densities at $x = 2 \times 10^4$, normalized with Y_1 , while the dashed line shows corresponding analytic estimate, Eq. (14).

$$\int d\Phi_{2N} = \frac{1}{S} \frac{2\pi}{\Gamma(2N)\Gamma(2N-1)} \frac{m^{4(N-1)}}{(16\pi^2)^{2N-1}}, \quad (16)$$

where S is a symmetry factor accounting for identical particles in the final state. We may approximate the squared matrix element of the decay as [51]

$$|\mathcal{M}|^2 \simeq S^2 \frac{1}{m^{4N-4}} |\mathcal{M}|^{2(N-1)}_{\chi \mathrm{sm} \to \chi \mathrm{sm}} |\mathcal{M}|^2_{\chi_N \to \mathrm{sm} + \mathrm{sm}}, \quad (17)$$

where the factor S^2 accounts for expected number of diagrams. The decay rate of χ_1 is then estimated as

$$\frac{\Gamma_1}{\Gamma_N} \simeq \frac{S}{(2N-1)!(2N-2)!} \left(\frac{\alpha^2}{16\pi^3}\right)^{N-1}.$$
 (18)

Assuming the χ_N decay is in equilibrium $\Gamma_N > H|_{x=1}$, requiring the stability of the DM, $\tau > 10^{27}$ sec, places a lower bound on the number of dark matter particles *N*. For instance, assuming that the DM decays to 2*N* identical SM particles corresponding to S = (2N)!, we find for $m = 10^7$ GeV that $N \ge 5$, and for $m = 10^{13}$ GeV that $N \ge 14$. In Fig. 3, we plot the minimum value of *N* as a function of m_{χ} , satisfying the lifetime requirement.

One may still be concerned about the relic abundances of the particles other than χ_1 . For simplicity, we assumed that the particles have exactly degenerate masses. Therefore, the relic abundances of each particle is similar to that of χ_1 , while the lifetime of each particle is much shorter than that of χ_1 . Those heavy relics potentially decay to SM particles between present Universe and Big Bang nucleosynthesis, leading to signatures already incompatible to various cosmological observations. The relic density of



FIG. 3. Number of dark matter particles versus DM mass. The colored solid lines depict the minimal number of particles when χ_1 decays through the chain [see Eq. (18)], while the gray solid lines depict the same within an explicit model [see Eq. (25)]. For both, we require that $\tau_1 > 10^{27}$ sec. The purple line corresponds to χ_1 decay into 2N identical SM particles, while the green line corresponds to a pair of N identical SM particles in the final state. The dashed lines are contours of α that reproduce the observed relic abundance, when the cross section of chain reaction is parametrized as $\langle \sigma v \rangle = \alpha^2 / m_{\chi}^2$; this contour is model independent.

intermediate particles, however, could be exponentially suppressed if the masses are not exactly degenerate, as we will discuss in the following section.

Nondegenerate masses and couplings.—Up until now, we have considered the case of exactly degenerate masses, but it is natural to consider small mass splittings between the particles. This will have two important effects: creating forbidden channels and allowing the heavier states to decay directly into the lighter states.

In standard two-particle forbidden annihilations, the mass splitting is negligible if it is smaller than the temperature when the abundance is still evolving, i.e., $\delta m/m < x_{fo}^{-1}$. For the chain interactions, a similar condition is found,

$$(m_{\rm max} - m_{\rm min})/m_{\rm min} < x_{\rm fin}^{-1} = (\pi^2 \lambda / 4N^2)^{-1},$$
 (19)

where m_{max} and m_{min} are the maximum and minimum particle mass in the chain.

If the mass splitting is larger than this, then the evolution will enter a forbidden regime. The abundance of the lightest particle (the DM candidate) decouples when the Boltzmann suppression factor due to the mass splitting becomes significant and the chain reaction departs from chemical equilibrium. After this point, the abundance of the heavier particles continues its Boltzmann suppression, $Y_{\text{heavy}} \sim e^{-\Delta m/T}$. Consequently, the relic abundances of the heavier states are much smaller than that of the lightest state when in the forbidden regime. We leave a detailed study of this forbidden regime to future work.

The second important effect of the mass splitting is that the heavier states can quickly cascade decay to the lightest state (which is still very long lived). Depending on the size of the mass splitting, the decays may be in- or out-ofequilibrium. In any cases, the qualitative discussion of the abundance computation will mostly remain unchanged during the freeze-out since the effect of the cascade decay and inverse decay can effectively be added to the Boltzmann equation while maintaining the nearest-neighbor structure of the system. If the decays are out of equilibrium, the heavier states will simply transfer their abundances to the lightest state, increasing the DM abundance by a factor O(N). The abundances of the intermediate particles are decayed away in both cases, even though their density at the time of freeze-out is similar to that of DM.

It is also reasonable to consider that the interaction strengths may vary across the chain. In this case, the Boltzmann equations are best solved by diagonalizing the system of differential equations. The relic abundance is approximately given by the degenerate case, but with the cross section replaced by the smallest eigenvalue cross section in the chain.

Phenomenology.—One of the main phenomenological signatures of the mechanism are decays of long-lived relics. Late time decaying DM ($\tau > 10^{10}$ yr) can potentially be probed for all masses. DM decays can change the CMB anisotropies and spectrum [52], but a detailed study for

very heavy dark matter has not been performed. Decays of super heavy DM can source ultrahigh-energy cosmic rays (UHECR), with energies $\gtrsim 10^9$ GeV. UHECR can be observed in diffuse gamma ray satellites, such as FERMI-LAT [53], high energy neutrino experiments, such as IceCube [54], and dedicated UHECR observatories, such as Auger [55]. For studies of the indirect detection of heavy decaying DM, see Refs. [49,56–66]. Prospects for discovering UHECR are expected to improve with the proposed POEMMA mission [67].

Depending on the parameters of the theory (especially the size of the mass splittings), some of the χ_i may decay at various cosmological epochs. For instance, a component of the DM could dissociate light elements during Big Bang nucleosynthesis (see Ref. [68] and references therein). Additionally, DM decay can lead to spectral distortions in the CMB [69–71], which would be probed by the proposed PiXiE experiment [72]. Partially decaying DM has also been shown to alleviate several cosmological tensions, such as the Hubble tension [73,74] and small scale structure puzzles (see, e.g., Refs. [75,76]). For further studies of multicomponent dark matter with varying lifetimes, see Refs. [77,78]. A detailed exploration of the phenomenology of our framework will be presented in upcoming work [79].

A toy model.—Having described the general mechanism, we now present a simple model realization. Consider the Lagrangian

$$\mathcal{L} \supset -\frac{1}{2}m_i\chi_i\chi_i - \delta m\chi_i\chi_{i+1} - yS\chi_i\chi_i - \mu S|H|^2 - \tilde{y}\chi_N LH,$$
(20)

where χ_i (i = 1, ..., N) are left-handed Weyl fermions, *S* is an SM singlet scalar field, *L* is the lepton doublet, and *H* is the SM Higgs. The model is technically natural, since it respects a Z_2^N symmetry that is broken by δm . Any correction to off-diagonal masses must then depend on some power of δm . For simplicity, we take δm to be flavor independent; relaxing the assumption does not qualitatively alter the results.

The mass matrix is given by

$$M_{ij} = m_i \delta_{ij} + \delta m(\delta_{i,j+1} + \delta_{i,j-1}).$$
⁽²¹⁾

The above structure is similar to a tight-binding model along a one-dimensional wire in a quantum mechanical system. It is well known that the wave functions in such system are localized at each site [80]. Assuming $\Delta m \equiv (m_{\text{max}} - m_{\text{min}}) \gg \delta m$, the localization length is [81,82]

$$\xi_{\rm loc}^{-1} \simeq \ln \frac{\Delta m}{2\delta m} - 1.$$
 (22)

Because of localization, the mass eigenstate ψ_i can be approximated as

$$\psi_i \sim \sum_j \chi_j \exp\left(-\frac{|i-j|}{\xi_{\text{loc}}}\right).$$
(23)

In the mass basis, the generated nearest-neighbor interactions

$$\mathcal{L} \supset y e^{-1/\xi_{\text{loc}}} S \psi_i \psi_{i+1}, \qquad (24)$$

and non-nearest-neighbor interactions are exponentially suppressed. With the interactions in mass basis, we can map the model parameters to phenomenological variables that we have introduced, for instance, $\langle \sigma v \rangle \simeq (ye^{-1/\xi_{\text{loc}}})^2 \mu^2 / (\pi m_S^4)$ for the momentum transfer smaller than the mediator mass m_S , and thus, $\alpha = (ye^{-1/\xi_{\text{loc}}})/\sqrt{\pi}$ for $\mu = m_S = m_{\chi}$.

The mixing can generate the direct decay $\psi_1 \rightarrow H + L$, with width

$$\left(\frac{\Gamma_1}{\Gamma_N}\right)_{\text{mixing}} \simeq e^{-2N/\xi_{\text{loc}}},$$
 (25)

where $\Gamma_N \simeq \tilde{y}^2 m / 8\pi$. Taking $\Gamma_N = H(m)$, we find

$$\xi_{\rm loc}^{-1} \gtrsim \frac{1}{N} \left(62 + \log \frac{m}{10^{10} \text{ GeV}} \right) \tag{26}$$

to ensure that $\tau \gtrsim 10^{27}$ sec. The ratio between Δm and δm controls both the relic abundance and the lifetime of DM in this toy model. For the longevity of DM, a small localization length is preferred, while, for the correct relic abundance, the localization should be not so small as it could suppress the nearest-neighbor interaction. In Fig. 3, we plot the minimum number of heavy particles χ_i needed for the stability and the observed abundance of dark matter, with the above relation between α and the model parameters.

Summary.—In this Letter, we presented a new freeze-out mechanism for super heavy DM that freezes out with the SM within a standard cosmological history. The relic abundance is determined solely via its interactions with the SM. For a velocity-independent cross section, we showed the DM mass could be as large as $m \sim 10^{14}$ GeV within the perturbative unitary limit. In an upcoming Letter, we show how velocity-dependent interactions, such as if the scattering was mediated by a light mediator, allow for DM to be as heavy as the Planck scale [25].

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