


Vortex Multistability and Bessel Vortices in Polariton Condensates

Xuekai Ma^{1,*} and Stefan Schumacher^{1,2}

¹*Department of Physics and Center for Optoelectronics and Photonics Paderborn (CeOPP), Universität Paderborn, Warburger Strasse 100, 33098 Paderborn, Germany*

²*College of Optical Sciences, University of Arizona, Tucson, Arizona 85721, USA*

 (Received 20 July 2018; published 28 November 2018)

Vortices are topological objects formed in coherent nonlinear systems. As such they are studied in a wide number of physical systems and promise applications in information storage, processing, and communication. In semiconductor microcavities, vortices in polariton condensates can be conveniently created, studied, and manipulated using solely optical means. For nonresonant excitation with a ring-shaped pump a stable vortex can be formed, leading to bistability with left- and right-handed vorticity. In the present work we report on a much richer vortex multistability, with optically addressable vortices with topological charges $m = \pm 1, \pm 2$, and ± 3 , all stable for the same system and excitation parameters. This unusual multistable behavior is rooted in the inherent nonlinear feedback between reservoir excitations and condensate in the microcavity. For larger radius of the ring-shaped pump we also find a Bessel vortex with its characteristic spiralling phase in the high density region and pronounced self-stabilization ability. Our theoretical results open up exciting possibilities for optical manipulation of vortex multiplets in a compact semiconductor system.

DOI: [10.1103/PhysRevLett.121.227404](https://doi.org/10.1103/PhysRevLett.121.227404)

Introduction.—Bistability and multistability are nonlinear phenomena observed in many physical systems such as magnetic systems [1,2], semiconductors [3,4], atomic condensates [5], and nonlinear optical systems [6,7]. In a bistable or multistable nonlinear system, the solution space for a given set of parameters contains more than one stable state. For its potential use in all-optical switches, all-optical logic elements, optical transistors, and optical memory elements, optical bistability has been widely studied in a number of different systems, including optical fibers [8,9], photonic crystals [10,11], and microcavities [3,4].

In the past decade, nonlinear optical physics with exciton-polaritons in quantum-well (QW) semiconductor microcavities have attracted a lot of attention. The fundamental optical excitations in this system are composed of QW excitons and cavity photons [Fig. 1(a)]. Thanks to their photonic part, polaritons can be optically excited and probed, their matter part leads to pronounced optical nonlinearities. Making use of their condensed matter environment, coherent polariton ensembles can be efficiently created by off-resonant pumping into higher energy states of the semiconductor material [Fig. 1(a)]. For elevated excitation densities and sufficient sample quality, subsequent relaxation and polariton-polariton scattering lead to accumulation of polaritons at the bottom of the lower-polariton branch. The resulting condensed polariton system then shows macroscopic coherence [12,13] even up to room temperature [14–17]. Besides lasing and condensation, nonlinear phenomena also include modulational instability [18–21], soliton and vortex formation [22–27], and optical bistability [4,28–32].

Vortices with their characteristic topological phase distribution can be created in a controlled manner in polariton systems using broad optical pumps [33,34], optically induced two-dimensional parabolic potentials [35,36], chiral polaritonic lenses [37], or ring-shaped intensity profiles [38]. A vortex with a given winding number has two possible topological charges, corresponding to clockwise or counterclockwise rotation, which can be regarded as a type of bistability. However, this kind of bistability is trivial as the two vortex states have the same profile, the

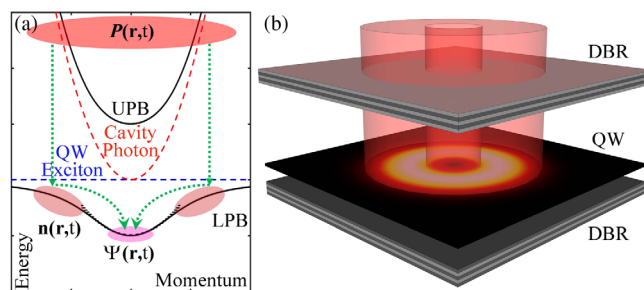


FIG. 1. (a) Dispersions of bare QW exciton, cavity photon, and lower (LPB) and upper polariton branches (UPB). Off-resonant pumping and subsequent stimulated scattering from incoherent reservoir $n(\mathbf{r}, t)$ to coherent condensate $\Psi(\mathbf{r}, t)$ on the LPB in parabolic approximation are indicated. (b) Sketch of the planar semiconductor microcavity. A QW is placed between two distributed Bragg reflectors (DBRs) at the antinode of the cavity photon mode. An off-resonant ring pump is used to create and trap a polariton condensate.

same existence and stability regions, and the same winding number; only the topological charges are opposite.

In this Letter, we report on a nontrivial vortex multistability in a polariton condensate. For nonresonant excitation with a continuous-wave (cw) ring-shaped pump [Fig. 1(b)], pump-induced excitations act as an incoherent source for the condensate, and at the same time provide an external potential [39] trapping the coherent condensate. Because of the stimulated scattering of excitations from the reservoir into the condensate, there is a pronounced feedback between condensate and reservoir. Even once a stationary solution is reached, the spatial shape of the reservoir is modified. We demonstrate that this feedback mechanism reshaping the reservoir, allows stabilization of vortices with different winding numbers for the same pump. We also demonstrate that switching between different vortex states can be achieved with an additional coherent light pulse carrying the same orbital angular momentum (OAM) as the target vortex state. For ring-shaped pumps with larger diameter we find the formation of vortices with a spiralling phase in the high-density region of the vortex. After switching off the pump source, as the density decays a Bessel vortex (nonradiation J_1 Bessel mode) is formed showing significant self-localization and reduced dispersion even at reduced densities [40,41].

Model.—The dynamics of the polariton condensate formed at the bottom of the lower-polariton branch [Fig. 1(a)] is described by a mean-field driven-dissipative Gross-Pitaevskii (GP) model, coupled to the density of an incoherent reservoir [42]:

$$i\hbar \frac{\partial \Psi(\mathbf{r}, t)}{\partial t} = \left[-\frac{\hbar^2}{2m_{\text{eff}}} \nabla_{\perp}^2 - i\hbar \frac{\gamma_c}{2} + g_c |\Psi(\mathbf{r}, t)|^2 \right. \\ \left. + \left(g_r + i\hbar \frac{R}{2} \right) n(\mathbf{r}, t) \right] \Psi(\mathbf{r}, t) + E(\mathbf{r}, t), \quad (1)$$

$$\frac{\partial n(\mathbf{r}, t)}{\partial t} = [-\gamma_r - R |\Psi(\mathbf{r}, t)|^2] n(\mathbf{r}, t) + P(\mathbf{r}, t). \quad (2)$$

Here $\Psi(\mathbf{r}, t)$ is the polariton field and $n(\mathbf{r}, t)$ is the reservoir density. $m_{\text{eff}} = 10^{-4} m_e$ is the effective mass of polaritons (m_e is the free electron mass). The condensate decays with $\gamma_c = 0.08 \text{ ps}^{-1}$, and the reservoir decays with $\gamma_r = 1.5\gamma_c$ [43]. The condensate is replenished by the coupling to the reservoir $n(\mathbf{r}, t)$ with $R = 0.01 \text{ ps}^{-1} \mu\text{m}^2$, while the reservoir is excited by the incoherent pump $P(\mathbf{r}, t)$. The condensate can directly be excited with a coherent light field $E(\mathbf{r}, t)$. The interaction strength between polaritons and reservoir by $g_r = 2g_c$. We note that we chose parameters for typical GaAs based microcavity systems. Even in this material polariton lifetimes can range from a few picoseconds [44–46] to several hundreds of picoseconds [47–49]. In other materials also interaction strengths and consequently nonlinearities can be significantly different, with typical interaction strengths of $1\text{--}10 \mu\text{eV} \mu\text{m}^2$

[43,50,51] in inorganic materials and on the order of $10^{-3} \mu\text{eV} \mu\text{m}^2$ [51–53] in some organic materials. To create a vortex, a ring-shaped cw pump with $P(\mathbf{r}) = P_0(\mathbf{r}^2/w^2)e^{-\mathbf{r}^2/w^2}$ is used with the radius of the ring, w .

Multistability.—In a previous study it was shown that a ring-shaped pump supports one vortex state with a certain winding number [36]. However, here we find that the same pump can support vortices with different winding numbers (Fig. 2) for a case with three different solutions. The higher-order vortices, which are unstable in conservative systems, can be stabilized in a dissipative system due to the gain [54]. We note that these are also stable with the inclusion of a random background noise and a realistic disorder (see the Supplemental Material [55]). Which stationary state the system assumes depends on initial conditions; i.e., the initial condition determines the transient dynamics and which path the system takes until it reaches a stationary state. Note that initial noise always converges to a vortex with a certain winding number, and the value of the winding number depends on the radius of the pump [36]. The spectra included in Fig. 2(a) show that all condensates are squeezed to the higher energy states, instead of being trapped in the potential [35], because of the strong feedback from the condensate. The solutions with energies above the potential can still be localized because of the balance of the centripetal flow of polaritons gained from the ring reservoir and the outgoing flow of polaritons. We note that in the numerical simulations

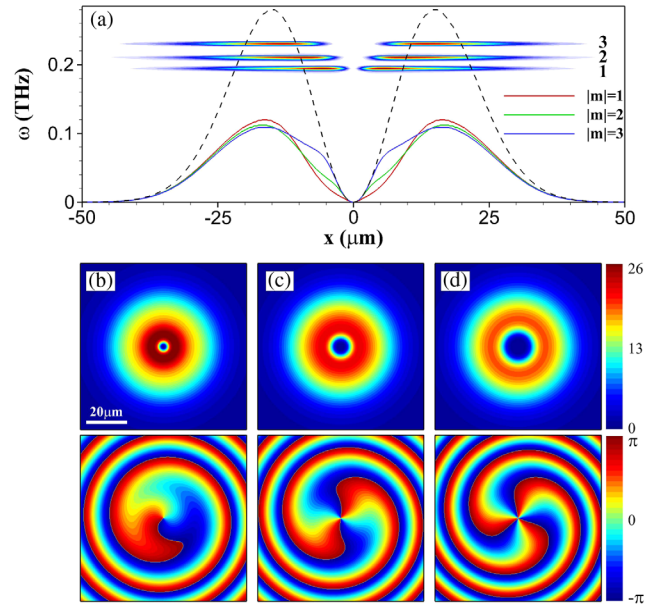


FIG. 2. Multistability of vortices. (a) Spectra of multistable vortices with topological charges $|m| = 1, 2,$ and 3 . Solid curves represent a cross section of the reservoir-induced potentials, given by $g_r n$, for different topological charges. The dashed line represents the reservoir-induced potential with $R = 0$ in Eq. (2). (b)–(d) Distributions of densities and phases of vortices with topological charges (b) $m = 1$, (c) $m = 2$, and (d) $m = 3$ for a pump with $P_0 = 10 \text{ ps}^{-1} \mu\text{m}^{-2}$ and $w = 15 \mu\text{m}$.

this type of vortex multistability is generally more easily observed when the loss γ_r of the reservoir is smaller than the condensation term $R|\Psi|^2$ depleting the reservoir. In this case for different condensate solutions, the reservoir experiences significantly different reshaping. Figure 2(a) (dashed line) shows the unmodified external potential seen by the condensate for condensation rate $R = 0$:

$$\omega(\mathbf{r}) = \frac{g_r}{\hbar} n(r) = \frac{g_r P(\mathbf{r})}{\hbar \gamma_r}. \quad (3)$$

The other lines show the external potential seen by the condensate once the vortices have formed. In these cases the external potential trap is significantly modified by the presence of the vortex. For different winding numbers, the vortices have different radii and frequencies, which results in different reshaping of the potential. In other words, the vortices with larger winding number have larger cores, so that they can be stabilized to the higher energy states due to the core filling by the reservoir.

The numerical stability region of each vortex is shown in Figs. 3(a)–3(c). The stability depends not only on the pump intensity, but also on the pump radius. For vortices with winding number $|m| = 1$, unstable solutions appear when the pump radius is too large or the pump intensity is too small [Fig. 3(a)]. When the pump radius is larger, vortices with larger winding number dominate [Figs. 3(b) and 3(c)]. While for larger pump intensity the vortex with $|m| = 1$ is stabilized because of the stronger confinement potential, vortices with $|m| = 2$ and $|m| = 3$ become unstable at

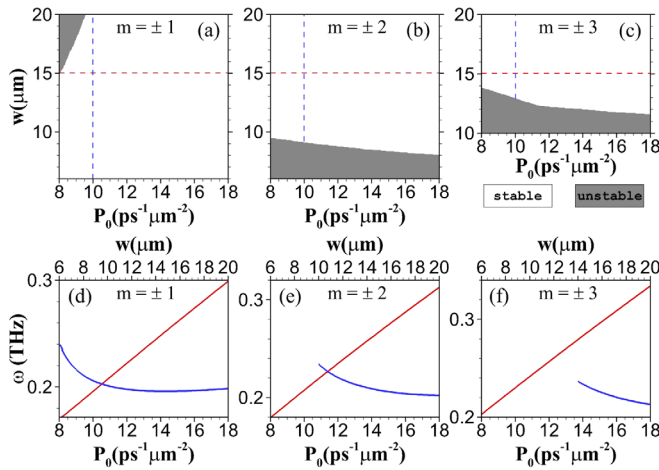


FIG. 3. Stability and instability regions of vortices with (a) $m = \pm 1$, (b) $m = \pm 2$, and (c) $m = \pm 3$, depending on the intensity and the radius of the pump. (d)–(f) Dependence of vortex frequency on the pump intensity (red lines) and radius (blue lines). Red lines in (d)–(f) correspond to the red dashed lines in (a)–(c) for a constant pump radius $w = 15$ μm, while blue lines correspond to the blue dashed lines for a constant pump intensity $P_0 = 10$ ps⁻¹ μm⁻². The condensation threshold is $P_{th} \simeq 6$ – 8 ps⁻¹ μm⁻² and slightly varies with pump radius. The larger the pump radius, the smaller the condensation threshold.

smaller w when the vortex radius is larger than the pump ring radius. Vortices with higher topological charges, $|m| > 3$, can also be stable at even larger pump radius.

Figures 3(d)–3(f) show that the vortex frequency increases (blueshifts) monotonically with the pump intensity for fixed pump radius as a result of the repulsive nonlinearity [Figs. 3(d)–3(f)]. However, for fixed pump intensity, as the pump radius increases, the frequency decreases (redshifts), even though also in this case the peak density increases as shown below in Fig. 5(a). This is because the vortex tail becomes more pronounced as the pump radius increases, strongly depleting the confinement potential, leading to a red shift of the frequency. As the pump radius increases further, the frequency converges to a certain value where the peak density of the vortices becomes radius independent and the influence of the tail can be almost neglected.

Generally, switching between bistable states can be achieved by gradually changing the pump intensity to approach a bifurcation. However, in our work there is no obvious pump-intensity dependent bifurcation and hysteresis loop. A pump-radius dependent hysteresis loop does exist around $P_0 = 8$ ps⁻¹ μm⁻² [Figs. 3(a) and 3(b)]; however, in an experimental setup it would be difficult to precisely control the pump radius during the excitation. In our system a different approach appears more feasible, i.e., by applying coherent light pulses as illustrated in Fig. 4. The light pulses carry the same OAM as the target vortex, having the form

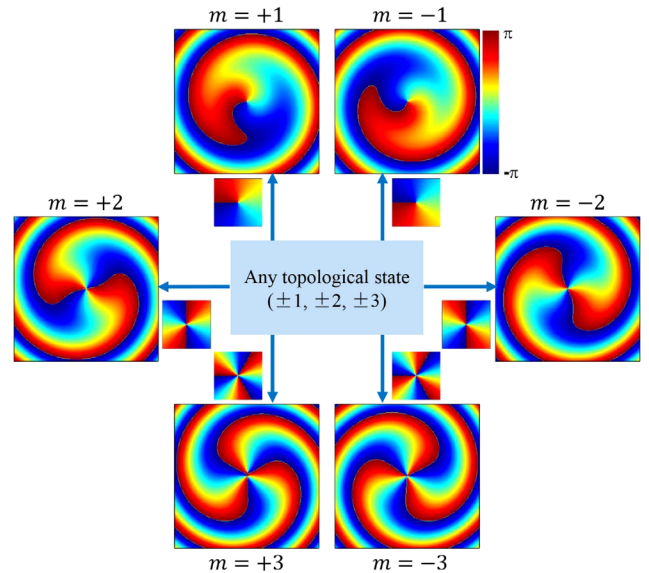


FIG. 4. Illustration of the dynamical switching from any topological state to a desired vortex state. The phase profiles of the target vortex states are shown in the larger panels. The switching between different states is achieved with coherent pulses carrying the orbital angular momentum of the corresponding target state. Phase profiles of the switching pulses are shown in the smaller panels.

$$E(\mathbf{r}, t) = E_0 \mathbf{r}^2 e^{-r^2/w_p^2} e^{-t^2/w_t^2} e^{im_p \theta} e^{-i\omega_p t}. \quad (4)$$

We note that the switching is not very sensitive to the precise choice of pulse amplitude E_0 , duration w_t , radial width w_p , and frequency ω_p . To achieve compatibility with the desired target states, we chose $E_0 = 0.1$, $w_t = 6$ ps, $w_p = 10 \mu\text{m}$, and $\omega_p = 0.2$ THz. With these pulses we are able to switch from any vortex state to any desired target state. The pulse profile to be used is determined solely by the final state, the initial state only influences the transient dynamics how the system approaches the new stationary state. For example, a coherent pulse with $m_p = +1$ leads to a final state with a vortex carrying the topological charge $m = +1$. Dynamical details of the topological charge transformation are given in Fig. S1 of the Supplemental Material [55].

Bessel vortex.—The phase of a vortex in a driven-dissipative system has a helical profile [54,56], which is different from that of a vortex in a conservative system [7]. In the high-density region of the vortex, however, their phase distributions are similar. Comparing the phases of the different vortex states in Fig. 2, for the $m = +1$ state the phase appears to have a more pronounced radial dependence (it appears to spiral around the center even in the high density region of the vortex). Figure 5(a) shows the density cross sections of vortices with $|m| = 1$ for different pump radii. When the pump radius is larger, $w = 30 \mu\text{m}$ for instance, a broader peak with a longer tail is found. When the pump radius becomes even larger, the broad peak moves far away from the vortex center. Simultaneously, its peak density increases, approaching the peak density of the main peak at small radius. In addition, several additional small peaks appear between the main peak and the broad peak [see also Figs. S2(a)–S2(f) of the Supplemental Material [55]]. While the amplitude of the main peaks is squeezed as the pump radius increases, the radial position

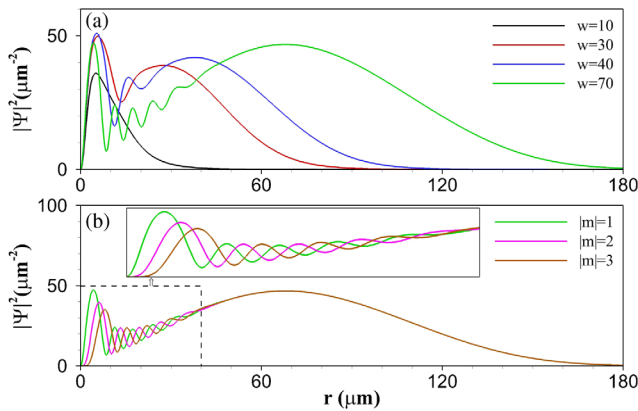


FIG. 5. 1D profiles of vortices with (a) $|m| = 1$ for different pump radii at $P_0 = 15 \text{ ps}^{-1} \mu\text{m}^{-2}$ and (b) different topological charges under the same pump with $w = 70 \mu\text{m}$ and $P_0 = 15 \text{ ps}^{-1} \mu\text{m}^{-2}$.

of this peak stays almost fixed for the same topological charge [Fig. 5(a)]. For different topological charges for the same pump [Fig. 5(b)], the radial position of the main peak increases with the topological charge, while the tails of the density almost exactly coincide at larger radii.

For the vortices with twisted, or more spiral-like, phase profile, we now study the decay dynamics after suddenly switching off the incoherent excitation pump. For an only slightly twisted vortex excited by a spatially narrow pump with $w = 5 \mu\text{m}$, after switching off the pump, the vortex radius increases quickly, approaching the double of the original radius [Fig. 6(d)] [Details are given in Figs. S3(a)–S3(e) of the Supplemental Material [55]]. Here, we define r' as the vortex radius when the peak density reduces to one-tenth.

For a vortex with strongly twisted phase, however, the decay dynamics is quite different. Figure 6 shows results for $w = 70 \mu\text{m}$. The density decreases to one tenth about 60 ps after switching off the pump [Fig. 6(a)]. Remarkably, during this initial decay the radius of the main peak increases only to 1.13 times the original radius [Figs. 6(d)–6(g)]. The density of the broad peak at larger radius decays much faster than that of the main peak as shown in Fig. 6(b). As the broad peak decreases over time, the smaller peaks at intermediate radii change to independent features, forming multiple rings outside the main peak. The concentric rings are similar to the J_1 Bessel mode. The comparison of the profiles of the decayed vortex at $t = 670$ ps and the J_1 Bessel mode is shown in Fig. 6(c). The four main peaks at small radii fit very well, while the difference becomes more evident from the fifth peak onwards. However, in a good approximation, after

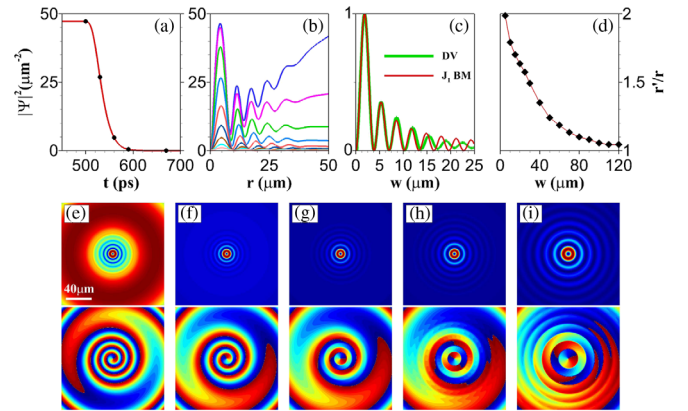


FIG. 6. (a) Time evolution of the peak density of a vortex with $m = 1$. The pump is switched off at $t = 500$ ps. Pump parameters are $P_0 = 15 \text{ ps}^{-1} \mu\text{m}^{-2}$ and $w = 70 \mu\text{m}$. (b) 1D profiles of the vortex at different decay time, corresponding, from top to bottom, to $t = 500$ –600 ps with 10 ps time interval. (c) Comparison of 1D normalized density profiles of the decayed vortex (DV) at $t = 670$ ps and a J_1 Bessel mode (BM). (d) Dependence of the ratio r'/r on pump radius. (e)–(i) Profiles of densities and phases of the vortex at different decay time, corresponding to the black points from left to right in (a).

the initial decay, the vortex formed can be identified as a Bessel vortex. During the decay, the strongly twisted phase evolves from a spiralling smooth curve [Fig. 6(e)] to a distribution with π -phase jumps [Fig. 6(i)]. We note that the Bessel vortex shows remarkable localization even at strongly reduced densities. Its radius increases much more slowly [Figs. 6(h) and 6(i)] than for the normal vortex at $w = 5 \mu\text{m}$ in Fig. 6(d) [Figs. S3(f)–S3(h)]. This finding is in agreement with recent experiments comparing diffraction of Gaussian vortex beams and Bessel vortex beams in optical fibers [57]. Figure 6(d) shows that the ratio converges to 1 for increasing pump radius. Obviously, the strongly twisted vortex contains more concentric rings, which is closer to a Bessel mode comparing to the slightly twisted vortex containing only one ring. Qualitatively speaking, the smaller peaks between the broad peak and the main peak (Figs. 5 and 6) are formed due to the interference of centripetal flow of polaritons from the broad peak and outgoing flow of polaritons from the main peak. The convergent flow and interference decay after switching off the pump, but can still maintain the radius of the main peak and finally lead to the formation of the Bessel pattern. Further information is given in Fig. S4 of the Supplemental Material [55].

Conclusion.—We report on the existence of a vortex multistability in a polariton condensate where the same incoherent pump can support several stable vortex states. This peculiar behavior of the driven-dissipative nonlinear system studied is rooted in the intrinsic feedback of the condensate and the excitation reservoir. We demonstrate that coherent light pulses with different OAM can be used to switch between different vortex states. For larger radius of the ring-shaped pump beam, we also find the existence of a Bessel vortex mode, which shows a remarkable persistence even without the pump source.

This work was supported by the Deutsche Forschungsgemeinschaft (DFG) through the collaborative research center TRR142 (project A04) and Heisenberg program (Grant No. 270619725) and by the Paderborn Center for Parallel Computing, PC². X.M. further acknowledges support from the National Natural Science Foundation of China (Grant No. 11804064).

*Corresponding author.

xuekai.ma@gmail.com

- [1] R. Sessoli, D. Gatteschi, A. Caneschi, and M. A. Novak, *Nature (London)* **365**, 141 (1993).
- [2] W. Fujita and K. Awaga, *Science* **286**, 261 (1999).
- [3] H. M. Gibbs, S. L. McCall, T. N. C. Venkatesan, A. C. Gossard, A. Passner, and W. Wiegmann, *Appl. Phys. Lett.* **35**, 451 (1979).
- [4] A. Baas, J. Ph. Karr, H. Eleuch, and E. Giacobino, *Phys. Rev. A* **69**, 023809 (2004).
- [5] P. Treutlein, D. Hunger, S. Camerer, T. W. Hänsch, and J. Reichel, *Phys. Rev. Lett.* **99**, 140403 (2007).
- [6] M. Soljačić, M. Ibanescu, S. G. Johnson, Y. Fink, and J. D. Joannopoulos, *Phys. Rev. E* **66**, 055601 (2002).
- [7] R. W. Boyd, *Nonlinear Optics* (Academic Press, San Diego, 2003).
- [8] F. J. Fraile-Peláez, J. Capmany, and M. A. Muriel, *Opt. Lett.* **16**, 907 (1991).
- [9] E. R. Lyons and G. J. Sonek, *Appl. Phys. Lett.* **66**, 1584 (1995).
- [10] M. F. Yanik and S. Fan, *Appl. Phys. Lett.* **83**, 2739 (2003).
- [11] M. Notomi, A. Shinya, S. Mitsugi, G. Kira, E. Kuramochi, and T. Tanabe, *Opt. Express* **13**, 2678 (2005).
- [12] H. Deng, G. Weihs, C. Santori, J. Bloch, and Y. Yamamoto, *Science* **298**, 199 (2002).
- [13] J. Kasprzak, M. Richard, S. Kundermann, A. Baas, P. Jeambrun, J. M. J. Keeling, F. M. Marchetti, M. H. Szymańska, R. André, J. L. Staehli, V. Savona, P. B. Littlewood, B. Deveaud, and Le Si Dang, *Nature (London)* **443**, 409 (2006).
- [14] S. Christopoulos, G. Baldassarri Höger von Högersthal, A. J. D. Grundy, P. G. Lagoudakis, A. V. Kavokin, J. J. Baumberg, G. Christmann, R. Butté, E. Feltin, J.-F. Carlin, and N. Grandjean, *Phys. Rev. Lett.* **98**, 126405 (2007).
- [15] G. Christmann, R. Butté, E. Feltin, J.-F. Carlin, and N. Grandjean, *Appl. Phys. Lett.* **93**, 051102 (2008).
- [16] J. J. Baumberg, A. V. Kavokin, S. Christopoulos, A. J. D. Grundy, R. Butté, G. Christmann, D. D. Solnyshkov, G. Malpuech, G. Baldassarri Höger von Högersthal, E. Feltin, J.-F. Carlin, and N. Grandjean, *Phys. Rev. Lett.* **101**, 136409 (2008).
- [17] J. D. Plumhof, T. Stöferle, L. Mai, U. Scherf, and R. F. Mahrt, *Nat. Mater.* **13**, 247 (2014).
- [18] M. O. Borgh, J. Keeling, and N. G. Berloff, *Phys. Rev. B* **81**, 235302 (2010).
- [19] M. H. Luk, Y. C. Tse, N. H. Kwong, P. T. Leung, P. Lewandowski, R. Binder, and S. Schumacher, *Phys. Rev. B* **87**, 205307 (2013).
- [20] A. Werner, O. A. Egorov, and F. Lederer, *Phys. Rev. B* **89**, 245307 (2014).
- [21] T. C. H. Liew, O. A. Egorov, M. Matuszewski, O. Kyriienko, X. Ma, and E. A. Ostrovskaya, *Phys. Rev. B* **91**, 085413 (2015).
- [22] O. A. Egorov, D. V. Skryabin, A. V. Yulin, and F. Lederer, *Phys. Rev. Lett.* **102**, 153904 (2009).
- [23] M. Sich, D. N. Krizhanovskii, M. S. Skolnick, A. V. Gorbach, R. Hartley, D. V. Skryabin, E. A. Carta-Méndez, K. Biermann, R. Hey, and P. V. Santos, *Nat. Photonics* **6**, 50 (2012).
- [24] A. V. Yulin, O. A. Egorov, F. Lederer, and D. V. Skryabin, *Phys. Rev. A* **78**, 061801(R) (2008).
- [25] G. Grosso, G. Nardin, F. Morier-Genoud, Y. Léger, and B. Deveaud-Plédran, *Phys. Rev. B* **86**, 020509(R) (2012).
- [26] P. Cilibrizzi, H. Ohadi, T. Ostatnický, A. Askitopoulos, W. Langbein, and P. Lagoudakis, *Phys. Rev. Lett.* **113**, 103901 (2014).
- [27] X. Ma, O. A. Egorov, and S. Schumacher, *Phys. Rev. Lett.* **118**, 157401 (2017).
- [28] D. Bajoni, E. Semenova, A. Lemaître, S. Bouchoule, E. Wertz, P. Senellart, S. Barbay, R. Kuszelewicz, and J. Bloch, *Phys. Rev. Lett.* **101**, 266402 (2008).
- [29] T. C. H. Liew, A. V. Kavokin, T. Ostatnický, M. Kaliteevski, I. A. Shelykh, and R. A. Abram, *Phys. Rev. B* **82**, 033302 (2010).

- [30] D. Ballarini, M. De Giorgi, E. Cancellieri, R. Houdré, E. Giacobino, R. Cingolani, A. Bramati, G. Gigli, and D. Sanvitto, *Nat. Commun.* **4**, 1778 (2013).
- [31] O. Kyriienko, T. C. H. Liew, and I. A. Shelykh, *Phys. Rev. Lett.* **112**, 076402 (2014).
- [32] E. Z. Tan, H. Sigurdsson, and T. C. H. Liew, *Phys. Rev. B* **97**, 075305 (2018).
- [33] K. G. Lagoudakis, M. Wouters, M. Richard, A. Baas, I. Carusotto, R. André, Le Si Dang, and B. Deveaud-Plédran, *Nat. Phys.* **4**, 706 (2008).
- [34] K. G. Lagoudakis, T. Ostafnick, A. V. Kavokin, Y. G. Rubo, R. André, and B. Deveaud-Plédran, *Science* **326**, 974 (2009).
- [35] H. Sigurdsson, O. A. Egorov, X. Ma, I. A. Shelykh, and T. C. H. Liew, *Phys. Rev. B* **90**, 014504 (2014).
- [36] X. Ma, U. Peschel, and O. A. Egorov, *Phys. Rev. B* **93**, 035315 (2016).
- [37] R. Dall, M. D. Fraser, A. S. Desyatnikov, G. Li, S. Brodbeck, M. Kamp, C. Schneider, S. Höfling, and E. A. Ostrovskaya, *Phys. Rev. Lett.* **113**, 200404 (2014).
- [38] X. Ma and S. Schumacher, *Phys. Rev. B* **95**, 235301 (2017).
- [39] J. Schmutzler, P. Lewandowski, M. Aßmann, D. Niemietz, S. Schumacher, M. Kamp, C. Schneider, S. Höfling, and M. Bayer, *Phys. Rev. B* **91**, 195308 (2015).
- [40] A. Chong, W. H. Renninger, D. N. Christodoulides, and F. W. Wise, *Nat. Photonics* **4**, 103 (2010).
- [41] A. Alexandrescu and V. M. Pérez-García, *Phys. Rev. A* **73**, 053610 (2006).
- [42] M. Wouters and I. Carusotto, *Phys. Rev. Lett.* **99**, 140402 (2007).
- [43] G. Roumpos, M. D. Fraser, A. Löffler, S. Höfling, A. Forchel, and Y. Yamamoto, *Nat. Phys.* **7**, 129 (2011).
- [44] H. Deng, G. Weihs, D. Snoke, J. Bloch, and Y. Yamamoto, *Proc. Natl. Acad. Sci. U.S.A.* **100**, 15318 (2003).
- [45] A. P. D. Love, D. N. Krizhanovskii, D. M. Whittaker, R. Bouchekioua, D. Sanvitto, S. A. Rizeiqi, R. Bradley, M. S. Skolnick, P. R. Eastham, R. André, and L. S. Dang, *Phys. Rev. Lett.* **101**, 067404 (2008).
- [46] E. Wertz, L. Ferrier, D. D. Solnyshkov, R. Johné, D. Sanvitto, A. Lemaître, I. Sagnes, R. Grousson, A. V. Kavokin, P. Senellart, G. Malpuech, and J. Bloch, *Nat. Phys.* **6**, 860 (2010).
- [47] B. Nelsen, G. Liu, M. Steger, D. W. Snoke, R. Balili, K. West, and L. Pfeiffer, *Phys. Rev. X* **3**, 041015 (2013).
- [48] M. Steger, C. Gautham, D. W. Snoke, L. Pfeiffer, and K. West, *Optica* **2**, 1 (2015).
- [49] Y. Sun, P. Wen, Y. Yoon, G. Liu, M. Steger, L. N. Pfeiffer, K. West, D. W. Snoke, and K. A. Nelson, *Phys. Rev. Lett.* **118**, 016602 (2017).
- [50] L. Ferrier, E. Wertz, R. Johné, D. D. Solnyshkov, P. Senellart, I. Sagnes, A. Lemaître, G. Malpuech, and J. Bloch, *Phys. Rev. Lett.* **106**, 126401 (2011).
- [51] D. Sanvitto and S. Kéna-Cohen, *Nat. Mater.* **15**, 1061 (2016).
- [52] K. S. Daskalakis, S. A. Maier, and S. Kéna-Cohen, *Phys. Rev. Lett.* **115**, 035301 (2015).
- [53] G. Lerario, A. Fieramosca, F. Barachati, D. Ballarini, K. S. Daskalakis, L. Dominici, M. De Giorgi, S. A. Maier, G. Gigli, S. Kéna-Cohen, and D. Sanvitto, *Nat. Phys.* **13**, 837 (2017).
- [54] V. E. Lobanov, Y. V. Kartashov, V. A. Vysloukh, and L. Torner, *Opt. Lett.* **36**, 85 (2011).
- [55] See Supplemental Material at <http://link.aps.org/supplemental/10.1103/PhysRevLett.121.227404> for additional details on optical switching of multistable states, multistable vortices in the presence of noise and disorder, as well as twisted vortex profiles and decay dynamics.
- [56] L.-C. Crasovan, B. A. Malomed, and D. Mihalache, *Phys. Rev. E* **63**, 016605 (2000).
- [57] H. Ruan, L. Wang, S. Wu, and B. Zhou, *IEEE Photonics J.* **9**, 6500910 (2017).