Kuramoto Model for Excitation-Inhibition-Based Oscillations

Ernest Montbrió¹ and Diego Pazó²

¹Center for Brain and Cognition. Department of Information and Communication Technologies, Universitat Pompeu Fabra, 08018 Barcelona, Spain ²

²Instituto de Física de Cantabria (IFCA), CSIC-Universidad de Cantabria, 39005 Santander, Spain

(Received 4 January 2018; revised manuscript received 10 April 2018; published 13 June 2018)

The Kuramoto model (KM) is a theoretical paradigm for investigating the emergence of rhythmic activity in large populations of oscillators. A remarkable example of rhythmogenesis is the feedback loop between excitatory (E) and inhibitory (I) cells in large neuronal networks. Yet, although the EI -feedback mechanism plays a central role in the generation of brain oscillations, it remains unexplored whether the KM has enough biological realism to describe it. Here we derive a two-population KM that fully accounts for the onset of EI-based neuronal rhythms and that, as the original KM, is analytically solvable to a large extent. Our results provide a powerful theoretical tool for the analysis of large-scale neuronal oscillations.

DOI: [10.1103/PhysRevLett.120.244101](https://doi.org/10.1103/PhysRevLett.120.244101)

The Kuramoto model (KM) is an idealized mathematical model for exploring the birth of collective synchronization in its most simple form. It consists of a population of heterogeneous, all-to-all coupled oscillators, and is a unique example of an exactly solvable system of nonlinear differential equations [1–[5\].](#page-4-0) Yet, the KM was originally not intended as a specific description of any particular system, and finds limited applications in the modeling and analysis of natural oscillatory phenomena, see, e.g., Refs. [6–[8\].](#page-4-1)

An important example of collective synchronization is that of large scale neuronal oscillations [\[3,9\].](#page-4-2) Despite continued work using the KM to investigate neuronal rhythms (see, e.g., Refs. [\[10](#page-4-3)–16]), it remains unknown whether the KM actually accounts for the neuronal mechanisms resulting in such oscillations. In this Letter we derive a simple, two-population KM, that describes one of the basic mechanisms of generation of neuronal oscillations: The feedback loop between fast excitation (E) and slow inhibition (I) in large neuronal networks $[17–20]$.

EI-feedback loop and EI-based oscillations.—The canonical neuronal network to model the EI-feedback loop consists of two interacting populations of excitatory and inhibitory neurons [21–[24\].](#page-4-5) Here, we consider two populations of N pulse-coupled "Winfree oscillators" [\[2,25](#page-4-6)–29] with phase variables $\{\theta_i^{\sigma}\}_{i=1,...,N}$ (populations are identified by $\sigma \in \{F, I\}$) which evolve according to are identified by $\sigma \in \{E, I\}$, which evolve according to

$$
\dot{\theta}_i^{\sigma} = \omega_i^{\sigma} + \xi_i^{\sigma} + Q(\theta_i^{\sigma}) (K_{\sigma E} h_E - K_{\sigma I} h_I). \tag{1}
$$

The natural frequencies ω_i^{σ} are drawn from Lorentzian distributions of half-width γ , centered at $\bar{\omega}_{\sigma}$

$$
g_{\sigma}(\omega) = (\gamma/\pi)[(\omega - \bar{\omega}_{\sigma})^2 + \gamma^2]^{-1},
$$
 (2)

and ξ_i^{σ} are independent, zero-mean delta-correlated noise processes of strength D: $\langle \xi_i^{\sigma}(t) \xi_j^{\sigma'}(t') \rangle = 2D\delta(t-t') \delta_{i,j} \delta_{\sigma,\sigma'}$. In Eq. [\(1\)](#page-0-0), $Q(\theta)$ is the so-called phase response curve (PRC) that determines the response of the oscillators to perturbations. Here we adopt the (infinitesimal) PRC of the theta-neuron model, $Q(\theta) = 1 - \cos \theta$, which is nonnegative and thus results in phase advances or delays in response to excitatory or inhibitory inputs [\[30](#page-4-7)–32]. Neuronal oscillators with a non-negative PRC are called Type 1, and include a broad class of neuronal models, see, e.g., Refs. [\[31](#page-4-8)–33]. The oscillators interact all-to-all via the mean fields

$$
h_{\sigma} = \frac{1}{N} \sum_{j=1}^{N} P(\theta_j^{\sigma}), \qquad (3)
$$

which are population-averaged sums of all the pulses P produced in each population. We use the family of unimodal even-symmetric functions $P(\theta) = (1 - r)(1 + \cos \theta)(1 - 2r \cos \theta + r^2)^{-1}$ with $\int_{-\pi}^{\pi} P(\theta) d\theta = 2\pi$ and a $\cos \theta (1 - 2r \cos \theta + r^2)^{-1}$, with $\int_{-\pi}^{\pi} P(\theta) d\theta = 2\pi$ and a free parameter $r \in (-1, 1)$ such that $\lim_{\theta \to 0} P(\theta) = 2\pi \delta(\theta)$. free parameter $r \in (-1, 1)$, such that $\lim_{r \to 1} P(\theta) = 2\pi \delta(\theta)$ [\[28\]](#page-4-9). Expressed in words, the *j*th oscillator in the E population exerts a positive, pulselike influence $P(\theta_j^E)$ of strength K_{E} $/N \ge 0$ to each oscillator of the *F* population strength $K_{EE}/N \ge 0$ to each oscillator of the E population, and of strength $K_{IE}/N \ge 0$ to each oscillator of the I population [similarly for the jth oscillator of the I population, with an explicit "−" sign in Eq. [\(1\)](#page-0-0) corresponding to inhibition].

Figures [1\(a\)](#page-1-0) and [1\(b\)](#page-1-0) show EI-based oscillations of the mean-field quantities h_{σ} in simulations of (a) heterogeneous and (b) noisy EI-Winfree networks, Eq. [\(1\).](#page-0-0) The raster plots Figs. $1(c)$ and $1(d)$ show that an *EI*-oscillation cycle begins with the synchronous "firing" of a large cluster of phase-locked E oscillators, followed by another synchronous firing of the I oscillators. Note that, to emphasize that oscillations emerge exclusively due to the interplay between fast excitatory and slow inhibitory dynamics, in

FIG. 1. EI-based oscillations in a population of $N = 2000$ excitatory (E) and $N = 2000$ inhibitory (I) Winfree oscillators, Eq. [\(1\)](#page-0-0); with $\bar{\omega}_E = 1.5$, $\bar{\omega}_I = 0.5$, $K_{EI} = K_{IE} = 0.5$, $K_{EE} = K_{II} = 0$, and $r = 0.99$. (a), (b) Time series of the E (red) and I (blue) activity-based mean fields h_{σ} . (c), (d) Raster plots: A point is plotted when an oscillator's phase reaches a multiple of 2π , which is the peak location of $P(\theta)$. In (a) and (c) frequencies are Lorentzian distributed, with $\gamma = 0.1$, and $D = 0$. In (b) and (d) the noise strength is $D = 0.1$, and $\gamma = 0$.

Fig. [1](#page-1-0) we set the self-coupling terms to zero, K_{EE} = $K_{II} = 0$, and consider $\Delta \omega \equiv \bar{\omega}_E - \bar{\omega}_I > 0$. In the following we derive a two-population KM that captures the main features of the oscillations shown in Fig. [1,](#page-1-0) and that is exactly solvable to a large extent.

Excitation-inhibition Kuramoto model (EI-KM).— Invoking the averaging approximation, valid for weak coupling and nearly identical oscillators [\[1,3\],](#page-4-0) the EI -Winfree model in Eq. [\(1\)](#page-0-0) reduces to the EI -KM [\[34\]](#page-4-10)

$$
\dot{\theta}_{i}^{\sigma} = \tilde{\omega}_{i}^{\sigma} + \xi_{i}^{\sigma}
$$

$$
-\frac{1+r}{2N} \sum_{j=1}^{N} \left[K_{\sigma E} \cos(\theta_{i}^{\sigma} - \theta_{j}^{E}) - K_{\sigma I} \cos(\theta_{i}^{\sigma} - \theta_{j}^{I}) \right], (4)
$$

where $\tilde{\omega}_i^{\sigma} \equiv \omega_i^{\sigma} + K_{\sigma}E - K_{\sigma}I$. There are two major differences between the *FI-KM* and the classical twodifferences between the EI-KM and the classical twopopulation KM broadly investigated in the literature, see, e.g., Refs. [\[1,35](#page-4-0)–40]. First, in the EI-KM the excitatory and inhibitory coupling constants differentially shift the natural frequencies $\tilde{\omega}_i^E$ and $\tilde{\omega}_i^I$, and this largely affects the regions of parameters where EI oscillations occur. Second, although the cosine coupling does not promote synchrony in the KM [\[41\],](#page-4-11) the positive (E) and negative (I) crosscoupling terms in Eq. [\(4\)](#page-1-1) crucially conspire to synchronize the oscillators [\[42\].](#page-4-12) Therefore, in the EI-KM, synchrony sets in exclusively due to the cooperative action of both the E and the I populations, in consonance with the EI-feedback loop mechanism. Indeed, Fig. [2](#page-1-2) shows numerical simulations of the $E1-KM$ in Eq. [\(4\)](#page-1-1) using the same parameters as in Figs. $1(a)$ and $1(c)$ —except r, which in the EI-KM is set to $r = 1$, see below. Figure [2\(a\)](#page-1-2) displays the

FIG. 2. EI-based oscillations in the EI-KM Eq. [\(4\)](#page-1-1) with quenched heterogeneity and $N = 2000$. (a) Amplitude of the Kuramoto order parameters, R_E (red) and R_I (blue); (b) raster plots; (c) mean fields obtained applying Eq. [\(14\)](#page-2-0) to Z_{σ} ; parameters are as in Figs. $1(a)$ and $1(c)$, except that here $r = 1$, instead of $r = 0.99$.

amplitude of the complex Kuramoto order parameters $Z_{\sigma} = R_{\sigma} e^{i\Psi_{\sigma}} = N^{-1} \sum_{j=1}^{N} e^{i\theta_{j}^{\sigma}}$. At $t = 0$, the amplitudes R_{τ} and R_{τ} are near zero since the initial values of all the R_E and R_I are near zero since the initial values of all the phases are randomly distributed in the interval $[0, 2\pi)$. Then, after a brief transient, the Kuramoto order parameters converge (up to finite-size fluctuations) to uniformly rotating solutions $Z_{\sigma}(t) = R_{*}e^{i\Psi_{\sigma}(t)}$, with $0 < R_{*} < 1$ and $\Psi_{\sigma} = \Omega$, signaling the onset of collective synchronization. Note that the raster the onset of collective synchronization. Note that the raster plot in Fig. $2(b)$ shows that the cluster of E oscillators precedes the cluster of I oscillators, consistent with Fig. [1\(c\)](#page-1-0).

Finally, in the EI-KM the width of the pulses (controlled by r) influences the intensity of the cosine coupling functions. To lighten the notation, hereafter we set $r = 1$ in Eq. [\(4\),](#page-1-1) corresponding to the limit of infinitely narrow (Dirac delta) pulses—this is close to the value used in Fig. [1](#page-1-0). The generalization of our results to general r is trivial.

Analysis of the EI-KM.—Equation [\(4\)](#page-1-1) can be efficiently analyzed in the thermodynamic limit, $N \to \infty$. To do so, the discrete sets of phases and frequencies turn into continuous variables $\{\theta_i^{\sigma}, \omega_i^{\sigma}\} \rightarrow \{\theta_{\sigma}, \omega_{\sigma}\}\$, and the corre-
sponding probability density functions $f^{\sigma}(A|\omega, t)$ satisfy sponding probability density functions $f^{\sigma}(\theta_{\sigma}|\omega_{\sigma}, t)$ satisfy coupled Fokker-Planck equations

$$
\partial_t f^{\sigma} = -\partial_{\theta_{\sigma}} (f^{\sigma} \dot{\theta}_{\sigma}) + D \partial_{\theta_{\sigma}}^2 f^{\sigma}, \tag{5}
$$

for which the fully incoherent state $f^E = f^I = (2\pi)^{-1}$ is always a trivial solution [\[35,43\].](#page-4-13) It is convenient to introduce the Fourier expansion of f^{σ} :

$$
f^{\sigma}(\theta|\omega, t) = \frac{1}{2\pi} \sum_{l=-\infty}^{\infty} f_l^{\sigma}(\omega, t) e^{il\theta},
$$
 (6)

where $f_0^{\sigma} = 1$ and $(f_{-l}^{\sigma})^* = f_l^{\sigma}$ (the asterisk denotes com-
plex conjugate). Thus, the Kuramoto order parameters are plex conjugate). Thus, the Kuramoto order parameters are

$$
Z_{\sigma} = \left(\int_{-\infty}^{\infty} f_1^{\sigma}(\omega, t) g_{\sigma}(\omega) d\omega \right)^*.
$$
 (7)

Substituting Eq. [\(6\)](#page-1-3) into Eq. [\(5\)](#page-1-4), yields two infinite sets of integro-differential equations for the Fourier modes

$$
\dot{f}_l^{\sigma} = -(il\tilde{\omega}_{\sigma} + l^2 D)f_l^{\sigma} + \frac{il}{2}f_{l-1}^{\sigma}(K_{\sigma E}Z_E^* - K_{\sigma I}Z_I^*)
$$

$$
+ \frac{il}{2}f_{l+1}^{\sigma}(K_{\sigma E}Z_E - K_{\sigma I}Z_I),
$$
(8)

where $\tilde{\omega}_{\sigma} \equiv \omega_{\sigma} + K_{\sigma E} - K_{\sigma I}$. The stability of the incoherent state can be analyzed by linearizing Eq. [\(8\)](#page-2-1) [\[44\]](#page-4-14). To simplify the analysis, we study the case in which cross- and self-couplings are symmetric,

$$
K_{EI} = K_{IE} \equiv K, \qquad K_{II} = K_{EE} \equiv \epsilon K, \tag{9}
$$

and use the new parameter $\epsilon \geq 0$ as a measure of the ratio of self- to cross-coupling. Then we find that the eigenvalues determining the stability of incoherence are

$$
\lambda_{\pm} = -\gamma - D \pm \frac{1}{2} \sqrt{K^2 - [\Delta \omega + (\epsilon - 2)K]^2} - i\Omega, \quad (10)
$$

where $\Omega = (\bar{\omega}_E + \bar{\omega}_I)/2$ is the center of the frequency distribution combining E and I populations. Note that parameters γ and D play identical roles in Eq. [\(10\),](#page-2-2) as it occurs in the KM [\[40,43\].](#page-4-15) Imposing $Re(\lambda_+) = 0$ in Eq. [\(10\)](#page-2-2), we find the boundary of incoherence

$$
\left(\frac{\Delta\omega}{\gamma+D}\right)_c^{\pm} = (2-\epsilon)\frac{K}{\gamma+D} \pm \sqrt{\left(\frac{K}{\gamma+D}\right)^2 - 4}, \quad (11)
$$

which is the family of hyperbolas depicted by solid and dashed black lines in Figs. $3(a)$ – $3(d)$, for increasing values of ϵ . A necessary condition for the boundary Eq. [\(11\)](#page-2-4) to exist is

$$
\frac{K}{\gamma + D} \ge 2. \tag{12}
$$

Hence, given a certain level of heterogeneity and/or noise, synchronization sets in at large enough values of the coupling strength. This is remarkably similar to the KM [\[1,43\]](#page-4-0), although here K represents cross-, and not selfcoupling. Moreover, Eq. [\(12\)](#page-2-5) is not a sufficient condition for synchronization in the EI-KM. If Eq. [\(12\)](#page-2-5) is satisfied, then Eq. [\(11\)](#page-2-4) shows that synchronization is only achieved for a particular range of values of the frequency mismatch $\Delta\omega$. The coupling ratio ϵ does not affect Eq. [\(12\),](#page-2-5) but it critically controls the range of $\Delta\omega$ for stable incoherence: Note that when $\epsilon \leq 1$, the boundary Eq. [\(11\)](#page-2-4) is located at positive values of $\Delta\omega$, and thus incoherence is always stable when I oscillators are intrinsically faster than E

FIG. 3. Phase diagrams of the EI-KM Eq. [\(4\)](#page-1-1) with $D = 0$ and coupling constants given by Eq. [\(9\)](#page-2-6), for (a) $\epsilon = 0$, (b) $\epsilon = 1$, (c) $\epsilon = 2$, and (d) $\epsilon = 3$. Regions of stable synchronization are highlighted in gray. Synchronization and incoherence are both stable in regions limited by black-dashed and red lines. The asterisk in (a) marks the parameter values used in Fig. [2.](#page-1-2) Black lines correspond to Eq. [\(11\).](#page-2-4) Solid and dashed lines are separated by codimension-2 points—obtained from Eq. [\(19\)](#page-3-0)—and indicate super- and subcritical bifurcations, respectively. Red curves indicate saddle-node bifurcations.

oscillators ($\Delta \omega$ < 0), see Fig. [3.](#page-2-3) Increasing the parameter ϵ shifts the boundary, with asymptotes at $K = \Delta\omega/(3 - \epsilon)$ and $K = \Delta\omega/(1 - \epsilon)$, towards negative values of $\Delta\omega$. Thus, increasing the coupling ratio through ϵ provides a key ingredient for synchronizing EI networks when $\bar{\omega}_I > \bar{\omega}_E$, as *I*-to-*I* coupling slows down *I* oscillators while E -to- E coupling speeds up E oscillators.

The synchronization region turns out to be larger than the hyperbolic boundary defined by Eq. [\(11\)](#page-2-4), particularly for large ϵ values (see Fig. [3](#page-2-3) for the noise-free case). The reason is that the bifurcation at Eq. [\(11\)](#page-2-4) is often subcritical. To investigate this further, next we consider the purely heterogeneous ($D = 0$) and the purely noisy ($\gamma = 0$) cases separately, and show that the global picture is remarkably similar in both instances.

The noise-free problem is particularly simple since it can be assumed that the densities in Eq. [\(6\)](#page-1-3) satisfy the so-called Ott-Antonsen (OA) ansatz [\[45,46\]](#page-4-16)

$$
f_{l>1}^{\sigma}(\omega, t) = [f_1^{\sigma}(\omega, t)]^l.
$$
 (13)

A first useful outcome of the OA ansatz is that it allows us to infer the mean field h_{σ} , Eq. [\(3\),](#page-0-1) from the Kuramoto order parameter Z_{σ} , Eq. [\(7\)](#page-1-5). Specifically, in the thermodynamic limit $h_{\sigma}(t) = \int_{-\infty}^{\infty} \int_{0}^{2\pi} P(\theta) f^{\sigma}(\theta|\omega, t) g_{\sigma}(\omega) d\omega d\theta$. Then, considering $P(\theta)$ as defined above, and the heterogeneity in Eq. [\(2\)](#page-0-2), one finds $h_{\sigma} = \text{Re}[(1 + Z_{\sigma})/(1 - rZ_{\sigma})]$, see
Ref. [47] In the limit $r \to 1$ this relation reduces to Ref. [\[47\].](#page-4-17) In the limit $r \to 1$, this relation reduces to

$$
h_{\sigma} = (1 - R_{\sigma}^2)(1 + R_{\sigma}^2 - 2R_{\sigma}\cos\Psi_{\sigma})^{-1}.
$$
 (14)

Figure [2\(c\)](#page-1-2) displays the mean fields $h_{\sigma}(t)$ obtained apply-ing Eq. [\(14\)](#page-2-0) to the Kuramoto order parameters $Z_{\sigma}(t)$ of the EI-KM. It can be seen that uniformly rotating solutions of the Kuramoto order parameters correspond to pulsatile oscillations of the activity-based mean fields $h_{\sigma}(t)$ [\[48\]](#page-4-18). Though the agreement between Figs. $1(a)$ and $2(c)$ is only qualitative, it gradually improves as parameters γ and $\Delta\omega$ are decreased and the averaging approximation becomes more accurate [\[49\]](#page-5-0).

A major simplification occurs assuming that f^{σ} evolve in the so-called OA manifold, Eq. [\(13\),](#page-2-7) as the system of Eq. (8) becomes independent of the index *l*. Then, solving the integrals in Eq. [\(7\)](#page-1-5) by virtue of the residue theorem, we find a system of two complex-valued ordinary differential equations for $Z_{\sigma}(t) = f_1^{\sigma}(\omega = \bar{\omega}_{\sigma} - i\gamma, t)^*$

$$
\dot{Z}_{\sigma} = i \left[\hat{\tilde{\omega}}_{\sigma} Z_{\sigma} - \frac{K_{\sigma E}}{2} (Z_{\sigma}^2 Z_E^* + Z_E) + \frac{K_{\sigma I}}{2} (Z_{\sigma}^2 Z_I^* + Z_I) \right],\tag{15}
$$

with $\hat{\tilde{\omega}}_{\sigma} \equiv \bar{\omega}_{\sigma} + K_{\sigma}E - K_{\sigma}I + i\gamma$. Restricting our analysis to the case defined by Eq. (9) Eq. (15) reduces to a threeto the case defined by Eq. (9) , Eq. (15) reduces to a threedimensional system for the amplitudes R_{σ} and the phase difference $\Phi = \Psi_E - \Psi_I$. The analysis becomes further facilitated restricting to the symmetric subspace

$$
R_E = R_I \equiv R,\tag{16}
$$

in consistency with our numerical observations, the transverse stability of the fixed points [\[50\]](#page-5-1), and related work [\[51\]](#page-5-2). Hence, we analyze the planar system

$$
\dot{R} = R \left[-\gamma + \frac{K}{2} (1 - R^2) \sin \Phi \right],
$$
\n(17a)

$$
\dot{\Phi} = \Delta \omega + K[(1 + R^2)\cos \Phi - 2 + \epsilon(1 - R^2)]. \quad (17b)
$$

Besides the fixed point at $R_* = 0$, corresponding to incoherence, the nontrivial fixed points of Eqs. [\(17\)](#page-3-2) satisfy [\[52\]](#page-5-3)

$$
\frac{\Delta \omega}{\gamma} = [2 + \epsilon (R_*^2 - 1)] \frac{K}{\gamma} \pm (R_*^2 + 1) \sqrt{\frac{K^2}{\gamma^2} - \frac{4}{(1 - R_*^2)^2}}.
$$
\n(18)

Figure [4\(a\)](#page-3-3) displays R_* obtained from Eq. [\(18\)](#page-3-4) for $\epsilon = 0$. In this case the transitions to synchronization are hysteretic and the stable synchronized solution (solid black line) exists only in an interval of values of $\Delta \omega > 0$. As the self-coupling terms are increased, Fig. [4\(b\)](#page-3-3) shows that the region of stable synchronization becomes broader, and invades negative values of $\Delta\omega$, see also Figs. 3(a)–[3\(d\)](#page-2-3).

FIG. 4. Bifurcation diagrams of synchronized (black) and incoherent (green) states of Eqs. [\(17\)](#page-3-2) for $K/\gamma=6$, obtained using Eq. [\(18\).](#page-3-4) (a), (b) Amplitude R_* and (c,d) phase difference Φ_{*} between the Kuramoto order parameters for (a), (c) $\epsilon = 0$ and (b), (d) $\epsilon = 3$.

Note that the phase difference Φ_* between Z_E and Z_I increases monotonically with $\Delta\omega$, see Figs. [4\(c\)](#page-3-3) and [4\(d\)](#page-3-3), but lies within the interval $(0, \pi)$, and thus excitation always precedes inhibition, see also Eq. [\(17\)](#page-3-2).

Differentiating Eq. [\(18\)](#page-3-4) with respect to R_{\ast}^{2} and equating
result to zero, allows us to analytically obtain the red the result to zero, allows us to analytically obtain the red boundaries in Fig. [3](#page-2-3) in parametric form (not shown), corresponding to saddle-node bifurcations. As $R_* \to 0$, these bifurcations meet the boundaries Eq. [\(11\)](#page-2-4) at codimension-2 points where the instabilities change from subto supercritical. The exact value of the K coordinate is

$$
(K/\gamma)_{c2}^{\pm} = \sqrt{(8 - 2\epsilon^2 \mp 2\epsilon\sqrt{8 + \epsilon^2})/(1 - \epsilon^2)}.
$$
 (19)

Substituting these values into Eq. [\(11\)](#page-2-4) with $D = 0$, we find the location of the codimension-two points represented in Fig. [3](#page-2-3).

Finally, we have numerically verified that very similar bistability regions appear in the phase diagrams for the noisy EI-Kuramoto model Eq. [\(4\)](#page-1-1) with identical oscillators $(D > 0, \gamma = 0)$. In addition, following Ref. [\[58\]](#page-5-4), we found that the codimension-2 points of the noisy EI-KM are located at [\[59\]](#page-5-5)

$$
(K/D)_{c2}^{\pm} = \sqrt{(12 - 2\epsilon^2 \mp 2\epsilon\sqrt{24 + \epsilon^2})/(1 - \epsilon^2)},
$$
 (20)

which is strikingly similar to Eq. (19) , but here the points lie at slightly larger K values.

Conclusions.—Using the averaging approximation we derived a two-population Kuramoto model—that we call EI-KM—from an EI-network of pulse-coupled, Type 1 oscillators. The resulting EI-KM displays a transition to synchronization that has the main features of the EI-based (also known as PING, pyramidal-interneuron gamma) rhythms [\[17](#page-4-4)–24]: (i) Oscillations set in exclusively due to the cooperative action of both E and I populations; (ii) oscillations emerge if excitatory dynamics is faster than inhibition, irrespective of ϵ . (iii) Otherwise, when inhibition is faster than excitation, strong enough selfcoupling $(\epsilon > 1)$ is necessary for synchrony to occur. (iv) Excitation always precedes inhibition ($0 < \Phi_* < \pi$). (v) The transition between incoherence and synchronization is often hysteretic, see, e.g., Ref. [\[23\].](#page-4-19) While these results have been rigorously demonstrated in the EI-KM with Lorentzian heterogeneities (by means of the OA ansatz), perturbative and numerical analysis of the EI-KM with noise reveal the same global picture.

We acknowledge support by MINECO (Spain) under Projects No. FIS2016-74957-P, No. PSI2016-75688-P, and No. PCIN-2015-127. We also acknowledge support by the European Union's Horizon 2020 research and innovation programme under the Marie Skłodowska-Curie Grant Agreement No. 642563.

- [1] Y. Kuramoto, *Chemical Oscillations*, Waves, and Turbulence (Springer-Verlag, Berlin, 1984).
- [2] S. H. Strogatz, [Physica \(Amsterdam\)](https://doi.org/10.1016/S0167-2789(00)00094-4) 143D, 1 (2000).
- [3] A. S. Pikovsky, M. G. Rosenblum, and J. Kurths, Synchronization, a Universal Concept in Nonlinear Sciences (Cambridge University Press, Cambridge, England, 2001).
- [4] J. A. Acebrón, L. L. Bonilla, C. J. Pérez-Vicente, F. Ritort, and R. Spigler, [Rev. Mod. Phys.](https://doi.org/10.1103/RevModPhys.77.137) 77, 137 (2005).
- [5] A. Pikovsky and M. Rosenblum, Chaos **25**[, 097616 \(2015\).](https://doi.org/10.1063/1.4922971)
- [6] K. Wiesenfeld, P. Colet, and S. H. Strogatz, [Phys. Rev. Lett.](https://doi.org/10.1103/PhysRevLett.76.404) 76[, 404 \(1996\).](https://doi.org/10.1103/PhysRevLett.76.404)
- [7] S. H. Strogatz, D. M. Abrams, A. McRobie, B. Eckhardt, and E. Ott, [Nature \(London\)](https://doi.org/10.1038/438043a) 438, 43 (2005).
- [8] I. Z. Kiss, Y. Zhai, and J. L. Hudson, [Science](https://doi.org/10.1126/science.1070757) 296, 1676 [\(2002\).](https://doi.org/10.1126/science.1070757)
- [9] G. Buzsáki, Rhythms of the Brain (Oxford University Press, New York, 2006).
- [10] M. Breakspear, S. Heitmann, and A. Daffertshofer, [Front.](https://doi.org/10.3389/fnhum.2010.00190) [Hum. Neurosci.](https://doi.org/10.3389/fnhum.2010.00190) 4, 190 (2010).
- [11] J. Cabral, E. Hugues, O. Sporns, and G. Deco, [NeuroImage](https://doi.org/10.1016/j.neuroimage.2011.04.010) 57[, 130 \(2011\).](https://doi.org/10.1016/j.neuroimage.2011.04.010)
- [12] R. Ton, G. Deco, and A. Daffertshofer, PLoS Comput. Biol. 10, e1003736 (2014).
- [13] P. Villegas, P. Moretti, and M. A. Muñoz, [Sci. Rep.](https://doi.org/10.1038/srep05990) 4, 5990 [\(2014\).](https://doi.org/10.1038/srep05990)
- [14] A. Ponce-Alvarez, G. Deco, P. Hagmann, G. L. Romani, D. Mantini, and M. Corbetta, [PLoS Comput. Biol.](https://doi.org/10.1371/journal.pcbi.1004100) 11, [e1004100 \(2015\).](https://doi.org/10.1371/journal.pcbi.1004100)
- [15] P. Sanz-Leon, S. A. Knock, A. Spiegler, and V. K. Jirsa, NeuroImage 111[, 385 \(2015\).](https://doi.org/10.1016/j.neuroimage.2015.01.002)
- [16] S. Petkoski, A. Spiegler, T. Proix, P. Aram, J.-J. Temprado, and V. K. Jirsa, Phys. Rev. E 94[, 012209 \(2016\).](https://doi.org/10.1103/PhysRevE.94.012209)
- [17] M. Whittington, R. Traub, N. Kopell, B. Ermentrout, and E. Buhl, [Int. J. Psychophysiol.](https://doi.org/10.1016/S0167-8760(00)00173-2) 38, 315 (2000).
- [18] P. Tiesinga and T. J. Sejnowski, Neuron 63[, 727 \(2009\)](https://doi.org/10.1016/j.neuron.2009.09.009).
- [19] X.-J. Wang, Physiol. Rev. 90[, 1195 \(2010\).](https://doi.org/10.1152/physrev.00035.2008)
- [20] G. Buzsáki and X.-J. Wang, [Annu. Rev. Neurosci.](https://doi.org/10.1146/annurev-neuro-062111-150444) 35, 203 [\(2012\).](https://doi.org/10.1146/annurev-neuro-062111-150444)
- [21] H. R. Wilson and J. D. Cowan, [Biophys. J.](https://doi.org/10.1016/S0006-3495(72)86068-5) 12, 1 (1972).
- [22] N. Brunel and X.-J. Wang, [J. Neurophysiology](https://doi.org/10.1152/jn.01095.2002) 90, 415 (2003).
- [23] D. Hansel and G. Mato, [Neural Comput.](https://doi.org/10.1162/089976603321043685) **15**, 1 (2003).
- [24] C. Boergers and N. Kopell, [Neural Comput.](https://doi.org/10.1162/089976603321192059) 15, 509 [\(2003\).](https://doi.org/10.1162/089976603321192059)
- [25] A. T. Winfree, [J. Theor. Biol.](https://doi.org/10.1016/0022-5193(67)90051-3) 16, 15 (1967).
- [26] J. T. Ariaratnam and S. H. Strogatz, [Phys. Rev. Lett.](https://doi.org/10.1103/PhysRevLett.86.4278) 86, [4278 \(2001\)](https://doi.org/10.1103/PhysRevLett.86.4278).
- [27] D. Pazó and E. Montbrió, [Phys. Rev. X](https://doi.org/10.1103/PhysRevX.4.011009) 4, 011009 [\(2014\).](https://doi.org/10.1103/PhysRevX.4.011009)
- [28] R. Gallego, E. Montbrió, and D. Pazó, [Phys. Rev. E](https://doi.org/10.1103/PhysRevE.96.042208) 96, [042208 \(2017\).](https://doi.org/10.1103/PhysRevE.96.042208)
- [29] C. R. Laing, *Physics* 7[, 10 \(2014\).](https://doi.org/10.1103/Physics.7.10)
- [30] B. Ermentrout and N. Kopell, [SIAM J. Appl. Math.](https://doi.org/10.1137/0146017) 46, 233 [\(1986\).](https://doi.org/10.1137/0146017)
- [31] B. Ermentrout, [Neural Comput.](https://doi.org/10.1162/neco.1996.8.5.979) 8, 979 (1996).
- [32] E. M. Izhikevich, Dynamical Systems in Neuroscience (MIT Press, Cambridge, Massachusetts, 2007).
- [33] E. Brown, J. Moehlis, and P. Holmes, [Neural Comput.](https://doi.org/10.1162/089976604322860668) 16, [673 \(2004\)](https://doi.org/10.1162/089976604322860668).
- [34] Phase variables in Eq. (4) correspond to slow-phase approximations of the phases in Eq. (1); See Supplemental Material at [http://link.aps.org/supplemental/10.1103/](http://link.aps.org/supplemental/10.1103/PhysRevLett.120.244101) [PhysRevLett.120.244101](http://link.aps.org/supplemental/10.1103/PhysRevLett.120.244101) for its derivation.
- [35] H. Okuda and Y. Kuramoto, [Prog. Theor. Phys.](https://doi.org/10.1143/ptp/86.6.1159) 86, 1159 [\(1991\).](https://doi.org/10.1143/ptp/86.6.1159)
- [36] E. Montbrió, J. Kurths, and B. Blasius, [Phys. Rev. E](https://doi.org/10.1103/PhysRevE.70.056125) 70, [056125 \(2004\).](https://doi.org/10.1103/PhysRevE.70.056125)
- [37] E. Barreto, B. Hunt, E. Ott, and P. So, [Phys. Rev. E](https://doi.org/10.1103/PhysRevE.77.036107) 77, [036107 \(2008\).](https://doi.org/10.1103/PhysRevE.77.036107)
- [38] D. M. Abrams, R. Mirollo, S. H. Strogatz, and D. A. Wiley, Phys. Rev. Lett. 101[, 084103 \(2008\).](https://doi.org/10.1103/PhysRevLett.101.084103)
- [39] Y. Kawamura, H. Nakao, K. Arai, H. Kori, and Y. Kuramoto, Chaos 20[, 043110 \(2010\).](https://doi.org/10.1063/1.3491346)
- [40] B. Pietras, N. Deschle, and A. Daffertshofer, [Phys. Rev. E](https://doi.org/10.1103/PhysRevE.94.052211) 94[, 052211 \(2016\).](https://doi.org/10.1103/PhysRevE.94.052211)
- [41] H. Sakaguchi and Y. Kuramoto, [Prog. Theor. Phys.](https://doi.org/10.1143/PTP.76.576) 76, 576 [\(1986\).](https://doi.org/10.1143/PTP.76.576)
- [42] Using $\phi_i^E = \theta_i^E - \pi/2$, Eq. [\(4\)](#page-1-1) transforms into a twopopulation model with phases $\{\phi_i^E\}$, $\{\theta_i^I\}$, where self-
interaction functions remain the same while cross-interaction interaction functions remain the same, while cross-interaction functions become sine functions with the precise signs to favor synchrony. Hence, for the case $K_{EE} = K_{II} = 0$ considered in Fig. [2,](#page-1-2) the system reduces to a bipartite network of Kuramoto oscillators.
- [43] S. H. Strogatz and R. E. Mirollo, [J. Stat. Phys.](https://doi.org/10.1007/BF01029202) 63, 613 [\(1991\)](https://doi.org/10.1007/BF01029202).
- [44] See Supplemental Material at [http://link.aps.org/](http://link.aps.org/supplemental/10.1103/PhysRevLett.120.244101) [supplemental/10.1103/PhysRevLett.120.244101](http://link.aps.org/supplemental/10.1103/PhysRevLett.120.244101) for details.
- [45] E. Ott and T. M. Antonsen, Chaos 18[, 037113 \(2008\)](https://doi.org/10.1063/1.2930766).
- [46] E. Ott and T. M. Antonsen, Chaos 19[, 023117 \(2009\)](https://doi.org/10.1063/1.3136851).
- [47] See Supplemental Material at [http://link.aps.org/](http://link.aps.org/supplemental/10.1103/PhysRevLett.120.244101) [supplemental/10.1103/PhysRevLett.120.244101](http://link.aps.org/supplemental/10.1103/PhysRevLett.120.244101) for details, see also Ref. [28].
- [48] See Supplemental Material at [http://link.aps.org/](http://link.aps.org/supplemental/10.1103/PhysRevLett.120.244101) [supplemental/10.1103/PhysRevLett.120.244101](http://link.aps.org/supplemental/10.1103/PhysRevLett.120.244101) for the proof that, in the EI-KM, the mean field h_{σ} is linearly related with the *mean firing rate* of the population of oscillators, which, compared to h_{σ} , is a more natural measure of neuronal activity in neuroscience.
- [49] See Supplemental Material at [http://link.aps.org/](http://link.aps.org/supplemental/10.1103/PhysRevLett.120.244101) [supplemental/10.1103/PhysRevLett.120.244101](http://link.aps.org/supplemental/10.1103/PhysRevLett.120.244101) for the numerical demonstration.
- [50] See Supplemental Material at [http://link.aps.org/](http://link.aps.org/supplemental/10.1103/PhysRevLett.120.244101) [supplemental/10.1103/PhysRevLett.120.244101](http://link.aps.org/supplemental/10.1103/PhysRevLett.120.244101) for the proof.
- [51] E. A. Martens, E. Barreto, S. H. Strogatz, E. Ott, P. So, and T. M. Antonsen, Phys. Rev. E 79[, 026204 \(2009\).](https://doi.org/10.1103/PhysRevE.79.026204)
- [52] In contrast with the KM with bimodal frequency distribution [\[1,40,51,53](#page-4-0)–56], our numerical simulations did not reveal states with time-varying R_{σ} . The same occurs in other variants of the KM, see, e.g., Ref. [\[57\].](#page-5-6)
- [53] J.D. Crawford, J. Stat. Phys. **74**[, 1047 \(1994\)](https://doi.org/10.1007/BF02188217).
- [54] L. L. Bonilla, J. C. Neu, and R. Spigler, [J. Stat. Phys.](https://doi.org/10.1007/BF01049037) 67, [313 \(1992\)](https://doi.org/10.1007/BF01049037).
- [55] E. Montbrió, D. Pazó, and J. Schmidt, [Phys. Rev. E](https://doi.org/10.1103/PhysRevE.74.056201) 74, [056201 \(2006\).](https://doi.org/10.1103/PhysRevE.74.056201)
- [56] D. Pazó and E. Montbrió, Phys. Rev. E 80[, 046215 \(2009\).](https://doi.org/10.1103/PhysRevE.80.046215)
- [57] H. Hong and S. H. Strogatz, [Phys. Rev. E](https://doi.org/10.1103/PhysRevE.85.056210) 85, 056210 [\(2012\).](https://doi.org/10.1103/PhysRevE.85.056210)
- [58] A. Pikovsky and S. Ruffo, Phys. Rev. E 59[, 1633 \(1999\)](https://doi.org/10.1103/PhysRevE.59.1633).
- [59] See Supplemental Material at [http://link.aps.org/](http://link.aps.org/supplemental/10.1103/PhysRevLett.120.244101) [supplemental/10.1103/PhysRevLett.120.244101](http://link.aps.org/supplemental/10.1103/PhysRevLett.120.244101) for the analytical derivation.