Kuramoto Model for Excitation-Inhibition-Based Oscillations

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The Kuramoto model (KM) is a theoretical paradigm for investigating the emergence of rhythmic activity in large populations of oscillators. A remarkable example of rhythmogenesis is the feedback loop between excitatory (E) and inhibitory (I) cells in large neuronal networks. Yet, although the EI-feedback mechanism plays a central role in the generation of brain oscillations, it remains unexplored whether the KM has enough biological realism to describe it. Here we derive a two-population KM that fully accounts for the onset of EI-based neuronal rhythms and that, as the original KM, is analytically solvable to a large extent. Our results provide a powerful theoretical tool for the analysis of large-scale neuronal oscillations.

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The Kuramoto model (KM) is an idealized mathematical model for exploring the birth of collective synchronization in its most simple form. It consists of a population of heterogeneous, all-to-all coupled oscillators, and is a unique example of an exactly solvable system of nonlinear differential equations [1–5]. Yet, the KM was originally not intended as a specific description of any particular system, and finds limited applications in the modeling and analysis of natural oscillatory phenomena, see, e.g., Refs. [6–8].

An important example of collective synchronization is that of large scale neuronal oscillations [3,9]. Despite continued work using the KM to investigate neuronal rhythms (see, e.g., Refs. [10–16]), it remains unknown whether the KM actually accounts for the neuronal mechanisms resulting in such oscillations. In this Letter we derive a simple, two-population KM, that describes one of the basic mechanisms of generation of neuronal oscillations: The feedback loop between fast excitation (*E*) and slow inhibition (*I*) in large neuronal networks [17–20].

EI-feedback loop and EI-based oscillations.—The canonical neuronal network to model the *EI*-feedback loop consists of two interacting populations of excitatory and inhibitory neurons [21–24]. Here, we consider two populations of *N* pulse-coupled "Winfree oscillators" [2,25–29] with phase variables $\{\theta_i^{\sigma}\}_{i=1,...,N}$ (populations are identified by $\sigma \in \{E, I\}$), which evolve according to

$$\dot{\theta}_i^{\sigma} = \omega_i^{\sigma} + \xi_i^{\sigma} + Q(\theta_i^{\sigma})(K_{\sigma E}h_E - K_{\sigma I}h_I).$$
(1)

The natural frequencies ω_i^{σ} are drawn from Lorentzian distributions of half-width γ , centered at $\bar{\omega}_{\sigma}$

$$g_{\sigma}(\omega) = (\gamma/\pi)[(\omega - \bar{\omega}_{\sigma})^2 + \gamma^2]^{-1}, \qquad (2)$$

and ξ_i^{σ} are independent, zero-mean delta-correlated noise processes of strength $D: \langle \xi_i^{\sigma}(t) \xi_i^{\sigma'}(t') \rangle = 2D\delta(t-t')\delta_{i,j}\delta_{\sigma,\sigma'}$.

In Eq. (1), $Q(\theta)$ is the so-called phase response curve (PRC) that determines the response of the oscillators to perturbations. Here we adopt the (infinitesimal) PRC of the theta-neuron model, $Q(\theta) = 1 - \cos \theta$, which is nonnegative and thus results in phase advances or delays in response to excitatory or inhibitory inputs [30–32]. Neuronal oscillators with a non-negative PRC are called Type 1, and include a broad class of neuronal models, see, e.g., Refs. [31–33]. The oscillators interact all-to-all via the mean fields

$$h_{\sigma} = \frac{1}{N} \sum_{j=1}^{N} P(\theta_j^{\sigma}), \qquad (3)$$

which are population-averaged sums of all the pulses *P* produced in each population. We use the family of unimodal even-symmetric functions $P(\theta) = (1 - r)(1 + \cos \theta)(1 - 2r \cos \theta + r^2)^{-1}$, with $\int_{-\pi}^{\pi} P(\theta) d\theta = 2\pi$ and a free parameter $r \in (-1, 1)$, such that $\lim_{r \to 1} P(\theta) = 2\pi \delta(\theta)$ [28]. Expressed in words, the *j*th oscillator in the *E* population exerts a positive, pulselike influence $P(\theta_j^E)$ of strength $K_{EE}/N \ge 0$ to each oscillator of the *E* population, and of strength $K_{IE}/N \ge 0$ to each oscillator of the *I* population [similarly for the *j*th oscillator of the *I* population, with an explicit "–" sign in Eq. (1) corresponding to inhibition].

Figures 1(a) and 1(b) show *EI*-based oscillations of the mean-field quantities h_{σ} in simulations of (a) heterogeneous and (b) noisy *EI*-Winfree networks, Eq. (1). The raster plots Figs. 1(c) and 1(d) show that an *EI*-oscillation cycle begins with the synchronous "firing" of a large cluster of phase-locked *E* oscillators, followed by another synchronous firing of the I oscillators. Note that, to emphasize that oscillations emerge exclusively due to the interplay between fast excitatory and slow inhibitory dynamics, in



FIG. 1. *EI*-based oscillations in a population of N = 2000 excitatory (*E*) and N = 2000 inhibitory (*I*) Winfree oscillators, Eq. (1); with $\bar{\omega}_E = 1.5$, $\bar{\omega}_I = 0.5$, $K_{EI} = K_{IE} = 0.5$, $K_{EE} = K_{II} = 0$, and r = 0.99. (a), (b) Time series of the *E* (red) and *I* (blue) activity-based mean fields h_{σ} . (c), (d) Raster plots: A point is plotted when an oscillator's phase reaches a multiple of 2π , which is the peak location of $P(\theta)$. In (a) and (c) frequencies are Lorentzian distributed, with $\gamma = 0.1$, and D = 0. In (b) and (d) the noise strength is D = 0.1, and $\gamma = 0$.

Fig. 1 we set the self-coupling terms to zero, $K_{EE} = K_{II} = 0$, and consider $\Delta \omega \equiv \bar{\omega}_E - \bar{\omega}_I > 0$. In the following we derive a two-population KM that captures the main features of the oscillations shown in Fig. 1, and that is exactly solvable to a large extent.

Excitation-inhibition Kuramoto model (EI-KM).— Invoking the averaging approximation, valid for weak coupling and nearly identical oscillators [1,3], the *EI-*Winfree model in Eq. (1) reduces to the *EI-*KM [34]

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$$\theta_i^{\sigma} = \tilde{\omega}_i^{\sigma} + \xi_i^{\sigma} - \frac{1+r}{2N} \sum_{j=1}^N \left[K_{\sigma E} \cos(\theta_i^{\sigma} - \theta_j^E) - K_{\sigma I} \cos(\theta_i^{\sigma} - \theta_j^I) \right], \quad (4)$$

where $\tilde{\omega}_i^{\sigma} \equiv \omega_i^{\sigma} + K_{\sigma E} - K_{\sigma I}$. There are two major differences between the EI-KM and the classical twopopulation KM broadly investigated in the literature, see, e.g., Refs. [1,35–40]. First, in the EI-KM the excitatory and inhibitory coupling constants differentially shift the natural frequencies $\tilde{\omega}_i^E$ and $\tilde{\omega}_i^I$, and this largely affects the regions of parameters where EI oscillations occur. Second, although the cosine coupling does not promote synchrony in the KM [41], the positive (E) and negative (I) crosscoupling terms in Eq. (4) crucially conspire to synchronize the oscillators [42]. Therefore, in the EI-KM, synchrony sets in exclusively due to the cooperative action of both the E and the I populations, in consonance with the EI-feedback loop mechanism. Indeed, Fig. 2 shows numerical simulations of the EI-KM in Eq. (4) using the same parameters as in Figs. 1(a) and 1(c)—except r, which in the *EI*-KM is set to r = 1, see below. Figure 2(a) displays the



FIG. 2. *EI*-based oscillations in the *EI*-KM Eq. (4) with quenched heterogeneity and N = 2000. (a) Amplitude of the Kuramoto order parameters, R_E (red) and R_I (blue); (b) raster plots; (c) mean fields obtained applying Eq. (14) to Z_{σ} ; parameters are as in Figs. 1(a) and 1(c), except that here r = 1, instead of r = 0.99.

amplitude of the complex Kuramoto order parameters $Z_{\sigma} \equiv R_{\sigma}e^{i\Psi_{\sigma}} = N^{-1}\sum_{j=1}^{N} e^{i\theta_{j}^{\sigma}}$. At t = 0, the amplitudes R_{E} and R_{I} are near zero since the initial values of all the phases are randomly distributed in the interval $[0, 2\pi)$. Then, after a brief transient, the Kuramoto order parameters converge (up to finite-size fluctuations) to uniformly rotating solutions $Z_{\sigma}(t) = R_{*}e^{i\Psi_{\sigma}(t)}$, with $0 < R_{*} < 1$ and $\Psi_{\sigma} = \Omega$, signaling the onset of collective synchronization. Note that the raster plot in Fig. 2(b) shows that the cluster of *E* oscillators precedes the cluster of *I* oscillators, consistent with Fig. 1(c).

Finally, in the *EI*-KM the width of the pulses (controlled by r) influences the intensity of the cosine coupling functions. To lighten the notation, hereafter we set r = 1in Eq. (4), corresponding to the limit of infinitely narrow (Dirac delta) pulses—this is close to the value used in Fig. 1. The generalization of our results to general r is trivial.

Analysis of the EI-KM.—Equation (4) can be efficiently analyzed in the thermodynamic limit, $N \to \infty$. To do so, the discrete sets of phases and frequencies turn into continuous variables $\{\theta_i^{\sigma}, \omega_i^{\sigma}\} \to \{\theta_{\sigma}, \omega_{\sigma}\}$, and the corresponding probability density functions $f^{\sigma}(\theta_{\sigma}|\omega_{\sigma}, t)$ satisfy coupled Fokker-Planck equations

$$\partial_t f^{\sigma} = -\partial_{\theta_{\sigma}} (f^{\sigma} \dot{\theta}_{\sigma}) + D \partial_{\theta_{\sigma}}^2 f^{\sigma}, \tag{5}$$

for which the fully incoherent state $f^E = f^I = (2\pi)^{-1}$ is always a trivial solution [35,43]. It is convenient to introduce the Fourier expansion of f^{σ} :

$$f^{\sigma}(\theta|\omega,t) = \frac{1}{2\pi} \sum_{l=-\infty}^{\infty} f_l^{\sigma}(\omega,t) e^{il\theta}, \qquad (6)$$

where $f_0^{\sigma} = 1$ and $(f_{-l}^{\sigma})^* = f_l^{\sigma}$ (the asterisk denotes complex conjugate). Thus, the Kuramoto order parameters are

$$Z_{\sigma} = \left(\int_{-\infty}^{\infty} f_{1}^{\sigma}(\omega, t) g_{\sigma}(\omega) d\omega \right)^{*}.$$
 (7)

Substituting Eq. (6) into Eq. (5), yields two infinite sets of integro-differential equations for the Fourier modes

$$\dot{f}_{l}^{\sigma} = -(il\tilde{\omega}_{\sigma} + l^{2}D)f_{l}^{\sigma} + \frac{il}{2}f_{l-1}^{\sigma}(K_{\sigma E}Z_{E}^{*} - K_{\sigma I}Z_{I}^{*}) + \frac{il}{2}f_{l+1}^{\sigma}(K_{\sigma E}Z_{E} - K_{\sigma I}Z_{I}),$$

$$(8)$$

where $\tilde{\omega}_{\sigma} \equiv \omega_{\sigma} + K_{\sigma E} - K_{\sigma I}$. The stability of the incoherent state can be analyzed by linearizing Eq. (8) [44]. To simplify the analysis, we study the case in which cross- and self-couplings are symmetric,

$$K_{EI} = K_{IE} \equiv K, \qquad K_{II} = K_{EE} \equiv \epsilon K,$$
 (9)

and use the new parameter $\epsilon \ge 0$ as a measure of the ratio of self- to cross-coupling. Then we find that the eigenvalues determining the stability of incoherence are

$$\lambda_{\pm} = -\gamma - D \pm \frac{1}{2}\sqrt{K^2 - [\Delta\omega + (\epsilon - 2)K]^2} - i\Omega, \quad (10)$$

where $\Omega = (\bar{\omega}_E + \bar{\omega}_I)/2$ is the center of the frequency distribution combining *E* and *I* populations. Note that parameters γ and *D* play identical roles in Eq. (10), as it occurs in the KM [40,43]. Imposing Re(λ_+) = 0 in Eq. (10), we find the boundary of incoherence

$$\left(\frac{\Delta\omega}{\gamma+D}\right)_{c}^{\pm} = (2-\epsilon)\frac{K}{\gamma+D} \pm \sqrt{\left(\frac{K}{\gamma+D}\right)^{2} - 4}, \quad (11)$$

which is the family of hyperbolas depicted by solid and dashed black lines in Figs. 3(a)-3(d), for increasing values of ϵ . A necessary condition for the boundary Eq. (11) to exist is

$$\frac{K}{\gamma + D} \ge 2. \tag{12}$$

Hence, given a certain level of heterogeneity and/or noise, synchronization sets in at large enough values of the coupling strength. This is remarkably similar to the KM [1,43], although here K represents cross-, and not selfcoupling. Moreover, Eq. (12) is not a sufficient condition for synchronization in the *EI*-KM. If Eq. (12) is satisfied, then Eq. (11) shows that synchronization is only achieved for a particular range of values of the frequency mismatch $\Delta \omega$. The coupling ratio ϵ does not affect Eq. (12), but it critically controls the range of $\Delta \omega$ for stable incoherence: Note that when $\epsilon \leq 1$, the boundary Eq. (11) is located at positive values of $\Delta \omega$, and thus incoherence is always stable when I oscillators are intrinsically faster than *E*



FIG. 3. Phase diagrams of the EI-KM Eq. (4) with D = 0 and coupling constants given by Eq. (9), for (a) $\epsilon = 0$, (b) $\epsilon = 1$, (c) $\epsilon = 2$, and (d) $\epsilon = 3$. Regions of stable synchronization are highlighted in gray. Synchronization and incoherence are both stable in regions limited by black-dashed and red lines. The asterisk in (a) marks the parameter values used in Fig. 2. Black lines correspond to Eq. (11). Solid and dashed lines are separated by codimension-2 points—obtained from Eq. (19)—and indicate super- and subcritical bifurcations, respectively. Red curves indicate saddle-node bifurcations.

oscillators ($\Delta \omega < 0$), see Fig. 3. Increasing the parameter ϵ shifts the boundary, with asymptotes at $K = \Delta \omega/(3 - \epsilon)$ and $K = \Delta \omega/(1 - \epsilon)$, towards negative values of $\Delta \omega$. Thus, increasing the coupling ratio through ϵ provides a key ingredient for synchronizing *EI* networks when $\bar{\omega}_I > \bar{\omega}_E$, as *I*-to-*I* coupling slows down *I* oscillators while *E*-to-*E* coupling speeds up *E* oscillators.

The synchronization region turns out to be larger than the hyperbolic boundary defined by Eq. (11), particularly for large ϵ values (see Fig. 3 for the noise-free case). The reason is that the bifurcation at Eq. (11) is often subcritical. To investigate this further, next we consider the purely heterogeneous (D = 0) and the purely noisy ($\gamma = 0$) cases separately, and show that the global picture is remarkably similar in both instances.

The noise-free problem is particularly simple since it can be assumed that the densities in Eq. (6) satisfy the so-called Ott-Antonsen (OA) ansatz [45,46]

$$f_{l>1}^{\sigma}(\omega,t) = [f_1^{\sigma}(\omega,t)]^l.$$
(13)

A first useful outcome of the OA ansatz is that it allows us to infer the mean field h_{σ} , Eq. (3), from the Kuramoto order parameter Z_{σ} , Eq. (7). Specifically, in the thermodynamic limit $h_{\sigma}(t) = \int_{-\infty}^{\infty} \int_{0}^{2\pi} P(\theta) f^{\sigma}(\theta|\omega, t) g_{\sigma}(\omega) d\omega d\theta$. Then, considering $P(\theta)$ as defined above, and the heterogeneity in Eq. (2), one finds $h_{\sigma} = \text{Re}[(1 + Z_{\sigma})/(1 - rZ_{\sigma})]$, see Ref. [47]. In the limit $r \to 1$, this relation reduces to

$$h_{\sigma} = (1 - R_{\sigma}^2)(1 + R_{\sigma}^2 - 2R_{\sigma}\cos\Psi_{\sigma})^{-1}.$$
 (14)

Figure 2(c) displays the mean fields $h_{\sigma}(t)$ obtained applying Eq. (14) to the Kuramoto order parameters $Z_{\sigma}(t)$ of the *EI*-KM. It can be seen that uniformly rotating solutions of the Kuramoto order parameters correspond to pulsatile oscillations of the activity-based mean fields $h_{\sigma}(t)$ [48]. Though the agreement between Figs. 1(a) and 2(c) is only qualitative, it gradually improves as parameters γ and $\Delta \omega$ are decreased and the averaging approximation becomes more accurate [49].

A major simplification occurs assuming that f^{σ} evolve in the so-called OA manifold, Eq. (13), as the system of Eq. (8) becomes independent of the index *l*. Then, solving the integrals in Eq. (7) by virtue of the residue theorem, we find a system of two complex-valued ordinary differential equations for $Z_{\sigma}(t) = f_{1}^{\sigma}(\omega = \bar{\omega}_{\sigma} - i\gamma, t)^{*}$

$$\dot{Z}_{\sigma} = i \bigg[\hat{\tilde{\omega}}_{\sigma} Z_{\sigma} - \frac{K_{\sigma E}}{2} (Z_{\sigma}^2 Z_E^* + Z_E) + \frac{K_{\sigma I}}{2} (Z_{\sigma}^2 Z_I^* + Z_I) \bigg],$$
(15)

with $\hat{\tilde{\omega}}_{\sigma} \equiv \bar{\omega}_{\sigma} + K_{\sigma E} - K_{\sigma I} + i\gamma$. Restricting our analysis to the case defined by Eq. (9), Eq. (15) reduces to a threedimensional system for the amplitudes R_{σ} and the phase difference $\Phi \equiv \Psi_E - \Psi_I$. The analysis becomes further facilitated restricting to the symmetric subspace

$$R_E = R_I \equiv R, \tag{16}$$

in consistency with our numerical observations, the transverse stability of the fixed points [50], and related work [51]. Hence, we analyze the planar system

$$\dot{R} = R \left[-\gamma + \frac{K}{2} (1 - R^2) \sin \Phi \right], \tag{17a}$$

$$\dot{\Phi} = \Delta\omega + K[(1+R^2)\cos\Phi - 2 + \epsilon(1-R^2)]. \quad (17b)$$

Besides the fixed point at $R_* = 0$, corresponding to incoherence, the nontrivial fixed points of Eqs. (17) satisfy [52]

$$\frac{\Delta\omega}{\gamma} = [2 + \epsilon (R_*^2 - 1)] \frac{K}{\gamma} \pm (R_*^2 + 1) \sqrt{\frac{K^2}{\gamma^2} - \frac{4}{(1 - R_*^2)^2}}.$$
(18)

Figure 4(a) displays R_* obtained from Eq. (18) for $\epsilon = 0$. In this case the transitions to synchronization are hysteretic and the stable synchronized solution (solid black line) exists only in an interval of values of $\Delta \omega > 0$. As the self-coupling terms are increased, Fig. 4(b) shows that the region of stable synchronization becomes broader, and invades negative values of $\Delta \omega$, see also Figs. 3(a)–3(d).



FIG. 4. Bifurcation diagrams of synchronized (black) and incoherent (green) states of Eqs. (17) for $K/\gamma = 6$, obtained using Eq. (18). (a), (b) Amplitude R_* and (c,d) phase difference Φ_* between the Kuramoto order parameters for (a), (c) $\epsilon = 0$ and (b), (d) $\epsilon = 3$.

Note that the phase difference Φ_* between Z_E and Z_I increases monotonically with $\Delta \omega$, see Figs. 4(c) and 4(d), but lies within the interval $(0, \pi)$, and thus excitation always precedes inhibition, see also Eq. (17).

Differentiating Eq. (18) with respect to R_*^2 and equating the result to zero, allows us to analytically obtain the red boundaries in Fig. 3 in parametric form (not shown), corresponding to saddle-node bifurcations. As $R_* \rightarrow 0$, these bifurcations meet the boundaries Eq. (11) at codimension-2 points where the instabilities change from subto supercritical. The exact value of the *K* coordinate is

$$(K/\gamma)_{c2}^{\pm} = \sqrt{(8 - 2\epsilon^2 \mp 2\epsilon\sqrt{8 + \epsilon^2})/(1 - \epsilon^2)}.$$
 (19)

Substituting these values into Eq. (11) with D = 0, we find the location of the codimension-two points represented in Fig. 3.

Finally, we have numerically verified that very similar bistability regions appear in the phase diagrams for the noisy *EI*-Kuramoto model Eq. (4) with identical oscillators $(D > 0, \gamma = 0)$. In addition, following Ref. [58], we found that the codimension-2 points of the noisy *EI*-KM are located at [59]

$$(K/D)_{c2}^{\pm} = \sqrt{(12 - 2\epsilon^2 \mp 2\epsilon\sqrt{24 + \epsilon^2})/(1 - \epsilon^2)},$$
 (20)

which is strikingly similar to Eq. (19), but here the points lie at slightly larger K values.

Conclusions.—Using the averaging approximation we derived a two-population Kuramoto model—that we call *EI*-KM—from an *EI*-network of pulse-coupled, Type 1 oscillators. The resulting *EI*-KM displays a transition to synchronization that has the main features of the *EI*-based (also known as PING, pyramidal-interneuron gamma) rhythms [17–24]: (i) Oscillations set in exclusively due

to the cooperative action of both E and I populations; (ii) oscillations emerge if excitatory dynamics is faster than inhibition, irrespective of ϵ . (iii) Otherwise, when inhibition is faster than excitation, strong enough selfcoupling ($\epsilon > 1$) is necessary for synchrony to occur. (iv) Excitation always precedes inhibition ($0 < \Phi_* < \pi$). (v) The transition between incoherence and synchronization is often hysteretic, see, e.g., Ref. [23]. While these results have been rigorously demonstrated in the *EI*-KM with Lorentzian heterogeneities (by means of the OA ansatz), perturbative and numerical analysis of the *EI*-KM with noise reveal the same global picture.

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