Low-Field Nuclear Polarization Using Nitrogen Vacancy Centers in Diamonds

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It was recently demonstrated that bulk nuclear polarization can be obtained using nitrogen vacancy (NV) color centers in diamonds, even at ambient conditions. This is based on the optical polarization of the NV electron spin, and using several polarization transfer methods. One such method is the nuclear orientation via electron spin locking (NOVEL) sequence, where a spin-locked sequence is applied on the NV spin, with a microwave power equal to the nuclear precession frequency. This was performed at relatively high fields, to allow for both polarization transfer and noise decoupling. As a result, this scheme requires accurate magnetic field alignment in order preserve the NV properties. Such a requirement may be undesired or impractical in many practical scenarios. Here we present a new sequence, termed the refocused NOVEL, which can be used for polarization transfer (and detection) even at low fields. Numerical simulations are performed, taking into account both the spin Hamiltonian and spin decoherence, and we show that, under realistic parameters, it can outperform the NOVEL sequence.

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Dynamic nuclear polarization (DNP) [\[1\]](#page-4-0) has gained renewed interest in recent years [\[2,3\]](#page-4-1) due to its ability to dramatically increase the signals in nuclear magnetic resonance spectroscopy (NMR) and imaging (MRI) experiments. This relies on polarization transfer from electrons to their neighboring nuclei via microwave (MW) irradiation. The DNP process is typically performed at cryogenic temperatures, in order to gain high initial electron Boltzmann polarization. An alternative approach is to use high nonequilibrium polarization [\[4,5\],](#page-4-2) allowing high polarizations to be achieved even at ambient conditions. It was recently demonstrated that nitrogen vacancy (NV) color centers in diamond [6–[8\]](#page-4-3) can be used as such a polarization source, based on the ability to polarize the NV electronic $S = 1$ spin to its $|0\rangle$ ground state using optical illumination with 532 nm green light. Such a NV based polarization source offers many advantages: it allows fast electron polarization; it is extremely stable; it can be used in combination with coherent polarization schemes due to the NV spin long coherence times [\[9\]](#page-4-4); and it relies on a relatively simple experimental setup. Nevertheless, polarization transfer to nuclei outside of the diamond itself still poses many challenges. It was also shown that nuclear polarization can improve NV based measurements, by increasing the NV spin free evolution or Ramsey coherence time [\[10\]](#page-4-5).

NV based polarization of ¹³C nuclei in the diamond can be achieved using the NOVEL (nuclear orientation via electron spin locking) scheme [\[11,12\],](#page-4-6) allowing for nuclear sensing [\[10\]](#page-4-5) and bulk polarization [\[13\].](#page-4-7) During this sequence a spin lock [\[14\]](#page-4-8) (SL) is applied on the NV spin with a SL Rabi frequency equal to the nuclear Larmor frequency, resulting in the rotating-frame or lab-frame Hartmann-Hahn polarization transfer condition. These NV based experiments were performed at relatively high fields (around 5000 G) to allow for efficient SL noise decoupling together with the Hartmann-Hahn condition. This relatively high magnetic field requires precise alignment of the field direction to that of the NV axis, in order to allow for the laser induced NV spin polarization to take place. NV based polarization transfer was also obtained using an aligned magnetic field of 514 G [\[15\],](#page-4-9) for which NV-nuclear state mixing occurs in the excited state, or at arbitrarily aligned fields, but based on the interaction of the NV to its close neighboring 13 C nuclei [\[16\].](#page-4-10)

In this Letter we present a method for coherent polarization transfer to remote nuclei (and therefore possibly also to nuclei outside of the diamond) at low fields (≪500 G), for which field alignment is less demanding. This can be of importance for nuclear polarization applications in which field alignment is undesired or impractical, possibly including the use of nanodiamonds.

The sequence presented here, is shown schematically in Fig. [1.](#page-1-0) It is composed of three parts: (1) initialization, which includes a laser pulse for NV polarization and spin state detection, and a $(\pi/2)$ preparation pulse; (2) the refocused-NOVEL (RNOVEL) sequence, which is composed of N

FIG. 1. Schematic representation of the refocused-NOVEL sequence, as described in the main text.

repetitions of two SL pulses of duration $(\tau/2)$, separated by a π pulse of the same phase (unlike the refocused continuous-wave decoupling sequence [\[17,18\]\)](#page-4-11); and (3), a detection $(\pi/2)$ pulse, which can be added with different phases for optical detection of the NV polarization.

In order to describe the effect of this sequence we can consider a simple model spin system composed of the $S =$ 1 NV electron, limited to its $|0\rangle$, $|-1\rangle$ subspace, and a spin $I = \frac{1}{2}$ nucleus. The Hamiltonian of this system in the electronic rotating frame is given, assuming ideal π pulses for simplicity, by [\[14\]](#page-4-8)

$$
H = \Delta_e S_z - \omega_n^0 I_z + A_{\parallel} S_z I_z + \frac{1}{2} S_z (A_{\perp} I^+ + A_{\perp}^* I^-) + b(t) S_z + \frac{1}{\sqrt{2}} \Omega_{SL} S_x + \sum_{k=1,3,5...}^{N} \delta \left(t - \frac{1}{2} k \tau \right) \pi_x.
$$
 (1)

The above Hamiltonian includes the off resonance irradiation on the electronic spin, Δ_e , the nuclear Larmor precession frequency ω_n^0 , the secular and pseudosecular terms of the hyperfine interaction, A_{\parallel} and A_{\perp} , external pure dephasing noise, $b(t)$, and the MW irradiation term, given by the SL term with an amplitude of $\Omega_{\rm SL}$ and the ideal $\pi_{\rm X}$ pulses. The nuclear dephasing noise was neglected due to its small contribution with respect to the polarization transfer time scales considered in this Letter (< ms).

We can next transfer to the interaction frame of the ideal π pulses. This is given, for an even N, by a unitary *π* pulses. This is given, for an even *N*, by a unitary
transformation of the form $U(t) = e^{\int_0^t i(\pi/\sqrt{2}) \sum_k \delta(t'-k\tau) S_x dt}$. The resulting Hamiltonian is then given by

$$
H^{I} = s(t)[\Delta_{e} + A_{\parallel}I_{z} + \frac{1}{2}(A_{\perp}I^{+} + A_{\perp}^{*}I^{-}) + b(t)]S_{z}
$$

\n
$$
- \omega_{n}^{0}I_{z} + \Omega_{SL}S_{x},
$$

\n1, 0 \leq mod (t, 2\tau) < \frac{1}{2}\tau
\n
$$
s(t) = -1, \frac{1}{2}\tau \leq mod (t, 2\tau) < \frac{3}{2}\tau
$$

\n1, $\frac{3}{2}\tau \leq mod (t, 2\tau) < 2\tau$ (2)

 $s(t)$ is a periodic square wave, with a frequency of $\omega_f =$ π/τ (as in Carr-Purcell-Meibom-Gill, CPMG [\[19\]](#page-4-12), and other sequences) which can be expended in terms of a Fourier series:

$$
s(t) = \sum_{k} s_k e^{ik\omega_f t},
$$

$$
s_k = 2 \frac{(-1)^{\frac{k-1}{2}}}{\pi k},
$$
 (3)

with $k = \pm 1, \pm 3, \dots$ As can be seen, s_k decreases with increasing $|k|$.

In order to simplify the form of H^1 , we can transfer to a rotating frame in S_x , with a frequency of $k'\omega_f$. Assuming that $\omega_f \gg |\Delta_e + \frac{1}{2}A_{\parallel} + b(t)|, |A_{\perp}|$ (at all times), we can neglect all the $k \neq k'$ time-dependent terms. As such, the Hamiltonian can be written as

$$
H^R \approx s'_k \left[\Delta' S_z + \frac{1}{2} (A_\perp I^+ + A_\perp^* I^-) S_z\right] - \omega_n^0 I_z + \Omega_k S_x,\qquad(4)
$$

where $\Delta' = \Delta_e + A_{\parallel} I_z + b(t)$, and $\Omega_k = \Omega_{SL} - k' \omega_f$. This reduces the Hamiltonian to a familiar form, with Δ' and Ω_k serving as effective detuning and irradiation terms on the S spin. As such, Δ' will have little effect on the spin dynamics when $s'_k \Delta' \ll \Omega_k$, resulting in a decoupling of the undesired off resonance and noise effects. In addition, when $\Omega_k \approx \pm \omega_n$, with $\omega_n = \omega_n^0 + \frac{1}{2}A_{\parallel}$ to first order (see Supplemental Material [\[20\]](#page-4-13)), the NOVEL Hartmann-Hahn condition is met, and the A_{\perp} part of the hyperfine interaction will result in polarization transfer between the electron and nucleus [\[12\]](#page-4-14) (see Supplemental Material [\[20\]\)](#page-4-13). Higher k' values will lead to higher quenching of the interactions, resulting in narrower resonance conditions, lower dephasing, and slower polarization transfer. We note that in the extreme case of $\Omega_{SL} = 0$ or $\omega_f \rightarrow 0$ (i.e., no π pulses) these conditions are identical to the ones used for CPMG based sensing [\[21\]](#page-4-15) and spin-lock or NOVEL experiments, respectively.

In order to demonstrate these conditions and their effects on the spin system, we performed numerical simulations on a system composed of a NV and a single ¹³C nucleus, with $A_{\parallel} = 30 \text{ kHz}, A_{\perp}, \Delta_e = 40 \text{ kHz}, \text{ and an}$ external field of 80 G. The NV and nuclear polarizations, $\langle S_z \rangle_{(t)} = \langle 0_e | \rho(t) | 0_e \rangle - \langle -1_e | \rho(t) | - 1_e \rangle$ and $\langle I_z \rangle(t) \equiv$ $2\text{Tr}(I_z\rho(t))$ respectively, were calculated using the Liouville–von-Neumann equation,

$$
\frac{\partial \rho}{\partial t} = -i[H, \rho],\tag{5}
$$

where H is given in Eq. [\(1\)](#page-1-1). When dephasing noise was considered, a bath modeled by an Ornstein-Uhlenbeck process was considered, with a correlation time τ_c , and an interaction strength Δ_{noise} with the NV. This is described in more detail in the Supplemental Material [\[20\]](#page-4-13), based on Ref. [\[22\].](#page-4-16)

Figure [2](#page-2-0) depicts the resonance conditions of this sequence, with the NV and nuclear polarizations plotted as a function of the sequence periodicity ω_f and the SL

FIG. 2. (a) NV polarization, $\langle S_z \rangle$, and (b) nuclear polarization, $\langle I_z \rangle$, as a function of ω_f (π/τ) and Ω_{SL} . The simulation was performed using $N = 60$, on a NV-¹³C model system with A_{\parallel} = 30 kHz, A_{\perp} , Δ_e = 40 kHz, and an external field of 80 G. The insets show the plot with ω_f in the range of 0.1–0.3 MHz. ω_n separation and k conditions are marked schematically.

power Ω_{SL} . This was performed using $N = 60$ and without dephasing noise, $b(t) = 0$. Changes in $\langle S_z \rangle$ [Fig. [2\(a\)](#page-2-0)] occur around $\Omega_{\text{SL}} = k\omega_f$ and $k\omega_f \pm \omega_n$ (with $\omega_n/2\pi \simeq 0.1$ MHz). The former originates from the offresonance term and A_{\parallel} , and can result in polarization inversion, but not in nuclear polarization; the latter originates from A_{\perp} , and results in NV-nuclear polarization transfer, as seen by the change in $\langle I_z \rangle$ [Fig. [2\(b\)\]](#page-2-0). Far from these conditions the state of the NV and nuclear polarizations remain unchanged. The width of the resonance conditions decreases with increasing $|k|$ due to the decrease in the value of s_k . We note that the sign of $\langle S_z \rangle$ and $\langle I_z \rangle$ can be inverted by changing the relative phase of the final $(\pi/2)$ pulse or of the RNOVEL pulses with respect to the initial $(\pi/2)$ pulse, respectively.

A more convenient form of the experiment is to sweep $\Omega_{\rm SI}$ and N with a fixed τ value (in analogy with the NOVEL sequence), resulting in discrete changes of the total experiment time $T = \tau N$. This is shown in Figs. [3\(a\)](#page-2-1) and [3\(b\),](#page-2-1) where the values of $\langle S_z \rangle$ and $\langle I_z \rangle$ are plotted, respectively, using a RNOVEL sequence with $\tau = 2 \mu s$ $(\omega_f/2\pi = 0.25 \text{ MHz})$. The resonance conditions are centered around $\Omega_{\text{SL}} = 0.25, 0.75, 1.25$ MHz for the $k = 1, 3$, 5 conditions, respectively, with the nuclear polarization transfer conditions separated by ω_n from it (as was described above, and as marked in the figure). As expected, the reduction in the s_k values for higher |k| conditions [Eqs. [\(3\)](#page-1-2) and [\(4\)](#page-1-3)] results in slower oscillations and narrower resonance conditions. A simulation of a regular NOVEL experiment is shown in Figs. [3\(c\)](#page-2-1) and [3\(d\)](#page-2-1) for comparison. This was performed using the same parameters as the RNOVEL, but omitting the π pulses. Here, the resonance conditions are centered around $\Omega_{SL} = 0$, with faster oscillations and broader conditions than in the RNOVEL case.

So far we did not consider the effects of dephasing noise. We next introduce this using parameters measured for shallow NVs with a depth of about 3 nm from the diamond surface [\[23\]](#page-4-17). This is given by fast and slow noise

FIG. 3. (a), (c) $\langle S_z \rangle$ and (b), (d) $\langle I_z \rangle$ as a function of N and Ω_{SL} , for the RNOVEL (a), (b) and NOVEL (c), (d) sequences $\tau =$ 2 μ s was used, resulting in a total sequence duration of $T = 2N \mu s$. All other simulation parameters are as given in Fig. [2.](#page-2-0) The $k = 1, 2, 3$ resonance conditions are marked in (a), and the $2\omega_n$ separation between the two polarization transfer conditions for each of these k values is marked in (b).

components, characterized by τ_c of 11 and 150 μ s, and with $\Delta_{\text{noise}} = 0.5$ MHz used in both cases. The resulting NV and nuclear polarizations are plotted in Fig. [4,](#page-2-2) using the same spin system as before, for the RNOVEL $[(a),(b)]$ and NOVEL [(c),(d)] sequences. Note the change in $\langle I_z \rangle$ color scale when compared to Figs. [2](#page-2-0) and [3.](#page-2-1) In the NOVEL case, the low Ω_{SL} power needed to polarize the nucleus is insufficiently strong to remove the effect of the decoherence noise. This results in a loss of NV polarization, leading to only ∼6% maximal polarization. In the

FIG. 4. (a), (c) $\langle S_z \rangle$ and (b), (d) $\langle I_z \rangle$ as a function of N and $\Omega_{\rm SL}$ under dephasing noise, for the RNOVEL (a),(b) and NOVEL (c),(d) sequences $\tau = 2 \mu s$ was used, resulting in a total sequence duration of $T = 2N \mu s$. The noise source was modeled using correlation times of $\tau_c = 11$ and 150 μs, and Δ_{noise} of 0.5 MHz. The value of $b(t)$ was changed every 0.1 μ s, as described in the Supplemental Material [\[20\],](#page-4-13) and the plotted $\langle S_z \rangle$ and $\langle I_z \rangle$ values were obtained by averaging over 100 realizations of the noise. All other simulation parameters are as given in Fig. [2.](#page-2-0)

RNOVEL sequence the effect of the noise on the NV polarization is reduced with k , as can be seen in Fig. $4(a)$ when comparing the different k conditions. This results in as much as ∼13% nuclear polarization, a factor of 2 higher than for the NOVEL case, but still lower than in the ideal scenario, in which noise was not considered [Fig. [3\(b\)](#page-2-1)]. We stress that the enhanced polarization, as well as the narrow spectral response, are the significant advantages of RNOVEL compared to NOVEL, and constitute the main results of this work. Enhanced polarization could clearly benefit various applications, such as in sensing [\[21\]](#page-4-15) and cooling [\[10\],](#page-4-5) and the high spectral resolution could contribute to selective addressing [\[24\]](#page-4-18).

The limited nuclear polarization, as shown in Fig. [4](#page-2-2), can be further increased by repeating the full sequence (Fig. [1\)](#page-1-0) n times. This was modeled as follows: first, the NOVEL/ RNOVEL was applied with a given N. Next, ideal laser irradiation was applied, resulting in full NV decoherence and polarization (as explained in the Supplemental Material [\[20\]](#page-4-13)). This was then followed by another NOVEL/ RNOVEL sequence, and so on. The total experiment time (without the laser irradiation and $(\pi/2)$ pulses) is thus given by $T = nN\tau$. The resulting nuclear polarization, $\langle I_z \rangle$, as a function of T , is plotted in Fig. [5](#page-3-0) for RNOVEL and NOVEL using $N = 4, 8, 16, 32,$ and 64. This was performed at the RNOVEL/NOVEL polarization transfer conditions of $\Omega_{\rm SI}/2\pi = 1.348$ and 0.126 MHz, respectively. Here, the $k =$ 5 condition was chosen for the RNOVEL, in order to reduce the noise effects. As a result, the maximal nuclear polarization (and the polarization rate) increases initially with N , reaching its maximal value around $N = 16-32$. However, using higher values result in a decrease in the maximal polarization. This can be explained by a decrease in the $|\langle S_z \rangle|$ polarization (see Supplemental Material [\[20\]](#page-4-13)), which remains mostly unchanged by the increasing nuclear polarization, and is therefore governed mainly by the dephasing term in the Hamiltonian. For the NOVEL sequence the maximal nuclear polarization decreases with N , again due to

FIG. 5. Nuclear polarization during RNOVEL (a) and NOVEL (b) under dephasing noise, using repeated sequence application. This is plotted as a function of the total irradiation time, for sequences composed of $N = 4$ (blue), 8 (red), 16 (yellow), 32 (purple), and 64 (green) π pulses. $\Omega_{\rm SI}/2\pi$ of 1.348 and 0.126 MHz were used in (a) and (b), respectively. All other parameters are the same as in Fig. [4.](#page-2-2)

the loss of NV polarization (see Supplemental Material [\[20\]](#page-4-13)). This results in lower maximal polarization when compared with the RNOVEL case. This highlights the advantage of the RNOVEL sequence over NOVEL, due to its ability to tune down the effect of the dephasing noise value, therefore allowing for higher nuclear polarizations under noisy conditions. We note that the change in polarization with N is a result of the conditions studied here, in which the dephasing of the NV spin is relatively significant, and thus it limits the efficiency of repeating the sequence without reinitializing the NV (especially for NOVEL).

In real systems the NV can interact with many nuclei, including the NV's $14/15$ N nucleus. The strong hyperfine interaction with the latter will result in undesired off resonance terms. These can be avoided by adding $14/15$ N prepolarization [\[25\]](#page-4-19) or presaturation to the initialization step. In addition, the interaction with many remote nuclei will result in faster polarization transfer from the NV to the nuclei, leading to higher NV polarization loss in a single cycle. This will limit the amount of nuclear polarization that can be transferred within a single cycle of the sequence, requiring multiple cycles for substantial nuclear polarization. In addition, this can increase the feasibility of NVbased detection of nuclear polarization, even in noisy spin systems. For this goal polarization-depolarization super cycles can be used, by alternating the phase of the initial $\pi/2$ pulse phase (y, \bar{y}) or the RNOVEL pulses (x, \bar{x}) [\[10\]](#page-4-5).

While in principle the RNOVEL sequence can work at high fields, it will have disadvantages when compared with the NOVEL sequence. In particular, at high fields different recoupling conditions can overlap, complicating the interpretation of the resulting signals. The lower limit on the field originates from the reduced separation between the noise and polarization conditions, and from the loss of nuclear polarization axis (see Supplemental Material [\[20\]](#page-4-13)). Possible effects of the external field strength and alignment on the decoherence of the spin system must also be considered [\[26\]](#page-4-20).

Finally, the effects of MW imperfections were not considered here. These may be reduced using alternating phase RNOVEL sequences, in analogy with the CPMG variations such as XY-4 and XY-8 [\[27,28\],](#page-4-21) or by continuous SL phase or power modulation [\[29,30\]](#page-4-22).

To conclude, we presented here the refocused-NOVEL sequence, which is capable of both nuclear polarization and improved noise decoupling when compared with the NOVEL sequence. This can be used even at low fields, where precise field alignment is not needed, and where the NOVEL sequence is limited due to low noise decoupling. The basic spin dynamics of the RNOVEL sequence was explained and demonstrated using numerical simulations, and we described how it can be used to tune the amount of noise decoupling, at the cost of reduced NV-nuclear polarization transfer rate. Future studies of this sequence will include experimental realization, with the goal of creating nuclear polarization at low fields.

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