

# Improved Limits on Axionlike-Particle-Mediated $P$ , $T$ -Violating Interactions between Electrons and Nucleons from Electric Dipole Moments of Atoms and Molecules

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In the presence of  $P$ ,  $T$ -violating interactions, the exchange of axionlike particles between electrons and nucleons in atoms and molecules induces electric dipole moments (EDMs) of atoms and molecules. We perform calculations of such axion-exchange-induced atomic EDMs using the relativistic Hartree-Fock-Dirac method including electron core polarization corrections. We present analytical estimates to explain the dependence of these induced atomic EDMs on the axion mass and atomic parameters. From the experimental bounds on the EDMs of atoms and molecules, including  $^{133}\text{Cs}$ ,  $^{205}\text{Tl}$ ,  $^{129}\text{Xe}$ ,  $^{199}\text{Hg}$ ,  $^{171}\text{Yb}^{19}\text{F}$ ,  $^{180}\text{Hf}^{19}\text{F}^+$ , and  $^{232}\text{Th}^{16}\text{O}$ , we constrain the  $P$ ,  $T$ -violating scalar-pseudoscalar nucleon-electron and electron-electron interactions mediated by a generic axionlike particle of arbitrary mass. Our limits improve on existing laboratory bounds from other experiments by many orders of magnitude for  $m_a \gtrsim 10^{-2}$  eV. We also place constraints on  $CP$  violation in certain types of relaxation models.

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*Introduction.*—The Standard Model (SM) of particle physics has to date provided a very successful framework for describing and explaining most of the observed physical processes and phenomena in nature. However, despite its success, the SM does not explain several important observed phenomena, including dark matter and the observed matter-antimatter asymmetry in our Universe. This suggests the existence of new particles, which may interact feebly with the known particles of the SM, as well as additional sources of  $CP$  violation beyond the SM.

The axion, an odd-parity spin-0 particle that was originally proposed to resolve the strong  $CP$  problem of quantum chromodynamics (QCD) [1–7] and later realized to also be an excellent candidate for dark matter [8–10], is a prominent example of such a particle [11].

One may write the couplings of the QCD axion  $a$  with the SM fermions  $\psi$  in the following form:

$$\mathcal{L}_{\text{int}} = a \sum_{\psi} \bar{\psi} (g_{\psi}^s + i g_{\psi}^p \gamma_5) \psi. \quad (1)$$

In the absence of  $CP$  violation in the QCD sector (i.e., when the QCD vacuum angle  $\theta$  in the Lagrangian  $\mathcal{L}_{\theta} = \theta g^2 \tilde{G}\tilde{G}/32\pi^2$  attains its minimum at  $\theta_{\text{eff}} = 0$ ), the couplings of the axion with fermions are  $CP$  conserving:  $g_{\psi}^s = 0$ . However, when  $\theta_{\text{eff}} \neq 0$ , the axion acquires non-zero  $CP$ -violating couplings with the light quarks:  $g_u^s = g_d^s = g_s^s = (\theta_{\text{eff}} m_u m_d) / [(m_u + m_d) f_a]$ , where  $f_a$  is the axion decay constant [13], and the subscripts  $u$ ,  $d$ , and  $s$  refer to the up, down, and strange quark flavors, respectively. In this case, electric dipole moment (EDM) experiments with ultracold neutrons [14,15] and atomic mercury

[16], which constrain the effective QCD vacuum angle to be  $|\theta_{\text{eff}}| \lesssim 10^{-10}$ , place the following bounds on the combination of parameters  $g_q^s g_{\psi}^p$  (here  $\psi$  denotes either a light quark or the electron, with  $g_{\psi}^p = m_{\psi}/f_a$ ):

$$|g_q^s g_{\psi}^p| \sim \frac{m_q |\theta_{\text{eff}}| m_{\psi}}{f_a} \Rightarrow \frac{|g_q^s g_{\psi}^p|}{m_a^2} \lesssim \frac{10^{-10} m_q m_{\psi}}{\Lambda_{\text{QCD}}^4}, \quad (2)$$

where we have made use of the relation  $m_a f_a \sim \Lambda_{\text{QCD}}^2$  for the QCD axion, with  $\Lambda_{\text{QCD}} \sim 250$  MeV being the QCD scale.

Apart from the QCD axion, one may also consider generic axionlike particles, for which the contributions to  $g_{\psi}^s$  are unrelated to the QCD sector, and so to which the bounds in Eq. (2) do not apply. Indeed, the majority of searches for the  $CP$ -violating couplings in Eq. (1) via the  $P$ ,  $T$ -violating interactions which they mediate make no specific assumption about the underlying source of  $CP$  violation [13,17–42].

In the present Letter, we investigate the manifestation of the exchange of generic axionlike particles of arbitrary mass between electrons and nucleons in atoms and molecules, in the presence of the couplings in Eq. (1). The  $P$ ,  $T$ -violating potential due to the exchange of an axion of mass  $m_a$  between two fermions reads

$$V_{12}(r) = +i \frac{g_1^p g_2^s}{4\pi} \frac{e^{-m_a r}}{r} \gamma^0 \gamma_5, \quad (3)$$

where  $r$  is the distance between the two fermions, and the  $\gamma$  matrices correspond to fermion 1. We restrict our attention to the case when fermion 1 is the electron, but fermion 2 can be either the electron or nucleons. We also introduce

TABLE I. Summary of relativistic Hartree-Fock-Dirac calculations of the atomic EDMs induced by interaction (3) for various axion masses. The presented values for the atomic EDMs are in terms of the parameter  $C_{\text{SP}}^{(12)} = -\sqrt{2}g_1^p g_2^s / G_F m_a^2$  and in the units  $e \cdot \text{cm}$ . For the electron-nucleon interaction, the values are normalized to a single nucleon, while for the electron-electron interaction, the values include the effects of all atomic electrons. For molecular YbF in the  ${}^2\Sigma_{1/2}$  state, while we calculate  $D = \langle s_{1/2} | d_z | s_{1/2} \rangle \equiv D(s_{1/2})$  for the Yb<sup>+</sup> ion. For molecular HfF<sup>+</sup> and ThO in the  ${}^3\Delta_1$  excited metastable state, we calculate  $D = -D(s_{1/2}) + \frac{2}{5}D(d_{5/2})$  for the Hf<sup>3+</sup> and Th<sup>+</sup> ions, respectively.

$m_a$ (eV)	Cs		Tl		Yb <sup>+</sup>		Hf <sup>3+</sup>		Th <sup>+</sup>	
	$d_a/C_{\text{SP}}^{(eN)}$	$d_a/C_{\text{SP}}^{(ee)}$	$d_a/C_{\text{SP}}^{(eN)}$	$d_a/C_{\text{SP}}^{(ee)}$	$D/C_{\text{SP}}^{(eN)}$	$D/C_{\text{SP}}^{(ee)}$	$D/C_{\text{SP}}^{(eN)}$	$D/C_{\text{SP}}^{(ee)}$	$D/C_{\text{SP}}^{(eN)}$	$D/C_{\text{SP}}^{(ee)}$
$\infty$	$+7.7 \times 10^{-19}$	$+4.4 \times 10^{-20}$	$-7.1 \times 10^{-18}$	$-2.0 \times 10^{-19}$	$+2.0 \times 10^{-18}$	$+7.9 \times 10^{-20}$	$-2.3 \times 10^{-18}$	$-8.8 \times 10^{-20}$	$-5.8 \times 10^{-17}$	$-1.4 \times 10^{-18}$
$10^8$	$+7.4 \times 10^{-19}$	$+4.4 \times 10^{-20}$	$-6.7 \times 10^{-18}$	$-2.0 \times 10^{-19}$	$+1.8 \times 10^{-18}$	$+8.0 \times 10^{-20}$	$-2.2 \times 10^{-18}$	$-8.9 \times 10^{-20}$	$-5.4 \times 10^{-17}$	$-1.5 \times 10^{-18}$
$10^7$	$+5.3 \times 10^{-19}$	$+4.4 \times 10^{-20}$	$-3.5 \times 10^{-18}$	$-2.0 \times 10^{-19}$	$+1.1 \times 10^{-18}$	$+7.9 \times 10^{-20}$	$-1.3 \times 10^{-18}$	$-8.8 \times 10^{-20}$	$-2.5 \times 10^{-17}$	$-1.4 \times 10^{-18}$
$10^6$	$+1.9 \times 10^{-19}$	$+2.9 \times 10^{-20}$	$-5.9 \times 10^{-19}$	$-5.1 \times 10^{-20}$	$+2.6 \times 10^{-19}$	$+3.6 \times 10^{-20}$	$-2.9 \times 10^{-19}$	$-3.8 \times 10^{-20}$	$-3.1 \times 10^{-18}$	$-2.8 \times 10^{-19}$
$10^5$	$+4.1 \times 10^{-21}$	$-7.4 \times 10^{-21}$	$-4.3 \times 10^{-21}$	$+2.3 \times 10^{-20}$	$+3.2 \times 10^{-21}$	$-1.3 \times 10^{-20}$	$-3.4 \times 10^{-21}$	$+1.3 \times 10^{-20}$	$-2.3 \times 10^{-20}$	$+1.3 \times 10^{-19}$
$10^4$	$-6.5 \times 10^{-24}$	$-9.1 \times 10^{-22}$	$+1.1 \times 10^{-23}$	$+1.5 \times 10^{-21}$	$-6.9 \times 10^{-24}$	$-9.5 \times 10^{-22}$	$+7.7 \times 10^{-24}$	$+1.0 \times 10^{-21}$	$+6.4 \times 10^{-23}$	$+1.0 \times 10^{-20}$
$10^3$	$-6.3 \times 10^{-25}$	$-3.4 \times 10^{-23}$	$+6.3 \times 10^{-25}$	$+4.7 \times 10^{-23}$	$-5.7 \times 10^{-25}$	$-4.0 \times 10^{-23}$	$+4.6 \times 10^{-25}$	$+3.2 \times 10^{-23}$	$+3.2 \times 10^{-24}$	$+2.8 \times 10^{-22}$
$10^2$	$-8.3 \times 10^{-27}$	$-4.4 \times 10^{-25}$	$+6.6 \times 10^{-27}$	$+4.9 \times 10^{-25}$	$-6.7 \times 10^{-27}$	$-4.7 \times 10^{-25}$	$+5.1 \times 10^{-27}$	$+3.5 \times 10^{-25}$	$+3.9 \times 10^{-26}$	$+3.4 \times 10^{-24}$
$10$	$-8.3 \times 10^{-29}$	$-4.4 \times 10^{-27}$	$+6.6 \times 10^{-29}$	$+4.9 \times 10^{-27}$	$-6.8 \times 10^{-29}$	$-4.8 \times 10^{-27}$	$+5.1 \times 10^{-29}$	$+3.5 \times 10^{-27}$	$+3.9 \times 10^{-28}$	$+3.4 \times 10^{-26}$

the shorthand notation  $g_N^s \equiv (Ng_n^s + Zg_p^s)/A$ , where  $N$  is the neutron number,  $Z$  is the proton number, and  $A = Z + N$  is the nucleon number.

The  $P$ ,  $T$ -violating potential in Eq. (3) induces EDMs in atoms and molecules by mixing atomic states of opposite parity. We perform calculations of such axion-exchange-induced atomic EDMs using the relativistic Hartree-Fock-Dirac method, including electron core polarization (RPA) corrections. We summarize our results in Tables I and II. Detailed analytical calculations explaining the dependence of these induced atomic EDMs on the axion mass and atomic parameters are presented in the Supplemental Material [43].

*Calculations.*—Paramagnetic atoms: We perform calculations of axion-exchange-induced EDMs of paramagnetic atoms using the relativistic Hartree-Fock-Dirac method including electron core polarization (RPA) corrections.

For the atomic EDM of Tl, electron correlation corrections are known to play an important role (see, e.g., Ref. [45]). Therefore, for Tl, we employ the CI + MBPT method described in Ref. [45] to perform the EDM calculations in the present work. Correlations between the core electrons and three valence electrons in Tl (ground state  $6s^2 6p_{1/2}$ ) have been taken into account using the many-body perturbation theory (MBPT) method including the screening of the valence electron interactions by the core electrons. The Hamiltonian matrix for the three valence electrons has been diagonalized using the configuration interaction (CI) approach.

Paramagnetic molecules: In molecular species, the heavy atom is in the internal electric field of a molecule,  $\mathbf{E}_{\text{int}}$ , and so the corresponding energy shift may be estimated by  $\Delta\varepsilon \approx -\mathbf{D} \cdot \mathbf{E}_{\text{int}}$ , where  $\mathbf{D}$  is the induced EDM of the heavy atomic species. The molecular electric field cancels out in the ratio

TABLE II. Summary of derived limits on the combinations of parameters  $g_N^s g_e^p X_r / m_a^2$  and  $g_e^s g_e^p / m_a^2$  for  $m_a \gg 300$  keV, and  $g_N^s g_e^p$  and  $g_e^s g_e^p$  for  $m_a \ll 1$  keV, from the consideration of tree-level axion-mediated  $P$ ,  $T$ -violating interactions between electrons and nucleons in atoms and molecules, and on the combination of parameters  $g_e^s g_e^p \ln(m_a/m_e)/m_a^2$  for  $m_a \gg m_e$ , from the consideration of the loop-induced electron EDM. The parameter  $X_r$  is defined by  $X_r \approx 1$  when  $m_a R_{\text{nucl}} \gg 1$ , and by  $X_r \approx (m_a R_{\text{nucl}})^{2-2\gamma}$  when  $m_a R_{\text{nucl}} \ll 1$ , where  $R_{\text{nucl}}$  is the radius of the atomic nucleus and  $\gamma = \sqrt{(j+1/2)^2 - (Z\alpha)^2}$ ; see the Supplemental Material for more details [43]. We have also summarized the numerical calculations (see also Table I) and experimental EDM bounds used in deriving these limits. The  $P$ ,  $T$ -odd parameters  $W_c$  and  $W_d$  are the normalized expectation values of the contact nucleon-electron scalar-pseudoscalar interaction operator  $H_{\text{SP}} = -i(G_F C_{\text{SP}}/\sqrt{2})\gamma^0\gamma_5\delta^{(3)}(\mathbf{r})$ , and of the electron EDM interaction operator  $H_e = -d_e\gamma^0\boldsymbol{\Sigma} \cdot \mathbf{E}$ , respectively:  $W_c = \langle \Psi | H_{\text{SP}} | \Psi \rangle / (C_{\text{SP}}\Omega)$ ,  $W_d = \langle \Psi | H_e | \Psi \rangle / (d_e\Omega)$ . The best limits are highlighted in bold.

Atom	$d_a/C_{\text{SP}}(e \cdot \text{cm})$	$d_a/d_e$	$ d_a $ limit ( $e \cdot \text{cm}$ )	$ g_N^s g_e^p X_r / m_a^2 $ limit ( $\text{GeV}^{-2}$ )	$ g_N^s g_e^p $ limit	$ g_e^s g_e^p / m_a^2 $ limit ( $\text{GeV}^{-2}$ )	$ g_e^s g_e^p \ln(m_a/m_e) / m_a^2 $ limit ( $\text{GeV}^{-2}$ )	$ g_e^s g_e^p $ limit
<sup>133</sup> Cs	$+7.6 \times 10^{-19}$ [45]	+124 [45]	$1.3 \times 10^{-23}$ [46]	$1.5 \times 10^{-10}$	$1.3 \times 10^{-16}$	$3.4 \times 10^{-7}$	$4.2 \times 10^{-7}$	$3.3 \times 10^{-16}$
<sup>205</sup> Tl	$-7.0 \times 10^{-18}$ [45]	-582 [45,47,48]	$9.4 \times 10^{-25}$ [49]	$1.1 \times 10^{-12}$	$1.2 \times 10^{-17}$	$8.1 \times 10^{-9}$	$6.3 \times 10^{-9}$	$3.2 \times 10^{-17}$
<sup>129</sup> Xe	$-5.0 \times 10^{-23}$ [50]	$-8 \times 10^{-4}$ [50]	$6.6 \times 10^{-27}$ [51]	$1.1 \times 10^{-9}$	...	$1.4 \times 10^{-6}$	$3.2 \times 10^{-5}$	...
<sup>199</sup> Hg	$-5.9 \times 10^{-22}$ [50]	-0.014 [50]	$7.4 \times 10^{-30}$ [16]	<b><math>1.0 \times 10^{-13}</math></b>	...	<b><math>5.5 \times 10^{-10}</math></b>	$2.1 \times 10^{-9}$	...

Molecule	$W_c/W_d(e \cdot \text{cm})$	$ \varepsilon_{\text{eff}} (\text{GV}/\text{cm})$	$ d_e $ limit ( $e \cdot \text{cm}$ )	$ g_N^s g_e^p X_r / m_a^2 $ limit ( $\text{GeV}^{-2}$ )	$ g_N^s g_e^p $ limit	$ g_e^s g_e^p / m_a^2 $ limit ( $\text{GeV}^{-2}$ )	$ g_e^s g_e^p \ln(m_a/m_e) / m_a^2 $ limit ( $\text{GeV}^{-2}$ )	$ g_e^s g_e^p $ limit
<sup>171</sup> Yb <sup>19</sup> F	$3.4 \times 10^{-21}$ [52]	14.5 [52-56]	$1.05 \times 10^{-27}$ [56]	$2.5 \times 10^{-12}$	$7.5 \times 10^{-18}$	$1.1 \times 10^{-8}$	$4.1 \times 10^{-9}$	$1.8 \times 10^{-17}$
<sup>180</sup> Hf <sup>19</sup> F <sup>+</sup>	$3.7 \times 10^{-21}$ [57,58]	23 [59,60]	$1.3 \times 10^{-28}$ [61]	$2.9 \times 10^{-13}$	<b><math>1.3 \times 10^{-18}</math></b>	$1.4 \times 10^{-9}$	$5.1 \times 10^{-10}$	<b><math>3.4 \times 10^{-18}</math></b>
<sup>232</sup> Th <sup>16</sup> O	$5.8 \times 10^{-21}$ [62]	84 [62-64]	$8.7 \times 10^{-29}$ [65]	<b><math>1.2 \times 10^{-13}</math></b>	$1.9 \times 10^{-18}$	<b><math>1.2 \times 10^{-9}</math></b>	<b><math>3.4 \times 10^{-10}</math></b>	$5.0 \times 10^{-18}$

$$\frac{\Delta\varepsilon|_{m_a}}{\Delta\varepsilon|_{m_a \rightarrow \infty}} \approx \frac{D|_{m_a}}{D|_{m_a \rightarrow \infty}}, \quad (4)$$

where the subscripts refer to the axion masses at which the relevant quantities are evaluated. Expression (4) allows us to determine the energy shift for a finite axion mass in molecules, by using calculated values for the induced EDM of the heavy atomic species in Table I, as well as existing values of the energy shift for an infinite axion mass in molecules [52–55,57–60,62–64]. This allows us to interpret molecular experiments.

For molecular YbF, which is in the  ${}^2\Sigma_{1/2}$  state, we calculate  $D = \langle s_{1/2} | d_z | s_{1/2} \rangle \equiv D(s_{1/2})$  for the Yb<sup>+</sup> ion, where the atomic EDM is calculated for the maximal projection of the electron angular momentum,  $j_z$ . For molecular HfF<sup>+</sup> and ThO, the EDM is measured in the  ${}^3\Delta_1$  excited metastable state that corresponds to one  $s$  and one  $d$  electron in the state  $|L_z = +2, S_z = -1, J_z = +1\rangle$ . Expanding this state in terms of  $s_{1/2}$ ,  $d_{3/2}$  and  $d_{5/2}$  atomic orbitals, we obtain  $D = -D(s_{1/2}) + \frac{3}{5}D(d_{5/2})$ . The  $d_{3/2}$  atomic orbital does not contribute to the atomic EDM in this case, since the dipole operator cannot mix it with a  $p_{3/2}$  atomic orbital (which has the opposite value of the electron spin projection,  $s_z$ ).

For a high-mass axion (where the effect arises mainly from the small distances  $r \ll a_B/Z^{1/3}$ ), the dominant contribution to the atomic EDM comes from the mixing of the  $s_{1/2}$  state with  $p_{1/2}$  states, while for a low-mass axion (where the effect arises mainly from the intermediate distances  $r \sim a_B/Z^{1/3}$ ), there is also a non-negligible contribution from the mixing of the  $d_{5/2}$  state with  $f_{5/2}$  states.

**Diamagnetic atoms:** In diamagnetic atoms with zero electron angular momentum, an electron-spin-dependent  $P,T$ -violating interaction induces an atomic EDM only in combination with the hyperfine interaction [66]. Calculations in Ref. [66] have been performed for the contact limit of interaction (3), and also for the interaction of an electron EDM with atomic electric and magnetic fields. Relativistic many-body calculations of the electron EDM effects including RPA corrections have been performed in Ref. [67]. There is an approximate analytical relation between the matrix elements of the contact limit of interaction (3) and the interaction of an electron EDM with the atomic electric field [68]. Therefore, we may also use the calculations of the electron EDM effects to predict the effect of the contact limit of Eq. (3). In the present Letter, we use the calculated values for  $d_a/C_{SP}$  [defined via the operator  $H_{SP} = -i(G_F C_{SP}/\sqrt{2})\gamma^0\gamma_5\delta^{(3)}(\mathbf{r})$  from Refs. [66,67], which have been presented in the review [50], together with the analytical formulas (9) and (12) in the Supplemental Material [43], in order to extract the limits presented in Table II.

**Results and discussion.**—Our results are summarized in Tables I and II, and are shown in Fig. 2. We find that the best limits on high-mass axions come from Hg and ThO, while the best limits on low-mass axions come from HfF<sup>+</sup>. The reason why a relatively light system such as HfF<sup>+</sup> can give strong constraints for low-mass axions (and not necessarily for high-mass axions) can be traced to the dependence of the induced atomic EDM on the atomic parameters. When a high-mass axion is exchanged, the induced atomic EDM has a strong  $Z$  dependence (scaling as  $d_a \propto AZ^2 K_{\text{rel}}$  for the electron-nucleon interaction and  $d_a \propto Z^2$  for the electron-electron interaction, where  $K_{\text{rel}}$  is a relativistic factor), whereas when a low-mass axion is exchanged, the induced atomic EDM has a milder  $Z$  dependence (scaling only as  $d_a \propto A$  for the electron-nucleon interaction and  $d_a \propto Z$  for the electron-electron interaction); see the Supplemental Material for more details [43].

We also note that the atomic EDMs induced by the exchange of high-mass and low-mass axions differ in sign (see Table I). This can be traced to the fact that the effects arise from different distances in these two limiting cases. When a high-mass axion is exchanged, the dominant contribution comes from the small distances  $r \ll a_B/Z^{1/3}$ , whereas when a low-mass axion is exchanged, the dominant contribution comes from the intermediate distances  $r \sim a_B/Z^{1/3}$ , where the wave functions oscillate; see the Supplemental Material for more details [43].

**Loop-induced electron EDM:**The interactions in Eq. (1) also induce an electron EDM via the one-loop process in Fig. 1:

$$d_e \approx -\frac{g_e^s g_e^p e m_e}{4\pi^2 m_a^2} \ln(m_a/m_e) \quad \text{for } m_a \gg m_e, \quad (5)$$

$$d_e \approx -\frac{g_e^s g_e^p e}{8\pi^2 m_e} \quad \text{for } m_a \ll m_e, \quad (6)$$

where  $-e$  is the electric charge of the electron. Equation (5) was presented in Ref. [17]. We see (referring to the tabulated data in Tables I and II) that the one-loop-induced electron EDM contribution (proportional to  $g_e^s g_e^p$ ) to the atomic and molecular EDMs is smaller than the corresponding direct tree-level contribution for small axion masses, but can be larger for large axion masses. The

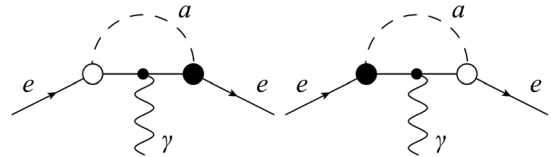


FIG. 1. One-loop-induced contribution to an electron electric dipole moment. The large black circle denotes a pseudoscalar interaction vertex, while the white circle denotes a scalar interaction vertex, as defined in Eq. (1).

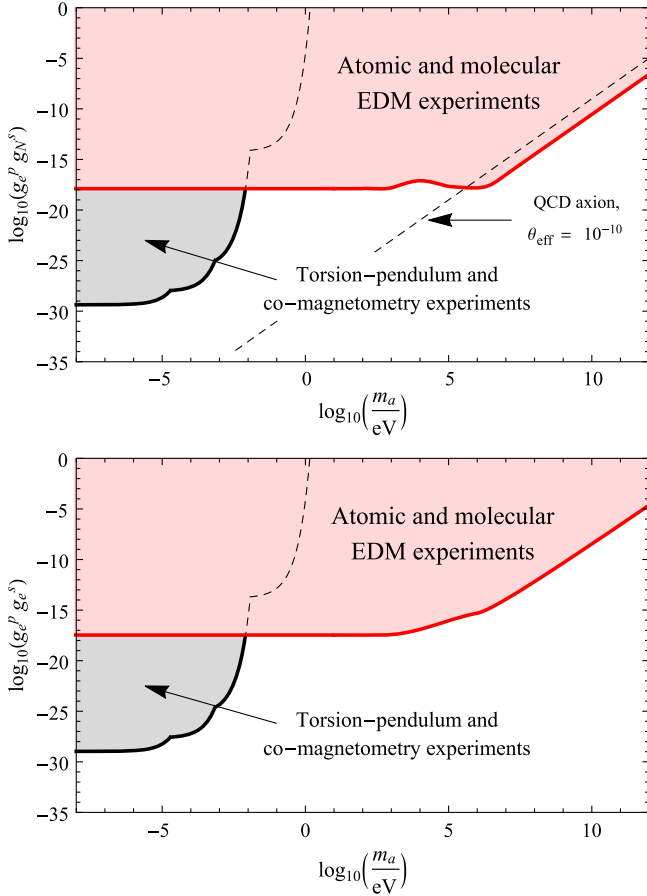


FIG. 2. Limits on the  $P$ ,  $T$ -violating scalar-pseudoscalar nucleon-electron (top) and electron-electron (bottom) interactions mediated by a generic axionlike particle of mass  $m_a$ , as defined in Eq. (1). The regions in red correspond to regions of parameters excluded by the present Letter from the consideration of atomic and molecular electric dipole moment experiments. The regions in grey correspond to existing constraints from torsion-pendulum and co-magnetometry experiments [21,23,26,31,40–42]. The region above the dashed black line in the top figure corresponds to the limits for the QCD axion with  $|\theta_{\text{eff}}| \lesssim 10^{-10}$ . In extrapolating the limits on  $g_e^s g_e^p$  from torsion-pendulum and co-magnetometry experiments using the published limits on  $g_N^s g_e^p$  in Refs. [21,23,26,31,40–42], we have assumed that  $\bar{A} \approx 2.5\bar{Z}$  for the mean nuclear contents of the unpolarized test bodies.

reason for the latter is the strong  $Z$  dependence of the electron EDM contribution in species with unpaired atomic electrons ( $d_a \propto Z^3 K_e d_e$ , where  $K_e$  is a relativistic factor [69]), compared with that of the direct tree-level contribution ( $d_a \propto Z^2 g_e^s g_e^p$ ), as well as an additional numerical suppression factor for the direct tree-level contribution [see Eq. (11) in the Supplemental Material [43]].

*Conclusions.*—To summarize, we have derived limits on the  $P$ ,  $T$ -violating scalar-pseudoscalar nucleon-electron and electron-electron interactions mediated by a generic axionlike particle of arbitrary mass from EDM experiments with atoms and molecules (see Table II for a summary of

limits). Our derived limits improve on existing laboratory bounds from other experiments by many orders of magnitude for  $m_a \gtrsim 10^{-2}$  eV (see Fig. 2). We note that there are more stringent indirect bounds from the combination of stellar energy-loss arguments and laboratory searches for spin-independent fifth forces for  $m_a \lesssim 10$  eV [32], though these bounds may be evaded by certain chameleonic mechanisms, whereby the processes of stellar “cooling” due to axion emission become inhibited [70].

Our derived limits also directly constrain  $CP$  violation in certain types of relaxation models [71–73], where a spin-0 relaxation field  $\phi$  couples to the Higgs doublet  $H$  via the super-renormalizable interaction  $\mathcal{L}_{\phi hh} = -g\phi H^\dagger H$ , which induces scalar interactions of  $\phi$  with the electron and nucleons [74]:  $g_e^s = gm_e/m_h^2$  and  $g_N^s = gb m_N/m_h^2$ , where  $m_h$  is the Higgs boson mass, and the parameter  $b \sim 0.2$ – $0.5$  [75]. Our results constrain the combination of parameters  $gg_e^p$  via the relation

$$|gg_e^p|_{\text{limit}} = \left( \frac{m_h^2}{m_e + b m_N} \right) |g_e^s g_e^p + g_N^s g_e^p|_{\text{limit}}. \quad (7)$$

Finally, we mention that ongoing and future EDM experiments with atoms and molecules (see, e.g., Ref. [76] for an overview) may improve on the level of sensitivity demonstrated in the present work.

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- stable, while axions with masses  $m_a > 2m_e \approx 1$  MeV may also constitute the observed dark matter, provided that their nongravitational interactions are sufficiently feeble. We note, however, that the results of the present work are independent of axions constituting a dark-matter component.
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