## Probing Sub-GeV Mass Strongly Interacting Dark Matter with a Low-Threshold Surface Experiment

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Using data from the  $\nu$ -cleus detector, based on the surface of Earth, we place constraints on dark matter in the form of strongly interacting massive particles (SIMPs) which interact with nucleons via nuclear-scale cross sections. For large SIMP-nucleon cross sections, the sensitivity of traditional direct dark matter searches using underground experiments is limited by the energy loss experienced by SIMPs, due to scattering with the rock overburden and experimental shielding on their way to the detector apparatus. Hence, a surface-based experiment is ideal for a SIMP search, despite the much larger background resulting from the lack of shielding. We show using data from a recent surface run of a low-threshold cryogenic detector that values of the SIMP-nucleon cross section up to approximately  $10^{-27}$  cm<sup>2</sup> can be excluded for SIMPs with masses above 100 MeV.

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*Introduction.*—There is strong evidence that the majority of matter in the Universe is in the form of so-called dark matter (DM) [1], whose presence is inferred via its gravitational interactions with luminous matter (which makes up stars and galaxies) but which does not significantly scatter [2] or emit radiation. Since the luminous matter in the Universe is composed of particles, specifically those of the standard model, it is reasonable to assume that the dark matter is also made of particles, albeit of a so-far undiscovered species. Most searches for dark matter particles operate under the reasonable assumption that they interact only weakly with ordinary matter, with many searches focusing on so-called weakly interacting massive particles (WIMPs). Hence, for example, direct dark matter search experiments are placed deep underground in order to vastly reduce the background from the visible sector, such as cosmic rays, while leaving unaffected any potential signal from WIMPs [3–6]. The majority of these searches have low-energy thresholds around a keV and so are sensitive mostly to dark matter particles with masses above a GeV, though much recent progress has been made on lowering this threshold and probing lighter dark matter [7–15].

However, WIMPs are not the only potential dark matter candidate. One such alternative is the strongly interacting massive particle (SIMP), which, by contrast, can have interactions with nucleons and electrons as strong as between these particles themselves [16–23]. As can be expected, constraints on the interactions of SIMPs with the visible sector come from a wide variety of both terrestrial and astrophysical sources [17–29]. However, there remain values of the SIMP mass and interaction cross section with the visible sector which have proven difficult to constrain in a model-independent way. One major reason for this is the

ineffectiveness of direct searches in probing SIMP interactions. This results from the fact that SIMPs should scatter in Earth before reaching the experimental apparatus, causing them to lose kinetic energy such that by the time they reach the experiment they do not have enough energy to result in a nuclear recoil above the threshold [18,20].

In this Letter, we discuss the potential for a surface-based direct dark matter search as a probe of the interaction cross section between SIMPs and nucleons. We reanalyze data from the recent dark matter search performed by the CRESST Collaboration, described in Refs. [8–10], which was run on the surface of Earth with only minimal shielding. This resulted in a large background rate, making a WIMP search difficult, but the low threshold and lack of shielding makes such a setup ideal for a SIMP search.

Description of the experimental setups and data.—We consider two different scenarios for the low-threshold cryogenic experimental apparatus introduced in Refs. [8–10]. For the experimental search for low-mass WIMP dark matter performed by the CRESST Collaboration in Ref. [8], which we refer to as the "2017 surface run," the experimental apparatus (named  $\nu$ -cleus) was run with only a small amount of shielding, which amounted to 1 mm of copper. This resulted in a large background, which is detrimental to a standard WIMP search but not for a SIMP search, where the expected signal rates are much larger.

The apparatus was housed in a building at the Max-Planck Institut for physics in Munich with walls of concrete approximately 30 cm thick, which actually provides the dominant stopping power for the SIMPs, besides Earth and atmosphere. The experiment was performed with a 0.49 g  $Al_2O_3$  target running for a total live time of 2.27 h, with a low-energy threshold of 20 eV. In this time, the experimental collaboration observed data consistent with their background expectation, which we take here to be a constant level of  $10^5$  counts kg<sup>-1</sup> keV<sup>-1</sup> day<sup>-1</sup> [8].

We also consider a future scenario for such a detector with as low a threshold as possible for nuclear recoils. This scenario, which we call the "ideal surface projection," would utilize a cryogenic setup with an Al<sub>2</sub>O<sub>3</sub> target, with a low-energy threshold of 4 eV. Under this scenario, we also make the assumption that the 30 cm of concrete shielding has been removed; however, the effect of this on the sensitivity of the experimental apparatus to large SIMPnucleus cross sections is likely to be minimal, compared with the improvement gained through lowering the threshold. This is because, even with 30 cm of concrete shielding, the dominant energy loss mechanism for the SIMP particles will arise through scattering while traveling through Earth's atmosphere. Hence, it is possible that the CRESST Collaboration may find it more prudent to increase their shielding enough to dramatically improve their sensitivity to small DM-nucleon cross sections, while only slightly reducing their sensitivity to larger cross sections.

Calculating the velocity distribution of SIMPs at the detector.—In this section, we present analytic calculations of the energy loss experienced by SIMPs as they travel through Earth, the atmosphere, and the shielding around the experiment. We want to know what the distribution of the SIMP kinetic energies will be at the detector, given that we know this distribution in free space. We start by assuming a model for the distribution of SIMPs in the galactic halo, which we take to be the same as for WIMPs [8]. Hence, we sample the initial SIMP energies  $E_i$  from a Maxwell-Boltzmann velocity distribution with a maximum velocity equal to the galactic escape velocity, which has been boosted into Earth's reference frame. For each  $E_i$ , we then calculate the final energy  $E_f$  using the following process.

We assume that SIMPs interact only with nuclei via spinindependent contact interactions, and hence the differential scattering cross section of SIMPs with mass  $m_{\chi}$  interacting with nuclei of mass  $m_N$  takes the form

$$\frac{d\sigma}{dE_R} = \frac{m_N \sigma_n A^2}{2\mu_p^2 v^2},\tag{1}$$

where  $E_R$  is the recoil energy transferred from the SIMPs,  $\sigma_n$  is the SIMP-nucleon cross section, A is the atomic mass of the stopping nucleus, v is the velocity of the SIMP particle, and  $\mu_p$  is the SIMP-proton reduced mass.

The stopping power for SIMPs passing through a material composed of a single element is then calculated using [20,30]

$$\frac{dE}{dx} = -n_N \int_0^{E_{R,\max}} \frac{d\sigma}{dE_R} E_R dE_R, \qquad (2)$$

$$E_{R,\max} = \frac{4m_{\chi}m_N E}{(m_{\chi} + m_N)^2},\tag{3}$$

which when combined with Eq. (1) and integrating over  $E_R$  gives

$$E_f = E_i \exp\left(-\int_0^\infty \frac{2\sigma_n A^2 \mu_N^4 n_N(l)}{m_\chi m_N \mu_p^2} dl\right), \qquad (4)$$

where  $\mu_N$  is the SIMP-nucleus reduced mass,  $n_N(l)$  is the density of the stopping matter, and we have changed variables from x to l, the distance between the SIMP particle and the detector.

In reality, the SIMP will pass through material composed of multiple elements, and so we will have to generalize Eq. (4) to multiple targets. Indeed, the density function  $n_N(l)$  takes a different form depending on whether a SIMP is traveling through Earth, the atmosphere, or the shielding around the experiment, as does the elemental composition of the target. Furthermore, in the first two cases, the density depends on the radial distance from the center of Earth to the SIMP *r*. In order to relate the distance from the center of Earth to the SIMP *r* to the distance of the SIMP from the detector *l*, we use the expression [20,30]

$$r^{2} = (R_{E} - l_{D})^{2} + l^{2} - 2(R_{E} - l_{D})l\cos\psi, \qquad (5)$$

where  $R_E$  is the radius of Earth and  $l_D$  is the depth of the experiment, where  $l_D = 0$  for a surface-based detector. The angle  $\psi$  is between the direction of the vector pointing along the travel direction of the SIMP towards the detector and the vector between the center of Earth and the detector [20,30]. It is expressed as

$$\cos \psi = \cos \theta_l \cos \omega t \sin \theta \cos \phi + \cos \theta_l \sin \omega t \sin \theta \sin \phi \pm \sin \theta_l \cos \theta, \quad (6)$$

where  $\omega$  is the angular rotation speed of Earth, *t* is the time,  $\theta_l$  is the latitude of the detector, and the  $\pm$  is + for the Northern Hemisphere and – for the Southern.

For clarity, we split the expression of Eq. (4) into three pieces, i.e., an integral over all values of *l* which fall within either Earth, the atmosphere, or the shielding, and express all of the target-dependent terms as a single variable  $\mathcal{N}(x) = \sum_i f_i A_i^2 \mu_{N,i}^4 n_N(x) / m_{N,i}$ , where *i* is summed over all constituent elements of the stopping target with mass fraction  $f_i$ . Hence, the expression for  $E_f$  becomes

$$E_{f} = E_{i} \exp\left[-\frac{2\sigma_{n}}{m_{\chi}\mu_{p}^{2}} \left(\int_{\text{atmosphere}} \mathcal{N}_{A}(r-R_{E})dl + \int_{\text{Earth}} \mathcal{N}_{E}(r)dl + \int_{\text{shielding}} \mathcal{N}_{S}(l)dl\right)\right],$$
(7)

where  $\mathcal{N}_E(r)$  and  $\mathcal{N}_A(r - R_E)$  contain all of the targetdependent terms from Eq. (4) for scattering in either Earth or the atmosphere, respectively, and are the same for each experimental setup at a given latitude and depth. The term  $\mathcal{N}_{S}(l)$  contains all target-dependent terms concerning the experimental shielding.

To calculate the Earth-stopping term  $\mathcal{N}_E(r)$ , we use the preliminary reference Earth model [31,32] for both the elemental abundances and the radial dependence of the stopping target density. The term  $\mathcal{N}_A(r-R_E)$  for the stopping power of the atmosphere for SIMPs depends on the height above Earth's surface  $h = r - R_E$ . For this, we use the U.S. Standard Atmosphere 1976 model [33]. After integrating over l for each sampled initial SIMP kinetic energy  $E_i$ , we have a distribution of  $E_f$  values, which we then use to calculate a normalized histogram for the distribution of SIMP speeds  $f(v_f)$ .

It is important to understand the limitations of our analytic treatment in calculating the spectra of SIMPs. In particular, our simplifying assumptions will introduce a factor of a few uncertainty to the largest values of the SIMP-nucleon cross section which can be excluded by  $\nu$ -cleus. Indeed, a numerical code DaMaSCUS [32] exists for calculating the effect of Earth stopping on SIMPs for underground experiments. However, since we are considering a surface-based experiment in this work, for which scattering in the atmosphere and shielding dominates the sensitivity to SIMPs, we cannot make effective use of this code. A comparison of the analytic and numerical methods for SIMP stopping was made in Ref. [30], where it was found that the maximum excluded SIMP cross section was around an order of magnitude smaller using the numerical code compared to an analytic calculation. This was due mainly to the fact that the path length traveled by the SIMPs in Earth is lengthened due to the deflection of the particles through scattering.

In addition, our calculations focused only on the average energy loss rate per SIMP, whereas it was pointed out in Ref. [23] that if a SIMP particle were to trigger a signal in a direct detection experiment, it would likely be sampled from the tail end of the statistical distribution in the path length and the energy loss per scatter. Hence, even if the average energy of SIMPs is too low to induce a signal in an experiment above the threshold, there could still be such outlying SIMPs which could lead to a signal. The effect of this would be to work in the opposite way to the pathlengthening effect, strengthening the ability of experiments such as  $\nu$ -cleus to exclude larger SIMP-nucleon cross sections [23]. Hence, the order-of-magnitude effect in Ref. [30] is likely an upper bound on the problem.

*Recoil spectra of SIMPs.*—Using the distribution of SIMP speeds reaching the detector, which we calculated in the previous section, it is possible to determine the spectrum of nuclear recoil energies  $E_r$  in the experiment due to SIMPs. Since in our case the experimental apparatus has no sensitivity to the SIMP incident direction, we integrate over all arrival angles, leading to the formula for the recoil spectrum:

$$\frac{dR}{dE_r} = \frac{\rho_{\chi}}{m_{\chi}} \sum_i f_i N_T \int_{v_{\min}} \frac{d\sigma}{dE_r} f(v_f) dv_f, \qquad (8)$$

where  $N_T$  is the total number of target nuclei in the detector,  $v_{\min} = \sqrt{E_r m_N / 2\mu_N^2}$ , the minimum SIMP speed needed to impart a recoil energy  $E_r$  to a nucleus with mass  $m_N$ , and the sum is over all elements which make up the experimental target with mass fraction  $f_i$ .

This recoil spectrum varies over a period of a day due to the time dependence of the angle  $\psi$  in Eq. (6), combined with the fact that dark matter particles arrive at Earth from a preferred direction [20]. Hence, at certain points in the day, more SIMPs have to traverse a longer distance through Earth than at other times, leading to the enhanced stopping and deflection of particles [30,34]. We do not consider the latter effect in this work, as we are interested only in orderof-magnitude estimates for the sensitivity of surface-based detectors to SIMPs.

Shown in Fig. 1 are the time-averaged recoil spectra for a 1 GeV mass SIMP and various different values of  $\sigma_n$ . With an increasing cross section, the rate of events in the detector increases up until a certain value, at which point the SIMPs scatter enough in Earth, the atmosphere, or the experimental shielding to undergo a significant energy loss before they reach the detector. This results in the spectrum shifting to smaller values of the recoil energy, eventually leading to all of the nuclear recoils occurring below the experimental threshold, making the SIMP scatter events invisible to the detector. Hence, one advantage of having a lower experimental threshold, besides an improved sensitivity to lower mass particles, is a greater sensitivity to larger values of the SIMP-nucleon cross section. For example, a 1 GeV mass SIMP with a cross section of  $\sigma_n = 10^9$  pb would be invisible to the 2017 surface run but would be just detectable using the lower threshold for the ideal surface projection.



FIG. 1. Recoil spectra of 1 GeV mass SIMP dark matter for different values of the interaction cross section with nucleons  $\sigma_n$ , averaged over the duration of the experimental run time, for the 2017 surface run configuration. We also show as black points the data from the dark matter search performed by the CRESST Collaboration using the  $\nu$ -cleus experiment in Ref. [8], which we use to set exclusion limits in this work.

All of the SIMP recoil rates shown in Fig. 1 are well above the rate observed in the surface run of Ref. [8], shown as black data points in Fig. 1, which levels out to around  $10^5$  counts kg<sup>-1</sup> keV<sup>-1</sup> day<sup>-1</sup> at higher energies. Hence, although such a large background is detrimental to a standard WIMP dark matter search, it has only a small effect on the sensitivity to high SIMP cross sections. For our analysis, we assume a constant background rate, despite the fact that the data from the  $\nu$ -cleus experiment (shown in Fig. 1) rise at low energies. This allows us to place a conservative limit on the excluded region of SIMP parameter space, given that the background near the low-energy threshold is not perfectly understood. The data are assumed to originate entirely from backgrounds and not DM-nucleon scattering events.

The expected rate of interactions is so large that individual nuclear recoils may not be resolvable in the  $\nu$ -cleus apparatus, appearing instead as a uniform heating [9]. Under a conservative estimate of a pulse-separation resolution of 1 ms, the maximum observable rate would be approximately ~10<sup>7</sup> events per day. However, for a resolution of 10  $\mu$ s [9], the maximum observable rate of individual recoil events would be closer to ~10<sup>9</sup> events per day, and so all of the cross sections considered in Fig. 1 would lead to observable spectra in  $\nu$ -cleus.

*Results.*—Using Eq. (8), we have performed a likelihood-ratio parameter scan over the SIMP cross section for various different masses using the data from the 2017 surface run of the  $\nu$ -cleus experiment, obtained by the CRESST Collaboration in Ref. [8]. Since no excess over the background expectation was observed, we have derived an exclusion region at 95% confidence. We have also performed a similar analysis on simulated data for the ideal surface projection under the assumption that, were such an experiment performed, the data would be consistent with a background expectation, with the same background rate.

In Fig. 2, we show the 95% confidence excluded region set using the data from Ref. [8], i.e., the 2017 surface run, and our ideal surface projection with a 4 eV threshold. This is compared with excluded regions from the CRESST-II dark matter search experiment [11], which is 1.4 km underground, and the X-ray Quantum Calorimetry Experiment (XQC) [35], which was launched on a rocket up to an altitude of 225 km above Earth's surface, thereby considerably reducing the stopping from the atmosphere but at the expense of a huge background rate for a dark matter search. Our excluded region complements both high-altitude searches such as XQC and underground searches such as CRESST-II, whose sensitivity to cross sections above around  $10^{-31}$  cm<sup>2</sup> is limited by scattering of the SIMPs in the rock overburden.

The main improvement which would be gained using the ideal surface projection setup is an improved sensitivity to lower masses but without much gain towards higher cross sections at larger masses around 1 GeV. As expected, the limiting factor in the sensitivity of the 2017 surface run to



FIG. 2. Excluded regions of DM mass and cross section at 95% confidence from various "direct" experiments (filled), including our reanalysis of the data from the dark matter search performed by the CRESST Collaboration with the  $\nu$ -cleus apparatus in Ref. [8], and the projected region of exclusion (dashed line) from a surface run using the apparatus described in this work with a low-energy threshold of 4 eV.

SIMPs is not the stopping power from the  $\sim$ 30 cm concrete but actually Earth's atmosphere, and the dominant factor in the improvement gained with the ideal projection is the lower threshold. Hence, the results presented here are likely to be the strongest sensitivity which can be achieved to large cross sections with an experiment based on the surface of Earth.

Beyond direct constraints, there are also complementary limits on SIMP dark matter from collider searches [17], searches for new forces between nuclei [36], astrophysical observations such as neutron stars [37,38], large-scale structure and the cosmic microwave background [27], or the heat budget of Earth [19].

*Conclusion.*—Although most dark matter searches focus on weakly interacting particles, e.g., WIMPs, it is worthwhile to consider alternatives such as dark matter, which interacts more readily with nucleons. Searching for such SIMP dark matter with underground direct detection experiments is difficult, since the SIMPs lose a significant amount of their kinetic energy traveling through the rock overburden [18–20,23,32]. Hence, in order to maximize sensitivity to SIMPs, a direct detection experiment would need to be based on the surface of Earth with minimal shielding. Though even in this case, as shown in Fig. 1, the SIMP spectrum is still pushed below the threshold for high enough SIMP-nucleon cross sections, mainly due to energy loss of the SIMPs in Earth's atmosphere.

A surface run of a low-threshold cryogenic dark matter direct detection experiment  $\nu$ -cleus, performed by the CRESST Collaboration in Ref. [8], found no evidence for an excess of events above the background expectation. In this work, we have reanalyzed these data in the context of SIMP dark matter, to place constraints on the scattering cross section between SIMPs lighter than a GeV and nucleons. As shown in Fig. 2, the constraint from this search opens up a new region of parameter space bounded from below by underground direct dark matter searches [11] and from above by high-altitude experiments such as the rocket-borne X-ray Quantum Calorimetry Experiment [35]. Furthermore, by reducing the low-energy nuclear recoil threshold to an experimentally viable target of 4 eV, the SIMP parameter space can be probed down to even smaller masses, as low as 60 MeV.

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