

# Doping-Induced Ferromagnetism and Possible Triplet Pairing in $d^4$ Mott Insulators

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We study the effects of electron doping in Mott insulators containing  $d^4$  ions such as  $\text{Ru}^{4+}$ ,  $\text{Os}^{4+}$ ,  $\text{Rh}^{5+}$ , and  $\text{Ir}^{5+}$  with  $J = 0$  singlet ground state. Depending on the strength of the spin-orbit coupling, the undoped systems are either nonmagnetic or host an unusual, excitonic magnetism arising from a condensation of the excited  $J = 1$  triplet states of  $t_{2g}^4$ . We find that the interaction between  $J$  excitons and doped carriers strongly supports ferromagnetism, converting both the nonmagnetic and antiferromagnetic phases of the parent insulator into a ferromagnetic metal, and further to a nonmagnetic metal. Close to the ferromagnetic phase, the low-energy spin response is dominated by intense paramagnon excitations that may act as mediators of a triplet pairing.

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A distinct feature of Mott insulators is the presence of low-energy magnetic degrees of freedom, and their coupling to doped charge carriers plays the central role in transition metal compounds [1]. In large spin systems like manganites, this coupling converts parent antiferromagnet (AF) into a ferromagnetic (FM) metal and gives rise to large magneto-resistivity effects. The doping of spin one-half compounds like cuprates and titanites, on the other hand, suppresses magnetic order and a paramagnetic (PM) metal emerges. In general, the fate of magnetism upon charge doping is dictated by the spin-orbital structure of parent insulators.

In compounds with an even number of electrons on the  $d$  shell, one may encounter a curious situation when the ionic ground state has no magnetic moment at all, yet they may order magnetically by virtue of low-lying magnetic levels with finite spin, if the exchange interactions are strong enough to overcome the single-ion magnetic gap. The  $d^4$  ions such as  $\text{Ru}^{4+}$ ,  $\text{Os}^{4+}$ ,  $\text{Rh}^{5+}$ ,  $\text{Ir}^{5+}$  possess exactly this type of level structure [2] due to spin-orbit coupling  $\lambda(\mathbf{S} \cdot \mathbf{L})$ : the spin  $S = 1$  and orbital  $L = 1$  moments form a nonmagnetic ground state with total  $J = 0$  moment, separated from the excited level  $J = 1$  by  $\lambda$ . A competition of the exchange and spin-orbit couplings results then in a quantum critical point (QCP) between the nonmagnetic Mott insulator and the magnetic order [3,4]. Since the magnetic order is due to the condensation of the virtual  $J = 1$  levels and hence “soft,” the amplitude (Higgs) mode is expected. The corollary of the “ $d^4$  excitonic magnetism” [3] is the presence of the magnetic QCP that does not require any special lattice geometry, and the energy scales involved are large. The recent neutron scattering data [5] in  $d^4$   $\text{Ca}_2\text{RuO}_4$  seem to support the theoretical expectations.

As we show in this Letter, the unusual magnetism of  $d^4$  insulators, where the soft  $J$  spins fluctuate between 0 and 1, results also in anomalous doping effects that differ drastically from conventional cases as manganites and cuprates.

Indeed, while common wisdom suggests that the PM phase with yet uncondensed  $J$  moments near QCP would get even “more PM” upon doping, we find that mobile carriers induce long-range order instead. The order is of the FM type and is promoted by the carrier-driven condensation of  $J$  moments. By the same mechanism, the exchange dominated AF phase also readily switches to the FM metal, as observed in La-doped  $\text{Ca}_2\text{RuO}_4$  [6,7]. The theory might be relevant also to the electric-field-induced FM of  $\text{Ca}_2\text{RuO}_4$  [8] and the FM state of the  $\text{RuO}_2$  planes in oxide superlattices [9]. Further doping suppresses any magnetic order, and we suggest that residual FM correlations may lead to a triplet superconductivity (SC).

**Model.**—There are a number of  $d^4$  compounds, magnetic as well nonmagnetic, with various lattice structures [10–17]. To be specific, we consider a square lattice  $d^4$  insulator lightly doped by electrons. Assuming relatively large spin-orbit coupling (SOC), the relevant states are pseudospin  $J = 0, 1$  states of  $t_{2g}^4$  and  $J = 1/2$  states of  $t_{2g}^5$  [see Fig. 1(a)]. The  $d^4$  singlet  $s$  ( $J = 0$ ) and triplon  $T_{0,\pm 1}$  ( $J = 1$ ) states obey the Hamiltonian derived in Ref. [3]. Adopting the Cartesian basis  $T_x = (T_1 - T_{-1})/\sqrt{2}i$ ,  $T_y = (T_1 + T_{-1})/\sqrt{2}$ , and  $T_z = iT_0$ , it can be written as

$$\mathcal{H}_{d^4} = \lambda \sum_i \mathbf{T}_i^\dagger \cdot \mathbf{T}_i + \frac{1}{4} K \sum_{\langle ij \rangle} \left[ s_i s_j^\dagger \left( \mathbf{T}_i^\dagger \cdot \mathbf{T}_j - \frac{1}{3} T_{i\gamma}^\dagger T_{j\gamma} \right) - s_i^\dagger s_j^\dagger \left( \frac{5}{6} \mathbf{T}_i \cdot \mathbf{T}_j - \frac{1}{6} T_{i\gamma} T_{j\gamma} \right) + \text{H.c.} \right], \quad (1)$$

where  $\gamma$  is determined by the bond direction. The model shows the AF transition due to a condensation of  $\mathbf{T}$  at a critical value  $K_c = \frac{6}{11}\lambda$  of the interaction parameter  $K = 4t_0^2/U$ . The degenerate  $T_{x,y,z}$  levels split upon material-dependent lattice distortion, affecting the details of the model behavior [18]. We will consider the cubic

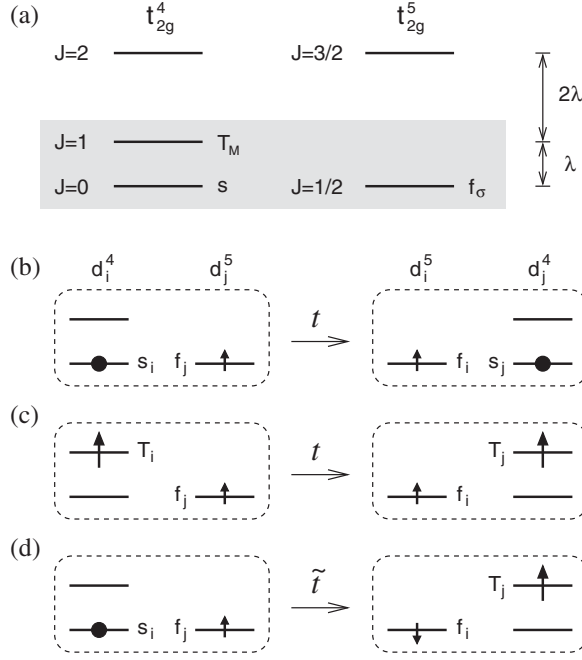


FIG. 1. (a) Spin-orbital level structure of  $t^4_{2g}$  and  $t^5_{2g}$  configurations. The lowest states including singlet  $s$  and triplet  $T_M$  states of  $d^4$ , and pseudospin  $1/2$   $f_\sigma$  states of  $d^5$  configurations form a basis for the effective low-energy Hamiltonian. (b)–(d) Schematics of electron hoppings that lead to Eqs. (2) and (3): (b) Free motion of a doped fermion  $f_\sigma$  in a singlet background. (c) The fermion hopping is accompanied by a triplon backflow supporting the double-exchange type ferromagnetism. (d) Fermionic hopping generates a singlet-triplet excitation. This process leads to a coupling between the Stoner continuum and  $T$  moments promoting magnetic condensation.

symmetry case and make a few comments on the possible effects of the tetragonal splitting.

The  $d^4$  system is doped by introducing a small number of  $d^5$  objects—fermions  $f_\sigma$  carrying the pseudospin  $J = 1/2$  of  $t^5_{2g}$ . The on-site constraint  $n_s + n_T + n_f = 1$  is implied. The Hamiltonian describing the correlated motion of  $f$  is derived by calculating matrix elements of the nearest-neighbor hopping  $\hat{T}_{ij} = -t_0(a^\dagger_{i\sigma}a_{j\sigma} + b^\dagger_{i\sigma}b_{j\sigma})$  between multielectron configurations  $\langle d^5_i d^4_j | \hat{T}_{ij} | d^4_i d^5_j \rangle$ . Here,  $a$  and  $b$  are the  $t_{2g}$  orbitals active on a given bond, e.g.,  $xy$  and  $zx$  for  $x$  bonds. The resulting hopping Hamiltonian comprises three contributions,  $\mathcal{H}_{d^4-d^5} = \sum_{ij} (h_1 + h_2 + h_3)_{ij}^{(y)}$ . The first one, depicted schematically in Figs. 1(b) and 1(c), is a spin-independent motion of  $f$ , accompanied by a backflow of  $s$  and  $T$ :

$$h_1^{(y)} = -t f^\dagger_{i\sigma} f_{j\sigma} \left[ s^\dagger_j s_i + \frac{15}{16} \left( \mathbf{T}^\dagger_j \cdot \mathbf{T}_i - \frac{3}{5} T^\dagger_{jy} T_{iy} \right) \right]. \quad (2)$$

The second contribution is a spin-dependent motion of  $f$  generating  $J = 0 \leftrightarrow J = 1$  magnetic excitation in the  $d^4$  background [see Fig. 1(d)]:

$$h_2^{(y)} = i\tilde{t} \left[ \sigma^\dagger_{ij} (s^\dagger_j T_{iy} - T^\dagger_{jy} s_i) - \frac{1}{3} \sigma_{ij} \cdot (s^\dagger_j \mathbf{T}_i - \mathbf{T}^\dagger_j s_i) \right]. \quad (3)$$

Here,  $\sigma_{ij} = f^\dagger_{i\alpha} \tau_{\alpha\beta} f_{j\beta}$  with Pauli matrices  $\tau$  denotes the bond-spin operator. The derivation for the cubic symmetry gives  $t = \frac{4}{9}t_0$  and  $\tilde{t} = (1/\sqrt{6})t_0$  with the ratio  $\tilde{t}/t \approx 1$ . However, these values are affected by the lattice distortions (via the pseudospin wave functions) and  $f$ -band renormalization reducing the effective  $t$ . We thus consider  $\tilde{t}/t$  as a free parameter and set  $\tilde{t} = 1.5t$  below. The last contribution to  $\mathcal{H}_{d^4-d^5}$  reads as coupling between the bond spins residing in  $f$  and  $T$  sectors:  $h_3^{(y)} = \frac{9}{16}t(\sigma^\dagger_{ij} J^\dagger_{ji} + \frac{1}{3} \sigma_{ij} \cdot \mathbf{J}_{ji})$ , where  $\mathbf{J}_{ji} = -i(\mathbf{T}^\dagger_j \times \mathbf{T}_i)$ . At small doping and near QCP where the density of  $T$  excitons is small, the scattering term  $h_3$  can be neglected.

**Phase diagram.**—We first inspect the phase behavior of the model as a function of doping  $x$  and interaction parameters  $K$  and  $\tilde{t}$ . The magnetic order is linked to the condensation of triplons induced by their mutual interactions and the interaction with the doped fermions  $f$ . In contrast to the cubic lattice where all the  $T$  flavors are equivalent, on the two-dimensional square lattice the  $T_z$  flavor experiences the strongest interactions and is selected to condense, provided that it is not suppressed by a large tetragonal distortion. We thus focus on  $T_z$  and omit the index  $z$ .

Following the standard notation for spin-1 condensates, we express complex  $T = u + iv$  using two real fields  $u, v$ . The ordered dipolar moment residing on Van Vleck transition  $s \leftrightarrow T$  is then  $\mathbf{m} = 2\sqrt{6}v$  [3]. Assuming either FM order (condensation prescribed by  $T \rightarrow iv$ ) or AF order ( $T \rightarrow \pm iv$  in a Néel pattern), we evaluate the classical energy of the  $T$  condensate and add the energy of the  $f$  bands polarized due to the condensed  $T$ . Doing so, we replace  $s_j$  by  $\sqrt{1-x-v^2}$  to incorporate the constraint, on average. The resulting total energy  $E(v) = E_T + E_{\text{band}}$  is minimized with respect to the condensate strength  $v$  and compared for the individual phases: FM, AF, and PM ( $v = 0$ ). The condensate energy amounts to  $E_T = [\lambda \pm \frac{11}{6}K(1-x-v^2)]v^2$ , with the  $+$  ( $-$ ) sign for FM (AF) phase, respectively. The band energy  $E_{\text{band}} = \sum_{k\sigma} \epsilon_{k\sigma} n_{k\sigma}$  is calculated for a particular doping level  $x = \sum_{k\sigma} n_{k\sigma}$  using the band dispersion  $\epsilon_{k\sigma} = -4(t_1 - \sigma t_2)\gamma_k$ , where  $\gamma_k = \frac{1}{2}(\cos k_x + \cos k_y)$ . The hopping parameter  $t_1$  stemming from  $h_1$  reads as  $t_1 \approx t(1-x)$  and  $t_1 \approx t(1-x-2v^2)$  for FM and AF, respectively. This captures the double-exchange nature of  $h_1$ —only FM-aligned  $T$  allow for a free motion of  $f$ , while the AF order of  $T$  blocks it. The parameter  $t_2$  quantifies the polarization of the bands by virtue of  $h_2$  and is nonzero in the FM case only:  $t_2 = \frac{2}{3}\tilde{t}v\sqrt{1-x-v^2}$ .

Shown in Fig. 2 are the resulting phase diagrams along with the total ordered moment  $m[\mu_B] = 2\sqrt{6}v + n_\uparrow - n_\downarrow$ .

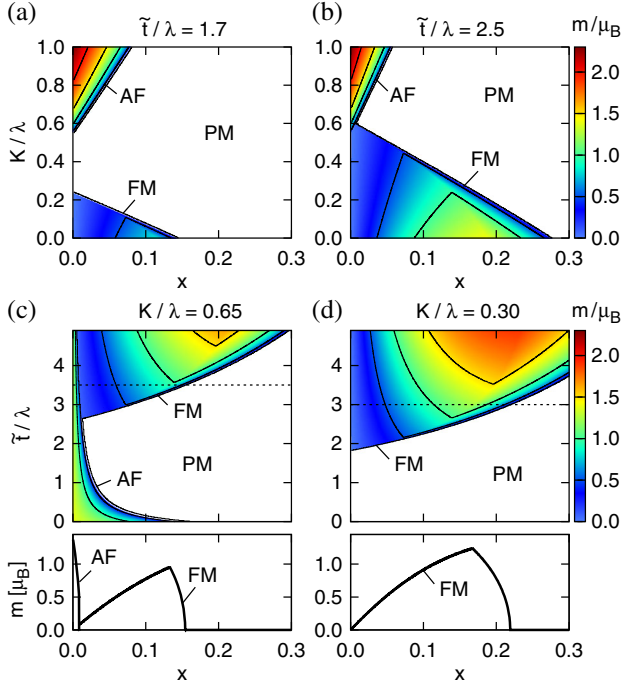


FIG. 2. (a),(b) Phase diagrams and the ordered magnetic moment value for varying doping  $x$  and  $K/\lambda$  keeping fixed  $\tilde{t}/\lambda$  of 1.7 and 2.5. (c) Phase diagram for varying doping and  $\tilde{t}/\lambda$  and fixed  $K = 0.65\lambda$  above the critical  $K_c = \frac{6}{11}\lambda$  of the  $d^4$  system. The bottom panel shows  $m(x)$  along the cut at  $\tilde{t}/\lambda = 3.5$ . (d) The same for  $K = 0.3\lambda$  and the cut at  $\tilde{t}/\lambda = 3$ .

In both phase diagrams for constant  $\tilde{t}/\lambda$  [Figs. 2(a) and 2(b)] at  $x = 0$  we recover the QCP of the  $d^4$  model. Nonzero doping causes a suppression of the AF phase via the double-exchange mechanism in  $h_1$ , and an appearance of the FM phase strongly supported by  $h_2$  that directly couples the moment  $\mathbf{m} \sim \mathbf{v}$  of  $\mathbf{T}$  exciton to the fermionic spin  $\sigma_{ij}$ , promoting magnetic condensation. With an increasing  $\tilde{t}$  the FM phase quickly extends as seen also in Figs. 2(c) and 2(d) containing the phase diagrams for constant  $K/\lambda = 0.65$  (selected to roughly reproduce the experimental value  $1.3 \mu_B$  for  $\text{Ca}_2\text{RuO}_4$  [19]) and  $K/\lambda = 0.30$ . The constant  $\tilde{t}/\lambda$  cut in Fig. 2(c) is strongly reminiscent of the phase diagram of La-doped  $\text{Ca}_2\text{RuO}_4$  [6,7,20], where the AF phase is almost immediately replaced by the FM phase present up to a certain doping level. To estimate realistic values of  $\tilde{t}/\lambda$ , we assume  $t_0 \sim 300$  meV. The large SOC in  $d^4$   $\text{Ir}^{5+}$  with  $\lambda \sim 200$  meV [22–24] leads to  $\tilde{t}/\lambda \sim 1$  and places it strictly to the AF/PM (c) or PM/PM (d) regime. In contrast to this, the moderate  $\lambda \sim 70$ –80 meV in  $\text{Ru}^{4+}$  [2,25] makes the FM phase easily accessible.

**Spin susceptibility, emergence of paramagnons.**—The tendency toward FM ordering naturally manifests itself in the dynamic spin response of the coupled  $\mathbf{T}$  exciton and  $f$ -band system. Here we study it in detail for the PM phase, focusing again on  $T_z$  being the closest to condense. The magnetic moment  $\mathbf{m}$  is carried mainly by the dipolar

component  $\mathbf{v} = (\mathbf{T} - \mathbf{T}^\dagger)/2i$  of triplons so that the dominant contribution to the spin susceptibility is given by the  $\mathbf{v}$  susceptibility  $\chi(\mathbf{q}, \omega)$ . To evaluate it, we replace  $s_i \rightarrow \sqrt{1-x-n_{Ti}}$ , and decouple  $h_1$  (3) into  $f$  and  $T$  parts on a mean-field level. This yields a fermionic Hamiltonian  $\mathcal{H}_f = \sum_{k\sigma} \epsilon_k f_{k\sigma}^\dagger f_{k\sigma}$  with  $\epsilon_k = -4t(1-x)\gamma_k$ , and a quadratic form for  $T_z$  boson:  $\mathcal{H}_T = \sum_q [A_q T_q^\dagger T_q - \frac{1}{2} B_q (T_q T_{-q} + T_q^\dagger T_{-q}^\dagger)]$ . Here,  $A_q = \lambda + 4t\langle n_{ij} \rangle(1-\gamma_q) + K(1-x)\gamma_q$ ,  $B_q = \frac{5}{6}K(1-x)\gamma_q$ , and  $\langle n_{ij} \rangle = \sum_{k\sigma} \gamma_k n_{k\sigma}$ . Bogoliubov diagonalization provides the bare triplon dispersion  $\omega_q = (A_q^2 - B_q^2)^{1/2}$  and the bare  $\mathbf{v}$  susceptibility  $\chi_0(\mathbf{q}, \omega) = \frac{1}{2}(A_q - B_q)/[\omega_q^2 - (\omega + i\delta)^2]$ . The susceptibility is further renormalized by the coupling  $h_2$  (3), which can be viewed as an interaction between a dipolar component  $\mathbf{v}$  of the triplons and the Stoner continuum of  $f$  fermions:

$$\mathcal{H}_{\text{int}} = g \sum_q \mathbf{v}_q \tilde{\sigma}_{-q}, \quad \tilde{\sigma}_{-q} = \sum_k \Gamma_{kq} f_{k+q,\alpha}^\dagger \tau_{\alpha\beta}^z f_{k,\beta}. \quad (4)$$

The coupling constant  $g = \frac{8}{3}\tilde{t}\sqrt{1-x}$ , and the vertex  $\Gamma_{kq} = \frac{1}{2}(\gamma_k + \gamma_{k+q})$  is close to 1 in the limit of small  $\mathbf{k}, \mathbf{q}$ . By treating this coupling on a RPA level, we arrive at the full  $\mathbf{v}$  susceptibility  $\chi = \chi_0/(1 - \chi_0\Pi)$  with the  $\mathbf{v}$  self-energy

$$\Pi(\mathbf{q}, \omega) = g^2 \sum_{k\sigma} \Gamma_{kq}^2 \frac{n_{k\sigma} - n_{k+q\sigma}}{\epsilon_{k+q} - \epsilon_k - \omega - i\delta}. \quad (5)$$

The interplay of the coupled excitonic and band spin responses is demonstrated in Fig. 3. The high-energy component of  $\chi$  linked to  $\chi_0$  follows the bare triplon dispersion  $\omega_q$ . In an undoped system, due to the AF  $K$  interaction,  $\omega_q$  has a minimum at  $\mathbf{q} = (\pi, \pi)$  and  $\chi_0$  would be most intense there. By doping, the double exchange mechanism in  $h_1$  disfavoring AF correlations pushes  $\omega_q$  up near  $(\pi, \pi)$ . Further, due to a dynamical mixing [Eqs. (3) and (4)] of triplons with the fermionic continuum, the low-energy component of  $\chi$  gains spectral weight as  $\tilde{t}/\lambda$  approaches the critical value, and a gradually softening FM paramagnon is formed [see Fig. 3(b)]. The emergence of the paramagnon and the increase of its spectral weight is shown in detail in Fig. 3(e). Finally, once the critical  $\tilde{t}/\lambda$  is reached, triplons, whose spectral weight was pulled down by the coupling to the Stoner continuum, condense and the FM order sets in, signaled by the divergence of  $\chi(\mathbf{q} = 0, \omega = 0)$  [cf. Figs. 3(c) and 3(d)].

**Triplet pairing.**—Intense paramagnons emerging in the proximity to the FM phase may serve as mediators of a triplet pairing interaction [26]. In the following, we perform semiquantitative estimates for this triplet SC.

While the dominant contribution to the pairing strength is due to the  $v_z$  fluctuations, in order to assess the structure of the triplet order parameter, the full coupling  $\mathcal{H}_{\text{int}} = g \sum_q \mathbf{v}_q \cdot \tilde{\sigma}_{-q}$  leading to the effective interaction  $-\frac{1}{2}g^2 \sum_{q\alpha} \chi_\alpha(\mathbf{q}, \omega = 0) \tilde{\sigma}_q^\alpha \tilde{\sigma}_{-q}^\alpha$  has to be considered. The

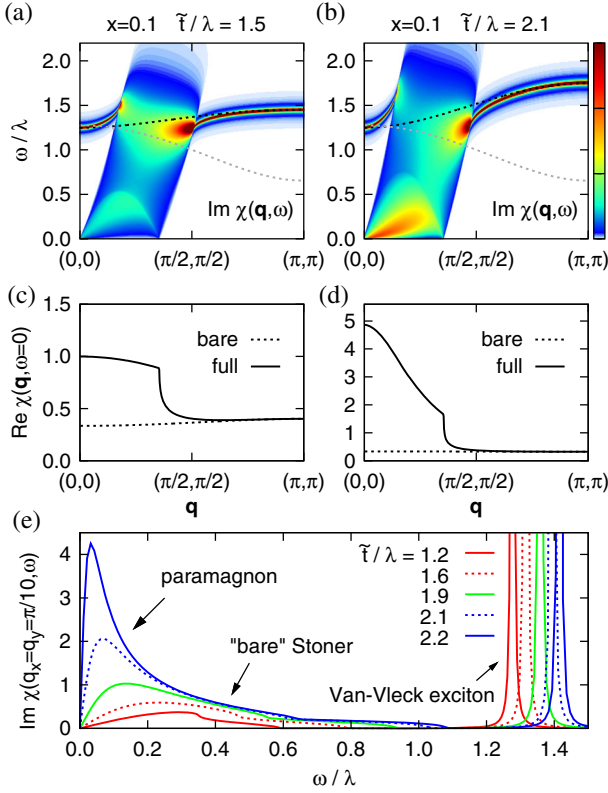


FIG. 3. (a) Imaginary part of the  $v_z$  susceptibility  $\chi(\mathbf{q}, \omega)$  in the  $(\pi, \pi)$  direction calculated for  $x = 0.1$ ,  $\tilde{t}/\lambda = 1.5$ ,  $K/\lambda = 0.3$ .  $\chi(\mathbf{q}, \omega)$  is shown in units of  $\lambda^{-1}$ . The black (gray) dashed line shows the bare triplon dispersion for  $x = 0.1$  ( $x = 0$ ). (b) The same for  $\tilde{t}/\lambda = 2.1$  closer to the FM transition point  $\tilde{t}/\lambda \approx 2.25$ . (c),(d) The static susceptibility corresponding to panels (a) and (b). (e) Imaginary part of  $\chi(\mathbf{q}, \omega)$  at  $\mathbf{q} = (\pi/10, \pi/10)$  for several values of  $\tilde{t}/\lambda$  gradually approaching the FM transition point.

$v_\alpha$  susceptibility  $\chi_\alpha$  for  $\alpha = x, y$  may be calculated the same way as  $\chi_z$  above, using now  $A_q^\alpha = A_q^z + \frac{16}{15}t\langle n_{ij} \rangle - \frac{1}{6}K(1-x)\cos q_\alpha$  and  $B_q^\alpha = B_q^z - \frac{1}{12}K(1-x)\cos q_\alpha$ . The coupling vertex for  $v_x$  and  $v_y$  obtains an additional contribution,  $\Gamma_{kq}^\alpha = \Gamma_{kq}^z - \frac{3}{4}[\cos k_\alpha + \cos(k_\alpha + q_\alpha)]$ . The resulting BCS interaction in terms of  $t_{+1k} = f_{k\uparrow}f_{-k\uparrow}$ ,  $t_{0k} = \frac{1}{\sqrt{2}}(f_{k\downarrow}f_{-k\uparrow} + f_{k\uparrow}f_{-k\downarrow})$ , and  $t_{-1k} = f_{k\downarrow}f_{-k\downarrow}$  takes the form

$$\begin{aligned} \mathcal{H}_{\text{BCS}} = & -\frac{1}{2} \sum_{kk'} [V_z(t_1^\dagger t_1 + t_{-1}^\dagger t_{-1})_{kk'} \\ & + (V_x - V_y)(t_1^\dagger t_{-1} + t_{-1}^\dagger t_1)_{kk'} \\ & + (V_x + V_y - V_z)t_{0k}^\dagger t_{0k'}], \end{aligned} \quad (6)$$

where  $V_\alpha$  denotes the properly symmetrized  $V_{\alpha kk'} = g^2(\Gamma_{k,k'-k}^\alpha)^2 \frac{1}{2}[\chi_\alpha(\mathbf{k} - \mathbf{k}') - \chi_\alpha(\mathbf{k} + \mathbf{k}')]$ . Decomposed into the Fermi surface harmonics, the BCS interaction is well approximated by  $V_{zkk'} \approx 2V_0 \cos(\phi_k - \phi_{k'})$  and  $(V_x - V_y)_{kk'} \approx 2V_1 \cos(\phi_k + \phi_{k'})$  with  $V_{0,1} > 0$  [see

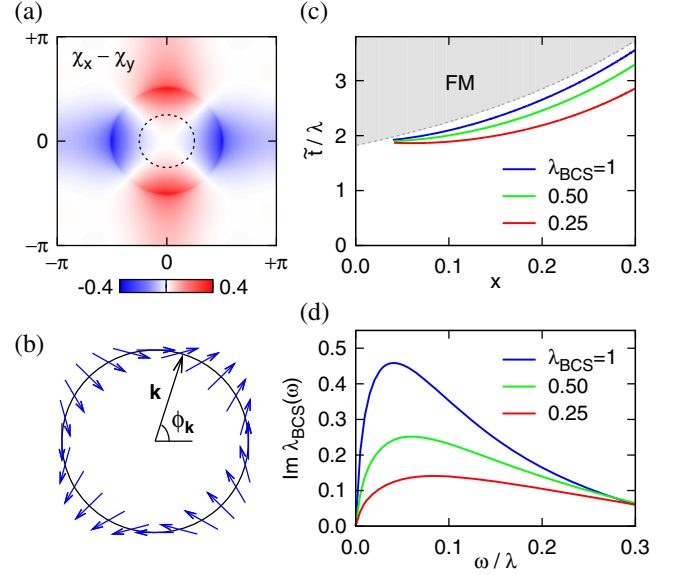


FIG. 4. (a) Combination  $(\chi_x - \chi_y)_{\omega=0}$  that determines the symmetry of the pairing potential  $V_x - V_y$ . The parameters are the same as in Figs. 3(b) and 3(d). The dashed circle indicates the Fermi surface. (b) Representation of  $\Delta_{\pm 1k} = \Delta e^{\pm i\phi_k}$  using the  $\mathbf{d}$  vector along the Fermi surface. (c) Contours of  $\lambda_{\text{BCS}} = V_0 N$  in the phase diagram of Fig. 2(d). (d) Imaginary part of  $\omega$ -dependent  $\lambda_{\text{BCS}}(\omega)$  for  $x = 0.1$  and the values of  $\tilde{t}/\lambda$  corresponding to  $\lambda_{\text{BCS}} = 1, 0.5$ , and  $0.25$ .

Figs. 3(d) and 4(a)]. The relatively small  $V_1 \ll V_0$  fixes the relative phase of the  $t_{+1}$  and  $t_{-1}$  pairs so that the SC order parameter becomes  $\Delta_{\pm 1k} = \Delta e^{\pm i\phi_k}$ . This ordering type is captured by the  $\mathbf{d}$  vector  $\mathbf{d} = -i\Delta(\sin \phi_k, \cos \phi_k, 0) \sim \hat{x}k_y + \hat{y}k_x$  shown in Fig. 4(b). In the classification of Ref. [28], it forms the  $\Gamma_4^-$  irreducible representation of tetragonal group  $D_{4h}$ . However, this result applies to the cubic symmetry case. Lattice distortions that cause splitting among  $T_{x,y,z}$  and modify the pseudospin wave functions may in fact offer a possibility to “tune” the symmetry of the order parameter. If distortions favor  $T_{x,y}$ , the potentials  $V_{x,y}$  are expected to dominate in Eq. (6), supporting the chiral  $t_0$  pairing represented by the last term in (6).

Data in Figs. 4(c) and 4(d) serve as a basis for a rough  $T_c$  estimate. Figure 4(c) shows the BCS parameter  $\lambda_{\text{BCS}} \approx V_0 N$  ( $N$  is DOS per spin component of the  $f$  band) which attains sizable values near the FM phase boundary, where the paramagnons are intense. To avoid complex physics near the very vicinity of the FM QCP [29–31], we take a conservative upper limit  $\lambda_{\text{BCS}} \approx 0.5$ . Extending  $V_0$  by the  $\omega$  dependence of the underlying  $\chi_z(\mathbf{q}, \omega)$ , we define  $\lambda_{\text{BCS}}(\omega)$ . Its imaginary part to be understood as the conventional  $\alpha^2 F$  is plotted in Fig. 4(d) yielding an estimate of the BCS cutoff  $\Omega \lesssim 0.1\lambda$ . With  $\lambda \sim 100$  meV, this gives  $T_c \approx \Omega e^{-1/\lambda_{\text{BCS}}}$  of about 10 K.

In conclusion, we have explored the doping effects in spin-orbit  $d^4$  Mott insulators. The results show that the doped electrons moving in the  $d^4$  background firmly favor ferromagnetism, explaining, e.g., the observed behavior of



La-doped  $\text{Ca}_2\text{RuO}_4$ . In the paramagnetic phase near the FM QCP, the incipient FM correlations are manifested by intense paramagnons that may provide a triplet pairing.

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