Detuning-Controlled Internal Oscillations in an Exciton-Polariton Condensate

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We theoretically analyze exciton-photon oscillatory dynamics within a homogenous polariton gas in the presence of energy detuning between the cavity and quantum well modes. Whereas pure Rabi oscillations consist of the particle exchange between the photon and exciton states in the polariton system without any oscillations of the phases of the two subcondensates, we demonstrate that any nonzero detuning results in oscillations of the relative phase of the photon and exciton macroscopic wave functions. Different initial conditions reveal a variety of behaviors of the relative phase between the two condensates, and a crossover from Rabi-like to Josephson-like oscillations is predicted.

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Exciton polaritons are new mixed eigenmodes resulting from strong coupling between the photon state in a microcavity and the exciton state in a quantum well, which inherit properties of both light and matter [1]. Polaritons interact without dephasing due to elastic collisions in their excitonic component, while the photon component provides them with an extremely light effective mass allowing Bose-Einstein condensation (BEC) at high critical temperatures [2–4]. In recent years, a great wealth of experimental [5–13] and theoretical [14–28] works in the field of polariton BEC demonstrated the coherent effects analogous to those in atomic condensates [29–32], superconductors [33,34], or liquid helium [35–37]. At the same time, due to their nontrivial dispersion, short lifetime, and therefore nonequilibrium nature of condensation, polariton quantum properties [38] differ considerably from those appearing in BECs of atoms or in superconducting systems. The phenomena investigated include condensation in traps [4,7], superfluidity [11–14], vortices [5,6,17,18], solitons [13,19,20], polariton polarization features [21–23], and Josephson phenomena [8-10,24-28]. The latest experiments to date [39,40] report the observation and fine control of such inherent features of polariton systems as relaxation oscillations and Rabi oscillations. There has as well been some theoretical effort dedicated to polariton Rabi dynamics, revealing possible ways to increase the coherence time and proposing qubits and logic gates based on exciton polaritons [41,42], and stochastic processes within polariton condensates [43].

The strong coupling regime which is considered here is defined as the Rabi splitting between the upper (UP) and lower (LP) polariton branches at the anticrossing being large compared to their emission linewidths [1]. The frequency of this two-level oscillator depends on the Rabi frequency Ω_R and the detuning between energies of bare photon and exciton states at zero wave vector. From the point of view of the initial exciton and photon states, if the detuning is zero, the polariton gas is a half-and-half mixture of the two coherent components constantly performing mutual transformations; hence, one may say that Rabi oscillations are density oscillations between the photon and exciton condensates. The picture becomes more complicated when the photon and exciton dispersions are shifted with respect to each other: internal oscillations between exciton and photon components involve oscillations of the relative phase of the two macroscopic wave functions.

In this Letter, we present a fully analytical investigation of the internal oscillations in the two-component polariton system and discuss possible regimes of the dynamics. We consider an idealized polariton gas with a constant chemical potential and neglect all nonequilibrium effects associated with particle gain and dissipation. For this model condensate, we demonstrate that at any nonzero detuning different types of oscillations are possible, from harmonic and anharmonic modifications of Rabi oscillations up to the transition to a so-called Josephson regime analogous to the internal Josephson effect in a two-state BEC of ⁸⁷Rb atoms [44,45]. We also address interaction-induced corrections to our analytical solutions brought into the system by a possible increase of the polariton density.

Within the mean field approach [15], temporal evolution of the macroscopic wave functions of cavity photons ψ_C and quantum well excitons ψ_X is described by the coupled Schrödinger and Gross-Pitaevskii equations,

$$\hbar \partial_t \psi_C = \left[E_C^0 - \frac{\hbar^2 \nabla^2}{2m_C} \right] \psi_C + \frac{\hbar \Omega_R}{2} \psi_X, \qquad (1)$$

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$$i\hbar\partial_t\psi_X = \left[E_X^0 - \frac{\hbar^2\nabla^2}{2m_X} + \bar{g}|\psi_X|^2\right]\psi_X + \frac{\hbar\Omega_R}{2}\psi_C, \quad (2)$$

with $E_{C,X}^0$ the bottoms of energy dispersions and $m_{C,X}$ the effective masses of photons and excitons. $\bar{g} > 0$ is the constant of exciton-exciton repulsive interaction. Particle transfer between the subsystems is described by the coupling term $\sim \hbar \Omega_R/2$, and we neglected any external potentials and spin degree of freedom.

When the system is in the strong coupling regime, the polariton state is an eigenstate with an equal (in the absence of interactions) superposition of a photon and an exciton. The positive sign chosen in Eqs. (1) and (2) in front of the coupling term $\hbar\Omega_R/2$ imposes that the antisymmetric mode $(\psi_C - \psi_X)/\sqrt{2}$ with the relative phase π is the lower energy level (i.e., it corresponds to the LP state), while the symmetric mode $(\psi_C + \psi_X)/\sqrt{2}$ with zero relative phase is the upper one. An initial state of the polariton system, being some linear combination of these two modes, results in density oscillations between the photon and exciton subsystems. When interactions are present, the effective lower energy level is blueshifted (while the upper energy level appears redshifted), and the eigenmodes are no longer the antisymmetric and the symmetric ones. Still, the relative phase oscillations discussed below go around the time-average values π or 0.

Considering the homogeneous case for simplicity and assuming the momentum equal to zero, we neglect spatial derivatives in Eqs. (1) and (2). After the transformation $\psi_{C,X}(t) = \sqrt{n_{C,X}(t)}e^{iS_{C,X}(t)}$ we get four nonlinear dynamical equations for photon and exciton populations $n_{C,X}(t)$ and phases $S_{C,X}(t)$:

$$\partial_t n_{C,X} = \mp \sqrt{n_C n_X} \sin\left(S_C - S_X\right),\tag{3}$$

$$\partial_t S_C = -\epsilon_C^0 - \frac{1}{2} \sqrt{\frac{n_X}{n_C}} \cos\left(S_C - S_X\right),\tag{4}$$

$$\partial_t S_X = -\epsilon_X^0 - gn_X - \frac{1}{2}\sqrt{\frac{n_C}{n_X}}\cos\left(S_C - S_X\right),\tag{5}$$

where we have rescaled lengths and energies in terms of $\sqrt{\hbar/m_C\Omega_R}$ and $\hbar\Omega_R$, respectively, time as $t\Omega_R \to t$, and the wave functions as $\psi_{C,X}/\sqrt{\hbar/m_C\Omega_R} \to \psi_{C,X}$.

In order to investigate the dynamics, it is convenient to introduce new variables: relative phase $S(t) = S_C(t) - S_X(t)$ and population imbalance $\rho(t) = [n_C(t) - n_X(t)]/n$, where $n = n_C(t) + n_X(t)$ is the total number of polaritons. Variables ρ and S obey the coupled equations

$$\dot{\rho} = -\sqrt{1-\rho^2}\sin S,\tag{6}$$

$$\dot{S} = -\delta + \frac{gn}{2} - \frac{gn}{2}\rho + \frac{\rho}{\sqrt{1 - \rho^2}} \cos S.$$
 (7)

The dimensionless detuning $\delta = \epsilon_C^0 - \epsilon_X^0$ and the blueshift value gn/2 are the parameters which determine different regimes of the system behavior. For a system with a constant chemical potential, Eqs. (6) and (7) are Hamiltonian with the conserved energy $H(S,\rho) = (\delta - gn/2)\rho + gn\rho^2/4 + \sqrt{1-\rho^2}\cos S$, where the total population *n* is constant. Equations (6) and (7) admit an analytical solution in terms of quadratures:

$$\cos S = \frac{H - \frac{gn}{2}\frac{\rho^2}{2} - (\delta - \frac{gn}{2})\rho}{\sqrt{1 - \rho^2}},$$
(8)

$$t = \mp \int \frac{d\rho}{\sqrt{1 - \rho^2 - \left[H - \frac{gn}{2}\frac{\rho^2}{2} - (\delta - \frac{gn}{2})\rho\right]^2}}.$$
 (9)

After obtaining the formal solution of the evolution equations, it is worth noting that the interaction constant g is of the order of 10^{-3} (estimated from $\bar{g} = 0.015 \text{ meV} \mu \text{m}^2$ [3]), while the unscaled n is of the order of unity (which corresponds to ~ 10^{10} cm^{-2} [3]). Hence, for the closed conservative system the blueshift parameter gn/2 is always of the order of 10^{-3} , and the effect of interactions on internal oscillations should be negligible. We estimate the upper limit for realistic polariton densities as $n_{\rm cr} \sim 10^{11} - 10^{12} \text{ cm}^{-2}$ [46]. In our numerical simulations, we raised the total density n up to $0.5 \times 10^{12} \text{ cm}^{-2}$. However, as shown further, even for large densities neglecting the interactions results in little loss of accuracy.

In the absence of interactions, the integral in (9) reveals an explicit solution for the population imbalance:

$$\rho(t) = \frac{h\delta}{\omega^2} + \frac{\sqrt{\omega^2 - h^2}}{\omega^2} \sin(\omega t - \varphi), \qquad (10)$$

where $h = \delta\rho(0) + \sqrt{1 - \rho(0)^2} \cos S(0) = \text{const}$ is the energy (per particle) defined by the detuning and the initial conditions, $\omega = \sqrt{1 + \delta^2}$ is the renormalized frequency of internal oscillations (in scaled units, it corresponds to $\Omega_R \sqrt{1 + \delta^2}$), and $\varphi = \arcsin\{[h\delta - \rho(0)\omega^2]/\sqrt{\omega^2 - h^2}\}$. The relative phase between the photon and exciton subsystems is then given by (8) with the substitution of (10).

The phase-plane portrait of the conjugate variables (ρ, S) is shown in Figs. 1(a)–1(c) for three detuning values. When the detuning compensates the blueshift ($\delta = gn/2$), for any initial conditions the system performs finite motion along the selected trajectory (depending on the energy). This case is displayed in Fig. 1(a) and it corresponds to Rabi-like oscillations. Without interactions, if the initial state is prepared in such a way that the exciton and photon populations are equal, i.e., $\rho(0) = 0$, the system stays in the pure Rabi regime of density oscillations with the time average $\langle \rho \rangle$ remaining zero in time and without any change of the relative phase $S = \pi$. Any nonzero $\rho(0)$, however, will result in harmonic oscillations in both population





FIG. 1 (color online). (a)-(c) Phase-plane portraits of the conjugate variables ρ and S for different detunings. Trajectories of different colors correspond to different values of the energy haccording to the scale given on the right. (a) $\delta = gn/2$, (b) $\delta = -0.5$, (c) $\delta = -1.5$ (all energies are in the units of $\hbar\Omega_R$). For positive detunings, portraits flip with respect to the vertical axis. The red dashed and black dotted lines represent separatrices for particle densities 10^{10} cm⁻² and 0.5×10^{12} cm⁻², respectively. (d)–(f) Relative phase $S = S_C - S_X$ against time, for the trajectories of the phase-plane portrait (b) as marked. Right to left: (f) anharmonic modification of Rabi oscillations, (e) sawtoothlike oscillations at the separatrix, (d) the regime of running relative phase (internal Josephson effect). For gn/2 = 0.002, analytical expressions (10), (8) coincide with direct numerical solutions of Eqs. (6) and (7) (the solid lines). The dashed lines show the numerical solutions for $gn/2 = 0.5 \times 10^{-1}$. Other physical parameters: $m_C = 0.6 \times 10^{-4} m_0$, $\hbar \Omega_R = 5 \text{ meV}$, $\bar{g} = 0.015 \text{ meV} \mu \text{m}^2$.

imbalance and relative phase with the Rabi frequency Ω_R ($\omega = 1$). Allowing for interactions in this case results in the frequency given by $\omega = 1 + gnh/2$ [47]. The obtained correction reveals the decrease of frequency with the amplitude (h < 0), which is characteristic for nonlinear pendulums; however, in this case the frequency does not reduce to zero at the separatrix (h = 0), tending instead to its nonperturbed value Ω_R .

Figures 1(b) and 1(c) show the phase space trajectories for small and large negative detunings, respectively. In this case, the two-component system can evolve in two different dynamical regimes, depending on the initial energy. Closed trajectories representing finite motion at low energies belong to the regime of Rabi-like oscillations similar to the previous case. The difference consists of the renormalization of the oscillation frequency ω , the anharmonicity of the relative phase oscillations [see Fig. 1(f)], and the shift of the time-average population imbalance to a nonzero value $h\delta/\omega^2$. This regime of oscillations is a kind of interplay between the modified Rabi dynamics and an analog of the internal Josephson effect: for small-amplitude oscillations, one may say that the shift of natural frequency corresponds to Josephson "plasma frequency" $\omega_{JP} = \delta\Omega_R$.

As the energy h increases at fixed detuning (or, alternatively, as $|\delta|$ increases at fixed h), the phase oscillations

grow in amplitude up to $\pi/2$ and acquire the strongly anharmonic sawtooth profile shown in Fig. 1(e), while the trajectory on the phase-plane portrait approaches the separatrix line defined by $\cos S = \delta \sqrt{(1-\rho)/(1+\rho)}$. After crossing the separatrix, one sees a dramatic change from Rabi-like to Josephson-like dynamics: while the density imbalance oscillates around its new equilibrium value $h\delta/\sqrt{1+\delta^2}$, the relative phase between the photon and exciton condensates S(t) becomes monotonically increasing (or decreasing, depending on the sign of δ) in time, as shown in Fig. 1(d). This regime of the running phase is analogous to the a.c. Josephson effect in the Josephson junction [36], or to internal Josephson-like oscillations between the populations in a mixture of spin-up and spin-down atoms when the external magnetic field is applied [44]. (N.B., all of the above explanations imply that the system is that of lower polaritons. For upper polaritons, the relative phase would oscillate around zero instead of π , and the decrease instead of increase in h would bring the system closer to the separatrix and, consequently, to the Josephson regime.)

Numerical solutions of Eqs. (6) and (7) taking into account interactions start to noticeably differ from the analytical solutions (10) and (8) when the dimensionless parameter gn/2 becomes of the order of 10^{-1} and larger [see Figs. 1(d)–1(f)]. The first-order analytical correction to the separatrix lines appears as $\cos S = [\delta - (1 - \rho)gn/4]\sqrt{(1 - \rho)/(1 + \rho)}$, and is shown in Figs. 1(a)–1(c) for gn/2 = 0.05 as black dotted lines. The region of finite motion corresponding to modified Rabi oscillations is slightly reduced by interactions, although for higher detunings their influence weakens.

Let us address the preparation of initial states, namely $\rho(0)$ and S(0), which define the energy *h*. When LP and UP branches are resonantly excited by two spectrally narrow, phase-correlated laser pulses, the effective state created in the system is a linear combination of the lower and upper polariton states with controllable populations and relative phase. For example, if the pulses arrive in phase, the initial state will be purely photonic, and if they arrive in antiphase, it will be purely excitonic. The multitude of intermediate cases produce all the variety of possible initial conditions for the considered system.

All the dynamical regimes are finally summarized in the energy-detuning diagram displayed in Fig. 2. In the absence of interactions, the dimensionless energy of the LP system (energy per particle) can change in the range $-\omega < h < 0$, while for the upper polaritons $0 < h < \omega$. Corrected by interactions,

$$h_{\min/\max} = \mp \omega \mp \frac{gn}{2} \frac{\delta}{\omega} + \frac{gn}{2} \left(\frac{1}{2} \frac{\delta^2}{\omega^2} + \frac{\delta^2 \mp \delta^2}{\omega^4} \right).$$
(11)

The critical values of h which correspond to the transition between the "modified Rabi" and the "internal Josephson" regimes are defined for each detuning as $h=\pm(\delta-gn/2)+gn/4$. The diagram $h(\delta)$ is divided into four regions which



FIG. 2 (color online). Energy-detuning diagram summarizing the internal dynamics (in the units of $\hbar\Omega_R$). Minimal and maximal energies (per particle) are given by the solid lines $h_{\min/\max} = \pm \sqrt{1 + \delta^2}$ as marked. For LP, h < 0 and $\langle S \rangle = \pi$, and for UP, h > 0 and $\langle S \rangle = 0$. Within these limits, the different dynamical regimes are divided by the separatrices $h = \pm \delta$. The dashed lines take into account interactions for the polariton density 0.5×10^{12} cm⁻² and $\bar{g} = 0.015$ meV μ m². *R* regions correspond to modified Rabi oscillations. *J* regions correspond to Josephson-like oscillations with the running relative phase. The red dotted line is a guide to the eye for the corresponding data in Fig. 3.

correspond to Rabi-like and Josephson-like oscillations of lower and upper polaritons, as shown in Fig. 2. The regime of pure Rabi oscillations (with constant relative phase) corresponds to the point $\delta = gn/2$, h = -1. (Or, for the hypothetical equilibrium UP condensate, $\delta = gn/2$, h = +1.) It can also be seen from this diagram that the larger the detuning is between the modes, the less extra energy is needed for the transition to the Josephson regime to happen.

Finally, we analyze (for vanishing interactions) how the described internal photon-exciton dynamics influence the phase of the photon field. Using the solutions for $\rho(t)$ and S(t) given by (10) and (8), we analytically integrate Eqs. (4) and (5). The solutions read

$$S_{C,X}(t) = S_{C,X}(0) - \frac{\epsilon_C^0 + \epsilon_X^0}{2} t$$

- $\arctan\frac{(\omega^2 \pm h\delta) \tan\frac{\omega t - \varphi}{2} \pm \sqrt{\omega^2 - h^2}}{\omega(h \pm \delta)}$
- $\arctan\frac{(\omega^2 \pm h\delta) \tan\frac{\varphi}{2} \pm \sqrt{\omega^2 - h^2}}{\omega(h \pm \delta)}.$ (12)

This result highlights the fact that linear rotation of the photon and exciton phases given by $-(\epsilon_C^0 + \epsilon_X^0)t/2$ is modulated by additional periodic terms. Figure 3 shows the periodic parts of the phases (12) for different initial states at fixed detuning $0.5\hbar\Omega_R$. One can clearly see that when the polariton system is in the regions *R* or *J* (as marked in Fig. 2) and far from the separatrices, the

additional periodic terms in both S_C and S_X are approximately harmonic with frequency ω and of small amplitude [see Figs. 3(a) and 3(i)]. Upon approaching the separatrix $h = -\delta$, the additional oscillations of the photon phase become strongly anharmonic [Figs. 3(b)-3(e)], and their amplitude grows up to $\pi/2$. Fourier spectrum of the periodic part of S_C then consists of multiple frequencies. Being added to the linear term, these sawtooth oscillations result in the ladderlike behavior of the photon phase. At the same time, the evolution of the exciton phase S_X stays practically unchanged. On the contrary, when the energy is close to another critical value $h = +\delta$, the exciton phase experiences the ladderlike behavior while the photon phase oscillations are close to harmonicity [see Figs. 3(e)-3(h)]. Experimentally, the photon phase and its evolution can be determined through interferometry [48] with an external reference with a well-defined phase. Even though the photon phase alone is not enough to retrieve the whole information about the relative phase S, it can clearly identify the crossover between the two different dynamical regimes while the initial conditions are being changed.

It is important to note that, when taking into account the out-of-equilibrium nature of polaritons such as their dissipation and replenishing of the system from the reservoir, one expects that the system should show relaxation oscillations to the stable points shown in Figs. 1(a)-1(c). However, this appears to be the case only only when the gain and loss rates are linear and constant. Modeling the dynamics with nonlinearities such as gain saturation [27] or the reservoir dynamics [24] results in new regimes of evolution, with the detuning and the initial conditions no longer playing a crucial role; therefore, they are subject to a separate study.



FIG. 3 (color online). Periodic parts of the photon and exciton phases $S_{C,X}(t)$ as marked, for $\delta = 0.5$ and different initial conditions according to the red dotted line in Fig. 2: (a) $h = 0.95h_{\text{min}}$, (b) $h = 0.6h_{\text{min}}$, (c) $h = 0.448h_{\text{min}}$, (d) $h = 0.44h_{\text{min}}$, (e) h = 0, (f) $h = 0.44h_{\text{max}}$, (g) $h = 0.448h_{\text{max}}$, (h) $h = 0.6h_{\text{max}}$, and (i) $h = 0.95h_{\text{max}}$. The background color identifies the regimes (*R* or *J*) in agreement with Fig. 2. For negative detunings the curves corresponding to the photon and exciton phases swap.

In conclusion, we analytically analyzed the influence of the photon-exciton energy detuning and repulsive interactions on the internal oscillatory dynamics of the polariton system. We demonstrated that at any nonzero detuning, the two-component system can, depending on its energy, oscillate around its equilibrium point or transit to the regime of monotonically growing relative phase, which we connect to internal Josephson effect. Interactions, on the contrary, are shown not to play a qualitative role in the presented physics. While the Josephson regime we describe is very much analogous to that of conventional bosonic Josephson junctions, the significant difference is that the effects we report lie in the noninteracting regime of the exciton-polariton system. When present, interactions do not significantly modify the dynamics, in contrast to the situation in strong-interacting atomic systems, where interactions could unveil the regime of macroscopic quantum self-trapping of populations [29]. At last, we predict that the crossover between the two regimes of dynamics can be experimentally observed by detecting the photon phase evolution in photoluminescence from the cavity.

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