## Frequency-Dependent Polarizability of Helium Including Relativistic Effects with Nuclear Recoil Terms

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Future metrology standards will be partly based on physical quantities computed from first principles rather than measured. In particular, a new pressure standard can be established if the dynamic polarizability of helium can be determined from theory with an uncertainty smaller than 0.2 ppm. We present calculations of the frequency-dependent part of this quantity including relativistic effects with full account of leading nuclear recoil terms and using highly optimized explicitly correlated basis sets. A particular emphasis is put on uncertainty estimates. At the He-Ne laser wavelength of 632.9908 nm, the computed polarizability value of 1.39181141 a.u. has uncertainty of 0.1 ppm that is 2 orders of magnitude smaller than those of the most accurate polarizability measurements. We also obtained an accurate expansion of the helium refractive index in powers of density.

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Some physical quantities, for example, properties of the helium atom and interaction energies of helium atoms, can now be computed from first principles with precision rivaling and sometimes exceeding the best experimental determinations [1–[3\].](#page-4-0) Therefore, quantities of this type can be used in establishing metrology standards. One example is a possible standard of temperature based on acoustic gas thermometry [\[4\]](#page-4-1). Another example is a pressure standard based on optical interferometry [\[5\]](#page-4-2). The current pressure standard dating back more than 300 years is realized by mercury manometers and cannot be further improved. Also, the reference manometer is far from portable: 3 m high and containing 250 kg of mercury, a substance banned due to its toxicity. Since pressure is one of the most widely measured properties, in applications ranging from manufacturing of semiconductor chips to air-traffic control, a new pressure standard would significantly impact both technology and everyday life. The proposed standard [\[5\]](#page-4-2) obtains pressure from the formula [\[6\]](#page-4-3)

$$
p = \frac{n^2 - 1}{n^2 + 2} \frac{3kT}{4\pi(\alpha + \chi)} + \cdots,
$$
 (1)

where  $n$  denotes the index of refraction of helium gas, k the Boltzmann constant, T the temperature,  $\alpha$  the dipole polarizability, and  $\chi$  the diamagnetic susceptibility of helium. To account for nonideality of helium gas, one has to include some small terms on the right-hand side depending on dielectric and density virial coefficients [\[6\]](#page-4-3). The essential part of the new standard is the determination of  $n$  with an uncertainty of 0.2 ppm via interferometric measurements of a variable-length cavity filled with helium and comparing to measurements in vacuum. The product  $kT$ , currently known with an uncertainty of 0.9 ppm [\[7\]](#page-4-4) near the temperature of the triple point of water, is the subject of active research and a reduction of this uncertainty can be expected in near future. Since  $\chi$  is 5 orders of magnitude smaller than  $\alpha$ , it can be computed using the nonrelativistic wave function from the expression  $\chi = -e^2\langle r^2\rangle/3m_ec^2$ , where e and  $m_e$  are the electron charge and mass, c is the speed of light, and  $\langle r^2 \rangle$  is the average square of the electron-nucleus distance. Also the virial coefficients are known accurately enough from theory [\[3,8\].](#page-4-5) However,  $\alpha$  cannot currently be measured with uncertainty lower than 0.2 ppm, so the standard clings upon theory being able to achieve such accuracy. This Letter describes calculations of  $\alpha$  from first principles. The resulting value of  $n$  can also be used to calibrate refractometers or to correct errors in interferometric length measurements [\[9\]](#page-4-6).

Since the radiation frequency of interest, 632.9908 nm [\[10\]](#page-4-7), is much smaller than the lowest resonance, the frequency dependence of  $\alpha$  can be efficiently calculated from the power series expansion,  $\alpha(\omega) = \alpha_0 + \alpha_2 \omega^2 +$  $\alpha_4\omega^4 + \cdots$ , where  $\alpha_0$  is the static dipole polarizability. The coefficients  $\alpha_k$ ,  $k > 0$ , describing the frequency dependence of polarizability, will be referred to as the (polarizability) dispersion coefficients. We shall use the atomic units throughout (we never use reduced atomic units),  $a_0^3$ , where  $a_0$  is the Bohr radius  $\hbar^2/m_e e^2$ , as the unit of polarizability and the inverse of the atomic unit of time,  $t_0 = \hbar^3/m_e e^4$ , as the unit of frequency. For light systems like helium, each  $\alpha_k$  can be expanded in powers of the fine structure constant  $1/c$ , where  $c = 137.0359991$  [\[7\]](#page-4-4) is the speed of light expressed in atomic units,  $\alpha_k = \alpha_k^{(0)} + \alpha_k^{(0)}$  $\alpha_k^{(2)} + \alpha_k^{(3)} + \cdots$ ,  $\alpha_k^{(l)}$  being proportional to  $1/c^l$ . We shall refer to  $\alpha_k^{(2)}$  as the relativistic contributions. The

terms  $\alpha_k^{(3)}$ ,  $\alpha_k^{(4)}$ , etc., are due to radiative as well as higherorder relativistic effects predicted by quantum electrodynamics (QED).

The nuclear mass dependence of the nonrelativistic polarizability  $\alpha_n^{(0)}$ , can be taken into account exactly, but for the relativistic and QED contributions, one has to use an expansion in powers of the ratio of  $m<sub>e</sub>$  to the nuclear mass  $m_{\alpha}$ , i.e., in powers of  $1/M = m_e/m_{\alpha} = 1/7294.2995361$ . This subject has not been discussed in literature, and we had to derive expressions defining these effects. Since  $1/M$ is of the order of 10<sup>−</sup><sup>4</sup>, keeping the linear term is entirely sufficient and such contributions can be represented in the form  $\alpha_k^{(l)} = \alpha_k^{(l0)} + \alpha_k^{(l1)}$ ,  $l \ge 2$ , where  $\alpha_k^{(l0)}$  are computed with the infinite nuclear mass and  $\alpha_k^{(1)}$  are corrections of the order of  $1/(Mc^l)$ , referred to as the recoil corrections. These recoil corrections are expected to be negligible except for the static ones  $\alpha_0^{(21)}$  and  $\alpha_0^{(31)}$  and, possibly, for  $\alpha_2^{(21)}$ .

For comparisons with experiments, it is convenient to convert frequency to wavelength  $\lambda = 2\pi c e^2/\hbar\omega$ 

$$
\alpha(\lambda) = A_0 + A_2 \lambda^{-2} + A_4 \lambda^{-4} + \cdots. \tag{2}
$$

When  $\alpha(\lambda)$  remains in atomic units and  $\lambda$  is measured in nm, then  $A_k = f^k \alpha_k$ , where  $f = 2\pi c a_0 / \text{nm} = 45.56335253$ (with  $a_0 = 0.05291772109$  nm).

The static components of  $\alpha$  obtained in the present Letter are consistent with the values of Ref. [\[1\]](#page-4-0) to all digits shown in this reference, except for the term describing the electricfield dependence of the Bethe logarithm and for  $\alpha_0^{(40)}$ . We recomputed the former term using a different method than used in Ref. [\[1\]](#page-4-0) obtaining a result that differs only marginally, by 0.011  $\mu a_0^3 (1\mu a_0^3 \equiv 10^{-6} a_0^3)$ , the current value being more accurate. The term  $\alpha_0^{(40)}$  was estimated in Ref. [\[1\]](#page-4-0) by the contribution from the simple one-loop expression [\[11\]](#page-4-8) and the uncertainty of this term was assumed to be 40%. Later, it was shown in Ref. [\[12\]](#page-4-9) that the error of the one-loop approximation applied to the excitation energies of helium is only about 5%. Therefore, we reduced our error estimate from 40% to 25% or 0.14  $\mu a_0^3$ , which we believe is still very conservative.

The dispersion coefficients  $\alpha_k$  ( $k = 2, 4, 6$ ) were calculated thus far only by Bhatia and Drachman (BD) [\[13,14\]](#page-4-10). These authors did not provide any estimates of the uncertainties. Their relativistic contributions do depend on the nuclear mass but the recoil effect,  $\alpha_k^{(21)}$ , was not correctly taken into account; see below. Furthermore, the  $A_k$  coefficients were incorrectly converted from the reduced Rydberg units: the factor  $(1 + m_e/m_\alpha)^k$ , appearing in the conversion formula, was erroneously replaced by its square  $(1 + m_e/m_\alpha)^{2k}$ .

<span id="page-1-0"></span>At the nonrelativistic level of theory,  $\alpha(\omega)$  of an atom in a quantum state  $\psi$  is defined by the standard polarization propagator expression

$$
\alpha(\omega) = \langle \psi | z \mathcal{R}(\omega) z | \psi \rangle + \langle \psi | z \mathcal{R}(-\omega) z | \psi \rangle, \qquad (3)
$$

where  $z = z_1 + z_2$ , with  $z_i$  denoting electron coordinates, and  $\mathcal{R}(\omega) = Q(QH - E + \omega)^{-1}$  is the resolvent of the atomic Hamiltonian H, with  $Q = 1 - P = 1 - |\psi\rangle\langle\psi|$  and E being the energy of state  $\psi$ . For the helium atom

<span id="page-1-1"></span>
$$
H = -\frac{1}{2}\nabla_1^2 - \frac{1}{2}\nabla_2^2 - \frac{1}{2M}(\nabla_1 + \nabla_2)^2 - \frac{2}{r_1} - \frac{2}{r_2} + \frac{1}{r_{12}}.
$$
\n(4)

 $\mathcal{R}(\omega)$  satisfies the identity  $\mathcal{R}(\omega) = \mathcal{R} - \omega \mathcal{R} \mathcal{R}(\omega)$ , where  $\mathcal{R} = Q(QH - E)^{-1}$  is the static (reduced) resolvent of H. Iterating this expression and inserting it into Eq. [\(3\),](#page-1-0) one obtains

$$
\alpha_k^{(0)} = 2\langle \psi | z \mathcal{R}^{k+1} z | \psi \rangle. \tag{5}
$$

To account for the leading relativistic contributions of the order of  $1/c^2$  assuming infinite nuclear mass, we add to the Hamiltonian of Eq. [\(4\)](#page-1-1) the perturbation from the Breit-Pauli Hamiltonian [\[15\]](#page-4-11) obtaining

$$
\alpha_0^{(20)} = -4\langle \psi_0 | B_1 \mathcal{R}_0 z \mathcal{R}_0 z \psi_0 \rangle - 2\langle \psi_0 | z \mathcal{R}_0 \bar{B}_1 \mathcal{R}_0 z \psi_0 \rangle,
$$
  
\n
$$
\alpha_2^{(20)} = -4\langle \psi_0 | B_1 \mathcal{R}_0 z \mathcal{R}_0^3 z \psi_0 \rangle - 4\langle \psi_0 | z \mathcal{R}_0 \bar{B}_1 \mathcal{R}_0^3 z \psi_0 \rangle
$$
  
\n
$$
- 2\langle \psi_0 | z \mathcal{R}_0^2 \bar{B}_1 \mathcal{R}_0^2 z \psi_0 \rangle,
$$
  
\n
$$
\alpha_4^{(20)} = -4\langle \psi_0 | B_1 \mathcal{R}_0 z \mathcal{R}_0^5 z \psi_0 \rangle - 4\langle \psi_0 | z \mathcal{R}_0 \bar{B}_1 \mathcal{R}_0^5 z \psi_0 \rangle
$$
  
\n
$$
- 4\langle \psi_0 | z \mathcal{R}_0^2 \bar{B}_1 \mathcal{R}_0^4 z \psi_0 \rangle - 2\langle \psi_0 | z \mathcal{R}_0^3 \bar{B}_1 \mathcal{R}_0^3 z \psi_0 \rangle,
$$
  
\n
$$
\alpha_6^{(20)} = -4\langle \psi_0 | B_1 \mathcal{R}_0 z \mathcal{R}_0^7 z \psi_0 \rangle - 4\langle \psi_0 | z \mathcal{R}_0 \bar{B}_1 \mathcal{R}_0^7 z \psi_0 \rangle
$$
  
\n
$$
- 4\langle \psi_0 | z \mathcal{R}_0^2 \bar{B}_1 \mathcal{R}_0^6 z \psi_0 \rangle - 4\langle \psi_0 | z \mathcal{R}_0^3 \bar{B}_1 \mathcal{R}_0^5 z \psi_0 \rangle
$$
  
\n
$$
- 2\langle \psi_0 | z \mathcal{R}_0^4 \bar{B}_1 \mathcal{R}_0^4 z \psi_0 \rangle,
$$

where

$$
B_1 = -\frac{1}{8c^2} (\nabla_1^4 + \nabla_2^4) + \frac{\pi}{c^2} [\delta(\mathbf{r}_1) + \delta(\mathbf{r}_2)] + \frac{\pi}{c^2} \delta(\mathbf{r}_{12})
$$
  
+ 
$$
\frac{1}{2c^2} [\nabla_1 r_{12}^{-1} \nabla_2 + (\nabla_1 \mathbf{r}_{12}) r_{12}^{-3} (\mathbf{r}_{12} \nabla_2)], \tag{6}
$$

 $\bar{B}_1 = B_1 - \langle \psi_0 | B_1 \psi_0 \rangle$ , and the quantities with subscript 0 are analogous to those defined above but for an infinitemass nonrelativistic Hamiltonian.

The relativistic recoil term 
$$
\alpha_0^{(21)}
$$
 is equal  $\alpha_0^{(21)}(B_2) + \alpha_0^{(21)}(H_1B_1)$ , where  $H_1 = -(1/2M)(\nabla_1 + \nabla_2)^2$  and  
\n
$$
B_2 = \frac{1}{Mc^2} [\nabla_1 r_1^{-1} \nabla_1 + (\nabla_1 r_1) r_1^{-3} (r_1 \nabla_1) + \nabla_1 r_1^{-1} \nabla_2
$$

$$
B_2 = \frac{1}{Mc^2} [\nabla_1 r_1^{-1} \nabla_1 + (\nabla_1 r_1) r_1^{-3} (r_1 \nabla_1) + \nabla_1 r_1^{-1} \nabla_2 + (\nabla_1 r_1) r_1^{-3} (r_1 \nabla_2) + \nabla_2 r_2^{-1} \nabla_1 + (\nabla_2 r_2) r_2^{-3} (r_2 \nabla_1) + \nabla_2 r_2^{-1} \nabla_2 + (\nabla_2 r_2) r_2^{-3} (r_2 \nabla_2)].
$$
 (7)

The two components are given by

$$
\alpha_0^{(21)}(B_2) = -4\langle \psi_0 | B_2 \mathcal{R}_0 z \mathcal{R}_0 z \psi_0 \rangle - 2\langle \psi_0 | z \mathcal{R}_0 \bar{B}_2 \mathcal{R}_0 z \psi_0 \rangle, \tag{8}
$$

where  $\bar{B}_2$  is defined in the same way as  $\bar{B}_1$  and

$$
\alpha_0^{(21)}(H_1B_1)
$$
  
\n=4[ $\langle \psi_0 | z \mathcal{R}_0 z \mathcal{R}_0 \bar{H}_1 \mathcal{R}_0 B_1 \psi_0 \rangle + \langle \psi_0 | z \mathcal{R}_0 z \mathcal{R}_0 \bar{B}_1 \mathcal{R}_0 H_1 \psi_0 \rangle$   
\n+ $\langle \psi_0 | z \mathcal{R}_0 \bar{H}_1 \mathcal{R}_0 z \mathcal{R}_0 B_1 \psi_0 \rangle + \langle \psi_0 | z \mathcal{R}_0 \bar{B}_1 \mathcal{R}_0 z \mathcal{R}_0 H_1 \psi_0 \rangle$   
\n+ $\langle \psi_0 | z \mathcal{R}_0 \bar{H}_1 \mathcal{R}_0 \bar{B}_1 \mathcal{R}_0 z \psi_0 \rangle + \langle \psi_0 | H_1 \mathcal{R}_0 z \mathcal{R}_0 z \mathcal{R}_0 B_1 \psi_0 \rangle$   
\n- $\langle \psi_0 | z \mathcal{R}_0 z \psi_0 \rangle \langle \psi_0 | H_1 \mathcal{R}_0^2 B_1 \psi_0 \rangle$   
\n- $\langle \psi_0 | z \mathcal{R}_0^2 z \psi_0 \rangle \langle \psi_0 | H_1 \mathcal{R}_0 B_1 \psi_0 \rangle$ ], (9)

where  $\overline{H}_1 = H_1 - \langle \psi_0 | H_1 \psi_0 \rangle$ .

The correction  $\alpha_2^{(21)}$  is very small and can be computed using a finite difference expression

$$
\alpha_2^{(21)} \approx \alpha_2^{(20)}(B_1 \to B_2) + \alpha_2^{(20)}(H_0 \to H) - \alpha_2^{(20)}, \quad (10)
$$

which introduces an error of the order of  $1/(M^2c^2)$ , where  $B_1 \rightarrow B_2$  means that the operator  $B_1$  in the expression for  $\alpha_2^{(20)}$  should be replaced by  $B_2$  and similarly,  $H_0 \rightarrow H$ means that quantities computed with the Hamiltonian  $H_0$ should be replaced by those computed with H.

To evaluate  $\alpha_k^{(li)}$ , accurate representations of the helium ground-state wave functions  $\psi_0$  and  $\psi$  were obtained by minimizing the Rayleigh-Ritz functional for the Hamiltonians  $H_0$  and H, respectively. We also need four types of auxiliary functions, which were obtained recursively from Hylleraas-type functionals

$$
J_0^{(n)}[\tilde{\phi}] = \langle \tilde{\phi} | H_0 - E_0 + P_0 | \tilde{\phi} \rangle - 2 \langle \tilde{\phi} | \phi_0^{(n-1)} \rangle, \qquad (11)
$$

for  $\phi_0^{(n)} = \mathcal{R}_0^n z \psi_0$  and

$$
K_0^{(n)}[\tilde{\psi}] = \langle \tilde{\psi} | H_0 - E_0 + P_0 | \tilde{\psi} \rangle - 2 \langle \tilde{\psi} | (1 - P_0) z \phi_0^{(n)} \rangle, \tag{12}
$$

for  $\psi_0^{(n)} = \mathcal{R}_0 z \phi_0^{(n)}$ , and analogous functionals obtained by dropping all the subscripts 0 for  $\phi^{(n)} = \mathcal{R}^n z \psi$  and  $\psi^{(n)} = \mathcal{R}z\phi^{(n)}$ . The trial functions used in all minimization processes were expanded in bases of Slater geminals

$$
\tilde{\phi} = (1 + \mathcal{P}_{12}) Y(r_1, r_2) \sum_{i=1}^{N} c_i e^{-\alpha_i r_1 - \beta_i r_2 - \gamma_i r_{12}}, \qquad (13)
$$

where  $P_{12}$  is the transposition operator whereas  $Y(\mathbf{r}_1,\mathbf{r}_2)$  =  $z_1$  in calculations of  $\phi_0^{(n)}$  and  $\phi_0^{(n)}$  and  $Y(r_1, r_2) = 1$ otherwise. One may note that the functions  $\psi_0^{(n)}$  and  $\psi^{(n)}$  contain also a D-wave component, but it does not contribute to the matrix elements that are needed. The linear coefficients were obtained by solving the appropriate set of linear equations, while to determine the nonlinear parameters, we employed two strategies: the full optimization (FO) and the stochastic optimization (SO). In the latter case, the parameters  $\alpha_i$ ,  $\beta_i$ ,  $\gamma_i$  are pseudorandomly generated from a box with optimized dimensions. We used two boxes to model the short-range and medium-range asymptotics of the wave functions. To eliminate possibilities of numerical errors, the FO and SO based codes (including the integral and linear algebra routines) were programmed entirely independently by different members of our team.

The contributions  $\alpha_k^{(0)}$  for  $k = 0, 2, 4, 6$  were computed for several values of  $N$ , up to 600 (800) in the FO (SO) approach, both optimizations giving at least 11 convergent digits, with FO converging faster. Our results agree to 9, 8, 4, and 7 digits, respectively, with the values obtained by BD [\[13\]](#page-4-10). Using the SO procedure, we also calculated:  $\alpha_8^{(0)}$  = 4.39500532(1),  $\alpha_{10}^{(0)} = 6.7725956(1), \alpha_{12}^{(0)} = 10.622083(1),$ and  $\alpha_{14}^{(0)} = 16.86118(1)$  a.u.

For the relativistic contributions  $\alpha_k^{(20)}$ ,  $k = 0, 2, 4, 6$ , the convergence is much slower than in the nonrelativistic case. This is due to the fact that we use nonrelativistic functionals which are sensitive to wave function values in different regions of the configuration space than the relativistic operators (these operators are too singular to be used in optimizations). The SO procedure leads now to a faster convergence than FO since randomly chosen exponents cover the space more uniformly than FO exponents. Thus, we used the SO results as our recommended values and in estimates of uncertainty. Nevertheless, the agreement to 6, 5, 3, and 3 digits, respectively, between the two sets of results is more than sufficient for the present purposes. Our values are substantially more accurate than those of BD [\[14\]](#page-4-12), with agreement to only 2, 2, and 1 digit, respectively (BD did not compute  $\alpha_6^{(20)}$ ). For  $\alpha_0^{(20)}$ , our value is consistent with, but significantly more accurate than the results of Refs. [\[1,16,17\].](#page-4-0) The relativistic recoil contribution  $\alpha_0^{(21)}$  is -0.0935(1)  $\mu a_0^3$ . Its smallness results from some cancellation of its components,  $\alpha_0^{(21)}(H_1B_1)$  and  $\alpha_0^{(21)}(B_2)$ , equal to 0.1559 and -0.2494  $\mu a_0^3$ , respectively. The contribution  $\alpha_2^{(21)}$  is equal to  $-0.144(1)$   $\mu a_0^3 t_0^2$ , so it is negligible.

It should be pointed out that the relativistic contributions computed by BD [\[14\]](#page-4-12) depend on the nuclear mass and, strictly speaking, should not be compared with our, nuclear-mass-independent contributions  $\alpha_k^{(20)}$ . This is because these authors incorrectly assumed that the individual terms in the Breit-Pauli Hamiltonian are proportional to (inverse) powers of the reduced electron mass rather than the real mass. Therefore, although the nuclearmass-dependent part of their relativistic contributions is of the order of  $1/(Mc^2)$ , it differs from the  $\alpha_k^{(21)}(B_1H_1)$  part of the true recoil correction. Additionally, BD completely

neglected the contribution  $\alpha_k^{(21)}(B_2)$ . Thus, their relativistic contributions cannot be viewed as approximations to  $\alpha_k^{(20)} + \alpha_k^{(21)}$ . Since the effects of the order of  $1/(Mc^2)$ are very small, the differences between our relativistic contributions and those of BD are mainly due to the differences in basis sets used in the calculations rather than to the treatments of the nuclear mass dependence.

After correcting the units conversion error in Ref. [\[14\]](#page-4-12), the  $A_k$  coefficients computed by BD agree with our values to 5, 6, 4, and 5 digits for  $k = 0, 2, 4, 6$ , respectively. For  $k = 0$ , the discrepancy is mainly due to the  $1/c<sup>3</sup>$  terms not considered by BD. The reasons for the low accuracy of  $A_4$ are unclear. Due to the smallness of the relativistic contributions to  $A_k$ , the overall agreement is good despite the fact that the relativistic contributions from BD work are significantly less accurate than ours.

<span id="page-3-0"></span>TABLE I. Dynamic polarizability of <sup>4</sup>He  $[a_0^3]$  at  $\lambda = 632.9908$  nm.

Nonrelativistic	1.383 809 98641(1)
1/c <sup>2a</sup>	$-0.0000804534(1)$
$1/c^{3b}$	0.000030655(1)
1/c <sup>4</sup>	$0.000\,000\,56(14)$
Finite nuclear size <sup>c</sup>	0.00000000217(1)
Total	1.383 760 77(14)
Nonrelativistic	$0.007$ 995 7979(1)
Relativistic <sup>d</sup>	$-0.0000001721(1)$
Total	0.0079956258(1)
Nonrelativistic	0.0000548363(1)
Relativistic	0.00000000014(1)
Total	0.0000548364(1)
Nonrelativistic	$0.000\,000\,4076(1)$
Relativistic	0.0000000000(1)
Total	0.0000004076(1)
Nonrelativistic	$0.000\,000\,0032(1)$
Present <sup>e</sup>	0.0080508730(1)
$BD^f$	0.008 050 871
Present	1.391 811 64(14)
$BD^g$	1.391 780 800

<sup>a</sup>ncludes the recoil correction of the order of  $1/(Mc^2)$  equal to  $-0.0000000935(1)$ .

 ${}^{\text{b}}$ From Ref. [\[1\],](#page-4-0) except for the contribution from the electric field derivative of the Bethe logarithm equal to 0.000 000 182(1) [\[18\].](#page-4-13) Computed adding the correction term  $(4/3)\pi r_{\alpha}^{2}[\delta(r_1)+\delta(r_2)]$ to H, where  $r_a = 1.676$  fm is the nuclear charge radius of <sup>4</sup>He. Including the recoil correction of the order of  $1/(Mc^2)$ equal to  $-0.000\,000\,00075(1)$ .<br>
°The contribution of the  $\lambda^{-10}$  term, amounting to  $2.5 \times 10^{-11}$ ,

is negligible.

<sup>f</sup>Calculated using correctly converted  $A_k$  constants. Equation (15) of Ref. [\[14\]](#page-4-12) gives 0.008 052 951, i.e., 0.03% error resulting in 1.7 ppm error in the total value of  $\alpha$  (632.9908).

<sup>g</sup>Using the static value of BD equal to  $1.383729929$ .

In Table [I,](#page-3-0) we present the dynamic polarizability of <sup>4</sup>He. In addition to the contributions discussed earlier, we included the effect of finite nuclear size which is almost negligible. The dispersion part of  $\alpha$ (632.9908), i.e., the contribution explicitly dependent on wavelength, agrees to six significant digits with the result of BD (after conversion errors are corrected) due to the high, eight-digit accuracy of BD's  $\alpha_2^{(0)}$  contribution. However, the total polarizability obtained by us differs significantly from BD's result: only five digits agree and the discrepancy is about 22 ppm. As already discussed, this difference is mainly due to the QED effects neglected by these authors. The second source of the difference is our significantly improved value of the static relativistic component. The uncertainty of our recommended value of  $\alpha$ (632.9908) amounts 0.14  $\mu a_0^3$ , i.e., about 0.1 ppm. This accuracy is sufficient for the purpose of the new pressure standard but one should ask if any neglected effects could contribute above the uncertainty estimate. The potential candidates are the QED recoil correction  $\alpha_0^{(31)}$  of the order of  $1/(Mc^3)$ , the QED contribution to the polarizability dispersion  $\alpha_2^{(30)}$  of the order of  $1/c<sup>3</sup>$  and, finally, and probably most importantly, the remaining, other than one-loop contributions to  $\alpha_0^{(40)}$  of the order of  $1/c<sup>4</sup>$ . We conservatively estimated the possible magnitudes of the neglected contributions and found that their sum should be below 0.1 ppm. This uncertainty is already included in the final error bar given in Table [I.](#page-3-0)

<span id="page-3-3"></span>The virial expansion for the refractive index can be written as

$$
n = 1 + a_n \rho + b_n \rho^2 + c_n \rho^3 + \cdots,
$$
 (14)

$$
a_n = 2\pi(\alpha + \chi),\tag{15}
$$

<span id="page-3-2"></span><span id="page-3-1"></span>
$$
b_n = 2\pi \left( \alpha b_\varepsilon + \frac{1}{3}\pi\alpha^2 + \chi b_\mu + \frac{1}{3}\pi\chi^2 + 2\pi\alpha\chi \right), \quad (16)
$$

$$
c_n = 2\pi \left( \alpha c_\varepsilon + \frac{2}{3}\pi \alpha^2 b_\varepsilon + \frac{10}{9}\pi^2 \alpha^3 \right), \tag{17}
$$

where  $\rho$  is density,  $b_{\varepsilon}$  and  $c_{\varepsilon}$  are the dielectric virial coefficients, and  $b_{\mu}$  is the magnetic permeability virial coefficient. We have written down the term  $\chi b_\mu$  in Eq. [\(16\)](#page-3-1), but we will neglect it in numerical calculations since  $\chi$  is about 5 orders of magnitude smaller than  $\alpha$  and  $b_{\mu}$ (unknown) is expected to be at the most of the same order as  $b<sub>e</sub>$ . We completely ignored the magnetic part of  $c<sub>n</sub>$  in Eq. [\(17\)](#page-3-2). After Eq. [\(14\)](#page-3-3) is squared, it becomes consistent with Eq. (4) of Ref. [\[6\]](#page-4-3) within the terms included there except that the factor of 2 is missing in front of the  $A_e^2 b \rho^2$ term. Equation [\(14\)](#page-3-3) can be easily solved for  $\rho$  and the resulting formula can be used for a determination of density, or, when combined with the virial equation of state, also for a determination of pressure.

<span id="page-4-14"></span>TABLE II. Virial expansion of refractive index.  $a_r = \frac{2}{3}a_n$ ,  $b_n$ and  $c_n$  are in units of cm<sup>3</sup>/mol, cm<sup>6</sup>/mol<sup>2</sup>, and cm<sup>9</sup>/mol<sup>3</sup>, respectively, and  $\lambda$  is in nm. 1 cm<sup>3</sup>/mol = 11.205 8721  $a_0^3$ .

$a_r(0)$	Present	$0.51724621(6)^{a,b}$
	Experimental [6]	0.5172455(47)
$a_r(632.9908)$	Present	$0.52025564(6)^{c,d}$
	Experimental [19,20]	0.5213(1)
	Experimental [21]	0.5220(3)
$a_r(546.2268)$	Present	0.52129725(6)
	Experimental [22]	$0.52157(15)^e$
$b_n(0)$	Present, 273.16 K	$0.0245(2)^f$
$b_n(632.9908)$	Present, 273.16 K	$0.0238(2)^f$
	Present, 302 K	$0.0184(2)^f$
	Present, 323 K	$0.0151(2)^f$
	Experimental [20]	$0.000(15)^{g}$
$c_n(0)$	Present, 273.16 K	$-0.93(25)$ <sup>f</sup>

 $a_{n} = 8.6942922(9)$   $a_{0}^{3}$  or 0.775 869 31(8)(4) cm<sup>3</sup>/mol, where the second uncertainty originates from the Avogadro constant 6.022 141 29(27)  $\times$  10<sup>23</sup>

Computed using  $\chi = -0.000021194(1) a_0^3$  [\[23\],](#page-4-20) the uncertainty reflects the estimated size of relativistic contributions.

 $c_{a_n}^c = 8.7448758(9) a_0^3 = 0.78038335(8)(4) \text{ cm}^3/\text{mol}$ 

We neglected the frequency dependence of  $\chi$ , a relativistic effect expected to be very small.

e<sup>t</sup> inferred from measured value of  $n - 1 = 34.895(10) \times 10^{-4}$ at  $T = 273.16$  K and  $p = 101.325$  kPa.

<sup>t</sup>Computed using  $b<sub>e</sub> = -0.0978(2)$  cm<sup>3</sup>/mol [\[24\]](#page-4-18) (uncertainty estimated based on comparison with Ref. [\[8\]\)](#page-4-21) and  $c_{\varepsilon} =$  $-1.34(36) \text{ cm}^6/\text{mol}^2$  [\[6,25\]](#page-4-3), at  $T=273.16$ K. For other T:  $b_{\epsilon}(303) = -0.1065(2)$  cm<sup>3</sup>/mol and  $b_{\epsilon}(323) = -0.1107(2)$  cm<sup>3</sup>/ mol  $[24]$ .

<sup>8</sup>Computed from  $a_r = 0.5213(1) \text{ cm}^3/\text{mol}$  and  $b_r = \frac{2}{3}b_n - \frac{1}{3}a_r = -0.068(10) \text{ cm}^6/\text{mol}^2$  measured in Ref. [20] same  $\frac{1}{4}a_r = -0.068(10)$  cm<sup>6</sup>/mol<sup>2</sup> measured in Ref. [\[20\]](#page-4-17), same value obtained for both temperatures.

The virial coefficients are presented in Table [II](#page-4-14). The agreement with the measurement of Schmidt et al. [\[6\]](#page-4-3) is excellent, to within  $1.4 \pm 9.1$  ppm. Note that the authors of Ref. [\[6\]](#page-4-3) reported the value of  $a_r$  with a subtracted magnetic contribution  $4\pi\chi/3 = -0.0000080$  cm<sup>3</sup>/mol, which was added back in Table [II](#page-4-14). The agreement of theory with measurements at 632.9908 nm [\[19](#page-4-15)–21] is, however, poor, as noticed earlier by BD [\[14\]](#page-4-12) and by Stone and Stejskal [\[9\]](#page-4-6). The disagreement with the measurement of Leonard [\[22\]](#page-4-16) is smaller, only about twice the experimental uncertainty. The apparent better agreement of theory with this experiment (within  $1\sigma$ ) found in Ref. [\[14\]](#page-4-12) was due to the neglect [14] of the nonlinear dependence of density on pressure. The values of  $b_n$  and  $c_n$  presented in Table [II](#page-4-14) have uncertainties due entirely to uncertainties of  $b_{\varepsilon}$  and  $c_{\varepsilon}$ . The third and fourth term in Eq. [\(16\)](#page-3-1) make negligible contributions and there is substantial cancellation between the first two terms. The experimental  $b_n$  determined from the values measured in Ref. [\[20\]](#page-4-17) is consistent with zero, which is almost within the combined theoretical and experimental uncertainties. From our data and from the  $b_e(T)$  data of Ref. [\[24\]](#page-4-18), we predict that  $b_n$  will vanish only around 415 K. Since  $b_n$  is small at  $T = 273.16$  K and higher temperatures, its accuracy is sufficient to predict  $n-1$  with a 1 ppm uncertainty for pressures up to 10 MPa.

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