Robust Energy Transfer Mechanism via Precession Resonance in Nonlinear Turbulent Wave Systems

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A robust energy transfer mechanism is found in nonlinear wave systems, which favors transfers toward modes interacting via triads with nonzero frequency mismatch, applicable in meteorology, nonlinear optics and plasma wave turbulence. We emphasize the concepts of truly dynamical degrees of freedom and triad precession. Transfer efficiency is maximal when the triads' precession frequencies resonate with the system's nonlinear frequencies, leading to a collective state of synchronized triads with strong turbulent cascades at intermediate nonlinearity. Numerical simulations confirm analytical predictions.

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Introduction.—A variety of physical systems of high technological importance consist of nonlinearly interacting oscillations or waves: nonlinear circuits in electrical power systems, high-intensity lasers, nonlinear photonics, gravity water waves in oceans, Rossby-Haurwitz planetary waves in the atmosphere, drift waves in fusion plasmas, etc [1-6]. These systems are characterized by extreme events that are localized in space and time and are associated with strong nonlinear energy exchanges that dramatically alter the system's global behavior. One of the few consistent theories that deal with these nonlinear exchanges is classical wave turbulence theory [4,7,8]. This theory produces statistical predictions by making ad hoc hypotheses on correlations of the evolving quantities and is valid in the limit of weak nonlinearity. One example where this theory is widely used is in the numerical prediction of ocean waves [9].

This Letter addresses a new robust mechanism of strong energy transfers in real physical systems, precisely in the context where the hypotheses of classical wave turbulence theory do not hold, namely, when the spatial domains have a finite size, when the amplitudes of the carrying fields are not infinitesimally small, and when the linear wave time scales are comparable to the time scales of the nonlinear oscillations. The theory that deals with these energy exchanges is discrete and mesoscopic wave turbulence [10–20] and is still in development. Our results apply to a variety of systems, namely, the nonlinear partial differential equations (PDEs) of classical turbulence, nonlinear optics, quantum fluids, and magnetohydrodynamics considered on bounded physical domains. For the sake of simplicity of presentation, we discuss, here, the Charney-Hasegawa-Mima (CHM) equation [6,21], a PDE governing Rossby waves in the atmosphere and drift waves in inhomogeneous plasmas

$$(\nabla^2 - F)\frac{\partial\psi}{\partial t} + \beta\frac{\partial\psi}{\partial x} + \frac{\partial\psi}{\partial x}\frac{\partial\nabla^2\psi}{\partial y} - \frac{\partial\psi}{\partial y}\frac{\partial\nabla^2\psi}{\partial x} = 0.$$

where, in the plasma case, the wave field $\psi(\mathbf{x}, t) \in \mathbb{R}$ is the electrostatic potential, $F^{-1/2}$ is the ion Larmor radius at the

electron temperature, and β is a constant proportional to the mean plasma density gradient. We assume periodic boundary conditions: $\mathbf{x} \in [0, 2\pi)^2$. Decomposing the field in Fourier harmonics, $\psi(\mathbf{x}, t) = \sum_{\mathbf{k} \in \mathbb{Z}^2} A_{\mathbf{k}}(t) e^{i\mathbf{k}\cdot\mathbf{x}}$ with wave vector $\mathbf{k} = (k_x, k_y)$, the components $A_{\mathbf{k}}(t)$, $\mathbf{k} \in \mathbb{Z}^2$ satisfy the evolution equation

$$\dot{A}_{\mathbf{k}} + i\omega_{\mathbf{k}}A_{\mathbf{k}} = \frac{1}{2} \sum_{\mathbf{k}_1, \mathbf{k}_2 \in \mathbb{Z}^2} Z^{\mathbf{k}}_{\mathbf{k}_1 \mathbf{k}_2} \delta_{\mathbf{k}_1 + \mathbf{k}_2 - \mathbf{k}} A_{\mathbf{k}_1} A_{\mathbf{k}_2}, \quad (1)$$

where $Z_{\mathbf{k}_1\mathbf{k}_2}^{\mathbf{k}} = (k_{1x}k_{2y} - k_{1y}k_{2x})[|\mathbf{k}_1|^2 - |\mathbf{k}_2|^2/(|\mathbf{k}|^2 + F)]$ are the interaction coefficients, $\omega_{\mathbf{k}} = (-\beta k_x)/(k^2 + F)$ are the linear frequencies, and δ is the Kronecker symbol. Reality of ψ implies $A_{-\mathbf{k}} = A_{\mathbf{k}}^*$ (complex conjugate). Since the degree of nonlinearity in the PDE is quadratic, the modes $A_{\mathbf{k}}$ interact in triads. A triad is a group of any three spectral modes $A_{\mathbf{k}_1}(t)$, $A_{\mathbf{k}_2}(t)$, $A_{\mathbf{k}_3}(t)$ whose wave vectors satisfy $\mathbf{k}_1 + \mathbf{k}_2 = \mathbf{k}_3$. The triad's linear frequency mismatch is defined by $\omega_{\mathbf{k}_1\mathbf{k}_2}^{\mathbf{k}_3} \equiv \omega_{\mathbf{k}_1} + \omega_{\mathbf{k}_2} - \omega_{\mathbf{k}_3}$.

Since any mode belongs to several triads, energy can be transferred nonlinearly throughout the intricate network or cluster of connected triads. In weakly nonlinear wave turbulence, triad interactions with nonzero frequency mismatch can be eliminated via a near-identity transformation. However, at finite nonlinearity, these interactions cannot be eliminated a priori because they take part in the triad precession resonances presented below. As evidence for this Letter's timeliness, it has recently been shown that precession in Rossby waves has a role in weather unpredictability and chaos [5] and, in real systems, triads or quartets with nonzero frequency mismatch are responsible for most of the energy exchanges [22–24]. Here, we consider inertial-range dynamics; i.e., no forcing and no dissipation are imposed on the system, and enstrophy cascades to small scales respect enstrophy conservation.

Truly dynamical degrees of freedom.—An underexploited formulation for a large class of PDEs with quadratic nonlinearity is to write evolution equations for the "truly dynamical" degrees of freedom [15,25]. To this end, we introduce the amplitude-phase representation, $A_{\mathbf{k}} = \sqrt{n_{\mathbf{k}}} \exp(i\phi_{\mathbf{k}})$, where $n_{\mathbf{k}}$ is called the wave spectrum [8]. The spectrum is constrained by the exact conservation in time of $E = \sum_{\mathbf{k} \in \mathbb{Z}^2} (|\mathbf{k}|^2 + F) n_{\mathbf{k}}$ (energy) and $\mathcal{E} = \sum_{\mathbf{k} \in \mathbb{Z}^2} |\mathbf{k}|^2 (|\mathbf{k}|^2 + F) n_{\mathbf{k}}$ (enstrophy). In the context of the CHM equation (Galerkin-truncated to N wave vectors), the truly dynamical degrees of freedom are any N - 2linearly independent triad phases $\phi_{\mathbf{k}_1\mathbf{k}_2}^{\mathbf{k}_3} \equiv \phi_{\mathbf{k}_1} + \phi_{\mathbf{k}_2} - \phi_{\mathbf{k}_3}$ [19,26] and the N wave spectrum variables $n_{\mathbf{k}}$. These 2N - 2 degrees of freedom satisfy a closed system of evolution equations (the individual phases $\phi_{\mathbf{k}}$ are slave variables, obtained by quadrature)

$$\dot{n}_{\mathbf{k}} = \sum_{\mathbf{k}_1, \mathbf{k}_2} Z_{\mathbf{k}_1 \mathbf{k}_2}^{\mathbf{k}} \delta_{\mathbf{k} - \mathbf{k}_1 - \mathbf{k}_2} (n_{\mathbf{k}} n_{\mathbf{k}_1} n_{\mathbf{k}_2})^{1/2} \cos \varphi_{\mathbf{k}_1 \mathbf{k}_2}^{\mathbf{k}}, \quad (2)$$

$$\dot{\varphi}_{\mathbf{k}_{1}\mathbf{k}_{2}}^{\mathbf{k}_{3}} = \sin\varphi_{\mathbf{k}_{1}\mathbf{k}_{2}}^{\mathbf{k}_{3}}(n_{\mathbf{k}_{3}}n_{\mathbf{k}_{1}}n_{\mathbf{k}_{2}})^{1/2} \left[\frac{Z_{\mathbf{k}_{2}\mathbf{k}_{3}}^{\mathbf{k}_{1}}}{n_{\mathbf{k}_{1}}} + \frac{Z_{\mathbf{k}_{3}\mathbf{k}_{1}}^{\mathbf{k}_{2}}}{n_{\mathbf{k}_{2}}} - \frac{Z_{\mathbf{k}_{1}\mathbf{k}_{2}}^{\mathbf{k}_{3}}}{n_{\mathbf{k}_{3}}} \right] - \omega_{\mathbf{k}_{1}\mathbf{k}_{2}}^{\mathbf{k}_{3}} + \text{NNTT}_{\mathbf{k}_{1}\mathbf{k}_{2}}^{\mathbf{k}_{3}}, \qquad (3)$$

where the second equation applies to any triad $(\mathbf{k}_1 + \mathbf{k}_2 = \mathbf{k}_3)$. NNTT $\mathbf{k}_1\mathbf{k}_2$ is a short-hand notation for "nearest-neighboring-triad terms"; these are nonlinear terms similar to the first line in Eq. (3) (see Supplemental Material [27]). We should emphasize that any dynamical process in the original system results from the dynamics of Eqs. (2)–(3).

Precession resonance.—The nature of the triad phases $\varphi_{\mathbf{k}_1\mathbf{k}_2}^{\mathbf{k}_3}$ is markedly different from the spectrum variables $n_{\mathbf{k}}$ in that the latter directly contribute to the energy of the system, whereas the former have a contribution that is more subtle. In fact, notice that the rhs of Eq. (3) admits, under plausible hypotheses, a zero-mode (in time): $\Omega_{\mathbf{k}_1\mathbf{k}_2}^{\mathbf{k}_3} \equiv \lim_{t\to\infty} (1/t) \int_0^t \dot{\varphi}_{\mathbf{k}_1\mathbf{k}_2}^{\mathbf{k}_3}(t') dt'$. This is, by definition, the precession frequency of the triad phase and is a nonlinear function of the variables. Typically, it does not perturb the energy dynamics because it is incommensurate with the frequency content of the nonlinear oscillations of the triad variables $\varphi_{\mathbf{k}_1\mathbf{k}_2}^{\mathbf{k}_3}$ and $n_{\mathbf{k}_1}$, $n_{\mathbf{k}_2}$, $n_{\mathbf{k}_3}$. However, in special circumstances, a resonance occurs

However, in special circumstances, a resonance occurs whereby the triad precession frequency $\Omega_{\mathbf{k}_1\mathbf{k}_2}^{\mathbf{k}_3}$ matches one of the typical nonlinear frequencies of the triad variables. In this case, the rhs of Eq. (2) will normally develop a zeromode (in time), leading to a sustained growth of the energy in the corresponding wave spectrum $n_{\mathbf{k}}$, for some wave vector(s) **k**. We call this a (nonlinear) triad precession resonance. When several triads are involved in this type of resonance, strong fluxes of enstrophy are exhibited through the network of interconnected triads, leading to coherent collective oscillations and cascades toward small scales.

Now, one can ask: Is this resonance accessible by the manipulation of the initial conditions? The answer is yes,

and amounts to a simple overall rescaling of the initial spectrum $n_{\mathbf{k}} \rightarrow \alpha n_{\mathbf{k}}$ for all \mathbf{k} , provided the linear frequency mismatch $\omega_{\mathbf{k}_1\mathbf{k}_2}^{\mathbf{k}_3}$ be nonzero for some triad. To see this, a simple dimensional analysis argument on Eq. (2) shows that, under such a rescaling, the nonlinear frequency content rescales approximately by a factor $\alpha^{1/2}$ (e.g., enstrophy sets a nonlinear frequency $\sim \sqrt{\mathcal{E}}$). But from Eq. (3), the triad precession is the sum of a constant term $(-\omega_{\mathbf{k}_1\mathbf{k}_2}^{\mathbf{k}_3})$ and a term that rescales by a factor $\alpha^{1/2}$. Therefore, for some value of α , a matching between triad precession and nonlinear frequency can be found, provided $\omega_{\mathbf{k}_1\mathbf{k}_2}^{\mathbf{k}_3} \neq 0$.

Probing the strong transfer mechanism.—We provide a comprehensive overview of the mechanism by introducing a family of models that interpolates between the original equations (2)–(3) and a simple low-dimensional system. The family is parametrized by two positive numbers ϵ_1 , ϵ_2 which serve to deform the interaction coefficients, $Z_{k_ak_b}^{k_c}$, as follows.

(A) Choose a triad $\mathbf{k}_1 + \mathbf{k}_2 = \mathbf{k}_3$ with zero frequency mismatch: $\omega_{\mathbf{k}_1\mathbf{k}_2}^{\mathbf{k}_3} = 0$. This condition is not essential but simplifies the analytical solutions for the triad spectrum and triad phase [16]. Do not deform the interaction coefficients for this triad.

(B) Introduce a fourth mode via the new triad $\mathbf{k}_2 + \mathbf{k}_3 = \mathbf{k}_4$. This triads' interaction coefficients are replaced by $\epsilon_1 Z_{\mathbf{k}_a \mathbf{k}_b}^{\mathbf{k}_c}$ so that the limit $\epsilon_1 \to 0$ corresponds to the isolated triad of (A).

(C) All other triads in the system have their interaction coefficients replaced by $\epsilon_2 Z_{\mathbf{k}_a \mathbf{k}_b}^{\mathbf{k}_c}$. The limit $\epsilon_2 \to 0$ recovers the two-triad system in (B).

(D) The case $\epsilon_1 = \epsilon_2 = 1$ is the full PDE model (2)–(3).

Figure 1 shows a schematic of the initial triad, first layer target modes, and some second layer modes.

Case (A), $\epsilon_1 = \epsilon_2 = 0$: This is the isolated triad and is an integrable system [14]. We choose parameters F = 1,



FIG. 1 (color online). Schematic showing the source triad (S) $\mathbf{k}_1 + \mathbf{k}_2 = \mathbf{k}_3$ with all first layer modes (\mathbf{k}_4 , \mathbf{k}_5 , \mathbf{k}_6) and second layer modes \mathbf{k}_7 and \mathbf{k}_8 . Circles denote algebraically dependent triads, eight triads are shown in total. Arrows indicate hypothetical transfers of enstrophy from S.

 $\beta = 10$, and the triad wave vectors $\mathbf{k}_1 = (1, -4)$, $\mathbf{k}_2 = (1, 2)$, $\mathbf{k}_3 = \mathbf{k}_1 + \mathbf{k}_2 = (2, -2)$, so $\omega_{\mathbf{k}_1\mathbf{k}_2}^{\mathbf{k}_3} = 0$. The analytical solution for the spectra and triad phase is given in the Supplemental Material [27].

Case (B), $\epsilon_1 \neq 0$, $\epsilon_2 = 0$: This is a system of two connected triads: $\mathbf{k}_1 + \mathbf{k}_2 = \mathbf{k}_3$ and $\mathbf{k}_2 + \mathbf{k}_3 = \mathbf{k}_4$, with $\mathbf{k}_4 = (3,0)$. The second triad has frequency mismatch $\omega_{\mathbf{k}_{2}\mathbf{k}_{3}}^{\mathbf{k}_{4}} = -8/9$. The initial conditions for the 6 truly dynamical degrees of freedom are $\varphi_{\mathbf{k}_1\mathbf{k}_2}^{\mathbf{k}_3}(0) = \pi/2$, $\varphi_{\mathbf{k}_{2}\mathbf{k}_{3}}^{\mathbf{k}_{4}}(0) = -\pi/2 \text{ and } n_{\mathbf{k}_{1}}(0) = 5.95984 \times 10^{-5} \alpha, n_{\mathbf{k}_{2}}(0) =$ $1.48858 \times 10^{-3} \alpha$, $n_{\mathbf{k}_3} = 1.28792 \times 10^{-3} \alpha$, $n_{\mathbf{k}_4}(0) = 0$, where α is a rescaling parameter. The energy and enstrophy invariants are $E = 0.0215955\alpha$, $\mathcal{E} = 0.155625\alpha$, reducing the effective number of degrees of freedom to 4. This is not necessarily integrable, so, in general, we need to solve the evolution equations (2)-(3) numerically in order to study the growth of mode $n_{\mathbf{k}_4}$ via the precession resonance mechanism. However, in the limit $\epsilon_1 \rightarrow 0$, the analytical solution of the isolated (first) triad provides enough information to approximate for the fourth mode's spectrum $n_{\mathbf{k}_4}$ by quadrature. This leads to an explicit formula for the resonant condition in the form

$$\Omega_{\mathbf{k}_2\mathbf{k}_3}^{\mathbf{k}_4} = p\Gamma, \qquad p \in \mathbb{Z}, \tag{4}$$

where Γ is the isolated triad nonlinear frequency [16]. The isolated triad solution from case (A) gives $\Gamma = 0.272 \, 67 \alpha^{1/2}$. When $\Omega_{\mathbf{k}_2\mathbf{k}_3}^{\mathbf{k}_4}$ is such that resonance (4) is nearly satisfied, we have $\Omega_{\mathbf{k}_2\mathbf{k}_3}^{\mathbf{k}_4} = -0.201 \, 88 \alpha^{1/2} + 8/9$ (see the Supplemental Material [27]), so we obtain

$$\alpha_p = \frac{10.6272}{(0.740\,382 + p)^2}, \qquad p = 0, 1, \dots$$

for predicted values of the initial condition leading to strong growth in $n_{\mathbf{k}_4}$ in the limit $\epsilon_1 \rightarrow 0$ (the cases p < 0 are just shifts of the initial phases by π).

Numerical results for case (B): $\epsilon_1 \neq 0$, $\epsilon_2 = 0$.—We numerically integrate Eqs. (2)-(3) with the above initial conditions, from time t = 0 to $t = 2000/\sqrt{\mathcal{E}}$. The factor $\sqrt{\mathcal{E}}$ ensures that we compare equivalent nonlinear time scales. Near resonances, strong transfers have a time scale $t \sim 20/\sqrt{\mathcal{E}}$ [including case (C) below]; we integrate further in time to obtain well-converged estimates of triad precessions. To confirm the predicted values of α leading to efficient enstrophy transfer toward the fourth mode $n_{\mathbf{k}_{i}}(t)$, we define the transfer efficiency as the maximal ratio between this mode's enstrophy and the total, over the simulation time. In the case $\epsilon_1 = 10^{-5}$, we obtain strong peaks of efficiency at the predicted resonant values of α (Fig. 2, bottom). The precession is best studied in dimensionless form, i.e., relative to the nonlinear frequency scale $\sqrt{\mathcal{E}}$. Figure 2 (top) shows the numerically computed dimensionless precession $\Omega_{\mathbf{k}_2\mathbf{k}_3}^{\mathbf{k}_4}/\sqrt{\mathcal{E}}$ as a function of α ,



FIG. 2 (color online). Numerical results from case (B) with $\epsilon_1 = 10^{-5}$ showing dimensionless precession (top) and enstrophy transfer efficiency to mode $n_{\mathbf{k}_4}(t)$ (bottom). Vertical lines indicate predicted resonances (as $\epsilon_1 \rightarrow 0$) and show strong transfer efficiency at these values when condition (4) is satisfied (horizontal lines, top figure).

leading to a confirmation of the resonances (4) for p = 0, 1, 2 (the cases p = 3, 4, ..., can be found but have significantly less efficiency). The behavior of the precession in between resonances is due to a competition between harmonics of the fundamental frequency of the isolated triad equation and can be computed analytically.

When the above resonances are satisfied, trajectories are observed visiting the neighborhood of unstable periodic orbits (see the Supplemental Material [27]). It is the ejection along these unstable manifolds which allows an exploration of phase space corresponding to high transfer of enstrophy to the fourth mode n_{k_4} . These unstable periodic orbits (and other invariant manifolds such as critical points) are persistent [28] in parameter space. An elementary tracing study of the solution branches in (ϵ , α) parameter space, using a bisection method (which overlooks possible bifurcations), is presented for the more general case below.

Case (C), $\epsilon_1 \neq 0$, $\epsilon_2 \neq 0$: The next step is to introduce the interactions of additional modes by setting $\epsilon_2 \neq 0$. We simulate this via a pseudospectral method with 128^2 resolution, 2/3 dealiasing (so $N \approx 2 \times 42^2$), and explicitly controlling the first four modes' interaction coefficients. We retain the triad initial condition used above and observe the efficiency of enstrophy transfers as ϵ_2 increases from zero. In particular, unstable periodic orbits can be traced via bisection in α . We do this tracing until we reach $\epsilon_1 = \epsilon_2 = 0.1$, which is large enough to give nontrivial transfers to high wave numbers. The triad initial conditions imply that dynamically populated modes must have wave vectors $\mathbf{k} = l\mathbf{k}_1 + m\mathbf{k}_2$. Thus, we investigate transfer efficiency via a partition of k space into bins defined by: bin_i : $2^{j-1} < \sqrt{l^2 + m^2} \le 2^j$, j = 1, 2, 3, 4. Figure 3 (left) shows the results for the efficiency of enstrophy transfers to bin₂ and bin₃ as a function of α . The peak at



FIG. 3 (color online). Numerical results from case (C) with $\epsilon_1 = \epsilon_2 = 0.1$ at 128² resolution. Left: Enstrophy transfer efficiency against α in bin₂ and bin₃. Vertical lines denote peaks at $\alpha = 26.01$ and $\alpha = 180$. Right: Dimensionless precession $\Omega_{ab}^c/\sqrt{\mathcal{E}}$ for triad (1, 2) + (5, -2) = (6, 0) and enstrophy transfer efficiency in bin₃, near efficiency peak $\alpha = 180$.

 $\alpha \approx 26.01$ for bin₂ can be traced back to the predicted resonance $\alpha_0 \approx 19.39$ valid in the limit $\epsilon_1, \epsilon_2 \rightarrow 0$. The remaining peaks correspond to resonances of new modes in the bins. For example, the bin₂ peak at $\alpha = 180$ entails a strong enstrophy transfer to mode (6,0) via the precession resonance between triad (1,2) + (5,-2) = (6,0) and the nonlinear oscillations, of the form (4) with p = 0: Fig. 3 (right) shows a close-up near $\alpha = 180$ of this triad's precession and bin₃ efficiency as functions of α , showing that high efficiency corresponds to vanishing precession.

There is significant evidence that the efficiency peaks in Fig. 3 correspond to synchronization of the precession resonances over several triads, as a collective oscillation leading to strong transfers toward small scales. We leave the quantitative study of this synchronization for the full PDE model case (D), with a general initial condition.

Case (D), full PDE (1) results, $\epsilon_1 = \epsilon_2 = 1$: Having shown, in the case of a special initial condition, that strong enstrophy transfers to small scales are due to precession resonances, we now consider a more general large-scale initial condition: $n_{\mathbf{k}} = 0.032143 \times \alpha |\mathbf{k}|^{-2} \exp(-|\mathbf{k}|/5)$ for $|\mathbf{k}| \leq 8$ and zero, otherwise, where α is the rescaling parameter. Total enstrophy is $\mathcal{E} = 0.155625\alpha$. Initial phases $\phi_{\mathbf{k}}$ are chosen randomly and uniformly between 0 and 2π . Direct numerical simulations use the pseudospectral method of case (C) with resolution 128^2 from t = 0to $t = 800/\sqrt{\mathcal{E}}$. To study cascades, we partition the **k** space in shell bins (now denoted " Bin_i " to distinguish from "bin_j" in the previous case) defined as follows: Bin₁: $0 < |\mathbf{k}| \le 8$, and Bin_j: $2^{j+1} < |\mathbf{k}| \le 2^{j+2}$, j =2, 3, ..., so nonlinear interactions lead to successive transfers between bins. Near resonances, strong transfers to Bin₄ have a time scale $t \sim 40/\sqrt{\mathcal{E}}$. Figure 4 (left) shows the



FIG. 4 (color online). Numerical results from full PDE model, case (D) at 128^2 resolution. Left: Enstrophy transfer efficiency against α in Bin₃ and Bin₄. Vertical lines denote $\alpha = 900$. Right: Dimensionless precession standard deviation (over all interacting triads) and enstrophy transfer efficiency in Bin₄, both near efficiency peak $\alpha = 900$.

efficiencies of enstrophy transfers from Bin₁ to Bin₃ and Bin₄. Peaks concentrate in a broad region, corresponding to collectively synchronized precession resonances. Strong synchronization is signalled by minima of the dimensionless precession standard deviation $\sigma = \sqrt{\langle \Omega^2 \rangle - \langle \Omega \rangle^2 / \sqrt{\mathcal{E}}}$ averaged over the whole set of triad precessions (about N^2 triads, not just the N-2 independent precessions). A close-up around the Bin₄ efficiency peak at $\alpha \sim 900$ is shown in Fig. 4 (right), showing that efficiency peaks correspond to minima of σ .

Enstrophy fluxes, equipartition, and resolution study.— Figure 5 shows, for representative values of α , time



FIG. 5 (color online). Time-averaged dimensionless enstrophy spectra, compensated for enstrophy equipartition, for various values of α from case (D) at 128^2 resolution. The vertical line $|\mathbf{k}| = 8$ denotes the high wave number boundary of Bin₁. This bin contains all the initial enstrophy.

averages of dimensionless enstrophy spectra $\mathcal{E}_k/\mathcal{E}$, compensated for enstrophy equipartition to aid visualization. In all cases, the system reaches small-scale equipartition $(\text{Bin}_2 - \text{Bin}_4)$ quite soon: $T_{\text{eq}} \approx 80/\sqrt{\mathcal{E}}$. Remarkably, the flux of enstrophy from large scales (Bin₁) to small scales (Bin₄) is 50% greater in the resonant case ($\alpha = 625$) than in the limit of very large amplitudes ($\alpha = 10^6$). Also, in the resonant case equipartition encroaches on the large scales. At double the resolution (256²), the enstrophy cascade goes further to Bin₅ and all above analyses are verified, with Bin₄ replaced by Bin₅. The transfer time scales seem to increase weakly with resolution, in accordance with known results [29–31].

Conclusions and extensions.-The strong transfer effect due to precession resonance is robust and has practical applications in experiments and engineering (e.g., energyharvesting devices) because transfer efficiency is maximal at intermediate nonlinearity. There is vast literature on precessionlike resonances in galactic dynamics, notably, Pluto precession-orbit resonance and orbital 2:5 Saturn-Jupiter resonance [32,33]. The critical balance turbulence principle [34,35] is effectively satisfied at the resonance (4), where we fine-tune a nonlinear frequency [the nonlinear contributions to $\Omega_{\mathbf{k}_1\mathbf{k}_2}^{\mathbf{k}_3}$, see Eq. (3)] with the linear frequency mismatch $\omega_{\mathbf{k}_1\mathbf{k}_2}^{\mathbf{k}_3}$. Possibility for future work includes investigating this precession resonance mechanism in more complex triad systems (water gravity waves, magnetohydrodynamics) and quartet and higher-order systems (Kelvin waves in superfluids, nonlinear optics), along with including forcing and dissipation.

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