Kinetic Theory for Transverse Optomechanical Instabilities

E. Tesio, G. R. M. Robb, T. Ackemann, W. J. Firth, and G.-L. Oppo

SUPA and Department of Physics, University of Strathclyde, Glasgow G4 0NG, Scotland, United Kingdom

(Received 19 June 2013; published 29 January 2014)

We investigate transverse symmetry-breaking instabilities emerging from the optomechanical coupling between light and the translational degrees of freedom of a collisionless, damping-free gas of cold, twolevel atoms. We develop a kinetic theory that can also be mapped on to the case of an electron plasma under ponderomotive forces. A general criterion for the existence and spatial scale of transverse instabilities is identified; in particular, we demonstrate that monotonically decreasing velocity distribution functions are always unstable.

DOI: [10.1103/PhysRevLett.112.043901](http://dx.doi.org/10.1103/PhysRevLett.112.043901) PACS numbers: 42.65.Sf, 05.65.+b, 37.10.Vz

The spontaneous emergence of ordered states from homogeneous initial conditions is a preeminent feature of nonlinear systems driven far from thermodynamic equilibrium. Since the pioneering work by Turing [\[1\]](#page-4-0), it became clear that a variety of nonlinear physical systems can spontaneously break spatiotemporal symmetry as the result of instabilities to infinitesimal perturbations. Typically, perturbations at a given spatial and/or temporal scale become unstable when the amount of injected energy exceeds a threshold value. Such a spontaneous self-organization manifests itself in many branches of physics: plasma instabilities, for instance, play a major role in fusion research [\[2\]](#page-4-1). Symmetry-breaking instabilities are ubiquitous in chemistry, fluid dynamics, or biology [\[3\].](#page-4-2) In optical systems, optical nonlinearities have been shown to lead to self-organization in the plane transverse to the light propagation, in a variety of media and geometrical configurations [4–[8\].](#page-4-3)

In recent years, self-organizing instabilities due to the optomechanical coupling of light and cold [9–[14\]](#page-4-4) and ultracold [\[15,16\]](#page-4-5) atoms have attracted remarkable interest. In many of these schemes, a pump beam is scattered by the gas into an externally imposed mode (often selected by a cavity). The interference between this mode and the pump then provides a modulated light pattern, which via dipole forces leads to a spatial rearrangement of atoms. The emerging density gratings resulting from the interference of this mode and the pump then provide positive feedback by scattering photons into the self-sustained mode. In these arrangements, the spatial scale of the emerging structure is predetermined by the light wavelength and the geometrical configuration. Multimode cavity setups displaying continuous symmetry breaking and spin-glass behavior in ultracold gases also attracted remarkable interest [\[17\]](#page-4-6). Alternative and naturally multimode schemes are possible in cold atoms, where spatial organization emerges in the plane transverse to the propagation of a single beam, with self-selected scales. It is in fact expected that atomic transport due to dipole forces can lead to nonlinear effects in cold atoms analogous to the Kerr effect in the hot-atoms case [\[18,19\].](#page-4-7) Self-organization in a counterpropagating geometry was first analyzed in Ref. [\[20\],](#page-4-8) and some experimental evidence for its existence was found in Ref. [\[21\].](#page-4-9) In Ref. [\[22\]](#page-4-10) it was shown that optomechanical forces in a ring cavity configuration can lead to an instability even in the absence of any optical (Kerr) nonlinearity, thus providing a new pattern-forming mechanism on their own. The study of transverse optomechanical instabilities in cold atoms has been so far limited to the case where strong velocity damping is provided by optical molasses [\[20,22\].](#page-4-8) Recent experiments in cold Rb have, however, shown spontaneous symmetry breaking due to optomechanical coupling, but in the absence of such damping [\[23\]](#page-4-11). The need of a satisfactory understanding of these results has thus been a strong motivation to the theoretical study of the damping-free case by extending the analysis of Refs. [\[20\]](#page-4-8) and [\[22\].](#page-4-10) We remark that while stationary density patterns are observed in the presence of damping [\[22\]](#page-4-10), complex spatiotemporal dynamics are expected in the damping-free case. Although the velocity distribution will change during the instability in contrast to the case in Refs. [\[20,22\]](#page-4-8), the threshold is determined only by the initial kinetic temperature of the gas.

Nonlinear effects of conceptually similar origin have also been demonstrated in plasmas, such as self-focusing and filamentation [24–[26\].](#page-4-12) Here, the nonlinearity originates from ponderomotive forces acting on the plasma and pushing the electrons away from high-intensity regions. In the presence of feedback, this is expected to lead to a coupled light-density transverse self-organization, whose theoretical or experimental evidence is to our knowledge still lacking in the context of plasma physics. We also emphasize that the connection between plasmas and cold atoms can be extended beyond the correspondence between dipole and ponderomotive forces. In fact, attractive (shadow) and repulsive (radiation pressure) forces exist inside magnetooptically trapped samples, which introduce an effective charge between the atoms and, thus, simulate electrostatic interaction [27–[30\].](#page-4-13) In addition to the fundamental interest in cold-atom instabilities, therefore, cold and ultracold atomic samples can also provide a powerful and highly controllable tool for the study of various plasma systems including quantum plasmas.

We consider a thermal gas of two-level atoms described by the distribution function $f(\mathbf{x}, \mathbf{v}, t)$. In what follows, x and v denote the positions and velocities in the plane transverse to the propagation of light; see Fig. [1](#page-1-0). The gas is initially prepared at temperature T and interacts with an optical beam at frequency ω_0 , tuned far from any atomic transition. Because of this large detuning assumption, heating effects are negligible. At the low temperatures obtainable by laser cooling ($T \sim 100 \mu K$), collisions are also negligible and the dynamics is governed by the collisionless Boltzmann equation

$$
\frac{\partial f}{\partial t} + \mathbf{v} \cdot \frac{\partial f}{\partial \mathbf{x}} + \frac{\mathbf{F}}{M} \cdot \frac{\partial f}{\partial \mathbf{v}} = 0,
$$
 (1)

where M is the atomic mass and \bf{F} the force acting on the gas. In cold atoms, this is given by the dipole force $\mathbf{F} = -\frac{1}{2}\hbar \delta \nabla_{\mathbf{x}} \log[1 + s(\mathbf{x})],$ where $\delta = \omega_0 - \omega_{\text{at}}$ is the atom-light defining and $s(\mathbf{x}) = I(\mathbf{x})[I - (1 + 4\delta^2/\Gamma^2)]^{-1}$ atom-light detuning and $s(\mathbf{x}) = I(\mathbf{x})[I_{\text{sat}}(1 + 4\delta^2/\Gamma^2)]^{-1}$ the saturation parameter associated with the total intensity $I(x)$ illuminating the gas. Scattering forces are neglected by assuming the detuning to be much larger than the atomic linewidth $|\delta| \gg \Gamma$.

The plasma case is retrieved by identifying f as the electron distribution, $M = m_e$ as the electron mass, and $\mathbf{F}_{\text{pm}} = -[e^2/(2\varepsilon_0 c m_e \omega_0^2)] \nabla_{\mathbf{x}} I(\mathbf{x})$ as the ponderomotive
force with e the electron charge ε_0 the vacuum permitforce, with e the electron charge, ε_0 the vacuum permittivity, and c the speed of light in vacuum.

To analyze the stability of the perturbations, we Fourier transform our quantities in space and Laplace transform in time. This leads to the usual relations $\partial_x \to i\mathbf{q}$ and $\partial_t \to -i\omega$, with growing perturbations identified by $\text{Im}(\omega) > 0$. Linearization of Eq. [\(1\)](#page-1-1) then leads to

FIG. 1 (color online). Sketch of the single mirror feedback scheme. A plane wave of intensity s_0 interacts with a sample of two-level, cold atoms. The gas (or plasma) imposes a phase shift $\chi_0 n(\mathbf{x}, t)$ on the field, where *n* is the atomic density. Transverse fluctuations in the phase profile of the forward field g_F (dashed line) are converted into amplitude modulations for the backward field g_B (full line) by the free-space propagation to the mirror (reflectivity R , distance d) and back.

$$
(-i\omega + i\mathbf{q} \cdot \mathbf{v})f_1 = i\frac{\hbar \delta}{2M} \frac{s_1(\mathbf{q}, \omega)}{1 + s_\mathbf{h}} \mathbf{q} \cdot \frac{\partial f_0}{\partial \mathbf{v}} + f_1(0), \quad (2)
$$

where $f_1(0)$ denotes the initial disturbance, and we took into account the fact that the force is a first-order quantity involving spatial gradients. Scaling is such that $s_0 = |g_F|^2$
represents the saturation parameter associated to the forward represents the saturation parameter associated to the forward field, and $s_h = (1 + R)s_0$ is the homogeneous solution $(R \text{ being the mirror transmittivity, see Fig. 1).}$ $(R \text{ being the mirror transmittivity, see Fig. 1).}$ $(R \text{ being the mirror transmittivity, see Fig. 1).}$ Since we are interested in transverse effects only, we average over the longitudinal degrees of freedom and take the total intensity as $s = s_0 + |g_B|^2$. The Laplace transform ensures that causality is preserved by correctly viewing Eq. (1) as an initial sality is preserved by correctly viewing Eq. [\(1\)](#page-1-1) as an initial value problem.

To obtain $s_1(\mathbf{q}, \omega)$ we first calculate the forward field g_F at the exit of the medium. In the limit of small saturation parameters and large detuning, we can neglect absorption and approximate the atoms as linear (Rayleigh) scatterers. The forward field will, thus, be phase shifted as $g_F \to g_F \exp{\{i\chi_0 n(\mathbf{x},t)\}}$, where χ_0 is the linear phase shift imposed by the cloud and n the spatial density of the gas, obtained by integrating $f(\mathbf{x}, \mathbf{v}, t)$ over the entire velocity space. For a sample of two-level atoms with optical density b_0 , one has $\chi_0 = b_0 \delta \left[\Gamma(1 + 4\delta^2/\Gamma^2) \right]^{-1}$. Similarly, a plasma acts as a purely dispersive medium with a densitydependent susceptibility [\[2\].](#page-4-1) In what follows, definitions are chosen so that the uniform density solution is $n_h = 1$. We then propagate the field to the mirror (distance d) and back to obtain the backward field g_B . If the backward field is perturbed as $g_B = g_B^{(0)}(1 + b_1(\mathbf{x}, t))$, the intensity
perturbation $s_1(\mathbf{q}, \omega) = R s_2(b_1(\mathbf{q}, \omega) + c_1 c_2)$ will depend perturbation $s_1(\mathbf{q}, \omega) = Rs_0(b_1(\mathbf{q}, \omega) + \text{c.c.})$ will depend on the gas distribution as

$$
s_1(\mathbf{q}, \omega) = -2Rs_0\chi_0 \sin \Theta_q \int d\mathbf{v} f_1(\mathbf{q}, \mathbf{v}, \omega), \quad (3)
$$

where $\Theta_q = (d/k_0)q^2$ is the diffractive phase shift, with k_0 the light wave number and $q = |\mathbf{q}|$ the transverse wave number. The key point of the single mirror feedback scheme is the conversion of phase perturbations into amplitude perturbations operated by the free-space propagation [\[5\]](#page-4-14). In fact, as phase fluctuations are converted into amplitude perturbations for the backward field, dipole forces are induced into Eq. (1) . These in turn affect *n* through the optomechanical coupling and consequently feed back to the backward field amplitude profile. If positive feedback can be obtained for a disturbance at some wave vector q, an instability at that wave vector is expected.

To progress in the stability analysis, we now seek a closed expression for s_1 . Obtaining f_1 from Eq. [\(2\)](#page-1-2) and using this result into Eq. [\(3\)](#page-1-3) we reach the following expression for the intensity perturbation:

$$
s_1(\mathbf{q}, \omega) = -2Rs_0\chi_0 \sin \Theta_q \int d\mathbf{v} \frac{f_1(0)}{i\mathbf{q} \cdot \mathbf{v} - i\omega}
$$

$$
\times \left[1 + K_q \int d\mathbf{v} \frac{\partial \mathbf{q} \cdot \partial f_0/\partial \mathbf{v}}{\partial \mathbf{q} \cdot \mathbf{v} - \omega/q}\right]^{-1},
$$

where \hat{e}_{q} is the unit vector oriented as q and we defined

$$
K_q = \frac{\hbar \delta}{M} \frac{R s_0}{1 + (1 + R) s_0} \chi_0 \sin \Theta_q.
$$

The behavior of $s_1(\mathbf{x}, t)$ and, thus, the dynamics of the system is fully determined by the inverse Fourier and Laplace transforms of $s_1(\mathbf{q}, \omega)$. Under regularity assumptions for $f_1(0)$ and $\partial f_0/\partial v$, the integrands above have no singularities and the only contributions to the inverse Laplace transforms are given by the zeros of a "dielectric function,"

$$
D(\mathbf{q}, \omega) = 1 + K_q \int d\mathbf{v} \frac{\hat{e}_{\mathbf{q}} \cdot \partial f_0 / \partial \mathbf{v}}{\hat{e}_{\mathbf{q}} \cdot \mathbf{v} - \omega / q} = 0.
$$
 (4)

A formally identical result is obtained for the case of an electron plasma under the action of ponderomotive forces. The plasma case is retrieved by substituting K_q with $K_q^{\text{PL}} = \frac{[e^2/(\epsilon_0 c m_e^2 \omega_0^2)]R I_0 \chi_0 \sin \Theta_q}{[e^q] \chi_0 \chi_0 \sin \Theta_q}$, with I_0 the nonrescaled incident intensity (in W m⁻²).

A first general result can be found from Eq. [\(4\)](#page-2-0) by expanding $\omega = \omega_r + i\omega_i$. Requiring both real and imaginary parts of $D(q, \omega)$ to be zero leads to the condition

$$
1 + K_q \int d\mathbf{v} \frac{(\hat{e}_\mathbf{q} \cdot \partial f_0 / \partial \mathbf{v})(\hat{e}_\mathbf{q} \cdot \mathbf{v})}{(\hat{e}_q \cdot \mathbf{v} - \omega_r / q)^2 + (\omega_i / q)^2} = 0. \quad (5)
$$

For any monotonically decreasing function $f_0(|{\bf v}|)$, such as a Maxwellian, we find that an instability is in principle always possible since $(\hat{e}_{\bf q} \cdot \partial f_0/\partial {\bf v})(\hat{e}_{\bf q} \cdot {\bf v}) < 0$. Such monotonicity is, thus, a sufficient criterion for the occurrence of an instability, though it is not necessary: also nonmonotonic distributions may in fact satisfy the condition of Eq. [\(5\)](#page-2-1). Equation [\(5\)](#page-2-1) also imposes a general restriction on the possible unstable wave numbers in the single mirror arrangement. Since in two-level atoms $\chi_0 \propto \delta^{-1}$ we have that $\delta \chi_0 > 0$ always, and an instability is found only in the regions where sin $\Theta_a > 0$. Similar considerations apply to the plasma case, where no reddetuning analog exists. One could see the optomechanical mechanism as responsible for a Kerr-like, self-focusing nonlinearity independent of the sign of the detuning. This was already recognized by Ashkin in early studies on dielectric particles [\[31\]](#page-4-15) and remains true in the damped case of Ref. [\[22\]](#page-4-10). However, an important difference with softmatter studies is that no velocity damping is present in our system. We remark that the result [\(5\)](#page-2-1) is a general property of the optomechanical mechanism investigated here and can be generalized to different geometries (e.g., a ring cavity). Equation [\(5\)](#page-2-1) should be contrasted to the Newcomb-Gardner theorem in plasma physics [\[32\]](#page-4-16), stating that plasma (Langmuir) waves are always stable if the initial velocity distribution is monotonically decreasing. For the case analyzed here of transverse perturbations and feedback, instead, we demonstrate an instability for monotonically decreasing f_0 . We note that Eq. [\(5\)](#page-2-1) identifies an instability for both dipole forces in cold atoms and ponderomotive forces in plasmas.

Let us go back to Eq. [\(4\)](#page-2-0) and for simplicity focus our attention to one transverse dimension. If $f_0(|v|)$ is taken as the Maxwellian $f_0 = (2\pi v_{\text{th}}^2)^{-1/2} \exp(-\frac{1}{2}v^2/v_{\text{th}}^2)$, where $v_{\text{th}}^2 = k_B T/M$, there is no analytic solution to the dispersion integral in Eq. (4). However, if we restrict ourselves to the integral in Eq. [\(4\).](#page-2-0) However, if we restrict ourselves to the threshold condition $\omega = 0$, the dispersion integral simply reduces to the normalization condition for f_0 and we obtain a threshold condition for the injected saturation parameter

$$
s_0 = s_{\text{th}} \equiv \left[\frac{\hbar \delta}{k_B T} R \chi_0 \sin \Theta_q - (1 + R) \right]^{-1}.
$$
 (6)

The most unstable wave number (with minimum threshold) is given by the condition sin $\Theta_q = 1$, and a threshold is found also for the phase shift: $\chi_0 > (\hbar \delta / k_B T)^{-1} (1 + R) / R$. Equation [\(6\)](#page-2-2) thus shows that an instability is possible for a Maxwellian gas and provides the threshold condition. However, Eq. [\(6\)](#page-2-2) still leaves us without any information on the time scale of the process. Such information requires the calculation of the growth rate although, as stated earlier, no analytic solution is possible for the dispersion integral in Eq. [\(4\).](#page-2-0) The dispersion integral can be analytically solved for the case of a Lorentzian velocity distribution $f_0 = \pi^{-1} v_{\text{th}}/[v^2 + v_{\text{th}}^2]$: for this case the growth rate is purely
imaginary $\omega = i\omega$, and given by $\omega = |a|\{-v_1 + \sqrt{K}\}\rangle$ imaginary, $\omega = i\omega_i$, and given by $\omega_i = |q| \{-v_{\text{th}} + \sqrt{K_q}\}.$
Since we do not expect the particular form of the distribution Since we do not expect the particular form of the distribution to be relevant in determining the qualitative features of the process, we numerically solve the Maxwellian dispersion relation $D(q, i\omega_i) = 0$ for a given q and look for an equivalent expression of the growth rate. We choose here to investigate the critical wave number $q_c = \sqrt{\pi k_0/2d}$
(which satisfies sin $\Theta = 1$). Figure 2 shows the growth (which satisfies sin $\Theta_{q_c} = 1$). Figure [2](#page-2-3) shows the growth

FIG. 2 (color online). Linear growth rate at the critical wave number $q_c = \sqrt{\pi k_0/2d}$. Dots are numerical evaluations of the dispersion relation (4) for the Maxwell distribution and the red dispersion relation [\(4\)](#page-2-0) for the Maxwell distribution, and the red line is the expression of Eq. [\(7\).](#page-3-0) Parameters are $\delta = 30\Gamma, \chi_0 = 1$, $R = 1, d = 5$ mm, and $T = 300 \mu K$.

FIG. 3 (color online). Results from numerical simulations, for the same parameters as in Fig. [2](#page-2-3), injected intensity $s_0 = 0.05$ (≈1.37 times the threshold), and detuning $\delta = 30\Gamma$ (a) and $\delta = -30\Gamma$ (b). The left column shows the phase space distributions $f(x, v)$ displaying atomic bunching in correspondence with the highly saturated regions (around the center of the ellipses). The right column show that for blue (red) detuning, the maxima of the atomic density $n(x)$ align with the minima (maxima) of the optical intensity profile. The final simulation time is 3 ms.

rate ω_i for the Maxwellian case for $\delta = 30\Gamma, \chi_0 = 1, R = 1,$ $d = 5$ mm, and $T = 300 \mu$ K. Taking the D_2 line of ⁸⁷Rb as a reference, we use $\Gamma^{-1} = 26$ ns and $M = 1.44 \times 10^{-25}$ kg. A phase shift $\chi_0 = 1$ can be obtained by using a cloud with an in-resonance optical density of 120. We find that the growth rate is well described by

$$
\omega_i = \sqrt{2}q_c \{-v_{\text{th}} + \sqrt{K_{q_c}}\},\tag{7}
$$

which is identical, numerical prefactors aside, to the Lorentzian result. This result is easily extended to the plasma case by substituting K_q with K_q^{PL} [see the discussion after Eq. (4)]. We remark that the threshold (6) is formally identical to the one found in the presence of optical molasses, i.e., by adapting the model of Ref. [\[22\]](#page-4-10) to the single mirror feedback geometry, but the growth rate [\(7\)](#page-3-0) is different.

Figure [3](#page-3-1) shows the distribution function $f(x, v)$ obtained from numerical simulations of Eq. [\(1\)](#page-1-1), for a final time of 3 ms and a transverse domain size of five critical wavelengths $\Lambda_c = 2\pi/q_c$. We drive the system with a pump beam of intensity $s_0 = 0.05$ (roughly 1.37 times the threshold) and observe the spontaneous emergence of a periodic optical potential, trapping a large fraction of the atoms in the intensity minima (maxima) for blue (red) detuning, respectively. We also show in Fig. [3](#page-3-1) the intensity profiles $s(x)$ and the density distributions $n(x)$ obtained on the blue and red sides of the resonance. The spatial scale of these structures is given by $\Lambda_c \approx 125 \ \mu \text{m}$ with our choice of parameters, which is close to experimental observations [\[23\]](#page-4-11).

We remark that the result of Eq. [\(7\)](#page-3-0) holds also for a different choice of the wave vector q and that the growth rate depends only on the modulus |q|. The driving term $\sqrt{K_q} |q|$ directly depends from the intensity s₀ as well as the optical thickness of the medium and the light-atom the optical thickness of the medium and the light-atom detuning. On the other hand, a dephasing term $-v_{\text{th}}|q|$ originates from thermal motion. The balance of these two effects ($\omega_i = 0$) leads to the threshold of Eq. [\(6\)](#page-2-2). Finally, we note that the expression of Eq. [\(6\)](#page-2-2) implies that the instability threshold approaches zero as $T \to 0$ or, equivalently, as $f_0(\mathbf{v}) \rightarrow \delta(\mathbf{v})$ in our kinetic theory, which is a familiar result in the context of cold plasma instabilities. This is an important result since it gives considerable experimental flexibility in terms of achievable temperature and optical thickness. However, we note that on decreasing the temperature below the Bose-Einstein condensation point the phenomenology is expected to change considerably. The study of transverse instabilities in a degenerate Bose-Einstein condensate is beyond the scope of this Letter and will be analyzed in future studies.

In conclusion, we have theoretically investigated optomechanical transverse instabilities in a single mirror feedback configuration. Similar results are expected for other configurations, such as counterpropagating beams and ring cavities. In contrast to previous studies in cold gases, no velocity damping is assumed in the system. Our kinetic theory for such a damping-free case is formally extendible to the case of a single-specie plasma, with the dispersion relation depending on the initial velocity distribution of the gas. We demonstrated that for monotonically decreasing velocity distributions of the gas a transverse instability due to optomechanical coupling is in principle always expected. For the case of a Maxwellian gas, we identified the threshold condition for such an instability, together with an expression for the growth rate that agrees well with a numerical evaluation of the dispersion relation. A threshold appears when the driving effect due to the pump and the dephasing effect due to thermal motion balance each other. The theory developed here does not take into account absorption or nonlinear dispersion originating from the internal structure of the atoms so that the instability is entirely due to optomechanical coupling. The inclusion of such optical effects will be presented elsewhere, but we stress that they are not of principal importance in the large detuning limit. Future work could also extend the connection with plasma physics by including electrostaticlike effects [\[27](#page-4-13)–30] or investigate transverse instabilities in ultracold atomic gases and quantum plasmas.

We thank R. Kaiser, G. Labeyrie, and R. Martin for fruitful discussions. Financial support from the Leverhulme Trust (Research Grant No. F/00273/0) and the EPSRC (for G.R.M.R., Grant No. EP/H049339) is gratefully acknowledged.

- [1] A. M. Turing, [Phil. Trans. R. Soc. B](http://dx.doi.org/10.1098/rstb.1952.0012) 237, 37 (1952).
- [2] F. F. Chen, Introduction to Plasma Physics and Controlled Fusion (Springer, New York, 1984).
- [3] M. C. Cross and H. S. Greenside, Pattern Formation and Dynamics in Nonequilibrium Systems (Cambridge University Press, Cambridge, England, 2009).
- [4] G. Grynberg, E. Le Bihan, P. Verkerk, P. Simoneau, J. R. R. Leite, D. Bloch, S. Le Boiteux, and M. Ducloy, [Opt. Commun.](http://dx.doi.org/10.1016/0030-4018(88)90028-4) 67, 363 (1988).
- [5] W. J. Firth, [J. Mod. Opt.](http://dx.doi.org/10.1080/09500349014550211) 37, 151 (1990).
- [6] L. A. Lugiato and R. Lefever, *Phys. Rev. Lett.* **58**, 2209 (1987).
- [7] R. Neubecker, G.-L. Oppo, B. Thuering, and T. Tschudi, [Phys. Rev. A](http://dx.doi.org/10.1103/PhysRevA.52.791) 52, 791 (1995).
- [8] T. Ackemann and W. Lange, Phys. Rev. A 50[, R4468 \(1994\).](http://dx.doi.org/10.1103/PhysRevA.50.R4468)
- [9] P. Domokos and H. Ritsch, [Phys. Rev. Lett.](http://dx.doi.org/10.1103/PhysRevLett.89.253003) 89, 253003 [\(2002\).](http://dx.doi.org/10.1103/PhysRevLett.89.253003)
- [10] A. T. Black, H. W. Chan, and V. Vuletić, [Phys. Rev. Lett.](http://dx.doi.org/10.1103/PhysRevLett.91.203001) 91, [203001 \(2003\).](http://dx.doi.org/10.1103/PhysRevLett.91.203001)
- [11] R. Bonifacio and L. De Salvo, [Nucl. Instrum. Methods](http://dx.doi.org/10.1016/0168-9002(94)90382-4) [Phys. Res., Sect. A](http://dx.doi.org/10.1016/0168-9002(94)90382-4) 341, 360 (1994).
- [12] S. Slama, S. Bux, G. Krenz, C. Zimmermann, and P. W. Courteille, Phys. Rev. Lett. 98[, 053603 \(2007\)](http://dx.doi.org/10.1103/PhysRevLett.98.053603).
- [13] C. von Cube, S. Slama, D. Kruse, C. Zimmermann, P. W. Courteille, G. R. M. Robb, N. Piovella, and R. Bonifacio, Phys. Rev. Lett. 93[, 083601 \(2004\)](http://dx.doi.org/10.1103/PhysRevLett.93.083601).
- [14] J. A. Greenberg and D. J. Gauthier, [Eur. Phys. Lett.](http://dx.doi.org/10.1209/0295-5075/98/24001) 98, 24 [001 \(2012\)](http://dx.doi.org/10.1209/0295-5075/98/24001); J. A. Greenberg and D. J. Gauthier, [Phys. Rev.](http://dx.doi.org/10.1103/PhysRevA.86.013823) A 86[, 013823 \(2012\)](http://dx.doi.org/10.1103/PhysRevA.86.013823).
- [15] K. Baumann, C. Guerlin, F. Brenneke, and T. Esslinger, [Nature \(London\)](http://dx.doi.org/10.1038/nature09009) 464, 1301 (2010).
- [16] S. Inouye, A. Chikkatur, D. Stamper-Kurn, J. Stenger, D. Pritchard, and W. Ketterle, Science 285[, 571 \(1999\)](http://dx.doi.org/10.1126/science.285.5427.571).
- [17] S. Gopalakrishnan, B. Lev, and P. Goldbart, [Nat. Phys.](http://dx.doi.org/10.1038/nphys1403) 5, [845 \(2009\)](http://dx.doi.org/10.1038/nphys1403).
- [18] M. Saffman, [Phys. Rev. Lett.](http://dx.doi.org/10.1103/PhysRevLett.81.65) **81**, 65 (1998).
- [19] M. Saffman and Y. Wang, [Lect. Notes Phys.](http://dx.doi.org/10.1007/978-3-540-78217-9) 751, 1 [\(2008\).](http://dx.doi.org/10.1007/978-3-540-78217-9)
- [20] M. Muradyan, Y. Wang, W. Williams, and M. Saffman, Absolute instability and pattern formation in cold atomic vapors, in Nonlinear Guided Waves and Their Applications, vol. 90 of the 2005 OSA Technical Digest Series (Optical Society of America, Washington, DC, 2005), paper ThB29.
- [21] J. A. Greenberg, B. L. Schmittberger, and D. J. Gauthier, Opt. Express 19[, 22535 \(2011\)](http://dx.doi.org/10.1364/OE.19.022535).
- [22] E. Tesio, G. R. M. Robb, T. Ackemann, W. J. Firth, and G.-L. Oppo, [Phys. Rev. A](http://dx.doi.org/10.1103/PhysRevA.86.031801) 86, 031801(R) [\(2012\)](http://dx.doi.org/10.1103/PhysRevA.86.031801).
- [23] G. Labeyrie, E. Tesio, P. M. Gomes, G.-L. Oppo, W. J. Firth, G. R. M. Robb, A. Arnold, R. Kaiser, and T. Ackemann (to be published).
- [24] C. Joshi, Phys. Scr. **T30**[, 90 \(1990\)](http://dx.doi.org/10.1088/0031-8949/1990/T30/013).
- [25] W. B. Mori, C. Joshi, J. M. Dawson, D. W. Forslund, and J. M. Kindel, [Phys. Rev. Lett.](http://dx.doi.org/10.1103/PhysRevLett.60.1298) 60, 1298 (1988).
- [26] P. Kaw, G. Schmidt, and T. Wilcox, [Phys. Fluids](http://dx.doi.org/10.1063/1.1694552) 16, 1522 [\(1973\).](http://dx.doi.org/10.1063/1.1694552)
- [27] J. T. Mendonça, R. Kaiser, H. Terças, and J. Loureiro, [Phys.](http://dx.doi.org/10.1103/PhysRevA.78.013408) Rev. A 78[, 013408 \(2008\)](http://dx.doi.org/10.1103/PhysRevA.78.013408).
- [28] J. T. Mendonça, Phys. Rev. A 81[, 023421 \(2010\).](http://dx.doi.org/10.1103/PhysRevA.81.023421)
- [29] H. Terças, J. T. Mendonça, and R. Kaiser, [Eur. Phys. Lett.](http://dx.doi.org/10.1209/0295-5075/89/53001) 89[, 53001 \(2010\)](http://dx.doi.org/10.1209/0295-5075/89/53001).
- [30] J. T. Mendonça and R. Kaiser, [Phys. Rev. Lett.](http://dx.doi.org/10.1103/PhysRevLett.108.033001) 108, 033001 [\(2012\).](http://dx.doi.org/10.1103/PhysRevLett.108.033001)
- [31] A. Ashkin, J. Dziedzic, and P. Smith, Opt. Lett. 7[, 276 \(1982\).](http://dx.doi.org/10.1364/OL.7.000276)
- [32] C. S. Gardner, Phys. Fluids **6**[, 839 \(1963\).](http://dx.doi.org/10.1063/1.1706823)