Quantum Synchronization of Quantum van der Pol Oscillators with Trapped Ions

Tony E. Lee and H. R. Sadeghpour

ITAMP, Harvard-Smithsonian Center for Astrophysics, Cambridge, Massachusetts 02138, USA (Received 26 June 2013; published 4 December 2013)

The van der Pol oscillator is the prototypical self-sustained oscillator and has been used to model nonlinear behavior in biological and other classical processes. We investigate how quantum fluctuations affect phase locking of one or many van der Pol oscillators. We find that phase locking is much more robust in the quantum model than in the equivalent classical model. Trapped-ion experiments are ideally suited to simulate van der Pol oscillators in the quantum regime via sideband heating and cooling of motional modes. We provide realistic experimental parameters for 171 Yb⁺ achievable with current technology.

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The van der Pol (vdP) oscillator was originally conceived in 1920 to describe nonlinear behavior in vacuumtube circuits [1]. Since then, it has been the basis for countless works, and is now a textbook model in nonlinear dynamics [2]. As the prototypical self-sustained oscillator that can phase-lock with an external drive or with other oscillators [3], the vdP oscillator has been used to model the dynamics of a variety of biological processes, such as the heart [4], neurons [5], and circadian rhythms [6]. There is also fundamental interest in nonequilibrium phase transitions of ensembles of oscillators [7–12].

The basic form of the vdP oscillator in the absence of a driving force is

$$\ddot{x} + \omega_o^2 x - \epsilon (1 - x^2) \dot{x} = 0, \qquad (1)$$

where $\epsilon > 0$. This is a harmonic oscillator with two types of dissipation: negative damping $(-\dot{x})$ and nonlinear damping $(x^2\dot{x})$. The combination of the two leads to selfsustained oscillations in steady state, known as a limit cycle.

Equation (1) is a classical equation of motion. We are interested in the behavior of the oscillator in the quantum limit (near the ground state), when quantum fluctuations play an important role. The appeal of the quantum vdP oscillator is that due to its simple form, it can serve as a prototypical model for studying synchronization in the quantum limit, which has recently drawn significant interest [13–18].

The quantum vdP oscillator is particularly relevant to trapped-ion experiments [19–22]. As we explain below, it can be implemented via sideband heating and cooling of an ion. By using multiple motional modes, one can even study collective dynamics of many oscillators. Thus, trapped ions are an ideal platform for simulating quantum oscillator models. This extends recent work on nonlinear dynamics with trapped ions into the quantum regime [23–30].

In this Letter, we study the quantum behavior of vdP oscillators under four scenarios: one oscillator with and without an external drive, two coupled oscillators, and an

infinite number of oscillators with global coupling. In general, we find that the classical features are retained in the quantum limit but with significant differences. In particular, we find that phase-locking behavior can be much stronger in the quantum model than in the equivalent classical model. We also discuss experimental implementation with trapped ions.

Model.—When $\epsilon \ll 1$, it is convenient to write x in terms of a complex amplitude: $x(t) = \alpha(t)e^{i\omega_o t} + c.c.$ Then Eq. (1) becomes $\dot{\alpha} = (\epsilon/2)(1 - |\alpha|^2)\alpha$. The following quantum model recovers this amplitude equation in the classical limit. It is based on a quantum harmonic oscillator, whose Hilbert space is given by Fock states $|n\rangle$, where *n* is the number of phonons. Consider the following master equation for the density matrix ρ :

$$\dot{\rho} = -i[H,\rho] + \kappa_1 (2a^{\dagger}\rho a - aa^{\dagger}\rho - \rho aa^{\dagger}) + \kappa_2 (2a^2\rho a^{\dagger 2} - a^{\dagger 2}a^2\rho - \rho a^{\dagger 2}a^2),$$
(2)

where $\hbar = 1$. This equation may be derived from a microscopic model that includes the environmental bath [31]. In the interaction picture, H = 0. There are two dissipative processes: the oscillator gains one phonon at a time with rate $2\kappa_1 \langle aa^{\dagger} \rangle$, and it loses two phonons at a time with rate $2\kappa_2 \langle a^{\dagger 2}a^2 \rangle$. These two processes are the quantum analogues of negative damping and nonlinear damping in Eq. (1) [33,34]. Other dissipative models were similarly quantized in Refs. [35–38].

The classical limit is when there are many phonons: $\langle a^{\dagger}a \rangle \gg 1$. In this case, one can replace the operator a with a complex number α , which denotes a coherent state. To precisely show the quantum-classical correspondence, we convert Eq. (2) into a Fokker-Planck equation for the quantum Wigner function $W_q(\alpha, \alpha^*, t)$. The Wigner function can be thought of as a probability distribution for the oscillator in the space of coherent states. [It is actually a quasiprobability distribution, since it can be negative.] Using standard techniques (see Chap. 4 of Ref. [39]), one finds

$$\partial_{t}W_{q} = \{ (\partial_{\alpha}\alpha + \partial_{\alpha^{*}}\alpha^{*})[-\kappa_{1} + 2\kappa_{2}(|\alpha|^{2} - 1)] \\ + \partial_{\alpha}\partial_{\alpha^{*}}[\kappa_{1} + 2\kappa_{2}(2|\alpha|^{2} - 1)] \\ + \frac{\kappa_{2}}{2}(\partial_{\alpha}^{2}\partial_{\alpha^{*}}\alpha + \partial_{\alpha}\partial_{\alpha^{*}}^{2}\alpha^{*})\}W_{q}.$$
(3)

The diffusion (the expression after $\partial_{\alpha} \partial_{\alpha^*}$) can be negative, and there are third-order derivatives. So Eq. (3) is actually not of Fokker-Planck form. However, in the classical limit ($|\alpha|^2 \gg 1$), it can be put into Fokker-Planck form via linearization (see Chap. 5 of Ref. [39])

$$\partial_t W_c = \{ (\partial_\alpha \alpha + \partial_{\alpha^*} \alpha^*) [-\kappa_1 + 2\kappa_2 (|\alpha|^2 - 1)] \\ + \partial_\alpha \partial_{\alpha^*} (3\kappa_1 + 2\kappa_2) \} W_c.$$
(4)

We call this the "classical model," and label the Wigner function in this classical approximation as W_c to distinguish it from the Wigner function W_q of the original quantum model. We emphasize that W_c accurately describes Eq. (2) only in the classical limit, while W_q is always exact. The equivalent classical Langevin equation is

$$\dot{\alpha} = \alpha(\kappa_1 + 2\kappa_2 - 2\kappa_2|\alpha|^2) + \xi^R(t) + i\xi^I(t), \quad (5)$$

$$\langle \xi^{R}(t)\xi^{R}(t')\rangle = \langle \xi^{I}(t)\xi^{I}(t')\rangle = \left(\frac{3\kappa_{1}}{2} + \kappa_{2}\right)\delta(t-t').$$
(6)

This is the amplitude equation of the vdP oscillator but with "quantum noise" due to the stochastic dissipation.

Thus, when $\langle a^{\dagger}a \rangle \gg 1$, the quantum oscillator is essentially a classical oscillator with white noise. The properties of such an oscillator are well understood [40]. In contrast, we are interested in the quantum limit ($\langle a^{\dagger}a \rangle \sim 1$), when the quantum model is not equivalent to a classical noisy oscillator. In other words, we are interested in when Eq. (3) cannot be approximated by Eq. (4). In this regime, the oscillator is near the ground state, and the discreteness of the energy levels is too important to be treated simply as noise.

In the absence of noise, the steady-state number of phonons in Eq. (5) is $|\alpha|^2 = (\kappa_1/2\kappa_2) + 1$. Thus, the quantum limit corresponds to large κ_2 , while the classical limit corresponds to small κ_2 . Below, we will compare W_c and W_q . Presumably, they should agree in the classical limit (small κ_2) but deviate in the quantum limit (large κ_2).

One vdP oscillator without a drive.—We first compare classical and quantum results for a bare vdP oscillator. Figures 1(a)-1(c) show that in the classical limit, the steady-state Wigner functions, W_c and W_q , agree. The Wigner function has a "ring" shape: its maximum is offset from the origin, reflecting the fact that the complex amplitude α is nonzero in steady state. The radial symmetry is due to the fact that the phase of α is not fixed. The peak is broadened by quantum noise [41]. Figures 1(d)-1(f) show W_c and W_q in the quantum limit. Both retain the ring shape, but there are clear differences between them.



FIG. 1 (color online). Wigner function for an oscillator without external drive. (a)–(c) Classical limit with $\kappa_2 = 0.05\kappa_1$: (a) W_c , (b) W_q , and (c) both W_c (black, dashed line) and W_q (red, solid line). (d)–(f) Same, but for the quantum limit with $\kappa_2 = 20\kappa_1$.

The steady-state W_c is easily found from Eq. (4) [40]

$$W_{c}(\alpha, \alpha^{*}) \propto e^{\{(2/(3\kappa_{1}+2\kappa_{2}))[(\kappa_{1}+2\kappa_{2})|\alpha|^{2}-\kappa_{2}|\alpha|^{4}]\}}.$$
 (7)

When $\kappa_2 \rightarrow \infty$, this classical approximation becomes,

$$W_c(\alpha, \alpha^*) \propto e^{2|\alpha|^2 - |\alpha|^4}.$$
 (8)

To find W_q , we first solve for the steady state of Eq. (2) perturbatively in $1/\kappa_2$: $\rho = \frac{2}{3}|0\rangle\langle 0| + \frac{1}{3}|1\rangle\langle 1| + O(1/\kappa_2)$. In the limit $\kappa_2 \to \infty$, the Wigner function is

$$W_q(\alpha, \alpha^*) = \frac{2}{3\pi} (4|\alpha|^2 + 1)e^{-2|\alpha|^2}.$$
 (9)

Interestingly, W_q retains the ring shape in the quantum limit; i.e., it is peaked away from the origin. However, W_c and W_q have different functional forms in the quantum limit, with maxima at $|\alpha| = 1$ and 1/2, respectively.

When $\kappa_2 \rightarrow \infty$, the oscillator is confined to $|0\rangle$ and $|1\rangle$, since all other Fock states are immediately annihilated by the nonlinear damping. The relative populations (2/3 in $|0\rangle$ and 1/3 in $|1\rangle$) are because the oscillator spends twice as much time in $|0\rangle$ as in $|1\rangle$, as seen in the transition rates: $|0\rangle \frac{2\kappa_1}{2\kappa_1} |1\rangle \frac{4\kappa_1}{22} |2\rangle \frac{4\kappa_2}{2} |0\rangle$.

One vdP oscillator with a drive.—It is known that when a classical vdP oscillator is coupled to an external sinusoidal drive near resonance, the oscillator phase-locks with the drive [3]. To study this case, we set $H = \Delta a^{\dagger}a + (E/2)(a + a^{\dagger})$, where *E* is the driving strength and Δ is the detuning of the oscillator from the drive. Then the Langevin equation in Eq. (5) gets additional terms $-i\Delta\alpha - i(E/2)$ on the right-hand side.

In the absence of noise, the phase of α locks to a certain value when Δ is small relative to *E*. For example, when $\Delta = 0$, the phase is fixed to $3\pi/2$. In the presence of noise, the phase is no longer strictly locked, but is still attracted to

some value. This is seen in Fig. 2(a); radial symmetry is lost because the phase is pulled by the drive.

When $\Delta = 0$, W_c can be found analytically; it is the same as Eq. (7) but with an additional term $-(E/2i) \times (\alpha - \alpha^*)$ in the square brackets. In the limit $\kappa_2 \rightarrow \infty$, W_c is the same as Eq. (8) [Fig. 2(d)]. Thus, in the quantum limit, the classical model exhibits no trace of the external drive, because there is infinite quantum noise [Eq. (6)].

In the classical limit, W_q reproduces the locking behavior of the classical model [Fig. 2(b)]. In contrast to W_c , in the quantum limit, W_q still exhibits locking behavior [Fig. 2(e)]. The quantum model can be solved perturbatively as before, and ρ now includes off-diagonal elements, such as $|0\rangle\langle 1|$. In the limit $\kappa_2 \rightarrow \infty$,

$$W_q(|\alpha|, \phi) \propto [2(\Delta^2 + 9\kappa_1^2) + 2(4\Delta^2 + 3E^2 + 36\kappa_1^2)|\alpha|^2 - 4E|\alpha|(\Delta\cos\phi + 3\kappa_1\sin\phi)]e^{-2|\alpha|^2}, \quad (10)$$

using polar coordinates: $\alpha = |\alpha|e^{i\phi}$. Thus, phase pulling by the drive survives in the quantum model, but not in the classical model.

Two coupled vdP oscillators.—It is known that two classical vdP oscillators coupled to each other spontaneously phase lock [3]. Here, we assume that the coupling is reactive, as motivated by trapped ions. Labelling the oscillators as 1 and 2, the model is

$$\dot{\rho} = -i[H,\rho] + \kappa_1 \sum_n (2a_n^{\dagger}\rho a_n - a_n a_n^{\dagger}\rho - \rho a_n a_n^{\dagger}) + \kappa_2 \sum_n (2a_n^2 \rho a_n^{\dagger 2} - a_n^{\dagger 2} a_n^2 \rho - \rho a_n^{\dagger 2} a_n^2),$$
(11)

where $H = V(a_1^{\dagger}a_2 + a_1a_2^{\dagger})$, and V is the coupling strength. The classical Langevin equations are



FIG. 2 (color online). Wigner function for an oscillator with external drive $E = \kappa_1$. (a)–(c) Classical limit with $\kappa_2 = 0.05\kappa_1$: (a) W_c , (b) W_q , and (c) both W_c (black, dashed line) and W_q (red, solid line) after integrating out $|\alpha|$. (d)–(f) Same, but for the quantum limit with $\kappa_2 = 20\kappa_1$.

$$\dot{\alpha}_{1} = \alpha_{1}(\kappa_{1} + 2\kappa_{2} - 2\kappa_{2}|\alpha_{1}|^{2}) - iV\alpha_{2} + \xi_{1}^{R}(t) + i\xi_{1}^{I}(t),$$

$$\dot{\alpha}_{2} = \alpha_{2}(\kappa_{1} + 2\kappa_{2} - 2\kappa_{2}|\alpha_{2}|^{2}) - iV\alpha_{1} + \xi_{2}^{R}(t) + i\xi_{2}^{I}(t),$$

(12)

where the noise correlations are the same as in Eq. (6).

Using Eq. (12), one can show that in the absence of noise, the steady state is bistable between in-phase and antiphase locking. The presence of noise makes the synchronization imperfect, but there is still a tendency towards phase locking. To characterize the two-oscillator system, we use a two-mode Wigner function $W_c(\alpha_1, \alpha_1^*, \alpha_2, \alpha_2^*)$, which can be thought of as a joint probability distribution [32]. We integrate out $|\alpha_1|, |\alpha_2|, \phi_1 + \phi_2$, so that W_c is a function only of $\phi_1 - \phi_2$.

Figure 3 shows $W_c(\phi_1 - \phi_2)$ and $W_q(\phi_1 - \phi_2)$, found by simulating Eqs. (12) and (11), respectively. As expected, they are peaked at $\phi_1 - \phi_2 = 0$, π corresponding to in-phase and antiphase locking. As κ_2 increases, the peaks of both W_c and W_q become lower due to increasing quantum noise. Figure 3(b) shows that for large but finite κ_2 , phase locking is stronger in the quantum model than in the classical model; i.e., W_q has higher peaks. In the limit $\kappa_2 \rightarrow \infty$, there are no peaks in either W_c or W_q , meaning that all phase locking is lost.

By solving Eq. (11) perturbatively in $1/\kappa_2$, one finds

$$W_q(\phi_1 - \phi_2) = \frac{1}{2\pi} + \frac{V^2}{9\pi\kappa_2^2}\cos 2(\phi_1 - \phi_2) + O\left(\frac{1}{\kappa_2^3}\right).$$
(13)

which has peaks at $\phi_1 - \phi_2 = 0$, π . When $\kappa_2 \to \infty$, $\rho = (\frac{2}{3}|0\rangle\langle 0| + \frac{1}{3}|1\rangle\langle 1|) \otimes (\frac{2}{3}|0\rangle\langle 0| + \frac{1}{3}|1\rangle\langle 1|)$, i.e., a product of mixed states, and the peaks disappear. When κ_2 is large but finite, the peaks emerge due to off-diagonal elements $|02\rangle\langle 20|$ and $|20\rangle\langle 02|$. Thus, phase attraction between the oscillators exists when the oscillators occupy states $|2\rangle$ or higher, but not when they occupy only $|0\rangle$ and $|1\rangle$.

Infinite number of coupled vdP oscillators.—It is common to study large systems of globally coupled vdP



FIG. 3 (color online). Wigner function for two coupled oscillators with $V = 3\kappa_1$, showing W_c (black, dashed line) and W_q (red, solid line) as a function of the phase difference. (a) Classical limit with $\kappa_2 = 0.05\kappa_1$. (b) Quantum limit with $\kappa_2 = 10\kappa_1$.



FIG. 4 (color online). Numerical phase diagrams for globally coupled vdP oscillators, comparing the classical model with N = 3000 (black triangles) with the quantum model (red circles). (a) Steady states in classical limit with $\kappa_2 = 0.005 \kappa_1$. (b) Boundary between synchronized and unsynchronized phases.

oscillators [7–12]. It is known that an infinite system of globally coupled classical oscillators spontaneously develops a synchronized phase. When noise is added, there is phase transition to the unsynchronized phase [8,11]. We consider the obvious generalization of Eq. (11) to N identical oscillators with $H = (V/N)\sum_{m \le n} (a_m^{\dagger}a_n + a_m a_n^{\dagger})$. The continuum version was studied in Ref. [42]. The classical Langevin equations are

$$\dot{\alpha}_n = \alpha_n (\kappa_1 + 2\kappa_2 - 2\kappa_2 |\alpha_n|^2) - i \frac{V}{N} \sum_{m \neq n} \alpha_m + \xi_n^R(t) + i \xi_n^I(t), \qquad n = 1, \dots, N,$$
(14)

with $N \to \infty$. The order parameter is $r = (1/N) |\sum_n \alpha_n|$. The system is unsynchronized when r = 0 and synchronized when r > 0.

In the classical model without noise, both r = 0 and $r = \sqrt{\frac{\kappa_1}{2\kappa_2} + 1}$ are stable steady states for any V > 0 [43]. In the presence of noise, r = 0 is always stable, while the synchronized state exists only when V is above some critical value [Fig. 4(a)]. Thus, the synchronized phase appears via a first-order phase transition [44]. The critical value of V increases with noise, i.e., with κ_2 . Figure 4(b) shows the phase diagram.

To solve the quantum model, we use a self-consistent mean-field approach, which is exact for infinite *N*. We use Eq. (2) with $H = V(\langle a^{\dagger} \rangle a + \langle a \rangle a^{\dagger})$ and look for the steady states of the resulting nonlinear master equation [13]. The quantum order parameter is $r = |\langle a \rangle|$. In the classical limit, the steady states and phase boundary agree with the classical model (Fig. 4). However, near the quantum limit, the phase transition occurs at a much lower value of *V* in the quantum model, implying that synchronization is significantly stronger in the quantum model than in the classical one.

This first-order phase transition differs from the secondorder phase transitions in optomechanical arrays [13] and polariton condensates [42,45–47].

Experimental implementation.—Consider a trapped ion with ground state $|g\rangle$ and excited state $|e\rangle$. Let one



FIG. 5 (color online). Level scheme for an ion with trap frequency ω_o . (a) Negative damping comes from exciting the blue sideband of $|g\rangle \rightarrow |e\rangle$ (blue arrow). Nonlinear damping comes from exciting the double red sideband of $|g\rangle \rightarrow |e'\rangle$ (red arrow). (b) Two modes can be coupled by off-resonantly exciting their blue sidebands of $|g\rangle \rightarrow |e''\rangle$.

motional mode be the relevant harmonic oscillator with resonance frequency ω_0 . Experiments often do sideband cooling by laser exciting to $|e\rangle$ but detuned by $-\omega_o$, with subsequent decay back to $|g\rangle$ [19]. This removes one phonon at a time: $|g, n\rangle \rightarrow |e, n - 1\rangle \rightarrow |g, n - 1\rangle$. To approximately implement Eq. (2), one laser excites to $|e\rangle$ but detuned by $+\omega_o$, and simultaneously laser excites to another state $|e'\rangle$ but detuned by $-2\omega_0$ [Fig. 5(a)]. This adds one and removes two phonons at a time, respectively. (Negative damping could also come from electric-field noise in the electrodes [48–50].)

An external drive can be added by applying an rf signal. Two coupled vdP oscillators can be implemented as follows. First, implement the above scheme for two motional modes with similar frequencies. Then drive the blue-sideband transition of both modes using a third excited state $|e''\rangle$ [Fig. 5(b)]. By detuning from the blue sideband, this leads to the effective Hamiltonian $H = V(a_1^{\dagger}a_2 + a_1a_2^{\dagger})$. One can extend this to multiple modes of several ions, and thereby study collective dynamics of many oscillators. To characterize the system, one can directly measure the Wigner function [51–53]. Experimentally realizable parameters for ¹⁷¹Yb⁺ are given in the Supplemental Material [54].

Conclusion.—We have shown that phase locking is more robust in the quantum model than in the classical model. For future work, one can study how quantum fluctuations affect phase locking in an ensemble of nonidentical oscillators [7–12] or on a complex network [55], as is commonly studied in the classical regime. One can also study how quantum fluctuations affect spatiotemporal solutions on a lattice, such as plane waves [56], vortices [57], and phase compactons [58]. Finally, since the classical vdP oscillator exhibits relaxation oscillations and chaos in the strong-damping limit [3], it would be interesting to investigate the quantum oscillator in this limit.

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Note added in proof.—After submission of this paper, we became aware of Ref. [17], which studies the quantum vdP oscillator with an external drive.

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