Measures of Quantum Synchronization in Continuous Variable Systems

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We introduce and characterize two different measures which quantify the level of synchronization of coupled continuous variable quantum systems. The two measures allow us to extend to the quantum domain the notions of complete and phase synchronization. The Heisenberg principle sets a universal bound to complete synchronization. The measure of phase synchronization is, in principle, unbounded; however, in the absence of quantum resources (e.g., squeezing) the synchronization level is bounded below a certain threshold. We elucidate some interesting connections between entanglement and synchronization and, finally, discuss an application based on quantum optomechanical systems.

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In the 17th century, Huygens noticed that the oscillations of two pendulum clocks with a common support tend to synchronize [Fig. $1(a)$] [\[1](#page-4-0)]. Since then, analogous phenomena have been observed in a large variety of different contexts, e.g., neuron networks, chemical reactions, heart cells, fireflies, etc. [[2\]](#page-4-1). They are all instances of what it is called the spontaneous synchronization effect where two or more systems, in the complete absence of any external time-dependent driving force, tend to synchronize their motion solely due to their mutual coupling. The emergence of spontaneous synchronization in so many different physical settings encouraged its investigation within classical nonlinear dynamical systems. Here, given the time evolution of two dynamical variables, such as the position of two pendula, standard methods exist to verify whether their motion is synchronized [[2\]](#page-4-1). For quantum systems, however, the same approaches cannot be straightforwardly extended due to the absence of a clear notion of phasespace trajectories. The aim of this work is to address this problem, developing a consistent and quantitative theory of synchronization for continuous variable (CV) systems evolving in the quantum regime [\[3\]](#page-4-2). To this aim we introduce two different quantum measures of synchronization, extrapolating them from notions of complete and phase synchronization introduced for classical models. We will show that quantum mechanics sets bounds on the achievable level of synchronization between two CV systems and we will discuss the relationship between entanglement and synchronization. We finally apply our approach for studying the dynamics of coupled optomechanical systems [[4](#page-4-3),[5\]](#page-4-4).

In the quantum domain synchronization has been studied in various contexts, such as quantum information protocols [\[6\]](#page-4-5), two-level systems [[7](#page-4-6)], and stochastic systems [\[8\]](#page-4-7). While our measures could also, in principle, be extended to these cases, our endeavor is specifically framed in the research line investigating the spontaneous synchronization of micro- and nanomechanical systems [\[9–](#page-4-8)[17](#page-4-9)]. Recent experimental advances allow us to realize optomechanical arrays composed of two or more coupled mechanical resonators controlled close to their quantum regime by laser driving [[18](#page-4-10)–[21\]](#page-4-11). Such devices have all the properties (nonlinear dynamics, limit cycles, etc.) that are necessary for the emergence of spontaneous synchronization [[9](#page-4-8),[22](#page-4-12)] and indeed some first experimental evidences of this effect have been found [\[14](#page-4-13)[,15](#page-4-14)[,17\]](#page-4-9).

Quantum synchronization measures.—In a purely classical setting, synchronization is mostly studied in the context of autonomous nonlinear systems undergoing limit cycles or chaotic evolution (linear systems being usually excluded because they converge to constant or unstable solutions). In this scenario one can identify different forms of synchronization [\[2](#page-4-1)]. Complete synchronization is achieved when (say) two subsystems S_1 and S_2 , initialized into independent configurations, acquire identical trajectories under the effects of mutual interactions. Specifically, given two CV classical systems characterized by the (dimensionless) canonical variables $q_1(t)$, $p_1(t)$ and $q_2(t)$,

FIG. 1 (color online). Huygens' original sketch [\[1\]](#page-4-0) of two synchronizing pendulum clocks (a) and the quantum mechanical analogue consisting of two (or more) coupled optomechanical systems (b). Here, mechanical resonators are driven into selfsustained oscillations by the nonlinear radiation pressure force of independent optical modes. A weak mechanical interaction is responsible for the spontaneous synchronization of the limit cycles. All symbols are defined in the main text.

 $p_2(t)$ describing the evolution of S_1 and S_2 in phase space, complete synchronization is reached when the quantities $q_-(t) := [q_1(t) - q_2(t)]/\sqrt{2}$ and $p_-(t) :=$ $[p_1(t) - p_2(t)]/\sqrt{2}$ asymptotically vanish for large enough times [\[23\]](#page-4-15). Phase synchronization is instead achieved when, under the same conditions detailed above, only the phases $\varphi_j(t) = \arctan[p_j(t)/q_j(t)]$ are locked, i.e., when the quantity $\varphi_-(t) := \varphi_1(t) - \varphi_2(t)$ asymptotically converges to a constant phase shift $\varphi_0 \in [0, 2\pi]$.

One can already foresee that extending the above concepts to quantum mechanical systems is not straightforward and that some fundamental limits could exist that prevent the exact fulfillment of the conditions given above. In particular, identifying the dimensionless quantities $q_i(t)$, $p_i(t)$ as quadrature operators obeying the canonical commutation rules $[q_j(t), p_{j'}(t)] = i\delta_{jj'}$ [[3](#page-4-2)], the relative coordinates $q_-(t)$ and $p_-(t)$ will correspond to generalized position and momentum operators of the same (antisymmetric) mode of the system. Accordingly, the uncertainty principle will now prevent the possibility of exactly achieving the condition required by classical complete synchronization.

To turn this into a quantitative statement, we identify $q(t)$ and $p(t)$ as synchronization errors and introduce the following figure of merit

$$
S_c(t) := \langle q_-(t)^2 + p_-(t)^2 \rangle^{-1}, \tag{1}
$$

gauging the level of quantum complete synchronization attained by the system (here, $\langle \cdots \rangle$ implies taking the expectation value with respect to the density matrix of the quantum system). We then observe that the Heisenberg principle requires $\langle q_-(t)^2 \rangle \langle p_-(t)^2 \rangle \ge 1/4$ and hence

$$
S_c(t) \le \frac{1}{2\sqrt{\langle q_-(t)^2 \rangle \langle p_-(t)^2 \rangle}} \le 1,
$$
\n(2)

which sets a universal limit to the complete synchronization two CV systems can reach. On the contrary, in a purely classical theory, $S_c(t)$ is, in principle, unbounded [\[24\]](#page-4-16). Indeed, in real units the right-hand side of the bound scales as \hbar^{-1} , diverging in the limit $\hbar \rightarrow 0$.

A small value of $S_c(t)$ can have two possible origins: the mean values of $q(t)$ and $p(t)$ are not exactly zero, and/or the variances of such operators are large. The former situation can be interpreted as a classical systematic error [\[25\]](#page-4-17), while the latter is due to the influence of thermal and quantum noise. The classical systematic error can be easily excluded from the measure of synchronization by using the same expression of Eq. (1) (1) but after the application of the change of variables:

$$
q_{-}(t) \rightarrow q_{-}(t) - \langle q_{-}(t) \rangle, \qquad p_{-}(t) \rightarrow p_{-}(t) - \langle p_{-}(t) \rangle. \tag{3}
$$

This gives a relative measure of synchronization which is always larger than the previous absolute one and which may be preferable whenever the aim is that of selectively investigating purely quantum mechanical effects. Obviously, the bound of Eq. ([2\)](#page-1-1) holds also for this relative measure.

Constructing a quantum analogue of the phase synchronization condition is more demanding due to the controversial nature of the quantum phase operator(s); see, e.g., Ref. [\[26\]](#page-4-18). In principle, one could use a phase-difference operator such as the one proposed in [[27](#page-4-19)]; however, we adopt a more pragmatic approach which allows us to target departures from the ideal (classical) synchronization condition, due to quantum fluctuations. To do so, we write the operator $a_j(t) := [q_j(t) + ip_j(t)]/\sqrt{2}$ of the jth system as

$$
a_j(t) = [r_j(t) + a'_j(t)]e^{i\varphi_j(t)}, \qquad (4)
$$

where $r_i(t)$ and $\varphi_i(t)$ are the amplitude and phase of the expectation value of $a_j(t)$, i.e., $\langle a_j(t) \rangle = r_j(t)e^{i\varphi_j(t)}$. With this choice, the Hermitian and anti-Hermitian part of $a'_j(t) = [q'_j(t) + ip'_j(t)]/\sqrt{2}$ can now be interpreted as fluctuations of the amplitude and of the phase, respectively [indeed, this is the reason why in quantum optics $q_j'(t)$ and $p_j'(t)$ are often called amplitude and phase quadratures]. If two CV systems are on average synchronized such that the phases of $\langle a_1(t) \rangle$ and of $\langle a_2(t) \rangle$ are locked, then the phase shift with respect to this locking condition can be associated with the operator $p'_{-}(t) = [p'_{1}(t) - p'_{2}(t)]/\sqrt{2}$. A measure of quantum phase synchronization can then be obtained through the quantity

$$
S_p(t) := \frac{1}{2} \langle p_-'(t)^2 \rangle^{-1}.
$$
 (5)

Differently from the measure ([1\)](#page-1-0), S_p can be, in principle, arbitrarily large. Nonetheless, if two CV quantum systems evolve in time such that their P function $[3,28]$ $[3,28]$ $[3,28]$ is always positive (quantum optics notion of classicality), then perfect phase synchronization is impossible and one has

positive *P* function
$$
\Rightarrow
$$
 $S_p(t) \le 1.$ (6)

Indeed, a value of $\langle p'_{-}(t)^2 \rangle$ below 1/2 implies the existence of collective squeezing, and so the impossibility of a phasespace representation of the state through a positive P function. Notice that, with respect to the fundamental bound (2) , the threshold (6) (6) is much weaker since it can be overcome with squeezed states.

Furthermore, the specific structure of the limit cycles associated with the average quantities $r_i(t)$ and $\varphi_i(t)$ may lead to additional bounds for S_p . If, for example, (i) the system under consideration exhibits mean values quantities $\langle a_i(t) \rangle$ converging to approximately circular limit cycles in the phase space, (ii) the noise operating in the system is not phase sensitive (i.e., is invariant for phase-space rotations), and (iii) the interaction potential between the two systems is of the form $H_{int} = -\mu (a_1 a_2^{\dagger} + a_2 a_1^{\dagger})$, then it is reasonable to conjecture that $\langle p'_{-}(t)^2 \rangle \ge \langle q'_{-}(t)^2 \rangle$. This, together with the Heisenberg principle, leads to the bound

$$
S_p(t) \le S_c(t) \le 1. \tag{7}
$$

While referring to the Supplemental Material [[29](#page-4-21)] for an heuristic derivation of Eq. ([7\)](#page-1-3), we remark that such inequality is consistent with the results shown later on optomechanical systems.

Quantum correlations and synchronization.— Synchronization and entanglement are both associated with the presence of correlations between two or more systems. It is thus natural to ask if, in the quantum regime, there is a strong interplay between the two effects. Quite surprisingly, however, it turns out that, according to our measures, the stationary state of two CV systems can possess maximum amount of complete or phase synchronization without being necessarily entangled. For instance, a system converging to two factorized coherent states evolving in time such that $\langle a_1(t) \rangle = \langle a_2(t) \rangle$ exhibits maximum complete synchronization $(S_c = 1)$ but has no entanglement. Similarly, consider two locally squeezed states rotating in phase space such that $\langle a_1(t) \rangle = \langle a_2(t) \rangle$ and $\langle p_1'(t)^2 \rangle = \langle p_2'(t)^2 \rangle = \epsilon$, with p_k' being the quadrature orthogonal to the phase-space cycle of subsystem k as defined in Eq. ([4\)](#page-1-4) (said in simpler words, these are two squeezed states moving like synchronized clock hands in phase space). This state has arbitrary high phase synchronization $S_p = \frac{1}{2} \epsilon^{-1}$, but it is clearly not entangled. Entanglement appears hence to enforce correlations which are qualitatively different from those required to yield high values for $S_c(t)$ and $S_p(t)$. A better insight into this can be obtained by considering the very precursor of all CV entangled states, i.e., the Einstein-Podolsky-Rosen (EPR) state [[30](#page-4-22)], which describes the ideal scenario of two systems having the same positions but opposite momenta. It is thus clear that synchronization requires different constraints which could instead have a relationship with other measures of quantum correlations, such as quantum discord (see, e.g., our successive results on optomechanical systems). We conclude this section with an open question on the converse problem: What kind of synchronization phenomenon corresponds in the quantum limit to EPR correlations? EPR entanglement could be identified as a mixture of complete and antisynchronization, i.e., $q_1(t) = q_2(t)$ and $p_1(t) = -p_2(t)$. Recently, this unconventional regime, called mixed synchronization, has been introduced and observed in classical nonlinear systems [[31](#page-4-23)], but whether this concept is relevant and extendible in the quantum domain is still unexplored.

Measures and bounds at work.—Optomechanical devices [[4](#page-4-3),[5\]](#page-4-4) provide the perfect setting where our measures for synchronization can be directly applied. We thus identify S_1 and S_2 with two approximately identical mechanical resonators [see Fig. $1(b)$] coupled to independent cavity optical modes (needed to induce self-sustained limit cycles) and mutually interacting through a phonon tunnel-ing term [\[9](#page-4-8)] of intensity μ :

$$
H = \sum_{j=1,2} \left[-\Delta_j a_j^{\dagger} a_j + \omega_j b_j^{\dagger} b_j - g a_j^{\dagger} a_j (b_j + b_j^{\dagger}) + iE(a_j - a_j^{\dagger}) \right] - \mu (b_1 b_2^{\dagger} + b_2^{\dagger} b_1).
$$
 (8)

In this expression, for $j = 1, 2, a_j$ and b_j are the optical and mechanical annihilation operators, ω_i are the mechanical frequencies, Δ_j are the optical detunings, g is the optomechanical coupling constant, while E is the laser intensity which drives the optical cavities $(h = 1)$. For simplicity, g and E are assumed to be equal in both systems while ω_1 and ω_2 can be slightly different. Dissipative effects are included adopting the Heisenberg picture and writing the following quantum Langevin equations [[32\]](#page-4-24):

$$
\dot{a}_j = [-\kappa + i\Delta_j + ig(b_j + b_j^{\dagger})]a_j + E + \sqrt{2\kappa}a_j^{\text{in}},
$$

\n
$$
\dot{b}_j = [-\gamma - i\omega_j]b_j + iga_j^{\dagger}a_j + i\mu b_{3-j} + \sqrt{2\gamma}b_j^{\text{in}}.
$$
\n(9)

Here, κ and γ are, respectively, the optical and mechanical damping rates while a_j^{in} and b_j^{in} are the input bath operators. These are assumed to be white Gaussian fields obeying standard correlation relations, $\int_{j}^{\text{in}}(t)^{\dagger}a_{j'}^{\text{in}}(t') + a_{j'}^{\text{in}}(t')a_{j}^{\text{in}}(t)^{\dagger} \rangle = \delta_{jj'}\delta(t-t')$ and $\langle b_j^{\text{in}}(t)^\dagger b_{j'}^{\text{in}}(t') + b_{j'}^{\text{in}}(t')b_j^{\text{in}}(t)^\dagger \rangle = (2n_b + 1)\delta_{jj'}\delta(t - t'),$ where $n_b = [\exp(\frac{\hbar \omega_j}{k_B T}) - 1]^{-1}$ is the mean occupation number of the mechanical baths which gauges the temperature T of the system [\[32\]](#page-4-24) (since we are only interested in the situation in which $\omega_1 \approx \omega_2$, the parameter n_b can be safely taken to be equal for both oscillators).

The operators $O(t)$ in Eq. [\(9](#page-2-0)) can be expressed as sums of mean values $\langle O(t) \rangle$ plus fluctuation terms $O'(t)$; i.e., we write $O(t) = \langle O(t) \rangle + O'(t)$. In a semiclassical approxima-tion [\[32\]](#page-4-24) we determine the expectation values $\langle O(t) \rangle$ in terms of a set of classical nonlinear differential equations and, as a second step, we linearize the quantum Langevin equations for the operators $O'(t)$. Setting $\Delta_j = \omega_j$ (driving detuning) and choosing the laser amplitude E of Eq. [\(8\)](#page-2-1) large enough, we make sure that such solutions yield limit cycles as classical steady state configurations (see, e.g., [\[33\]](#page-4-25)). In this regime the mechanical and optical fields acquire large coherent amplitudes, and therefore we expect the linearization procedure to be justified. A more general and exact treatment of the nonlinear dynamics could be achieved by using stochastic methods like those presented in Refs. [\[34,](#page-4-26)[35\]](#page-4-27).

Quantum fluctuations are obtained by computing the covariance matrix $C(t)$, with entries given by $C_{i\ell}(t)$ = $\langle R_i(t)R_\ell(t)^\dagger + R_\ell(t)^\dagger R_i(t) \rangle/2$, the expectation value being taken on the initial state and R_i being the components of the vector $R = (a'_1, a'^{T}_1, b'_1, b'^{T}_1, a'_2, a'^{T}_2, b'_2, b'^{T}_2)$. In particular, this gives us direct access to the mechanical variances $\langle q_-(t)^2 \rangle$ and $\langle p_-(t)^2 \rangle$, which define the complete synchronization level via Eq. (1) (1) . By applying the linearization procedure, we implicitly performed the change of variables corresponding to Eq. (3) (3) (3) and so we automatically excluded the systematic synchronization error due to slightly different average trajectories. As a consequence, the only source of disturbance bounding our measure of synchronization will be quantum (or thermal) fluctuations.

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Estimating phase synchronization as in Eq. ([5\)](#page-1-6) requires instead a further step as the latter has been defined with respect to a reference frame rotating with the phases of the average trajectories; see Eq. [\(4](#page-1-4)). This corresponds to a diagonal and unitary operation on R , built up on the phases $\varphi_{a_1}(t) = \arg\langle a_1(t) \rangle$, $\varphi_{a_2}(t) = \arg\langle a_2(t) \rangle$, etc., of the classical orbits: i.e., $R \rightarrow R' = U(t)R$ with $U(t) =$ diag[$e^{-i\varphi_{a_1}(t)}, e^{i\varphi_{a_1}(t)}, \ldots$]. The associated covariance matrix is $C'(t) = U(t)C(t)U(t)^{\dagger}$, from which we can directly extract the mechanical variance $\langle p^{\prime 2}(t) \rangle$ entering Eq. [\(5\)](#page-1-6).

A simulation of the complete and phase synchronization between the mechanical modes is plotted in Fig. $2(a)$ using realistic values for the parameters [[4,](#page-4-3)[5\]](#page-4-4) (see caption for details). After an initial transient, the system reaches a periodic steady state in which $S_c(t)$ and $S_p(t)$ are significantly larger then zero, implying that both complete and phase synchronization take place in the system. Their value is consistent with the fundamental limit [\(2\)](#page-1-1) imposed by the Heisenberg principle and with the heuristic bound [\(7\)](#page-1-3) presented in the previous section. Indeed we numerically find that quantum squeezing in the $p'_{-}(t)$ quadrature, needed to overcome the nonclassicality threshold [\(6\)](#page-1-2), is absent in the system. Figures $2(b)$ and $2(c)$ report instead the behavior of the time-averaged measures of complete

FIG. 2 (color online). (a) Simulation of the complete (blue) and phase (green) synchronization measures (1) (1) (1) and (5) between the mechanical resonators as functions of time (in units of $\tau = 2\pi/\omega_1$. The dashed lines indicate the corresponding time-averaged asymptotic values, i.e., the quantities $\bar{S}_x =$ $\lim_{T \to \infty} \frac{1}{T} \int_0^T S_x(t) dt$ for $x = c$, p. Setting $\omega_1 = 1$ as a reference unit of frequency, the other physical parameters that have been used in the simulation are $\omega_2 = 1.005$, $\gamma = 0.005$, $\Delta_i = \omega_i$, $\kappa = 0.15$, $g = 0.005$, $\mu = 0.02$, $n_b = 0$, and $E = 320$. (b) Time-averaged complete (circles) and phase (squares) synchronization and Gaussian discord D_G (diamonds) as functions of the coupling constant μ . (c) Time-averaged synchronization measures as functions of the bath mean phonon number n_b . (d) Synchronization between two arbitrary mechanical modes of a chain of 20 coupled optomechanical systems as a function of the lattice distance h . All subsystems are assumed to have the same mechanical frequency $\omega = 1$.

and phase synchronization for different values of the coupling constant and of the bath temperature. We vary μ from zero [\[36\]](#page-4-28) to a maximum threshold above which the classical equations are perturbed too much, destroying the limit cycles.

Finally, we have checked if quantum correlations are present in the system verifying that, consistently with the difference between entanglement and synchronization detailed in the previous section, for many choices of the parameters entanglement negativity is always zero even though synchronization is reached. On the contrary, a nonzero level of Gaussian quantum discord $[37]$ $[37]$ $[37]$ [Fig. [2\(b\)\]](#page-3-0) between the two mechanical modes is observed for all values of μ that lead to synchronization. Still, our data are not sufficient to clarify the functional relationship between discord and synchronization (if it exists).

The synchronization observed between the oscillators is expected to emerge also when more than two parties are present in the setup. In particular, we focus on the case of a (closed) chain formed by N optomechanical systems with first neighbor interactions [the Hamiltonian being the natural generalization of ([8](#page-2-1)) with uniform parameters]. As before, we enforce the driving detuning condition $\Delta = \omega$ and set the laser intensities E in order that each optomechanical system converges to a stable limit cycle. Once these prerequisites are fulfilled, we linearize the dynamics around the classical steady state, which is assumed to be the same (synchronized) in each site; i.e., $\langle a_i(t) \rangle = \alpha(t)$ and $\langle b_i(t) \rangle = \beta(t)$ for all j. This corresponds to a meanfield approximation applied only to the classical dynamics, while the fluctuation terms a'_j and b'_j can be treated exactly (without mean field) since the associated Hamiltonian is quadratic. Figure $2(d)$ reports the results obtained for two mechanical modes separated by h lattice steps: we notice that the synchronization level among the various elements persists even if an exponential decay in h is present (a behavior which is consistent with the one-dimensional topology induced by the selected interactions).

Summary.—We have quantitatively studied the phenomenon of spontaneous synchronization in the setting of coupled CV quantum systems. We have shown that quantum mechanics sets universal limits to the level of synchronization and discussed the relationship between this phenomenon and the emergence of quantum correlations. Finally, we have analyzed the spontaneous synchronization of optomechanical arrays driven into self-sustained oscillations. A large number of open aspects are worth being further investigated, among which are the interplay between quantum correlations and synchronization, the application of this theory to other physical systems such as coupled optical cavities [\[16\]](#page-4-30), self-locking lasers [[38](#page-4-31)], etc., and the interpretation of synchronization as a useful resource for quantum communication and quantum control.

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- [23] The normalization factor $\sqrt{2}$ is introduced for a convenient notation in the quantization of the system.
- [24] In a purely classical setting, $\langle \cdots \rangle$ of Eq. ([1\)](#page-1-0) accounts for taking the average over several realizations of the stochastic process that tamper the system, or equivalently with respect to a time-dependent phase-space distribution. Notice that in this case, to put our definitions on a solid theoretical ground, the variables $q_i(t)$, $p_i(t)$ need to be not just dimensionless [fundamental requirement to introduce] $\varphi_i(t)$] but also properly normalized in order to remove any ambiguity in the sum at the right-hand side of Eq. [\(1](#page-1-0)). For the models we are dealing with, i.e., systems of coupled harmonic oscillators, this can be easily done by ensuring that when moving into the quantum domain the observables associated with q_j and p_j will allow us to express the local Hamiltonian as $\hat{H}_j = \hbar \omega_j (p_j^2 + q_j^2)/2$ (ω_j being the corresponding frequencies).
- [25] If the averaged phase-space trajectories (limit cycles) of the two systems are constant but slightly different from each other, it means that this kind of error is not due to random noise, but it is instead systematic. With the term systematic we mean that, with many measurements, this average error can be estimated and subtracted from the measured data in order to single out the pure effect of quantum noise on the amount of synchronization.
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