## Gain-Driven Discrete Breathers in  $PT$ -Symmetric Nonlinear Metamaterials

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We introduce a one-dimensional parity-time-  $(\mathcal{PT})$ -symmetric nonlinear magnetic metamaterial consisting of split-ring dimers having both gain and loss. When nonlinearity is absent we find a transition between an exact to a broken  $PT$  phase; in the former, the system features a two band gapped spectrum with shape determined by the gain and loss coefficients as well as the interunit coupling. In the presence of nonlinearity, we show numerically that as a result of the gain and dissipation matching a novel type of long-lived stable discrete breathers can form below the lower branch of the band with no attenuation. In these localized modes the energy is almost equally partitioned between two adjacent split rings on the one with gain and the other one with loss.

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Considerable research effort has recently focused in the investigation and development of artificial materials that exhibit properties not found in nature. In the electromagnetic domain, these advances resulted in the construction of metamaterials, novel artificial structures that provide full access to all four quadrants of the real permittivitypermeability plane [\[1](#page-3-0)]. Recently, there has been increasing interest in synthetic materials with a combined parity-time-  $(\mathcal{PT})$ -symmetry. Although quantum systems described by  $PT$ -symmetric Hamiltonians have been studied for many years ([[2\]](#page-3-1) and references therein), it was only recently realized that many classical systems are  $PT$ -symmetric [[3\]](#page-3-2). Subsequently, the notion of  $PT$  symmetry has been extended to dynamical lattices, particularly in optics [[4](#page-3-3),[5](#page-3-4)]. Soon after that,  $\mathcal{PT}$ -symmetry breaking was experimentally observed [\[6](#page-4-0)–[8\]](#page-4-1). Such considerations have been also extended in nonlinear lattices, where the existence of stable discrete solitons [\[9](#page-4-2)] and Talbot effects [\[10\]](#page-4-3) was theoretically demonstrated.

Among recent developments in  $\mathcal{P}\mathcal{T}$ -symmetric materials, the application of these ideas in electronic circuits [\[11\]](#page-4-4) not only provides a platform for testing the new ideas within the framework of easily accessible experimental configurations, but also provides a link to metamaterials. Conventional, metallic metamaterials suffer from high losses that hamper their use in practical applications. However, building metamaterials with  $PT$  symmetry, relying on gain and loss, may provide a way out and lead to new extraordinary properties. It is shown that  $PT$ -symmetric metamaterials undergo spontaneous symmetry breaking from the exact  $\mathcal{PT}$  phase (real eigenfrequencies) to the broken  $\mathcal{P}\mathcal{T}$  phase (at least a pair of complex eigenfrequencies), with variation of the gain or loss coefficient. In the presence of nonlinearity, the generation of long-lived excitations in the form of discrete breathers (DBs) [\[12\]](#page-4-5) is demonstrated numerically in metamaterial models. These novel gain-driven DBs, generated either by proper initialization of the  $\mathcal{PT}$  metamaterial or purely dynamically through external driving, result from power matching of the input power through the gain mechanism and internal loss.

Consider a one-dimensional array of dimers, each comprising two nonlinear split-ring resonators (SRRs): one with loss and the other with an equal amount of gain (Fig. [1](#page-0-0)). The SRRs are coupled magnetically and/or electrically through dipole-dipole forces [[13](#page-4-6)–[16](#page-4-7)] and are regarded as RLC circuits, featuring a resistance R, an inductance  $L$ , and a capacitance  $C$ . Early realizations of nonlinear metamaterial elements employed a varicap diode [\[17\]](#page-4-8); subsequently, several types of diodes have been employed to demonstrate single tunable elements [\[18,](#page-4-9)[19\]](#page-4-10) and metamaterials [[20](#page-4-11)]. For constructing active metamaterials, the incorporation of constituents that provide gain through external energy sources is a promising technique [\[21\]](#page-4-12). In particular realizations, a tunnel (Esaki) diode [\[22\]](#page-4-13) featuring negative resistance has been employed [[23\]](#page-4-14). Low-loss, active metamaterials have been demonstrated

<span id="page-0-0"></span>

FIG. 1 (color online). Schematic of a  $\mathcal{PT}$  metamaterial. Upper panel: all the SRRs are equidistant. Lower panel: the separation between SRRs is modulated according to a binary pattern ( $\mathcal{PT}$  dimer chain).

as left-handed transmission lines [[23](#page-4-14)] and optical fishnet structures [[24](#page-4-15)]. However, there are still open issues concerning gain operation in metamaterials, related to noise and other effects that come into play [\[25\]](#page-4-16).

In the equivalent circuit model picture  $[16,26-28]$  $[16,26-28]$  $[16,26-28]$  $[16,26-28]$  $[16,26-28]$ , extended for the  $PT$  dimer chain, the dynamics of the charge  $q_n$  in the capacitor of the *n*th SRR is governed by

<span id="page-1-1"></span>
$$
\lambda'_{M}\ddot{q}_{2n} + \ddot{q}_{2n+1} + \lambda_{M}\ddot{q}_{2n+2} + \lambda'_{E}q_{2n} + q_{2n+1} + \lambda_{E}q_{2n+2}
$$
  
=  $\varepsilon_{0}\sin(\Omega\tau) - \alpha q_{2n+1}^{2} - \beta q_{2n+1}^{3} - \gamma \dot{q}_{2n+1},$  (1)

$$
\lambda_M \ddot{q}_{2n-1} + \ddot{q}_{2n} + \lambda'_M \ddot{q}_{2n+1} + \lambda_E q_{2n-1} + q_{2n} + \lambda'_E q_{2n+1}
$$
  
=  $\varepsilon_0 \sin(\Omega \tau) - \alpha q_{2n}^2 - \beta q_{2n}^3 + \gamma \dot{q}_{2n}$ , (2)

<span id="page-1-0"></span>where  $\lambda_M$ ,  $\lambda'_M$  and  $\lambda_E$ ,  $\lambda'_E$  are the magnetic and electric interaction coefficients, respectively, between nearest neighbors,  $\alpha$  and  $\beta$  are nonlinear coefficients,  $\gamma$  is the gain or loss coefficient ( $\gamma > 0$ ),  $\varepsilon_0$  is the amplitude of the external driving voltage, while  $\Omega$  and  $\tau$  are the driving frequency and temporal variable respectively normalized frequency and temporal variable, respectively, normalized trequency and temporal variable, respectively, normalized<br>to  $\omega_0 = 1/\sqrt{LC_0}$  and  $\omega_0^{-1}$ , respectively, with  $C_0$  being the<br>linear canacitance. We have also considered additional linear capacitance. We have also considered additional next-nearest neighbor coupling between SRRs, with coefficients that fall off as the inverse-cube of the distance between them. Although slight quantitative changes are observed, the results presented below are not qualitatively affected. The chosen values of the nonlinearity coefficients are typical for a diode [\[28\]](#page-4-18), while  $\gamma$  is chosen to provide stable operation. The coupling coefficients are chosen relatively large for clarity. However, breathers appear generically even for weakly coupled SRRs.

By substituting  $q_{2n} = A \exp[i(2n\kappa - \Omega \tau)]$  and  $q_{2n+1} =$ <br>expli(2n + 1) $\kappa = 0 \tau$ ) where  $\kappa$  is the normalized  $B \exp[i\{(2n + 1)\kappa - \Omega \tau\}]$ , where  $\kappa$  is the normalized<br>wave vector into Eqs. (1) and (2) and requesting nontrivial wave vector, into Eqs.  $(1)$  $(1)$  and  $(2)$  $(2)$ , and requesting nontrivial solutions for the resulting stationary problem, we obtain

$$
\Omega_{\kappa}^{2} = (-b \pm \sqrt{\Delta})/(2a), \tag{3}
$$

<span id="page-1-2"></span>where  $a = 1 - (\lambda_M - \lambda_M')^2 - \mu_K \mu'_K$ ,  $b = \gamma^2 - 2[1 - (\lambda_B - \lambda_A')(\lambda_M - \lambda_A')] + s \mu' + s' \mu$ ,  $c = 1 - (\lambda_B - \lambda_B')$  $(\lambda_E - \lambda_E')(\lambda_M - \lambda_M')$  +  $\varepsilon_K \mu_K' + \varepsilon_K' \mu_K$ ,  $c = 1 - (\lambda_E - \lambda_E')^2 - \varepsilon_K \varepsilon_K'$ ,  $\Delta = b^2 - 4ac$ , and  $\varepsilon_K = 2\lambda_E \cos(\kappa)$ ,  $\varepsilon_K' = 2\lambda_E' \cos(\kappa)$ ,  $\mu_K = 2\lambda_M \cos(\kappa)$ ,  $\mu_K' = 2\lambda_M' \cos(\kappa)$ . In the following we consider that the relative following, we consider that the relative orientation of the SRRs in the chain is such that the magnetic coupling dominates, while the electric coupling can be neglected (Fig. [1](#page-0-0))  $[14]$ . Then, Eq.  $(3)$  $(3)$  $(3)$  reduces to

$$
\Omega_{\kappa}^{2} = \frac{2 - \gamma^{2} \pm \sqrt{\gamma^{4} - 2\gamma^{2} + (\lambda_{M} - \lambda_{M}')^{2} + \mu_{\kappa}\mu_{\kappa}'}}{2[1 - (\lambda_{M} - \lambda_{M}')^{2} - \mu_{\kappa}\mu_{\kappa}']}. \quad (4)
$$

<span id="page-1-3"></span>The condition for  $\Omega_{\kappa}$  being real for any  $\kappa$  then reads

$$
\cos^2(\kappa) \ge \frac{\gamma^2 (2 - \gamma^2) - (\lambda_M - \lambda_M')^2}{4\lambda_M \lambda_M'}.
$$
 (5)

For  $\lambda_M = \lambda'_M$ , Eq. ([5](#page-1-3)) cannot be satisfied for all  $\kappa$ 's for any  $\gamma > 0$  implying that a large  $\mathcal{PT}$ -symmetric SRR array  $\gamma > 0$ , implying that a large  $\mathcal{PT}$ -symmetric SRR array (Fig. [1](#page-0-0), upper) is in the broken phase. However, for a dimer chain with  $\lambda_M \neq \lambda'_M$  (Fig. [1](#page-0-0), lower), the above condition is satisfied for all  $\kappa$ 's for  $\gamma \le \gamma_c \approx |\lambda_M - \lambda'_M|$ ,  $(\gamma^4 \approx 0)$ . In<br>the exact phase  $(\gamma \le \gamma)$  the PT dimer chain has a the exact phase  $(\gamma < \gamma_c)$ , the PT dimer chain has a gapped spectrum with two frequency bands [Fig.  $2(a)$ ]. The width of the gap separating the bands decreases with decreasing  $|\lambda_M - \lambda'_M|$  for constant  $\gamma$ . For  $\gamma \simeq \gamma_c$  the gap<br>closes [Fig. 2(b)], some frequencies in the spectrum closes [Fig.  $2(b)$ ], some frequencies in the spectrum acquire imaginary parts [Fig. [2\(c\)\]](#page-1-4) and  $\mathcal{PT}$ -symmetry breaking occurs. A typical phase diagram on the  $\gamma - r_M$ plane, with  $r_M = \lambda'_M / \lambda_M$ , is shown in Fig. [2\(d\)](#page-1-4). The solid<br>lines indicate the variation of the exceptional point  $\gamma$  that lines indicate the variation of the exceptional point  $\gamma_c$  that separates the exact from the broken phase. For fixed  $\lambda_M$ ,  $\lambda'_M$ , the bandwidths as a function of  $\gamma$  are shown in Fig. [3.](#page-2-0)

Equations ([1](#page-1-0)) and ([2\)](#page-1-1), implemented with  $q_0(\tau)$  =  $q_{N+1}(\tau) = 0$ , are integrated numerically with  $q_m(0) =$ <br> $(-1)^{m-1}$ sech $(m/2)$  à  $(0) = 0$  and  $\varepsilon_0 = 0$   $\alpha = -0.4$  $\beta = 0.08$ . Using a gain or loss function of the form  $(-1)^{m-1}$ sech $(m/2)$ ,  $\dot{q}_m(0) = 0$ , and  $\varepsilon_0 = 0$ ,  $\alpha = -0.4$ ,

$$
\gamma(m) = \begin{cases} \gamma, & m = 1, \cdots, N_{\ell} \\ (-1)^{m-1}\gamma, & m = N_{\ell} + 1, \cdots, N - N_{\ell} \\ \gamma, & m = N - N_{\ell} + 1, \cdots, N, \end{cases}
$$
 (6)



<span id="page-1-4"></span>FIG. 2 (color online). (a) Frequency bands for a  $\mathcal{PT}$  metamaterial for  $\gamma = 0.002$ , and  $\lambda_M = -0.17$ ,  $\lambda'_M = -0.10$  [black<br>(upper) and red (lower) solid lines];  $\lambda_M = -0.12$ ,  $\lambda' = -0.10$ (upper) and red (lower) solid lines];  $\lambda_M = -0.12$ ,  $\lambda'_M = -0.10$ <br>(green (upper) and blue (lower) dashed lines). The imaginary [green (upper) and blue (lower) dashed lines]. The imaginary parts are zero. (b) and (c) Real and imaginary parts, respectively, of the frequency bands for a  $\mathcal{PT}$  metamaterial with  $\gamma = 0.002$ ,  $\lambda_M = -0.17$ ,  $\lambda'_M = -0.1699$ . (d) PT phase diagram on the  $\gamma = r_N$  plane  $(r_N = \lambda'_N/\lambda_N)$  for  $\lambda_N = -0.17$  $\gamma - r_M$  plane  $(r_M = \lambda'_M / \lambda_M)$ , for  $\lambda_M = -0.17$ .

<span id="page-2-0"></span>

FIG. 3 (color online). Frequency band boundaries as a function of  $\gamma$  for a PT dimer chain with  $\lambda_M = -0.14$ ,  $\lambda'_M = -0.04$ .

we obtain gain-driven, long-lived ( $> 10^8$  time units) DBs for wide parameter intervals. Note that the actual  $\mathcal{PT}$ dimer chain is of length  $N - 2N_{\ell}$ , while both its ends are joined to lossy dimer chains of length  $N_{\ell}$ . We found empirically that this is the most effective way to stabilize DBs in the  $PT$  metamaterial, i.e., by embedding it into a lossy metamaterial. The lossy parts help the excess energy to go smoothly away during the long transient phase of integration, and thus prevents the blowing up of the solution that otherwise may have occurred. The energy density  $E_n$  evolution of a typical DB in the  $n - \tau$  plane is shown in<br>Fig. 4. The largest part of the total energy is concentrated Fig. [4.](#page-2-1) The largest part of the total energy is concentrated into two neighboring sites belonging to the same dimer. The corresponding instantaneous current profile  $i_n$  at maxi-mum current (Fig. [5](#page-2-2)) is neither symmetric or antisymmetric at the single SRR level.

The breather frequency  $\Omega_B$  can be obtained from the power spectrum of a time series of the energy in one of the DB sites. The logarithm of a typical power spectrum is plotted as a function of frequency in Fig.  $6(a)$ ; strong harmonics to the fundamental frequency  $\Omega_B$  are observed. The frequency  $\Omega_B$  increases with decreasing  $|\lambda_M - \lambda'_M|$ Fig. [6\(b\)](#page-2-3)], while the variation of  $\gamma$  within  $10^{-2}$ – $10^{-3}$  has<br>apparently no effect on  $\Omega_{\rm B}$  at least in the particular case apparently no effect on  $\Omega_B$  at least in the particular case shown in Fig. [6\(c\).](#page-2-3) The dependence of  $\Omega_B$  on  $|\lambda_M - \lambda'_M|$  is<br>illustrated in Fig. 6(d), for those values of  $|\lambda_M - \lambda'_M|$  for illustrated in Fig. [6\(d\)](#page-2-3), for those values of  $|\lambda_M - \lambda'_M|$  for which DBs are stable (or at least long-lived) which DBs are stable (or at least long-lived).

<span id="page-2-1"></span>

FIG. 4 (color online). Spatiotemporal evolution of the energy density  $E_n$  during two periods for  $N = 70$ ,  $N_\ell = 10$ ,  $\lambda'_M =$ <br>-0.10,  $\lambda_{\rm m} = \lambda' = 0$ ,  $\lambda' = 0.002$  and  $\lambda_{\rm M} = -0.17$  $-0.10, \lambda_E = \lambda'_E = 0, \gamma = 0.002, \text{ and } \lambda_M = -0.17.$ 

<span id="page-2-2"></span>

FIG. 5 (color online). Gain-driven, current breather profile  $i_n$ as a function of *n*, for  $N = 70$ ,  $N_{\ell} = 10$ ,  $\lambda'_{M} = -0.10$ ,  $\lambda_{E} = \lambda'_{-} = 0.002$  and  $\lambda_{+} = -0.17$  $\lambda_E' = 0, \gamma = 0.002, \text{ and } \lambda_M = -0.17.$ 

For a gapped linear spectrum, large amplitude linear modes become unstable in the presence of driving and nonlinearity. If the curvature of the dispersion curve in the region of such a mode is positive and the lattice potential is soft, large amplitude modes become unstable with respect to DB formation in the gap below the linear spectrum  $[29]$  $[29]$  $[29]$ . For the parameters of Fig.  $2(a)$ , the bottom of the lower band is located at  $\Omega_0 \approx 0.887$ , where the curvature is positive. Moreover, the SRRs are subjected



<span id="page-2-3"></span>FIG. 6 (color online). (a) The logarithm of the power spectrum of energy at one of the central breather sites  $y =$  $\log_{10}[PS(E_{n=N/2})]$  as a function of  $\Omega_{\kappa}$ , for  $N = 70$ ,  $\lambda'_{1} = 0.10$ ,  $\lambda_{1} = -0.13$ ,  $\lambda_{2} = \lambda' = 0$ ,  $\chi = 0.002$ , (b) The s  $\log_{10}[1 \text{ S}(E_{n=N/2})]$  as a function of  $\Omega_K$ , for  $N = 70$ ,  $\lambda_M = -0.10$ ,  $\lambda_M = -0.13$ ,  $\lambda_E = \lambda_E' = 0$ ,  $\gamma = 0.002$ . (b) The same as in (a) around the fundamental breather frequency  $\Omega_B$ , for  $\lambda_M = -0.21$  (blue-long dashed line);  $\lambda_M = -0.20$  (greendotted line);  $\lambda_M = -0.17$  (black-solid line);  $\lambda_M = -0.14$ (red-dashed line);  $\lambda_M = -0.13$  (maroon-dotted-dashed line). The other parameters as in (a). (c) The same as in (a) and (b) around  $\Omega_B$ , for  $\gamma = 0.002$  (black); 0.005 (green); 0.01 (red). (d) Dependence of  $\Omega_B$  on  $\lambda_M$  for the spectra in (b).

<span id="page-3-5"></span>

FIG. 7 (color online). The energy density  $E_n$  on the  $n - \tau$ <br>plane for a  $\mathcal{PT}$  dimer chain with  $N = 170$   $N_e = 10$ plane for a  $\mathcal{PT}$  dimer chain with  $N = 170$ ,  $N_{\ell} = 10$ ,  $\Omega_0 = 0.887$ ,  $\gamma = 0.002$ ,  $\lambda_M = -0.17$ ,  $\lambda_M' = -0.10$  ( $\lambda_E =$ <br> $\lambda_E' = 0$ ) and (a)  $s_0 = 0.085$ ; (b)  $s_0 = 0.095$ . The vertical lines  $\lambda_E' = 0$ ), and (a)  $\varepsilon_0 = 0.085$ ; (b)  $\varepsilon_0 = 0.095$ . The vertical lines separate different stages in the chirning procedure separate different stages in the chirping procedure.

to soft on-site potentials for the selected values of  $\alpha$  and  $\beta$ . Then, DBs can be generated spontaneously by a frequency chirped driver as it is illustrated in Fig. [7,](#page-3-5) where the energy density  $E_n$  for a  $\mathcal{PT}$  dimer chain is plotted on the  $n - \tau$ <br>plane. We use the following procedure: At time  $\tau = 0$ , we plane. We use the following procedure: At time  $\tau = 0$ , we start integrating Eqs. (1) and (2) with zero initial state and start integrating Eqs. ([1\)](#page-1-0) and ([2\)](#page-1-1) with zero initial state and external driving for  $500T_0 \approx 3500$  time units (t.u.), where  $T_0 = 2\pi/\Omega_0$ , to allow for significant development of large amplitude modes. At time  $\tau \approx 3500$  t.u. (point A on<br>Fig. 7) the driver is switched on with low amplitude and Fig. [7](#page-3-5)), the driver is switched on with low amplitude and frequency slightly above  $\Omega_0$  (1.01 $\Omega_0 \approx 0.894$ ). The frequency is then chirped downwards with time to induce instability for the next 10 600 t.u. ( $\sim 1500T_0$ ), until it is well below  $\Omega_0$  (0.997 $\Omega_0 \approx 0.882$ ). During that phase, a large number of excitations are generated that move and strongly interact to each other, eventually merging into a small number of high amplitude (multi-)breathers. At time  $\tau \approx 14$  100 t.u. (point B on Fig. [7](#page-3-5)), the driver is switched<br>off and the DBs that have formed are solely driven by the off and the DBs that have formed are solely driven by the gain. They continue to interact until they reach a stationary state and get trapped at particular sites. The high density segments between points  $B$  and  $C$  in Fig. [7](#page-3-5) present precisely those stationary gain-driven (multi-)breathers generated through chirping and subsequent dynamics. At time  $\tau \sim 85150$  t.u. (point C on Fig. [7\)](#page-3-5), the gain is replaced by<br>an equal amount of loss, and the breathers die out rapidly an equal amount of loss, and the breathers die out rapidly.

The construction of a  $\mathcal{P}\mathcal{T}$  metamaterial is feasible with the present technology in the microwaves, where negative resistance devices [\[23](#page-4-14)[,30\]](#page-4-21) and transistors [[31](#page-4-22)] are convenient for providing gain. Thus,  $\mathcal{P}\mathcal{T}$  dimers can be constructed and balanced in a way similar to that in electrical circuits [\[11\]](#page-4-4). For SRR dimers, highly conducting rings are required for reduced Ohmic losses. The bias of the negative resistance device in the SRR with gain should be adjusted to provide a gain coefficient with magnitude equal to that of the loss coefficient of the SRR without gain. A chain of such dimers makes a  $\mathcal{PT}$  metamaterial whose dynamics is approximately described by the model in Eqs. ([1\)](#page-1-0) and ([2\)](#page-1-1).

For a balanced configuration, the metamaterial exhibits two bands separated by a gap. While the band structure appears to be stable to small structural perturbations, it may be more fragile in the case of relatively strong disorder [\[32](#page-4-23)[,33\]](#page-4-24). However, any divergence related to a disorderinduced broken phase will manifest itself in time scales larger than the characteristic interdimer dynamics time scale, making possible the experimental observation in real  $PT$  systems (e.g., in Ref. [[11](#page-4-4)]).

It is demonstrated numerically that stable or at least long-lived, gain-driven DBs may be excited generically. DBs result either by proper initialization of the system, or purely dynamically by frequency chirping of a weak alternating driver. Fundamental DBs occupy two neighboring sites that belong to the same dimer. Stability and long lifetimes of DBs is achieved by embedding the  $PT$ -symmetric dimer chain into a lossy dimer chain. When the balance between gain and loss is not exact, i.e., when the magnitudes of the gain and loss coefficients differ by a small amount, DBs can still be generated through the chirping procedure. In this case, however, the DBs lose their long-term stability, viz. for loss exceeding gain they decay slowly until they vanish, while in the opposite case, the DBs gain energy and diverge. Both effects occur on a time scale related to the gain-loss imbalance.

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