

## Quantum Coherence and Sensitivity of Avian Magnetoreception

Jayendra N. Bandyopadhyay,<sup>1,2,\*</sup> Tomasz Paterek,<sup>1,3</sup> and Dagomir Kaszlikowski<sup>1,4</sup>

<sup>1</sup>Centre for Quantum Technologies, National University of Singapore, 3 Science Drive 2, 117543 Singapore

<sup>2</sup>Department of Physics, Birla Institute of Technology and Science, Pilani 333031, India

<sup>3</sup>Division of Physics and Applied Physics, School of Physical and Mathematical Sciences, Nanyang Technological University, 637371 Singapore

<sup>4</sup>Department of Physics, National University of Singapore, 2 Science Drive 3, 117542 Singapore

(Received 31 May 2012; published 14 September 2012)

Migratory birds and other species have the ability to navigate by sensing the geomagnetic field. Recent experiments indicate that the essential process in the navigation takes place in the bird's eye and uses chemical reaction involving molecular ions with unpaired electron spins (radical pair). Sensing is achieved via geomagnetic-dependent dynamics of the spins of the unpaired electrons. Here we utilize the results of two behavioral experiments conducted on European robins to argue that the average lifetime of the radical pair is of the order of a microsecond and therefore agrees with experimental estimations of this parameter for cryptochrome—a pigment believed to form the radical pairs. We also find a reasonable parameter regime where the sensitivity of the avian compass is enhanced by environmental noise, showing that long coherence time is not required for navigation and may even spoil it.

DOI: [10.1103/PhysRevLett.109.110502](https://doi.org/10.1103/PhysRevLett.109.110502)

PACS numbers: 03.67.-a, 03.65.Yz, 82.30.-b

Recently there has been growing interest in the application of quantum mechanics to understand many biological phenomena such as photosynthesis [1–7], the process of olfaction [8,9], enzymatic reactions [10,11], and avian magnetoreception [12–15]. These interests have brought physicists, chemists, and biologists to the same platform and led to the beginning of a new interdisciplinary subject called *quantum biology* [16,17]. A major motivation of these studies is to understand how nature utilizes purely quantum phenomena to optimize various biological processes.

Here we are specifically interested in avian magnetoreception. It is very plausible that the navigation ability of some migratory birds is governed by the mechanism based on geomagnetic-dependent dynamics of spins of unpaired electrons in a radical pair. A recent theoretical study has estimated both the lifetime of the pair and the coherence time of this dynamics to be of the order of tens of microseconds [15]. The basic criterion used there postulates that bird's navigation is disturbed if the signal produced by the dynamics is independent of the orientation of the geomagnetic field. This criterion together with the results of behavioral experiments in which European robins could not navigate in a weak oscillating magnetic field [18,19] led to the estimated life time and coherence time. Here we additionally take into account the results of other behavioral experiments in which the same species were observed to be temporarily disoriented in a constant magnetic field sufficiently stronger or weaker than the geomagnetic field [20,21]. We estimate the lifetime and coherence time of the order of several microseconds. Our estimate is consistent with that obtained in a recent behavioral experiment [13] and also with the *in vitro* experiment using

cryptochrome [22], a pigment believed to form the radical pairs. Furthermore, we demonstrate theoretically that environmental noise can enhance the sensitivity of the avian compass; i.e., sensitivity in the presence of noise is better than without noise. This increase of sensitivity has resonant character and shows that long coherence times sometime may be disadvantageous for navigation.

Let us begin with certain functional properties of the avian compass which have been observed in different behavioral tests: (i) A very early experiment with the European robin showed that in contrast to the well-known magnetic material based physical compass, the avian compass does not depend on the polarity of magnetic field but only on the inclination of magnetic field [23]; (ii) An experiment in which geomagnetic field was supplemented with a very weak radio-frequency (rf) field showed that birds were disoriented at the frequency of the rf field which is resonant with the energetic splitting of a free electron (due to its spin) induced by the local geomagnetic field. This was observed only when the rf field was not parallel to the local geomagnetic field [18,19]; (iii) Another experiment showed that the avian compass works within a narrow “functional window” around the local geomagnetic field. The compass ceased functioning when intensity of the magnetic field increased or decreased by about 30% of the local geomagnetic field. However, birds exposed to the new intensity of the magnetic field for a sufficiently long period adapted themselves and their compass again worked correctly [20,21].

These experimental findings are consistent with the following most widely used model of avian magnetoreception (see Ref. [24] for a recent review and Ref. [25] for a new type of radical pair based model that has very recently

been proposed). It is assumed that a bird's retina contains a photoreceptor pigment with molecular axis direction dependent on its position in the retina. Absorption of incident light by a part of the pigment results in electron transfer to a suitable nearby part and in this way a radical pair is formed, i.e., a pair of charged molecules each having an electron with unpaired spin. In the external magnetic field the state of electron spins undergoes singlet-triplet transitions and at random times the radical pairs recombine forming singlet (triplet) chemical reaction products. The amount of these chemical products varies along the retina as the direction of molecular axis changes, and the shape of this profile is believed to be correlated in the bird's brain with the orientation of the geomagnetic field.

The mathematical model of this mechanism of a chemical reaction based avian compass involves coupling of electron spins to external magnetic field and to the spins of the molecular core. The property (ii) suggests that the spin of one of the electrons in the radical pair is effectively uncoupled from spins of any other particles and only interacts with the external field. In a simple qualitative model, the spin of the other electron is coupled to effective spin- $\frac{1}{2}$  core of the molecular part ("nuclear" part) [15]. The corresponding Hamiltonian is as follows:

$$H = \hat{I} \cdot \vec{A} \cdot \hat{S}_1 + \gamma \vec{B} \cdot (\hat{S}_1 + \hat{S}_2), \quad (1)$$

where  $\hat{I}$  is the nuclear spin operator,  $\vec{A}$  is the hyperfine (HF) tensor,  $\hat{S}_i \equiv \{\sigma_x^{(i)}, \sigma_y^{(i)}, \sigma_z^{(i)}\}$  are the electronic spin Pauli operators,  $\vec{B}$  is the magnetic field, and  $\gamma = \frac{1}{2} \mu_0 g$  is the gyromagnetic ratio with  $\mu_0$  being the Bohr magneton and  $g$  the electronic  $g$ -factor. Here we assume that the  $g$ -factors are the same for both electrons and set it at the value corresponding to the free electron, i.e.,  $g = 2$ . Following Ref. [15], the HF tensor is chosen axial and anisotropic, i.e.,  $\vec{A} = \text{diag}\{A_x, A_y, A_z\}$  with  $A_x = A_y = a = A_z/2$ . We define a quantity  $A \equiv (A_x^2 + A_y^2 + A_z^2)^{1/2}$  as a measure of HF coupling strength and  $\bar{a} = h/A$  as a measure of this strength in the time units,  $h$  stands for the Planck constant. Here  $\bar{a} = h/\sqrt{6}a$ .

In order to verify how this model recovers the properties of behavioral experiments, one varies the external magnetic field

$$\vec{B} = B_0(\sin\theta \cos\phi, \sin\theta \sin\phi, \cos\theta) + B_{\text{rf}} \cos(\omega t)(\sin\alpha \cos\beta, \sin\alpha \sin\beta, \cos\alpha), \quad (2)$$

where  $B_0$  gives the strength of the local geomagnetic field or the artificially changed constant field, and  $B_{\text{rf}}$  is the additional rf field with angular frequency  $\omega$ , which is switched on optionally. For all our numerics, the rf field is orthogonal to the static field. Due to the axial symmetry of the HF tensor we set  $\phi = 0$  without loss of generality. We also assume that  $\beta = 0$  for the oscillating field's

direction. Since most of the behavioral experiments were performed in Frankfurt, we set the magnetic field strength  $|\vec{B}_0| \equiv B_0 = 47 \mu\text{T}$  as the reference value. The corresponding Larmor precession period is  $h/2\gamma B_0 = 0.76 \mu\text{s}$ , (the factor of two emerging here is due to our definition of  $\hat{S}_i$  as Pauli operators) and due to behavioral test (ii) we accordingly set  $\omega = 8.269 \text{ MHz}$ . The HF interaction strength  $\bar{a}$  typically acquires values in the range  $10 \text{ ns} - 1 \mu\text{s}$  [24]. However, we have numerically verified that the compass works well for those radicals with the HF coupling strength close to the geomagnetic strength  $0.76 \mu\text{s}$ . (The magnetic sensitivity defined in Eq. (7) decreases as the difference between the HF strength and the geomagnetic strength increases.) This can be intuitively understood from the structure of the Hamiltonian as the following extreme cases show. If the HF coupling is very strong the dynamics is practically independent of the magnetic field, and if the HF coupling is very weak the two spins precess in the same way about the axis of the magnetic field, there are no singlet-triplet transitions and the compass does not function. Therefore, here we study two different cases of  $\bar{a} = 1.0 \mu\text{s}$  and  $0.5 \mu\text{s}$ , which are slightly greater and smaller than the geomagnetic strength.

The dynamics of the system consisting of two electrons and one nucleus depends on two processes: coherent evolution determined by the above Hamiltonian and recombination of the pair to create spin-state dependent chemical products. The spin-chemistry community models the above processes following the Haberkorn approach [26] according to which the dynamics of the density matrix  $\rho$  describing the whole system is governed by the equation

$$\frac{d\rho}{dt} = -i[H, \rho] - \frac{k}{2}(Q_S\rho + \rho Q_S) - \frac{k}{2}(Q_T\rho + \rho Q_T), \quad (3)$$

where  $k$  determines the reaction rates for the singlet and triplet recombination, here assumed to be the same, and  $Q_S$  and  $Q_T$  are the projection operators onto the singlet and triplet subspaces. Although other treatments are possible [27,28], here we follow the Haberkorn approach as it is the most consistent for the spin-selective recombination of radicals [29]. We begin the evolution at the moment of radical pair creation with the initial density matrix

$$\rho(0) = \frac{1}{2} \mathbb{1}_N \otimes |\psi^-\rangle\langle\psi^-|, \quad (4)$$

where the electron pair is in the singlet state  $|\psi^-\rangle = \frac{1}{\sqrt{2}}(|\uparrow\downarrow\rangle - |\downarrow\uparrow\rangle)$ , and the nuclear spin is in a completely mixed state  $\frac{1}{2} \mathbb{1}_N$ . The singlet product yield is defined as the amount of product decaying via the singlet channel

$$\Phi_S = k \int_0^\infty \langle\psi^-| \text{Tr}_N \rho(t) |\psi^-\rangle dt, \quad (5)$$

where the partial trace of the density matrix is taken over the nucleus subspace.

We proceed to estimate the parameter  $k$ , the inverse of which gives the average lifetime of the radical pair. For this purpose, we use behavioral tests (ii) and (iii) which describe the bird's disorientation under the influence of the rf field and a weaker artificial geomagnetic field. We shall not be interested here in the process of bird adaptation to the artificial magnetic field and only use the fact that the latter disturbs the compass. Nevertheless, we would like to emphasize that adaptation is a physiological process; therefore, its explanation does not warrant any modifications of the present model. The model describes contribution to the chemical products from a single radical pair, whereas the brain receives a cumulated signal from all created pairs (that are assumed to evolve independently). Under the change of magnetic field intensity the cells of the retina may start to vary the amount of created pairs and in this way control the intensity of the cumulated signal. A similar mechanism is present in vertebrate photoreceptors that can adapt their pigment sensitivity to external light by varying concentration of calcium ions [30]. As an experimental indication that these two adaptation phenomena may share a common mechanism we note that the full avian compass adaptation to external magnetic field intensity takes about the same time as adaptation of vertebrate photoreceptors to external light intensity.

Figure 1 presents the angular dependence of the singlet yield for different  $k$  values and for three different kinds of magnetic field environment: in the geomagnetic field of  $47 \mu\text{T}$ , in 30% weaker magnetic field as in the experiments [20,21], and in the geomagnetic field augmented by a weak resonant rf field of  $B_{\text{rf}} = 150 \text{ nT}$  as in the experiment [13]. All the plots show that the singlet yield angular profile changes slightly when the magnetic field intensity is reduced by 30%. Note that there is a clear angular dependency of the profile both in the original and the weaker field. Since the behavioral tests showed that the weaker magnetic field disrupts the avian compass, the degree of flatness of the angular profile cannot be the only property responsible for avian navigation. The profile, rather, has to be within a proper range from the profile corresponding to the geomagnetic field alone. Therefore when the resonant rf is added to the geomagnetic field, it can disrupt the avian compass not only by completely washing out the angular dependency of the profile [15], but also by changing the amount of singlet yield such that the profile is outside the range estimated by applying the weaker magnetic field. We use this criterion to estimate the parameter  $k$ . This is the only reason why our estimation gives different values than the estimation of Ref. [15]. (All experimental parameters presented here are the same as in Ref. [15] except slightly different HF strength, which in that reference is about  $0.34 \mu\text{s}$ , and therefore cannot account for the difference.) Consider the first three upper plots of Fig. 1 that present the results of calculations for the HF strength of  $\bar{a} = 1.0 \mu\text{s}$ . The left plot assumes  $k = 10^5$  and shows that the profile

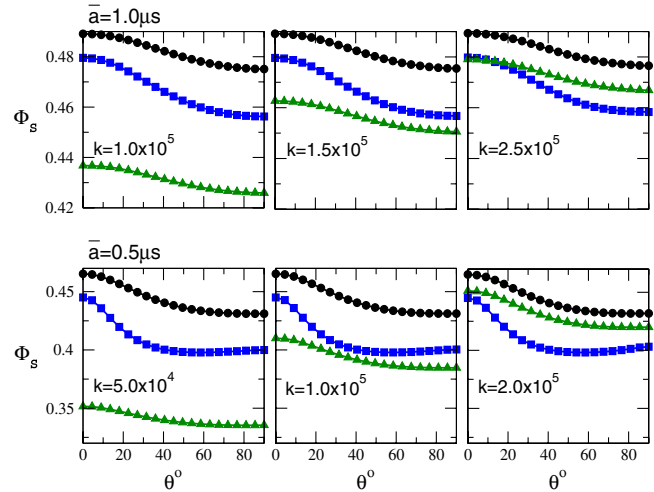


FIG. 1 (color online). Lifetime estimation of a radical pair. Each plot presents angular dependency of the singlet yield in the presence of a local geomagnetic field of  $47 \mu\text{T}$  ( $\bullet$ ), in 30% weaker field ( $\blacksquare$ ), and for the geomagnetic field augmented with the resonant rf field ( $\blacktriangle$ ). Calculations are performed for two strengths of the hyperfine coupling: slightly smaller than the geomagnetic strength ( $\bar{a} = 0.5 \mu\text{s}$ , three lower plots), and slightly bigger than the geomagnetic strength ( $\bar{a} = 1.0 \mu\text{s}$ , three upper plots). On plots from left to right we display the growing value of the recombination rate  $k$  used in numerics. The radical pair lifetime is the inverse of  $k$ . Since birds are disoriented both in the weaker field and in the presence of the rf field we postulate that the criterion for estimating  $k$  should be based on the comparison of the profile of triangles to the profile of squares. This leads to the average lifetime of the order of several microseconds (see main text for details) in agreement with experiments on pigment believed to be present in the bird's retina.

corresponding to the rf field is much below the profile corresponding to the weaker magnetic field. Similar behavior is observed for lower values of  $k$  which we have not presented here. In the middle plot ( $k = 1.5 \times 10^5$ ), the rf field profile is slightly below the profile corresponding to the weaker field and therefore correctly predicts that the bird's navigation is disturbed. The right plot of  $k = 2.5 \times 10^5$  shows to the contrary that the rf field profile is slightly above the profile corresponding to the weaker magnetic field, and therefore the avian compass is not disturbed in contradiction with experiments. This implies that all values of  $k$  below  $2 \times 10^5$  are consistent with experiments. We use the critical value  $k = 2 \times 10^5$  for further calculations. The corresponding average lifetime of the radical pair is  $5 \mu\text{s}$ . Similar analysis applied to the three lower plots, for the case of  $\bar{a} = 0.5 \mu\text{s}$ , gives estimation of  $k = 1.5 \times 10^5$  and the corresponding average lifetime  $6.7 \mu\text{s}$ . These estimations come close to the experimental estimations for the cryptochrome [22], which is believed to be the photoreceptor pigment responsible for the radical pair based avian compass of European robins. They also come within the range  $2\text{--}10 \mu\text{s}$ , the lifetime

estimated in a recent behavioral experiment [13]. We have also done the same analysis using  $B_{\text{rf}} = 470$  nT and  $B_{\text{rf}} = 47$  nT resonant rf field, which are respectively 1% and 0.1% of the local geomagnetic field strength, and both have been reported to disturb the avian compass [13]. For these two cases, we estimate the lifetime about 1–2  $\mu\text{s}$  and 11.0–12.5  $\mu\text{s}$ , respectively [31]. Finally, we also study the case where the geomagnetic field 47  $\mu\text{T}$  is replaced by the artificially created stronger (94  $\mu\text{T}$ ) static field. The estimated lifetime for this case is also within the above mentioned range [31].

After setting the value of decay parameter  $k$ , we investigate the effect of environment on the singlet yield. Following Ref. [15], we describe the environment by a standard Lindblad formalism [32,33]:

$$\begin{aligned} \frac{d\rho}{dt} = & -i[H, \rho] - \frac{k}{2}(Q_S\rho + \rho Q_S) - \frac{k}{2}(Q_T\rho + \rho Q_T) \\ & + \sum_i \Gamma_i \left[ L_i \rho L_i^\dagger - \frac{1}{2}(L_i^\dagger L_i \rho + \rho L_i^\dagger L_i) \right], \end{aligned} \quad (6)$$

where there are six noise operators  $L_i$  altogether, three acting on the first electron and three acting on the second electron. The three noise operators for each electron are taken to be the Pauli matrices  $\sigma_x$ ,  $\sigma_y$ , and  $\sigma_z$ . We assume that the noise parameters  $\Gamma_i$  are all equal and given by the noise level  $\Gamma$ . Our aim is to study influence of the noise level on the magnetic sensitivity of the compass, defined as [34]:

$$\Delta_S \equiv \Phi_S^{\text{max}} - \Phi_S^{\text{min}}, \quad (7)$$

where  $\Phi_S^{\text{max}}$  ( $\Phi_S^{\text{min}}$ ) is the maximum (minimum) singlet yield optimized over angle  $\theta$ .

Figure 2 presents results of calculations of the singlet yield and the magnetic sensitivity for different environmental noise levels. For noise levels below  $\Gamma \approx 10^4$  we find that the sensitivity is practically independent of environment. Therefore, for decoherence time  $T_D \equiv \Gamma^{-1} \approx 100$   $\mu\text{s}$  and longer, the sensitivity is practically the same as if there is no environment. For shorter decoherence times (bigger  $\Gamma$ ), the noise does influence the sensitivity and for the HF strength of  $\bar{a} = 1.0$   $\mu\text{s}$ , we find, quite counterintuitively, that the sensitivity in the presence of noise is better than without noise ( $\Gamma = 0$ ). This is not so for  $\bar{a} = 0.5$   $\mu\text{s}$ , but in both cases the sensitivity is displaying resonant behavior as a function of  $\Gamma$  with its local maximum at the noise level  $\Gamma = 4 \times 10^5$ , see Supplemental Material [31] for further evidence that this resonant noise level does not depend on  $k$ . Therefore, the best magnetic sensitivity for  $\bar{a} = 1.0$   $\mu\text{s}$  case takes place when the decoherence time  $T_D \equiv \Gamma^{-1} = 2.5$   $\mu\text{s}$ . Here longer decoherence time is not useful as it can spoil the sensitivity.

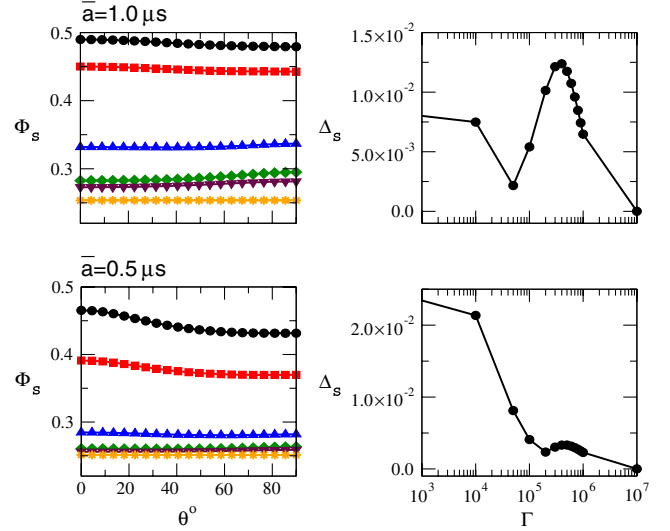


FIG. 2 (color online). Magnetic sensitivity of the avian compass in the presence of environmental noise. The upper plots present results of calculations for hyperfine coupling strength of  $\bar{a} = 1$   $\mu\text{s}$  and  $k = 2 \times 10^5$ , the lower plots are for  $\bar{a} = 0.5$   $\mu\text{s}$  and  $k = 1.5 \times 10^5$ . The left plots present angular dependence of the singlet yield for different environmental noise levels [ $\Gamma = 0$  ( $\bullet$ ),  $\Gamma = 10^4$  ( $\blacksquare$ ),  $\Gamma = 10^5$  ( $\blacktriangle$ ),  $\Gamma = 4 \times 10^5$  ( $\blacklozenge$ ),  $\Gamma = 8 \times 10^5$  ( $\blacktriangledown$ ), and  $\Gamma = 10^7$  ( $*$ )]. On the right plots we present the magnetic sensitivity defined in Eq. (7). They reveal the resonant character of the sensitivity for noise levels close to  $\Gamma = 4 \times 10^5$ , which correspond to the optimal decoherence time of the order of a microsecond. Moreover, the upper right plot shows that the sensitivity is increased in the presence of environment.

In summary, we have used the results of two different behavioral tests performed with European robins to estimate the average life time of the radical pair taking part in the avian magnetoreception. Unlike a recent study which took into consideration the result of only one behavioral test and estimated the average lifetime close to 100  $\mu\text{s}$  [15], our estimation of the lifetime is about a few microseconds which agrees well with experiments. As the most important result of the present work we consider identification of a parameter regime where the presence of environment enhances performance of the chemical compass. Similar enhancement caused by environment is also found in studies of energy transfer during photosynthesis [6,35], and very recently in avian magnetoreception [34,36]. These suggest that nature might be optimizing performance of some biological processes by utilizing inevitable noise present in the environment. More insight into this conjecture can be obtained from further studies of resonance that magnetic sensitivity displays as a function of environmental noise identified here.

This research is supported by the National Research Foundation and Ministry of Education in Singapore. We thank Erik Gauger and Simon C. Benjamin for helpful discussion. J.N.B. thanks Bijay Kumar Agarwalla for extensive interaction.

- \*jnbandyo@gmail.com
- [1] G. S. Engel, T. R. Calhoun, E. L. Read, T.-K. Ahn, T. Mančal, Y.-C. Cheng, R. E. Blankenship, and G. R. Fleming, *Nature (London)* **446**, 782 (2007).
- [2] M. Sarovar, A. Ishizaki, G. R. Fleming, and K. B. Whaley, *Nature Phys.* **6**, 462 (2010).
- [3] H. Lee, Y.-C. Cheng, and G. R. Fleming, *Science* **316**, 1462 (2007).
- [4] E. Collini and G. D. Scholes, *Science* **323**, 369 (2009).
- [5] M. B. Plenio and S. F. Huelga, *New J. Phys.* **10**, 113019 (2008).
- [6] M. Mohseni, P. Rebentrost, S. Lloyd, and A. Aspuru-Guzik, *J. Chem. Phys.* **129**, 174106 (2008).
- [7] F. Caruso, A. W. Chin, A. Datta, S. F. Huelga, and M. B. Plenio, *J. Chem. Phys.* **131**, 105106 (2009).
- [8] L. Turin, *J. Theor. Biol.* **216**, 367 (2002).
- [9] J. C. Brookes, F. Hartoutsiou, A. P. Horsfield, and A. M. Stoneham, *Phys. Rev. Lett.* **98**, 038101 (2007).
- [10] T. T. Harkins and C. B. Grissom, *Science* **263**, 958 (1994).
- [11] J. M. Canfield, R. L. Belfordoe, and P. G. Debrunner, *Mol. Phys.* **89**, 889 (1996).
- [12] T. Ritz, S. Adem, and K. Schulten, *Biophys. J.* **78**, 707 (2000).
- [13] T. Ritz, R. Wiltschko, P. J. Hore, C. T. Rodgers, K. Stapput, P. Thalau, C. R. Timmel, and W. Wiltschko, *Biophys. J.* **96**, 3451 (2009).
- [14] J. Cai, G. G. Guerreschi, and H. J. Briegel, *Phys. Rev. Lett.* **104**, 220502 (2010).
- [15] E. M. Gauger, E. Rieper, J. J. L. Morton, S. C. Benjamin, and V. Vedral, *Phys. Rev. Lett.* **106**, 040503 (2011).
- [16] M. Arndt, T. Juffmann, and V. Vedral, *HFSP J.* **3**, 386 (2009).
- [17] P. Ball, *Nature (London)* **474**, 272 (2011).
- [18] T. Ritz, P. Thalau, J. B. Phillips, R. Wiltschko, and W. Wiltschko, *Nature (London)* **429**, 177 (2004).
- [19] P. Thalau, T. Ritz, K. Stapput, R. Wiltschko, and W. Wiltschko, *Naturwissenschaften* **92**, 86 (2005).
- [20] W. Wiltschko, in *Animal Migration, Navigation, and Homing*, edited by K. Schmidt-Koenig and W. T. Keeton (Springer, New York, 1978), p. 302.
- [21] W. Wiltschko, K. Stapput, P. Thalau, and R. Wiltschko, *Naturwissenschaften* **93**, 300 (2006).
- [22] T. Biskup, E. Schleicher, A. Okafuji, G. Link, K. Hitomi, E. D. Getzoff, and S. Weber, *Angew. Chem.. Int. Ed. Engl., Suppl.* **48**, 404 (2009).
- [23] W. Wiltschko and R. Wiltschko, *Science* **176**, 62 (1972).
- [24] C. T. Rodgers and P. J. Hore, *Proc. Natl. Acad. Sci. U.S.A.* **106**, 353 (2009).
- [25] A. M. Stoneham, E. M. Gauger, K. Porfyraakis, S. C. Benjamin, and B. W. Lovett, *Biophys. J.* **102**, 961 (2012).
- [26] R. Haberkorn, *Mol. Phys.* **32**, 1491 (1976).
- [27] J. A. Jones and P. J. Hore, *Chem. Phys. Lett.* **488**, 90 (2010).
- [28] J. A. Jones, K. Maeda, U. E. Steiner, and P. J. Hore, *Chem. Phys. Lett.* **508**, 184 (2011).
- [29] K. L. Ivanov, M. V. Petrova, N. N. Lukzen, and K. Maeda, *J. Phys. Chem. A* **114**, 9447 (2010).
- [30] G. L. Fain, H. R. Matthews, M. C. Cornwall, and W. Koutalos, *Physiol. Rev.* **81**, 117 (2001).
- [31] See Supplemental Material at <http://link.aps.org/supplemental/10.1103/PhysRevLett.109.110502> for further evidence showing robustness of the estimated lifetime and decoherence time.
- [32] G. Lindblad, *Commun. Math. Phys.* **48**, 119 (1976).
- [33] V. Gorini, A. Kossakowski, and E. C. G. Sudarshan, *J. Math. Phys. (N.Y.)* **17**, 821 (1976).
- [34] J. Cai, F. Caruso, and M. B. Plenio, *Phys. Rev. A* **85**, 040304(R) (2012).
- [35] A. W. Chin, A. Datta, F. Caruso, S. F. Huelga, and M. B. Plenio, *New J. Phys.* **12**, 065002 (2010).
- [36] M. Tiersch and H. J. Briegel, [arXiv:1204.4179v1](https://arxiv.org/abs/1204.4179v1).