Few-Body Bound States in Dipolar Gases and Their Detection

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We consider dipolar interactions between heteronuclear molecules in a low-dimensional setup consisting of two one-dimensional tubes. We demonstrate that attraction between molecules in different tubes can overcome intratube repulsion and complexes with several molecules in the same tube are stable. *In situ* detection schemes of the few-body complexes are proposed. We discuss extensions to many tubes and layers, and outline the implications on many-body physics.

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Few-body bound states play a crucial role in determining the properties of many physical systems. In QCD and nuclear physics, quarks bind into nucleons and nucleons into nuclei. In chemistry and biology, chemical reactions are determined by properties of complexes of atoms and molecules. In soft condensed matter physics, self-organization of elementary objects into chains determines the properties of rheological electro- and magnetofluids [1]. In semiconducting nanostructures, like quantum wells, dots, or nanotubes, few-body states like charged excitons and biexcitons affect optical properties [2].

A special feature of cold atom ensembles is the possibility to tune the two-particle interaction strength, which controls the properties of few-particle complexes. While most of the earlier work focused on Efimov states in systems with contact interactions [3], recent experimental progress with polar molecules [4,5] and Rydberg atoms [6] open interesting possibilities for studying few-particle complexes in systems with long-range interactions. These systems can provide insights into many-body systems with long-range forces in the intriguing but poorly understood regime of intermediate interaction strengths. Multiparticle bound states require strong enough interactions to form composite objects, but not too strong to avoid locking molecules into a Wigner crystal (see, e.g., [7]). Studying dynamics of formation of the mutiparticle composites can help us to understand open questions of chemical reactions in reduced dimensions [8].

In this Letter we demonstrate the stability of few-body states of ultracold polar molecules with long-range dipole interactions in a low-dimensional setup consisting of two one-dimensional tubes. This geometry can be produced by optical lattices or atomic chip traps [9]. While dimers in bilayers of dipolar molecules have been studied before [10], the main result of our Letter is the demonstration of the stability of few-body bound states with two or more molecules in the same tube. We focus on the regime where intratube interactions are repulsive, so that the binding

stems from intertube attraction. We determine the stability of these complexes as a function of the direction and the strength of the dipoles. We show the stability of even larger complexes and suggest a detection scheme to map out their stability regimes.

Model.—We consider dipolar interactions between molecules confined in tubes A and B with intertube distance Δ (Fig. 1). The interaction between two dipoles aligned by an external electric field is $V_d(\mathbf{r}) = D^2(1-3\cos^2\varphi_{rd})/r^3$, where $D^2 = d^2/4\pi\epsilon_0$ and $\cos\varphi_{rd} = \mathbf{r}\cdot\mathbf{d}/(rd)$. \mathbf{r} is the relative position of two molecules and \mathbf{d} the dipole moment. For deep 1D lattices with small transverse confinement length $l_\perp \ll \Delta$, the intertube, $V_1(x)$, and intratube, $V_0(x)$, interactions depend only on the interparticle distance along the tube direction x.

The intertube interaction is $V_1(x) = D^2[1 3\cos^2\vartheta(\tilde{x}\cos\varphi+\sin\varphi)^2/(\tilde{x}^2+1)$ $\frac{1}{2}$ $\int \Delta^3(\tilde{x}^2+1)^{3/2}$ intratube interaction, $V_0(x)$, is modified at small distances by the transverse part of the wave function [11]: $V_0(x) = D^2(1-3\cos^2\varphi\cos^2\vartheta)\lambda^3 f_0(\lambda\tilde{x})/\Delta^3$, where $f_0(u) =$ $-u/2 + \sqrt{2\pi}(1+u^2)\exp(u^2/2)$ Erfc $(u/\sqrt{2})/4$, $\lambda = \Delta/l_{\perp}$, and $\tilde{x} = x/\Delta$. If the direction of the dipoles satisfies $(1 - 3\cos^2\varphi\cos^2\vartheta) = 0$, the intratube interaction vanishes. This defines the "magic angle" $\varphi_M = \arccos(\frac{1}{\sqrt{3}\cos(\vartheta)})$. We focus on $\varphi \geq \varphi_M$, which excludes intratube attraction. The complexes discussed here are therefore exclusively bound by intertube attraction. The competition of interaction to kinetic energy is determined by $U_0 = mD^2/\Delta\hbar^2$. Lengths are measured in units of Δ and energies in units of $\hbar^2/m\Delta^2$.

We consider few-particle complexes of up to four molecules and denote them via the molecule numbers in the two tubes, N_A - N_B : 1-1, 1-2, 1-3, and 2-2 [Fig. 1(b)]. We use a finite difference method to obtain the eigenspectrum for the relative motion for given parameters ϑ , φ , λ , U_0 , N_A , and N_B . To reduce the size of the Hamiltonian matrices all symmetries are exploited. The stability of a complex is checked in two ways. First, we confirm that the energy of a complex is less than that of smaller few-body states

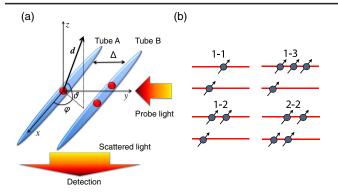


FIG. 1 (color online). Setup and various few-body complexes. (a) Setup. The molecules of dipole moment **d** move in two tubes. The probe and scattered light waves are used for the detection of complexes. (b) Notation for the complexes.

causing an energy penalty for dissociation. Second, we compute the average interparticle distances, which should be finite for a bound state.

Dimer.—The simplest complex is the 1-1 dimer. For $\vartheta = 0$, a dimer always profits from the attractive part of the intertube interaction and is stable for all φ and U_0 . However, it can be made unstable by rotating the dipoles out of the x-y plane $(\vartheta \neq 0)$. The stability of the dimer depends on the integral over the intertube interaction $\int dx V_1(x) = 2(\cos^2(\varphi)\cos^2(\vartheta) - \cos(2\vartheta))D^2/\Delta^3$ and on the global minimum of the intertube interaction, $V_{1,\min}$, which is negative for $\vartheta < \arccos(1/\sqrt{3})$ and positive otherwise. The directions of the dipoles can be classified into three regions according to the stability of dimers: (i) for $\int dx V_1(x) < 0$ the dimer is bound for any U_0 , (ii) for $\int dx V_1(x) > 0$ and $V_{1,\min} < 0$ there is a bound dimer above some critical strength U_0 , and (iii) for $V_{1,\min} \ge 0$ the dimer is unbound. For the dimer it does not matter whether the molecules are fermions or bosons as long as tunneling between the layers can be neglected.

Trimer and tetramers.—Complexes with more than two molecules can be bound if the intertube attraction exceeds both intratube repulsion as well as the kinetic energy cost associated with localization. For a given φ the intertube attraction V_1 is strongest for $\vartheta=0$. In order to stabilize larger complexes we will now focus on $\vartheta=0$ and tilt the dipoles close to the magic angle [for $\vartheta=0$, $\varphi_M=\arccos(1/\sqrt{3})\approx 54.7^\circ$] which strongly reduces intralayer repulsion. Furthermore, we consider strong dipole interactions (large U_0).

Figure 2 shows that trimers and tetramer can be stable both for fermionic and bosonic molecules. Figure 2(a) shows the range of tilting angles at which the 1-2 trimer has lower energy than the dimer (and than free particles). Shown are results both for fermionic and bosonic molecules for $U_0 = 10$ with transverse confinement strengths $\lambda = 5$ and 10. We note the following common features in Fig. 2. (I) Trimer and tetramers have their energy minimum at the magic angle φ_M , since the intratube repulsion

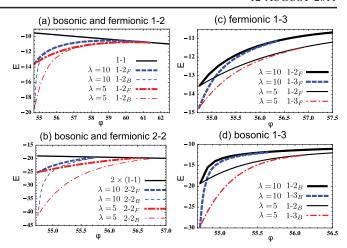


FIG. 2 (color online). Stability plots for (a) bosonic (subscript B) and fermionic (F) trimer 1-2, (b) bosonic and fermionic tetramer 2-2, (c) fermionic tetramer 1-3, (d) bosonic 1-3. The complex energies E as functions of the tilting angle φ , for various confinements λ , $U_0=10$. The curves for 1-1 and 1-2 [in (b),(c),(d)] are shown for comparison to demonstrate the stability of larger complexes. A complex is stable below the critical φ , where its energy is smaller than that of a smaller state. At the magic angle $\varphi_M=54.7^\circ$, the intratube interaction vanishes and the energy does not depend on the confinement λ (curves for different λ merge at φ_M). The energy variation is more pronounced for bosons than for fermions, and bosons are more sensitive to the confinement.

vanishes. We find that at φ_M the energy becomes independent of the confinement, because the intertube interaction does not depend on it and intratube interaction goes to zero (at φ_M curves for different λ merge). At φ_M complexes of bosonic molecules have a much lower energy than that of fermionic molecules, since bosons can occupy the same state and profit maximally from intertube attraction, while this is forbidden for fermions by the Pauli principle. (II) Close to φ_M complexes of bosonic molecules have a much stronger dependence on transverse confinement and on the tilting angle than complexes of fermionic molecules. This is because bosonic molecules are strongly affected by turning on the sharp maximum of the intratube interaction at zero distance $V_0(0) = \lambda^3 \frac{(1 - 3\cos^2\varphi)D^2}{\Lambda^3} \sqrt{\frac{\pi}{8}}$ as dipoles are tilted away from φ_M . In contrast, fermions are much less affected due to the Pauli principle. When the intratube repulsion at short interparticle distances exceeds the intertube attraction, bosons become hard core and, generally, behave as fermions in 1D. This explains why fermionic and bosonic trimers have approximately the same energy away from φ_M as shown in Fig. 2(a).

Full stability diagram.—Our results on the stability of all complexes are summarized in Fig. 3. Above the (blue) dashed line only the dimer is stable, while below it the trimer is also stable. The (green) dotted line marks the position, where the 1-3 state becomes stable and below the (red) dash-dotted line 2-2 state is stable. The diagram

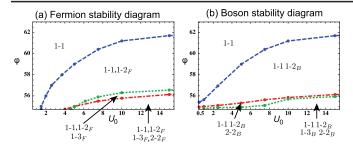


FIG. 3 (color online). Full stability diagram. Each region is labeled by its stable complexes. For large tilting angle, only the dimer is stable but approaching the magic angle, other complexes become stable. (a) Fermionic molecules. All states except the dimer have a critical interaction strength U_0 . (b) Bosonic molecules. Close to the magic angle the complexes become stable for any U_0 . Here $\lambda=10$.

shows that with an increasing number of particles in the complex the stability regime is reduced to a small interval starting from φ_M . Furthermore, by comparing the stability diagram for fermionic and bosonic molecules a major difference is evident. For fermions, there is a critical interaction strength even in the absence of intratube repulsion, while bosons do not have a critical value.

Model extensions.—Even for larger complexes we could continue the method developed here. However, already from our data we can infer the role of such states. For N=5,2-3 and 1-4 configurations are possible. The stability for larger complexes in the bitube case will shrink to a small sliver near φ_M . In contrast, the trimers and tetramers are relevant over a broader range of parameters, making them more accessible in experiments.

In a setup with planes instead of tubes, the cost of localization increases which makes complexes less stable. The classically preferred configurations for a bilayer are the same as for bitubes with $\vartheta=0$. Trimers or larger complexes will also be stable in bilayers, however, only for larger dipole strength. Dimers are always stable in the bilayer for any tilting angle [10]. In the case of more than two tubes or layers, more complex few-body states become possible. In particular, chains of molecules can form with one molecule per tube or layer [12]. By tilting the dipoles more than one molecule per layer can be bound which might lead to bifurcations of these chains.

The few-body results discussed here have impact on the many-body problem. In the regime where only the dimer is stable, the fermionic many-body problem shows a BCS-BEC (Bose-Einstein condensate) crossover at low temperatures [13]. However, we have shown in Fig. 3 that there is an extended parameter regime where not only dimers but also trimers are stable, while larger complexes are unstable. The relevance of trimers in the many-body problem can be enhanced when the two tubes or layers have different density, as noted previously [14]. Therefore by increasing the imbalance the system changes from a collection of interacting bosonic dimers to one of

interacting fermionic trimers. Trimers will modify the BCS-BEC crossover and the crystallization expected for large dipole moments [15].

Detection.—Multiparticle composites can be observed using several experimental techniques. For example, the 1D lattice depth can be changed periodically. If the shaking frequency matches the binding energy of a complex it dissociates thereby heating the system. The temperature after shaking shows resonances as a function of frequency [16]. Alternatively, rf spectroscopy can be used [17]. We propose to map out the stability diagram of various complexes *in situ*, using optical quantum nondemolition detection [18,19]. Relying on coherent interference, it is sensitive to the intermolecule distances, which unambiguously reflect the complex stability.

The probe light is nonresonantly scattered by the molecules and the intensity of scattered light is detected in the far field (Fig. 1). We propose to detect in the direction perpendicular to the tubes, where the interference condition is independent of the *x* position of a molecule. Note that the chosen detection angle is not the Bragg one with the largest intensity, but the diffraction minimum, where the light intensity directly reflects the molecule number fluctuations and intertube correlations [18].

The diffraction minimum is defined such that two tubes scatter light with equal amplitudes but phase shift π . Hence, the light scattered from a tightly bound complex is zero in this direction. For different molecule numbers in two tubes, the light amplitudes at the tube positions have to be chosen differently: the amplitude ratio α is 1 for the 1-1 complex, 1/2 for 1-2, and 1/3 for the 1-3 state. Then, the mean photon number at the diffraction minimum is $n_{\Phi} = |C|^2 \langle [N_A(W) - \alpha N_B(W)]^2 \rangle$, where $N_{A,B}(W)$ are the molecule numbers in two tubes weighted by the laser profile of the finite width W, and C is the single-molecule scattering coefficient [18]. The expectation values entering n_{Φ} are taken for the few-body ground state.

An important property of our system is that complexes can be consecutively made stable or unstable by changing the direction or strength of the dipoles. We demonstrate that the dissociation of each complex leads to a sharp jump in the light intensity, as smaller complexes induce number fluctuations within the laser beam, which increase the intensity. As an example, the dissociation of the trimer is shown in Fig. 4. Increasing ϑ from zero, first the trimer dissociates into a dimer and a free molecule, and then into three free molecules. At each dissociation the light intensity jumps to a new plateau with characteristic values 0, $n_0/2$, and $3n_0/2$ (n_0 is the photon number scattered from a single molecule). The creation of complexes corresponds to light suppression.

Conclusions and outlook.—We have shown that fewbody bound states of two, three, and four dipolar molecules in a bitube setup are stable over a significant range of dipole strength and direction for both fermionic and

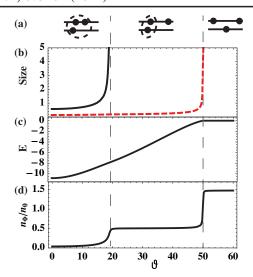


FIG. 4 (color online). Optical detection of trimer. (a) Three different regimes for various angle ranges. (b) Two relative distances between molecules in different tubes. The consecutive creation of 1 and 3 free molecules leads to divergence in one and then in the other distance. (c) State energy. The behavior is qualitatively different only for the last dissociation. (d) Number of photons scattered into the diffraction minimum. Each regime has its own characteristic photon numbers $(0, n_0/2, \text{ and } 3n_0/2)$. The light intensity jumps show the dissociations (or creations) of a dimer and trimer. Here $U_0 = 10$ and $\varphi = 57^{\circ}$, Gaussian laser profile with $W = 5\Delta$.

bosonic molecules. The complexes are bound by the longrange intertube attraction. The existence of complexes can be confirmed in a nondestructive in situ optical detection scheme, where the light intensity jumps precisely at the points where new bound states form. To observe the few-body states discussed here, U_0 is the important parameter. We estimate that the fermionic trimer is stable for $U_0 > 1.5$. Such values are hard to achieve directly in current experiments with 40K87Rb (dipole moment d < 0.56 debye). However, it may be possible to achieve the stability regime of multiparticle composites with these molecules by applying an optical lattice along the tubes. Qualitatively this may be understood as increasing the effective mass, and detailed analysis requires taking into account the tight binding dispersion. A molecule of larger dipole moment could also be used. 6Li133Cs has a maximum dipole moment of $d \approx 5.3$ debye [4] and U_0 can then exceed 100 which is far within the stability regime of the complexes studied. For strong dipole interaction the binding energy can be large and therefore measurements can be performed even on nondegenerate thermal systems (for $^6\mathrm{Li}^{133}\mathrm{Cs}$ and $\Delta=500$ nm the binding energy can exceed 500 nK for sufficiently large U_0 and close to the critical angle). The current work proves that trimers can be stable over extended regions of parameter space. A degenerate Fermi gas of fermionic dipolar molecules can form a collection of interacting bosonic dimers or one of interacting fermionic trimers. The formation of trimers will modify the BCS-BEC crossover as well as the crystallization expected for large dipole moments. Finally, we point out that ideas presented here should also be relevant for magnetic atoms and molecules, such as Cr and Dy. However, obtaining multiparticle bound states with magnetic dipolar interactions, which are much weaker than electric ones, requires using strong in-tube optical lattice for dramatic suppression of the in-tube kinetic energy.

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Note added.—After completion of this work, we became aware of the related work [20] on trimer liquids of polar molecules in coupled tubes.

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