Letter

Prandtl-Tietjens intermittency in transitional pipe flows

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Pipe flow often traverses a regime where laminar and turbulent flow coexist. Prandtl and Tietjens explained this intermittency as a feedback between the fluctuations of the internal flow resistance and the constant pressure drop driving the flow. However, because the focus has moved towards studying intermittency without flow fluctuations near the universal critical Reynolds number, their explanation has largely disappeared. Here, we refine the mechanism, and put it to a quantitative test, to develop a model that agrees with experiments at higher Reynolds numbers, enabling us to demonstrate that Prandtl and Tietjens' mechanism is, in fact, intrinsic to flows where both the pressure gradient and perturbation are constant.

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In 1839, while investigating the friction in pipe flow, Hagen [1] observed that the jet of water exiting the pipe resembled a glassy rod at low flow speeds, which then began to pulse as the flow speed increased. The jet reflects the state of the flow inside the pipe. It is in one place glassy [1] and smooth [2], "laminar," while frosty [2] and sinuous [3], "turbulent," elsewhere. Hagen's pulses were a manifestation of this intermingling of laminar and turbulent flow, which we now call *intermittency*, a basic feature of the transition to turbulence in pipe flow and other shear flows [4-8]. The turbulent patches, which can also die, split, or grow, are carried downstream so that the whole pattern of intermittency changes continuously in space and in time. The phenomenon of intermittency was unexpected, given that the flow conditions were kept as constant as practical, and its origin was at first unclear [1-3,9]. In their famous fluid mechanics textbook, Prandtl and Tietjens [10], hereafter referred to as PT, qualitatively explained intermittency as the result of a feedback between the larger friction in the turbulent patches and the constant total pressure drop driving the flow [11]. With a larger friction, the flow speed decreases until it is reduced below the critical speed, so that no new turbulence is created. When the increased friction of the patch leaves the pipe, the flow speed increases. The critical speed is again exceeded, a new patch is created, and the cycle repeats. In the PT mechanism, intermittency not only creates but requires fluctuations in flow speed, both of which oscillate. In keeping with common practice, we will hereafter use the nondimensional flow speed or Reynolds number, $\text{Re} = UD/\nu$, where U is the flow speed, D is the diameter, and ν is the kinematic viscosity.

The qualitative PT mechanism remained the prevalent explanation until the seminal study of transitional pipe flow by Rotta [12]. Rotta accepted the general validity of the PT mechanism but sought to determine if it was the only source of intermittency by taking great pains to maintain an approximately constant Re in his constant pressure drop and constant perturbation experiments [12]. He introduced a large external resistance into his pipe system so that the pressure drop over this resistance would damp out oscillations. Restricting attention to Re \leq 3000, he found that the intermittency persisted, despite no obvious fluctuations in Re, thus demonstrating that the PT

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narrative does not explain the origin of intermittency everywhere. More recent experiments also use a large resistance [13], and experiments with a constant mass flux [14] have demonstrated convincingly that intermittency can also exist apart from PT's mechanism, although the typical method of instantaneously perturbing the flow renders the experimental initial conditions themselves intermittent. Rotta's insight laid the foundation for studying the patchy, localized turbulence, now believed to originate from special exact solutions of the governing Navier-Stokes equations such as nonlinear traveling waves [4,5]. Most recent work has focused as Rotta did on the vicinity of the critical Re where nonexpanding patches called "puffs" dominate, or considered only instantaneous perturbations at higher Re [13]. Thus, with a few exceptions [11,15,16], the PT mechanism has largely disappeared from any discussion of the transition [4,5,17]. However, this leaves neglected an important regime of transitional flow, a flow that transitions at Re \gtrsim 3000, and for which the pressure gradient and perturbation are constant.

In this Letter we revisit PT's argument and look at the intermittency of transitional pipe flow under essentially constant conditions. It is driven by a constant pressure drop, disturbed continuously, and when not in the transition regime, the variation in Re, δ Re, is small (δ Re/Re < 0.01). We demonstrate the validity of the PT mechanism by developing a simple model based on their arguments that quantitatively reproduces the essential features of the intermittency in our experiments. Key to the success of our model is accounting for the external resistance, which we systematically vary, as well as accurately incorporating the growth of turbulent patches. The experiments and model together suggest a startling conclusion: Under constant conditions and for Re \gtrsim 3000, there is always a regime of intermittency consistent with the PT argument.

For our experiments we carry out measurements of the flow rate, velocity, and the friction in a 2020-cm-long, smooth, cylindrical glass pipe of diameter $D = 1 \text{ cm} \pm 10 \mu \text{m}$. The working fluid is water. Driven by gravity, the flow remains laminar up to Re $\approx 10\,000$. We restrict our attention to $3000 \lesssim \text{Re} \lesssim 7000$, for which the turbulent patches, called "slugs" [4], grow, an essential ingredient in the PT mechanism. We perturb the flow $\simeq 404D$ downstream [see Fig. 1(a)] either continuously with an obstacle (a small $\simeq 0.63$ -mm-diameter rod oriented perpendicular to the flow) or instantaneously with a syringe pump which injects a small amount of fluid from a 1-mm hole in the pipe wall. We denote by L the distance from the perturbation to the end of the pipe. We can set a natural transition Re when the flow becomes unstable, Re_{C} , by adjusting the rod protrusion. (This Re_C should not be confused with the lower and universal critical Re_C investigated by experiments of puff lifetimes [8].) We determine the instantaneous flow rate using a magnetic flowmeter (Yokogawa) and the total pressure drop ΔP_{tot} by measuring the difference between the height of the water surface in the source reservoir from the height of the water at the exit of the pipe, Δh . We also measure the instantaneous pressure drop in a 505D section that is 101D from the end of the pipe [see Fig. 1(a)]. Two laser Doppler velocimeters (LDV, MSE) were also used to probe the flow [see Fig. 1(a)]. More experimental details can be found in the Supplemental Material (SM [18], Sec. II) and in Ref. [19].

We begin by revisiting PT's mechanism through an examination of our experimental data for Re and the nondimensional friction factor $f = D\Delta P/\Delta L/(\rho U^2/2)$, where ρ is the density, and ΔP is the pressure drop over a length ΔL . We refer to Fig. 1(b), a traditional plot of $\langle f \rangle$ vs $\langle \text{Re} \rangle$, to investigate the state of the system, where $\langle \rangle$ refers to the time-averaged value. As ΔP_{tot} slowly increases (via Δh), the data (\circ) initially conform to the lower laminar curve, but the flow becomes unstable due to the finite disturbance for Re > Re_C \approx 4000 (set by the obstacle) and the position of $\langle f \rangle$ - $\langle \text{Re} \rangle$ deviates from the laminar curve thereafter. The first slugs appear stochastically (\times) [20], but this behavior spans only a narrow range of ΔP_{tot} . Thereafter the flow displays periodic behavior (+), which was the original focus of PT and thus ours as well.

In Fig. 1(b) we plot the instantaneous f(t)-Re(t) curve corresponding to one periodic data point (\Box). To understand this curve, consider the point **A** where the flow is laminar. Because Re(t) >Re_C $\simeq 4000$, a slug is created by the perturbation and begins to invade the flow, as indicated by a thick black line in Fig. 1(c) [see also Fig. 1(a)], and it expands aggressively as it is convected downstream [4]. The increased friction with $\Delta P_{tot} = \text{const requires Re}(t)$ to decrease. The slug



FIG. 1. (a) Schematic of the pipe experiment modeled after that appearing in Reynolds [3], with a contracting entrance section and a final narrow pipe section for added resistance. Flow is from left to right. Straight horizontal lines indicate laminar flow, and jagged flow indicates a slug. The pressure measurement section for determining $\Delta P/\Delta L$ and thus f in (b) is shown, as well as the two positions for measuring the velocity with LDVs in (c). The flow is disturbed continuously with an obstacle to set a transition Re_C . The flow state at points $\mathbf{A} \rightarrow \mathbf{D}$ from (b) and (c) are represented schematically. (b) Plot of average friction $\langle f \rangle$ vs average $\langle \text{Re} \rangle$. The lower and upper curves are the laminar and turbulent friction curves, respectively. The transitional data are either periodic (+) or stochastic (×). Overlaid on the mean data (\circ) we plot the instantaneous f(t)-Re(t) curve for one periodic transitional data point (\Box). This curve cycles clockwise through the points \mathbf{A} , \mathbf{B} , \mathbf{C} , and \mathbf{D} . (c) The normalized streamwise velocity $u(t)/\langle U \rangle$ at the centerline vs the normalized time $t \langle U \rangle/L$ for \Box , with $\mathbf{A} \rightarrow \mathbf{D}$ also denoted. The velocity was measured 100D downstream (-) and 10D upstream (--) from the perturbation. The shape of both curves is the same as Re(t) but for the slugs (solid black line superimposed over -).

eventually reaches the pressure measurement section and partially fills it, raising the value of f(t) to point **B**, until the flow there is fully turbulent at point **C** on the upper curve. As the turbulent patch leaves the pipe, Re(t) increases and the flow's intermittency decreases, taking us through point **D** [Fig. 1(a)], until finally the flow is fully laminar again and we return to point **A** to begin the cycle again. We now attempt to gain further insight by constructing a model to reproduce quantitative features.

We identify four essential ingredients, which we update and refine as necessary. The flow is driven by a constant pressure drop ΔP_{tot} ($\mathcal{I}1$), the pressure drop in a turbulent region is higher than a laminar one of the same length ($\mathcal{I}2$), slugs are convected and grow ($\mathcal{I}3$), and finally, a critical Re_C is set by disturbing the flow continuously ($\mathcal{I}4$). We first combine $\mathcal{I}1$ and $\mathcal{I}2$ by distributing the constant ΔP_{tot} between the laminar ΔP_{lam} and slug ΔP_{turb} portions of the flow. In addition, we also include the pressure drop of the system external to the experimental section, ΔP_{ext} , contributed by, for example, the entrance section. This gives the pressure drop balance $\Delta P_{\text{tot}} = \Delta P_{\text{lam}} + \Delta P_{\text{turb}} + \Delta P_{\text{ext}}$. As Fig. 1(b) already indicates, when the pressure measurement region is laminar, f(t) obeys the Hagen-Poiseuille law, $f_{\text{lam}} = 64/\text{Re}$, whereas when this region is turbulent, even during transition [19], it obeys the empirical Blasius law, $f_{\text{turb}} = 0.3164 \text{ Re}^{-1/4}$. [This allows us to probe intermittency in a straightforward manner: The flow is intermittent if $f_{\text{lam}} < f(t) < f_{\text{turb}}$]. We determine ΔP_{ext} empirically in a series of experiments when the pipe is fully laminar, $\Delta P_{\text{ext}} = \Delta P_{\text{tot}} - \Delta P_{\text{lam}}$ (see SM [18], Sec. I). Introducing the parameter *l*, the length of the pipe that is turbulent, results in (see SM [18], Sec. I)

$$\frac{D^3 \Delta P_{\text{tot}}}{32\rho \nu^2 L} = \left(1 - \frac{l}{L}\right) \operatorname{Re} + B \frac{l}{L} \operatorname{Re}^{7/4} + R(\operatorname{Re}),\tag{1}$$



FIG. 2. (a) Schematic of transitional pipe flow as in Fig. 1. A single slug is engendered at t = 0 by a perturbation, which grows to its maximum size when it reaches the end of the pipe at t = T. (b) Plot of deviation in Re, Δ Re, vs the initial Re₀ for several resistances *R*. Increasing *R* or decreasing *L* reduces Δ Re. A dependence on *L* is to be expected and is also seen in work on pulsatile flow [21]. The predicted Δ Re (open symbols) are in excellent accord with the experimental data (solid symbols).

where B = 0.3164/64 is a constant combining the constants from the Hagen-Poiseuille and Blasius laws and $R = \frac{D^3 \Delta P_{ext}}{32\rho v^2 L}$ is the normalized external resistance. The terms on the right-hand side are the pressure drop contributions from the laminar ($\propto 1 - l/L$), turbulent ($\propto l/L$), and external portions of the pipe, respectively. Previous work that split ΔP_{tot} between a laminar and turbulent contribution also predicted oscillations, but they were unable to show quantitative agreement between model and experiment [15,16]. This highlights the importance of accounting for the external resistance *R* and accurately incorporating slug growth rates, both of which were not included in these approaches.

As a first step in validating our refined model, we use Eq. (1) to predict the maximum change in Re when a single slug is created, utilizing $\mathcal{I}1-\mathcal{I}3$. We perform experiments in which we systematically vary *R* by adding short sections of smaller diameter pipes [see Fig. 2(a)], a "resistor," to the pipe system [22,23] and determine the Re dependence of *R* empirically (see SM [18], Sec. I). We then perturb the flow instantaneously at a distance *L* from the end of the pipe where the laminar flow is fully developed. We adjust ΔP_{tot} via Δh to set an initial Re = Re₀ and seek the maximum deviation from Re₀, $\Delta Re = Re_0 - Re_{\min}$, where Re_{min} is the minimum Re. For each Δh and *R*(Re) we perform the experiment at least three times to determine averages and uncertainties. For constant ΔP_{tot} , we can write Eq. (1) at both Re₀ and Re_{min} and equate them to show that

$$\operatorname{Re}_{0} + R(\operatorname{Re}_{0}) = \frac{D^{3} \Delta P_{\text{tot}}}{32\rho \nu^{2}L} = \left(1 - \frac{l}{L}\right) \operatorname{Re}_{\min} + B \frac{l}{L} \operatorname{Re}_{\min}^{7/4} + R(\operatorname{Re}_{\min}),$$
(2)

where for $\text{Re} = \text{Re}_0$, l = 0 by definition. The l/L, which we next estimate, also depends on Re. We suppose that the minimum value Re_{\min} occurs when l/L is at its maximum as the growing slug reaches the end of the pipe. The maximum l/L can be estimated using the slug front speed u_F and back speed u_B . If T is the time it takes the slug front to reach the end of the pipe, then $L = u_F T$ and $L - l = u_B T$, which can be rearranged to find $l/L = (u_F - u_B)/u_F$. We made our own estimates of u_F and u_B (see SM [18], Sec. II) because the literature values are for practically constant Re [13,24– 26]. Because the external resistance in these experiments is deliberately smaller, the Re here is not constant. We then solve Eq. (2) numerically, and Fig. 2(b) shows that its predictions are in excellent accord with the experimental results. The variation in the Re as the slug grows also leads to a subtle dependence on the pipe length L, as the growing slug has more time to slow down the flow if L is larger. Thus as Fig. 2(b) shows, for the same external resistance but smaller L/D, ΔRe is smaller.

We now proceed to develop a time-dependent version of the model to reproduce the oscillations, now incorporating a critical Re_C ($\mathcal{I}4$). We take the time derivative of Eq. (1) ($\mathcal{I}1$, $\mathcal{I}2$), subject to the



FIG. 3. (a) Experiments (solid symbols) and model predictions (open symbols) for $\langle f \rangle$ vs $\langle Re \rangle$. The model data closely follow the experimental data. For each series of data, A-D, we plot in (c) below the normalized time series of Re(t) vs $t\langle U \rangle/L$, choosing the point of minimum $\langle Re \rangle$ in the periodic intermittent regime. The amplitudes and normalized periods $\tau \langle U \rangle/L$ closely match the experiments. (b) $\tau \langle U \rangle/L$ determined from experiments, the model, and from the previous ΔRe experiments (Fig. 2, $\tau \langle U \rangle/L \simeq \langle U \rangle/u_B$). The normalized periods differ by $\leq 5\%$ in most cases. (d) Nondimensional intermittency span vs transition Re_C for experiments and model simulations (*R* as in Fig. 2). We also include model simulations using an extremely large *R* estimated from Barkley *et al.*'s experiments [13] (see SM [18], Sec. V for details). The ratio of smallest to largest resistance is $\simeq 500$ and the L/D varied up to $\simeq 24\%$. We also probed the effect of external noise by adding normally distributed noise with zero mean and a standard deviation of 0.1 to Re(*t*) at each step in the integration of Eq. (3). Despite these differences, all data collapse onto a common curve and exhibit a non-negligible span of intermittency that increases with Re_C ($\propto Re_C^2, --$).

constraint $\Delta P_{\text{tot}} = \text{const}(\mathcal{I}1)$, which yields

$$\frac{d\operatorname{Re}}{dt} = \frac{\frac{d(l/L)}{dt}(\operatorname{Re} - B\operatorname{Re}^{7/4})}{\left(1 - \frac{l}{L}\right) + \frac{7}{4}B\operatorname{Re}^{3/4}\left(\frac{l}{L}\right) + \frac{dR}{d\operatorname{Re}}}.$$
(3)

To determine the time dependence of l/L we use a recent model which has had significant success in reproducing the growth rates ($\mathcal{I}3$) of slugs [13]. The complexity of slug growth is reduced to two coupled partial differential equations for a variable representing the turbulence intensity q and the pipe centerline velocity u. Now together with Eq. (3) we have a set of coupled partial and ordinary differential equations. Since the l/L in Eq. (3) is simply the total turbulent fraction, we do not use the spatial information of the partial differential equations in Eq. (3). This system of equations is similar to, but simpler than, the systems of coupled differential equations used to model arterial flow [27].

We perform several experiments without an external resistor, although $R \neq 0$, systematically changing the transition Re_C by adjusting the amplitude of the perturbation ($\mathcal{I}2$). For each Re_C , set by adjusting the obstacle, we repeated the experiment of Fig. 1(b), slowly increasing ΔP_{tot} to take the system from laminar, to intermittent, to turbulent [see Fig. 3(a)]. For our model, we integrate Eq. (3) along with the coupled partial differential equations from Barkley *et al.*'s model [13], which we transformed into laboratory units (see SM [18], Sec. III). To reproduce the behavior in our experiments we add a constant perturbation to the Barkley model, the amplitude of which we varied to set a different transition Re_C as in the experiments ($\mathcal{I}4$). This deterministic model is not able to reproduce the initial region of intermittency, in which slugs appear stochastically, but it both quantitatively reproduces the oscillations and the shapes of the $\langle f \rangle$ vs (Re) curves [see Fig. 3(c)].

As Figs. 2 and 3(a)-3(c) show, our model, based on the PT mechanism, is in excellent accord with the experimental data. We now use this result to demonstrate the generality of the PT mechanism. As already noted, Rotta tested the PT mechanism by restricting attention near the universal critical point (Re \lesssim 3000) and by increasing the external resistance. The former invalidates the PT mechanism because it removes slug growth, an essential ingredient ($\mathcal{I}3$). As Fig. 2(b) demonstrates, the latter approach of increasing R unsurprisingly reduces deviations in Re (Δ Re). Indeed, this principle is broadly used to maintain a nearly constant Re in constant pressure gradient transitional pipe flow experiments. If fluctuations can be completely eliminated, one would expect no intermittency and thus in our $\langle f \rangle - \langle \text{Re} \rangle$ curves there would be a discontinuous jump from the laminar to turbulent friction curves at $\text{Re}_C \gtrsim 3000$. To test the hypothesis that the regime of intermittency shrinks as R increases, we plot versus Re_C in Fig. 3(d) the normalized difference between the pressure drop at the end of the intermittent regime $\Delta P_{tot,max}$ and at the beginning $\Delta P_{tot,min}$. Despite spanning over two orders of magnitude in R, and even in the presence of noise, all data collapse onto a single curve that inexplicably increases with Re_{C} . When expressed in terms of the true control variable, the normalized pressure gradient, the intermittency span is independent of R. Moreover, the attendant intermittency is not negligible, since the fraction of flow filled by patches necessarily advances continuously from zero to unity as the pressure drop is increased from $\Delta P_{\text{tot,min}}$ to $\Delta P_{\text{tot,max}}$. However, we note that while the intermittency is substantial, the relative magnitude of the fluctuations in Re can be substantially reduced by increasing R, as shown in Fig. 2(b). Near the natural transition point Re_{C} the finite-amplitude threshold is very sharp and thus very sensitive for $Re \gtrsim 3000$ [7,28], so that even these small variations in Re are sufficient for the PT mechanism to function. Prandtl-Tietjens intermittency is thus an intrinsic feature of continuously perturbed and constant pressure driven flows, for which substantial intermittency and tunable fluctuations in Re are unavoidable if $\text{Re} > \text{Re}_C > 3000$.

In conclusion, we have developed a model inspired by Prandtl and Tietjens' classic argument that is in excellent quantitative agreement with experiments. Essential to the model's success was accurately accounting for the external resistance and slug growth rates. We began our inquiry by noting that, beginning with Rotta [12], the Prandtl-Tietjens argument has been considered irrelevant. Together, our experiments and model suggest that intermittency engendered by the Prandtl-Tietjen mechanism is in fact an intrinsic feature of constant pressure driven pipe flow for constant conditions, and for Re \gtrsim 3000. Rotta did not avoid it by increasing the resistance in his pipe, which ultimately cannot remove the intermittency engendered by the PT mechanism [Fig. 3(d)], but by restricting attention to Re $\lesssim 3000$ [12], just as many other laboratory experiments restrict attention to Re < Re_C [8,13,26] in order to consider the effect of instantaneous perturbations. Thus while the PT mechanism elucidated here does not apply to those important studies, neither do they directly address the intermittency in the early experiments of Hagen [1], Brillouin [29], and others [6], or those conducted here. Most pipes will have a natural transition Re_{C} set by imperfections such as wall roughness [30,31], and here it is the Prandtl-Tietjens mechanism which provides the route to turbulence. Fusing old insights [10] and new [13,19] has broadened the impact of both, yielding new and practical understandings of transitional pipe flow.

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