**Editors' Suggestion**

# **Taylor dispersion of elongated rods**

Ajay Harishankar Kumar<sup>®</sup>[,](https://orcid.org/0000-0001-8649-2138)<sup>1</sup> Stuart J. Thomson,<sup>1</sup> Thoma[s](https://orcid.org/0000-0003-2615-9178) R. Powers  $\mathbf{D}$ [,](https://orcid.org/0000-0003-3432-8226) <sup>1,2</sup> and Daniel M. Harris  $\mathbf{D}^{1,*}$ <sup>1</sup>*Brown University, Center for Fluid Mechanics and School of Engineering, 184 Hope St., Providence, Rhode Island 02912, USA*

<sup>2</sup>*Brown University, Brown Theoretical Physics Center and Department of Physics, 184 Hope St., Providence, Rhode Island 02912, USA*

(Received 12 November 2020; accepted 28 July 2021; published 7 September 2021)

Particles transported in fluid flows, such as cells, polymers, or nanorods, are rarely spherical. In this study, we numerically and theoretically investigate the dispersion of an initially localized patch of passive elongated Brownian particles in a two-dimensional Poiseuille flow, demonstrating that elongated particles exhibit an enhanced longitudinal dispersion. In a shear flow, the rods translate due to advection and diffusion and rotate due to rotational diffusion and their classical Jeffery's orbit. The magnitude of the enhanced dispersion depends on the particle's aspect ratio and the relative importance of its shear-induced rotational advection and rotational diffusivity. When rotational diffusion dominates, we recover the classical Taylor dispersion result for the longitudinal spreading rate using an orientationally averaged translational diffusivity for the rods. However, in the high-shear limit, the rods tend to align with the flow and ultimately disperse more due to their anisotropic diffusivities. Results from our Monte Carlo simulations of the particle dispersion are captured remarkably well by a simple theory inspired by Taylor's original work. For long times and large Péclet numbers, an effective one-dimensional transport equation is derived with integral expressions for the particles' longitudinal transport speed and dispersion coefficient. The enhanced dispersion coefficient can be collapsed along a single curve for particles of high aspect ratio, representing a simple correction factor that extends Taylor's original prediction to elongated particles.

DOI: [10.1103/PhysRevFluids.6.094501](https://doi.org/10.1103/PhysRevFluids.6.094501)

## **I. INTRODUCTION**

Understanding the transport of particles in fluid flow has led to the development of novel particle separation techniques, mixing strategies, and laboratory-on-a-chip devices [\[1,2\]](#page-18-0). In many practical cases of interest, the geometry of the particles themselves may be complex [\[3\]](#page-18-0), and hence it is important to understand how their shape [\[4\]](#page-18-0) influences their bulk transport. Herein we study how the elongated shape of passive, rodlike Brownian particles affects their dispersion in a steady, twodimensional Poiseuille flow.

In a seminal paper [\[5\]](#page-18-0), Taylor quantified the dispersion of spherical solute particles subject to Poiseuille flow in a cylindrical pipe. In Taylor's original physical picture (see Fig. [1\)](#page-1-0), when a uniform patch of a solute is injected in a laminar flow, it spreads due to the combined effects of advection and diffusion. At early times, the solute patch mimics the shape of the parabolic flow profile, inducing lateral concentration gradients that drive net lateral transport by molecular diffusion. Ultimately, the shear flow enhances the spreading of the solute, a phenomenon now known

<sup>\*</sup>daniel\_harris3@brown.edu

<span id="page-1-0"></span>

FIG. 1. Illustration of the classical Taylor dispersion process. At early times ( $t \ll t_d$ ) a plug of noninteracting Brownian tracer particles mimics the shape of the flow. The shear flow induces lateral concentration gradients that molecular diffusion tends to minimize. The overall effect at late times ( $t \gg t_d$ ) is an enhanced diffusive-like longitudinal spreading of particles as the solute patch is advected downstream at the mean speed of the fluid flow.

as Taylor dispersion. Later Aris expanded on Taylor's results in more rigorous mathematical detail using the method of moments, and thus this phenomenon is also frequently referred to as Taylor-Aris dispersion [\[6\]](#page-19-0). Perhaps the most complete mathematical treatment is due to Frankel and Brenner [\[7\]](#page-19-0), who derived a generalized theory of Taylor-Aris dispersion. This robust framework has since been used to solve a wide class of dispersion problems, including the dispersion of active matter in shear flow [\[8–11\]](#page-19-0). Of most relevance to the present work, Peng and Brady studied the upstream swimming and dispersion of active Brownian particles in a two-dimensional Poiseuille flow with one degree of rotational freedom for spherical and rod-shaped particles, demonstrating enhancement of the dispersion factor for active Brownian particles due to their swimming (i.e., activity) [\[12\]](#page-19-0). Such an enhancement was observed experimentally for bacteria in porous media [\[13\]](#page-19-0). Elsewhere, the effect of channel geometry on the dispersion of passive tracers has been well documented to control or enhance the dispersion properties  $[14-17]$ , while the effect of the dispersion factor on pulsatile flow has also been documented [\[18,19\]](#page-19-0). Previous studies have also focused on the Brownian motion of ellipsoidal [\[20,21\]](#page-19-0) and boomerang-shaped particles [\[22\]](#page-19-0) in the absence of external flow. However, despite these advances, the effect of a passive particle's shape on dispersion in the presence of flow has received relatively little attention.

It is now well known that confined rod-shaped particles or fibers have a tendency to migrate to-wards channel walls when subject to a background shear flow [\[23–27\]](#page-19-0). This effect was characterized by Nitsche and Hinch [\[28\]](#page-19-0), who studied the lateral migration velocity and resultant distribution of rod-shaped particles in quasi-two-dimensional shear flow, assuming a uniform particle concentration in the longitudinal direction. In complement to this prior work, we characterize the *longitudinal* transport properties of an initial concentration of confined Brownian rods in two-dimensional Poiseuille flow, using both Monte Carlo simulations and theoretical considerations. The rods are noninteracting Brownian tracers and modeled as elongated ellipsoids with the neglect of wall-based hydrodynamic effects. Our study reveals and quantifies two main results: a reduced mean transport speed for the rods compared to the mean speed of the fluid, and an enhanced rate of longitudinal dispersion compared to spherical particles.

In the remainder of this section, we review Taylor's classical analysis applied to spherical particles in two-dimensional Poiseuille flow [\[5\]](#page-18-0), followed by a discussion of extra physical considerations relevant for elongated particles. In Sec. [II](#page-4-0) we describe our Monte Carlo method for calculating the dispersion coefficient for ellipsoidal particles in a two-dimensional Poiseuille flow. We then turn to a simplified theoretical analysis in the spirit of Taylor's original calculation in Sec. [III,](#page-8-0) deriving semianalytical expressions for the mean speed of the particles and the dispersion coefficient, in excellent agreement with the Monte Carlo simulations. We conclude with a summary of our results in Sec. [IV.](#page-13-0)

<span id="page-2-0"></span>Consider a parallel plate channel separated by a distance of 2*a* with a fully developed Poiseuille flow with a maximum velocity of *U* at  $y = 0$ , as depicted in Fig. [1.](#page-1-0) For isotropic solute particles with a characteristic diffusion constant *D*, a diffusive timescale can be defined as  $t_d = a^2/D$ , which is the characteristic time for a solute particle to travel from the center of the channel to the walls purely through molecular diffusion. There are two primary mechanisms of particle transport in this problem, advection and diffusion, the relative importance of which is characterized by the Péclet number

$$
\text{Pe} = \frac{Ua}{D}.\tag{1}
$$

For long times, specifically  $t \gg t_d$ , and large Pe (advection dominated), Taylor characterized the laterally averaged concentration profile  $C_m(x, t)$  with an effective dispersion constant  $\kappa_s$  that depends on the properties of the flow, channel geometry, and particles [\[5\]](#page-18-0). Taylor's original calculation was performed for a circular pipe, but the same analysis can be readily applied to describe dispersion in a two-dimensional channel (i.e., infinite parallel plates). Nondimensionalizing time using the diffusive time scale  $t_d$ , and the lengths x and y using the half-width a of the channel, we find the dimensionless form of the laterally averaged transport equation to be the one-dimensional advectivediffusion equation

$$
\frac{\partial \mathcal{C}_m}{\partial t} + \frac{2}{3} \text{Pe} \frac{\partial \mathcal{C}_m}{\partial x} = \kappa_s \frac{\partial^2 \mathcal{C}_m}{\partial x^2},\tag{2}
$$

where the dimensionless effective dispersion constant is

$$
\kappa_s = \frac{8}{945} \text{Pe}^2. \tag{3}
$$

The dimensional effective dispersion constant  $\kappa'_{s}$  is

$$
\kappa'_{s} = D\kappa_{s} = \frac{8}{945} \frac{U^{2} a^{2}}{D}.
$$
\n(4)

As Pe  $\gg$  1, Eqs. (2) and (3) imply a significant increase in the longitudinal spreading rate resulting from the parallel shear flow. Relevant to more moderate Péclet numbers, Aris's rigorous expansion [\[6\]](#page-19-0) introduced a correction to the expression of the effective dispersion constant, which accounts for the additional contribution due to the presence of molecular diffusion in the longitudinal direction:

$$
\kappa'_{s^*} = D(\kappa_s + 1). \tag{5}
$$

In the present study, we focus on the advection-dominated regime ( $Pe \gg 1$ ), coinciding with that originally considered by Taylor for spherical particles. We also note from Eq. (4) that the effective dispersion coefficient is *inversely* related to the molecular diffusion constant of the particle. In Taylor's analysis, the contribution of molecular diffusion to the expression for the effective dispersion, κ*s*, arises exclusively from the lateral (*y*) diffusion term in the advection-diffusion equation governing the concentration of particles. Thus, in scenarios where the diffusion may be anisotropic (for example, when the solute particles are nonspherical or when their diffusivity depends on *y*), the lateral diffusion coefficient,  $D<sub>y</sub>$ , is the appropriate value to consider in such a scaling to estimate the effective dispersion constant. We will now discuss important quantities pertaining to ellipsoidal particles in a fluid.

The diffusion constants for an ellipsoidal particle constrained to translate and rotate in a plane follow from the Stokes-Einstein relation [\[20,21,29\]](#page-19-0). Rotational and translational diffusion for an ellipsoidal particle are decoupled due to its symmetry [\[30](#page-19-0)[–32\]](#page-20-0). The translational

<span id="page-3-0"></span>

FIG. 2. (a) Zoomed in schematic of a channel with a shear rate  $\dot{\gamma}(y)$ . The figure also depicts the coordinate axes for each particle in the channel and its translational diffusivities along its perpendicular and parallel directions along with the rotational diffusivity. (b) The definition of the semimajor axis  $a_p$  and the semiminor axis  $b_p$ .

diffusion constants  $D_{\parallel}$  and  $D_{\perp}$  for a prolate ellipsoid are labeled in Fig. 2 and are given by [\[33,34\]](#page-20-0)

$$
D_{\parallel} = \frac{k_b T}{16\pi \mu a_p} p \left[ -\frac{2p}{p^2 - 1} + \frac{2p^2 - 1}{(p^2 - 1)^{3/2}} \log \left( \frac{p + \sqrt{p^2 - 1}}{p - \sqrt{p^2 - 1}} \right) \right],\tag{6}
$$

$$
D_{\perp} = \frac{k_b T}{16\pi \mu a_p} p \left[ \frac{p}{p^2 - 1} + \frac{2p^2 - 3}{(p^2 - 1)^{3/2}} \log(p + \sqrt{p^2 - 1}) \right],\tag{7}
$$

where  $k_b$  is Boltzmann's constant, *T* is temperature,  $p \equiv a_p/b_p$  is the ratio of the semimajor and semiminor axes of the particle, and  $\mu$  is the dynamic viscosity. Note that for prolate ellipsoids,  $p > 1$ , and  $D_{\parallel} \rightarrow 2D_{\perp}$  in the "slender-body" limit  $p \rightarrow \infty$ . We define an orientationally averaged diffusivity as

$$
\bar{D} = \frac{D_{\perp} + D_{\parallel}}{2}.\tag{8}
$$

Figure 3(a) shows how  $D_{\perp}$  and  $D_{\parallel}$  depend on the aspect ratio. A particle diffuses more readily along its long axis than against it. The rotational diffusion constant is [\[35,36\]](#page-20-0)

$$
D_{\theta} = \frac{3k_b T}{16\pi \mu a_p^3} \frac{p^4}{p^4 - 1} \left[ \frac{(2p^2 - 1)\log(p + \sqrt{p^2 - 1})}{p\sqrt{p^2 - 1}} - 1 \right].
$$
 (9)



FIG. 3. (a) Plot of  $D_{\perp}/\bar{D}$  (dash-dotted curve) and  $D_{\parallel}/\bar{D}$  (dotted curve). (b) The dimensionless rotation rate for different aspect ratios as a function of the angle  $\theta$  between the rod axis and the flow direction. In the absence of Brownian motion, the rods rotate the fastest when aligned normal to the direction of flow and rotate most slowly when aligned in the flow direction, spending more time in each revolution aligned with the flow.

<span id="page-4-0"></span>We note that Eqs.  $(6)$ ,  $(7)$ , and  $(9)$  are commonly used to study the Brownian motion of ellipsoids confined to one degree of rotational freedom [\[20,21\]](#page-19-0).

Ellipsoidal particles rotate in a shear flow with a nonuniform rotational velocity in so-called Jeffery's orbits [\[37\]](#page-20-0). For a prolate spheroid confined to one degree of rotational freedom in the plane within a two-dimensional Stokes flow, the rotation rate  $\omega$  is a function of its angle  $\theta$  relative to the flow [\[38\]](#page-20-0), specifically

$$
\omega(\theta) = \dot{\gamma} \frac{p^2 \sin^2 \theta + \cos^2 \theta}{p^2 + 1},\tag{10}
$$

where  $\dot{\gamma}$  is the local shear rate. In the slender-body limit ( $p \rightarrow \infty$ ), the expression of the rotation rate reduces to  $\omega(\theta) = \dot{\gamma} \sin^2 \theta$ . Equation (10) is plotted in Fig. [3\(b\),](#page-3-0) which shows that elongated particles  $(p > 1)$  rotate fastest along the direction of the flow and rotate slowest normal to the direction of flow. Therefore, rods tend to spend more time aligned with the flow during a complete orbit. For a parabolic velocity profile, the shear rate is a linear function across the channel with the largest magnitude at the walls, as depicted in Fig. [2.](#page-3-0) The rotational degree of freedom prompts us to define a rotational Péclet number

$$
Pe_r = \frac{U}{aD_\theta} \tag{11}
$$

characterizing the ratio of the shear rate to rotational diffusion. For the case of a linear Couette shear flow, previous work has focused on describing how weak Brownian motion affects the three-dimensional Jeffery's orbits [\[39\]](#page-20-0). More recent work has explored the purely rotational analog of Taylor dispersion in which shear leads to a higher dispersion coefficient for rotation [\[40,41\]](#page-20-0). As mentioned previously, for the case of a Poiseuille flow, ellipsoidal particles (unlike spherical particles) are known to migrate to the channel walls due to their anisotropic diffusivities and different alignments at different local shear rates [\[23,26–28\]](#page-19-0).

## **II. MONTE CARLO SIMULATION**

In this section, we model and simulate the dynamics of individual Brownian rods subject to a Poiseuille flow to deduce macroscopic statistical quantities, specifically the mean particle speed and dispersion coefficient using Monte Carlo simulation. The results show an enhanced dispersion for elongated particles and allow us to establish a simple physical picture for the phenomenon and its parametric dependencies. The system is assumed to be in the dilute limit where particleparticle interactions are neglected. We note that this assumption becomes more accurate as time progresses and the solute disperses. To see how low the concentration must be to avoid alignment of the rods due to hard-core interactions, consider tobacco mosaic virus (TMV), with major axis  $a_p = 300$  nm, minor axis  $b_p = 20$  nm, and aspect ratio of  $p = 15$ . The TMV is considered to be in an isotropic phase when the volume fraction  $\Phi_s \lessapprox 0.1$  [\[42\]](#page-20-0), which corresponds to a concentration of approximately  $C \lessapprox 0.1$  g/cm<sup>3</sup>.

## **A. Method**

We employ a Monte Carlo method to simulate the advection, translational diffusion, and rotational diffusion of rods in a two-dimensional channel with Poiseuille flow  $\mathbf{u}(y)$  where

$$
\mathbf{u}(y) = U \left[ 1 - \left(\frac{y}{a}\right)^2 \right] \hat{x} = u(y)\hat{x}.
$$
 (12)

We write the governing equations as stochastic differential equations since these equations directly correspond to our numerical approach (see also [\[15\]](#page-19-0)), but our equations could equally well be written in Langevin form [\[20\]](#page-19-0). The translational displacements of the particle in the laboratory frame are given by

$$
dx = u(y(t))dt + \sqrt{2D_{\parallel}}dW_{\parallel}\cos\theta(t) - \sqrt{2D_{\perp}}dW_{\perp}\sin\theta(t),
$$
\n(13)

$$
dy = \sqrt{2D_{\parallel}}dW_{\parallel}\sin\theta(t) + \sqrt{2D_{\perp}}dW_{\perp}\cos\theta(t). \tag{14}
$$

The white noise increments  $dW_{\perp}$  and  $dW_{\parallel}$  have zero mean and variance  $dt$  and are independent at different times. Similarly, the stochastic differential equation for the particle orientation is

$$
d\theta = \omega(y(t), \theta(t))dt + \sqrt{2D_{\theta}}dW_{\theta},
$$
\n(15)

with the rotational velocity given by Eq.  $(10)$  for the flow  $(12)$ ,

$$
\omega(y,\theta) = -2U\frac{y}{a^2}\frac{p^2\sin^2\theta + \cos^2\theta}{p^2 + 1}.
$$
 (16)

The white noise increments  $dW_{\theta}$  have zero mean and variance  $dt$ .

We nondimensionalize equations [\(12\)](#page-4-0)–(16) via  $\tilde{\mathbf{x}} = \mathbf{x}/a$ ,  $\tilde{t} = t/t_d = t/(a^2/\overline{D})$ ,  $\tilde{u} = u/U$ ,  $\tilde{\omega} = u/\overline{U}$ ,  $\tilde{\omega} = u/\overline{U}$  $\omega a/U$  and  $\tilde{D} = D/\bar{D}$ . Dropping the tildes, Eqs. (13)–(15) become

$$
dx = \text{Pe } u(y(t)) dt + \sqrt{2D_{\parallel}} dW_{\parallel} \cos \theta(t) - \sqrt{2D_{\perp}} dW_{\perp} \sin \theta(t), \tag{17}
$$

$$
dy = \sqrt{2D_{\parallel}}dW_{\parallel}\sin\theta(t) + \sqrt{2D_{\perp}}dW_{\perp}\cos\theta(t),
$$
\n(18)

$$
d\theta = \text{Pe}\,\omega(y(t), \theta(t))dt + \sqrt{2\frac{\text{Pe}}{\text{Pe}_r}}dW_{\theta},\tag{19}
$$

where Pe =  $Ua/\overline{D}$  [Eq. [\(1\)](#page-2-0)] and Pe<sub>r</sub> =  $U/(aD_{\theta})$  [Eq. [\(11\)](#page-4-0)]. The initial condition for the simulation is  $n = 10^6$  particles uniformly distributed across y and across all orientations  $\theta$ , but with a Gaussian distribution in *x* of unit variance centered at  $x = 0$ . The particles are noninteracting and evolve independently. The boundary conditions at the walls are billiard-like. For a collision at a wall, the center-of-mass trajectory of a particle has an angle of incidence equal to the angle of reflection, and the orientation is assumed unchanged. The influence of this orientation collision condition on the global long time statistics of the Monte Carlo simulation is examined in detail in Appendix [A.](#page-14-0) To solve the governing equations for each particle, we use Euler time stepping with a dimensionless time step of  $dt = 4 \times 10^{-5}$ . Consequently, the typical magnitude of the white noise is therefore much less than the width of the channel, so that it is exceedingly rare for there to be more than one wall collision in a time step. Since the Monte Carlo evolution is implemented at each time step on all the particles, the code is parallelized over many CPUs to reduce computational time. The complete Monte Carlo simulation code is included as Supplemental Material [\[43\]](#page-20-0). Although it is a slow method with a convergence rate that scales with  $1/\sqrt{n}$ , the gridless stochastic differential equation approach is convenient for combining and capturing all statistics [\[44–46\]](#page-20-0).

We compute ensemble averages by carrying out *r* runs of the motion of the *n* particles. For the results reported here we take  $r = 100$ . The time-dependent mean and the variance of the x components of all *n*/*r* particles in a given run are calculated as

$$
\mu_i(t) = \frac{r}{n} \sum_{j=1}^{n/r} x_{i,j}(t) \text{ and } \sigma_i^2(t) = \frac{r}{n} \sum_{j=1}^{n/r} [x_{i,j}(t) - \mu_i(t)]^2,
$$
\n(20)

and then these quantities are averaged over all runs yielding

$$
\bar{\mu}(t) = \frac{1}{r} \sum_{i=1}^{r} \mu_i(t) \text{ and } \bar{\sigma}^2(t) = \frac{1}{r} \sum_{i=1}^{r} \left\{ \sigma_i^2(t) + [\mu_i(t) - \bar{\mu}(t)]^2 \right\}.
$$
 (21)

<span id="page-6-0"></span>

FIG. 4. (a) Monte Carlo results for the variance of the *x*-position of ellipsoidal particles ( $p = 1000$ ) and spherical particles at Pe =  $10^4$  for different Pe<sub>r</sub> as a function of dimensionless time. The rods disperse along x like spheres when rotational Brownian motion dominates ( $Pe_r \ll 1$ ). The dispersion of rods is larger when shear dominates (Pe<sub>r</sub>  $\gg$  1), i.e., when the rod's orientations follow Jeffery's orbits. The complete theoretical prediction for the variance of spherical particles in a two-dimensional channel has been reported previously and is also shown here for comparison (dashed line) [\[16\]](#page-19-0). (b) Monte Carlo results for the orientational distribution  $P_{\theta}(\theta)$  for particles over the channel's length. The rods spend more time aligned with the flow direction when  $Pe_r \gg 1$ .

When  $n \to \infty$ , the mean particle speed and dispersion coefficient are given by

$$
u_m = \frac{d\bar{\mu}}{dt}\bigg|_{t \to \infty} \quad \text{and} \quad \kappa = \frac{1}{2} \frac{d\bar{\sigma}^2}{dt}\bigg|_{t \to \infty},\tag{22}
$$

respectively. In practice, there are transients in the dispersion that decay after a dimensionless time of approximately 0.25*td* [\[14,15\]](#page-19-0). Therefore, to calculate the effective diffusivity, we fit the computed variance to an expression of the form

$$
\sigma^{2}(t) = s - a_{1}(1 - e^{-a_{2}t}) + 2\kappa t, \qquad (23)
$$

using a least-squares method, where  $s = 1$  is the initial variance in x. Likewise, we fit the mean speed of the particles to

$$
\mu(t) = b_0 + b_1 e^{-b_2 t} + u_m t,\tag{24}
$$

to find the mean speed  $u_m$  at long times.

## **B. Results**

In Taylor's original picture, flow enhances spreading due to differences in the flow speed across the channel. Our simulations reveal that this enhancement is, in fact, *increased* for rodlike particles, as shown in Fig. 4(a). Physically, spherical particles rotate uniformly in shear. However, rodlike particles have a nonuniform rotation rate [Fig.  $3(b)$ ] and thus spend more time aligned with the flow than perpendicular to the flow. This alignment effect becomes stronger as the rotational Péclet number,  $Pe_r$ , increases [see Fig. 4(b)]. For small values of  $Pe_r$ , the rod-shaped particles rotate randomly and spread identically to spherical particles. As the shear rate increases, the strong alignment in the direction of the flow causes the perpendicular "side" of the particles (which has a lower diffusivity than spherical particles) to diffuse across the shear layers. We can be somewhat more quantitative by noting that the effective lateral diffusivity  $D<sub>y</sub>$  (defined more precisely in the next section) is smaller for rods than spheres. Thus, since we expect  $\kappa' \propto U^2 a^2/D_y$ , and since

<span id="page-7-0"></span>

FIG. 5. (a) Effective diffusivity,  $\kappa$ , of rod-shaped particles, normalized by the effective diffusivity for spheres, as a function of Per for various values of Pe. The triangles represent Monte Carlo simulations for  $Pe = 100$ , the circles represent  $Pe = 1000$ , and the squares represent  $Pe = 10000$ . (b) Variation of normalized effective diffusivity with aspect ratio *p*. In both panels, the dash-dotted line represents the maximum theoretical value of dispersion for the corresponding aspect ratio. The maximum possible dispersion constant is estimated when all rod-shaped particles are aligned in the direction of the flow and is defined as per Eq. (26).

 $\kappa_s' \propto U^2 a^2/D$ , we have

$$
\frac{\kappa}{\kappa_s} = \frac{\kappa'}{\kappa'_s} \sim \frac{D}{D_y}.\tag{25}
$$

Our Monte Carlo results for the effective diffusivity are shown as a function of rotational Péclet number in Fig. 5 for various values of the Péclet number [Fig.  $5(a)$ ] and aspect ratio [Fig.  $5(b)$ ]. Since all of the curves collapse in Fig.  $5(a)$ , we can conclude that the Pe<sup>2</sup> scaling holds for rod-shaped particles at Pe  $\geq 100$ , as is the case for spherical particles [Eq. [\(3\)](#page-2-0)]. Figure 5(b) demonstrates that at low Per, rod-shaped particles behave like spherical particles as rotational diffusion dominates, and the rods are oriented randomly. Furthermore, as the  $Pe<sub>r</sub>$  increases, we see the rods tend to align themselves in the direction of the flow due to their Jeffery's orbit and ultimately spread more. Rods with larger aspect ratios have a stronger alignment and a lower perpendicular diffusion constant  $(D_{\perp})$ , and thus spread more.

For a given set of parameters, the maximum possible value of dispersion anticipated, κ*m*, can be estimated by simply assuming all of the particles maintain perfect alignment with the flow. Thus  $D_{\nu} = D_{\perp}$  and

$$
\frac{\kappa_m}{\kappa_s} = \frac{\bar{D}}{D_\perp}.\tag{26}
$$

The ratio  $\kappa_m/\kappa_s$  depends solely on the aspect ratio of the rod, p, and increases monotonically from  $\kappa_m/\kappa_s = 1$  when  $p = 1$  (spherical particle) to  $\kappa_m/\kappa_s = 3/2$  as  $p \to \infty$  (slender body limit). Figure [6](#page-8-0) shows the maximum possible dispersion as a function of the aspect ratio and allows us to define a region where we expect to find values of  $\kappa$  in practice.

We note that the results of the Monte Carlo simulations presented here make physical sense only for Pe<sub>r</sub> < Pe, as we now describe. The ratio of Pe<sub>r</sub> =  $U/aD_\theta$  and Pe =  $U a/\overline{D}$  is the ratio of the rotational and translational diffusive timescales

$$
\frac{\text{Pe}_{\text{r}}}{\text{Pe}} = \frac{\bar{D}}{a^2 D_\theta} \sim \frac{a_p^2}{a^2} \ll 1. \tag{27}
$$

Since we focus on the physically relevant regime where  $a_p \ll a$ , this condition suggests restricting our attention to  $Pe_r \ll Pe$ , a fact we will exploit in the following section to derive semianalytical

<span id="page-8-0"></span>

FIG. 6. The maximum possible dispersion  $\kappa_m$  normalized by  $\kappa_s$  as a function of aspect ratio p. The shaded area corresponds to the region of possible values of  $\kappa/\kappa_s$  for all p and Pe<sub>r</sub>.

expressions for the dispersion coefficient, κ, and mean particle speed, *um*. For example, an elongated TMV particle with  $a_p = 300$  nm and  $p = 15$  in a channel with  $a = 2 \mu m$  flowing in water with a velocity  $U = 1$  mm/s will have Pe<sub>r</sub> = 10 and Pe = 750, and is therefore likely to exhibit enhanced dispersion.

#### **III. THEORETICAL ANALYSIS**

In this section, we generalize Taylor's continuum analysis of the dispersion of spherical particles in a shear flow to ellipsoidal particles. We write the Fokker-Planck equation for the probability density function for the particles' positions and orientations. We then use an asymptotic analysis to determine an effective one-dimensional transport equation with an effective dispersion coefficient and the longitudinal transport speed analogous to Eq. [\(2\)](#page-2-0). We note that alternative analytical approaches could be employed to arrive at similar quantities of interest [\[7,10\]](#page-19-0). In the present work, we restrict our attention to the physically relevant regime where  $Pe_r \ll Pe$ , which facilitates a simpler analysis in the spirit of Taylor's original calculation, while still demonstrating excellent quantitative agreement with the full Monte Carlo simulation.

### **A. Conservation equation: The Fokker-Planck model**

We define the probability distribution by  $P(\mathbf{x}, \theta, t) = C(\mathbf{x}, \theta, t) / N$ , where  $C(\mathbf{x}, \theta, t) \Delta x \Delta y \Delta \theta$ gives the number of solute particles in a small region of dimensions  $\Delta x \Delta y \Delta \theta$  about  $(x, y, \theta)$  at time *t*, and *N* is the total number of particles. Conservation of particles implies the probability distribution obeys the Fokker-Planck equation

$$
\frac{\partial P}{\partial t} + \nabla \cdot \mathbf{J} + \frac{\partial}{\partial \theta} J_{\theta} = 0, \qquad (28)
$$

where the translational flux is **J** and the rotational flux is  $J_{\theta}$ . Each of these fluxes has contributions from both advection and diffusion:

$$
\mathbf{J} = \mathbf{u}P - \mathbf{D} \cdot \nabla P \quad \text{and} \quad J_{\theta} = \omega P - D_{\theta} \frac{\partial P}{\partial \theta}, \tag{29}
$$

with **u** given by the flow in Eq. [\(12\)](#page-4-0), and  $\omega$  given by the rotation rate of the Jeffery's orbit in Eq. [\(10\)](#page-4-0). The diffusion tensor  $D$  is given by  $[47]$ 

$$
D(\theta) = e e D_{\parallel} + (1 - e e) D_{\perp}, \qquad (30)
$$

<span id="page-9-0"></span>where  $\mathbf{e} = \cos \theta \ e_x + \sin \theta \ e_y$ . In the *xy* (laboratory) basis, the components of the translational diffusion tensor are

$$
\begin{bmatrix} D_{xx}(\theta) & D_{xy}(\theta) \\ D_{xy}(\theta) & D_{yy}(\theta) \end{bmatrix} = \begin{bmatrix} D_{\parallel} \cos^2 \theta + D_{\perp} \sin^2 \theta & (D_{\parallel} - D_{\perp}) \sin \theta \cos \theta \\ (D_{\parallel} - D_{\perp}) \sin \theta \cos \theta & D_{\parallel} \sin^2 \theta + D_{\perp} \cos^2 \theta \end{bmatrix}.
$$
 (31)

Thus, the conservation equation  $(28)$  can be written as

$$
\frac{\partial P}{\partial t} = -u(y)\frac{\partial P}{\partial x} + D_{xx}(\theta)\frac{\partial^2 P}{\partial x^2} + 2D_{xy}(\theta)\frac{\partial^2 P}{\partial x \partial y} + D_{yy}(\theta)\frac{\partial^2 P}{\partial y^2} + D_{\theta}\frac{\partial^2 P}{\partial \theta^2} - \frac{\partial}{\partial \theta}[\omega(y, \theta)P].
$$
 (32)

The symmetry of the rod-shaped particles makes the probability distribution periodic in  $\theta$ , with  $P(\mathbf{x}, \theta + \pi, t) = P(\mathbf{x}, \theta, t)$ . We also demand no-flux boundary condition at the walls [\[28,](#page-19-0)[48\]](#page-20-0), hence

$$
(\mathbf{J} \cdot \hat{y}) = D_{xy}(\theta) \frac{\partial P}{\partial x} + D_{yy}(\theta) \frac{\partial P}{\partial y} = 0 \quad \text{at} \quad y = \pm a. \tag{33}
$$

We consider dispersion of solute relative to a frame traveling with an *a priori* unknown mean particle speed  $u_m$ , prompting the change of variables  $X = x - u_m t$ . In classical Taylor dispersion for spherical particles,  $u_m$  coincides with the mean speed of the flow, specifically  $u_m = 2U/3$ . In preparation for the asymptotic procedure outlined in Sec. III B, Eqs. (32) and (33) in the Lagrangian frame are nondimensionalized *via* the following scalings (as in the Monte Carlo):

$$
t = \frac{a^2}{\overline{D}}\hat{t}
$$
,  $u = U\hat{u}$ ,  $D_{ij} = \overline{D}\hat{D}_{ij}$ ,  $(X, y) = a(\hat{X}, \hat{y})$ ,  $\omega = \frac{U}{a}\hat{\omega}$ .

Employing these scalings leads to the dimensionless conservation equation

$$
\varepsilon \frac{\partial P}{\partial \hat{t}} = -\text{Pe}_{\text{r}}(\hat{u}(\hat{y}) - \hat{u}_m) \frac{\partial P}{\partial \hat{X}} + \varepsilon \hat{D}_{xx}(\theta) \frac{\partial^2 P}{\partial \hat{X}^2} + 2\varepsilon \hat{D}_{xy}(\theta) \frac{\partial^2 P}{\partial \hat{X}\partial \hat{y}} + \varepsilon \hat{D}_{yy}(\theta) \frac{\partial^2 P}{\partial \hat{y}^2} + \frac{\partial^2 P}{\partial \theta^2} - \text{Pe}_{\text{r}} \frac{\partial}{\partial \theta} [\omega(\hat{y}, \theta) P]
$$
(34a)

and zero-flux boundary condition

$$
\varepsilon \hat{D}_{xy}(\theta) \frac{\partial P}{\partial \hat{X}} + \hat{D}_{yy}(\theta) \frac{\partial P}{\partial \hat{y}} = 0 \quad \text{at} \quad \hat{y} = \pm 1, \tag{34b}
$$

where we have defined  $\varepsilon = Pe_r/Pe \ll 1$ , consistent with the physically relevant regime [Eq. [\(27\)](#page-7-0)]. Recall that our focus in the present work is on Taylor's regime wherein  $Pe \gg 1$ . Henceforth, we drop the hat decorations denoting dimensionless quantities to reduce clutter.

#### **B. The dispersion coefficient and mean particle speed**

Our goal is to derive an effective transport equation for long times, analogous to Eq. [\(2\)](#page-2-0), for the particle concentration valid long after transverse diffusion has spread the solute across the width of the channel. Taylor's original result [\[5\]](#page-18-0) similarly describes the concentration evolution in long time, specifically after the dispersing plug's length is much larger than  $U_t = a$  Pe. Consistent with Taylor's condition and our assumptions hitherto, we introduce the slow space variable  $\xi = \varepsilon^2 X$ for our modified Taylor dispersion analysis. Our Monte Carlo simulations indicate an enhanced dispersion factor that scales with  $Pe^2$  (as in classical Taylor dispersion) and when combined with the selected slow space variable scaling suggest a long timescale  $T = \varepsilon^2 t$ . Finally, we observe that (34a) suggests that the timescales for the different relaxation processes are well separated when  $\varepsilon \ll 1$  and Pe<sub>r</sub> =  $O(1)$ , with the orientational dynamics occurring most rapidly. In the long-time regime considered here, we assume that these rotational degrees of freedom have relaxed to their steady-state values [\[28\]](#page-19-0). Amalgamating these considerations suggests that we seek solutions of the

<span id="page-10-0"></span>

FIG. 7. (a) Plot of the orientational distribution,  $g(\theta; y)$ , for Pe<sub>r</sub> = 10 and (b) plot of  $\bar{g}$  versus the orientation angle,  $\theta$ , for several values of Pe<sub>r</sub>. When Pe<sub>r</sub> is small and rotational Brownian motion dominates, the orientational distribution of the particles is approximately uniform; the particles have a greater propensity to align themselves with flow as  $Pe<sub>r</sub>$  increases. The laterally averaged orientationally distribution compares well with the particles distribution from Monte Carlo simulations as seen in Fig.  $4(b)$ . In both (a) and (b), we choose  $p = 1000$ , while the form of the rotation rate,  $\omega$ , allows us to restrict our plotting domain to  $0 \le \theta \le \pi$ .

form

$$
P(x, y, \theta, t) = \frac{1}{N} g(\theta; y) \mathcal{C}(\xi, y, T),
$$
\n(35)

where *g* represents the orientational distribution of the particles at each shear layer, *y*, and  $C$  is the net concentration of particles at position  $(\xi, y)$ . We then expand the concentration, C, and unknown mean particle speed,  $u_m$ , in powers of  $\varepsilon$  as follows:

$$
\mathcal{C}(\xi, y, T) = \mathcal{C}^{(0)}(\xi, y, T) + \varepsilon \mathcal{C}^{(1)}(\xi, y, T) + \varepsilon^2 \mathcal{C}^{(2)}(\xi, y, T) + O(\varepsilon^3), \quad u_m = u_m^{(0)} + \varepsilon u_m^{(1)} + O(\varepsilon^2). \tag{36}
$$

After inserting the expansions (36) into Eqs. [\(34\)](#page-9-0) and gathering like powers of  $\varepsilon$ , at leading order we find the following periodic boundary-value problem for *g*:

$$
\frac{\partial^2 g}{\partial \theta^2} - \text{Pe}_r \frac{\partial}{\partial \theta} [\omega(y, \theta)g] = 0, \quad \int_0^{2\pi} g \, d\theta = \langle g \rangle = 1,\tag{37}
$$

which is solved using a truncated Fourier series of the form [\[28\]](#page-19-0)

$$
g = \frac{1}{2\pi} + \sum_{n=1}^{M} [a_n(y)\cos(2n\theta) + b_n(y)\sin(2n\theta)].
$$
 (38)

To solve for the Fourier coefficients  $a_n(y)$  and  $b_n(y)$ , we insert the Fourier series (38) into Eq. (37), imposing the differential equation at every point  $\theta_i = \pi i / I$  where  $i = 1, \dots, I$ . The result is an overdetermined, linear system of dimension  $I \times 2M$ . For each value of  $y_k = -1 + 2k/K$ , where  $k = 0, \ldots, K$ , the solution vector containing the Fourier coefficients was found by a standard QR least-squares algorithm in MATLAB  $[49]$ . For the computations reported here, we take  $I = 501$ ,  $M = 100$ , and  $K = 1001$ , providing more than sufficient accuracy for all values of Pe<sub>r</sub> reported here.

In Fig. 7 we plot both the orientational distribution, *g*, for varying *y* and the laterally averaged orientational distribution

$$
\bar{g} = \frac{1}{2} \int_{-1}^{1} g \, dy \tag{39}
$$

<span id="page-11-0"></span>

FIG. 8. Plots of (a) the orientationally averaged lateral diffusion coefficient,  $D<sub>y</sub>$ , and (b) the lateral migration velocity,  $v_d$ , for  $p = 1000$  as a function of the position along the width of the channel. As we move from a rotational Brownian motion (Pe<sub>r</sub>  $\ll$  1) to a shear dominated regime (Pe<sub>r</sub>  $\gg$  1), the particles migrate more strongly from  $y = 0$  to the channel walls, where they simultaneously experience lower diffusion back into the bulk.

for several values of the rotational Péclet number, Per. We observe that as we move from a rotational Brownian motion to shear-dominated regime (increasing Pe*r*), the particles have a propensity to align themselves with the flow direction, a feature quantitatively consistent with the results of our Monte Carlo simulations shown in Fig. [4.](#page-6-0) Indeed, as Pe<sub>r</sub>  $\rightarrow \infty$ , the solution to Eq. [\(37\)](#page-10-0) develops a boundary layer near  $\theta = 0$ , although this limit technically violates the assumptions under which the present asymptotic analysis is valid.

Proceeding to  $O(\varepsilon)$ , Eq. [\(34a\)](#page-9-0) yields

$$
\frac{\partial}{\partial y}\left(D_{yy}g\frac{\partial \mathcal{C}^{(0)}}{\partial y} + D_{yy}\frac{\partial g}{\partial y}\mathcal{C}^{(0)}\right) = 0.
$$
\n(40)

After averaging Eq. (40) over particle orientations, we find the following steady advection-diffusion equation:

$$
\frac{\partial}{\partial y}\left(D_y(y)\frac{\partial \mathcal{C}^{(0)}}{\partial y} + v_d(y)\mathcal{C}^{(0)}\right) = 0,\tag{41}
$$

where the flux term on the left-hand side of (41) consists of an orientationally averaged lateral diffusion coefficient and migration velocity

$$
D_y(y) = \langle D_{yy}g \rangle
$$
 and  $v_d(y) = \langle D_{yy} \frac{\partial g}{\partial y} \rangle = \frac{\partial D_y}{\partial y}$ , (42)

respectively  $[28]$ . Hence, the solution of the advection-diffusion equation  $(41)$  is of the form

$$
C^{(0)}(\xi, y, T) = C_m(\xi, T) / D_y.
$$
\n(43)

The angle bracket notation in  $(42)$  is the same as that used in Eq.  $(37)$  to denote the orientational average of the contained quantity. Due to the form of  $D_{yy}(\theta)$  given by Eq. [\(31\)](#page-9-0),  $D_y$  can be expressed as

$$
D_y = 1 + \pi a_1(y)\zeta
$$
 where  $\zeta = \frac{D_{\perp} - D_{\parallel}}{D_{\perp} + D_{\parallel}}$ . (44)

Figure  $8(a)$  shows how the preferential alignment in regions of high shear near the wall reduces the lateral diffusion coefficient, in contrast to the center of the channel where  $D<sub>y</sub> = 1$  as for spherical <span id="page-12-0"></span>particles. As shown in Fig.  $8(b)$ , particles near the center of the channel  $(y = 0)$  migrate towards regions of high shear ( $y = \pm 1$ ) with a migration velocity  $v_d$ . Simultaneously, the particles close to channel walls diffuse less strongly back into the bulk as shown in Fig. [8\(a\).](#page-11-0)

After averaging over particle orientations once more and using Eq. [\(43\)](#page-11-0), at  $O(\varepsilon^2)$  we find from Eq. [\(34a\)](#page-9-0)

$$
-D_{\mathbf{y}}^{-1}\text{Pe}_r\big(u - u_m^{(0)}\big)\frac{\partial \mathcal{C}_m}{\partial \xi} + \frac{\partial^2}{\partial \mathbf{y}^2}(D_{\mathbf{y}}\mathcal{C}^{(1)}) = 0\tag{45a}
$$

and, from Eq. [\(34b\)](#page-9-0), the corresponding boundary condition

$$
\frac{\partial}{\partial y}(D_y \mathcal{C}^{(1)}) = 0 \quad \text{at} \quad y = \pm 1. \tag{45b}
$$

We obtain an expression for the leading-order mean particle speed,  $u_m^{(0)}$ , by first taking the lateral average of Eq.  $(45a)$  and then by demanding that the advective flux vanishes in the traveling frame, ξ . Hence, we find that

$$
u_m^{(0)} = \frac{\overline{D_y^{-1}u(y)}}{\overline{D_y^{-1}}},
$$
\n(46)

where the bar notation denotes the lateral average, as was introduced in Eq. [\(39\)](#page-10-0). Finally, integrating  $(45a)$  subject to the boundary condition  $(45b)$ , we find

$$
C^{(1)} = \text{Pe}_{r} D_{y}^{-1} G(y) \frac{\partial C_{p}}{\partial \xi} \quad \text{where} \quad G(y) = \int_{-1}^{y} dz \left\{ \int_{-1}^{z} D_{y}^{-1} (y') \left[ u(y') - u_{m}^{(0)} \right] dy' \right\}.
$$
 (47)

At  $O(\varepsilon^3)$ , Eq. [\(34a\)](#page-9-0) averaged over particle orientations gives

$$
D_{y}^{-1}\frac{\partial \mathcal{C}_{m}}{\partial T} = -\text{Pe}_{r}^{2}D_{y}^{-1}\big(u - u_{m}^{(0)}\big)G(y)\frac{\partial^{2}\mathcal{C}_{m}}{\partial \xi^{2}} + D_{y}^{-1}\text{Pe}_{r}u_{m}^{(1)}\frac{\partial \mathcal{C}_{m}}{\partial \xi} + 2\frac{\partial}{\partial y}\bigg(\frac{\langle D_{xy}g\rangle}{D_{y}}\bigg)\frac{\partial \mathcal{C}_{m}}{\partial \xi} + \frac{\partial^{2}}{\partial y^{2}}(D_{y}\mathcal{C}^{(2)}),\tag{48a}
$$

where we have substituted Eqs. [\(43\)](#page-11-0) and (47) for  $C^{(0)}$  and  $C^{(1)}$ , respectively. The boundary condition [\(34b\)](#page-9-0) averaged over particle orientations is

$$
\frac{1}{D_y} \langle gD_{xy} \rangle \frac{\partial \mathcal{C}_m}{\partial \xi} + \frac{\partial (D_y \mathcal{C}^{(2)})}{\partial y} = 0 \quad \text{at} \quad y = \pm 1. \tag{48b}
$$

After taking the lateral average of Eq. (48a), using the boundary condition (48b), and choosing

$$
u_m^{(1)} = -\frac{1}{2\text{Pe}_r D_y^{-1}} \left[ D_y^{-1} \langle D_{xy} g \rangle \right]_{y=\pm 1} \tag{49}
$$

so as to again nullify the advective flux, we find

$$
\frac{\partial \mathcal{C}_m}{\partial T} = \kappa \text{Pe}_r^2 \frac{\partial^2 \mathcal{C}_m}{\partial \xi^2},\tag{50}
$$

where

$$
\kappa = -\frac{\overline{D_{\mathbf{y}}^{-1}G(u - u_m^{(0)})}}{\overline{D_{\mathbf{y}}^{-1}}}
$$
(51)

is the *effective dispersion coefficient*.

Finally, after returning to the laboratory frame  $(x, t)$ , we obtain

$$
\frac{\partial \mathcal{C}_m}{\partial t} + \text{Pe}u_m \frac{\partial \mathcal{C}_m}{\partial x} = \kappa \text{Pe}^2 \frac{\partial^2 \mathcal{C}_m}{\partial x^2},\tag{52}
$$

### 094501-13

<span id="page-13-0"></span>

FIG. 9. Plots of (a) the mean speed of the particles,  $u_m$ , and (b) the effective dispersion coefficient,  $\kappa$ , as a function of Pe<sub>r</sub> for different aspect ratios,  $p$  at Pe = 1000. Circles are the results of our Monte Carlo simulations; solid lines are the theoretical predictions of  $\kappa$  and  $u_m$  given by Eqs. [\(51\)](#page-12-0) and (53), respectively.

where the mean speed particle speed, *um*, is

$$
u_m = \frac{\overline{D_y^{-1}u(y)}}{\overline{D_y^{-1}}} - \frac{1}{2\text{Pe}\overline{D_y^{-1}}} \left[D_y^{-1} \langle D_{xy}g \rangle\right]_{y=\pm 1}.
$$
\n(53)

Equation [\(52\)](#page-12-0) is the sought-after effective transport equation, analogous to Eq. [\(2\)](#page-2-0), for ellipsoidal particles. We note that for spherical particles, where  $p = D_y = 1$ , we find that  $u_m = 2/3$  and  $\kappa =$ 8/945, the latter being consistent with Eq. [\(3\)](#page-2-0).

As shown in Fig.  $9(a)$ , even for elongated particles  $(p > 1)$ , the mean speed of the particles is approximately the mean speed of the flow  $(u_m \approx 2/3)$  when  $Pe_r \ll 1$ . As  $Pe_r$  is increased, the particles migrate towards the channel walls where the local fluid velocity is smaller. The different orientational distributions at each shear layer cause the particles to have different local  $D<sub>y</sub>$  values, which is balanced by a net lateral migration velocity, as seen in Fig. [8.](#page-11-0) There is a local minimum in the mean speed of the particles around Pe<sub>r</sub>  $\approx$  10, as seen in Fig. 9. Beyond Pe<sub>r</sub>  $\gtrsim$  10, the orientational distributions are quite similar at each shear layer away from the center of the channel, making the local diffusion constant  $D<sub>y</sub>$  very similar across *y*. As a result, the overall lateral migration is actually smaller for large values of Pe<sub>r</sub>.

Figure 9 demonstrates that the theoretical predictions and the Monte Carlo simulations show excellent agreement. Furthermore, in Fig, [10,](#page-14-0) by normalizing the dispersion factor  $\kappa$  with respect to its maximum possible value  $\kappa_m$  and minimum possible value  $\kappa_s$ , the curves for different *p* approximately collapse along one master curve. As *p* decreases from approximately 10 to 1, the results diverge from the master curve and approach the flat line corresponding to Taylor's case of  $p = 1$ . This observation suggests that in the limit of large  $p$  and large Pe, the asymptotic dispersion coefficient for elongated particles can be captured by a single curve, which depends only on  $Pe<sub>r</sub>$ . This curve ultimately may serve as a simple and accessible correction factor to extend Taylor's result to the case of highly elongated rods.

The same asymptotic calculation can be readily to extended to the more general case when the rods are not confined to rotate strictly in the *xy*-plane and is presented in Appendix [B.](#page-16-0) While the quantitative results differ, the tendency for the particles to align with the flow results in an enhanced dispersion via the same underlying physical mechanism.

## **IV. CONCLUSION**

In this study, we have examined the bulk transport properties of elongated rods in a two-dimensional Poiseuille flow at high Péclet number using Monte Carlo simulation and

<span id="page-14-0"></span>

FIG. 10. The fraction of the maximum possible dispersion enhancement achieved for a rod of aspect ratio *p* as a function of the rotational Péclet number Pe<sub>r</sub>. The data approximately collapse along a single curve for  $p \gtrsim 10$ .

semianalytical theory inspired by Taylor's original work. For low rotational Péclet number, where rotational diffusion dominates rotational advection, the rods behave identically to spherical particles with similar values of the dispersion constant and mean particle speed. As the rotational Péclet number increases, the shear-induced rotation starts dominating rotational diffusion and the rods align themselves more (on average) with the direction of the flow. This alignment effect makes it more difficult for the rods to diffuse across the streamlines as compared to spherical particles. This reduced lateral diffusion directly results in an enhanced spreading of particles longitudinally, characterized by a larger value of the dispersion factor, as quantified by Monte Carlo simulations that in turn exhibit excellent agreement with our semianalytical theory. Furthermore, the same theory allows us to characterize the mean speed of the particles, which always remains below the mean speed of the flow and exhibits a distinct minimum as the rotational Péclet number is varied. Our work reveals both when the nonspherical shape of the particle has an appreciable influence on the bulk dispersion properties as well as the conditions under which an elongated particle can be safely approximated as spherical (isotropic) in application.

The present study focuses on two-dimensional flows but could be extended to three-dimensional parallel shear flows in future work. While the quantitative details will inevitably differ, we similarly expect an enhanced spreading in three-dimensional flows due to the physical mechanism of flow alignment highlighted within the present work. The subtle roles of channel geometry, more detailed particle shapes, and other more physically relevant boundary conditions on the dispersion process also deserve future attention.

## **ACKNOWLEDGMENTS**

We acknowledge funding received from NSF through award CMMI-1634552 and from the Brown OVPR Salomon Research Award. The Monte Carlo simulations were conducted using computational resources and services at the Center for Computation and Visualization, Brown University. The authors would like to thank Q. Chen and B. Vorrius for fruitful discussions that helped conceive this research and F. Bernardi and M. Aminian for useful suggestions and feedback.

## **APPENDIX A: INFLUENCE OF ROD ORIENTATION WALL COLLISION CONDITION IN MONTE CARLO SIMULATION**

For all the previously presented simulation results, conservation of particles in the channel was ensured via a billiards-like reflection boundary condition wherein the orientation of the particles



FIG. 11. Predictions for the effective dispersion coefficient assuming different boundary conditions in Monte Carlo simulations with (a)  $Pe = 1000$  and (b)  $Pe = 100$ . The unfilled points represent the case when the orientation of the particles is unaffected by the collisions, the filled points represent the case when the rods align themselves in the direction of the flow after collision, and the shaded points refer to the case when the orientation of the particles is fully randomized after each collision. The solid lines indicate the theoretical prediction derived in Sec. [III B](#page-9-0) [Eq. [\(50\)](#page-12-0)].

is unchanged following wall collision. For active Brownian particles, Peng and Brady similarly assumed that the orientation of the particles is unaffected by collisions with the walls of the channel [\[12\]](#page-19-0). Similar to the billiards-like reflection condition, an alternative method to ensure the conservation of particles in the channel is the "potential-free" method where a suitably tuned force is applied to the particle only if it is predicted to escape the channel boundaries due to Brownian effects at a given time step [\[50\]](#page-20-0). Both the billards-like reflection and "potential-free" methods are convenient idealizations to the detailed hydrodynamic boundary interactions, yet have been successfully used to model the no-flux boundary condition at the wall in prior works on Taylor dispersion [\[12,15,](#page-19-0)[51\]](#page-20-0). This section presents a discussion of two alternative idealized orientation collision conditions that affect the local alignment statistics and, consequently, the dispersion factor. The first case is when the rods are prescribed to align in the direction of the flow immediately after wall collision, which we will refer to as an aligning collision condition. The second case is when the rods have a uniformly random orientation following each wall collision, which we will refer to as a randomizing collision condition.

As demonstrated in Fig.  $11(a)$ , for the case of aligning collisions, the particles' overall alignment with the flow is stronger, which results in greater dispersion. In contrast, randomizing collisions systematically reduce dispersion by weakening overall alignment. The unchanged wall condition sits between these extremes and is best predicted by the continuum theory presented in Sec. [III B.](#page-9-0) We repeated the same set of simulations for a lower value of Pe in Fig.  $11(b)$  and observed the same overall trends, but with an increased deviation between the predictions from the three idealized boundary conditions. One way to interpret this finding is as follows: for a fixed  $Pe<sub>r</sub>$ , the dispersion is decreasingly sensitive to the details of particle-wall interactions as Pe is increased. For the physically relevant regime defined by Pe  $\gg$  Pe<sub>r</sub> [corresponding to  $a_p \ll a$ : Eq. [\(27\)](#page-7-0)], the timescale for equilibration of the orientational dynamics is much faster than the translational timescales of the problem. Thus following a collision, particle orientations rapidly relax to their steady-state orientational distributions. Consistent with this interpretation, and as evidenced in these Monte Carlo simulations, the overall dispersion statistics are most weakly influenced by the details of the wall collisions when  $Pe \gg Pe_r$ .

These results ultimately highlight the role of the assumed particle-wall dynamics on the longterm dispersion behavior. Considering the detailed hydrodynamics associated with particle-wall collisions would thus inevitably affect the overall spreading statistics, and should be explored in future work.

## **APPENDIX B: UNCONSTRAINED ROTATION: 3D INFINITE PARALLEL PLATES**

<span id="page-16-0"></span>In this Appendix, we extend the analytical prediction based on the continuum model to the threedimensional case of infinite parallel plates, where the rods have two degrees of rotational freedom. For this calculation, we assume there are no gradients along the *z* direction (into the page in relation to Fig. [2\)](#page-3-0). The diffusion tensor D for the governing Fokker-Planck equation for particles in 3D is given by [\[47\]](#page-20-0)

$$
D(\theta, \phi) = e e D_{\parallel} + (1 - e e) D_{\perp}, \tag{B1}
$$

where  $\mathbf{e} = \cos \theta \cos \phi \, e_x + \sin \theta \cos \phi \, e_y + \sin \phi \, e_z$ . In the present work,  $\theta$  is the angle the rod makes along the *xy* plane (with  $\theta = 0$  corresponding to the positive *x*-axis) and  $\phi$  is the angle made by the rod along the *xz* plane (with  $\phi = 0$  corresponding to the positive *x*-axis). In the *xyz* (laboratory) basis, the components of the translational diffusion tensor are

$$
\begin{bmatrix}\nD_{xx}(\theta, \phi) & D_{xy}(\theta, \phi) & D_{xz}(\theta, \phi) \\
D_{xy}(\theta, \phi) & D_{yy}(\theta, \phi) & D_{yz}(\theta, \phi) \\
D_{xz}(\theta, \phi) & D_{yz}(\theta, \phi) & D_{zz}(\theta, \phi)\n\end{bmatrix},
$$
\n(B2a)

where

$$
D_{xx}(\theta, \phi) = D_{\parallel} \cos^2(\theta) \cos^2(\phi) + D_{\perp} [1 - \cos^2(\theta) \cos^2(\phi)],
$$
 (B2b)

$$
D_{xy}(\theta, \phi) = D_{\parallel} \sin(\theta) \cos(\theta) \cos^{2}(\phi) - D_{\perp} \sin(\theta) \cos(\theta) \cos^{2}(\phi),
$$
 (B2c)

$$
D_{xz}(\theta, \phi) = D_{\parallel} \cos(\theta) \sin(\phi) \cos(\phi) - D_{\perp} \cos(\theta) \sin(\phi) \cos(\phi),
$$
 (B2d)

$$
D_{yy}(\theta,\phi) = D_{\parallel}\sin^2(\theta)\cos^2(\phi) + D_{\perp}[1 - \sin^2(\theta)\cos^2(\phi)],
$$
 (B2e)

$$
D_{yz}(\theta, \phi) = D_{\parallel} \sin(\theta) \sin(\phi) \cos(\phi) - D_{\perp} \sin(\theta) \sin(\phi) \cos(\phi),
$$
 (B2f)

$$
D_{zz}(\theta, \phi) = D_{\parallel} \sin^2(\phi) + D_{\perp} [1 - \sin^2(\phi)].
$$
 (B2g)

The *xy* components of this tensor are identical to Eq. [\(31\)](#page-9-0) when  $\phi = 0$ , which corresponds to the constrained problem considered hitherto. For the 3D case, we define the orientationally averaged diffusivity as

$$
\bar{D} = \frac{D_{\parallel} + 2D_{\perp}}{3}.
$$
\n(B3)

The dimensional form of the conservation equation for the probability distribution  $P(\mathbf{x}, \theta, \phi, t)$ , for the particles is

$$
\frac{\partial P}{\partial t} = -u(y)\frac{\partial P}{\partial x} + D_{xx}(\theta, \phi)\frac{\partial^2 P}{\partial x^2} + 2D_{xy}(\theta, \phi)\frac{\partial^2 P}{\partial x \partial y} \n+ 2D_{xz}(\theta, \phi)\frac{\partial^2 P}{\partial x \partial z} + 2D_{yz}(\theta, \phi)\frac{\partial^2 P}{\partial y \partial z}D_{yy}(\theta, \phi)\frac{\partial^2 P}{\partial y^2} \n+ D_{zz}(\theta, \phi)\frac{\partial^2 P}{\partial z^2} + D_{\theta}\left[\frac{1}{\cos^2 \phi}\frac{\partial^2 P}{\partial \theta^2} + \frac{1}{\cos \phi}\frac{\partial}{\partial \phi}\left(\cos \phi\frac{\partial P}{\partial \phi}\right)\right] \n- \left[\frac{\partial}{\partial \theta}(\omega_{\theta}g) + \frac{1}{\cos \phi}\frac{\partial}{\partial \phi}(\cos \phi \omega_{\phi}g)\right],
$$
\n(B4a)

<span id="page-17-0"></span>where

$$
\omega_{\theta}(\theta) = \frac{\dot{\gamma}(y)}{2}(1 - \beta \cos 2\theta), \quad \omega_{\phi}(\theta, \phi) = \frac{\dot{\gamma}(y)}{4}\beta \sin 2\theta \sin 2\phi, \quad \text{and} \quad \beta = \frac{p^2 - 1}{p^2 + 1}.
$$
 (B4b)

The symmetry of rod-shaped particles makes the the probability distribution periodic in  $\theta$  and φ, with  $P(\mathbf{x}, \theta + \pi, \phi, t) = P(\mathbf{x}, \theta, \phi, t)$  and  $P(\mathbf{x}, \theta, \phi + \pi, t) = P(\mathbf{x}, \theta, \phi, t)$ . We also demand the no-flux boundary condition at the walls,

$$
(\mathbf{J} \cdot \hat{\mathbf{y}}) = D_{xy}(\theta, \phi) \frac{\partial P}{\partial x} + D_{yz}(\theta, \phi) \frac{\partial P}{\partial z} + D_{yy}(\theta, \phi) \frac{\partial P}{\partial y} = 0 \quad \text{at} \quad y = \pm a. \tag{B4c}
$$

Upon nondimensionalizing in the same way as Sec. [III A,](#page-8-0) moving into the mean frame of reference of the particles, and employing the assumption of no gradients in the *z* direction, the conservation equation becomes

$$
\varepsilon \frac{\partial P}{\partial t} = -\varepsilon P e_r(u(y) - u_m) \frac{\partial P}{\partial X} + \varepsilon^3 D_{xx}(\theta, \phi) \frac{\partial^2 P}{\partial X^2} + 2\varepsilon^2 D_{xy}(\theta, \phi) \frac{\partial^2 P}{\partial X \partial y} + \varepsilon D_{yy}(\theta, \phi) \frac{\partial^2 P}{\partial y^2} + \mathcal{L}P(\theta, \phi; y),
$$
 (B5a)

with zero-flux boundary conditions

$$
\varepsilon D_{xy}(\theta, \phi) \frac{\partial P}{\partial X} + D_{yy}(\theta, \phi) \frac{\partial P}{\partial y} = 0 \quad \text{at} \quad y = \pm 1,
$$
 (B5b)

where

$$
\mathcal{L}P(\theta,\phi;y) = \left[\frac{1}{\cos^2\phi} \frac{\partial^2 P}{\partial\theta^2} + \frac{1}{\cos\phi} \frac{\partial}{\partial\phi} \left(\cos\phi \frac{\partial P}{\partial\phi}\right)\right] + 2yPe_r \left[\frac{\partial}{\partial\theta} (\omega_\theta P) + \frac{1}{\cos\phi} \frac{\partial}{\partial\phi} (\cos\phi \omega_\phi P)\right].
$$
 (B6)

Using the same asymptotic procedure as outlined in Sec. [III B,](#page-9-0) at leading order we obtain

$$
\left[\frac{1}{\cos^2 \phi} \frac{\partial^2 g}{\partial \theta^2} + \frac{1}{\cos \phi} \frac{\partial}{\partial \phi} \left(\cos \phi \frac{\partial g}{\partial \phi}\right)\right] + 2y \text{Pe}_r \left[\frac{\partial}{\partial \theta} (\omega_\theta g) + \frac{1}{\cos \phi} \frac{\partial}{\partial \phi} (\cos \phi \omega_\phi g)\right] = 0 \quad (B7a)
$$

subject to the normalization condition

$$
\int_0^{2\pi} \int_0^{\pi} g \cos \phi \, d\theta \, d\phi = 1,\tag{B7b}
$$

where

$$
\omega_{\theta}(\theta) = \frac{1}{2}(1 - \beta \cos 2\theta), \quad \omega_{\phi}(\theta, \phi) = \frac{1}{4}\beta \sin 2\theta \sin 2\phi, \quad \text{and} \quad \beta = \frac{p^2 - 1}{p^2 + 1}.
$$
 (B8)

Following  $[28]$ , the boundary value problem  $(B7)$  was solved using a truncated generalized Fourier (Laplace) series of the form

$$
g=\frac{1}{4\pi}+\sum_{l=1}^{M}A_{l}(y)N_{2l}(\sin\phi)+\sum_{m=1}^{M}\sum_{l=m}^{M}\left[B_{l}^{m}(y)N_{2l}^{2m}(\sin\phi)\cos(2m\theta)+C_{l}^{m}(y)N_{2l}^{2m}(\sin\phi)\sin(2m\theta)\right],
$$
\n(B9)

where  $N_l^m$  are the fully normalized associated Legendre functions [\[52\]](#page-20-0), related to the unnormalized associated Legendre functions,  $P_l^m$ , by

$$
N_l^m = (-1)^m \sqrt{\frac{(l+\frac{1}{2})(l-m)!}{(l+m)!}} P_l^m.
$$
 (B10)

### 094501-18

<span id="page-18-0"></span>

FIG. 12. Theoretical predictions for mean particle speed and dispersion factor for the case of *unconstrained* rotation at Pe  $= 1000$ , as described in Appendix [B.](#page-16-0) Plots of (a) the mean speed of the particles,  $u_m$ , and (b) the effective dispersion factor,  $\kappa$ , as a function of Pe<sub>r</sub> for different aspect ratios  $p$ .

We note that symmetry of particle orientations under  $(\theta, \phi) \rightarrow (\theta + \pi, \phi + \pi)$  eliminates both even degrees and orders of the Legendre functions. Furthermore, owing to the form of the rotation rates  $\omega_{\theta}$  and  $\omega_{\phi}$ , we may restrict our attention to the domain  $0 \le \theta \le \pi$  and  $0 \le \phi \le \pi/2$ . Following an analogous procedure to that outlined in Sec. [III B,](#page-9-0) inserting the expansion [\(B9\)](#page-17-0) into [\(B7a\)](#page-17-0) and enforcing the differential equation at every point

$$
\theta_i = \frac{\pi i}{I}, \quad i = 1, ..., I, \text{ and } \phi_j = \frac{\pi j}{2J}, \quad j = 1, ..., J,
$$
\n(B11)

results in an overdetermined system of equations of dimension  $IJ \times M(M + 2)$  for the coefficients  $A_l(y)$ ,  $B_l^m(y)$ , and  $C_l^m(y)$ . For each value of *y* (discretized from  $y = 0$  to  $y = 1$  using 200 equally spaced values), the resulting system was again solved using a standard QR least-squares algorithm in MATLAB with  $I = 72$ ,  $J = 144$ , and  $M = 32$ . For  $p = 2$ , we needed only  $M = 16$  modes for convergence. Having now solved the leading order (orientational) problem, solving the higher order equations becomes identical to the procedure outlined in Sec. [III B.](#page-9-0) The final expressions for  $\kappa$ and  $u_m$  are also the same [Eqs.  $(51)$  and  $(53)$ , respectively], but with orientational averages now computed over both angles  $\theta$  and  $\phi$ , specifically:

$$
\langle \Box \rangle = \int_0^{2\pi} \int_0^{\pi} \Box \cos \phi \, d\theta \, d\phi. \tag{B12}
$$

Predictions for the mean particle speed, *um*, and dispersion factor, κ, are presented in Fig. 12. The overall trends are remarkably similar to the constrained rotation problem considered in the main text (Fig. [9\)](#page-13-0), but with the departures from the spherical case reduced in magnitude.

<sup>[1]</sup> [T. M. Squires and S. R. Quake, Microfluidics: Fluid physics at the nanoliter scale,](https://doi.org/10.1103/RevModPhys.77.977) Rev. Mod. Phys. **77**, 977 (2005).

<sup>[2]</sup> H. A. Stone, A. D. Stroock, and A. Ajdari, Engineering flows in small devices: Microfluidics toward a lab-on-a-chip, [Annu. Rev. Fluid Mech.](https://doi.org/10.1146/annurev.fluid.36.050802.122124) **36**, 381 (2004).

<sup>[3]</sup> T. A. Witten and H. Diamant, A review of shaped colloidal particles in fluids: Anisotropy and chirality, [Rep. Prog. Phys.](https://doi.org/10.1088/1361-6633/abb5c4) **83**, 116601 (2020).

<sup>[4]</sup> N. P. Truong, M. R. Whittaker, C. W. Mak, and T. P. Davis, The importance of nanoparticle shape in cancer drug delivery, [Expert Opin. Drug Del.](https://doi.org/10.1517/17425247.2014.950564) **12**, 129 (2015).

<sup>[5]</sup> [G. I. Taylor, Dispersion of soluble matter in solvent flowing slowly through a tube,](https://doi.org/10.1098/rspa.1953.0139) Proc. R. Soc. London A **219**, 186 (1953).

- <span id="page-19-0"></span>[6] [R. Aris, On the dispersion of a solute in a fluid flowing through a tube,](https://doi.org/10.1098/rspa.1956.0065) Proc. R. Soc. London A **235**, 67 (1956).
- [7] [I. Frankel and H. Brenner, On the foundations of generalized Taylor dispersion theory,](https://doi.org/10.1017/S0022112089001679) J. Fluid Mech. **204**, 97 (1989).
- [8] [N. Hill and M. Bees, Taylor dispersion of gyrotactic swimming micro-organisms in a linear flow,](https://doi.org/10.1063/1.1458003) Phys. Fluids **14**, 2598 (2002).
- [9] A. Manela and I. Frankel, Generalized Taylor dispersion in suspensions of gyrotactic swimming microorganisms, [J. Fluid Mech.](https://doi.org/10.1017/S0022112003005147) **490**, 99 (2003).
- [10] [W. Jiang and G. Chen, Dispersion of active particles in confined unidirectional flows,](https://doi.org/10.1017/jfm.2019.562) J. Fluid Mech. **877**, 1 (2019).
- [11] [W. Jiang and G. Chen, Dispersion of gyrotactic micro-organisms in pipe flows,](https://doi.org/10.1017/jfm.2020.91) J. Fluid Mech. **889**, A18 (2020).
- [12] [Z. Peng and J. F. Brady, Upstream swimming and Taylor dispersion of active Brownian particles,](https://doi.org/10.1103/PhysRevFluids.5.073102) Phys. Rev. Fluids **5**, 073102 (2020).
- [13] A. Dehkharghani, N. Waisbord, J. Dunkel, and J. S. Guasto, Bacterial scattering in microfluidic crystal flows reveals giant active Taylor–Aris dispersion, [Proc. Natl. Acad. Sci. USA](https://doi.org/10.1073/pnas.1819613116) **116**, 11119 (2019).
- [14] D. Dutta, A. Ramachandran, and D. T. Leighton, Effect of channel geometry on solute dispersion in pressure-driven microfluidic systems, [Microfluid. Nanofluid.](https://doi.org/10.1007/s10404-005-0070-7) **2**, 275 (2006).
- [15] M. Aminian, F. Bernardi, R. Camassa, D. M. Harris, and R. M. McLaughlin, How boundaries shape chemical delivery in microfluidics, Science **354**[, 1252 \(2016\).](https://doi.org/10.1126/science.aag0532)
- [16] F. Bernardi, Space/time evolution in the passive tracer problem, Ph.D. thesis, University of North Carolina, Chapel Hill, 2018.
- [17] G. Lee, A. Luner, J. Marzuola, and D. M. Harris, Dispersion control in pressure-driven flow through bowed rectangular microchannels, [Microfluid. Nanofluid.](https://doi.org/10.1007/s10404-021-02436-9) **25**, 34 (2021).
- [18] S. Marbach and K. Alim, Active control of dispersion within a channel with flow and pulsating walls, [Phys. Rev. Fluids](https://doi.org/10.1103/PhysRevFluids.4.114202) **4**, 114202 (2019).
- [19] [L. Salerno, G. Cardillo, and C. Camporeale, Aris-Taylor dispersion in the subarachnoid space,](https://doi.org/10.1103/PhysRevFluids.5.043102) Phys. Rev. Fluids **5**, 043102 (2020).
- [20] Y. Han, A. M. Alsayed, M. Nobili, J. Zhang, T. C. Lubensky, and A. G. Yodh, Brownian motion of an ellipsoid, Science **314**[, 626 \(2006\).](https://doi.org/10.1126/science.1130146)
- [21] Y. Han, A. Alsayed, M. Nobili, and A. G. Yodh, Quasi-two-dimensional diffusion of single ellipsoids: Aspect ratio and confinement effects, Phys. Rev. E **80**[, 011403 \(2009\).](https://doi.org/10.1103/PhysRevE.80.011403)
- [22] A. Chakrabarty, A. Konya, F. Wang, J. V. Selinger, K. Sun, and Q.-H. Wei, Brownian Motion of Boomerang Colloidal Particles, Phys. Rev. Lett. **111**[, 160603 \(2013\).](https://doi.org/10.1103/PhysRevLett.111.160603)
- [23] U. Agarwal, A. Dutta, and R. Mashelkar, Migration of macromolecules under flow: The physical origin and engineering implications, [Chem. Eng. Sci.](https://doi.org/10.1016/0009-2509(94)80057-X) **49**, 1693 (1994).
- [24] R. L. Schiek and E. S. Shaqfeh, Cross-streamline migration of slender Brownian fibres in plane Poiseuille flow, [J. Fluid Mech.](https://doi.org/10.1017/S0022112096003291) **332**, 23 (1997).
- [25] R. M. Jendrejack, D. C. Schwartz, J. J. De Pablo, and M. D. Graham, Shear-induced migration in flowing polymer solutions: Simulation of long-chain DNA in microchannels, [J. Chem. Phys.](https://doi.org/10.1063/1.1637331) **120**, 2513 (2004).
- [26] [M. Makino and M. Doi, Migration of twisted ribbon-like particles in simple shear flow,](https://doi.org/10.1063/1.2107867) Phys. Fluids **17**, 103605 (2005).
- [27] Marcos, H. C. Fu, T. R. Powers, and R. Stocker, Separation of Microscale Chiral Objects by Shear Flow, Phys. Rev. Lett. **102**[, 158103 \(2009\).](https://doi.org/10.1103/PhysRevLett.102.158103)
- [28] L. C. Nitsche and E. Hinch, Shear-induced lateral migration of Brownian rigid rods in parabolic channel flow, [J. Fluid Mech.](https://doi.org/10.1017/S0022112096003369) **332**, 1 (1997).
- [29] H. C. Berg, *Random Walks in Biology* (Princeton University Press, Princeton, New Jersey, 1993).
- [30] H. Brenner, Coupling between the translational and rotational Brownian motions of rigid particles of arbitrary shape I. Helicoidally isotropic particles, J. Coll. Sci. **20**[, 104 \(1965\).](https://doi.org/10.1016/0095-8522(65)90002-4)
- [31] H. Brenner, Coupling between the translational and rotational Brownian motions of rigid particles of arbitrary shape: II. General theory, [J. Colloid Interface Sci.](https://doi.org/10.1016/0021-9797(67)90185-3) **23**, 407 (1967).
- <span id="page-20-0"></span>[32] W. A. Wegener, Diffusion coefficients for rigid macromolecules with irregular shapes that allow rotational-translational coupling, [Biopolymers](https://doi.org/10.1002/bip.1981.360200205) **20**, 303 (1981).
- [33] F. Perrin, Brownian motion of an ellipsoid—II. Free rotation and fluorescence depolarization. Translation and diffusion of ellipsoidal molecules, [J. Phys. Radium](https://doi.org/10.1051/jphysrad:01936007010100) **VII**, 1 (1936).
- [34] J. Happel and H. Brenner, *Low Reynolds Number Hydrodynamics: With Special Applications to Particulate Media*, Vol. 1, Mechanics of Fluids and Transport Processes (Springer Science & Business Media, 2012).
- [35] [F. Perrin, Brownian motion of an ellipsoid—I. Dielectric dispersion for ellipsoidal molecules,](https://doi.org/10.1051/jphysrad:01934005010049700) J. Phys. Radium **V**, 497 (1934).
- [36] S. Koenig, Brownian motion of an ellipsoid. A correction to Perrin's results, Biopolymers **14**[, 2421 \(1975\).](https://doi.org/10.1002/bip.1975.360141115)
- [37] [G. B. Jeffery, The motion of ellipsoidal particles immersed in a viscous fluid,](https://doi.org/10.1098/rspa.1922.0078) Proc. R. Soc. London A **102**, 161 (1922).
- [38] [F. P. Bretherton, The motion of rigid particles in a shear flow at low Reynolds number,](https://doi.org/10.1017/S002211206200124X) J. Fluid Mech. **14**, 284 (1962).
- [39] [L. Leal and E. Hinch, The effect of weak Brownian rotations on particles in shear flow,](https://doi.org/10.1017/S0022112071000788) J. Fluid Mech. **46**, 685 (1971).
- [40] B. D. Leahy, X. Cheng, D. C. Ong, C. Liddell-Watson, and I. Cohen, Enhancing Rotational Diffusion Using Oscillatory Shear, Phys. Rev. Lett. **110**[, 228301 \(2013\).](https://doi.org/10.1103/PhysRevLett.110.228301)
- [41] B. D. Leahy, D. L. Koch, and I. Cohen, The effect of shear flow on the rotational diffusion of a single axisymmetric particle, [J. Fluid Mech.](https://doi.org/10.1017/jfm.2015.186) **772**, 42 (2015).
- [42] R. Oldenbourg, X. Wen, R. B. Meyer, and D. L. D. Caspar, Orientational Distribution Function in Nematic Tobacco-Mosaic-Virus Liquid Crystals Measured by X-Ray Diffraction, [Phys. Rev. Lett.](https://doi.org/10.1103/PhysRevLett.61.1851) **61**, 1851 (1988).
- [43] See Supplemental Material at <http://link.aps.org/supplemental/10.1103/PhysRevFluids.6.094501> for code for Monte Carlo simulation.
- [44] V. G. Kulkarni, *Modeling and Analysis of Stochastic Systems* (CRC Press, Boca Raton, FL, 2016).
- [45] B. Lapeyre, É. Pardoux, E. Pardoux, and R. Sentis, *Introduction to Monte Carlo Methods for Transport and Diffusion Equations*, Vol. 6, Oxford Texts in Applied and Engineering Mathematics (Oxford University Press on Demand, 2003).
- [46] P. E. Kloeden, E. Platen, and H. Schurz, *Numerical Solution of SDE through Computer Experiments* (Springer Science & Business Media, 2012).
- [47] H. Brenner and D. W. Condiff, Transport mechanics in systems of orientable particles. IV. Convective transport, [J. Colloid Interface Sci.](https://doi.org/10.1016/0021-9797(74)90093-9) **47**, 199 (1974).
- [48] B. Ezhilan and D. Saintillan, Transport of a dilute active suspension in pressure-driven channel flow, [J. Fluid Mech.](https://doi.org/10.1017/jfm.2015.372) **777**, 482 (2015).
- [49] L. N. Trefethen and D. Bau III, *Numerical Linear Algebra*, Vol. 50, Applied Mathematics (SIAM, 1997).
- [50] [D. Heyes and J. Melrose, Brownian dynamics simulations of model hard-sphere suspensions,](https://doi.org/10.1016/0377-0257(93)80001-R) J. Non-Newtonian Fluid Mech. **46**, 1 (1993).
- [51] B. Wang, W. Jiang, G. Chen, L. Tao, and Z. Li, Vertical distribution and longitudinal dispersion of gyrotactic microorganisms in a horizontal plane Poiseuille flow, [Phys. Rev. Fluids](https://doi.org/10.1103/PhysRevFluids.6.054502) **6**, 054502 (2021).
- [52] M. Abramowitz, I. A. Stegun, and R. H. Romer, *Handbook of Mathematical Functions with Formulas, Graphs, and Mathematical Tables* (Dover Publications, New York, 1988).