# Marginally stable thermal equilibria of Rayleigh-Bénard convection

Liam O'Connor,<sup>1</sup> Daniel Lecoanet<sup>(D)</sup>,<sup>1,2</sup> and Evan H. Anders<sup>(D)</sup><sup>2</sup>

<sup>1</sup>Department of Engineering Sciences and Applied Mathematics, Northwestern University, Evanston, Illinois 60208, USA <sup>2</sup>Center for Interdisciplinary Exploration and Research in Astrophysics, Northwestern University, Evanston, Illinois 60201, USA

(Received 28 May 2021; accepted 25 August 2021; published 21 September 2021)

Natural convection exhibits turbulent flows which are difficult or impossible to resolve in direct numerical simulations. In this work we investigate a quasilinear form of the Rayleigh-Bénard problem which describes the bulk one-dimensional properties of convection without resolving the turbulent dynamics. We represent perturbations away from the mean using a sum of marginally stable eigenmodes. By constraining the perturbation amplitudes, the marginal stability criterion allows us to evolve the background temperature profile under the influence of multiple eigenmodes representing flows at different length scales. We find the quasilinear system evolves to an equilibrium state where advective and diffusive fluxes sum to a constant. These marginally stable thermal equilibria (MSTE) are exact solutions of the quasilinear equations. The mean MSTE temperature profiles have thinner boundary layers and larger Nusselt numbers than thermally equilibrated two- and three-dimensional simulations of the full nonlinear equations. MSTE solutions exhibit a classic boundary-layer scaling of the Nusselt number Nu with the Rayleigh number Ra of Nu  $\sim Ra^{1/3}$ . When MSTE are used as initial conditions for a two-dimensional simulation, we find that Nu quickly equilibrates without the burst of turbulence often induced by purely conductive initial conditions, but we also find that the kinetic energy is too large and viscously attenuates on a long, viscous timescale.

DOI: 10.1103/PhysRevFluids.6.093501

#### I. INTRODUCTION

Rayleigh-Bénard convection plays a foundational role in astrophysical and geophysical settings. The resulting buoyancy-driven flows regulate heat transfer and generate large-scale vortices [1]. Turbulent convection, which is associated with large Rayleigh numbers Ra, is difficult to simulate. State of the art simulations performed by [2] have reached Ra  $\sim 10^{14}$ , but estimates for the sun's convective zone and earth's interior are Ra  $\sim 10^{16} - 10^{20}$  and Ra  $\sim 10^{20} - 10^{30}$ , respectively [3,4]. The scaling behavior of the Nusselt number Nu  $\sim \text{Ra}^{\beta}$  in the asymptotic ultimate regime is of particular interest. There is a substantial body of work pertaining to this specific topic with no general agreement between numerical simulations and asymptotic theories [5–11].

Absent solid evidence from direct numerical simulation, other methods have been developed to try to infer large-Ra behavior or otherwise gain insight. In the presence of other physical effects (e.g., rotation, magnetic fields), one can sometimes derive an asymptotically consistent set of reduced equations [12,13]. Reduced models are useful because they allow us to study the problem with less expensive computations. Another approach relates to unstable exact coherent states (ECS), which are steady solutions to the full nonlinear problem [14–17]. Simulations and analyses performed by [18,19] suggest that chaotic solution trajectories might intermittently resemble these ECS. Should that be the case, it is crucial that we discover and classify such equilibria.

Others have turned to studying quasilinear systems. The quasilinear approximation starts with a decomposition of all variables into a background and perturbations about this background. This approximation neglects the nonlinear interactions between perturbations which would otherwise modify the perturbations themselves [20]. This renders the perturbation equations linear. Although the quasilinear approximation greatly simplifies the problem, an additional condition must be imposed to determine the amplitude of the perturbations.

References [20,21] address this by initializing the perturbations to low amplitude and evolving them together with the background. More recently, a different approach was taken in Ref. [22], which computes ECS in parallel shear flows by deriving and solving a quasilinear formulation of the Navier-Stokes equations via multiscale asymptotic arguments. They assume the background velocity evolves on a slow timescale, and, to determine the perturbation amplitudes, they require marginal stability at each time step. This quasilinear approach, which relies on multiscale arguments in conjunction with a marginal stability constraint, is generalized by Ref. [23]. Studying two somewhat generic systems, researchers observe the interdependent evolution of a background state and its perturbations within a marginally stable manifold.

In Ref. [21], Herring derives a quasilinear model for Boussinesq convection and provides supporting arguments for the model's physical validity. He demonstrates that a single eigenmode is dominant only when Ra <  $10^6$ . Herring uses numerical integration along with Fourier decomposition to approximate the transient solution to his model, allowing the system to saturate to a state of marginal stability. Though efficient, this method is limited in its inability to model high-Ra convection due to the appearance of a second unstable mode at Ra  $\approx 10^6$ . How these modes interact to form thermal equilibria is also of interest. In this paper we apply Ref. [23]'s generalized approach to Ref. [21]'s reduced convection model by requiring marginal stability at the point of initialization. When evolving the background state, we select the perturbation amplitudes such that marginal stability is maintained with each successive time step. This method allows us to calculate marginally stable thermal equilibria up to Ra =  $10^9$ , involving as many as five eigenmodes, each with a unique horizontal wave number.

The paper is organized as follows: In Sec. II we recall the underlying equations, and in Sec. III we outline how we evolve the background temperature profile while maintaining marginal stability. Section IV pertains to the properties of the marginally stable thermal equilibria, in particular, how the Nusselt number and characteristic wave numbers vary with the Rayleigh number. Finally, we analyze the results of simulations initialized with marginally stable thermal equilibria in Sec. V and conclude in Sec. VI.

### **II. MODEL SETUP**

We begin with the Boussinesq approximation for Rayleigh-Bénard convection, nondimensionalized on the free-fall timescale. The domain  $\mathcal{D}$  is two-dimensional (2D), rectangular, and horizontally periodic with Cartesian spatial coordinates  $0 \le x < 4$  and -1/2 < z < 1/2. We define the corresponding domain width  $L_x = 4$  and height  $L_z = 1$ . The fluid of interest is constrained between two flat boundaries at z = -1/2 and z = 1/2 with fixed temperatures 1/2 and -1/2, respectively. At both boundaries we specify impenetrable, no-slip conditions, such that the velocity  $u = u\hat{x} + w\hat{z} = 0$  at  $z = \pm 1/2$ , where  $\hat{x}$  and  $\hat{z}$  are the unit vectors in the x and z directions. The equations of motion are then given by

$$\nabla \cdot \boldsymbol{u} = \boldsymbol{0},\tag{1}$$

$$\frac{\partial \boldsymbol{u}}{\partial t} + \boldsymbol{u} \cdot \nabla \boldsymbol{u} = -\nabla p + T\hat{\boldsymbol{z}} + \mathcal{R}\nabla^2 \boldsymbol{u}, \qquad (2)$$

$$\frac{\partial T}{\partial t} + \boldsymbol{u} \cdot \nabla T = \mathcal{P} \nabla^2 T, \tag{3}$$

where *p* is pressure and *T* is temperature. A Boussinesq convection system of this form can be characterized by its dimensionless Rayleigh number  $\text{Ra} = \frac{g\alpha L_z^3 \Delta T}{\nu \kappa}$  and Prandtl number  $\text{Pr} = \frac{\nu}{\kappa}$ , where *g*,  $\alpha$ ,  $\Delta T$ ,  $\nu$ ,  $\kappa$  are the gravitational acceleration, coefficient of thermal expansion, imposed temperature difference, kinematic viscosity, and thermal diffusivity, respectively. In this paper, we fix Pr = 1. For convenience, we define

$$\mathcal{R} = \sqrt{\frac{\Pr}{\operatorname{Ra}}}, \quad \mathcal{P} = \frac{1}{\sqrt{\Pr\operatorname{Ra}}}.$$
 (4)

To derive the quasilinear form, we posit that an arbitrary field f can be represented as the sum of a mean profile (denoted by  $\overline{f}$ ) and a perturbation function (denoted by f'),

$$\boldsymbol{u}(\boldsymbol{x},\boldsymbol{z},t) = \boldsymbol{u}'(\boldsymbol{x},\boldsymbol{z},t) \tag{5}$$

$$= u'(x, z, t)\hat{x} + w'(x, z, t)\hat{z},$$
(6)

$$T(x, z, t) = \overline{T}(z, t) + T'(x, z, t),$$
(7)

$$p(x, z, t) = \overline{p}(z, t) + p'(x, z, t), \tag{8}$$

where the mean velocity components vanish due to incompressibility and symmetry. Perturbations are defined to have no horizontal average:

$$\langle f'(x,z,t)\rangle_x \equiv \int_0^{L_x} f'(x,z,t)dx = 0.$$
<sup>(9)</sup>

Substituting (7) into (3) and taking the horizontal average reduces the system to a simple initial value problem for  $\overline{T}$ ,

$$\frac{\partial \overline{T}}{\partial t} + \frac{\partial}{\partial z} \langle w'T' \rangle_x = \mathcal{P} \frac{\partial^2 \overline{T}}{\partial z^2},\tag{10}$$

with associated boundary conditions  $\overline{T}(-1/2, t) = 1/2$  and  $\overline{T}(1/2, t) = -1/2$ . It should be noted that we could obtain a similar equation for u by breaking reflection symmetry about the midplane z = 0 and considering some nontrivial mean horizontal flow  $\overline{u}(z, t)$ . However, we must have  $\overline{w}(z, t) = 0$  due to incompressibility.

Substituting (8) into (2) and taking the horizontal average reveals that the mean pressure field  $\overline{p}(z, t)$  must satisfy

$$0 = -\frac{\partial \overline{p}}{\partial z} + \overline{T}.$$
(11)

To solve (10) numerically, we need an expression for the perturbations so we can calculate the advective heat flux. Here we will make the quasilinear approximation, dropping the  $u' \cdot \nabla u'$  and  $u' \cdot \nabla T'$  terms from the evolution equations for the perturbations. Substituting (5)–(8) into (1)–(3) followed by subtracting (10) and (11) from the resulting temperature and  $\hat{z}$  momentum equations respectively give

$$\nabla \cdot \boldsymbol{u}' = \boldsymbol{0},\tag{12}$$

$$\frac{\partial \boldsymbol{u}'}{\partial t} = -\nabla p' + T'\hat{\boldsymbol{z}} + \mathcal{R}\nabla^2 \boldsymbol{u}', \qquad (13)$$

$$\frac{\partial T'}{\partial t} + \frac{\partial \overline{T}}{\partial z} w' = \mathcal{P} \nabla^2 T', \qquad (14)$$

with Dirichlet boundary conditions

$$T'|_{z=\pm\frac{1}{2}} = 0, \quad u'|_{z=\pm\frac{1}{2}} = 0, \quad p'|_{z=\pm\frac{1}{2}} = 0.$$
 (15)

This is now a linear problem in u' and T' which can be solved as an eigenvalue problem.

In his groundbreaking report [24], Lord Rayleigh observed that (12)–(14) can be manipulated into a separable form with generalized solutions:

$$w'(x, z, t) = A \Re[W(z) e^{i(k_x x - st)}],$$
(16)

$$u'(x, z, t) = A \,\Re[U(z) \, e^{i(k_x x - st)}], \tag{17}$$

$$T'(x, z, t) = A \Re[\theta(z) e^{i(k_x x - st)}],$$
(18)

$$p'(x, z, t) = A \,\Re[P(z) \, e^{i(k_x x - st)}], \tag{19}$$

where A is the (undetermined) mode amplitude,  $s = \omega + i\sigma$  is the eigenvalue, and  $k_x$  is constrained, by periodicity, to the countably infinite set (spectrum) of wave numbers:

$$k_x \in \left\{ \frac{n\pi}{2} \mid n \in \mathbb{N} \right\}.$$
(20)

We normalize the eigenmodes to have

$$\langle |\theta|^2 \rangle_{\mathcal{D}} = 1, \tag{21}$$

where  $\langle \cdot \rangle_{\mathcal{D}}$  denotes the spatial mean over the entire domain. Crucially, we emphasize that (16) and (18) are solutions to the linear problem. In the quasilinear context, the background state and its eigenmodes vary in time. By convention, our notation neglects this *t* dependence in the eigenfunctions, as they will always be computed from the autonomous linear system.

For each  $k_x$ , we can assess the stability of the perturbations by solving for the eigenvalue *s*, whose imaginary component  $\sigma$  plays the role of an exponential growth rate. Positive eigenvalues indicate that the system is unstable to small disturbances whose Fourier decomposition includes a nontrivial component of wave number  $k_x$ . Negative eigenvalues indicate stability. A complete linear stability analysis requires solution over the full spectrum of wave numbers. The prototypical case is used to demonstrate that the critical Rayleigh number Ra<sub>c</sub> = 1708 when  $\frac{\partial \overline{T}}{\partial z} = -1$ .

To calculate the advective heat flux in Eq. (10), we can sum the individual advective terms  $\langle w'T' \rangle_x$  of every marginally stable mode. In this way, the heat flux from the perturbations influence the evolution of  $\overline{T}$ . But the evolution of  $\overline{T}$  also influences the perturbations, as Eq. (14) depends on  $\partial_z \overline{T}$ . Thus the mean temperature and perturbation fields are coupled, as is the case in Refs. [22,23].

#### **III. PERTURBATION EVOLUTION**

The linearized system (12)–(14) does not constrain the amplitude of the eigenmodes, A. However, the advective heat flux is proportional to  $A^2$ , so we need to specify the amplitude in order to solve Eq. (10). To evolve  $\overline{T}$ , we assume the perturbations evolve on a much faster timescale than the mean temperature, as in [25]. Stable modes ( $\sigma < 0$ ) decay away rapidly. Unstable modes ( $\sigma > 0$ ) will not persist on the slow timescale because the advective term  $\langle w'T' \rangle_x$  tends to stabilize  $\overline{T}$ , thereby creating a negative feedback loop. Only marginally stable modes can be maintained on the slow

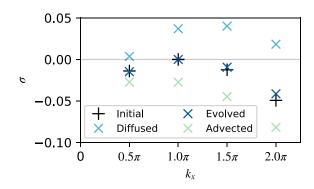


FIG. 1. Eigenvalue spectra for Ra = 10<sup>5</sup>. The spectrum of an "initial" marginally stable mean temperature profile  $\overline{T}(z, t_0)$  has a maximum eigenvalue of 0. Given a small fixed time step  $\Delta t$ , diffusion [Eq. (23)] destabilizes the system, increasing  $\sigma$ . Advection [Eq. (24)] tends to stabilize the system, decreasing  $\sigma$ . We find the eigenfunction amplitude  $A^2$  such that the combination of diffusion and advection yields an "evolved," marginally stable mean temperature profile  $\overline{T}(z, t_0 + \Delta t)$ . In this case  $A^2 \approx 1$  due to approximately equal magnitudes of the diffused and advected eigenvalues

timescale. Therefore the amplitude A must satisfy

$$\max_{k_x} \{\sigma\} = 0. \tag{22}$$

For various Ra and fixed Pr = 1, we seek marginally stable thermal equilibria (MSTE) satisfying  $\frac{\partial \overline{T}}{\partial t} = 0$  according to (10). We employ the Dedalus pseudospectral PYTHON framework [26] to solve the eigenvalue problem outlined in Sec. II as well as the time evolution equation (10). We represent each field with Chebyshev polynomials and use the 3/2 dealiasing rule to calculate the advective heat flux. The necessary number of basis functions increases with Ra as the eigenfunctions include increasingly small-scale features (see Appendix C Table I and Appendix D). We use the EIGENTOOLS package [27] to manipulate the eigenfunctions and calculate the advective heat flux  $\langle w'T' \rangle_x$ .

To initialize our calculations, we construct a marginally stable initial temperature profile  $\overline{T}(z, t = 0)$  whose equation is given in Appendix A. Although this background temperature is marginally stable, it is not in thermal equilibrium, so it will evolve in time. We use (10) to evolve  $\overline{T}(z, t_0)$  into a marginally stable profile  $\overline{T}(z, t_0 + \Delta t)$ . We use a second-order, two-stage IMEX Runge-Kutta method. The eigenfunctions and amplitudes are assumed to be constant with respect to t over the time step. We symmetrize  $\overline{T}$  by setting the coefficients of its even Chebyshev basis functions to zero at the start of each time step. This ensures  $\overline{T}(z) = -\overline{T}(-z)$ . On every time step, we calculate the marginally stable eigenfunctions and their amplitude A. It is essential that we pick the correct eigenfunction amplitude when calculating the advective term to maintain marginal stability. We will now illustrate our method of finding the appropriate A through an example.

Consider a marginally stable temperature profile  $\overline{T}(z, t_0)$ . By definition, its maximum growth rate is 0. Diffusing  $\overline{T}(z, t_0)$  tends to increase its growth rates while ignoring the diffusive term and evolving according to advection tends to decrease its growth rates (see Fig. 1). The amplitude A must be selected such that these two influences are equal and opposite. We can measure the effects of diffusion and advection on the maximum growth rate by solving two new initial value problems

$$\frac{\partial \overline{T}_{\text{diff}}}{\partial t} = \mathcal{P} \frac{\partial^2 \overline{T}_{\text{diff}}}{\partial z^2},\tag{23}$$

$$\frac{\partial \overline{T}_{adv}}{\partial t} + 2\frac{\partial}{\partial z}\Re[W\theta^*] = 0, \qquad (24)$$

where  $\overline{T}_{\text{diff}}$  and  $\overline{T}_{\text{adv}}$  denote the diffused and advected temperature profiles, respectively. In Eq. (24) we have set the amplitude of the eigenfunctions A = 1 so we can determine how advection changes the temperature profiles. The factor of 2 arises due to the horizontal averaging of the advective term in (10).

We solve Eqs. (23) and (24) from  $t = t_0$  to  $t = t_0 + \Delta t$ , initializing each temperature profile with  $\overline{T}(z, t_0)$ . Suppose  $k_0$  is the wave number of the marginally stable mode. We then calculate the  $k_x = k_0$  mode's growth rates  $\sigma_{\text{diff}}$  and  $\sigma_{\text{adv}}$  for  $\overline{T}_{\text{diff}}$  and  $\overline{T}_{\text{adv}}$ . A good guess for  $A^2$  is

$$A^2 \approx \Lambda_0^2 \equiv -\frac{\sigma_{\rm diff}}{\sigma_{\rm adv}}.$$
(25)

This estimate follows from first-order perturbation theory. Note that  $\sigma_{adv} < 0$  and  $\sigma_{diff} > 0$ , so  $\Lambda_0^2 > 0$ .

Using the approximate amplitude  $\Lambda_0^2$ , the background temperature  $\overline{T}(z, t_0)$  is then evolved to  $t = t_0 + \Delta t$  according to (10) and another eigenvalue solve is performed. This background temperature is typically close to, but not exactly, marginally stable. In fact, in the limit  $\Delta t \rightarrow 0$ , the estimate  $\Lambda_0^2$  approaches the amplitude  $A^2$  necessary to keep the background temperature marginally stable [23]. We use Newton's method to find an amplitude  $A^2$  such that the maximum growth rate is zero to within  $10^{-9}$ . We observe that marginally stable modes do not oscillate in time, i.e.,  $\sigma = 0$  implies  $\omega = 0$ . This numerical result is consistent with the conventional notion of exchange of stabilities [28]. Crucially, we do not assume the  $k_x$  of the marginally stable mode is fixed. In Sec. III we specify procedures for the treatment of multiple simultaneously marginal modes.

#### Treatment of multiple marginally stable modes

In most cases we encounter eigenvalue spectra with multiple marginal modes. To accommodate this we generalize the advective term in (10) to accommodate N simultaneously marginal modes,

$$\langle w'T' \rangle_x = \sum_{n=1}^N 2A_n^2 \Re[W_n \theta_n^*], \qquad (26)$$

where  $W_n$  and  $\theta_n$  are the marginally stable eigenmodes associated with different values of  $k_x$ . The factor of 2 is again due to horizontal averaging. There are now N modes, each with their own amplitude to solve for and eigenvalue to keep marginally stable. Given a small fixed time step  $\Delta t$ , let  $A^2$  be the amplitude vector and  $\sigma(A^2)$  be the eigenvalues of the N modes. We are searching for  $\tilde{A}^2$  that satisfies  $\sigma(\tilde{A}^2) = 0$ . We approximate the amplitudes with  $\Lambda_0^2$  by generalizing (25):

$$\tilde{A}^2 \approx \Lambda_0^2 = -\Sigma_{\rm adv}^{-1} \sigma_{\rm diff}.$$
(27)

Here  $\sigma_{\text{diff}} = \sigma(\mathbf{0})$  refers to the eigenvalues of the background temperature after evolving under only diffusion [Eq. (23)] for a time interval  $\Delta t$ . We account for the influence of N advection terms on N eigenvalues (one for each mode) by constructing an eigenvalue matrix  $\Sigma_{\text{adv}}$ . To calculate the element of  $\Sigma_{\text{adv}}$  at row i and column j, we evolve the background temperature under only advection by mode j for a time interval  $\Delta t$ . Then the i, j component of  $\Sigma_{\text{adv}}$  is given by the eigenvalue of the ith mode.

Our estimate  $\Lambda_0^2$  does not typically give a background temperature for which all N modes are exactly marginally stable. We refine our vector of amplitudes via Newton's method. This requires calculating the Jacobian matrix:

$$J = \begin{bmatrix} \nabla \sigma_1(A_1, A_2, ..., A_N) \\ \nabla \sigma_2(A_1, A_2, ..., A_N) \\ \vdots \\ \nabla \sigma_N(A_1, A_2, ..., A_N) \end{bmatrix}.$$
 (28)

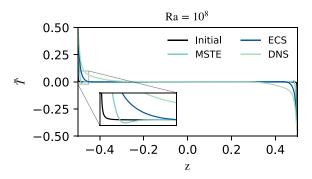


FIG. 2. Mean temperature profiles  $\overline{T}$  for Ra = 10<sup>8</sup>. The initial profile is given by (A1). We evolve this background temperature profile according to Sec. III until we reach a marginally stable thermal equilibrium (MSTE). ECS refers to a steady nonlinear solution for Boussinesq convection, given by Ref. [16]. The DNS curve is obtained from a 2D nonlinear simulation of (1)–(3) with DEDALUS. DNS temperature data are horizontally and time averaged. The initial profile has the narrowest boundary layer, while the DNS profile has the widest boundary layer. The equilibrated MSTE and ECS curves lie between the initial and DNS curves, with the ECS having a more diffuse boundary layer than that of the MSTE. The MSTE profile exhibits prominent dips, nested alongside the boundary regions.

We approximate J via first-order finite differences, which requires an additional  $N^2$  sparse eigenvalue solves. We iterate Newton's method until all marginally stable modes have eigenvalues within  $10^{-9}$  of zero. We find  $\sigma(A^2)$  does indeed have a unique root provided the time step is not too large and there are no numerical instabilities, as outlined in Appendix B. Presumably, this is due to the coupling of  $\langle w'T' \rangle_x$  with  $\overline{T}$ . Over the course of a large time step,  $\overline{T}$  evolves according to (10) and eventually the original eigenfunctions cease to provide a stabilizing influence. This limits the time step size we can take.

Difficulty arises when transitioning between different numbers of marginal modes. We facilitate these transitions by defining an adjustable candidate tolerance  $\varepsilon_{\text{cand}} \in [10^{-6}, 10^{-8}]$ . A mode which meets the candidate tolerance can be included in the subsequent time step as a candidate marginal mode. Candidate modes are rejected when the root-finding algorithm converges on a negative amplitude  $A^2 < 0$ . Otherwise the mode becomes marginally stable. In a similar manner, a marginally stable mode need not remain marginally stable. If its amplitude converges to some  $A^2 < 0$  as before, then that mode is discarded and the time step is repeated.

# **IV. PROPERTIES OF THERMALLY EQUILIBRATED STATES**

We evolve  $\overline{T}$  as described above until max  $|\partial_t \overline{T}| < 10^{-5}$ . In this marginally stable thermal equilibrium,  $\overline{T}$  does not evolve in time, and the perturbations also do not evolve in time, as they are marginally stable. Thus these configurations are exact solutions to the quasilinear system [Eqs. (10)–(14)]. They differ from the usual ECS in that ECS are fixed points of the full nonlinear problem (1)–(3). Such definitions are not mutually exclusive, but in general we can assume that MSTE and ECS are not steady with respect to their counterparts' equations. We compute symmetric MSTE for Ra in the range  $10^5 - 10^9$ .

Figure 2 gives temperature profiles for  $Ra = 10^8$ , where the initial profile is outlined in Appendix A. We run a direct numerical simulation (DNS) of (1)–(3) with DEDALUS and plot the horizontal- and time-averaged temperature profile. The temperature boundary layers in the DNS are wider than in the MSTE, which is in turn wider than the boundary layer of the initial temperature profile. By computing the maximum growth rates of the linearized system (12)–(14), we found that both the DNS and the ECS profiles are linearly unstable when used as background states. Every marginally stable initial profile we experiment with (tanh, erf) has thinner boundary layers than the

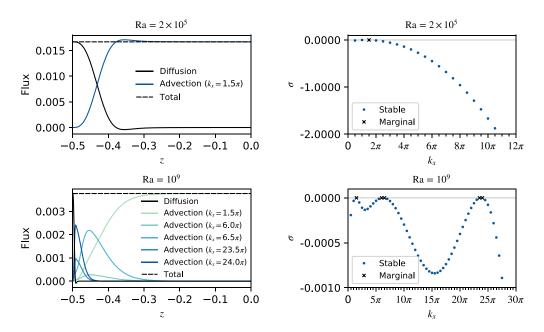


FIG. 3. Heat fluxes (left) and eigenvalue spectra (right) of equilibrated states with  $Ra = 2 \times 10^5$  (top) and  $Ra = 10^9$  (bottom). The heat flux profiles are symmetric about z = 0, so we only plot for z < 0. We plot the advection profiles for marginally stable modes. At low Ra, a single mode with  $k_x = 1.5\pi$  is sufficient to oppose boundary-layer diffusion and facilitate heat flux throughout the bulk of the domain. At large Ra, high-wave-number modes contribute pronounced small-scale advection profiles which tightly hug the thin boundary layers. A combination of progressively wider advection profiles is necessary to transition to bulk advection provided by the  $k_x = 1.5\pi$  mode. This bulk mode mimics the large-scale convective cells which are characteristic of Rayleigh-Bénard convection, both in qualitative structure and number of cells in the domain. The eigenfunctions which compose the advective profiles are illustrated in Appendix D.

DNS and MSTE profiles. When comparing our quasilinear equilibrium (MSTE) with Ref. [16]'s nonlinear equilibrium (ECS), we find that the ECS profile is significantly more diffuse than that of the MSTE. In conjunction, these two facts suggest that MSTE maximize boundary-layer thickness while subject to the marginal stability constraint.

The most resilient and unexpected feature of MSTE temperature profiles are the pronounced dips adjacent to the boundary layers. These dips appear in every solution, regardless of Ra. Physically, they correspond to thin layers in which the mean temperature gradient reverses, contradicting an important hypothesis of [5]. This counterdiffusion, which opposes overall heat transfer, is overcome by the coinciding advective flux, shown in Fig. 3. Reference [21] observes this when studying the same system. Similar temperature gradient reversals are reported by [17] along the midlines of 2D convective cellular solutions at Ra  $\sim 10^6$ . In that case, the reversals are due to nonlinear advection, which is not present in our quasilinear model. Neither the present authors nor Herring were able to provide a rigorous mathematical explanation for this behavior.

In Fig. 3, we give heat flux profiles and eigenvalue spectra for two cases:  $Ra = 2 \times 10^5$  (top) and  $Ra = 10^9$  (bottom). Appendix D shows representative vertical velocity and temperature perturbation eigenfunctions. For  $Ra = 2 \times 10^5$ , there is a single marginal mode at  $k_x = 1.5\pi$  whose advective flux occupies the bulk of the domain. These states have wide boundary layers, with diffusive fluxes which gradually subside as advection becomes the dominant flux component. Transitional regions occur over a smaller length scale for  $Ra = 10^9$  where the shift from diffusion to advection is sharp. At  $Ra = 10^9$  we find five marginally stable modes are necessary to reach an MSTE. Thin advection profiles, belonging to high-wave-number modes with  $k_x = 23.5\pi$ ,  $24\pi$ , hug the boundary layer.

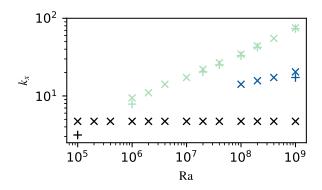


FIG. 4. Wave numbers of marginally stable modes in thermally equilibrated states. Marginal modes often appear in adjacent pairs, which we denote with a common color. Within each of these pairs, the largest and smallest  $k_x$  are denoted with an x and a +, respectively. For example, the spectrum corresponding to Ra = 10<sup>5</sup> has adjacent marginal wave numbers  $k_x = \pi$ ,  $1.5\pi$ . The Ra = 10<sup>9</sup> spectrum, shown in the lower right corner of Fig. 3, has three groups of maxima, with a single marginal mode in the first group ( $k_x = 1.5\pi$ ), two adjacent marginal modes in the second group ( $k_x = 6\pi$ ,  $6.5\pi$ ), and two adjacent marginal modes in the third group ( $k_x = 23.5\pi$ ,  $24\pi$ ). The largest wave numbers of the green and blue branches depend on Ra according to power laws. For the green branch, max{ $k_x$ }  $\propto$  Ra<sup>0.300</sup> with  $R^2 = 0.998$ , while for the blue branch,  $k_x \propto \text{Ra}^{0.155}$ with  $R^2 = 0.988$ .

Closer to the bulk of the domain, we see wider advection profiles corresponding to modes in a second pair of marginal modes  $k_x = 6\pi$ ,  $6.5\pi$ . Adjacent pairs of marginal modes whose wave numbers differ by  $0.5\pi$  are common among MSTE. The isolated  $k_x = 1.5\pi$  mode forms the same arrangement and number of large-scale convective cells observed in DNS, again occupying the bulk of the domain. The pairs of modes  $k_x = 6\pi$ ,  $6.5\pi$  and  $k_x = 23.5\pi$ ,  $24\pi$  are each associated with a single maximum in our plots of growth rate  $\sigma$  as a function of  $k_x$  (lower right panel of Fig. 3). If we allowed wave numbers to vary continuously, there would be an unstable mode between these pairs of wave numbers. However, since we have fixed the horizontal size of our domain, we are left with pairs of discrete marginal modes.

MSTE for large Ra tend to have a diverse combination of marginal modes. In every case, the  $k_x = 1.5\pi$  mode is included. In Fig. 4 we give the wave numbers  $k_x$  of marginal modes. Adjacent pairs of marginal modes are common but not ubiquitous. Like  $k_x = 6\pi$ ,  $6.5\pi$  and  $k_x = 23.5\pi$ ,  $24\pi$ for the  $Ra = 10^9$  MSTE, these are due to the discretization of wave numbers from our domain of width 4. We think of the pairs of modes as acting together as part of a single maximum of the growth rate as a function of the wave number. When wave numbers are adjacent, we plot them in the same color and denote the larger mode with an x and the smaller with a +. For Ra  $\ge 10^6$ , a second branch of marginal modes is shown in light green. Least-squares regression gives max $\{k_x\} \propto Ra^{0.300}$ with  $R^2 = 0.998$  for this maximum branch. This relationship does not appear to be asymptotic. If we consider only those MSTE whose  $Ra \ge 10^8$ , we observe  $max\{k_x\} \sim Ra^{1/3}$ , in agreement with classical scaling arguments. For large Ra, the advective fluxes of this maximum branch compensate for the strongly peaked diffusive flux in the thin boundary layers. At Ra  $\ge 10^8$ , a third branch appears (shown in blue), splitting the widening gap between the other two. For these points regression gives  $k_x \propto \text{Ra}^{0.155}$  with  $R^2 = 0.988$ . The blue branch is associated with moderately wide advection profiles, filling a niche in the total flux by uniting the thin profiles of the maximum branch with those of the bulk-domain-oriented minimum branch.

The largest marginal wave number  $\max\{k_x\}$  (represented by the light green branch in Fig. 4) serves as an inverse minimum length scale in the *x* direction. The finest vertical structures in  $\overline{T}(z)$  appear near the boundaries, requiring more basis functions (resolution) at large Ra. Naturally, this provides a complementary minimum length scale for *z*. We define the boundary-layer height  $\delta$  as

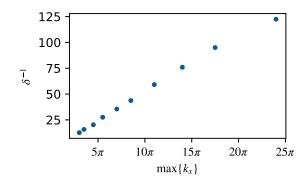


FIG. 5. For Ra  $\geq 10^6$ , the maximum, marginally stable wave number (corresponding to the green x markers in Fig. 4) are inversely related to the boundary-layer height  $\delta$ .  $(\max\{k_x\})^{-1}$  gives a minimum x length scale for the perturbations, and consequently, the advection. For large Ra, the boundary layers admit small-scale features, requiring more vertical basis functions (higher resolution, see Appendix C for specifications). The boundary-layer height gives an estimate of the minimum vertical length scale in the problem. This suggests that the minimum horizontal and vertical length scales are proportional to each other over a wide range of Ra.

the distance from the boundary where  $\partial_z \overline{T}$  equals zero, i.e.,

$$\left. \frac{\partial \overline{T}}{\partial z} \right|_{z=-\frac{1}{2}+\delta} = 0, \quad 0 < \delta < 1/2.$$
<sup>(29)</sup>

This height corresponds to the local extrema of the MSTE temperature profile, e.g., in Fig. 2. In Fig. 5 we show max $\{k_x\}$  is proportional to  $\delta^{-1}$  over our range of Ra. Least-squares regression gives  $\delta^{-1} = 1.71 \max\{k_x\} - 2.13$  with  $R^2 = 0.996$ .

We find the MSTE can be characterized by their boundary-layer height. In Fig. 6, we illustrate the scaling behavior of the boundary-layer height  $\delta \sim Ra^{-1/3}$ . This is consistent with Malkus' classical marginal stability theory, a scaling argument which perceives the boundary regions as subdomains which are themselves marginally stable [5].

The temperature boundary layers of MSTE exhibit self-similarity despite great variation in Ra. We illustrate this in Fig. 7 where the mean temperature  $\overline{T}$  is plotted along a rescaled z coordinate  $\frac{z+1/2}{\delta}$ . It is also noteworthy that we do not encounter any appreciable variation in the boundary-layer geometry as we extend Herring's findings beyond Ra = 10<sup>6</sup>. The rescaled boundary-layer geometry

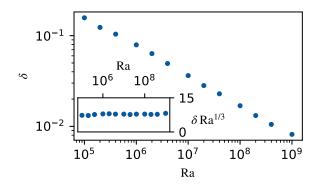


FIG. 6. Boundary-layer height  $\delta$  of MSTE. We define the boundary-layer height based off the location where  $\frac{\partial \overline{T}}{\partial z} = 0$  [see Eq. (29)]. Plotting on a log-log scale, we find that  $\delta$  and Ra obey a power-law relationship. We also demonstrate that Ra<sup>1/3</sup> $\delta$  is approximately constant with respect to Ra, which is consistent with [5]

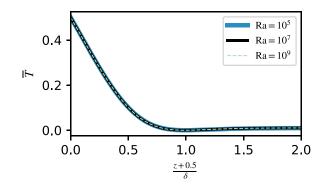


FIG. 7. Temperature boundary-layer geometries of various MSTE. Rescaling according to the previously defined boundary-layer height  $\delta$  reveals self-similarity in the temperature boundary layers despite large variation in Ra. The rescaled curves remain approximately self-similar for z < 0.

appears intrinsic to the MSTE, possibly minimizing diffusion as previously hypothesized. This again highlights the importance of the boundary-layer height's dependence on Ra.

The Nusselt number, which measures convective performance, is given by

$$\mathrm{Nu} = \frac{\langle \langle w'T' \rangle_x - \mathcal{P} \frac{\partial T}{\partial z} \rangle_z}{\langle -\mathcal{P} \frac{\partial \overline{T}}{\partial z} \rangle_z}.$$
(30)

There is no general consensus surrounding the scaling behavior of Nu for high-Ra systems, which are of particular importance in astrophysical and geophysical systems. In Fig. 8 we report Nu for MSTE, "steady rolls" ECS [16], and DNS [29,30]. We find that MSTE satisfies Nu ~ Ra<sup>1/3</sup>, consistent with our finding that the boundary-layer height scales like  $\delta \sim Ra^{1/3}$ . Herring was able to demonstrate this for Ra  $\leq 10^6$ . Our results confirm this trend in MSTE up to Ra =  $10^9$ . The Nusselt numbers of the ECS are somewhat lower and the DNS Nusselt numbers are yet lower still. In both cases, the Ra dependence appears slightly more shallow than for the MSTE. Reference [16] hypothesized that the Nu of all ECS which admits classical Malkus scaling must

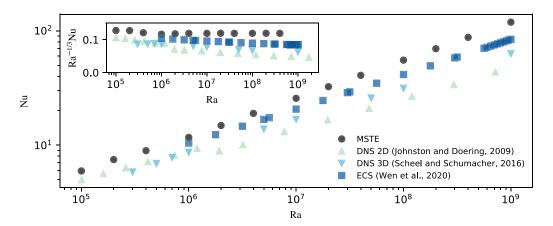


FIG. 8. Nusselt numbers are shown for MSTE, aspect-ratio-optimized "steady rolls" ECS [16], as well as statistically steady 2D and 3D DNS [29,30]. All datasets obey power-law relationships, with the MSTE and ECS scaling like Nu ~  $Ra^{1/3}$ . MSTE have greater Nu than the ECS, which in turn have greater Nu than the DNS. This can be explained by the contrasting boundary-layer geometries shown in Fig. 2.

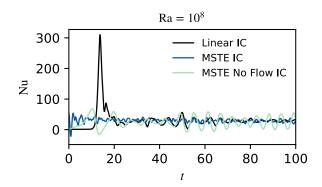


FIG. 9. Nusselt numbers of simulations performed at  $Ra = 10^8$ , initialized with the conductive equilibrium plus thermal noise (black), the MSTE (blue), and the MSTE absent initial flow (green). The MSTE simulation does not undergo a convective-transient period because the characteristic large-scale convective cell structure exists on initialization. The MSTE no-flow simulation exhibits quasiperiodic oscillations in Nu which appear to persist for long times. The oscillations are great enough in amplitude that Nu is quasiperiodically negative, indicating brief periods of average heat transfer reversal.

always exceed the Nu of turbulent convection. If we generalize this notion to include quasilinear equilibria, our findings agree; MSTE have larger Nu than two- and three-dimensional (2D, 3D) DNS. This might be due to the chaotic transitions among the unstable periodic orbits outlined by [18,19] inhibiting heat flux. We might also anticipate the existence of similar equilibria with smaller Nu, occupying complementary nodes in the Markov chain, whose behavior agrees with DNS.

#### V. SIMULATIONS WITH THERMALLY EQUILIBRATED INITIAL CONDITIONS

This investigation is partially motivated by the prospect of decreasing DNS runtimes by employing MSTE as initial conditions. One common choice of initial conditions for DNS of Eqs. (1)–(3) is

$$T(x,z)|_{t=0} = 0.5 - z + \mathcal{N}, \quad \boldsymbol{u}(x,z)|_{t=0} = \boldsymbol{0},$$
(31)

where N is low-amplitude random noise concentrated in the bulk of the domain. Here we instead initialize using the MSTE,

$$T(x,z)|_{t=0} = \overline{T}(z) + \sum_{n=1}^{N} A_n \Re[\theta_n(z)e^{ik_{x_n}x}] + \mathcal{N},$$
$$u(x,z)|_{t=0} = \sum_{n=1}^{N} A_n \Re[(U_n(z)\hat{x} + W_n(z)\hat{z})e^{ik_{x_n}x}],$$
(32)

where  $\theta_n(z)$ ,  $U_n(z)$ ,  $W_n(z)$ ;  $A_n$ ; and  $k_{x_n}$  refer to the complex eigenfunctions, amplitude, and wave number of the *n*th marginal mode, respectively. Note that although the MSTE is an equilibrium of the quasilinear equations, it is not an equilibrium of the full nonlinear equations. Accordingly, the simulation state would evolve on initialization absent a random noise term. Here we include noise as a source of asymmetries. We also perform a simulation with MSTE absent any initial velocity  $(\boldsymbol{u}(x, z))_{t=0} = \mathbf{0}$ ). This state is not in equilibrium, but we refer to it as "MSTE No Flow" for clarity.

Simulations initialized with the conductive equilibrium plus low-amplitude thermal noise have a large peak in Nu early on in their evolution (Fig. 9). This is due to a burst of turbulence which occurs when the convective motions first become nonlinear. The MSTE no-flow simulation undergoes a similar transient period, albeit less pronounced as illustrated by the smaller peak in the green

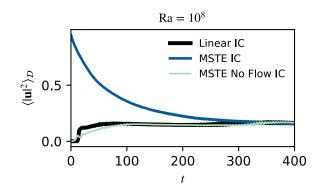


FIG. 10. Average kinetic energies are reported for the same simulations illustrated in Fig. 9 ( $Ra = 10^8$ ). The eigenfunctions belonging to MSTE have significantly more kinetic energy than the statistically steady state. Kinetic equilibrium is achieved on a long viscous timescale.

curve. A simulation initialized with the MSTE, however, does not exhibit this transient burst of turbulence, as the large-scale anatomy of convective cells exists on initialization. Simulation of this transitional period is prohibitive [31]. For high-Ra experiments, researchers often "bootstrap" data by initializing simulations with the results of similar Ra runs [29,32]. MSTE can be perceived as a set of initial conditions, designed for avoiding the simulation of transient high-Reynolds-number flows. MSTE absent velocity effectively achieve the same goal.

MSTE are laminar, lacking the small-scale structures associated with moderate- to high-Ra experiments. This is an apparent consequence of the quasilinear assumptions. If we perceive MSTE as background states, DNS suggest that plumes, vortex sheets, and other unstable turbulent features inhibit total heat transfer. This perspective agrees with conventional models of transitions to turbulent flows, such as Boussinesq's turbulent-viscosity hypothesis [33]. The emergence of small-scale velocity structures is indicative of nonlinear energy transfer to small scales where energy is lost due to viscosity. Buoyancy-driven flows are therefore impeded and the advection in the bulk of the domain decreases in magnitude [28,33]. We could also attribute the diffuse DNS temperature profile in Fig. 2 with unsteady boundary-layer penetration and mixing that MSTE do not exhibit.

We also find that the average kinetic energy of the simulation initialized with MSTE is significantly larger than those found in either of the other cases, as shown Fig. 10. This is because MSTE contain strong large-scale high-velocity flows, which decay on a long viscous timescale  $t_v$ . These powerful advective flows balance the heat flux in the bulk of the domain with the strong diffusion of thin MSTE temperature boundary layers. Fluid in the other cases is initialized at rest. Two viscous timescales can be derived for this problem: one for the boundary layer

$$t_{\nu,\delta} = \frac{\delta^2}{\mathcal{P}} = 2.86\tag{33}$$

and another for the entire domain

$$t_{\nu,L} = \frac{L_z^2}{\mathcal{P}} = 10^4.$$
(34)

Empirically, we find  $t_{\nu} \approx 200$ , suggesting the true kinetic energy decay timescale is based on a length scale  $\ell \approx 0.14$ , which is longer than the boundary-layer height  $\delta$  but shorter than the domain height  $L_z$ . Consequently, MSTE initial conditions do not reduce the simulation time required to achieve a statistically steady state—rather, they increase it considerably! This is alleviated by using

no-flow MSTE initial conditions. The MSTE temperature state is a promising candidate initial condition for high-Rayleigh-number convection simulations.

#### VI. DISCUSSION

In this paper we describe a way to study Rayleigh-Bénard convection. We compute marginally stable thermal equilibria, which are equilibria of the quasilinear equations. To compute MSTE, we construct a marginally stable mean temperature profile and evolve it according to the advective flux of its marginally stable eigenfunctions, and its own diffusion. We assume that at least some modes are always in a marginally stable configuration and all other modes are stable. The marginal stability constraint then fixes the ratio between advection and diffusion (eigenfunction amplitude  $A^2$ ). We use standard root-finding algorithms to solve for the appropriate  $A^2$  at each time step until the combination of diffusive and advective flux sum to a constant. The MSTE calculation is a one-dimensional problem, combining eigenvalue solves, and the time evolution of the one-dimensional mean temperature profile. Thus, MSTE can be calculated on a single workstation.

Our method allows several marginally stable eigenmodes to participate in the evolution of the background state simultaneously. Consequently, we are able to exceed Herring's  $Ra = 10^6$  threshold. For  $Ra > 10^6$  we did not observe any significant deviations from the trends observed in low-Ra MSTE.

MSTE contain large-scale convective cell structures and have Nu  $\sim Ra^{1/3}$ . These are similar to what has been found in experiments and direct numerical simulations. But MSTE also exhibits unexpected features: mean temperature gradient reversals/dips, high-kinetic-energy flows, and a larger Nu than other equilibrated solutions. When initializing with different mean temperature profiles, we find the same MSTE, suggesting these equilibria might be unique.

Simulations initialized with the MSTE (32) do not undergo an early convective-transient period but have faster flows when compared with DNS. From a dynamical systems perspective, unstable orbits depart from MSTE and approach the global attractor on a viscous timescale. This requires more computational effort to achieve relaxation when compared to the conventional conductive initial condition (31). Initializing with only the temperature state of the MSTE avoids an early convective transient but does not have excessive large-scale flows. These states could be excellent initial conditions for high-Rayleigh-number DNS.

Using the mean temperature in a statistically steady DNS as a background state for an eigenvalue problem yields positive eigenvalues: the system is in a perpetual state of instability. Unstable modes tend to stabilize the system rapidly, creating a negative feedback loop whose average state is linearly unstable. Future work could adjust the marginal stability criterion to allow for moderately unstable modes. Should the fast and slow timescales not be entirely separate, these modes might persist for long times. This might lead to greater agreement with DNS.

Another significant difference with DNS is the treatment of shear in the boundary layers. At sufficiently high Ra, the shear in the kinetic boundary layers could become unstable and turbulent [11]. This cannot occur in our quasilinear model because the background state has no velocity shear. One avenue for future work is to include a mean horizontal flow, which could develop boundary-layer structures. In that case we would search for states which also balance viscous and Reynolds stresses across the domain. Perturbations about this background state could include shear flow instabilities. Another approach would be to use the generalized quasilinear approximation, in which the background state includes both the mean and low-wave-number temperature and velocity profiles [20]. This would allow for linear instabilities of the shear driven by low-wave-number rolls, as we see in all MSTE. Generalized quasilinear calculations are inherently multidimensional, so they are more computationally expensive than the eigenvalue-based analysis used to find MSTE. Despite these limitations, our one-dimensional MSTE states capture many interesting features of convection.

#### ACKNOWLEDGMENTS

We would like to thank C. Doering, who greatly influenced the way many of us think about Rayleigh-Bénard convection. Some of the ideas in this work came from discussions with Charlie at Walsh Cottage during the WHOI GFD summer programs; it is difficult to imagine Walsh Cottage without Charlie's friendly and open scientific style, and enthusiasm for softball. The authors thank G. Vasil, G. Chini, K. Augustson, and E. Kaufman for their valuable feedback and suggestions. We would also like to thank C. Doering and B. Wen for the tabulated DNS and ECS data for Fig. 8. We thank the DEDALUS and EIGENTOOLS development teams. Computations were conducted with support by the NASA High End Computing (HEC) Program through the NASA Advanced Supercomputing (NAS) Division at Ames Research Center on Pleiades with allocation GIDs s2276. L. O'Connor is supported by Northwestern University's Walter P. Murphy Fellowship.

### APPENDIX A: INITIAL BUOYANCY PROFILE

We initialize the thermal-equilibration algorithm with an analytical thermal boundary-layer equation, derived by [34]:

$$\overline{\mathcal{T}}_{0}(\xi) = \frac{\sqrt{3}}{4\pi} \log \frac{(1+a\xi)^{3}}{1+(a\xi)^{3}} + \frac{3}{2\pi} \arctan\left(\frac{4\pi}{9}\xi - \frac{1}{\sqrt{3}}\right) + \frac{1}{4},$$
  
$$\xi = \frac{z+1/2}{\delta_{0}} \ge 0, \quad a = \frac{2\pi}{3\sqrt{3}},$$
 (A1)

where  $\delta_0$  is a measure of the boundary-layer height ( $\delta_0 \neq \delta$  in general). This function is meant to describe the temperature near z = -1/2, so it does not pass through the origin. An appropriate initial mean temperature profile  $\overline{T}_0$  must be odd symmetric, i.e.,  $\overline{T}_0(z) = -\overline{T}_0(-z)$ . Due to continuity, this implies  $\overline{T}_0(0) = 0$ . Accordingly, we construct  $\overline{T}_0(z)$  by translating  $\overline{T}_0(z)$  vertically to pass through the origin. We then take its odd extension and include a scaling coefficient to satisfy the boundary conditions  $\overline{T}_0(-1/2) = 1/2$  and  $\overline{T}_0(1/2) = -1/2$ . The initial mean temperature profile is therefore given by

$$\overline{T}_0(z) = \frac{1}{2} \begin{cases} 1 - \frac{\overline{T}_0\left(\frac{z+1/2}{\delta_0}\right)}{\overline{T}_0\left(\frac{1}{2\delta_0}\right)} & -1/2 \leqslant z \leqslant 0\\ -1 + \frac{\overline{T}_0\left(\frac{1/2-z}{\delta_0}\right)}{\overline{T}_0\left(\frac{1}{2\delta_0}\right)} & 0 < z \leqslant 1/2. \end{cases}$$

We expect each Ra to be associated with a unique  $\delta_0$  for which  $\overline{T}_0(z)$  is marginally stable. It should be noted that when experimenting with various initial profiles (tanh, erf) we obtain indistinguishable equilibrated states. Therefore these initial states lie in the MSTE basin of attraction with respect to the quasilinear system. This might also suggest that solutions are unique. An example of (A1) is given by the blue curve in Fig. 2.

### **APPENDIX B: TIME STEP MANAGEMENT**

To find MSTE, we advance  $\overline{T}$  by time steps of size  $\Delta t$ . For large  $\Delta t$ , we find the advective flux terms fail to provide a stabilizing influence. This is due to coupling between the eigenfunctions W(z),  $\theta(z)$  and the mean temperature profile  $\overline{T}$ . In the context of our algorithm, this effectively deletes the sought-after root of the maximum eigenvalue function  $\sigma_{\max}(A^2)$ , causing the root-finding method to fail. This is not a numerical instability, rather, it is an inherent limitation of our time stepping algorithm. To curtail this, we halt the root-finding algorithms after 20 successive approximations and reduce the time step by a factor of 1.1, and try again.

TABLE I. Control parameters and results are given for the MSTE time stepping algorithm. $N_z$ denotes	5
the number of Chebyshev basis functions employed. This, along with Ra, are specified on initialization. The	3
remaining quantities are computed directly from the MSTE. The low $Ra = 10^5$ case requires ~12 h to compute	,
while the high $Ra = 10^9$ case requires $\sim 72$ h. Eigenvalue solves are performed for various $k_x$ simultaneously	ł
using 28 cores.	

Ra	$N_z$	Nu	δ	Marginal $k_x$
10 <sup>5</sup>	256	5.9343	0.15746	$1\pi, 1.5\pi$
$2 \times 10^{5}$	256	7.45986	0.12341	$1.5\pi$
$4 \times 10^{5}$	256	8.92597	0.10395	$1.5\pi$
10 <sup>6</sup>	256	11.6689	0.07922	$1.5\pi, 2.5\pi, 3\pi$
$2 \times 10^{6}$	256	14.8463	0.06345	$1.5\pi, 3.5\pi$
$4 \times 10^{6}$	256	18.9433	0.04933	$1.5\pi, 4.5\pi$
107	256	25.6821	0.03632	$1.5\pi, 5.5\pi$
$2 \times 10^{7}$	256	32.4531	0.02820	$1.5\pi, 6.5\pi, 7\pi$
$4 \times 10^{7}$	512	40.7925	0.02289	$1.5\pi, 8\pi, 8.5\pi$
10 <sup>8</sup>	512	55.4383	0.01690	$1.5\pi, 4.5\pi, 10.5\pi, 11\pi$
$2 \times 10^{8}$	512	69.8349	0.01318	$1.5\pi, 5\pi, 13.5\pi, 14\pi$
$4 \times 10^{8}$	512	87.8525	0.01053	$1.5\pi, 5.5\pi, 17.5\pi$
10 <sup>9</sup>	768	119.318	0.00817	$1.5\pi, 6.0\pi, 6.5\pi, 23.5\pi, 24\pi$

The time step must be also reduced to avoid a numerical instability. We find that for large  $\Delta t$ , after several hundred iterations, highly concave features develop in the advective flux term  $\langle w'T' \rangle_x$  near z = 0. Such features are undesired, as they are uncommon in similar calculations [5] and we do not believe they accurately represent a physical process. If ignored, the concave features grow in magnitude until they affect  $\overline{T}$  on a readily apparent scale. Eventually  $\overline{T}$  develops oscillations near z = 0 and the time step must be reduced. Once these oscillations reach some amplitude, they cannot be eliminated via time step reduction and the roots of  $\sigma_{\max}(A^2)$  vanish. To avoid this, we measure the curvature of the advective flux  $|\frac{\partial^2}{\partial z^2} \langle w'T' \rangle_x|_{z=0}|$  of the dominant  $k_x = 1.5\pi$  mode. We find that reducing the time step  $\Delta t$  by the same factor of 1.1 whenever this curvature measure exceeds  $10^{-6}$  curtails the problem. Both of these issues appear to become more prominent as the boundary layers diffuse over the course of the algorithm's execution (see Fig. 2). Thus there is never a practical opportunity to increase the time step.

## APPENDIX C: MSTE PARAMETERS AND RESULTS

Table I provides control parameters and dependent MSTE properties. High-Ra cases require increased resolutions and run times due to their decreased boundary layer thicknesses and the appearance high- $k_x$  marginal modes.

# APPENDIX D: MSTE EIGENFUNCTIONS

In Fig. 11 we plot the velocity and temperature perturbation eigenfunctions for the marginally stable modes in the Ra = 10<sup>9</sup> MSTE. Though the eigenfunctions are in general complex, the linear system (12)–(14) obeys phase-shift symmetry. Any set of solutions can be phase-shifted by multiplying the perturbations by a complex quantity of unit modulus  $e^{i\phi}$ . In this particular case, we can eliminate the perturbations' imaginary components by selecting the proper  $\phi$ . This is due to the apparent exchange of stabilities observed previously:  $\omega = 0$  at marginal stability implies that the system admits a set of real solutions. Adjacent modes, whose wave numbers only differ by  $0.5\pi$ , are superimposed to illustrate their similarity. For the large-scale  $k_x = 1.5\pi$  mode, we find the vertical velocity eigenfunction W is maximized near the center of the domain. As  $k_x$  increases, we observe two vertical velocity maxima, each tending towards their respective boundary. However, in all cases,

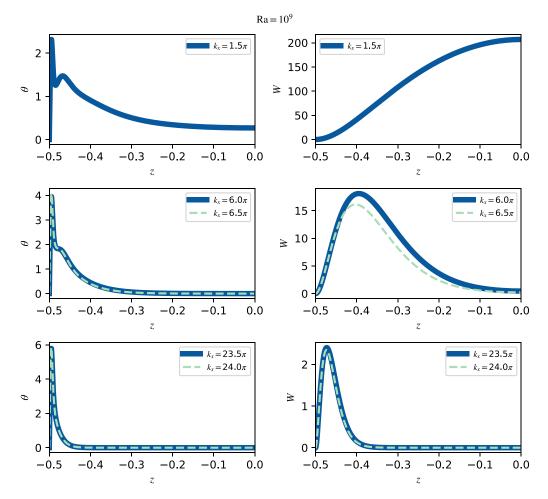


FIG. 11. The temperature and pressure MSTE eigenfunctions are shown in separate plots for various marginally stable modes. The eigenfunctions are normalized such that  $\langle |\theta|^2 \rangle_D = 1$ . We select a phase such that the eigenfunctions are real. In this case the eigenfunctions are even, which we exploit by plotting over half the domain.

the temperature perturbations are more concentrated at the boundaries than the vertical velocity. This trend is also apparent in the two pairs of adjacent modes. In the temperature eigenfunctions  $\theta$ , small-scale zigzags appear near the boundaries at  $k_x = 1.5\pi$ , subsiding as  $k_x$  increases. The leftmost peaks of these temperature perturbation profiles approximately coincide with the previously defined boundary-layer height  $\delta$ .

[3] M. Ossendrijver, The solar dynamo, Astron. Astrophys. Rev. 11, 287 (2003).

L.-A. Couston, D. Lecoanet, B. Favier, and M. Le Bars, Shape and size of large-scale vortices: A generic fluid pattern in geophysical fluid dynamics, Phys. Rev. Research 2, 023143 (2020).

<sup>[2]</sup> X. Zhu, V. Mathai, R. J. A. M. Stevens, R. Verzicco, and D. Lohse, Transition to the Ultimate Regime in Two-Dimensional Rayleigh-Bénard Convection, Phys. Rev. Lett. 120, 144502 (2018).

- [4] D. Gubbins, The Rayleigh number for convection in the earth's core, Phys. Earth Planet. Inter. **128**, 3 (2001).
- [5] W. V. R. Malkus, The heat transport and spectrum of thermal turbulence, Proc. R. Soc. London, Ser. A, 225, 196 (1954).
- [6] L. N. Howard, Convection at high Rayleigh number, in *Applied Mechanics*, edited by H. Görtler (Springer Berlin Heidelberg, Berlin, 1966), pp. 1109–1115.
- [7] R. H. Kraichnan, Turbulent thermal convection at arbitrary Prandtl number, Phys. Fluids 5, 1374 (1962).
- [8] E. A. Spiegel, Thermal turbulence at very small Prandtl number, J. Geophys. Res. 67, 3063 (1962).
- [9] B. Castaing, G. Gunaratne, L. Kadanoff, A. Libchaber, and F. Heslot, Scaling of hard thermal turbulence in Rayleigh-Benard convection, J. Fluid Mech. 204, 1 (1989).
- [10] S. Grossmann and D. Lohse, Scaling in thermal convection: A unifying theory, J. Fluid Mech. 407, 27 (2000).
- [11] G. Ahlers, S. Grossmann, and D. Lohse, Heat transfer and large scale dynamics in turbulent Rayleigh-Bénard convection, Rev. Mod. Phys. 81, 503 (2009).
- [12] K. Julien and E. Knobloch, Reduced models for fluid flows with strong constraints, J. Math. Phys. 48, 065405 (2007).
- [13] K. Julien, E. Knobloch, A. M. Rubio, and G. M. Vasil, Heat Transport In Low-Rossby-Number Rayleigh-Bénard Convection, Phys. Rev. Lett. 109, 254503 (2012).
- [14] F. Waleffe, A. Boonkasame, and L. Smith, Heat transport by coherent Rayleigh-Bénard convection, Phys. Fluids 27, 051702 (2015).
- [15] D. Sondak, L. M. Smith, and F. Waleffe, Optimal heat transport solutions for Rayleigh-Bénard convection, J. Fluid Mech. 784, 565 (2015).
- [16] B. Wen, D. Goluskin, M. LeDuc, G. P. Chini, and C. R. Doering, Steady Rayleigh-Bénard convection between stress-free boundaries, J. Fluid Mech. 905, (2020).
- [17] G. P. Chini and S. Cox, Large Rayleigh number thermal convection: Heat flux predictions and strongly nonlinear solutions, Phys. Fluids 21, 083603 (2009).
- [18] G. Yalnız, B. Hof, and N. B. Budanur, Coarse Graining the State Space of a Turbulent Flow Using Periodic Orbits, Phys. Rev. Lett. 126, 244502 (2021).
- [19] P. Cvitanović and J. Gibson, Geometry of the turbulence in wall-bounded shear flows: Periodic orbits, Phys. Scr. 2010, 014007 (2010).
- [20] J. B. Marston, G. P. Chini, and S. M. Tobias, Generalized Quasilinear Approximation: Application To Zonal Jets, Phys. Rev. Lett. 116, 214501 (2016).
- [21] J. R. Herring, Investigation of problems in thermal convection, J. Atmos. Sci. 20, 325 (1963).
- [22] C. Beaume, G. P. Chini, K. Julien, and E. Knobloch, Reduced description of exact coherent states in parallel shear flows, Phys. Rev. E 91, 043010 (2015).
- [23] G. Michel and G. P. Chini, Multiple scales analysis of slow–fast quasi-linear systems, Proc. R. Soc., Series A 475, 20180630 (2019).
- [24] L. R. O. F.R.S., LIX. On convection currents in a horizontal layer of fluid, when the higher temperature is on the under side, The London, Edinburgh, and Dublin Philosophical Magazine and Journal of Science 32, 529 (1916).
- [25] G. Michel and G. P. Chini, Strong wave-mean-flow coupling in baroclinic acoustic streaming, J. Fluid Mech. 858, 536 (2019).
- [26] K. J. Burns, G. M. Vasil, J. S. Oishi, D. Lecoanet, and B. P. Brown, Dedalus: A flexible framework for numerical simulations with spectral methods, Phys. Rev. Research 2, 023068 (2020); DEDALUS version v2.2006, https://dedalus-project.org/, https://github.com/DedalusProject/dedalus/releases.
- [27] J. Oishi, K. Burns, S. Clark, E. Anders, B. Brown, G. Vasil, and D. Lecoanet, Eigentools: Tools for studying linear eigenvalue problems, EIGENTOOLS, https://github.com/jsoishi/eigentools.
- [28] P. G. Drazin and W. H. Reid, *Hydrodynamic Stability*, 2nd ed., Cambridge Mathematical Library (Cambridge University Press, Cambridge, England, 2004).
- [29] H. Johnston and C. R. Doering, Comparison of Turbulent Thermal Convection Between Conditions of Constant Temperature and Constant Flux, Phys. Rev. Lett. **102**, 064501 (2009).

- [30] J. D. Scheel and J. Schumacher, Global and local statistics in turbulent convection at low Prandtl numbers, J. Fluid Mech. 802, 147 (2016).
- [31] E. H. Anders, B. P. Brown, and J. S. Oishi, Accelerated evolution of convective simulations, Phys. Rev. Fluids **3**, 083502 (2018).
- [32] R. Verzicco and R. Camussi, Transitional regimes of low-Prandtl thermal convection in a cylindrical cell, Phys. Fluids 9, 1287 (1997).
- [33] S. B. Pope, *Turbulent Flows* (Cambridge University Press, Cambridge, England, 2000).
- [34] O. Shishkina, S. Horn, S. Wagner, and E. S. C. Ching, Thermal Boundary Layer Equation For Turbulent Rayleigh-Bénard Convection, Phys. Rev. Lett. **114**, 114302 (2015).