Nonlinear elasticity of incompatible surface growth

Lev Truskinovsky^{1,*} and Giuseppe Zurlo^{2,†}

¹PMMH, Centre National de la Recherche Scientifique, UMR 7636, PSL, ESPCI, 10 rue de Vauquelin, 75231 Paris, France ²School of Mathematics, Statistics and Applied Mathematics, NUI Galway, University Road, Galway, Ireland

(Received 18 January 2019; published 3 May 2019)

Surface growth is a crucial component of many natural and artificial processes, from cell proliferation to additive manufacturing. In elastic systems surface growth is usually accompanied by the development of geometrical incompatibility, leading to residual stresses and triggering various instabilities. In a recent paper [G. Zurlo and L. Truskinovsky, Phys. Rev. Lett. **119**, 048001 (2017)] we presented a linearized elasticity theory of incompatible surface growth, which provides a quantitative link between deposition protocols and postgrowth states of stress. Here we extend this analysis to account for both physical and geometrical nonlinearities of an elastic solid. This development reveals the shortcomings of the linearized theory, in particular its inability to describe kinematically confined surface growth and to account for growth-induced elastic instabilities.

DOI: 10.1103/PhysRevE.99.053001

I. INTRODUCTION

A variety of natural and artificial processes rely on active mass deposition on the surface of a solid body. This class of phenomena is quite broad, including such diverse processes as growth of plants [1,2], cell motility [3,4], construction of retaining walls [5,6], formation of planets [7], crystallization from solution [8–10], and three-dimensional (3D) printing [11,12]. Surface growth is understood in this context as a continuous addition of new layers of mass on the external boundary of a solid. From the perspective of elasticity theory, the fundamental interest here is in the fact that the accreted mass points arrive without a prescribed reference state, which must emerge as an outcome of the manufacturing protocol.

Despite considerable recent interest in the mechanics of surface growth [13–21], the associated residual stresses have not been systematically studied. In other words, the main focus was on the Euclidean (compatible) growth. To complement these studies, here we focus on the case when the growth induced reference state is non-Euclidean, in the sense that it cannot be realized in three dimensions without generating residual stresses. The underlying "geometric frustration" [22–25], which is ultimately *shaped* by the deposition process, may be beneficial (as in growing plants [26]) or detrimental (as in civil engineering structures [27]). These general ideas were implied in the early attempts to explain the buildup of "growth stresses" in the surface accretion of trees [28], to optimize concrete pouring protocols [29], and to improve the quality of industrial winding [30].

The first systematic theoretical study of the effects of incompatibility in surface growth was conducted by the Russian school [31-36], with a largely parallel development and subsequent extension of the theory in the West [37-46]. These studies raised the awareness of the presence of a "historical

element" in problems of incompatible surface growth by showing that accumulated inelastic strains keep a detailed *memory* of the deposition process. In defiance of these efforts, however, the relation between the accretion protocol and the ensuing state of geometric frustration remains poorly understood. The main difficulty is that this relation is inherently *nonlocal* in both space and time, due to the long-range character of elastic interactions, and the unavoidable coupling between incremental adjustments of the elastic configuration.

This problem was addressed in two recent papers [47,48], where we have developed a linearized theory of incompatible surface growth focused on the deposition-protocol dependence of the residual stress. The analysis in the linear case turned out to be relatively simple, primarily because the geometry could be decoupled from elasticity. In the present paper we generalize this theory by taking into account both geometrical (e.g., finite rotations) and physical (e.g., finite stretches) nonlinearities of an elastic solid.

Geometric nonlinearities are particularly relevant when the kinematics of the growth process cannot be linearized as, for instance, in the case of actin polymerization against a solid wall, where the identification of the reference and the actual states is incompatible with the very presence of the incoming mass flux [4,49]. Physical nonlinearities are crucial, for instance, when, due to extreme dependence of the elastic moduli on prestress, growth induced inhomogeneity can lead to dramatic spatial heterogeneity of the elastic response [50]. The use of a nonlinear theory becomes, of course, imperative when one deals with soft solids like biological tissues or synthetic gels [20,51].

In this paper we formulate a general theory of large-strain continuous surface growth. To illustrate the specific effects of nonlinearity we present a systematic analysis of the cases of polar and spherical symmetries, where partial differential equations reduce to ordinary differential equations and at least some of the computations can be performed analytically. Several case studies were chosen to show the details of the implementation of the general approach.

^{*}trusk@lms.polytechnique.fr

[†]giuseppe.zurlo@nuigalway.ie

Our first example deals with winding protocols producing a disclination-type incompatibility; we then show how such singular incompatibility reveals itself when a two-dimensional (2D) body grown by this method is allowed to relax into the 3D space. Our second example illustrates mass accretion under prescribed external pressure, emphasizing extreme sensitivity of the embedded incompatibility to small changes in the deposition protocol. In the last two examples we consider outward and inward surface growth against rigid constraints. Such problems are out of reach for geometrically linearized theory and we use these examples to show that the account of physical nonlinearities allows one to predict the emergence of growth induced material instabilities.

The paper is organized as follows. In Sec. II we develop the concept of inelastic surface growth and we discuss the geometrical meaning of incompatibility. In Sec. III we compare various deposition protocols and we formulate the corresponding conditions on the growth surface. In Sec. IV we present the incremental formulation of the accretion problem in the general nonlinear setting. In Sec. V we use the nonlinear theory to obtain its linearized version developed in [47,48]. The specialization of the general theory for the case of spherical symmetry is discussed in Sec. VI. The case studies, illustrating various effects of physical and geometrical nonlinearity, are presented in Sec. VII. Finally, Sec. VIII contains our conclusions.

II. PRELIMINARIES

Consider a 3D body \mathring{B} equipped with an arbitrary set of (Lagrangian) coordinates x and with a metric tensor G(x) allowing one to measure distances in \mathring{B} . Suppose that G is compatible, in the sense that there exists a deformation (embedding) of \mathring{B} in the Euclidian space $\mathscr{B} = y(\mathring{B})$ such that $G = \nabla y^T \nabla y$, where y = y(x). Suppose also that \mathring{B} is equipped with a reference metric $\mathring{G}(x)$ which does not have to be compatible and may carry information about the local configuration of defects.

The elastic response is calibrated by the distance between **G** and $\mathring{\mathbf{G}}$, so we can introduce an elastic energy density $e(\mathbf{G}, \mathring{\mathbf{G}}) \ge 0$, such that $e(\mathring{\mathbf{G}}, \mathring{\mathbf{G}}) = 0$. In equilibrium the (Piola-Kirchhoff) stress tensor $\mathbf{S} = \partial e / \partial \nabla y$ must satisfy the conditions

$$DivS(x) + f(x) = 0 \quad \mathring{B}$$

$$S(x)\mathring{n}(x) = s(x) \qquad \partial \mathring{B}$$
(1)

where \mathring{n} is the normal to $\partial \mathring{B}$. Here we have assumed that the body \mathring{B} is loaded by surface tractions s(x) and by body forces f(x).

Suppose now that the body $\mathring{\mathcal{B}}_t$ is growing due to addition of points on the evolving boundary $\partial \mathring{\mathcal{B}}_t$ (see Fig. 1). This process can be described by prescribing a function $\mathring{\vartheta}(\mathbf{x})$ the level set $\mathring{\vartheta}(\mathbf{x}) = t$ of which defines the configuration of the referential surface at time *t*. The normal to this boundary is $\mathring{\mathbf{n}} = ||\nabla \mathring{\vartheta}||^{-1} \nabla \mathring{\vartheta}$ and its normal velocity is $\mathring{D} = ||\nabla \mathring{\vartheta}||^{-1}$. The fact that the function $\mathring{\vartheta}(\mathbf{x})$ is prescribed lays aside the possibility that there is a feedback between the actual configuration of the growing body and the evolution of the boundary



FIG. 1. A schematic representation of two successive reference configurations for the growing body with $t_1 < t_2$. The configuration corresponding to $t = t_1$ is shown by a dashed line in the snapshot corresponding to $t = t_2$.

 $\partial \tilde{B}_t$, as is the case, for instance, during solidification from a fluid state. Such feedback deserves a separate study while here we focus exclusively on the case of *externally driven* growth surfaces.

Given that inertial terms can be neglected, the deformation of the growing body y(x, t) must satisfy a one-parametric family of equilibrium equations

$$DivS(\mathbf{x}, t) + f(\mathbf{x}, t) = \mathbf{0} \quad \mathring{\mathcal{B}}_{t}$$

$$S(\mathbf{x}, t)\mathring{\mathbf{n}}(\mathbf{x}, t) = s(\mathbf{x}, t) \quad \partial \mathring{\mathcal{B}}_{t}$$
(2)

where s(x, t) and f(x, t) can be now time dependent. If the reference metric $\mathring{G}(x, t)$ is known and if the energy density *e* satisfies suitable conditions [52], the system (2) can be solved at each instant.

To simplify the problem we can assume that the reference metric $\mathbf{\mathring{G}}(\mathbf{x})$ is time independent, which means that it is fixed for each material element at the stage of deposition and is not evolving afterwards. The challenge is to link physically realizable "controls" on the evolving surface with particular distributions of $\mathbf{\mathring{G}}(\mathbf{x})$ in the grown body [53].

The reference metric \mathbf{G} carries information about *how* the body is assembled, which is contained in the Ricci tensor $\mathbf{R}(x, y) = \sum_i \langle \mathcal{R}(x, e_i)y, e_i \rangle$, a contraction of the Riemann-Christoffel tensor $\mathcal{R}(x, y)z = \nabla_x \nabla_y z - \nabla_y \nabla_x z - \nabla_{[x,y]}z$, where x, y, and z are arbitrary vectors, $\{e_i\}$ is an orthonormal basis in \mathbb{R}^3 , and ∇ is the Levi-Civita connection induced by \mathbf{G} (see [54] for details).

If $\mathbf{R}(\mathbf{\mathring{G}}) \equiv 0$ there exists a map $\mathbf{\mathring{g}}$ such that $\mathbf{\mathring{G}} = \nabla \mathbf{\mathring{g}}^{\mathsf{T}} \nabla \mathbf{\mathring{g}}$ [55] and the body is unstressed in the absence of loading (s = 0, f = 0). Indeed, the equilibrium equations in this case,

$$Div \mathbf{S}(\mathbf{x}, t) = 0 \qquad \mathring{\mathcal{B}}_{t}$$

$$\mathbf{S}(\mathbf{x}, t) \mathring{\boldsymbol{n}}(\mathbf{x}, t) = 0 \quad \partial \mathring{\mathcal{B}}_{t},$$
(3)

have a homogeneous solution $\mathbf{S}(\nabla y, \nabla \hat{g}^T \nabla \hat{g}) = \mathbf{0}$ with $y \equiv \hat{g}$. Such growth is compatible and the map \hat{g} only affects the stress-free shape of the body $\hat{g}(\hat{\mathcal{B}}_t)$ (see, for instance, [20]).

If instead $\mathbf{R}(\mathbf{\check{G}}) \neq 0$, then it is not possible to find a smooth deformation \mathbf{y} such that $\mathbf{S}(\nabla \mathbf{y}, \mathbf{\check{G}}) = \mathbf{0}$ and the unloaded body is prestressed. Since the tensor $\mathbf{R}(\mathbf{\check{G}})$ identically satisfies a

set of three scalar differential constraints (Bianchi identities), Div($\mathbf{R} - S \mathbf{G}/2$) = 0, where $S = \sum_{i,j} \langle \mathcal{R}(\mathbf{e}_i, \mathbf{e}_j) \mathbf{e}_j, \mathbf{e}_i \rangle$, only three independent components of $\mathbf{R}(\mathbf{G})$ characterize the distribution of growth related defects [24,51,56,57]. The presence of such defects is a sign of geometric frustration, which can be viewed as an embedded "information," revealed through residual stresses. When $\mathbf{R}(\mathbf{G})$ is known, the reference metric \mathbf{G} can be reconstructed from three additional conditions that define its compatible part, which is responsible for the final shape of the body and is relevant in many biological problems [20] and in engineering applications related, for instance, to residual actuation [58].

III. DEPOSITION PROTOCOLS

The process of "manufacturing" of the reference state on the growth surface can be modeled by *nonstandard* boundary conditions defining the "growth protocol." A direct prescription of the functions $\mathbf{\mathring{G}}(\mathbf{x})$ on the growth surface would imply that the arriving mass is endowed with its own reference state prior to deposition. A more realistic assumption, however, is that the reference state emerges as a result of the physical actions that one can control through the deposition machinery. Typical examples of natural processes where $\mathbf{\mathring{G}}(\mathbf{x})$ is not assigned *a priori* include brick layering [40], 3D printing [11], and, in some cases, also biological accretion [13,59]. The prescription of the tangential components of $\mathbf{\mathring{G}}(\mathbf{x})$ can be interpreted as a *strain control* growth [60], however this special case will not be specifically addressed in this paper.

A. Stress control

In view of the mechanical nature of the "active agent" involved in the execution of the deposition protocol, it is natural to try to formulate the corresponding boundary conditions in terms of the deposition stress $\overline{\mathbf{S}}(\mathbf{x}) = \mathbf{S}(\mathbf{x}, \hat{\vartheta}(\mathbf{x}))$ [61].

The tensor function $\overline{\mathbf{S}}(\mathbf{x})$ is *a priori* partially constrained by the applied tractions $\overline{\mathbf{S}}\mathbf{\mathring{n}} = s$ and by the fact that the angular momentum is balanced, $\overline{\mathbf{S}}(\overline{\nabla y})^{\mathsf{T}} = (\overline{\nabla y})\overline{\mathbf{S}}^{\mathsf{T}}$. This implies that, out of nine scalar components of $\overline{\mathbf{S}}$, six are essentially known. The remaining three can be still used to at least partially constrain the distribution of embedded inhomogeneity, and will constitute our first set of *active controls*.

To be more specific, consider the decomposition of the deposition stress

$$\overline{\mathbf{S}}(\mathbf{x}) = \mathbf{S}_a(\mathbf{x}) + \mathbf{S}_p(\mathbf{x}), \tag{4}$$

where the "passive" contribution (fully defined by normal tractions) is $\mathbf{S}_p = \mathbf{s} \otimes \mathbf{n} + \mathbf{n} \otimes \mathbf{s} - (\mathbf{s} \cdot \mathbf{n})\mathbf{n} \otimes \mathbf{n}$ and where the "active" component (representing tangential projection of the stress tensor) must satisfy $\mathbf{S}_a\mathbf{n} = 0$ (see Fig. 2). Fixing the three independent components of $\mathbf{S}_a(\mathbf{x})$ can be then considered as a stress-control part of the deposition protocol.

As we here show in our examples, the stress control can be performed not only through the Piola stress S(x) but also through the Cauchy stress $\sigma(y)$. The two are related through $S = \sigma \operatorname{cof}(\nabla y)$, where $[\operatorname{cof}(A)]^T = A^{-1} \det A$, and the difference between them is an effect of geometrical nonlinearity.



FIG. 2. Schematic representation of the deposition protocol for an arriving unloaded "brick" which is placed on the growth surface after being subjected to "passive" tractions s = Sn and "active" surface stresses S_a .

B. Kinematic control

The other three controls can be, for instance, of kinematic origin and involve constraints on the current position of the growing surface, which amounts to prescribing the functions $\bar{y}(x) = y(x, \hat{\vartheta}(x))$. Such constraints can be imposed passively, as in the case of growth against a fixed wall, or actively, as in the case of growth under an oscillating piston.

Another important case when the controls may involve the field $\bar{\mathbf{y}}(\mathbf{x})$ is that of solidification, where the buildup of pressure at the growth interface depends on the current position of the solidification front [38]. In those cases one can use the fact that the map $\bar{\mathbf{y}}$ completely characterizes the areal stretch $\alpha = ||\operatorname{cof}(\nabla \bar{\mathbf{y}})\hat{n}||$ and the normal $\mathbf{n} = \alpha^{-1}\operatorname{cof}(\nabla \bar{\mathbf{y}})\hat{n}$ of the current surface $\partial \mathcal{B}_t$.

Note that the control of the actual position of the growth surface $y(x, \dot{\vartheta}(x))$ implies the knowledge of the reference position of this surface, which is defined by the function $\dot{\vartheta}(x)$. Knowledge of the latter is equivalent to prescribing the rate of mass delivery at the referential growth surface $\dot{m} = \dot{\varrho}\dot{D}$, where $\dot{\varrho}$ is the referential density.

We can also express the arriving mass flux in terms of the actual parameters as $\dot{m} = \bar{\varrho}\alpha(D - \bar{y} \cdot n)$, where $\bar{\varrho} = \dot{\varrho}(\det \overline{\nabla y})^{-1}$ is the actual density and $D = \mathring{D}(\nabla \bar{y})\mathring{n} \cdot n$ is the Eulerian velocity of the growing surface. Using the (commutation) relation [62]

$$\nabla \bar{\mathbf{y}} - \overline{\nabla \mathbf{y}} = ||\nabla \mathring{\vartheta}|| \overline{\dot{\mathbf{y}}} \otimes \mathring{\mathbf{n}}$$
(5)

we may rewrite the expression for *D* in the form $J\bar{\alpha}^{-1}D$ + $\bar{y} \cdot \hat{n}$ where $\bar{J} = \det \nabla y$. In the special case when the position of the growing surface is fixed in the actual configuration (D = 0), the Eulerian growth rate takes a simpler form $\dot{m}/\alpha = -\bar{\varrho}(\bar{y} \cdot \hat{n})$.

Finally we remark that if the functions $\bar{y}(x)$ are not constrained directly on the growth surface we can always use the freedom of choosing the Lagrangian coordinates of the arriving material particles to set $\bar{y}(x) = x$. This will correspond to the choice of the *reference* configuration coinciding at the moment of deposition with the instantaneous *actual* configuration, and will partially specify the reference metric. Such "pseudo-linearization" of the deformation geometry would be of course impossible in many realistic cases, for instance, in problems involving growth against rigid obstacles.

IV. INCREMENTAL PROBLEM

We now show that if the function $\overset{\circ}{\vartheta}(x)$ is given the six controls $(\bar{\mathbf{y}}(x), \mathbf{S}_a(x))$, combined with the classical mechanical conditions on the growth surface, are sufficient to ensure the attainment of a particular reference metric distribution $\overset{\circ}{\mathbf{G}}(x)$ in the grown body.

Suppose, for simplicity, that the constitutive relation $\mathbf{S} = \mathbf{S}(\nabla \mathbf{y}, \mathbf{G})$ can be inverted, allowing one to express functionally the (time-independent) reference metric in terms of the (time-dependent) current values of stress and strain, to obtain $\mathbf{G} = \mathbf{G}(\nabla \mathbf{y}, \mathbf{S})$. Such inversion, however, does not solve our problem directly, because the projection of such relation on the growth surface involves $\nabla \mathbf{y}$ rather than $\nabla \mathbf{y}$. Indeed, the (commutation) relation (5) indicates an essential coupling of the equilibrium problems (2) at different time instants. The functions $\mathbf{y}(\mathbf{x})$ will then depend on the whole deposition protocol, making the relation between $\mathbf{G}(\mathbf{x})$ and the controls $(\mathbf{y}(\mathbf{x}), \mathbf{S}_a(\mathbf{x}))$ fundamentally *nonlocal*. The simplest way to deal with such path dependence is to consider an *incremental* reformulation of the problem.

We start with the straightforward representations

$$\nabla \mathbf{y}(\mathbf{x},t) = \overline{\nabla \mathbf{y}}(\mathbf{x}) + \int_{\hat{\vartheta}(\mathbf{x})}^{t} \nabla \dot{\mathbf{y}}(\mathbf{x},s) \, ds,$$

$$\mathbf{S}(\mathbf{x},t) = \overline{\mathbf{S}}(\mathbf{x}) + \int_{\hat{\vartheta}(\mathbf{x})}^{t} \dot{\mathbf{S}}(\mathbf{x},s) \, ds.$$
(6)

In (6) we can use the relation $\dot{\mathbf{S}} = \mathcal{A}(\nabla \mathbf{y}, \mathbf{\mathring{G}}) \nabla \dot{\mathbf{y}}$ where $\mathcal{A} = \partial_{\nabla \mathbf{y}}^2 e(\mathbf{G}, \mathbf{\mathring{G}})$ is the tangential elasticity tensor, which depends on the reference metric. We can also write $\text{Div}\mathbf{S} = \text{Div}\mathbf{\overline{S}} + \int_{\hat{\sigma}(\mathbf{x})}^{\hat{\sigma}} \text{Div}\mathbf{S} \, ds - \mathbf{S}\nabla \hat{\vartheta}$, and since body forces can be written as

$$\boldsymbol{f}(\boldsymbol{x},t) = \overline{\boldsymbol{f}}(\boldsymbol{x}) + \int_{\hat{\vartheta}(\boldsymbol{x})}^{t} \dot{\boldsymbol{f}}(\boldsymbol{x},s) \, ds \tag{7}$$

the equilibrium condition $\text{Div}\mathbf{S} + f = \mathbf{0}$ transforms into the incremental field equation for the stress increment, together with a boundary condition on incremental tractions [32,47]:

The boundary condition $(8)_2$ shows that if the new mass points are deposited on $\partial \hat{\mathcal{B}}_t$ in a state of mechanical unbalance $(\text{Div}\overline{\mathbf{S}} + \overline{f} \neq \mathbf{0})$ they are instantly reequilibrated by activating the incremental elastic displacements $\dot{\mathbf{y}}(\mathbf{x}, t)$.

The knowledge of the functions $\nabla y(\mathbf{x}, t)$ and $\mathbf{S}(\mathbf{x}, t)$ at each time step allows one to use the relation $\mathbf{\mathring{G}} = \mathbf{\mathring{G}}(\nabla \mathbf{\overline{y}}, \mathbf{\overline{S}})$ to compute the reference metric of the newly adhered layers. This information is needed to update the tangential elasticity tensor \mathcal{A} , which can be then used to solve the next incremental equilibrium problem.

V. LINEARIZATION

It is instructive to compare the nonlinear theory presented above with its linear counterpart [47,48]. Introduce the displacement field u(x, t) = y(x, t) - x and assume that both the displacements and the displacement gradients are small [63]. Then the analysis of the current metric $\mathbf{G}(\mathbf{x}, t)$ can be replaced by the study of the linearized strain $\boldsymbol{\epsilon}(\mathbf{x}, t) = \operatorname{sym} \nabla \boldsymbol{u}(\mathbf{x}, t)$, and instead of the reference metric $\mathring{\mathbf{G}}(\mathbf{x})$ one can consider the linear reference strain $\mathring{\boldsymbol{\epsilon}}(\mathbf{x})$. In this approximation, the elastic constitutive relation takes the simple form $\mathbf{S} = \mathbb{C}\boldsymbol{\epsilon}_e$, where $\boldsymbol{\epsilon}_e = \boldsymbol{\epsilon} - \mathring{\boldsymbol{\epsilon}}$ is the elastic strain. The Hookean elasticity tensor \mathbb{C} will be taken as positive definite and space-time independent.

While in the nonlinear theory the function $\bar{y}(x)$ can be appreciably different from x, in the linear setting we must have $\bar{y}(x) \simeq x$. This implies that out of our six controls three are automatically fixed and we have only the surface stress $S_a(x)$ to work with. This is, of course, consistent with the fact that in the linear theory only the three independent components of the incompatibility of the reference strain $\mathring{\eta} = \text{CurlCurl}\mathring{\epsilon}$ affect the solution of the elasticity problem [64]. A fundamental advantage of the linear formulation is that the relation between the incompatibility in the newly accreted points and the solution of the incremental problem can be made explicit [47]:

$$\mathring{\eta} = \overline{\eta} - \text{CurlCurl}\left[\text{sym}(\overline{\dot{u}} \otimes \nabla \mathring{\vartheta})\right], \tag{9}$$

where the tensor $\overline{\eta} = -\text{CurlCurl}(\mathbb{C}^{-1}\overline{\mathbf{S}})$ can be viewed as a measure of the incompatibility in the arriving material. If instead the reference incompatibility $\mathring{\eta}$ is known, the stress distribution at each moment of time *t* can be found directly by solving the boundary-value problem

Div**S** +
$$f = 0$$
 \mathring{B}_t
CurlCurl(\mathbb{C}^{-1} **S**) + $\mathring{\eta} = 0$ \mathring{B}_t (10)
S $n = s$ $\partial \mathring{B}_t$.

Such a formulation is, of course, not possible in the nonlinear setting, where the knowledge of the full tensor $\mathring{G}(x)$ is required to find the stress distribution S(x, t) at each stage of mass accretion.

In the incremental problem the equilibrium equations (8) remain the same with $\dot{\mathbf{S}}(\mathbf{x}, t) = \mathbb{C}\nabla \dot{\boldsymbol{u}}(\mathbf{x}, t)$. An important difference, though, is that the incremental displacement field is defined on a fixed configuration of the body, which is controlled at each moment of time by the function $\dot{\vartheta}(\mathbf{x})$. Otherwise, the procedure of solving a one-parametric family of incremental problems remains the same as in the nonlinear case, with the prescription of the tensor $\overline{\mathbf{S}}_p(\mathbf{x})$, defined by the tractions $\mathbf{s}(\mathbf{x})$, and by fixing the three extra components of the surface stress $\overline{\mathbf{S}}_a(\mathbf{x})$, which control the incompatibility $\mathring{\boldsymbol{\eta}}(\mathbf{x})$.

While the linearized theory preserves some of the complexity of the full nonlinear formulation, it underrepresents several important effects. For instance, in the linear theory the reference and actual configurations are identified, which makes it impossible to deal with problems involving confined growth in fixed domains. Another problem is that in the linearized theory we assume that the elasticity moduli are fixed, while in the nonlinear theory the whole deposition history is encoded both in \mathring{G} and in the tensor field $\mathcal{A}(x, t)$. The implied elastic inhomogeneity, accumulated during accretion, is particularly relevant for biological materials where the hardening nonlinearity may be extremely strong [50]. Strong inhomogeneity of elastic properties can also become the origin of material instabilities [65] that can, of course, serve by themselves as potential targets in the design of surface growth protocols.

VI. RADIAL SYMMETRY

To illustrate the above general theory, consider now more in detail the accretion process under the condition of radial symmetry (both in two and in three dimensions).

Assume that the evolving reference configuration is a part of a ball $\mathring{B}_t = \{ \mathbf{x} \mid \psi_0 \leq r \leq \psi_t \}$ in \mathbb{R}^n where $r = ||\mathbf{x}||$, where n = 2 for disks and n = 3 for spheres. The function $\psi_t = \psi_0 + \mathring{D}t$ will define the position of the growth surface at time t, where ψ_0 is its initial position. For simplicity, the referential growth velocity \mathring{D} will be taken as constant. We can then write $\mathring{\vartheta}(r) = (r - \psi_0)/\mathring{D}$, where $\mathring{D} = 1/\mathring{\vartheta}'$.

Denote the unit vector pointing in the radial direction by e = x/r. Then the radially symmetric deformation can be written as $y(x, t) = \chi(r, t)e(x)$. The ensuing deformation gradient is

$$\nabla \mathbf{y}(\mathbf{x},t) = \lambda_r(r,t)\mathbf{e}(\mathbf{x}) \otimes \mathbf{e}(\mathbf{x}) + \lambda_\theta(r,t)\mathbb{P}(\mathbf{x})$$
(11)

where $\lambda_r(r, t) = \partial_r \chi(r, t)$ and $\lambda_{\theta}(r, t) = \chi(r, t)/r$ are the stretches in radial and azimuthal directions, and $\mathbb{P} = \mathbf{I} - \mathbf{e} \otimes \mathbf{e}$ is the projection tensor. In view of radial symmetry, the most general form of the time-independent reference metric is

$$\mathring{\mathbf{G}}(\mathbf{x}) = \gamma_r^2(r)\mathbf{e}(\mathbf{x}) \otimes \mathbf{e}(\mathbf{x}) + \gamma_\theta^2(r)\mathbb{P}(\mathbf{x}).$$
(12)

For the case of a disk (n = 2), the Ricci tensor of **Ğ** reduces to the Ricci scalar (twice the Gaussian curvature *K*) [54]:

$$S^{d} = 2K = 2\frac{\gamma_{\theta}\gamma_{r}' + r\gamma_{r}'\gamma_{\theta}' - \gamma_{r}(2\gamma_{\theta}' + r\gamma_{\theta}'')}{r\gamma_{r}^{3}\gamma_{\theta}}.$$
 (13)

For a 3D sphere (n = 3) the Ricci tensor reduces to two independent components:

$$R_1^s = 2 \frac{\gamma_\theta \gamma_r' + r \gamma_r' \gamma_\theta' - \gamma_r (2\gamma_\theta' + r\gamma_\theta'')}{r \gamma_r \gamma_\theta}$$

$$R_2^s = \frac{\gamma_r^3 + r \gamma_\theta \gamma_r' (r\gamma_\theta)' - \gamma_r [\gamma_\theta^2 + r^2 \gamma_\theta'^2 + r \gamma_\theta (4\gamma_\theta' + r\gamma_\theta'')]}{\gamma_r^3}.$$
(14)

To determine the unknown functions $\gamma_r(r)$ and $\gamma_{\theta}(r)$ we need to prescribe two auxiliary conditions on the growth surface. In the case of radial symmetry (for both n=2, 3) the vector function $\bar{\mathbf{y}}$ reduces to a scalar function $\bar{\chi}(r)$ and, in view of the representation $\bar{\mathbf{S}} = \bar{s}_r(r)\mathbf{e} \otimes \mathbf{e} + \bar{s}_{\theta}(r)\mathbb{P}$, the active stress \mathbf{S}_a reduces to its hoop component $\bar{s}_{\theta}(r)$. The additional conditions prescribing the growth protocol may then take the form of restrictions imposed on the functions $\bar{\chi}(r)$ and $\bar{s}_{\theta}(r)$ with the other component of the deposition stress $\bar{s}_r(r)$ fixed passively. Note that in the problem of inward accretion against a fixed wall we have $\mathbf{n} = -\mathbf{e}$, so that the mass flux $\dot{m} = \bar{\varrho}\alpha\bar{\chi}$; for outward accretion, $\mathbf{n} = \mathbf{e}$ and $\dot{m} = -\bar{\varrho}\alpha\bar{\chi}$.

To formulate the incremental problem when the functions $\bar{\chi}(r)$ and $\bar{s}_{\theta}(r)$ are known, we first need to specialize (6) for

the case of spherical symmetry:

$$\lambda_{r/\theta}(r,t) = \bar{\lambda}_{r/\theta}(r) + \int_{\mathring{\vartheta}(r)}^{t} \dot{\lambda}_{r/\theta}(r,s) \, ds,$$

$$s_{r/\theta}(r,t) = \bar{s}_{r/\theta}(r) + \int_{\mathring{\vartheta}(r)}^{t} \dot{s}_{r/\theta}(r,s) \, ds$$
(15)

where, from (5), the deposition stretches are

$$\bar{\lambda}_r(r) = \bar{\chi}'(r) - \mathring{\vartheta}'(r)\,\bar{\chi}(r)$$

$$\bar{\lambda}_\theta(r) = \bar{\chi}(r)/r.$$
(16)

To compute the rates $\dot{\lambda}_r = \partial \dot{\chi}$ and $\dot{\lambda}_{\theta} = \dot{\chi}/r$ we need to introduce the incremental moduli:

$$\dot{s}_{r} = \mathcal{A}_{rr}\dot{\lambda}_{r} + \mathcal{A}_{r\theta}\dot{\lambda}_{\theta}$$

$$\dot{s}_{\theta} = \mathcal{A}_{\theta r}\dot{\lambda}_{r} + \mathcal{A}_{\theta \theta}\dot{\lambda}_{\theta}.$$
 (17)

These moduli can be expressed in terms of the current values of stretches $\lambda_{r/\theta}(r, t)$ and stresses $s_{r/\theta}(r, t)$ which, as we have mentioned before, depend on the whole accretion history.

Since $\mathbf{\check{G}}(\mathbf{x})$ is time independent, we can time differentiate the inverse constitutive equation $\mathbf{\mathring{G}}(\nabla \mathbf{y}, \mathbf{S})$ to obtain $\mathbf{\dot{S}} = \tilde{\mathcal{A}}(\nabla \mathbf{y}, \mathbf{S})\nabla \mathbf{\dot{y}}$, with $\tilde{\mathcal{A}} = -(\partial_{\mathbf{S}}\mathbf{\mathring{G}})^{-1}(\partial_{\nabla \mathbf{y}}\mathbf{\mathring{G}})$. In the case of radial symmetry, the implied inversion of the elastic constitutive relation can be easily accomplished when the elastic energy is quadratic in strain. In view of isotropy, we can then write

$$e(\mathbf{G}, \mathbf{\mathring{G}}) = \frac{E}{2(1+\nu)} \left(\operatorname{tr}(\boldsymbol{\epsilon}_{e}^{2}) + \frac{\nu}{1-2\nu} (\operatorname{tr}\boldsymbol{\epsilon}_{e})^{2} \right).$$
(18)

Here the elastic strain ϵ_e can be chosen in different ways, for instance, in the "linear" form $\epsilon_e^{\text{lin}} = (\mathbf{G} - \mathbf{G})/2$ defining Saint Venant–Kirchhoff material [23,66] or in the "logarithmic" form $\epsilon_e^{\log} = [\log(\mathbf{G}\mathbf{G}^{-1})]/2$ defining Hencky material [67–69]. Note that in the case of linear strain ϵ_e^{lin} a finite energy is needed to squeeze a volume element into a point, while this energy is infinite when we use the logarithmic strain ϵ_e^{\log} .

For a sphere the elastic model (18) with linear strains ϵ_e^{lin} gives

$$\gamma_r = \sqrt{\lambda_r^2 - 2s_r/(E\lambda_r) + 4s_\theta \nu/(E\lambda_\theta)}$$

$$\gamma_\theta = \sqrt{\lambda_\theta^2 + 2s_r \nu/(E\lambda_r) + 2s_\theta (\nu - 1)/(E\lambda_\theta)}.$$
(19)

If, instead, we use the logarithmic strain ϵ_e^{\log} , we obtain

$$\gamma_r = \lambda_r \exp\left[(2\nu s_{\theta}\lambda_{\theta} - s_r\lambda_r)/E\right]$$

$$\gamma_{\theta} = \lambda_{\theta} \exp\left\{\left[s_{\theta}\lambda_{\theta}(\nu - 1) + \nu s_r\lambda_r\right]/E\right\}.$$
(20)

Since the inelastic strains are time independent, by time differentiation of (19) and (20) we obtain the incremental constitutive equations. In the case when we use the linear strain measure ϵ_e^{lin} , the tangential elasticity tensor $\tilde{\mathcal{A}}$

has components

$$\tilde{\mathcal{A}}_{rr} = E\lambda_r^2 (1-\nu)/[(1+\nu)(1-2\nu)] + s_r/\lambda_r$$
$$\tilde{\mathcal{A}}_{r\theta} = \tilde{\mathcal{A}}_{\theta r} = E\nu\lambda_r\lambda_\theta/[(1+\nu)(1-2\nu)]$$
(21)
$$\tilde{\mathcal{A}}_{\theta\theta} = E\lambda_\theta^2 (1-\nu)/[(1+\nu)(1-2\nu)] + s_\theta/\lambda_\theta$$

while, if we use the logarithmic strain ϵ_e^{\log} ,

$$\begin{aligned} \hat{\mathcal{A}}_{rr} &= E(1-\nu) / \left[\lambda_r^2 (1+\nu)(1-2\nu) \right] - s_r / \lambda_r \\ \hat{\mathcal{A}}_{r\theta} &= \hat{\mathcal{A}}_{\theta r} = E\nu / \left[\lambda_r \lambda_\theta (1+\nu)(1-2\nu) \right] \\ \hat{\mathcal{A}}_{\theta \theta} &= E(1-\nu) / \left[\lambda_\theta^2 (1+\nu)(1-2\nu) \right] - s_\theta / \lambda_\theta. \end{aligned}$$
(22)

We now have all we need to formulate the sequence of incremental equilibrium problems. Specialization of the equilibrium equations (8) to the case of radial symmetry gives

$$\frac{\partial \dot{s}_r}{\partial r} + \frac{n-1}{r}(\dot{s}_r - \dot{s}_\theta) = 0.$$
(23)

The boundary condition (8) on the growth surface takes the form

$$\dot{s}_r = \mathring{D}\left(\frac{d\bar{s}_r}{dr} + \frac{n-1}{r}(\bar{s}_r - \bar{s}_\theta)\right).$$
(24)

The problem then reduces to solving a one-parametric family of linear elasticity problems which are nonlinearly coupled through the evolving spatially inhomogeneous elastic moduli (17) and the variable forcing on the boundary (24).

Note that often it may be more convenient to specify the deposition protocol in Eulerian rather than Lagrangian coordinates. In this case we can still formulate the incremental problem in terms of Piola-Kirchhoff components of stress; however, the boundary conditions (24) would have to be modified. Thus, if we can control at deposition the components of Cauchy rather than Piola-Kirchhoff stress, the incremental boundary condition describing the radially symmetric growth will take the form

$$\dot{s}_r - \frac{1}{r}\overline{\sigma}_\theta \overline{\dot{\chi}} = \mathring{D}\left(\overline{\sigma}_r' \overline{\lambda}_\theta + \frac{\overline{\chi}'}{r} (\overline{\sigma}_r - \overline{\sigma}_\theta)\right)$$
(25)

in the case of a disk (n = 2) and

$$\dot{s}_r - \frac{2}{r}\overline{\sigma}_\theta \bar{\lambda}_\theta \overline{\dot{\chi}} = \mathring{D} \bigg(\overline{\sigma}'_r \bar{\lambda}_\theta + \frac{2\bar{\chi}'}{r} (\overline{\sigma}_r - \overline{\sigma}_\theta) \bigg) \bar{\lambda}_\theta \qquad (26)$$

in the case of a sphere (n = 3). Here $\bar{\sigma}_{r/\theta}(r)$ are the components of the Cauchy stress on the growing surface, where in the case of a disk (n = 2) the relation between Cauchy and Piola-Kirchhoff stresses reads $s_r = \sigma_r \lambda_\theta$ and $s_\theta = \sigma_\theta \lambda_r$, while, in the case of a sphere (n = 3), $s_r = \sigma_r \lambda_\theta^2$ and $s_\theta = \sigma_\theta \lambda_r \lambda_\theta$. Observe that the boundary conditions (25) and (26) couple the controlled stress $\bar{\sigma}_r, \bar{\sigma}_\theta$ and the controlled shape $\bar{\chi}(r)$, which is a purely nonlinear effect.

VII. CASE STUDIES

To illustrate different aspects of the developed general theory, we now elaborate a few explicit case studies, which are all relevant for applications. Our main goal here is to highlight the effects of physical and geometrical nonlinearities, and to illustrate path dependence of the surface growth process. Our examples show that the deposition protocol is effectively



FIG. 3. (a) Schematic presentation of the 2D winding growth set up with controlled traction force. (b) Winding protocols required to embed the diagonal reference metrics with $\gamma_r = 1.2$, $\gamma_{\theta} = 1$ (solid) and $\gamma_r = 1$, $\gamma_{\theta} = 1.2$ (dashed). Red, nonlinear Hencky model with E = 1 and $\nu = 0.3$; blue, its linearization. In all plots a = 0.1 and $r_e = 2$.

remembered by the grown body through the accumulated incompatibility, the inhomogeneity of the incremental moduli, and the shape of the body liberated from the constraints. In all examples we assume that the function $\mathring{\vartheta}(x)$ is prescribed, leaving aside the problem of the feedback received by the growth mechanism from the current state of stress.

A. Winding of 2D disks

Consider a process of winding of an infinitesimally thin tape on a rigid mandrel. Suppose that the growth process takes place in two dimensions so that the emerging hollow disk is constrained to remain in plane. Assume that the winding is accomplished by pulling the adhering tape with a controlled tangential force. If the adhering layers have thickness *h* and the tangential force is *F*, we assume that in the double limit $h \rightarrow 0, F \rightarrow 0$ the hoop stress $\bar{\sigma}_{\theta} = F/h$ remains finite [see Fig. 3(a)]. The growing disk $\mathcal{D} = \{\mathbf{x} \mid a \leq ||\mathbf{x}|| \leq \psi\}$ (with $\psi \leq r_e$) can be parametrized by the referential radius ψ of the external circle where the tape deposition takes place.

We begin with the simplest inverse problem: given that the acquired reference metric $\mathring{\mathbf{G}} = \operatorname{diag}(\gamma_r^2, \gamma_\theta^2)$ is homogeneous, find the corresponding deposition protocol. Somewhat counterintuitively, this metric can be nontrivial, being locally compatible and globally incompatible. Indeed, in view of (13), we have $S^d = 0$ whenever

$$\gamma_r = k(r\gamma_\theta)',\tag{27}$$

and, if $\gamma_r = \gamma_{\theta} = \text{const}$ with $\gamma_r = k\gamma_{\theta}$ for some $k \neq 1$, the Gaussian curvature *K* is equal to zero everywhere except for the origin, where the polar coordinate system is singular and the curvature has a delta-function-type singularity. Physically such target configuration corresponds to a disk with a removed (k > 1) or inserted (k < 1) wedge [with opening angle $\Delta \theta = -2\pi (k^{-1} - 1)$] [70,71].

Observe next that the prescription of a reference metric implicitly constrains the choice of the Lagrangian coordinates for the reference configuration of the growing body. If we assume, in addition, that the normal tractions on the growth surface are absent $[s_r(\psi, \psi) = 0]$, we can solve the sequence of incremental problems and compute *both* the current hoop

stress $\bar{s}_{\theta}(\psi) = s_{\theta}(\psi, \psi)$ and the current radius of the disk $\bar{\chi}(\psi)$. With this information at hand, we can express the Cauchy hoop stress $\sigma_{\theta} = s_{\theta}/\lambda_r$ in terms of the current position of the growth surface, to obtain the function $\sigma_{\theta}(\chi)$ controlling the winding process. Our computational results are illustrated in Fig. 3(b) for the case of 2D Hencky material with logarithmic strain ϵ_e^{\log} .

Note that to obtain discs with positive embedded Gaussian curvature ($\gamma_r > \gamma_{\theta}$) the controlled traction force must be positive, whereas to embed negative curvature ($\gamma_r < \gamma_{\theta}$) it must be negative. This is consistent with the fact that disks with positive curvature are obtained by removing a wedge: indeed, by wrapping through pulling we deposit less mass per length than in the case of zero force wrapping. Instead, pushing produces an opposite result and leads to disks with negative curvature.

To understand these numerical results more deeply, we can compare them with the analytically transparent linearized theory. To this end we set $\gamma_{r/\theta} = 1 + \hat{\varepsilon}_{r/\theta}$ and assume that the inelastic strains $\hat{\varepsilon}_{r/\theta}$ are small. The linearization of the scalar Ricci curvature (13) gives the compatibility condition in the bulk:

$$\mathring{\varepsilon}_{\theta}^{\prime\prime} + \frac{2\mathring{\varepsilon}_{\theta}^{\prime} - \mathring{\varepsilon}_{r}^{\prime}}{r} = 0, \qquad (28)$$

which can be also rewritten as $(r\dot{\varphi})' = 0$, where $\dot{\varphi} = \mathring{\varepsilon}'_{\theta} + (\mathring{\varepsilon}_{\theta} - \mathring{\varepsilon}_r)/r$. Therefore $\mathring{\varphi} = c/r$ where *c* is an arbitrary constant and if $c \neq 0$ there will be a curvature singularity at the origin (signifying the presence of an inserted or removed wedge).

We reiterate that even though the inelastic strains $\hat{\varepsilon}_{r/\theta}$ are homogeneous the residual stresses in this case will be different from zero. Indeed, if *u* is a radial displacement, the total strains $\varepsilon_r = u'$ and $\varepsilon_{\theta} = u/r$ can be additively decomposed as $\varepsilon_{r/\theta} = e_{r/\theta} + \hat{\varepsilon}_{r/\theta}$, where the elastic strains $e_{r/\theta}$ are constitutively related to stresses by $e_{r/\theta} = (\sigma_{r/\theta} - \nu \sigma_{\theta/r})/E$, where ν is the Poisson ratio and *E* is the Young modulus in the 2D case. Since in equilibrium $\sigma'_r + (\sigma_r - \sigma_{\theta})/r = 0$, the residual stresses in a traction-free disk can be determined by solving the equation $(r^3 \sigma'_r)' = -Er^2 \hat{\varphi}$ with $\hat{\varphi} = (\hat{\varepsilon}_{\theta} - \hat{\varepsilon}_r)/r$. If $\hat{\varepsilon}_{\theta} \neq \hat{\varepsilon}_r$ the solution will be obviously nonzero even for a hollow disk with zero boundary conditions $\sigma_r(a) = \sigma_r(r_e) = 0$.

We can now use the linearized theory to address the peculiar behavior of the winding tension $\sigma_{\theta}(\psi)$ in the nonlinear theory [see Fig. 3(a)]. Solving the linear equilibrium problem with boundary conditions $u(a, \psi) = 0$ and $\sigma_r(\psi, \psi) = 0$, we obtain $\sigma_{\theta}(\psi) = E\{(\hat{\varepsilon}_r - \hat{\varepsilon}_{\theta})|\psi^2 - 2a^2(1 - 2\nu)\log(a/\psi)] - a^2[\hat{\varepsilon}_r + \hat{\varepsilon}_{\theta}(3 - 4\nu)]\}/(2[a^2(1 - 2\nu) + \psi^2)(1 - \nu^2)]$. In particular, at $\psi \to \infty$ we have

$$\sigma_{\theta}^{\infty} = \frac{E(\mathring{\varepsilon}_r - \mathring{\varepsilon}_{\theta})}{2(1 - \nu^2)} \tag{29}$$

whereas in the limit $\psi \rightarrow a$ we obtain

$$\sigma_{\theta}^{a} = -\frac{E\tilde{\varepsilon}_{\theta}}{1-\nu^{2}}.$$
(30)

These analytical results confirm the general trends observed in the numerical solution of the nonlinear problem and show to what extent the linearized theory overestimates the necessary winding tension (see Fig. 3).



FIG. 4. Stress-free 3D configurations of prestressed 2D disks: (a) exact result for $\gamma_r = 1.2$ and $\gamma_{\theta} = 1$ and (b) approximation with m = 2, A = 0.55 for $\gamma_r = 1$ and $\gamma_{\theta} = 1.2$.

B. Isometric embedding of 2D disks into three dimensions

To illustrate the growth induced incompatibility produced by winding, we now allow the grown disk to detach from its (imaginary) 2D substrate and take a relaxed shape in three dimensions. Such an isometric embedding $\boldsymbol{\psi} : \mathbb{R}^2 \mapsto \mathbb{R}^3$ leads to the full relaxation of elastic energy and must therefore satisfy the system of equations $\mathbf{\mathring{G}} = \nabla \boldsymbol{\psi}^T \nabla \boldsymbol{\psi}$, where $(\gamma_r, \gamma_{\theta})$ is the homogeneous diagonal reference metric acquired in the process of controlled growth discussed above. We remark that such relaxed shapes may serve by themselves as the target of controlled surface manufacturing [25,72].

Note first that the relaxed shape of the disk in three dimensions depends crucially on the sign of its Gaussian curvature which is proportional to the effective wedge opening $\Delta \theta = -2\pi (\gamma_{\theta}/\gamma_r - 1)$. As we show below, for $\gamma_r > \gamma_{\theta}$ the isometric embedding takes the form of a circular cone, whereas for $\gamma_{\theta} > \gamma_r$ it is known as an *excess* cone (or *anti*cone) [73,74].

We begin with the trivial case $\gamma_r = \gamma_{\theta}$, when the isometric embedding is confined to two dimensions and $\psi(x) = g(r)e(x) : \mathbb{R}^2 \mapsto \mathbb{R}^2$. Here *e* is the unit vector in the radial direction, and $g(r) = r\gamma_{\theta} = r\gamma_r$. Clearly, in this case, the relaxed configuration of the disk is just another flat disk.

If $\gamma_r > \gamma_{\theta}$, the Gaussian curvature is positive and, even if the functions γ_r and γ_{θ} are *r* dependent, we can write a universal embedding $\psi(x) = \rho(r)e(x) + \zeta(r)k$ where the unit vector *k* is perpendicular to the reference plane. The unknown functions $\rho(r)$ and $\zeta(r)$ must satisfy $\gamma_r^2 = \rho'^2 + \zeta'^2$ and $\gamma_{\theta} = \rho/r$, so that for an homogeneous metric we have $\rho = r\gamma_{\theta}$ and $\zeta = r(\gamma_r^2 - \gamma_{\theta}^2)^{1/2} + c$, with *c* an integration constant. The latter expression shows that ζ is real only if $\gamma_r > \gamma_{\theta}$. The corresponding relaxed shape is shown in Fig. 4(a).

When $\gamma_r < \gamma_{\theta}$ the embedded curvature is negative and the reconstruction of the 3D relaxed surface is not straightforward [25,73,75]. An approximate construction can be built based on the auxiliary surface $\psi(\mathbf{x}) = r\rho(\theta)\mathbf{e}(\mathbf{x}) + r\zeta(\theta)\mathbf{k}$ (see [74]), the induced metric of which is also diagonal $(\tilde{\gamma}_r^2(\theta), \tilde{\gamma}_{\theta}^2(\theta))$ with

$$\begin{split} \tilde{\gamma}_r^2(\theta) &= \rho^2(\theta) + \zeta^2(\theta) \\ \tilde{\gamma}_\theta^2(\theta) &= \tilde{\gamma}_r^2(\theta) \Big\{ 1 + {\zeta'}^2(\theta) / \big[\tilde{\gamma}_r^2(\theta) - \zeta^2(\theta) \big] \Big\} - \zeta^2(\theta). \end{split}$$
(31)

Generically, this metric is not homogeneous and is therefore, strictly speaking, incompatible with the homogeneous reference metric generated by the winding process. However, we can require that one of its components is homogeneous $\tilde{\gamma}_r(\theta) = \gamma_r$ and the other one meets the original ansatz



FIG. 5. Stress-free 3D configuration of a prestressed 2D disk with $\gamma_r = 1$ and $\gamma_{\theta} = 1.2$: approximate solution with m = 30, A = 0.032.

on average so that $\frac{1}{2\pi} \int_0^{2\pi} \tilde{\gamma}_{\theta}(\theta) d\theta = \gamma_{\theta}$. To meet this constraint, the physical meaning of which is that the image of a constrained reference circle has a prescribed perimeter in the relaxed state [74], we can, for instance, assume that $\zeta(\theta) = A \sin(m\theta)$, where m > 1 is an integer.

The integral condition provides a link between *A* and *m* and for the case of homogeneous γ_r , γ_θ the amplitude of the oscillation decreases with increasing wave number *m* (see Fig. 5). The resulting smooth embedding is, of course, only an approximation of the relaxed surface which can be expected to be rather rough [76]. However, lower-order modes, like the one shown in Fig. 4(b), will be energetically favored if, for instance, small bending stiffness is taken into consideration.

C. Outward growth under controlled pressure

Our next example concerns outward accretion of a hollow sphere under controlled pressure, which is physically relevant in the context of pressurized freezing [38]. The goal of this example is to illustrate the possibility of extreme path dependence of the accretion process.

We assume that the reference configuration is a hollow sphere $\mathring{B}_t = \{ \mathbf{x} | A \leq ||\mathbf{x}|| \leq \psi_t \leq B \}$, where *A* and *B* are the initial and final radii. The current configuration is $\mathcal{B}_t = \{ \mathbf{y} | a \leq ||\mathbf{y}|| \leq \bar{\chi}(\psi_t) \}$, which shows that the internal, nongrowing surface is forced to remain on a rigid bead of radius *a*.

We further assume that the growth protocol is characterized by the following conditions on the accretion surface:

$$\bar{\sigma}_r(\psi_t) = \bar{\sigma}_{\theta}(\psi_t) = -p[\bar{\chi}(\psi_t)]$$

$$\bar{\chi}(\psi_t) = \psi_t.$$
(32)

The second condition (32) is just the simplest assumption that the reference configuration for the arriving material particles coincides with the actual configuration. Instead, on the nongrowing part of the boundary we impose the hard constraint $\chi(A, t) = A$.

For determinacy, we assume that

$$p(z) = \beta \left(\frac{z - \bar{\chi}(A)}{\bar{\chi}(B) - \bar{\chi}(A)} \right)^m$$
(33)

where β and *m* are prescribed constants. All members of this "family" begin ($\psi_0 \equiv A$) and end ($\psi_T \equiv B$) at the same level of pressure while exhibiting superlinear or sublinear growth depending on whether m > 1 or m < 1.

Our numerical simulations for the Hencky material (with strain ϵ_e^{\log}) show appreciable protocol (history) sensitivity,



FIG. 6. Effect of different pressure protocols on the outcome of the outward accretion with controlled pressure. In all figures, solid curves correspond to m = 3 and dashed curves correspond to m = 1/3. (a) Blue, radial; red, azimuthal components of stress at the end of the accretion process for the two pressure protocols showed in the inset. (b) The final distribution of the two components of Ricci curvature. (c) The final distributions of the elastic moduli; the color code is the same as in Fig. 9. The parameters are $\beta = 0.2$ Pa, $\nu = 1/3$, A = a = 0.5, B = 1.

which can be seen in the final stress distribution [see Fig. 6(a)] and in the final inhomogeneity of tangential elastic moduli [see Fig. 6(c)]. The most striking effect concerns the final distribution of incompatibility. As we see in Fig. 6(b), a seemingly insignificant change in the control of pressure during deposition can lead to either divergence of the two components of curvature at the inner boundary of the body (for m < 1) or their convergence to finite values (for m > 1). In other words our computations show that the embedded curvature lacks continuity with respect to the parameter m. The origin of this dramatic effect can be explained already in the framework of a more transparent linearized theory.

Note first that in 3D linearized theory the metric is compatible if two conditions are satisfied simultaneously: $(r\dot{\varphi})' = 0$ and $(r^3\dot{\varphi})' = 0$ where again $\dot{\varphi} = \dot{\varepsilon}'_{\theta} + (\dot{\varepsilon}_{\theta} - \dot{\varepsilon}_r)/r$. The solution of these equations is $\dot{\varphi} = 0$ and, since the equilibrium problem for the stress distribution in the unloaded 3D body is

$$(r^4 \sigma_r')' = -2E r^3 \mathring{\varphi}/(1-\nu)$$

$$\sigma_r(r_i) = \sigma_r(r_e) = 0,$$
(34)

hollow spheres behave quite differently than hollow disks, where there can be residual stresses even if the regular part of the curvature vanishes.

The 3D linearized problem of surface accretion under a general pressure distribution p(z) can be solved explicitly. We now assume that a = A. If we again replace time by the radius ψ of the growing surface, the solution to the problem (23) with incremental boundary conditions $\dot{u}(a, \psi) = 0$ and $\dot{\sigma}_r(\psi, \psi) = -p'(\psi)$ is $\dot{u}(r, \psi) = c_1(\psi)r + c_2(\psi)/r^2$ with $c_1(\psi) = (1 + \nu)(2\nu - 1)\psi^3 p'(\psi)/\{E[2(1 - 2\nu)a^3 + (1 + \nu)\psi^3]\}$ and $c_2(\psi) = -a^3c_1(\psi)$. The resulting

$$\sigma_r(r,\psi) = -p(r) + \int_r^{\psi} \frac{s^3 [r^3(1+\nu) + 2(1-2\nu)a^3]p'(s)}{r^3 [s^3(1+\nu) + 2(1-2\nu)a^3]} ds$$

$$\sigma_{\theta}(r,\psi) = -p(r) + \int_r^{\psi} \frac{s^3 [r^3(1+\nu) - (1-2\nu)a^3]p'(s)}{r^3 [s^3(1+\nu) + 2(1-2\nu)a^3]} ds.$$

(35)

In particular, these expressions show that the case a = 0 is trivial in the sense that the stress in the growing sphere is necessarily hydrostatic.

The distribution of residual stresses in a hollow sphere of internal radius r_i and external radius r_e is given by (34). The expression for $\hat{\psi}(r)$ can be found by solving the linearized problem of surface accretion with $r_i = a$:

$$\mathring{\varphi}(r) = \frac{3(1-\nu)(1-2\nu)a^3}{Er^3(1+\nu) + 2(1-2\nu)a^3}p'(r).$$
 (36)

This expression confirms that no incompatibility can result from a growth process unless the sphere is hollow $(a \neq 0)$ and the applied pressure varies along the deposition process. If we substitute (33) into (36) and expand the result in small $\delta = (r - a)/a$, we obtain $\mathring{\varphi}(\delta) \sim \delta^{m-1}$, which shows that the curvature either diverges or tends to zero in proximity of the inner radius depending on whether m < 1 or m > 1. This is exactly what we found numerically in the case of nonlinear Hencky material (with strain ϵ_e^{\log}) [see Fig. 6(b)].

D. Inward growth on a rigid bead

Consider now accretion on a rigid spherical surface, mimicking the process of inward actin polymerization stimulated biochemically on a specially treated spherical bead [18,49,77] [see Fig. 7(b)]. A similar process with cylindrical symmetry would be the growth of a tree where new mass is deposited between the existing trunk and the bark [1,42]. We use this example to highlight the essential role of geometrical nonlinearity because the linearized setting of such a problem is not even meaningful.

Indeed, in our problem the reference configuration $\mathcal{B}_t = \{x \mid \psi_t \leq ||x|| \leq \psi_0\}$ and the actual configuration $\mathcal{B}_t = \{y \mid \chi(\psi_t, t) \leq ||y|| \leq \chi(\psi_0, t)\}$ are fundamentally different [see Fig. 7(a)], because the current radius of the growing surface is fixed $\chi(\psi_t, t) = a$ while its reference radius ψ_t continuously evolves. As a result, the reference and actual domains cannot coincide, which is the natural starting assumption of any geometrically linear elasticity theory.

In physical terms, we assume that the growth process starts at a surface of a rigid spherical bead and that the arriving material is being continuously "squeezed" between the emerging grown body and the original rigid surface (the actual mechanism of mass delivery is obviously disregarded). While the growing body is expanding away from the bead and its external radius $\chi(\psi_0, t)$ is an increasing function of time, the reference radius of the growth surface ψ_t is a decreasing function of time.

To determine both the current state of stress and the two unknown components $(\gamma_r(r), \gamma_{\theta}(r))$ of the reference metric,



FIG. 7. Inward accretion over a rigid bead. (a) Schematic 2D representation of the 3D reference and current configurations. The red circle is the trace of the growing surface in both configurations; ψ_0 is the initial reference radius and *a* is the current fixed radius of the growing surface. (b) Electron microscopy images of an inward growing actin layer showing also outward progression of the external nongrowing surface [77].

we impose three boundary conditions on the growth surface:

$$\bar{\sigma}_r(\psi_t) = \bar{\sigma}_\theta(\psi_t) = -p(\psi_t)$$

$$\bar{\chi}(\psi_t) = a.$$
(37)

The first of these conditions states that the attachment stress is hydrostatic with time-dependent pressure which is controlled externally. In deviation from the previous example, we assume that the pressure control is not direct but is rather an outcome of the control of the Eulerian velocity of the arriving material $\bar{\chi}(\psi_t) = \dot{m}/(\bar{\varrho}\alpha)$. Essentially this means the control of a volumetric inflow rate, which in the context of actin polymerization appears to be more realistic than the full control of the attachment stress [18,49]. On the exterior surface of the growing body we assume the no tractions condition, $s_r(\psi_0, t) = 0$.

To find the evolution of pressure at the growth surface, we finally make use of (26). When this condition is specialised to the case of hydrostatic deposition, it reads

$$\dot{s}_r + 2p\bar{\lambda}_{ heta}\frac{\dot{\chi}}{r} = -\mathring{D}p'\bar{\lambda}_{ heta}^2.$$

This expression can be used to update the value of pressure on the growth surface in the incremental way, starting from the initial value $p(\psi_0) = 0$.

The succession of incremental problems can be solved numerically and we illustrate the final stress distribution in Fig. 8(b). Note that the deviatoric stress is maximal at the external (nongrowing) surface of the body, which, in principle, should lead to surface instabilities [78]. The parameters were tuned to match the numerical results obtained for a growing network of actin rods, biased to polymerize on contact with a spherical bead [49]. The pressure buildup at the rigid surface, the final distribution of the components of the Ricci tensor, and the residual inhomogeneity of the elastic moduli are shown in Fig. 9.

E. Growth induced material instabilities

The aim of our last example is to show that incompatible mass accretion can lead to material instabilities. Since the



FIG. 8. (a) Schematic representation of the incompatibility developing in the inward accretion problem. An ideal compatible referential tiling (above) is accreted as an incompatible tiling (below) with the gaps elastically compensated by the growth stresses. The typical distributions of the radial (blue), hoop (red), and deviatoric (dashed) components of these stresses are shown in (b). Here $\tilde{\chi} = (\chi - a)/(\psi_0 - a)$ is a dimensionless radius in the current configuration. The parameters are a = 1, $\psi_0 = 9$, $\psi_T = 4.5$, $\dot{m}/(\bar{\varrho}\alpha) = 0.05$, $E = 5 \times 10^{-3}$ Pa and $\nu = 0.3$.

latter are not related directly to geometrical effects, this example stresses the importance of physical nonlinearity in surface growth problems.

Suppose that the reference configuration is given by $\mathcal{B}_t = \{x \mid \psi_0 \leq ||x|| \leq \psi_t\}$ where now it is the outward surface of a hollow sphere that is growing. The current configuration is $\mathcal{B}_t = \{y \mid \chi(\psi_0, t) \leq ||y|| \leq \bar{\chi}(\psi_t)\}$, and we assume again that the growing surface is constrained by a rigid wall $\chi(\psi_t, t) = a$. In other words, we assume that the mass is continuously squeezed between the existing surface of the body and the rigid spherical cavity (see Fig. 10). Once again, the actual and the reference configurations cannot coincide at any time, which makes the geometrical linearization of the problem meaningless.



FIG. 9. Inward accretion over a rigid surface. (a) Pressure buildup in the process vs the placement of the referential growing surface, displacing from ψ_0 to ψ_T . (b) The final distribution of the two components of Ricci curvature and (c) the rescaled elastic moduli in the referential domain $r \in (\psi_T, \psi_0)$. Here, $\hat{\mathcal{A}}_{\alpha\beta} = \tilde{\mathcal{A}}_{\alpha\beta}/\mathcal{A}^0_{\alpha\beta}$, where $\mathcal{A}^0_{\alpha\beta}$ are the moduli (22) evaluated at $s_r = s_\theta = 0$, $\lambda_r = \lambda_\theta = 1$.



FIG. 10. (a) Schematic representation of the inward accretion inside a rigid spherical cavity. The red circle is the trace of the growing surface in the current and reference configurations; the red arrow indicates the growing direction. (b) Distribution of the determinant of the acoustic tensor for three consecutive placements of the growing surface. For $\psi_t > \psi^* = 5.82$, strong ellipticity is lost at the internal (nongrowing) radius $r^* = A$. Black, blue, and red curves describe the determinant for $\psi_1 = 5.85$, $\psi_2 = 5.94$, and $\psi_3 = 6.1$, respectively. Inset: Plot of the determinant in a wider range, showing the full blown behavior in the negative region. Here E = 1Pa, a = 3, $A = \psi_0 = 5$, $\mathring{D} = 1$, and $\dot{m}/(\bar{\varrho}\alpha) = 0.2$.

On the growth surface we maintain the same conditions as in the previous example:

$$\bar{\sigma}_r(\psi_t) = \bar{\sigma}_\theta(\psi_t) = -p(\psi_t)$$

$$\bar{\chi}(\psi_t) = a,$$
(38)

and, again, instead of prescribing pressure directly, we assume that the growth is controlled through the Eulerian velocity of the arriving material $\bar{\chi}(\psi_t) = -\dot{m}/(\bar{\varrho}\alpha)$. Also, similarly to the case of inward growth, we assume the zero tractions condition on the internal surface, $s_r(\psi_0, t) = 0$.

The ensuing sequence of incremental problems can be solved numerically and our focus now will be on the material stability of the grown body. More specifically, we consider the case of linear strain tensor ϵ_e^{lin} (Saint Venant–Kirchhoff material) and check whether the strong ellipticity condition [79] may be violated during accretion.

We recall that the strong ellipticity condition requires that $\mathcal{A}(m \otimes \mathring{k}) \cdot (m \otimes \mathring{k}) > 0$ where $\mathcal{A} = \partial S / \partial F$ is the instantaneous elasticity tensor and m and \mathring{k} are unit vectors. To ensure this condition it is sufficient to check that the acoustic tensor $\mathbf{Q}(m)$, the action of which on a vector a is defined by $\mathbf{Q}(\mathring{k})a = \mathcal{A}(a \otimes \mathring{k})\mathring{k}$, is positive definite [63]. To locate the domain of potential material instability we must then search for the possibility that the determinant det $\mathbf{Q}(\mathring{k})$ is negative for some \mathring{k} [80].

The results of a typical numerical experiment are shown in Fig. 11, where ψ_t is the increasing radius of the growth surface. Before a critical radius of the growth surface is reached, strong ellipticity is ensured on the whole domain. At the critical threshold the strong ellipticity is first lost at the nongrowing (traction-free) surface. As the growth surface advances, the domain where the strong ellipticity is lost spreads



FIG. 11. Stress distribution in the sphere for $\psi = 5.85$. (b) The minimized determinant of the acoustic tensor in a wider range, showing the full blown behavior in the negative region.

behind getting progressively closer to the growth surface. It should be mentioned, however, that while strong ellipticity may be formally lost our incremental equilibrium problems are constrained to maintain radial symmetry. For this reason, our numerical tests do not show instability even after the unconstrained problem becomes ill posed.

VIII. CONCLUSIONS

A large-strain theory of incompatible surface growth is formulated here in terms of the highly unusual boundary conditions. These conditions are prescribed on a *free surface* which can move along the reference coordinates. The significance of our formulation is in the account of geometric and constitutive nonlinearities of an elastic body, which are necessary to adequately reproduce both finite rotations and finite stretches. The theory is presented in a general 3D setting, with the main focus on path dependence of the incompatible accretion process, and its goal is to develop the means to *control* the acquired incompatibility by *tailoring* the deposition protocol.

We showed that if both stresses and displacements can be independently controlled at the growing surface, one can ensure pointwise manipulation of the resulting reference metric which keeps a detailed memory of the deposition process. The relation between the embedded Ricci tensor of the reference metric and the time dependence of the control parameters was shown to be nonlinear and nonlocal. It emerges from a solution of a one-parametric family of incremental equilibrium problems for linear elastic bodies with evolving geometry and varying elastic inhomogeneity.

- R. R. Archer, *Growth Stresses and Strains in Trees*, Springer Series in Wood Science (Springer-Verlag, Berlin, 1987).
- [2] J. Dumais and D. Kwiatkowska, Analysis of surface growth in shoot apices, J. Plant 31, 229 (2001).
- [3] Y. F. Dafalias and Z. Pitouras, Stress field in actin gel growing on spherical substrate, Biomech. Model. Mechanobiol. 8, 9 (2009).
- [4] K. John, D. Caillere, and C. Misbah, Spontaneous polarization in an interfacial growth model for actin filament networks with a rigorous mechanochemical coupling, Phys. Rev. E 90, 052706 (2014).

The problem simplifies in the case of small deformations when geometry decouples from elasticity, which becomes linear with time-independent and homogeneous elastic moduli. While even in this case the incremental elastic problem is characterized by nonstandard boundary conditions, the acquired incompatibility can be expressed analytically in terms of the incremental strain rates, which simplifies considerably the dependence of the deposited reference metric on the surface controls. The main shortcoming of the linearized theory is its inability to deal with kinematically confined growth, and to account for the possibility of elastic instabilities induced by the growth process.

We illustrated the general theory by a series of examples emphasizing the role of finite strains in the surface growth of soft solids. Our examples highlight the inherent path dependence of the incompatible growth and emphasize the effects of geometrical and physical nonlinearities in ensuring particular outcomes of the physically realizable growth protocols. Through these examples we showed that geometrical frustration developing during deposition can be indeed fine-tuned and that a particular behavior of a system in physiological or industrial conditions can be engineered by embedding into the material a particular incompatibility. The proposed general theoretical framework can be used to guide biomimetic design and additive manufacturing of the "information-rich" solids.

The fact that one can engineer the incompatibility in a grown solid body, and regulate in this way the associated distribution of residual stresses, is of crucial importance for the understanding of biological processes where solids are typically functionally prestressed. Our analysis also highlights the possibility to manufacture non-Euclidean elastic solids with a particular stiffness distribution. Such solids can be designed to undergo specific elastic instabilities and to exhibit specific patterning in the technologically relevant conditions [81–86].

ACKNOWLEDGMENTS

The authors thank V. Balbi, D. Barilari, M. Destrade, Y. Du, R. Kupferman, E. Sharon, B. Shoikhet, and G. Tomassetti for helpful discussions. G.Z. acknowledges the Physique et Mécanique des Milieux Hétérogènes-École Supérieure de Physique et de Chimie Industrielles de la Ville de Paris (PMMH-ESPCI) for hospitality during 2018, the sabbatical support from NUI-Galway, and the support of the Italian National Group of Mathematical Physics. L.T. was supported by the French government under Grant No. ANR-10-IDEX-0001-02 PSL.

- [5] L. E. Goodman and C. B. Brown, Dead load stresses and the instability of slopes, J. Soil Mech. Found. Div., Proc. ASCE 89, 103 (1963).
- [6] J. G. Bentler and J. F. Labuz, Performance of a Cantilever retaining wall, J. Geotech. Geoenviron. Eng. 132, 1062 (2006).
- [7] J. Kadish, J. R. Barber, and P. D. Washabaugh, Stresses in rotating spheres grown by accretion, Int. J. Sol. Struct. 42, 5322 (2005).
- [8] S. Wildeman, S. Sterl, C. Sun, and D. Loshe, Fast Dynamics of water Droplets Freezing From the Outside In, Phys. Rev. Lett. 118, 084101 (2017).

- [9] A. Gumennik, E. C. Levy, B. Grena, C. Hou, M. Rein, A. F. Abouraddy, J. D. Joannopoulos, and Y. Fink, Confined infiber solidification and structural control of silicon and silicongermanium microparticles, Proc. Nat. Amer. Soc. 114, 7240 (2017).
- [10] K. Schwerdtfeger, M. Sato, and K. H. Tacke, Stress formation in solidifying bodies, Metall. Mater. Trans. 29, 1057 (1998).
- [11] Q. Ge, A. H. Sakhaei, H. Lee, C. Dunn, N. Fang, and M. L. Dunn, Multimaterial 4D printing with tailorable shape memory polymers, Sci. Rep. 6, 31110 (2016).
- [12] J. U. Lind *et al.*, Instrumented cardiac microphysiological devices via multimaterial three-dimensional printing, Nat. Mater. 16, 303 (2017).
- [13] R. Skalak and A. Hoger, Kinematics of surface growth, J. Math. Biol. 35, 869 (1997).
- [14] M. Epstein, Kinetics of boundary growth, Mech. Res. Commun. 37, 453 (2010).
- [15] A. DiCarlo, Surface and bulk growth unified, in *Mechanics of Material Forces*, edited by P. Steinmann and G. A. Maugin, Advances in Mechanics and Mathematics Vol. 11 (Springer, New York, 2005).
- [16] P. Ciarletta, L. Preziosi, and G. A. Maugin, Mechanobiology of interfacial growth, J. Mech. Phys. Solids 61, 852 (2013).
- [17] J.-F. Ganghoffer, Mechanical modeling of growth considering domain variation, Part II: Volumetric and surface growth involving Eshelby tensors, J. Mech. Phys. Solids 58, 1434 (2010).
- [18] G. Tomassetti, T. Cohen, and R. Abeyaratne, Steady accretion of an elastic body on a hard spherical surface and the notion of a four-dimensional reference space, J. Mech. Phys. Solids 96, 333 (2016).
- [19] D. E. Moulton, A. Goriely, and R. Chirat, Mechanical growth and morphogenesis of seashells, J. Theoret. Biol. 311, 69 (2012).
- [20] M. Minozzi, P. Nardinocchi, L. Teresi, and V. Varano, Growthinduced compatible strains, Math. Mech. Sol. 22, 62 (2017).
- [21] P. R. Buskohl, J. T. Butcher, and J. T. Jenkins, The influence of external free energy and homeostasis on growth and shape change, J. Mech. Phys. Solids 64, 338 (2014).
- [22] K. Kondo, A proposal of a new theory concerning the yielding of materials based on Riemannian geometry, I. J. Soc. Appl. Mech. Jpn. 2, 123 (1949).
- [23] E. Efrati, E. Sharon, and R. Kupferman, The metric description of elasticity in residually stressed soft materials, Soft Matter 9, 8187 (2013).
- [24] M. Moshe, I. Levin, H. Aharoni, R. Kupferman, and E. Sharon, Geometry and mechanics of two-dimensional defects in amorphous materials, Proc. Natl. Acad. Sci. USA 112, 10873 (2015).
- [25] Y. Klein, E. Efrati, and E. Sharon, Shaping of elastic sheets by prescription of non-Euclidean metrics, Science 315, 1116 (2007).
- [26] A. Geitmann *et al.*, Actuators acting without actin, Cell **166**, 15 (2016).
- [27] A. B. Hossain and J. Weiss, Assessing residual stress development and stress relaxation in restrained concrete ring specimens, Cement Concrete Comput. 26, 531 (2004).
- [28] J. F. Martley, Theoretical calculations of the pressure distribution on the basal section of a tree, Forestry 2, 69 (1928).
- [29] N. Kh. Arutyunyan and V. V. Metlov, Izv. Akad. Nauk SSSR, Mekh. Tverd. Tela 4, 142 (1983).

- [30] R. Southwell, Introduction to the Theory of Elasticity for Engineers and Physicists (Oxford University Press, New York, 1941).
- [31] E. I. Rashba, Stress determination in bulks due to own weight taking into account the construction sequence, Proc. Inst. Struct. Mech. Acad. Sci. Ukrainian SSR 18, 23 (1953).
- [32] V. K. Trincher, Izv. AN SSSR, Mekh. Tverd. Tela 19, 119 (1984).
- [33] V. E. Naumov, Mechanics of growing deformable solids: A review, J. Eng. Mech. 120, 207 (1994).
- [34] A. V. Manzhirov and S. A. Lychev, Mathematical modeling of additive manufacturing technologies, in *Proceedings of the World Congress on Engineering 2014*, Lecture Notes in Engineering and Computer Science (IAENG, London, UK, 2014), Vol. 2, pp. 1404–1409.
- [35] A. D. Drozdov, Viscoelastic Structures: Mechanics of Growth and Aging (Academic Press, New York, 1998).
- [36] S. A. Lychev, Geometric aspects of the theory of incompatible deformations in growing solids, in *Mechanics for Materials and Technologies*, edited by H. Altenbach, R. Goldstein, and E. Murashkin, Advanced Structured Materials Vol. 46 (Springer, New York, 2017).
- [37] C. B. Brown and L. E. Goodman, Gravitational stresses in accreted bodies, Proc. R. Soc. A 276, 571 (1963).
- [38] W. D. King and N. H. Fletcher, Pressure and stresses in freezing water drops, J. Phys. D: Appl. Phys. 6, 192 (1973).
- [39] N. Zabaras and S. Liu, A theory for small deformation analysis of growing bodies with an application to the winding of magnetic tape packs, Acta Mech. 111, 95 (1995).
- [40] A. Bacigalupo and L. Gambarotta, Effects of layered accretion on the mechanics of masonry structures, Mech. Based Design Struct. Mach. 40, 163 (2012).
- [41] F. Sozio and A. Yavari, Nonlinear mechanics of surface growth for cylindrical and spherical elastic bodies, J. Mech. Phys. Solids 98, 12 (2017).
- [42] D. Swain and A. Gupta, Biological growth in bodies with incoherent interfaces, Proc. R. Soc. A 474, 20170716 (2018).
- [43] J.-F. Ganghoffer and I. Goda, Multiscale aspects of bone internal and external remodeling, in *Multiscale Biomechanics*, edited by J.-F. Ganghoffer (Elsevier, New York, 2018), Chap. 9.
- [44] N. Hodge and P. Papadopoulos, A continuum theory of surface growth, Proc. R. Soc. A 466, 3135 (2010).
- [45] S. Rudraraju, D. E. Moulton, R. Chirat, A. Goriely, and K. Garikipati, A computational framework for the morphoelastic development of molluskan shells by surface and volume growth, arXiv:1901.00497.
- [46] J. Weickenmeier, P. Saez, C. A. M. Butler, P. G. Young, A. Goriely, and E. Kuhl, Bulging brains, J. Elast. 129, 197 (2017).
- [47] G. Zurlo and L. Truskinovsky, Printing Non-Euclidean Solids, Phys. Rev. Lett. 119, 048001 (2017).
- [48] G. Zurlo and L. Truskinovsky, Inelastic surface growth, Mech. Res. Commun. 93, 174 (2018).
- [49] K. John, T. Stoter, and C. Misbah, A variational approach to the growth dynamics of pre-stressed actin filament networks, J. Phys.: Condens. Matter 28, 375101 (2016).
- [50] C. P. Broedersz and F. C. MacKintosh, Modeling semiflexible polymer networks, Rev. Mod. Phys. 86, 995 (2014).

- [51] A. Lucantonio, P. Nardinocchi, and L. Teresi, Transient analysis of swelling-induced large deformations in polymer gels, J. Mech. Phys. Solids 61, 205 (2013).
- [52] J. Ball, Convexity conditions and existence theorems in nonlinear elasticity, Arch. Rat. Mech. Anal. 63, 337 (1976).
- [53] L. Vanel, D. Howell, D. Clark, R. P. Behringer, and E. Clement, Memories in sand: Experimental tests of construction history on stress distributions under sandpiles, Phys. Rev. E 60, R5040(R) (1999).
- [54] W. Kühnel, Differential Geometry: Curves—Surfaces— Manifolds (American Mathematical Society, Providence, 2006).
- [55] P. G. Ciarlet, An Introduction to Differential Geometry with Applications to Elasticity (Springer, New York, 2005).
- [56] C. Davini, Some remarks on the continuum theory of defects in solids, Int. J. Sol. Str. 38, 1169 (2001).
- [57] F. H. Hsu, The influences of mechanical loads on the form of a growing elastic body, J. Biomech. 1, 303 (1968).
- [58] A. Danescu, P. Regreny, P. Cremillieu, and J. L. Leclercq, Fabrication of self-rolling geodesic objects and photonic crystal tubes, Nanotechnology 29, 285301 (2018).
- [59] R. Skalak, Growth as a finite displacement field, in *Proceedings* of the IUTAM Symposium on Finite Elasticity, edited by D. E. Carlson and R. T. Shield (Martinus Nijhof, The Hague, 1982), pp. 347–355.
- [60] D. Ambrosi and F. Guana, Stress-modulated growth, Math. Mech. Sol. 12, 319 (2007).
- [61] We denote an arbitrary scalar, vectorial, or tensorial field φ by $\bar{\varphi}(\mathbf{x}) := \varphi(\mathbf{x}, \mathring{\vartheta}(\mathbf{x})).$
- [62] M. Gurtin, E. Fried, and L. Anand, *The Mechanics and Thermodynamics of Continua* (Cambridge University Press, New York, 2010).
- [63] M. E. Gurtin, The linear theory of elasticity, in *Linear Theo*ries of Elasticity and Thermoelasticity, edited by C. Truesdell (Springer-Verlag, Berlin, 1973).
- [64] G. B. Maggiani, R. Scala, and N. Van Goethem, A compatibleincompatible decomposition of symmetric tensors in Lp with application to elasticity, Math. Meth. Appl. Sci. 38, 5217 (2015).
- [65] W. S. Edelstein and R. L. Fosdick, A note on non-uniqueness in linear elasticity theory, ZAMP 19, 906 (1968).
- [66] A. E. Green and P. M. Naghdi, A general theory of an elasticplastic continuum, Arch. Rational Mech. Anal. 18, 251 (1965).
- [67] O. T. Bruhns, H. Xiao, and A. Meyers, Constitutive inequalities for an isotropic elastic strain energy function based on Hencky's logarithmic strain tensor, Proc. R. Soc. A 457, 2207 (2001).
- [68] J. Arghavani, F. Auricchio, and R. Naghdabadi, A finite strain kinematic hardening constitutive model based on Hencky strain: General framework, solution algorithm and application to shape memory alloys, Int. J. Plasticity 27, 940 (2011).
- [69] L. Anand, On H. Hencky's approximate strain-energy function for moderate deformations, J. Appl. Mech. 46, 78 (1979).

- [70] M. Moshe, E. Sharon, and R. Kupferman, Elastic interactions between two-dimensional geometric defects, Phys. Rev. E 92, 062403 (2015).
- [71] R. Kupferman, M. Moshe, and J. P. Solomon, Metric description of singular defects in isotropic materials, Arch. Ration. Mech. Anal. 216, 1009 (2014).
- [72] A. Danescu, C. Chevalier, G. Grenet, Ph. Regreny, X. Letartre, and J. L. Leclercq, Spherical curves design for micro-origami using intrinsic stress relaxation, Appl. Phys. Lett. **102**, 123111 (2013).
- [73] M. M. Mueller, Ben M. Amar, and J. Guven, Conical Defects in Growing Sheets, Phys. Rev. Lett. 101, 156104 (2008).
- [74] C. D. Modes, K. Bhattacharya, and M. Warner, Gaussian curvature from flat elastica sheets, Proc. R. Soc. A 467, 1121 (2011).
- [75] Q. Han and J. X. Hong, Isometric Embedding of Riemannian Manifolds in Euclidean Spaces, Mathematical Surveys and Monographs Vol. 130 (American Mathematical Society, Providence, 2006).
- [76] J. Nash, C¹ Isometric imbeddings, Ann. Math. **60**, 383 (1954).
- [77] J. Plastino, I. Lelidis, J. Prost, and C. Sykes, The effect of diffusion, depolymerization and nucleation promoting factors on actin gel growth, Eur. Biophys J. 33, 310 (2004).
- [78] L. Cardamone, A. Laio, V. Torre, R. Shahapure, and A. DeSimone, Cytoskeletal actin networks in motile cells are critically self-organized systems synchronized by mechanical interactions, Proc. Natl. Acad. Sci. USA 108, 13978 (2011).
- [79] R. J. Knops and L. E. Payne, Uniqueness Theorems in Linear Elasticity (Springer-Verlag, New York, 1971).
- [80] R. W. Ogden, Non-Linear Elastic Deformations (Dover, New York, 1997).
- [81] B. Li, Y. P. Cao, X. Q. Feng, and H. Gao, Mechanics of morphological instabilities and surface wrinkling in soft materials: A review, Soft Matter 8, 5728 (2012).
- [82] A. Shahaf, E. Efrati, R. Kupferman, and E. Sharon, Geometry and mechanics in the opening of chiral seed pods, Science 333, 1726 (2011).
- [83] R. Kennaway, E. Coen, A. Green, and A. Bangham, Generation of diverse biological forms through combinatorial interactions between tissue polarity and growth, PLoS Comput. Biol. 7, e1002071 (2011).
- [84] E. Siefert, E. Reyssat, J. Bico, and B. Roman, Bio-inspired pneumatic shape-morphing elastomers, Nat. Mater. 18, 24 (2019).
- [85] N. Hu and R. Burgueno, Buckling-induced smart applications: recent advances and trends, Smart Mater. Struct. 24, 063001 (2015).
- [86] B. J. Cafferty, V. E. Campbell, P. Rothemund, D. J. Preston, A. Ainla, N. Fulleringer, A. C. Diaz, A. E. Fuentes, D. Sameoto, J. A. Lewis, and G. M. Whitesides, Fabricating 3D structures by combining 2D printing and relaxation of strain, in *Advanced Materials Technologies* (Wiley, New York, 2018), p. 1800299.