

**Diffusion of active chiral particles**

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The diffusion of chiral active Brownian particles in three-dimensional space is studied analytically, by consideration of the corresponding Fokker-Planck equation for the probability density of finding a particle at position  $\mathbf{x}$  and moving along the direction  $\hat{\mathbf{v}}$  at time  $t$ , and numerically, by the use of Langevin dynamics simulations. The analysis is focused on the marginal probability density of finding a particle at a given location and at a given time (independently of its direction of motion), which is found from an infinite hierarchy of differential-recurrence relations for the coefficients that appear in the multipole expansion of the probability distribution, which contains the whole kinematic information. This approach allows the explicit calculation of the time dependence of the mean-squared displacement and the time dependence of the kurtosis of the marginal probability distribution, quantities from which the effective diffusion coefficient and the “shape” of the positions distribution are examined. Oscillations between two characteristic values were found in the time evolution of the kurtosis, namely, between the value that corresponds to a Gaussian and the one that corresponds to a distribution of spherical shell shape. In the case of an ensemble of particles, each one rotating around a uniformly distributed random axis, evidence is found of the so-called effect “anomalous, yet Brownian, diffusion,” for which particles follow a non-Gaussian distribution for the positions yet the mean-squared displacement is a linear function of time.

DOI: [10.1103/PhysRevE.94.062120](https://doi.org/10.1103/PhysRevE.94.062120)**I. INTRODUCTION**

The transport properties of active or self-propelled particles have received particular attention over the past several years. On the one hand, physicists, both theoreticians and experimentalists, have found a fertile ground to probe and explore ideas regarding the out-of-equilibrium conditions at which active motion occurs. On the other hand, there are potential applications for the designing and/or controlling the self-propulsion mechanisms which would make possible to manipulate the diffusive properties of such particles at will [1–7].

The out-of-equilibrium element of active systems relies undoubtedly on the single-particle mechanism that give rise to self-propulsion. Such a mechanism breaks the fluctuation-dissipation relation [8], which otherwise characterizes the motion of passive Brownian particles by linking in a direct way, the diffusion properties of the particle to the temperature of the surrounding fluid. In practice, the detailed microscopic dynamics of the self-propelling mechanism occurs at a smaller time scales than the corresponding one of the observed pattern of motion. This time-scales disparity allows us to employ a reductionist approach for which the complexity of the self-propelling mechanism can be simplified.

Such simplification considers the over-damped dynamics for time evolution of the particle’s speed, so one can assume that the particle moves at constant speed over a coarse-scale of time at which the pattern of motion is described (see Ref. [9], for instance). This approximation is well supported by experimental studies in many real biological systems [10–15] where fluctuations around the average value are small.

In regards to the study of pattern of motion observed in active systems, two wide lines of research can be identified,

on the one hand, there has been a great interest on the emergent patterns of collective motion of collections of a large number of interacting self-propelled particles. Indeed, collections of self-propelled particles are ubiquitous in nature, from micro- to macroorganisms in biology [16] and more recently in manmade systems where micron-sized particles self-propel by conversion of chemical energy into a mechanical one, as has been demonstrated in a variety of examples [17,18].

On the other hand, the diversity of patterns of motion of single active particles, either biological or synthetic, is wide, particularly in the biological realm, where there are as many such patterns as species of organisms in nature. Thus, no wonder why the other main line of research focuses on developing the theoretical frameworks to describe such, most of the times complex, patterns of motion exhibited by single active particles [19–25]. One aspect of interest corresponds to those swimmers, either alive or passive, that show chiral motion, i.e., a well-defined state (clockwise or anticlockwise) of the circular motion component of the particle trajectories. As a matter of fact, a plethora of biological organisms [26–39] and synthetic particles as well [40–45] exhibit chiral motion exhibited as helical motion in three dimensions and circular in two.

The processes that lead to chiral motion of active particles may be diverse [46–49], the simplest situation in two dimensions corresponds to a geometric effect, that is to say, to the misaligning of the direction of the propelling force and the orientation of the particle axis [50,51]. A simple effective-force model, which leads to circular patterns of motion, is the inclusion of an effective constant “torque” in the *Langevin* equations that drive the orientation of the self-propulsive force [52]. Such constant torque exerts the particle to rotate with constant angular velocity [37,38,50,53], leading to circular trajectories in two dimensions and to helical ones in three dimensions. Such torque, for instance, may be externally caused by a magnetic field that act over the

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magnetic moment of magnetic bacteria or used over nanorods to steer them [54]. This theoretical framework is now standard and has been used in a variety of studies as in the study of the diffusion properties of active particles moving in two dimensions [55,56], of motors having a component of circular motion [45], and of the effects of confinement in the diffusion properties of chiral-active particles where directed motion has been observed [57,58]. Another approach that has been used to study two-dimensional chiral motion is the *rotationally persistent* random walks, where the introduction of a clockwise or counterclockwise angular bias at each new step the walker takes [59]. A connection, if any, among all these analytical approaches is still missing in the literature and deserves a future analysis.

Analytical studies of diffusion of active particles in three dimensions has received less attention than its two-dimensional counterpart. In Ref. [60], for instance, the diffusion of torqued, active particles in three-dimensional space is analyzed through overdamped-Langevin equations, which are solved for the time dependence of the first two moments of the particle positions, namely, the average position and the mean-squared displacement from which the effective diffusion coefficient is computed. In Ref. [61] the diffusion properties of swimmers that move in three dimensions with fixed, mean curvature, and torsion, are studied by the use of stochastic Frenet-Serret equations, which generalizes the deterministic description of helical motion given in Ref. [28]. A more general instance is studied in Ref. [62], where a self-propelled Brownian spinning top is considered through the analysis of overdamped-Langevin equations.

A complete description in three dimensions in terms of the Smoluchowski-like equations is challenging and deserves a thorough analysis even in the absence of chirality. This approach leads us directly to the time evolution of the probability distribution of the particle positions, and from it, to relevant information regarding the characteristic features of the pattern of motion as its non-Gaussian nature [23,25,63].

In this work we study the diffusion of active Brownian particles that move freely with constant speed in infinite three-dimensional space subject to an effective torque. We derive Smoluchowski-like equations that take into account the persistence effects of active Brownian motion and of chirality as well. The equations are derived from the Fokker-Planck equation for the total probability density of finding a particle at position  $\mathbf{x}$  moving in the direction  $\hat{\mathbf{v}}$  at time  $t$ ,  $P(\mathbf{x}, \hat{\mathbf{v}}, t)$  by coarse-graining over the direction of motion. From  $P(\mathbf{x}, t)$  analytical expression for the mean-squared displacement and the kurtosis are given. A comparison of our prescription formulas with numerical simulations was carried out by solving the corresponding Langevin-like equations of active particles subject to torques. Our analysis reveals oscillations on time-dependence of the kurtosis in the ballistic regime and for large values of the torque strength. These oscillations point to the helical pattern of motion. We also compute the stationary value of the kurtosis for an ensemble of active articles, each particle moving under the effects of an instance of an effective torque uniformly distributed on the sphere. Interestingly, this situation exhibits the “anomalous, yet Brownian, diffusion” effect, also known as *weakly anomalous diffusion*, where the probability distribution is not Gaussian but the diffusion is

normal with a mean-squared displacement that grows linearly with time.

This paper continues as follows: In Sec. II we present the Langevin equations for the trajectories of particles that move with constant velocity and their corresponding Fokker-Planck equation for the probability density  $P(\mathbf{x}, \hat{\mathbf{v}}, t)$  of a particle being at point  $\mathbf{x}$ , moving in the direction  $\hat{\mathbf{v}}$  at time  $t$ , as stated in Sec. III. The method of analysis is presented Sec. IV. Results are discussed in Sec. V. We give our conclusion and final remarks in Sec. VI.

## II. HELICAL TRAJECTORIES OF CHIRAL ACTIVE BROWNIAN PARTICLES

We consider a self-propelled microscopic particle, for which the influence of thermal fluctuations due to the surrounding fluid cannot be neglected. The interaction with the fluid accounts for both the Brownian component of the particle motion and the dissipative mechanism due to the fluid viscosity. The active component of the particle’s motion is accounted for as the result of an *active* or *swimming force* [64], which is defined to be proportional to the particle’s swimming velocity, i.e.,  $\mathbf{F}^{\text{swim}}(t) = \zeta \mathbf{v}^{\text{swim}}(t)$ , where  $\zeta$  is the hydrodynamic resistance that couples translational velocity to force given by  $6\pi\eta a$  for a sphere, with  $\eta$  the fluid viscosity and  $a$  the particle radius. Thus, the time evolution of the particle kinematic velocity,  $\mathbf{v}(t)$ , is given by the Langevin equation,

$$\frac{d}{dt} \mathbf{v}(t) = -\zeta \mathbf{v}(t) + \zeta \mathbf{v}^{\text{swim}}(t) + \bar{\xi}(t).$$

For low Reynolds numbers the approximated, overdamped dynamics is valid and the last equation is replaced with

$$\frac{d}{dt} \mathbf{x}(t) = v_s(t) \hat{\mathbf{v}}^{\text{swim}}(t) + \xi_{\mathcal{T}}(t),$$

where  $\xi_{\mathcal{T}}(t) = \bar{\xi}(t)$ . Thus, the change in time of the particle position is due to the particles internal drive (self-propulsion) and to the influence of stochastic passive fluctuations,  $\xi_{\mathcal{T}}(t)$ , which randomize the translational motion of the particle.

The last equation is supplemented by additional stochastic differential equations for the swimming velocity  $\mathbf{v}^{\text{swim}}(t) = v_s(t) \hat{\mathbf{v}}^{\text{swim}}(t)$ , from which the explicit time dependence of the swimming speed  $v_s(t)$  and the swimming direction  $\hat{\mathbf{v}}^{\text{swim}}(t)$  are determined [9,65]. In the overdamped-speed limit, i.e., when the dynamics that drives the time evolution of  $v_s(t)$  (around a characteristic, fixed value  $v_0$ ) is faster than others in the system, the particle speed can directly be set to  $v_0$ . This leaves the consideration of only one stochastic differential equation that provides the evolution in time of the direction of the swimming velocity, from now on simply denoted with  $\hat{\mathbf{v}}(t)$ . We assume that such evolution in time is only due to *active* fluctuations  $\xi_{\mathcal{R}}(t)$ , which in many cases surpass thermal ones. Chirality is taken into account by assuming that rotational, active fluctuations does not average zero but a constant, finite value  $\boldsymbol{\tau} = \tau_0 \hat{\boldsymbol{\tau}}$ , which gives a fixed direction  $\hat{\boldsymbol{\tau}}$  in three-dimensional space around the particles rotate with constant angular acceleration  $\tau_0$ .

Under these considerations, the time evolution of the particles’ kinematic state is therefore given by the following

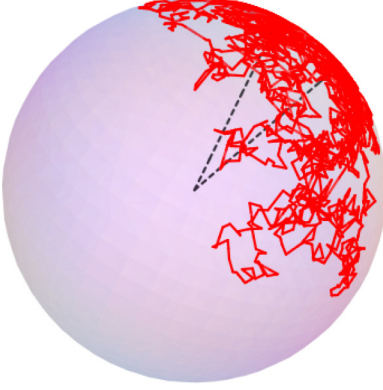


FIG. 1. A trajectory on the sphere traced by the tip of the unitary vector  $\hat{\mathbf{v}}(t)$ , computed from Eq. (1b). The trajectory corresponds to an instance of Brownian motion on the surface of the sphere of radius one.

stochastic differential equations:

$$\frac{d}{dt}\mathbf{x}(t) = v_0 \hat{\mathbf{v}}(t) + \boldsymbol{\xi}_{\mathcal{T}}(t), \quad (1a)$$

$$\frac{d}{dt}\hat{\mathbf{v}}(t) = \boldsymbol{\xi}_{\mathcal{R}}(t) \times \hat{\mathbf{v}}(t), \quad (1b)$$

where  $\boldsymbol{\xi}_{\mathcal{T}}(t)$  and  $\boldsymbol{\xi}_{\mathcal{R}}(t)$  are modeled as three-dimensional vectors with Gaussian white noise components; i.e., their entries satisfy  $\langle \xi_{\mathcal{T}\mu}(t) \rangle = 0$  and  $\langle \xi_{\mathcal{T}\mu}(t) \xi_{\mathcal{T}\nu}(s) \rangle = 2D_B \delta(t-s) \delta_{\mu\nu}$ , for the translational ones, and  $\langle \xi_{\mathcal{R}\mu}(t) \rangle = \tau_\mu$  and  $\langle \xi_{\mathcal{R}\mu}(t) \xi_{\mathcal{R}\nu}(s) \rangle = 2D_\Omega \delta(t-s) \delta_{\mu\nu}$ . Greek subindices denote vector components;  $D_B = k_B T / 6\pi \eta a$ , where  $T$  and  $\eta$  correspond to the temperature and viscosity of the fluid, respectively,  $k_B$  is the Boltzmann constant, and  $a$  is the radius of the particle that has been assumed spherical.  $D_\Omega$  denotes the active-rotational diffusion constant (temperature independent) that characterizes active noise, and as usual,  $\delta(x)$  and  $\delta_{\mu\nu}$  denote the Dirac  $\delta$  and Kronecker  $\delta$ , respectively.

The proper integration of Eq. (1b) requires the consideration of the explicit multiplicative process involved and that  $|\hat{\mathbf{v}}(t)| \equiv \sqrt{\hat{v}_x^2(t) + \hat{v}_y^2(t) + \hat{v}_z^2(t)} = 1$  at each time, where  $\hat{v}_\mu(t)$ ,  $\mu = x, y, z$  are the components of the unitary vector  $\hat{\mathbf{v}}(t)$ . Both aspects are taken into account if the process described by Eq. (1b) is acknowledged to be equivalent to the Brownian motion of the tip of the unit vector  $\hat{\mathbf{v}}(t)$  on the unit sphere (see Fig. 1). In the interpretation of Itô [66], Eq. (1b) can be transformed, with the use of spherical coordinates, into the following pair of stochastic differential equations for the azimuthal,  $\varphi(t)$ , and polar,  $\theta(t)$ , angles

$$d\theta(t) = \tau_0 \sin \theta_\tau \sin[\varphi_\tau - \varphi(t)] dt + \frac{D_\theta}{\tan \theta(t)} dt + \xi_\theta(t) dt \quad (2a)$$

$$d\varphi(t) = \tau_0 \{ \cos \theta_\tau - \sin \theta_\tau \cot \theta(t) \times \cos[\varphi_\tau - \varphi(t)] \} dt + \frac{\xi_\varphi(t)}{\sin \theta(t)} dt, \quad (2b)$$

where  $\hat{\mathbf{v}}(t) = [\sin \theta(t) \cos \varphi(t), \sin \theta(t) \sin \varphi(t), \cos \theta(t)]$  and the components of the constant vector  $\boldsymbol{\tau}$  has been

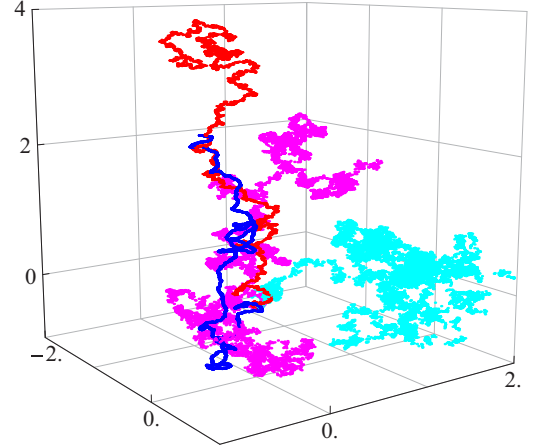


FIG. 2. Helical trajectories of active particles moving with direction pointing along the  $\hat{\mathbf{z}}$  and chiral intensity  $\bar{\tau} = 10$ , for different values of the Péclet number:  $\text{Pe} = 10^2$  (blue),  $10^2$  (red), 10 (magenta), and 1 (cyan). Axes correspond to the Cartesian coordinates  $x, y, z$  in units of  $v_0/D_\Omega$ .

written using the spherical angles,  $(\varphi_\tau, \theta_\tau)$ , as  $\boldsymbol{\tau} = \tau_0(\sin \theta_\tau \cos \varphi_\tau, \sin \theta_\tau \sin \varphi_\tau, \cos \theta_\tau)$  with  $\tau_0$  its magnitude. The stochastic processes  $\xi_\theta(t)$  and  $\xi_\varphi(t)$  are Gaussian white noises with zero mean and autocorrelation function  $\langle \xi_\theta(t) \xi_\theta(s) \rangle = 2D_\Omega \delta(t-s)$  and  $\langle \xi_\varphi(t) \xi_\varphi(s) \rangle = 2D_\Omega \delta(t-s)$ , respectively. One advantage of this formalism is that simple integration schemes, as the Euler one, are numerically stable when applied to Eqs. (2) than when applied directly to Eq. (1b).

We reserve the use of variable with an explicit time dependence to denote those stochastic processes that appear in the Langevin Eqs. (1) and (2), reserving the use of the same symbols, but without the explicit temporal dependence, to the corresponding variables that appear in the Fokker-Planck equation.

Thus, our analysis considers the isotropic diffusion process on the sphere, with rotational diffusion coefficient  $D_\Omega$ , which allows us to choose it as a time scale  $t_0 = D_\Omega^{-1}$  and the length scale  $l_0 = v_0 t_0$ . This choice leads to two free dimensionless parameters, namely: the Péclet number  $\text{Pe} = v_0^2 / D_B D_\Omega$ , which measures the effects of active motion in relation to diffusion, i.e., the larger the Péclet number the larger are the persistence effect due to activity (see Fig. 2); and the strength of the chirality  $\bar{\tau} = \tau_0 / t_0$ . Regarding the chirality we consider two cases: (i) when this is constant and the same for each particle and (ii) when the chirality depends on each particle, i.e., different trajectories realizations correspond to different realizations of noise and chiral direction, in this last case the chirality direction for each particle is chosen from a uniform probability distribution.

Numerical calculations have been carried out by integration of Eqs. (2) using a simple Euler scheme with a time step  $10^{-3} t_0$ , in Fig. 2 some trajectories are shown for different values of  $\text{Pe} = 10^3$  (blue),  $\text{Pe} = 10^2$  (red),  $\text{Pe} = 10$  (magenta), and  $\text{Pe} = 1$  (cyan) with a torque pointing along the  $\hat{\mathbf{z}}$  direction with magnitude  $\bar{\tau} = 10$ . Numerical results presented in the following sections were obtained by averaging over  $10^5$  trajectories.

### III. THE FOKKER-PLANCK EQUATION

In this section we present a Fokker-Planck equation that accounts for the evolution in time of the one-particle probability density,  $P(\mathbf{x}, \hat{\mathbf{v}}, t)$ , of finding an active, chiral particle diffusing freely in three-dimensional space, at position  $\mathbf{x}$  and moving in the direction  $\hat{\mathbf{v}}$  at time  $t$ . Such an equation can be derived in a simple manner by use of Novikov's theorem [67,68] (see Appendix A). We follow this procedure and not the alternate one of deriving the Fokker-Planck equation from Itô's interpretation of Eq. (1b), since the later would give rise to extra terms not present in the former derivation, terms that usually make the analysis more difficult. Later on in this paper, the results obtained from the analysis of the Fokker-Planck obtained are compared with the numerical solutions of the Langevin Eq. (2) in the Itô interpretation.

In addition, Eq. (1b) describes the standard diffusion of a point-particle on the surface of the unitary sphere as mentioned before, its corresponding Smoluchowski equation is an instance of the general theory of *Brownian motion on a manifold* developed by van Kampen in Ref. [69]. There, the author analyzes the consequences of *geometrical* constraints as long as of *symmetry-induced* constraints, on the diffusion of a point particle.

Thus, we start with the Fokker-Planck equation,

$$\begin{aligned} \frac{\partial}{\partial t} P(\mathbf{x}, \hat{\mathbf{v}}, t) + v_0 \hat{\mathbf{v}} \cdot \nabla P(\mathbf{x}, \hat{\mathbf{v}}, t) \\ = D_B \nabla^2 P(\mathbf{x}, \hat{\mathbf{v}}, t) + \frac{1}{\sin \theta} \frac{\partial}{\partial \varphi} [(\hat{\mathbf{v}} \times \boldsymbol{\tau}) \cdot \hat{\boldsymbol{\phi}} P(\mathbf{x}, \hat{\mathbf{v}}, t)] \\ + \frac{1}{\sin \theta} \frac{\partial}{\partial \theta} \left[ \sin \theta (\hat{\mathbf{v}} \times \boldsymbol{\tau}) \cdot \hat{\boldsymbol{\theta}} P(\mathbf{x}, \hat{\mathbf{v}}, t) \right] + \mathcal{L}(\hat{\mathbf{v}}) P(\mathbf{x}, \hat{\mathbf{v}}, t), \end{aligned} \quad (3)$$

where  $\nabla = (\partial/\partial x, \partial/\partial y, \partial/\partial z)$ ,

$$\hat{\mathbf{v}} = (\sin \theta \cos \varphi, \sin \theta \sin \varphi, \cos \theta), \quad (4)$$

and

$$\hat{\boldsymbol{\theta}} = (\cos \theta \cos \varphi, \cos \theta \sin \varphi, -\sin \theta), \quad (5)$$

$$\hat{\boldsymbol{\phi}} = (-\sin \theta \sin \varphi, \sin \theta \cos \varphi, 0) \quad (6)$$

form the standard set of local covariant vectors that span the tangent space at the surface of the unitary sphere  $S^2$ .  $\mathcal{L}(\hat{\mathbf{v}})$  is the Laplace-Beltrami operator, which is given explicitly by

$$\mathcal{L}(\hat{\mathbf{v}}) = D_\Omega \left[ \frac{1}{\sin \theta} \frac{\partial}{\partial \theta} \left( \sin \theta \frac{\partial}{\partial \theta} \right) + \frac{1}{\sin^2 \theta} \frac{\partial^2}{\partial \varphi^2} \right]. \quad (7)$$

Exact, closed, analytical solutions to Eq. (3) are not known for the whole time evolution, not even in the long-time or diffusive regime. In unbounded space, natural boundary conditions allow a simplified analysis of Eq. (3) by transforming the spatial coordinates to Fourier ones,  $\mathbf{x} \rightarrow \mathbf{k}$ , namely,

$$\begin{aligned} \frac{\partial}{\partial t} \hat{P}(\mathbf{k}, \hat{\mathbf{v}}, t) + i v_0 \hat{\mathbf{v}} \cdot \mathbf{k} \hat{P}(\mathbf{k}, \hat{\mathbf{v}}, t) \\ = -D_B \mathbf{k}^2 \hat{P}(\mathbf{k}, \hat{\mathbf{v}}, t) + \frac{1}{\sin \theta} \frac{\partial}{\partial \varphi} [(\hat{\mathbf{v}} \times \boldsymbol{\tau}) \cdot \hat{\boldsymbol{\phi}} \hat{P}(\mathbf{k}, \hat{\mathbf{v}}, t)] \end{aligned}$$

$$+ \frac{1}{\sin \theta} \frac{\partial}{\partial \theta} [\sin \theta (\hat{\mathbf{v}} \times \boldsymbol{\tau}) \cdot \hat{\boldsymbol{\theta}} \hat{P}(\mathbf{k}, \hat{\mathbf{v}}, t)] + \mathcal{L}(\hat{\mathbf{v}}) \hat{P}(\mathbf{k}, \hat{\mathbf{v}}, t), \quad (8)$$

being

$$\hat{P}(\mathbf{k}, \hat{\mathbf{v}}, t) = \int \frac{d^3 \mathbf{x}}{(2\pi)^{3/2}} e^{-i\mathbf{k} \cdot \mathbf{x}} P(\mathbf{x}, \hat{\mathbf{v}}, t), \quad (9)$$

the unitary Fourier transform of  $P(\mathbf{x}, \hat{\mathbf{v}}, t)$  with respect the spatial variable  $\mathbf{x}$ .

Without loss of generality we choose a system of Cartesian coordinates such that  $\boldsymbol{\tau} = \tau_0 \hat{\mathbf{z}} = \tau_0 (\cos \theta \hat{\mathbf{v}} - \sin \theta \hat{\boldsymbol{\theta}})$ , thus Eq. (8) reduces to

$$\begin{aligned} \frac{\partial}{\partial t} \hat{P}(\mathbf{k}, \hat{\mathbf{v}}, t) + i v_0 \hat{\mathbf{v}} \cdot \mathbf{k} \hat{P}(\mathbf{k}, \hat{\mathbf{v}}, t) \\ = -D_B \mathbf{k}^2 \hat{P}(\mathbf{k}, \hat{\mathbf{v}}, t) - \tau_0 \frac{\partial}{\partial \varphi} \hat{P}(\mathbf{k}, \hat{\mathbf{v}}, t) + \mathcal{L}(\hat{\mathbf{v}}) \hat{P}(\mathbf{k}, \hat{\mathbf{v}}, t). \end{aligned} \quad (10)$$

We now expand  $\hat{P}(\mathbf{k}, \hat{\mathbf{v}}, t)$  on the set of eigenfunctions of Eq. (10) when  $v_0$  is set to zero, specifically, on the set of functions  $e^{-D_B \mathbf{k}^2 t} e^{-\lambda_{n,m} t} Y_n^m(\hat{\mathbf{v}})$ , where  $\lambda_{n,m} = D_\Omega n(n+1) + i\tau_0 m$ ,  $n = 0, 1, 2, \dots$ ,  $m = -n, \dots, n$ , and  $Y_n^m(\hat{\mathbf{v}})$  denotes the spherical harmonic functions that are standardly defined as  $(-1)^m \sqrt{\frac{(2n+1)}{4\pi} \frac{(n-m)!}{(n+m)!}} P_n^m(\cos \theta) e^{im\varphi}$ ,  $P_n^m(\cos \theta)$  being the associated Laguerre polynomial; notice that the explicit dependence on  $\theta$  and  $\varphi$  is made clear through Eq. (4), thus we have

$$\hat{P}(\mathbf{k}, \hat{\mathbf{v}}, t) = e^{-D_B \mathbf{k}^2 t} \sum_{n=0}^{\infty} \sum_{m=-n}^n \hat{P}_n^m(\mathbf{k}, t) e^{-\lambda_{n,m} t} Y_n^m(\hat{\mathbf{v}}), \quad (11)$$

where we recognize in the first factor the Fourier transform of the Gaussian probability density,

$$G_B(\mathbf{x}, t) = \frac{1}{(2D_B t)^{3/2}} \exp \left\{ -\frac{\mathbf{x}^2}{4D_B t} \right\}, \quad (12)$$

due to translational Brownian motion solution of the three-dimensional diffusion equation, while the second factor encompasses the dynamics that corresponds to the effects due to self-propulsion. Further, expansion Eq. (11) explicitly shows up the time scale associated with the damping factor of each multipole distribution (spherical harmonic), which contributes to Eq. (11), the higher the multipole order the faster it decays with time. In fact, in the asymptotic limit, when high multipole distributions have damped, only the rotationally symmetric distribution is expected to remain.

The coefficients  $\hat{P}_n^m(\mathbf{k}, t)$  in Eq. (11) satisfy  $\hat{P}_n^m(\mathbf{k}, t) = (-1)^m \hat{P}_n^{-m*}(-\mathbf{k}, t)$  and are given explicitly by

$$e^{[D_B \mathbf{k}^2 + \lambda_{n,m}]t} \int \frac{d^3 \mathbf{x}}{(2\pi)^{3/2}} \int d\Omega e^{-i\mathbf{k} \cdot \mathbf{x}} Y_n^{m*}(\hat{\mathbf{v}}) P(\mathbf{x}, \hat{\mathbf{v}}, t), \quad (13)$$

where  $d\Omega$  is the infinitesimal element of solid angle on the sphere  $\sin \theta d\theta d\varphi$ . In the spatial coordinates, i.e., in consideration of the inverse Fourier transform of Eq. (11), the convolution of  $G_B(\mathbf{x}, t)$  with the

coefficient  $P_n^m(\mathbf{x}, t)$ ,

$$\mathcal{P}_n^m(\mathbf{x}, t) = e^{-\lambda_{n,m}t} \int \frac{d^3\mathbf{x}'}{(2\pi)^{3/2}} G_B(\mathbf{x} - \mathbf{x}', t) P_n^m(\mathbf{x}', t), \quad (14)$$

corresponds to the space-dependent multipole of the decomposition, into spherical harmonics, of the distribution of the direction of self-propulsion on the unit sphere. In this way, one should expect the monopole  $\mathcal{P}_0^0(\mathbf{x}, t)$  to be the dominant term in the long time limit, for which the distribution  $\hat{\mathbf{v}}$  is uniform on the unit sphere and leads to the well-known diffusive behavior, at a shorter time regime the dipole distribution denoted as an order one rank tensor,  $[\mathcal{P}_1^{-1}(\mathbf{x}, t), \mathcal{P}_1^0(\mathbf{x}, t), \mathcal{P}_1^1(\mathbf{x}, t)]$ , that characterizes the polar order of the distribution of  $\hat{\mathbf{v}}$ , must be taken into account. In this regime the effects of persistence are apparent and, at an even shorter time regime, the quadrupole distribution that corresponds to a traceless, symmetric second-order rank tensor, which can be written in terms only of  $\mathcal{P}_2^{\pm 2}(\mathbf{x}, t), \mathcal{P}_2^{\pm 1}(\mathbf{x}, t), \mathcal{P}_2^0(\mathbf{x}, t)$  (see Appendix), is related to the nematic order of the distribution of  $\hat{\mathbf{v}}$ . Further, one can notice that the expansion Eq. (11) is akin to the expansion in powers of the unit vector  $\hat{\mathbf{v}}$  [70,71], namely

$$P(\mathbf{x}, \hat{\mathbf{v}}, t) = \varrho(\mathbf{x}, t) + \mathbf{J}(\mathbf{x}, t) \cdot \hat{\mathbf{v}} + \hat{\mathbf{v}} \cdot \mathbf{Q}(\mathbf{x}, t) \cdot \hat{\mathbf{v}} + \dots \quad (15)$$

Commonly, such expansion is approximately closed at the first two terms (also known as  $P_1$  approximation [70]) that involved the probability density of  $\varrho(\mathbf{x}, t)$  that equals  $\mathcal{P}_0^0(\mathbf{x}, t)/\sqrt{4\pi}$  and the current field  $\mathbf{J}(\mathbf{x}, t)$  whose components in terms of the dipole distribution are given explicitly in the Appendix. This approximation takes into account the persistence effects of motion in various contexts and generally leads to telegrapher-like equations whose validity is restricted to the long-time regime. Description of phenomena at shorter time regimes requires the consideration of higher-order terms than the dipole one, which results in a difficult task. Analogously,  $\mathbf{Q}(\mathbf{x}, t)$  can be written explicitly in terms of the five independent quadrupole coefficients as given in the Appendix. To close this paragraph, we want to comment in passing that the transport Eq. (3) corresponds to the *one-speed diffusion equation* (see Ref. [70]), used to describe, in the absence of chirality, the monoenergetic transport process of neutrons and photons in the

simplified case for which the scattering of the direction of motion is considered independent of the particles kinetic energy.

### A. The hierarchy equations for $\hat{P}_n^m(\mathbf{k}, t)$

The relation between  $\mathcal{P}_n^m(\mathbf{x}, t)$  with the coefficients  $P_n^m(\mathbf{x}, t)$  in Eq. (14) allows us to focus on these last ones. Substitution of expansion Eq. (11) into Eq. (10) results in an equation that after being multiplied by  $Y_n^{m*}(\hat{\mathbf{v}})$  and integrated over the solid angle  $d\Omega$ , the following hierarchy of equations for the coefficients  $\hat{P}_n^m(\mathbf{k}, t)$  are obtained:

$$\frac{d}{dt} \hat{P}_n^m(\mathbf{k}, t) = - \sum_{n'=0}^{\infty} \sum_{m'=-n'}^{n'} \hat{P}_{n'}^{m'}(\mathbf{k}, t) e^{-(\lambda_{n',m'} - \lambda_{n,m})t} \times \int d\Omega Y_n^{m'}(\hat{\mathbf{v}}) [i v_0 \hat{\mathbf{v}} \cdot \mathbf{k}] Y_n^{m*}(\hat{\mathbf{v}}), \quad (16)$$

where the orthogonality property of the spherical harmonics has been used. The integral in Eq. (16) gives the explicit coupling factors among the coefficients  $\hat{P}_n^m(\mathbf{k}, t)$  owing to the advection term related to self-propulsion,  $i v_0 \hat{\mathbf{v}} \cdot \mathbf{k}$  in Eq. (8), and is reminiscent of the integrals that commonly appear in quantum mechanics regarding the calculation, to first order in perturbation theory, of the transition dipole moments for an electron of a hydrogenoid atom in an external electromagnetic field. In our case we define  $\mathbf{k} \cdot \mathbf{I}_{n,n'}^{m,m'} = k_x I_{x,n,n'}^{m,m'} + k_y I_{y,n,n'}^{m,m'} + k_z I_{z,n,n'}^{m,m'}$ , where the matrix elements

$$I_{x,n,n'}^{m,m'} = \int d\Omega Y_n^{m'}(\hat{\mathbf{v}}) Y_n^{m*}(\hat{\mathbf{v}}) \sin \theta \cos \varphi, \quad (17a)$$

$$I_{y,n,n'}^{m,m'} = \int d\Omega Y_n^{m'}(\hat{\mathbf{v}}) Y_n^{m*}(\hat{\mathbf{v}}) \sin \theta \sin \varphi, \quad (17b)$$

$$I_{z,n,n'}^{m,m'} = \int d\Omega Y_n^{m'}(\hat{\mathbf{v}}) Y_n^{m*}(\hat{\mathbf{v}}) \cos \theta, \quad (17c)$$

are explicitly given in the Appendix. There, one observes that the coupling factors vanish except when both  $\Delta n \equiv n - n' = \pm 1$  and  $\Delta m \equiv m - m' = 0, \pm 1$  are met. Thus, we have that for  $n \leq 1$ , the coefficient with given pair of indices  $(n, m)$  is coupled with only the six “nearest” coefficient neighbors with indices  $(n + 1, m \pm 1)$ ,  $(n - 1, m \pm 1)$ ,  $(n \pm 1, m)$ , and we have explicitly that

$$\begin{aligned} \frac{d}{dt} \hat{P}_n^m &= \frac{v_0}{2} e^{-2D_\Omega(n+1)t} \left\{ \hat{P}_{n+1}^{m+1} \left[ \frac{(n+m+2)(n+m+1)}{(2n+1)(2n+3)} \right]^{1/2} e^{-i\tau_0 t} (k_y + ik_x) + \hat{P}_{n+1}^{m-1} \left[ \frac{(n-m+2)(n-m+1)}{(2n+1)(2n+3)} \right]^{1/2} \right. \\ &\times e^{i\tau_0 t} (k_y - ik_x) - \hat{P}_{n+1}^m \left[ \frac{(n+m+1)(n-m+1)}{(2n+1)(2n+3)} \right]^{1/2} 2ik_z \left. \right\} - \frac{v_0}{2} e^{2D_\Omega n t} \left\{ \hat{P}_{n-1}^{m+1} \left[ \frac{(n-m)(n-m-1)}{(2n-1)(2n+1)} \right]^{1/2} \right. \\ &\times e^{-i\tau_0 t} (k_y + ik_x) + \hat{P}_{n-1}^{m-1} \left[ \frac{(n+m)(n+m-1)}{(2n-1)(2n+1)} \right]^{1/2} e^{i\tau_0 t} (k_y - ik_x) + \hat{P}_{n-1}^m \left[ \frac{(n-m)(n+m)}{(2n-1)(2n+1)} \right]^{1/2} 2ik_z \left. \right\}. \quad (18) \end{aligned}$$

For  $n = 0$  the coefficient with indices  $n = 0, m = 0$  is coupled only with the three coefficients with pair of indices  $(1, \pm 1)$  and  $(1, 0)$ , since  $\hat{P}_n^m \equiv 0$  whenever  $n < 0$  and/or  $|m| > n$ .

#### IV. EQUATIONS FOR THE COARSE-GRAINED PROBABILITY DISTRIBUTION $P(\mathbf{x}, t)$

We are interested in deriving the equation, and its corresponding solutions, that dictates the time evolution of the probability density of finding a particle at position  $\mathbf{x}$  at time  $t$  independent of the particle direction of motion, namely

$$P(\mathbf{x}, t) = \int d\Omega P(\mathbf{x}, \hat{\mathbf{v}}, t) = \sqrt{4\pi} \mathcal{P}_0^0(\mathbf{x}, t) = \sqrt{4\pi} \int [d^3 \mathbf{x}' / (2\pi)^{3/2}] G_B(\mathbf{x} - \mathbf{x}', t) P_0^0(\mathbf{x}', t), \quad (19)$$

where definition Eq. (14) has been used. Thus,  $P(\mathbf{x}, t)$  is determined by the knowledge of the coefficient  $P_0^0(\mathbf{x}, t)$  that gives the contribution to the probability density distribution of particles being at  $\mathbf{x}$  and at time  $t$ , due to self-propulsion and corresponds to the inverse Fourier transform of  $\hat{P}_0^0(\mathbf{k}, t)$ , which satisfies the equation

$$\frac{d}{dt} \hat{P}_0^0 = \frac{v_0}{2} e^{-2D\Omega t} \left[ \left( \frac{2}{3} \right)^{1/2} e^{-i\tau_0 t} (k_y + ik_x) \hat{P}_1^1 + \left( \frac{2}{3} \right)^{1/2} e^{i\tau_0 t} (k_y - ik_x) \hat{P}_1^{-1} - \left( \frac{1}{3} \right)^{1/2} 2ik_z \hat{P}_1^0 \right], \quad (20)$$

where from now on, we omit arguments of the functions  $\hat{P}_n^m$  whenever possible for the sake of writing-clarity. Equation (20) is complemented by the condition  $\hat{P}_0^0(\mathbf{k}, t)|_{k=0} = [\sqrt{2}(2\pi)^2]^{-1}$ , that follows from the normalization condition for  $P(\mathbf{x}, \hat{\mathbf{v}}, t)$ . Notice the explicit coupling to the coefficients  $\hat{P}_1^{\pm 1, 0}$ , these ones satisfy, respectively,

$$\begin{aligned} \frac{d}{dt} \hat{P}_1^1 &= \frac{v_0}{2} e^{-4D\Omega t} \left[ \left( \frac{4}{5} \right)^{1/2} e^{-i\tau_0 t} (k_y + ik_x) \hat{P}_2^2 + \left( \frac{2}{15} \right)^{1/2} e^{i\tau_0 t} (k_y - ik_x) \hat{P}_2^0 - \left( \frac{1}{5} \right)^{1/2} 2ik_z \hat{P}_2^1 \right] \\ &\quad - \frac{v_0}{2} e^{2D\Omega t} \left( \frac{2}{3} \right)^{1/2} e^{i\tau_0 t} (k_y - ik_x) \hat{P}_0^0, \end{aligned} \quad (21a)$$

$$\begin{aligned} \frac{d}{dt} \hat{P}_1^{-1} &= \frac{v_0}{2} e^{-4D\Omega t} \left[ \left( \frac{2}{15} \right)^{1/2} e^{-i\tau_0 t} (k_y + ik_x) \hat{P}_2^0 + \left( \frac{4}{5} \right)^{1/2} e^{i\tau_0 t} (k_y - ik_x) \hat{P}_2^{-2} - \left( \frac{1}{5} \right)^{1/2} 2ik_z \hat{P}_2^{-1} \right] \\ &\quad - \frac{v_0}{2} e^{2D\Omega t} \left( \frac{2}{3} \right)^{1/2} e^{-i\tau_0 t} (k_y + ik_x) \hat{P}_0^0, \end{aligned} \quad (21b)$$

$$\begin{aligned} \frac{d}{dt} \hat{P}_1^0 &= \frac{v_0}{2} e^{-4D\Omega t} \left[ \left( \frac{2}{5} \right)^{1/2} e^{-i\tau_0 t} (k_y + ik_x) \hat{P}_2^1 + \left( \frac{2}{5} \right)^{1/2} e^{i\tau_0 t} (k_y - ik_x) \hat{P}_2^{-1} - \left( \frac{4}{15} \right)^{1/2} 2ik_z \hat{P}_2^0 \right] - \frac{v_0}{2} e^{2D\Omega t} \left( \frac{1}{3} \right)^{1/2} 2ik_z \hat{P}_0^0, \end{aligned} \quad (21c)$$

and so on for higher-order coefficients. Equations (21) can be combined with Eq. (20) to get

$$\begin{aligned} \frac{d^2}{dt^2} \hat{P}_0^0 + 2D\Omega \frac{d}{dt} \hat{P}_0^0 + \frac{v_0^2}{3} \mathbf{k}^2 \hat{P}_0^0 &= \left( \frac{2}{3} \right)^{1/2} i\tau_0 \frac{v_0}{2} e^{-2D\Omega t} [e^{i\tau_0 t} (k_y - ik_x) \hat{P}_1^{-1} - e^{-i\tau_0 t} (k_y + ik_x) \hat{P}_1^1] \\ &\quad + \left( \frac{v_0}{2} \right)^2 e^{-6D\Omega t} \left( \frac{8}{15} \right)^{1/2} [e^{-2i\tau_0 t} (k_y + ik_x)^2 \hat{P}_2^2 + e^{2i\tau_0 t} (k_y - ik_x)^2 \hat{P}_2^{-2}] \\ &\quad - \left( \frac{v_0}{2} \right)^2 e^{-6D\Omega t} \left( \frac{2}{15} \right)^{1/2} 4ik_z [e^{-i\tau_0 t} (k_y + ik_x) \hat{P}_2^1 + e^{i\tau_0 t} (k_y - ik_x) \hat{P}_2^{-1}] \\ &\quad + \left( \frac{v_0}{2} \right)^2 e^{-6D\Omega t} \left( \frac{4}{45} \right)^{1/2} 2(k_x^2 + k_y^2 - 2k_z^2) \hat{P}_2^0. \end{aligned} \quad (22)$$

For the sake of simplicity, initial distributions that correspond to rotationally symmetric, single pulses with zero net current are chosen, thus, each instance of the particle trajectory starts at the origin moving along a random direction drawn from a uniform distribution on the sphere, i.e.,  $P(\mathbf{x}, \hat{\mathbf{v}}, 0) = \delta^{(3)}(\mathbf{x})/4\pi$ , where  $\delta^{(3)}(\mathbf{x})$  denote the three-dimensional Dirac  $\delta$ . The election of this initial condition is intended to explore the nature of the Green function of the related equation for  $P(\mathbf{x}, t)$ , and since it results in Fourier space  $\hat{P}_n^m(\mathbf{k}, 0) = \delta_{n,0} \delta_{m,0} [\sqrt{2}(2\pi)^2]^{-1}$ , where  $\delta_{n,m}$  denotes the Kronecker  $\delta$ , it simplifies our analysis.

Notice that the right-hand side of Eq. (22) vanishes asymptotically with time, implying that in such a limit only the coefficient  $\hat{P}_0^0(\mathbf{k}, t)$  of the monopole term of the expansion Eq. (11) (that weighs the uniform distribution of the swimming directions on the unitary sphere) couples to translational motion as was anticipated lines above when Eq. (14) was discussed. Furthermore, in the same limit one can recognize that  $\hat{P}_0^0$  satisfies the three-dimensional *telegrapher's equation* (in Fourier domain  $\mathbf{k}$ ) of particles propagating at speed  $v_0/\sqrt{3}$  and subject to changes in the direction of motion at rate  $2D\Omega$ , in spatial coordinates it

reads

$$\frac{\partial^2}{\partial t^2} P_0^0 + 2D_\Omega \frac{\partial}{\partial t} P_0^0 = \frac{v_0^2}{3} \nabla^2 P_0^0. \quad (23)$$

Originally introduced by Goldstein [72] in one dimension and later analyzed by Bourret [73,74], Eq. (23) generalizes the diffusion equation in that it properly accounts for the finite speed signal propagation that results into a non-Gaussian probability density functions of the particle positions. In the situation studied in this paper, the physics that underlies the origin of Eq. (23) in the long-time regime, corresponds to the persistence effects induced by the isotropic distribution of swimming directions. Indeed, it is clear that during a time interval  $\Delta t \ll D_\Omega^{-1}$ , the particle displaces itself with a swimming direction that deviates uniformly, only in a small amount solid angle  $\Delta S$  that depends on  $\Delta t$ , this process generalizes the one-dimensional model in the continuum, of particles moving with constant speed and changing directions (left, right) at a constant rate [75]. The transport properties described by the telegrapher's equation have been discussed in different contexts and in various dimensions, however, except for the one-dimensional case for which it gives a proper description of particles that move at constant speed and change direction of motion at a rate  $D_\Omega$ , in higher dimensions gives a correct description only in the long-time regime when the persistence effects are small.

The solution to the homogeneous part of Eq. (22) is given by

$$\hat{P}_0^0(\mathbf{k}, t) = \hat{P}_0^0(\mathbf{k}, 0) e^{-D_\Omega t} \left[ D_\Omega \frac{\sin(\omega_k t)}{\omega_k} + \cos(\omega_k t) \right], \quad (24)$$

where the dispersion relation for kinematic motion is

$$\omega_k^2 = c^2 \mathbf{k}^2 - D_\Omega^2, \quad (25)$$

$c = v_0/\sqrt{3}$  being the propagation speed.

In spatial coordinates the solution is given by

$$P_0^0(\mathbf{x}, t) = e^{-D_\Omega t} \int d^3 \mathbf{x}' \left[ D_\Omega + \frac{\partial}{\partial t} \right] G_{\text{Tel}}(\mathbf{x} - \mathbf{x}', t) P_0^0(\mathbf{x}', 0), \quad (26)$$

where  $G_{\text{Tel}}(\mathbf{x}, t)$  is the propagator defined by the inverse Fourier transform of  $\sin(\omega_k t)/\omega_k$  given explicitly by

$$G_{\text{Tel}}(\mathbf{x}, t) = \frac{\pi^{1/2}}{2^{1/2} c |\mathbf{x}|} \left[ \frac{D_\Omega}{c} \frac{|\mathbf{x}|}{\sqrt{|\mathbf{x}|^2 - c^2 t^2}} J_1 \left( \frac{D_\Omega}{c} \sqrt{|\mathbf{x}|^2 - c^2 t^2} \right) \times u(ct - |\mathbf{x}|) + \delta(ct - |\mathbf{x}|) \right], \quad (27)$$

$u(\tau)$  being the step or Heaviside function taking the value 1 for  $\tau > 0$  and zero otherwise. In the short-time regime, the telegrapher's Eq. (23) describes wave-like solutions, which according to J. D. Barrow [76], favors three dimensions for signal fidelity transmission as a part of the anthropic principle. Barrow's argument is based on the fact that in three dimensions, the wave equation has as solution the one given by Kirchoff, which in contrast to ones in one and two dimensions, has a domain of dependence consisting only by the surface of the sphere of radius  $ct$ , and therefore, concluding that all three-dimensional wave phenomena travel only at the wave

speed  $c$ . We controvert this conclusion by comparison of the results obtained in the short time regarding the propagation of self-propelled particles.

## V. RESULTS

We first analyze the simplified case that corresponds to the absence of chirality, though being the most simple situation in the present study, the analytical expression obtained are of enough interest to be discussed in detail.

### A. Isotropic case (no chirality effects)

In the isotropic case [put  $\tau_0 = 0$  in Eq. (22)], the time evolution of the probability density function  $\hat{P}_0^0$  is directly coupled only to the  $P_2^{\pm 2, \pm 1, 0}$  coefficients [notice that the first term in the right-hand side of Eq. (22) is proportional to  $\tau$  and therefore vanishes when  $\tau = 0$ ], any attempt to solve exactly Eq. (22) seems meaningless since it requires the solution of the infinite hierarchy Eq. (18). However, an approximated solution for Eq. (22) that is accurate up to the fourth moment can be obtained by cutting off the hierarchy, holding up to the  $\hat{P}_2^{\pm 2, \pm 1, 0}$  coefficients and neglecting higher ones. This approach goes beyond the standard  $P_1$  or *dipole* approximation in that it considers the quadrupole effects related to the nematic order of the distribution of the self-propelling direction of motion through the  $P_2$  coefficients.

Before attempting to obtain the isotropic solutions, we want to remark on one aspect of Eq. (22) when  $\tau_0 = 0$ , namely, one can show that the inhomogeneous term that involves the  $\hat{P}_2^{\pm 2, \pm 1, 0}$  coefficients do not contribute to the calculation of the second moment of  $\hat{P}_0^0$  (this has been the case in two dimensions, see Ref. [25]), from which it can be concluded that the solution to the telegrapher's Eq. (23) approximates the exact probability density function in that it gives the exact time dependence of the mean-squared displacement induced by rotational diffusion (second moment of  $P_0^0$ ). Such approximated solution retains a finite signal speed propagation and therefore the shape is not Gaussian. The larger the time the better is the approximation as can be checked from the fact that in the long-time regime the terms proportional to  $e^{-6D_\Omega t}$  in Eq. (22) can be neglected. It is clear, thus, that the next higher moments are well approximated by the telegrapher equation only in the asymptotic limit, breaking down the short-time regime. Situations like this are frequently encountered in transport theory [75] and deserve a more deep analysis.

From the definition of  $P(\mathbf{x}, t)$  [(19)] we have that its second moment is given by

$$\langle \mathbf{x}^2(t) \rangle = 6D_B t + \langle \mathbf{x}^2(t) \rangle_0, \quad (28)$$

where  $\langle \cdot \rangle_0$  denotes the average of  $(\cdot)$  with respect to the distribution of the positions  $\sqrt{4\pi} P_0^0(\mathbf{x}, t)$ . Equation (28) is valid in general, where the first term in the right-hand side gives simply the contribution from translational diffusion  $\langle \mathbf{x}^2(t) \rangle_B = 6D_B t$ , while the second term gives the contribution due to the persistence effects of active motion, in the present case, due to rotational active diffusion. The observation made in the previous paragraph makes the second moment of  $\sqrt{4\pi} P_0^0(\mathbf{x}, t)$  be obtained directly from Eq. (23), which leads to the following

equation for  $\langle \mathbf{x}^2(t) \rangle_0$ ,

$$\frac{d^2}{dt^2} \langle \mathbf{x}^2(t) \rangle_0 + 2D_\Omega \frac{d}{dt} \langle \mathbf{x}^2(t) \rangle_0 = 2v_0^2, \quad (29)$$

whose solution for the initial condition  $\langle \mathbf{x}^2(t) \rangle_0 = 0$  is

$$\langle \mathbf{x}^2(t) \rangle_0 = 6D_A \left[ t - \frac{1}{2D_\Omega} (1 - e^{-2D_\Omega t}) \right]. \quad (30)$$

The diffusion coefficient corresponding to active motion is obtained by taking the long-time limit of Eq. (30) and is given by  $D_A = v_0^2/6D_\Omega$ , which gives the rate at which the variance of the position distribution grows due to the rotational diffusion at rate  $2D_\Omega$  of particles that move at speed  $v_0/\sqrt{3}$ . In the short-time limit, the ballistic regime expression Eq. (30) reduces to  $v_0^2 t^2$ .

The total mean-squared displacement is then given by

$$\langle \mathbf{x}^2(t) \rangle = 6(D_B + D_A)t - \frac{v_0^2}{2D_\Omega^2} (1 - e^{-2D_\Omega t}), \quad (31)$$

from which the effective diffusion constant is obtained in the asymptotic limit, namely  $D_{\text{eff}}^0 = D_B + D_A$ , expression that coincides with the one calculated from the Kubo formula [17]. This enhancement of diffusion due to self-propulsion over the passive value  $D_B$  has been pointed out theoretically [77,78] and corroborated experimentally [79,80] in the case of noninteracting active particles and in situations where the effects of confinement are unimportant. Under this simplifications, an effective temperature  $T_e$  can be correspondingly introduced through the relation  $k_B T_e = k_B (T + T_A)$ , where the active temperature  $T_A$  is defined as  $6\pi\eta a v_0^2/D_\Omega$ , and which expresses the fact that in the asymptotic regime, active Brownian motion can be thought as passive Brownian motion in a homogeneous, hotter bath.

In the short-time limit,  $D_\Omega t \ll 1$ , on the other hand, the mean-squared displacement has the expression  $\langle \mathbf{x}^2 \rangle \approx v_0^2 t^2 (1 + 6D_B/v_0^2 t)$  that characterizes the ballistic regime in the time regime  $1 \gg D_\Omega t \gg 6\text{Pe}^{-1}$  and diffusive with diffusion constant  $D_B$  in the time regime  $D_\Omega t \ll 6\text{Pe}^{-1}$  as is shown in Fig. 3 for  $\text{Pe} = 10^3$ . The apparent resemblance of Eq. (31) with the corresponding one obtained from the Ornstein-Uhlenbeck (OU) process has been noticed before [81]. Observe, however, that if the fluctuation-dissipation relation is assumed to be valid for the OU process, both expressions cannot correspond to each other. Indeed, the fluctuation-dissipation relation on the OU process implies that speed scale due to diffusive behavior  $\sqrt{6D(\gamma/m)}$  equals the mean thermal propulsion speed that emerges in the ballistic regime of the mean-squared displacement  $v_T$ , where  $D$  is the diffusion coefficient,  $v_T \equiv \sqrt{6k_B T/m}$ ,  $m$  the particle mass, and  $\gamma = 6\pi\eta a$  the coefficient of the dragging force that appears in the corresponding Langevin equation for the Ornstein-Uhlenbeck process. In contrast, such equivalence cannot be established from Eq. (31), since the speed scale  $\sqrt{6D(\gamma/m)}$  associated to diffusion behavior with diffusion constant  $D_{\text{eff}}^0$  does not agree with  $v_0$ . This discrepancy explicitly shows the departure from equilibrium measured

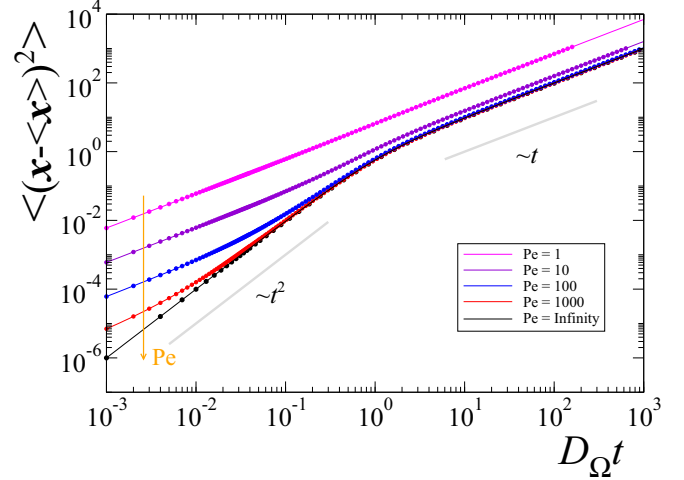


FIG. 3. Time dependence of the total mean-squared displacement, in units of  $D_\Omega^{-1}$  and  $v_0^2/D_\Omega$ , respectively, for different values of the Péclet number, namely, 1, 10, 100, 1000, and infinity. In these units the effective diffusion constant is given by  $1 + (\text{Pe})^{-1}$ .

by  $(v_0^2/v_T^2)(\gamma/m)/D_\Omega$ , evidently the fluctuation-dissipation relation is restored whenever  $v_0 \ll v_T$  and/or  $(\gamma/m) \ll D_\Omega$ .

Another aspect of interest corresponds to the short-time behavior of the front propagation of self-propelled particles. As mentioned before, the transmission fidelity of signals (defined as the propagation without the effects of reverberation or wake), as discussed by John D. Barrow in Ref. [76], favors three dimensions supporting the anthropic principle. A quantity that provides a measure for the shape of the propagation front and therefore of signal fidelity is the kurtosis,  $\kappa$ , of the distribution for the particle positions. A definition of kurtosis for a multivariate distribution is given by Mardia *et al.* [82], which at time  $t$  is given by

$$\kappa = \langle [\mathbf{x} - \langle \mathbf{x} \rangle] \cdot \Sigma^{-1} \cdot [\mathbf{x} - \langle \mathbf{x} \rangle] \rangle, \quad (32)$$

where  $\Sigma$  corresponds to the covariance matrix defined by the average of the dyadic product  $[\mathbf{x} - \langle \mathbf{x} \rangle] \cdot [\mathbf{x} - \langle \mathbf{x} \rangle]$ . For Gaussian distributions the kurtosis gives the invariant value 15, 8, and 3 in three, two, and one dimensions, respectively. Thus, any deviation from these values measure the departure from a Gaussian behavior either by transient effects from nonequilibrium initial distributions or by the breakdown of the fluctuation-dissipation relation. In the same spirit, the kurtosis could equally characterize the shape of the distribution for which propagation wakelike effects can be identified.

The time dependence of the kurtosis provides a mark for the temporal evolution of the distribution of the particle positions. For instance, for the three-dimensional Ornstein-Uhlenbeck process, the kurtosis of the particle position distribution deviates from its corresponding value 15, basically due to transient effects induced by nonequilibrium initial distributions, which are convoluted with the Gaussian propagator in the general solution of the corresponding Fokker-Planck equation. In the present analysis we leave aside these kind of transient effects and focus on the time dependence of the kurtosis of the corresponding Green functions for the self-propelled particles, i.e., in the distribution of the particle positions.



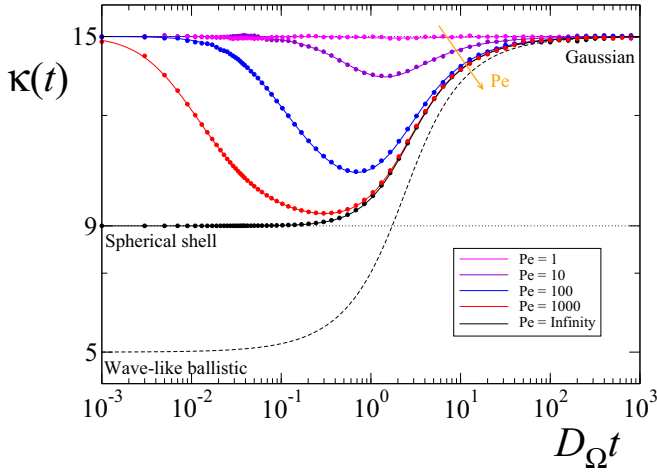


FIG. 4. Time dependence of the kurtosis,  $\kappa(t)$  for the rotationally invariant case, for several values of the  $Pe$ . Solid lines are plots of analytical expression of  $\kappa(t)$  as explained in text, while squares are the values obtained from numerical simulations. The dashed line corresponds to the kurtosis when the probability density  $P_0^0$  is obtained from the telegrapher's Eq. (23) and  $Pe = \text{Infinity}$ .

If no chirality effects are present, the distribution of particles are spherically distributed around an arbitrary point (the location of the initial pulse) in space, which, without loss of generality, can be chosen as the origin. In such a case, the kurtosis acquires a simple form, namely

$$\kappa(t) = 9 \frac{\langle \mathbf{x}^4(t) \rangle}{[\langle \mathbf{x}^2(t) \rangle]^2}, \quad (33)$$

for which only the fourth and second moments are required. An analogous expression to Eq. (28) can be found for the fourth moment, namely

$$\langle \mathbf{x}^4(t) \rangle = 60 (D_B t)^2 + 12 D_B t \langle \mathbf{x}^2(t) \rangle_0 + \langle \mathbf{x}^4(t) \rangle_0 + 48 D_B t \left[ \frac{\sqrt{2}(2\pi)^2}{k} \frac{\partial}{\partial k} \hat{P}_0^0(\mathbf{k}, t) \right]_{\mathbf{k}=0}. \quad (34)$$

The first term in the right-hand side corresponds to the contribution due to translational fluctuations and  $\langle \mathbf{x}^2(t) \rangle_0$  is given in Eq. (31).

Calculation of the last two terms in Eq. (34) requires the knowledge of  $\sqrt{4\pi} P_0^0(\mathbf{x}, t)$ . If the  $P_2$ 's coefficients and higher-order multipoles are neglected, the fourth moment is approximated by the one of the telegrapher's equation propagator Eq. (23), which leads only to an approximated expression for the time dependence of  $\langle \mathbf{x}^4(t) \rangle_0$  [23,25]. Such approximation results in a kurtosis whose time dependence gives the value 5 in the short-time regime  $D_\Omega t \ll 1$ , a value that characterizes wavelike propagation with wake effects. As time increases, the kurtosis grows monotonically to saturate at the value 15 in the diffusive regime or long-time limit (thin-dashed line in Fig. 4).

If the coupling of the  $P_2$ 's coefficients to higher multipoles are neglected, Eq. (22) can be closed for  $\hat{P}_0^0$  and can be written

as (recall that  $\tau_0 = 0$ )

$$\begin{aligned} \frac{d^2}{dt^2} \hat{P}_0^0(\mathbf{k}, t) + 2D_\Omega \frac{d}{dt} \hat{P}_0^0(\mathbf{k}, t) + v_0^2 \mathbf{k}^2 \int_0^t ds \phi(t-s) \hat{P}_0^0(\mathbf{k}, s) \\ = \sqrt{\frac{8}{15}} \left( \frac{v_0}{2} \right)^2 e^{-6D_\Omega t} \left[ Q(\mathbf{k}) + 4\sqrt{\frac{2}{15}} \mathbf{k}^2 \hat{P}_0^0(\mathbf{k}, 0) \right], \end{aligned} \quad (35)$$

where the memory function  $\phi(t)$  is given explicitly by  $\frac{3}{5}\delta(t) - \frac{8}{5}D_\Omega e^{-6D_\Omega t}$  and

$$\begin{aligned} Q(\mathbf{k}) = (k_y - ik_x)^2 \hat{P}_2^2(\mathbf{k}, 0) + (k_y + ik_x)^2 \hat{P}_2^{-2}(\mathbf{k}, 0) \\ + 2ik_z [(k_y - ik_x) \hat{P}_2^1(\mathbf{k}, 0) + (k_y + ik_x) \hat{P}_2^{-1}(\mathbf{k}, 0)] \\ + \left( \frac{2}{3} \right)^{1/2} [(k_x^2 + k_y^2) - 2k_z^2] \hat{P}_2^0(\mathbf{k}, 0) \end{aligned} \quad (36)$$

is a term that depends only on the initial conditions and that vanishes for the initial conditions chosen.

Though a mere approximation, the solution to Eq. (35), which in Fourier-Laplace domain is given by

$$\hat{P}_0^0(\mathbf{k}, \epsilon) = \hat{P}_0^0(\mathbf{k}, 0) \frac{\epsilon + 2D_\Omega + \frac{4}{15} \frac{v_0^2 \mathbf{k}^2}{\epsilon + 6D_\Omega}}{\epsilon^2 + 2D_\Omega \epsilon + v_0^2 \mathbf{k}^2 \tilde{\phi}(\epsilon)}, \quad (37)$$

leads to the exact time dependence of  $\langle \mathbf{x}^4(t) \rangle_0$  and to the last term in Eq. (34), as is shown when compared to numerical simulations.

The exact formula for the fourth moment is found from the following equation:

$$\begin{aligned} \frac{d^2}{dt^2} \langle \mathbf{x}^4(t) \rangle_0 + 2D_\Omega \frac{d}{dt} \langle \mathbf{x}^4(t) \rangle_0 \\ = 12v_0^2 \langle \mathbf{x}^2(t) \rangle_0 - 32v_0^2 D_\Omega \int_0^t ds e^{-6D_\Omega(t-s)} \langle \mathbf{x}^2(s) \rangle_0, \end{aligned} \quad (38)$$

which is directly obtained from Eq. (35) when multiplied by  $\mathbf{x}^4$  and integrated over all space. The solution to the last equation is given in terms of the second moment of  $P_0^0(\mathbf{x}, t)$  as

$$\begin{aligned} \langle \mathbf{x}^4(t) \rangle_0 = 4v_0^2 \int_0^t ds \int_0^s ds' e^{-2D_\Omega(s-s')} \left[ 3\langle \mathbf{x}^2(s') \rangle_0 \right. \\ \left. - 8D_\Omega \int_0^{s'} ds'' e^{-6D_\Omega(s'-s'')} \langle \mathbf{x}^2(s'') \rangle_0 \right]. \end{aligned} \quad (39)$$

After substitution of the second moment and evaluation of the integrals we get

$$\begin{aligned} \langle \mathbf{x}^4(t) \rangle_0 = \frac{v_0^4}{D_\Omega^4} \left[ \frac{5}{3} (D_\Omega t)^2 - \frac{26}{9} D_\Omega t - e^{-2D_\Omega t} D_\Omega t \right. \\ \left. + 2(1 - e^{-2D_\Omega t}) - \frac{1}{54} (1 - e^{-6D_\Omega t}) \right], \end{aligned} \quad (40)$$

which gives the exact time-dependence for the fourth moment of the distribution that carries the effects of persistence. In the short-time regime  $\langle \mathbf{x}^4(t) \rangle_0$  is simplified to  $v_0^4 t^4$  and therefore a kurtosis in this regime gets the value 9, which differs from the value 5 for the distribution of positions corresponding to the wavelike propagation (see Fig. 4). It can be shown that the value 9 corresponds to a position distribution whose shape at

time  $t$  is a spherical shell given by  $\delta^{(3)}(|\mathbf{x}| - ct)/4\pi|\mathbf{x}|^2$ . In the asymptotic limit,  $D_\Omega t \gg 1$ , Eq. (40) gives  $\langle \mathbf{x}^4(t) \rangle_0 \rightarrow (5/3)(v_0/D_\Omega)^4(D_\Omega t)^2$ , from which the kurtosis value 15, corresponding to Gaussian distributions, is obtained.

The factor in square brackets in the last term in the right-hand side of Eq. (34) can now be calculated with the help of Eq. (37), namely, after Laplace inversion we get

$$\left[ \frac{\sqrt{2}(2\pi)^2}{k} \frac{\partial}{\partial k} \hat{P}_0^0(\mathbf{k}, t) \right]_{k=0} = \frac{v_0^2}{6D_\Omega^2} [1 - e^{-2D_\Omega t} - 2D_\Omega t]. \quad (41)$$

By collecting the results of Eqs. (30), (40), (41), and (28) and putting them in Eq. (33), the time dependence of the kurtosis is obtained. In Fig. 4 such a dependence is shown for different values of  $Pe$ , namely 1, 10, 100, 1000, and infinity. A comparison with the numerical solutions of Eqs. (1) is also presented in the same figure, an excellent agreement with the analytical solution (lines) is remarkable.

### B. Effects of chirality about a fixed direction

Consideration of chirality in the locomotion behavior of active particles is justified in many observed patterns of motion of biological organisms or artificial active particles [53,83]. Due to different mechanisms, chirality breaks rotational symmetry, which makes diffusion anisotropic; in the simple case in which the rotational symmetry is broken about a fixed, arbitrary direction, diffusion is split into diffusion along that direction and along the perpendicular plane. We set such a direction as  $\hat{z}$  for simplicity; the diffusive approximation leads to the equation

$$\frac{d^2}{dt^2} \hat{P}_0^0(\mathbf{k}, t) + 2D_\Omega \frac{d}{dt} \hat{P}_0^0(\mathbf{k}, t) + \frac{v_0^2}{3} \mathbf{k}^2 \hat{P}_0^0(\mathbf{k}, t) = \frac{v_0^2}{3} \mathbf{k}_\perp^2 \tau_0 \int_0^t ds \eta(t-s) \hat{P}_0^0(\mathbf{k}, s), \quad (42)$$

where  $\mathbf{k}_\perp = (k_x, k_y)$  denotes the vectors in  $\mathbf{k}$  space that span the two-dimensional subspace orthogonal to the direction  $k_z$ . The last expression generalizes the telegrapher Eq. (23),  $\eta(t) \equiv \tau_0 e^{-2D_\Omega t} \sin \tau_0 t$  being a memory function that makes evident the anisotropic effects induced by chirality. An explicit solution that considers this anisotropy can be found in the Laplace-Fourier domain, to say

$$\tilde{P}_0^0(\mathbf{k}, \epsilon) = \frac{(\epsilon + 2D_\Omega) \hat{P}_0^0(\mathbf{k}, 0)}{(\epsilon + D_\Omega)^2 + \omega_k^2 - \frac{v_0^2}{3} \mathbf{k}_\perp^2 \frac{\tau_0^2}{(\epsilon + 2D_\Omega)^2 + \tau_0^2}}, \quad (43)$$

where, as before, we have used initial conditions with vanishing probability flux, i.e.,  $d\hat{P}_0^0(\mathbf{k}, 0)/dt = 0$ , and  $\omega_k^2$  is given in Eq. (25). As is immediately clear from Eq. (43), the marginal probability distribution in the long-time regime along the  $\hat{z}$  direction,  $P_0^0(z, t)$  obtained from Eq. (43) when evaluating the inverse Laplace-Fourier transform with  $\mathbf{k}_\perp = 0$ , is not affected by chirality, and it satisfies the standard one-dimensional telegrapher's equation, whose integrodifferential form is given

by the expression

$$\frac{\partial}{\partial t} P_0^0(k_z, t) = \frac{v_0^2}{3} \int_0^t ds e^{-2D_\Omega(t-s)} \frac{\partial^2}{\partial k_z^2} \hat{P}_0^0(k_z, s), \quad (44)$$

and whose solution is well known to be appropriate in the long-time regime [84]. In contrast, the marginal probability distribution,  $P_0^0(\mathbf{x}_\perp, t)$ , on the plane where rotational motion due to chirality takes place, satisfies the continuity equation

$$\frac{\partial}{\partial t} P_0^0(\mathbf{x}_\perp, t) + \nabla_\perp \cdot \mathbf{J}(\mathbf{x}_\perp, t) = 0, \quad (45)$$

provided that initial conditions with vanishing probability flux are chosen and  $\nabla_\perp \equiv (\partial/\partial x, \partial/\partial y)$ . The total probability current in Eq. (45),  $\mathbf{J}(\mathbf{x}_\perp, s)$ , is the sum of two contributions: one that we denote with

$$\mathbf{J}_p(\mathbf{x}_\perp, t) = -(v_0^2/3) \int_0^t ds e^{-2D_\Omega(t-s)} \nabla_\perp P_0^0(\mathbf{x}_\perp, s), \quad (46)$$

which is the current generated not only by the instantaneous of the negative of the gradient of the instantaneous density inhomogeneities, but for all previous ones weighted by an exponentially decaying memory function that lead to the persistence effects. The other contribution denoted with

$$\mathbf{J}_{ch}(\mathbf{x}_\perp, t) = (v_0^2/3) \int_0^t ds e^{-2D_\Omega(t-s)} \times \int_0^s ds' \eta(s-s') \nabla_\perp P_0^0(\mathbf{x}_\perp, s') \quad (47)$$

corresponds to a current in the direction of the gradient of the doubly convoluted probability density with memory functions  $e^{-2D_\Omega t}$  and the one that incorporates the effects of chirality,  $\eta(t)$  just defined above. With these considerations, combination of Eq. (45) with the constitutive relation Eqs. (46) and (47) constitutes the long-time-regime Smoluchowski equation for chiral, active particles. As is shown in the following, this equation provides the exact time dependence of the mean-squared displacement from which expressions for the effective diffusion coefficient can be derived and that have been obtained before from Langevin equations for Brownian circle swimmers [50,55,85].

From Eq. (43) the explicit time-dependence contribution to the mean-squared displacement, due to active motion, can be straightforwardly obtained, namely

$$\langle \mathbf{x}^2(t) \rangle_0 = \frac{v_0^2}{D_\Omega} \left( \frac{D_\Omega^2 + \tau_0^2/12}{D_\Omega^2 + \tau_0^2/4} \right) t - \frac{1}{6} \frac{v_0^2}{D_\Omega^2} (1 - e^{-2D_\Omega t}) + \frac{4}{3} \frac{v_0^2 \tau_0^2}{(4D_\Omega^2 + \tau_0^2)^2} \left[ \left( 1 - 4 \frac{D_\Omega^2}{\tau_0^2} \right) \times (1 - e^{-2D_\Omega t} \cos \tau_0 t) - 4 \frac{D_\Omega}{\tau_0} e^{-2D_\Omega t} \sin \tau_0 t \right], \quad (48)$$

where the effects of chirality about the  $\hat{z}$  direction are apparent.

Addition of the translational component  $6D_B t$  to the last expression gives the total mean-squared displacement [see Eq. (28)]. In Fig. 5 the time dependence of the total mean-squared displacement is shown for two different situations, first for a large, fixed value of chirality, namely  $\tau_0/D_\Omega = 100$ , and

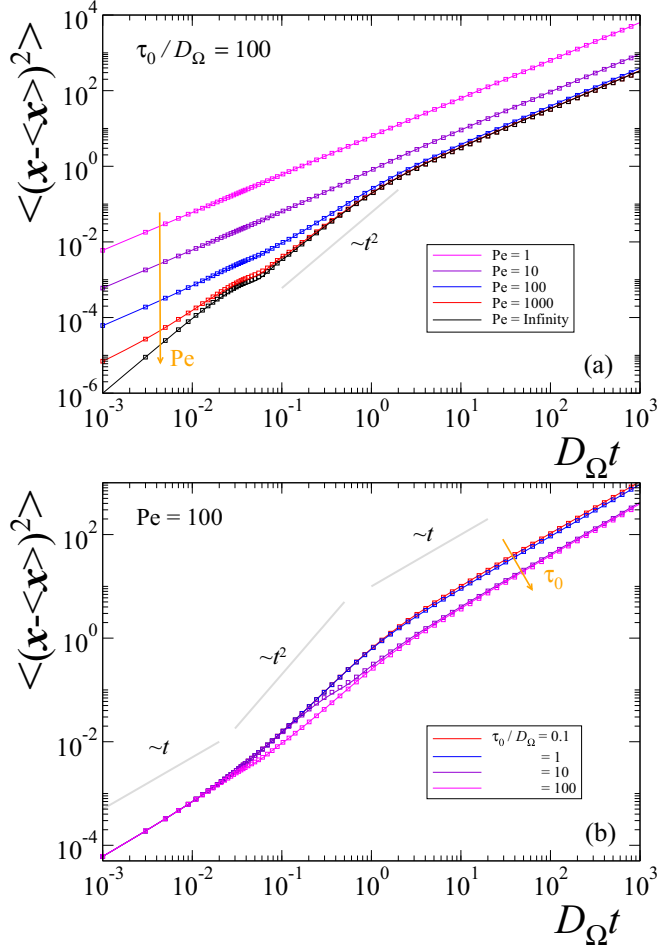


FIG. 5. Mean-squared displacement in units of  $v_0^2/D_\Omega^2$  as function of the dimensionless time  $D_\Omega t$ , for different values of the Péclet number, namely 1, 10, 100, 1000 for a large, fixed chirality  $\tau_0/D_\Omega = 100$  (a); and for different values of chirality, 0.1, 1, 10, 100, and a large value of  $Pe = 100$  for which the effects of persistence are important (b). Squares correspond to data gathered from numerical simulations while lines are plots of Eq. (28) with  $\langle x^2(t) \rangle_0$  given by Eq. (48).

different values of the Péclet number [Fig. 5(a)]. The effects of chirality are revealed in the time regime  $t \sim \tau_0^{-1}$  for values of the Péclet number for which the effects of persistence are conspicuous,  $Pe = 1000$  and infinity. In the long time regime the effective diffusion coefficient diminishes as  $Pe$  is increased, bounded from below by  $D_B + D_A/3$  [see Eq. (49)].

In the long-time regime normal diffusion dominates the time dependence leading to the effective diffusion coefficient [60],

$$D_{\text{eff}} = D_B + \frac{1}{6} \frac{v_0^2}{D_\Omega} \left( \frac{D_\Omega^2 + \tau_0^2/12}{D_\Omega^2 + \tau_0^2/4} \right), \quad (49)$$

which results in a monotonous function of both  $D_\Omega$  and  $\tau_0$ . For fixed Péclet number the effective diffusion coefficient is bounded from above by  $D_{\text{eff}}^0$ , and from below by  $D_B + D_A/3$ . The first-order correction is quadratic in  $\tau_0/D_\Omega$  when  $\tau_0/D_\Omega \ll 1$ , namely  $D_{\text{eff}} \approx D_{\text{eff}}^0 - (D_A/6)\tau_0^2/D_\Omega^2$ , contrarily, the first-order correction when  $\tau_0/D_\Omega \gg 1$  is  $D_{\text{eff}} \approx D_B + (D_A/3)(1 + 8\tau_0^2/D_\Omega^2)$ .

In Fig. 5(b), the mean-squared displacement is shown for the fixed Péclet number 100, value for which the effects of persistence of active motion are important, and different values of chirality. In the short-time regime the mean-squared displacement is linear in  $t$  with a diffusion coefficient that depends only  $Pe$  and not on chirality as is apparent in the figure. At long times, in the diffusive regime, the effective diffusion coefficient diminishes as chirality is increased, bounded from below by  $D_B + D_A/3$  [see Eq. (49)].

Due to the anisotropy induced by chirality, the motion can be split into motion along the  $\hat{z}$  direction and motion on the plane orthogonal to  $\hat{z}$ . It is straightforward to show that the mean-squared displacement along the  $\hat{z}$  direction, computed from Eq. (44), is one third of the result given in Eq. (28). On the other hand, we reproduce the exact time-dependence of the mean-squared displacement [50,85] on the  $\hat{x}\hat{y}$  plane directly from the Smoluchowski equation given by Eqs. (45)–(47) and given explicitly by

$$\begin{aligned} \langle x_\perp^2(t) \rangle = & 4D_\perp t + \frac{4}{3} \frac{v_0^2 \tau_0^2}{(4D_\Omega^2 + \tau_0^2)^2} \left[ \left( 1 - 4 \frac{D_\Omega^2}{\tau_0^2} \right) \right. \\ & \left. \times (1 - e^{-2D_\Omega t} \cos \tau_0 t) - 4 \frac{D_\Omega}{\tau_0} e^{-2D_\Omega t} \sin \tau_0 t \right], \end{aligned} \quad (50)$$

shown in Fig. 6 for different values of  $Pe$  and  $\tau/D_\Omega$ , symbols correspond to data from numerical simulations while lines to plots of the analytical Eq. (50). Notice the conspicuous oscillations for  $Pe \gg 1$  and  $\tau_0/D_\Omega \gg 1$ .

If the limit  $t \rightarrow \infty$  is applied to Eq. (50) after dividing by  $4t$ , we recover previous results regarding the effective diffusion coefficient of chiral, active particles in two dimensions [45,55], namely

$$D_\perp = D_B + \frac{2}{3} v_0^2 \frac{D_\Omega}{4D_\Omega^2 + \tau_0^2}, \quad (51)$$

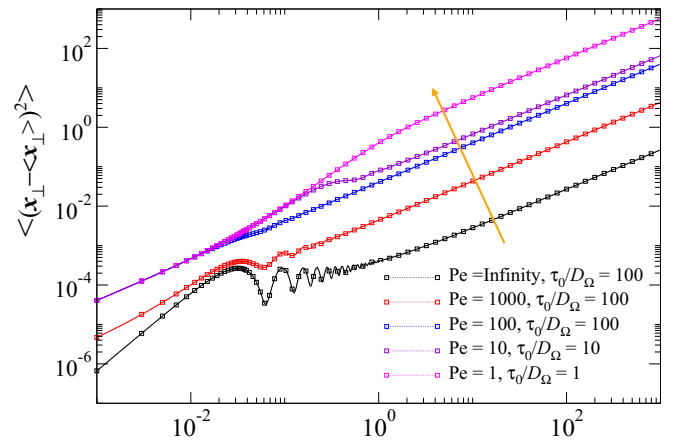


FIG. 6. Time dependence of the mean-squared displacement  $\langle (x_\perp - \langle x_\perp \rangle)^2 \rangle$  in units of  $v^2/D_\Omega^2$  along the  $\hat{x}\hat{y}$  plane perpendicular to the chirality direction, as function of the dimensionless time  $D_\Omega t$ . Analytical Eq. (50) is shown in solid lines while data acquired from numerical simulations are shown by squares.

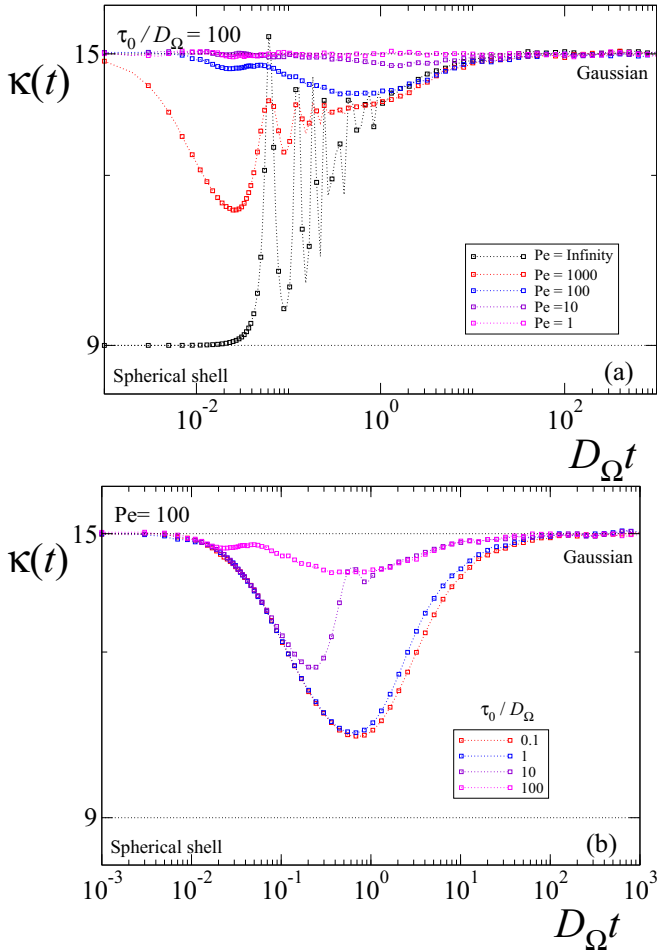


FIG. 7. Time-dependence of the kurtosis  $\kappa(t)$  as defined in Eq. (32) for different values of the Péclet number and chirality:  $\tau_0/D_\Omega = 100$  (a) and for different values of chirality for a fixed value of the Péclet number,  $Pe = 100$  (b). Dotted lines are guides for the eye.

which is a nonmonotonous function of  $D_\Omega$  reaching its maximum value  $D_B + v_0^2/6\tau_0$  at  $D_\Omega = \tau_0/2$ , as has been pointed out in [Ref. [55], and references therein] for active particle diffusing in two dimensions under the effects of a constant torque or in Ref. [59] for the two-dimensional chiral random walker.

Another relevant aspect refers to the effects of chirality on the “shape” of the probability distribution of the particle positions, measured by the kurtosis [23,25,63,86]. As has been pointed out in the previous section, and in Refs. [23,25] for the two-dimensional case, the exact, analytical time-dependence of the kurtosis is obtained by keeping the quadrupole terms, which make the calculation particularly difficult due to the anisotropy induced by chirality that makes the use of Eq. (33) useless. In the top panel of Fig. 7, the exact time-dependence of the kurtosis, obtained from numerical simulations for  $\tau_0/D_\Omega = 100$  and different values  $Pe$ , is shown. In the short-time regime, the probability distribution is approximately Gaussian, except for the case  $Pe = \infty$ , for which the persistence effects are dominant leading to an expanding spherical shell ( $\kappa \simeq 9$ ) as the shape of the

position distribution of the particles. Afterwards, the kurtosis diminishes due to the effects of persistence and rises again to reach a Gaussian in the asymptotic limit. Note, however, that for large values of the Péclet number, *oscillations* of the kurtosis appear in the short-time regime basically due to the helical nature of the particle trajectories. The oscillations mark periods of time where particles are tightly distributed (values close to 9) and periods of time where the particles tend to spread as a Gaussian distribution.

In the bottom panel of Fig. 7,  $\kappa(t)$  is shown as function of time for  $Pe = 100$  and different values of  $\tau_0$ , that is to say  $\tau_0 = 0.1D_\Omega, D_\Omega, 10D_\Omega$ , and  $100D_\Omega$ . It is natural to expect that no traces of rotational motion are observed in the particle position distribution if the period of rotation is less or of the order of the persistence time (the lines that have a deeper minima); however, if the rotation period is larger than the persistence time, oscillations are present (barely distinguishable in the case  $\tau_0/D_\Omega = 100$ ).

### C. Uniformly distributed random directions of chirality: “Anomalous, yet Brownian, diffusion”

Last, we consider the case at which each chiral active particle has its “own” axis of rotation, constant in time, but arbitrary. We choose the simple case that corresponds to an ensemble of chiral particles whose rotation axes are uniformly distributed on the unitary sphere. In that situation, it is observed from numerical simulations (see Fig. 8) that the stationary value of the kurtosis  $\kappa_s = \lim_{t \rightarrow \infty} \kappa(t)$  of the distribution of positions departs from the Gaussian one with the intensity of chirality for Péclet numbers larger than 1. As shown,  $\kappa_s$  increases for  $\tau_0/D_\Omega \gtrsim 1$ , indicating a non-Gaussian “flatten” distribution of the particles positions caused by chirality. This asymptotic non-Gaussian regime is characterized by normal diffusion as has been checked from the numerical

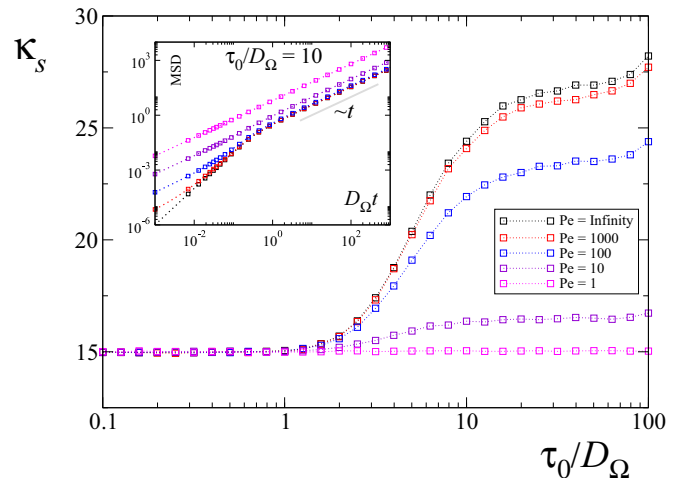


FIG. 8. Asymptotic values of the kurtosis,  $\kappa_s$ , vs. the dimensionless chirality,  $\tau_0/D_\Omega$ , for the values of the Péclet number: infinite, 1000, 100, 10, and 1. Dotted lines are guides for the eye. Inset contains the time dependence of the mean squared displacement for an ensemble of particles moving with a chirality direction uniformly distributed in the sphere and  $\tau_0/D_\Omega = 10$ . The linear dependence with time is shown in the long-time regime.

simulations (see inset in the same figure). This phenomenon has been observed in systems where tracers diffuse within complex fluids different systems and it is currently referred to as “anomalous, yet Brownian, diffusion” [87–89]. The phenomenon has been also observed in financial data analysis, particularly, the mean-squared displacement of the logarithm of the returns of the price of an asset in a financial market, grows linearly with time, while the probability density function of the log-returns is strongly non-Gaussian due to long-range memory effects of the absolute value of the log returns [90]. The phenomenon has been also addressed theoretically in different one-dimensional models [90–92]. In Ref. [90] the effects of long-range correlations of the direction of motion, introduced by particular microscopic rules of the displacements, on a random-walk are considered. In there, the authors find a departure from the expected Gaussian distribution of the particle positions, notwithstanding the mean-squared displacement being linear in time, an effect they referred to as “weakly anomalous diffusion.” Alternatively, a *nonpersistent* random walk model (in that there is no correlations in the displacement direction) that leads to the same phenomenon is considered in Ref. [91]. Such a model considers a stochastic, diffusion coefficient, from which the authors recover the main features observed in the experiments [87,88]. More recently the phenomenon has been reported as a consequence of delocalization in a model [92] for the diffusion of energy along an anharmonic, disordered lattice at finite temperature. Our results point out that “anomalous, yet Brownian, diffusion” occurs in a two-dimensional model of diffusing active, chiral particles subject to memory effects in the direction of motion (persistence). A more detailed analysis on the origin of this effect is necessary and will be discussed elsewhere.

## VI. CONCLUSIONS AND FINAL REMARKS

The diffusion of chiral, active Brownian particles in free, three-dimensional space has been considered. Particular attention was conceded to the probability density,  $P(\mathbf{x}, t)$ , of finding a particle at position  $\mathbf{x}$  at time  $t$  independently of its swimming direction, a quantity that is susceptible of experimental sampling by the use of single-particle tracking techniques. A systematic method, based on the multipole expansion of the complete probability density  $P(\mathbf{x}, \hat{\mathbf{v}}, t)$ , where  $\hat{\mathbf{v}}$  denotes the particle’s direction of motion, allows us to find Smoluchowski-like equations for  $P(\mathbf{x}, t)$  that includes the effects of chirality for different time regimes.

For the rotationally invariant motion, i.e., in the absence of chirality, diffusion is described by the standard telegrapher’s equation, which emerges from the method in the long-time regimen when the hierarchy can be cut up to the dipole terms. Notwithstanding the nature of the approximation, the telegrapher’s equation provides the exact time dependence of the mean-squared displacement for arbitrary values of the Péclet number as was verified by numerical simulations using the corresponding Langevin equation for active Brownian particles. We found that such is the case even when the effects of chirality are taken into account, in that instance, the telegrapher’s equation is modified by an extra term that carries the information about the anisotropy due to the rotational

component of the motion. Previous reported expressions for the effective diffusion coefficient were recovered from our theoretical framework.

The fourth moment of  $P(\mathbf{x}, t)$  was also calculated and the kurtosis, which measures the “shape” of the probability density, was analyzed. For this, the quadrupole terms of the expansion were included in the analysis, which resulted into a generalization of the telegrapher’s equation from which analytical expressions for the fourth moment, and therefore for the kurtosis, were obtained in the rotationally invariant case. Numerical simulations were performed to verify the exactness of the time dependence of the kurtosis. In the isotropic case ( $\tau_0 = 0$ )  $\kappa(t)$  is bounded from below by 9, a value that corresponds to a spherical shell distribution, and from above by invariant value for a Gaussian distribution, 15, and exhibits a nonmonotonic behavior for finite values of the Péclet number in the form of a global minimum, which is related to the persistence effects. On the other hand, the particles trace stochastic helical trajectories along the  $\hat{\mathbf{z}}$  direction as chirality breaks rotational invariance, making diffusion anisotropic. For large enough Péclet numbers, the transient of the probability density shows an interesting oscillating behavior between a Gaussian shape and a spherical shell one. No analytical expressions were obtained in this case; however, it is possible to obtain analytical expression of the kurtosis of the marginal distribution of the particles position in the plane orthogonal to the axis of rotation.

The case for which a chiral active particle moves rotating along an axis of rotation uniformly distributed on the sphere is presented. A statistical analysis of the trajectories obtained from numerical simulations of the Langevin equations indicates that the asymptotic regime presents normal diffusion described by non Gaussian distribution, revealing an instance where “anomalous, yet Brownian, diffusion” is exhibited.

The results presented in this paper has proven that the method employed to obtain analytical expressions of the exact time dependence for standard experimental data, namely, the mean-squared displacement and the kurtosis of the particles position distribution, is valuable and complements the common approach based only on Langevin equations, particularly for the description of the combined effects of chirality and active motion, a situation that is of interest in biological and man-made systems. Though we have restricted our analysis to the case of free diffusion it is of interest to extend the method presented in this paper to the case when particles diffuse under the action of position- and velocity-dependent forces.

## ACKNOWLEDGMENT

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## APPENDIX A: THE LANGEVIN EQUATIONS FOR THE SPHERICAL ANGLES

The numerical solution of the Langevin equations in three-dimensional Euclidean coordinates given by Eqs. (1), as such, present instabilities if direct integrators are used, basically because they fail to preserve the norm of  $\hat{\mathbf{v}}$  during the time evolution.

Equation (1b) can be written in a simple form as

$$d\hat{v}_\lambda(t) = [\epsilon_{\lambda\mu\nu} dW_\mu] \hat{v}_\nu(t), \quad (\text{A1})$$

for which the multiplicative nature of the stochastic equations is made apparent. In Eq. (A1),  $\epsilon_{\lambda\mu\nu}$  is the completely antisymmetric or Levi-Civita tensor,  $dW_\mu(t) = \xi_{\mathcal{R}\mu}(t)$  is the Wiener process, and the Einstein convention, i.e., sum over repeated index, has been used. The first factor within square parenthesis in Eq. (A1) corresponds to the elements  $\mathbb{R}_{\lambda\mu}$ , of a stochastic skew-symmetric matrix  $\mathbb{R}$ . The statistical properties of rotational noise  $\xi_{\mathcal{R}}(t)$  were given in Sec. II, namely  $\langle \xi_{\mathcal{R}\mu}(t) \rangle = \tau_\mu$  and  $\langle \xi_{\mathcal{R}\mu}(t) \xi_{\mathcal{R}\nu}(s) \rangle = 2D_\Omega \delta(t-s) \delta_{\mu\nu}$ .

First, consider the case for which  $\tau_\mu = 0$  for each  $\mu$ . Since the constriction  $\hat{v}_i \hat{v}_i = 1$  is satisfied straightforwardly in spherical coordinates, a change of variables to such coordinate system is required, namely,

$$\hat{v}_x(t) = \sin \theta(t) \cos \varphi(t), \quad (\text{A2a})$$

$$\hat{v}_y(t) = \sin \theta(t) \sin \varphi(t), \quad (\text{A2b})$$

$$\hat{v}_z(t) = \cos \theta(t). \quad (\text{A2c})$$

The corresponding Langevin equations for the azimuthal  $\varphi(t)$  and polar  $\theta(t)$  angles can be obtained by the use the standard Itó interpretation of Eqs. (A1) as follows. Equations (A2a) and (A2b) can be written in the complex plane as

$$\hat{v}_x(t) + i \hat{v}_y(t) = \sin \theta(t) e^{i\varphi(t)} = e^{\alpha(t) + i\varphi(t)}, \quad (\text{A3})$$

after application of Itó calculus [66] to Eqs. (A2c), (A3), and some algebraic steps we have that  $\varphi(t)$  and  $\theta(t)$  satisfy [93]

$$d\theta(t) = \frac{D_\Omega}{\tan \theta(t)} dt + dW_\theta(t), \quad (\text{A4a})$$

$$d\varphi(t) = \frac{dW_\varphi(t)}{\sin \theta(t)}, \quad (\text{A4b})$$

where  $dW_\theta(t)$ ,  $dW_\varphi(t)$  are two statistically independent Wiener processes defined through the transformations

$$dW_\theta(t) = \cos \varphi(t) dW_y(t) - \sin \varphi(t) dW_x(t), \quad (\text{A5})$$

$$dW_\varphi(t) = \sin \theta(t) dW_z(t) - \cos \theta(t) dW_+(t), \quad (\text{A6})$$

$dW_+(t) = \cos \varphi(t) dW_x(t) + \sin \varphi(t) dW_y(t)$  being a third independent Wiener process.

For finite  $\tau_\mu \neq 0$ , Eq. (A1) can be written as

$$d\hat{v}_\lambda(t) = [\epsilon_{\lambda\mu\nu} (\tau_\mu + dW_\mu)] \hat{v}_\nu(t), \quad (\text{A7})$$

and we can apply the same procedure as before leading, after some algebra, to Eqs. (2).

## APPENDIX B: THE FOKKER-PLANCK EQUATION

The probability density function of finding a particle at  $\mathbf{x}$  moving in the direction  $\hat{\mathbf{v}}$  at time  $t$  is defined as the ensemble average over the trajectories obtained from the Langevin Eq. (1) of  $\delta^{(3)}[\mathbf{x} - \mathbf{x}(t)] \delta^{(3)}[\hat{\mathbf{v}} - \hat{\mathbf{v}}(t)]$ , that is to say  $P(\mathbf{x}, \hat{\mathbf{v}}, t) \equiv \langle \delta^{(3)}[\mathbf{x} - \mathbf{x}(t)] \delta^{(3)}[\hat{\mathbf{v}} - \hat{\mathbf{v}}(t)] \rangle$ , where  $\delta^{(3)}(\mathbf{q}) = \delta(q_x) \delta(q_y) \delta(q_z)$  denotes the three-dimensional Dirac  $\delta$ .

Derivation of the corresponding Fokker-Planck equation for  $P(\mathbf{x}, \hat{\mathbf{v}}, t)$ , Eq. (3), is straightforward by use of the theorem of Novikov (this is the procedure used in this paper) applied to the Langevin Eq. (1) assuming Gaussian white noises. There is, however, a general phenomenological derivation of related diffusion-like transport equations that has been considered in Ref. [70]. After differentiation of  $P(\mathbf{x}, \hat{\mathbf{v}}, t)$  with respect to time, we get

$$\begin{aligned} \frac{\partial}{\partial t} P(\mathbf{x}, \hat{\mathbf{v}}, t) + v_0 \hat{\mathbf{v}} \cdot \nabla P(\mathbf{x}, \hat{\mathbf{v}}, t) &= \nabla_{\hat{\mathbf{v}}} \cdot (\hat{\mathbf{v}} \times \boldsymbol{\tau}) P(\mathbf{x}, \hat{\mathbf{v}}, t) + \nabla_{\hat{\mathbf{v}}} \cdot [\hat{\mathbf{v}} \times \langle \xi_{\mathcal{R}}(t) \delta^{(3)}[\mathbf{x} - \mathbf{x}(t)] \delta^{(3)}[\hat{\mathbf{v}} - \hat{\mathbf{v}}(t)] \rangle] \\ &\quad - \nabla \cdot \langle \xi_T(t) \delta^{(3)}[\mathbf{x} - \mathbf{x}(t)] \delta^{(3)}[\hat{\mathbf{v}} - \hat{\mathbf{v}}(t)] \rangle, \end{aligned} \quad (\text{B1})$$

where explicit use of Eq. (1) has been carried out. In the same spirit of Appendix A, we make use of a better notation to write, using the Einstein convention,

$$\begin{aligned} \frac{\partial}{\partial t} P(\mathbf{x}, \hat{\mathbf{v}}, t) + v_0 \hat{v}_\mu \frac{\partial}{\partial x_\mu} P(\mathbf{x}, \hat{\mathbf{v}}, t) &= \frac{\partial}{\partial \hat{v}_\mu} \epsilon_{\mu\nu\lambda} \hat{v}_\nu \tau_\lambda P(\mathbf{x}, \hat{\mathbf{v}}, t) + \frac{\partial}{\partial \hat{v}_\mu} \epsilon_{\mu\nu\lambda} \hat{v}_\nu \left\langle \xi_{\mathcal{R}\lambda}(t) \prod_\sigma \delta[x_\sigma - x_\sigma(t)] \delta[\hat{v}_\sigma - \hat{v}_\sigma(t)] \right\rangle \\ &\quad - \frac{\partial}{\partial x_\mu} \left\langle \xi_{T\mu}(t) \prod_\sigma \delta[x_\sigma - x_\sigma(t)] \delta[\hat{v}_\sigma - \hat{v}_\sigma(t)] \right\rangle. \end{aligned} \quad (\text{B2})$$

Novikov's theorem [67,94] allows us to write

$$\left\langle \xi_{\mathcal{R}\lambda}(t) \prod_\sigma \delta[x_\sigma - x_\sigma(t)] \delta[\hat{v}_\sigma - \hat{v}_\sigma(t)] \right\rangle = D_\Omega \left\langle \frac{\delta}{\delta \xi_{\mathcal{R}\lambda}} \prod_\sigma \delta[x_\sigma - x_\sigma(t)] \delta[\hat{v}_\sigma - \hat{v}_\sigma(t)] \right\rangle$$

and

$$\left\langle \xi_{T\lambda}(t) \prod_\sigma \delta[x_\sigma - x_\sigma(t)] \delta[\hat{v}_\sigma - \hat{v}_\sigma(t)] \right\rangle = D_B \left\langle \frac{\delta}{\delta \xi_{T\lambda}} \prod_\sigma \delta[x_\sigma - x_\sigma(t)] \delta[\hat{v}_\sigma - \hat{v}_\sigma(t)] \right\rangle,$$

and a direct calculation leads to

$$\left\langle \frac{\delta}{\delta \xi_{\mathcal{R}\lambda}} \prod_{\sigma} \delta[x_{\sigma} - x_{\sigma}(t)] \delta[\hat{v}_{\sigma} - \hat{v}_{\sigma}(t)] \right\rangle = -\epsilon_{\lambda\nu\mu} \hat{v}_{\nu} \frac{\partial}{\partial \hat{v}_{\mu}} P(x, \hat{v}, t),$$

$$\left\langle \frac{\delta}{\delta \xi_{\mathcal{T}\lambda}} \prod_{\sigma} \delta(\mathbf{x} - \mathbf{x}(t)) \delta(\hat{\mathbf{v}} - \hat{\mathbf{v}}(t)) \right\rangle = -\frac{\partial}{\partial x_{\lambda}} P(x, \hat{v}, t),$$

respectively, where Eqs. (A7) were used explicitly. By substitution of these results into Eq. (B2) we get the Fokker-Planck equation

$$\frac{\partial}{\partial t} P(x, \hat{v}, t) + v_0 \hat{v}_{\mu} \frac{\partial}{\partial x_{\mu}} P(x, \hat{v}, t) = \frac{\partial}{\partial \hat{v}_{\mu}} \epsilon_{\mu\nu\lambda} \hat{v}_{\nu} \tau_{\lambda} P(x, \hat{v}, t) - D_{\Omega} \frac{\partial}{\partial \hat{v}_{\mu}} \epsilon_{\mu\nu\lambda} \hat{v}_{\nu} \epsilon_{\lambda\sigma\rho} \hat{v}_{\sigma} \frac{\partial}{\partial \hat{v}_{\rho}} P(x, \hat{v}, t) + D_B \frac{\partial}{\partial x_{\mu}} \frac{\partial}{\partial x_{\mu}} P(x, \hat{v}, t),$$

which by the use of the relation  $\epsilon_{\mu\nu\lambda} \epsilon_{\lambda\sigma\rho} = \delta_{\mu\sigma} \delta_{\nu\rho} - \delta_{\mu\rho} \delta_{\nu\sigma}$  and that  $\hat{v}_i \hat{v}_i = 1$ , the last equation can be rewritten as

$$\frac{\partial}{\partial t} P(\mathbf{x}, \hat{\mathbf{v}}, t) + v_0 \hat{\mathbf{v}} \cdot \nabla P(\mathbf{x}, \hat{\mathbf{v}}, t) = \nabla_{\hat{\mathbf{v}}} \cdot (\hat{\mathbf{v}} \times \boldsymbol{\tau}) P(\mathbf{x}, \hat{\mathbf{v}}, t) + D_B \nabla^2 P(\mathbf{x}, \hat{\mathbf{v}}, t) + D_{\Omega} [\nabla_{\hat{\mathbf{v}}}^2 - \hat{\mathbf{v}} \cdot \nabla_{\hat{\mathbf{v}}} - (\hat{\mathbf{v}} \cdot \nabla_{\hat{\mathbf{v}}})^2] P(\mathbf{x}, \hat{\mathbf{v}}, t).$$

In spherical coordinates,  $\theta$ ,  $\varphi$ , that specify the direction of  $\hat{\mathbf{v}}$  in the unit sphere, it is satisfied that  $\hat{\mathbf{v}} \cdot \nabla_{\hat{\mathbf{v}}} = 0$  since  $\nabla_{\hat{\mathbf{v}}} = \hat{\boldsymbol{\theta}} \partial_{\theta} + \hat{\boldsymbol{\phi}} \frac{1}{\sin\theta} \partial_{\varphi}$  where  $\hat{\boldsymbol{\theta}}$  and  $\hat{\boldsymbol{\phi}}$  are unit vectors of the spherical coordinates. Thus, we get the Fokker-Planck

$$\begin{aligned} \frac{\partial}{\partial t} P(\mathbf{x}, \hat{\mathbf{v}}, t) + v_0 \hat{\mathbf{v}} \cdot \nabla P(\mathbf{x}, \hat{\mathbf{v}}, t) &= D_B \nabla^2 P(\mathbf{x}, \hat{\mathbf{v}}, t) + \frac{1}{\sin\theta} \frac{\partial}{\partial \varphi} [(\hat{\mathbf{v}} \times \boldsymbol{\tau}) \cdot \hat{\boldsymbol{\phi}} P(\mathbf{x}, \hat{\mathbf{v}}, t)] \\ &+ \frac{1}{\sin\theta} \frac{\partial}{\partial \theta} [\sin\theta (\hat{\mathbf{v}} \times \boldsymbol{\tau}) \cdot \hat{\boldsymbol{\phi}} P(\mathbf{x}, \hat{\mathbf{v}}, t)] + \mathcal{L}(\hat{\mathbf{v}}) P(\mathbf{x}, \hat{\mathbf{v}}, t), \end{aligned} \quad (\text{B3})$$

where  $\mathcal{L}(\hat{\mathbf{v}})$  is the Laplace-Beltrami or rotational diffusion operator, explicitly given by

$$\mathcal{L}(\hat{\mathbf{v}}) = D_{\Omega} \left[ \frac{1}{\sin\theta} \frac{\partial}{\partial \theta} \left( \sin\theta \frac{\partial}{\partial \theta} \right) + \frac{1}{\sin^2\theta} \frac{\partial^2}{\partial \varphi^2} \right]. \quad (\text{B4})$$

### APPENDIX C: THE MATRIX ELEMENTS $I_{\mu n, n'}^{m, m'}$

The matrix elements  $I_{\mu n, n'}^{m, m'}$  defined in Eqs. (17) can be computed directly in a standard fashion by the use of the explicit expression of the spherical harmonics  $Y_m^n(\hat{\mathbf{v}}) = (-1)^m \sqrt{\frac{(2n+1)(n-m)!}{4\pi(n+m)!}} P_n^m(\cos\theta) e^{im\varphi}$ , and the following recurrence relations for the associated Legendre polynomials:

$$\begin{aligned} (2n+1) \sin\theta P_n^m(\cos\theta) &= P_{n+1}^{m+1}(\cos\theta) - P_{n-1}^{m+1}(\cos\theta), \\ (2n+1) \cos\theta P_n^m(\cos\theta) &= (n+m) P_{n-1}^m(\cos\theta) + (n-m+1) P_{n+1}^m(\cos\theta). \end{aligned}$$

After some simple algebra we get

$$\begin{aligned} I_{x n, n'}^{m, m'} &= \frac{1}{2} \delta_{n', n+1} \left\{ \delta_{m, m'+1} \left[ \frac{(n' - m' - 1)(n' - m')}{(2n' - 1)(2n' + 1)} \right]^{1/2} - \delta_{m, m'-1} \left[ \frac{(n' + m' - 1)(n' + m')}{(2n' - 1)(2n' + 1)} \right]^{1/2} \right\} \\ &+ \frac{1}{2} \delta_{n', n-1} \left\{ \delta_{m, m'-1} \left[ \frac{(n' - m' + 2)(n' - m' - 1)}{(2n' + 1)(2n' + 3)} \right]^{1/2} - \delta_{m, m'+1} \left[ \frac{(n' + m' + 2)(n' + m' + 1)}{(2n' + 1)(2n' + 3)} \right]^{1/2} \right\}, \end{aligned} \quad (\text{C1a})$$

$$\begin{aligned} I_{y n, n'}^{m, m'} &= \frac{1}{2i} \delta_{n', n+1} \left\{ -\delta_{m, m'+1} \left[ \frac{(n' - m' - 1)(n' - m')}{(2n' - 1)(2n' + 1)} \right]^{1/2} - \delta_{m, m'-1} \left[ \frac{(n' + m' - 1)(n' + m')}{(2n' - 1)(2n' + 1)} \right]^{1/2} \right\} \\ &+ \frac{1}{2i} \delta_{n', n-1} \left\{ \delta_{m, m'+1} \left[ \frac{(n' + m' + 2)(n' + m' + 1)}{(2n' + 1)(2n' + 3)} \right]^{1/2} - \delta_{m, m'-1} \left[ \frac{(n' - m' + 2)(n' - m' + 1)}{(2n' + 1)(2n' + 3)} \right]^{1/2} \right\}, \end{aligned} \quad (\text{C1b})$$

$$I_{z n, n'}^{m, m'} = \delta_{n', n+1} \delta_{m, m'} \left[ \frac{(n' - m')(n' + m')}{(2n' - 1)(2n' + 1)} \right]^{1/2} + \delta_{n', n-1} \delta_{m, m'} \left[ \frac{(n' + m' + 1)(n' - m' + 1)}{(2n' + 1)(2n' + 3)} \right]^{1/2}. \quad (\text{C1c})$$

## APPENDIX D: THE MULTIPOLE EXPANSION

The expansion Eq. (11) is akin to the expansions in powers of the  $\hat{\mathbf{v}}$  introduced in Ref. [70] and used in Ref. [71] in the context of active particles. In Fourier space, the expansion Eq. (11) can be written in terms of powers of  $\hat{\mathbf{v}}$  by gathering terms of the same order in  $l$  as

$$\hat{P}(\mathbf{k}, \hat{\mathbf{v}}, t) = \tilde{\varrho}(\mathbf{k}, t) + e^{-2D_B t} \tilde{\mathbf{V}}(\mathbf{k}, t) \cdot \hat{\mathbf{v}} + e^{-6D_B t} \hat{\mathbf{v}} \cdot \tilde{\mathbf{Q}}(\mathbf{k}, t) \cdot \hat{\mathbf{v}} + \dots,$$

where

$$\tilde{\varrho}(\mathbf{k}, t) = e^{-D_B k^2 t} P_0^0(\mathbf{k}, t) / \sqrt{4\pi}$$

is interpreted as the Fourier transform of the density of particles and is related with the uniform distribution of the direction of motion on the sphere (monopole), which is the only term that remains in the asymptotic limit ( $t \rightarrow \infty$ ) of free diffusion. The next term,  $\tilde{\mathbf{V}}(\mathbf{k}, t) \cdot \hat{\mathbf{v}}$ , is identified with  $e^{-D_B k^2 t} \sum_m e^{-i\tau_0 m t} \hat{P}_1^m(\mathbf{k}, t) Y_1^m(\hat{\mathbf{v}})$ , and it refers to the dipole distribution of the direction of motion of the particles; in the context of the fluctuating hydrodynamics, it refers to the Fourier transform of the dimensionless velocity field  $\tilde{\mathbf{V}}(\mathbf{k}, t)$ , whose components are given explicitly by

$$\begin{aligned} \tilde{V}_x(\mathbf{k}, t) &= \sqrt{\frac{3}{8\pi}} e^{-D_B k^2 t} [e^{i\tau_0 t} \hat{P}_1^{-1}(\mathbf{k}, t) - e^{-i\tau_0 t} \hat{P}_1^1(\mathbf{k}, t)], \\ \tilde{V}_y(\mathbf{k}, t) &= -i \sqrt{\frac{3}{8\pi}} e^{-D_B k^2 t} [e^{i\tau_0 t} \hat{P}_1^{-1}(\mathbf{k}, t) + e^{-i\tau_0 t} \hat{P}_1^1(\mathbf{k}, t)], \\ \tilde{V}_z(\mathbf{k}, t) &= \sqrt{\frac{3}{4\pi}} e^{-D_B k^2 t} \hat{P}_1^0(\mathbf{k}, t). \end{aligned}$$

Analogously, the next multipole term  $\hat{\mathbf{v}} \cdot \tilde{\mathbf{Q}}(\mathbf{k}, t) \cdot \hat{\mathbf{v}}$  that corresponds to quadrupole distribution of the particle direction of motion, is identified with the sum of all the terms that contain the  $l = 2$  spherical harmonics, i.e.,  $\sum_m \hat{P}_2^m(\mathbf{k}, t) Y_2^m$ , from which the symmetric, traceless tensor  $\tilde{\mathbf{Q}}(\mathbf{k}, t)$  can be recognized, namely

$$\tilde{\mathbf{Q}}(\mathbf{k}, t) = \sqrt{\frac{15}{32\pi}} e^{-D_B k^2 t} \begin{pmatrix} e^{i2\tau_0 t} \hat{P}_2^{-2} + e^{-i2\tau_0 t} \hat{P}_2^2 - \sqrt{\frac{2}{3}} \hat{P}_2^0 & i[e^{-i2\tau_0 t} \hat{P}_2^2 - e^{i2\tau_0 t} \hat{P}_2^{-2}] & e^{i\tau_0 t} \hat{P}_2^{-1} - e^{-i\tau_0 t} \hat{P}_2^1 \\ i[e^{-i2\tau_0 t} \hat{P}_2^2 - e^{i2\tau_0 t} \hat{P}_2^{-2}] & -e^{i2\tau_0 t} \hat{P}_2^{-2} - e^{-i2\tau_0 t} \hat{P}_2^2 - \sqrt{\frac{2}{3}} \hat{P}_2^0 & -i[e^{i\tau_0 t} \hat{P}_2^{-1} + e^{-i\tau_0 t} \hat{P}_2^1] \\ e^{i\tau_0 t} \hat{P}_2^{-1} - e^{-i\tau_0 t} \hat{P}_2^1 & -i[e^{i\tau_0 t} \hat{P}_2^{-1} + e^{-i\tau_0 t} \hat{P}_2^1] & 2\sqrt{\frac{2}{3}} \hat{P}_2^0 \end{pmatrix},$$

where the arguments of the  $\hat{P}$ 's have been omitted for the sake of writing.

In the case of free diffusion, the case analyzed in this paper, the dipole and higher multipoles vanish asymptotically with time, leaving the rotationally symmetric monopole; however, this would not be the case if the particle diffuses under the influence of velocity-dependent forces. One situation of interest corresponds when the particles are under the effects of polar or nematic aligning forces [95].

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