# Dynamical mechanism of antifreeze proteins to prevent ice growth

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The fascinating ability of algae, insects, and fishes to survive at temperatures below normal freezing is realized by antifreeze proteins (AFPs). These are surface-active molecules and interact with the diffusive water-ice interface thus preventing complete solidification. We propose a dynamical mechanism on how these proteins inhibit the freezing of water. We apply a Ginzburg-Landau-type approach to describe the phase separation in the two-component system (ice, AFP). The free-energy density involves two fields: one for the ice phase with a low AFP concentration and one for liquid water with a high AFP concentration. The time evolution of the ice reveals microstructures resulting from phase separation in the presence of AFPs. We observed a faster clustering of pre-ice structure connected to a locking of grain size by the action of AFP, which is an essentially dynamical process. The adsorption of additional water molecules is inhibited and the further growth of ice grains stopped. The interfacial energy between ice and water is lowered allowing the AFPs to form smaller critical ice nuclei. Similar to a hysteresis in magnetic materials we observe a thermodynamic hysteresis leading to a nonlinear density dependence of the freezing point depression in agreement with the experiments.

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#### I. INTRODUCTION

The suppression of freezing temperature by antifreeze proteins (AFPs), which allows fishes, plants, and diatoms to survive even below 0°C is a fascinating phenomenon. Their activity was first observed in Arctic fishes in 1957 [1]. AFPs were isolated in 1969 [2] and were discovered in plants in 1992 [3,4]. For an overview see Ref. [5]. Four classes (I–IV) of antifreeze proteins are known, with wide structural diversity and sizes. These include a class of antifreeze glycoproteins (AFGPs) and a number of hyperactive antifreeze proteins in insects [6,7] as illustrated in Fig. 1. A large diversity of molecular structures is apparent and consequently their influence on antifreeze activity and grain growth [8] has to be considered. Due to the multiple hydrophilic ice-binding domains, the AFPs inhibit ice recrystallization and nucleation [9]. The difference between the temperature below which the AFPs cannot stop ice nucleation and the melting temperature of ice crystals in solution is called thermal hysteresis. Experimental results illustrate a connection between protein structure and the thermal hysteresis activity on the one hand [10,11], and between the protein structure and the ice growth patterns on the other [8,12].

The mechanism of AFP binding is still unresolved [18] since the details of the antifreeze effect are difficult to test experimentally, mainly because it is not easy to access them in their natural environment. Molecular dynamic simulations [11,19] are limited by the computing power and running times. Moreover the interaction between AFPs and the liquid-solid interface is determined by the choice of the water model and the potential parameters [20–28]. The simple freezing point depression such as observed in saline solutions is proportional to the molal concentration of the solute molecule [29], where the colligative property does not depend on the structure of the molecules. However, a more careful inspection of AFPs shows a nonlinear dependence

so that colligative effects are ruled out [11]. We propose a dynamical mechanism for freezing point depression by AFPs leading to a nonlinear dependence on the AFP density.

There is not a single mechanism known up to date that explains the AFP ice-binding affinity and specificity [6]. One reason lies in the considerable variation of the primary, secondary, and tertiary structure of AFPs [6,7,18,29–31] because the ice-binding affinity depends on the molecular recognition according to the key-lock principle [32,33]. The different kinds of structures lead to various kinetic models of AFP activity [10,17,34–38]. A significant difference can be found by the shape of the antifreeze activity between AFGP 4 and AFGP 8 [10,39]. In addition to that, several authors have substituted threonine residues and have investigated the influence on the thermal hysteresis [40,41] or have enhanced the activity of a  $\beta$ -helical antifreeze protein by engineered addition of coils [13,42].

Moreover, other authors have assessed the relationship between the noncolligative freezing-point depression and the molecular weight of AFPs [41,43] and have observed cooperative functioning between the larger and the smaller components [44]. The stabilization of supercooled fluids by thermal hysteresis proteins [45,46] is discussed with a number of models based on kinetics, statistical mechanics, and homogeneous or inhomogeneous nucleation [13,17,34,35,37-39,43,47–50]. All these models describe a thermal hysteresis as a function of concentration, but no pattern formation in space and time during the phase transition from liquid water to ice. In contrast, the Turing model [51] and the phase-field model [52,53] simulate the morphology of the microstructural growth but without thermal hysteresis. Our main goal is to include kinetic models capable to describe the experimental observations into the phase-field method and to justify the nonequilibrium stabilized supercooled liquid state of the hysteresis.

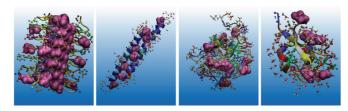


FIG. 1. (Color online) Four different classes of considered AFP structures (from left to right): *tenebrio molitor* (1EZG) as used in Ref. [13], *psodeupleuronectes americanus* (1WFB) as used in Refs. [14,15], *hemitripterus americanus* (2AFP) as used in Ref. [16], and *macrozoarces americanus* (1MSI) as used in Ref. [17]. Figures prepared with crystallographic data in RCSB Protein Data Bank.

We use coupled phase-field equations for the water-ice structure and the AFP concentration, which is connected with the question on how the protein structure influences antifreeze activity. The various phase-field approaches differ in the choice of the bulk free-energy density. We use the Gibbs free energy according to the classical Landau theory of a first-order phase transition as the freezing of water. This phenomenological free energy as a form of mean-field theory is expanded in a power series of the order parameter. The Landau coefficients describe the equilibrium as well as the metastable states of the ice-water system and can be deduced from properties of water as demonstrated in Ref. [52]. A more microscopic approach has to rely on water models like density functionals, which are currently not simultaneously available for water and ice. We therefore restrict ourselves to three phenomenological parameters, which can be linked to known water properties.

The dynamical formation of the microstructures are calculated by solving the coupled phase-field equations, which combine the phase-field theory of Caginalp [54–59], Cahn and Hilliard [60–63] with various kinetics [10,13,17,29,37]. In the next section we outline shortly the basic equations and models. Then we present the nonlinear freezing point depression from static conditions and support this by numerical discussions of the time-dependence of freezing suppression.

#### II. COUPLING OF AFP TO ICE STRUCTURE

We begin with a phase-field model [60] with ice nucleation of Cahn-Hilliard-type proposed in Ref. [61], due to the lack of complete understanding of water by first principles. We identify the ice structure by an order parameter u describing the "tetrahedricity" [64]:

$$u \sim 1 - M_T = 1 - \frac{1}{15\langle l^2 \rangle} \sum_{i,j} (l_i - l_j)^2,$$
 (1)

where  $l_i$  are the lengths of the six edges of the tetrahedron formed by the four nearest neighbors of the considered water molecule. For an ideal tetrahedron one has  $M_T = 0$  and the random structure yields  $M_T = 1$ . In this way it is possible to discriminate between ice and water molecules by using a two-state continuous function. Other authors prefer the "tetrahedrality" in order to define the order parameter [65–67]. We adopted a quartic-order parameter relationship

of Ginzburg-Landau-type for the free-energy density,

$$f(u,v) \sim \beta u + \lambda u^2 - 2\lambda u^3 + \lambda u^4 + c\left(\frac{\partial u}{\partial x}\right)^2$$
, (2)

allowing nonlinear structures to be formed. The fourth-order function enables a double-well potential for the description of the water-ice phase transition [68]. The coefficient  $\lambda$  describes the free-energy density scale and  $\beta$  the deviation from equilibrium.

The versatile action of different molecular structures of AFPs on the grain growths is simulated by an activity parameter relating the structural order parameter to the antifreeze concentration,  $f(u,v) \sim -a_1 uv$ . The coefficient  $a_1$  describes the interaction between the order parameter u and the antifreeze concentration v. This approach is different from the description of simple freezing-point depression in saline solutions [52,53] in that the AFPs act analogously to a magnetic field on charged particles thus providing a hysteresis.

We follow the philosophy of the conserving Cahn-Hilliard equation and assume that the time change of the order parameter is proportional to the gradient of a current  $\dot{u}=-\nabla j$ . The current itself is assumed to be a generalized force, which in turn is given by the gradient of a potential,  $j\sim\nabla\Phi$ . The latter is the variation of the free energy such that finally  $\dot{u}=-\nabla^2(-\frac{\partial f}{\partial u})$  results. From the differential form for a general continuity equation  $\frac{\partial v}{\partial t}+\frac{\partial j}{\partial x}=0$  with the AFP field v and the flux  $j=-\frac{\partial}{\partial x}(a_3v+a_2u)$ , we get a diffusion equation  $\frac{\partial v}{\partial t}=\frac{\partial^2}{\partial x^2}(a_2u+a_3v)$  as evolution for the AFP concentration. For further considerations we introduce the dimensionless quantities  $\tau=\frac{t}{t_0}$ ,  $\xi=\frac{x}{x_0}$ ,  $u=C_1\hat{\psi}$ ,  $v=C_2\rho$ , with  $C_1=1$ ,  $C_2=\frac{a_1}{12\lambda}$ ,  $x_0=\frac{1}{6}\sqrt{\frac{6c}{\lambda}}$ ,  $t_0=\frac{c}{72\lambda^2}$ , with  $\alpha_1=\frac{a_1^2}{12^2\lambda^2}$ ,  $\alpha_2=\frac{a_2}{12\lambda}$ , and  $\alpha_3=\frac{c\beta}{12\lambda^2}$ , such that the order parameter and the AFP concentration equations read

$$\frac{\partial \psi}{\partial \tau} = \frac{\partial^2}{\partial \xi^2} \left[ \alpha_3 + \left( \frac{1}{6} - a + a^2 \right) \psi + \left( a - \frac{1}{2} \right) \psi^2 + \frac{1}{3} \psi^3 - \alpha_1 \rho - \frac{\partial^2 \psi}{\partial \xi^2} \right], \tag{3}$$

$$\frac{\partial \rho}{\partial \tau} = \frac{\partial^2}{\partial \xi^2} (\psi + \alpha_2 \rho). \tag{4}$$

We have shifted  $\psi = \hat{\psi} - a$  by technical reasons since a = 1/2 allows the removal of the cubic term in the free energy.

The Cahn-Hilliard equation cannot be derived from the Onsager reciprocal theorem [69] because the Markovian condition is not satisfied [70], but it has the virtue of a conserving quantity. It possesses a stationary solution, which can be seen from the time evolution of the total free energy [71]:

$$\frac{d}{dt} \int f dV = \int \frac{\delta f}{\delta \psi} \frac{d\psi}{dt} dV = \int \frac{\partial f}{\partial \psi} \nabla^2 \left( \frac{\partial f}{\partial \psi} \right) dV$$

$$= -\int \left( \nabla \frac{\partial f}{\partial \psi} \right)^2 dV \leqslant 0. \tag{5}$$

### III. MECHANISM OF FREEZING-POINT DEPRESSION

## A. Phase diagram

We analyze the static solution of Eqs. (3) and (4) eliminating  $\rho = -\psi/\alpha_2$  and obtain

$$\frac{\partial^2 \psi}{\partial \xi^2} = \alpha_3 - \aleph \psi - \left(a - \frac{1}{2}\right) \psi^2 + \frac{1}{3} \psi^3 \equiv \frac{\partial \phi}{\partial \psi},\tag{6}$$

which can be understood as the Euler-Lagrange equations from the free energy,

$$f = \alpha_3 \psi - \aleph \frac{\psi^2}{2} + \left(a - \frac{1}{2}\right) \frac{\psi^3}{3} + \frac{1}{12} \psi^4 + \frac{1}{2} \left(\frac{\partial \psi}{\partial \xi}\right)^2$$

$$\equiv \phi + \frac{1}{2} \left(\frac{\partial \psi}{\partial \xi}\right)^2, \tag{7}$$

where we abbreviate  $\aleph = -\frac{1}{6} + a - a^2 - \frac{\alpha_1}{\alpha_2}$ . Equation (6) is easily integrated by multiplying both sides with  $\partial \psi / \partial \xi$  to yield

$$\frac{1}{2} \left( \frac{\partial \psi}{\partial \xi} \right)^2 = \phi + c \equiv \Phi, \tag{8}$$

providing the virial theorem  $f=2\phi+c=2\Phi-c=(\psi')^2-c$  as an expression for the conservation of energy. This fact allows us to calculate the static profile of the kink solution as shown. Depending on the parameter  $\alpha_1/\alpha_2$  and  $\alpha_3$  we obtain an asymmetric potential  $\Phi$  describing the thermodynamic hysteresis though  $\alpha_3$  does not influence the dynamics due to the differentiation in Eq. (3). Near the phase transition the potential  $\Phi$  becomes symmetric and possesses a reflection symmetry  $\Phi(\psi)=\Phi(-\psi)$  with the minimum  $\psi_{\min}=\pm\sqrt{3\aleph}$ . Hence, the constant c can be found from the condition  $\Phi(\sqrt{3\aleph})=-\frac{3}{4}\aleph^2+c=0$ .

In Fig. 2 the symmetric potential is plotted where the left and right minima reflect the stable phase of water and ice, respectively. The concave  $\partial^2 \Phi / \partial \psi^2 < 0$  region corresponds to a negative diffusion coefficient leading to structure formation. The flux diffuses up against the concentration gradient contrary

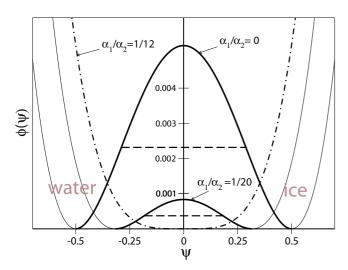


FIG. 2. (Color online) Free-energy density (solid) versus order parameter for different AFP concentrations, pure ice-water  $\frac{\alpha_1}{\alpha_2}=0$  (upper line). The freezing transition interval is given by  $\partial^2\phi/\partial\psi^2=0$  (dashed lines).

to the Onsager reciprocal theorem [69] and which is the unstable phase transition region. This freezing region is reduced by the AFP concentration where for  $\frac{\alpha_1}{\alpha_2} = \frac{1}{12}$  the double well vanishes.

## B. Linear stability analysis

It is also possible to compute the phase transition region with the help of the positive eigenvalues  $\mu$  of the linear stability analysis around the equilibrium value  $\psi = \psi_0 + \psi_0 \exp(\mu\tau + i\kappa\xi)$  and  $\rho = \rho_0 + \rho_0 \exp(\mu\tau + i\kappa\xi)$  with the wavenumber  $\kappa$  and the fixed point  $\psi_0$ . Each fixed point describes a spatial homogeneous order parameter  $\psi = \psi_0 = \text{const}$  and corresponds to a stationary solution of water or ice. For pure water  $(\alpha_1 = 0)$  of Eq. (3) the range of unstable homogeneous solution is

$$\mu^*(\kappa) = (\aleph - \psi_0^2)\kappa^2 - \kappa^4 > 0, \tag{9}$$

and a perturbation grows in time and therefore establishes a spatial structure. For the complete equation system [Eqs. (3) and (4)] with thermal hysteresis proteins (AFPs), one obtains the eigenvalues

$$\mu(\kappa) = -\frac{1}{2} [\alpha_2 \kappa^2 - \mu^*(\kappa)] \pm \frac{1}{2} \sqrt{[\alpha_2 \kappa^2 + \mu^*(\kappa)]^2 - 4\alpha_1 \kappa^4}.$$
(10)

The region of positive eigenvalues corresponds to the freezing (spinodal) region. The unstable modes vanish for  $\psi_0^2 > 1/12$  and also the double well for  $\alpha_1/\alpha_2 > 1/12$ . A phase transition occurs only if the fixed points are located inside of  $-1/\sqrt{12} < \psi_0 < 1/\sqrt{12}$ , being also inside the freezing (spinodal) interval in Fig. 2. Since  $\sqrt{\aleph} = \psi_0$  at the inflection points it can be concluded from Eq. (9),

$$\kappa^2 + \psi_0^2 - \left(\frac{1}{12} - \frac{\alpha_1}{\alpha_2}\right)\psi_0 < 0,$$
(11)

forming an elliptic paraboloid as phase diagram in Fig. 3. The size of the microstructure is coupled to the AFP concentration and to the order parameter  $\psi_0$ , which decides how much ice and water is present. The freezing region shrinks with increasing AFP concentration and vanishes at  $\alpha_1/\alpha_2 = 1/12$ .

## C. Surface-energy depression

The virtue of the Cahn-Hilliard Eq. (3) is the existence of a transient stationary solution by integrating Eq. (8) in the form of a kink solution,

$$\psi(\xi) = -\sqrt{3\aleph} \tanh[\sqrt{\aleph/2}(\xi - \xi_0)], \tag{12}$$

with  $\aleph=\frac{1}{12}-\frac{\alpha_1}{\alpha_2}$  as plotted in Fig. 4. The corresponding interfacial energy density of the kink is easily evaluated using the centered free-energy density  $\epsilon(\xi)=f(\xi)-c=(\frac{\partial \psi}{\partial \xi})^2$ , plotted as well in Fig. 4.

One recognizes that the presence of AFPs reduces the kink between water and ice and lowers the interfacial energy density. This is already a static mechanism, which shows how the AFPs inhibit the formation of large ice clusters. The interfacial surface energy (tension),

$$\zeta = \int_{-\infty}^{\infty} \varepsilon(\xi) d\xi = (2\aleph)^{3/2},\tag{13}$$

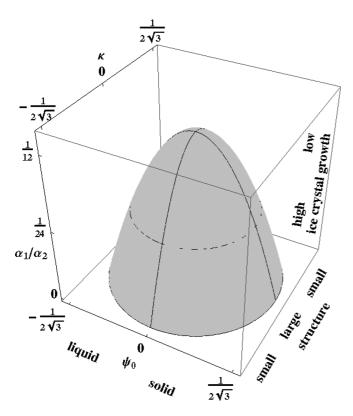


FIG. 3. Freezing (spinodal) region dependent on the order parameter  $\psi_0$  and the wavenumbers  $\kappa$  and the thermal hysteresis activity  $\frac{\alpha_1}{\alpha_2}$ .

decreases with increasing AFP coupling and finally vanishes at the critical value  $\alpha_1/\alpha_2=1/12$ , which is the limit of the stability region. Transforming back to the dimensional interfacial energy, one obtains  $6^{3/2}\gamma\zeta$  with our choice of the surface tension  $\gamma=21.9\frac{mJ}{m^2}$  [61]. Direct and indirect measurements provide values that vary between  $20\frac{mJ}{m^2}$  and  $46\frac{mJ}{m^2}$  [72]. In contrast to antifreeze proteins,  $\gamma$  increases linearly with the salt concentration and a larger critical nucleus is required in order to generate an interface compared to pure water. Salt inhibits the nucleation process because of the

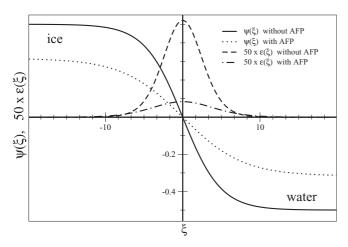


FIG. 4. Static kink solution Eq. (12) and the interfacial energy density  $\varepsilon(\xi)$  on the interface with AFPs ( $\frac{\alpha_1}{\alpha_2}=0.05$ ) and without AFPs ( $\frac{\alpha_1}{\alpha_2}=0$ ).

higher-energy threshold, whereas thermal hysteresis proteins (AFPs) reduce the threshold for a stable nucleus. From this effective surface tension one might fix the ratio of materials parameter  $\aleph = 1/12 - \alpha_1/\alpha_2$ .

An ice crystal forms when the aqueous phase undergoes supercooling below the freezing point. In the supercooled phase water can transform from the aqueous to the solid phase by the growth of nucleation kernels if a critical size is exceeded. This critical radius separates the reversible accumulation of ice molds (embryos) from the irreversible growth of ice crystal. The nucleation process happens in two steps. As soon as the nucleation embryo overcomes the critical size it starts growing irreversibly. This is a dynamical process which we will consider below. One can estimate the critical radius within a simple liquid drop model. The volume part of Gibb's potential is negative  $\sim -4\pi r^3 \Delta G_V/3$ , while the surface part contributes positively  $\sim 4\pi r^2 \zeta$ . Therefore, Gibb's potential exhibits a maximum at the critical cluster size  $r^* = 2\zeta/\Delta G_V$ . As long as  $r < r^*$  nucleation might happen (embryo), but no cluster grows, for which case the critical cluster size has to be exceeded. This interfacial energy of the critical nucleus and the degree of supercooling are essentially influenced by the AFPs. Indeed, the change of the free energy between ice and water  $\psi(\pm\infty) = \pm\sqrt{3\aleph}$  reads with the stationary solution Eq. (12)

$$\Delta F = -2(\alpha_3 - \alpha_1 \rho) \sqrt{3\aleph} \approx \Delta G_V. \tag{14}$$

With Eq. (13) the critical (dimensionless) radius  $r^* = \sqrt{2\aleph}/3(\alpha_1\rho - \alpha_3)$  decreases as the AFP concentration  $\alpha_1/\alpha_2$  increases. In other words, more AFPs allow more ice nucleation but inhibit the cluster growth.

### D. Freezing-point depression

The decrease of the freezing temperature  $\Delta T$  can be estimated by the change of the free energy during the phase transition since the corresponding minima of the asymmetric free energy are nearly the same as the ones of the symmetric free-energy Eq. (14). We can write

$$\Delta F|_{\text{ice-water}} = \frac{\partial F}{\partial T}\Big|_{\text{ice}} \Delta T$$
 (15)

for constant particle number and pressure. We model the temperature dependence of the coupling between AFP concentration and ice structure as  $\alpha_1(T) = \alpha_0 + \alpha_{10}(T - T_c^0)$  with some internal threshold temperature  $T_c^0$ . The activity of AFP molecules will certainly be temperature dependent and cease to act at the critical temperature  $\alpha_1(T^*) = 0$ . Therefore, the freezing point depression is given by  $\Delta T = T^* - T_c^0$ . Introducing the AFP-dependent supercooling temperature  $T_c = T_c^0 - |\Delta T|$ , one may write  $\alpha_1(T) = \alpha_0(T - T_c)/|\Delta T|$ . From Eqs. (15) and (14), we obtain the freezing-point depression or thermodynamical hysteresis observing  $\psi|_{\rm lice} = \sqrt{3\aleph}$  as

$$|\Delta T| = \sqrt{\left(\frac{b}{2\rho}\right)^2 + a} - \frac{b}{2\rho},\tag{16}$$

with  $a=2\alpha_0(T-T_c)/\alpha_{10}$  and  $b=2\alpha_3/\alpha_{10}$ . We see a nonlinear square-root behavior of the freezing-point depression, which is dependent on the AFP concentration  $\rho$ , which expands for small concentrations  $|\Delta T| \approx \frac{a}{b}\rho = \frac{\alpha_0}{\alpha_3}(T-T_c)\rho$ 

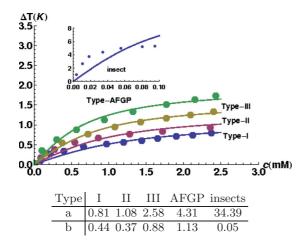


FIG. 5. (Color online) The freezing temperature depression of four different classes of AFP structures [14,16,17] and insects [13] versus AFP concentration where Eq. (16) is used (lines) to fit the experimental data (points) of the collected data in Ref. [11]. The AFP-specific fitting parameter are given in the table.

into a colligative freezing depression analogously as known from saline solutions. The nonlinear behavior fits well with the experiments as seen in Fig. 5. The fit parameters can be translated into two conditions for the four materials parameter  $\alpha_3$ ,  $\alpha_{10}$ ,  $\alpha_0$ , and  $T_c$  for each specific AFP. Together with the surface tension our approach leaves one free parameter to describe further experimental constraints.

### E. Time evolution of ice growth inhibition

Now that we have seen how the AFP reduces the interfacial energy and therefore the formation of ice crystals we turn to investigate the time evolution. We use the exponential time differencing scheme of second order (ETD2) [73] with the help of which a stiff differential equation of the type y' = ry + z(y,t) with a linear term ry and a nonlinear part z(y,t) can be integrated. The linear equation is solved formally and the integral over the nonlinear part is approximated by a proper finite differencing scheme. The time evolution of the coupled Eqs. (3) are seen in Fig. 6. Due to the Cahn-Hilliard equation we have conservation of total mass density of water  $\rho_w$  but a relative redistribution between water  $\rho_{\rm liq}$  and ice  $\rho_{\rm ice}$  densities, which read in terms of the ice-order parameter  $\rho_w(\xi,t) = \rho_{\text{liq}}[1 - \psi(\xi,t)] + \rho_{\text{ice}}[1 + \psi(\xi,t)]$ . Since the total integral over the order parameter  $\int \psi(\xi,t)d\xi = \text{const}$ , the mass conservation of water is ensured.

In Fig. 6 we plot the time evolution of an initially small-scale distributed sinusoidal order parameter with and without AFPs. The evolution equations obviously reduce the number of ice grains forming a larger one after some time. Interestingly, this accumulation occurs faster with AFPs than without. However, as we have already seen, the absolute height of the ice-order parameter (ideal ice corresponds to  $\Psi=1$ ) is lowered by AFPs during this process.

This is also illustrated by the time-evolution of the half width of the kinks in Fig. 7, which we interpret as the size of the ice grains. One sees that the grain size of ice evolves faster with AFPs and remains at a smaller value compared to the case without AFPs. This means the nucleation of ice starts earlier

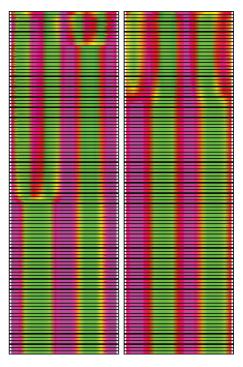


FIG. 6. (Color online) Time evolution of the order parameter versus length from  $1\times10^5$  to  $2\times10^6$  time steps (from above to below); left side without AFPs and right side with AFPs.

with AFPs but remains locked at an intermediate stage. This is in agreement with the static observation stated above, that the AFPs support smaller nuclei sizes and inhibit the formation of large clusters at the freezing point. We consider this later blocking of larger cluster sizes as a dynamic process due to the kinetics and coupling of AFPs to the ice embryos described here by a linear term in the free energy. Accompanying this observation we also see that the width of the boundary between ice and water remains larger with AFPs than without. This is, of course, an expression of the reduction of interfacial energy.

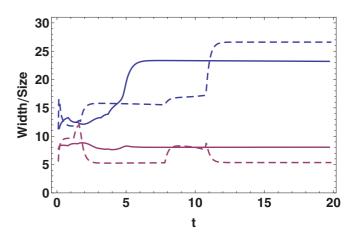


FIG. 7. (Color online) The half width of ice structure (upper curves) together with the thickness of the boundary (lower curves) without (dashed) and with AFPs (solid) of the time evolution of order parameter from Fig. 6.

#### IV. SUMMARY

The interaction of AFP molecules with ice crystals is described by a coupled phase-field equation between the order parameter describing ice and water and the AFP concentration. We find essentially two effects of AFPs in suppressing the formation of ice crystals. First, the interfacial energy is lowered, which allows only smaller ice nuclei to be formed. And second, we see that the ice grains are formed faster by the action of AFPs but become locked at smaller sizes and smaller order parameters. The latter means that the freezing is stopped and ice-water mixture remains instead of completely freezing. According to the proposed model, the AFPs do not prevent crystal nucleation but inhibit further growth of the initial crystal nuclei. This essentially dynamic process between AFP structure and ice-order parameter establishes a possible

mechanism for the phenomenon of antifreeze proteins. We demonstrate that the model is capable of reproducing the experimental data on the freezing point depression in principle. The used phenomenological parameters can be linked to known properties of water [52], though a more microscopic determination of these parameters is highly desired but out of the scope of this paper.

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