# Avalanches, breathers, and flow reversal in a continuous Lorenz-96 model

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For the discrete model suggested by Lorenz in 1996, a one-dimensional long-wave approximation with nonlinear excitation and diffusion is derived. The model is energy conserving but non-Hamiltonian. In a low-order truncation, weak external forcing of the zonal mean flow induces avalanchelike breather solutions which cause reversal of the mean flow by a wave-mean flow interaction. The mechanism is an outburst-recharge process similar to avalanches in a sandpile model.

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## I. INTRODUCTION

In 1996 Lorenz suggested a nonlinear chaotic model for an unspecified observable with next- and second-nearestneighbor couplings on grid points along a latitude circle [1]. Due to its scalability, the model is a versatile tool in statistical mechanics [2–5] and meteorology [6–8]. The nonlinear terms have a quadratic conservation law and satisfy Liouville's theorem. For strong forcing the model shows intermittency [9].

The Lorenz-96 equations for the variable  $X_i$  are a surrogate for nonlinear advection in a periodic domain

$$\frac{d}{dt}X_i = X_{i-1}[X_{i+1} - X_{i-2}] - \gamma X_i + F_i, \qquad (1)$$

where  $\gamma$  characterizes linear friction ( $\gamma = 1$  in [1]) and F is a forcing.

In this paper a continuous long-wave approximation of the Lorenz-96 model is derived. A surprising finding is that the nonlinear terms in the Taylor expansion are associated with a sequence of similar antisymmetric dynamic operators. Furthermore, the dynamics in a truncated version reveals avalanches, breatherlike excitations, and flow reversals which mimic various physical processes in complex systems in a simplistic way.

Lorenz [10] has analyzed the linear stability of the mean m of  $X_i$  in (1) and found that long waves with wave numbers  $k < 2\pi/3$  are unstable for a positive mean m.

### **II. LONG-WAVE APPROXIMATION**

A continuous approximation is derived for a smooth dependency of  $X_i$  on the spatial coordinate x = ih in the limit  $h \to 0$ . The variable  $X_i$  is replaced by a continuous function u(x,t), which is interpreted as velocity. In the following the equations for  $\gamma = 0$  are considered.

The expansion of the nonlinear terms in (1) up to order  $O(h^2)$  yields, for the rescaled coordinate x' = -x/3h (the prime is dropped below),

$$u_t = -uu_x - \frac{1}{3} \left( u_x^2 + \frac{1}{2} u u_{xx} \right) + f, \tag{2}$$

with an advection and further nonlinear terms which are due to the noncentered definition of the interaction in (1). For an algebraic derivation of a hierarchy of additional continuous equations, see the Appendix. The total energy for the velocity u(x,t) is

$$\mathcal{H} = \frac{1}{2} \int u^2 dx, \qquad (3)$$

which is conserved for f = 0.

The nonlinear terms are associated with the following antisymmetric evolution operators:

$$O(h): \mathcal{J}_1 = -\frac{1}{3}(u\partial_x + \partial_x u), \tag{4}$$

$$\mathcal{D}(h^2): \mathcal{J}_2 = -\frac{1}{6}(u_x\partial_x + \partial_x u_x).$$
(5)

Thus the evolution equation (2) can be written as

$$u_t = \mathcal{J} \frac{\delta \mathcal{H}}{\delta u}, \quad \mathcal{J} = \mathcal{J}_1 + \mathcal{J}_2,$$
 (6)

with the functional derivative  $\delta/\delta u$  with respect to u. Note that the  $O(h^3)$  expansion in (2) is represented by a third operator  $\mathcal{J}_3 = -(1/18)(u_{xx}\partial_x + \partial_x u_{xx})$ ; here we are restricted to the  $O(h^2)$  expansion (2).

The evolution equation (2) has a conservation law for f = 0:

$$\partial_t \left( \frac{1}{2} u^2 \right) = \partial_x \phi, \tag{7}$$

$$\phi = -\frac{1}{3}u^3 - \frac{1}{6}u^2u_x,\tag{8}$$

with the conserved current  $\phi$ , which leads to the conservation of total energy (3). Further conservation laws could not be found. In particular, momentum given as the mean flow

$$U = \langle u \rangle = \int u dx \tag{9}$$

is not constant.

In the following we consider a constant and positive forcing f (note that the system is not dissipative). In the presence of perturbations v to the mean flow, u = U + v, the mean flow energy  $\bar{H} = U^2/2$  changes according to

$$\frac{\partial}{\partial t}\bar{H} = -\frac{U}{6}\langle v_x^2 \rangle + Uf.$$
(10)

The perturbation energy,

$$E' = \frac{1}{2} \langle v^2 \rangle, \tag{11}$$

grows for positive U,

$$\frac{\partial}{\partial t}E' = \frac{U}{6}\langle v_x^2 \rangle. \tag{12}$$

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Thus mean flows with U > 0 (U < 0) are unstable (stable) as in the discrete system (1) analyzed in Ref. [10].

Equations (10) and (12) represent a coupling between perturbations and the mean flow. A forcing drives the mean flow towards positive values, which allow the growth of perturbations. When the perturbation gradients are sufficiently intense, they reduce the flow to negative values, causing a decay of their intensities.

## **III. LOW-ORDER MODEL**

The nonlinear energy cycle represented by the exchange between zonal flow and wave energy in (10) and (12) is analyzed in a spectral model for the unstable long waves by Fourier expansion in a periodic domain  $[-\pi,\pi]$ :

$$u = \sum_{n=0}^{N} a_n \sin(nx) + b_n \cos(nx).$$
 (13)

Here we are restricted to the low-order system N = 2:

$$\dot{b}_0 = -\frac{1}{12} \left( a_1^2 + b_1^2 \right) - \frac{1}{3} \left( a_2^2 + b_2^2 \right) + f,$$
(14)  
$$\dot{a}_1 = b_0 b_1 + \frac{1}{6} b_0 a_1 + \frac{1}{2} \left( a_1 a_2 + b_1 b_2 \right)$$

$$+\frac{1}{4}(a_1b_2 - b_1a_2), \qquad (15)$$

$$\dot{b}_1 = -b_0 a_1 + \frac{1}{6} b_0 b_1 - \frac{1}{4} (a_1 a_2 + b_1 b_2) + \frac{1}{2} (a_1 b_2 - b_1 a_2), \qquad (16)$$

$$\dot{a}_2 = 2b_0b_2 + \frac{2}{3}b_0a_2 + \frac{1}{2}\left(b_1^2 + a_1b_1 - a_1^2\right), \qquad (17)$$

$$\dot{b}_2 = -2b_0a_2 - a_1b_1 + \frac{1}{4}\left(b_1^2 - a_1^2\right) + \frac{2}{3}b_0b_2.$$
 (18)

The mean flow is  $U = b_0$ , which is subject to a constant forcing f in the numerical experiments (14). The truncated system conserves energy for f = 0 as follows:

$$H_{\rm tot} = H_0 + H_1 + H_2, \tag{19}$$

$$H_0 = \frac{1}{2}b_0^2, \quad H_1 = \frac{1}{4}\left(a_1^2 + b_1^2\right),$$
  

$$H_2 = \frac{1}{4}\left(a_2^2 + b_2^2\right).$$
(20)

The Liouville theorem is not satisfied:

$$\sum_{n=0}^{2} \left( \frac{\partial \dot{a}_n}{\partial a_n} + \frac{\partial \dot{b}_n}{\partial b_n} \right) = \frac{5}{3} b_0.$$
 (21)

The expansion and contraction of the state space volume is controlled by the sign of the mean flow.

For N = 1 the equations (14)–(16) possess a constant of motion for finite forcing f (see Fig. 1 for f = 0.1):

$$H_f = H_0 + H_1 - 3f \log H_1, \tag{22}$$

which reduces to the total energy for f = 0. A corresponding conservation law including the N = 2 modes could not be found.

#### **IV. FORCED EXPERIMENTS**

Numerical experiments are performed for different forcings and truncations (all use the identical initial conditions  $b_0 = 1.13, a_1 = 3.4, b_1 = 6.8$ , and for N = 2:  $a_2 = 11, b_2 = 17$ ).



FIG. 1. (Color online) Contour plot of the constant of motion  $H_f$  in Eq. (22) for the forcing f = 0.1. The asterisk (\*) shows the initial condition chosen in the numerical experiments.

(i) Weak forcing with f = 0.1 in the N = 1 truncation reveals periodic flow reversals (Fig. 2). A mean flow increases gradually to positive values, where it becomes unstable due to the excited waves, denoted as breathers in the following. These breathers drive a rapid flow reversal towards a negative flow which initiates their collapse. Dynamics proceeds counterclockwise along the conservation law  $H_f = \text{const}$  (Fig. 1). The avalanche process is most distinct for initial conditions reaching regimes with small wave energy. The process is energy conserving ( $H_{\text{tot}} = \text{const}$ ) on short time scales. The total energy increases (decreases) when the mean flow is positive (negative).

For N = 1 with the amplitudes  $b_0, a_1, b_1$ , the energy cycle is for f = 0 [compare (10), (12)]:

$$\partial_t H_0 = -\frac{1}{3}b_0 H_1, \quad \partial_t H_1 = \frac{1}{3}b_0 H_1,$$
 (23)

which is controlled by the mean flow. The solution for the mean flow is for  $b_0(0) = 0$ ,

$$b_0 = -6a \tanh(at),\tag{24}$$

and the perturbation energy is

$$H_1 = \frac{18a^2}{\cosh^2(at)},\tag{25}$$

where *a* is related to the total energy  $H = 18a^2$ .  $H_1$  attains its maximum during flow reversals when U = 0. These approximations are compared to the forced simulation in Figs. 2(b) and 2(c), centered at a single flow reversal.

In the presence of forcing f and for a small wave energy  $H_1$ , the mean flow  $b_0$  grows linearly in time,  $b_0(t) \approx ft$ , up to a value  $b_{0, \text{max}}$ . This defines an interarrival time scale of flow reversals,  $\tau = 2b_{0, \text{max}}/f$ . In this range the wave energy evolves rapidly according to  $H_1(t) \sim \exp(ft^2/6)$ .

The described flow reversal mechanism is retained for viscous dissipation represented by a linear damping of the wave amplitudes  $a_1$  and  $b_1$ .

For the N = 2 truncation with all modes  $b_0, a_1, b_1, a_2$ , and  $b_2$ , flow reversals occur on a time scale roughly twice as for N = 1 [Fig. 2(d)]. Due to the weak forcing the energy cascades to mode 2 with negligible amplitudes  $a_1, b_1$  and energy  $H_1$  [Figs. 2(d) and 2(e)]. Neglecting the modes 1, the energy cycle



FIG. 2. (Color online) Weak forcing f = 0.1: (a) amplitudes  $b_0, a_1, b_1$  for N = 1, intervals  $\approx 110$ , (b) amplitudes during a flow reversal with Eq. (24) for  $b_0$  (dashed), (c) energies  $H_0, H_1$  and Eq. (25) for  $H_1$  (dashed), (d) amplitudes  $b_0, a_2, b_2$  for N = 2,  $(a_1, b_1$  vanish), and (e) energies  $(H_1$  vanishes).

for interactions among  $b_0, a_2$ , and  $b_2$  is

$$\partial_t H_0 = -\frac{4}{3}b_0 H_2, \quad \partial_t H_2 = \frac{4}{3}b_0 H_2.$$
 (26)



FIG. 3. (Color online) Intermediate forcing f = 1: energy distributions for (a) N = 1, intervals  $\approx 13$ , and (b) N = 2.



FIG. 4. (Color online) Strong forcing f = 10: energy distributions for (a) N = 1, intervals  $\approx 3$ , and (b) N = 2.

This corresponds to a rescaling of the  $H_0 - H_1$  cycle (23) by  $\tilde{t} = 2t$  for time and  $\tilde{b}_0 = 2b_0$ , etc., for the amplitudes, and hence the energies quadruple.

(ii) For intermediate forcing with f = 1, the time scale between flow reversals decreases by an order of magnitude in the N = 1 truncation [see Fig. 3(a)]. Thus the intervals  $\tau$ approach the duration of individual breathers. For the complete set of modes in N = 2 [Fig. 3(b)] the system is weakly nonlinear with a mixing of frequencies,  $\omega/2, \omega, 3\omega/2$ , and  $2\omega$ , where  $\omega = 2\pi/\tau$  is defined by the interarrival times of the flow reversals [11]. The lowest frequency determines the amplitude modulation.

(iii) For strong forcing, f = 10, the flow reversals in the N = 1 truncation are regular [Fig. 4(a)], with intervals decreased by an order of magnitude relative to f = 1. The dominant part of energy is accumulated in waves. In the N = 2 truncation the dynamics become intermittent as in the regime behavior detected by Lorenz [9] in the discrete equations (1). The events lose their identities and the system becomes strongly nonlinear. A positive largest Lyapunov exponent (estimated by error growth) indicates that the system is chaotic.

These experiments reveal a vanishing long-term means of mean flow and wave-number amplitudes; hence the Liouville theorem (21) appears to be satisfied in the mean. For N = 1 this is based on the symmetry of the constant of motion  $H_f$ .

### **V. CONCLUSIONS**

In summary, a continuous dynamical equation derived from the Lorenz-96 model is able to mimic several types of complex processes observed in geophysics, geophysical fluid dynamics, and solid-state physics:

(i) Avalanche processes excited by continuous driving as in the sandpile model of Bak *et al.* [12]; see also the recent observation of quasiperiodic events in crystal plasticity subject to external stress [13]. A common characteristic property is the weakness of the external forcing which is necessary to cause avalanches. In the present model the flow is driven by a constant forcing towards a state where mean flow and wave energy interact. The intervals between the flow reversals are approximately proportional to the inverse of the forcing intensity,  $\sim 1/f$ . (ii) The quasibiennial oscillation (QBO, [14]), a flow reversal in the tropical stratosphere driven by two different types of upward-propagating gravity waves. A common aspect is that the driving of the mean flow by waves occurs only for a particular sign of the mean flow. Although the QBO is considered to be explained dynamically, the simulation in present-day weather and climate models necessitates careful subscale parametrizations or high-resolution models [15]. The present model is clearly an oversimplification but can be considered as a toy model for this phenomenon.

(iii) Rogue waves (also termed freak or monster waves) at the ocean surface are simulated mainly by the nonlinear Schrödinger equation (e.g., [16,17]); a Lagrangian analysis has been published recently [18]. The breather solutions found in the present model show characteristics such as the rapid evolution and the high intensity in an almost quiescent medium.

In the N = 1 truncation, a constant of motion for finite forcings can be derived (see  $H_f$  (22)) which reduces to the total energy for vanishing forcing. Initial conditions with a pronounced avalanche behavior can be identified as a regime with weak temporary wave intensity.

Due to the flow reversals, the total energy of the nondissipative system remains finite for a constant forcing. The long-term mean of the mean flow vanishes and the Liouville theorem (21)is satisfied in the mean. The flow reversals are insensitive to viscous dissipation.

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#### **APPENDIX: ALGEBRAIC DERIVATION**

For  $\gamma = F = 0$  the equations (1) are conservative with the conservation law,  $H_X = 1/2 \sum_i X_i^2$ , denoted as energy in the following. The dynamics in the state space of the  $X_i$  is nondivergent, thus satisfying Liouville's theorem,  $\sum_i \partial \dot{X}_i / \partial X_i = 0$ . The dynamics of an observable function Q(X) is given by

$$Q_t = \{Q, H_X\},\tag{A1}$$

with the antisymmetric bracket

$$\{A, B\} = \partial_i A J_{ij} \partial_j B = -\{B, A\}, \tag{A2}$$

where  $\partial_i = \partial/\partial X_i$ , and the antisymmetric matrix

$$J_{ij} = X_{i-1}\delta_{j,i+1} - X_{j-1}\delta_{i,j+1}.$$
 (A3)

Energy  $H_X$  is conserved due to the antisymmetry of the bracket.

The conservative terms of the Lorenz-96 equations (1) are obtained for  $Q = X_i$ . The equations are non-Hamiltonian [19] since the Jacobi identity

$$\sum_{\ell} J_{i\ell} \frac{\partial J_{jk}}{\partial X_{\ell}} + \sum_{\ell} J_{j\ell} \frac{\partial J_{ki}}{\partial X_{\ell}} + \sum_{\ell} J_{k\ell} \frac{\partial J_{ij}}{\partial X_{\ell}} = 0 \quad (A4)$$

is not satisfied.

We use the infinitesimal shift operators

$$L_{\pm} = \sum_{k=0}^{\infty} \frac{(\pm h\partial_x)^k}{k!} \tag{A5}$$

to write the bracket (A2) as

$$\{A,B\} = \int \frac{\delta A}{\delta u} \mathcal{J}_{\infty} \frac{\delta B}{\delta u}$$
(A6)

with

$$\mathcal{J}_{\infty} = (L_{-}u) \circ L_{+} - L_{-} \circ (L_{-}u), \tag{A7}$$

where  $(L_{-}u)$  is a multiplication operator. The bracket is antisymmetric since the adjoint is  $L_{+}^{*} = L_{-}$ .

By taking *n*th-order truncations of the operators  $L_{\pm}$ , we can find a hierarchy of truncated antisymmetric operators

$$\mathcal{J}_{nm} = (L_{-,n}u) \circ L_{+,m} - L_{-,m} \circ (L_{-,n}u),$$
(A8)

where

$$L_{\pm,n} = \sum_{k=0}^{n} \frac{(\pm h\partial_{x})^{k}}{k!}.$$
 (A9)

To each of these truncated operators corresponds a continuous Lorenz-96 model

$$u_t = \{u, \mathcal{H}\}_{nm},\tag{A10}$$

where the indices indicate the operator  $\mathcal{J}_{nm}$ . [As in Eq. (1), periodic boundary conditions are assumed.]

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