

**Variational approximations to homoclinic snaking in continuous and discrete systems**

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Localized structures appear in a wide variety of systems, arising from a pinning mechanism due to the presence of a small-scale pattern or an imposed grid. When there is a separation of length scales, the width of the pinning region is exponentially small and beyond the reach of standard asymptotic methods. We show how this behavior can be obtained using a variational method, for two systems. In the case of the quadratic-cubic Swift-Hohenberg equation, this gives results that are in agreement with recent work using exponential asymptotics. In addition, the method is applied to a discrete system with cubic-quintic nonlinearity, giving results that agree well with numerical simulations.

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**I. INTRODUCTION**

This paper is concerned with the phenomenon of pinning of fronts in nonlinear dynamical systems. For systems that exhibit bistability of two uniform states, a front connecting these two states will normally drift in one direction, depending on which of the two states is preferred. At a particular parameter value, there is no preference between the two states and a stationary front exists. In variational systems this known as the Maxwell point and occurs when the two states have the same energy [1,2]. However, in systems where there is an underlying structure, on a scale that is typically small compared with the length scale of the front, a front can become locked to this structure. This mechanism allows a stationary front to exist over a range of parameter values around the Maxwell point, known as the pinning region. Placing two fronts back to back creates a localized state and the bifurcation diagram plotting the length of this localized solution against the control parameter has a snaking structure, involving a sequence of saddle-node bifurcations in near-perfect alignment. Since the spatial structure of such a localized state departs from and then returns to a uniform state, the phenomenon has become known as homoclinic snaking [3]. (See Refs. [4–6] for reviews of the subject and some open questions.)

There are two distinct scenarios in which homoclinic snaking appears. In the first of these, the underlying structure is provided by pattern formation. A physical system, for example, convection in fluids [7,8], a vibrated granular material, buckling of a solid cylinder [1], optical systems [9] or gas discharge experiments [10,11], has an instability leading to the formation of a regular periodic pattern as a parameter is varied. (See Ref. [6] for a review of such experimental systems where localized states and snaking are observed.) If the bifurcation is subcritical, there is bistability between the uniform and the patterned states. Near the onset of pattern formation, a subcritical Ginzburg-Landau equation can be derived [7,12,13], which has frontlike solutions connecting the two states. However, this equation does not capture the locking mechanism, which is beyond the reach of perturbation expansions [14]. The localized states have been found in many studies [15–18] that use the Swift-Hohenberg equation as a model for pattern formation. This model was originally derived from the equations of thermal convection [19] and is widely used as

a simple model with the necessary characteristics, although it does not capture all of the details of the experimental systems.

A second situation in which locked fronts appear is in discretized forms of partial differential equations, where there is a locking effect to the imposed lattice. Examples include stationary solutions of the discrete bistable nonlinear Schrödinger equation [20–22], which leads to a subcritical Allen-Cahn equation [23], optical cavity solitons [24,25], and discrete systems with a weakly broken pitchfork bifurcation [26]. This situation also arises whenever a bistable system is solved numerically on a spatial grid.

An interesting and challenging question is to determine the width in parameter space of the region in which stationary localized solutions exist. Numerical simulations indicate that this pinning region becomes very small as the separation of the two length scales increases [13,17]. In fact, the region is exponentially small, or beyond all orders. This is related to the fact that a conventional multiple-scale asymptotic method cannot describe the locking effect since it regards the two length scales as independent, while in fact the locking mechanism involves an explicit interaction between the short and long length scales. The necessary exponential asymptotic calculations, involving truncating a divergent asymptotic series at an optimal point and obtaining an equation for the exponentially small remainder term, have recently been carried out for the Swift-Hohenberg equation with quadratic-cubic nonlinearities [27,28] and cubic-quintic nonlinearities [29]. However, these calculations are extremely cumbersome and include an undetermined constant that must be obtained numerically by either fitting to numerical results [27] or approximately solving a complicated recurrence relation [29].

In this paper we use variational methods to obtain scaling laws for the structure of the snaking region, building on the work in a previous paper that studied the cubic-quintic Swift-Hohenberg equation [30]. Of course, not all systems that exhibit homoclinic snaking have a variational structure, but most of those previously studied do. The variational method is dependent on a good initial ansatz, but this is known in the cases studied here. For pattern forming problems near onset, it is known that the solution can be described by a slowly varying envelope function multiplied by a sinusoidal wave. Furthermore, the form of the envelope function is known from the standard asymptotic analysis and can be obtained

to higher order if required. Calculating the integrals in the Lagrangian automatically leads to exponentially small terms and from these we can obtain the phase of the locked states that is inaccessible to the usual asymptotic expansion. Note that variational methods have been used before to study localized states on lattices [20,21], but not in the slowly varying regime that is studied here. Also in the continuous case, variational methods have been used [31], but not in the snaking regime.

Here we consider two equations, namely, the quadratic-cubic Swift-Hohenberg equation and the discrete cubic-quintic Schrödinger equation, also known as the spatially discrete Allen-Cahn equation, representing continuous and discrete systems, respectively. The first equation is discussed in Sec. II. The results are then compared with numerical results obtained by continuation in Sec. II C. The second equation is studied in Sec. III. The scaling calculated analytically using the variational method is then compared with computational results, where good agreement is obtained. A summary is given in Sec. IV.

## II. THE QUADRATIC-CUBIC SWIFT-HOHENBERG EQUATION

The quadratic-cubic Swift-Hohenberg equation is given by

$$\partial_t u = ru - (1 + \partial_x^2)^2 u + b_2 u^2 - b_3 u^3. \quad (1)$$

This equation represents a simple model for pattern-forming systems that do not have a symmetry under sign reversal of the dependent variable  $u$  and has been very widely used to illustrate homoclinic snaking [12,15,16,28]. The Lagrangian for Eq. (1) is

$$\mathcal{L} = \int_{-\infty}^{\infty} \left( \frac{u_{xx}^2}{2} - u_x^2 + (1-r)\frac{u^2}{2} - \frac{b_2}{3}u^3 + \frac{b_3}{4}u^4 \right) dx. \quad (2)$$

It can easily be shown that  $\mathcal{L}$  is a nonincreasing function of time, so stable stationary states of Eq. (1) correspond to minima of Eq. (2). It will be assumed that  $b_3 > 0$ ; in this case  $u$  and  $b_2$  can be rescaled to set  $b_3 = 1$ . In Eq. (1) the bifurcation at  $r = 0$  is subcritical (allowing localized patterns) if  $b_2^2 > 27b_3/38$ .

Figure 1 shows the bifurcation diagram for Eq. (1) obtained by a numerical continuation method for  $b_2 = 1.5$  and  $b_3 = 1$ , with periodic boundary conditions in a domain of length  $l = 82\pi$ . The norm  $N$  plotted is defined by

$$N^2 = \int_{-1/2}^{1/2} u^2 dx. \quad (3)$$

The periodic solution (dashed line) bifurcates subcritically and becomes stable at a saddle-node bifurcation at  $r \approx -0.186$ . Two branches of localized solutions bifurcate from the

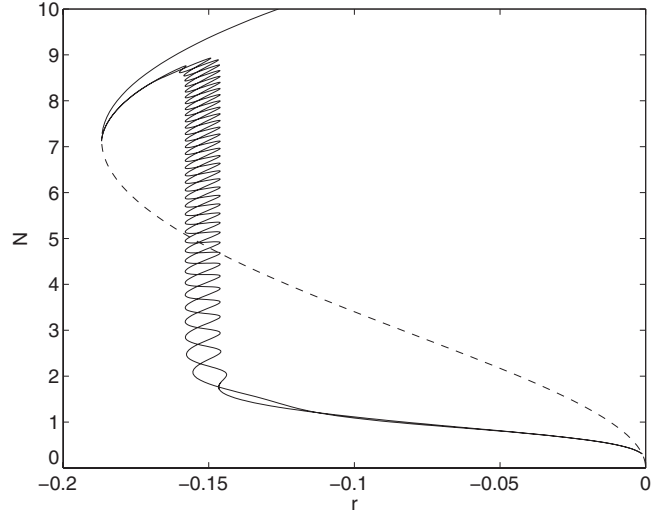


FIG. 1. Bifurcation diagram of Eq. (1) for  $b_2 = 1.5$  and  $b_3 = 1$  in a periodic domain of length  $82\pi$ , showing the stable (solid line) and unstable (dashed line) parts of the periodic solution and the two localized snaking solutions (stability not shown). The stability of the localized solutions along the snake was indicated in a similar picture in Fig. (8) of Ref. [16].

periodic state at a very small value of  $r$  and form an intertwined snaking pattern near the Maxwell point at  $r \approx -0.151$ . On one of these branches, the maximum of the envelope function coincides with a minimum of the periodic pattern and on the other it coincides with a maximum. Solutions along the former branch are shown in Fig. 2. The first figure, for  $r = -0.01$ , shows a slow spatial modulation that can be represented by an envelope in the form of a hyperbolic secant function (see Sec. II A). For  $r = -0.05$  the amplitude modulation occurs over a shorter length scale, but can still be represented by the hyperbolic secant function. The third graph shows  $u(x)$  at the first saddle-node bifurcation  $r = -0.146$  and the final graph is at a saddle-node bifurcation higher up the graph where  $r = -0.158$  and  $N = 5.15$ . At this stage the solution resembles two fronts connecting the periodic solution to the state  $u = 0$  (see Sec. II B).

### A. Analysis of solutions near $r = 0$

The analysis near  $r = 0$  can be performed in a way that is similar to that in Ref. [30]. Motivated by the results from multiple-scale expansions [16,31,32], we take the ansatz

$$u = A \operatorname{sech}(Bx) \cos(kx + \varphi) + C \operatorname{sech}^2(Bx), \quad (4)$$

from which we obtain that the norm in Eq. (3) is given by

$$N^2 = \frac{1}{3B} (3A^2 + 4C^2) + \frac{3A\pi}{B^3} \left[ C(B^2 + k^2) \cos(\varphi) \operatorname{sech} \left( \frac{k\pi}{2B} \right) + ABk \cos(2\varphi) \operatorname{csch} \left( \frac{k\pi}{B} \right) \right]. \quad (5)$$

Substituting the ansatz in Eq. (4) into the Lagrangian in Eq. (2) yields the effective Lagrangian

$$\begin{aligned}
 L_{\text{eff}} = & \frac{2C^2}{315B}(36b_3C^2 - 56b_2C - 168B^2 + 240B^4 + 105 - 105r) \\
 & - \frac{A^2}{30B}[-24b_3C^2 + 20b_2C - 7B^4 - 30k^2B^2 + 10B^2 - 15k^4 + 30k^2 + 15(r - 1)] + \frac{b_3}{8B}A^4 \\
 & + \frac{\pi Ak^2}{720B^7}\{-60b_2C^2k^2B^2 + 45A^2b_3CB^2k^2 + B^4[240Ck^4 - 180A^2b_2 + 720C(1 - k^2)] + 2b_3C^3k^4\} \\
 & \times \cos(\varphi)[e^{-k\pi/2B} + O(e^{-k\pi/B})].
 \end{aligned} \tag{6}$$

It is immediately clear from Eq. (6) that the phase  $\varphi$  is determined by exponentially small terms since the parameter  $B$  is expected to be small, with  $1/B$  representing the length scale of the modulation of the pattern. Furthermore, Eq. (6) shows that steady states (extrema of  $L_{\text{eff}}$ ) exist if  $\varphi$  is a multiple of  $\pi$  [32]. There are two distinct states  $\varphi = 0$  and  $\pi$ , both corresponding to even solutions but with the maximum of the envelope function  $\text{sech}(Bx)$  coinciding with a maximum or minimum of the wave  $\cos(kx)$ , as shown by the numerical continuation method in Sec. I. Note that this result does not depend on our choice of ansatz. For any slowly varying, even modulation function  $f(Bx)$ , the integrals in the Lagrangian involve powers of  $f(Bx)$  and its derivatives multiplied by  $\cos(kx)\cos(\varphi)$ , yielding an exponentially small quantity multiplied by  $\cos(\varphi)$ , and hence stationary states with  $\varphi = 0, \pi$ . In the symmetric cubic-quintic case [30], only even powers of  $u$  appear in the integrand, leading to integrals only involving even powers of  $\cos(kx + \varphi)$  that can be written in terms of  $\cos(2kx)\cos(2\varphi)$  (plus higher, even

harmonics that are exponentially smaller) and hence there are stationary solutions with  $\varphi = 0, \pi/2, \pi, 3\pi/2$ . This argument indicates that generically in pattern-forming problems, the stationary states have  $\varphi = 0, \pi$ , but in the special case of systems with an additional symmetry  $u \rightarrow -u$ , steady states have  $\varphi = 0, \pi/2, \pi, 3\pi/2$ , a result also shown by the spatial dynamics approach in Ref. [15].

Seeking stationary values of the effective Lagrangian

$$\frac{\partial}{\partial \alpha} \mathcal{L}_{\text{eff}} = 0 \tag{7}$$

gives us a system of nonlinear equations for  $\alpha$ , with  $\alpha = A, B, C, k, \varphi$ , that makes Eq. (4) an approximate extremal solution for Eq. (2). Neglecting the exponentially small terms in the effective Lagrangian in Eqs. (6) and (7) can be solved perturbatively about  $r = 0$  to yield

$$A = \left( \frac{8}{4b_2^2 - 3b_3} \right)^{1/2} \sqrt{-r} + O((-r)^{3/2}), \tag{8}$$

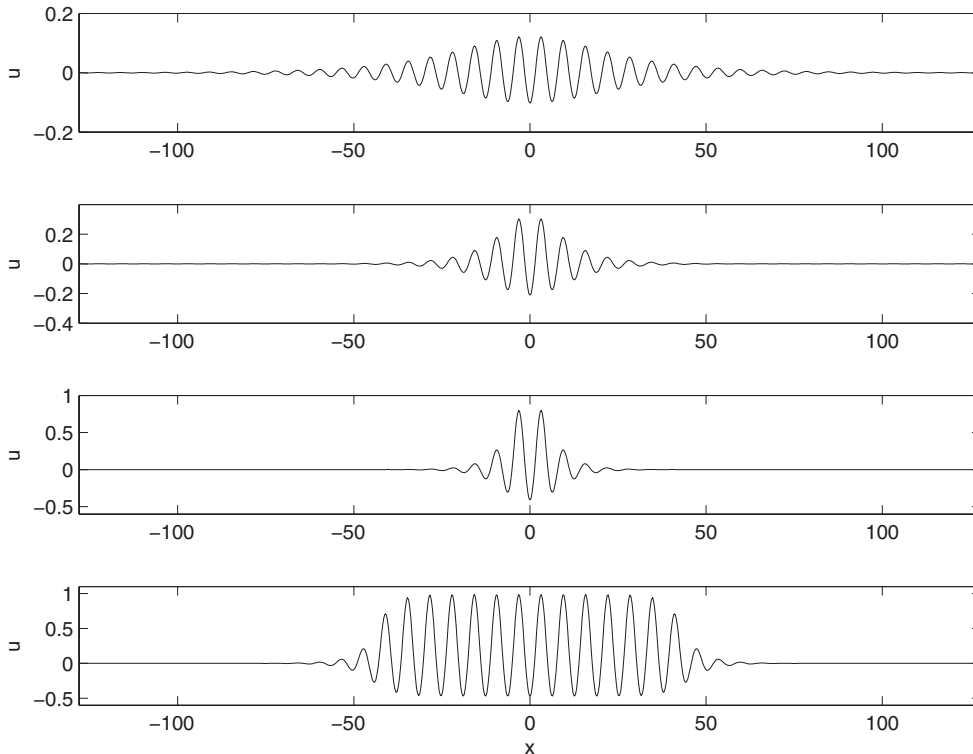


FIG. 2. Localized solutions on one branch of Fig. 1. From top to bottom,  $r = -0.01, -0.05, -0.146$ , and  $-0.158$  ( $N = 5.15$ ).

$$B = \frac{1}{2}\sqrt{-r} + O(-r), \quad (9)$$

$$C = -\frac{4b_2}{4b_2^2 - 3b_3}r + O((-r)^{3/2}), \quad (10)$$

$$k = \sqrt{1 - B^2} = 1 + \frac{r}{8} + O((-r)^2). \quad (11)$$

It is important to note that the presence of  $C \neq 0$  plays an important role in the calculations above, unlike the case of the cubic-quintic equation [30], where it was possible to include only the first term in Eq. (4). Taking  $C = 0$  would result in the leading-order expression of  $A$  independent of  $b_2$ , which is incorrect. This occurs because when  $C = 0$  the cubic term in the Lagrangian, which corresponds to the crucial symmetry-breaking quadratic term in Eq. (1), does not contribute to the Lagrangian integral except through an exponentially small term. Note that  $C = b_2 A^2/2$ , a result that is also easily obtained at second order in the asymptotic analysis of the problem. A similar Lagrangian method was used by Wadee and Bassom [31], using more terms in the ansatz in Eq. (4) but with  $\varphi = 0$ . The results above for  $A$  and  $C$  are almost the same as those obtained using multiple-scale expansions [16,31]. A slight difference arises as we have, for simplicity, omitted a second-order term in  $\text{sech}^2(Bx) \cos(2kx + 2\varphi)$ ; including this term would give exact agreement between the Lagrangian method and the asymptotic analysis. According to Eq. (8), the transition from a subcritical to a supercritical bifurcation occurs at  $b_2^2/b_3 = 3/4$ , which is very close to the true value of  $27/38$  [28].

When neglecting the exponentially small terms, the phase shift  $\varphi$  at this order is arbitrary, which also agrees with the multiple-scale result. However, taking into account the equation  $\partial_\varphi \mathcal{L}_{\text{eff}} = 0$ , in which all the terms are exponentially small,  $\varphi$  has to be a multiple of  $\pi$ , as mentioned above.

The ansatz in Eq. (4) is appropriate only for small values of  $|r|$ , away from the Maxwell point (see Figs. 1 and 2). In the snaking region near the Maxwell point, the envelope of the localized states resembles two connected fronts. The following section introduces a suitable ansatz for this regime.

### B. Analysis of solutions near the Maxwell point

For values of  $b_2$  in the neighbourhood of

$$b_{20} = \left(\frac{27}{38}b_3\right)^{1/2}, \quad (12)$$

the bifurcation is only slightly subcritical and the Maxwell point is within reach of weakly nonlinear analysis. In this case the quadratic-cubic Swift-Hohenberg equation (1) has a front solution, which is approximately given by [28]

$$u = A_M \frac{\cos\left(x - \frac{1}{2\sqrt{734}} \ln(1 + e^{a_M x})\right)}{\sqrt{1 + e^{-a_M x}}}, \quad (13)$$

with

$$A_M = \left(\frac{38\sqrt{-r_M}}{\sqrt{734}b_3}\right)^{1/2}, \quad a_M = \sqrt{-r_M}, \quad (14)$$

$$r_M = -\frac{6859}{17616b_3}(b_2 - b_{20})^2. \quad (15)$$

In analytically estimating the width of the snaking region in the equation using variational approximations, we will employ

a front solution that is similar to Eq. (13). Considering this solution, one can note that the oscillation wave number  $k$  of the front changes in space. In the limits  $x \rightarrow \pm\infty$ ,  $k \rightarrow 1$ , and  $1 - a_M(2\sqrt{734})^{-1} \approx 1$ , respectively. Therefore, we will fix  $k = 1$  to simplify the analysis.

It turns out that as in the case of the sech solutions considered in the previous section, if only the leading order front solution Eq. (13) is used as the ansatz, the leading terms in the Lagrangian do not depend on  $b_2$ , giving qualitatively incorrect results. We therefore adopt an ansatz of the form

$$u = \frac{A \cos(x + \varphi)}{\sqrt{1 + e^{B(|x|-L)}}} + \frac{b_2 A^2}{2(1 + e^{B(|x|-L)})}. \quad (16)$$

The second term here arises at second order in the weakly nonlinear expansion [31], included for a similar reason as discussed in Sec. II A. This term is responsible for the upward displacement of the periodic pattern that is apparent in Fig. 2. To simplify the calculation we have set the value of the coefficient of this term in advance rather than leaving it as a free parameter. The asymptotic analysis includes another second-order term, proportional to  $\cos 2(x + \varphi)$  [31], which is omitted partly in the interests of simplicity and partly because it is smaller by a factor of 9 than the term we have included.

Evaluation of the Lagrangian integral is considerably more complicated than in the cubic-quintic case [30]. This is partly because of the two-term ansatz and partly because the dominant terms come from odd powers of the square root function, requiring integrals that cannot simply be computed using residues. These integrals can be evaluated in terms of multiplications of  $\gamma$  functions of a complex argument, which in turn can be expanded using Stirling's formula when  $B$  is small, giving the anticipated exponentially small terms. There are many of these exponentially small terms and the calculation is complicated by the fact that terms involving higher powers of  $u$ , which one might expect to give a smaller contribution, in fact all give exponentially small terms of the same order. Some of the details of these calculations are given in the Appendix. Computing the Lagrangian in Eq. (2) assuming that  $B$  is small but  $BL$  is large (so the fronts are well separated) yields the effective Lagrangian

$$\begin{aligned} \mathcal{L}_{\text{eff}} = & \frac{A^2}{1920B} (15B^4 + 480B^2 - 160A^2b_2^2B^2 \\ & + 16A^2b_2^2B^4 + 480A^2b_2^2 + 480A^2rb_2^2 \\ & + 240A^4b_2^4 - 360A^2b_3 - 1080A^4b_3b_2^2 - 110A^6b_3b_2^4) \\ & + \frac{LA^2}{96} (18A^2b_3 - 24A^2b_2^2 - 48r - 24A^2rb_2^2 \\ & - 8A^4b_2^4 + 36A^4b_3b_2^2 + 3A^6b_3b_2^4) \\ & + \cos(\varphi) \frac{A^3\sqrt{2}\sqrt{\pi}b_2}{420} e^{-\pi/B} B^{-7/2} \\ & \times [K_+ \cos(L) + K_- \sin(L)] \\ & + O(e^{-2\pi/B} [\sin(2L), \cos(2L)], e^{-BL}), \end{aligned} \quad (17)$$

where

$$\begin{aligned} K_{\pm} = & \pm 56A^4b_2^2b_3 + 280A^2b_2^2B - 420A^2b_3B \\ & \pm 156B^2 \pm 840rB^2 - 763B^3 + 70rB^3. \end{aligned} \quad (18)$$

Note that two types of exponentially small terms appear in the analysis: the phase-locking terms involving  $\cos(\varphi)e^{-\pi/B}$  and the front interaction terms proportional to  $e^{-BL}$ . Since we are mainly interested in the pinning mechanism we assume that the former dominate, so that the fronts are well separated, with  $L \gg B^{-2}$ .

Consider first the terms that are not exponentially small, that is, the terms that do not involve the phase  $\varphi$ . Bearing in mind the anticipated scaling from Eq. (14),  $A = O(r^{1/4})$ , the dominant terms in the brackets multiplied by  $LA^2$  in Eq. (17) are the first two terms, so  $\mathcal{L}_{\text{eff}}$  only has a minimum over  $L$  if at leading order  $b_2^2 = 3b_3/4$ . This is very close to the asymptotic result Eq. (12) and would be exactly the same if we had included the  $\cos 2(x + \varphi)$  term mentioned above. We therefore set

$$b_2 = \sqrt{3b_3/4} + \Delta, \quad |\Delta| \ll 1 \quad (19)$$

and expect that  $\Delta$  and  $B$  are  $O(r^{1/2})$ , in which case the leading terms in the Lagrangian are

$$\begin{aligned} \mathcal{L}_{\text{eff}}^{\text{lead}} = & \frac{A^2}{128B} (32B^2 + 32\sqrt{3b_3}A^2\Delta - 45A^4b_3^2) \\ & + \frac{LA^2}{96} (45A^4b_3^2/2 - 48r - 24\sqrt{3b_3}A^2\Delta). \end{aligned} \quad (20)$$

Finding and solving the equations obtained from differentiating the effective Lagrangian in Eq. (20) with respect to  $L$ ,  $A$ , and  $B$  gives the values

$$A^2 = \frac{8\sqrt{3}\Delta}{15b_3^{3/2}}, \quad B = \frac{\sqrt{10}\Delta}{5\sqrt{b_3}} \quad (21)$$

and yields the Maxwell point

$$r_M = -\frac{2\Delta^2}{5b_3} = -B^2, \quad (22)$$

which is within 3% of the asymptotic value given in Eq. (15). Note that the length  $L$  is not determined by these equations. Substituting these values of  $A$ ,  $B$ , and  $r_M$  into the leading terms of the Lagrangian, we find that the minimum is

$$\min(\mathcal{L}_{\text{eff}}^{\text{lead}}) = \frac{4\sqrt{30}\Delta^2}{75b_3^2}. \quad (23)$$

Thus, although the Maxwell point can be determined by the condition that  $\mathcal{L}$  is zero for both the zero state and the periodic state, the value of  $\mathcal{L}$  is not zero for the localized state due to the presence of the fronts. In fact,  $\mathcal{L}$  is positive and of the same order as  $r$ .

Considering now the exponentially small term involving  $\varphi$ , it is clear from  $\partial_\varphi \mathcal{L}_{\text{eff}} = 0$  that there are two distinct branches of stationary snaking solutions, with  $\varphi = 0$  and  $\pi$ , corresponding to the center of the localized pattern being a local maximum or minimum, respectively. However, another possible way to satisfy  $\partial_\varphi \mathcal{L}_{\text{eff}} = 0$  is that the coefficient multiplying the  $\cos \varphi$  term vanishes, i.e.,

$$K_+ \cos(L) + K_- \sin(L) = 0. \quad (24)$$

Substituting the above values of  $A$  and  $B$  and taking the leading terms in  $K_\pm$ , solutions of this type occur for values of  $L$  given by

$$\tan L = -K_+/K_-, \quad (25)$$

where  $K_\pm$  is given in Eq. (18), which to leading order is

$$K_\pm = \frac{8(30)^{1/4}\sqrt{\pi}}{7875b_3} (\pm 307\sqrt{3} - 210\sqrt{10}). \quad (26)$$

Hence, for small  $B$  these states exist if  $L = -0.110219 \dots + m\pi$  for integer values of  $m$ . These solutions have been referred to as ‘‘bridges’’ [33] or ‘‘ladders’’ [34] and were identified in the exponential asymptotics of Eq. (1) by Yang and Akylas [32] and Chapman and Kozyreff [27]. The ladder states (not shown in Fig. 1) have no reflection symmetry and connect the two snaking branches, bifurcating from them near the saddle-node bifurcations.

To find the snaking range, we set  $\sin(\varphi) = 0$  and  $r = r_M + \delta r$  and the Lagrangian simplifies to

$$\begin{aligned} \mathcal{L}_{\text{eff}} = & \frac{4\sqrt{30}\Delta^2}{75b_3^2} - \frac{\delta r A^2 L}{2} \\ & + e^{-\pi/B} [K_+ \cos(L) + K_- \sin(L)], \end{aligned} \quad (27)$$

with  $K_\pm$  given in Eq. (26). This can be minimized over  $L$  to give the exponentially small value of  $\delta r$  for stationary solutions,

$$\delta r = \frac{2e^{-\pi/B}}{A^2} [K_- \cos(L) - K_+ \sin(L)]. \quad (28)$$

The maximum value of  $\delta r$  (half the width of the snaking region) is then, using the leading-order approximations for  $b_2$ ,  $A$ , and  $B$  given above,

$$\delta r_m = \frac{2e^{-\pi/B}}{525\Delta} \sqrt{241\,249\pi b_3} (120)^{1/4}. \quad (29)$$

Note that the dependence of the snaking width on the small parameter  $\Delta$  is very similar to that for the small parameter  $b_3$  in the cubic-quintic case [30]. The dependence in Eq. (29) is the same as that obtained by Kozyreff and Chapman [28] using the methods of exponential asymptotics, although the comparison is not immediate since they regard  $b_2$  as the control parameter rather than  $r$ . Note that the numerical coefficient was determined by fitting in Ref. [28].

A useful feature of the Lagrangian method is that we can examine the stability of steady states since we know that stable equilibria are local minima of the Lagrangian. Considering the exponentially small terms, with  $A$  and  $B$  fixed and  $r = r_M + \delta r$ , the dependence of  $\mathcal{L}$  on  $\delta r$ ,  $L$ , and  $\varphi$  can be represented by the function

$$\mathcal{L}_e(\delta r, L, \varphi) = -\delta r L + \cos \varphi \cos(L - L_0), \quad (30)$$

where the phase shift  $L_0$  satisfies Eq. (25) and for convenience we have set the constants equal to 1. Figure 3(a) shows a surface plot of  $\mathcal{L}_e$  for  $\delta r = 0$ . The solutions on the snaking branches, with  $\varphi = 0, \pi$  and  $L - L_0 = m\pi$ , are either maxima or minima, and so are either stable or unstable with two positive eigenvalues. The ladder solutions at  $\varphi = \pi/2, 3\pi/2$  and  $L - L_0 = \pi/2 + m\pi$  are saddle points and are therefore always unstable. The surface plot for  $\delta r = 0.4$  is shown in Fig. 3(b).

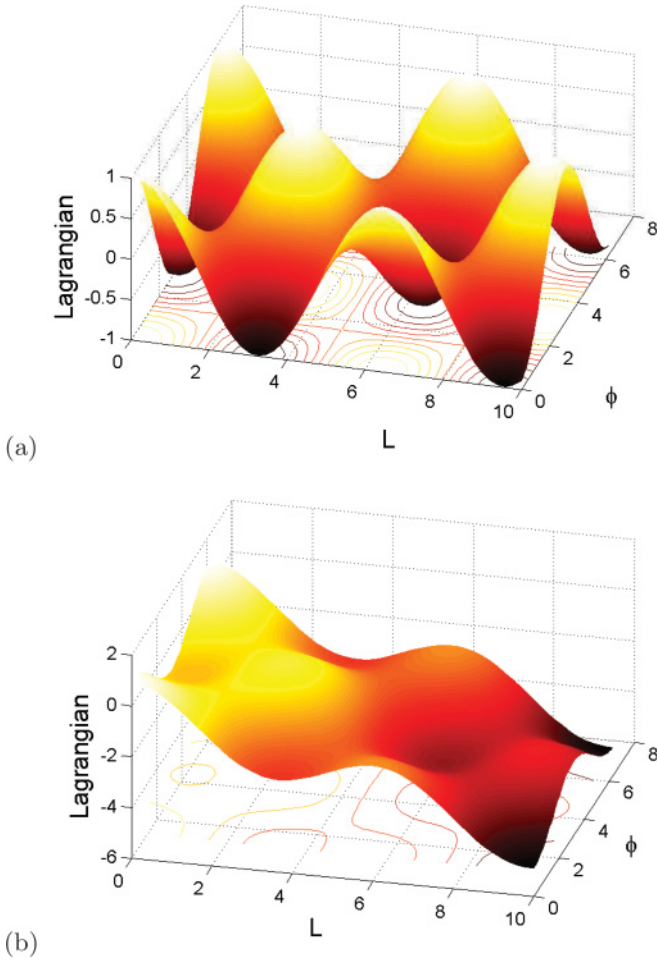


FIG. 3. (Color online) Surface plots of the simplified Lagrangian in Eq. (30) with (a)  $\delta r = 0$  and (b)  $\delta r = 0.4$ .

The symmetric snaking solutions remain at  $\varphi = 0, \pi$  but are shifted in  $L$ , while the ladder states are shifted in  $\varphi$  but remain at the same values of  $L$ .

### C. Numerical results

In this section we compare the above results from the variational method with numerical solutions of the quadratic-cubic Swift-Hohenberg equation (1). We have solved the equation numerically for localized states, using a pseudo-arc-length continuation method with periodic boundary conditions, implemented with a Fourier spectral discretization. Plotted in Fig. 4(a) is the bifurcation diagram showing two branches of localized solutions for  $b_2 = 1.3$  and  $b_3 = 1$ . Also shown by the dashed line are our analytical results obtained from Eq. (7) using the hyperbolic secant ansatz, where one can see that the variational calculation approximates the numerics very well for relatively small  $|r|$ . As  $r$  decreases further and enters the snaking region, the approximation deviates from the numerics. In Fig. 4(b) we plot the profile of a localized solution at  $r = -0.06$  and its approximation.

Considering Eqs. (8)–(11), one can conclude that for larger values of the parameter  $b_2$ , the parameter  $|r|$  can be larger while keeping the amplitude  $A$  in Eq. (8) small. This implies that the hyperbolic secant ansatz can have a longer validity

region for large  $b_2$ . It is important to note that the ansatz might be able to quantitatively capture the first snaking bifurcation for a larger value of  $b_2$ .

In Fig. 4(c) we plot the Lagrangian in Eq. (2) corresponding to the bifurcation diagram [Fig. 4(a)] as a function of the length of the solution’s plateau  $2L$ , which is calculated numerically as

$$2L \approx \frac{8 \int_{-1/2}^{1/2} u^2 dx}{(u_M - u_m)^2 + 2(u_M + u_m)^2},$$

where  $u_M = \max\{u\}$  and  $u_m = \min\{u\}$ . The integration is a definite integration over the computational domain. Also plotted in Fig. 4(c) is our effective Lagrangian in Eq. (27). There is good agreement for the average numerical value of the Lagrangian and the qualitative nature of the oscillations, but the amplitude of the oscillations appears to be underestimated in the variational approximation. Note that the amplitude of the oscillations in  $\mathcal{L}$  increases with  $L$  since from Eq. (27) with  $\delta r \propto \cos(L)$  there are oscillations of the form  $L \cos(L)$ .

Finally, in Fig. 4(d) we show the width of the snaking region as a function of  $b_2$  numerically and analytically, where one can see that our approximation is in fairly good agreement. For the smallest values of  $\Delta$  shown the numerical result differs from Eq. (29) by a factor of 2. Note that, as in many problems involving exponential asymptotics, it is not possible to observe the true asymptotic regime numerically.

The numerical method can also be used to check the stability of the steady-state solutions (since the Jacobian is already computed as part of the Newton-Raphson iteration). This confirms that the snaking states are in general either stable or unstable with two small positive eigenvalues. One eigenvalue changes sign at the saddle-node bifurcation and another at the nearby bifurcation to the ladder states. The ladder states are found to be unstable with one positive eigenvalue, consistent with the fact that they are saddle points of the Lagrangian.

### III. SNAKING IN DISCRETE SYSTEMS

To illustrate the wide-ranging applicability of the variational method in describing the snaking behavior, we analyze in this section an analogous problem in discrete systems. This turns out to be remarkably similar to the continuous case. Consider the system of ordinary differential equations

$$\frac{du_n}{dt} = C(u_{n+1} - 2u_n + u_{n-1}) + \mu u_n + 2u_n^3 - u_n^5, \quad (31)$$

with the condition that  $u_n \rightarrow 0$  as  $n \rightarrow \pm\infty$ . We assume that  $C > 0$  and look for stationary solutions of Eq. (31). This system has been considered in Refs. [20–23] and very similar systems have been studied in Refs. [25,26]. The system in Eq. (31) can be interpreted as a discrete form of the nonlinear Schrödinger equation with cubic-quintic nonlinearity, which is relevant to the physics of nonlinear optics [35] as well as Bose-Einstein condensates [36] and can also be regarded as a discrete subcritical Allen-Cahn equation [23], with physical relevance to lattice-gas models for phase transitions [37].

These previous studies have used numerical continuation to obtain bifurcation diagrams that show a snaking structure that is very similar to that seen in the continuous Swift-Hohenberg equation (1). Note, however, that Eq. (31) is *not*

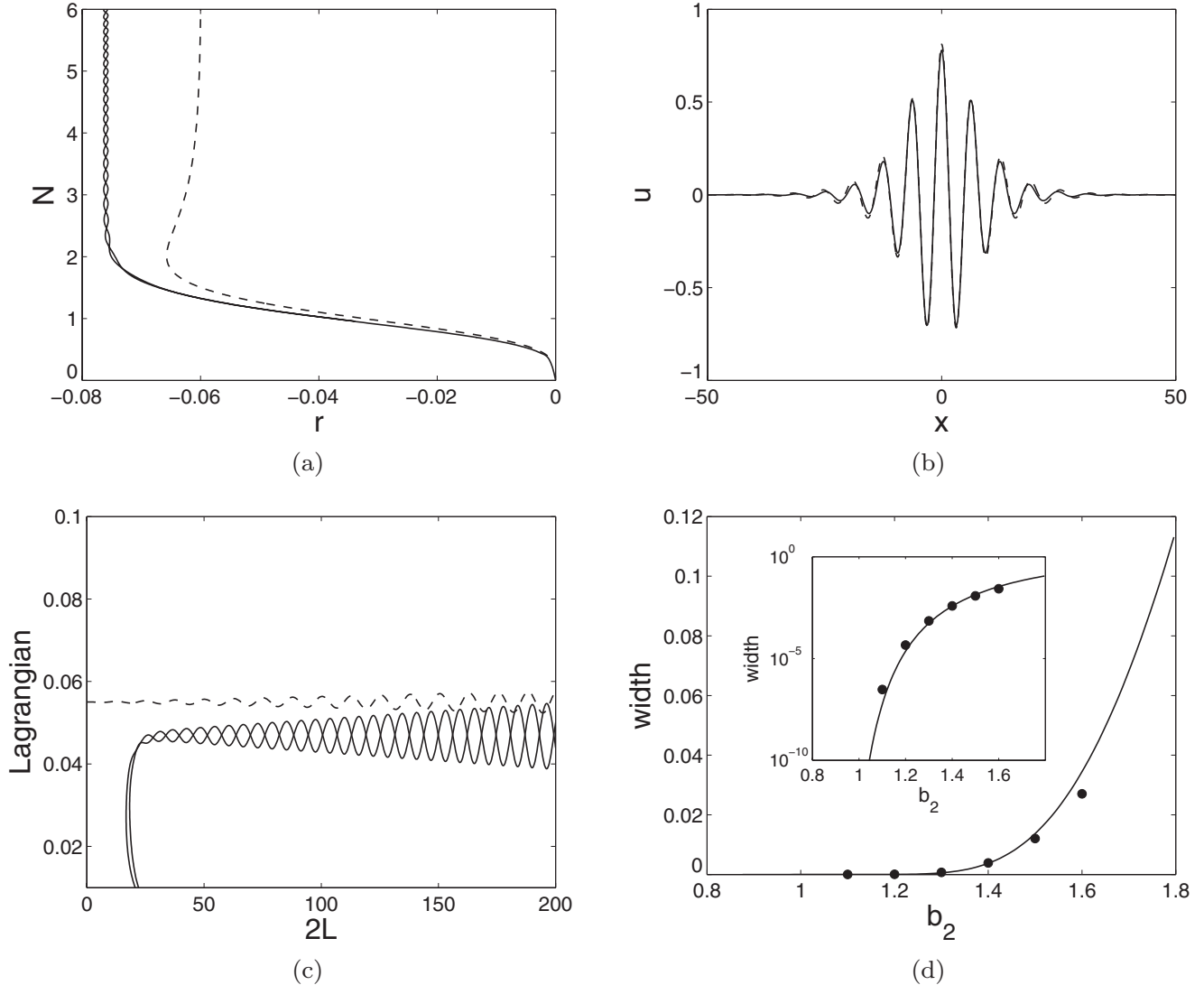


FIG. 4. (a) Bifurcation diagram obtained numerically and our approximation obtained from solving Eq. (7) with the ansatz in Eq. (4) for  $b_2 = 1.3$ . (b) Numerically obtained localized solution and its approximation from the variational formulation for  $\varphi = 0$  and  $r = -0.06$ . (c) Numerically computed Lagrangian in Eq. (2) as a function of the length of the plateau  $2L$ , corresponding to (a). The dashed line is our approximation calculated from the effective Lagrangian in Eq. (27). (d) Width of the snaking region as a function of  $b_2$ . Solid circles are numerical results and the solid line shows the analytical result, i.e.,  $2\delta r_m$  Eq. (29). The inset shows the same comparison on a logarithmic scale. In all panels,  $b_3 = 1$ .

a discrete form of the Swift-Hohenberg equation. Rather it is a discrete form of the subcritical Ginzburg-Landau equation that describes the slowly varying envelope function for Eq. (1). Thus the snaking behavior seen in Eq. (31) results from a locking mechanism to the discrete lattice, with the lattice points providing the analog of the small-scale pattern in the Swift-Hohenberg equation. In view of this, computational investigation of the snaking in Eq. (31) is much easier than in Eq. (1) since there is no small-scale structure to resolve.

The grid-locking behavior of fronts in Eq. (31) can be seen as an indication of numerical error in the finite-difference approximation of the bistable partial differential equation

$$\frac{\partial u}{\partial t} = \frac{\partial^2 u}{\partial X^2} + \mu u + 2u^3 - u^5. \quad (32)$$

When Eq. (32) is discretized with second-order finite differences with mesh spacing  $\epsilon$ , the result is Eq. (31) with  $C = \epsilon^{-2}$ . Frontlike solutions to Eq. (32) are traveling waves for all values of  $\mu$  except exactly at the Maxwell point. Thus the snaking branch of Eq. (31) indicates a range of values of  $\mu$  where the numerical approximation incorrectly finds a stationary solution. It is therefore of interest to determine the width of this region for small values of  $\epsilon$  (large values of  $C$ ). An alternative scaling, similar to that in Sec. II, is to set  $C = 1$  and replace the 2 in Eq. (31) by a small parameter  $b_2$ ; however, we will use the form of Eq. (31) to facilitate comparison with the previous work cited above.

The Lagrangian for Eq. (31) is

$$\mathcal{L} = \sum_{n=-\infty}^{\infty} \frac{C}{2} (u_{n+1} - u_n)^2 - \frac{\mu}{2} u_n^2 - \frac{1}{2} u_n^4 + \frac{1}{6} u_n^6. \quad (33)$$

Note that a variational method has been used in Refs. [20,21] to study the case of small  $C$ , but here the focus will be on large  $C$ . The uniform solutions of Eq. (31) are given by  $u_n = 0$  and

$$u_n^2 = 1 \pm \sqrt{1 + \mu}, \quad (34)$$

so there is a saddle-node bifurcation at  $\mu = -1$  and there is bistability of both the zero state and the larger nonzero solution in Eq. (34) for  $-1 < \mu < 0$ . By finding the Lagrangian of this nonzero state, it is straightforward to show that the Maxwell point is at  $\mu = -3/4$  and so at this point the stable nonzero state is  $u_n = \sqrt{3}/2$ .

For large  $C$  we expect the solution to Eq. (31) to be close to that of the continuous system Eq. (32). At the Maxwell point there is an exact stationary frontlike solution of Eq. (32),  $u(X)$ , given by

$$u^2 = \frac{A^2}{1 + e^{\alpha X}}, \quad (35)$$

where  $A^2 = 3/2$  and  $\alpha = \sqrt{3}$ . In the discretized system,  $u_n = u(\epsilon n)$  and we wish to consider a localized state linking two fronts. The ansatz analogous to that used in the continuous case Eq. (16) is then

$$u_n^2 = \frac{A^2}{1 + e^{\alpha\epsilon(|n-\phi|-L)}}. \quad (36)$$

Here the length of the front (measured in terms of the number of mesh points) is  $2L$  and  $\phi$  is a phase variable, which is arbitrary at this stage but will be determined by exponentially small terms. If  $\phi = 0$ , then  $u_j = u_{-j}$  and the localized state is symmetrical and site centered. Similarly, a bond-centered symmetrical state, with the property  $u_j = u_{1-j}$ , can be obtained by setting  $\phi = 1/2$ . Note that it is not necessary to include higher-order terms in Eq. (36) as in Eq. (16); this is because Eq. (31) only has nonlinear terms with odd powers and therefore is more analogous to the cubic-quintic Swift-Hohenberg equation analyzed with the Lagrangian approach in Ref. [30].

Consider now the sum  $\sum_{n=-\infty}^{\infty} u_n^2$  that appears in  $\mathcal{L}$ . This can be evaluated by writing the sum as an integral of a function multiplied by a sum of  $\delta$  functions and then writing the sum of  $\delta$  functions as a Fourier series:

$$\begin{aligned} \sum_{n=-\infty}^{\infty} u_n^2 &= \sum_{n=-\infty}^{\infty} \frac{A^2}{1 + e^{\alpha\epsilon(|n-\phi|-L)}} \\ &= \int_{-\infty}^{\infty} \frac{A^2}{1 + e^{\alpha\epsilon(|x-\phi|-L)}} \sum_{n=-\infty}^{\infty} \delta(x-n) dx \\ &= \int_{-\infty}^{\infty} \frac{A^2}{1 + e^{\alpha\epsilon(|x-\phi|-L)}} \sum_{k=-\infty}^{\infty} e^{2ik\pi x} dx. \end{aligned}$$

Note that  $x$  here is not the same as  $X$  in Eq. (32); rather it is a continuous form of the variable  $n$ . Of course the Fourier series representation of the  $\delta$  function is not uniformly convergent, but the integral converges very rapidly, in fact, exponentially. From the term  $k = 0$  we obtain an order-one

contribution

$$\int_{-\infty}^{\infty} \frac{A^2}{1 + e^{\alpha\epsilon(|x-\phi|-L)}} dx = 2LA^2 + O(e^{-\alpha\epsilon L}). \quad (37)$$

The terms with  $k = \pm 1$  give a contribution

$$\int_{-\infty}^{\infty} \frac{A^2(e^{2i\pi x} + e^{-2i\pi x})}{1 + e^{\alpha\epsilon(|x-\phi|-L)}} dx, \quad (38)$$

which is exponentially small in  $\epsilon$ , and the terms arising from larger values of  $k$  are smaller by an exponentially small factor. Note that the integrals that are needed here, for the discrete case, are essentially exactly the same integrals that were needed for the continuous case in Sec. II and Ref. [30].

The integral in Eq. (38) can be found using contour integration. For the term in  $e^{2i\pi x}$  the contour is closed in the upper half plane and is dominated by the poles at  $x = \phi \pm L + i\pi/\alpha\epsilon$ . The sum of the residues at these two poles is

$$-2i \sin(2\pi L) e^{2i\pi\phi} \frac{A^2}{\alpha\epsilon} e^{-2\pi^2/\alpha\epsilon}. \quad (39)$$

The value of Eq. (38) is found by multiplying this by  $2i\pi$  and adding the complex conjugate to account for the  $e^{-2i\pi x}$  term. Hence the required sum is

$$\begin{aligned} \sum_{n=-\infty}^{\infty} u_n^2 &= 2LA^2 + 8\pi \sin(2\pi L) \cos(2\pi\phi) \frac{A^2}{\alpha\epsilon} e^{-2\pi^2/\alpha\epsilon} \\ &\quad + O(e^{-4\pi^2/\alpha\epsilon}, e^{-\alpha\epsilon L}). \end{aligned} \quad (40)$$

As in the continuous snaking case, we suppose that the exponential terms responsible for the grid locking dominate those from the interaction between the two fronts. This requires  $L \gg \epsilon^{-2}$ .

In a similar way it can be shown that

$$\begin{aligned} \sum_{n=-\infty}^{\infty} u_n^4 &= 2LA^4 - \frac{2A^4}{\alpha\epsilon} - \frac{8\pi A^4}{\alpha^2\epsilon^2} \cos(2\pi\phi) [2\pi \cos(2\pi L) \\ &\quad - \alpha\epsilon \sin(2\pi L)] e^{-2\pi^2/\alpha\epsilon} \end{aligned} \quad (41)$$

and

$$\begin{aligned} \sum_{n=-\infty}^{\infty} u_n^6 &= 2LA^6 - \frac{3A^6}{\alpha\epsilon} - \frac{8\pi A^6}{\alpha^3\epsilon^3} \cos(2\pi\phi) [3\pi\alpha\epsilon \cos(2\pi L) \\ &\quad + (2\pi^2 - \alpha^2\epsilon^2) \sin(2\pi L)] e^{-2\pi^2/\alpha\epsilon}, \end{aligned} \quad (42)$$

where again terms of orders  $e^{-4\pi^2/\alpha\epsilon}$  and  $e^{-\alpha\epsilon L}$  have been dropped. Note that for small  $\epsilon$ , the dominant exponentially small term comes from Eq. (42).

The remaining term required for the Lagrangian is

$$\begin{aligned} &\sum_{n=-\infty}^{\infty} (u_{n+1} - u_n)^2 \\ &= \sum_{n=-\infty}^{\infty} A^2 \left( \frac{1}{1 + e^{\alpha\epsilon(|n+1-\phi|-L)}} - \frac{1}{1 + e^{\alpha\epsilon(|n-\phi|-L)}} \right)^2. \end{aligned} \quad (43)$$



As with the other terms, this can be written as an integral

$$\int_{-\infty}^{\infty} A^2 \left( \frac{1}{1 + e^{\alpha\epsilon(|x+1-\phi|-L)}} - \frac{1}{1 + e^{\alpha\epsilon(|x-\phi|-L)}} \right)^2 \times (1 + e^{2i\pi x} + e^{-2i\pi x} + \dots) dx,$$

leading again to a part that is independent of  $\phi$  and an exponentially small  $\phi$ -dependent term. For the part that does not depend on  $\phi$ , we can write the integrand as  $[f(X + \epsilon) - f(X)]^2$ , where  $f(X) = A/\sqrt{1 + e^{\alpha X}}$  and  $X = \epsilon x$ , and use a Taylor expansion to find the dominant contribution to Eq. (43) in the form

$$\frac{1}{4} A^2 \alpha \epsilon - \frac{1}{384} A^2 \alpha^3 \epsilon^3 + O(\epsilon^5).$$

If the same method is applied for the exponentially small terms, it turns out that each term in the Taylor expansion yields a contribution that is of the same order after the exponentially small integral has been evaluated. Each term gives a contribution proportional to

$$\frac{A^2}{\alpha \epsilon} \cos(2\pi \phi) \sin(2\pi L) e^{-2\pi^2/\alpha \epsilon},$$

with a different numerical constant. Thus we know the scaling but not the magnitude of this term. Since Eq. (43) is multiplied by  $C = \epsilon^{-2}$  in Eq. (33), this term is of the same order as the  $u^6$  term in Eq. (33).

Using the above results, the leading terms in the Lagrangian in Eq. (33) are

$$\mathcal{L}_{\text{lead}} = \frac{A^2 \alpha}{8\epsilon} + \frac{A^4}{\alpha \epsilon} - \frac{A^6}{2\alpha \epsilon} + L \left( -\mu A^2 - A^4 + \frac{A^6}{3} \right). \quad (44)$$

By making this expression stationary with respect to  $A$ ,  $L$ , and  $\alpha$  we recover the results given earlier,  $A^2 = 3/2$ ,  $\alpha = \sqrt{3}$ , and  $\mu = -3/4$ .

To find the width of the snaking region, we set  $\mu = -3/4 + \Delta\mu$  and introduce the largest of the exponentially small terms, arising from the  $u^6$  term and the difference term in Eq. (33), to obtain

$$\mathcal{L} = \frac{3\sqrt{3}}{8\epsilon} - \frac{3}{2} L \Delta\mu - \frac{(8\pi^3 + D)A^6}{3\alpha^3 \epsilon^3} \times \cos(2\pi \phi) \sin(2\pi L) e^{-2\pi^2/\alpha \epsilon}, \quad (45)$$

where  $D$  is an unknown constant representing the contribution from Eq. (43) where only the scaling is known. By making Eq. (45) stationary with respect to  $\phi$  it follows that snaking branches exist with  $\phi = 0$  or  $1/2$ , corresponding to the site-centered and bond-centered states found numerically. For these snaking branches, differentiating with respect to  $L$  shows that

$$\Delta\mu \propto \frac{1}{\epsilon^3} \cos(2\pi L) e^{-2\pi^2/\alpha \epsilon},$$

so the scaling for the width of the snaking region in Eq. (31) for large  $C$  is

$$\Delta\mu \propto C^{3/2} e^{-2\pi^2\sqrt{C/3}}. \quad (46)$$

Furthermore, differentiating Eq. (45) with respect to  $\phi$  predicts that the ladder states, with  $\sin(2\pi \phi) \neq 0$ , occur for integer values of  $L$ .

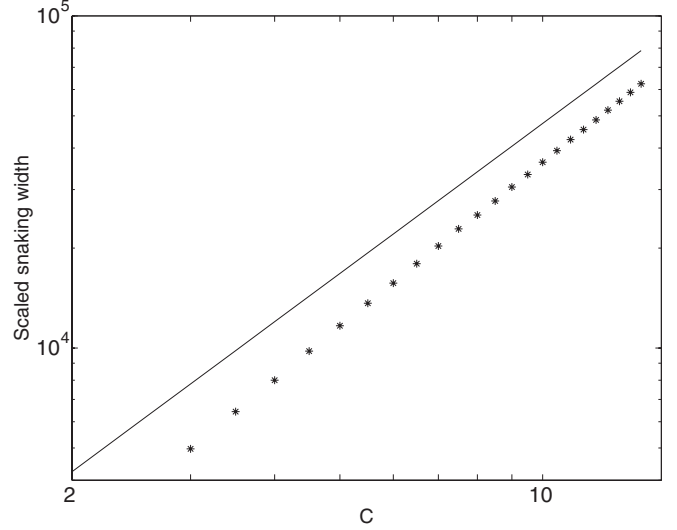


FIG. 5. A log-log plot showing numerically obtained values of  $\Delta\mu e^{2\pi^2\sqrt{C/3}}$  (points) together with the 3/2 scaling law expected according to Eq. (46) (line).

To check the scaling predicted by Eq. (46), snaking curves for the equation were obtained numerically using a continuation software method. With 200 grid points it was possible to obtain snaking bifurcations up to a value  $C = 14$  (at which point the snaking width is of the order of  $10^{-14}$ ). Figure 5 shows the numerically obtained snaking width multiplied by the predicted exponential factor  $e^{2\pi^2\sqrt{C/3}}$ . This shows a clear power-law behavior, with a power very close to the value 3/2 predicted by Eq. (46).

#### IV. CONCLUSION

In this paper we have used the variational approximation to study the snaking behavior of localized patterns in the quadratic-cubic Swift-Hohenberg equation and the discrete bistable Allen-Cahn equation. With a simple ansatz, inspired by asymptotic analysis, the exponentially small terms responsible for the snaking appear in the Lagrangian. This enables the branches of snaking solutions to be found, along with the asymmetric ladder states that link these branches.

These solutions cannot be found by a conventional multiple-scale method since they involve a locking mechanism between the long and short scales, but are accessible through exponential asymptotics [27,28]. The Lagrangian approach provides a useful complement to the exponential asymptotic method. Both methods give the same scaling for the relationship between the width of the snaking region and the small parameter of the system.

We have shown that a close similarity exist between the pinning phenomena in continuous and discrete systems. This arises partly because the continuous limit of the discrete system considered is exactly the same as the Ginzburg-Landau equation describing spatial modulation of the pattern in the continuous case and partly because the sums in the Lagrangian for the discrete case can be converted into integrals very similar to those that appear in the continuous problem.

The variational method has a number of advantageous features in addition to the fact that the Lagrangian integral immediately generates the necessary exponentially small terms. Based on the minimization of the Lagrangian, it is easy to distinguish between stable and unstable equilibria. We have concentrated on the case of small parameters, making use of the first terms of known asymptotic series; in future work it will be useful to examine the effect of including more terms from the series in the ansatz. However, the method is not restricted to this regime. In future work it may be possible to apply the method to cases where no parameters are small and make useful comparisons with numerical or experimental results. A further aspect of some models is the appearance of slanted snaking, due to a nonlocal term [38] or a spatial forcing term [39], and the variational method may be applied to these problems. Since snaking is also seen in nonvariational systems, another interesting question is whether the variational method can be adapted to such systems (see, e.g., Refs. [40–42], where variational methods have also been applied to nonvariational systems). In this paper we have concentrated on stationary solutions, but the method could also be used to study the slow dynamics of well-separated fronts [18]. An additional challenge will be to extend the results to two-dimensional systems [15,22,43].

**ACKNOWLEDGMENTS**

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**APPENDIX**

To illustrate some of the steps in the calculation of the Lagrangian in Sec. II B consider the term  $\int_{-\infty}^{\infty} u^2 dx$ , which is the defined norm in Eq. (3) and one of the terms in the Lagrangian density in Eq. (2). Using the ansatz, this can be written as

$$\int_{-\infty}^{\infty} u^2 dx = \int_0^{\infty} \frac{A^2 (1 + b_2^2 A^2 / 2 + e^{B(x-L)})}{(1 + e^{B(x-L)})^2} + \frac{2b_2 A^3 \cos(\phi) \cos(x)}{(1 + e^{B(x-L)})^{3/2}} + \frac{A^2 \cos(2\phi) \cos(2x)}{1 + e^{B(-L+x)}} dx, \tag{A1}$$

after using the double-angle formula and the fact that the envelope function is even. The first term, which is independent of  $\phi$ , in the integral can be evaluated directly and gives the answer  $A^2 L (1 + A^2 b_2^2 / 2) - A^4 b_2^2 / 2B + O(e^{-BL})$ . The integral of the third term can be found by using contour integration, similarly to that used in Ref. [30]. However, we are not interested in the explicit expression of it, as it contributes an exponentially small term of order  $e^{-2\pi/B}$  that is much smaller than that due to the second term. The second term is of our interest, giving a leading exponentially small contribution of order  $e^{-\pi/B}$ . Unfortunately, the integral cannot be immediately evaluated by using the residue method as mentioned above. By using MATHEMATICA, one obtains that

$$\int_0^{\infty} \frac{\cos(x) dx}{(1 + e^{B(x-L)})^{3/2}} = \frac{i e^{-iL} \Gamma\left(\frac{3B+2i}{2B}\right) \Gamma\left(\frac{-i+B}{B}\right)}{\sqrt{\pi}} - \frac{i e^{iL} \Gamma\left(\frac{3B-2i}{2B}\right) \Gamma\left(\frac{i+B}{B}\right)}{\sqrt{\pi}} + \frac{e^{BL}}{B} \left[ \frac{2e^{BL} \sqrt{1 + e^{-BL}}}{1 + e^{BL}} - {}_2F_1\left(\frac{i-B}{B}, \frac{1}{2}, \frac{i}{B}, -e^{-BL}\right) - {}_2F_1\left(-\frac{i+B}{B}, \frac{1}{2}, -\frac{i}{B}, -e^{-BL}\right) \right], \tag{A2}$$

where  $\Gamma$  and  ${}_2F_1$  are the Gamma and the hypergeometric functions, respectively.

The hypergeometric function can be written in a series form as

$${}_2F_1(a, b, c, z) = \sum_{n=0}^{\infty} \frac{(a)_n (b)_n}{(c)_n} \frac{z^n}{n!},$$

where  $(\cdot)_n = \cdot(\cdot+1)\dots(\cdot+n-1)$  is the Pochhammer symbol. The series is convergent in our case, i.e.,  $0 < B \ll 1$  and  $BL \gg 1$ , such that up to  $O(e^{-2BL})$ ,

$${}_2F_1\left(\frac{i-B}{B}, \frac{1}{2}, \frac{i}{B}, -e^{-BL}\right) = 1 - \frac{1}{2} e^{-BL} (1 + iB),$$

$${}_2F_1\left(-\frac{i+B}{B}, \frac{1}{2}, -\frac{i}{B}, -e^{-BL}\right) = 1 - \frac{1}{2} e^{-BL} (1 - iB).$$

As for the  $\Gamma$  function, it can be approximated by the Stirling formula

$$\Gamma(z) = \left(\frac{2\pi}{z}\right)^{1/2} \left(\frac{z}{e}\right)^z \left[1 + O\left(\frac{1}{z}\right)\right],$$

when  $z$  is large enough in absolute value. Then, the first two terms on the right-hand side of Eq. (A2) can be approximated by

$$\frac{e^{-\pi/B}}{2B^{3/2}} \left(\frac{\pi}{2}\right)^{1/2} [(-8 + 3B) \cos(L) + (8 + 3B) \sin(L)]. \tag{A3}$$

The second term of Eq. (A1) can also be evaluated in the limit of large  $L$  using tabulated integrals as follows. Denoting this term by  $I_2$ , we have

$$I_2 = \int_0^{\infty} \frac{\cos(x) dx}{(1 + e^{B(x-L)})^{3/2}} = \int_0^{\infty} \frac{\cos(x) e^{-3B(x-L)/4} dx}{(e^{-B(x-L)/2} + e^{B(x-L)/2})^{3/2}} = \int_{-L}^{\infty} \frac{\cos(x+L) e^{-3Bx/4} dx}{[2 \cosh(Bx/2)]^{3/2}}, \tag{A4}$$

where the integration variable has been shifted a distance  $L$  in the last line. Taking the limit  $L \rightarrow \infty$ , this can be written as

$$I_2 = \text{Re} \int_{-\infty}^{\infty} \frac{e^{iL} e^{ix} e^{-3Bx/4} dx}{[2 \cosh(Bx/2)]^{3/2}}; \quad (\text{A5})$$

then splitting this integral into the parts where  $x > 0$  and  $x < 0$  it can be written in terms of a cosine of a complex argument

$$I_2 = 2 \text{Re} \int_0^{\infty} \frac{e^{iL} \cos[(1 + 3iB/4)x] dx}{[2 \cosh(Bx/2)]^{3/2}}. \quad (\text{A6})$$

This can now be evaluated using tabulated integral transforms [44], giving the result

$$I_2 = \text{Re}(2e^{iL} \Gamma(i/B) \Gamma(3/2 - i/B)) / B \sqrt{\pi}, \quad (\text{A7})$$

which agrees with the product of  $\Gamma$  functions given in Eq. (A2).

Combining the approximations above, one will obtain that

$$\begin{aligned} \int_{-\infty}^{\infty} u^2 dx &= A^2 L \left( 1 + \frac{1}{2} A^2 b_2^2 \right) - \frac{A^4 b_2^2}{2B} \\ &+ \frac{A^3 b_2}{B^{3/2}} \exp\left(-\frac{\pi}{B}\right) \left(\frac{\pi}{2}\right)^{1/2} \cos(\phi) \\ &\times [(-8 + 3B) \cos(L) + (8 + 3B) \sin(L)] \\ &+ O(\exp(-2\pi/B)) + O(e^{-BL}). \end{aligned} \quad (\text{A8})$$

Equation (A8) indicates that in the snaking region, solutions with a larger norm correspond to longer plateaus.

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