# Geometric and statistical properties of the mean-field hydrophobic-polar model, the large-small model, and real protein sequences

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Lattice models, for their coarse-grained nature, are best suited for the study of the "designability problem," the phenomenon in which most of the about 16 000 proteins of known structure have their native conformations concentrated in a relatively small number of about 500 topological classes of conformations. Here it is shown that on a lattice the most highly designable simulated protein structures are those that have the largest number of surface-core switchbacks. A combination of physical, mathematical, and biological reasons that causes the phenomenon is given. By comparing the most foldable model peptides with protein sequences in the Protein Data Bank, it is shown that whereas different models may yield similar designabilities, predicted foldable peptides will simulate natural proteins only when the model incorporates the correct physics and biology, in this case if the main folding force arises from the differing hydrophobicity of the residues, but does not originate, say, from the steric hindrance effect caused by the differing sizes of the residues.

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### I. INTRODUCTION

It is believed that the dynamical folding of a protein to its native conformation is determined by the amino acid sequence of the protein [1]. Yet the folding of any particular protein is an extremely complex process; simulation of the folding of even a small protein remains an unsurmounted challenge to state-of-the-art computers [2]. Nevertheless, a good understanding of a number of general features of protein folding have been acquired in computational studies using simple lattice models [3-8]. One feature is the so-called funnel picture that leads to a two-state description of folding [5,9]. Here the vertical dimension of the funnel represents the state of foldedness of the protein (or roughly its free energy), which increases (decreases) from the top towards the bottom of the funnel, and a cross section of the funnel represents the conformation space accessible to the folding protein at a given state of foldedness. Near the top of the funnel, most conformations are freely accessible and folding proceeds extremely rapidly. As the folding progresses and the opening of the funnel narrows, accessibility of one conformation from another becomes increasingly restrictive, so that increasingly fewer pairs of conformations are connected by almost-equal-energy paths and folding correspondingly slows down. An alternative view is that the energy landscape becomes increasingly rugged. At some junction the rate of decrease in the number of accessible conformations, hence the rate of decrease in entropy, is so large as to cause the rate of free-energy change as a function of foldedness to be positive, so that a free-energy barrier is formed to become an obstacle against further folding. At this point folding practically grinds to halt and can proceed stochastically only on very rare occasions that brings it over the barrier, after

which the protein folds (and unfolds) relatively rapidly to its native conformation in an annealinglike process.

Another issue clarified by simple lattice models is the designability of "topological" classes of protein conformations [6,7,10]. The designability of a conformation class is the number of proteins whose native conformations belong to the class. At the moment the number of proteins with known three-dimensional conformations in the Protein Data Bank (PDB [11]) is of the order of 16 000 and is increasing rapidly, while the number of conformation classes has remained about 500 for some time and is not expected to grow beyond 1000. Even when the fact that many proteins in the PDB are homologues with similar structures is taken into account, the discrepancy between the number of nonhomologous proteins and the number of conformation classes of observed native conformations is glaring. Because a class is in fact composed of many conformations that differ in detail (such differences could very well be important to the function of proteins), the problem of designability is best studied in coarse-grain models, such as lattice models, that disregard such details.

The simplest interacting lattice model is the hydrophobic-polar (*H-P*) model proposed by Dill and Chan [3], in which the 20 kinds of amino acids are divided into two types, hydrophobic (*H*) and polar (*P*). This model has been studied extensively by several groups in the last decade [3–8]. A mean-field version of the model that yields tremendous simplification was used to study the designability problem, and it was found that the designabilities of structures vary greatly (the terms structures and conformation classes will be used interchangeably in this paper), and that only a tiny portion of structures are highly designable. Moreover, it was noted that highly designable structures seem to have patterns that emulates secondary structural motifs [6,7,10].

In a general Hamiltonian setting, the Hamiltonian  ${\cal H}$  can

be viewed as a mapping of the peptide space  $\mathcal{P}$  to the conformation space  $\mathcal{C}$ . When  $\mathcal{C}$  is sufficiently coarse grained, which is the case we consider, each point in  $\mathcal{C}$  is a topological class of native conformations. Then  $\mathcal{H}$  is a mapping of  $\mathcal{P}$  to such conformation classes into  $\mathcal{C}$ . If we remove from  $\mathcal{P}$  all the peptides that are mapped by  $\mathcal{H}$  to more than one conformation class in  $\mathcal{C}$  (i.e., the degenerate cases), the remainder of  $\mathcal{P}$  is partitioned by  $\mathcal{H}$  into equivalent classes of peptides, with each peptide class being mapped to a single conformation class. Designability results from a highly skewed distribution of the *size* of the peptide classes. We shall call peptides belonging to peptide classes that are mapped to highly designable structures highly foldable peptides.

In Ref. [7] the designability issue of the mean-field H-P model was reduced to a purely geometric problem that rendered it easy to discuss and visualize the skewed distribution of the size of peptide classes. It was, however, not made clear what characterizes those structures that are highly designable, nor was it demonstrated whether or not highly foldable peptides have anything to do with real proteins. In fact, whereas one can well imagine many  $\mathcal{H}$ 's in lattice models to yield biased designability, it is not clear that any such  $\mathcal{H}$  would yield foldable peptides that simulate real proteins.

In this paper, expanding on claims made in an earlier paper [10], the highly designable structures in the mean-field H-P model will be characterized—they are those that have the largest number of surface-core switchbacks, and it will be shown that highly foldable peptides have a high similarity with real protein sequences in general and with segments of sequences that fold to  $\alpha$  helices in particular.

To demonstrate a point made above, this paper also discusses a lattice model that exhibits designability but does not seem to be biologically correct. In the large-small (L-S) model, the 20 kinds of amino acids are divided into two types, large (L) and small (S), and it is assumed that the deciding factor in folding is the the steric hindrance effect caused by the difference in the sizes of the amino acids [12]. It was shown in Ref. [12] that on a lattice, structures in the L-S model too have uneven designability (there called encodability score); only a small portion of structures, also claimed to have proteinlike secondary structures, are selected by large numbers of peptide sequences as unique ground states. It will be shown here that in spite of the fact that the L-S model is mathematically almost equivalent to the mean-field H-P model, unlike the mean-field H-P model, highly foldable peptides in the L-S model do not match well with real protein sequences.

In the following two sections the mean-field *H-P* model and the *L-S* model are reviewed and it is shown that, not-withstanding their quite different physical contents, on square lattices the two models are mathematically close approximates. In Sec. IV the geometrical properties of a two-dimensional square lattice and the way they restrict the space of structures, which are compact paths on the lattices, are discussed. In Sec. V it is shown that only a very small portion of the structure have the highest numbers of surface-core switchbacks and that, for both models, it is these structures that have the highest designabilities. Because the partition of amino acids in the *H-P* model is based on hydrophobicity

while that in the L-S model is based on residue size, the highly foldable peptides are translated into different sets of "physical" peptides in the two models. In Sec. VI the highly foldable peptides in the two models are compared with real proteins in the Protein Data Bank and it is shown that the highly foldable peptides in the H-P model match well with real protein sequences in general and with segments of sequences that fold to  $\alpha$  helices in particular (but not well with segments of sequences that fold to  $\beta$  sheets), whereas those in the L-S model match poorly with real protein sequences. Section VII gives an expanded discussion of our results. In the Appendix the most highly foldable peptides in the two models are given and compared.

#### II. THE H-P MODEL

The Hamiltonian of the H-P model is

$$H = \sum_{i < j} E_{p_i p_j} \Delta(\vec{r}_i - \vec{r}_j), \tag{1}$$

where  $p_i$  is the type, H for hydrophobic and P for polar, of the ith residue, or amino acid, in the peptide chain [3];  $\Delta(\vec{r}_i - \vec{r}_j) = 1$  if  $\vec{r}_i$  and  $\vec{r}_j$  are nearest neighbors in the lattice but not adjacent along the peptide sequence, and  $\Delta(\vec{r}_i - \vec{r}_j) = 0$  otherwise;  $E_{p_i p_j}$  specifies the residue contact energies that depend on the types of residues in contact.

Several sets of contact energies ( $E_{H-H}$ ,  $E_{H-P}$ ,  $E_{P-P}$ ) have been used: (-1,0,0) for the original H-P model [3], (-2.3, -1,0) by Li *et al.* [6], and ( $-\pi$ ,-1,0) by Buchler and Goldstein [13]. Li *et al.* suggested that the contact energies should satisfy the following constraints: (1) compact shapes have lower energies than noncompact shapes; (2)  $E_{P-P} > E_{H-P}$   $> E_{H-H}$  so that hydrophobic residues are buried as much as possible; and (3) different types of residues tend to segregate, which is a condition induced by having  $2E_{H-P} > E_{P-P} + E_{H-H}$  [6,14]. In this work these will be adopted with the modification that (3) is replaced by the additive relation  $2E_{H-P} = E_{P-P} + E_{H-H}$ . Then the potential simplifies to

$$E_{p_i p_j} = -(p_i + p_j), (2)$$

where  $p_i$ =1 for H and  $p_i$ =0 for P residue [15]. Henceforth, only structures that correspond to self-avoiding compact paths on a lattice will be considered.

In an  $N \times N$  two-dimensional square lattices, there are four corner sites with coordination number  $N_n = 2$ , 4(N-2) side sites with  $N_n = 3$  and  $(N-2)^2$  core sites with  $N_n = 4$ . With the exception of the two ends of the peptide chain, which we ignore, each lattice point has  $N_n = 2$  contacts. So the Hamiltonian Eq. (1) becomes

$$H = -\left(0 \times \sum_{i \in \text{corner}} + 1 \times \sum_{i \in \text{side}} + 2 \times \sum_{i \in \text{core}}\right) p_i$$

$$= -\sum_{i} p_i - \sum_{i \in \text{core}} p_i + \sum_{i \in \text{corner}} p_i. \tag{3}$$

The first term on the right-hand side of Eq. (3) is a constant for a given peptide sequence. It is independent of whatever conformation the peptide resides in and, since Eq. (3) will only be used here to determine the native structure of a particular peptide sequence, it will be omitted. The third term means that it is costly to put H residues in the corner sites. Since it is of order  $1/N^2$  it too will be omitted. The Hamiltonian then simplifies to what is known as the mean-field H-P model [7],

$$H(\mathbf{p},\mathbf{s}) = -\mathbf{p} \cdot \mathbf{s} = \frac{1}{2}(|\mathbf{s} - \mathbf{p}|^2 - \mathbf{p}^2 - \mathbf{s}^2), \tag{4}$$

where  $\mathbf{p} = (p_1, p_2, ..., p_n), n = N^2$ , is the binary peptide sequence and  $\mathbf{s} = (s_1, s_2, ..., s_n)$  is a binary structural sequence converted from a self-avoiding compact path on the lattice with the assignment:  $s_i = 1$  (0) if the *i*th site of the structure is a core (surface) site. In this new form the Hamiltonian has an interpretation quite different from its original meaning. There it was an expression of interresidual interaction. Here in Eq. (4) it is no longer interresidual, rather it has the form of a site-dependent potential. With  $s^2$  fixed for a given lattice and  $\mathbf{p}^2$  a constant for a given peptide sequence, both are irrelevant to the determination of the ground-state structure of the peptide. They will be ignored in the ensuing calculation. The Hamiltonian now reduces to one half of  $|\mathbf{s} - \mathbf{p}|^2$  and a neat geometric interpretation for it emerges [7]. When p and s are viewed as n-component vectors, this quantity is just the Hamming distance between two corner points in a unit *n*-dimensional hypercube.

When the energy matrix elements are not additive, that is, when  $E_{H-H} = -2 - \gamma$  with  $\gamma > 0$  as was used in Refs. [3], [6], [13], the model cannot be reduced to the simple site-dependent form of Eq. (4). The effect of  $\gamma$  is to stabilize the low-lying states in the mean-field model further by increasing the number of H-H contacts.

### III. THE L-S MODEL

It was shown by Micheletti *et al.* that in the L-S model the designability (called encodability score by the authors) distribution of structures is similar to that in the mean-field H-P model [12]. The Hamiltonian of this model is

$$H = -\sum_{i} z_{i}(\Gamma) \cdot A(z(\sigma_{i}) - z_{i}(\Gamma)), \tag{5}$$

where  $\sigma_i \in \{L,S\}$ ;  $z(\sigma_i)$  is the maximal number of nearest contacts without steric repulsion belonging to residue i; on a square lattice,  $z(\sigma_i)$  is equal to 1 (2) for L(S) residues inside the chain, and to 2 (3) for L(S) residues at chain ends;  $z_i(\Gamma)$  is the number of contacts of the ith residue in a conformation  $\Gamma$ ; and A(x) equals to 1 if  $x \ge 0$  and -a < 0 otherwise. The Hamiltonian implies that if the number of contacts of the ith residue is larger than  $z(\sigma_i)$ , then the contact energy will be increased by a owing to steric effects.

The results in Ref. [12], where a was set equal to  $\infty$ , show that the distribution of designability of structures in L-S model is very similar to that in the H-P model. In fact, most of the highly designable structures in one model are likewise

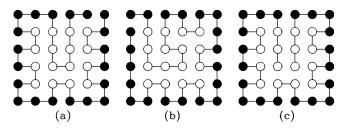


FIG. 1. (a) The most (third most) designable, (b) the second most (most) designable, and (c) the third (second) most designable structures in the mean-field H-P (L-S) model, respectively, on a 6  $\times$  6 lattice.

in the other model (see the Appendix). The highly designable structures in the L-S model also have proteinlike secondary substructure and tertiary symmetries. Three among the most designable structures in the two models are shown in Fig. 1.

Just as practiced in the preceding section, we consider only compact structures and neglect the effect of the two end points on a peptide chain. Table I gives the values of x, A(x) and Hamiltonian for the two types of residues at corner, side and core sites on a square lattice. Let o, s, and c denote the number of corner, side, and core sites, respectively;  $n=o+s+c=N^2$  the total number of sites; and the subscripts L and S denote residue type, then

$$H = -s_L + 2ac_L - s_S - 2c_S = 2an_L - (1+2a)s_L - 2ao_L - n_S$$
$$-c_S + o_S. \tag{6}$$

For a given peptide sequence,  $n_L$  and  $n_S$  are fixed. First consider the case when the steric repulsion is strong but finite, namely,  $a \gg 1$ . Dropping the corner term  $o_S$  one gets for a given peptide sequence,

$$H = -(2a+1)c_s + \text{const} \approx -2a\mathbf{p} \cdot \mathbf{s} + \text{const}, \tag{7}$$

where  $\mathbf{p}$  and  $\mathbf{s}$  are the peptide and structure binary vectors defined before, with the exception that in  $\mathbf{p}$  the digit 0 (1) now stands for L (S). Comparison of this equation with Eq. (4) reveals that, at least on a square lattice, the mathematical form of the two models are essentially identical, provided that here the pair H and P in the H-P model is replaced by S and L, respectively. Since there is only one scale in either model, the size of a does not matter so far as it is much greater than unity but finite.

TABLE I. Action of the Hamiltonian for the *L-S* model on a square lattice; end points of chains are ignored and  $x = z(\sigma) - z(\Gamma)$ .

Туре		Corner	Side	Core
	$z(\Gamma)$	0	1	2
	$\boldsymbol{x}$	2	1	0
S	A(x)	1	1	1
	H	0	-1	-2
	$\boldsymbol{x}$	1	0	-1
L	A(x)	1	1	-a
	Н	0	-1	2a

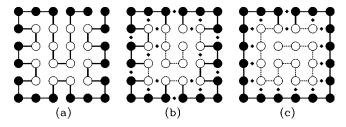


FIG. 2. (a) A structure defined by a compact self-avoiding path, which is in turn represented by the binary sequence (001100 110000 110000 110011 000011 111100). Black (white) discs represent surface (core) sites coded by the digit 0 (1). In (b) and (c), the dark solid links define "templates" for constructing structures of the type (1...1) whose  $n_{10}$  values are 12 and 2, respectively.

When  $a\rightarrow\infty$ , as was the case in Ref. [12], the term  $2ac_L$  in the first line of Eq. (6) becomes a constraint that L residues are prohibited from core sites, namely,  $c_L=0$  strictly, and the rest of the Hamiltonian becomes

$$H = -c_S + o_L - n_L + o_S - n_S \approx -\mathbf{p} \cdot \mathbf{s} + \text{const}, \tag{8}$$

which again coincides with Eq. (4).

## IV. GEOMETRICAL PROPERTIES OF THE TWO-DIMENSIONAL SQUARE LATTICE

Since Eqs. (4), (7), and (8) reduce the Hamiltonians of the mean-field H-P and L-S models to the same problem in geometry, namely, one of the Hamming distance between the two vectors **s** and **p**, we now study the space of these vectors (in the H-P model). Consider an  $N \times N$  square lattice with  $n=N^2$  sites. Recall that every structure is a self-avoiding compact path on the lattice. The set  $\mathcal{P}$  of all binary peptides  $\mathbf{p}$  is then just the set of  $2^n$  binary sequences. Because of geometric constraints, the set  $\mathcal{S} \subset \mathcal{P}$  of binary structure sequences s is far smaller than  $\mathcal{P}$ . For a very rough estimate for the upper limit of the size of S, consider the construction of compact paths by random walk on the lattice. At any given point during the walk after the first step, the maximum number of allowed next steps is the coordination number minus one, which is between 2 and 3. As the number of steps taken increases, the average number of allowed next steps will decrease. We take the average number to be 2 up to the point when the lattice is half full. For a randomly chosen path, after the lattice is half full, chances are that the number of allowed next steps will be either one or zero most of the time. So the number of allowed s' should be much less than  $2^{n/2}$ . On a 6×6 lattice this last number is 262 144, whereas the size of S is 30408, and the size of P is  $2^{36}$ = 68 719 476 736. An example of an allowed s on the  $6\times6$ lattice is shown in Fig. 2(a). If we think of  $\mathcal{P}$  as the set of all the corner points in the *n*-dimensional unit hypercube, then the set S is composed of a tiny subset of corner points. It was shown earlier that the designability of an  $\mathbf{s} \in \mathcal{S}$  is the Voronoi polytope of s in  $\mathcal{P}$ ; it is clear what characterizes the designability problem is the distribution of the contents of S in the unit hypercube.

We now examine how geometric constraints reduce  $\mathcal{P}$  down to  $\mathcal{S}$ . A sequence in  $\mathcal{P}$  may be viewed as a chain of 0's

and 1's connected by n-1 links of three types, those connecting 0 and 0 sites, 0 and 1 or 1 and 0 sites, and 1 and 1 sites, respectively. Let the numbers of such links be  $n_{00}$ ,  $n_{10}$ , and  $n_{11}$ , respectively. The sequence is partitioned by the 1-0 links into  $n_{10}+1$  segments of contiguous 1's or 0's. Whereas the link numbers for a  $\bf p$  are devoid of geometric meaning, that for  $\bf s$  are the consequences of geometric constraints. To illustrate this, consider the case N>4 (the surface to core ratios in smaller lattices are too lop-sided to be of interest). Some of the simplest constraints that must be satisfied by an allowed  $\bf s$  are the following.

- (1) An isolated single 0 may only occur at an end of a path.
- (2) An isolated single 1 may only either occur at or be one 0-segment away from an end of a path.
- (3) Each of the four corners on the lattice belongs to a 0 segment at least four sites long, except when the corner is an end of a path.
- (4) For a path having the pattern s=(1...1) (both the ends of the path are 1 sites),  $2n_{00}+n_{10}=8N-8$  and  $2 \le n_{10} \le 4N-12$ .
- (5) For  $\mathbf{s} = (0010011...1)$ ,  $2n_{00} + n_{10} = 8N 9$  and  $5 \le n_{10} \le 4N 11$ .
- (6) For  $\mathbf{s} = (0010011...1100100)$ ,  $2n_{00} + n_{10} = 8N 10$  and  $10 \le n_{10} \le 4N 10$  if N > 6, the last relation is replaced by  $8 \le n_{10} \le 4N 10$  if  $N \le 6$ .
- (7) For  $\mathbf{s} = (0010011...0) \neq (0010011...1100100)$ ,  $2n_{00} + n_{10} = 8N 10$  and  $4 \le n_{10} \le 4N 12$ .
- (8) For  $\mathbf{s} = (0...0) \neq (0010011...0)$  and  $\neq (0010011...1100100)$ ,  $2n_{00} + n_{10} = 8N 10$  and  $2 \le n_{10} \le 4N 12$ .
- (9) For  $\mathbf{s} = (0...1) \neq (0010011...1)$ ,  $2n_{00} + n_{10} = 8N 9$  and  $1 \leq n_{10} \leq 4N 13$ .

The first two rules are obvious on a square lattice. The third rule implies that the polar residues tend to accumulate around corners. This fortuitously reflects a property of real proteins: the relative abundance of polar residues on surface areas with large curvatures. Figures 2(b) and 2(c) illustrate the origin of the fourth rule on a  $6 \times 6$  lattice. The two structures are both of the type (1...1), that is, they begin and end both on core sites. The dark solid links in the figures define "templates" for constructing s' that, respectively, have the maximum (12) and minimum (2) values for  $n_{10}$ . Rules (5)– (8) can be shown in a similar way. By explicitly applying the above rules in the selection of s (as opposed to requiring an s to be a compact self-avoiding path), the total number of  $2^{36}$  = 68 719 476 736 binary sequences in  $\mathcal{P}$  is reduced to a set of 537 549 candidate paths, which, relatively speaking, is now only slightly greater than the exact number (30 408) of s' in S. This implies that the set of rules given above embodies the essence of the geometric requirement that guarantees elements in S to be compact self-avoiding paths.

# V. DISTRIBUTION OF THE ALLOWED STRUCTURES IN THE HYPERCUBE

Here we show that only a small portion of the structures in S have large  $n_{10}$ . On an  $N \times N$  square lattice, there is a

total of  $2N^2-2N$  links and  $N^2-1$  among them need to be chosen to form a structure. For the  $6 \times 6$  case these numbers are 60 and 35, respectively. For the structure shown in Fig. 2(b), of the total number of 60 links on the lattice, 28 links are used to define the template (that has  $n_{10}=12$ ) and 17 links, marked by filled diamonds in the figure, are forbidden because they would form close loops or connect sites which already have two links. This means that to complete an  ${\bf s}$ from the template, one needs to select 35-28=7 links from among 60-28-17=15 links on the lattice. Hence at most  $\binom{15}{7}$  = 6435 s' with  $n_{10}$  = 12 can be constructed from the template. A similar argument shows that  $\binom{23}{14} = 817190 \text{ s}'$  with  $n_{10}$ =2 can be constructed from the template shown in Fig. 2(c), which has 21 predetermined links. The ratio 817 190:6435 illustrates the point that the number of  $\mathbf{s}'$  with high  $n_{10}$  values is much smaller than the number of s' with low  $n_{10}$  values.

We now give a heuristic argument showing that there is an approximate relation between the smallest possible Hamming distance  $d_{\min}(\mathbf{s}_1, \mathbf{s}_2)$  between two structures  $\mathbf{s}_1$  and  $\mathbf{s}_2$ and the difference in the  $n_{10}$  values of the two structures,  $\Delta n_{10} = n_{10}(\mathbf{s}_1) - n_{10}(\mathbf{s}_2)$ ; for simplicity we assume that  $n_{10}(\mathbf{s}_1) > n_{10}(\mathbf{s}_2)$ . For this discussion we ignore the two end points of the structures, so that (on a square lattice) all the segments on an s partitioned by 0-1 links have at least two 0 or two 1 digits. We begin by considering the case when  $s_2$ =  $\mathbf{s}_1$ . Then both  $d(\mathbf{s}_1,\mathbf{s}_2)$  and  $\Delta n_{10}$  are zero. Suppose we can generate  $s_2$  by swapping the positions of a pair of 0's and a pair of 1's in  $s_1$  (while keeping in mind that in most cases such an operation would not give an s; it would give a p that is not in S). Then  $d(\mathbf{s}_1,\mathbf{s}_2)=2$  and, depending on the position of the replaced pair of 0's in  $s_1$ ,  $\Delta n_{10} = 0$  or 2. Any other pair of  $s_2$  and  $s_1$  having  $\Delta n_{10} = 2$  will have  $d(s_1, s_2)$ >2. Thus  $d_{\min}(\mathbf{s}_1,\mathbf{s}_2)$  is 2 for  $\Delta n_{10}=2$ . Similarly, if we generate  $s_2$  by exchanging the positions of a pair of 0's and a pair 1's in  $s_1$ , for example,

$$(...01111111110...1000000001...)$$
  
 $\rightarrow (...01111111000...1001100001...)$  (9)

or

$$(...01111111110...1000000001...)$$
  
 $\rightarrow (...0111100110...1001100001...), (10)$ 

then  $d(\mathbf{s}_1, \mathbf{s}_2) = 4$  and  $\Delta n_{10} = 2$  [Eq. (9)] or 4 [Eq. (10)]. Again any other  $\mathbf{s}_2$  and  $\mathbf{s}_1$  having  $\Delta n_{10} = 2$  or 4 will have  $d(\mathbf{s}_1, \mathbf{s}_2) > 4$ . Thus  $d_{\min}(\mathbf{s}_1, \mathbf{s}_2)$  is 4 for  $\Delta n_{10} = 4$ . Arguing along this line it can be shown that  $d_{\min}(\mathbf{s}_1, \mathbf{s}_2) \approx \Delta n_{10}$ .

In Fig. 3, the logarithmic distributions of the Hamming distances between pairs of  $\mathbf{s}'$  with fixed values of  $\Delta n_{10}$  are plotted for a  $6\times 6$  lattice. The relation between  $d_{\min}(\mathbf{s}_1,\mathbf{s}_2)$  and  $\Delta n_{10}$  is clearly displayed. Notice that all distributions peak at a Hamming distance of 15–20, with the width of the distribution decreasing monotonically with  $\Delta n_{10}$ .

It has already been shown that the number of  $\mathbf{s}'$  with large  $n_{10}$  is much smaller than the number of  $\mathbf{s}'$  with small  $n_{10}$ . Hence the former kinds of  $\mathbf{s}'$  will be even more sparsely

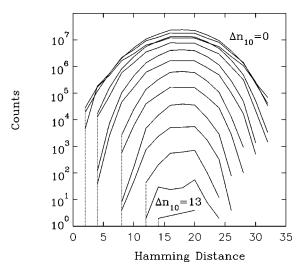


FIG. 3. The Hamming distances between pairs of all the 30 408 structural sequences on a  $6\times6$  lattice. The vertical dashed lines indicate the minimal Hamming distances for different  $\Delta n_{10}$ .

distributed in  $\mathcal{P}$  than the latter kinds. Thus given an arbitrary  $\mathbf{s}$  the chances are that most of its nearest neighbors will have relatively small  $n_{10}$ 's. An  $\mathbf{s}$  with large  $n_{10}$  will be farther away from its nearest neighbors than if it has a smaller  $n_{10}$ . This is indeed brought out in Fig. 4, where each curve plots as a function of  $n_{10}$  the number of neighboring  $\mathbf{s}'$  in  $\mathcal{S}$  within a Hamming distance  $R_H$ , averaged over those  $\mathbf{s}'$  specified by  $n_{10}$ . It is seen that so long as  $R_H \leq 15$ ,  $\mathbf{s}'$  with large  $n_{10}$  has far fewer nearby neighbors (in  $\mathcal{S}$ ) than  $\mathbf{s}'$  with smaller  $n_{10}$ . It

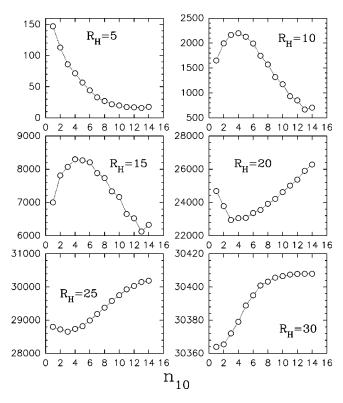


FIG. 4. Average number of neighboring structures within different Hamming distances  $R_H$  for a  $6 \times 6$  lattice.

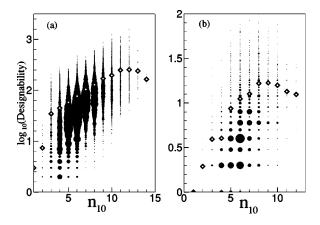


FIG. 5. Designability distributions for (a)  $6 \times 6$  square lattice and (b) 21-site triangular lattice. See the text for detail.

follows that  $\mathbf{s}'$  with large  $n_{10}$  will on average have large Voronoi polytopes, hence high designabilities. Note that the approximate proportional relation between  $\Delta n_{10}$  and  $d_{\min}(\mathbf{s}_1,\mathbf{s}_2)$  is not expected to be limited to square lattices although the proportional constant is expected to be dependent on lattice type.

In Figs. 5(a) and 5(b) the logarithmic designability is plotted as a function of  $n_{10}$  for a 6×6 square lattice and a 21-site triangular lattice, respectively. The size of each disc indicates the number of  $\mathbf{s}'$  having the specific  $n_{10}$  and designability and an open diamond indicates the average designability of all s' having the specified  $n_{10}$ . On the whole the average designability increases with  $n_{10}$  up to near the maximum  $n_{10}$ . For  $n_{10}$  near the maximum value it appears that the heuristic argument given above breaks down, probably partly for boundary effects, and partly because the number of structures with the largest values of  $n_{10}$  is very small (3 for  $n_{10}$ = 14 and 24 for  $n_{10}$ = 13 among the 30 408  $\mathbf{s} \in \mathcal{S}$  on a 6×6 square lattice) so that statistical fluctuations become important. The designability distributions on several other lattices were studied and the pattern shown in Fig. 5 persisted. The result is summarized in Table II, where  $n_{10}^{\rm max}$ , the maximum  $n_{10}$  and  $n_{10}^{\text{peak}}$ , the  $n_{10}$  where the largest average designability occurs, are given for each lattice. In all the cases  $n_{10}^{\rm peak}$  $=n_{10}^{\text{max}}-2\pm1$ . Results for three-dimensional lattices will be shown elsewhere.

# VI. COMPARISON WITH REAL PROTEINS

It has been shown that the mathematical contents of the mean-field *H-P* model and the *L-S* model are essentially

TABLE II.  $n_{10}^{\text{max}}$  and  $n_{10}^{\text{peak}}$  for several latices.

Lattice	$n_{10}^{ m max}$	$n_{10}^{ m peak}$
$4\times4$	6	4
$4\times6$	9	8
5×5	10	7
$4\times7$	11	10
$5 \times 6$	12	9
$6 \times 6$	14	12
21-site triangle	12	9

identical. The physical (or biological) interpretations given to the two models are, however, entirely different. The mean-field H-P, model is based on the assumption that hydrophobic residues would congregate in the core as much as possible. The L-S, model is based on the assumption that large residues would be excluded from the core as much as possible. To see which model is closer to nature we compare the results of the two models with real proteins by matching model peptide sequences against protein sequences culled from data banks. For either model, the model sequences are the two sets of sequences among a total 26 000 000 randomly sampled 36-word binary sequences that select the most highly designable and least designable structures, respectively, on a  $6 \times 6$  lattice.

We consider the frequency distributions of the set of sequences  $\{\mathcal{P}_{\lambda} | \lambda = h, l, \mathcal{S}, \phi, \alpha, \beta, \phi', \alpha', \beta'\}$ , where the subscript h denotes the concatenated 27 006 peptides mapped to the 15 most highly designable structures in the mean-field H-P model; l, the concatenated 24 134 peptide sequences mapped to the 1545 least designable structures in the meanfield H-P model; S, the concatenated 22 789 peptides mapped to the 364 most highly encodable structures in the L-S model [16];  $\phi$ , the concatenated protein sequences in PDB [11], converted to a binary sequences based on the hydrophobicity of the peptides;  $\alpha$ , same as  $\phi$ , but includes only segments of protein sequences that fold to  $\alpha$  helices;  $\beta$ , same as  $\phi$ , but includes only segments of protein sequences that fold to  $\beta$ sheets;  $\phi'$ ,  $\alpha'$ , and  $\beta'$ , same as  $\phi$ ,  $\alpha$ , and  $\beta$ , respectively, except that protein sequences are converted to binary ones based on the volume of residues. The ten residues designated polar (P) are: Lys, Arg, His, Glu, Asp, Gln, Asn, Ser, Thr, and Cys [17] and the ten residues designated as L-type residues are, in descending order of volume, Trp, Tyr, Phe, Arg, Lys, Leu, Ile, Met, His, and Gln [18–20]. That the H-P and L-S models differ in physical and biological contents is predicated by the fact that the two lists overlap poorly. This predication will not change if the cut-off points of either or both lists are varied slightly. The sequences  $\mathcal{P}_h$  and  $\mathcal{P}_s$  will be referred to as the most foldable peptides in the H-P and *L-S* models, respectively.

To compare the sequences, we employ a Cartesian coordinate representation for symbolic sequences [21], here applied to binary sequences. Let  $\mathcal S$  denote the set of  $2^l$  binary strings  $\sigma$  of length l. Given a binary sequence  $\mathcal P_\lambda$  of length l and a string length l (we are interested only in cases when  $l \ge l$ ), there is the set  $\{f_\lambda^{(l)}(\sigma) | \sigma \in \mathcal S\}$  of frequencies of occurrence of the string l in l. The frequencies may be obtained, say, by counting while sliding a window l digits wide along l. The frequency depends on the ratio of 0 to 1 digits in the sequence. This ratio, l is 0.983, 1.039, 0.553, 0.960, 0.993, 0.720, 0.734, 0.917, and 0.934, respectively, for the sequences l in order to make a fair comparison of the sequences adjustments need to be made to compensate for the disparity in the 0 to 1 ratios. For this purpose we define a normalized frequency l by

$$f_{\lambda}^{\prime(l)}(\sigma) = (r_{\lambda})^{n_{\sigma}} f_{\lambda}^{(l)}(\sigma),$$
 (11)

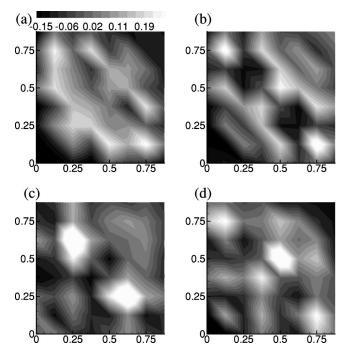


FIG. 6. Frequency distributions of strings of length 6 in the sequences (a)  $\mathcal{P}_{\phi}$ , (b)  $\mathcal{P}_{\alpha}$ , (c)  $\mathcal{P}_{\beta}$ , and (d)  $\mathcal{P}_{h}$ ; see text for description.

where  $n_{\sigma}$  is the number of 0's in  $\sigma$ . Sequences in the normalized frequency set  $\{f_{\lambda}^{\prime(l)}(\sigma)\}$  now have 0 to 1 ratios equal to unity.

In what follows we consider only cases when l is even, l=2k. Let  $\mathcal{L}$  be a  $2^k \times 2^k$  lattice with spacing  $2^{-k}$ , and  $\pi$  be a one-to-one mapping from  $\mathcal{S}$  to  $\mathcal{L}$ ,  $\pi:\mathcal{S} \to \mathcal{L}$  by

$$\pi(\sigma) = (x, y) = \left( \sum_{i=1}^{k} \sigma_{k+i} \times 2^{-i}, \sum_{i=1}^{k} \sigma_{i} \times 2^{-(k-i+1)} \right), \tag{12}$$

where  $\sigma = [\sigma_1, \sigma_2, ..., \sigma_{2k}]$  is a string in  $\mathcal{S}$  and (x, y) is a site on  $\mathcal{L}$ . From the set  $\{f_{\lambda}^{(l)}(\sigma)\}$  we define a normalized relative frequency distribution of  $\lambda$  on the lattice  $\mathcal{L}$ :

$$F_{\lambda}^{(l)}(x,y) \equiv F_{\lambda}^{(l)}(\pi(\sigma)) = (f_{\lambda}^{\prime(l)}(\sigma) - \overline{f}_{\lambda}^{(l)})/Z_{\lambda}, \quad (13)$$

where  $\overline{f}_{\lambda}^{(l)}$  is the mean frequency and

$$Z_{\lambda} = \left(\sum_{\sigma \in \mathcal{S}} f_{\lambda}^{\prime(l)}(\sigma) - \overline{f}_{\lambda}^{(l)}\right)^{1/2}.$$
 (14)

Figures 6 and 7 show the distributions  $F_{\lambda}^{(6)}$ ,  $\lambda = \phi, \alpha, \beta$  and h, and  $\lambda = \phi', \alpha', \beta'$ , and S respectively. In the figures, the magnitude of the distribution is coded into the gray scale shown at the top of the figures. From the fact that Figs. 6(b) and 6(d) have their brightest and darkest regions, respectively, at generally the same locations, it is evident that  $\mathcal{P}_h$  [Fig. 6(d)], the most foldable peptides in the H-P model, is closet to  $\mathcal{P}_{\alpha}$  [Fig. 6(b)], the sequence that represents  $\alpha$  helix segments in real protein sequences. In comparison, although Fig. 6(a) looks similar to Fig. 6(b), it is not so similar to Fig.

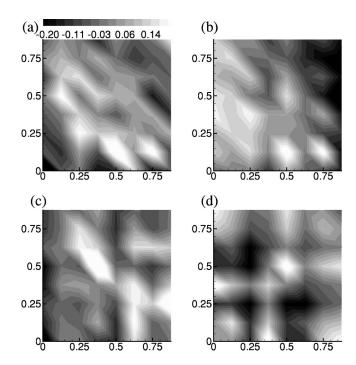


FIG. 7. Frequency distributions of strings of length 6 in the sequences (a)  $\mathcal{P}'_{\phi}$ , (b)  $\mathcal{P}'_{\alpha}$ , (c)  $\mathcal{P}'_{\beta}$ , and (d)  $\mathcal{P}_{\mathcal{S}}$ ; see text for description.

6(d). In particular, some of the brightest regions in Fig. 6(a) are dark in Fig. 6(d), and vice versa. In sharp contrast Fig. 6(c), which represents  $\beta$  sheet segments in real protein sequences, is entirely different from all the other distributions in Fig. 6.

Turning to Fig. 7, it is noticed that Fig. 7(d), representing the most foldable peptides in the L-S model, is very similar to its counterpart in the H-P model, Fig. 6(d). This is as expected because the mathematical contents of the two models are essentially identical. On the other hand, Fig. 7(d) is very dissimilar to Fig. 7(a), which represents all protein sequences in PDB, but with the residues partitioned according to the L-S model. This shows that size of the residue is not the most dominant factor in protein structure.

The frequency distributions shown in Figs. 6 and 7 are repeated in Figs. 8 and 9, except that the word length l is now 8 instead of 6. This implies that the sequences  $\mathcal{P}_{\lambda}$  are now examined with a finer resolution. The result is similar to the l=6 case: the most foldable peptides in the H-P model closely resemble the  $\alpha$  helix segments of real protein, while the foldable peptides in the L-S model do not resemble real proteins [20,21].

The sequences  $\mathcal{P}_{\lambda}$  may be compared in a more quantitative manner through the overlap of frequency distributions,

$$O_{\lambda\lambda'}^{(l)} = \sum_{\sigma \in S} F_{\lambda}^{(l)}(\pi(\sigma)) F_{\lambda'}^{(l)}(\pi(\sigma)). \tag{15}$$

The overlaps  $O_{\lambda\lambda'}^{(l)}$ , for a number of pairs  $(\lambda,\lambda')$  selected from the set  $\{h,l,S,\phi,\alpha,\beta,\phi',\alpha',\beta'\}$ , and for  $l=4\sim14$  are given in Fig. 10.

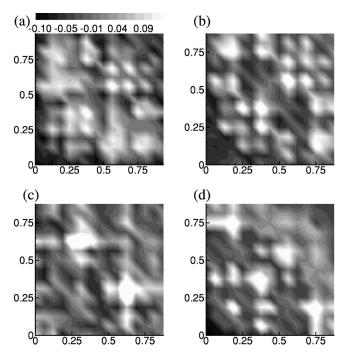


FIG. 8. Frequency distributions of strings of length 8 in the sequences (a)  $\mathcal{P}_{\phi}$ , (b)  $\mathcal{P}_{\alpha}$ , (c)  $\mathcal{P}_{\beta}$ , and (d)  $\mathcal{P}_{h}$ .

One first notices that, with the exception of  $O_{hS}^{(l)}$  ( $\blacksquare$  in Fig. 10), all the overlaps approach zero as the word length l increases. This is so because the resolving power of the method increases with l; for sufficiently large l, the resolution becomes so large that any two sequence that does not have substantial and extended sequence identity will have zero overlap. That  $O_{hS}^{(l)}$  has large positive correlation throughout the whole range of l studied is expected from the

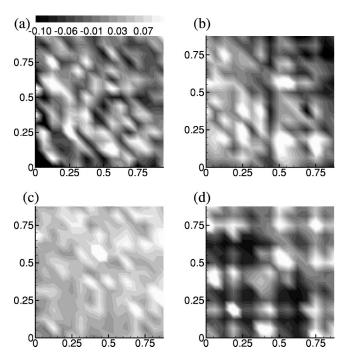


FIG. 9. Frequency distributions of strings of length 8 in the sequences (a)  $\mathcal{P}'_{\phi}$ , (b)  $\mathcal{P}'_{\alpha}$ , (c)  $\mathcal{P}'_{\beta}$ , and (d)  $\mathcal{P}_{S}$ .

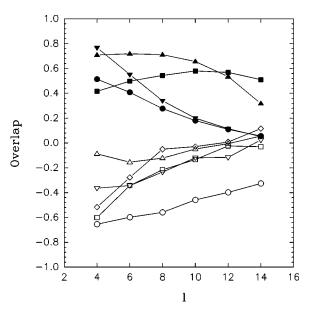


FIG. 10. Overlap of frequency distribution functions versus word length  $l: O_{\phi\alpha}^{(l)}(\blacktriangle), O_{\alpha h}^{(l)}(\blacktriangledown), O_{\phi h}^{(l)}(\bullet), O_{hS}^{(l)}(\blacksquare), O_{\alpha'S}^{(l)}(\triangle), O_{\beta h}^{(l)}(\triangledown), O_{\beta'S}^{(l)}(\lozenge), O_{\phi'S}^{(l)}(\square), \text{ and } O_{hl}^{(l)}(\bigcirc).$  See text for the description of the subscripts  $h, l, S, \phi, \alpha, \beta, \phi', \alpha', \text{ and } \beta'.$ 

mathematical equivalence of the *H-P* and *L-S* models. In Ref. [12], the parameter *a* in Eq. (5) was taken to be infinity to emphasize the steric constraint on the residues. Here we had done the same just to conform to Ref. [12]. On the other hand, since in the present study all the structures are self-avoiding paths on a discrete lattice, the steric constraint caused by the existence of the backbone is automatically satisfied. Therefore, so far as the intention of the *L-S* model is concerned, a small and positive, but not infinite, value for *a* would have sufficed.

The overlap  $O_{\phi\alpha}^{(l)}$  ( $\blacktriangle$ ) is larger than most other overlaps for much of l's shown in the figure. This is connected to a basic fact of proteins:  $\alpha$  helices account for almost half of the total amount of protein sequences in PDB. The overlap drops sharply when  $l \ge 12$  because most  $\alpha$  helix segments are shorter than 15 residues long.

Next in order of magnitude are the overlaps  $O_{\alpha h}^{(l)}$  and  $O_{\phi h}^{(l)}$ (▼ and ●); these have large positive values for the smaller l's. This reveals that the mean-field H-P model provides a coarse-grained description of some features of the real proteins and suggests that the basic assumption of the model that local residue-water interaction is the dominant cause for protein folding—is consistent with the mechanism for the formation of  $\alpha$  helices. The overlaps decrease with increasing l for the general reason given above. On the other hand, the negative correlation shown by the negative value of the overlap  $O_{\beta h}^{(l)}(\nabla)$  shows that the same assumption is inconsistent with what causes the formation of  $\beta$  sheets. Two of the obvious reasons are: whereas most  $\beta$  sheets are buried in the interior of proteins, the mean-field H-P model differentiates only surface from core sites but has no means of influencing the interior structure of proteins; the stability of most  $\beta$  sheets depends on long-range interactions that are absent in the model.

TABLE III. Strings most and least favored in the mean-field H-P and L-S models. Strings of different lengths are ranked separately; e.g., the least favored string of length 4 is ranked  $2^4 = 16$ .

Strings most/least favored in H-P model	H-P model		L-S model		Strings most/least	L-S model		H-P model	
	Frequency	Rank	Frequency	Rank	Favored in L-S model	Frequency	Rank	Frequency	Rank
(0110)	0.4459	1	-0.0468	10	(0011)	0.3834	1	0.4272	2
(0011)	0.4272	2	0.3834	1	(1100)	0.3693	2	0.4224	3
(0000)	-0.3883	15	0.2732	3	(1010)	-0.3815	15	-0.1572	11
(1111)	-0.3903	16	0.0109	9	(0101)	-0.3892	16	-0.1594	12
(001100)	0.4605	1	0.2694	1	(001100)	0.2694	1	0.4605	1
(011001)	0.2746	2	0.0656	20	(000011)	0.2694	2	0.0515	18
(100110)	0.2698	3	0.0672	19	(110000)	0.2680	3	0.0369	23
(000001)	-0.1725	62	0.0379	22	(101010)	-0.2186	62	-0.1253	58
(100000)	-0.1741	63	0.0385	21	(010101)	-0.2222	63	-0.1234	57
(000000)	-0.2694	64	0.0274	25	(001010)	-0.2224	64	-0.0589	39
(00110011)	0.2101	1	0.1016	19	(11000011)	0.2318	1	0.1875	4
(01100110)	0.2089	2	0.0541	51	(00001100)	0.2141	2	0.1332	15
(11001100)	0.1977	3	0.1001	20	(00110000)	0.2110	3	0.1191	23
(11000011)	0.1875	4	0.2318	1	(00111100)	0.1684	4	-0.0466	200
(00000011)	-0.0927	253	0.0293	74	(01010100)	-0.0989	253	-0.0401	180
(00000001)	-0.1015	254	0.0301	72	(01010010)	-0.1008	254	-0.0418	188
(10000000)	-0.1023	255	0.0334	63	(01001010)	-0.1013	255	-0.0436	194
(00000000)	-0.1060	256	0.0088	94	(00101010)	-0.1017	256	-0.0379	172
(0011001100)	0.1682	1	0.902	14	(0011000011)	0.1837	1	0.1400	4
(1100001100)	0.1574	2	0.1830	2	(1100001100)	0.1830	2	0.1574	2
(0110000110)	0.1548	3	0.1335	3	(0110000110)	0.1335	3	0.1548	3
(0011000011)	0.1400	4	0.1837	1	(1001100001)	0.1230	4	0.1211	8
(1111000000)	-0.0408	1021	0.0220	214	(0101001010)	-0.0441	1021	-0.0173	693
(1110000000)	-0.0414	1022	0.0508	58	(0100001010)	-0.440	1022	-0.0102	528
(0000000000)	-0.0426	1023	-0.0219	773	(0101010101)	-0.0444	1023	0.0268	893
(1111111111)	-0.0427	1024	-0.0358	914	(1010101010)	-0.0446	1024	0.0250	869

The negative value of the overlaps between  $\mathcal{P}_S$  and  $\mathcal{P}_{\phi',\alpha',\beta'}$  ( $\square$ ,  $\triangle$ , and  $\diamondsuit$ , respectively) indicates that the highly foldable peptide sequences in the *L-S* model are anticorrelated with the real protein sequences for  $l \leq 6$  and uncorrelated for larger l. This confirms what is already seen in Figs. 7 and 9: that size effect is not the dominant factor determining the formation of a stable protein conformation. Finally, the large negative values of the overlap  $O_{hl}^{(l)}$  ( $\bigcirc$ ) for all values of l tested simply verify that the most and least foldable peptides in the H-P model are highly dissimilar however they are compared.

### VII. DISCUSSION

Because conformation designability in protein structure refers to the natural selection of a very small number of topological classes of native conformations over the vast total number of classes, it is a topic that can be suitably studies in coarse-grained settings such as in lattice models. Previous lattice model studies have firmly established that indeed only a very small number of (model) structures, out of a very large total number, are highly designable. It has not been shown why this phenomenon should arise, and to what classes of native conformations would the highly designable

structures correspond. In this paper, taking advantage of the geometric picture for the designability problem given in Ref. [7], namely, that designability of a structure in the mean-field *H-P* model is proportional to Voronoi volume of that structure in a certain hyperspace, we showed that uneven designability arises because a type of structures—those with the largest numbers of surface-core switchbacks—are very rare, and that their nearest neighbors in the hyperspace are other similar rare structures. Hence such structures have the largest Voronoi volumes and the highest designabilities. Because the hyperspace of structures has properties independent of the two-dimensional lattices used in the present study, this conclusion is expected to stand for other more realistic lattices. Indeed, the same effect was observed on a three-dimensional lattice based on an icosahedron [22].

The identification of structures having the largest numbers of surface-core switchbacks with the conformation classes of observed proteins entails certain physical and biological implications. Proteins choosing such structures as native conformations would tend to have ratios of numbers of H-type and P-type residues close to being unity. Indeed, the averages of H to P ratios for all the protein sequences in PDB, for the segments that folds to  $\alpha$  helices and for those that fold to  $\beta$  sheets, respectively, are all very close to unity. Proteins

having structures with many surface-core switchbacks are expected to be energetically favored. For such proteins would by and large have alternating *P* and *H* residues that match the pattern of the structures, and the outward-pointing force exerting on the *P*-type residues and the inward-pointing force exerting on the *H*-type residues together would make the protein especially sturdy.

On the mean-field H-P lattice, high-designability structures tend not to have long sequences of contiguous sites that are purely core sites or purely surface sites (see Table III in Appendix), because such structures tend to be involved in degenerate cases—peptides with corresponding contiguous subsequences of P- or H-type residues (or S- or L-type residues in the L-S model) would easily have two or more such structures as ground states—and for that reason the peptide and the degenerate structures would have been excluded from the set of allowed peptides and acceptable structures, respectively. This practice is justified biologically: peptides and conformations involved in degeneracy (in a coarsegrained sense) are presumably filtered out by evolution because they would make for functionally unreliable proteins. In fact, relatively few proteins in PDB have sequences containing long segments of contiguous P- or H-type residues whose native conformations have long segments of contiguous surface or buried sites [23]. Such native conformations are presumably generated by the finer details of interresidual interactions, and the conformation classes to which they belong would not have counterparts among the high designability structures given by simple, coarse-grained lattice models.

Because structures on square lattices are not realistic enough for direct comparison with empirically observed topological conformation classes, we compared model peptides folding into such structures, namely, the most foldable peptides, with (binarized) peptide sequences in the PDB. If the highly designable structures are rich in surface-core switchbacks then the highly foldable peptides should be rich in H and P singlets and H-H and P-P doublets. In Table III in the Appendix it is seen that the highly foldable peptides in the mean-field H-P model are rich in H-H-P-P (or P-P-H-H) but poor in H-P (or P-H) repeats. This reflects an artifact of the square lattice. On such lattices, the shortest surface-core switchback motif is surface-surface-core-core (or core-coresurface-surface) repeats while surface-core repeats do not exist (see first two "constraints" in Sec. IV). We showed that the most foldable peptides match well with those segments of protein sequences in PDB that fold into  $\alpha$  helices but match relatively poorly with segments that fold into  $\beta$  sheets.  $\alpha$  helices are most commonly amphipathic and lie on the outside of their host proteins. With 3.6 residues per turn, such  $\alpha$  helices tend to change from H to P residues with a periodicity of three to four. That is, they should have a predominance of alternating H-H and P-P doublets interspersed with H and P singlets. Indeed, of all peptide sequences that code  $\alpha$  helices in the PDB, 24% of H to P (or P to H) changes are after singlets, 36% are after doublets and 22% are after triplets. This implies that  $\alpha$  helices are relatively rich in H-H-P-P repeats and this could explain why the most foldable model peptides (in the mean-field *H-P* model) match well with  $\alpha$  helices.

The situation is different with respect to  $\beta$  sheets. The most common domain structures in proteins are  $\alpha/\beta$  domains that consist of a central group of  $\beta$  sheets surrounded by  $\alpha$  helices. The  $\beta$  sheets in these domains will not be rich in either H-H-P-P or H-P repeats. In the second large group of protein domain structures, comprised of antiparallel  $\beta$  sheets, some of the sheets are on the outside of the protein and these are rich in H-P repeats but not in H-H-P-P repeats. A superfamily of proteins containing such  $\beta$  sheets has members such as the human plasma retinal-binding protein and  $\beta$ -lactoglobulin, a protein that is abundant in milk. Of all peptide sequences that code  $\beta$  sheets in the PDB, 33% of H to P (or P to H) changes are after singlets, 28% are after doublets, and 18% are after triplets. Hence the most foldable model peptides would match poorly with  $\beta$  sheets.

If our computation were carried out on a lattice that allowed structures with surface-core repeats then the foldable model peptides would have better matched sequences coding for  $\beta$  sheets. Still, because the only interaction taken into account in the mean-field H-P model is the hydrophobicity of the residues, whereas the formation of the majority of  $\beta$  sheets depend on other details of interresidual interactions, we cannot expect the most foldable model peptides to have a good match with the majority of  $\beta$  sheets irrespective of what lattice was used.

If hydrophobicity but not interresidual interaction is indeed the main force that drives the formation of  $\alpha$  helices, then we can better understand why  $\alpha$  helices are formed on a time scale of the order  $10^{-7}$  s [24,25], right after the collapse of the protein to globular shape, and why it takes ten times longer for the formation of  $\beta$  sheets, which involves interactions between residues distantly separated on the primary structure. This scenario is consistent with the finding in a recent statistical analysis of experimental data: local contacts play the key role in fast processes during folding [26].

We have shown that the mathematical content of the L-S model, which partitions residues into large (L) and small (S) ones, was essentially the same as that of the mean-field H-P model. Hence the binary composition of the most foldable peptides in the two models are quite similar (see Table III in the Appendix). However, because not all large (small) residues are hydrophilic (hydrophobic), the most foldable peptides in the two models are mapped to significantly different sets of (binarized) protein sequences. The result is that the most foldable peptides in the L-S model do not match well with any subset of proteins in the PDB. This means that steric hindrance effect arising from different sizes of the residues is not the main driving force for protein folding.

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### **APPENDIX**

Here we show how the two lattice models differ by comparing strings of several lengths that have the highest and lowest frequencies of occurrence, called the most and least favored strings, respectively, in the sequences  $\mathcal{P}_h$  and  $\mathcal{P}_S$ , which are the concatenated sequences of the mostly highly foldable peptides in the mean-field H-P and L-S models, respectively. In Table III, the first and sixth columns list such strings. Strings of different lengths are ranked separately by their normalized relative frequency of occurrence [Eq. (14)]; the string with the highest (lowest) frequency is ranked 1 (2<sup>1</sup>). By definition, an unfavored string has negative frequency. Table III shows that the most favored strings are quite well correlated in the two models but the least favored strings are not so. It is seen that among tetramers the repeats (0011) are the most favored pattern in both models, long

repeats of 1's and 0's are the least favored string patterns in the H-P model and (01) is the least favored string repeat in the L-S model. The reason for this is clear: (0011) repeats are the favored pattern in most highly designable structures in both models and each of the (peptide) strings (0000), (1111), and (0101) is separated from (0011) by the greatest frame independent Hamming distance. There is an additional disincentive for a peptide to have (01) repeats in the L-S model. On a square lattice such repeats do not appear in a structure sequence, hence, with L-type residues (represented by 0 digits) strictly forbidden on core sites (represented by 1 digits), a peptide string with 01 repeats can only occupy a structure sequence composed entirely of surface sites. This gives the peptide zero binding energy in the L-S model. The situation is different in the H-P model. There a peptide string with 01 repeats can occupy a structure sequence with 0011 repeats and nonzero binding energy.

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