Orientational order and topological defects in a dilute solutions of rodlike polymers at low Reynolds number

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The relationship between the polymer orientation and the chaotic flow, in a dilute solution of rigid rodlike polymers at low Reynolds number, is investigated by means of direct numerical simulations. It is found that the rods tend to align with the velocity field in order to minimize the friction with the solvent fluid, while regions of rotational disorder are related to strong vorticity gradients, and therefore to the chaotic flow. The "turbulent-like" behavior of the system is therefore associated with the emergence and interaction of topological defects of the mean director field, similarly to active nematic turbulence. The analysis has been carried out in both two and three spatial dimensions.

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I. INTRODUCTION

The emergence of chaotic flows with a complex spatiotemporal structure at low Reynolds number (Re), i.e., when fluid inertia is negligible with respect to viscous forces, is an intriguing phenomenon which occurs in various instances of complex fluids. A celebrated example is the regime of *elastic turbulence* [\[1,2\]](#page-10-0), which is observed in dilute solutions of flexible polymers (such as hydrolyzed polyacrylamide) at low Re and large polymer elasticity $[3-7]$. Even though it occurs at low Re, this regime displays turbulent-like properties, such as increased resistance and efficient mixing, which have been successfully described by means of viscoelastic rheological models [\[8–15\]](#page-10-0). A few years later a different instance of spontaneous chaotic flow was discovered in dense bacterial suspensions [\[16\]](#page-10-0): it was the first example of *active turbulence* [\[17\]](#page-10-0), subsequently observed, with different characteristics, in other typologies of active fluids [\[18](#page-10-0)[–21\]](#page-11-0).

A distinctive feature of these turbulent-like flows at low Re is the emergence of irregular velocity fluctuations in a broad range of scales, which typically manifest in a powerlaw spectral distribution of kinetic energy. At variance with the process of turbulent energy cascade at high Re, in flows at low Re the mechanisms which cause the spectral energy distribution depend on the details of the physical system. In the case of elastic turbulence, the energy injected by external forcing at large scale is redistributed at small scales by the elastic stress generated by polymers $[1,8,14]$. In the case of active turbulence the energy is directly injected in a broad range of scales by the additional stress generated by the active particles (e.g., by the microswimmers) [\[17](#page-10-0)[,22\]](#page-11-0). In complex fluids with nematic symmetry the turbulent-like motion has been ascribed to the emergence and to the mutual interaction of topological defects of the average microscopic orientation (such as disclinations), generating a backflow in the coarsegrained velocity field [\[23–28\]](#page-11-0).

Recently, a novel form of low-Reynolds chaotic flow has been observed in numerical simulations of a simple rheolog-

In the present study, we pursue the investigation of the chaotic regime in dilute solutions of rigid rodlike polymers, focusing on the interplay between the solvent velocity field and the orientational order of the polymer phase. We present a detailed study of the statistics of the polymer orientation. The latter is described in terms of the Westin coefficients [\[33\]](#page-11-0), which are commonly used in nematic liquid crystals theory. Our results show that the chaotic flow is produced by the emergence of topological defects in the average polymer orientation. This process is qualitatively reminiscent the phenomenon observed in nematic active fluids [\[23–28\]](#page-11-0).

The rest of the paper is organized as follows. In Sec. II we present the Doi-Edwards model for the dynamics of dilute rodlike polymers solutions, we provide a brief description of the Westin coefficients, and we discuss the details of the numerical simulations. In Sec. [III](#page-2-0) we present the results concerning the statistics of the orientation of the rods and its relationship with the chaotic flow. Finally, we present a comparison between the results of numerical simulation of the model in 2D and 3D simulations. Section [IV](#page-9-0) is devoted to conclusions.

II. THE DOI-EDWARDS MODEL

The Eulerian model for a dilute solution of inertialess rodlike polymers, at rotational equilibrium with the solvent fluid, was formulated by Doi and Edwards [\[29\]](#page-11-0). The direction

ical model [\[29\]](#page-11-0) of dilute solutions of rigid rodlike polymers (such as xanthan gum) [\[30–32\]](#page-11-0). Despite the fact that the stress generated by rigid polymers is substantially different from that of flexible elastic polymers, the properties of the resulting chaotic flow are qualitatively similar. It particular previous studies [\[30–32\]](#page-11-0) reported an increase in flow resistance and in mixing efficiency, which are observed in both two-dimensional (2D) and three-dimensional (3D) simulations of the model.

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and the strength of the local alignment of the polymer phase are described by the configuration tensor field $R_{ij}(x, t) =$ $\langle a_i a_j \rangle$ _V, where *a* is the orientation vector of an individual rod and the average is taken over an infinitesimal volume element V , at position x and time t . The configuration tensor is symmetric and has unit trace. Assuming that the polymers are immersed in an incompressible velocity field $u(x, t)$, the dynamics of the system is given by the following equations:

$$
\partial_t u_i + u_k \partial_k u_i = -\partial_i p + \nu \partial^2 u_i + \partial_k \sigma_{ik} + f_i, \quad (1a)
$$

$$
\partial_t R_{ij} + u_k \partial_k R_{ij} = (\partial_k u_i) R_{kj} + R_{ik} (\partial_k u_j)
$$

-2R_{ij} (\partial_l u_k) R_{kl}, \t\t(1b)

where ν is the kinematic viscosity of the solvent fluid and f is the external body-force which sustains the flow. The pressure field $p(x, t)$ preserves the incompressibility constraint $\partial_k u_k = 0$. The polymer stress σ_{ij} takes the form [\[29\]](#page-11-0)

$$
\sigma_{ij} = 6\nu\eta_p R_{ij} (\partial_l u_k) R_{kl}.
$$
 (2)

The intensity of the polymer feedback to the flow is determined by the parameter η_p , taking into account the geometrical properties of the rods and their volume fraction. In the case of an aqueous solution of xantham gum, an experimental relationship $\eta_p = 0.011147C^{1.422}$ was found, where C is the concentration in weight parts per million (wppm) [\[34\]](#page-11-0). The expression (2) is based on a simple quadratic approximation, although more sophisticated closures have been proposed $[35-38]$. It has been numerically shown that the model (1) is able to reproduce, for large values of the Reynolds number, the phenomenon of turbulent drag reduction in wall-bounded flows [\[34,39–42\]](#page-11-0). The model [\(1\)](#page-0-0) also contains terms related to the Brownian rotations of the rods, but these effects can be safely disregarded in chaotic flows in which the rotational dynamics is dominated by the velocity gradients [\[32,43\]](#page-11-0).

It is worth noting that Eq. $(1b)$ is analogous to the equation for the evolution of the nematic order parameter in liquid crystals, with a free energy equal to zero [\[44,45\]](#page-11-0). In particular, the configuration tensor R_{ij} is related to the nematic traceless tensor Q_{ij} by $Q_{ij} = R_{ij} - (1/D)\delta_{ij}$, where *D* is the number of spatial dimensions and δ_{ij} the standard Kronecker delta. Nonetheless, the stress associated with liquid crystals is very different from the polymer stress (2).

A. Degree of order and Westin coefficients

The nematic symmetry of the polymer phase allows us to adopt concepts from liquid crystals theory for the quantification of its degree of order. Since R_{ij} is a real-valued, symmetric unit-trace tensor, it possesses non-negative real eigenvalues λ_1 , λ_2 , and λ_3 with $1 \ge \lambda_1 \ge \lambda_2 \ge \lambda_3 \ge 0$, and Tr $\mathbf{R} = \lambda_1 + \lambda_2 + \lambda_3 = 1$. They are associated with the three eigenvectors *n*, *m*, and *l*, respectively. From the eigenvalues we can define the three Westin coefficients [\[33\]](#page-11-0):

$$
c_l = \lambda_1 - \lambda_2, \quad c_p = 2(\lambda_2 - \lambda_3), \quad c_s = 3\lambda_3. \tag{3}
$$

The value $c_l \approx 1$ corresponds to local uniaxial order, i.e., the rods are oriented in the direction given by the first eigenvector *n*. The value $c_p \approx 1$ corresponds to local biaxial order, i.e., the rods are randomly oriented in the plane defined by the first

two eigenvectors \boldsymbol{n} and \boldsymbol{m} . Finally, $c_s \approx 1$ corresponds to local isotropy, i.e., the rods are randomly oriented in the 3D space.

The identification of topological defects in 3D liquid crystals by means of Westin coefficients is well established [\[46–49\]](#page-11-0). In the case of rodlike polymers, the topological defects in the orientation of the director field *n* can be defined in terms of the Westin coefficients as the regions in which c_l < c_p (defects with biaxial structure) or $c_l < c_s$ (defects with isotropic structure). Recalling that the nematic traceless tensor Q_{ij} can be expressed in terms of the scalar order parameters *S* and ϵ as

$$
Q = S\big(nn - \frac{1}{3}I\big) + \epsilon\big(nm - \frac{1}{3}I\big),\tag{4}
$$

and that $Q = R - (1/3)I$, the Westin coefficients are related to *S* and ϵ as follows [\[33\]](#page-11-0):

 $c_l = S - \epsilon$, $c_p = 4\epsilon$, $c_s = 1 - S - 3\epsilon$. (5)

In the 2D case, we simply have $c_l = S = \lambda_1 - \lambda_2$.

B. Numerical methods and configuration

In the numerical simulations of the model (1) the flow is sustained by an external monochromatic force $f(x) =$ $[F\cos(Kz), 0, 0]$, where *F* is the amplitude and *K* is the wave number of the forcing. In the absence of polymers, Eq. (1a) with this forcing admits the laminar solution $u(x) =$ $[U_0 \cos(Kz), 0, 0]$ with amplitude $U_0 = F/(K^2 \nu)$ (the socalled *Kolmogorov flow*). The laminar solution is linearly stable when the Reynolds number $\text{Re} = U_0/(Kv)$ is smaller than the critical value $Re_c = \sqrt{2}$ [\[50\]](#page-11-0).

A remarkable feature of the Kolmogorov flow is that the mean velocity profile $\overline{u}(z)$, defined as the average of the velocity field over the *x* and *y* coordinates and over time *t*, maintains the symmetry of the external forcing also in turbulent or chaotic regimes, i.e., $\overline{u}(z) = [U \cos(Kz), 0, 0]$. The amplitude *U* of the mean flow allows us to define a drag coefficient $f = F/(KU^2)$ [\[51\]](#page-11-0), which has been used to investigate the asymptotic behavior of the turbulent drag in Newtonian flow at large Re [\[51,52\]](#page-11-0) and the phenomenon of drag reduction in non-Newtonian flows [\[53,54\]](#page-11-0). In the low Re regime, this flow configuration has been adopted to study the phenomena of elastic turbulence [\[9\]](#page-10-0), elastic waves [\[55\]](#page-11-0), and other forms of instabilities [\[56\]](#page-11-0). Here we exploit the symmetries of the mean flow to investigate the differences between the statistics of the polymer orientation in shear-dominated and flow-dominated regions.

The numerical integration of Eqs. $(1a)$ and $(1b)$ with Kolmogorov forcing has been performed by means of a standard dealiased pseudospectral method in a triple-periodic cubic domain of size $L = 2\pi$, uniformly discretized in $N^3 = 256^3$ gridpoints. Time integration is carried out using a fourth-order Runge-Kutta scheme with implicit integration of linear terms. In order to ensure numerical stability, Eq. $(1b)$ is supplemented with a diffusive term $\kappa \partial^2 R_{ij}$ [\[57\]](#page-11-0).

We performed four sets of simulations varying the parameter $\eta_p \in \{5, 6, 7, 8\}$. The values of the other parameters of the model are kept fixed as $v = 1$, $\kappa = 4 \times 10^{-3}$, $K = 4$, $F = 64$. We also performed a further ensemble of simulations in a 2D squared domain with $512²$ grid points and with identical parameters, which allows us to investigate the dependence of the statistics on the dimensionality of the system. For this purpose, the values of the parameter η_p in the 2D simulations have been rescaled according to the dimensional relation $\eta_p^{2D} = (2/3)\eta_p^{3D}$ proposed in [\[32\]](#page-11-0).

In all the simulations, the velocity field is initialized with the laminar solution $u(x, t = 0) = [U_0 \cos(Kz), 0, 0]$. The polymer configuration tensor is initialized with an uniaxial configuration $R_{ij}(x, t = 0) = n_i n_j$ with random orientation of the director *n* at each point *x*. For each value of of η_p we realized three independent simulations with different initial random orientation. After an initial transient, the system reaches a statistically stationary chaotic state [\[30,32\]](#page-11-0). The results presented here have been obtained in the stationary chaotic regime.

III. RESULTS

A. Statistics of polymer orientation and correlations with the mean flow

The first information about the statistics of polymer orientation is given by the probability density functions (PDFs) of the three Westin coefficients (Fig. 1). We observe that $P(c_l)$ is peaked around $c_l \approx 1$ (Fig. 1 top), while $P(c_p)$ and $P(c_s)$ are peaked around 0. This shows that the large majority of points displays an uniaxial configuration. We also note that the right tail of $P(c_s)$ (Fig. 1 bottom) decays much faster than that of $P(c_p)$ (Fig. 1 center), meaning that there are significantly more points with biaxial order than the points with isotropic configuration.

The dependence on the concentration parameter η_p is ev-ident in Fig. [2,](#page-3-0) which shows the fraction f_U of points with prevalent uniaxial order (i.e., points where $c_l > c_p, c_s$) and the fraction f_B of points with prevalent biaxial order (i.e., points where $c_p > c_l$, c_s). We observe a relevant increase of f_B from 2.5% to 4% at increasing η_p , accompanied by a decrease of $f_U \simeq 1 - f_B$. The fraction of points with prevalent isotropic configuration is much smaller (not shown). This result constitutes a first indication that the topological defects of the director field $n(x, t)$, which are defined as the region in which c_l < $max(c_p, c_s)$, are related to the "turbulent-like" behavior observed in the velocity field. The observation that the biaxial configuration for the defects is much more likely then the isotropic one is reminiscent of what happens in nematic liquid crystals, in which the core of a wedgelike disclination possesses a biaxial structure [\[58\]](#page-11-0).

In the regions in which the director \boldsymbol{n} is unambiguously defined (i.e., where $c_l > c_p, c_s$), the statistics of the orientation of *n* can be investigated in terms of the angles $\theta_1 = \arccos |n_x|$ and $\phi_1 = \arccos(|n_y|/\sqrt{n_y^2 + n_z^2})$. The angle θ_1 represents the angle between n and the mean flow, which is oriented along the *x* axis (the streamwise direction). The angle ϕ_1 represents the orientation of the projection of *n* in the *y*-*z* plane. The value $\phi_1 = 0$ corresponds to the alignment with the *y* axis (the neutral, or spanwise, direction), while $\phi_1 = \pi/2$ indicates the alignment with the *z* axis (the mean shear, or cross-flow, direction). The PDFs of θ_1 and ϕ_1 conditioned to the points with prevalent uniaxial order $(c_l > c_p, c_s)$ are shown in Fig. [3.](#page-3-0) We find that $P_U(\theta_1)$ is peaked at small angles $\theta \approx \pi/40$, indicating that *n* tends to be almost (although not

FIG. 1. Probability density functions of the Westin coefficients c_l (top), c_p (center), and c_s (bottom) for different values of concentration coefficient η*p*.

completely) parallel to the mean flow. The deviation from the *x* axis in the *y*-*z* plane shows a preferential orientation in the direction the mean shear (the *z* axis) since $P_U(\phi_1)$ is peaked at $\phi \sim \pi/2$. Nonetheless, the probability of other values of ϕ_1 is not negligible, and it is almost constant for $\phi_1 < \pi/4$. The joint PDF $P_U(\theta_1, \phi_1)$ (averaged on all the values of η_p) confirms that the rods tend to align with the mean flow in the regions where the director *n* is unambiguously defined (i.e., where $c_l > c_p, c_s$). The weak preference for the orientation along the *z* axis compared to *y* axis is presumably due to the

FIG. 2. Fraction of points with prevalent uniaxial order f_U (red circles) and with prevalent biaxial order f_S (green diamonds) as a function of the concentration η_p .

fact that velocity fluctuations in the cross-flow direction are more intense than in the spanwise direction [\[32\]](#page-11-0).

In the regions with prevalent biaxial order (i.e., where $c_p > c_l, c_s$) the first two eigenvectors *n* and *m* are not unambiguously defined. In this case, it is convenient to characterize the statistics of polymer orientation by means of the third eigenvector *l*, which is perpendicular to the plan defined by *n* and *m*. The orientation of *l* is described by the angles $\theta_3 =$ arccos $|l_x|$ and $\phi_3 = \arccos(|l_y|/\sqrt{l_y^2 + l_z^2})$. In Fig. [4](#page-4-0) we show PDFs of θ_3 and ϕ_3 , as well as the joint pdf $P_B(\theta_3, \phi_3)$ averaged on all the values of η_p . The statistics is conditioned to biaxial regions $c_p > c_l$, c_s . The PDF $P_B(\theta_3)$ is peaked at $\theta_3 \lesssim \pi/2$, with an exponential tail $P_B(\theta_3) \sim A e^{\theta_3}$ in the range $\pi/15 \lesssim$ $\theta \lesssim \pi/2$, while $p(\phi_3)$ has a more complex shape, with a maximum at ϕ_3 close to $\pi/2$ and a secondary peak close to 0. The 2D joint PDF $P_B(\theta_3, \phi_3)$ averaged on all values of η_p has a clear maximum close to the corner $\{\theta_3 = \pi/2, \phi_3 = \pi/2\}$ (Fig. [4,](#page-4-0) bottom), which corresponds to a prevalent direction of *l* aligned with the *z* axis. This shows that inside the biaxial regions the rods are mostly oriented in the *x*-*y* plane, which is orthogonal to the direction of the mean shear. We also find a secondary peak in the joint PDF $P_B(\theta_3, \phi_3)$ close to the corner ${\theta_3 = \pi/2, \phi_3 = 0}$, corresponding to rods oriented in a plane almost parallel to the *x*-*z* plane.

Recalling that the regions with prevalent biaxial order correspond to topological defects of the orientation of the director field *n*, the results obtained so far can be summarized as follows: In the regions characterized by nematic order the polymers are mostly aligned in the direction of the mean flow; conversely, within the topological defects they are preferentially oriented in the plane orthogonal to the mean shear.

The influences of the structure of the mean flow and of the mean shear on the statistics of polymer orientation can be further investigated by dividing the spatial domain into *flow*dominated and *shear*-dominated regions. The Kolmogorov flow is an optimal setup for this purpose, since it allows us to identify very easily these regions due to the property that the vertical profiles of the mean velocity $\overline{u_x}(z)$ and of the mean velocity gradient $\overline{\partial_z u_x}(z)$ remain monochromatic also in the

FIG. 3. PDFs of the angle θ_1 between the director *n* and the *x* axis (top), and of the angle ϕ_1 representing the orientation of the projection of *n* in the *y*-*z* plane (center), for different values of concentration coefficient η_p . Bottom: joint PDF of the orientation of *n* in the θ_1 - ϕ_1 plane averaging on all the values of concentration coefficient η_p . The statistics is conditioned to regions with prevalent uniaxial configuration ($c_l > c_p, c_s$).

chaotic regime [\[30,32\]](#page-11-0):

$$
\overline{u_x}(z) = U \cos(Kz), \quad \overline{\partial_z u_x}(z) = -KU \sin(Kz). \quad (6)
$$

Here and in the following the overbar $\overline{[\cdot]}$ indicates the average over *x* and *y* coordinates and time *t*. The *flow*-dominated regions (denoted as *F*) are defined as the regions located around the extremals of the mean flow, i.e., $Kz \in [0, \pi/4) \cup$ $[3\pi/4, 5\pi/4] \cup [7\pi/4, 2\pi]$ (gray regions in Fig. [5\)](#page-4-0). The *shear*-dominated regions (denoted as *S*) are defined as the regions located around the extremals of the mean shear, i.e.,

FIG. 4. Top and center: PDFs of the angle θ_3 between the third eigenvector *l* and the *x* axis (top), and of the angle ϕ_3 representing the orientation of the projection of l in the *y*-*z* plane (center), for different values of concentration coefficient η*p*. Bottom: joint PDF of the orientation of *l* in the θ_3 - ϕ_3 plane, averaging on all the values of concentration coefficient η_p . The statistics is conditioned to regions with prevalent biaxial configuration ($c_p > c_l, c_s$).

 $Kz \in [\pi/4, 3\pi/4] \cup [5\pi/4, 7\pi/4]$ (white regions in Fig. 5). The PDFs of the isotropy coefficient *cs* conditioned to *flow*and *shear*-dominated regions show that the points with larger values of *cs* are mostly located into the flow-dominated regions: $P^{(F)}(c_s)$ is almost an order of magnitude larger than $P^{(S)}(c_s)$ for $c_s \gtrsim 0.4$ (Fig. 6). As expected, isotropic polymer configurations are disfavored in the presence of a mean shear.

FIG. 5. Symbolic sketch representing the partition of the spatial domain along the *z* direction into flow-dominated regions (gray background) and shear-dominated regions (white background).

Furthermore, the mean shear influences also the statistics of biaxial regions. As is shown in Fig. [7,](#page-5-0) the joint PDF of the angles $\{\theta_3, \phi_3\}$, which describes the orientation of *l*, is remarkably different in the flow- and the shear- dominated biaxial regions. In particular, in the flow-dominated regions $P_B^{(F)}(\theta_3, \phi_3)$ displays a local maximum at $\{\theta_3 \approx \pi/2$, $\phi_3 \approx 0$, corresponding to biaxial order in the *x*-*z* plane. This maximum is almost absent in the shear-dominated regions (the value of the PDF is approximately an order of magnitude smaller compared to the flow-dominated ones). Moreover, in the portions of the $\{\theta_3, \phi_3\}$ plane located at $\theta_3 < \pi/4$ or $\phi_3 < \pi/4$, which are far from the $\{\pi/2, \pi/2\}$ corner, the PDF $P_B(\theta_3, \phi_3)$ exhibits significantly smaller values in the sheardominated than in the flow-dominated regions. Therefore, the mean shear suppresses the biaxial configuration, with the exception of biaxiality in the plane *x*-*y*, which is perpendicular to the direction of the mean shear.

FIG. 6. PDFs of isotropy coefficient c_s conditioned to flow-(empty symbols) and shear- (filled symbols) dominated regions, for different values of concentration coefficient η*p*.

FIG. 7. Joint PDFs of the third eigenvector *l* in the θ_3 - ϕ_3 plane, conditioned to flow- (top) and shear- (bottom) dominated regions. The statistics is averaged on all the values of concentration η_p .

This phenomenon has a simple explanation. In the Kolmogorov flow, the most intense component of the velocity gradients is $\partial_z u_x$. A biaxial configuration of the polymers in the *x*-*y* plane (or a generic uniaxial configuration with *n* lying in the *x*-*y* plane), corresponding to $R_{i3} = 0$, minimizes the product $\partial_j u_i R_{ij}$, and therefore the stress exerted by the rods on the fluid.

B. Topological defects and chaotic flow

The existence of correlations between the chaotic flow and the topological defects of the configuration tensor \vec{R} can be qualitatively inferred by the comparison of a section of the streamwise component of the velocity u_x with the corresponding section of the uniaxiality parameter c_l (Fig. 8). We clearly observe that the regions with $c_l \ll 1$, i.e., topological defects of the director field, are associated with deformations of the mean flow [\[59\]](#page-11-0).

In order to highlight these correlations, it is convenient to decompose the velocity field $u(x, t)$ as the sum of the mean

FIG. 8. Vertical sections in the *x*-*z* plane of the uniaxiality parameter c_l (top) and of the streamwise u_x component of the velocity field, normalized with respect to its root-mean-squared value $u_{x,rms}$ (bottom), in the chaotic regime at $\eta_p = 7$.

 $u_x/u_{x,rms}$

flow and the fluctuations field:

$$
\boldsymbol{u}(\boldsymbol{x},t) = \overline{u_x}(z)\hat{\boldsymbol{e}}_x + \boldsymbol{u}'(\boldsymbol{x},t). \tag{7}
$$

From the velocity fluctuation field u' we define the vorticity fluctuations field $\omega' = \nabla \times u'$ as well as the fluctuating part of the polymer stress tensor $\sigma'_{ij} = 6\nu\eta_p R_{ij} (\partial_l u'_k) R_{kl}$. The global budget of the kinetic energy associated with the velocity fluctuations $1/2\langle |u'|^2 \rangle$ can be obtained from Eq. [\(1a\)](#page-1-0):

$$
\frac{1}{2}\frac{d}{dt}\langle |\mathbf{u}'|^2 \rangle = -\nu \langle |\omega'|^2 \rangle - \langle \sigma'_{ij} \partial_j u'_i \rangle, \tag{8}
$$

where the angular brackets $\langle \cdot \rangle$ denote the average over the whole volume. Similarly, by taking the curl of Eq. [\(1a\)](#page-1-0) and multiplying it scalarly by ω' , we obtain the global budget of the enstrophy associated with the vorticity fluctuations $1/2\langle |\omega'|^2 \rangle$:

$$
\frac{1}{2}\frac{d}{dt}\langle|\omega'|^2\rangle = -\langle(\partial_j\omega'_i)u'_i\omega'_j\rangle - \nu\langle|\nabla \times \omega'|^2\rangle \n- \langle(\partial_i\omega'_j)(\varepsilon_{jkl}\partial_k\sigma'_{il})\rangle,
$$
\n(9a)

where ε_{ijk} is the 3D Levi-Civita symbol. Equations (8) and (9a) have been obtained taking explicitly into account the periodic boundary conditions of the domain.

In order to quantify the relationship of the velocity and vorticity fluctuations with the rods orientation we compute the averages of the various terms which contribute to the energy and enstrophy dissipation $\epsilon_{\nu} = \nu |\nabla \times \mathbf{u}'|^2$ (viscous energy dissipation), $\epsilon_p = \sigma'_{ij} \partial_j u'_i$ (polymer energy dissipation), $\zeta_{\nu} = \nu |\nabla \times \omega'|^2$ (viscous enstrophy dissipation), and $\zeta_p = (\partial_i \omega'_j)(\varepsilon_{jkl}\partial_k \sigma'_{il})$ (polymer enstrophy dissipation) conditioned to the local values of c_l , c_p , and c_s . We note that, in the model adopted in the current study, the polymer energy dissipation ϵ_p is a positive-defined quantity since it can be expressed as $\epsilon_p = 6\nu \eta_p (R_{ij} \partial_j u'_i)^2$, hence it represents a purely dissipative term, as well as the viscous dissipation ϵ_{ν} and ζ_{ν} . The same is not true for ζ_p , which can be either positive or negative, indicating local dissipation or production of enstrophy, respectively. The *vortex stretching* term $\langle (\partial_j \omega'_i) u'_i \omega'_j \rangle$ in Eq. (9a) is negligible because of the low Reynolds number of the chaotic flow [\[32\]](#page-11-0).

Figures 9 and [10](#page-7-0) show the conditional average of the contributions ϵ_{ν} and ϵ_p of the energy dissipation, normalized with $\epsilon_0 = FU_0/2$. The viscous dissipation ϵ_{ν} is almost independent on c_l , c_p , c_s (see Fig. 9), meaning that the intensity of velocity gradients is not significantly influenced by the local rotational order. Conversely, the energy dissipation due to the polymers is larger in uniaxial regions, as signaled by the conditional average of ϵ_p which attains a maximum for $c_l \approx 0.8$, $c_p \approx$ 0.1, and $c_s \approx 0$ (see Fig. [10\)](#page-7-0). Moreover, it displays a clear monotonic dependence on the polymer concentration η_p . This phenomenon has a simple explanation. Recalling that σ'_{ij} $6\nu\eta_p R_{ij} (\partial_l u'_k) R_{kl}$ and that $\epsilon_p = \sigma'_{ij} \partial_j u'_i$ we get that ϵ_p has a quadratic dependence with respect to the velocity gradients and to the configuration tensor $[29]$. Given that the intensity of the velocity gradients is not significantly influenced by the orientation of the polymer (as suggested by the conditional average of ϵ_{ν}), the intensity of ϵ_{p} can be estimated by assuming a diagonal form of R_{ij} , which gives $\epsilon_p \propto Tr \mathbf{R}^2$. The trace $Tr\mathbf{R}^2$ is precisely maximum in uniaxial regions. The physical

FIG. 9. Local dissipation of kinetic energy due to viscosity ϵ_v = $\nu |\nabla \times \mathbf{u}'|^2$ normalized with $\epsilon_0 = FU_0/2$ as a function of uniaxiality coefficient c_l (top), biaxiality coefficient c_p (center), and isotropy coefficient *cs* (bottom).

meaning of this result is that the energy dissipation due to the polymer stress is maximum in the regions in which the polymer orientation displays uniaxial order.

The conditional average of the dissipative terms of the enstrophy balance is shown in Figs. [11](#page-7-0) and [12.](#page-8-0) The enstrophy dissipation due to viscosity ζ_{ν} is maximum for $c_l \approx 0.3$, $c_p \approx 0.7$, and $c_s \approx 0.4$, and it is much larger that the value for $c_l \approx 0.95$ (see Fig. [11\)](#page-7-0). This results show that strong vorticity gradients are associated with the topological defects (i.e., regions in which $c_l \ll 1$). In particular, we note that the

FIG. 10. Local dissipation of kinetic energy due to polymer stress $\epsilon_p = \sigma'_{ij} \partial_j u'_i$, normalized with $\epsilon_0 = FU_0/2$, as a function of uniaxiality coefficient c_l (top), biaxiality coefficient c_p (center), and isotropy coefficient c_s (bottom).

maximum value of the conditional average of ζ_v occurs for values of c_l and c_p which are close, but not exactly equal to a perfect biaxial configuration $c_l \approx 0$ or $c_p \approx 1$. We can therefore infer that the regions in which the vorticity gradients are more intense correspond to the boundaries of the biaxial regions. The conditional average of ζ_p displays a qualitatively similar behavior (see Fig. [12\)](#page-8-0) but with a smaller ratios between the maximum and the minimum values. This is the result of a competition between the dependence of ζ_p on the intensity of the vorticity gradients, which is maximum close

FIG. 11. Local dissipation of enstrophy due to viscosity $\zeta_v =$ $|v|\nabla \times \omega'|^2$, normalized with $\zeta_0 = FU_0K^2/2$, as a function of uniaxiality coefficient c_l (top), biaxiality coefficient c_p (center), and isotropy coefficient *cs* (bottom).

to the regions of prevalent biaxial order, and its dependence on $Tr \mathbf{R}^2$, which is maximum in the uniaxial regions.

The physical implications of the results presented so far can be summarized as follows. The local orientational order of the rods is directly correlated with the generation of intense vorticity gradients, rather than velocity gradients. In particular, strong vorticity gradients are observed in regions in which the polymers rotate incoherently, and therefore their average orientation is not well defined, i.e., the topological defects. These rotations mostly occur in the plane perpendicular to the

FIG. 12. Local dissipation of enstrophy due to polymer stress $\zeta_p = (\partial_i \omega'_j)(\varepsilon_{jkl}\partial_k \sigma'_{il})$, normalized with $\zeta_0 = F U_0 K^2/2$, as a function of uniaxiality coefficient c_l (top), biaxiality coefficient c_p (center), and isotropy coefficient *cs* (bottom).

mean shear (the *x*-*y* plane), because this configuration minimizes the polymer stress. As a consequence, the topological defects of the polymer director field display a prevalent biaxial order. The disturbance flow induced by the rotational defects, in turn, causes further rotations of the polymers, leading to the destabilization of the laminar flow and the emergence of the "turbulent-like" behavior.

C. The 2D model

Previous studies showed that the chaotic regime with rodlike polymers appears to be qualitatively very similar between 2D and 3D simulations [\[32\]](#page-11-0). This is remarkably different from the well-known phenomenology of classical turbulence. In Newtonian flows at high Reynolds number, the differences between 3D and 2D turbulence arise from the absence of the vortex stretching term in the 2D Navier-Stokes (NS) equations, which implies the conservation of enstrophy in the inertial range leading to the development of an inverse energy cascade [\[60,61\]](#page-11-0). This phenomenon does not influence the chaotic regime considered in this study for two reasons. First, we consider flows in the low-Reynolds number regime in which the effects of the inertial terms are negligible with respect to the viscous and polymer stresses. Second, in the non-Newtonian model considered here, the enstrophy is not anymore an inviscid invariant in the 2D case, because the polymer stress can act as a source of enstrophy at all scales.

Nonetheless, changing the dimensionality of the system can influence the behavior of the flow as a consequence of the different rotational degrees of freedom of the rods. Therefore it is natural to investigate the interplay between the solvent velocity field and the rotational order of the rods also in a 2D flow. In this simplified geometry, the uniaxiality coefficient $c_l = \lambda_1 - \lambda_2 = S$ is sufficient to characterize the local degree of order, while a single angle $\theta = \arccos |n_x|$ describes the orientation of the director *n* with respect to the direction of the mean flow.

The statistics shown in Fig. [13](#page-9-0) is similar to the results of the 3D simulations: in the vast majority of spatial locations the polymers display uniaxial order ($c_l \approx 1$), and they are mostly aligned in the direction of the mean flow ($\theta \approx 0$). The absence of a spanwise direction, and therefore the impossibility to have biaxial order in a plane perpendicular to the mean shear, causes the points deviating from the uniaxial order to be significantly reduced compared to the 3D system. This is due to the fact that, in the presence of a strong transverse shear in 2D flow, the only configuration that minimizes the product $\partial_i u_i R_{ij}$ (and hence the polymer stress) is the uniaxial one with *n* parallel to the *x* axis ($c_l = 1$, $\theta = 0$). As for the 3D simulations, we investigated the correlations between the velocity and enstrophy fluctuations and the polymer orientational order by computing the conditional average of the local terms ϵ_{ν} , ϵ_{p} , ζ_{ν} , and ζ_{p} (defined as in the 3D case) which contribute to the energy and enstrophy balance. The behavior of the conditional average of ϵ_{ν} , ϵ_{p} observed in 2D simulations is qualitatively similar to the 2D system (see Fig. [14\)](#page-9-0). The viscous dissipation ϵ_{ν} is weakly affected by the degree of order of the polymers, although the dependence on concentration η_p is clearly observable. We recall that in the 2D simulations the concentration parameter η_p has been rescaled according to the dimensional relation $\eta_p^{2D} = (2/3)\eta_p^{3D}$ [\[32\]](#page-11-0). To facilitate the comparison, we report the 3D-equivalent value in the figures.

The dissipation due to the polymers ϵ_p is more intense in uniaxial regions, as shown by the maximum of ϵ_p close to $c_l \approx 0.9$. For the terms related to the enstrophy balance we find that ζ_{ν} is maximum in regions with $c_l \approx 0.4$, which do not display either an uniaxial order $(c_l = 1)$ or a perfect 2D isotropic order $(c_l = 0)$ (see Fig. [15\)](#page-10-0). This result shows that the regions surrounding the topological defects are characterized by strong vorticity gradients.

FIG. 13. Top: PDFs of the uniaxiality coefficient c_l in 2D simulations, for different values of concentration coefficient η_p . Bottom: PDFs of the angle θ between the director \boldsymbol{n} and the *x* axis, for different values of concentration coefficient η*p*.

Comparing the 2D and 3D cases, we observe that in 2D flow the dependence of ζ_v on c_l is more pronounced, as well as the dependence on the concentration η_p . The increased intensity of vorticity gradients around the topological defects in two dimensions with respect to the 3D system is easily explained in terms of the different stress associated to the topological defects. In three dimensions the majority of the defects has a biaxial order in the *x*-*y* plane, perpendicular to the mean shear. This configuration which minimizes the polymer stress is not allowed in two dimensions. The topological defects in 2D display biaxial order in the *x*-*z* plane, causing a strong local stress. We also notice that the conditional average of the polymer contribution to the enstrophy balance ζ_p becomes negative in regions of strong rotational disorder $c_l \lesssim 0.2$. In these regions, the rotational dynamics of polymers acts on average as a source of enstrophy in two dimensions, a phenomenon which is not observed in the 3D simulations.

IV. CONCLUSIONS

In this work, we presented the results of direct numerical simulations of the Doi-Edwards model for a dilute solution of inertialess rodlike polymers, aimed to study the interplay between the microscopic rotational order of the polymer phase

FIG. 14. Dissipation of kinetic energy due to viscosity ϵ_v = $\nu |\nabla \times \mathbf{u}'|^2$ (top) and due to polymer stress $\epsilon_p = \sigma'_{ij} \partial_j u'_i$ (bottom), normalized with $\epsilon_0 = FU_0/2$, as a function of the uniaxiality coefficient c_l , for different values of concentration coefficient η_p , in 2D simulations.

and the chaotic low-Reynolds flow generated by the polymer stress. The simulations have been carried out in both 3D and 2D flows, allowing us to investigate the role of the dimensionality of the system.

Our findings highlight the role of the topological defects in this "turbulent-like" regime at low Re. In the 3D simulations, we showed that the rods are preferentially aligned with the mean flow, while the topological defects of the director field take the form of local regions with biaxial order in the plane perpendicular to the mean shear. This configuration minimizes the friction between the rods and the fluid and the polymer stress.

We also investigated the correlation between the rotational order of the polymer and the velocity and vorticity fluctuations of the chaotic flow, showing that maxima of the energy dissipation due to the polymer stress occur in regions of the flow characterized by uniaxial order, while intense vorticity gradients are observed in the regions surrounding the topological defects.

The comparison between 3D and 2D simulations reveals a qualitatively similar scenario, with some differences. In the 2D systems, the impossibility to have biaxial order in the plane orthogonal to the shear, minimizing the polymer stress, leads to a reduction of the area covered by the defects and

FIG. 15. Dissipation of enstrophy due to viscosity $\zeta_v =$ $|V| \nabla \times \omega'|^2$ (top) and due to polymer stress $\zeta_p = (\partial_i \omega'_j)(\varepsilon_{jkl}\partial_k \sigma'_{il})$ (bottom), normalized with $\zeta_0 = FU_0K^2/2$, as a function of the uniaxiality coefficient c_l , for different values of concentration coefficient η_p , in 2D simulations.

to a strong increase of the vorticity gradients around them, compared to the 3D system. This result poses the intriguing question of which ordering phenomenology is expected in

quasi-2D geometry, i.e., if the flow is confined in a domain in which one dimension is much smaller than the other two. From a physical point of view it is natural to expect a gradual transition from a full 3D to a predominantly 2D ordering phenomenology as the domain is squeezed. Nonetheless, we remind that the mathematical formulation of the 2D model itself is singular, because it reduces the number of rotational degrees of freedom of the polymers. Therefore, in a physical setup confined in a thin fluid layer, the 2D ordering phenomenology can be fully recovered only if the thickness of the layer is smaller than the extension of the rods, thus preventing the rotations in the confined direction. A definitive answer to this question could be provided only by simulations of the full 3D model in a quasi-2D domain, in which the rods are allowed to rotate in the 3D space under the effect of a quasi-2D velocity field.

In conclusion, the picture which emerges from our results is that while the topological defects are advected by the mean flow, they in turn generate disturbance flows around them. These disturbances cause hydrodynamical interaction within the defects, which ultimately results in the emergence of the chaotic behavior of the fluid [\[59\]](#page-11-0).

These results, and in particular the importance of the topological defects in the average polymer orientation, are reminiscent of active nematic turbulence [17], which is explained in terms of the interplay between the topological defects of the director field and the geometry of the flow, both in two $[27,62,63]$ and in three $[28,64–66]$ spatial dimensions. For these reasons, further investigations on the dynamics of the chaotic regime generated by rodlike polymers could be carried out adopting similar techniques to those for active nematics, such as the analytical computation of the backflow induced by the defects [\[24,26,63\]](#page-11-0).

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