# Limits on quantum measurement engines

Guillermo Perna<sup>1</sup> and Esteban Calzetta<sup>1</sup>

Departamento de Física, Universidad de Buenos Aires, Facultad de Ciencias Exactas y Naturales, Buenos Aires, Argentina and CONICET - Universidad de Buenos Aires, Ciudad Universitaria, Ciudad de Buenos Aires CP 1428, Argentina

(Received 18 December 2023; accepted 1 March 2024; published 1 April 2024)

A quantum measurement involves energy exchanges between the system to be measured and the measuring apparatus. Some of them involve energy losses, for example because energy is dissipated into the environment or is spent in recording the measurement outcome. Moreover, these processes take time. For this reason, these exchanges must be taken into account in the analysis of a quantum measurement engine, and set limits to its efficiency and power. We propose a quantum engine based on a spin 1/2 particle in a magnetic field and study its limitations due to the quantum nature of the evolution. The coupling with the electromagnetic vacuum is taken into account and plays the role of a measurement apparatus. We fully study its dynamics, work, power, and efficiency.

DOI: 10.1103/PhysRevE.109.044102

## I. INTRODUCTION

The advancement of quantum measurement engines [1-17] not only offers significant technological potential but also carries profound implications for fundamental physics [18]. Therefore, it is crucial to develop precise methods for assessing their performance in terms of both efficiency and power.

In a quantum measurement engine, as opposed to a thermal one [19-26], energy is introduced into the system not in the form of heat but through an interaction with an external apparatus, typically interpreted as a measurement on the system. If this interaction indeed constitutes a measurement, the resulting information could be used to influence the subsequent operation of the engine, similar to a Maxwell's demon scenario [27-32]. In a simpler context, the key is that a measurement is conducted, the specific outcome being inconsequential [33,34]. This type of quantum measurement engine is the focus of our discussion.

While a comprehensive theory of quantum measurement remains elusive [35–43], there is a general consensus that a measurement process comprises several stages, which can be summarized as follows.

(i) The system to be measured comes into contact with the measuring device, which is usually a macroscopic body significantly larger than the system [44,45], and they evolve unitarily into an entangled state.

(ii) This initially entangled, yet pure state, transforms into a mixed state where distinct measurement outcomes, stored within the apparatus, can be assigned definite probabilities. If the Schrödinger equation remains unaltered, this decoherence process is attributed to the interaction of the system-apparatus complex with an external environment [46–53]. (iv) If the engine is designed to operate cyclically, the recorded information must be erased before the next cycle begins.

It is evident from this overview that a quantum measurement involves repeated energy exchanges among the system, apparatus, and the broader external world, some of which are in the form of heat. For instance, in stage (iv), the erasure of the apparatus's memory would entail the release of heat, as dictated by Landauer's Principle [27]. In stage (iii), the transition from a mixed to a pure state implies a definite decrease in entropy, which should also involve a heat exchange [59,60]. Furthermore, interaction with the environment in stage (ii) would induce dissipation within the system-apparatus complex, leading to entropy generation [61,62]. As such, the measurement process is subject to constraints stemming from the second [63–68] and third [69,70] laws of thermodynamics.

In this paper, our objective is to demonstrate that additional limitations on the measurement process arise not from Thermodynamics but rather from relativity and quantum mechanics themselves. Specifically, we will focus on the fact that a successful quantum measurement entails recording the measurement outcome [71–75]. This record is imprinted on a noninteracting system whose states are persistent and distinguishable, usually a macroscopic system or a system with infinite degrees of freedom [76]. The recording process consumes both energy and time, which must be considered when evaluating the efficiency and power of a quantum measurement engine.

For simplicity, our analysis will be based on a concrete example: a quantum Otto engine utilizing a spin-1/2 particle as the working substance [1]. This engine can be implemented both as a heat engine and a quantum measurement engine.

<sup>(</sup>iii) The mixed state evolves into a single pure state, in which the measurement recorded by the apparatus displays a definite result [54–58]. Since we are concerned with engines that function regardless of the measurement outcome, the completion of this stage is not essential for our analysis.

<sup>\*</sup>gperna@df.uba.ar

<sup>&</sup>lt;sup>†</sup>calzetta@df.uba.ar



FIG. 1. Schematics of the system. The blue and red dots with their respective thin arrows represent the spin 1/2 particle in its orthogonal states, their size being proportional to the probability of finding the system in that state. The thick arrows represent classical magnetic fields. (a) State of the system after increasing the initial field from  $B_0$  to  $B_1$  in the  $\hat{z}$  direction. (b) Initial state after turning on the probe field. This represents the probe field implementation. (c) Illustration of the spin precession and decay around the total field.

In the heat engine implementation, the Otto cycle starts with the spin aligned with an external magnetic field of strength  $B_0$  [see Fig. 1(a)]. This field is then increased to  $B_1$ , causing the spin to perform work against the field (referred to as the work field). Subsequently, the spin is brought into contact with a high-temperature heat source, making both spin projections equally probable. At this temperature, reducing the work field back to  $B_0$  incurs no energy cost. Finally, the spin is cooled back to the original state, statistically aligned with the work field. The efficiency of the Otto cycle is determined by  $1 - \lambda$ , where  $\lambda = B_0/B_1$  [1].

In the quantum measurement implementation, the hot bath is replaced by the measurement of the spin's projection on a direction orthogonal to the work field. Assuming the projection postulate, the spin collapses into a state oriented in the orthogonal plane, where both projections along the work field direction are equally probable. While the efficiency of the cycle would be the same as in the heat engine implementation if no additional heat exchanges related to the measurement were considered, it is generally accepted that at least the Landauer erasure heat should be included in the efficiency calculation.

Our goal is to analyze the measurement step more closely by proposing a specific measurement protocol rather than simply assuming a projective measurement. For simplicity we shall only consider this part of the machine cycle.

Our protocol involves applying a strong magnetic field of intensity  $B_2$  (where  $B_2 \ge B_1$ ) perpendicular to the original field, which we refer to as the probe field [see Fig. 1(b)].

Under the action of the magnetic fields, the spin precesses around the resultant of the work and probe fields [77,78] [see

Fig. 1(c)]. During precession, the time dependence of the spin leads to the emission of electromagnetic waves. The actual amount of radiated energy depends on the original state of the spin, and so the final field state may be regarded as a record of the measurement outcome [79]. The energy spent on building this record is extra cost of the working of the machine, and so it affects the machine efficiency. Similarly, the time spent on the spin relaxation must be taken into account in estimating the machine power. While other measurement protocols for two-dimensional Hilbert spaces, such as the Stern-Gerlach [80] or the electron-shelving [81] experiments, are easier to perform in a laboratory and are conceptually simpler, they usually rely on entangling intermediate degrees of freedom, such as the position of the particle or excited internal states, between the recording device and the actually measured subsystem, making the theoretical analysis less straightforward and most of the time only approximated or phenomenological. We believe the simplicity and direct interaction between the measured subsystem and the recording device (the radiated magnetic field) is a fundamental conceptual advantage for the proposed protocol.

The machine actually has two modes of operation. As a measurement device, it is best to allow the spin to get fully aligned with the work and probe fields, thus maximizing the radiated energy, and making the final states of the radiation field as different from each other as possible. However, this also makes for the lowest efficiency as an engine. So when regarded as an engine, the best strategy is to leave the probe field on only until the mean value of the spin projection along the work field vanishes, at which time the probe field is turned off. This is actually a short time in comparison to the spin relaxation time scale, so the amount of radiated energy is small. This makes for a poor measurement but an efficient engine, as we will show. The point is that while this may not be the usual way to measure a spin in practice, it nevertheless may be regarded as a paradigmatic measurement in so far as it contains the two essential elements of the measurement process: it leaves the spin in a specific state based on the original value of its projection, and it leaves a record of this state, imprinted on a noninteracting system with infinitely many degrees of freedom [45]. Because of this, the system has been widely used as a paradigmatic measurement process and serves the purpose of analyzing the dynamics in detail.

In the following, we solve for the joint evolution of the spin and the quantized radiation field by considering them as a single coupled quantum system [79,82–86], and thus find the final states of the radiation field, the energy taken from the spin, and the characteristic time of the process. The energy invested in the radiation field and the time required to generate it reduce both the engine's efficiency and power, and must be incorporated into their evaluation alongside the heat exchanges previously mentioned [63,87–89]. Although the actual effect is quantitatively small, we emphasize its fundamental character, as it follows essentially from the finiteness of *c* and  $\hbar$ .

In summary, we contend that an effective quantum measurement requires the recording of its outcome. This is a physical process constrained by the principles of quantum mechanics and relativity, over and above other thermodynamic considerations, and has direct implications on the engine efficiency and power.

This paper is structured as follows: In the following section, we introduce the spin quantum Otto cycle, fueled by a thermal source, which serves as our standard model. In Sec. III, we present our proposal and replace the thermal source with a quantum protocol that aims to mimic a measurement in specific conditions. Section IV addresses the work, efficiency, and power of the engine. Finally, we offer some concluding remarks.

#### II. A SPIN QUANTUM OTTO CYCLE

To initiate our discussion, we'll delve into the workings of a thermal engine, setting the stage for a comparative analysis with the forthcoming quantum measurement engine. Our focus will be on a straightforward realization of a spin quantum Otto cycle [1]. It is worth noting that in [1], the authors perform a projective measurement along the  $\hat{x}$  axis, while in this work we replace this step by an interaction with an external field which will serve as a measuring device as we will show.

Our system involves a spin-1/2 particle. At the cycle's inception, the particle resides in a thermal state at temperature T, interacting with a magnetic field  $B_z(0)$  oriented along the  $\hat{z}$  axis. This configuration implies a well-defined spin in the z direction, where the spin assumes the value of 1/2 with a corresponding probability

$$p_{+} = \frac{1}{1 + e^{-2\beta_{0}\mu B_{z}(0)}},\tag{1}$$

and the value -1/2 with probability  $p_{-} = 1 - p_{+}$ .  $\beta_{0}$  is the initial inverse temperature multiplied by the Boltzmann constant and  $\mu = e\hbar/2m$  with *e* and *m* the charge and mass of the particle, respectively. The mean energy of the spin is

$$\langle E \rangle(0) = -\mu B_z(0)(p_+ - p_-).$$
 (2)

At the onset of the cycle's initial phase, we raise the field adiabatically to a new magnitude, denoted as  $B_z(1)$ , henceforth we shall call this field the "work" field. Throughout this process, entropy remains constant, while the mean energy experiences a reduction, yielding

$$\langle E \rangle(1) = -\mu B_z(1)(p_+ - p_-).$$
 (3)

Hence, the machine yields work

$$W_{01} = -[\langle E \rangle(1) - \langle E \rangle(0)] = \mu[B_z(1) - B_z(0)](p_+ - p_-).$$
(4)

During the second leg, we let the spin evolve to a state where its orientation along the x axis becomes well defined, assuming either value with equal probability. This alignment can be achieved by coupling the system to a heat bath at infinite temperature. Regardless of the approach, the heat exchange incurred is irreversible, as the system and bath are at different temperatures. The resulting mean energy is now

$$\langle E \rangle(2) = 0 \tag{5}$$

and the exchanged heat is

$$Q_{12} = \langle E \rangle(2) - \langle E \rangle(1) = \mu B_z(1)(p_+ - p_-).$$
 (6)

During the third stage, we return the field adiabatically to its initial value,  $B_z(0)$ . As  $p_+$  equals  $p_-$  throughout this process, there is no net exchange of work. Subsequently, we enable the system to undergo thermalization once more, releasing a heat

$$Q_{30} = -\langle E \rangle(0). \tag{7}$$

It is natural to write down the efficiency

$$\eta_{O} = \frac{W_{01}}{Q_{12}} = 1 - \frac{\langle E \rangle(0)}{\langle E \rangle(1)} := 1 - \lambda, \tag{8}$$

where

$$\lambda = \frac{B_z(0)}{B_z(1)}.\tag{9}$$

## III. IMPLEMENTATION AS A QUANTUM MEASUREMENT ENGINE

The goal of implementing the quantum Otto cycle [1] as a quantum measurement engine is to avoid energy exchanges under the form of heat, thus sidestepping limitations imposed by the second law of thermodynamics.

In the thermal engine implementation of the Otto cycle, the main heat exchange happens in the second leg, where the two projections of the spin along the work field are brought to equiprobability. A natural replacement for this operation is to force the spin to be projected upon the orthogonal plane. According to the usual projection postulate [90], this may be realized by a spin measurement along any direction on that plane.

Our strategy will be somewhat different as we shall consider instead a destructive measurement of the original spin projection along the work field, but with the same final outcome of leaving the spin projected along the orthogonal plane.

We shall force the spin to evolve by applying a probe field of strenght  $B_2$  in the  $\hat{x}$  direction. The direction of the total field is  $\hat{n}$  [work plus probe fields, see Fig. 1(b)]. The probe field will be kept on until the mean value of the spin projection along the work field vanishes, at which point the probe field is turned off.

Our goal is to show that, in the process, a small amount of energy is radiated as electromagnetic waves. The actual final state of the field depends on whether the spin was initially up or down, and so it may be regarded as a record of the original spin projection.

To do this we shall not appeal to the projection postulate but rather solve for the joint evolution of the spin and the radiation fields, a strategy inspired by Heisenberg's analysis of the bubble chamber in [83]. For simplicity we shall restrict this analysis to the second leg of the cycle only, assuming that the other legs proceed as in the usual implementation.

## A. The model

We assume the work and probe fields are classical, constant fields along the duration of the second leg.

The radiation field is expanded in modes, leading to the quantized magnetic field

$$\vec{B}_q = i \sqrt{\frac{\hbar}{\epsilon_0 c}} \int \frac{DK}{\sqrt{2k}} [(\vec{k} \times \vec{e}_\mu) a_K e^{i\vec{k}\cdot\vec{r}} - (\vec{k} \times \vec{e}_\mu^\dagger) a_K^\dagger e^{-i\vec{k}\cdot\vec{r}}].$$
(10)

 $\epsilon_0$  is the vacuum permittivity. The modes are indexed by  $K = (\mathbf{k}, \alpha)$  where  $\mathbf{k}$  is the momentum and  $\alpha$  denotes the polarization vector  $\epsilon_{\alpha}$ . Here

$$\int DK = \int \frac{d^3k}{(2\pi)^3} \sum_{\alpha};$$
(11)

 $a_K$  and  $a_K^{\dagger}$  are the creation and destruction operators for the corresponding mode. They have units of  $k^{-\frac{3}{2}}$ .

The spin is carried by a particle with magnetic moment  $\mu = \frac{q\hbar}{2m}$ , the magnetic moment of the particle (it is assumed that g = 2 and q is the charge of the particle), is so that  $\vec{\mu} \cdot \vec{B}$  has energy units. Since the particle is effectively far from the field sources, the interaction takes a dipole-dipole form and can be written as  $-\vec{\mu} \cdot \vec{B}$  [77,78,82]. This particle is further assumed to be captured into a harmonic trap, so that its position is a Gaussian variable whose uncertainty  $\sigma$  is the smallest length scale in the problem.

The spin-radiation field complex evolves under the Hamiltonian

$$H = H_S \otimes \mathbf{1}_{\rm ph} + \mathbf{1}_S \otimes H_{\rm ph} + H_I, \tag{12}$$

where  $H_S$  is the Hamiltonian for the spin under the classical magnetic fields

$$H_S = -\hbar\Omega\sigma_{\hat{n}}.\tag{13}$$

The spin operator along the  $\hat{n}$  direction of the total classical magnetic field will be represented by the Pauli matrix  $\sigma_3$  and  $\hbar\Omega = \mu\sqrt{B_1^2 + B_2^2}$ , with  $B_1$  and  $B_2$  being the magnitudes of the work ( $B_1$ ) and probe ( $B_2$ ) fields.

 $H_{\rm ph}$  is the free Hamiltonian for the radiation field

$$H_{\rm ph} = \int DK \, \hbar \omega_K a_K^{\dagger} a_K, \qquad (14)$$

and  $H_I$  is the interaction Hamiltonian

$$H_I = \sigma_+ \otimes B^{\dagger} + \sigma_- \otimes B, \tag{15}$$

where  $\sigma_{\pm}$  are the raising and lowering spin operators along the direction  $\hat{n}$ , while the field operator *B* is

$$B = -i \int DK \, \mathbf{K}_{K-} a_K. \tag{16}$$

Here, the interaction Hamiltonian is an approximation of the term  $-\vec{\mu} \cdot \vec{B}_q$  coming from (10), where we dropped the longitudinal term (associated with the  $\hat{n}$  direction) assuming that the quantized contribution to the total field in this direction is negligible compared to the classical one. If we were working in the interaction picture, this could be regarded as a rotating wave approximation, where the highly improbable spin flips against the classical field are neglected.

To define the amplitude  $K_{K-}$  we first introduce the vector

$$\boldsymbol{K}_{K} = \mu \sqrt{\frac{\hbar}{\epsilon_{0}c}} F[k] \left(\frac{\boldsymbol{k} \times \epsilon_{\alpha}}{\sqrt{2k}}\right), \qquad (17)$$

where

$$F[k] = e^{-\frac{k^2 \sigma^2}{2}}$$
(18)

is a structure function which takes into account the uncertainty in the spin localization. We then project the vector  $K_K$  on the plane perpendicular to  $\hat{n}$ , where we choose two cartesian coordinates, 1 and 2, and define

$$\boldsymbol{K}_{K+} = \boldsymbol{K}_{K-}^* = \boldsymbol{K}_{K1} - i\boldsymbol{K}_{K2}.$$
 (19)

## **B.** Dynamics

The system of spin plus radiation field is described by a density matrix  $\rho$  obeying the Liouville-von Neumann equation

$$i\hbar\frac{d}{dt}\rho = [H,\rho]. \tag{20}$$

The spin and field separately are described by the Landau traces  $\rho_S = \text{Tr}_{ph}\rho$ ,  $\rho_{ph} = \text{Tr}_S\rho$ . We write [91,92]

$$\rho = \rho_S \otimes \rho_{\rm ph} + \rho_c, \tag{21}$$

where  $\rho_c$  describes the entanglement between both subsystems; both its partial traces vanish  $\text{Tr}_{\text{ph}}\rho_c = \text{Tr}_S\rho_c = 0$ . Introducing the decomposition (21) in (20) and taking the corresponding partial traces we get

$$i\hbar\dot{\rho}_S = [H_S, \rho_S] + \mathrm{Tr}_{\mathrm{ph}}[H_I, \rho_S \otimes \rho_{\mathrm{ph}}] + \mathrm{Tr}_{\mathrm{ph}}[H_I, \rho_c], \quad (22)$$

$$i\hbar\dot{\rho}_{\rm ph} = [H_{\rm ph}, \rho_{\rm ph}] + \mathrm{Tr}_{S}[H_{I}, \rho_{S} \otimes \rho_{\rm ph}] + \mathrm{Tr}_{S}[H_{I}, \rho_{c}].$$
 (23)

We have used that  $\text{Tr}_{S}[H_{\text{ph}}, \rho_{c}] = [H_{\text{ph}}, \text{Tr}_{S} \rho_{c}] = 0$ , and also  $\text{Tr}_{\text{ph}}[H_{S}, \rho_{c}] = 0$ . For the correlation part of the system we get

$$i\hbar\dot{\rho}_{c} = [H, \rho_{c}] + [H_{I}, \rho_{s} \otimes \rho_{\text{ph}}] - \text{Tr}_{\text{ph}}([H_{I}, \rho]) \otimes \rho_{\text{ph}} - \rho_{S}$$
$$\otimes \text{Tr}_{S}([H_{I}, \rho]). \tag{24}$$

Without loss of generality we may parametrize

$$\rho_{S} = \frac{1}{2} [\mathbf{1} + \vec{r} \cdot \vec{\sigma}] = \frac{1}{2} [\mathbf{1} + r_{3}\sigma_{\hat{n}} + r_{+}\sigma_{+} + r_{-}\sigma_{-}], \quad (25)$$

where  $r_{-} = r_{+}^{*}$  and  $r_{3}^{2} + r_{+}r_{-} \leq 1$ , with equality for a pure state.

Our strategy will be to find an approximate expression for  $\rho_{ph}$  and  $\rho_c$  for an arbitrary evolution of the  $r_{\pm}$  and  $r_3$ parameters, to first order in the interaction Hamiltonian, which can then be introduced into the equation for  $\rho_S$  (22) to obtain an equation valid to second order in the interaction, to be solved self-consistently.

#### C. Radiation field dynamics

We assume an uncorrelated initial state so that  $\rho_c$  is itself of first order in the interaction. Then to find the field density matrix to first order we may neglect  $\rho_c$ . Introducing the parametrized  $\rho_s$  from Eq. (25) into Eq. (23), we obtain

$$i\hbar\dot{\rho}_{\rm ph} = \left[H_{\rm ph}^{\rm eff}, \rho_{\rm ph}\right],$$
 (26)

where

$$H_{\rm ph}^{\rm eff} = \int DK \ h_K^{\rm eff} \tag{27}$$

and

$$h_{K}^{\text{eff}} = \hbar \omega_{K} a_{K}^{\dagger} a_{K} + \frac{\iota}{2} (r_{-} K_{K+} a_{K}^{\dagger} - r_{+} K_{K-} a_{K}).$$
(28)

If the initial state of the field is the vacuum, then it evolves into a normalized coherent state

$$a_K|z_K\rangle = z_K|z_K\rangle,\tag{29}$$

where

$$z_{K} = \frac{1}{2\hbar} K_{K+} \int_{0}^{t} dt' \ e^{-i\omega_{K}(t-t')} r_{-}(t'). \tag{30}$$

#### **D.** Correlation dynamics

Using  $\rho_s$  as in Eq. (25) and the first order reduced density matrix for the radiation field,

$$\rho_{\rm ph} \approx \prod_{K} |z_K\rangle \langle z_K|$$
(31)

into Eq. (24) we get for the correlation density matrix

$$i\hbar\dot{\rho}_c = [H_0, \rho_c] + F(t) \tag{32}$$

with  $H_0 = H_S + H_{ph}$ , and

1

$$F = \sigma_{\hat{n}} \otimes f_3 + \sigma_+ \otimes f_+ + \sigma_- \otimes f_-, \qquad (33)$$

where the  $f_j$  are photonic operators,  $f_3 = -f_3^{\dagger}$  and  $f_- = -f_+^{\dagger}$ ; explicitly

$$f_{3} = -\frac{1}{4}r_{3}(r_{-}[B^{\dagger}, \rho_{\rm ph}] + r_{+}[B, \rho_{\rm ph}]) + \frac{1}{4}(r_{-}\{B^{\dagger}, \rho_{\rm ph}\} - r_{+}\{B, \rho_{\rm ph}\}) + \frac{\hbar}{2}(r_{-}\Omega_{\rm eff} - r_{+}\Omega_{\rm eff}^{*})\rho_{\rm ph}, \qquad (34)$$

$$f_{+} = -\frac{1}{4}r_{+}(r_{-}[B^{\dagger}, \rho_{\rm ph}] + r_{+}[B, \rho_{\rm ph}]) -\frac{1}{2}r_{3}(\{B^{\dagger}, \rho_{\rm ph}\} + 2\hbar\Omega_{\rm eff}\rho_{\rm ph}) + \frac{1}{2}[B^{\dagger}, \rho_{\rm ph}], \quad (35)$$

where

$$\hbar\Omega_{\rm eff} = -i\int DK \, \mathbf{K}_{K+} z_K^*. \tag{36}$$

The solution is

$$\rho_c = -i \int_0^t dt' \, e^{-iH_0(t-t')} F(t') e^{iH_0(t-t')}. \tag{37}$$

#### E. Spin dynamics

To obtain the spin dynamics we use the first order  $\rho_{\rm ph}$  from Eq. (31) and  $\rho_c$  from Eq. (37) into Eq. (22) for the spin reduced density matrix. We also define

$$r_{\pm} = e^{\pm i 2 \Omega t} \bar{r}_{\pm},$$
  
 $r_{\hat{n}} = 1 - r_3.$  (38)

Then,

$$\dot{r}_{\hat{n}} = -\frac{1}{2} \int_{o}^{t} dt' H(t - t') \\ \times [\bar{r}_{+}(t')(\bar{r}_{-}(t) - \bar{r}_{-}(t')) + r_{\hat{n}}(t')] + \text{c.c.}$$
(39)

and

$$\dot{\bar{r}}_{+} = -\int_{0}^{t} dt' H(t-t')\bar{r}_{+}(t') \times [1+r_{\hat{n}}(t')e^{-2i\Omega(t-t')} - r_{\hat{n}}(t)],$$
(40)

where H

$$H(t-t') = \frac{1}{\hbar^2} \int DK \, \mathbf{K}_{K+} \mathbf{K}_{K-} e^{-i(2\Omega - \omega_K)(t-t')}.$$
 (41)

The dynamics generated by Eqs. (39) and (40) is similar to the one encountered in a quantum mechanical decay problem, namely at very early times  $r_z$  and  $\bar{r}_{\pm}$  are quadratic in time, then turn into an exponential decay, and finally a power law approach to the final equilibrium state [93,94]. Careful consideration shows that the quadratic period is so short that it can be neglected without loss of accuracy (see the Appendix), and by the time of the final approach to equilibrium, spin and radiation are already effectively decoupled. Moreover we shall assume that initially the probability of the spin being up is dominant. Then  $|r_{\pm}|$  is never large and we may linearize Eqs. (39) and (40) around the stable equilibrium at  $r_z = r_{\pm} = 0$ .

The decay time may be found as an approximate pole in the Laplace transform of  $r_z$  and  $\bar{r}_+$ ,

$$\left[s - \frac{i}{\hbar^2} \int DK \frac{K_{K+}K_{K-}}{2\Omega - \omega_K - is}\right] \bar{r}_+(s) = \bar{r}_+(t \approx 0), \quad (42)$$

where the right hand side is taken at some point at the beginning of the exponential stage. There is indeed an approximate pole at

 $s \approx -\xi + i\phi$ 

with

$$\xi = \frac{\pi}{\hbar^2} \int DK \, \mathbf{K}_{K+} \mathbf{K}_{K-} \delta(2\Omega - \omega_K)$$
  
$$\phi = \hbar^{-2} P.V. \left( \int \frac{DK \, \mathbf{K}_{K+} \mathbf{K}_{K-}}{\omega_K - 2\Omega - \phi} \right) \approx 0. \tag{44}$$

As  $\xi$  is positive, Eq. (44) ensures stability in the linear regime. While on the exponential stage we may approximate

$$\bar{r}_{\pm} \approx \bar{r}_{\pm}^{0} e^{-\xi t}$$

$$r_{\hat{n}} \approx r_{z}^{0} e^{-\xi t}.$$
(45)

(43)

The value of  $\xi$  Eq. (44) is the essential input we need to analyze the machine efficiency and power.

## **IV. ANALYSIS**

#### A. The engine cycle

Initially, the spin points in the  $+\hat{z}$  direction with probability  $p_+$ , and the are no photons. The initial density matrix is then

$$\rho_0 = \frac{1}{2} \begin{pmatrix} 1 & \Delta \\ \Delta & 1 \end{pmatrix} \otimes |0\rangle \langle 0|, \qquad (46)$$

where  $\Delta = p_+ - p_- = \tanh(\beta \mu B)$  with  $\beta = (k_B T)^{-1}$ . The probe field  $B_2$  is applied in the *x* direction. Then, the total magnetic field points in the  $\hat{n} := \cos \theta \hat{x} + \sin \theta \hat{z}$  direction. In order to compute the radiation due to the spin precession, we will work with this rotated axis and assume that the  $\sigma_3$ Pauli matrix is associated with the  $\hat{n}$  direction. As the working system we consider only the spin, and therefore only its pure energy (and not the interaction one) will be taken into account for thermodynamic purposes. That is to say,

$$E_s = \langle H_S \rangle_{\rho_S}.\tag{47}$$

We define  $\hbar \Omega_i \equiv \mu B_i$ . The engine cycle is as follows:

(i) In the first step we extract work by making the magnetic field grow from  $B_0$  to  $B_1$  in the  $\hat{z}$  direction. The extracted work is

$$W_1 = \Delta \hbar (\Omega_1 - \Omega_0). \tag{48}$$

(ii) The motivation for the next step is to be able to decrease this bigger field by making no work in the system. For that, we turn on a probe magnetic field,  $B_2$ , in the  $\hat{x}$  direction. This field will make the spin precede and radiate. Turning this field on costs no energy at all because of the initial condition. It is important to note that in this step the system will radiate.

(iii) Now the spin has a certain alignment with the  $\hat{n}$  direction and turning  $B_2$  off will cost a work

$$E_{\text{off}} = \hbar\Omega_2 \cos{(\theta)}r_3 - \hbar\Omega_1 \cos{(\theta)}Re(r_+), \qquad (49)$$

where  $r_3$  and  $r_{\pm}$  correspond to the evolution in the  $\hat{n}$  axis and  $\tan(\theta) = \frac{B_1}{B_2}$ .

The better aligned the spin and the total field are, the more expensive the energetic price to turn the probe field off.

(iv) Now that the spin is (imperfectly) aligned in the  $\hat{n}$  direction, decreasing the work field in the  $\hat{z}$  direction from  $B_1$  to  $B_0$  requires a work exchange, depending on the alignment direction. If the projection along the  $\hat{z}$  axis is positive, work must be fed into the system. Otherwise, a negative projection would allow for a useful work extraction:

$$W_2 = -\hbar[\Omega_1 - \Omega_0][\cos\left(\theta\right)Re(r_+) + \sin\left(\theta\right)r_3]$$
(50)

This term must be taken into account as work (either positive or negative) as it is a coherent change in the  $\hat{z}$  magnetic field, which is the exact way we extracted work in the first step.

(v) In this last step, we let the spin thermalize again. This releases a heat

$$Q = \hbar \Omega_0 [\Delta - \cos{(\theta)} Re(r_+) - \sin{(\theta)} r_3]$$
(51)

## **B.** Efficiency

The efficiency is

$$\eta = \frac{W}{E_{\text{off}}} = \frac{[\Omega_1 - \Omega_0][\Delta - \Delta_0]}{\cos\theta[\Omega_2 r_3 - \Omega_1 Re(r_+)]},\tag{52}$$

where we have defined  $\Delta_0 := \cos(\theta)Re(r_+) + \sin(\theta)r_3$  and  $W := W_1 + W_2$ .

In order to compare with previous results, the strategy we will adopt is to turn the  $B_2$  field off when the mean value of the spin is in the x-y plane, so  $Re(r_+) = -r_3 \tan \theta = -r_3 \frac{\Omega_1}{\Omega_2}$ 

and  $\Delta_0(t_c) = 0$ . Then, for  $t = t_c$  we have

$$\eta_c = \frac{[\Omega_1 - \Omega_0]\Delta}{\cos\theta \ r_3(t_c) \left[\frac{\Omega_1^2 + \Omega_2^2}{\Omega_2}\right]} = \frac{[\Omega_1 - \Omega_0]\Delta}{\cos\theta \ r_3(t_c)\frac{\Omega^2}{\Omega_2}}.$$
 (53)

Recall that  $\Omega^2 = \Omega_1^2 + \Omega_2^2$ . To make the machine work we need to have  $\Omega_2 > \Omega_1 > \Omega_0$ . To study the efficiency we parametrize

$$\lambda \Omega_1 = \Omega_0,$$
  

$$\gamma \Omega_2 = \Omega_1 \tag{54}$$

We arrive to the formula:

$$\eta_{c} = [1 - \lambda] \left[ \frac{\Delta \sin \theta}{r_{3}(t_{c})} \right] = [1 - \lambda] \left[ \frac{r_{3}(0)}{r_{3}(t_{c})} \right]$$
$$= [1 - \lambda] \left[ \frac{1 - r_{\hat{n}}(0)}{1 - r_{\hat{n}}(0)e^{-\xi t_{c}}} \right].$$
(55)

In this expression it is clear that, if  $\xi = 0$ , we recover the original result from [1].

The fact that  $t_c$  is finite also places limits on the power which may be extracted from the engine. We shall not analyze this issue in detail because the end result is consistent with expectations from a simple "quantum speed limit" analysis [95–97].

#### C. Numerical results

We assume that the particle is in a harmonic trap of frequency  $\Omega_{\text{trap}}$  so F[k] in (18) is

$$F(k) = e^{-\frac{1}{2}\sigma^2 k^2}$$
(56)

with  $\sigma = \sqrt{\frac{\hbar}{m\Omega_{\text{trap}}}}$ .

For the critic time, when we turn off the probe field, we have the transcendental equation

$$Re(r_{+}(t)) = -\tan\theta \ r_{3}(t), \tag{57}$$

which, consistently with the accuracy of the other computations, we approximate by

$$t_c \approx \frac{\arccos(-\gamma^2)}{2\Omega},$$
 (58)

where we put the initial conditions  $r_{\pm}(0) = \Delta \cos \theta$  and  $r_3(0) = \Delta \sin \theta$ .

We recall that

$$r_{3}(t) \approx 1 - (1 - \Delta \sin \theta) e^{-\xi t},$$
  

$$r_{\pm} \approx \Delta \cos (\theta) e^{(-\xi \pm i 2\Omega)t},$$
  

$$\Delta = \tanh (\beta \hbar \Omega_{0}),$$
  

$$\beta = (kT)^{-1},$$
(59)

and report the following parameters for the numerical results:

$$m = 2000 m_e,$$

$$q = q_e,$$

$$B_1 = 0.1 \text{ Tesla},$$

$$\Omega_{\text{trap}} = 100 \Omega_1,$$
(60)



FIG. 2.  $\xi t_c$  as a function of the parameter  $\gamma$  [which measures the probe field strength, see Eq. (54)]. The efficiency is a decreasing function of this quantity. Here we show the regime where the radiation correction is maximum, where the probe field is several orders of magnitude bigger than the work field. For  $\gamma \rightarrow 1$  this quantity is always decreasing.

where  $m_e$  and  $q_e$  are the electron mass and charge, respectively.

The numerical quantities studied are  $\xi t_c$ , of which efficiency is a decreasing function given by Eq. (55) (see Fig. 2), the dimensionless work,

$$W_{\rm dim} = \frac{W_1 + W_2}{\mu B_1} \tag{61}$$

Eqs. (48) and (50), normalized by the characteristic energy of the system  $\mu B_1$  (see Fig. 3), and the dimensionless power,

$$P_{\rm dim} = \frac{W}{t_c} \frac{\hbar}{(\mu B_1)^2} \tag{62}$$

(see Fig. 4). The radiation correction to the efficiency is peaked when the probe field is tuned with the characteristic frequency of the particle width. The power is a decreasing function of  $\gamma$  and we observe a trade off in  $\lambda$ . When  $\lambda \rightarrow 1$ , there is no change in the initial field and no work is extracted



FIG. 3. Dimensionless work  $W_{\text{dim}}$  (normalized by the characteristic energy of the system  $\mu B_1$ ), Eq. (61), as a function of the  $\lambda$ parameter [which measures the work field strength, see Eq. (9)].

but when  $\lambda \to 0$ ,  $p_+ = p_-$  and the thermal state has equal probabilities in the  $\hat{z}$  direction, so increasing the work field produces no work.

## V. FINAL REMARKS

From a thermodynamic perspective, a machine in contact with a single thermal reservoir is impossible, and one in contact with two has, at most, the Carnot efficiency. When the energy is not supplied by a thermal source, the Carnot bound ceases to hold, but still other limitations arise. Assuming the projection postulate, it has been claimed that the simple act of measuring a device can fuel it in a very efficient way [3–6,8,15], but a more realistic measurement model is very much needed to shed light on this issue. Quantum measurement involves a complex interaction between the object system, the measuring apparatus, a recording device, and the environment at large. Further, in any realistic case, the measurement apparatus must have a large number of degrees of freedom [79].

Our model gives us a scenario where this complexity may be fully explored. It yields to a first principle description, the fuelling dynamics can be fully studied, a measurement limit of this system can be taken, and it shows very clearly that, when a "to be measured" quantum system, i.e., the spin 1/2 particle in this case, comes into contact with a "measurement device" (a macroscopic object, i.e., the quantized electromagnetic field with uncountable many degrees of freedom), the energy spreads out and both efficiency and power decrease.

Even though in the case at hand this phenomenon is quantitatively rather small, and the losses in efficiency and power can be minimized varying the parameter of the model, the point is that limitations on efficiency, power, and measurement accuracy are linked in such a way that a certain compromise is unavoidable: an improvement on any of these implies a loss on the others. For this reason the particulars of the measurement process must be taken into account in order to make the model of the machine complete.

Similar analyses must be done in the field of quantum measurement based quantum computers [98,99]. The impossibility for a quantum measurement engine to do work in a perfectly efficient way shows that the finiteness of  $\hbar$  and c lead to limitations in the feasibility of certain physical processes that resemble those coming from the laws of thermodynamics, even in regimes where these do not apply, at least directly.

## ACKNOWLEDGMENTS

Work supported in part by Universidad de Buenos Aires through Grant No. UBACYT 20020170100129BA, CON-ICET Grant No. PIP2017/19:11220170100817CO, and AN-PCyT Grant No. PICT 2018: 03684.

## APPENDIX: ANALYSIS FOR EARLY TIMES

For short times we use the ansatz  $r_z(t) = r_z(0)e^{-f(t)}$ ,  $\bar{r}_+(t) = \bar{r}_+(0)e^{-g(t)}$  and write the Taylor series in time around



FIG. 4. Dimensionless power  $P_{\text{dim}}$  (normalized by the characteristic power of the system  $\frac{(\mu B_1)^2}{\hbar}$ ), Eq. (62), as a function of the  $\lambda$  and  $\gamma$  parameters, which parametrize the work and probe fields strength, respectively.

t = 0 for f, g, and H:

$$f(t) = a_0 + a_1 t + \frac{1}{2} a_2 t^2 + \frac{1}{6} a_3 t^3 + \dots$$
  

$$g(t) = b_0 + b_1 t + \frac{1}{2} b_2 t^2 + \frac{1}{6} b_3 t^3 + \dots$$
 (A1)  

$$H(t) = H_0 + H_1 t + \frac{1}{2} H_2 t^2 + \frac{1}{6} H_3 t^3 + \dots$$

By doing so, we compute

$$a_{0} = 0, \quad b_{0} = 0,$$
  

$$a_{1} = 0, \quad b_{1} = 0,$$
  

$$a_{2} = H_{0}, \quad b_{2} = H_{0},$$
  

$$a_{3} = \frac{1}{2}[H_{1} + H_{1}^{*}] = 0,$$
  

$$b_{3} = -[H_{1} + H_{0}r_{z}(0)2i\Omega].$$
  
(A2)

As  $H_0$  is real and positive defined, this tells us that in the regime of applicability of our machine, both variables tend

to decrease and, after a short period, the system tends to its linear regime.

In order to match the early time regime to the exponential decay given by Eq. (45), we search for a time  $t_*$  and an initial condition  $r_z(t_*)$  such that both solutions and their first derivatives coincide:

$$r_{z}(t_{*})e^{-\xi t_{*}} = r_{z}(0)e^{-\frac{H_{0}}{2}t_{*}^{2}},$$
  
$$-\xi r_{z}(t_{*})e^{-\xi t_{*}} = -H_{0}t_{*}r_{z}(0)e^{-\frac{H_{0}}{2}t_{*}^{2}}.$$
 (A3)

From there we find that

$$t_* = \frac{\xi}{H_0},$$
  
$$r_z(t_*) = r_z(0)e^{\frac{\xi^2}{2H_0}}.$$
 (A4)

This tells us that, in our regime where  $\xi \ll \Omega$  and  $H_0 \sim \sigma^{-4} \gg (\frac{m\Omega}{\hbar})^2$ , the exponential dominates from very early times and it is a very good approximation to simply set the initial conditions for this function.

- J. Yi, P. Talkner and Y. W. Kim, Single-temperature quantum engine without feedback control, Phys. Rev. E 96, 022108 (2017).
- [2] X. Ding, J. Yi, Y. W. Kim, and P. Talkner, Measurement-driven single temperature engine, Phys. Rev. E 98, 042122 (2018).
- [3] C. Elouard, D. Herrera-Martí, B. Huard, and A. Auffèves, Extracting work from quantum measurement in Maxwell's demon engines, Phys. Rev. Lett. 118, 260603 (2017).
- [4] C. Elouard and A. Jordan, Efficient quantum measurement engines, Phys. Rev. Lett. 120, 260601 (2018).
- [5] J. P. S. Peterson, R. S. Sarthour, and R. Laflamme, Implementation of a quantum engine fuelled by information, arXiv:2006.10136.

- [6] A. Auffèves, A short story of quantum and information thermodynamics, arXiv:2102.00920.
- [7] S. K. Manikandan, C. Elouard, K. W. Murch, A. Auffèves, and A. N. Jordan, Efficiently fuelling a quantum engine with incompatible measurements, Phys. Rev. E 105, 044137 (2022).
- [8] L. Bresque, P. A. Camati, S. Rogers, K. Murch, A. N. Jordan, and A. Auffèves, Two-qubit engine fueled by entanglement and local measurements, Phys. Rev. Lett. **126**, 120605 (2021).
- [9] S. Chand and A. Biswas, Measurement-induced operation of two-ion quantum heat machines, Phys. Rev. E 95, 032111 (2017).

- [10] S. Chand and A. Biswas, Critical-point behavior of a measurement-based quantum heat engine, Phys. Rev. E 98, 052147 (2018).
- [11] S. Chand, S. Dasgupta, and A. Biswas, Finite-time performance of a single-ion quantum Otto engine, Phys. Rev. E 103, 032144 (2021).
- [12] C. Purkait and A. Biswas, Measurement-based quantum Otto engine with a two-spin system coupled by anisotropic interaction: enhanced efficiency at finite times, Phys. Rev. E 107, 054110 (2023).
- [13] J. F. G. Santos and P. Chattopadhyay, *PT*-symmetric effects in measurement-based quantum thermal machines, Physica A 632, 129342 (2023).
- [14] P. R. Dieguez, V. F. Lisboa, and R. M. Serra, Thermal devices powered by generalized measurements with indefinite causal order, Phys. Rev. A 107, 012423 (2023).
- [15] L. P. Bettmann, M. J. Kewming, and J. Goold, Thermodynamics of a continuously monitored double quantum dot heat engine in the repeated interactions framework, Phys. Rev. E 107, 044102 (2023).
- [16] L. M. Cangemi, C. Bhadra, and A. Levy, Quantum engines and refrigerators, arXiv:2302.00726.
- [17] M. F. Anka, T. R. de Oliveira, and D. Jonathan, Measurementbased quantum heat engine in a multilevel system, Phys. Rev. E 104, 054128 (2021).
- [18] A. N. Jordan, C. Elouard, and A. Auffèves, Quantum measurement engines and their relevance for quantum interpretations, Quantum Stud.: Math. Found. 7, 203 (2020).
- [19] O. Abah, J. Rossnagel, G. Jacob, S. Deffner, F. Schmidt-Kaler, K. Singer, and E. Lutz, Single-Ion Heat Engine at Maximum Power, Phys. Rev. Lett. **109**, 203006 (2012).
- [20] J. Roßnagel, O. Abah, F. Schmidt-Kaler, K. Singer, and E. Lutz, Nanoscale heat engine beyond the carnot limit, Phys. Rev. Lett. 112, 030602 (2014).
- [21] D. von Lindenfels, O. Gräb, C. T. Schmiegelow, V. Kaushal, J. Schulz, F. Schmidt-Kaler, and U. G. Poschinger, A spin heat engine coupled to a Harmonic-oscillator flywheel, Phys. Rev. Lett. 123, 080602 (2019).
- [22] N. F. Del Grosso, F. C. Lombardo, F. D. Mazzitelli, and P. I. Villar, The quantum Otto cycle in a superconducting cavity in the non-adiabatic regime, Phys. Rev. A 105, 022202 (2022).
- [23] M. Aguilar and J. P. Paz, Time-extensive classical and quantum correlations in thermal machines, Phys. Rev. A 105, 012410 (2022).
- [24] M. Aguilar and J. P. Paz, General theory for quantum linear engines and their efficiency, Phys. Rev. A 105, 042219 (2022).
- [25] N. M. Myers, O. Abah, and S. Deffner, Quantum thermodynamic devices: From theoretical proposals to experimental reality, AVS Quantum Sci. 4, 027101 (2022).
- [26] L. Arrachea, Energy dynamics, heat production and heat-work conversion with qubits: towards the development of quantum machines, Rep. Prog. Phys. 86, 036501 (2023).
- [27] H. S. Leff and A. F. Rex, *Maxwell's Demon 2* (IOP, London, 2003).
- [28] H. Mohammady and J. Anders, A quantum Szilard engine without heat from a thermal reservoir, New J. Phys. 19, 113026 (2017).
- [29] N. Cottet, S. Jezouin, L. Bretheau, P. Campagne-Ibarcq, Q. Ficheux, J. Anders, A. Auffèves, R. Azouit, P. Rouchon, and

B. Huard, Observing a quantum Maxwell demon at work, Proc. Natl. Acad. Sci. USA **114**, 7561 (2017).

- [30] J. Yi and Y. W. Kim, Role of measurement in feedbackcontrolled quantum engines, J. Phys. A: Math. Theor. 51, 035001 (2018).
- [31] S. Seah, S. Nimmrichter, and V. Scarani, Maxwell's lesser demon, Phys. Rev. Lett. 124, 100603 (2020).
- [32] B. Bhandari, R. Czupryniak, P. A. Erdman, and A. N. Jordan, Measurement-based quantum thermal machines with feedback control, Entropy 25, 204 (2023).
- [33] A. Das and S. Ghosh, Measurement based coupled quantum heat engine without feedback control, arXiv:1810.07161.
- [34] A. Aydin, A. Sisman, and R. Kosloff, Landauer's principle in a quantum Szilard engine without Maxwell's demon, arXiv:1908.04400.
- [35] J. Wheeler and W. Zurek, *Quantum Theory and Measurement* (Princeton University Press, Princeton, 1983).
- [36] V. B. Braginsky and F. Y. Khalili, *Quantum Measurement* (Cambridge University Press, Cambridge, UK, 1992).
- [37] P. Mittelstaedt, *The Interpretation of Quantum Mechanics and the Measurement Process* (Cambridge University Press, Cambridge, England, 1998).
- [38] H. Wiseman and G. Milburn, *Quantum Measurement and Con*trol (Cambridge University Press, Cambridge, England, 2009).
- [39] A. A. Clerk, M. H. Devoret, S. M. Girvin, Florian Marquardt, and R. J. Schoelkopf, Introduction to quantum noise, measurement, and amplification, Rev. Mod. Phys. 82, 1155 (2010).
- [40] P. Busch, P. Lahti, J.-P. Pellonpää, and K. Ylinen, *Quantum Measurement Springer* (Berlin, 2016).
- [41] K. Jacobs, *Quantum Measurement Theory and its Applications* (Cambridge University Press, Cambridge, England, 2014).
- [42] L. Andreta de Castro, O. Pereira de Sá Neto, and C. A. Brasil, An introduction to quantum measurements with a historical motivation, Acta Phys. Slovaca 69, 1 (2019).
- [43] J. R. Hance and S. Hossenfelder, What does it take to solve the measurement problem? J. Phys. Commun. 6, 102001 (2022).
- [44] L. Loveridge and P. Busch, Measurement of quantum mechanical operators" revisited, Eur. Phys. J. D 62, 297 (2011).
- [45] B. Gaveau and L. S. Schulman, Model apparatus for quantum measurements, J. Stat. Phys. 58, 1209 (1990).
- [46] D. F. Walls, M. J. Collet, and G. J. Milburn, Analysis of a quantum measurement, Phys. Rev. D 32, 3208 (1985).
- [47] J. P. Paz and W. Zurek, Environment-induced decoherence and the transition from quantum to classical, arXiv:quantph/0010011, Lectures given by both authors at the 72nd Les Houches Summer School on Coherent Matter Waves, July-August 1999.
- [48] S. Deffner, J. P. Paz, and W. H. Zurek, Quantum work and the thermodynamic cost of quantum measurements, Phys. Rev. E 94, 010103(R) (2016).
- [49] S. Weinberg, What happens in a measurement? Phys. Rev. A 93, 032124 (2016).
- [50] M. Q. Lone, C. Nagele, B. Weslake, and T. Byrnes, On the role of the measurement apparatus in quantum measurements, arXiv:1711.10257.
- [51] C. Foti, T. Heinosaari, S. Maniscalco, and P. Verrucchi, Whenever a quantum environment emerges as a classical system, it behaves like a measuring apparatus, Quantum 3, 179 (2019).

- [52] M. L. Bhaumik, Can decoherence solve the measurement problem? Quanta 11, 115 (2022).
- [53] R. Englman and A. Yahalom, Lindbladian-induced alignment in quantum measurements, Found. Phys. **53**, 19 (2023).
- [54] G. T. Zimanyi and K. Vladar, Symmetry breaking and measurement theory, Found. Phys. Lett. 1, 175 (1988).
- [55] A. E. Allahverdyan, R. Balian, and T. M. Nieuwenhuizen, Phase transitions and quantum measurements, AIP Conf. Proc. 810, 47 (2006).
- [56] A. E. Allahverdyan, R. Balian, and T. M. Nieuwenhuizen, Understanding quantum measurement from the solution of dynamical models, Phys. Rep. 525, 1 (2013).
- [57] T. M. Nieuwenhuizen, Contra multos verbos: On scandals of quantum mechanics, in *The Quantum-Like Revolution: A Festschrift for Andrei Khrennikov*, edited by Arkady Plotnitsky and Emmanuel Haven (Springer Nature, Cham, Switzerland, 2023), pp. 91-124.
- [58] J. K. Korbicz, E. A. Aguilar, P. Cwikliński, and P. Horodecki, Generic appearance of objective results in quantum measurements, Phys. Rev. A 96, 032124 (2017).
- [59] E. Lubkin, Keeping the entropy of measurement: Szilard revisited, Int. J. Theor. Phys. 26, 523 (1987).
- [60] M. H. Mohammady, Classicality of the heat produced by quantum measurements, Phys. Rev. A 104, 062202 (2021).
- [61] M. Popovic, M. T. Mitchison, and J. Goold, Thermodynamics of decoherence, Proc. R. Soc. A 479, 20230040 (2023).
- [62] G. Francica, Work done in a decoherence process, arXiv:2109.09135.
- [63] K. Jacobs, Quantum measurement and the first law of thermodynamics: The energy cost of measurement is the work value of the acquired information, Phys. Rev. E 86, 040106(R) (2012).
- [64] J. Yi and Y. W. Kim, Nonequilibrium work and entropy production by quantum projective measurements, Phys. Rev. E 88, 032105 (2013).
- [65] T. Debarba, G. Manzano, Y. Guryanova, M. Huber, and N. Friis, Work estimation and work fluctuations in the presence of nonideal measurements, New J. Phys. 21, 113002 (2019).
- [66] Y. Guryanova, N. Friis, and M. Huber, Ideal projective measurements have infinite resource costs, Quantum 4, 222 (2020).
- [67] P. Strasberg, K. Modi, and M. Skotiniotis, How long does it take to perform a projective measurement? Eur. J. Phys. 43, 035404 (2022).
- [68] N. Shettell, F. Centrone, and L. P. García-Pintos, Bounding the minimum time of a quantum measurement, arXiv:2209.06248.
- [69] M. H. Mohammady and T. Miyadera, Quantum measurements constrained by the third law of thermodynamics, Phys. Rev. A 107, 022406 (2023).
- [70] P. Taranto, F. Bakhshinezhad, A. Bluhm, R. Silva, N. Friis, M. P. E. Lock, G. Vitagliano, F. C. Binder, T. Debarba, E. Schwarzhans, F. Clivaz, and M. Huber, Landauer versus nernst: What is the true cost of cooling a quantum system? PRX Quantum 4, 010332 (2023).
- [71] J. Hartle, The reduction of the state vector and limitations on measurement in the quantum mechanics of closed systems, in *Directions in Relativity*, edited by B.-L. Hu and T. A. Jacobson (Cambridge University Press, Cambridge, 1993), Vol 2.
- [72] J. B. Hartle, Decoherent histories quantum mechanics starting with records of what happens, arXiv:1608.04145.
- [73] J. Hartle, Generalized quantum mechanics, arXiv:2110.11268.

- [74] J. A. Barrett, *The Quantum Mechanics of Minds and Worlds* (Oxford University Press, Oxford, UK, 1999).
- [75] J. A. Barrett, On the nature of measurement records in relativistic quantum field theory, in *Ontological Aspects of Quantum Field Theory*, edited by M. Kuhlmann, H. Lyre, and A. Wayne (World Scientific, Singapore, 2002), pp. 165–179.
- [76] J. B. Hartle, The quantum mechanics of cosmology, in *Quantum Cosmology and Baby Universes*, edited by S. Coleman, J. B. Hartle, T. Piran, and S. Weinberg (World Scientific, Singapore, 1991).
- [77] C. Gardiner and P. Zoller, *The Quantum World of Ultra-Cold Atoms and Light* (Imperial College Press, London, 2014 and 2015), Vol. 2.
- [78] O. Eriksson, A. Bergman, L. Bergqvist, and J. Hellsvik, *Atom-istic Spin Dynamics* (Oxford University Press, Oxford, UK, 2017).
- [79] N. G. van Kampen, Ten theorems about quantum mechanical measurements, Physica A 153, 97 (1988).
- [80] W. Gerlach and O. Stern, Der experimentelle Nachweis der Richtungsquantelung im Magnetfeld, Z. Phys. 9, 349 (1922).
- [81] D. Leibfried, R. Blatt, C. Monroe, and D. Wineland, Quantum dynamics of single trapped ions, Rev. Mod. Phys. 75, 281 (2003).
- [82] F. London and E. Bauer, The theory of observation in quantum mechanics (1939); In Wheeler and Zurek [35], pp. 217–259.
- [83] W. Heisenberg, *The Physical Principles of the Quantum Theory* (Dover, New York, 1949).
- [84] K. Jacobs and D. A. Steck, A straightforward introduction to continuous quantum measurement, Contemp. Phys. 47, 279 (2006).
- [85] S. Ramakrishna, A microscopic model of wave-function dephasing and decoherence in the double-slit experiment, Sci. Rep. 11, 20986 (2021).
- [86] X. Linpeng, L. Bresque, M. Maffei, A. N. Jordan, A. Auffèves, and K. W. Murch, Energetic cost of measurements using quantum, coherent, and thermal light coherent, and thermal light, Phys. Rev. Lett. **128**, 220506 (2022).
- [87] T. Matsushita and H. F. Hofmann, Uncertainty limits of the information exchange between a quantum system and an external meter, Phys. Rev. A 104, 012219 (2021).
- [88] J. Son, P. Talkner, and J. Thingna, Monitoring quantum Otto engines, PRX Quantum 2, 040328 (2021).
- [89] A. Kiely, S. Campbell, and G. T. Landi, Classical dissipative cost of quantum control, Phys. Rev. A 106, 012202 (2022).
- [90] J. von Neumann, Mathematische Grundlagen der Quantentheorie (Springer, Berlin, 1931); English translation: Mathematical Foundations of Quantum Mechanics (Princeton University Press, Princeton, 1955).
- [91] M. Lax, Quantum relaxation, the shape of lattice absorption and inelastic neutron scattering lines, J. Phys. Chem. Solids 25, 487 (1964).
- [92] M. Sargent, III, M. Scully, W. Lamb, *Laser Physics* (Addison-Wesley, New York, 1978).
- [93] A. Peres, Nonexponential decay law, Ann. Phys. **129**, 33 (1980).
- [94] M. Razavy, *Quantum Theory of Tunneling* (World Scientific, Singapore, 2013).
- [95] L. Mandelstam and I. Tamm, The uncertainty relation between energy and time in non-relativistic, Quantum Mech. J. Phys. USSR 9, 249 (1945).

- [96] V. Giovannetti, S. Lloyd, and L. Maccone, Quantum limits to dynamical evolution, Phys. Rev. A 67, 052109 (2003).
- [97] S. Deffner and S. Campbell, Quantum speed limits: from Heisenberg's uncertainty principle to optimal quantum control, J. Phys. A: Math. Theor. 50, 453001 (2017).
- [98] T.-C. Wei, Measurement-Based Quantum Computation, in Oxford Research Encyclopedia of Physics, edited by Brian Foster (Oxford University Press, New York, 2021).
- [99] S. Deffner, Energetic cost of Hamiltonian quantum gates, Europhys. Lett. **134**, 40002 (2021).