Slow dynamics and nonergodicity of the bosonic quantum East model in the semiclassical limit

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We study the unitary dynamics of the bosonic quantum East model, a kinetically constrained lattice model which generalizes the quantum East model to arbitrary occupation per site. We consider the semiclassical limit of large (but finite) site occupancy so that the dynamics is approximated by an evolution equation of the Gross-Pitaevskii kind. This allows us to numerically study in detail system sizes of hundreds of sites. Like in the spin- $\frac{1}{2}$ case, we find two dynamical phases, an active one of fast thermalization and an inactive one of slow relaxation and the absence of ergodicity on numerically accessible timescales. The location of this apparent ergodic to nonergodic transition coincides with the localization transition of the ground state. We further characterize states which are nonergodic on all timescales in the otherwise ergodic regime.

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I. INTRODUCTION

The East model is a classical and stochastic lattice spin model relevant for the study of slow dynamics as it occurs, for example, in supercooled liquids and glasses [\[1,2\]](#page-6-0). It is a kinetically constrained model (KCM) [\[3–5\]](#page-6-0) where transitions (spin flips) are subject to local constraints. Kinetically constrained models have been shown to display very rich dynamics even when their thermodynamics is very simple. In this way, they allow one to differentiate the problem of complex slow relaxation from that of static phase transitions [\[6\]](#page-6-0).

The idea of slow dynamics due to kinetic constraints, rather than, say, due to quenched disorder in the energetics, is also relevant for quantum many-body systems evolving under unitary dynamics. In particular, the quantum East model has been shown to display in one parameter regime characteristics associated with nonergodicity, such as very slow relaxation [\[7\]](#page-6-0) and a proliferation of nonthermal eigenstate throughout the spectrum $[8]$.

Here we study a bosonic version of the quantum East model, also recently considered in Ref. [\[9\]](#page-6-0). We focus on the semiclassical limit, by extending the degrees of freedom at each lattice site from spin $\frac{1}{2}$ to large spin, approximating them for the high-spin case by means of Holstein-Primakoff bosons [\[10\]](#page-6-0). As we show below, at low energies this bosonic system may form a (magnon) Bose-Einstein condensate characterized by off-diagonal long-range order, admitting a mean-field treatment with straightforward fluctuation operator expansion (FOE) corrections $[11,12]$. The large-spin limit further allows for the semiclassical treatment of the equation of motion

in terms of a Gross-Pitaevskii (GP) approach [\[13–15\]](#page-6-0). This approach allows one to numerically study the dynamics of systems of hundreds of sites for very long times.

As in the spin- $\frac{1}{2}$ case [\[7,8\]](#page-6-0), the Hamiltonian we consider corresponds to a deformation (or tilting in the language of large deviations) of the classical stochastic generator of the bosonic East model [\[16\]](#page-6-0). Our numerics suggest the existence of two distinct quantum phases controlled by the deformation parameter, an active phase where the ground state is extended and an inactive phase where the ground state is localized (cf. Ref. [\[9\]](#page-6-0)). Furthermore, the Gross-Pitaevskii-like dynamics shows that while the system thermalizes fast in the active phase, thermalization is logarithmically slow in the inactive phase, with the system not being able to achieve ergodicity within numerically accessible times. Our semiclassical approach allows us to study in detail the space-time patterns of relaxation that distinguish both dynamical phases.

The paper is organized as follows. In Sec. II we introduce the model. In Sec. [III](#page-1-0) we consider the properties of the ground state. In Sec. [IV](#page-2-0) we consider the quantum dynamics in the semiclassical limit. In Sec. [V](#page-5-0) we give our conclusions.

II. MODEL

The classical East model is defined in terms of binary variables on a one-dimensional lattice. The bosonic East model is obtained by generalizing the single occupancy of each lattice site to arbitrary occupation. The stochastic generator reads [\[16\]](#page-6-0)

$$
\mathcal{W} = \sum_{\ell} n_{\ell-1} (\gamma a_{\ell}^{\dagger} + \kappa a_{\ell} - \gamma - \kappa n_{\ell}), \tag{1}
$$

where the number of bosons $n_{\ell} = a_{\ell}^{\dagger} a_{\ell}$ per site ℓ is given in terms of their creation (annihilation) operators a_{ℓ}^{\dagger} (a_{ℓ}). The operator (1) generates dynamics where particles are created or

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destroyed subject to the kinetic constraint that the occupation of the nearest-neighbor site to the left is nonvanishing. When the constraint is satisfied, the rate for creation $n_{\ell} \to n_{\ell} + 1$ is γ , while the rate to destroy $n_{\ell} + 1 \rightarrow n_{\ell}$ is κ . The equilibrium state of the corresponding classical stochastic dynamics is noninteracting, with site occupation independent and identically Poissonian distributed with "rate" $c = \gamma / \kappa$ [\[16\]](#page-6-0), which determines the stationary state occupation $\langle n \rangle = c$.

The large deviations of the classical stochastic dynamics can be studied by deforming or tilting the generator [\[5,17–19\]](#page-6-0). For the statistics of the dynamical activity (i.e., the number of configuration changes in a trajectory [\[17,20,21\]](#page-6-0)) the tilted generator reads

$$
\mathcal{W}_s = \sum_{\ell} n_{\ell-1} [e^{-s} (\gamma a_{\ell}^{\dagger} + \kappa a_{\ell}) - \gamma - \kappa n_{\ell}], \qquad (2)
$$

where the parameter *s* controls the tilting.

The generator W obeys detailed balance, and so does the tilted one W_s . This means that we can make W_s Hermitian via a similarity transformation using the equilibrium state of W , which we know as it is a simple product state (see, e.g., [\[16\]](#page-6-0)). Specifically, if we make the transformations $a_i^{\dagger} \rightarrow \hat{b}_i^{\dagger} \sqrt{\frac{\kappa}{\gamma}}$ and

 $a_i \rightarrow \sqrt{\frac{\gamma}{\kappa}} \hat{b}_i$, the corresponding Hamiltonian takes the form (we set $\hbar = 1$ throughout)

$$
H_s = -\sum_{\ell} \hat{n}_{\ell-1} [e^{-s} \sqrt{\kappa \gamma} (\hat{b}_{\ell}^{\dagger} + \hat{b}_{\ell}) - \gamma - \kappa \hat{n}_{\ell}]. \tag{3}
$$

For $s < 0$ the Hamiltonian above will lead to runaway occupation. To prevent this from happening in our numerics below we will truncate the occupation numbers using Holstein-Primakoff bosons (see also how this issue is alteratively addressed in Ref. [\[9\]](#page-6-0)). Without loss of generality, we set $\kappa = 1$ and $\gamma = (N - \hat{n}_\ell)\tilde{c}$, where *N* is the maximal number of bosons per site and $\tilde{c} = c/N$. The Hamiltonian thus reads $H = -\sum_{\ell} \hat{n}_{\ell-1} \hat{h}_{\ell}$ in terms of the local generator

$$
\hat{h}_{\ell}(s) = e^{-s} \sqrt{\tilde{c}} (\hat{b}_{\ell}^{\dagger} \sqrt{N - \hat{n}_{\ell}} + \text{H.c.}) - \tilde{c}(N - \hat{n}_{\ell}) - \hat{n}_{\ell}, \quad (4)
$$

which implies the possibility of product eigenstates. Besides the trivial zero-energy vacuum state, for $s = 0$ each site may also be the lowest eigenstate of $-\hat{h}_{\ell}(0)|\varphi\rangle = 0|\varphi\rangle$, which is of binomial form in the Fock states $|n\rangle$,

$$
|\varphi\rangle = \sum_{n=0}^{N} \frac{\varphi^{n/2}}{(1+|\varphi|)^{N/2}} \sqrt{\binom{N}{n}} |n\rangle, \tag{5}
$$

with

$$
\langle \varphi | \hat{n} | \varphi \rangle = \frac{N\varphi}{1 + |\varphi|}, \quad \langle \varphi | \sqrt{N - \hat{n}} \hat{b} | \varphi \rangle = \frac{N \sqrt{\varphi}}{1 + |\varphi|}, \quad (6)
$$

where $\varphi = \tilde{c}$. For $N \to \infty$ expectation values tend towards their coherent values, so $\langle \varphi | \hat{n} | \varphi \rangle |_{N \to \infty} = c$. As the product mean-field (MF) state $|\psi\rangle = \prod_{\ell} |\varphi\rangle_{\ell}$ is an eigenstate for $s =$ 0, independent of the boundary conditions, the number of spatial dimensions *d*, or the kinetic constraint, we expect the MF ansatz to be a good approximation also for $s \neq 0$ even for $d = 1$ (assuming continuity).

III. LOCALIZATION TRANSITION IN THE GROUND STATE

We determine the ground state of the Hamiltonian (3) by comparing three numerical methods.

A. Mean field

The first of these corresponds to the MF supplemented by FOE quasiparticle corrections. We start by minimizing the energy of a product MF ansatz $|\psi\rangle = \otimes_{\ell=1}^L |\varphi\rangle_\ell$. We define the fluctuation operators $\delta \hat{n}_{\ell} \equiv \hat{n}_{\ell} - n_{\ell}$ and $\delta \hat{h}_{\ell} \equiv \hat{h}_{\ell} - h_{\ell}$, with real-valued shifts n_ℓ and h_ℓ . The Hamiltonian takes the form

$$
H_{s} = \sum_{\ell=1}^{L} n_{\ell-1} \hat{h}_{\ell} + \hat{n}_{\ell} h_{\ell+1} - n_{\ell} h_{\ell+1} + \delta \hat{n}_{\ell} \delta \hat{h}_{\ell+1}.
$$
 (7)

Discarding the terms of second order in the fluctuation terms $\delta \hat{n}_{\ell}$ and $\delta \hat{h}_{\ell}$ yields the standard MF decoupling in terms of a sum over the local contributions $-n_{\ell-1}\hat{h}_{\ell} - \hat{n}_{\ell}\hat{h}_{\ell+1} + n_{\ell}h_{\ell+1}$. Each of these has as its ground state $|\varphi\rangle_{\ell}$ of the form (6). This combines into the global MF ground state $|\psi_{\text{MF}}\rangle = \otimes_{\ell} |\varphi\rangle_{\ell}$. For each term in (7) the self-consistency conditions

$$
n_{\ell} = \ell \langle \varphi | \hat{n}_{\ell} | \varphi \rangle_{\ell}, \quad h_{\ell} = \ell \langle \varphi | \hat{h}_{\ell} | \varphi \rangle_{\ell} \tag{8}
$$

have to be fulfilled, which gives, for each ℓ ,

$$
\varphi = (x + \sqrt{x^2 + y^2})^2 / y^2,\tag{9}
$$

with $x = h_{\ell+1}/n_{\ell-1} - (1 - \tilde{c})$ and $y = 2\sqrt{\tilde{c}} \exp(-s)$.

B. Fluctuation operator expansion

We obtain corrections to the MF result via the FOE method. To do so, the eigenbasis $\{|k\rangle_\ell\}$ with energies $E_k^{(\ell)}$ ($k \in$ $[0, N]$) for each H_{ℓ} is used to expand the terms using local raising (lowering) operators $\sigma_{k,\ell}^{\dagger} = |k\rangle_{\ell\ell} \langle \varphi | (\sigma_{k,\ell} = |\varphi\rangle_{\ell\ell} \langle k|).$ As discussed elsewhere $[11,12,22]$, this expansion yields an exact representation of the Hamiltonian with terms up to fourth order in the σ operators which generate the dynamics of local fluctuations and their interactions. Using a generalized Bogoliubov transformation of the form $\beta_{\alpha} = \sum_{k,\ell} u_{k,\ell}^{*\alpha} \sigma_{k,\ell} +$ $v_{k,\ell}^{*\alpha} \sigma_{k,\ell}^{\dagger}$ with the normalization $\sum_{k,\ell} u_{k,\ell}^{*\alpha} u_{k,\ell}^{\alpha} - v_{k,\ell}^{*\alpha} v_{k,\ell}^{\alpha} = 1$, one finds the form

$$
H = \sum_{\ell} E_0^{(\ell)} + \frac{1}{2} \left(\sum_{\alpha} \omega_{\alpha} - \text{Tr}(h) \right) + \sum_{\alpha} \omega_{\alpha} \beta_{\alpha}^{\dagger} \beta_{\alpha} + \mathcal{H}, \qquad (10)
$$

where ω_{α} are the positive eigenvalues of

$$
H_{\rm FOE} = \begin{pmatrix} h & \Delta \\ -\Delta * & -h* \end{pmatrix} \tag{11}
$$

given in terms of the matrix elements

$$
h_{i\ell,j\ell'} = (E_i^{(\ell)} - E_0^{(\ell)}) \delta_{i,j} \delta_{\ell,\ell'}
$$

$$
- \frac{\ell \langle i | \delta \hat{n}_{\ell} | \varphi \rangle_{\ell \ell'} \langle \varphi | \delta \hat{h}_{\ell'} | j \rangle_{\ell'} \delta_{\ell',\ell+1}}{\langle 12 \rangle}
$$

and

$$
\Delta_{i\ell,j\ell'} = -\ell \langle i|\delta\hat{n}_{\ell}|\varphi\rangle_{\ell\ell'} \langle j|\delta\hat{h}_{\ell'}|\varphi\rangle_{\ell'} \delta_{\ell',\ell+1}.\tag{13}
$$

FIG. 1. Ground state. (a) Filling fraction $|\phi^2| = \langle \psi | \sum_{\ell} \hat{n}_{\ell} | \psi \rangle / L$ for $s < 0$, scaled by truncation parameter *N*, at $\tilde{c} = 0.1$. Results are from the MF treatment (dots) and FOE (solid lines). Dashed lines refer to limiting values discussed in the text. (b) Same as in (a) but for $s > 0$, where $n_{\text{tot}} = L|\phi^2|$. (c) Filling $|\phi^2|$ in the Gross-Pitaevskii limit as a function of *s* and \tilde{c} . Regions delimited by black lines correspond to unit cell sizes. The white vertical line indicates $\tilde{c} = 0.1$. (d) Density profiles from FOE with $N = 20$ and $L = 49$ for $s < 0$. (e) Same from exact diagonalization (ED) with $N = 3$ and $L = 7$.

The first and second terms of (10) are the MF energy and a scalar correction, while the third and fourth terms are the noninteracting quasiparticle modes and their interactions. With all $\omega_{\alpha} > 0$ we proceed to define the quasiparticle ground state implicitly by demanding $\beta_{\alpha}|\psi_{\text{FOE}}\rangle = 0$ for all α . The FOE ground state is then determined by minimizing $\langle \psi_{\text{FOE}} | \mathcal{H} | \psi_{\text{FOE}} \rangle$ over a set of self-consistent MF states consisting of ones with variable high-density peak spacing *l* ∈ $[1, 2, 3, 4, 6, 12]$ as well as one without high-density peaks $(\langle \varphi | \hat{n} | \varphi \rangle < 3L/4$ for all sites).

C. Results

The results of the MF and the FOE are shown in Fig. 1. Throughout we use open boundaries analogous to those of the spin- $\frac{1}{2}$ case in Ref. [\[8\]](#page-6-0), where the left boundary $l = 0$ is fixed to maximum occupancy $n_0 = N$; given the constraint, the state of the right boundary $l = L + 1$ does not affect the dynamics in the bulk $l = 1, \ldots, L$. In Fig. 1(a) we show the filling fraction scaled by the truncation on the occupancy, $\sqrt{\frac{\phi^2}{M}} = \sqrt{\psi} \sum_{\ell=1}^L \hat{n}_{\ell} |\psi\rangle / L N$, for $s < 0$. In this regime there is no significant dependence on N for $N > 2$. The scaled filling fraction is bounded by $\frac{3}{4}$ for $s \to -\infty$ (upper dashed line) and by the exact MF result $\tilde{c}/(1+\tilde{c})$ (lower dashed line) at *s* → 0[−]. This we call the delocalized phase, as the occupation density is spread out through the system.

In Fig. 1(b) we show the total particle number $n_{\text{tot}} = L|\phi^2|$ for $s > 0$. In contrast to $s < 0$, when $s > 0$ only sites close to the boundary $(n_0 = N)$ are appreciably occupied, with occupation density decaying exponentially fast with distance to the left edge. We call this the localized phase. Both the MF and the FOE total filling diverge for $s \to 0^+$, consistent with a homogeneous MF state at $s = 0$. While the FOE divergence is stronger, it tends towards MF behavior for increasing *N*.

For the limit of large truncation $N \to \infty$, we further consider the GP-like limit for which the ground state minimizes the energy (14) (discussed below). In Fig. $1(c)$ we plot the value of the filling in this limit as a function of both *s* and \tilde{c} . In Fig. 1(d) we show how the spatial density (from FOE) changes with *s* for the case $\tilde{c} = 0.1$. For a range of negative *s* the visible steps indicate density-wave patterns. For comparison, in Fig. $1(e)$ we show the corresponding results from exact diagonalization (ED). Within the GP limit we find that above $\tilde{c} \approx 0.18$ no density-wave pattern can be observed in the ground state.

IV. DYNAMICS IN THE SEMICLASSICAL LIMIT

Considering the mean-field-like behavior of the ground states as *N* is increased, we take the semiclassical limit $N \rightarrow \infty$ to study dynamics in terms of a GP-like equation. $N \to \infty$ to study dynamics in terms of a GP-like equation.
We obtain this via the standard replacement $\hat{b}_{\ell} \to \sqrt{N} \phi_{\ell}$. In this limit the homogeneous ground state for $s = 0$ has $|\phi_{\ell}^2| = |\phi^2| = \tilde{c}/(1+\tilde{c})$ [cf. Eq. [\(6\)](#page-1-0)]. Furthermore, the energy functional has to be regularized as

$$
\mathcal{E} = \frac{E}{N^2} = \sum_{\ell=1}^{L} \mathcal{E}_{\ell} \equiv \sum_{\ell=1}^{L} |\phi_{\ell-1}|^2 h(\phi_{\ell}), \tag{14}
$$

FIG. 2. Dynamics after a quench. Trajectories of (16) are shown in the (a) and (b) active (*s* = −1) and (c) and (d) inactive (*s* = 1) cases. While (a) and (c) show sample trajectories of ϕ_{ℓ} with $L_b = 20$ and $\ell_g = 10$ [marked in (c)], subsystem densities $\overline{|\phi^2|} = \sum_{\ell=21}^{30} |\phi_{\ell}^2|/10$ sampled over $\ell_b \in [1, 10]$ are shown in (b) and (d) for various widths L_b (see the legend). In the active case the densities thermalize within $t < 100$ for any L_b of an initially activated (single-gapped) block, while no thermal or steady state is reached for times $t = 2 \times 10^5$ and $s = 1$.

with

$$
h(\phi) = (1 - \tilde{c})|\phi|^2 + \tilde{c} - e^{-s}\sqrt{\tilde{c}}(\phi + \phi^*)\sqrt{1 - |\phi|^2}.
$$
 (15)

From the Heisenberg equation of motion we derive the GPlike equation of motion with rescaled time $t \to tN$ in the limit $N \rightarrow \infty$:

$$
\dot{\phi}_{\ell} = \frac{\phi_{\ell}}{i\hbar} [\tilde{c} + (1 - \tilde{c}) |\phi_{\ell+1}|^2 - e^{-s} \sqrt{\tilde{c}} \sqrt{1 - |\phi_{\ell+1}|^2} 2 \operatorname{Re}(\phi_{\ell})]
$$

$$
+ \frac{|\phi_{\ell-1}|^2}{i\hbar} \left[(1 - \tilde{c}) \phi_{\ell} - e^{-s} \sqrt{\tilde{c}} \times \left(\sqrt{1 - |\phi_{\ell}|^2} - \frac{\phi_{\ell} \operatorname{Re}(\phi_{\ell})}{\sqrt{1 - |\phi_{\ell}|^2}} \right) \right].
$$
(16)

The final singularity limits the complex field ϕ_{ℓ} to stay within the physically meaningful disk $|\phi_{\ell}|^2 < 1$. Depending on boundary and initial conditions, one can identify distinct dynamical regimes.

A. Relaxation dynamics after a quench: Active to inactive transition

From here on we consider fixed boundary conditions of the form $\phi_0 = 0.2$ and $\phi_{L+1} = 0$ unless specified otherwise. With these, the simple dynamics above quickly gives way to chaotic nonlinear dynamics. The general picture is summarized in Fig. 2 for $\tilde{c} = 0.1$. There we set $L = 60$ and always start with $L_i = 30$ sites initially "activated" (by which we mean having a nonzero occupation, therefore facilitating dynamics in the neighboring site) to ϕ_0 . By keeping the number of gaps between active sites fixed we can guarantee identical initial energies. As sample cases we split the set of initially active sites into a block of $L_b + 1$ sites starting at $\ell = 1$ and the remaining $L_i - L_b$ at the end of the system. We further want to sample over similar initial conditions by adding a gap at site ℓ_g in the first block. To determine whether the system thermalizes, we look at the subsystem densities $\overline{|\phi^2|} = \sum_{\ell=21}^{30} |\phi_\ell^2|/10$ sampled over $\ell_g \in [1, 10]$.

In the active phase $s < 0$ (we show the example of $s = -1$ in Fig. 2) we observe a ballistic spreading of active sites over the entire system. Note in particular how the initially empty sites only reach $|\phi_{\ell}| \approx 1$ after an extended time interval compared to the rest of the system. This is an evident consequence of the kinetic constraints that force empty regions to relax from their boundaries; we discuss this prethermal dynamics in further detail below. Independently of the width L_b of the first block, the system always reaches its thermal state at $t \approx 100$ [see Fig. $2(b)$]. Differences at early times are related to the gap between the first block and the observed subsystem and reflect the ballistic spreading of excitations.

The behavior in the inactive phase $s > 0$ is very different (see $s = 1$ in Fig. 2). Here excitations only spread logarithmically in time from the initially active into the empty region, reminiscent of what occurs in the spin- $\frac{1}{2}$ quantum East model [\[7\]](#page-6-0). From the subsystem densities we see that the system does not thermalize for times up to at least $t = 10⁵$, while the values for different block sizes L_b always remain distinct within the observed time window.

B. Phase-space description of the active-inactive transition

In the simplest case of a homogeneous initial state $\phi_{\ell} = \phi$ the dynamics due to Eq. (16) is determined by a fixed total energy

$$
\mathcal{E}(\phi)/L = |\phi|^2 [(1 - \tilde{c})|\phi|^2
$$

+
$$
\tilde{c} - 2e^{-s}\sqrt{\tilde{c}}\sqrt{1 - |\phi|^2} \text{Re}(\phi)].
$$
 (17)

In this case and for periodic boundaries, ϕ oscillates along closed loops of fixed energy $\mathcal{E}(\phi)/L$. These collective oscillations can even be visible for initially homogeneous subsystems as in Fig. 2.

The dynamical phases of the bosonic quantum East model, at the level of this semiclassical description, can be understood by inspecting $\mathcal E$. In general, this homogeneous energy may have two minima, one at $\phi = 0$ from the $|\phi|^2$ factor with energy equal to zero and a second local minimum at $\phi > 0$, with a saddle point in between. The former is due to the kinetic constraint and its value is always zero [since that corresponds to the trivial (completely inactive) eigenstate of the Hamiltonian; cf. (3)], while the latter is the minimum of the local unconstrained (tilted) generator in this representation and its value is determined by \tilde{c} and s . This suggests the possibility of a first-order transition when the global minimum of $\mathcal E$ changes between that due to the constraint and that due to the unconstrained generator. This is shown in column I of

FIG. 3. Phase portrait of dynamics. An overview of typical dynamical regimes in the GP-like time evolution [\(16\)](#page-3-0) is shown for $\tilde{c} = 0.1$ and (a) $s = 0.067$, (b) $s = 0$, (c) $s = -0.03$, and (d) $s = -0.3$. Each case is characterized by a distinct homogeneous energy profile \mathcal{E} (column I); time- and space-averaged local generator h_{east} to the east (column II), with the white line marking its sign change; and time- and space-sampled probability distribution of ϕ_ℓ , with black arrows indicating the average flow rate ϕ (column III) and the corresponding trajectories $|\phi_\ell|$ (column IV) for times up to 2×10^5 .

Fig. 3, where we plot $\mathcal E$ vs Re(ϕ) with Im(ϕ) = 0, at fixed *c* and for decreasing values of *s*: For *s* > 0 the global minimum is at $Re(\phi) = 0$, indicative of the inactive dynamics, while for $s < 0$ the global minimum is at $\text{Re}(\phi) > 0$, indicative of active dynamics. Coexistence occurs at $s = 0$, which also corresponds to the point at which [\(3\)](#page-1-0) reduces to a stochastic operator.

To characterize the dynamics in terms of the structure of \mathcal{E} , we analyze trajectories in the following manner. We consider a system of $L = 200$ at $\tilde{c} = 0.1$, where the first $L = 100$ sites are initialized in an active state $\phi_{\ell}(t=0) = 0.2$. In column IV of Fig. 3 we show the trajectories corresponding to the same values of *s* as in column I. From these trajectories we first compute the local generator $h(\phi)$ next to each site (in the direction of the constraint) for every value of ϕ taken along the trajectory. This is shown in column II of Fig. 3. From the same trajectories we also compute the probability distribution $P(\phi)$ of ϕ_{ℓ} together with the average velocity

 $\phi(\phi)$. The corresponding phase portraits are shown in column III, showing both the density and the average velocity field.

The different dynamical regimes are closely related to the properties of the homogeneous energy profile. Deep in the inactive phase $s > 0$ [Fig. [3\(a\)\]](#page-4-0) there is only the minimum at $\phi = 0$, with no signature of bistable dynamics: The local generator is always positive (column II), the phase portrait of the dynamics (column III) shows motion around the origin, and the trajectory (column IV) shows that activity fails to propagate to the initially empty half of the system, with only late slow logarithmic spreading.

At coexistence $s = 0$ [Fig. [3\(b\)\]](#page-4-0), since the initial values of the field in the active half of the system are near the unstable saddle point of \mathcal{E} , we see bistable dynamics: The phase portrait (column III) shows an alternation between motion around the origin and motion away from it, and since the local generator is always positive (column II), highly activated detours of the field are rare, requiring precedent sites to become close to empty. Correspondingly, the trajectory (column IV) shows ballistic excitation or deexcitation of the initially inactive half of the system.

For $s = -0.03$ [Fig. [3\(c\)\]](#page-4-0) the active state is the stable one, while the inactive one is only metastable, according to the homogeneous energy $\mathcal E$. In this case, after a slow transient, initially empty sites are activated following a ballistic spread of the active region, as seen in the trajectory (column IV). The local generator (column II) is no longer positive everywhere, while the metastability of the inactive state is evident in the phase portrait (column III) where sites remain mostly cycling the global minimum associated with a negative generator. In addition, large $|\phi_{\ell}|$ detours may occur as the system begins to thermalize for $t \gtrsim 10^4$, requiring only a few preceding (nearly) empty sites. Eastward neighbors of highly activated sites are usually in the vicinity of the local generator minimum resulting in a sign change of $h(\phi)$ for sufficiently large amplitudes of ϕ . Consequently, $\dot{\phi}(\phi)$ can point counterclockwise whenever the first term of (16) dominates.

Finally, for $s = -0.3$ [Fig. [3\(d\)\]](#page-4-0) the system is deep in the active phase with fast ballistic spreading from the initial active region into the initially inactive region, as shown in the trajectory (column IV). Both the homogeneous initial dynamics ($\ell = 1, \ldots, 100$) and the prethermal dynamics $(\ell = 101, \ldots, 200)$ are visible as cycles in the phase portrait (column III). At long times the trajectories cover the whole disk of ϕ , indicative of thermalization. Counterpropagating large-amplitude detours of ϕ_{ℓ} enabled by negative *h* (column II) are entirely common and accompanied by a single preceding (nearly) empty site.

C. Nonergodicity of the $h(\phi) = 0$ manifold

In Figs. $2(a)$ and $3(d)$ one can observe prethermal dynamics for initially empty sites where values of $|\phi_{\ell}| \approx 1$ are only reached at later times. These special dynamics are related to the occurrence of an extended zero of $h(\phi)$ for any $s < 0$. Any site with a ϕ_{ℓ} on (or close to) the $h(\phi_{\ell}) = 0$ manifold suppresses the first term of (16) in favor of the second term. The remaining dynamics are (almost) identical to the dynamics of the local generator modified by the density $|\phi_{\ell-1}|^2$ of the previous site. The dynamics on this limit cycle are quasistable

FIG. 4. Nonergodic dynamics on the $h(\phi) = 0$ manifold. (a) Contour lines of $h(\phi)$ for $s = -1$ and $\tilde{c} = 0.03$. The zero contour is indicated by the labels. (b) Trajectory of $|\phi_{\ell}|$ for the initial condition $\phi_0 = \phi_-$ and $\phi_\ell = \phi_+$ for all $\ell \in [1, L + 1]$ with $L = 100$.

on some site ℓ insofar as any (perpendicular) fluctuation in ϕ_{ℓ} drives the site $\ell - 1$ away from the manifold, resulting in the eventual demise of these transient nonergodic or prethermal dynamics.

An entire system on the $h(\phi) = 0$ manifold will thus remain there for all times. For given $s < 0$ and \tilde{c} this manifold (zero contour in Fig. 4) is given by

Im(
$$
\phi
$$
)² =
$$
\frac{[2(1-\tilde{c})^2 + 4e^{-2s}\tilde{c}]\text{Re}(\phi)^2 + 2\tilde{c}(1-\tilde{c})}{-2(1-\tilde{c})^2} + \frac{2|\text{Re}(\phi)|e^{-s}\sqrt{\tilde{c}}}{(1-\tilde{c})^2}\sqrt{e^{-2s}\tilde{c}\text{Re}(\phi)^2 + 1 - \tilde{c}},
$$
 (18)

where $Re(\phi)$ is bounded between

$$
\phi_{\pm} = \sqrt{\frac{\tilde{c}^2 + (2e^{-2s} - 1)\tilde{c} \pm 2\tilde{c}e^{-s}\sqrt{e^{-2s} - 1}}{\tilde{c}^2 + 2(2e^{-2s} - 1)\tilde{c} + 1}}.
$$
 (19)

Initializing all sites on the minimal value $\phi_$, we can suppress full thermalization (see Fig. 4), indicating the possibility of nonergodic dynamics even on the typically ergodic side $s < 0$. Notably, the occupation trajectory of this dynamics has the appearance of a random triangular fractal, especially at early times for a homogeneous initial state. This is also reminiscent of the trajectories of the classical East model [\[23\]](#page-6-0).

V. CONCLUSION

In this work we studied the dynamical properties of the bosonic quantum East model, a generalization of the spin- $\frac{1}{2}$ quantum East model. We found that the bosonic East model has two dynamical phases separated by a quantum first-order transition. In one phase, which we call active, the ground state is extended and thermalization is fast. In the second phase, which we call inactive, the ground state is localized and thermalization is slow. This is analogous to what one sees in the spin- $\frac{1}{2}$ case [\[7,8\]](#page-6-0). We studied the dynamics in the semiclassical limit within a Gross-Pitaevskii approximation, which allowed us to access large system sizes in our numerics.

Our results are closely related to those of Ref. [\[9\]](#page-6-0). In that work also a version of the bosonic quantum East model was studied in detail, finding a family of many-body localized states which allowed one to create composite excitations with long-time memory. One result of Ref. [9] is that the bosonic East model has a localization transition in its ground state only in the presence of density-density interactions. While we consider a slightly different model as we restrict the site occupation to a large but finite value, we find something similar in our case: The diagonal interaction terms in Eq. [\(3\)](#page-1-0) appear naturally from the escape rate (the part coming from particle annihilation) of the corresponding stochastic generator [\(2\)](#page-1-0). The absence of localization without those terms can be understood from the companion classical stochastic problem: Setting them to zero is equivalent to studying rare trajectories with a very large escape rate for annihilation events, which naturally would put the system in an active (and thus

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extended) phase. Our results here, together with those of Ref. [9], suggest that other quantum KCMs with interesting dynamics, such as the PXP model $[24-27]$ or the quantum Fredrickson-Andersen model [28], will be worth studying in their bosonic versions, in particular in the semiclassical limit.

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